Two-day Oktoberfest set to take OB, visitors by storm

Through the streets of Ocean Beach are thousands of miles from Germany. OB is the site of one of the most popular Oktoberfest celebrations on the West Coast. Taking place this year on Oct. 12 and 13, the event is now in its eighth year and is expected to draw more than 6,000 people to the intersection of Newport Avenue and Abbott Street at the foot of the Ocean Beach Pier. Featuring music, crafts and food, Ocean Beach’s Oktoberfest is one of the biggest bargains of the year. There is a $3 cost to enter the beer-garden area, but other than that, the outdoor events are free. Oktoberfest is a joint venture between Hoy Hoy Boys, the Ocean Beach MainStreet Association and the Ocean Beach Community Foundation. Funds raised go to help fund local nonprofit organizations. Since its inception in 2004, Oktoberfest has raised more than $150,000 for such groups.

BY BART MENDOZA | THE BEACON

The wildly popular Ocean Beach Geriatric Surf Club and Precision Marching Surfboard Drill Team and Gidget Patrol — after entertaining crowds and parade-goers all over the west since 1984 — is calling it quits.

The Ocean Beach Geriatric Surf Club and Precision Marching Surfboard Drill Team and Gidget Patrol has decided to retire. After 28 years of entertaining enthusiastic crowds, the Ocean Beach Geriatric Surf Club and Precision Marching Surfboard Drill Team and Gidget Patrol has decided to retire. A “non-wake” gathering was held on Sept. 15 to celebrate the official retirement of the popular surf club. Geriatric surfers and Gidgets, many traveling from around the country, returned to Ocean Beach for one more evening of crazy fun.

BY MIKE MCCARTHY | THE BEACON

A “non-wake” gathering was held on Sept. 15 to celebrate the official retirement of the popular surf club. Geriatric surfers and Gidgets, many traveling from around the country, returned to Ocean Beach for one more evening of crazy fun.

Three recent series of sex-related crimes have Ocean Beach residents concerned and looking to San Diego police for reassurance. More than 50 citizens — roughly two-thirds of them women — showed up Sept. 26 at the Point Loma Masonic Lodge for the immediate public meeting of the Ocean Beach Town Council’s board of directors to find out what police are doing to catch the criminals responsible.

Three police representatives — community relations officer David Survello, service area Lt. Natalie Stone and Det. Tom Jacques — were on hand to update the public and talk about ways to prevent crime and explain how the public can help catch the perpetrators.

BY TONY DE GARATE | THE BEACON

PLHS alum pens timely book glimpse inside lives of NFL refs

It’s the hottest story in professional sports right now. The National Football League thought it could play the 2012 season using replacement referees while it negotiated a new contract with its regular staff of game officials. The National Football League thought it could play the 2012 season using replacement referees while it negotiated a new contract with its regular staff of game officials.

The evening began with members sharing dinner, toasting to their past feats.

A video tribute followed highlighting their crazy antics and performances over the years. The retirement party ended with club members dancing the night away to the sounds of the North Park Rock ‘n’ Blues and Players Band.

The Ocean Beach Geriatric Surf Club spent almost three decades entertaining crowds with countless performances over the years. The retirement party ended with club members dancing the night away to the sounds of the North Park Rock ‘n’ Blues and Players Band.

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In addition to the evening of crazy fun, the Ocean Beach Geriatric Surf Club hosted a buffalo chili dinner to benefit local nonprofit organizations.

The Ocean Beach Geriatric Surf Club spent almost three decades entertaining crowds with countless performances over the years.

A review of the investigations discussed by police on Sept. 26 at the Ocean Beach Town Council meeting:

• Jogger grabbed, Aug. 15, San Diego River bike path

According to Crime Stoppers, a female was jogging on the south side of the San Diego river bike path between Sports Arena and Sunset Cliffs boulevards. A man on a bike reached down and touched the victim’s buttocks and he passed, hid from sight and came up from behind and groped the jogger a second time before fleeing toward Sunset Cliffs Boulevard.

Ob's colorful, entertaining Geriatric Surf Club hangs it up after 28 years

At the annual meeting of the Ocean Beach Geriatric Surf Club and Precision Marching Surfboard Drill Team and Gidget Patrol, club members examined the latest crime reports and discussed the future of the club.

A man on a bike reached down and touched the victim’s buttocks and he passed, hid from sight and came up from behind and groped the jogger a second time before fleeing toward Sunset Cliffs Boulevard.

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On vacation with the Peninsula Beacon

Peninsula-area events, Oct. 9 through Oct. 20

THURSDAY, Oct. 11
FABULOUS CONTEMPORARY HOME

3,283 esf., The large deck off great room featuring vaulted ceilings and ocean views from La Jolla to Mexico! Built in 2006, this home includes a game room, large media room, and wine room. The home also benefits from the Quieter Home Program! 3+BD/3BA, 3509 esf., Experience the overly exceptional taste for design. Extremely inviting layout bring the outside in with three bedrooms, 3.5 baths, 2600 SF, and completely upgraded & move in ready. Includes 2 car garage with extra parking. The yard is BEAUTIFUL, complete with an outdoor kitchen. The home also benefits from the Quieter Home Program! The family’s two-week trip took them all over southern and northern Ireland. Shown are, from left, Tim Lane, Kaleigh Lane (12), and Kelly Lane. “Love The Beacon!” said Akey.

WEDNESDAY, Oct. 10
The Harvey/Point Loma Branch Library hosts a free meet-the-author program featuring Zohreh Ghahremani, Iranian fiction and poetry writer. The presentation, presented by the Friends of the Library, takes place at 6:30 p.m. at the library, located at 5701 Voltaire St. For more information, contact lead librarian Christine Gonzalez at (619) 531-1539.

SATURDAY, Oct. 13
The Studebaker Drivers Club San Diego chapter hosts the “Cool Classic Car Show” from 9:30 a.m. to 4 p.m. at Spanish Landing West of Harbor Drive. The event will feature more than 50 classic Studebaker cars and trucks, food, people and kids’ choice judging, swap meet, 50/50 cash drawing and raffle prizes. For more information, visit www.studebakersandiego.com.

WEDNESDAY, Oct. 17
The Point Loma Peninsula Republica- n Women’s monthly meeting will feature two speakers: 52nd Congressional District candidate Brian Bilbray and state Senate candidate George Plescia. The program is open to visi- tors and begins at 10 a.m. at the Point Loma Café, 4865 Harbor Drive. A no-host lunch follows. For more information, call Marilyn at (619) 222-9532.

THURSDAY, Oct. 18
Silver Gate Elementary School will host its annual communitywide Harvest Festival from 3 to 8 p.m. The event includes games, food, Halloween costume contest, laser tag, haunted path- ways, cake walk, games for the kiddies, pumpkin patch, face painting and other activities. Tickets for games and activities are on sale for $1 each at the door. The school is located at 1499 Venice St. For more information, visit www.sandi.net/silvergate, or email smattos28@hotmail.com.

SATURDAY, Oct. 20
Friends of the Ocean Beach Library will host their second book sale of the year from 10 a.m. to 1 p.m. at the library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

Looking ahead

Peninsula-area events, Oct. 9 through Oct. 20

TUESDAY, Oct. 9
Point Loma United Methodist Church hosts a free session of “Intro- duction to Chair Yoga” to help partici- pants experience how the exercise can offer flexibility and inner harmony for special conditions. The class takes place in the church, located at 1984 Sunset Cliffs Blvd., from 12:30 to 1:15 p.m. Registration is required by calling (619) 788-4818, or emailing info@tlumc.org.

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Grassroots workshops to help stem bluffs erosion

By MARTIN JONES WESTLIN | THE BEACON

The Peninsula area faces an almost legendary problem with the erosion of the bluffs at Sunset Cliffs National Park, a 68-acre site extending 1½ miles along the Point Loma’s western shoreline. And as the city mulls a plan designed to solve the problem once and for all, the San Diego chapter of Surfrider is banking on a remedy it asserts can quietly help curb potential disaster.

It’s called Ocean Friendly Gardens, launched by the national Surfrider office three years ago to prevent urban runoff and restore natural watersheds. Beginning Monday, Oct. 8, local residents will be instructed in ways to modify their landscaping to absorb more rainwater and re-channel runoff pollutants. The three-part program, funded in part through a state grant, is one of several throughout the country. San Diego Surfrider held a similar event last year in Oceanside.

Julia Chunn-Heer, the local Surfrider campaign coordinator, stresses that everyone is a potential source of both the problem and the solution at Sunset Cliffs.

“We want to get people to look at their houses as a city watershed and address the problem in that fashion, not just compartmentalize it,” said Chunn-Heer.

You don’t want to do just water conservation. The steps at Ocean Friendly Gardens help with water conservation and address runoff and the bluff erosion. It’s all connected.

“One of the big programs is called Ocean Friendly Gardens is a big program,” she said. “We want everybody in the county to do it, whether you live in Encinitas, La Mesa or La Jolla. But [regarding] Sunset Cliffs, it’s especially relevant. Not only does it help reduce water-quality problems and urban runoff, it can help stop erosion at the park. Those types of principles on a larger scale are exactly what we’re talking about, teaching people to slow, spread and sink the water.”

Last fall, Yahoo!’s news blog Wanderlust cited the bluffs at Sunset Cliffs Natural Park as among the country’s five most-rapidly disappearing natural landscapes, alongside Florida’s Everglades National Park. Decades of runoff from residences and streets, coupled with soil depletion from constant foot traffic, push portions of the cliffs oceanward, causing them to break from their foundations.

Less obvious, but just as detrimental, are the waters within the bluffs, which exert natural forces on formations made by natural forces. Fresh painted exterior, 14,000 appx sf lot. Great mix of units: 6-1 br/1 ba, 2-2 br /1 ba, 1-3 br/1 ba & 1-4 br/1 ba & 8 garages. Improvements and upgrades over last couple of years. Fresh painted ext.

Ocean Beach | $299,000
www.4930DelMar209.com
Spacious 1 br, 1 ba top floor unit w/an updated kitchen & bath, laundry and newer appliances. Large BR has ocean view, built-ins & large closet w/organizer. Secure bldg w/heated pool & BBQ perfect for 2nd home or 1st time buyer.

Ocean Beach | $425,000
www.5155WPointLoma1.com
Rarely available 2 br, 2 ba corner unit in the Surf & Sea complex at Dog Beach. Views from living room & both brs. Open floorplan & plenty of storage. Ocean Beach | $29,849,000
www.5058CapeMay.com
Trophy property just 1-1/2 blocks to the sand. oversized 14,000 appx of lot. Great mix of units: 6-1 br/1 ba, 2-2 br /1 ba, 1-3 br/1 ba & 1-4 br/1 ba & 8 garages. Improvements and upgrades over last couple of years. Fresh painted ext.

La Mesa | $289,000
www.5155WPointLoma1.com
Mid-century charm in great pocket of La Mesa. 3 br, 1 ba with hardwood floors, retro-kitchen and baths, maytag retro stove, slate tile, large back yard & oversized front yard. Great starter or investment that pencils out.

The Best of Alaska is Waiting For You
Join us for an evening event with Acacia Travel and Princess Cruises on October 10th. The San Diego chapter of Surfrider is launching a series of workshops as part of its Ocean Friendly Gardens program, designed to educate Sunset Cliffs-area residents about appropriate landscaping, building healthy soils, and rainwater capture and irrigation to help stave off the deep erosion of the cliffs.
Town Council appears to take restroom mural hubbub in stride

By TONY DE GARATE | THE BEACON

What would you think if you knew the ceiling of the new beach restrooms at the foot of Brighton Avenue contained phrases like “blatant killing of a known homeless man,” “anger expressed on Newport Avenue will translate to violence,” and “Don’t Feed the Bums”?

At a discussion Sept. 26 hosted by the Ocean Beach Town Council’s board of directors, at least, some raised their eyebrows while others shrugged their shoulders — but none of the members seemed fired up to change anything.

The Town Council scheduled the discussion after receiving a file of research from local resident Jeff Russell, who was dismayed by what he described as the “vitriol, negativity, you’ve got some good points there,” Martin said. “I think what I’m hearing is, Damn, we should have seen it (the phrases), but it’s really a nice-looking bathroom.”

Some residents who spoke said they couldn’t make out the text, much of which overlaps or appears in circles to emulate the ripples formed by dropping a pebble in water. Some defended the phrases; still others said they never noticed.

“Project that he took quotes from the Rag and they’re not all positive. I have no problem with that,” said resident Kristof- ner Newsom. “The nature of art is not always positive. When you look at art, you can’t expect it to be a rosy picture.”

Merce Baron, a resident and freelance writer, said she interviewed two dozen or so people on their way out of the Bright- side street/restrooms.

“My first question was, ‘Did you look up at the ceiling?’ …One hundred per- cent said, ‘No.’” she said. “All they could say was how beautiful the restrooms are, I just don’t think it’s a concern.”

Denny Knox, executive director of the Ocean Beach MainStreet Association, said another mural-creating opportuni- ty could arise when the restrooms at the lifeguard tower on Abbot Street are eventu- ally replaced, and the artist could be given more explicit instructions about reflecting community history.

“Maybe that’s the remedy,” Knox said.

In other matters:

• Three new board members were seat- ed for their first meeting following recent elections: Steve Cervin, Dave Cleslak and Heather Richards.

• County Supervisor Run Roberts will address the board at next month’s regu- lar meeting on Oct. 24 at 7 p.m. at the Point Loma Masonic Lodge, 1711 Sunset Cliffs Blvd., according to new Roberts aide Sterling McHale. A 2009 graduate of Point Loma Nazarene University, McHale grew up in Valley Center and now resides in Loma Portal.

• At the 2012 fiscal year ended Sept. 30, the Town Council treasury contained a total of nearly $8,000 among its four different accounts, said OBTC treasurer Melinda Therkaelsen.

Another perspective

Shinpei Takeda, the former Ocean Beach resident and artist who painted the murals at the center of the Brighton Avenue bath- room hubbub provides insight into his thoughts, feelings and motivations. Page 6

Project, based in San Diego.

“None of the history of the first 115 years of Ocean Beach is even men- tioned,” Russell said. “These are things nobody’s aware of. I’m trying to bring it to everyone’s attention and see if there’s anything we want to do about it.”

Board member Dave Martin said he appreciated Russell’s research, but said the community had worked too long and hard over the last three years getting the restrooms built to be fazed by the art- work.

“The points you bring up about the negativity, you’ve got some good points there,” Martin said. “I think what I’m hearing is, Damn, we should have seen it (the phrases), but it’s really a nice-looking

Town Council appears to take restroom mural hubbub in stride

For the 800-plus student-athletes at Point Loma High School who train and compete in 20 boys’ and girls’ sports currently under way, the Prop. S-funded center.

Initial plans call for a certified athletic trainer for a minimum of three hours each day to cover team practices. Eventu- tally, the group foresees an ARC on site for 5 to 5 hours daily, who is available for every practice and game or match on campus.

But such services don’t come cheaply. Per year, the cost for an ATU, equip- ment and supplies for a school year is $20,000, the “Protect Our Pointers” lead- ers have already begun collecting dona- tions. A $7,000 total would cover full

Style available in Titanium, Cobalt Chrome, Damascus Steel, Black Zirconium, Tungsten and Precious Metals

For more information, contact Snyder at plhsbasketballdirector@gmail.com.

 drives the fund-raising drive with the goal of staffing the Prop. S-funded center.

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Drive begins to fund certified athletic trainer for PLHS

For the 800-plus student-athletes at Point Loma High School who train and compete in 20 boys’ and girls’ sports throughout the year, the completion of a modern training room in the school’s new trackside classroom building should mean relief from muscle pulls, sprains and more serious problems.

But the new facility is not staffed by a certified athletic trainer, so athletes find themselves vulnerable to injury or unable to receive immediate professional treat- ment page. Designate “Protect Our Point- ers.”

• By check: make payable to “PHLS-PA- PIP” and send to the school at 2335 Chatsworth Blvd., San Diego, 92106.

The Pointer Association is a 501(c)3 corporation that supports the students and staff of PLHS.

For more information, contact Snyder at plhsbasketballdirector@gmail.com.
Carlos Olmeda to unlock jam at Java Joe's

By BART MENDOZA | THE BEACON

San Diego is home to many fine singer-songwriters, but few exude the warmth of Carlos Olmeda. Blessed with a deep, rich voice, Olmeda is a gifted musician and singer with more than five albums’ worth of great tunes, but he’s even better live, where his wit and whimsy result in performances that are never less than great fun and often revelatory.

Equal parts folk and pop, Olmeda’s concerts have been in recent months as he preps new tunes, making his appearance at Java Joe’s on Oct. 12 a “must” for longtime fans or anyone who enjoys acoustic music.

Olmeda grew up in the Thunder Hills neighborhood of Oceanside, but his first public appearance was on a public-access television show filmed in Spring Valley. Olmeda is now a seasoned and confident veteran of the stage, the latter a trait that goes back to his first set.

“I was sure that I was a star,” said Olmeda, laughing. “I even gave up my A&W burger-flipping job because the stage was pretty rickety and it came back and hit me right in the mouth and I thought ‘That’s it. I’m gonna get a better shirt’,”

While today Olmeda is known for his eloquent style, he said he was initially drawn to music by the rhythms. It was his mother who steered him toward the art of songwriting. “I’m gonna get a better shirt.”

“I was sure that I was a star,” said Olmeda, laughing. “I even gave up my A&W burger-flipping job because the stage was pretty rickety and it came back and hit me right in the mouth and I thought ‘That’s it. I’m gonna get a better shirt.’”

Ironically, for this event, Olmeda will be joined by his brother, Tico Rivera, best known as the percussionist with Jason Mraz. However, Olmeda performs mostly solo. The choice for this format comes down to past experience.

“I used to be in the butt band director,” Olmeda said. “I demand too much of my musicians in terms of originality and that’s not the easiest way to make friends if you’re not paying much. I had an awesomely bad band called Supermet for about 36 minutes, though. They were super awesome but I bought ‘em too hard.”

Olmeda has toured around the world, but it hasn’t all been smooth sailing.

“The weirdest thing was playing for Jerry Adams in Ireland in 1997 at a local parade in Belfast. [I was] singing ‘Tramp the Dirt Down’ by Elvis Costel-lo and the microphone did this weird sway because the stage was pretty rickety and it came back and hit me right in the mouth and I thought ‘That’s it. I’m gonna get a better shirt.’”

A veteran of pretty much every venue in town that welcomes acoustic music, Olmeda said a San Diego music scene is healthy — to a point.

“It’s not the San Diego scene that’s dead,” he said. “It’s the state of music as an appreciated art form that merits monetary compensation that is killing the art of songwriting.”

Equal parts folk and pop, Carlos Olmeda’s in-concert performances have been rare in recent months as he preps new tunes, making his appearance at Java Joe’s on Oct. 12 a “must” for longtime fans or anyone who enjoys acoustic music.

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In the meantime, Olmeda said he’ll continue working toward an eventual new album, with new songs appearing regularly.

“I usually get a hook or a chorus or one line of lyrics stuck in my head and I grow songs from them,” Olmeda said. “I make music for the same reason some people breathe. I really get annoyed when people ask, ‘Are you still writing songs?’”

After decades playing music around the world, Olmeda maintains that performing is still his driving force. “Music means more to me than ever — just not as a dependable income,” he said.

San Diego City Council President Tony Young, in partnership with the Carton Council, has announced the launch of a comprehensive public-education campaign to promote the addition of food and beverage cartons to the city’s recycling program.

The addition of carton packages marks another innovation in the city’s successful recycling efforts with nearly all households containing cartons by residents now being recyclable. Residents who receive carton collection service should place all empty food and beverage cartons in their blue curbside recycling bin.

Commonly used carton containers include milk and juice cartons, as well as soup, broth and soy-milk cartons.

The initiative will enable the city of San Diego to boost its recycling rates. The city currently has a waste diversion rate of 6% percent, and having residents recycle their cartons will help to increase that number, according to officials.

San Diego is part of a national movement of major cities that now offer curbside residential carton recycling, and is one of the largest cities in California and the United States to recycle cartons. This expansion of their recycling program is being supported through a public-private partnership with the Carton Council, a collaborative of carton manufacturers and the Carton Council.

Carton recycling is becoming an art form across the nation. In 2008, only 18 percent of American households had access to carton-recycling programs. Today, thanks in part to the Carton Council, this number has more than doubled to nearly 40 percent, with more than one in three households now having access. San Diego joins cities in over 40 states representing over 46 million households that now accept carton packages for recycling.

To support the initiative, the city and the Carton Council will launch a public-education campaign to encourage residents to recycle their food and beverage cartons. Key supporters and partners in the campaign include Horizon Organic dairy brand; International Delight, a leading brand of liquid non-dairy creamers; and International Delight, a leading brand of flavored, liquid non-dairy creamers.

Each of these food and beverage product companies utilizes carton packaging, and wants to ensure that consumers recycle these products.

The project’s partners will spend the next few months getting the word out to residents to raise public awareness about carton recycling. The campaign will include direct mail, radio promotions, advertising in local community newspapers, outreach at local community events, along with online and social media efforts. Local grocery stores have also committed to distribute informational materials about carton recycling to their customers.

The recycled carton paper fibers are a valuable resource for making new products and products in the highest quality fiber among recyclable products. Consequently, carton boxes have demand and are shipped to paper mills, where the paper fiber is extracted to make new products such as paper towels, tissue, and even building materials.

For more information, visit www.recyclingworks.com.

— Staff and contribution
Brighton Avenue bathroom muralist says art should stir dialogue, healing

By Shepied Takeda

I am writing this as a response to an article that appeared in the Peninsula Beacon on Sept. 20, with a hope that this is a beginning of a dialogue so that we can communicate with each other respecting the other’s individual freedom of ideas, opinions and artist expressions.

I strongly believe, as I am currently preparing for an exhibit in Beijing, China, where artworks are sometimes censored and banned from public view.

I would like to first clarify an important aspect of my artwork on the ceiling of the newly built comfort station. I did not prepare for an exhibit in Beijing, China, Avenue.

Police have released a composite drawing of a Peeping Tom first reported last month. “We’re very serious investigations with the cases that we can,” she said.

The peeping case has been difficult to investigate because only one victim has been able to come up with a description. Stone told the others, she said, have only offered statements like, “I saw a shadow in my window,” or “I saw a male figure.”

“That’s not enough for us to make an arrest,” Stone said.

Police are noticing open windows and blinds at night, which they said invite crime.

“If it hadn’t been for this young man putting posters around, none of the women at the club would have known about it until weeks later,” said Donna Bergerson, president of the Ocean Beach Woman’s Club.

Surwilo pointed to the website prepared to describe clothing, including in witness reports. Surwilo said to be impossible to detect trends and put in place better police report.

Surwilo said he didn’t like police criticism other crimes.

Police officials also offered tips for turning in your windows, too, Surwilo said.

“If we don’t have the numbers, we can’t get the staffing and we can’t provide the proper safety for you. It’s the only way we can be proactive,” police officers said.

Answers also backed Wilson’s initiative. “It online or over the phone,” Surwilo said.

“If we have the numbers, we can’t get the staffing and it’s not providing the proper safety for all,” he said. A solid round of applause.

Others also backed Wilson’s initiative. “If it’s a minor burglary, [report] it online or over the phone,” Surwilo said.

“If we have the numbers, we can’t get the staffing and it’s not providing the proper safety for all,” he said. A solid round of applause.

“People need as many resources as possible to detect trends and put in place better staffing where needed, Surwilo said.

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“If we have the numbers, we can’t get the staffing and it’s not providing the proper safety for all,” he said. A solid round of applause.

“People need as many resources as possible to detect trends and put in place better staffing where needed, Surwilo said.
The performance helped light up the phone lines. It seemed everyone wanted the Geriatrics and Gidgets to perform in other parades. One of these was the famous Pasadena Doo-Dah Parade. The OB Surf Club showed up in force that year in Pasadena and ended up walking away with the Grand Sweepstakes trophy. Over the years, the requests kept coming in for the club to perform at various events around the country. Local events always included the downtown St. Patrick’s Day parade — rain or shine. The only qualification to be a Geriatric Surf Club member was to be over 30 years old and be a surfer. That beginning year in 1984, the crowd went wild over the surf club’s enthusiastic inaugural performance.

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area came under city jurisdiction. A focus on planning for the park began in 1973. In 1988, the San Diego Park and Recreation Board chartered the Sunset Cliffs Natural Park Council as the park's advisory group.

Broad-based community input that consistently supported the concept of natural, open land resulted in the Sunset Cliffs Natural Park Master Plan, approved by the city in 2004 and by the California Coastal Commission the following year.

Today, Surfrider officials said a halt to the erosion may lay in less-invasive procedures, like the installation of natural vegetation, drainage courses designed to remove pollution from runoff, redirection of gutters away from the park soil and low-impact development plans. But Paul Jacob, the city's associate civil engineer, cautioned that such remedies are offered in the wrong context. "These solutions are great," Jacob told The Beacon in March, "but [environmentalists] are proposing a naturalized solution in an unnatural environment. All along the park, you have an urbanized watershed. When it rains, you have a lot more water coming down toward the bluffs than would have ever occurred in its natural state, when it was just brushy hillside. The whole notion of natural [redirection] is good, but that would be inadequate to handle the volume of runoff we have to deal with. There's just too much water." Chunn-Heer, however, appears to be thinking the same thing on her end. The typical San Diego homeowner, she said, irrigates a lawn to the tune of about 54 inches of water a year—far in excess of levels necessary to maintain healthy grass. That's how much runoff, erosive to the bluffs and polluted with dirt and oils, the nearby residents live without knowing it.

Enter the Ocean Friendly Gardens program, with its three-pronged approach. The first installment, called the Basics Class, centers on the idea of a house as a watershed and will be held Monday, Oct. 8, from 6 to 9 p.m. at Point Loma Nazarene University. Next is the Hands-On Workshop, featuring principles of rainwater capture and irrigation systems, set for Sunday, Nov. 4, from 9 a.m. to noon at a Sunset Cliffs-area venue to be announced. Rounding out the program is the Garden Assistance Party, centering on the building of healthy soils and installing climate-appropriate plants. This event is set for Sunday, Jan. 13, from 9:30 a.m. to 3:30 p.m., also at an predetermined Sunset Cliffs location. For more information about Ocean Friendly Gardens or to register for the class, visit surfridersd.org and click on the image pertaining to the events, email ogj@surfridersd.org, or call (858) 792-9940.

Surfrider officials said a halt to the erosion may lay in less-invasive procedures, like the installation of natural vegetation, drainage courses designed to remove pollution from runoff, redirection of gutters away from the park soil and low-impact development plans.
Ocean Beach Oktoberfest

CONTINUED FROM PAGE 1

One of the event’s biggest attractions is Ocean Beach’s seaside location. Ocean Beach MainStreet Association executive director Denny Knox points out that this fall celebration is the only Oktoberfest located on the beach. She added this is key to keeping admission prices low.

“Just want people to come and have fun,” Knox said. “Some things you go to are so expensive, and then you don’t have money to spend with the merchants in the area. We find that this way, business is brisk even at merchants in the area. We find that this location actually mitigates some potential issues.

“OB is by far the most fun,” he said. “At OB Pier parking lot events, we get a half-hour between the event and the 710 Beach Club in Pacific Beach. There will also be a special bicycle parking area adjacent to the life-guard tower on Abbott Street.

Members of Electric Waste Band are veterans of events, too. The thing that boardist Paul Bell, it’s the location that particularly sets this Oktoberfest apart from all the rest.

“I always enjoy playing outside at the pier, as you cannot ask for a better setting,” he said.

He said there are challenges to play- ing an outdoor gig like this, but the stage location actually resonates some potential issues.

“The sound outdoors isn’t as ambiti- ous,” said Bell. “As a vocalist, it creates the illusion that your voice is disappear- ing the instant you make a note, whereas indoors you get the reflection off the back wall giving you a little more of your own voice. At Oktoberfest, though, it is great because the stage points toward the cement wall and we can get a little vocal slapback.

According to Bell, it’s likely the band will skip a planned-out set list.

“One year, I think we did compose a set that we adhered to about 70 per- cent,” he said. “More often than not, we want to feel out the vibe of what kind of day it is, how the crowd is reacting, etc.” He said that generally means the crowd will be treated to a more hit-or- misses show.

“We do seem to lean toward the sun- nier side of the [Grateful] Dead universe,” said Bell. “‘Scarlet Begonias,’ ‘Here Comes Sunshine’ and ‘Sugar Magnolias’ are all favorites.”

Dazed and Confused frontman and Ocean Beach resident Jason Ott agrees that the hits are important at an outdoor event of this type.

“The sets are pretty short and there are so many good songs,” said Ott. “The hard part is trying to decide which songs not to play.”

He said that generally means the crowd will be treated to a more hit-or-misses show.

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Dazed and Confused frontman and Ocean Beach resident Jason Ott agrees that the hits are important at an outdoor event of this type.

“People here just love live music. I love being able to play in my backyard. We get to look the crowd and see so many friends all in one place. Good times!”
The annual Sausage Toss is one of the highlights of the Ocean Beach Oktoberfest. But how in the world did it come into being?
The Hoy Hoy Boys were looking for something interactive for their event when someone suggested a Sausage Toss. The idea was nothing more than having participants throw a sausage to win a prize.
Nobody knew exactly what to do. So two guys went to Crown Point one afternoon with several raw sausages and tossed them toward a bucket. It was messy and as unsanitary as it was unsavory.
Next came the search for rubber sausages or anything like them. One search led to an X-rated bookstore and another to pet store. Finally, a rubber hot dog made for puppies was adopted.
The first Sausage Toss was a resounding success. Long lines of people queued up to throw the sausage toward a bucket 50 feet away. It was novel, simple and it looked so easy.
Several hundred people tried their hand before Trevor Koenig, then goaltender for the San Diego Gulls hockey club, launched the perfect throw, winning the $10,000 first prize.
“It was pure luck,” Koenig confided. “I could have thrown that sausage another thousand times and not made another.”

---

**A message from the OB MainStreet Association**
Welcome to Ocean Beach — a great place to spend an entire day. Whether you are in need of antiques, a surfboard, or a great meal — Ocean Beach has something for everyone. All of the colorful neighborhood shops and restaurants will be open during their regular business hours throughout OB Oktoberfest, so be sure to stop in and see what’s new. Be sure to enjoy the FREE, all ages beachfront vendors and mini-stage along the lawn at Veterans Plaza. Visit our website for more information on all of our special events: www.OceanBeachSanDiego.com or follow us on Facebook and Twitter.

— Ocean Beach MainStreet Association

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**Out of the Bum:**
**How the Sausage Toss came to be**

The annual Sausage Toss is one of the highlights of the Ocean Beach Oktoberfest.

But how in the world did it come into being?

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O.B. Oktoberfest

Another highlight of the annual Oktoberfest is the stein-holding competition for both men and women. Courtesy photo by Joe Ewing

There is a $3 charge to enter the beer garden area, but other than that, outdoor events are free. Courtesy photo

Garden & Design Classes

- **Outdoor Lighting**  Sat Oct 13 10am - 12noon  Cost: $25.00
- **Saving Water**  Sat Oct 27 10am - 12noon  Cost: $25.00
- **Planting Wildflower Seeds**  Sat Nov 4 10am - 12noon  Cost: $35.00

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Off the main drag, Private Parking, full Liquor, a variety of food including Bratwurst & Sauerkraut

Great Gift Ideas! • Gift Certificates
Join Us for the 1st Annual OB Brat Trot Beach Run!
Saturday, October 13, 2012  
Check-in 9 am  
Race Start 10 am  
Ocean Beach - OB Oktoberfest Beer Garden Entrance  
Cost $20 per runner  

Start celebrating the Ocean Beach Oktoberfest by participating in the First Annual Brat Trot Beach Run. Race starts at 10 am - so arrive early! All ages are welcome. Entry fee includes 2 tickets for 2 free beers*, entry into raffle drawing and OB Oktoberfest entry. *21 years & older

The 5K OB Brat Trot Beach Run course starts and ends near the entrance of the OB Oktoberfest Beer Garden and runs along the beach from the OB pier to river channel and back.

BONUS: Racers! Bring a friend before 11am and your friend gets free admission to the OB Oktoberfest Beer Garden!

This annual event is sponsored by the Ocean Beach Community Foundation. All OB Brat Trot Beach Run Proceeds to Benefit Local Youth Sports. Visit http://www.wesupportob.com/OB_Brat_Trot.html for more info.

The Ocean Beach Historical Society has preserved Ocean Beach History with their collection of photos and other memorabilia. Photos and stories will be shared both on the Ocean Beach Main Street Association (OBMSA) website (www.OceanBeachSanDiego.com) and through the OBMSA’s Facebook page. Everyone is encouraged to share their memories and photos and become a part of the celebration. Please email them to info@OceanBeachSanDiego.com. Check the Event Calendar on the OBMSA website for details on all annual events and be sure to check with OBMSA’s online store for merchandise!

The Trinity Episcopal Church was founded in 1926 and moved to Catalina and Voltaire. Now a bike shop.

The Trinity Episcopal Church, Ocean Beach, CA  
Corner of Brighton Street and Sunset Cliff Boulevard  
1921-2012

Trinity Episcopal Mission 1926 Building moved to Catalina and Voltaire. Now a bike shop

Trinity Episcopal Church 1953  
Trinity Chapel at the Episcopal Church Center 2012

The 3rd Annual OB Oktoberfest  
Brat Trot Beach Run  
Saturday, October 13, 2012  
Check-in 9 am  
Race Start 10 am  
Ocean Beach - OB Oktoberfest Beer Garden Entrance  
Cost $20 per runner

Join us for the 9th annual Fall Festival
PLNU

A FREE event for the whole family  
Saturday, October 20, 2012  
10 a.m. – 2:30 p.m.

Taste of Point Loma, 11 a.m. - 1 p.m.  
featuring samples from local restaurants

Carriage Rides • Baron’s Pumpkin Patch • Live Music  
Electronics Recycling • Petting Zoo • Exhibitor Booths

Presenting Sponsor:  

Please bring a nonperishable food item to support.

www.pointloma.edu/fallfestival  |  (619) 849-2298
OB Farmer’s Market

Spend the afternoon in OB and enjoy our small shops and terrific restaurants!

4900 block of Newport Ave.
Open 4-8pm Every Wednesday

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OceanBeachSanDiego.com

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20th Year!

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O.B. Oktoberfest

O.B. Oktoberfest

Fri: Oct 12, 4:30-10p.m.
Sat: Oct 13, 10-10p.m.
All ages area opens Saturday at 10a.m.

Where Newport Ave. meets the beach!
The Ocean Beach Entertainment and Lodging Group (OBREL) was created by local business owners under the umbrella of OBMA to promote and support local businesses in the Ocean Beach area that provide food, lodging and entertainment. Our mission is to work collectively, as a group, to provide the community with the best we can offer to locals and visitors.

To get listed please visit www.oceanbeachsandiego.com/obrel or call (619) 224-4906

Ocean Beach Restaurant, Lodging and Entertainment Directory

<table>
<thead>
<tr>
<th>AMERICAN</th>
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<tbody>
<tr>
<td>Day Break</td>
</tr>
<tr>
<td>2296 Bacon St. • 619-222-0406</td>
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<tr>
<td>Hodad's</td>
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<tr>
<td>5010 Newport Ave. • 619-224-4623 hodades.com</td>
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<tr>
<td>Old Townhouse Restaurant</td>
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<tr>
<td>4941 Newport Ave. • 619-222-1800 oldtownhouserestaurant.com</td>
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<tr>
<td>Tower Two Beach Cafe</td>
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<tr>
<td>5083 Santa Monica Ave. • 619-223-4059</td>
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<tr>
<td>Raglan Public House</td>
</tr>
<tr>
<td>1830 Bacon St. • 619-794-2304</td>
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<tr>
<td>Village Kitchen Restaurant</td>
</tr>
<tr>
<td>W.O.W. Cafe</td>
</tr>
<tr>
<td>“On the OB Pier” • 619-226-3474</td>
</tr>
<tr>
<td>BAKERY</td>
</tr>
<tr>
<td>Azucar</td>
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<tr>
<td>C.J’s Catering &amp; Specialty Baking</td>
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<tr>
<td>European Cake Gallery</td>
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| BAR |
| Cheswick’s West |
| Gallagher’s Irish Pub |
| 5046 Newport Ave. • 619-222-5300 gallagherspub.com |
| Lucy’s Tavern |
| 4904 Voltaire St. • 619-224-0834 |
| Mother’s Saloon |
| 2228 Bacon St. • 619-221-8100 |
| Pacific Shores |
| 4927 Newport Ave. • 619-223-7549 |
| South Beach Bar & Grill |
| Sunshine Company Saloon |
| 5028 Newport Ave. • 619-222-0712 sunshinecompsaloon.com |
| The Arizona - Bar & Cafe |
| 1923 Bacon St. • 619-223-7361 theazcafe.com |
| The Harp - Bar/CAFÉ |
| 4934 Voltaire St., #A • 619-223-0566 |
| The Tilted Stick - Bar/Food |
| Oceanfront Bistro |
| 2202 voltaire St. • 619-221-8100 |
| Sports Bar & Grill |
| 4145 Voltaire St. • 619-523-1002 tinytaverncom.com |
| Tony’s |
| 5034 Newport Ave. • 619-223-0586 tonybars.com |
| Winstons |
| Bar-que House |
| 5026 Newport Ave. • 619-222-4311 barquehouse.com |
| CALIFORNIA CUISINE |
| Nick’s at the Pier |
| 5083 Santa Monica Ave., Ste. 2B 619-222-7437 nicksahepier.com |
| O’Bistro Cafe |
| 4934 Voltaire St., BA • 619-223-2202 obistrocafe.com |
| Sessions Public |
| 4204 Voltaire • 619-756-7715 sessionspublic.com |
| Shades Oceanfront Bistro |
| 5083 Santa Monica Ave., Ste. 1F 619-222-0001 shadesOB.com |
| The 3rd Corner Wine Shop & Bistro |
| 2265 Bacon St. • 619-223-2700 the3rdcorner.com |
| The Pearl Hotel |
| Beach Sweats |
| 5022 Newport Ave. • 619-222-3322 oceansbeachsweets.com |
| Caterers |
| Surfside Cuisine |
| Hodad’s Jr. Catering |
| 5010 Newport Ave. • 619-898-2243 hodades.com/catering.html |
| Chinese |
| Little Chef Chinese to Go |
| 4910 Newport Ave. • 619-222-6627 littlechef.com |
| Green Coffee House |
| Cafe Bella |
| 4984 Voltaire St. • 619-226-8559 |

Featured Business: OB SushiSushi

OB Sushisushi opened last year with the mindset of providing the best quality Japanese cuisine and the freshest sushi to local residents and OB visitors. Their entire team is committed to meeting those goals. Enjoy the freshest and most exciting variety of Japanese cuisine and sushi, we also have a creative daily specials menu plus a full line of imported Japanese beer and sake. For a limited time, we are offering our classic rolls at 50% off and our special rolls at 30% off. For the sake bomb lovers, you could enjoy a 5 cent sake on us with a large beer purchase. Come in and have a wonderful dining out experience in our modern and upscale atmosphere. We also have A/C! Please see our menu for call in and carry out orders. OPEN Daily: 11:00am - 9:45PM
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Served 12-3pm

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Happy Hour 5 – 6pm Everyday 1/2 Price Pitchers. 28 beers / Locally crafted beers on tap!

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$2.50 Mimosas, $9.00 Bud Light

Chance to win a flat screen TV. Miller High Life bottles & All The NBA Games!

$2.50 Mimosas, $5.00 Bold Light Pitchers, All The NBA Games! Chance to win a flat screen TV

Every Day: Happy Hour 4-7

Well Drinks $2.50 Margaritas $3.75 $1.50 OFF all pitchers, $1 OFF Premium Shots U-Call-Its

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Enjoy the ocean view on our dog friendly patio...Breakfast served ALL day...who are we to tell you when to wake up ?!
Point Loma's Avery Cramer (No. 7) moves to block a punt attempt by Scripps Ranch as Jake Vissano (No. 14) approaches. The Pointers scored after recovering the football to take an early 10-0 lead.

**EXTRA POINTS**

- Asked what prompted the two-game Pointie win streak after a two-game slump, Hastings quickly replied, "They got tired of losing and tired of going out for setting up two-dozen rented generator trailers for the Oct. 12 Homecoming lighting. Pejovich is hoping a small army of volunteers will turn out to help."

The Point Loma women's soccer team its first PacWest win over Dixie State (4-3-2) into a tie at the top of the PacWest standings at 4-1-0. The loss also swapped the Point Loma Sea Lions' six-match winning streak.

Tiffany Kracy had seven saves for the Sea Lions, who were shut out 16-6. Amanda Mitchell had two shots to lead all PLNU goalies.

The Point Loma women's soccer team return to take on Cal Baptist on Oct. 2.

**WOMEN'S VOLLEYBALL**

The Point Loma women's volleyball team discovered how difficult it can be to take the road trip to Dixie State in St. George, Utah, as the Sea Lions fell in four sets, 25-20, 25-22, 22-25 and 25-18, on Sept. 29.

Kelli LaClair had 1.5 kills to lead all scorers in the match. She made just four errors in 45 swings for a .244 hitting percentage. LaClair also had 1.2 digs for her fourth double-double of the season. Delaney McClure also got into double-figures with 1.2 kills and KeKenzee Wise hit .500, with six kills and no errors in 12 attempts. Natalie Hamill added a team-high 46 assists and Nicole Hauser had 37 digs.

This was the second consecutive PacWest loss for the Sea Lions, who fell 5-8 on the season and 3-3 in conference play. This was the second PacWest win of the season for the Red Storm. Dixie State is now 4-7 on the season and 2-5 in PacWest play.

**MEN'S SOCCER**

Dixie State's Tyler Albretsen scored in the ninth minute of the first overtime to clip the Point Loma University men's soccer team 2-1 on Sept. 29 in St. George, Utah.

The Sea Lions (2-5-0, 1-4-0 PacWest) sent the match to overtime on Gustavo Jimenez's equalizing goal in the 71st minute. It was the senior from San Diego's first goal of the season.

The match was tied 0.0 at the half. The Red Storm seized the lead four minutes into the second half on a goal by Jordan Rolls.

Carter Phillips had eight saves for PLNU. The Sea Lions were outshot 21-7 in the contest.

The Sea Lions were scheduled to take on Cal Baptist Oct. 2 in a PLNU home game.

**See WIN STREAK, Page 20**

PLNU Roundup

**PLNU ATHLETICS COMMUNICATIONS**

**MEN'S SOCCER**

Dixie State and the Point Loma men's soccer team tied 0-0 in the 67th minute when she scored the lone goal of the match in the 67th minute when the Point Loma goa

The Point Loma men's soccer team tied Dixie State 0-0 for the first time this season.

On Oct. 5 for a 3 p.m. battle at Ronnie Idaho Field. The Romans (two wins, four losses) recently made headlines when they were ordered to minimize the iconic stripes that have come from the starting gate like thoroughbreds Sept. 28, putting up 17 first-quarter points against Scripps Ranch in a 24-3 rout, wrapping up the Dogs' pre-league schedule with a 3-2 record and — more importantly — establishing a two-game winning streak.

The opening period began calmly on Friday, with Miguel Alcantar's 26-yard field goal giving an early Pointie point that stalled after a Brandon Martin to Jake Wamnbaugh pass to the Falcons' one-foot line was called back on a holding penalty.

But when Scripps Ranch was unable to move the ball following the kickoff back up Point Loma quarterback Avery Cramer came from the edge, bursting through the Falcons' punt protection to block the attempt. The ball was picked up by a Falcon and advanced, but not far enough for a first down.

The Pointers took over at their own 25-yard line and Martín ran it in for a touchdown, avoiding Falcon defenders for a 25-yard score. The Pointer lead moved to 10-0 with 4:37 to play.

After another three-and-out by the Pointer defense, a Falcon punt into the notorious westerly winds at Pete Ross Stadium gave the Dogs good field position. A 36-yard run by Sydney Rush and a five-yard touchdown blast by Jamal Agnew for 203 yards on 38 running plays, an average of 5.3 yards per carry.

A.J. Smith and Johnny Maaes) combined five assists for 12 total tackles. Zach Eischen (5, 5), Agnew (2, 7) and Steven Arreola (4, 5) led the stingy Pointer defense, a Falcon punt into the notorious westerly winds at Pete Ross Stadium gave the Dogs good field position. A 36-yard run by Sydney Rush and a five-yard touchdown blast by Jamal Agnew for 203 yards on 38 running plays, an average of 5.3 yards per carry.

The Falcons scored their only points of the game and season-ending banquet for his effort.

**SEE PLNU, Page 20**

The Point Loma men's soccer team tied Dixie State 0-0 for the first time this season.
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- Fast and easy, fits any where in your day

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Bring a friend or treat yourself to a 2nd visit!

Expires 11/08/12

**Smart Massage Has Arrived**

**Anderson Medical Emergency Center**
Dr. Kenneth Anderson has been practicing family and sports medicine in Pacific Beach for 22 years. Now he has opened his own clinic.

The Anderson Medical Center is located at 1945 Garnet Avenue. The clinic features the latest in technology including digital x-rays and electronic health records. Patients will be seen on a walk-in basis. This allows easy access with the extended hours from 8 a.m. to 8 p.m. during the week and 8 a.m. to 4 p.m. on weekends and holidays.

The Anderson Medical Center is equipped to handle minor emergencies such as suturing and casting. It is designed to take care of patients of all ages as their primary care physicians. Physical therapy will also be available on a scheduled basis.

Most insurance will be accepted. For more information you can call 858-224-7977 or visit Andersonmedicalcenter.com.

**Grab Bars Provide Safety for Seniors**

SAN DIEGO GRAB BARS is dedicated to helping you stay independent and safe in your own home. We offer grab bars, shower seats, and hand held shower heads to help make the bathroom a safer environment. And while the bathroom is where people normally think that they need grab bars, we can install hand rail and grab bars anywhere in your home, next to the bed, at the top of the stair case, in the hall or outside the back door.

When we visit you, we bring along a great selection of products for same day installation. Decide what diameter and texture feels best before you buy. We can match the finish of your existing hardware.

Falls are one of the main reasons people leave home and move into assisted care. Let us help you prevent falls and stay in the home you love.

**O. B. People’s Food Supports Prop. 37**

On November 6, Ocean Beach People’s Organic Food Market encourages you to vote yes Proposition 37, the initiative to label genetically engineered food (also known as GMOs). Genetically engineered food is already labeled in more than 50 countries around the world, and despite what opponents of Prop. 37 claim, the initiative is simple to understand, simple to meet, and simple to enforce. We already have food labels showing nutrition, allergy information and other facts consumers want to know. This measure simply adds information telling us if food is produced using genetic engineering.

Why Label? Because GMOs have not been proven safe, and long-term health studies have not been conducted. The fact is, by eating GMOs, we are the study! A growing body of peer-reviewed studies have linked these foods to allergies, organ toxicity and other health problems. These stud-
ies must be followed up. However, unlike the strict safety evaluations required for the approval of new drugs, the US Food and Drug Administration does not require safety studies for genetically engineered foods. The United Nations/World Health Organization food standards group and the American Medical Association have called for mandatory safety testing of genetically engineered foods—a standard the U.S. fails to meet. If Proposition 37 passes, it will be a huge step toward the transparency we deserve. This is about our right to know what’s in our food and the right to choose for ourselves what we eat and feed our families. These are fundamental American values. Join us in helping us win back our right to know about the genetic engineering of our food system. Vote Yes on Prop. 37 in November. Learn more by visiting www.carighttoknow.org.

Ocean Beach People’s Organic Food Market, San Diego’s only customer-owned grocer, is located at 4795 Voltaire Street (619) 224-1387, where “Everyone can shop and Anyone can join.” Check us out on the web at www.obpeoplesfood.coop.

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Therapy Changes offers customized therapy for individuals, families and couples—with unique services for adolescents and children. Our philosophy of providing focused guidance when you need it most means we are a positive force for change at life’s most difficult moments—when going it alone can feel overwhelming and hopeless. Our therapy helps people struggling with transitions regain a sense of engagement and control, and start feeling better. Our Psychologists believe in the benefits and results of therapy and are committed to the comfort and success of each client we serve. This commitment can be found in all aspects of what we do.

We look forward to building a relationship with you and are always available should you have any questions. To speak with a therapist today, please call 619-275-2286 or schedule an appointment online at www.therapychanges.com.

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WIN STREAK

CONTINUED FROM Page 17

Pointers tame tigers in 38-6 rout

On Sept. 21, the Pointers broke a two- game losing slump with a convincing 38-6 drubbing of Morse.

The victory evened the Dogs record at 2-2 and marked the return of tight end/defensive end Jake Wambaugh, who wasted no time making his presence felt. The junior scooped up a loose tunics and plunged three yards for the first score of the game midway through the first period.

Martin ran for one touchdown (two yards) and threw for another (46 yards to Agnew). D.J. Lacy (10-yard touchdown), 13 carries for 105 total yards) and Johnny Maes (five-yard touchdown) inflicted further damage. Alcantar’s 32- yard field goal rounded out scoring as the Pointers totaled 283 yards in offense (79 passing, 204 rushing).

Sophomore Jake Virsimo led all tack- lers with six solo and four assists. En- ches (1, 3), Verdugo (4, 3) and Arreola (2, 5, plus a fumble recovery) also had big games. Marto Fregoso and Virsisto were credited with sacks.

The Pointers led 21-6 at halftime and 31-6 after three periods.

When the Child Becomes the Parent

Watching our parents lose their inde- pendence is one of the most challenging realities we will encounter as our par- ents get older. Our parents have made decisions for and about us and them- selves for many years but when a child is called upon to start making hard deci- sions about their parents; it can be an emotional roller-coaster.

Sitting down and talking to a parent about their desires for the future should become incorporated to not always easy. Discussions must be made about medications, finances and advanced directives but sometimes those discus- sions are easier said than done. This is the time to call a Geriatric Care Manag- er who will talk with the entire family on decisions and challenges in the present and future. A knowledgeable expert in the field of geriatrics can help families make the right decisions. At Innovative Healthcare Consultants our RN Care Managers are experienced in talking to the parent and the children and finding out the desires and needs of everyone. They can make objective suggestions to the family about how the parent can continue to make some decisions and keep some independence and control while the family can know the parent is safe and being well taken care of. They might suggest caregivers in the home for a few hours or twenty-four hours a day or an assisted living facility, depend- ing on the need. Innovative has been caring for seniors since 1997 through- out San Diego and Riverside Counties. Call to talk to a nurse at (877) 731- 1442 or view our website at www.innovatehc.com.
Celebrate Fiestas Patrias At Old Town San Diego State Historic Park Experience a Traditional Mexican Independence Celebration

Old Town San Diego State Historic Park is hosting Mexican Independence Day with traditional activities from the 1800s when San Diego was still part of Mexico—including lively dancing, music, food and drink. This free festival commemorates one of the most important days in Mexico’s history—indepen-
dence from Spain in 1810. The event is Sunday, Sept. 16, from noon to 4 p.m.

The ringing of the bell kicks off the historical activities including, an “El Grito” contest, parade, games, crafts and much more! Attendees can march in the short parade around the plaza along with horses, dancers, and people in historical costume. The parade is scheduled at 12:10 p.m.

Following the parade, there will be games, contests and demonstrations that represent the activities enjoyed by the early settlers of San Diego. Escaramuzas Golondrinas (female equestrian group) will perform during the event. Park guests can relax and picnic in the grassy area in front of the stage where there will be free entertainment such as historical dancing and music. A special theatrical produc-
tion “Doin’ the Grito” will be performed free of charge at 4:45 p.m. on the plaza stage.

Other stage entertainment includes, Ballet Folklórico Tapatio de Oceanside, Los Bailadores Dance Group, and Los Angeles music group.

The event is sponsored by Old Town San Diego State Historic Park, Boosters of Old Town, and the business community.

The park is located on San Diego Avenue and Twiggs Street, and is conveniently next to the Old Town Transit Center, with Coaster, trolley, and MTS bus service. Free parking is available in the Cabrils parking lot on Taylor Street in Old Town after 3 p.m. on weekdays and all day on weekends. For more information go to parks.ca.gov/oldtownsandiego or call 619-220-5422.

Submit this ballot for a chance to Win Dinner for Two ($100 value) at one of the Peninsula’s fine restaurants.

Vote online at peninsulabeacon.com

ENTRY RULES: You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing. Mail or hand deliver your ballot to: The Peninsula Beacon, Readers Choice Awards: 1621 Grand Ave., 2nd floor, San Diego, CA 92109; or vote online at: www.sdnews.com or peninsulabeacon.com. Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by Wednesday, October 17, 2012.

TO KEEP HER MEMORIES ALIVE, WE MAKE THEM OURS.

Enjoy the beauty of Old Town

VOTE FOR YOUR FAVORITE!

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Vote online at peninsulabeacon.com

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Apparel (Men’s)
Apparel (Women’s)
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Beads
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Bicycle Shop
Book Store
Cellular Phone
Convenience Store
Discount Store
Dive Shop
Eyewear
Fashion accessories
Floor Covering
Furniture Store
Grocery Store
Grocery Store (Chain)
Hardware/Building Supplies
Health Food/Nutritional
Hotel/Lodging
Internet Access
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Smoke Shop
State Shop
Surf Shop
Swimming Goods
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Taxi
Toys
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HEALTH, BEAUTY & FITNESS
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Alternative/Holistic Health
Aromatherapy
Chiropractor
Day Spa
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Doctor
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Hair Salon
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Nail
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ENTRY RULES:
You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing. Mail or hand deliver your ballot to: The Peninsula Beacon, Readers Choice Awards: 1621 Grand Ave., 2nd floor, San Diego, CA 92109; or vote online at: www.sdnews.com or peninsulabeacon.com. Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by Wednesday, October 17, 2012.

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TO KEEP HER MEMORIES ALIVE, WE MAKE THEM OURS.
Members of the greatest football team in Point Loma High School history and one of the recognized top teams in San Diego prep history reunited Sept. 28 during halftime of the Pointers’ game against Scripps Ranch.

That 1987 team is celebrating 25 years since the small group of 33 players soared to an undefeated season (13-0) and won the CIF Championship in what was then known as Jack Murphy Stadium, now Qualcomm Stadium.

Current Pointer assistant football coach Dave Aros, who began his career at PLHS in 1978, was the only surviving member of the coaching staff present for the event. Team members presented him with a commemorative game ball for his contributions.

Of the 33 players, 18 were, or became, All-Eastern League players. Of those 18, eight were named to the All-CIF Team and to the All-State Team. Eleven went on to play at four-year universities, nine of those in Division I. Six of them played for Pac-10 Conference schools, with one being named a Parade magazine All-American and two who had NFL careers.

“What I thought really made that team special,” Aros said later, “was our first team played against our first team all the time. Nobody played first string both ways. We had 22 starters, even though everyone had an offensive and defensive position.”

Aros recalls beating Morse High 15-12 for the CIF title in Jack Murphy Stadium, the same score as the team’s earlier Eastern League championship game. In both cases, the Pointers were behind 7-0 at halftime before coming back for the wins.

Decadred coaches honored were head coach Bennie Edens and assistants Eddie Johns, Ben Ciprianic, Steve Harrow, Jeff Hill, Bud DeLong and retired U.S. Marine Corps Gunnery Sgt. Jimmie Howard, a Congressional Medal of Honor recipient.

Bennie Edens was the PLHS head football coach from 1950 until 1998. His 1987 team was the only one in PLHS history to record an undefeated season. Edens retired with a record of 241 wins, 168 losses and 16 ties.

Members of Point Loma High’s undefeated 1987 CIF Champion football team were honored at halftime of the Pointers’ Sept. 28 game. Dave Aros, center, a PLHS coach then and now, was presented a commemorative ball by players — including Ron Evans, left, and Anthony DaSilva.

By SCOTT HOPKINS | THE BEACON

Waves, USO team to feed traveling military folks

Through a collaborative effort with the San Diego USO and other strategic partners, the volunteer-based San Diego Waves of Appreciation organization is creating a food resource for the thousands of American servicemembers traveling from the San Diego International Airport during the 2012 holidays.

Project organizers said many of these men and women might be traveling without enough money for food and snacks, and the food program will help hungry soldiers fill their bellies on travel.

“The partnership’s goal is to give back and show gratitude to military members as they travel home to see their families during the holiday season,” saidassistant Brian Reichert at (858) 705-8118, or email sunsipepperdinerwaves@gmail.com. Donations can be made by checking payable to: USO San Diego Down Town Center, C/O Ginger Costinadi, 301 A Street Suite 100, San Diego, 92101. Just write “food bag project” on the check memo line.

You can also “like” Waves of Appreciation at www.facebook.com/WavesOfAppreciation.

QUICKHITS

Run/walk to aid fight against colon cancer

More than 300 participants are expected to attend the inaugural “Get Your Rear in Gear 5K Run/Walk” in Point Loma on Oct. 13. Runners, walkers, and volunteers will gather to raise awareness of the nation’s No. 2 cancer killer and raise funds for colon cancer prevention screening.

The day will include a celebration for survivors, support for caregivers and tributes to those who lost their battles. The event begins with registration at 7:45 a.m. at NYC Liberty Station. The 5K run portion and walk portion will follow at 9 a.m. and 9:05 a.m., respectively. Registration and information is available online at www.getyourrearin gp.com.

Pastel Society to host demo by Rodger Hegler

Award-winning pastelist Rodger Hegler will demonstrate the unique effect of oil pastel during the Oct. 7 meeting of the San Diego Pastel Society. Hegler’s lifelong interest in Old Masters helped form his sense of light and traditional composition.

Particular interest in early California painters helped him refine his eye and create his own palette. Although trained as a biological anthropologist, he has pursued his passion for art in its many forms throughout his life.

The demonstration begins at 2 p.m. at the Point Loma/Hervey Branch Library, 3701 Voltaire St. Refreshments will be served and the public is welcome.

For information on meetings, exhibits and memberships, visit www.sdps.org/.