Local entrepreneurs create eco-friendly sunblock

SEE PAGE 13

Izzy Poulin shows the deck design of her Sector 9 skateboard before riding at Tourmaline in North Pacific Beach.

THOMAS MELVILLE / BEACH & BAY PRESS

SEE STORY BY GILLIAN WEINSTEIN ON PAGE 4

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The repainted sign is located at the intersection of Pacific Beach Drive and Mission Boulevard.

Repaired welcome sign brightens Mission Beach

By GILLIAN WEINSTEIN | Beach & Bay Press

Thanks to former Mission Beach resident Chris Cott and friend Tom Plonka, Mission Beach welcomes beachgoers with a brighter, more dazzling introduction. The two men spent two days this past week restoring one of the colorful welcome signs for Mission Beach, located at the intersection of Pacific Beach Drive and Mission Boulevard near the Catamaran Resort and Spa.

This sign was originally designed, built, and painted by Cott in 2006, with the intention of conveying some of Mission Beach’s most well-known aspects. It lasted about five years, calling for its first renovation in 2011. With the UV clear that was recently painted on top, the sign should last at least another 10 years.

“It is important to renovate the signs when they start to wear and tear because it gives the impression that the community cares," Cott said. The positive impact that Cott’s upgrade has had on the community is just what he had hoped for. He said that “lots of people honked and even stopped to say ‘thank you’” as he and Plonka were repainting the sign.

Cott also mentioned that the Mission Beach Town Council had a plan to place solar lights around the perimeter of the sign so it can shine at night. If all goes to plan, people will be able to admire the work of art even after the sun sets.

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Mission Beach | $1,945,000
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CalBRE# 01874411

San Carlos | $649,000
Opportunity 4 br 3 ba Home / MLS#180021693

Chula Vista | $1,050,000
Amazing 4 br 4.5 ba home / MLS#180027157

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1958 — The skateboard is made from roller skates attached to a board in Southern California. As surfing becomes popular, “sidewalk surfing” becomes a way to surf when there are no waves.

1963 — Surfboard companies start making better-quality skateboards with clay wheels. The first skate contest is in Hermosa Beach. In 1964, Ian and Dean Singh “sidewalk surfing” on “Dick Clark’s American Bandstand.” Skateboard magazine debuts.

1967 — The California drought forces homeowners to drain their pools, which the first skate contest is in Hermosa Beach. In 1964, Ian and Dean Singh sing “Sidewalk Surfing” on “Dick Clark’s American Bandstand.” Skateboard magazine debuts.

1973 — With the invention of urethane wheels and fiberglass boards, new possibilities emerge as banks and curves become skatetable, and skateboarding is never the same.

1977 — The California drought forces homeowners to drain their pools, and skateboarders use the new spaces. Now tricks are invented daily—erials, inverts, and the ollie.

1982 — The Bones Brigade Video Show, which includes Stacy Peralta, Steve Caballero, and Tony Hawk, starts producing skateboarding videos that will reach kids all over the world.


SOCAL’S LOVE AFFAIR WITH SKATEBOARDING

In Pacific Beach, skateboards are more than just a piece of maplewood with wheels. Skateboards are a method of transportation, a statement of identity, and are deeply ingrained in the vibrant beach culture.

As the international “Go Skateboarding Day” approaches in San Diego (on June 21), area skate shops are organizing skate sessions, barbecues, and competitions that will gather the skating community together for fellowship, to raise awareness of the cause, and, of course, to have fun.

So how did skateboarding become the wheels of a generation in SoCal? The Beach & Ray Press asked several local skate shop owners about skateboarding’s appeal.

“Skateboarding became popular because of the strong surf culture, which ultimately led to skate culture because there is a lot of overlap between the two,” said Pablo Lanatta, owner of Adrenalina Skate in La Jolla.

Paul (Pablo) Smith, owner of Soul Grind Skate Shop in Pacific Beach, spoke about his experience in the skating community, saying that the mon way to celebrate Go Skateboarding Day is to purchase new equipment, and locally-owned shops are a great place to start.

Tyler Ashton, general manager at Sun Diego Boardshop in Mission Beach, says that most shops that sell skating equipment actually stock the same products, only the brands are different. He mentioned that it is important to know that some brands are owned by big corporations and don’t actually benefit the skating community.

“Brands owned by skaters are a better option to buy from because you know that the owner of the company is in it for the passion of skateboarding,” Tyler said. Some skater-owned companies that Tyler mentioned are Sk8mafia, Creature, and Santa Cruz.

If you are looking to be active on June 21, Lanatta says that many events for the skating community are happening shortly before the day, and skates in a group around the beach area. Lanatta also expressed his love for skating and how it benefits the environment by reducing the pollution.

‘Not only is skating a good alternative mode of transportation to keep you fit, but it also gets people out of their cars, which keeps the air cleaner.’ - PABLO LANATTA, OWNER OF ADRENALINA SKATE IN LA JOLLA

connection is strong because it is created through a passion for a thrill-seeking sport. He also brought up the originality factor within the skateboarding community, saying that the community is known for being a family friendly skate shop that promotes and supports local skate companies.

The company manages the San Diego branch of Skate for Change, which donates all proceeds to children in need.
Construction to start in July to replace West Mission Bay Drive bridge

By ANDREW EAKES & GILLIAN WEINSTEIN  
BEACH & BAY PRESS

San Diego Mayor Kevin Faulconer, along with District 2 Councilmember Lorie Zapf and Public Works Director James Nagelvoort, announced on May 30 that construction to replace the West Mission Bay Drive bridge will start in July.

“This has served us well, but like much of the infrastructure in San Diego the time for it to be improved and modernized is long past due,” Faulconer said at a press conference near the foot of the old bridge.

This $110 million project will replace the current four-lane bridge, built in the 1950s, with two separate three-lane structures. The bridge was recently classified as “fracture critical” by the California Department of Transportation.

“This bridge is supported by timber piles, something you don’t want to be driving over in the event of a major earthquake,” Faulconer said.

The new structures are to be built on either side of the existing bridge, meaning traffic will go uninterrupted for the duration of construction.

A temporary bridge will be used on the northbound side to store construction equipment. Once the northbound side is completed, residents and tourists can expect the same procedure for the southbound side.

Once completed, these two parallel bridges will provide not only three driving lanes on each side, but also a protected Class-1 bike path on both sides and improvements to Sports Arena Boulevard, West Mission Bay Drive and the westbound I-8 off-ramp.

All of this comes as a part of Faulconer’s “Proposed Fiscal Year 2019” budget of $633 million in one year, making it the largest infrastructure investment in San Diego’s history.

The people driving, or biking, won’t be the only ones to benefit from the new bridge, but the environment will as well. Zapf noted that the area below the bridge is a 12-acre, sensitive habitat that needs improvement.

“What will happen is that invasive plants will be removed, and it will be revegetated with native species, which will lead to a better ecosystem and better water quality,” Zapf said.

Nagelvoort estimated that this project, being as large as it is, will be completed by 2022, making it an approximately three-and-a-half-year project.

“When this is done, this bridge is going to be seismically a lot stronger, have a much longer life span, and be able to hold up the earthquake activity much better than the current bridge,” Nagelvoort said.

Updated information on the bridge construction can be found when you search West Mission Bay Bridge at sandiego.gov.

Pacific Beach Planning Group discusses environmental concerns with trolley stop

By DAVE SCHWAB | BEACH & BAY PRESS

Reverting to the draft EIR for the new Balboa Avenue Transit Center, Pacific Beach Planning Group supported increased density for the mixed-use trolley stop providing mobility improvements and proper infrastructure are assured.

The citizen’s advisory group responded to the draft EIR sent to the City reviewing numerous environmental concerns. Those included mobility and traffic congestion and mitigation, as well as proposed zoning changes to create higher residential zoning outside.

The Balboa Avenue Trolley Stop is one of nine planned for the Mid-Coast Trolley under development to extend trolley service from Santa Fe Depot downtown to University City. The extension will end at UTC and serve major activity centers including Old Town and UC San Diego.

Among PBPG’s environmental recommendations:

- The draft plan must emphasize creating employment opportunities/job growth via office and live/work space.
- Only allow building height to top 30 feet if it does not impact views.
- Prioritize an expedited timeline for funding improvements on Garnet Avenue and the pedestrian/bicycle connection over/under Interstate 5.
- Proposed Garnet Avenue Class 3 (shared) bike lanes are dangerous and unacceptable. A safe bicycle route needs to be provided from the Balboa Avenue Station to bike routes west of Rose Creek and north of Garnet. Pacific Beach is becoming certified as an eco-district, with the goal of attaining “sustainable development” while reducing the ecological footprint and impact of community projects.
- PBPG’s letter to the city in the trolley stop draft EIR reflects the community’s emphasis on project sustainability.

“The City should require all development and/or redevelopment to be compatible with EcoDistrict principles and adhere to the most current project design checklist from the PBPG website,” said the group in its draft EIR letter.

“Rose Creek must be dedicated as parkland and be funded by the city for park services. New development of Rose Creek must celebrate the creek, not turn its back on it. Do not allow walling off of the creek frontage like recent construction behind Sonic Drive-In.”

Friends of Rose Creek, an environmental nonprofit, also weighed in the Balboa Trolley environmental review.

“Rose Creek is the heart of this community and we feel very strongly that by creating a project that recognizes the central role the creek serves in creating our community character, we can enhance the neighborhood for existing and future residents,” said Friends’ spokesperson Karin Zirk.

“Unfortunately the plan, as presently written, does not do enough for the creek. We feel very strongly that protections for Rose Creek need to be in place before any zoning changes are approved. Make additional density contingent on pedestrian improvements by assessing developer fees for any density increase, and requiring the pedestrian improvements to be made prior to completion of any new projects.”

The Balboa Avenue project is to establish a “specific plan” that would increase residential density by re-designating and rezoning lands to allow for transit-oriented public and private development adjacent to the trolley station.

The plan provides recommendations and guidelines for new mixed-use development and improvements to the public right-of-way to develop access to the station on Balboa Avenue, and to capitalize on the new regional transit connection.

The plan promotes increasing transportation choices, decreasing dependence on single-occupancy vehicles, and reducing traffic congestion at local intersections and roadways. It would re-designate approximately 51 acres of commercial land uses to the “community village” land designation within Pacific Beach.

Aerial view of the Balboa/Pacific Beach Trolley Stop area showing future planned road (paper streets) extensions.

How to sell your home yourself

SAN DIEGO, If you’ve tried to sell your home yourself, you know that the minute you put the “For Sale by Owner” sign up, the phone will start to ring off the hook. Unfortunately, most calls aren’t from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn’t easy. A new report entitled “Sell Your Own Home” has been prepared especially for home sellers like you. You’ll find that selling your home by yourself is entirely possible once you understand the process.

Inside the report, you’ll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You’ll find out what real estate agents don’t want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week.

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COURTESY OF DIONE DESENZA • COLDWELL BANKER  LIC. 01220680
Chef Piazza joins Ambrogio15

Ambrogio15, the Milan-style pizzeria in North Pacific Beach, has hired new executive chef and “dough master” Daniele Piazza from Italy to oversee the restaurant’s dough production and future recipes. Piazza becomes Ambrogio15’s first executive chef since its opening in summer 2016 and steps into the role as the face of the creative kitchen where he will play a lead part in the restaurant’s planned expansion, both in terms of new recipes inspired by Northern Italy and future restaurant locations.

Coming from the kitchens of Padova, Veneto in northeastern Italy, considered the hometown of “pizza gourmet” where the world’s top pizza chefs have developed a style that inspired Ambrogio15’s menu, Piazza is influenced by names like Renato Bosco and Simone Padoan, a candidate for the first Michelin Star ever given to a pizza restaurant.

His most recent role as head pizza chef at the historic Trattoria Ballotta, founded in 1605 more than 400 years ago, aligns with Ambrogio15’s commitment to a long fermentation process and stone ground Petra flour during the creation of gourmet-style pizzas. And also the sourcing from those using sustainable and organic farming techniques. Piazza’s knowledge will be a key factor in Ambrogio15’s expansion into Little Italy.

Free Global Youth Ambassador Volunteer Camp for teens

Global Youth Ambassador Project (GYAP) is a network of youth around the world with a mutual goal of international collaboration and cultural exchange. Leadership is a big part of the project, you’ll gain a better understanding of who you are and what you have to offer, no matter your career path.

Explore your strengths and talents as you unleash your natural leadership abilities while deeping your diversity and multicultural-ism by sharing American culture and experiencing Chinese culture. Advanced International Academy is offering free camps to teen volunteers to take part in the GYP at Mission Bay High and Pacific Beach Middle School. Camp fees and lunches are FREE. Build your community hours for one week or all four weeks by volunteering. July 9 - August 9 - 8:30 am to 4:00 pm (619) 955-5955 emma.lotz@oneworldedu.org Facebook: AIA Global Education Event: Global Youth Ambassadors

Advanced Int’l Academy is offering FREE camps to teen volunteers

Global Youth Ambassador Project Location: Mission Bay High and Pacific Beach Middle School
Camp fees and lunches are FREE.
Build your community hours for one week or all four weeks by volunteering. July 9 - August 9 - 8:30 am to 4:00 pm.
Global Youth Ambassador Project (GYAP) is a network of youth around the world with a mutual goal of international collaboration and cultural exchange. Leadership is a big part of the project. Explore your strengths and talents as you unleash your natural leadership abilities. (619) 955-5955 emma.lotz@oneworldedu.org
Facebook: AIA Global Education Event: Global Youth Ambassadors

Pacific Beach start-up has a male take on fashion retail

I have a theory that men care a little more about dressing well than they will admit. It turns out I’m not alone, according to the team behind a new fashion retail app that changes the shopping game for men.

Pacific Beach-based Cayenne Clothing is a men’s clothing and accessory retail app putting a new twist on online fashion with the intention of making dressing well more accessible to the common man.

Cayenne makes it simple – they feature just one curated item per day. “We focus on the busy guy who does not have time to deal with the complexities of shopping online or the lines at the mall,” says co-founder Max Gleicher.

“If a guy is in an elevator on the way up to his office, he can look at the app, and check the app to see if he likes the product featured that specific day,” says CEO and co-founder Michael Sacks. “We offer them a quick opportunity to say yes or no for 24 hours.”

When asked how they came up with Cayenne’s concept, Sacks (who has a tech and fashion background along with co-founder Jimmy Woolley) said that there are a few big subscription box companies, and they wanted to do something different.

“We didn’t want the customers to have to deal with returning any items they didn’t want, and that is how a lot of the subscription box systems work. We make it easy on the customer.”

The online marketplace is the first of its kind where men can go and discover a variety of new brands, with carefully curated products from each brand.

“We have two different types of guys we target with Cayenne. We target the guy who is intrinsically motivated to dress well – the one who doesn’t necessarily prioritize the mall, but who cares about dressing well and enjoys receiving compliments on their outfits,” said Gleicher.

“And then we have the guy who doesn’t have any idea of what to wear, how to wear it, or where to get it. He thinks that a great pair of pants will just magically appear in his closet,” Gleicher added.
Mission Surf, known as the “pearl” of Pacific Beach and the city’s oldest surf shop in its original location, turned 50 this year.

“We’re gatekeepers of this iconic surf shop in Pacific Beach,” said proprietor Ron Friedman, who owns the shop at 4320 Mission Blvd. along with wife Melody, a stand-up paddle board yoga instructor. “It used to be Bob’s Mission Surf. Bob’s still around. He has a stand-up paddle board shop.”

Noting Mission Surf has “changed hands a few times,” Friedman said there’s a good reason why the shop has survived half a century.

“We’re not a blow-out shop, not a tourist shop,” he said. “We have good products and we stand by them. We treat people right. That’s kind of our motto.”

Both Friedmans come from corporate backgrounds.

MISSION SURF
Where: 4320 Mission Blvd.
Hours: 10 a.m. to 6 p.m. daily, open later in summer.
Info: missionsurf.com, 858-483-8837.

“I was on the brand side with Quiksilver,” Friedman said, noting he and his wife are happy to be doing surf retail now because “it fits our lifestyle.”

It also doesn’t hurt that their shop is located at a crossroads on Mission Boulevard, just steps from the beach.

“We’re surrounded by Ralphs and Starbucks, restaurants and bars like PB Alehouse, Firehouse, Shory Club and the new Waterbar,” Friedman said. “We get a lot of people criss-crossing here.”

Of the active-sports retail trade, Friedman said. “It’s very exciting, interesting.”

Mission Surf rides 50 years of success in Pacific Beach

The Facility Dance Studio brings hip hop to PB

Those looking to dance have a new outlet in Pacific Beach. The Facility Dance Studio recently opened up on Garnet Avenue, bringing a fresh take on San Diego’s vast dance community into our own backyard.

Studio co-owners Joe and Leila Carlson and Richie P. bring together the most endearing aspects of dance into their new space. Richie started dancing more than 20 years ago on a bet, and is now a well-respected teacher throughout San Diego. Joe and Leila met Richie when their son was taking a class at his old studio. Now the three of them are putting their vision and their love of dance together.

The facility has two studios, complete with lifted wood-sprung floors to prevent too much impact on dancers’ joints. The front studio is known as The Steel Room, with the walls giving off an industrial and gritty – yet very open – feel. The back studio, or The Brick Room, is a little more intimate, with distressed brick reflecting off the full length mirrors lining one side.

There’s also a comfortable lounge area for parents to relax while kids are in class. Sitting on big couches, they can watch what’s going on inside the studios from big TV screens. Soon, the lounge will feature a cyclorama stage for dance video production and photography. The facility also boasts a parking lot in the back.

The studio design was Richie P’s brainchild. He said he wanted a space where videographers could shoot anywhere, while also fostering creativity and encouragement. A wide variety of classes are offered each week. Dancers of every skill level and age have access to hip hop, cardio workouts, jazz, contemporary, burlesque, even line dancing and twerking.

“We have a lot of people who have never danced before, a lot of people who just want a good workout, and a lot of people who are training to be professional dancers,” said Leila. Among them are parents, children, teens, young adults, and everyone in between.

Joe, Leila, and Richie’s main goal is to foster a sense of community with their new space. The facility only works with local vendors to make sure everything stays in PB. They’re rolling out events like the “Hip Hop Social,” a Friday night dance class followed by an outing to the local bars with special deals.

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Where: 1414 Garnet Ave.
Info: thefacultysd.com.

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Marie Tolstad & Patrick Cohen of Coldwell Banker Real Estate
Pacific Beach decorates a local residents yard with flags in celebration of Flag Day. Tolstad has been honoring Flag Day in this manner for over 30 years on June 14th.

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50th Anniversary
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SURF > CONT. FROM PG. 7

Add challenging to the mix. Friedman said competition from online retail has forced them “to focus on private label-branded merchandise,” which, he said, “helps us celebrate the heritage and history of this place.”

The bread and butter of Mission Surf, which also has vacation rentals upstairs, is equipment rentals and beach-boutique accessories.

“We focus on sunglasses, sandals, hats, backpacks, roller luggage, T-shirts and hoodies,” said Friedman noting he carries “premium brands that are quality, as opposed to cheap throwaways.”

Some of Friedman’s stock of T-shirts, hats and Baja hoodies is handmade in Mexican villages.

Brands carried at Mission Surf include Oakley, Ray-Ban, SPY, Olukai, Rainbow Sandals, Reef, Salty Crew, Sector 9 and Carver. It’s a one-stop surf shop carrying everything from a bar of wax to the full kit: shades, flip flops, board shorts and a tank top.
MEETING ANNOUNCEMENT

Please join us for the bi-monthly meeting of the Airport Noise Advisory Committee (ANAC)

Wednesday, June 20, 2018
4:00 p.m.
Holiday Inn San Diego Bayside
4875 N. Harbor Dr., San Diego, CA 92106

Next Meeting Date
August 15, 2018

For questions, call Airport Noise Mitigation at (619) 400-2660

MISSION BAY HIGH
Congratulations to MBHS musicians who performed at Music in the Parks at Disneyland on Sunday, June 3. Led by music director Jean-Paul Bemat, the Swing Choir took first place in vocal jazz. Full Orchestra took home first in their category, and Concert Band was second in the high school division. Freshman Connor Gilbert won best accompanist performing with Swing Choir.

PACIFIC BEACH MIDDLE
PBMS physical education teacher Dennis (Coach G) Gildehaus was recognized as the 2018 Secondary Physical Education Teacher of the Year, by the California Association for Health, Physical Education, Recreation and Dance. Gildehaus is a leader in his profession, teaching students and developing professionally. He has played a key role in the development of the Fit 2 Learn Fit 4 Life website, regularly implements technology in physical education, and helps coordinate the California Middle School Physical Education Workshop.

BARNARD ELEMENTARY
Barnard Mandarin Magnet Elementary School held its first International Night on June 1. The school’s auditorium was filled with students and their families eager to taste culinary delights from more than 20 countries, including Poland, England, Greece, Germany, Mexico, Philippines, Russia, Ireland, and, of course, China. There were also cultural performances on the stage. Highlights included Russian and Flamenco dancing, taekwondo, and a folk song about the Hebrew alphabet. Many attendees wore their family’s national dress. For some, this meant wearing clothing that showcased more than one culture, hinting at the diversity found within the families themselves.

KATE SESSIONS ELEMENTARY
The fifth graders at Sessions have been having a blast participating in all their end-of-year activities that they have earned this school year. They visited JA Biztown and found out what it takes to run a business, they went to Skateworld, had a fifth grade dance, a beach party, pizza party, picnic at Kate Sessions Park, capture the flag field day with coach Josh and played kickball against the teachers. They all worked really hard this year to prepare themselves to be successful middle school students and successful citizens.

EDUCATION NOTEBOOK

Three students sample the international food and culture at Barnard Mandarin Magnet Elementary’s first International Night on June 1.

Fifth-grade Pacific Beach Elementary student Lucy Worms adds to the mural surrounding the school’s field. The first section of the mural was painted by the fifth-grade class in 2013, led by PB mom and local artist, Lorrie Blackard Friet.

Music director John O’Donnell and PBMS music students hold up their trophies won at the Music in the Parks held at Disneyland on June 3. PBMS Concert Band and Orchestra each won first place in their divisions and both earned ‘superior’ ratings.

Crown Point Junior Music Academy students enjoy their end-of-the-year violin performance on Friday June 1 with 150 students from kindergarten beginners and their parents through fifth grade advanced players playing together as one.

MEETING ANNOUNCEMENT

Please join us for the bi-monthly meeting of the Airport Noise Advisory Committee (ANAC)

Wednesday, June 20, 2018
4:00 p.m.
Holiday Inn San Diego Bayside
4875 N. Harbor Dr., San Diego, CA 92106

Next Meeting Date
August 15, 2018

For questions, call Airport Noise Mitigation at (619) 400-2660
Moonshine Beach to feature tribute or cover bands throughout summer

Guitarist Israel Maldonado performs at the Duck Dive on June 20. A gifted player, Maldonado plays a mix of Latin-tinged tunes, hook-laden originals and classic covers by the likes of Santana and Bob Marley. But Maldonado is no mere back-up player. The likes of Santana and Bob Marley

Monthly music showcase San Diego Live returns to Tio Leo’s on June 20 for a show topped by The Farmers. Led by guitarist Jerry Raney, the band, in various incarnations, has been delivering hard-driving barroom rock ‘n roll for decades, with no signs of slowing down. It’s an all-star line-up with Joel Kinak (drums) and Chris Sullivan (bass) rounding out the band and a set list of road-tested tunes meant to keep the dance floor hopping. These guys have been at the top of the San Diego music scene for decades, and even took home the 2018 trophy for “Best Rock Band” at this year’s San Diego Music Awards.

The Farmer’s: Wednesday, June 20 at Tio Leo’s, 5302 Napa St. 7 p.m. 21 and up. Cover TBD.

dizzysjazz.com.

Robin Henkel with Horns: September 28 at Dizzy’s, 2241 Shelter Island Drive. 6:30 & 8:30 p.m. 21 and up. Cover TBD.

Hip Hop and Drum Line: Saturday, September 29 at San Diego State’s 2018 SDSU Creative Arts Jazz in July. 5 p.m. Free admission. 951-692-2787.

The Farmer’s: Wednesday, September 26 at Humphrey’s Backstage Live, 2241 Shelter Island Drive. 6:30 & 8:30 p.m. humphreysbackstagelive.com.

Boost curb appeal & improve property value

Concrete blocks are 16" long x 8" tall x 6" wide and the footing is 18" wide x 8" deep. New “Seamless” finish. These prices assumes perfectly even terrain; uneven terrain will increase the price. Price does not include any finishing; paint or stucco. Taxes and permit fees if need it are not included.

Concrete Block Wall $8.50 sf

PetroWalls a gravity type retaining wall, is constructed using precast special concrete blocks, is very versatile and provides superior wall quality, enhancing wall aesthetics, with or without landscape. Walls over 4 feet are designed by structural engineer. Block weights approx. 73 pounds, 1.5 blocks per square ft. Price is for a wall up to 4’, includes a concrete footing. PetroWalls over 4 feet are $10.50 sf. These prices assumes perfectly even terrain; uneven terrain will increase the price. Price does not include any finishing; paint or stucco. Taxes and permit fees if need it are not included.

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would have been with the band since the release of their first album, “Red Dust and Spanish Lace” (1987). No new music has been issued since 2011, but all the elements that initially brought them into the spotlight are still in place, perfect for anyone who enjoys virtuosic guitar work and smooth jazz rhythms.

Acoustic Alchemy: Sunday, June 24 at Humphrey’s Backstage Live, 2241 Shelter Island Drive. 6:30 & 8:30 p.m. humphreysbackstagelive.com.

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The 39th annual Ocean Beach Street Fair & Chili Cook-Off returns Saturday, June 23 with an array of food and merchandise vendors, the Community Mural Project with three new music-themed collaborative murals, and the Chili Cook-Off.

The event also includes Hodad’s Burger-Eating Competition, an Artists’ Alley showcasing hand-made goods and artwork from local artisans, a beachside beer garden in the main stage area and family-friendly attractions like the Kids Fun Zone, which will feature a Zip Line, Zorb balls, Hop ‘n Rock, laser tag, games and more. There will be four musical stages with bands playing Rock ‘n Roll, Blues, Reggae, Americana and more throughout the day. Rock ‘n Roll San Diego will also be returning this year with musical experiences for kids and adults.

The Community Mural Project is an OB Street Fair tradition where attendees paint a square section of a mural that is later installed in the Ocean Beach community after the street fair. The mural area is on Bacon Street just south of Newport. Squares are $20 each and go on sale at 10 a.m. They typically sell out very quickly, so come early to secure your space. All ages are welcome.

The Chili Cook-Off competition features more than 20 tastings in both amateur and restaurant divisions. Chili chefs compete to take home prizes like Best Restaurant Chili, Best Amateur Chili, Judge’s Choice and People’s Choice. Chili tastings will begin at 11 a.m. and when contestants run out of samples. Tastings can be purchased for $2 per chili entry. If you want to try every recipe and vote for the best, you can buy a master ticket for $20. If you’re interested in participating, contact the Chili Cook-Off, applications are at oceanbeachsandiego.com.

Hodad’s Burger-Eating Competition is free to enter and offers contestants a chance to be featured on Hodad’s Wall of Fame at the Ocean Beach location. New this year, Hodad’s will be donating $100 to the San Diego Food Bank for every burger that the winner eats. The competition starts at 1:50 p.m. with 10 contestants, 7 minutes on the clock and six burgers on the plate.

Artists Alley displays local and regional artists and crafters along with entertaining art demonstrations. A large space hosted by local Ocean Beach art school, The Artist Outpost, will offer a variety of art projects for kids to explore different mediums and techniques. The Beachside Beer Garden will be rockin’ all day for guests looking to enjoy an ice cold brew with an ocean view and live music from 11 a.m. to 8 p.m. Featured breweries include 10 Barrel Brewing, Elysian Brewing Co., Stella Artois, Shock Top, Bud Light and more. Drinks are available for individual purchase; no tasters or wristbands will be sold.
Mission Bay Valedictorian and Salutatorian Ready for Next-Level Education

Mission Bay High School Class of 2018 valedictorian Ciara Gray and salutatorian Luke Loomis shared their hopes—and fears—entering a broader world of sweeping change.

“The pair of graduates, who’ve known each other since karate class in third grade, said they had mixed feelings about leaving MBHS. “There’s a certain amount of anxiety about going off and living on your own,” said Loomis, who’s attending UC San Diego in the fall and majoring in human biology. “At the same time there’s an element of excitement because we’re going to be able to have our freedom and the ability to make our own lives.”

“For most of the year, most of high school, I couldn’t wait for graduation and was looking forward to college,” said Gray, who will attend UC Santa Barbara as a math major. Gray, who’s grown up around marine science and had an internship with NOAA Southwest Fisheries, added, “There’s a lot of ways I could go” with a math-oriented career.

“It’s something that’s very much a part of me, science, biology,” said Loomis. “If that leads me to med or med school, or to whatever post-bachelor degree schooling I decide I want to do—it’ll see what happens.”

Though she characterized herself as “pessimistic,” Gray said she nonetheless is optimistic about her career future. “People have told me the job you’ll have in the future may not even exist yet,” she said.

Asked what they saw as good and bad heading into the world, Loomis answered, “Technology.” Gray concurred, noting she loves being able to Google how-to-questions, while avoiding “being sucked into technology. The convenience is nice, but it’s scary how much [technology] has infiltrated our lives.”

What of their fears? Said Loomis, “One thing I’ve always been scared of is political dichotomy, one way or another, with or against… I very much like to have options in my political views.”

“I’m also very politically ambiguous,” said Gray. “I have friends who are so politically one way or another that I can’t even debate with them because they believe so strongly. Everything is so extreme nowadays.”

What of global warming? “We’ve passed the point of no return,” said Gray. “There are things we can do to reconcile what we’ve done, but we’re never going to get it back to as good as we’ve had it. By 2050, there’s going to be more plastic than biomass in the ocean, and that is insane to me growing up surfing in the ocean,” she added.

“It is very concerning being raised on the beaches,” agreed Loomis of climate change. “Our school has done a good job of educating us about having a global mindset when it comes to how we act, about water conservation, etc.”

Concerning their graduation speeches, both Loomis and Gray were working on theirs.

Loomis planned to give a shout out to parents for the roles they play in shaping their children’s lives.

Gray was still kicking around ideas, not wanting to deliver a “typically overdone speech” about leaving for college.

What advice would they give to future Buccaneers? “Get involved in things, clubs, sports, early,” said Loomis. “Our school has so much to offer.”

“Don’t worry about the grades,” said Gray. “Teach yourself to find a way to get yourself interested in the material.”

Mission Beach entrepreneurs driven to create eco-friendly sunblock

Revolutions are sparked by an underbelly of discontent. Something is wrong. And someone—or two—will serve as a catalyst for change. Revolutionary change.

Mission Beach residents Maxine Chapman and Nicolette Remmel of SurfDurt, who are revolutionaries who refuse to simply dream about a future that respects the coral reefs. They’re doing something, slather upon slather of sunscreen.

“The entrepreneurs have rolled out SurfDurt, a non-toxic, water-resistant, physical barrier sunblock. Not only is the organic “durt” a healthier and more effective sunscreen, SurfDurt is also reef-safe. This eco-friendly sunscreen provides unparalleled protection while saving the world’s dwindling coral reefs.

“SurfDurt is sun protection that’s better for our oceans and better for your skin,” said Chapman. “Chemical sunscreens, however proficient in combating harmful UV rays, are toxic to your body and the ocean waters. Physical barrier sunscreens are just what they’re called—a physical barrier that reflects UV rays. Because physical barriers are not absorbed into the skin, they’re non-toxic to the body and they don’t pollute the waters.”

SurfDurt contains a non-nano zinc oxide, a mineral powder that reflects sunrays without seeping into the skin. This active ingredient is reef safe with a zero percent toxicity level. Chemical sunscreens contain nanoparticles that are immediately absorbed into the skin’s dermal layer causing oxidative stress that endangers skin cells and the coral reefs.

SurfDurt is also paraben-free. Parabens—preservatives—give cosmetics, lotions and creams a “creamy mayonnaise” texture. But not only are parabens linked to “estrogen disruption,” they lack “conclusive scientific evidence” for “metabolizing out of the body,” causing concern for its unknown cumulative effects.

Chapman’s father, a Hawaiian “waterman,” who doubles as a scientist and a chemist, recognized the toxicity of sunscreen to the ocean’s ecological systems early on. Teaching Maxine “his Ph.D. in layman’s turn since I was a little girl,” SurfDurt began as a kitchen project as a way “not to be a part of the problem,” and carted to the beach in plastic containers.

Many versions of the “Tupperware stuff” were shared with fellow surfers, including long-time high school friend “Nicki” Remmel. The home-made sunblock remedy was a huge hit.

Remmel served as the catalyst for bringing the product to market. Although not the first physical barrier sold in this niche market, other products fell short.

“Everything else smelled funny, turned hot in the water, or looked like white war paint,” said Remmel. “We changed the user experience so it smelled nice—naturally, like cookies; didn’t sting the eyes or cause skin breakouts; and it’s good for every outdoor sport, especially surfing. We are the product’s consumers.”

“We fiddled with the pigment, the texture, consistency; the smell, its water-resiliency, and endurance,” added Chapman. “We especially didn’t want lifeguard, all-white, clown nose war paint. The Tupperware carried many revisions before Nicki and I trademarked our recipe.”

What was once mixed in stovetop pots is now manufactured in small batches, through solar-powered, “dad-inspired machines” on family-operated assembly lines. The clan affair has everyone donning lab coats, gloves, hair nets in a space forfeited by “mom.”

Manufacturing is described as extensive.

“Everything is a process,” continued Chapman. “There’s a process to ensure the lotion’s smoothness and consistency and a process to ensure the proper distribution of minerals. Without chemical add-ins, it’s a long process that includes a heating element, a grinding element, an emulsifying element and a distribution element.”

Because sunscreens advertise to prevent cancer, they’re categorized as one of the over-the-counter drugs that requires Federal Drug Administration approval. Tested as a medical treatment—a cosmetic, —the FDA requires laboratory proof for every advertised claim.

Community

COMMUNITY

THURSDAY · JUNE 14, 2018
BEACH & BAY PRESS

Bea & Ben Press

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