Dalai Lama preaches compassion, love at UC San Diego commencement

The Dalai Lama was introduced by journalist Ann Curry, who noted that the spiritual leader of Tibetan Buddhism was so devoted to humanity that he was up every morning by 3 a.m. to meditate and pray for world peace.

His Holiness, now 81 years old, had flown in from Rochester, N.Y. the day before, but was cheerful and energetic as he delivered his 35-minute message about the importance of compassion. His suggestion in facing an enemy was to extend compassion to that person, even if not to that person’s negative attitude because “Compassion is not a religious issue, it is a human issue. We all have the seed of love in our hearts.”

The Dalai Lama, who calls himself “a simple Buddhist monk,” then provided an example of how he applied this lesson to his own life.

One of the greatest crises he experienced was leaving his Tibetan homeland and going into exile in India. Yet about the

Salk unveils $9.8m teak window remodel

BY BLAKE BUNCH

Founded in 1960 by Jonas Salk, the developer of the polio vaccine, and designed by internationally acclaimed architect Louis Kahn, the Salk Institute for Biological Studies has always been a treasure to La Jolla.

After receiving a grant to “build whatever he wanted, wherever he wanted,” from the now-March of Dimes, Salk approached the City of San Diego to allow them to construct one of the most beautiful institutions in existence to draw in the world’s best doctors and scientists.

Construction was completed in 1965, and is when some of the first scientists began work in its labs. To say that Salk achieved his goal would be a major understatement, as the Salk Institute has seen 11 Nobel Laureates in its wake, with three currently serving on the faculty.

The building, typical of modern architecture, blended concrete facades and corridors with

Rough Water swim canceled for second consecutive year

BY DAVE SCHWAB

For the first time in its century-long history, the La Jolla Rough Water Swim has been canceled in consecutive years.

An inside source receiving anonymity confirmed the annual La Jolla Rough Water Swim, canceled last year because of water pollution in the Cove, has been canceled again for 2017.

The annual high-profile, all-ages swim event held in September, was canceled in 2014 due to construction at the La Jolla Cove Lifeguard Station. That was the first time since 1959 that the annual swim fest, drawing 2,000 participants from all over the nation and the world, had been canceled.

The Rough Water Swim resumed in 2015,
BNBuilders tops out Vertex Pharmaceuticals new building

BNBuilders and Alexandria Real Estate Equities, Inc. recently announced the “topping out” of Vertex Pharmaceuticals’ new San Diego laboratory last month. The milestone was recognized with a ceremony at 215 Merryfield Row in Torrey Pines, and attended by BNBuilders’ construction crews, Vertex scientists and VIPs, and development executives from Alexandria Real Estate. Alexandria has a longstanding track record of developing Class A properties clustered in life science and technology campuses.

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only to be canceled again last year in 2016 due to high bacteria counts in the Cove attributable to planipled and bird waste buildup.

There are unconfirmed reports recently that bacteria levels at the Cove from water pollution have declined significantly. The County Environmental Health Department, in charge of monitoring coastal water quality, could not be reached by La Jolla Village News for further comment.

The source confirmed that the event had to be canceled again this year because the timeline to work out logistics associated with the Rough Water Swim course has lapsed. The source said possibly relocating the venue to La Jolla Shores faced a June 1 target date to iron out details, adding that deadline had already been extended three weeks, noting time now has essentially run out.

The source said the volunteer committee running the event exploring the possibility of moving its locale to the Shores this year ran into liability and other issues that couldn’t be resolved in time.

Asked to weigh-in on the situation, the 1st District office representing La Jolla commented, “Councilmember Bar

boca Bry is committed to protecting coastal access for swimmers and beachgoers at the Cove, and this is something she has been focused on since taking office last December. At her first meeting with the mayor, Bry recommended that city staff research and pursue viable options to improve water quality at the Cove and explore partnerships with the county and state to address the issue. Bry has advocated for this approach in subsequent meetings with the mayor, and will continue to do so.

Following the event’s cancellation in 2016, the Rough Water Swim’s director, Bill Perry, noted, “The safety of our swimmers has always been our primary concern. The committee feels that to subject our entrants to the Cove’s poor ocean water quality (then) would be irresponsible and contrary to the high standards of this 100-year-old event.”

Perry noted that LJWSS has always “strived to provide a first-class aquatic event for all members of the family … We are hopefully optimistic and look forward to seeing everyone again in the near future.”

La Jolla activist Bill Robbins, speaking for himself, pointed out the Challenged Athletes Foundation has continued to host the swim leg of its triathlon in October on the ocean at the Cove. “CAF has never stopped, other than once, by lifeguard tower construction or pollution at the Cove,” Robbins said adding the CAF’s annual triathlon event went on with a bridge being erected during Cove Lifeguard Tower construction to ensure challenged athletes would not be affected while competing in the event.

Robbins said CAF has had a Plan A and Plan B, in case of continued high bacteria counts at the Cove.

“Plan A is that, if water quality is good enough, the event will stay at the Cove,” Robbins said. “Plan B is the water portion gets moved to La Jolla Shores in the event water quality does not meet safe standards.”

Robbins, who helps organize special events at the Cove, said he hoped it was not true the Rough Water Swim would be canceled again this year. But he added, if it is, “I’ll be very disappointed. It’s the first water event I worked many years ago with lifeguard Jimmy Canelli. It is the premiere event in La Jolla, by which all other water events are judged, both in terms of turnout and spirit.”

Swim cancellation during its long history has been rare. Swims over the years were canceled due to sponsorship changes (1935), a polio scare (1948) and shark sightings (1939).

DALAI LAMA

CONT. FROM PG. 1

event, he sees benefits, saying he would not have become as worldly and would have remained more narrow-minded had he only lived in Tibet.

During the question and answer session following his speech, His Holiness was asked for a definition of success. He posited that our human purpose is to have a happy life, and that keeping a happy mind was key.

The next day, Saturday, June 17, the Dalai Lama, sporting a UC San Diego sun visor and blue and gold commencement robe, spoke at the all-campus commencement addressing another audience of 25,000, this time composed of graduates and their families.

UC San Diego had a record 9,300 graduates this year; 6,600 were in attendance.

In his keynote speech “The Value of Education, Ethics and Compassion for the Well-Being of Self and Others,” His Holiness told graduates that just as personal hygiene is important for the maintenance of the body, “hygiene of the mind” is important for emotional well-being.

He noted that young people should be taught to understand their emotions through exercises like meditation, reading, or prayer. While he characterized the 20th century as a century of war, he expressed hope that the 21st century could be a century of peace and compassion.

Calling upon the Chinese Communist Party and President Xi Jinping to be more aware of the 400 million Buddhists that he said live in China, he also encouraged China to pay attention to the gap between rich and poor.

“China needs another Cultural Revolution,” he explained, “but this time they need a revolution of compassion.”

His Holiness was brought to the U.S. by Friends of the Dalai Lama, a nonprofit organization based in California. He first visited UC San Diego in 2012 for the “Compassion Without Borders” symposium. In keeping with the Dalai Lama’s belief in reincarnation, he is referred to as the 14th Dalai Lama. He was awarded the Nobel Peace Prize in 1989 in recognition of his nonviolent struggle for the liberation of Tibet, and the U.S. Congressional Gold Medal in 2007.

Celebrate 4th of July at the Bird Rock parade

BY DAVE SCHWAB

The annual iconic, homespun Bird Rock 4th of July Parade will roll out for the 58th time this year on Tuesday, July 4.

“Bringing your Hawaiian shirt and let’s hula,” said Scott Murfey of San Diego, “like a rollin’ wave of fun.”

The theme this year is the South Pacific-inspired “Tiki Time.”

This event started out as — and remains — a neighborhood-centric mom-and-pop festivity.

Registration and float entry is at Beaumont Avenue and Camino de la Costa at 9:15 a.m. on the 4th. A shotgun parade follows at 10 a.m. Trophies will be awarded to the best floats and parade participants.

For decades, the La Jolla community has gathered alongside neighbors, family, and friends on the 4th of July to enjoy the Bird Rock Parade down Beaumont Street. With hundreds of bikes and small floats flooding the streets, this quintessential “small town” celebration has spanned generations of La Jollans.

Now in its 38th year, the Murfey family is once again at the heart of the parade with brothers, Scott and Russ, working to coordinate all of this year’s activities.

The 4th of July parade is a great opportunity to connect with old friends, families and neighbors,” said Russ Murfey. “For us, there is the obvious personal connection to the
Coastal management plan aims to control growing pinniped population

BY DAVE SCHWAB

The city has released a comprehensive, coastal management plan advocating using multiple, non-lethal deterrence methods to minimize growing problems with seals and sea lions in La Jolla, which is finding itself increasingly overrun by pinnipeds.

Commissioned by the city's Department of Parks and Recreation, the Marine Coastal Management Plan was developed by Hanan & Associates, Inc. after an exhaustive study of La Jolla's offshore ecosystem.

"The plan is written to be a living document that can be amended and adapted as conditions change," states the management plan, which adds, "This plan is intended to provide guidance for the city to manage marine mammals especially seals and sea lions (pinnipeds) and also for various sea birds roosting and nesting in the La Jolla area."

The city's pinniped management plan recommends:

• Implementing an aggressive educational safety program to develop public awareness regarding the biology and behavior of seals and sea lions and expected public behavior with them.

• Moving forward to protect pinnipeds and the public by placing gates on the base of beach-access stairs to prevent sea lions from coming up beyond the beach preventing problems with pinnipeds in urban areas.

• Continuing the enzyme spraying program to remove waste build up and offensive odors at the Cove.

• Possibly hiring and equipping rangers to increase city presence and education.

With past debris issues solved, Fourth of July fireworks at the Cove to go off as scheduled

BY DAVE SCHWAB

For a quarter-century, the annual La Jolla Cove fireworks display begun by restaurateur George Hauer went almost without a hitch each year.

Then came environmental challenges alleging environmental damage to the ocean from the annual coastal fireworks display. Then Hauer stepped back relinquishing control of the event to others in the community. They struggled initially to raise the approximately $60,000 it now takes to stage the event.

For a year or two, it was nip and tuck with event funding, as promoters would sweat over donations, nearly canceling the event, before finding money somehow at the 11th hour to stage it at least once more.

Those days and many of the uncertainties surrounding them are gone. The show will go on this year.

But fireworks organizer Deborah Marengo had this caveat to issue to the community in announcing the 32nd annual La Jolla Cove fireworks display is on for July 4.

"We hate to always be crying about it, but funding is still really important," said Marengo, adding, "People really have to be made aware that this is really a grassroots community effort. There isn't funding that comes from anywhere else. The community really shouldn't take it for granted that the show is just going to happen."

Marengo noted that big-time sponsorships up to $5,000 are hard to come by. One, from a local hotel, dropped out this year. But a replace-

Coastal management plan “calls for the continuation of enzyme spraying to reduce the stench caused by bird guano and sea lion feces. In the fall of 2016, the city increased its spraying of the bluffs. The rainy season that quickly followed appears to have improved the situation, so we have yet to see the impact of this increased spraying during the dry months. Our staff will continue to visit the Cove on a regular basis to monitor the situation, and will be in close contact with the community about the status of the odor.”

Pinnipeds and their encroachment onto La Jolla public beaches is a regular topic of conversation and debate at La Jolla Parks and Beaches, Inc., which makes land-use recommendations to the city on coastal parks other than La Jolla Recreation Center.

Of Hanan & Associates, Inc.'s management plan, Ann Parode Dynes, LJPB's current chair stated: "It is apparent that governmental policies favoring marine life have worked to compromise traditional human uses of our beaches. But there are members of our board who strongly advocate that the city take the pinniped management alternatives suggested by the report, and I expect a recommendation to that effect to be made at our June meeting."

"Beyond that, I personally suspect that the city will plead that it does not have the financial resources to take the actions offered by the report, in which case I will propose that the community of La Jolla take up a collection and arrange to underwrite the city's recruitment and employment of qualified personnel to take those actions."
Osher Lifelong learning

Since June 19, the summer quarter registration has been open at The Osher Lifelong Learning Institute at UC San Diego. The Institute offers stimulating daily lectures and seminars for individuals 50-plus years of age who become members.

The first lecture begins on Wednesday, July 5 at 10 a.m. Class offerings include presentations from scholars and experts in the fields of art and music, law and society, science and engineering, among many other subjects. All lectures are held on the extension campus located at 9600 North Torrey Pines Road.

Summer quarter lecture subjects include Igor Stravinsky, art history of the United States, the Supreme Court, changing oceans ecosystems and new planets.

For information on membership, visit www.oll.ucsd.edu or call 858-534-3409.

Marine Room chef named ‘Chef of the Year’ by California Restaurant Association

The Marine Room recently announced its chef de cuisine, Ron Oliver, was named “Chef of the Year” by the San Diego chapter of the California Restaurant Association (CRA).

The CRA held its 33rd annual Gold Medal Lion Awards on June 13 at the Town and Country Resort Hotel in Mission Valley, where the restaurant industry’s most prestigious honors were bestowed upon San Diego eateries and industry leaders.

For more than 18 years, chef Oliver has been instrumental in upholding the rich traditions of The Marine Room as a San Diego landmark while introducing exciting new programs and events, including the popular high tide dinners and annual cooking class series – which Oliver co-hosts with executive chef Bernard Guillias. His partnership with Guillias has also led to the publication of two highly acclaimed cookbooks and countless awards for the world-renowned restaurant.

The Marine Room is located at 2000 Spin drift Drive in La Jolla and is owned and operated by the La Jolla Beach & Tennis Club, Inc. For more information and reservations, call 858-459-7222, or visit www.MarineRoom.com.

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Without Walls Festivals, our 2017 outing will...
University City updates: Summer concerts, Marian Bear and more

By Jemma Samala

Summer Concerts
kick off July 9

The University City Summer Concerts lineup kicks off with the band Forecast, who are celebrating 40 years of playing jazz-rock-fusion. Starting in 1977, the band was started as a duo by University City’s Gregg Parich and Charlie Cates, later becoming a quartet. The current group has been together for more than 30 years.

Forecast has played during the UC Summer Concerts for seven years in a row, and will be performing many of their long-time favorites, as well as some original songs and a few gems from the past that haven’t been heard for some time.

The UC Summer Concerts are held at Standley Park on Governor Drive, and are sponsored by the Standley Park Recreation Council, UCASS, Regency Centers/Costa Verde, and Scripps Health. The schedule is as follows:

July 9 – Forecast—jazz fusion — with UC Resident Greg Parich celebrating their 40th Anniversary;
July 16 – Baja Bugs—Beetles tribute band;
July 23 – The Legends Show Band—soo soul and R&B— with UC Resident Pamela Gallo;
Aug. 6 – Relativity Minor and Friends—classic rock — with UC resident Greg Zinser;
Aug. 13 – Teaser—arena rock — with UC resident Rick Kern;
Aug. 18 – Sultry and the Blue-Eyed Soul Band—soul and R&B — with radio and TV host Bob “Sully” Sullivan;
Aug. 25 – The Legends Show Band—soo soul and R&B— with UC resident Greg Parich and Charlie Cates;

For more information, visit the Facebook page and www.marianbearreccouncil.wordpress.com.
UC San Diego honors retiring dean with melon monarchy

BY ROSE WILSON

Retiring assistant dean of student affairs, Liora Kian Gutierrez, knew she would get emotional as she worked her last Friday of the last day of the quarter at UC San Diego. She just didn’t realize her 18-year career at the university would end in a splat.

Students surprised the 60-year-old admin- istrator by electing her “Watermelon Queen,” which comes with the task of climbing seven stories to the top of Urey Hall, and hurling a giant fruit over the side for the university’s annual Watermelon Drop in June.

“I turned 60 this year and wasn’t sure if I could make it up all the stairs, but I did,” Gutierrez said. “It’s bittersweet. It’s a little emotional realizing that I’m really going to leave.”

Before the melon toss, the Watermelon Queen is dressed in extravagant attire, including a pink sash and silver tiara, and asked to smile and wave to the onlookers from above — as the benevolent monarch of the Cucurbitales Order.

“There is nothing like this splash! I’ll wear it for the rest of my summer and retirement, you can’t beat this. The crown’s a nice touch, too,” Gutierrez said.

So why do hundreds of students gather around to watch someone drop a watermelon? In 1965, professor Bob Swanson asked his students to answer the question. “What would be the terminal velocity of a watermelon dropped from the seventh floor of Urey Hall and how far would it splat?”

According to the MC of the event, Amanda Goya, many students calculated a similar answer on this quiz, but they were wrong. These students wanted to test what the answer would be in real life, which led to the annual Watermelon Drop tradition, where the velocity and farthest piece are measured.

This year’s farthest splat was measured at approximately 58 feet, a pretty average distance, according to Goya, and far off the record of 167 feet.

After the event, Gutierrez was all smiles as she greeted people. “[It] was very exciting,” said the UC San Diego alumna, who plans to continue to be part of the university community and volunteer at campus events.

Bird Rock couple lends aid to Ugandan ‘granny circles,’ sees substantial development

BY BLAKE BUNCH

With the high rate of AIDS in Uganda, countless children are frequently left orphaned, most to be raised by their grandmothers. Since schools in Uganda aren’t free, and these “grannies” have little capital to strike out in a business of their own to support their grandchildren, simply covering tuition is nearly impossible.

Women’s Empowerment (WE) and its umbrella organization in Uganda, the Uganda Granny Project, help groups with small loans, typically $50 to $100, at a much lower interest rate than that of a commercial bank or lender. This allows the party to invest money into a business, pay off their interest rates and profit from their business.

In 2007, WE provided each of the 98 grannie groups with loans at a 24 percent annual interest rate. The group then provides loans to individuals within the group to be invested in their business. In Naya- ka, grannies have become involved in sewing, coffee trading, and much more. The couple found it fascinating to see the increase in these women’s self-esteem.

“After the WE provided these micro-loans, it’s amazing how much the societal view of the grannies changed,” said De Wyze. “Where they were once seen as ‘drunks and useless,’ with their new business ventures and self-sufficiency, and the ability to support their grandchildren, they are quite looked up to.”

Education of grandchildren is simply one of the countless issues in this verdant, mountainous region.

Popularized by Muhammad Yunus in Bangladesh, Microfinance involves funding individuals and groups with small loans, typically $50 to $100, at a much lower interest rate than that of a commercial bank or lender. This allows the party to invest money into a business, pay off their interest rates and profit from their business.

Liora Kian Gutierrez as UC San Diego’s ‘Watermelon Queen.’ PHOTO BY ROSE WILSON

Some members of a ‘granny circle’ that have benefitted from the work of WE International, as well as De Wyze and Wolfe. PHOTO CONTRIBUTED

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By Linda Marrone

Years ago, I learned about growing fuchsias from Evelyn Weidner at Weidner's Gardens in Encinitas. Our cooler summer weather along the coast is the perfect environment for growing fuchsias and with a little care you can enjoy their striking branches of cascading flowers throughout the spring, summer and early fall.

Fuchsias come in a multitude of colors and color variations and new hybrids even have variegated green leaves with color accents in pink and white. While they come in a variety of growing habits - upright, bushy and trailing, lush hanging baskets are what most people visualize when they think of fuchsias.

“Pinch - Feed - Grow,” is what I learned about growing fuchsias from Weidner's Gardens. First, fuchsia plants need to be pruned yearly. In December or January, prune the plant back to about 6 inches and when new growth begins to appear in the early spring, start feeding your plants every two weeks and continue feeding them until fall. When the new growth is about 2-3 inches long, pinch off the end tip and then you let the plant’s branches grow another 2-3 inches and then pinch the ends off again. Continue pinching for a couple of months until your plants are full, bushy and then allow the flower buds to form on the tips of the branches.

Heavy feeders, fuchsias need to be fertilized on a regular basis to produce an abundance of flowers. The plant’s flowers form on the new growth of the plant, so you need to provide it with a balanced fertilizer that has equal amounts of nitrogen, for growth, phosphorus for flowers and potash to help the plants absorb nutrients. While a 20-20-20 fertilizer is recommended, I have good luck with Eleanor’s VF-11 Plant Food, which has low numbers, but seems to work miracles on all of my flowering container plants. Weidner’s Gardens sells the fertilizer that they use on their fuchsias and who can argue with their success growing fuchsias that are heavy with flowers. Organic seaweed based fertilizers also work, but I find that my plants are green and healthy with fewer flowers when I used it.

Right now my fuchsias are in full bloom and as their flowers fade, I pinch off the old growth and shape my plants. When the flowers die they will form a seed pod which should be removed to keep the plant’s energy focused on forming new growth and flowers. Keep fertilizing throughout the summer to encourage new growth and flowers and in the fall, stop fertilizing to give them a rest.

Hang fuchsia baskets under roof eaves, a covered patio or under a tree where they can receive good air circulation, semi-shade and preferably morning sun. They do not like hot dry environments and when winds arrive, watch to make sure they do not dry out and mist them with water to keep them moist. Since baskets and containers will dry out quickly, watch them closely during the hotter months and keep the plant's soil moist, but not waterlogged.

If you are considering adding fuchsias to your garden, Weidner’s Nursery (Encinitas) always has a large selection to choose from.

Linda is a Realtor with Coldwell Banker Residential Brokerage in who specializes in historic real estate. Her historic garden has been published in local and national magazines.

From my garden: Growing beautiful baskets of fuchsias

Fashion files: Catching festival fever for the LJ International Fashion Film Festival

The eighth annual La Jolla International Fashion Film Festival (LJIFF) is just around the corner, and is being held from July 20 to 22. The festival is approaching a fever pitch with another stellar line up of fashion films, music, dancing, and art. The venue has moved to the beautiful Mandeville Auditorium for the evening screenings and awards program. There will be a second screening at world-class theaters of The Lot restaurant multi-plex event space.

The hosts for LJIFF will be actresses and models, Kiki Yeung and Skyler McCurine. This event attracts filmmakers from around the world. You will see films from London, Berlin, Moscow, Brazil, Korea, Italy and New York City (to name a few). Here is a sample of some of these phenomenal fashion films you will see.

“The Storm” was filmed in New York City among glaciers and ice caves in the sound stage. Sadgley Mishka commissioned Daniela Federici for this surrealistic fashion film. “Casamorati - A Dream of Magic” will take the viewer into an “Alice in Wonderland” trip. This dream-like film was shot on location in Italy at the Villa Visconti Borromeo Litta, Lake Maggiore.

“The Infinite Path” was filmed in a blinding snowstorm and features Ero menswear. Another film, “Robots,” comes direct from Blitzwerk Studios London. This film about artificial intelligence gives the audience a fascinating glimpse into the future. “Sirinbird” is a Russian Fairytale starring Elena Yakunina along with Moscow-based directors. The viewer is taken into unknown lands with the Korean-based production, “Audax,” Missoni commissioned Greg Ferro to shoot “Desert.” “La Visite” is a magical film by Woodyholl combining actors with animation. Valentino-no-commissioned film director Francesco Calabrese to create the film “Panther.” In this film, the audience will journey into the world of spirit animals for this film. Berlin-based Sandra Jakisch created “Zazi” with a deep cultural message combined with branding. This year Bali-born Soma Hohn is being presented the best message award for her work in a film about body-image enhancement. See her film “I am Woman” at this year’s viewing.

Renowned dancer Royal Carreras stars in “Failing Light” by Elena Vazintaris. On the music stage will be one of Brazil’s hottest bands, Kita, performing the introduction to their film “Echoes.”

A recreation of the Tropicana Night Club in Cuba will feature a live medley with the Max Vogue Mambo from “Habana 1AM” created by David Ohana Aviance. San Diego actress, model, and musician Elsa Martinez will perform as part of the “Habana 1AM” screening.

There will be an art instillation on Thursday, July 20 at The Lot. One of Italy’s most renowned artists, Rossano Maniscalchi, will be one of the installation artists in addition to premiming his film “Failing Light.” Veteran director Robert E. Ball Jr. will be another of the installation’s artist along with Antonio Contreras who will highlight his Max Vogue Panels. Be sure to catch the Max Vogue Marathon on Saturday morning at The Lot featuring a special appearance by the director.

This year, Antonio Contreras was commissioned to create the 2018 festival logo. “The Virgin of La Jolla.” There will be a 6 by 10-inch unveiling of this incredible artwork on Thursday, July 20 at the art installation.

For more information, visit www.ljiff.com.
Blood drive

On Saturday, July 8, there will be a UC San Diego Blood Bank Bloodmobile Blood Drive at the Sprouts/Starbucks Marketplace on Governor Drive from 8 a.m. to 1:30 p.m. You’ll find the Bloodmobile in the center of the parking lot. Sign up at www.mdtsb.org. Spontaneous blood donors and blood buddies are always welcome and recommended to pop in between 11 a.m. and 1 p.m. Additional blood drives are scheduled for Saturdays. There will also be blood drives held on Sept. 9 and Nov. 4.

EdUCate! 2017 scholarships

This scholarship is in memory of and to honor Thalia Murray, who taught in the SDUSD system for 20 years, including 17 years at Marcy Elementary (now Mission Bay Montessori). She received a scholarship that allowed her to attend a four-year college, which dramatically changed her life for the better. The goal for this scholarship is to have a similar impact. This $2,000 Scholarship was awarded to Veronica (Nikky) Berta.

Volunteer service

This scholarship is offered by the board of directors of EdUCate! University City Foundation for Public Schools to recognize two UCSD students for the spirit and practice of volunteerism in the community. Congratulations to Helen Tang and Nathaniel Stewart, recipients of the 2017 EdUCate! Volunteer Service Scholarship in the amount of $500.

Ray Perkins


Sonnenberg Business

The Sonnenberg family and Sonnenberg CPA firm offer two $1,000 scholarships. The scholarship offers assistance to UCSD students pursuing a business-related career at a two- or four-year college. The Sonnenbergs recognize candidates having a GPA of 3.0 or higher that have shown a combination of achievement that includes outstanding citizenship, volunteerism, school involvement, etc. This year, the scholarship was awarded to two male students, Joshua Cure and Kelvin Mac.

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petition, the following petition in the following newspaper of the court:

**Notice of Hearing to Be Held**

An objection that indicates the reasons for the objection that will be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition should not be granted. If no written objection is filed, the court will dismiss the petition without your being heard unless you respond to the petition and file a written response, take or send in the court forms and more information at the California Legal Services Association. Notice: Restraint Orders

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SD bicycle industry, advocates discuss rider safety availability at summit

Steven Hull’s ‘Man, Myth & Magic’ newest addition to Murals of La Jolla

On Thursday, June 22, independent bicycle dealers, bicycle industry representatives, bicycling advocates and political representatives joined forces in a valuable Rider Safety Visibility (RSV) summit to discuss how bicyclists can better deploy the latest in technology to become more visible and safe whether they are road riding, commuting to work or cycling to school.

The RSV event, moderated by Nathan Fletcher, was held at California Bicycle, Inc.

The event, co-sponsored by the San Diego Sports Collective and the San Diego Sport Innovators, focused on the latest release in RSV technology, including LED helmets with integrated brake and turn signals; day and night time running lights; high visibility clothing and commuter bags; and other RSV technologies that are effective at ensuring that bicyclists increase visibility in an increasing era of distracted driving.

Fletcher, the California assemblyman and now professor of practice at UC San Diego, led the discussion on how people on bicycles have to take the lead and stack the deck in their favor as much as possible by utilizing lights for both day and night time riding, and deploying some of the latest techniques like integrated LED helmets, reflective clothing and other high-visibility accessories to better identify themselves to motorists.

Mike Ely, COO of San Diego-based NiteRider Technical Lighting Systems, addressed the group on the importance of bicyclists using front and rear lights during the daytime as well as at night. Today, new cars and motorcycles are equipped with day time running lights, to be seen by other motorists, the same reasoning is used for bicyclists for illuminating their position on the road. He said that cost barrier to entry in terms of cyclists purchasing bike lighting has been greatly reduced.

Ely pointed to a comprehensive display of lighting systems that are available at California Bicycles.

“There is a major push to use bicycles as a way to reduce car trips and improve our environment, at the same time these same cyclists are interacting with traffic in an era of increasingly distracted drivers. Bicyclists today need highly effective and visible options to stack the deck in their favor in terms of being better seen during the day and night,” said Ed Clancy of the San Diego Sports Collective, the event sponsor.

NBA Hall-of-Famer and executive chairman of the San Diego Sport Innovators, Bill Walton, was in attendance to throw his support for the managing board of Murals of La Jolla.

His other submissions, typical of the artist’s collective work with the public, were as he puts it, “too political.” “I can use by no means be claimed that they chose the mural they did, but it is not one that I would have chosen,” said Hull. “I created some original drawings for the mural, but in the end, they went with something generic.”

This kind of honesty is not surprising coming from Hull, whose artwork often challenges difficult societal conundrums like race, financial inequality, or oppression. When choosing a neighborhood mural to “fit in” with the rest of the Athenaeum’s Mural project, it makes sense that “Man, Myth & Magic” was chosen.

“People want something that fits into the context of the rest of the project,” said Hull. “Now, they are talking about painting a colorful crosshatch pattern on the landform, which I think would be really cool. In the end, I feel as though this is a great collaboration between community, artist, and the people who are actually paying for it.”

The process for “Man, Myth & Magic” was not as artist-involved as it may seem, however. Hull simply provided those in charge with several drawings, of which they obviously chose the one currently displayed. It was then blown up, and put onto the mural, much like a billboard.

“I would have preferred to paint my own mural,” said Hull. “Basically, they scanned my drawing, blew it up, and stuck it on the side of the building.”

Regardless of how the mural got there, it certainly adds an antithesis to an otherwise color-homogenized zone.

GRANNIES

of East Africa. Clean water is also a major issue, as both grandchild and grannies alike must hike countless miles to a village to collect water. When the idea of rainwater collection is mentioned, the couple says that the organization is making strides in that direction, but also faces many issues. The fact that the collection tanks and jerry cans can be stolen rather easily, and the sheer access to them provide some obstacles. Aside from fresh water, other developments, such as indoor plumbing, sanitary kitchens, and countless other problems found in developing countries, the grannies’ small businesses provide them with the means to become self-sufficient. And with these communal loans, there is a great amount of peer pressure to repay the interest rates as soon as possible, which tends to happen the majority of the time.

“One Granny used a $275 loan to buy a sewing machine,” said Jeannette De Wyze. “While that is a larger loan than usual, she was able to pay off her interest rates quickly with her profits, and has begun to teach other Nuyaka women how to sew. Also, many women purchase bundles of clothes from Goodwill and sell them at a marked up price at the market. It is truly amazing how sustainable these grannies are once they set out with their loans.”

ANYONE that has driven around La Jolla searching for parking, or simply taken a stroll around the Village, can attest that the “murals” represent the town’s commitment to the arts. Constantly adding new works of art, the La Jolla Athenaeum’s “Murals of La Jolla” project recently brought on one more piece of work.

The piece is titled “Man, Myth & Magic” by LA-based artist Steven Hull, and is a well-placed spot of vibrancy as a counterpoint to the opaque wall it adorns, as well as the “June gloom” that has lingered above and around the piece.

“Man, Myth & Magic” is displayed at 7509 Girard Ave, adjacent to the facade of Quality Dry Cleaners.

While Hull is proud of the work, and grateful to be exhibited, “Man, Myth & Magic” was simply one of many drawings that he provided to the managing board of Murals of La Jolla.

His other submissions, typical of the artist’s collective work with the public, were as he puts it, “too political.” “I can use by no means be claimed that they chose the mural they did, but it is not one that I would have chosen,” said Hull. “I created some original drawings for the mural, but in the end, they went with something generic.”

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“The painting, a vibrant mix of blues, light reds, and greens has no direct or inferred political agenda. Reminiscent of the emotion evoked attending a circus or fair as a child, “Man, Myth & Magic” is indefinitely easy to take in. While it differs vastly from Hull’s typical work, he is not so stubborn as to ignore the desire of the mural board.

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Builders

Boston-based Vertex is a biotech company focused on creating transformative medicines for people who have serious diseases and high unmet medical needs. Its San Diego research team was responsible for the discovery of two cystic fibrosis medications, Kalydeco and Orkambi, which were groundbreaking treatments for patients with certain types of the disease.

With the expansion, Vertex’s research center will double in size from 80,000 to 170,000 square feet, and house 250 employees, up from its current capacity of about 180 people. The company’s expansion is an indication of its continued dedication to researching and developing new medicines.
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Sat-Sun 1-4pm 1696 Bahia Vista Way 4BR/3.5BA $3,250,000 Linda Daniels, 619-361-5661
Sat 11-3pm 5762 Bellevue Ave 3BR/2BA $2,895,000 Ross Clark, 619-442-2643
Sun 11-2pm 7811 Trespar Ave 3BR/3BA $1,825,000 Bianca Diaz, 619-232-7707
Sat 1-3pm 13075 Caminito Del Rocio 2BR/2BA $1,325,000 Reed Team, 619-456-1040
Sat 1-4pm 5250 Renaissance Ave 4BR/3.5BA $1,225,000 Bobby Graham, 619-379-9668
Sat-Sun 1-4pm 2544 Caminito Circulo Sur 2BR/2.5BA $870,000 Hisson and Robbins, 619-766-8229

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