July–August 2008
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PETS AND THE CITY
... 35 Summer Activities

Now that summer is in full swing, it's time to kick back, relax and share some special San Diego delights with your urban dog. But where can you go that's dog friendly? With the whole city to explore, check out this list for happy canine adventures and activities.

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It happened before.
It can happen again.

Don't let this ...

turn into this ...

Help prevent a Caulerpa invasion.
Be responsible. Don't use it.

If this saltwater aquarium plant gets into our coastal waters, it can smother native plant and animal life. Dispose of aquarium plants, animals, and water properly.

Visit www.sccat.net to see pictures of the banned Caulerpa species.
Now that summer is in full swing, it’s time to kick back, relax and share some special San Diego delights with your urban dog. But where can you go that’s dog-friendly? With the whole city to explore, check out this list for happy canine adventures and activities.

1. Bring a Frisbee, ball or stick and romp with your dog on everyone’s favorite, Dog Beach in Ocean Beach.

2. Follow up with a cleansing splash at the Dog Beach Dog Wash or your favorite neighborhood dog wash or grooming salon.

3. Take your dog skateboarding along the Embarcadero or your local beachfront boardwalk.

4. Teach your dog to surf and compete in the next doggy-duo surf competition, even if you have to start your own.

5. Take in the Sunday afternoon and Monday night organ concerts at the Spreckels Organ Pavilion, or any of the free neighborhood outdoor summer concert series where well-mannered dogs are always welcome.

6. Bring your pooch for Happy Hour at the dog-friendly Sunset Patio at the San Diego Wine & Culinary Center, where every Wednesday night from 5:30 to 8:30 p.m., City Dog co-hosts a “mix and mingle” for dogs and their humans to socialize, quaff wine and dine while their canine companions enjoy doggy activities.

7. Sling a hammock on your balcony, patio or lawn and curl up with your dog and a good book or catch a few zzzs.
Pack your dog’s favorite water bowl, don your best walking boots and set out to explore the hidden paths and canyons of Balboa Park. Pick up a map of trails at the visitors center or a book detailing the park’s history at the Museum of San Diego History. While you’re in the park, stop to sniff the roses in the formal rose garden and admire the succulents in the well-tended cactus garden, too.

Rent or borrow a kayak for the day and take your dog kayaking in Mission Bay or along the ocean near La Jolla.

Train with your dog to run a half-marathon together.

Take in a baseball game together at the Park in the Park at Petco Park.

Cool down together from the summer heat in the enchanting and dog-friendly Dancing Water Fountain, next to Tin Fish Restaurant at Fifth Avenue and the trolley tracks next to Harbor Drive in the Gaslamp.

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THE BEST FOR YOUR PET
Get up early and explore with your dog some of the 27 miles of boardwalk surrounding Mission Bay Park’s sandy bays.

Sail your radio-controlled boat in Mission Bay’s Model Boat Basin, or bring your pooch to watch while others launch their miniature yachts.

Ride the funicular together to the top of the Convention Center block, then race each other to the bottom of the long staircase.

Invite your dog along (leash, basket or backpack preferred) when you take a trial swirl on a self-propelled Segway, available for rent at the Promenade in Pacific Beach and at other locations around the city.

Watch fishermen land their catch at Crystal Pier in Pacific Beach or at the Ocean Beach Pier.

Take a stroll with your furry friend along the North Embarcadero and watch a cruise ship come into port. Look at the city’s dazzling collection of museum ships before touring the latest set of Urban Trees “planted” along the seawalls, courtesy of the Port District’s Public Art Program.

Ride the Coronado Ferry together and share an ice cream (not chocolate) at Ferry Landing.

Bicycle together through the city, with your dog running beside you or riding in a special basket on your bike.

Take in an evening outdoor film together at the Catamaran Hotel, San Diego Museum of Art or other outdoor venue, with your buddy at your feet or in your lap.

Swim together off Fiesta Island or frolic in the ocean, jumping waves.

Linger over the sunset at La Jolla Cove or Sunset Cliffs.

Play catch with your dog at your local leash-free dog park.

(LEFT) New York artist Bill Engel summers in San Diego every year and brings Leontyne and Sydney to the summer International Organ Festival concerts. “I bring my girls here to every concert and they enjoy it tremendously,” he says. (RIGHT) Pat and Dave Martell of Coronado bring Baxter with them to the summer organ concerts. “We’ve been coming for years. He loves the concerts,” she says.
25 Buy your dog a special treat at your favorite doggy bakery.

26 Bring your dog’s leash and explore a new city neighborhood together.

27 Rent a sailboat and let your dog teach you to sail in San Diego Bay or Mission Bay.

28 Go for a run with your dog around Shelter or Harbor islands.

29 Take your leashed and well-behaved dog shopping at a pet-friendly shopping center, such as Fashion Valley or Otay Lakes, or take your dog along on your daily round of errands.

30 Go to an evening urban car show together and let your dog absorb all the new smells while you admire all the classic wheels.

31 Rent or borrow a snazzy chariot and go cruisin’ together to observe and impress the world while sussing out new friends and checking out potential mates.

32 Bring your pampered pooch (invite your sweetie, too!) along on a tour of the town aboard a horse-drawn carriage ride, leaving from Seaport Village.

33 Shop for new doggy duds and paraphernalia at your favorite pet boutique and let your dog pick out new toys and treats at your favorite doggy den.

34 Sit for a joint portrait or caricature at the Embarcadero Gardens near Seaport Village.

35 Romp and roll in the grass together at Spanish Landing along San Diego Bay or at your favorite park.

When you’re all done, grab a cool drink and a big bowl of water and congratulate yourselves on all the new worlds you’ve discovered and explored!

Pet-friendly hotels like the Sofia Hotel, located centrally in downtown, are the ideal place for Albert to rest up after a big day of adventure. Sofia’s “Pampered Paws” package includes a deluxe suite with a queen bed and queen-size sofa sleeper for two nights, a special amenity gift bag filled with a toy, treat and other essentials, and much more.

Friendly Reminders when Bringing Your Dog to a Park

All dogs shall be maintained on a leash not to exceed 8 feet, this includes trails and canyons in all parks. For those parks that have been designated dog off leash areas, dogs must be leashed until inside the posted boundary for the off leash area.

Dogs benefit by being protected from rattlesnakes, ticks, traffic and various other hazards and distractions. In addition, poison oak is spread from dogs to humans.

We understand that people love their dogs and want a place for them to run free, play fetch, and socialize with other dogs. The City of San Diego has designated off leash dog areas for just this reason. It is necessary to keep your pets within the boundaries of the posted “Designated Dog Off Leash” areas as the perimeters may be unsafe for your dog (ex. traffic, sharp objects that can injure them).

Please adhere to the posted park rules and also...

- Always pick up after your pet
- Do not bring a puppy to the dog park until he or she has had all required vaccinations
- Be sure that your dog’s required vaccinations are up to date for the health of all dogs on site
- Be sure that your dog is wearing a current license on his or her collar from the County Department of Animal Services

If you would like to establish a leash free dog park in your area, or add amenities to the existing dog park in your area, please call the Park and Recreation Department’s Park Planning and Development Division at (619) 525-8213. A public process may be implemented that will include input and evaluation from dog owners and community members.

Miss Fido Manners offers eight tips to polish up your pet performance in the summer’s heat, when manners have a tendency to get lost in the pack.

1. Walking the Dog Walk. With the hot weather, the city is an urban jungle thick with tourists. Don’t create chaos on city streets with a frolicking dog. Use a 4- or 6-foot leash for controlled walking on crowded sidewalks. Use a retractable leash in the park so that your pet can romp and run ahead.

2. Doggy Doos. Be kind to other city dwellers by always picking up after your dog, using a plastic bag that can be tied or sealed to contain the unpleasant odor. Deposit in appropriate waste receptacles.

3. Help Keep Your Neighborhood Beautiful. Volunteers spend many hours and dollars to keep our neighborhoods looking...
good. Give ’em a break. Keep your canine out of neighborhood tree pits. Their trampling can destroy delicate flowers and their fertilizer is not the kind that residents wish to see or smell!

Meet and Greet. Although it is always fun to meet and greet new pet parents and their charges, do so politely and carefully. Ask other dog owners if their dog is friendly before allowing the canines to approach and sniff each other.

Travel with Social Graces. When staying at a B&B or a hotel, make cleaning up after your pet as easy as possible for yourself, your pet and the housekeeping staff. Feed your pooch in the bathroom so that messes can be easily wiped off the tile floor, and carry some moist towelettes in your luggage to wipe up the crumbs or slobber.

Eating Out. We all love to eat outside when the weather gets warmer, so why shouldn’t your dog? Show consideration for others; take your dog to a restaurant only if she is not going to bark for attention, beg for food and generally annoy other patrons. And don’t expect your waiter to service your pet. Bring your pet’s own accoutrements, like portable feeding bowls. Leave at least a 20 percent tip for those waiters who provide excellent, pet-friendly service to you.

Be a Good Guest. When visiting family and friends for a fashionable weekend retreat, don’t assume a weekend invitation is for you and your dog. Call and confirm that your four-legged friend is a welcome addition, and that she can enjoy herself without creating stress for you, your hosts or their other invited guests. Travel with a housebroken dog, bring all pet supplies necessary, and take care that nothing in your host’s home is destroyed, broken or covered in fur during your stay. Also, just in case, find out the name of a local pet sitter or dog kennel by visiting the Web sites of the National Association of Professional Pet Sitters (www.petsitters.org), Pet Sitters International (www.petsit.com) or the American Boarding Kennel Association (www.abka.com). Within 24 hours of your departure, send a thank-you card from both of you.

Keep your pet in the crate when housekeeping is cleaning up your room. If your dog likes to sleep with you in bed, bring an extra sheet or blanket to prevent shedding or soiling on the linens. Most importantly, when you check out make sure that you leave your room as you found it when you arrived — intact!

Charlotte Reed is a pet expert and columnist for several magazines, including Fido Friendly Magazine where she pens the Dear Miss Fido Manners column. She is a firm believer that well-behaved pets are more pleasant to be around, are treated better by everyone and get invited to more places, including restaurants and parties.

CITY DOGS

Miss Fido Manners
Complete Book of Dog Etiquette:
The Definitive Guide to Manners for Pets and Their People

Emily Post for the pet set has finally arrived! Believing that all dogs can be excellent companions if given a “fair shake,” national pet expert and socialite Charlotte Reed’s book is on the shelves. For a preview visit: www.missfidomanners.com.
Gidget, a “New Yorkie” terrier, stars as Samantha’s (Kim Cattrall) dog, and like her on-screen owner and fellow SATC ladies, she is a bit of a “vixen.” Michael Patrick King, the writer-director, cast the sexually precocious dog based on her unique ability to do “it” on cue.

Says Cattrall, “She was very sweet and incredibly over-prepared for her role. I particularly loved it when we had matching outfits. It’s tough working with animals because sometimes they’ll do it and sometimes they won’t. But she was very well-trained.”

According to the U.K.’s Sun newspaper: “... Kim Cattrall as sex-mad Samantha may steal all the big laughs with the help of a humping dog ...”

More behind-the-scenes details about Gidget’s adventures in filming the blockbuster can be found on www.gidgetgormley.com.

Gidget lives in New York City with her owner, music A&R executive Mary Gormley. As a seasoned “actress” and dog model, Gidget has an extensive resume of TV, print and film projects from all over the world, including “Sex and the City” with Kim Cattrall and “Pledge This” with Paris Hilton. Portions of Gidget’s earnings go toward a nonprofit animal organization located in upstate New York (www.friendsofsnuffy.com).

Gidget enjoys Viceroy spa time as any famous actress would.

Gidget’s Valentine’s Day attire from the “Sex and the City” movie!

Gidget with her co-star, Kim Cattrall, during the movie shoot. Gidget has a fairly big role in the film as Samantha’s “frisky” sidekick, and she is being referred to as the fifth “diva” in the film. Her feisty behavior made her somewhat of a metaphor for Kim’s character.
So you think you have heard of over-the-top dog treatment?

Well, little Ms. Conchita Posner will be hanging at the same millionaire bone bars as Trouble, the white Maltese that received $12 million of Leona Helmsley’s riches. If there was “The Simple Life” of dogs, then Conchita would be Paris Hilton and Trouble would be Nicole Richie. Her mother Gail Posner, socialite and daughter to the late business tycoon Victor Posner, stops at nothing to ensure that “the boss” — who weighs in at 1.4 oz fully grown — is happy.

So what’s the daily routine for this little Chihuahua? She has a full-time staff; her own bedroom in Posner’s Sunset Island mansion; a four-season wardrobe valued at more than $20,000; a dog wig made exclusively for her by Ruth Regina, the former make-up artist to The Beatles and Marilyn Monroe; and gems that you and I would love to own — like her recent Christmas gift, a $14,000 Tiffany’s gold and diamond necklace and ring which serves as her “evening collar” when she’s out on the town. Conchita travels everywhere with Gail, including her daily lunch at the Shore Club, where she keeps her trim physique with grilled chicken breast carefully placed on a napkin to absorb any excess grease. It doesn’t end there — the boss will soon be getting a Range Rover of her choice, as Posner feels that her chauffeured Escalade is no longer big enough for the two of them to share.

Frivolous? I would say so. However, Posner is a huge philanthropist and recently donated $25,000 to a local humane society in support of pro-life for shelter animals. This is one of many organizations that Posner has supported and to which she will continue to donate. Posner spoils her little one, but she always remembers to give back to the community.
Leisure Pet Products is proud to present the 2008 Spring collection by Chien Coature, one of a handful of fine luxury-design houses catering to small dogs and small-dog owners. With warm weather, pet owners take to the streets with their four-legged fashionistas — wearing the finest handmade jackets, collars and leashes.

Leisure Pet Products, www.leisurepetproducts.com, features top styles and trends for pets. The designer-level lines feature a wide range of products, from leashes and collars to pet clothing, bike trailers, carriers, beds and even pet remedies. Designer collections include Bucchi, Melia, Cece Kent, Chien Coature, La Chiopeica and many other well-known names.

Tu for Tee introduces tutu tees for the glamorous dog who likes to dress up.

Tu for Tee has expanded its collection of handcrafted tutu tees to include styles for small to medium dogs. Highlights of their dog collection include an edgy skull and crossbones on a black 100-percent cotton black tee; a rhinestoned cupcake on a black tee; and a winged red heart on a gray tee. The doggie-styled tutu tees can be made with or without a tulle skirt and are available in sizes XS through L. They retail for $39.99. These styles and more are available online at www.tufortee.com.

Luxurious homes for Fido

The expression “being in the doghouse” has been given a whole new meaning with the introduction of the luxurious Mar Jennings Collection of BOW-WOW Dog Homes. The Mar Jennings Collection of BOW-WOW Dog Homes by Teich Garden Systems features four designs that can be customized to fit the needs of every dog and his owner. The perfect decorative alternative to the common, unattractive doghouse, the BOW-WOW Home Collection offers meticulous details, such as dentil molding, corbels, clapboard, fluted columns and copper accents. Designed to be durable and attractive, each BOW-WOW Home is finished with a hinged classic cedar shingle ruff (roof) for easy access cleaning.
What started as a fun father-son project soon transformed into an unusual hobby for Dr. Dean Pomerleau and his son Kyle. This hobby was training fish to perform tricks! Dr. Pomerleau and Kyle soon learned that fish are a whole lot smarter than people think.

Using common techniques of positive reinforcement and shaping, Dr. Pomerleau was able to show that fish could be trained to perform incredible behaviors. Dr. Pomerleau, Kyle and their fish-training techniques have been featured in scientific magazines such as Discover Magazine and National Geographic Kids. The response to this was amazing. People were astonished by the science and amused by the myriad wonderful tricks. The overwhelming reaction was that people wished for a complete fish-training system so that they, too, could train fish.

Dr. Pomerleau teamed up with R2 Solutions to design and create the R2 Fish School (R2 Solutions is the developer/manufacturer of a variety of innovative products, including the R2 Aquarium Moonlights). Countless hours were spent designing an extensive collection of fish-training tools and developing a fascinating instructional DVD, along with a richly illustrated manual, to create the revolutionary “R2 Fish School” Training System. Simple, fast, fun, impressive techniques and all the necessary tools to dazzle your friends and family! Truly, everything you need to teach your fish amazing tricks!

Dr. Pomerleau’s fish-training blog and Web site provide a wealth of information about fish intelligence and training.

R2 Solutions announces the product release of the R2 Fish School Kit, the world’s first complete pet fish-training system. Each kit includes an extensive collection of fish-training tools, as well as an illustrated manual and DVD that provide step-by-step instructions.

The R2 Solutions development team and Dr. Pomerleau, noted fish-training expert, collaborated to create the R2 Fish School Kit. Dr. Pomerleau decided he wanted to make fish ownership more interactive and fun for his kids. His work focused on using marine mammal training techniques to teach his common goldfish. One of Dr. Pomerleau’s fish, named Albert Einstein, turned out to be a pretty good student. Albert is recognized in the Guinness World Records book as “the fish with the largest repertoire of tricks.”

“With the correct tools and the basic promise of a food reward, fish can very quickly learn complex tricks — like the limbo, slalom or playing fetch. Now people in the market for a dog might want to consider a fish instead,” Dr. Pomerleau said.

Dr. Pomerleau and the R2 Solutions development team spent the last year testing and developing the ideal tools for fish training. Dr. Pomerleau and son Kyle host the DVD, which stars Comet, a common goldfish showing off all his advanced fish-trick skills. “When people see the tricks, after the initial disbelief, they want to learn how it’s done and teach their own fish, too,” R2 Solutions President Russ Ronat said. “Not only is this product fun, but it also has great educational value.”

The R2 Fish School Kit is now available through Amazon.com and at other pet supply retailers. You can also see Comet shooting hoops, kicking field goals, playing fetch and more at www.r2fishschool.com.

ABOUT R2 SOLUTIONS
R2 Solutions is a Los Angeles-based company specializing in the manufacture and development of unique, innovative pet products. R2 Solutions’ current products include the popular R2 Aquarium Moonlights, a complete line of moonlights for aquariums of all sizes.
A Good ‘Cause for Paws’

The heartbeat happens all too often — a pet owner is unable to pay for the medical treatment for their sick, beloved companion. When the cost is too much for the owner to bear, we are dedicated to ensure that no companion animal will be euthanized simply because a financial challenge exists. Our work is accomplished in conjunction with veterinary clinics in Riverside County and surrounding areas, eager to assist as many animals and their owners as possible. Our services range from financial aid all the way to referrals to other organizations for help. While pets and their human caretakers rely on us, we rely on the generosity and support from our donors and fund-raisers.

I began this charitable organization in 2007, following the diagnosis of diabetes in one of our winery dogs, named Petie. After two emergency hospital visits, and several trips to the vet’s office during normal office hours, I started to realize, firsthand, the financial need for animals suffering from disease. After discussing this dilemma with friends, we very quickly put together our first fund-raiser in 2007.

Our second annual Cause for Paws fund-raiser will be on July 19, 2008, from 3 to 7 p.m. at Oak Mountain Winery. This fund-raiser will offer more than 75 silent auction baskets, including baskets to pamper your favorite pet, and wine baskets from Paso Robles, Santa Ynez and of course Temecula. There will be a live auction as well.

Admission for Cause for Paws is $35 and includes one glass of wine, the “Cause for Paws” etched logo wine glass, dinner and the opportunity to bid on some of the best auction baskets in the Temecula Valley for pet lovers and wine lovers! Tickets can be purchased at our Web site, www.oakmountainwinery.com — click on “events,” then “ticket sales,” or call (951) 699-9102 between 11 a.m. and 5 p.m.

Department of Animal Services waives many adoption fees for cats and dogs

Due to a seasonal influx of animals in the county’s three animal shelters, the Department of Animal Services will waive all adoption fees through Aug. 30 for cats 6 months and older, and all dogs 5 years and older, County Animal Services Director Dawn Danielson announced. In addition, the adoption fee for any cat or dog that has been at the shelter for 30 days will also be waived. Only two animals per person can be adopted.

“Our three county shelters are really packed right now, and we don’t want to compromise the health of the animals by holding more animals then we can properly care for,” Danielson said. “We are looking for new pet parents who know that they want to add a new four-legged family member but they just haven’t taken the time to visit our shelters. Maybe this is just the incentive needed to get families to make the commitment to adopt a pet.”

For kittens under 6 months of age, the department has a “Better with a Buddy” program in which a person can adopt one kitten at the full price of $58 and adopt a second kitten at half price. Danielson said the adult cats just can’t compete with fuzzy, bouncy kittens and mature dogs have trouble competing with puppies and teenage dogs, so the department wants to offer incentives to adopt these animals before the shelters get to the point of overflowing.

All animals will be neutered or spayed, microchipped and vaccinated prior to going home with their new family. Animals unable to be altered at the time of adoption require a $40 refundable sterilization deposit.

For more information on adoptions at any of the three San Diego County Animal Shelters, or to view photos of adoptable animals, please visit http://www.sddac.com/adoptions.asp.

Enter your favorite shots in the American Humane Association’s Pets & Pals Photo Contest

Each year, the American Humane Association puts out a call for the nation’s best photographs featuring animals and their pals. Through July 31, the American Humane Association will accept entries for the 2008 Pets & Pals Photo Contest.

Regardless of whether you are a professional or an amateur, a digital shooter or a 35mm devotee, an outdoor enthusiast or a studio photographer, you can enter. Enter as many photos as you like for a shot at a grand prize of $2,000, so start snapping away!

This year’s Pets & Pals Photo Contest is bigger and better, with new categories and more prizes. The American Humane Association is looking for photos that would fit the following categories:

• Dogs – Your dog is a loyal friend, playmate, service companion or member of the family. Capture your dog’s personality. This category is open to pictures of one dog alone or more than one dog together.

• Cats – They’re graceful! They’re

SCOOPS
playful! They’re curious! What is your cat up to? This category is open to pictures of one cat alone or more than one cat together.

• People & Pets – What are we without our pets and what are our pets without us? Honor a special human-animal bond. This category is open to pictures of one or more animals with one or more people.

• Petpourri – Have a great picture of your dog and cat together? Got a pet besides a dog or cat? This category is open to pictures of one or more companion animals of any variety.

• Down on the Farm – Take your pick of the many animals found on a farm and capture a unique shot. This category is open to pictures of farm or ranch animals.

• Shelter Life – At an animal shelter, amazing, devoted people take care of homeless animals waiting to be adopted. Snap a shot honoring both the animals and the professionals. This category is open to pictures of shelter staff, volunteers, veterinarians and animal control professionals and/or animals, in shelter settings.

Last year, the winners included touching pictures of adorable children, poignant photos of endearing animals and creative shots of animals with people. So give it a try and see what your photographer’s eye can come up with! Visit www.americanhumane-.org/pet-sandpals for submission guidelines.

‘Wags for Wishes’ unleashes a wish and celebrates dog days of summer

Make-A-Wish Foundation of San Diego is hosting the sixth annual Wags for Wishes, a family event featuring a variety of dog competitions, vendors, pet adoptions and entertainment. The event is presented by San Diego County Credit Union. Pet lovers will gather at a new location for this event — the Otay Ranch Town Center — for this one-of-a-kind, three-day doggie extravaganza. Event proceeds will be used to grant wishes to San Diego children who are battling life-threatening medical conditions. Wags for Wishes expects hundreds of dogs will compete in events including agility, herding, flyball, lure coursing, disc dogs, splash dogs, obedience and conformation.

“The best part about Wags for Wishes is that everyone can participate,” says Chris Sichel, executive director of the Make-A-Wish Foundation of San Diego. “This year, six different events are open to the public: herding instinct testing, field lure coursing, splash dogs, Canine Good Citizen Testing, non-competitive agility and sprint races. The public is invited to come and see what their dog can do!”

Wags for Wishes takes place July 11 through 13 and will run from 9 a.m. to 5 p.m. all three days. Admission and parking are free and guests are invited to bring their dogs with them (dogs must be well-behaved dogs and on leashes). For more information, visit www.wagsforwishes.com. The Otay Ranch Town Center is located at 2015 Olympic Parkway in Chula Vista.

Break out the doggie tuxedos and tiaras for SPCA’s 22nd annual Fur Ball

The black-tie optional gala will be held alfresco on Saturday, Aug. 16, from 6 p.m. to midnight at the Humane Society’s San Diego Campus for Animal Care, where guests will celebrate this year’s theme, “Pets in Silhouette,” with an enchanted evening under the stars. Best of all, your favorite pooch is invited to share in the festivities, which benefit animals in need!

Dave Mason of 105.7 FM “The Walrus” and Clear Channel’s Pamela...
Howe will emcee this year’s event, which is co-chaired by George and Beverly Coles. The volunteers of the Animal Rescue Reserve (ARR) will be honored at the event for their work rescuing animals in need 24 hours a day, seven days a week. The ARR proved vital to rescue efforts during the 2007 San Diego wildfires, putting their own lives in danger to provide emergency support for hundreds of animals during the crisis.

The evening will begin with a cocktail reception featuring specialty rum drinks by Tommy Bahama Rum, plus fun activities for all the magnificent mutts in attendance. The reception will be followed by the live auction and an elegant sit-down dinner prepared by Jeffrey Strauss, owner and executive chef of Pamplemousse Grille. For the fifth year in a row, ProFlowers has donated more than $5,000 in floral arrangements, décor and favors for the event. Finally, to celebrate this fine evening in style, dance with your date (or your dog!) to live music by New Moon Flyers.

All proceeds from this event will benefit the animals and vital community programs and services of the San Diego Humane Society and SPCA.

Tickets for the event are selling quickly. More than 600 guests and 250 dogs are expected to be in attendance.

For more information, please contact Jenny Ludovissy, (619) 243-3401, or devast@sdhumane.org.

Local business owner opens new business with same dedications

Aussie Pet Mobile, owned by local Clairemont resident Cam Schultz, celebrated the opening of her new business, EmbroidMe.

EmbroidMe is a promotional products company that specializes in embroidery, T-shirts and advertising specialties. Aussie Pet Mobile is a mobile pet-grooming service that performs full-service grooming at people’s homes using specially equipped “Pet Mobiles.”

For more information, call (858) 571-0574 or visit the Web site, sandiegocentral@embroidme.com

The Honest Kitchen cooks up healthy kibble

Traditional “kibble,” is the easiest and most common form of pet food available. However, by feeding their pets dried “kibble” many pet owners are unknowingly giving their beloved pals nutrient-void food loaded with unhealthy, and sometimes dangerous, animal byproducts. In fact, many commercial pet foods are made with meat sources classified by the FDA as 4-D: dead, diseased, drugged and downed (or disabled).

As the original innovators of human-grade organic dehydrated raw pet food, The Honest Kitchen is a visionary leader in the arena of convenient, wholesome and trustworthy pet products. Combining the simplicity and ease of traditional “kibble” with the valuable nutrition of raw homemade pet food, The Honest Kitchen offers a comprehensive line of nourishing pet products, each carefully blended to help four-legged friends achieve and maintain optimum health. All of The Honest Kitchen’s products are made from 100 percent, all-natural human-grade food ingredients without any chemicals, fillers or byproducts.

The Honest Kitchen also uses only certified organic grains, hormone- and antibiotic-free meats, non-GMO fruits and vegetables and certified fair-trade quinoa to provide a diet rich in amino acids, phytonutrients, minerals, vitamins and enzymes. In addition, The Honest Kitchen is the only pet food brand that is actually manufactured in a human food facility, ensuring that its products are safe
enough for even humans to eat. In fact, all of The Honest Kitchen’s products are tested for quality control by animals and humans at The Honest Kitchen headquarters. Talk about dedication!

For more information and a complete list of products offered, go to www.thehonestkitchen.com.

**California company creates seat belt leashes that support new bill**

The California Assembly recently passed legislation prohibiting a pet from riding in the lap of his or her owner. Each year, more than 4,300 accidents are linked to driver distraction, with a national study naming pets among the top distractions. Assembly Bill 2233 will fine offenders $35 if they are caught sharing the driver’s seat with a pet. In light of this news, pet owners should be aware that there are safe and simple ways to travel with your pet in the automobile.

North Hills-based pet product manufacturer Bamboo (www.Bamboo-Pet.com) realized the importance of safely securing pets in the car. In order to safely and easily secure your dog in the car, the company created the Quick Control Leash + Seat belt latch, which includes an integrated, universal seat belt connector that fits most cars. It features double-strength soft nylon, a padded handle and reflective stitching for better visibility at night, as well as a zippered pocket to store waste bags, keys and money.

The Quick Control Leash is available in two sizes, 3 feet and 6 feet, and comes in five bold, two-tone fashion colors: black, red, blue, pink and orange. Whether it’s a quick trip down the street or an extended vacation, Quick Control helps keep your four-legged members safe both on the street and in your automobile. It can be purchased online at www.munchkin.com/online_store/index_bamboo.php.

**Coldwell Banker is going to the dogs ..well at least 1 day a year**

For the 6th year in a row Coldwell Banker Pacific Beach located at 4090 Mission Blvd celebrated bring your dog to work day. This year there were Over a dozen dogs who all had a great time with their owners at the office. Each dog filled out his own little biographical fact sheet including his or her interests, favorite treats etc and before all the fun ended awards were handed out for categories such as best dressed, cutest and most congenial.
Helpful Tips
How To Protect Your Animals During The Summer Heat

PROVIDED BY GUIDE DOGS OF THE DESERT

With the extreme summer heat upon us throughout the desert Southwest, there are a few things Guide Dogs of the Desert would like to suggest to all pet owners. Pet care should be taken seriously, as pets can’t make the same judgment as humans do when they overheat. Additionally, there are a few things that businesses need to know about the Americans with Disabilities Act (ADA) and access laws for service dogs.

PET PAWS AND SCALDING HOT PAVEMENT

Pavement is hot! Your pet does not have soles on his paws, so his feet are directly subjected to the hot summer pavement (cement and blacktop). To determine if the pavement is too hot, take the palm of your hand and hold it on the cement for five seconds— if it’s too hot for you, then it can scald your pet’s paws, causing them to blister and possibly become infected. Even though you might think the pavement is cool enough, when you stop to talk to people and your dog remains sitting, his feet will become hot, so please move yourself into a shaded area.

HEAT EXHAUSTION

Please remember that the only way dogs can cool off is by panting, although they do sweat through the pads of their feet. Please pay extra attention to the signs that your dog will exhibit when he is getting too hot. Please keep your walks to the morning or late evening (after the pavement is shaded), when the weather is more conducive to both humans and pets going for a stroll. In the desert, the hottest times of the day are between 1 and 5 p.m. Carry water with you for your dog or pet at all times.

OVERHEATED VEHICLES, HOMES AND BUILDINGS

California Penal Code 597.1 (excerpt from the code): “Every owner, driver, or keeper of any animal who permits the animal to be in any building, enclosure, lane, street, square, or lot of any city, county, city and county, or judicial district without proper care and attention is guilty of a misdemeanor. Any peace officer, humane society officer, or animal control officer shall take possession of the stray or abandoned animal left in a motor vehicle, home or building and shall provide care and treatment for the animal until the animal is deemed to be in suitable condition to be returned to the owner if and when penalties are paid.”

SNAKE BITES

Please be aware that this is the season for snakes of all varieties. The University of California, San Diego states that rattlesnake bites have been more common than in years past. Please stick to walking paths and make noise while walking in areas where snakes might be hiding. Do not let your dog sniff under bushes or in holes as they may be looking eye to eye with a rattlesnake. If your dog encounters a snake, back away slowly without agitating the snake further. Do not scream, make sudden movements or stomp your feet. Snakes can strike at least half the distance of their length or more.

If your pet is bitten by a snake, seek medical attention immediately. In addition to seeking medical attention, please carry your pet, if possible, to avoid any activity that will speed the process of the venom traveling through the bloodstream. Please do not attempt to suck out the venom or place a tourniquet on your pet. Not all veterinarians carry the antivenin, so please call ahead and know if your routine vet has this in stock. This is very expensive and most vets only carry a vial or two.

FLEAS AND TICKS

With the onset of extreme heat comes the infestation of fleas and ticks. Use a tick and flea product like Frontline Plus to protect your pet from the irritating pests. Ticks carry Lyme disease, which can be harmful to not only pets but to humans as well. Lyme disease, or borreliosis, is an emerging infectious disease caused by at least three species of bacteria belonging to the genus Borrelia, which is the predominant cause of Lyme disease in the U.S.

HEARTWORMS

We all know that if you take your pets to an area that has abundant greenery, rivers, streams or lakes, you should protect them from heartworms. Most of us have been told that mosquitoes do not exist in the desert, but they are here and finding places to breed. In order to administer the medicine necessary to prevent heartworm, a blood sample must be taken from the pet to ensure that it does not already have heartworm. In its advanced stages, heartworms can be fatal.

— The Guide Dogs of the Desert school was founded in Palm Springs in 1972 to provide safe mobility, loving companionship and the “miracle of independence” to the blind through the use of a guide dog. The school is known for its small class size, making for a family environment. www.guidedogsofthedesert.org
Take your dog to work: TIPS FOR THE HOT SUMMER MONTHS

BY KAREN J. JOHNSON, DVM

THE BASIC “DOGGIE DAYPACK” FOR WORK SHOULD INCLUDE THE FOLLOWING:

• Plastic bags for cleaning up after pets
• A bed, blanket or towel to lie on
• Lunch and snacks, if appropriate
• Favorite toys without squeakers
• A sturdy leash for walking and, if necessary, for confining the pet to a desk area
• Treats to reward good behavior
• Water bowl with fresh water and a placemat to prevent spills

In keeping with appropriate workplace etiquette, Dr. Karen J. Johnson, DVM, with Banfield, The Pet Hospital, urges those with behaviorally challenged dogs to either leave those pets at home or to take precautions to ensure that they don’t disrupt meetings or co-workers. This could include overly exuberant, timid and, of course, aggressive dogs.

“The privilege of bringing dogs to work does not come without responsibility,” according to Dr. Johnson, who encourages team members who bring their dogs to keep a few guidelines in mind.

“It’s important to think about whether
the thermometer inside a Helen Woodward Animal Center van reached 139 degrees during the annual Car Heat Demonstration. For the sixth year in a row, HWAC spokesman John Van Zante climbed in and closed the doors and windows of the vehicle to show how fast the temperature rises to deadly levels for pets and people left in vehicles.

“It took 11 minutes for the temperature in the van to leap from 86 degrees to 110,” says Van Zante. “At 110 degrees I’m in danger of heatstroke, so that’s when I got out. But a pet left unattended would not have been able to escape the heat. And at 139 degrees it would have been a death sentence.”

Van Zante points out that the greatest danger may be that most people don’t comprehend how quickly the temperature rises in their vehicles.

“In the time it takes for you to run into the store and buy a gallon of milk or a Slurpee, the temperature inside your car can jump to a fatal level for your dog, your children or an elderly or overweight person,” he says.

Heat stroke in a dog begins with heavy panting and drooling — the dog’s only way to “sweat.” If this doesn’t cool the dog, its body temperature rises and its heart begins to race. The panting will be followed by crying, then seizures, collapse, vomiting, coma and possibly death.

“Nobody wants this to happen to their best friend, but our ignorance can kill our pets and children,” Van Zante says.

Puppies, large dogs, overweight dogs, older dogs or dogs taking medication carry higher risk. Any pet outdoors without shade or water (required by law) is also at risk.
Many people, when considering which animal companions would fit well into their new downtown condo, might not think of a rabbit as a pet.

“We often hear ‘I don’t have room for a rabbit because I don’t have a back yard,’” says Patricia Mulcahy, House Rabbit Society educator.

It’s a misconception that rabbits need a yard to thrive. Domestic rabbits have been kept as indoor companions for hundreds of years, though some people still consider them outdoor pets. Rabbits are easily litter box-trained and their quiet demeanor (they don’t bark, meow or howl) makes them great for smaller indoor spaces where quiet neighbors are appreciated. Many rabbits are so well-behaved they have “free run” of their homes, with a litter box tucked into one corner and their meals served on a placemat in another. Custom “condo” cages are readily available to fit in with your modern décor, and flexible puppy pens in sleek black finishes tuck into corners or alongside backs of sofas to provide a roomy and safe enclosure while you’re at work.

A small balcony with fully enclosed walls can serve as a safe outdoor space to let Bunny get some fresh air, but only while you’re home to supervise. If a porch is not available, just open a window or sliding glass door and Bun will relax in that space to enjoy the fresh air and sunshine.

Rabbits that are litter box-trained are much neater and make wonderful indoor companions. They love to play with toys, hang out with their humans to watch TV, and the hallway serves as a racetrack for their nightly exercise and “Bunny 500.” (Rabbits love to run in fast circles, much like racecars on an oval track.) Because they are “crepuscular,” meaning they are normally active in the morning and evening and mostly sleep throughout the middle of the day, rabbits make perfect companions for working adults who leave in the morning and return home after dark.

One benefit to having a rabbit as a companion in an urban environment is their ease of care in an apartment or condo setting. Rabbits don’t need to be walked, there’s no worry about waking the neighbors with their noise, there’s usually not a large pet deposit required if you’re a renter and they adapt well to any size space, whether it’s a three-bedroom suite or a studio apartment.

“Rabbits make wonderful companions in an urban environment,” states HRS chapter manager Judith Pierce. “Over the years we’ve adopted many rabbits to professional couples or singles living in downtown residences overlooking the Gaslamp Quarter or out to the bay.”

Whether you live downtown, in Hillcrest or in Banker’s Hill, consider a rabbit as a potential companion for your urban lifestyle. You may be surprised at how well they will fit into your home and the ease of caring for them indoors. To find your “city bun,” visit the San Diego House Rabbit Society at www.sandiegorabbits.org or call (619) 718-7777. All adoptable rabbits are spayed or neutered and already litter box-trained. Volunteers will help match you to the perfect bunny friend for your urban home.

~Judith Pierce, San Diego House Rabbit Society

Rabbits are the Perect Pets for City Living! San Diego House Rabbit Society has many wonderful rabbits available for adoption. Learn more at www.sandiegorabbits.org or call 619-718-7777 to find your perfect urban companion!
July 7th - 11th

ANIMAL CAMP FOR KIDS 6 TO 12 - A WEEK IN THE WORLD OF ANIMALS
9:00am to 4:00pm Cost: $175.00 Each day campers will get to experience the life of a different animal group as they learn what it is like to be trained without speech, move like a cat, build shelters and much more. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

July 11th-13th

WAGS FOR WISHES - NEW LOCATION!
Will be In a large area adjacent to the Otay Ranch Towne Shopping at 2015 Birch Road, Chula Vista, CA 91915- COST: FREE + FREE PARKING– Dogs and Dog Teams compete in all types of activities from Flyball to obedience, many vendor booths, food. Benefits the Make A Wish Foundation. For more info: www.WagsForWishes.com Rachael Gershwin 858-707-9474

July 22nd

HOPE TELETHON BENEFITING HELEN WOODWARD ANIMAL CENTER
10am-2pm - Cost: Call in pledge donations. It will air on KUSI Channels 51/9 For more info: www.AnimalCenter.org or http://www.animalcenter.org/events/telethon/index.aspx

July 23rd - 27th

ANIMAL CAMP FOR STUDENTS 11 TO 15YRS. - ANIMAL COMPANIONS
9:00am to 4:00pm Cost: $200.00 Designed to give older students a chance to experience animal care close and personal, students will interact with animal care professionals and shelter animals to learn what is involved in the care and safety of our pets. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

July 24th - 29th

ANIMAL CAMP FOR KIDS 6 TO 12 - ANIMAL DETECTIVES
9:00am to 4:00pm Cost: $175.00 - At Animal Detectives camp, students will develop master detective techniques in order to be able to enter the world of animals and find out just what makes them so special. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

July 26th

ANIMAL CAMP FOR STUDENTS 6 TO 12 - ANIMAL SCIENCE
9:00am to 4:00pm Cost: $175.00 Each day campers will get to experience the life of a different animal group as they learn what it is like to be trained without speech, move like a cat, build shelters and much more. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

July 27th

HOPE TELETHON BENEFITTING HELEN WOODWARD ANIMAL CENTER
10am-2pm COST: Call in your donation. KUSI TV Channel 9/51. For more info: (858) 756-4117 www.AnimalCenter.org or http://www.animalcenter.org/events/telethon/index.aspx

July 27th

DACHSHUND SUMMER PICNIC
Noon-3:30pm – Cost: Free – Balboa Park, Corner Presidents Way & Park Blvd. Bring your own lunch, blanket, short leashes ONLY. For more info: www.SDDC.us

July 28th - Aug. 1st

ANIMAL CAMP FOR KIDS 6 TO 12 - ANIMAL DETECTIVES
9:00am to 4:00pm Cost: $175.00 - At Animal Detectives camp, students will develop master detective techniques in order to be able to enter the world of animals and find out just what makes them so special. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

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July 29th - 31st

ANIMAL CAMP FOR STUDENTS 11 TO 15YRS. - ANIMAL COMPANIONS
9:00am to 4:00pm Cost: $200.00 Designed to give older students a chance to experience animal care close and personal, students will interact with animal care professionals and shelter animals to learn what is involved in the care and safety of our pets. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

July

50% OFF SIDEWALK SUMMER SALE
10:00am to 4:30pm-Location: Thrift Shop 120 Aberdeen, Cardiff, 92007. You know how inexpensively the treasures you can find are at our thrift store, now imagine them being 50% off! Some items have never been seen by the public yet, so come on down. Proceeds go to benefit the Rancho Coastal Humane Society. For more info: www.rchsthriftshop.com

July

ANNUAL TURTLE/TORTOISE & PLANT SALE BENEFITING THE SAN DIEGO TURTLE & TORTOISE SOCIETY
10am-4pm Cost: FREE Balboa Park, Casa del Prado Room 101. We will have native and exotic animals plus adoptions, plants, t-shirts, baked goods and refreshments for sale. For more info: 619-593-2123 http://www.sdturtle.org/

August 2-3

MT. PALOMAR KENNEL CLUB DOG SHOW
9am-4pm Cost: FREE Rancho Buena Vista High School 1601 Longhorn Dr. Vista, 92083

August 4th - 8th

ANIMAL CAMP FOR KIDS 6 TO 12 - ANIMAL DETECTIVES
9:00am to 4:00pm Cost: $175.00 - At Animal Detectives camp, students will develop master detective techniques in order to be able to enter the world of animals and find out just what makes them so special. Rancho Coastal Humane Society is located at 389 Requeza Street in Encinitas. CLASSES FILL QUICKLY For more info: (760) 753-6413 or visit www.rchumanesociety.org

August 9th

DOG DAYS OF SUMMER CONTEST & K-9 FESTIVAL
In Cardiff - benefits Rancho Coastal Humane Society 10am-2pm Cost: FREE Bring your pets and enter the costume contests and other assorted contests for prizes, vendor booths with animal products, silent auction items. Location - Headline Graphics parking lot at the corner of Newcastle & Aberdeen Ave. Cardiff 92007. For more info: www.CardiffDogDaysOfSummer.com or call 760-436-0431

August 9th

SURF CLINIC FOR DOGS & PEOPLE - DEL MAR
Beach Dog Beach benefiting Helen Woodward Animal Center 10:00am to Noon Cost: $10.00 per person with 50% being donated to the Center. Pat Webber from San Diego Surf Academy and Rob Kuty of San Diego Pet Training will be there to teach dogs and people to surf in preparation for the Surf A Thon on Sept 7th. Location - Dog Beach in Del Mar at the foot of Via De La Valle For more info: (858) 756-4117 or www.AnimalCenter.org and click on “SurfDog Surf-A-Thon”.
August 16th
SURF CLINIC FOR DOGS & PEOPLE - OCEANSIDE
Benefiting Helen Woodward Animal Center
Cost: $10.00 per person. 50% being donated to the Center. At the Guy Takayama Surf Competition. Pat Webber from San Diego Surf Academy and Rob Kuty of San Diego Pet Training will be there to teach. Location - Dog Beach in Del Mar at the foot of Via De La Valle
For more info: (858)756-4117 or www.AnimalCenter.org and click on “SurfDog Surf-A-Thon”.

August 16
FUR BALL - SAN DIEGO HUMAN SOCIETY
6pm-Midnight at shelter 5500 Gaines Street, San Diego, CA 92110
For more info: www.sdhumane.org

August 17
2ND ANNUAL BIG DOGS ROCK ADOPTION EVENT
11:00am to 3:00pm Cost: Free to attend but fee to adopt. Goodie bags filled with lots of pet stuff to the first 50 adopters. Location - Fiesta Island on Mission Bay.
For more info: www.SDShelters.com

August 23rd
SURF CLINIC FOR DOGS & PEOPLE - DEL MAR
Beach Dog Beach benefiting Helen Woodward Animal Center 10:00am to Noon Cost: $10.00 per person with 50% being donated to the Center. Pat Webber from San Diego Surf Academy and Rob Kuty of San Diego Pet Training will be there to teach dogs and people to surf in preparation for the Surf A Thon on Sept 7th. Location - Dog Beach in Del Mar at the foot of Via De La Valle
For more info: Call 858-756-4117 or www.AnimalCenter.org and click on “SurfDog Surf-A-Thon”.

August
50% OFF SIDEWALK ART SALE
10:00am to 4:30pm - Location: Thrift Shop 120 Aberdeen, Cardiff, 92007. There will be a wide variety of frames, art, lithographs, photography, oils, appraised art & antiques. Proceeds go to benefit the Rancho Coastal Humane Society.
For more info: www.rcshriftshop.com
Agility Training For Your Dog
From Backyard Fun to High Performance Training
By Diana Goodspeed / Photos by Bruce Curtis
Price: $16.95 | www.globepequot.com

Based on the positive training methods of Ali Canova and Joe Canova, two of the top agility competitors in America, this book will get you and your dog started in agility training. The author makes it easy with her step-by-step approach, footing diagrams and course illustrations, and beautiful full-color photographs. The unique method from proven champions strengthens the connection between any dog and his owner, and success is guaranteed for any breed, from miniature poodle to border collie. Every step has a specific drill that improves fitness and shapes behavior. Whether you want to compete on an agility team or simply have fun in your back yard, this is the only guide you’ll need for a lifetime of satisfaction.

Cat Wrangling Made Easy
By Dusty Rainbolt
Published By: The Lyons Press | Price: $18.95

Are you up to your eyeballs in dirty cat litter? Does the upholstery on your new couch resemble spaghetti? Has cat hair become a condiment in your house? The more cats you have, the more problems, right? Not necessarily, but multi-cat harmony sure does require a lot of planning, cleaning, discipline and diplomacy. And no one knows this better than Dusty Rainbolt, an award-winning writer who has had as many as 20 of her own cats and fosters at one time. “Cat Wrangling Made Easy” is a must-read for frustrated multi-cat owners, as well as those who want to prevent problems.
BOOK REVIEW

Merk/Merial Manual For Pet Health

A new pet health resource has recently hit store shelves. “The Merck/Merial Manual for Pet Health” will help owners care for their pets at all ages and stages of their lives, and can help people recognize changes associated with aging. This not-for-profit resource is based on “The Merck Veterinary Manual,” the best-selling reference used by veterinarians for more than 50 years. Authored by more than 200 veterinary experts and written in simple layman’s terms, “The Manual for Pet Health” is the most comprehensive guide to health care for all common pets. It provides accurate and trustworthy information about animal health and lets owners communicate more effectively with their veterinarian.

“Pet owners often buy books dedicated to their pet’s health upon adopting or buying a new animal,” said Dr. Becker. “Yet, pets are constantly changing as they age, so owners need to understand what constitutes ‘normal’ change versus potential ailments. ‘The Merck/Merial Manual for Pet Health’ is a must-have resource for pet owners, just as its counterpart has become the gold standard for veterinarians.”


Why Don’t Cats Go Bald?
The Questions You’ve Always Wanted to Ask Your Vet

By Dr. Skip Sullivan, DVM, and David Fisher
Published by: The Lyons Press, an imprint of Globe Pequot
Press Price: $14.95 | www.globepequot.com

Face it: You don’t own your cat, your cat owns you.

And since cats are often mystifying, complex furry creatures, veterinarian Dr. Skip Sullivan is here to answer all of your questions and more in this hilariously fun and quirky guide pertaining to all things feline. Like a cat weaving between your ankles, “Why Don’t Cats Go Bald?” ties in informational Cat Stats, Cat Tips and even personal Cat Tales from Sullivan’s unforgettable experiences with the thousands of cats he’s treated.

Questions posed and answered range from “Do cats have a good memory?” to “When is a skinny cat too skinny?” and from “How often does a cat need a bath?” to “Do cats faint?” And of course, “Why don’t cats go bald?”
Pawprints of Katrina
Pets Saved and Lessons Learned
By Cathy Scott | Price: $19.99

More than two years after the levees broke, the world is still drawn to the tragedy of Hurricane Katrina and its impact.

A veteran journalist, author Cathy Scott rushed to New Orleans to aid in the rescue efforts of these pets and to cover the plight of helpless animals displaced by Hurricane Ka-

Cathy Scott grew up in San Diego, and began her journalism career writing for the Beach & Bay Press newspaper.

trina for Best Friends magazine. Scott was there during — and participated in — Best Friends Animal Society’s heroic rescue ef-

forts, and in these pages relates captivating tales of tragedy and triumph. From her front-row seat and personal knowledge as a first responder and rescuer in the field, she pieces together stories using Best Friends’ expansive database, from the first moments when the animals were rescued to their examinations, treatment and care by volunteers, until the day they are reunited with their families or placed in new homes. Due to Scott’s unmatched coverage of these brave rescues, Best Friends Animal Society later hired her as a full-time writer for its magazine and Web site.

Published to coincide with the third anniversary of Katrina and to honor those involved, and those lost, in the rescue efforts, and featuring a foreword by actress and pet activist Ali MacGraw, “Pawprints of Katrina: Pets Saved and Lessons Learned” is both heartbreaking and heartwarming. It conveys the depth of the tragedy of Katrina and, more importantly, it celebrates the indomitable spirit of pets and the owners (original or adoptive) who love them. Covering rescues, heartwarming reunions and stories of the selfless efforts of strangers brought together by a disaster to save animals, “Pawprints of Katrina” tells a story that needs to be told. This one-of-a-kind book also features a 32-page, full-color section containing 50 photos, along with black-and-white photos throughout the book, supplementing the fascinating stories of survival.

Cathy Scott traveled to New Orleans at the request of Best Friends Animal Society to document the plight of pets displaced by Hurricane Katrina. She quickly became a rescuer as well as a reporter. Scott’s work has appeared in the New York Times, the Los Angeles Times, the New York Post, the San Diego Union-Tribune, the Las Vegas Sun, George magazine and Reuters News Service.
By Jay Kopelman
Published by: Skyhorse Publishing
Price: $23.95

“From Baghdad to America” is Lt. Col. Jay Kopelman’s heartfelt sequel to his international bestseller about Lava, the dog he adopted in Iraq (“From Baghdad to America With Love,” 2006). Kopelman, now retired from active duty, discusses how he and Lava have adapted to life in San Diego. Early on, Kopelman admits he “feels different” but insists he hasn’t suffered the same emotional and mental damage as some Marines. After months in a war zone where it’s difficult to tell enemy from friend, he thinks it will just take time to settle into his old life.

Kopelman knows, however, that Lava is clearly struggling. Kopelman and Lava’s trainer see obvious signs of Post Traumatic Stress Disorder (PTSD): mood swings, increased sensitivity to loud noise, increased irritability, a tendency to behave aggressively and always on alert mode, looking for danger. Kopelman starts to research PTSD more closely, discovering some eye-opening statistics:

- Two “signature injuries” from Iraq are PTSD and traumatic brain injury
- 38 percent of Army personnel, 31 percent of Marines and 49 percent of National Guard members reported mental health symptoms
- Alcohol abuse, divorce, depression and suicide are higher than ever before for troops returning from Iraq
- Veterans ages 20 through 24, who served during the war on terror, were two to four times more likely to commit suicide than civilians of the same age
- Divorce rates for Army officers are up 35 percent from 2000 to 2005; divorce rates for enlisted personnel are up 53 percent in that same time frame
- The stigma that “only the weak go to therapy” is an enormous problem in the military

Kopelman at first rejects his own need for psychological treatment because he’s a Marine and a warrior, and Marines don’t do “touchy-feely, soul-searching s**t.” He is more concerned with the welfare of his dog and doesn’t make the connection between Lava’s PTSD symptoms and his own. But Kopelman reveals that he has a quick temper, wakes up from sleep in a cold sweat, occasionally flinches in reaction to loud sounds, even when he anticipates the noise, and has difficulty trusting other people.

This is the touching story of how Lava shows his human companion how to look at his own symptoms and deal with his past experiences. Together, dog and man help each other heal. Unmistakably, the most damaging war wounds inflicted on our troops in Iraq and Afghanistan are not the ones we can physically see. As Kopelman puts it: “Every marriage that ends in divorce; every serviceman who kills him- or herself; and every time a young warrior experiences substance abuse issues, we witness a casualty of war.” This book addresses these wounds and offers much-needed solutions for all who serve our country.

Jay Kopelman is an ex-Marine, cyclist and bestselling author. Now retired from the Corps, he has served as a consultant to Marine advisors going to Iraq, and volunteers with animal rescue organizations. Kopelman and his family live in La Jolla, Calif.
Maltese Puppies Arriving Soon!

Available mid-September.

Please call Sandy for more info:

573-795-3115

or email kasalalia88@yahoo.com
ANIMAL RESOURCES

CALL TODAY FOR YOUR $35® PER YEAR FOR LISTINGS PLUS FREE 1-YEAR SUBSCRIPTION

Animal Adoption Organizations

A Passion For Paws Akita Rescue  Cheryl Weatherford  (858) 551-7511  www.APassionForPaws.org
Angel Wings Cat Rescue Inc.  Wilma Daubman  (760) 744-0764  www.AngelWingsCatRescue.com
Bat Rescue  Richard Wilkins  (858) 679-0211  www.batrescue.org
German Shorthaired Pointer Rescue  (760) 726-4813  www.GSP-Rescue.org
Greyhound Adoption Center  Toll Free 1-877-478-8364  www.greyhoundog.org
Greyhound Connection  (619) 286-4739  www.GreyhoundConnection.com
Operation Greyhound  Bruce or Bob  (619) 588-6611  www.OperationGreyhound.com
Paws of Coronado  Louise Shirey  (619) 435-8247  www.PawsOfCoronado.org
Pit Bull Rescue of San Diego  Kate John  (858) 361-3592  www.PitBullRescueSanDiego.com
Pug Rescue of San Diego County  www.pugbutts.com
SD Turtle & Tortoise Society  (619) 593-2123  www.SDTurtle.org
Southwestern Rottweiler Club San Diego  Deanna Giller  (619) 645-8800  www.SRCSD.net
Westie Rescue of California  (619) 579-6395  www.WestieRescueCA.com

Animal Welfare Organizations

Labrador Harbor  Sue Frounfelter  (619) 892-0049  www.LabradorHarbor.org
Lions, Tigers & Bears  Bobbi Brink  (619) 659-8078  www.LionsTigersandBears.org

Dog Beaches/Parks

NO LEASH REQUIRED LOCATIONS

Coronado Beach  North end of Ocean Blvd., South of Naval base & North of Lifeguard Tower
South Coronado Cays Park  Coronado Cays Blvd.
Del Mar North Beach  N. end of 29th Street Sept.15 to June15 only
Fiesta Island  Sea World Dr. & Fiesta Island Rd.
Ocean Beach Dog Beach  end of Voltaire St. & W. Point Loma Blvd.

LEASH REQUIRED LOCATIONS

Cardiff State Beach  Old Hwy 101, Cardiff lot seaside
Coronado Tidelands Park  Mullinix Dr. & Glorieta Blvd.
Del Mar Beach  S. of Powerhouse Park & Ocean Ave.
Encinitas
San Elijo State Beach
Manchester Ave.
Imperial Beach
5th St. & Imperial Beach Blvd.
Oceanside
Oceanside Harbor
Hamor Dr. west to Harbor
La Jolla Shores Beach  8200 Camino Del Oro From 6 p.m. to 9 a.m. only
Mission Beach -The Strand  S. end of Mission Blvd. at channel entrance From 6 p.m. to 9 a.m. only

Dog Clubs

BREED SPECIFIC DOG CLUBS

Aztec Doberman Pinscher Club of San Diego  Angie Monteleon  (619) 443-8494  www.AztecDPC.com
Irish Setter Club of San Diego  Madelon McGowen  (619) 441-7339  Email - MadMac646@yahoo.com
San Diego Whippet Association  Jo Rufing  (619) 477-4222  www.SanDiegoWhippets.com

DOG WALKING SOCIAL CLUBS


AGILITY/DISC/DOCK/FLYBALL/LURE COURSING/
OBEDIENCE & SPORT DOG CLUBS

All Breed Obedience Club Inc.  (619) 287-2211  www.aboci.com

Ballistic Racers Flyball Team  B & J Matsumoto  (619) 991-5267  www.BallisticRacersFlyball.com
Luratics Lure Coursing & Earth Dog  Pat Bennett  (619) 749-0724  www.Luratics.com
Martini’s Ranch – Agility  Debby Wheeler  (760) 294-4085  www.MartiniS Ranch.com

HERDING CLUBS

Action K9 Sports  Terry Parrish  (760) 739-8673  www.actionk9sports.com

Spay & Neuter Services

Feral Cat Coalition  (619) 758-9194  www.feralcat.com

Pet Assistance Foundation  Betty Brokaw  (619) 469-5008  www.orgsites.com/ca/pet-assistance/
Animal Shelters & Humane Societies

SHELTERS THAT WILL ACCEPT STRAYS & HAVE ADOPTIONS

BAY PARK/MISSION VALLEY

County Animal Services – Central
5480 Gaines St., CA 92110 (619) 236-4250
www.sddac.com Hours: Tues-Sat 9:30 a.m. to 5:30 p.m.
BONITA

County Animal Services – South
5821 Sweetwater Road, CA 91902 (619) 685-6309
www.sddac.com Hours: Tues-Sat 9:30 a.m. to 5:30 p.m.

CAMP PENDLETON

Camp Pendleton Animal Shelter
4th St. Area 25 Bldg. 25132 CA 92054 (760) 725-8120

CARLSBAD

County Animal Services – North
2481 Palomar Airport Road, CA 92090
(760) 438-2312 or (760) 746-7307
www.sddac.com Hours: Tues-Sat 9:30 a.m. to 5:30 p.m.

CHULA VISTA

City of Chula Vista Animal Shelter
130 Beyer Way, CA 91911 (619) 691-5123
Hours: M-F 10 a.m. to 5 p.m. Sat. 10 a.m. to 4 p.m.

CORONADO

Animal Control Facility
700 Orange Ave, Coronado, CA 92118 (619) 522-7371
Hours: 7 days 8:30 a.m. to 4:30 a.m.

EL CAJON

City of El Cajon Animal Shelter
1275 N. Marshall Ave., CA 92020 (619) 441-1580
Hours: Tues-Sat 10 a.m. to 5:30 p.m

ESCONDIDO

Escondido Humane Society
3450 E. Valley Parkway, CA 92027 (760) 888-2275
www.EscondidoHumaneSociety.com Hours: 7 days 9 a.m. to 5 p.m.

OCEANSIDE

North County Humane Society
2905 San Luis Rey Road, CA 92054 (760) 757-4357
www.NCHumane.org Hours: 7 days 10 a.m. to 4:15 p.m.

THESE SHELTERS ONLY ACCEPT OWNER RELINQUISHED ANIMALS.

BAY PARK/MISSION VALLEY

San Diego Humane Society & SPCA
5500 Gaines Street, CA 92110 (619) 299-7012
www.SDHumane.org Hours: Mon-Fri 11 a.m.-6 p.m. Sat-Sun 11 a.m.-5 p.m.

EL CAJON

Friends of Cats
15587 Olde Highway 80, CA, 92021 (619) 561-0361
www.FriendsofCats.org Hours: Tues-Sun 10 a.m. to 4 p.m.

ENCINITAS

Rancho Coastal Humane Society
389 Requeza Street, CA 92024 (760) 753-6413
www.RCHumaneSociety.org Hours: 11 a.m.-5 p.m. every day except Tues. 11:30 a.m.-5 p.m.

RANCHO SANTA FE

Helen Woodward Animal Center
6461 El Apajo Road, CA 92067 (858) 756-4117
www.AnimalCenter.org Hours: 7 days 11 a.m. to 6 p.m.

SPRING VALLEY

National Cat Protection Society
9031 Birch Street, CA 91977 (619) 469-8771
www.NatCat.org Hours: Tue.-Sat. Noon to 5 p.m.
Emergency Hospitals

BONITA/CHULA VISTA
South Co. Emergency Animal Clinic (619) 427-2881
3438 Bonita Road, Bonita, CA 91902 M-F 6 p.m.-8 a.m. Sat. Sun.Open  24 Hours

Pet Emergency & Specialty Center of South County (619) 591-4802
885 Canarios Court, #108, Chula Vista, CA 91910 M-F 6 p.m.-8 a.m. Sat. Sun.
3:30pm-8am  www.PESCSanDiego.com

CARLSBAD
California Veterinary Specialists (760) 431-2272
2310 Faraday Ave. Carlsbad, CA 92008  7 days 24 hrs.
www.CaliforniaVeterinarySpecialists.com

ENCINITAS
VCA North Coast Veterinary & Emergency (760) 632-1072
414 Encinitas Blvd, Encinitas, CA 92024  7 Days  24 hrs.
www.VCANorthCoast.com

ESCONDIDO
Animal Urgent Care of Escondido (760) 738-9600
2430-A S. Escondido Blvd. Escondido, CA 92025  7 Days  24 hrs.
www.AUC.US.com

KEARNY MESA/CLAIREMONT
Animal ER of San Diego  (858) 569-0600
5610 Kearny Mesa Road San Diego, CA 92111 M-F 6 p.m.-8 a.m. Sat. Sun. 24 hrs.

LA MESA
Pet Emergency & Specialty Center (619) 462-4800
5232 Jackson Drive #105 La Mesa, CA 91942  7 Days  24 hrs.
www.PESCSanDiego.com

MISSION VALLEY
VCA Emergency Animal Hospital & Referral Center (619) 229-2400 2317 Hotel Circle South San Diego, CA 92108  7 Days  24 hrs.
www.VCAEmergency.com

MURRIETA
California Veterinary Specialists (951) 600-9803
25100 Hancock Ave. #116, Murrieta, CA 92562  7 days  24 hrs.
www.CaliforniaVeterinarySpecialists.com

POWAY
Animal Emergency Clinic (858) 748-7387
12775 Poway Road Poway, CA 92064 M-F 6 p.m.-8 a.m. Sat. Sun. 24 hrs.
www.AnimalEmergencySD.com

SAN MARCOS
California Veterinary Specialists (760) 734-4433
100 N. Rancho Santa Fe Road #133 San Marcos, CA 92069  7 Days  24 hrs.
www.CaliforniaVeterinarySpecialists.com

SORRENTO VALLEY
Veterinary Specialty Hospital (858) 875-7500
10435 Sorrento Valley Rd. San Diego, CA 92121  7 Days  24 hrs.
www.VSHSD.com

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