What’s on your pets mind?

We take a look inside the insightfull world of Pet Communication in San Diego

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TOP 20 SAN DIEGO DOG PARKS
see page 19

Emergency Preparedness
Ensure your pet’s safety during San Diego’s Wildfire Season
see page 15

www.sandiegopetsmagazine.com
Join dog lovers from around San Diego as the San Diego Humane Society and SPCA holds its annual dog-focused adoption event!

Have a barking good time at Barktoberfest on Saturday, October 10 from 9 a.m. to 6 p.m. Meet friendly, adoptable dogs and check out the Canine Carnival from 9:30 a.m. to 2:30 p.m., which will include dog-related booths, free food and more!

The San Diego Humane Society will also be accepting a prestigious award from Dog Fancy Magazine on behalf of the city of San Diego. For a second year, our hometown has been voted the "most dog-friendly" large city in United States. Celebrate this honor with us and our pups!

For more information, call (619) 299-7012 or visit our website at www.sdhumane.org.
Fall means back to school for many families, whether you’re a college student returning to campus or, like me, you have kids who are not yet old enough to drive themselves so I am a taxi mom once again. These abrupt changes in your home can create “back to school blues” in your four-legged family members. They don’t always accept changes well, or understand why they are not receiving the same attention they may have received during the slower-paced summer months. Maybe they became accustomed to have the kids around, and are now nervous or anxious about the changes occurring within your home.

To ease them into the new routine, take extra time to soothe them. Make sure their routine is not affected by the hustle and bustle of getting kids off to school, or being left alone during your class time. Try to feed and walk them as you always have. Give them a new toy to challenge and stimulate them. If your pet becomes stressed over changes, perhaps you’ll gain some insight with our interesting article on animal communicators in this issue.

Julie Hoisington
Publisher/editor, San Diego Pets
LISTENING TO YOUR ANIMALS:

How to select and work with an animal communicator

By NICOLE SOURS LARSON | SAN DIEGO PETS

Our animals are always talking to us, whether through their voices, body language or behavior, but mostly we just don’t understand what they’re saying.

We may suspect they’re in physical or emotional pain, or suffering scars from earlier trauma that led to their rescue from an unpleasant situation and our eventual adoption into their forever home. Or they may be exhibiting a sudden change in behavior, such as inappropriate urination or nonstop barking, but we’re baffled at how to break the offensive habit. In other cases we may sense our beloved pets are nearing the end of their natural lives; we want to comfort them, ease their pain and support them in their transition to their next world.

Yet, what can we do?

Enter the animal communicator, often the frustrated pet parent’s final step before surrendering or euthanizing the animal.

While the internet lists numerous animal communicators, your best bet in finding the right person is to ask friends or animal care professionals for recommendations. Then read their Websites to determine who seems most compatible with your needs, philosophy and approach to life.

“People are drawn to animal communicators that mirror themselves. People have different needs and different communicators use a different language,” explains Encinitas-based Paula Brown, who describes herself as a telepath and empath who has been “hearing” animals all her life and working professionally as a communicator about 10 years.

In her “conversation” with the animal she incorporates an energetic reading of the pet’s physical body, identifying energy blockages using dowsing techniques, as well as a chakra reading. Based on her reading, she recommends flower essences to balance the pet’s emotions. She can do more in-depth energy work as needed.

Brown, also a feng shui practitioner and graphic designer, recently wrote and illustrated “Fur Shui,” a guide to improving the quality of life for both pets and humans (see page 5), as well as understanding pets’ emotions, based on feng shui principles.

You don’t need to have a communicator come to your home (or stable). Most work remotely, using a photograph or just a name to tune into the animal’s energy and talk with him telepathically. They then provide you with a verbal report, including answers to your specific questions for your pet.

Brown asks clients to fill out a questionnaire, available on her Website, with
a brief description of the pet and reason for the consultation, along with five questions the client wants answered.

"Be honest with the communicator. It saves a lot of time," she advises. Animal communication, she explains, is "all energetic — it’s all from the heart. A lot of our animals are mirrors of what (issues) we need to be working on ourselves."

Jeri Carroll, who has an office in El Cajon and has worked as a communicator for eight years, approaches her clients differently. She works telepathically, using only a photo and a pet’s name if reading remotely.

“I want to make sure I’m as honest as possible. I don’t want to have any preconceived notions,” she says.

While she works with energy and flower essences, she describes her focus as more on the “here and now,” looking to resolve current problems. Her first question in the case of problem behavior is what has changed? It may be minor, but something has changed to make the pet angry or upset.

“My job is to communicate as clearly and cleanly as possible whatever the animals want to communicate, and then go in and ask the questions their people might have. I get things in pictures, words and feelings,” she explains.

Carroll conveys the animal’s feelings and thoughts in the manner she experiences them.

“If they’re emotionally upset and screaming, you’re going to hear it. I won’t couch it in a way that’s more comfortable. My job is to honor the animal, not the people, and to bridge the worlds,” she says.

Like Brown, Carroll works extensively with rescues, many of which have experienced severe trauma. Sometimes on her first encounters with abused animals they are so closed down emotionally that they cannot communicate. In those cases, she often recommends homeopathic remedies to help them feel better and open up. Recent cases include an emaciated, mutilated horse abandoned in the desert without water or food, now recovering at a horse sanctuary, and a dog, also abandoned in the desert, that opened up only after using homeopathies.

She also works frequently with ill pets nearing the end of life, helping them and their parents with their transitions.

For some of her clients, like Sam the cockatoo who needed more quality time with his multi-tasking human, the reading validates prior expectations. Her goal is to help both animals and humans improve their bond. Often, she explains, pets’ problem behaviors arise from their humans’ perceived neglect, stress or other actions. One of Carroll’s roles is to convey to her human clients that they must change their behavior if they expect their pets to change.

Client Kimberly Hoover adopted Bella, a French bulldog, who was grieving, traumatized and depressed after losing a litter of puppies while still at the kennel. Carroll helped Bella process her loss and recommended homeopathic remedies that eased her sadness. Bella, who has food allergies, has also been able to communicate her food preferences through Carroll, which, Hoover reports, has made a huge difference in Bella’s happiness, health and wellbeing.

Sindi Somers, who maintains an office in Mission Valley, describes herself as a pet psychic and clairvoyant who also has worked with people for over 20 years. An animal communicator for about two years, she works both in person and remotely, using just the pet’s name. She connects through the energetic field, working from a meditative state.

Somers studied meditation and clairvoyance at the CDM Psychic Institute near Seattle where, she explains, she acquired tools and techniques to develop her psychic and healing abilities. After moving to San Diego, she expanded her practice to include pets, based on her life-long connection with and love of animals.

Somers also provides energetic healing and end-of-life counseling plus other pet services.

For more information, including testimonials, fees and scheduling details, visit the following Websites:

Fur Shui
by Paula Brown

Whether you have a dog, cat, bird, or goldfish, you and your pet reverberate with chi, the mystic flow of life. "Fur Shui" offers a serious but light-hearted overview of how we can easily improve the quality of life both for our furry (and nonfurry) friends and for ourselves. You’ll learn that animals are full of natural energy and have a pervasive desire to provide emotional support to their caretakers. By understanding the simple principles in "Fur Shui," you’ll immediately see that our pets have the power to improve our health, protect our homes, and commiserate with us on work, money, and love.

Paula Brown, Animal Communicator and Feng Shui Practitioner, runs her own communications practice. She lives in Encinitas, California.

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Telepathic Communication with Animals lecture
Oct 15th, 6:30 p.m.- 8 p.m.

Ever wondered what your pet was thinking or feeling? Learn about telepathic communication with animals from renowned animal communicator, author, consultant and teacher Brigitte Noel. Please note classes are for people only - please leave your great pets at home. Register on-line or call (619) 243-3424 for more information. www.sdhumane.org San Diego Humane Society and SPCA, 5500 Gaines Street, San Diego 92110.
Through my work as a psychic reader, energy healer and animal communicator, I have learned that actions are a source of communication that really can speak louder than words. Pets may exhibit behaviors that are labeled as problematic issues, but I see them as attention-seeking messages.

Because our pets are affected by us and our energy, I look at the relationship between the pet and their person when evaluating behavior. Everything is energy, including our thoughts, words and emotions. If we are upset, both humans and animals can sense it. If our upset energy flows from us and into another being’s reality, they will experience it and may display similarly disturbed behavior. This is how easily and intensely we can and do affect each other.

One beautiful puppy I read had abundant energy that tended to spill out and adversely affect others, most notably her older canine brother. She was being her lively, young and often competitive self and was not aware of how her invasive energy was impacting him. I gave her information to help her contain her energy. She was receptive to the communication. I watched her pull her energy in closer to her body. I then gave a healing to help move her energy out of her brother’s space. Both dogs responded to the healing. I received a phone call from the excited pet parents the next day. They reported that the brother dog was noticeably happier and more energetic. His sister’s energy was meant for her body and energy system and was incompatible and non-beneficial to his.

He felt better after regaining his space and experiencing more of his own unique energy.

I am always impressed at how simply informing an animal that its behavior is disruptive or harmful is often enough to motivate them to make a change. Like us, animals do the best with what they have. Often all they need is additional information, including desired alternative behaviors, to successfully meet our expectations.

Just as animals benefit from additional information, so do we. Using their actions as a form of communication can help us better understand our pets. Potty habits are one way they communicate to us. If a housebroken pet is expelling on the floor, it can indicate the need for medical attention. If we rule out the possibility of illness, we can further examine the behavior and what the pet is trying to tell us.

Although I look at each situation independently, I have found that when a cat eliminates outside the litter box it is often an expression of anger, frustration or a dislike of some aspect of its life. It could be as simple as the litter box not being cleaned often enough. It can also represent an irritation brought on by poor nutrition or a vitamin deficiency. Anger stimulated when you are on vacation or working long hours is another favorite. It can be a response to any change in the cat’s environment, including moving to a new home, getting a new sibling, added stress or unresolved conflict affecting humans in the household.

As we share our lives with companion animals, it is important to remember to have compassion for them. We ask that they unlearn their natural instincts and change their behaviors to fit our world. Overall, I would say they are doing a pretty good job of fitting in within our sometimes stringent rules.

It can be fun to discover why animals do the things they do. When we acknowledge our pets as teachers, as well as our students, we open ourselves up to helpful learning opportunities. If your pet is stressed or anxious, use it as a reminder to tune into yourself to see if you might benefit from a little relaxation time. If your pet is showing signs of aggression, notice if there is something you are frustrated or angry about that you aren’t allowing yourself to acknowledge or communicate. If your pet is enthusiastic and joyous use it as permission to express your enthusiasm and more fully enjoy your life!

I welcome your comments at info@wildtame.com. You may also wish to visit my Website at www.wildtame.com.
KIDS FREE DAYS
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Children ages 3-11 visiting the San Diego Zoo and San Diego Zoo's Wild Animal Park during the month of October will receive free general admission (Zoo/Park entrance only).

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PAWS San Diego provides support to the chronically ill, needy seniors and their pets

By NICOLE SOURS LARSON | SAN DIEGO PETS

To San Diego residents Shawn Miles and Carol Hayden, there’s no doubt in their minds that the local nonprofit PAWS — Pets Are Wonderful Support — plays an essential role in their lives.

Without PAWS, both say, there is no way they would be able to keep and feed their beloved pets, a key element in their support system. Both benefit from PAWS San Diego County’s pet food distribution, veterinary voucher programs and pet transportation services. It’s the only program of its kind in the region and one of only a handful nationwide.

Founded in 1993 as PAWS North County, the organization’s original mission was to assist HIV/AIDS patients in supporting and retaining their pets. Over time the organization expanded its mission to include low-income elderly, the disabled and chronically ill. It extended its services to the entire county after the PAWS San Diego, with a similar mission, shut its doors in 2001.

Since then the organization, renamed PAWS San Diego County and now headquartered on Euclid Avenue in central San Diego, with a satellite office serving North County, has focused on growing its financial base, food donations and other programs and volunteer corps so it can extend its services to more needy clients countywide.

With only executive director Lisa Saneda and two part-timers on staff, PAWS is totally dependent on about 50 to 60 volunteers to operate and maintain its pet food collection and distribution network and other services for a clientele that now numbers more than 525 individuals and about 1,000 pets. Another 140 to 150 are on the four-month waiting list.

To qualify for services, clients, whether elderly, disabled or chronically ill, must have a monthly income of $1,200 or less. About half, Saneda reports, live on less than $900 a month, which makes the pet food deliveries and veterinary vouchers a critical necessity.

Some clients use only the monthly pet food deliveries and others only the $200 annual veterinary care vouchers. Many clients draw on the organization’s full range of services, which include transportation to veterinary and grooming appointments.

PAWS relies on private contributions of pet food to supply their clients’ monthly deliveries. PAWS volunteers regularly pick up donated broken bags of kibble and damaged cans from local stores such as Wal-Mart and Sam’s Club. One PAWS volunteer in East County, Saneda explains, picks up the nonsaleable food two or three times a week and delivers it to their warehouse whenever her car is full.

Other pet food comes in from food drives conducted by schools and businesses, while many individuals bring in regular food donations. Some people contribute $20 worth of cat food each month.

“One of our challenges is finding food that’s a better nutritional value. Some of our clients have animals who are allergic to corn (a main ingredient in commercial pet food) or need grain-free diets. Some dogs need a duck and potato diet. We have only a small budget for special-needs diets,” Saneda explains.

As the demand for services rises in tough economic times, sometimes PAWS has had to cut the amount of food distributed to their clients. Although deliveries are intended only as a supplement, in reality for many clients they serve as the pets’ only food source, which makes reductions emotionally wrenching for both staff and recipients.

They also have to budget in excess of $10,000 a year to purchase cat litter, which never spoils and is rarely donated. Each cat food delivery comes with a box of scoopable cat litter.

Saneda, who joined PAWS about a year ago and has a background in arts and nonprofit programming and management, including a stint at the San Diego Humane Society, is focusing now on building the organization’s capacity, expanding its support and stabilizing its infrastructure so it can continue to grow.

PAWS’ main source of income is its annual Fiesta del PAWS, a June garden party fund-raiser.

Food delivery volunteers keep their regular monthly routes and monitor their clients’ well-being.

“They develop a relationship with a lot of clients and keep an eye out for changes,” Saneda explains.

In July, the organization was rocked when a volunteer driver arrived with a delivery of cat food at the home of Barbara Moore, a client who had been featured on the organization’s website, to discover police and crime scene tape surrounding her complex. Her boyfriend had murdered her in an outburst of domestic violence. Her two beloved cats were taken in by a neighbor.

To Saneda, her staff and volunteers and the volunteer board, PAWS’ mission is clear.

“To me, it’s about providing the best possible services for our clients,” she says.

How you can help
PAWS always needs donations of canned and dry pet food, especially for cats, but also for dogs, rabbits, birds and hamsters. They also need scoopable cat litter, pet toys, flea-control medication and other pet supplies.
Because some pets are on restricted diets, they also need donations of grain-free cat and dog food, particularly (Natural Balance) duck and potato dog food, and cash donations to purchase special diets.
They also need volunteers to help sort and repack food for distribution, particularly during weekdays.
For more information about PAWS’ current needs, visit the website at www.pawssdco.org, or call (619) 297-7297. Food donations can be dropped off at the office at 4455 Euclid Ave.
Purr-fecting Paradise: NatCat opens the purr-fect feline retirement center

By NICOLE SOURS LARSON | SAN DIEGO PETS

Most retired cats are middle-aged or elderly, but a few are young, including Sierra. A large long-haired gray cat, Sierra occupies the adjacent kidney-disease suite along with six other kittens receiving a special diet and close monitoring. Sheila Sako, the resident caretaker who has been with NatCat over 14 years, believes Sierra ingested antifreeze, often fatal to cats and damaging to survivors’ kidneys.

“We pay a lot of attention to their pasts, their personality and their temperaments.”

On a warm summer afternoon, only Winky, a calico who arrived with six siblings when their pet parents retired to Las Vegas, occupies one of eight low-energy, pressure-sensitive heating pads arranged around the volcano’s middle “lava” level. Lucy, a mischievous black and white cat, and Jackster, a large orange tabby, explore soft cushions and catnip toys atop an island.

Paradise opens onto a screened porch filled with comfortable carpeted perches and cat trees where retirees can bask in the sun or catch a catnap.

While Winky’s parent still visits her former cats in San Diego, all of NatCat’s retired and adoptable resident cats receive loving care and regular social interaction from the organization’s long-serving staff and volunteers, including a group of developmentally disabled adults who enjoy playing with the cats.

Newcomers are integrated into the feline community gradually, Sako explains.

“We bring them in slowly, and as they become more accustomed to us we transition them to Paradise when they’re ready. It may be weeks or months. We pay a lot of attention to their pasts, their personality and their temperaments. We try to get as much information as possible as to what they like to eat, do and play with and whether they like children,” she says.

NatCat was the inspiration of the late C. Richard Calore, a career humane officer who founded the non-profit animal welfare organization in 1968 in Long Beach as a no-kill safe haven for cats and kittens. The original shelter moved to Newport Beach in 1993 and the Spring Valley facility opened in 1975.

Always a cat lover, Calore rededicated his life to feline protection and humane education in tribute to a “courageous cat” who arrived in his World War II foxhole during a frigid night, befriending, warming and revitalizing him.

Since his 1988 death, his widow, Gerri, a friendly, stylish woman with an infectious smile who serves as NatCat’s vice president for public relations, has strive to fulfill her promise to her husband to ensure the organization’s survival. Much of her focus is on

Whimsical portraits of feline retirees, painted by late North County artist Shirley Max, greet visitors to Paradise, the National Cat Protection Society’s (NatCat) recently redesigned and rebuilt Spring Valley retirement quarters.

With vivid blue walls mimicking the depths of the sea, the bright and sunny tropical-themed Paradise provides loving accommodations for cats whose former guardians have passed on or can no longer care for them. For a set advance fee, NatCat provides full care, including veterinary and dental services, for life.

Inside Paradise, about 25 cats snooze on carpeted cat trees, scamper over colorful stepped islands and lounge around a brightly painted “volcano.” The islands and volcano double as seating for visiting humans and feline nap spots. Boat-like litter boxes sit around the Dock of Retirement Bay, which also offers a tugboat-shape hidey-hole. Opening off the main room is a clinic and laundry reserved for retirees.

NatCat’s residents look sassy and content, their coats silken and glossy. Their lodgings are immaculate and fresh-smelling, thanks to constant cleaning.

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fundraising and donor relations, since NatCat’s two shelters depend entirely on income from private donations, bequests and fees for adoption and retirement services. Recently tough economic times have brought both a decline in income and an increased demand for the organization’s services.

Calore is committed to maintaining her late husband’s legacy.

“The nice thing about NatCat is that it’s about love. It’s not just a warehouse for animals. And we try to do something to upgrade the facilities every year. People want to know that the organization is going to be around in 20 years,” she explains.

For NatCat’s first retirement center in Newport Beach, San Diego photographer/designer Bob Walker and his wife, artist Frances Mooney, designed a whimsical fantasy called “Life’s a Beach.” Creators of The Cats’ House, the Bay Park feline wonderland featured in their seven books, the artists employed similar design techniques to provide the cats a stimulating environment.

For the Spring Valley facility, which opened in June, Walker and Mooney envisaged a tropical paradise. While the economy has delayed installation of the finishing touches, including palm tree scratching poles and suspended “undersea” feline hideaways, the core tropical design is complete. NatCat is actively seeking donations to complete the Paradise project.

In developing his concept, Walker explains, it’s important to think like a cat. “Where would you want to retire if you were a cat? Why, paradise, of course! So, there are palm trees, the Dock of Retirement Bay, two islands, a complete tropical paradise. We designed it by listening to our clients, the cats, and watching their behavior,” he says. NatCat is one of very few shelters offering feline retirement programs.

“I’m so proud of NatCat for having the vision and courage to build Paradise because it’s unique in the world,” he adds.

While the retired cats usually remain with NatCat for life, the shelter, now at capacity because of the economy, is home to dozens of charming, adoptable adult cats and kittens, in need of forever homes. Because NatCat staff know the cats well, they are well qualified to match adopters with cats of the desired temperament.

NatCat welcomes visitors to its shelter, located at 9031 Birch St., Spring Valley, Tuesdays through Saturdays from noon to 4:30 p.m. Adoption fees start at $75. For more information about retirement, adoptions or donations, please visit their website at www.natcat.org, or call (619) 469-8771.

National survey of cat owners by Feline Pine, America’s best-selling brand of all-natural cat litter, revealed some interesting results about people’s relationships with their cats and their cats’ health and behavior.

- 78% responded that they have not cut back expenses for their pets due to the economy.
- 89% would adopt a cat or kitten from a local shelter if they were looking for a new one.
- 13% would adopt through their veterinarian.
- 43% said their cats slept in bed with them.
- 71% also had a dog co-existing in their home.
- 57% said they communicate with their cat by talking to them like they would to another person.
- 92% have had their cats spayed or neutered.

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TIDBIT

National survey of cat owners by Feline Pine, America’s best-selling brand of all-natural cat litter, revealed some interesting results about people’s relationships with their cats and their cats’ health and behavior.
Surf Dog contest winner carves new waves

“Rip Curl Ricki,” a local golden retriever surf contest winner, took to the waves to learn a new skill: surfing tandem with Patrick Ivison, a 15-year-old spinal-cord-injured adaptive surfer. “Ricochet” (as she is known on land) has been surfing since she was a puppy and has always been part of surfing fundraising efforts for great causes. The newest project for Ricochet, however, presents a unique and exciting challenge: training to surf tandem with Patrick Ivison, who suffered a spinal cord injury as a result of an accident when he was only 14 months old. Patrick was diagnosed a quadriplegic, but he is able to surf using an adaptive surfboard.

In addition to accomplishing a tandem surf ride with a person with limited physical abilities (rarely if ever done), Ricochet will use her surf training next week to prepare for upcoming surf competitions/fundraisers for Patrick.

Although Patrick has excelled through the years in both school and adaptive sports (adaptive surfing is his specialty), he recently decided that having a service dog would help him achieve greater independence as he approaches his college years. Paws’itive Teams, a local non-profit organization that places service dogs with persons with disabilities, caught wind of Patrick’s story and matched him with a golden retriever named Kona.

The costs of training a service dog and specialized physical therapy are steep, however – that’s where Ricochet’s knack for surfing and fundraising comes in. Ricochet will be carving waves in San Diego for the next several weeks to prepare for the Helen Woodward Surf Dog Surf-a-thon in Del Mar on Sept. 13 as well as the Surf City Surf Dog event in Huntington Beach on Oct. 11, where she hopes to share a wave with Patrick. Patrick is an official beneficiary of the Surf City Surf Dog contest, and the proceeds donated to Ricochet through her fundraising efforts will go directly to Paws’itive Teams, and Help Patrick Walk, for the sole purpose of easing the financial burden on Patrick and his family.


Volunteers needed for worthy cause

Therapy Dogs International chapter 206 of San Diego County invites you and your dog to join our chapter. Our goal is to provide a network to connect hospitals, assisted living facilities, libraries and the many other people and places that would benefit from our volunteer teams. Details and inquiries at tdi-lamesa@sbcglobal.net

Dog Day Afternoon a huge success

They say every dog has his day, and that was certainly true on Aug. 22 at the...
Beachwalk shopping center in Solana Beach. The center was the site of the inaugural Dog Day Afternoon, a fundraiser benefiting the Foundation for Animal Care and Education.

FACE, as it is commonly called, provides financial grants to pet owners who cannot cover the cost of their pet’s critical veterinary care. As awareness of the foundation rises, so do requests for assistance. In an effort to raise money, Dog Day Afternoon was born.

“We wanted to throw a big dog party,” said Stacy Steel, executive director of FACE. “Dog Day Afternoon brings together fun activities for the entire family, especially the four-legged variety.”

Their plan worked. Over 300 people attended the outdoor event, the majority with their dogs. One of the many highlights of Dog Day Afternoon was A Taste of Beachwalk. For a small donation, guests sampled food from the center’s many restaurants and eateries. The event also featured live music by Stratos, pet-friendly vendors, kids’ games, face painting, professional pet photos, dog adoptions and a raffle.

While good may describe the cupcakes, great is sure to describe the day’s outcome. In just four hours FACE raised nearly $3,500, all of which will directly fund the treatment of sick dogs and cats.

To find out about the FACE Foundation’s upcoming events or make a tax-deductible donation so they may continue to save the lives of beloved family pets, call (858) 450-FACE (3223) or visit www.face4pets.org.

It’s easy for dogs to “go green” at Loews Hotels

As part of its commitment to the environment, Loews Hotels encourages even its furriest guests to do their part in promoting responsible, sustainable consumption (literally). The new Loews “Grrreen Dog” package features a specially created “Dog Gone Green” room service meal, a veterinarian-approved healthful feast which mixes locally grown ingredients from neighborhood farms with a lot of love. “Grrreen Dog” package rates vary by hotel, starting at $119 per night.

As part of the Loews Loves Pets program, each visiting VIP can travel in first-class comfort with gourmet room service, specialized bedding, a pet amenity and guest services designed to make pets and their owners feel right at home.

For more information or to book, call 1(800) 23-LOEWS or visit www.loewshotels.com.

Barona Resort & Casino offers doggie concierge

Barona Resort & Casino has long been a top destination for humans who want to enjoy San Diego’s most exciting gaming action.

Now, it’s getting even better for the guests who want to treat their dog to a getaway that they’ll drool over.

Barona has just declared Plush Puppies Kennel and Daycare Center in El Cajon the resort’s “official doggie concierge,” which means guests who are traveling with their dogs can give their best friends a relaxing vacation on their own.

Located a short distance away from Barona in a beautifully tranquil spot in eastern San Diego, Plush Puppies has many amenities that are the cat’s meow for dogs, including a “doggie limo service” from the resort and a 5,000-square-foot area where dogs can run free with their fellow canines.

At Plush Puppies, dogs receive the same excellent handling, attention and loving care their owners receive at Barona. After a brief on-site pre-screening, all the dogs play together in a fenced area, unless they are busy eating or relaxing in the sun.

It’s a perfect way for a dog to spend the dog days of summer – or any other time of the year.

For more information go to www.BaronaCasino.com
Helen Woodward Center breaking ground

The future of Helen Woodward Animal Center began to unfold when the center broke ground in August to begin a five-year construction project. HWAC President Mike Arms says, “When Helen started this facility 37 years ago the shelter met the needs of a very rural area with a gravel road that went past the entrance. Across the street, Fairbanks Ranch was where Douglas Fairbanks Jr. lived. Now Helen Woodward Animal Center is a landmark. It’s a destination for families in search of pets and a template for humane education programs that are used worldwide.”

Arms says San Diegans don’t realize the reach their local animal center has worldwide.

“Helen Woodward Animal Center is regarded worldwide as ‘The Animal Center of the Future.’ Animal welfare leaders from more than 25 countries around the world have traveled to Helen Woodward Animal Center to learn ‘the business of saving lives’ from our staff. Now is the time for us to update our facility to accommodate a growing San Diego County, the large number of animals that we care for and the children who come here as they prepare to lead our world in the future.”

For more information visit Helen Woodward Animal Center at 6461 El Apajo Road in Rancho Santa Fe, call 858-756-4117, or log on to www.animalcenter.org.

Housing discrimination can be a death sentence for some dogs

Thankfully, housing discrimination is illegal for humans, but for dogs like Balin and Boston, it can be a death sentence. Balin was left at the shelter, complete with obedience certificates, after his lifelong owner had to move and couldn’t find housing that would accept a pit bull mix. Boston, like so many other dogs, is a victim of the recent foreclosure crisis and was taken to the shelter after his owner’s home was foreclosed. Pit Bull Rescue San Diego stepped in to save them, and now these two gentlemen await new homes. However, others aren’t so lucky. The continued housing crisis and difficulties finding pit-friendly rentals mean the end of the road for many pit bulls and pit bull mixes, who make up about half the dogs currently in San Diego County shelters.

According to the American Temperament Test Society, a national organization for the promotion of uniform temperament evaluation of purebred and mixed-breed dogs, pit bulls scored higher than golden retrievers and many other common family dogs. Despite an 85% pass rate of 567 American pit bull terriers evaluated, the breed continues to be unjustly vilified by society at the hands of sensational media reports, sparked mostly by a small group of irresponsible pet owners.

Pet owners are encouraged to visit www.pbrsd.com or call (858) 361-3592 for more information.

Dogs advance at semifinal Wienerschnitzel Wiener 2009 nationals

Qualifying rounds for the 2009 Wienerschnitzel Weiner Nationals were held Saturday, August 29th on the rugby fields at Qualcomm Stadium. A field of 363 dachshunds participated in the event, each vying for one of sixteen sport in the San Diego Padres vs. Washington Nationals game at Petco Park. This Pacific Life Holiday Bowl event benefited the Rancho Coastal Humane Society.

The fastest qualifier was Heidi-Roo Smith of Orange. The 101/2 year-old, 13 pound dachshund set a track record by completing the 53-foot course in 2.37 seconds.

The fastest eight dogs from the semifinals will advance to the championship race in San Diego on December 30th before the nationally televised Port of San Diego Big Bay Balloon Parade presented by the San Diego County Credit Union, also a Pacific Life Holiday Bowl production.

Pet Memorial Park introduces new services

San Diego Pet Memorial Park, the largest pet cremation and memorial park in San Diego, offers a full range of services such as Burials, Cremations, Memorial Chapel Viewings, Cremation Viewing Services. August 1, 2009, they announced a 24-hour pick-up service to accommodate those clients burdened with the sudden loss of their pet. Along with the traditional after care services, they offer have grievance counseling, pet loss support groups and many ways to help in times of need.

New to the service is an online Interactive website, www.sdpetpark.com Their goal in creating the site is to share the beautiful ten acre memorial park with pet lovers and to answer questions people may have about our services, and personal questions they may have about the loss of their beloved pet. We care and we want you to know and be comforted at the fact we exist for the client alone! We know how to care for their needs when their beloved family pet passes away. We offer pre-need services so you, the client do not have to think about all the details at a most difficult time.

They are proud of their caring approach to the needs of grieving pet parents and to give them many options available they may not have known possible when considering after care of their beloved pet.

For more information, call (888) 483-5257 or visit the website at www.sdpetpark.com

Anesthesia-free teeth cleaning now available at Pet Me Please

Pet Me Please offers anesthesia-free teeth cleaning every 3rd Thursday of the month! They also offer a wide selection of products for dogs and cats and a huge variety of raw hide treats for your best friend, including wheat and gluten free specialty foods. Look for our Rescue Adoptions coming soon! Pet Me Please is open Mondays through Fridays 10 AM to 6 PM and Saturdays 10 AM to 4 PM. Pet Me Please is located at 3401 Adams Ave., Ste. C, 92116. For more information call (619) 283-5020.
**Innovative game for dogs to stimulate mental and physical abilities**

While not all dogs can rescue small children from wells, or leap through fires to rescue a family of cats, most dogs can be taught and trained to respond to simple commands. But what happens when you leave for work, take a vacation, or have kids? The one thing that dogs need for their mental stimulation is the one thing that humans run short on — time.

While most dog owners would love their animals to have better mental stimulation, the avenue has rarely been presented. Enter SeniorPetProducts.com (an online resource for senior pets and their owners) and their solution: “The Tornado” - a doggie game where the dog is taught to turn rotating compartments to find the hidden treats inside of them.

This portable bone-shaped game can provide dogs with the ability to increase their mental stimulation while reinforcing their relationship with people. Each design has a unique mechanism that requires mental as well as physical dexterity to work through the challenges and reveal hidden food rewards. SeniorPetProducts.com is excited to offer the Tornado as a way for people to engage their pets while at home and away.

The product can be found on the SeniorPetProducts.com™ website.

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**GoPetFriendly.com**

Pet travel. Made easy. Starting today, pet lovers can experience the ease of planning fun vacations with their furry loved ones by using GoPetFriendly.com (GPF) — a website that makes locating pet-friendly accommodations, activities and services a breeze.

GPF provides up-to-date pet policy information for nearly 30,000 pet-friendly hotels, bed and breakfasts and campgrounds throughout the United States and Canada. Whether traveling with multiple pets, cats or larger dogs, GPF’s search capabilities enable users to find accommodations that suit their travel and budget needs.

By simply entering a location, users can find thousands of places were pets are welcome, including: Restaurants, Off-leash dog parks, Beaches, Shopping centers, National parks, Wineries, Botanical gardens and arboretums, Ferry boats and tours.

GPF also provides searchable listings for service providers including pet sitters, doggie daycares, veterinarians and animal hospitals, pet supply stores and boarding facilities.

For more information, visit www.GoPetFriendly.com

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**Precise Media joins San Diego Pets marketing team**

Clockwise: Joeana Alvarez, Rachel Baca, Tim Johnson, Xavier Carroll, Jennifer Melone, Director of Public Relations, Leigh Ann Pagnozzi, President, Publicist

**ABOUT PRECISE MEDIA:** High energy, hip New York East Village style office, conducted by dynamic and entertaining Leigh Ann Pagnozzi, Precise Media LLC has found its new home in North Park San Diego.

**PRECISE MEDIA IS AN IN-HOUSE BOUTIQUE PUBLIC RELATIONS, Advertising and Entertainment Media firm based in San Diego.** Specializing in building brand visibility and increasing sales for companies, venues and entertainment personalities, Precise Media offers a full range of social media consulting services. Services include publicity, event planning, media campaign implementation and management, on-site branding, SEO based Web development and all advertising avenues including print, radio, billboards and benches. From helping define your social media strategy, to monitoring and shaping what is publicly said, Precise Media will help you optimize the communications opportunities of social media. For more info contact Leigh Ann or Jennifer @ (619) 756-7264.

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**THE ICE-QUBE DOG AND CAT ARE THE MODERN EMERGENCY PREPAREDNESS SOLUTION FOR YOUR PET.** Filled with premium products for rescue, survival, first aid, hygiene and comfort, just add your pet’s favorite food and treats. Kits include emergency essential like water, protective gloves, a first aid kit, blanket and toys. Kits retail for $65.30. These kits are perfect for in case of emergency to just in case:

- Let’s say you’re driving down the highway with your precious puppy when your car overheats and you’re stuck on the side of the road. Isn’t it great that you have your Ice-Qube in the truck to give your dog food, water, a blanket and toy.
- You’re going on vacation and leaving your pet at a neighbors house, no need to pack a bag. Just leave the Ice-Qube.
- You can also access free ICE (In Case of Emergency) planners at www.ice-qube.com for your pets. Planners include information for you and your pet emergency such as contacts, breed, medical information, veterinarian, closest shelter, meeting place, photo, and contact in case you are separated from your pet.

SEE MORE EMERGENCY PREPAREDNESS TIPS ON PAGE 15
Ensuring your pet’s safety during San Diego’s wildfire season

With the current drought in San Diego, it’s shaping up to be another severe wildfire season. San Diego is no stranger to wildfires, with the 2007 wildfires destroying 1,500 homes and over 500,000 acres and the 2003 wildfires killing 16 people and burning down 2,427 homes and businesses.

Local dog training company, The Collared Scholar, has noted the danger the potential of wildfires poses to pets and in response, offers some helpful tips to ensure you have a disaster preparedness plan in place to keep family and pets safe during the wildfire season.

**Disaster supplies**

Most of us have put in place a disaster preparedness kit for our family in the event of fire. If you haven’t put one together, now is the time. You may have very little time to escape if fire threatens your home and having a readily available kit could be the difference between life and death. But keep pets in mind when putting your emergency kit together. For the family, include items such as: a first aid kit, plenty of drinking water, canned and other non-perishable food, utility tools, a towel or blanket, a change of clothes, jackets or sweatshirts, a flashlight and extra batteries, antibacterial wipes, any prescription medications and a cell phone with charger. For pets, include enough non-perishable food to last each pet at least three days, one gallon of water per pet per day for three days, a transport kennel, an extra leash and a collar with ID tags, photos of your pet incase they become lost, and any prescription medications.

Once you have built your emergency kit, store it in an easily accessible area and make sure everyone in the family

**ID for pets**

A wildfire can be an extremely frightening event for humans and their canine counterparts alike. Amid all the chaos of evacuations and impending disaster, it’s easy for pets to become frightened and run away. Taking the proper precautions can help you increase your chances for a happy reunion with lost pets.

Make sure all pets wear appropriate identification tags at all times. Another alternative is to ask your vet to implant a microchip in your pet. Microchips are a form of automatic identification technology implanted under your dog’s skin. They are very safe and every shelter as well as most vet offices carries a microchip scanner. When lost dogs are brought in, they are first and foremost scanned for microchip numbers.

**Alerting fire officials**

What happens if you aren’t home and a fire breaks out? If fire officials aren’t aware you have pets inside, they may not save them in time. Window decals are available at most major pet store chains, which alert fire officials to the presence of pets inside. The ASPCA offers a free pet safety pack that includes a window decal designed to alert emergency personnel to the presence of pets inside your home. This is a must have to keep pets safe during any potential disaster.

**Plan for the worst**

It’s best to always plan for the worst. Sit down with your family and create an evacuation plan and make sure not to leave your pets out! Designate a caregiver in the event that you have nowhere to stay during a disaster or in the event that something should happen to you, making it difficult for you to properly care for furry family members. Make sure every member of the family knows the plan inside and out and when possible, practice evacuation drills so that, should disaster strike and panic set in, you are all prepared.

Meagan Karnes-San Agustin is the president and founder of The Collared Scholar. The Collared Scholar offers premier training and obedience services in the San Diego area. They are fully licensed and insured. Services include: Basic and Advanced Obedience and Agility. For more information, please visit www.collared-scholar.com or call 619-916-8710.
Santa Ana season aggravates pet allergies

Literature and colorful legends associate the hot, dry Santa Ana winds with jumpy nerves, itchy skin, seismic activity and even homicide. While the Santa Ana winds increase wildfire danger, they are not likely to drive your pets to madness. However, owners should take precautions to keep themselves and their pets free from allergen-causing material that can cause distress.

Dry, warm Santa Ana winds develop when the desert is cold, and are most common during the cool season beginning in October. These winds not only exacerbate dryness contributing to skin feeling itchy, but can re-suspend pollen, dust and particulate matter associated with allergies. Pets can be affected as much as their human counterparts.

According to Dr. Laura Stokking PhD., DVM, DACVD, taking precautions to limit exposure should be weighed carefully to give balance with quality of life. Stokking, a diplomate of the American College of Veterinary Dermatology, is on staff at the Veterinary Specialty Hospital of San Diego and was formerly at Scripps Institution of Oceanography. She has published several book chapters and reviews in veterinary dermatology as well as lecturing at national and local conferences.

“If your pet has been diagnosed with severe allergies, you are likely aware of environments that can be harmful. However, try not to be so overprotective that your pet cannot enjoy a favorite outdoor activity like taking a walk, which is often has more benefits than risks.”

While most cases are not so severe to cause death, allergic skin problems may bring serious discomfort and illness. Wondering if your pet is suffering from an allergy? Some signs to look for include: Incessant scratching or biting, head shaking, rubbing of the eyes/head/face, licking feet or skin, chewing nails, scooting.

These symptoms may suggest a mild or serious allergy; if they persist you may want to consider consulting your veterinarian to determine the cause.

Dr. Stokking points out that an easy preventative measure for many allergies is frequent bathing or brushing. Pets carry pollen on their coats, like a dust mop. These pollens can be brought into the house, ingested, and can continue to re-infect a pet that is sensitive. An easy, low cost, natural method that removes pollen and reduces itching is to use a colloidal oatmeal powder: dip a brush in the mixture and run it through the coat. Stokking also recommends wiping pets’ feet with the oatmeal mixture, since many pollens are picked up walking through grass.

“A commonly overlooked problem is fleas. Careful reduction of flea infestations can reduce allergy sensitivity in an otherwise healthy pet.”

She warns that owners should be careful with the application of chemicals. It is best to get professional advice and follow the manufacturer’s instructions carefully.

To learn more and find references to specialists in your area, a good resource is The American College of Veterinary Dermatology at ACVD.org.
Guinea pig popularity on the rise due to G-Force blockbuster movie by Disney

The Guinea pig never had it so good. Thanks to its starring role in the Disney blockbuster G-Force, interest in the little critter has never been so high. Even though the Guinea pig is a relatively easy animal to keep, caring for this pet properly requires a serious commitment on the part of owners.

For starters, Guinea pigs are relatively long-lived by small animal standards. They can easily enjoy a lifespan of six years, which is almost biblical in longevity compared to the two years or so that most hamsters and mice enjoy before they pass on to that big exercise wheel in the sky. So anyone buying a Guinea pig today should be aware that their pet will still be there needing care, long after G-Force has disappeared from their local movie rental store.

Guinea pigs are social animals and do better when living in same-sex pairs, but males should be introduced at a very young age to make sure they get along.

Guinea pigs’ teeth continue to grow throughout their lifetimes, so if they cannot wear them down through gnawing and chewing, they will grow too long and the guinea pig will starve. So, a Guinea pig needs plenty of safe wooden chew toys and grass hay, which will wear down the teeth and prevent overgrowth.

Guinea pigs cannot manufacture their own vitamin C; they must get it from their food, such as Hagen’s Living World Guinea pig food, which is enriched with vitamin C.

Whether obtaining a Guinea pig from a breeder or a pet shop, you want to bring home a healthy pet. A healthy guinea pig should be active and running around on all four paws, have bright, clear eyes and a nose free of discharge. It should also have steady breathing, a strong heartbeat and skin free of flakiness or bald patches. His body should be plump without lumps or swellings. Finally, he should have a clean bottom and properly aligned teeth – the top two should neatly overlap the bottom two. Welcoming your new Guinea pig home is simplified when you have everything you need in advance. Hagen’s Living World Guinea pig resort starter kit comes with everything needed to set up a first-class home for a Guinea pig...except the Guinea pig!
Fiesta Island Dog Owners (FIDO) began with a handful of people who utilized Fiesta Island as a source of recreation and exercise with their dogs. That was almost 30 years ago, and today, FIDO has continued its dedication to the preservation of the island in the face of massive redevelopment through the Mission Bay Master Plan Redevelopment by the City of San Diego.

Many issues within the redevelopment plan are supported by FIDO members. The plan to improve the roadways and water quality for Fiesta Island is acknowledged and supported by FIDO. In addition, the plan to maintain the least tern preserves and native habitat on the island is something that is supported by FIDO members. It is important that the character of the island be retained by minimizing new development of turf, parking lots and roadways. Yet keeping ample leash-free acreage on the island is of utmost importance to FIDO.

Paddlers in the area have selected a location that displaces more than 6,000 existing users on the southwest shore of Fiesta Island in the off-leash exercise area. The proposed plan jeopardizes the city’s last open natural park in Mission Bay, losing more than 30 percent of off-leash access around the island. Exorbitant costs will also be rung up in order to modify the area and add infrastructure.

FIDO has done extensive research and believes Mariner’s Basin and South Shore are superior alternative sites, according to criteria set by paddlers. Other sites chosen would greatly reduce cost to the public (the city) and likely allow paddlers to secure a location faster than on Fiesta Island. FIDO remains committed to helping the paddlers establish a site that does not conflict with off-leash use.

One of the most enjoyable aspects of Fiesta Island for dog owners is the leash-free area where dog and owner are able to run, walk and bike together. Veterinarians and animal behaviorists are aware of behavioral problems in dogs associated with lack of socialization and exercise. The San Diego County Veterinary Medical Association and the San Diego Humane Society support Fiesta Island remaining off-leash.

In accordance with the redevelopment plan, the most heavily used fenced off-leash area on the island will be cut through the center. The Department of Park and Recreation currently designates a stifling 0.1 percent (40 acres) of its 40,000 acres of public land throughout the county to off-leash use for the area’s 700,000 dogs and their owners, making the island even more precious. Fiesta Island is also the last undeveloped, open park that exists for those who prefer a more natural environment rather than manicured parkland.

In the past year, FIDO has grown to a membership of more than 5,000, with a current board of 12 ordinary citizens, and a modest budget of less than $1,000. FIDO members can be seen nearly each and every weekend on the island signing up new members, giving tours and spreading the word.

How you can help
Write a letter to Mayor Jerry Sanders. A sample letter is available on the FIDO website, www.fidosd.com. You can e-mail fidosd@gmail.com and request to be added to the mailing list.

Mayor Jerry Sanders
11th Floor, 202 C St.
San Diego, CA 92101
JerrySanders@sandiego.gov

You can e-mail letters to City Council member Donna Frye (Fiesta Island is in her district):
DonnaFrye@sandiego.gov

We dog lovers should come together and protect the rare and precious leash-free area on Fiesta Island.

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SANTEE’S NEW OFF-LEASH DOG-RUN PILOT PROGRAM
Santee City Council has approved a pilot program to create off-leash dog-run areas in three parks. The earliest the program could go into effect is late June. If successful, the program would become permanent after a year.

Where: Under the program, dogs would be allowed to run off-leash at Woodglen Vista, Mast and Big Rock parks at certain times.

When: At Woodglen Vista, an off-leash dog-run area would be available from Dec. 1 to Aug. 15 on Mondays, Wednesdays, Fridays and Sundays from dawn to 8 a.m. and 4 to 6 p.m. or dusk, whichever comes first.

At Mast Park, the off-leash area would be available every day from dawn to 8 a.m. and from 4 to 6 p.m. or dusk, whichever comes first.

At Big Rock Park, the area would be open Monday through Friday from dawn to 8 a.m.
Top 20 San Diego area dog parks

Enjoy these leash-free dog parks. For more details, dog park rules and regulations, visit www.sandiego.gov/park-and-recreation/

<table>
<thead>
<tr>
<th>#</th>
<th>Dog Park Name</th>
<th>Address/Location</th>
<th>Open Hours</th>
<th>Website/Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Del Mar Dog Beach</td>
<td>3200 Camino del Mar. For hours call City of Del Mar at 858-755-9313 or go to <a href="http://www.delmar.ca.us">www.delmar.ca.us</a>.</td>
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<td>2</td>
<td>Del Mar Torrey Highlands Park</td>
<td>Landsdale Drive just off Del Mar Heights Road. Open sunrise to sunset. 619-236-5555.</td>
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<tr>
<td>3</td>
<td>Poway Dog Park</td>
<td>13094 Civic Center Dr. Open sunrise to 9:30 p.m. <a href="http://www.ci.powa.ca.us">www.ci.powa.ca.us</a> for info.</td>
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<tr>
<td>4</td>
<td>Kearny Mesa Community Park</td>
<td>3170 Armstrong St. Open 6:30-10 p.m. daily.</td>
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<tr>
<td>5</td>
<td>Mira Mesa Maddox Neighborhood Park</td>
<td>7815 Flanders Dr. Open sunrise to sunset. <a href="http://www.sandiego.gov/park-and-recreation">www.sandiego.gov/park-and-recreation</a>.</td>
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<td>6</td>
<td>UTC Doyle Community Park</td>
<td>8175 Regents Road, behind Doyle Rec. Center. Closed noon- 2 p.m. Tues. &amp; Thurs.</td>
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<td>7</td>
<td>Clairemont Mesa Caeman Community Park</td>
<td>4280 Avati Drive (near Moraga Ct.) Daily 7:30 - 10:30 a.m. &amp; 4:30 - 7 p.m. Summer daily 7 a.m.- 9:30 a.m. &amp; 5-7:30 p.m.</td>
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<tr>
<td>8</td>
<td>Kearny Mesa Community Park</td>
<td>3170 Armstrong St. Open 6:30 a.m.-10 p.m. daily.</td>
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<tr>
<td>9</td>
<td>El Cajon Wells Park</td>
<td>1153 E. Madison Ave. Open 7 a.m.-9 p.m. daily.</td>
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<tr>
<td>10</td>
<td>Pacific Beach Capehart Park</td>
<td>Near the foot of Soledad Mountain Rd., south of Beryl St. Open 24 hours 7 days.</td>
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<tr>
<td>11</td>
<td>Mission Bay Fiesta Island</td>
<td>Fiesta Island Road, off E. Mission Bay Drive. Open 4 a.m.- 10 p.m. <a href="http://www.fiestaislandgdp.com">www.fiestaislandgdp.com</a> and <a href="http://www.fidosd.com">www.fidosd.com</a></td>
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<tr>
<td>12</td>
<td>Dusty Rhodes Neighborhood Park</td>
<td>Between Sunset Cliffs Blvd. and Nimitz Blvd. Closed Tuesday 7-10 a.m.</td>
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<tr>
<td>13</td>
<td>Ocean Beach Dog Beach</td>
<td>W. Point Loma Blvd and Voltaire St. Leash - free 24 hours a day, 365 days a year.</td>
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<tr>
<td>14</td>
<td>Balboa Park Nate’s Point</td>
<td>Near Balboa Dr. at El Prado (6th Ave. and Laurel St.) Gate on Balboa Dr. closed 8 p.m. to 7 a.m.</td>
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<td>15</td>
<td>Balboa Park Morley Field</td>
<td>Enter from Alabama St. or Morley Field Dr. Gate closed 10 p.m.- 7 a.m.</td>
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<td>16</td>
<td>Balboa Park Grape Street Park</td>
<td>End of Grape Street at 28th Street Mon-Fri-day 7:30 a.m.- 9 p.m. Sat., Sun. and holidays 9 a.m.- 9 p.m.</td>
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<tr>
<td>17</td>
<td>La Mesa Harry Griffen Park</td>
<td>950 Milden St. 7 a.m. to one hour after sunset</td>
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<td>18</td>
<td>Coronado Dog Beach</td>
<td>100 Ocean Blvd. at the north end of Coronado beach next to the Naval Air Station North Island. Open 24 hours. 619-522-7380</td>
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<tr>
<td>19</td>
<td>Chula Vista Veterans Park</td>
<td>785 E. Palomar St. Open 6 a.m. to 10 p.m.</td>
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<td>20</td>
<td>Otay Ranch Town Center Park</td>
<td>2015 Birch Rd., in the southwestern area of the mall. Hours:10 a.m. - 11 p.m.</td>
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<tr>
<td>21</td>
<td>Chula Vista Montevalle Park</td>
<td>840 Duncan Ranch Rd. Open 7 a.m.- 10 p.m. Park hours vary, call 619-5269</td>
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Major advances in veterinary medicine and a better understanding of the needs of our companions means that rabbits are routinely living into their teens. Elderly rabbits have special needs of their own. They tend to move about a little more slowly and with less agility. They often lose weight and will have less elasticity in their muscles, causing atrophy or muscle weakness. You may notice them sleeping more or not venturing as far as they used to. This is part of the normal aging process.

Senior rabbits are subject to common rabbit ailments, such as dental disorders, cataracts, kidney disease, cancer and cardiovascular disease. Arthritis and degeneration of the spine are common in geriatric rabbits, particularly in the lower back. Anti-inflammatory medications from a veterinarian can help ease the symptoms, as can acupuncture and nutraceuticals (pharmacy grade nutritional supplements) such as glucosamine. Taking your rabbit to the vet every six months for baseline blood and urine tests can help catch any changes early.

At home, observe your older rabbits more closely — are they drinking more or less water than usual? Has their appetite or eating habits changed? Are they drooling? Have they lost weight? Has their fecal output changed? Any changes are reason to visit your vet.

Preventing muscle atrophy through activity is another way to help your rabbit enjoy life into her twilight years. Encourage exercise and move the litter box or put toys and treats where the rabbit has to move to get to them.

Loss of litter box habits is one of the most common problems with aging rabbits. Impaired mobility, injury, bladder sludge, incontinence or loss of bladder control can all be underlying causes.

Many litter boxes are too high for impaired rabbits and can be difficult to hop in and out of. Consider replacing your box with a larger, roomier one with a cutaway door that has a low threshold. This makes it easier for a stiff-jointed elderly rabbit to access the inside.

Some rabbits may need a flat toilet area that has no barriers to cross. Plastic-backed puppy training pads or human incontinence pads work well. You can also use synthetic fleece as a top layer, which provides cushioning for bunnies while wicking away the moisture. It is also machine washable, so you can change a rabbit’s bedding daily if necessary.

When litter habits are lost, free roam is not always possible anymore. Housing a bunny in an exercise pen allows you to set up a safe, comfortable environment without the restrictions of a cage. It also eliminates the need for the rabbit to hop into a cage and reduces the chance of injury from catching paws on the frame. A bunny’s new living area could even be as simple as a pile of pillows arranged so they have something to lean against and keep themselves upright.

The ideal house rabbit diet should be low in calories and high in fiber. Metabolism slows down in older rabbits, and they generally need to eat fewer pellets but should have unlimited grass hay. However, weight loss is common in senior buns, and frail or older rabbits may need unrestricted pellets to keep their weight up. Alfalfa hay can be given to underweight rabbits only if calcium levels are normal. You can also supplement the diet with extra veggies. Oxbow’s Critical Care for herbivores is another supplement that can help rabbits put on healthy weight, and it comes in a variety of flavors such as apple, banana and anise.

Bunnies are social creatures that often bond with other rabbits for life. When one bunny dies, the surviving rabbit may become depressed and sick. Many grieving rabbits lose weight and are no longer interested in treats or toys. Often the best solution is to bring another senior bunny home. Senior rabbits can provide the mellow companionship that an older rabbit needs. The newly bonded pair may not behave exactly the same as the original pair, but they can be good friends to each other in their twilight years.

Plan ahead for the life of your rabbit. Feed them for longevity, set aside money for medical expenses and adjust your environment to meet their changing needs. You can assist your rabbit through the natural aging process with grace and dignity by supporting her health and making sound choices. Cherish every day that you have together, and enjoy her at every stage of life.
New rabbit massage DVD available

Many people would like to increase the bond with their rabbit and make handling him easier. What if there was a simple technique that could do so, and also reduce the stress of events such as veterinary visits or trimming nails? And would enhance the rabbit’s health and well-being?

Massage makes all of this possible, and a new DVD, “The Relaxed Rabbit: Massage Techniques for Your Companion Rabbit,” offers simple instructions for anyone wanting to apply this ancient art with their companion rabbit. Professional massage therapist Chandra Moira Beal shows people how in this inaugural, comprehensive visual guide.

No previous massage experience is necessary, and people can practice in the comfort of their own homes. With its easy-to-follow instructions, this DVD is all any rabbit caretaker needs to enjoy a lifetime of loving touch with their pet.

View a sample of the DVD at http://rabbits.chandrabeal.com/dvd.htm

Chandra Moira Beal is also the author of three nonfiction books, and has been active in rabbit welfare internationally since 1997. She currently lives in Brighton, England.

Hopper Hideaway-Deluxe
Price: $16.99
This and other products online at: www.catsandrabbitsandmore.com
## SEPTEMBER

**Sept 13, 2009**

**4TH ANNUAL SURF DOG A THON**

Dog Beach (North Beach) in Del Mar. Surfing dogs, surfing humans and dog lovers from around the world converge on Dog Beach in Del Mar, CA for HWAC’s 4th annual “Surf Dog Surf A Thon.” Dogs dressed as Beach Bums and Bikini Babes will compete in the costume contest at one of “The World’s Sexiest Beaches” (according to The Travel Channel). Meet world champion surfers, celebrities, actors, and others who spend a day livin’ the good life in SoCal!

**MORE INFO:** (858) 756-4117
www.AnimalCenter.org

## AUTUMN EVENTS

### First-ever ‘Pet Day Bow Wow Bay Cruise’

Join Hornblower Cruises & Events on Sunday, Sept. 20, for the inaugural “Pet Day Bow Wow Brunch Cruise on the Bay.” The two-hour brunch cruise benefits the orphaned pets and pet adoption programs at Helen Woodward Animal Center in Rancho Santa Fe. Participating pups will be treated to a special pet buffet presented by Petco and doggie snacks, plus Easy Turf will sponsor a dog relief walk on the yacht’s sun deck. Owners and guests enjoy a brunch buffet with free-flowing champagne and mimosas, desserts, socializing and San Diego Bay views.

**WHERE:** The cruise boards and departs from 1066 N. Harbor Drive, in downtown San Diego.

**WHEN:** Sunday, Sept. 20, Boarding begins at 10:30 a.m. The cruise follows from 11 a.m. - 1 p.m.

Purchase tickets in advance through Hornblower Cruises & Events by calling 619-686-8715 or visiting www.hornblower.com/petrescueday. Tickets are $59.95 per person, plus tax and tip. Dogs cruise for free. (Only one dog per person. All dogs must be manageable and on a leash to attend.)

### SEPTEMBER-OCTOBER 2009

**4TH ANNUAL SURF DOG A THON**

Dog Beach (North Beach) in Del Mar. Surfing dogs, surfing humans and dog lovers from around the world converge on Dog Beach in Del Mar, CA for HWAC’s 4th annual “Surf Dog Surf A Thon.” Dogs dressed as Beach Bums and Bikini Babes will compete in the costume contest at one of “The World’s Sexiest Beaches” (according to The Travel Channel). Meet world champion surfers, celebrities, actors, and others who spend a day livin’ the good life in SoCal!

**MORE INFO:** (858) 756-4117
www.AnimalCenter.org

**October**

**Oct 1, 2009**

**11TH ANNUAL IAMS HOME FOR THE HOLIDAYS BEGINS**

Helen Woodward Animal Center, 6461 El Apajo Road, Rancho Santa Fe, CA and at animal shelters and pet rescue groups worldwide More than 3.25 million orphaned pets have been adopted during the first ten Iams Home 4 the Holidays pet adoption drives! Don’t support puppy mills and backyard breeders, Visit a participating IH4TH shelter or rescue group and make a difference this holiday season. IH4TH ends January 5.

**Oct 1, 2009**

**FALL HARVEST TOURS**

Helen Woodward Animal Center, 6461 El Apajo Road, Rancho Santa Fe, CA
Children from throughout San Diego County will visit HWAC during October

**24 Hour Pet Emergency**

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Phone: (760) 431-2273

**San Marcos**
100 N. Rancho Santa Fe Road
Suite 133
San Marcos, CA 92069
Phone: (760) 734-4433

**Murrieta**
25100 Hancock Avenue
Suite 116
Murrieta, CA 92562
Phone: (951) 600-9803

www.californiaveterinaryspecialists.com
for our Fall Harvest Tours. Through hands-on interaction they’ll learn about animals and their environment during these fun and educational tours.

**Oct 3rd from 1pm to 5pm**
**BETWEEN THE STRIPES**
Fund raising event for Lions and Tigers and Bears Big Car Rescue. Tickets must be purchased in advance. $80 adults / $25 kids, $90 for adults after September 27th, Silent and Live Auction, including a trip for 2 to Zulu Nyala Resort in South Africa! Scrumptious Food, Ranch Animal Encounters, Visit with the Big Cats Fun for the whole family. To reserve your tickets, call us (619) 659-8078 - www.lionstigersandbears.org

**Oct 17**
**TAILS AT TWILIGHT GALA**
The Escondido Humane Society’s 16th Annual Tails at Twilight Gala Sat, Oct. 17 - Orfila Winery. VIP reception is from 4 to 5 p.m.; general registration begins at 5 p.m. Dinner, a live auction and entertainment is from 6:30 to 10 p.m. VIP tickets are $200 per person or $2,000 for a table for 10; regular tickets are $100 per person or $1,000 for a table for 10. Tickets, e-mail Abigail Rowland Kouzi at development@escondidohumaneorganization.org.

**Oct 24, 2009**
**19TH ANNUAL PEOPLE PET WALK**
Helen Woodward Animal Center, 6461 El Apajo Road, Rancho Santa Fe, CA
A great “excuse” for an early morning stroll with your best animal friend. Proceeds benefit the programs and services that HWAC provides for animals and people in need. Fun games, booths, and contests!

**Autumn Events**

**Oct 25**
**OCEAN BEACH CANINE CARNIVAL**
Sponsored by the Ocean Beach Kiwanis - 10am-4pm FREE Admission to the canine carnival is free, but to take part in the contests & parade dogs must register at $5 per dog for single dogs, $8 for groups or floats. There will be a street fair and party featuring costumes, prizes, a doggie parade, games, food, and lots of craft items for pets and people. Location - on Santa Monica Ave between Sunset Cliffs Blvd. and Ebers Street. MORE INFO: Call Sioux at (619) 339-0001 or Melanie at (619) 225-8703 or email Melanie at oceanbeachkiwanis@gmail.com

**Oct 30th, 6-8 p.m.**
**HALLOWEEN DOGGIE CAFE**
Bring your friendly, on-leash dog to socialize with other dogs during our Spook-tacular Halloween event! There will be a costume contest with prizes for scariest, cutest and most original dog costumes. Halloween pet pictures will also be available for $5. Dogs should be friendly and on-leash. One dog per human handler please. Dogs should be at least 4 months old and up-to-date on all vaccines. Limited beverages, sandwiches, salads. Complimentary desserts and dog treats provided. Behavior and Training specialists “on-paw” to answer training questions. $10 suggested donation. 619-299-7012 ext 2230. www.sdhumane.org San Diego Humane Society and SPCA, 5500 Gaines Street, San Diego 92110

**Oct 10, 9 a.m.-6 p.m.**
**BARKTOBERFEST ADOPTION EVENT**
Now is the perfect time to find the canine love of your life at the San Diego Humane Society and SPCA’s Dog Adoptathon, “Barktoberfest!” Adoption hours from 9 a.m. to 6 p.m. Throughout the event the Humane Society’s experienced and caring adoption counselors will be on-hand to match up prospective pet parents with the best companion animal. There will also be a special “Canine Carnival” in the courtyard of the San Diego Campus for Animal Care with fun, informative booths, pet-friendly vendors, free snacks, refreshments, and more. For more information, call (619) 299-7012 or visit www.sdhumane.org

**“Raising the Roof” for Pets in Need**

Hold on to your hats and get ready to raise the roof for Rancho Coastal Humane Society’s 4th Annual Animal House sponsored by EDCO Waste & Recycling Services and The Ross Family Foundation.

The California Casual event will be held on Saturday, October 17 from 7 p.m. to 10 p.m. at the Encinitas Community Center at 1140 Oakcrest Park Drive, where guests will celebrate this year’s event with a rousing evening benefiting the animals and programs of the Rancho Coastal Humane Society. The evening will begin with a cocktail reception and heavy hors d’oeuvres, silent auction and raffle followed by a live auction. As in previous years, the live auction will not only include exciting packages, but will also feature the event’s signature decorative, designer animal houses. New this year, is an online auction featuring some items that will be available for bidding prior to the event. Guests will also enjoy the music of jazz fusion band, The Lounge Lizards.

Early bird tickets are on sale now. To reserve tickets contact Mary Pilon at (760) 753-6413 or visit www.rchumanesociety.org.

Have a Safe & Happy Howl-O-Ween!
Monthly Calendar

DOGS

GREYHOUNDS TO GO WALKING CLUB
All well behaved, leashed dogs welcome. EVERY Sat. 10:00am in front of the Hall of Champions in Balboa Park, 1549 El Prado, Balboa Park, San Diego.
MORE INFO: http://greyhounds2go.org/sd_events.html

GREYHOUND WALKING CLUB
All well behaved, leashed dogs welcome. Generally the 1st & 3rd Saturdays at different locations around the County.
MORE INFO: http://www.gwcsd.home- stead.com/schedule.html

COCKER SPANIEL SOCIAL
1st & 3rd SATURDAYS OF EVERY MONTH In Oceanside & La Jolla
MORE INFO: Email Peggy Mundell at SDDogRescue@cox.net
Or Visit http://cockerspaniel.meetup.com/4/

FRENCH BULLDOG MEET-UP GROUP
Meet 2nd & 4th Saturday each month at local parks & beaches
MORE INFO: http://www.frenchbull- dog.meetup.com/41/ or e-mail Robert Goulet at Rgoulet69@hotmail.com

DOGGIE HAPPY HOUR
W Hotel 421 West “B” Street, San Diego.
92101. Last Tuesday 5-7pm - Bring your dog and socialize on their outside patio. Please call first at 619-231-8220 to make sure they are still having it.

EDUCATION CLASSES

PET FIRST AID
American Red Cross ClassesHeld Monthly - Cost: $60.00 4-hour class includes Pet First Aid Handbook. Mission Valley & Vista.
MORE INFO: www.SDARC.org or call 858-309-1439

HAPPY HOUR LECTURE SERIES
San Diego Humane Society
3rd Thursdays, Different classes and times.
MORE INFO: http://www.sdhumane.org

ADULT EDUCATION COURSES
Escondido Humane Society
Bi-monthly classes
MORE INFO: click on “Education”, then “Up- coming Classes at http://www.escondido- humanesociety.org/

DOGGIE CAFE
San Diego Humane Society
Last Friday 6-8pm - Have fun socializing with your pets and trainers will be on hand for training tips. To reserve a space call 619- 299-7012 extension 2230
MORE INFO: http://www.sdhumane.org

KIDS

ANIMAL TALES
FREE story telling program for kids 4 to 8yrs.
Stories and crafts. 3rd Sunday, 1:00pm
MORE INFO: Please call 619-299-7012 ext.
2251 or visit http://www.sdhumane.org and navigate to “Just for Kids”.

RABBITS

HRS Bunny Supply Store Open (Noon to 3 PM):
Sept: 5, 12, 19, 26 | Oct: 3, 10, 17, 24 | Nov: 7, 14, 21, 28
Located at 4805 Mercury St., Suite B, Kearny Mesa, Stop by to purchase freshly packed hay, pellets, toys, and other supplies for your rabbit.

HRS Adoption Days:
Sept: 6, 20 | Oct: 11, 25 | Nov: 1, 15
If you are interested in adopting, please complete our adoption application at www.sandiegorabbits.org/adoption/AdoptionForm.asp or email adopt@sandiegorabbits.org.

Special Events

“Alternative Medicine Therapies for Rabbits”
Carmine Bausone, DVM, Avian & Exotic Animal Hospital
Saturday, Sept 19, 4PM TO 6PM - 4805 Mercury Street, Suite C
$5 donation at door
Dr. Bausone will present information on a variety of alternative medical therapies proven helpful to rabbits, including acupuncture, herbal medicines, nutraceuticals and more.

“Health Concerns of the Elderly Rabbit”
Jeffrey Jenkins, DVM, Avian & Exotic Animal Hospital
Saturday, Oct 17, 4PM TO 6PM - 4805 Mercury Street, Suite C
$5 donation at door
Dr. Jenkins has a long career in exotic medicine and offers over 25 years’ insight in caring for our rabbit friends. With better care and medical treatment, it’s not uncommon for us to have a rabbit that is 10 years or older. Dr. Jenkins’ presentation will focus on issues that come up with our elderly rabbit companions.

BUNNYFEST
Sunday, October 4, 2009, 10AM TO 4PM • San Dieguito County Park, 1628 Lomas Santa Fe Drive, Del Mar
This year’s theme is “Bunnies by the Beach” Join fellow bunny slaves for a day of fun in the sun! Enjoy “bunny agility” demonstrations, lunch at the Cottontail Café, shop with bunny-theme vendors, and bid on fun items at the mini Auction. And don’t forget the Bunnyfest Photo Contest! Get all the details at www.sandiegorabbits.org

BUNNY CALENDAR

Check out all upcoming events at: www.sandiegorabbits.org/aboutus/events.html

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TO VIEW THE ENTIRE CALENDARS FOR:
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www.animalcenter.org

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BOOK REVIEW

DOG MAN
An Uncommon Life on a Faraway Mountain
by Martha Sherrill

How one man’s consuming passion for dogs saved a legendary breed from extinction and led him to a difficult, more soulful way of life in the wilds of Japan’s remote snow country.

ISBN 9781594201240.
Hard Cover or Paperback

Wally’s World
Life with Wally the Wonder Dog
by Marsh a Boulton

Best selling author Marsha Boulton chronicles how a lifelong love of dogs led her to Wally, the bull terrier she and her partner, Stephen, raised from puppyhood on their small Canadian farm. With his fun loving spirit and unconditional loyalty, Wally quickly became a member of the family, and not only through Marsha great joy, but also helped her survive the most trying period of her life.


NUBS: THE TRUE STORY OF A MUTT, A MARINE & A MIRACLE

In October 2007, while serving a second tour of duty training Iraqi forces along the Syrian border of Iraq, Marine Major Brian Dennis (and local San Diego resident) befriended one of the many wild dogs that roam the border forts. A German shepherd-border collie, the mutt’s ears had been cut off to make him a dog of war. Dennis aptly named him Nubs. Over time, Dennis and Nubs formed an incredible bond strengthened by Dennis’ willingness to share his meals, offer a warm place to sleep and give Nubs the kind of care and attention he had never before received.

“My incredible! . . . Nubs is a very lucky dog.”

—Ellen DeGeneres

Thus began Nubs’ amazing journey from feral dog of war to faithful companion, as documented in “NUBS: THE TRUE STORY OF A MUTT, A MARINE & A MIRACLE”

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Animal Adoption Organizations

A Passion For Paws Akita Rescue Cheryl Weatherford (858) 551-7511 www.APassionForPaws.org

Angel Wings Cat Rescue Inc. Wilma Daubman (760) 744-0764 www.AngelWingsCatRescue.com

Bat Rescue Richard Wilkins (858) 679-0211 www.batrescue.org


German Shorthaired Pointer Rescue (760) 726-4813 www.GSP-Rescue.org

Greyhound Adoption Center Toll Free 1-877-478-8364 www.greyhoundog.org

Greyhound Connection (619) 286-4739 www.GreyhoundConnection.org

Operation Greyhound Bruce or Bob (619) 588-6611 www.OperationGreyhound.com

Paws of Coronado Louise Shirey (619) 435-8247 www.PawsOfCoronado.org

Pug Rescue of San Diego County www.pugbutts.com


S.D. Turtle & Tortoise Society (619) 593-2123 www.SDTurtle.org

Southwestern Rottweiler Club San Diego Deanna Giller (619) 645-8800 www.SRCSD.net

Westie Rescue of California (619) 579-6395 www.WestieRescueCA.com

San Diego Bulldog Rescue Finding loving homes for bulldogs in need. You can help our program by visiting www.sdbr.org. Call or email us and we will help you and your best friend. Weekly and monthly rates available. Fully bonded. sdbag@rocketmail.com, San Diego, 619-645-5232

Animal Welfare Organizations

Labrador Harbor Sue Frounfelter (619) 892-0049 www.LabradorHarbor.org

Lions, Tigers & Bears Bobbi Brink (619) 659-8078 www.LionsTigersandBears.org


Feral Cat Coalition (619) 758-9194 www.feralcat.com

Pet Assistance Foundation Betty Brokaw (619) 469-5008 www.orgsites.com/ca/pet-assistance/


Dog Clubs

BREED SPECIFIC DOG CLUBS

Aztec Doberman Pinscher Club of San Diego Angie Monteleon (619) 443-8944 www.AztecDPC.com

Irish Setter Club of San Diego Madelon McGowen (619) 441-7399 Email - MadMac646@yahoo.com

San Diego Whippet Association Jo Rufing (619) 477-8222 www.SanDiegoWhippets.com

DOG WALKING SOCIAL CLUBS


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OBEDIENCE & SPORT DOG CLUBS

All Breed Obedience Club Inc. (619) 287-2211 www.aboci.com

Ballistic Racers Flyball Team B J Matsumoto (619) 991-5267


Luratics Lure Coursing & Earth Dog Pat Bennett (619) 749-0724 www.Luratics.com


HERDING CLUBS

Action K9 Sports Terry Parrish (760) 739-8673 www.actionk9sports.com

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Animal Shelters & Humane Societies

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County Animal Services – Central
5480 Gaines St., CA 92110 (619) 236-4250
www.sddac.com Hours: Tues-Sat 9:30 a.m. to 5:30 p.m.

BONITA

County Animal Services – South
5821 Sweetwater Road, CA 91902 (619) 685-6309
www.sddac.com Hours: Tues-Sat 9:30 a.m. to 5:30 p.m.

CAMP PENDLETON

Camp Pendleton Animal Shelter
4th St. Area 25 Bldg. 25132 CA 92054 (760) 725-8120

CARLSBAD

County Animal Services – North
2481 Palomar Airport Road, CA 92009
(760) 438-2312 or (760) 746-7307
www.sddac.com Hours: Tues-Sat 9:30 a.m. to 5:30 p.m.

CHULA VISTA

City of Chula Vista Animal Shelter
130 Beyer Way, CA 91911 (619) 691-5123
Hours: M-F 10 a.m. to 5 p.m. Sat. 10 a.m. to 4 p.m.

CORONADO

Animal Control Facility
700 Orange Ave, Coronado, CA 92118 (619) 522-7371
Hours: 7 days 8:30 a.m. to 4:30 a.m.

EL CAJON

City of El Cajon Animal Shelter
1275 N. Marshall Ave., CA 92020 (619) 441-1580
Hours: Tues-Sat 10 am to 5:30 pm

ESCONDIDO

Escondido Humane Society
3430 E. Valley Parkway, CA 92027 (760) 888-2275
www.EscondidoHumaneSociety.com
Hours: 7 days 9 a.m. to 5 p.m.

OCEANSIDE

North County Humane Society
2905 San Luis Rey Road, CA 92054 (760) 757-4357
www.NCHumane.org Hours: 7 days 10 a.m. to 4:15 p.m.

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BAY PARK/MISSION VALLEY

San Diego Humane Society & SPCA
5500 Gaines Street, CA 92110 (619) 299-7012
www.SDHumane.org
Hours: Mon-Fri 11 a.m.-6 p.m. Sat-Sun 11 a.m.-5 p.m.

EL CAJON

Friends of Cats
15587 Olde Highway 80, CA, 92021 (619) 561-0361
www.FriendsofCats.org Hours: Tues-Sun 10 a.m. to 4 p.m.

ENCINITAS

Rancho Coastal Humane Society
389 Requeza Street, CA 92024 (760) 753-6413
www.RCHumaneSociety.org
Hours: 11 a.m.-5 p.m. every day except Tues. 11:30 a.m.-5 p.m.

RANCHO SANTA FE

Helen Woodward Animal Center
6461 El Apajo Road, CA 92067 (858) 756-4117
www.AnimalCenter.org Hours: 7 days 11 a.m. to 6 p.m.

SPRING VALLEY

National Cat Protection Society
9031 Birch Street, CA 91977 (619) 469-8771
www.NatCat.org Hours: Tue.-Sat. Noon to 5 p.m.
Emergency Hospitals

BONITA/CHULA VISTA
South Co. Emergency Animal Clinic (619) 427-2881
3438 Bonita Road, Bonita, CA 91902 M-F 6 p.m.-8 a.m. Sat. Sun. Open 24 Hours
Pet Emergency & Specialty Center of South County (619) 591-4802
885 Canarios Court, #108, Chula Vista, CA 91910 M-F 6 p.m.-8 a.m. Sat. Sun.
3:30pm-8am www.PECSanDiego.com

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www.CaliforniaVeterinarySpecialists.com

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414 Encinitas Blvd. Encinitas, CA 92024 7 Days 24 hrs.
www.VCANorthCoast.com

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2430-A S. Escondido Blvd. Escondido, CA 92025 7 Days 24 hrs.
www.AUC.US.com

KEARNY MESA/CLAIREMONT
Animal ER of San Diego (858) 569-0600
5610 Kearny Mesa Road San Diego, CA 92111 M-F 6 p.m.-8 a.m. Sat. Sun. 24 hrs.

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Pet Emergency & Specialty Center (619) 462-4800
5232 Jackson Drive #105 La Mesa, CA 91942 7 Days 24 hrs.
www.PECSanDiego.com

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VCA Emergency Animal Hospital & Referral Center
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www.VCAEmergency.com

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25100 Hancock Ave. #116, Murrieta, CA 92562 7 days 24 hrs.
www.CaliforniaVeterinarySpecialists.com

POWAY
Animal Emergency Clinic (858) 748-7387
12775 Poway Road Poway, CA 92064 M-F 6 p.m.-8 a.m. Sat. Sun. 24 hrs.
www.AnimalEmergencySD.com

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100 N. Rancho Santa Fe Road #133 San Marcos, CA 92069 7 Days 24 hrs.
www.CaliforniaVeterinarySpecialists.com

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