City Council passes Bird Rock Station
Frye casts sole dissenting vote

San Diego City Council members passed La Jolla’s Bird Rock Station project Tuesday, Oct. 14, by a vote of 6-1, despite sustained protest from a local group called No Third Story.

The council’s one dissenting vote came from District 6 City Councilwoman Donna Frye. La Jolla Town Council President Darcy Ashley said she and other Bird Rock residents opposed Bird Rock Station — a three-story mixed-use project at 5702 La Jolla Blvd. — because it would “Kate La Jolla’s PDO.”

According to No Third Story, this project would allow other similar projects into La Jolla’s village, increasing the density in commercial areas.

Community members such as City Council District 1 candidate Sherri Lightner of La Jolla claimed that adding three stories to the area would disrupt Bird Rock’s character. But the project’s manager and architect said No Third Story’s argument is incorrect because the neighborhood contains existing three-story buildings near Bird Rock Station.

Planning commissioners voted 4-0 in favor of the Bird Rock Station project last July, but citizens appealed the project to the city council.

For more information about the San Diego City Council, go to www.sandiego.gov. For more information about No Third Story, go to www.nothirdstory.org.

Bishop’s tops La Jolla in polo showdown

Rivals The Bishop’s School and La Jolla High tangled in the water last Friday afternoon in La Jolla, with Bishop’s scoring a 9-8 double-overtime win over La Jolla in boys water polo action.

After the first two periods of play, La Jolla High and Bishop’s were tied 1-1. The Vikings had four goals in the third quarter, which were answered by three goals from Drew Hovenberg of Bishop’s. With La Jolla leading by three points in the fourth quarter, Bishop’s responded and Justin Wolfe made the tying goal to knot the match at 8-8.

The first period of overtime went scoreless. Then the Knights were able to squeak out a goal in the second overtime period to secure the victory. Hovenberg finished with five goals for the Knights, while La Jolla’s scores were recorded by Hunter Gettelfinger, Joe Laird, James Hixson (two each) and one apiece from Adam Buechler and Augie Arcidiacono.

Bishop’s head coach Jim Fales noted, “Our team shot less than 30 percent for the day, but we were able to put it together in the fourth quarter and in OT. You have to give credit to the La Jolla goalkeeper and their defense. Our boys kept their composure even when we went down by four goals. That is the sign of a good team.”

Fales credited the play of goalmaker Christian Ronald, along with Hovenberg (five goals), Wolfe (game-tying goal in regulation).

Six on reform slate slide in over PLJ incumbents

Six of seven reform candidates beat Promote La Jolla’s incumbents Oct. 3 in a race to fill seven vacancies for the 2009 business improvement district’s board of directors.

La Jolla business owners become automatic members of PLJ – the village’s business improvement district, a nonprofit entity – with added business tax assessments, but anyone can choose to pay dues and become an associate member.

The reform slate’s ongoing theme centered on the public’s mistrust of the current board.

This year’s winners included incumbent George Hauer, owner of George’s at the Cove, and six reform slate candidates: Jennifer Clark, Glen Rasmussen, Shannon Turner, Brian Miller, Daisy Fitzgerald and Rick Wildman. The reform slate said they collectively decided to run after PLJ came out in favor of paid on-street parking, said La Jolla Town Council President Darcy Ashley.

Members of the reform slate said they are against paid on-street parking but the community’s issues run deeper, according to many new board members.

“I think transparency is a nice word that’s used a lot,” Wildman said. “It’s like every other public organization, and I think it’s very important that everything be done out in the open. Nobody objected to the results. There were no protests,” Wildman said. “Hopefully it’s going to be that way in the future. A lot of us live here and have lived here a really long time.”

Although nothing is official until the first of January, Wildman — a prominent La Jolla Art and actress Jane Seymour will appear Oct. 17-19 for her one-woman show at Simic Galleries, 1205 Prospect St.

Sweet Jane to show art at Simic in one-woman show

Actor Jane Seymour will exhibit a collection of her original artwork Oct. 17 through 19 in a one-woman show at Simic’s gallery.

“It’s a wonderful opportunity to meet Jane Seymour and acquire one of her artworks,” said Heather Friedman, executive coordinator for Simic Galleries.

Seymour will attend the weekend-long event with her original oil paintings, watercolors and limited editions, Friedman said. “It’s a huge exhibition,” Friedman said, adding that the gallery will be filled with Seymour’s works.

The British actress has won awards such as the Emmy and Golden Globe and was the recipient of the Officer of the British Empire for her acting talent.

Seymour currently acts in "Modern Men" on the WB Network, and has won awards such as the Emmy and Golden Globe. She has been the recipient of the Officer of the British Empire for her acting talent.

She won the Emmy for Best Actress in a Limited Series for her role in the 2004 mini-series "Double Jeopardy." She has received nominations for the Golden Globe and was the recipient of the Officer of the British Empire for her acting talent.

She was most recently noted for her role in the 2006 film "The Initial" as(Constants).
**LA JOLLA**

**$1,495,000**
Well maintained single level home that excites a wonderful tiled courtyard with numerous openings from the house—a perfect indoor/outdoor home! Separate pool area and master suite.

4BR/3BA.

---

**PACIFIC BEACH**

**REDUCED $995,000**
Enjoy bay & ocean views from the dining/living rooms as well as the upstairs master suite & deck. Newly painted and shows like a model with new granite counters & kitchen & Viking appliances.

3BR/2.5BA.

---

**LA JOLLA**

**REDUCED $1,295,000**
Meticulous Blackhorse residence with recently renovated bathrooms and remodeled kitchen. Quiet and Private.

4BR/2.5BA, 2,601 sq ft.

---

**LA JOLLA**

**REDUCED $1,925,000**
Welcome to one of La Jolla’s most desirable neighborhoods! Single level, ranch style home on a generous sized lot, located on a quiet street.

4BR/3BA.

---

**REDUCED $1,895,000**
This impressive La Costa Greens villa boasts 4,745 sq. ft and 5BR/5.5BA, including private casita with separate entrance. Outdoor entertaining with pool, jacuzzi, BBQ/bar.

---

**LA JOLLA**

**REDUCED $995,000**
Beautiful home with master suite downstairs, 2 patios, approximately 2,679 sq ft, newer kitchen and large living room. This is a great value in La Jolla!

4BR/2.5BA.

---

**CARLSBAD/LA COSTA**

**$1,895,000**
Spectacular new construction in the Village only one block to the beach.

2BR & 3BR.

---

**LA JOLLA**

**REDUCED $6,299,000**
What a wonderful site! This newer 1.75-acre estate is hidden in a private cul-de-sac and finished in the most unique stone and wood details.

6+1BR/6+2BA.

---

**LA JOLLA**

**$1,325,000**
Classic brick traditional one level home with spacious great room, gourmet kitchen and entertainment-sized patios with downtown & ocean views.

4BR/3BA.

---

**LA JOLLA**

**$2,885,000**
Luxury home offering so much for an exceptional price! Extensively & tastefully remodeled throughout, spacious floor plan, easterly panoramic views and large pool/spa on close to an acre lot.

4BR/3BA.

---

**LA JOLLA**

**$1,250,000**
Luxury home offering so much for an exceptional price! Extensively & tastefully remodeled throughout, spacious floor plan, easterly panoramic views and large pool/spa on close to an acre lot.

4BR/3BA.

---

**LA JOLLA**

**$795,000–$895,000**
Charming, Spanish Colonial Casitas newly renovated with wood floors and Viking kitchens. A short stroll to the beach.

2BR/1BA.

---

**LA JOLLA**

**$895,000–$925,000**
Beautiful home with master suite downstairs, 2 patios, approximately 2,679 sq ft, newer kitchen and large living room. This is a great value in La Jolla!

4BR/3BA.

---

**LA JOLLA**

**$2,885,000**
Classic brick traditional one level home with spacious great room, gourmet kitchen and entertainment-sized patios with downtown & ocean views.

4BR/3BA.

---

**LA JOLLA**

**$2,900,000–$3,700,000**
Spectacular new construction in the Village only one block to the beach. 2BR & 3BR.

---

**LA JOLLA**

**$895,000–$925,000**
Well maintained single level home that encircles a wonderful tiled courtyard with numerous openings from the house—a perfect indoor/outdoor home! Separate pool area and master suite.

3BR/3BA.

---

**LA JOLLA**

**$1,495,000**
Wonderful Birdrock home west of LJ Blvd in the Calumet Park area.

3BR/2BA.

---

**LA JOLLA**

**$895,000–$925,000**
Beautiful home with master suite downstairs, approximately 2,679 sq ft, newer kitchen and large living room.

4BR/2.5BA.

---

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Add the Australian sea squirt, scientific name botryllus trunatme, to the ranks of non-native aquatic species that have invaded and fouled San Diego and California waters. The sea squirt, first found in San Diego attached to a Shelter Island fishing pier in 2007, was recently quoted for the first time in Mission Bay. The environmental damage from a new invasive species appears only gradually and can include extinctions of native species.

As recently as last year, San Diego Bay had the dubious honor of hosting the only two identified Australian sea squirt infestations along the length of the West Coast.

According to Sarah Cohen, a San Francisco State University marine biologist researching the aquatic invertebrate under a Cooperative Extension Sea Grant Program, “They are able to grow almost unchecked. This gives them a big competitive edge.”

Environmental Research Center in Edgewater Md., in an article on the California Sea Grant College Web site. How the tunicate invasion will affect San Diego is not yet known, but invasive species create problems to ecosystems because of their lack of natural predators.

“They are able to grow almost unchecked. That gives them a big competitive edge over native species and predators,” explained Leigh Taylor Johnson, a marine advisor with the University of California Cooperative Extension Sea Grant Extension Program. “They are able to grow almost unchecked. That gives them a big competitive edge.”

Johnson said researchers speculate that sea squarts arrived in the U.S. in oceangoing ships’ sea chests — openings in a vessel’s hull encasing engine cooling intake pipes — and then are spread, like other invasive species that adhere to hulls, by small recreational boats that are trailered between lakes and rivers.

Previous invasions of foreign aquatic species such as the freshwater Quagga and Zebra mussels have caused extensive damage to American waterways and water and irrigation systems. Both were introduced into the United States in the 1980s, probably through discharge of ships’ ballast water, and have now spread throughout the West, adversely affecting reservoirs, dams, lakes and recreational boating and fishing.

The Zebra mussels, through the building of their concrete-like excretions, have blocked municipal water and power plant cooling water intake systems that draw their supply from infected lakes and rivers, particularly from the Great Lakes, where the Zebra mussels were first introduced into the U.S. Clearing the blockages cost systems operators millions of dollars.

“Quaggas cause fouling issues and their shells are dangerous to harpoon and they attach themselves in dense clusters and clog water pipes of all varieties. "Quaggas cause fouling issues and are voracious feeders. They’re eating up all the food and native species can’t get enough to eat, causing a problem for fishermen," Johnson said.

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“The Red Flag Warning is still going, just for the mountains and the valleys,” Wasowski said on Wednesday, Oct. 15. “It’s mainly based on the low relative humidity.”

San Diego’s infamous Red Flag Santa Ana wind conditions did not affect a portion of University City that caught fire about 8:30 a.m. Tuesday, Oct. 15, according to the National Weather Service officials. Firefighters received a call Tuesday morning that a canyon near eastbound Highway 52 was ablaze, said a San Diego Fire Rescue Department dispatcher. “They knocked down the fire at 8:45 a.m.,” the dispatcher said. “There was no damage — it was just a small vegetation fire.”

But Stan Wasowski, with the National Weather Service, said the coastal areas are not considered at risk and those areas are outside the Red Flag Warning area. “The Red Flag Warning is still going, just for the mountains and the valleys,” Wasowski said on Wednesday, Oct. 15. “It’s mainly based on the low relative humidity.”
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women's club hosts breast cancer event

The San Diego Alumnae Chapter of Zeta Tau Alpha, an international organization of women, will host a fashion show this month to support a non-profit organization, will host a fashion show and luncheon Saturday, October 18, at the Kona Kai Resort. The silent auction and raffle will begin at 11 a.m. to 3 p.m. Simic Galleries is located at 1205 Prospect St.

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Ballast Point bakery to host fund-raising event

Ballast Point Brewing Co. will host its 12th anniversary party and beer festival Oct. 25 at Liberty Station’s North Promenade in Point Loma as part of a fund-raising event to benefit the YMCA Toddler Program and Family Services Division and the Grohn’s and Collins Foundation. Ballast Point will be joined by more than 15 other local breweries in putting on the event, according to organizers.

Participants will enjoy live island-style music from San Diego-based Pau Hana and receive 10 ounce tasters for the price of admission. Tickets are $35 if purchased online in advance or $40 the day of the event.

“Another way we’re able to support the local community is to create opportunities to get people together,” said Jack White, founder and president of Ballast Point Brewing Co. “And the outpouring of support that we have received from the San Diego community has truly been inspirational.”

Ballast Point Brewing Co. distributes five of the brewers’ favorite beers commercially: Yellowtail Pale Ale, Calico Amber Ale, Black Marlin Porter, Lowtail Pale Ale, and Wahoo Wheat Beer.

For more information about Ballast Point Brewing Co. and the anniversary party and beer festival, call (858) 695-2739 or visit www.BallastPoint.com.

Build Better Bones

A Comprehensive Osteoporosis Management & Postural Correction Program

Pampered by Marcia Tassinari, M.P.T. of Tassinari Physical Therapy Inc.

Osteoporosis only affects people over 60

Myth

Osteoporosis affects people of all ages

Learn

How to build stronger bones

• Learn how to Reverse the Patterns of Postural Change

• Learn how to improve your back problems and pain

For more information about Tassinari Physical Therapy Inc., call (858) 581-6900 or visit www.tassinari.com

Reverse the Patterns of Postural Change

Walk Tall: A Comprehensive Osteoporosis Management & Postural Correction Program

Presented by Marcia Tassinari, M.P.T. of Tassinari Physical Therapy Inc.

Time: Sacred Heart Church Parish Hall, 2024 Sunset Cliff Ave., Point Loma

To contact the library, call (858) 581-9637. For the Nobel Park Recreation Center, call (858) 552-1626.

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LA JOLLA’S Joe Laird scores an amazing goal while submerged past Bishop’s Ollie Feune de Columbi (above). Bishop’s Justin Wolfe dramatically ties the score at 8-8 with seconds to go over LJ’s Laird (below).
They also cause problems for farmers and ranchers, too, she said, since they invaded agricultural drip watering systems in Imperial County, and may threaten the salmon spawning areas in the northwest. Once Quagga larvae invade the water supply system it can cost millions of dollars to eradicate them.

While no currently known salt-water invasive species is quite as damaging as the Quagga or Zebra mussel, she explained, some salt-water invasives are actually carriers of harmful diseases.

A key tool in the effort to halt the spread of invasive aquatic species is an aggressive campaign to educate and require owners of trailerable boats to clean their boats, trailers, vehicles, fishing and recreational equipment — and even clothing, footwear and pets that have been in contact with freshwater lakes or rivers — after each use and before transporting the boats to a new waterway that may not be infected.

Since state and federal law have now made transportation of Quagga and Zebra mussels illegal, the California Department of Fish and Game (DFG) has developed a set of recommendations for boat owners for cleaning boats to prevent the spread of invasive species.

The guide to boat cleaning, titled “Don’t Move a Mussel,” is available online. If a boat is found to be contaminated, DFG can quarantine the boat and fine the owner. Owners of larger vessels kept in marinas are advised to use appropriate anti-fouling paints on their hull bottoms and follow recommended hull maintenance procedures, which include cleaning every three to four weeks.

Scott MacLagan, marina manager of Sunroad Marina on Harbor Island, who follows environmental management techniques closely, agreed that the larger vessels are not the culprits in spreading invasive species, but rather the trailerable boats that travel from lake to lake. “The boats we have here don’t travel between (lakes). The boat owners clean them thoroughly,” he said, and most owners have their hulls scrubbed by divers every few weeks.

“If you’re just sitting in place, you’re not adding anything new, but you don’t want to pass invasive species along or bring it back,” Johnson said.

For more information about invasive species and their impact on the environment, visit California Sea Grant’s website at www.csgc.ucsd.edu (click on special topics) and DFG’s Web site at http://www.dfg.ca.gov/invasives. For cleaning guidelines, visit dfg.ca.gov/invasives/quagga-mussel.html.
Engineers and even Burger King and mal care and economics. And there is a balance between animal farming methods, and they know that is enhanced by more humane household. Family farmers know food quality, and several hens are crammed into a battery cage with each other. On factory farms, pigs are kept in metal cages or crates so small that they cannot stretch their limbs — a matter of basic decency and an upholding of the principle that all animals deserve humane treatment. The measure seeks to afford animals that really needed them. We didn’t trust the process.”

“We didn’t vote yes on Prop 2.”

— Wayne Pacelle, president and CEO of The Humane Society of the United States, was in La Jolla last week for a benefit in Prop 2, VegasProp.com.

Americans could barely believe their eyes when witnessing mistreatment of downed cows at a California slaughter plant earlier this year, making mister for The Humane Society of the United States. The federal government was undercovers and documented cows being brutalized in order to get into the kill box. Government inspectors and plant managers were willing to stop the sale of meat from sick and crippled animals to consumers.

This investigation shows us that the federal government and the factory farming industry to protect animals from abuse or death is not always done. The European Union has already legislated against animal veal cages, barren battery cages and gestation crates, and these regulations now apply to all of its 27 nations. These model reforms won’t be costly to implement. The egg industry’s own California-based economic studies show that enabling cage-free eggs will cost less than one penny per egg more. This ballyhoo is a misinterpretation of fact. The initial vote of 109 to 1 was simply to proceed with the FBC. The initial vote of 109 to 1 was a priori acceptance of an unseen final plan. Months later, at the completion of the FBC process, the Bird Rock Community voted to reject the FBC, and the FBC then voted to support the Planned District Ordinance. That’s democracy.

Sure, at the start of the FBC process, there was a great deal of enthusiasm. It ended with a disappointing written report. Whether the authors lacked funding, commitment, time, whatever, the report was inadequate. It contained typoes and errors of fact on almost every page. The community identified errors, but they went uncorrected. Just to take two examples, pocket parks were proposed which covered homeowners’ driveways to their garages, and midblock pedestrian crosswalks were proposed. The Traffic Plan created more parking spaces on La Jolla Boulevard, but the FBC authors would have taken two to three parking spaces on each side of La Jolla Boulevard for each of two midblock crosswalks, removing eight to 12 parking spaces from a boulevard that really needed them. As part of the FBC process, residents were willing to accept a third-story provision, in some cases, a modest animal welfare step that really needed them. We didn’t trust the process.”

“We didn’t vote yes on Prop 2.”

— Wayne Pacelle, president and CEO of The Humane Society of the United States, was in La Jolla last week for a benefit in Prop 2, VegasProp.com.

Community didn’t trust the process

In a letter to the editor, Sept. 25 (“FBC was not rejected,” page 8), a writer made several errors explaining the history of the failed Farm-Based Riders, FBC. The initial vote of 109 to 1 was simply to proceed with the FBC. The initial vote of 109 to 1 was a priori acceptance of an unseen final plan. Months later, at the completion of the FBC process, the Bird Rock Community voted to reject the FBC, and the FBC then voted to support the Planned District Ordinance. That’s democracy.

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The Bird Rock Community wisely rejected the FBC in favor of the FDO. Also the writer stated the FBC “effort” was rejected, it was the FBC itself. When the audience was polled as to whether they voted against the FBC, the resounding answer: “We didn’t trust the process.”

Your tax dollars pay to vandalize an LJ treasure

At a time when the City of San Diego and the State of Cali- fornia are experiencing serious financial challenges, Judge Hoffman has found the city to immediately dredge Children’s Pool in La Jolla. The Children’s Pool has long been a seal rook- ery, unique to the region and set along the beautiful San Diego coast. The Children’s Pool is a tourist attraction, bringing joy to hundreds of thousands of park visitors every year. The project would be funded by local tax dollars.

It’s a painful commentary on human nature, when a small group of people can, with no apparent empathy, create changes that will destroy a unique wildlife viewing area enjoyed by hundreds of thousands of people from all over the globe.

Following the laws of unim-paired vision, what happens if these seals, once an integral part of our scenery, are now driven from their natural habitat, and left behind...
Having experienced a packed theater at the Old Globe's production of Clare Booth Luce's 1936 social satire, "The Women," Wednesday, Oct. 1, and having observed houses only half-full elsewhere in recent weeks, it is apparent that word of mouth says, "Spend your entertainment dollar here." Word of mouth speaks the truth.

Moreover, the production team — scenic designer David P. Gordon, costume designer Anna R. Oliver, lighting designer Matthew Richards, sound designer Paul Peterson and music director Ron Colvard — knocks itself out to create a visual and aural feast. The costume budget alone might account for the entire yearly budget of one of the city's struggling theater companies. Such indulgence on the part of one of San Diego's fine theater troupes may be the palliative needed for these troubled times, and so, arts lovers, indulge yourselves. Before the evening ends, everyone sings, and so will you.

Tresnjak firmly fixes "The Women" in time, beginning and ending each act with period music sung by musical theater veteran Nancy Anderson, who then steps into the action as protagonist Mary Haines' friend, Miriam.

Also a veteran of numerous Broadway musicals, Kate Baldwin portrays Mary, whose husband strays with a blonde shop girl (Kathleen McElfresh), whom he sets up in an apartment. All of Mary's friends are wise, but a manicurist spills the beans. Mary's mother (Linda Gehringer, who lends just the needed balance), last) wisely advises Mary to say nothing and do nothing, but a manicurist spills the beans. Mary's mother (Linda Gehringer, who lends just the needed balance) wisely advises Mary to say nothing and do nothing, but Mary listens instead to her more experienced friends, the ruthless Sylvia (Heather Ayers), Nancy (Amanda Naughton), Peggy (Amanda Kramer) and Edith (Amy Hohn), whose sharp-tongued dialogue is spot-on as the much-married Countess de Lage, and child actor Edith (Amy Hohn). Ruth Williamson is spot-on as the friends, the ruthless Sylvia (Heather Ayers), Nancy (Amanda Naughton), Peggy (Amanda Kramer) and Edith (Amy Hohn), whose sharp-tongued dialogue is spot-on as the much-married Countess de Lage, and child actor Kayla Solshak is fine as Little Mary, the one truly affected by her parents' divorce.

The supporting company — Mary-Pat Green, Jenn Harris, Aaryn Kopp, Aimee Nelson and Blair Roes — is marvelous and proves some of the production's most delicious visual gags in a variety of roles that include the women's hairdressers, couture store models, saleswomen, maids and attendants. Pay attention: dresses sometimes reappear on other women. Luce's comedy is definitely a period piece, a time in which wealthy, pre-World War II socialites are as if trapped in amber, economically dependent, expected to act in proscribed ways, and slaves to their class and rule expectations.

One experience of Tresnjak's brilliant production may not be sufficient. It is not only beautiful, it is wise. "The Women" continues at 7 p.m. Sundays, Tuesdays and Wednesdays, 8 p.m. Thursdays through Saturdays, and 2 p.m. Saturdays and Sundays, through Oct. 26, at the Old Globe Theatre, Balboa Park. For tickets and information, visit www.oldglobe.org or call (619) 23-GLOBE.


PHOTO BY CRAIG SCHWARTZ
In and about the Village

Nanette

Something to talk about at Salk: music

Each element was in place: a perfect, end-of-summer evening; the majestic Louis Kahn-designed buildings framing the bandshell where the San Diego Symphony under Thomas Wilkins was scheduled to perform, along with guest artist John Pizzarelli’s jazz interpretations with his trio (there were actually four participants). Behind them, the magnificent ocean with the sun slowly setting as patrons were seated to dine luxuriously on elegant boxed suppers (a form of surf and turf), after having been treated to tours of the world-famous Salk Institute, where Nobel Prize-winning scientists work ceaselessly to increase knowledge and solve medical mysteries. A recent $20 million grant from Ted Waitt and a number of other substantial gifts will ensure the continuation of work being done there. This was the 13th year of Symphony at Salk and it was graced with the usual array of world-renowned researchers, prominent local philanthropists and even a movie star, who consented to a photo but was concerned about being taken from just the right angle. Former La Valencia chef Judd Canepari, now with the Rancho Bernardo Inn, was there which just goes to prove that chefs are the new rock stars.

Featured Rental

$6,000 Colony Hill. Incredible views, views and more views. This home is sighted to take advantage of some of La Jolla’s best views. From the pond at the Beach and Tennis Club all the way to Dana Point and east to the Mormon Temple and the lights of UTC. Elegantly furnished the 3-bedroom, 3.5-bath home has more than 3,000 sq. ft. of space including an enormous bonus room/office with 180-degree views. Available furnished or unfurnished Nov. 1.

$2,300 La Jolla Shores. This 3-bedroom, 2-bath home is fully furnished and just a short stroll to the beach. There is a beautiful private yard and plenty of off street parking. Available Oct 08–June 09.

$4,500 Birdrock. How would you like to have Starbucks just outside your front door? That’s what you get with this 3-bedroom, 3-bath stylish townhome. Designer furnished with an ocean view roof deck this unique unit allows you to walk to all the great places Birdrock has to offer. Available now.

$7,000 Santa Luz. Stunning Mediterranean-style home in the prestigious gated community of Santa Luz. This 4-bedroom, 4-bath home is beautifully furnished with custom designer touches. The backyard is perfect for entertaining with the custom pool and spa with waterfall, built-in BBQ and lush tropical feel. Available now.

$10,000 La Jolla Shores. Located directly on Kellogg Park with stunning sit down white water views, this sprawling luxury home sets the standard. From the huge kitchen with top-of-the-line appliances to the palatial master suite with walk-through boutique-sized closet and private gym the home exceeds expectations. The roof top deck with full kitchen and half bath offers space for entertaining on a grand scale. Five bedrooms, including 2 masters, 5.5 baths. Available now. Unfurnished.

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Jim Whitesell, Marye Anne Fox and Irwin Jacobs. (Below) John and Michelle Schlekewy with Judd and Joanna Canepari.

La Jolla Newcomers: Jane Wyner and Maurice Wharton.

La Jolla Newcomers: New President Janice Farnow.

La Jolla Newcomers: Nancy Marlowe, Dale Kneale, Christi Meehan and Bob Coates.

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**Sports**

**Harriers stride to victory in tourney and league races**

**Dr. Dave Thomas** | **Valleym News**

With league and state races not too far away, local cross country Harriers are tuning up for some big runs this fall.

At the recent St. Mary's Schools Invitational at Morley Field, top Harriers turned in solid races.

Meanwhile, the La Jolla Country Day Harriers topped both Mission Bay and Hoover.

In the junior varsity race, La Jolla topped both Mission Bay and Hoover, 15-50. La Jolla's Christie Richardson captured top honors for the Lady Vikings.

On the boys side, La Jolla defeated Hoover (24-31) and Mission Bay (17-44) in action last week. In the JV races, La Jolla topped Hoover (16-49) and Mission Bay (15-50).

The top five La Jolla varsity runners were Bryant Hammershaimb, Michael Cron, Andrew Farkas, Alex Eye and Spencer Mays. The top five JV runners were Andrew Jaye, Um Hushajaw, Shawn Deviti, Ferdinand Ekmann and Benny Gheetter.

**Bishop's gridders score win; LJCD, UC fall**

**Dr. Dave Thomas** | **Valleym News**

The Bishop's School football team continued its winning ways last Friday with a 29-6 victory over Escondido Charter.

Bishop's (4-2) scored 29 straight points in the second quarter to put the game away. Freshman QB Joey Montgomery (16th) finished with 127 yards and two TDs, running back Kyle Jester had seven carries for 11 yards, and Mike JenKens tallied three carries for 37 yards and a TD. Micah Seau added a 54-yard TD on a blocked punt while teammates Junior Togiaso and Shon-Jones battle back in the third quarter to head coach Jeff Hutzler.

The Bishop's junior varsity girls also had another strong top-to-bottom effort, finishing overall to a strong St. Augustine league title.

The Bishop's School football team continued its winning ways last Friday with a 29-6 victory over Escondido Charter.

Meanwhile, senior Alex Caniglia finished with a team-high 64 yards and 2 TDs. Freshman Todd Happy added 5 Ks and sophomore Vanessa Martinez had 17 digs for the Lady Centurions.

In more Western League action this Friday, Oct. 17, 7 p.m. at La Jolla High's Edwards Stadium, the La Jolla Harriers will host Sage Hill.

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- Corner unit with fireplace & many upgrades.
- Offered at $1,390,000.

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- Hardwood floors, 2 marble fireplaces, and built-in office areas. 24-hr. guard-gated entry, 6 lighted tennis courts, 2 pools, spa, exercise room. Indoor racquetball court & more!
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Stem cell project changes its name

**Mr. Sandford has joined the board, which is terrific. He’s articulated real support.**

**LOUIS COFFMAN**

**SCRM VICE PRESIDENT**

**Mr. Sandford has joined the board, which is terrific. He’s articulated real support.** Coffman said.

Sanford’s funds will be combined with a $43 million grant awarded by the California Institute for Regenerative Medicine (CIRM) to build and equip a facility for scientists from the consortium’s four institutions, allowing them access to collaborate on world-class stem cell research. SCRM has initiated plans to build a research center.

The consortium will begin building at the University of California, San Diego (UCSD) in January of next year. The SCRM project will bring together four research science centers, including the Burnham Institute for Medical Research, the Salk Institute for Biological Studies, the Scripps Research Institute and UCSD. The four groups initiated SCRM, a non-profit organization funded by California’s Stem Cell Research and Care Initiative (Proposition 71) in 2006.

The consortium recently released a draft environmental impact report (EIR) for a 135,000-square-foot research facility to be located at UCSD. According to SCRM communications liaison Richard Lefldoff in a previous interview, the groups that formed SCRM chose to build the research building at the 7.5-acre site located at the northwest corner of North Torrey Pines Road and Torrey Pines Scenic Drive because it is relatively close to all four members. UCSD owns the land, which

### Salk Institute appoints Brody new president

Officials at the Salk Institute for Biological Studies announced Monday that they have appointed Dr. William R. Brody, retiring president of Johns Hopkins University, as the institute’s new president.

“He has an incredible record as an academic leader, having served the last 12 years at Johns Hopkins University,” said Mauricio Minotta, media liaison for the Salk Institute. “And he has a stellar background as a research scientist and business leader as well.”

Brody is a member of the National Academy of Engineering and the Institute of Medicine. As president, Brody will oversee 870 staff members and research teams, Minotta said.

“He also has a great record as a fund-raiser,” Minotta said.

While at Johns Hopkins in Baltimore, Brody raised $3.4 billion for the university in a capital campaign.

“He will officially start March 1 (2009),” Minotta said, adding that the institute’s interim president will continue until that time.

Jonas Salk, M.D. — a discoverer of the polio vaccine — founded the Salk Institute for Biological Studies, La Jolla in 1960 on land the city of San Diego gave to the doctor for his research. The nonprofit institute at 10010 N. Torrey Pines Road continues to research diseases.

For more information about Salk, go to www.salk.edu.

### County’s oldest library celebrates 80th birthday

Residents will celebrate the 80th birthday of an institution on Saturday, Oct. 18, when county and city officials join neighbors to explore the roots of the Ocean Beach Library — the oldest in San Diego County.

The Ocean Beach Library began as a grassroots literary effort nearly 100 years ago but was formally dedicated as part of the city’s library system in October 1928. While the day belongs to the OB Library of today, organizers said the event will be made richer because of the local origin of efforts to quench the thirst for knowledge beginning in 1909.

The celebration, set to begin at 11 a.m., will feature historical reflections, speeches, music and activities for children, according to library officials.

“This really is designed to help us remember what has gone into this facility … It has been in use continuously since its dedication,” said Matt Beauty, manager of the OB Library. “Most longtime OBceans have grown up with it, and it’s very much a part of their everyday lives since so much of the rest of the local landscape has changed.”

The event will kick off with the bluegrass sounds of the ZZmyzy Quartet, which will begin performing at 11 a.m., followed by the formal ceremonies at noon and an introduction by Master of Ceremonies Ned Tobin, vice president of the Ocean Beach Historical Society.

Local Girl Scouts will make a flag presentation, followed by addresses from several local and county officials.

A magic show for children will begin at 1 p.m. inside the library, along with more music and a ceremonial tree planting, according to Beauty.

The event will fete not only the birth and growth of the library at its current location at 4801 Santa Monica Ave. But also the efforts to extend library outreach that began nearly two decades before.

Tilson, who arrived in Ocean Beach in 1929 as a grammar school student, said historical records show a group of OB residents began a grassy effort in 1909 to begin building wooden shelves at the first informal
San Diego Bay Marine Terminal union workers get up early on Saturdays. They go door-to-door as part of a campaign to stop a local development company from changing the way a major San Diego Bay terminal operates.

Brian Whatley, president of the International Longshore and Warehouse Union Local 29, said the redevelopment initiative that is Proposition B on the November ballot would threaten about 400 jobs the local chapter represents. The average annual pay for a Longshore union worker can range from $90,000 to $120,000. That includes overtime, employment benefits and salary, he said. The union organized the door-to-door campaign that has already cost about $20,000 so far, he said.

Longshore union workers move large equipment, including windmills, propeller parts and steel cargo, Whatley said. Physical restrictions accompanying redevelopment would interrupt work. Port officials have said more than

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**BUSINESS BRIEF**

**Affordable housing forum planned at PLNU**

Registration is under way for the San Diego Housing Federation’s 17th annual Affordable Housing and Community Development Conference.

The conference, which is expected to draw around 300 participants, will be held Friday, Oct. 17 at Point Loma Nazarene University, 3900 Lamaland Drive.

The event will include developers and those who design, build, finance and manage the 35,000 affordable homes and apartments in San Diego County.

The keynote speaker will be Richard Gentry, San Diego Housing Commission president and CEO, who recently took over leadership of the commission.

The conference begins at 8 a.m. with a continental breakfast and opportunities to explore about 25 exhibits, and continues through 3:30 p.m. with three rounds of workshops.

For prices and registration, call (619) 239-6693 or visit www.housingsandiego.org/events_conference.php.

**CONNECT Frameworks Workshops:** “Leveraging High-Tech Assets for Your Company’s Growth,” Oct. 16, 7:30-11 a.m., National University, 11255 N. Torrey Pines Rd., www.connect.org

**SD Financial Executives International:** blue-ribbon panel session, Oct. 16, 5:45 p.m., LJ Marriott, 4240 La Jolla Village Dr., RSVP pier-point2@cox.net, www.financialexecutives.org

**Accountants in Transition:** Hosted by Brad Janik of Judy Thompson & Associates, Oct. 17, 9-11 a.m., Judy Thompson and Associates, 5080 Shoreham Dr., Suite 204, RSVP by Oct. 16 to 452-1200

**SCORE Workshop:** QuickBooks Basic, Oct. 18, 9 a.m.-4 p.m., PLNU Mission Valley campus, 4007 Camino del Rio South, $69 prepaid, $79 door, (619) 557-7272

**SCORE Workshop:** Franchising, how to choose the right one, Oct. 18, 9:30 a.m.-12:30 p.m., PLNU Mission Valley campus, 4007 Camino del Rio South, $49 prepaid, $59 door, (619) 557-7272

**SCORE Workshop:** Business Plan II, how to write a winning business plan, Oct. 22, 9 a.m.-3:30 p.m., PLNU Mission Valley campus, 4007 Camino del Rio South, $94 prepaid, $104 door, (619) 557-7272

**SCORE Workshop:** Business Plan III, how to write a winning business plan, Oct. 22, 9 a.m.-3:30 p.m., PLNU Mission Valley campus, 4007 Camino del Rio South, $94 prepaid, $104 door, (619) 557-7272

**BIOCOM San Diego:** “Device and Diagnostic Development, Concept to Bedside,” Oct. 22

**AFFORDABLE HOUSING**

Palm Village, a new senior community, will open this weekend.

The 58-unit community on West Laurel Avenue, near Palomar Medical Center, was planned for low-income residents through local government programs. 

The developer,开发商, will begin taking applications next week for people who meet the income guidelines.

**AFFORDABLE HOUSING**

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See MASTER PLAN, Page B3

When Stroke Happens

The right hospital can save your life.

Scripps Memorial Hospital La Jolla recently earned the Joint Commission’s Gold Seal of Approval for stroke care and was designated a Joint Commission Certified Primary Stroke Center.

What does this mean for you? Fast and effective care when you need it most. Scripps La Jolla is equipped with state-of-the-art technology and highly trained specialists who provide immediate diagnosis and stroke intervention – 24 hours a day; 7 days a week.

Stroke is the nation’s third leading cause of death affecting over 700,000 people each year. On average, someone suffers a stroke every 45 seconds and someone dies of a stroke every 3.5 minutes.

Know the Signs of Stroke and Get Help FAST!

F- facial droop, uneven smile
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S- slurred speech, difficulty speaking or understanding
T- time to call 911

For more information about Scripps Memorial Hospital La Jolla, or to find a physician who specializes in stroke care call 1-800-SCRIPPS or visit www.scripps.org.
And with the possibility of a brand-new sports venue, hotels and hospitality industry business attracting tourists, opening up the terminal to private development would also bring lots of tax and revenue into city coffers at no cost to the public, he said.

“These are supportive uses that would be allowed on this terminal so long as they didn’t conflict with priority use,” Gallagher said in a July interview.

There are no solid plans, however, depicting exactly what would be built, he said.

A superior court judge ruled in September that San Diego voters would decide in November whether a private firm can redevelop 10 acres of terminal land now under Port of San Diego control.

An appellate court delivered another blow to opponents of the initiative.

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library, known as the Surf Cliff Building, on Abbott Street near Santa Monica Avenue. This original site was near where the Ocean Beach Lifeguard station now stands, said Tillow, 84.

"It wasn’t necessarily ideal," Tillow said. "There was a merry-go-round and skating rink there where they would play all this hurdy-gurdy music while people were trying to concentrate on reading."

According to historical records, the humble reading site took on more vigor in 1916, when Kate Spanier, the principal of Ocean Beach Elementary School next door, led a charge for city-backed funds to build a reading room. Beatty confirmed Rankin’s library site, known as the Sutard. Records indicate the cost of the library/locations.

"It wasn't necessarily ideal," Tillow said. "It was one of the community centers, not only as a library but for all kinds of get-togethers until after wartime (World War III). I remember in grammar school when I started at Ocean Beach Elementary. Since we were right next door, the teachers would take us kids over to get our library cards. And I still remember Margaret Rankin, the librarian. She was a dignified but lovely lady. She kept us respectful but happy.

Beatty confirmed Rankin’s lengthy tenure as head librarian in Ocean Beach from the 1920s until her retirement in 1959. Change is a constant, according to library officials, who are not only savoring the history and subsequent growth of the facility but also looking ahead.

According to Beatty, the last expansion of the OB Library took place in 1966. Plans are now on the table for another renovation, but no formal funding has been allotted to move the project forward.

"We’re hoping to move forward on this renovation," Beatty said. "We just don’t know when yet. The plan was redone last year, and the city did purchase the property next to our current site for the renovation. But aside from the $1.5 million for the property, nothing else has been approved as yet."

For more information about the Ocean Beach Library’s 80th anniversary celebration, call the Friends of the Library, (619) 223-4960, or the library, (619) 531-1530, or visit www.sandiego.gov/public-library/locations.

The Ocean Beach Library used to be framed by tall trees (right). The library, which is the oldest in San Diego County, celebrates its 80th anniversary this Saturday, Oct. 18.

**Home for the Holidays**

**TIPS FOR STRESS-FREE ENTERTAINING**

The pleasures of the holidays can take a toll even on the most seasoned host or hostess. Most people look forward to reuniting with friends and loved ones, but the stress can be overwhelming. This year, ease the anxiety and truly enjoy the company of your guests and the joy of the season. Here are some easy expert tips on just how to do it.

**IT'S NEVER TOO EARLY TO START PREPARING**

- Start by preparing the space. Go room by room and create a festive, cozy atmosphere throughout the entire house.
- Start with your entry hall or foyer, often one of the most overlooked rooms in the house. This is where you first welcome guests, and first impressions matter! Make it inviting by removing clutter and filling the space with holiday cheer.
- **PLAN ROOM BY ROOM**

  - **Living room.** Create an open environment that is conducive to conversation and interaction. The living room is where most guests gather, so create a space that encourages guests to mingle, chat, and entertain themselves — without constant supervision from the ever-busy hostess.
  - **Dining room.** A sophisticated, sophisticated dining room reminds guests that holidays are a special occasion. And after spending hours cooking in the kitchen, make sure the tablescapes highlight your outstanding culinary efforts. The dining room table should be the focal point and complete the look of elegance. The table itself should be finely finished and timeless, and fine impressions matter! Make it inviting by removing clutter and filling the space with holiday cheer.

**Contemporary Fine Arts Gallery**

On Saturday evening, October from 7 to 9, artist Orlando Agudelo-Boyteo will present his new body of work "The Sunny Side of Life" at Contemporary Fine Arts Gallery in La Jolla (7494 Ivanhoe Avenue, 858-551-2010). He is an artist who brings humanism to contemporary art. Orlando's images are drawn from his psyche; they are felt rather than seen. Portraying the contemporary heart and soul, his art speaks eloquently with the same gentleness and quiet strength as its creator. As an artist whose genuine instincts motivate his search for artistic challenge and expression, Orlando is an artist who is revered by humanism to contemporary art. Orlando's images are drawn from his psyche; they are felt rather than seen. Portraying the contemporary heart and soul, his art speaks eloquently with the same gentleness and quiet strength as its creator. As an artist whose genuine instincts motivate his search for artistic challenge and expression, Orlando is an artist who brings humanism to contemporary art.
SCRM will lease from the college for 52 years. The proposed building consists of four above-ground levels and one subterranean level. The site would include 418 parking spaces and about 3 acres of landscaping. “We filed the EIR and hope the EIR is certified by the regents in November at the meeting,” Coffman said. “And then we’ll go to the California Coastal Commission in December so we can begin construction in January.”

Officials said the building would include research laboratories, office space and building support space. “Moreover, the building will house core facilities of a quality and scope more substantial than could be supported by any member alone, including robotics, disease models, imaging and protein and nucleic acid facilities,” an SCRM press release reported.

For more information, call Louis Coffman, (619) 225-1249, or e-mail lcoffman@sdcrm.org.

The draft EIR period expired Oct. 9. But copies of documents can be viewed online or at the UCSD Physical Planning Office. To review the draft EIR, go to http://physicalplanin.ucsd.edu/pub_notice.html or call (858) 534-6515.

TURQUOISE REFLECTIONS

Everett Stunz San Diego’s Premier Bed and Linen Store

Everett Stunz San Diego’s original adjustable beds store; our beds can be custom-shaped or sized to fit a client’s specific requirement. Everett Stunz’s new line of Natural Organic Beds offers a variety of inner Spring and Latex, flat or adjustable beds.

Nicki Coller, the owner insists on providing customers with the highest quality and bath products, in an environment focused on personal service and attention to detail, ensuring client satisfaction.

Everett Stunz is San Diego’s exclusive supplier of the extraordinary DUX bed. DUX beds are renowned for supporting your body in a totally natural position, so that your muscles and joints are pressure-free, and you wake up feeling more rested and energized than ever before. Everett Stunz caters to all, from beachside bungalow to palatial penthouse, offering special services that design and manufacture to personal specifications. We use products imported from around the world to provide choices from the highest quality and the latest designs.

We offer new eco-friendly products. Our Wood-Fiber sheets have the properties of cotton, but feel like silk. Our Bamboo towels are hypoallergenic, anti-microbial and mold and mildew resistant.

Our staff includes interior designers that assist clients and their designers in creating their perfect bedroom and bath sanctuary.

Visit us at the corner of 7616 Girard Avenue and Torrey Pines in La Jolla. For more information, please call 800-883-3305 or visit everettstunz.com.

$800 DUX Fall Event: Health, Wellness, and Savings

The quality of your sleep really affects your health and well-being, and nothing improves your sleep like a DUX bed. When you buy a queen or king size DUX bed from October 17 – November 10, receive an 800 gift certificate toward our exclusive line of quality bedroom accessories. DUX—soothe your spirit this fall.
It’s a worldwide event when a major movie star dies, as did Paul Newman last month at 83. Newman was born with an innate talent that spurred him to create a career for more than 50 years. His acting aspirations were interrupted after graduation in 1943, when he entered the Navy in 1944. He was trained as a radioman and a rear-gunner. His life was saved during the Battle of Okinawa in 1945 when he was held back from joining the fray.


His career went into high gear when he made “Cool Hand Luke” (1967), “Butch Cassidy and the Sundance Kid” (1969) and “The Sting” (1973). After marrying his wife, actress Joanne Woodward, he directed her in several popular films and starred in a few of them as well. They were “Paris Blues,” “The Drowning Pool,” “Mr. & Mrs. Bridge” and “Rudy Round the Flag Boys,” among others.


In 1982 he and his friend, writer A.E. Hotchner, founded the “Newman’s Own” salad dressing company branched into other foods and has raised $250 million for children’s camps and other charities.

Newman’s interest veered away from acting to auto racing in his later years. In 2007 he announced his retirement from acting because he felt he couldn’t add anything new to his repertoires.

Newman closed his famous blue eyes for the last time at his home in Connecticut, with his family gathered around, on Sept. 26.
**Pet of the Week**

SHASTA is a 10-year-old Lab mix, weighing a mere 35 pounds. She is full of affection for you, and wherever she can be a loyal companion. Shasta enjoys daily walks, and will be a wonderful addition to your life. She is available for adoption through FOCAS. Call (858) 518-0981.

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features a master retreat suite, a roof

es, restaurants & shops. This Baja home

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We are currently looking for happy, self-starting, experienced sales agents to join our core team of Real Estate Professionals.
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This is the home you've been waiting for! This classic 4-bedroom, single level charmer is located in a quiet secluded section of Lower Hermosa — just a stones throw to Windansea Beach. French doors open to the large and private grassy sun-drenched backyard. Offered in cooperation with Peggy and Eric Chodorow. This is a truly special property in one of La Jolla’s most desired neighborhoods. Just add family!

Offered at $1,845,000

LA JOLLA DINING SCENE
FINE DINING IN AND AROUND LA JOLLA

Prospect Bar & Lounge
Prospect Bar & Lounge has a 180° ocean view from its patio. With new booth style seating and a California cuisine menu, come enjoy a relax dining experience. Happy Hour M–WTHF 2 for 1 drinks and appetizers, Saturday & Sunday drink specials all day. Come watch all the NFL games in HDTV with an ocean view.

Roppongi Restaurant & Sushi Bar
Conveniently located on Prospect Street, it's obvious why Roppongi is Zagat rated “One of the World's Top Restaurants.” Spend a relaxing evening dining alfresco around the fire pit, cozy up next to the indoor fireplace and aquarium, indulge at the stunning sushi bar or people watch from their covered/heated patio.

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Happy Hour just got even Happier! Please join us Monday–Saturday, 4–9 p.m. for our new Happy Hour with $1 TJ Tacos and $2 Drinks. Authentic Mexican Food served since 1985. Catering is available for any special occasion! Located off of Prospect & Ivanhoe.

Donovan’s of La Jolla
Nationally recognized as one of the great steakhouses in America, Donovan’s of La Jolla has an intimate & relaxed private club atmosphere, enhanced by imported mahogany walls and extensive collection of fine art.