Chargers, Seau could be seen at UCSD, missing the former defensive linebacker’s — including those in La Jolla, who will be felt by football fans the world over May 2. A hometown hero, Seau’s loss died of former Charger Junior Seau on 1999, left, and at a Taste of the Cove fundraisers for the San Diego Sports Medicine Foundation at La Jolla Cove’s Scripps Park over the years. They moved into a 9,000-square-foot home on Via Casa Alta on Mount Soledad in 1994.

Seau could also be spotted around town, running at La Jolla Shores, relaxing at Kelleys Park with his children or enjoying La Jolla living. He also served as emcee and attended a number of Taste at the Cove fundraisers for the San Diego Sports Medicine Foundation at La Jolla Cove’s Scripps Park over the years. — Kendra Hartmann

Junior Seau at a pre-season training camp at UCSD in 1996, left, and at a Taste of the Cove event in 2010 (inset). Photo by Ken Bohn

The bowl runneth over

In 1990, a high school art teacher in Michigan decided to help his students search for a creative way to raise funds for a food drive. What they came up with was a blend of art, philanthropy and education, as they embarked on a class project to make ceramic bowls in which to serve a meal of soup and bread to guests. The idea was that guests would purchase a unique bowl, the proceeds for which went to the food drive, and could fill it with soup — all as a reminder of world hunger. By the following year, the concept was further developed, and took on the name “Empty Bowls.” Now, more than 20 years later, Empty Bowls events are held worldwide, raising millions of dollars to combat hunger. Here in San Diego, local potters are busy creating unique bowls in all shapes and sizes, while regional restaurants are donating soups and breads for the local event on May 12 at La Jolla United Methodist Church from 11 a.m. to 1 p.m. Guests can choose a bowl from hundreds on display for $20 and have it filled with soup. After the meal, guests can take home their bowl.

All proceeds for the San Diego Empty Bowls event go to the Third Avenue Charitable Organization (TACO), which has been feeding San Diego’s hungry, homeless and elderly for nearly 40 years. La Jolla United Methodist Church is located at 6063 La Jolla Blvd. For more information, visit www.emptybowls.net or www.tacoasd.org.

— Kendra Hartmann

Happy Mother’s Day!

Can’t decide what to get mom for Mother’s Day? How about a makeover? Take a tip from fashion columnist Sabrina Hetf in this week’s “Retail Therapy.” Hetf gave two lucky La Jolla moms a break from their hectic lives with a little pampering and “me” time. See Page 11 for the “before” and “after.”

A new director has been named to head the Veterans San Diego Healthcare System, headquartered in La Jolla. The Department of Veterans Affairs announced Jeffrey T. Gerring’s appointment to guide a medical program that annually cares for 72,000 veterans with

www.SDNEWS.com — Volume 17, Number 32

Thursday, May 10, 2012

San Diegans were saddened by the death of former Charger Junior Seau on May 2. A hometown hero, Seau’s loss will be felt by football fans the world over — including those in La Jolla, who will miss the former defensive linebacker’s regular appearances in the community. During his years playing with the Chargers, Seau could be seen at UCSD, where the team held its pre-season training camp — which were open to public viewing from the stands — for several years. Seau was a fan favorite and an autograph magnet.

Other connections to the community are romantic: Seau proposed to Gina Debor at Elario’s in La Jolla in 1991. They moved into a 9,000-square-foot home on Via Casa Alta on Mount Soledad in 1994.

Seau could also be spotted around town, running at La Jolla Shores, relaxing at Kelleys Park with his children or enjoying La Jolla living. He also served as emcee and attended a number of Taste at the Cove fundraisers for the San Diego Sports Medicine Foundation at La Jolla Cove’s Scripps Park over the years. — Kendra Hartmann

Junior Seau at a pre-season training camp at UCSD in 1996, left, and at a Taste of the Cove event in 2010 (inset). Photo by Ken Bohn

Get ready for Marine Room’s dramatic dining

JOHNNY MCDONALD

In La Jolla’s good old summertime, there’s two ways to enjoy monsoon waves: with surfboard skull or at a window table in the Marine Room. It’s high tide time again.

With fury, the huge and foamy water invaders will again rock the restaurant’s picture windows during periods in June, July and August when tides reach their peak, making dining is quite an experience. Projections indicate June 14 could be the big night.

The restaurant has been fortified to withstand any devastating break throughs floods, like what happened in 1982, which would certainly put a damper on the featured lobster feast. The panoramic view is attractive enough in low tide but there is a certain exhilaration about coming face to face with King Neptune’s wrath — just cross your fingers.

This is the 71st year the chefs will be serving the specialties of the house.

New VA Healthcare director

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SEEs LIMITS, Page 3

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- Deep Conditioning Treatment
- Custom Spray Tan
- Complimentary glass of Champagne

**PACKAGE #2**
- Lash Extensions
- Hair Style
- Complimentary glass of champagne

**PACKAGE #3**
- Brazilian Blowout
- Complimentary glass of champagne
  
  Additional charges may apply for length & thickness of hair
**LIMITS CONTINUED FROM PAGE 1**

an operating budget of $57 million.

Gerring — board certified as a fellow in the American College of Health Care Executives — joined the VA 22 years ago and most recently served as director of the Chillicothe VA Medical Center in Ohio.

His sound leadership qualities and proven experience will be valuable assets for the facility, the employees and volunteers, and most importantly, for the veterans we are honored to serve,” said Stan Johnson, VA Desert Pacific Healthcare Network Director.

Gerring will oversee a staff of 2,700 at facilities in Chula Vista, Escondido, Imperial Valley, Mission Valley and Oceanside.

Cindy Butler, public affairs director, said the system handles spinal-cord injuries and has a comprehensive telemedicine and monitoring center.

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**For the past few years Dikran Nodznaia, overlook and managed the product development for Chariot-USA and Detatori. Overlooking the creation of the collections and brand lines, traveling extensively to factories to ensure the implementation and presence of the brand’s office. Office worked in almost every aspect of the industry, from a hand made jewelry, diamond setter, model making, designing to running complete production.**

Dikran brings with him over 25 years of experience, in every aspect of the jewelry industry. He has travelled to Europe, Asia and the USA, accumulating vast knowledge, expertise and connections to national and international network of factories, jewelry suppliers, gem & diamond dealers. Designing specifications to minute details, forecasting potential demand & production scenarios, understanding the time, the process and raw materials needed in creating a one of a kind or a complete line of collections is what Dikran exercises in bringing your product to fruition.

After working for 8 years with Chariot; Dikran decided it was time to move forward with his career. He left the company and took a year break to spend time with his family. It was during this time that Dikran and family unanimously decided that, the perfect time to open a Jewelry Studio. Thus, Dasheen Jewelry Studio was born in October 2011, taking the name from the combination of his 2 sons names.

Here at Dasheen Jewelry Studio, you will find that Dikran always values that one on experience with his clients, in creating an engagement ring, heirloom jewelry or just because you are special and would love to treat yourself to an elegant everyday creation. Dasheen knows it is important to investment and work closely together with his client in creating that quality jewel he is proud to produce and you proud to wear.

Dikran’s forte is to create new treasures from using old materials available, like an outdated or broken jewelry he is proud to produce and you proud to wear.

---

For middle and high school students. The cost of the camp is $300 ($350 after June 1) and includes lunch donated by local restaurants. For more information, or to register, email Jeniffer.Harter@cnb.com or call (858) 768-7101.

*The former MTV “Real World” house in Bird Rock was scheduled to host a “big, commercial-type party,” according to the former landlord.”

Due to a lot of good peoples efforts, code enforcement said that this would be a violation of city law, and the owners — we believe — have agreed not to hold the event.”

Costello said, praising the dedicated efforts of District 1 City Councilman Sherri Lightner, Erin Demor-

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This very personalized service can help you achieve your most desired hair style. Sandra and Barbara are also known for being able to customize through color and style. Permanent committing to them. Hair Extensions are the most effective and natural solutions. This very personalized service can help you achieve your most desired hair style. Sandra and Barbara are also known for being able to customize through color and style. Permanent committing to them.

---

*nob rate back to the CPA trustees and the board with the results of that investigation.*

The alleged unfairness of the project reviews from stem’s report of the claim that some USIPC board members failed to disclose they currently or previously held positions that were in opposition to the project. They neither disclosed, nor chose to abstain from voting or recuse themselves from that vote.

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*Trusting ratified approval of the proposed UCIPA appointees to the joint committees and boards, including Development Permit Review, La Jolla Shores Permit Review Committee, La Jolla Planned District Ordinance Committee, Traffic & Transportation Board, Coastal Access & Parking Board, Community Planner’s Committee and the Ad Hoc Committee on trustees representing project applicants or opponents. Appointee selections can be viewed at www.lajollacipa.org.*

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*Due to Ray Weiss’ resignation from the UCIPA, President Tony Crausil will form a Special Election Committee to be ratified at next month’s meeting.*

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UCSD news

New UCSD chancellor named to replace Fox

University of California president Mark G. Yudof announced May 1 that he has selected Pradeep K. Khosla, dean of Carnegie Mellon University’s College of Engineering, also known as the Carnegie Institute of Technology, to serve as the eighth chancellor of the University of California, San Diego.

Citing Khosla’s accomplishments as a leader, educator and researcher, Yudof said he emerged as the top candidate after an international search.

Details of the appointment will be voted on at the May 16 meeting of the UC Board of Regents. Khosla will succeed Marye Anne Fox, who announced her resignation last year, will continue serving as chancellor until then.

“Pradeep Khosla will bring to UC San Diego a distinctive set of attributes that will enable the university to build on UC San Diego’s astounding growth and success and continue to build on the excellence that has made it one of the top institutions of higher learning in the world,” Yudof said. “He is a time-tested, oil-honored researcher, an innovative educator dedicated to improving the quality of life for students, faculty and staff, and an entrepreneurial leader with a global vision and proven fundraising abilities.”

During nearly eight years as dean, Khosla has initiated undergraduate curriculum reform, successful diversity efforts, multidisciplinary and multi-college research centers, multidisciplinary graduate offerings, and international programs in Japan, Korea, Portugal, China and Rwanda. Under his leadership, the College of Engineering has significantly increased the number of women and students of color in its graduate programs.

Khosla has served on the boards of several nonprofit organizations in Pittsburgh, including The Children’s Institute, IIT Foundation, Mellon-Pitt Corp. and the Pittsburgh Technology Council. He has served on the advisory boards of several universities.

“UC San Diego’s astounding growth and success are due in large part to its partnership with and support from the San Diego community,” Yudof said. “Pradeep understands the

UCS chocolates among the best in the nation

Three La Jolla schools received accolades among the best in the nation, in a report released May 8 by U.S. News and World Report Magazine.

The Preuss School UCSD ranked eighteenth in California and 444th in the nation, followed by La Jolla High School at number 34 in the state, 167th nationally. University City High came in at 66th in the state and at number 371 in the country.

The magazine surveyed nearly 22,000 schools, awarding gold, silver or bronze medals to the top-performing schools. All three La Jolla schools received gold medals, which signify the top 500 schools in the nation.

— Staff and contribution

Bird Rock Elementary prepares to celebrate 60

By MARIKO LAMB | VILLAGE NEWS

Bird Rock Elementary School (BRE) parents, students, teachers and other community volunteers are busily gear-

ing up for the 60th birthday celebration of the school — even getting their hands dirty to get the grounds ready for the milestone event.

Preparations for the much-anticipated Community Open House and 60th Birthday Party event have been well under way for several weeks — even months — as students, parents, teachers and others have volunteered their time to beautify the school.

In March, for example, nearly 70 volunteers braved windy con-
tions to rake, weed and sweep the campus, producing 100 trashcans of clip-

pings and debris.

La Jolla-based landscape company Coastal Landscaping donated services to the school’s spring cleanup, including converting two large loads of debris into recycled mulch.

“Thanks to this wonderful communi-
ty spirit, our school looks terrific!” said Lorito LaCa-

va, kindergarten teacher and chair of the school’s Celebrate 60 committee.

The cleanup day was successful not only in beautifying the campus, she said, but also in teaching children and adults alike the meaning of community-mindedness.

“One family wrote us a note to thank us and say they enjoyed the opportu-
nity to work with their children as the children learn what the word ‘community’ really means,” LaCava said. “Everyone else who came that day wanted to do it again. The kids, everyone responded with, ‘It was fun!’”

Throughout the school year, LaCava and other dedicated Celebrate 60 com-

mittee volunteers have helped spruce up the campus with numerous beautifica-
tion projects — including the creation of several mosaic benches by local artist Jane Wheeler, the establishment of a stu-
dent-art and photo gallery with class photos and the creation of notebooks hosting nearly 600 written memories from the school’s 60 years in existence — all of which will be celebrated and formally dedicated at the school’s open doors.

BRE students got their hands dirty at the school’s spring cleaning event in March.

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“I am excited about Pradeep Khosla’s selection as the next chancellor of UC San Diego,” Read said. “He is someone who has that background, I can open doors.”

— Staff and contribution
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Dear Thieves,

I am the Lorax. I speak for the trees. I want to go home because that’s where I live. I do belong in San Diego. My friends are there; I don’t have any friends over here. I am woeful in this town. And also my home is elegant. I don’t like just standing here. I can’t go to sleep. I’m mad here. My house was a mountain. And we steamed coming out. We have trees, deserts, and hills, and I am very sad about the trees. I speak for the trees. Trees are very good for the air and water and animals and people. They are the only things that can make the use of the water in the lakes. They are also friendly. I am sad over here. Thieves might have liked the trees. We are rare and fair and we speak for them. So please bring me back to my place.

Sincerely,  
The Lorax, aka Arden

Please bring me home! This bronze statue of the Lorax, created by Audrey Geisel’s daughter, sculptor Lark Grey Dimond-Cates, was dragged from Geisel’s home in March.  

Dear Thieves,

Who are you? Please do not blindfold me. I speak for the trees. I cannot speak for the trees if I cannot see the trees. It is very easy to go down a hill, so please do not take me just so you can see me every day. Please, can you bring me back? I am a 30-foot rectangular tower situated at one corner of the residence. I am the Lorax, aka Tenest

Dear Thieves,

Trustees ratified the denial of a proposed coastal moratorium in October 2013 and the project is expected to begin after the summer monsoon in 2013. Zoning and safety were wholly preserved, she said.

“IT’S 30 FEET FROM THE NEAREST STRUCTURE,” said DuCharme-Conboy, condemning Salde’s use of material and diminishing scale within the building envelope. “I do think it’s an attractive house and I think it will be a nice addition to the [La Jolla] Farms, especially when you think of some other houses in the Farms, they have a truly modest look, but they’re big and bulky and massive, and this one is broken up.”

City news

• Standard & Poor’s recently raised San Diego’s credit rating two notches from A to AA, allowing the city to borrow money for bonds at lower interest rates, announced Erin Dornent, representative for District 1 City Councilwoman Sherri Lightner. The city recently approved $75 million in infrastructure bonds, which will go toward resurfacing roads, updating fire stations, upgrading the police department, and other much-needed infrastructure repair and improvements — including reconstruction of the La Jolla Cove lifeguard tower, replacement of storm drains along Avenue de la Playa, and repair to a protective barrier for an unstable coastal bluff in La Jolla.

• City Council is currently updating policies in the 500 series, which primarily concern land use, announced trustee Joe LaCava.

Thief of Lorax statute prompts appeals for return from several states away

Editor’s note: Dallas teacher Joyce Conciardo and her second-grade students were celebrating the birth of Dr. Seuss when they heard about the theft of the Lorax statue, stolen from Audrey Geisel’s home in late March. The students, who attend Harry C. Whitmer Elementary School in the Dallas Independent School District, were saddened to learn of the theft and as part of a unit on drawing conclusions and vocabulary, decided to write a letter to the thief.

The students wrote about their connection to the Lorax. They explained that “the Lorax, aka Tenest” is 1.8 miles from the nearest structure and that the property of Seuss, and I would just miss him. I had fun on the hillside on the property. Also, I spoke for the trees if I cannot see the trees.

Thank you for bringing me home! This bronze statue of the Lorax, created by Audrey Geisel’s daughter, sculptor Lark Grey Dimond-Cates, was dragged from Geisel’s home in March.

I am the Lorax. I speak for the trees. I could not come to the finding that this extension made the reasonable type of addition in the neighborhood. At one corner of the residence.

I am the Lorax. I speak for the trees. I do not want to be duplicated by someone who’s not my family. I am not a gift. I am luxury.

The Lorax, aka Valarie

Dear Thieves,

I am the Lorax. I speak for the trees. I want to go home because that’s where I live. I do belong in San Diego. My friends are there; I don’t have any friends over here. I am woeful in this town. And also my home is elegant. I don’t like just standing here. I can’t go to sleep. I’m mad here. My house was a mountain. And we steamed coming out. We have trees, deserts, and hills, and I am very sad about the trees. I speak for the trees. Trees are very good for the air and water and animals and people. They are also friendly. I am sad over here. People show kids the movie. They also read the books to children. I am famous because I am on TV shows. Don’t you see really want to go to a movie? I don’t want to stay here. I am a nice, orange, furry creature. So are my friends. We have friends. We love our friends. My friends miss me and I really want to go home. If you take me home, I will really be happy.

Sincerely,  
The Lorax, aka Tenest

Because I’m willing to listen to you. I am the Lorax, aka Brown

Dear Thieves,

I am the Lorax. I speak for the trees because I do not want to run away. It is like on the stump, so I don’t want to once. Please just put me back like that. I had fun on the hillside on the property of Seuss, and I would love to have a packet of juice. I know you can sell me for some money, but I rather give you a jar of honey. I live on the hillside so please take me there, so now I can play with my children and weep here.

Sincerely,  
The Lorax, aka Landon

Dear Thieves, 

I speak for the trees. I take back my trees. I want to go back. I want my trees back or I will call the cops.

Sincerely,  
The Lorax, aka Nester

Dear Thieves, 

Please return me to my owner because I miss her. Please do not mess me up because I am special to my family. I like my shelter better because that is where my creator is. I am just a sculpture made out of bronze, so why do you want me? If you sell me you will not win an award. I don’t want to be duplicated by someone who’s not my family. I am not a gift. I am luxury.

Sincerely,  
The Lorax, aka Greyson

The people are curious about me. I am very rare and there are very few of me. There aren’t even a dozen of me. I can see the sculpture of the Lorax. The couple of me are very heavy, expensive and rare. I am a gift, if you don’t know. The skill of the person that made it is marvelous. Besides I am one of a kind, and I only live in San Diego, California because of Dr. Seuss. I didn’t come from an old factory. Instead I came from a lady with talent.

Sincerely,  
The Lorax, aka Trent

Bringing Thieves home!

Dear Thieves,

Don’t you want me to be sold, for I am rare. I want to go to my house made of gold. So everyone can see me. I am freeing! Turn up the heat, you would please.

Sincerely,

The Lorax, aka Jackman

Dear Thieves,

I am the Lorax, and I speak for the trees. So take me back if you please. I am very rare. I cannot see. But I can feel where I am. I need you to get me up. I am surprised you could lift me. I weigh very much. My owners have gotten your attention. Please return me!  

Sincerely,  
The Lorax, aka Jackson

Dear Thieves,

I am the Lorax, and I speak for the trees. If you return me I will be happy. If you do not return me I will be sad.

Sincerely,  
The Lorax, aka Jester

Dear Thieves,

Thank you for bringing me home. I do not want to be sold. I am rare. I want to go to my house made of gold. So everyone can see me. I am freeing! Turn up the heat, you would please.

Sincerely,

The Lorax, aka Arden

Please bring me home. I want to go home because that’s where I live. I do belong in San Diego. My friends are there; I don’t have any friends over here. I am woeful in this town. And also my home is elegant. I don’t like just standing here. I can’t go to sleep. I’m mad here. My house was a mountain. And we steamed coming out. We have trees, deserts, and hills, and I am very sad about the trees. I speak for the trees. Trees are very good for the air and water and animals and people. They are also friendly. I am sad over here. People show kids the movie. They also read the books to children. I am famous because I am on TV shows. Don’t you see really want to go to a movie? I don’t want to stay here. I am a nice, orange, furry creature. So are my friends. We have friends. We love our friends. My friends miss me and I really want to go home. If you take me home, I will really be happy.

Sincerely,  
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• City Council is currently updating policies in the 500 series, which primarily concern land use, announced trustee Joe LaCava.

Please recycle.
Having recently celebrated its 22nd birthday, award-winning sushi and Asian-fusion restaurant Café Japengo shows no signs of slowing down. The restaurant rolled out new menu options in February and has added a slew of new events—including a sushi-making class—for a dining experience like no other.

To spice up the restaurant’s lineup of famed signature items, executive chef Jay Payne and executive sushi chef Jerry Warner have added ales of orange, kicks of jalapeno and fresh micro-cilantro to some of its traditional dishes like sushi to add extra pizzazz to the Pacific Rim cuisine. “The key to our success has been the ability to create new flavors while simultaneously staying true to our Pacific Rim roots,” said Payne. “Much of our inspiration comes from customer feedback and experimenting with new ingredients.”

A few of the restaurant’s featured changes and modern twists, he said, stemmed from patrons’ input. New gluten-free items include miso butterfish with sautéed vegetables, truffle miso broth, micro basil and tobiko; seared jumbo scallops served with pineapple bamboo rice, avocado on the inside with salmon, lime and sweet ponzu on the outside.” Café Japengo is located at 8960 University Center Lane.

For a unique Mother’s Day weekend experience, try Café Japengo’s sushi-making class. What: Learn how to handle sticky rice; how to form a roll and hand roll; where to purchase sushi items in town; a brief history of sushi and of Café Japengo; and basic characteristics of various kinds of fish. Plus: taste sake and sushi. When: May 12, noon to 2 p.m. Where: Café Japengo, 8960 University Center Lane. Details: $60 per person, (858) 450-3355.

For more information or to view full versions of the lunch and dinner menus, visit www.cafejapengo.com or call (858) 450-3355.

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Leaping through the Patch

Torrey Pines High School students jumped, weaved and ducked through what will be known as the “Patch” on April 30. The newly designed obstacle course, which had fallen into disrepair, was put in place thanks to a $25,000 grant, replacing the school’s 15-year-old course, which had been named after the original one, which was built in a tomato patch. It will be known as the “Patch” on April 30.

Because business executives paid him with dollar bills and told him to keep the change. From that, he learned the importance of a healthy profit margin. At 16, during the early years of World War II, he left school to enlist in the Army Air Corps. He became one of the highest-ranked trainees in Texas. However, he was honorably discharged when it was discovered that he was underage. Mr. Camp then enlisted in the Merchant Marines, where he was sent to Catalina Island. He loved to tell friends about his difficulty concentrating on exercise.

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Quarterbacking Health Care

Older patients require a different coordinated approach to healthcare that balances their medical needs along with the circumstances of their lives. A majority of older persons have at least one chronic disease that they manage. At the same time a very high number of these people also have difficulty performing basic and more advanced activities of daily living, which often complicates matters. If a doctor gives a person a prescription, it is unknown if the prescription will be filled, taken correctly if at all, which does not do any good for their disease process. The goals of someone who are functioning well in their 80-90’s are most likely going to be different from the persons who are wheelchair bound or dependent on others for their care. Addressing these concerns realistically is the responsibility of a healthcare advocate. A comprehensive history which includes an assessment of medical and cognitive status, determining depression, anxiety and physical abilities, along with fall risks and a gait/balance evaluation and home safety needs help to determine the quality of life/well being of each individual. Achieving their goals can be difficult without knowing the reality of their situations at home. Many acute situations present differently in the elderly. For instance, an older person with an infection may not have a fever or an elevated white blood cell count. A patient who is cognitively impaired might seem lethargic when they may be experiencing a stroke or a heart attack.

Geriatric care managers can assist the older population with quarterbacking their care in a coordinated way. They make sure that all aspects of the patient’s health and well being are being addressed. Call Innovative Healthcare Consultants for assistance to meet your goals. 760 731-1334, www.innovativehc.com or www.nurseinyourpocket.com

Women with Hair Loss Can Have Thick, Beautiful hair

Help for Thinning Hair – Adding Volume is the Number 1 Requested Service!

According to the Women’s Institute for Fine and Thinning hair, there are 30 million women who are currently experiencing hair loss. In the past several years effective treatments have become available for fine, thinning hair. Professional hair loss treatments are most effective when used at the first signs of thinning or hair loss. After analysis of hair type and problem a personal treatment program should consist of the following: 

- Prepare – massage with essential oils
- Shampoo – treatment shampoo for your hair type
- Condition – for dry or damaged hair
- Treat – apply products for hair loss.

Hair Color: Should you color your hair if your hair is prematurely gray, or could gray help your business? A: Gray can be a matter of self-esteem. You may not be presenting your most professional, attractive self. Gray is a growing issue, not a gender issue. A good rule of thumbs is to go one shade lighter than the natural color so it does not look harsh and goes with the skin tone. Low-lighting colors grey hair and leaves some natural color, which makes grey hair less apparent. All white hair can make some women look washed out.

Extensions: Volume and length can be added with extensions. A unique patented process using real human hair attached with a protein bond does not damage your hair. The bonds are so discreet you can style your hair any way you choose. Most women who want this service suffer from thin, weak, and damaged hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

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“I could not have been more pleased with your company’s services, and most of all, the assigned Caregiver. The pre-visit to my home was very reassuring that I was dealing with a company of integrity. My caregiver never stopped trying to find things to do for me.” — Jeanne Olsen

Chef Leslie Myers, founder of Foodsense, Now! and Executive Chef for Home Care Assistance, will continue to create and teach our caregivers healthy and nutritious meals in the Fay Avenue office’s NEW Executive Kitchen.

We offer Silver Age Yoga, a modified form of yoga based on the most current geriatric science and research. We also train our care givers in Chair Chi, a gentle, seated exercise program.

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MOTHER’S DAY SPECIALS

Celebrate Mother’s Day with the whole family at our Sunday celebration services with an inspirational message by Pastors Sergio & Georgina De La Mora!

MOTHER’S DAY
SUNDAY, MAY 13 AT 5 PM

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Happy Mother’s Day, readers! When I started this column, I knew right away I would be doing some makeovers — it’s a hobby. I’m a huge fan of TLC’s "What Not To Wear" and the opportunity to channel my inner Stacy London and Clinton Kelly was too exciting to pass up. And what better time to give it a go than Mother’s Day? The Mariner House of La Jolla has a slogan: “It’s the toughest job you’ll ever love,” but I think we moms could borrow it, as well. Talk about a tough job — always on call, no days off, acting as chauffeur, ATM machine, event planner/coordinator.

**Before**

Happy Mother’s Day! For more information about the event, contact Kate Woods at (858) 525-2510 or visit www.sjl.org.

**After**

In celebration of 65 successful years serving women and girls in the local community, Soroptimist International of La Jolla (SIIJ) will host a special Purse Party at Wisteria Cottage, located at 780 Prospect St., on May 12 from noon to 3 p.m. For a $5 donation, locals will get the opportunity to shop from a great collection of new or gently used purses, jackets, shrugs and accessories, while feasting on fashions, refreshments and cake for a good cause.

“This event allows us a fun opportunity to share our charitable service programs and to inspire others to support our work,” said SIIJ President Carol Turgay.

For more information about the event, contact Kate Woods at (858) 525-2510 or visit www.sjl.org.

**MUSTSHOP**

La Jolla Home Theater & Automation will present a "Kids and Technology" event with fun activities for the entire family to enjoy on May 12 from noon to 4 p.m. Along with a free family barbecue and prize opportunities, kids will enjoy fun activities, such as technology-inspired crafts and giveaways at the Kid Ventures booth and a hands-on demonstration of Kaldescope Kids — the first movie server just for kids with a kid-friendly interface and remote control.

La Jolla Home Theater & Automation is located at 6887 La Jolla Blvd. For more information about the event, visit www.lajollahomeaudio.com or call (858) 750-3177.

**MUSTDRINK**

Steve Haskins is not only a well-known attorney and community leader around town, he also leads a double life as a winemaker with at Starr Ranch in Paso Robles. His line of Windansea wines — including a 2009 Sunset Red, 2009 Cabernet Sauvignon and 2011 Great White — pays homage to the quaint La Jolla beach area best known for its rocky shoreline, gorgeous sunsets and reef break surf sets.

On May 12, Haskins will pour and discuss his wines at the La Jolla Community Center’s Jazz Concert & Windansea Wine Tasting at 6 p.m. Following the tasting, award-winning flutist Len Ball will entertain guests with his highly acclaimed original compositions.

Tickets for the wine tasting and concert are $35 for members, $40 for nonmembers, and $45 at the door. Ticket sales for the concert are $20 for members and $25 for nonmembers.

**MUSTSEE**

Resident Leslie Davis has once again offered her garden for Bird Rock Artist Guild’s ‘Art in the Garden,’ to be held May 12 from 11 a.m. to 2 p.m. at 5571 Bellevue Ave.

Guests will make their way through a magical garden, where among the every corner or under every tree they will find beautiful art in a variety of media from local artists. The latest work from featured artists Ryder Mackey and Scott Wright will be on display.

Bird Rock Artist Guild is a collaboration of Bird Rock and surrounding area artists and creative people interested in promoting the creative and artistic side of life.

For more information, visit www.contemporarymadness.com.
NAS elects 3 UCSD profs

The National Academy of Sciences announced the election of three UC San Diego professors to membership in the prestigious academy, one of the highest honors bestowed on U.S. scientists and engineers.

Roberto Malinow, Ruth Williams and William Young were among the 84 new members and 21 foreign associates elected to the academy on May 1 “in recognition of their distinguished and continuing achievements in original research.”

They join 92 current members of the UCSD faculty who previously had been named to membership in the academy. Which was established by Congress in 1863 to serve as an official adviser to the federal government on matters of science and technology.

Malinow, a professor of neuroscience at the UCSD School of Medicine and a professor of biology in the Division of Biological Sciences, came to the campus in March 2008. He currently holds the Shirley Chair in Alzheimer’s disease research in Honor of Dr. Leon Thal. His research focuses on synaptic transmission and plasticity, learning and memory.

Williams, a professor of mathematics, joined the UCSD faculty in 1981 and currently holds the Charles Lee Powell Chair in mathematics. Her research is focused on probability, stochastic processes and their applications. She is well known for her work on theory and applications associated with stochastic networks, which arise in semiconductor manufacturing, telecommunications, computer systems, Internet congestion control and systems biology.

Young, a professor of physical oceanography at Scripps Institution of Oceanography, came to Scripps in 1982 as a postdoctoral researcher, and returned in 1988 after working as an assistant professor at MIT. The La Jolla resident is a fellow of the American Geophysical Union (AGU) and the American Meteorological Society. He received, among other awards, the James B. Macelwane Award, which recognizes significant contributions to the geophysical sciences by an outstanding young scientist. Recently, he served as the oceans and atmosphere section head at Scripps from 2007 to 2011.

Major research universities use the number of academy members on their faculty as a benchmark by which to compare the strength of their scientific research and education programs among universities across the nation in different disciplines.
Long before lattes and skinny sips, La Jolla nurtured a wide and interesting variety of coffee houses and tearooms. The atmospheres in these vintage operations ranged from public roof gardens to the intimacy of Green Dragon Colony founder Anna Held’s house, where her collection of dolls often were invited to the occasions. One of the first of the commercial establishments had an “Alice in Wonderland” namesake — The White Rabbit Roof Garden, an open perch above a building at Girard Avenue and Prospect Street with a breathtaking view toward the Cove and Scripps Park (present site of The Spot). Opened in the early 1900s, the White Rabbit featured beverages, ice cream and candies served in a breezy wide-open atmosphere sheltered overhead by a precarious arrangement of palm fronds. (On windy days, customers’ drinks turned into small cups of liquid surf — very Lewis Carroll!).

Another fashionable tea room of La Jolla’s early history was the Gli Chiostri, housed in a handsome architectural cottage at 228 Coast Blvd. Inspired by culinary treats of Italy and Vienna, the specialties included fancy tea cakes, gingerbread men, plum pudding, assorted nuts and chocolates, ices, pies, imported cigarette brands — and, of course, very stiff espressos. An adjacent gift shop offered novelties like Giotto reproduction prints, Old Master postcards and Venetian leather items.

High above Emerald Cove on Goldfish Point in these early days, too, was the Crescent Café, a convex-shaped building near the caves where snacks and beverages could be savored with an incredible north-shore view after a visit to the caves — specifically Sunny Jim Cave, which had become a tourist attraction after professor Gustav Schultz dug the steps to its entrance. Unfortunately, the Crescent burned to the ground in 1915, believed to be set afire by William Peck, the same arsonist who burned Ellen Browning Scripps’ South Moulton Villa on Prospect Street.

Two other establishments of the early 1900s, both on Prospect Street, were Miss Bee’s Tearoom and the White Lunch, the latter operated by a young woman named Rosalind Washburn with the help of her eight-year-old daughter, Veola.

The idea of fancy little tearooms for the most part bit the dust in La Jolla with the arrival of the Depression in the 1930s. The World War II years also left La Jollans with little time for such trivial entertainments as did the 1950s when dinettes and diners became the scene. The coffee house idea came back to La Jolla with a bang, however, in the 1960s, when entrepreneur Bob Sinclair opened the first Pannikin on Prospect Street — an immediate success with the young student crowd from the newly established UCSD campus. In a short time, Sinclair opened a more full-fledged operation at the Pannikin’s present site at 7467 Girard Ave., where it continues to do a steady business.

Meanwhile, numerous other coffee houses and tearooms have come and gone over the last three decades. Others, like Bird Rock Coffee Roasters, Brick & Bell and Latte by the Sea have become and continue to be popular social gathering spots. The corporate giant Starbucks seems to particularly recognize La Jolla as a great market for teas and lattes. When a new Starbucks opens at 1055 Torrey Pines Road it will be the fifth in La Jolla, adding to already-existing operations on Prospect and Pearl streets, La Jolla Boulevard and in the Vons Market on Girard.

The greater art of sipping: a consideration of La Jolla’s coffee houses and tearooms, past and present

Reflections

By Carol Olten

The White Rabbit Roof Garden opened Aug. 4, 1917. The picture below was probably taken in 1918. Left, typical offerings at a tearoom in La Jolla in the early 20th century.

Photos courtesy of the La Jolla Historical Society

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Digging for G.O.L.D.

Starry, starry nights

There are gold diggers, and then there are The G.O.L.D. Diggers. The former are out to take from the rich and give to someone less wealthy (themselves!), while the latter solicit Gifts of Loving Donors to help fund programs, agencies and individuals that serve members of our community with special unmet needs, including children, the elderly, crime victims and others. Since 1993, the Gold Diggers have held their annual “Hats Off to San Diego” event, raising about $40,000 in each recent year. Balboa Park’s Prado Ballroom is the traditional venue.

Hats are de rigueur at this event, of course — almost everybody wears them. Betty Dow’s has a checkered history, having blown off her head in Venice some time ago. Lunging for the escaping chapeau, Betty soon found herself floating next to it in the Grand Canal. Fortunately, both Betty and her hat are none the worse for the experience, and now she has an unusual tale to tell.

The centerpiece of the event is the Betty Malbye Parade of Hats, named for a late founder of the organization. Eleven local nonprofit groups fielded entries, each outstanding in its own way. Leonard Simpson emceed the parade, describing each hat and model. It’s competitive, of course, and when the smoke cleared, Classics for Kids had won the 18-Karat Gold Award ($2,000), while Angels of Aseltine took the 49er Award ($1,000) and also the Golden Shovel Award ($500) for matching the event’s “Salute to Broad- way” theme. The Prospector Award ($750) went to Young Audiences of San Diego, and The Arc of San Diego’s entry won the Wild Card Drawing, receiving $500. Winners were chosen by three celebrity judges and by ballots from the 270 guests, but votes could also be bought for $25. Undemocratic? Perhaps — but remember, the money goes to very good causes!

Before the delicious marinated chicken luncheon, president Holly Smith Jones named Pauline Stein as Gold Digger of the Year. Later, in a surprise addition to this year’s event, a chorus line of 10 costumed organization stalwarts danced onstage to a recording of Gin-

SEE SOCIETY, Page 16

1002 Prospect (above Smash Burger) La Jolla, CA 92037 858.459.1737
ger Rogers singing, “We’re in the Money” from “The Gold Diggers of 1933.”

***The Arc of San Diego may well have wrapped up the “Gala Entertainment of the Year” competition at its “Moulin Rouge” gala last Saturday night. Our county’s largest nonprofit provider of services to people with developmental disabilities, Arc serves more than 2,500 adults and children annually. Its sold-out party had everything going for it — experienced event chairs Phyllis and John Parrish set it at the renowned Grand Del Mar resort, a gorgeous venue with stunning architecture, and they embellished the bash with many fine features. The black-tie fundraiser honored distinguished local citizens, the “Jewels of San Diego,” for their leadership and philanthropy. The honorary Jewels included Marilyn and Kim Fletcher, Lee and Frank Goldberg, Jeanne Jones and Don Breitenberg, Joye Blount and Jessie Knight Jr., Papa Doug Manchester, Sandy Redman and Jeff Mueller, Susie and Dean Spanos, and Sally and John Thornton.

It opened with a highly sociable indoor/outdoor champagne reception with a vendor boutique, richly costumed envoys and a 100-item silent auction. Later, the action moved to the ballroom, where Arc president and CEO Dave Schneider presented Phyllis with a gift in a very large Tiffany bag. (Tasked with toting it, husband John declared it exceptionally heavy.) After a fabulous filet mignon dinner, a Pierre Charmasson live auction moved six varied items and solicited “Fund-a-Need” pledges. Then the lights were dimmed, and a large flambéed baked Alaska was presented. Waiters served substantial individual versions of the rarely seen treat to each guest.

Everything was wonderful, but the best was saved for last. The famed Mary Murphy of TV’s “So You Think You Can Dance” introduced the piece de resistance — the Moulin Rouge Parisian Cabaret show, produced by Leonard Simpson (fresh from the Gold Diggers’ event, and celebrating his birthday). Mary and Leonard collaborated, using his models and her dancers, and each credited the other with doing the choreography. Both deserve substantial credit for the flamboyantly costumed, skillfully performed hour-long show, which featured talented professional singers and dancers. A new high standard for gala entertainment has been established — one that will be very tough to top.
Enjoy La Jolla's live music. The live music scene is above and well. Get the scoop on all the local musical happenings with our music calendar.

**LA JOLLA VILLAGE NEWS**

**MUSIC**

**Friday, May 10, 2012**

**MUST HEAR:** Lester Abrams

It’s amusing how many music legends call San Diego home. These days, it’s not unusual to spot the likes of Ace Frehley (KISS) or Rob Halford (Judas Priest) on local streets, while virtuosos like Johnny Vermon, who played on late Elvin Bishop’s last recording, is still occasionally found regularly playing in area nightspots. Such is the case with pianist Lester Abrams, who performs at Eddie V’s on May 11. A terrific jazz artist, Abrams has also had a lengthy career composing music for films, with his tunes heard in the likes of “South Central” and the “40-Year-Old Virgin.” His greatest claim to fame, to date, however, is his work as a songwriter on the Grammy Award winning Double Brother hits, “What A Friend I Have,” and co-writer of the classic song “Minute by Minute.” Playing a set of piano-based jazz at this gig, he is sure to impress anyone from such an esteemed musician in an intimate setting like Eddie V’s should not be passed up.

** seventeenth-century games, crafts, clothing, and dance. This year, the park will be unveiling new exhibits in the plaza area of the Casa de Estudillo. It includes the arts of the Native Plant Society, such as spinning, weaving and other fiber arts skills, creative pastimes, and daily chores of women who lived in early San Diego from 1812 to 1872. This year’s event takes place on Saturday, June 2, from noon to 5 p.m. Do your favorite diazepam, henna, or salt skull for the event. Women wea.

**Free Living History Activities in Old Town State Park**

Old Town San Diego State Historic Park has more than 10 free museums to open to the public. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll. Of course, the park is all year round, so you don’t have to wait for the weather to take a stroll.
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Bicycle delivery available in the Village for $20 minimum

20% Off Sushi

Mother’s Day Hot Spots in La Jolla

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Make Your Mother’s Day Reservations Now!

711 Pearl Street, La Jolla (858) 454-3806 www.cafemilanolajolla.com

GIRARD GOURMET
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ORDER your Personalized Mother’s Day Cake Now
La Jolla dining is all about

La Jolla dining is all about the famous chefs and their restaurants. Here are a few options around town to show mom just how much she means to you. 

• Treat mom like royalty at Beau mont’s Eatery or sister restaurant Brockton Villa for a special “Queen Bee” brunch. In addition to Beau mont Villa is located at 1235 Coast Blvd., (858) 454-7393. For more information or to make reservations, call (858) 459-0474 or visit www.beaumonts Beastery.com. Brockton Villa’s famed Coast Toast, or try something new like the truffle brie vegetarian omelet. Beau mont’s Eatery is located at 5662 La Jolla Blvd., (858) 454-7393.

• Mother’s Day is such a special day for the folks at George’s Cal ifornia Modern that the oceanfront restaurant — typically only open for dinner — will open its doors from 10 a.m. to 2:30 p.m. for a special Mother’s Day brunch. Chef Troy Foshee has created a menu just for mom that features a variety of appetizers and classic brunch entrees with the restaurant’s signature California Modern twist. Delectable dishes include brioche French toast with Chino Farms strawberries, eggs benedict with fresh dungeness crab, and prime short rib hash with poached eggs, mushrooms and parsley salal. Refreshing brunch cocktails will also be available for mom’s enjoyment alongside a stunning ocean view. George’s California Modern is located at 1250 Prospect St. To make reservations, call (858) 454-4244 or visit www.georgesathecove.com/california-modern.

• Cater to mom’s sweet tooth with a special Mother’s Day treat from Sprinkles Cupcakes. The cupcakery will offer a MOM Box featuring dark choco lave, red velvet, vanilla and lemon cupcakes adorned with Sprinkles daisies and sugar decorations. For that special touch, the box will be sealed with love with a “Mom loves cupcakes” sticker. The MOM box will be available from May 11 to 13. To pick up a box, visit Sprinkles at 8855 Villa La Jolla Drive. For more information, call (858) 457-3800 or visit www.sprinkles.com.

• Let mom indulge in the myriad offerings at La Valencia’s sumptuous Mother’s Day brunch buffet, served from 10:30 a.m. to 1:30 p.m. Divine options include made-to-order omelets and Bel gian waffles, smoked salmon, benedicts, king crab legs with cocktail sauce, seafood cold platter, pasta and carving stations, and a sweet assortment of spring desserts. La Valencia’s Mother’s Day brunch is $85 per person and $38 for children 12 and under. If mom and daughter are looking for a getaway this weekend, La Valencia is also offering “Beauty and the Beach,” a spa and yoga experience on May 12. The event will feature yoga and poolside spa services, kicking off with an all-levels Vinyasa flow yoga class in La Valencia’s picturesque oceanview garden. Next, guests can indulge in an afternoon of relaxation and beauty and enjoy their choice of two spa treatments ranging from an organic facial to a mini mani cure/pedicure. La Valencia is located at 1132 Prospect St. To make reservations, call (858) 551-3761 or visit www.lavalencia.com.

Beaumont’s Meggs Eggs are a local favorite. Give mom their choice of two spa treatments ranging from an organic facial to a mini mani cure/pedicure. It’s a great place to help mom escape her responsibilities and stress for a while. For Mother’s Day, Finch’s is serving up great deals on libations, including bottomless mimosas and a Bloody Mary bar that are sure to help her relax, even if just for a couple hours. Try any of Finch’s fresh Sunday brunch fare at affordable prices, while enjoying the smooth tunes of local musician Barry Cohen as he entertains guests with his versatile repertoire of velvet jazz sounds and elegant Latin pop gui tar ballads on the patio. For more information, visit www.finchsla.jolla.com or call (858) 456-4056.

La Jolla LIVING

By MARIKO LAMB | VILLAGE NEWS

Celebrate the woman who gave you life and taught you everything you know by getting her out of the kitchen and treating her with a special meal out on Mother’s Day. Here are a few options around town to show mom just how much she means to you.

• Treat mom to the gift of fine dining at Donovan’s Steakhouse on Mother’s Day. Classic dinner menus include the steakhouse’s signature USDA prime steaks, fresh sides and decadent desserts. To make her feel extra special, Donovan’s will send a complimentary “Happy Mother’s Day” e-card from Donovan’s website and a long-stemmed rose upon her arrival. Seating will be available from 3 to 9 p.m. Donovan’s in La Jolla is located at 4340 La Jolla Village Drive. To make reservations, call (858) 551-3761 or visit www.donovanssteak-house.com.

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Klatt Realty has just listed this choice 3 bedroom, 2.5 bath condo with a deck and a patio and covered parking in the UTC area! Action priced at $415,000!!!
We think this will sell fast because it is well priced and it is not an REO nor is it short sale! Call Klatt Realty for your appointment to see this deal yourself!!!

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We are offering this 2 bedroom, 1 bath apartment for lease for the first time in many years! Rent includes a 1-car garage. Sorry, pets are not allowed. Call for full details and an appointment to see this for yourself.
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Open This Sunday 1-4 • Wonderful West-Facing Back Yard with Ocean Views

Open This Sunday 1-4 • 5722 Waverly Avenue

This amazing property features a charming, remodeled 1940’s 3BR home in the heart of Bird Rock and is situated on one of it’s most desired streets just a 1/2 block from Upper Hermosa. Feel the ocean breezes in this open, light and bright sunny home which boasts a large west facing, beautifully landscaped, private sun-drenched yard and garden - the lot is 5,388 square feet. Features include ocean views, an upgraded granite kitchen, hardwood floors and an additional “hobby” room or office off the detached 2-car garage. Only a few short blocks to the many great shops and restaurants that make the Bird Rock Village so popular. An enchanting home in one of La Jolla’s most desired neighborhoods. This is the home, location and yard that so many families have been waiting for!

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Located in the heart of La Jolla’s Barber Tract, this historically designated 3BR/2BA 1930s Spanish Bungalow has been restored to perfection and is filled with custom features both inside and out. A spacious living opens to a sun-drenched walled patio with a fireplace and fountains and you can open a gate and walk down a secluded cul-de-sac to a beautiful white sand beach. The charming neighborhood is just minutes to the Village, shopping and restaurants. With Mills Act property tax savings in place, this alluring home will make you smile in more ways than one!

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