A
s more and more sea lion pups turn up in unexpected places — on roadways, in gardens, even lounging poolside on residential and hotel patios — animal rescuers and marine biologists are fervently searching for a clue to the deluge of malnourished pups that are stranding themselves in alarming numbers along the Southern California coast.

The pups, said Dave Koontz, SeaWorld’s director of communications, venture inland in search of food when they can’t find adequate sustenance in the ocean. Weak and exhausted, they lack the strength to get back to their natural habitat and have been found resting in most unusual places, including on a patio lounge chair at La Jolla’s Pantai Inn. Though it’s typical to see young sea lions stranding themselves after weaning — the pups turning up in recent months were likely born last summer — the number of ill and dying pups this year is astronomical, Koontz said.

“As a point of reference, we rescued 131 marine mammals (including sea lions and other marine mammals) in 2012, which is an average year,” he said. “This year alone, more than 1,100 sea lion pups have been stranded statewide, and the UME will allow the NMFS to determine the cause, or rather the cause behind the cause.

“We know what’s going on — the pups’ food source is not available — but what they’ll try to determine is why,” Koontz said. Sea lions feed mostly on baitfish like anchovies and sardines. The NMFS’ task force, made up of veterinarians, marine biologists and other experts, is attempting to determine what has happened to that food source to make the sea lions strand themselves in such great numbers. The causes could range from a depleted stock of baitfish to oceanographic issues (changing water temperatures or currents that could cause the food source to relocate) to disease components and a variety of other causes.

Adding to the problem is that sea lions get their hydration from the food they eat, not from drinking sea water. So, in addition to going hungry the stranded pups are often severely dehydrated. Fortunately, Koontz said, the animals, unlike those limited to the water like dolphins or sea otters, have the ability to get moisture through their blubber and saliva.

“The NMFS will allow the cause or rather the cause behind the cause to be determined,” Koontz said.

In March, NOAA’s National Marine Fisheries Service (NMFS) declared an unusual mortality event, or UME, spanning the coast from the Mexican border up to Santa Barbara. Since January, more than 330 sea lion pups have been rescued, and of that, about 330 have been found along the Southern California coast.

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Tax preparer gets 23 years in murder for hire

By NEAL PUTNAM

Steven Martinez, a Sorrento Valley tax preparer, was sentenced April 12 to 23 years and 10 months in federal prison for fraud and witness tampering that involved an unsuccessful murder-for-hire plot of a La Jolla woman and three others.

U.S. District Court Judge William Hayes ordered Martinez, 51, to pay about $11 million to his former clients, whom he defrauded by preparing bogus tax returns and taking checks that were meant for the Internal Revenue Service. The prosecutor said Martinez used the funds to pay for things like a “well-designed” $700,000 pool and hot tubs at his house. Hayes also ordered Martinez, a former IRS agent, to pay several million dollars to the IRS and the state Franchise Tax Board.

Martinez has been in jail since his February 2012 arrest, after the FBI investigated the murder-for-hire plot. No one was harmed as the FBI arrested Martinez and his limo driver before anything could be carried out.

Assistant U.S. Attorney Joseph Orabona asked for a 29-year sentence while Martinez’s attorney, David Demergian, asked for a 10-year term.

“The victim in La Jolla — she’s terrified every day,” said Orabona, who added the victim was too afraid to attend the sentencing. The financial charges Martinez pleaded guilty to in August 2012 were mail and Social Security fraud, aggravated identity theft, money laundering and making false tax returns. He also pleaded guilty to using a telephone in a murder-for-hire plot, four counts of witness tampering and soliciting a crime of violence.

Demergian told the judge Martinez paid $100,000 in medical costs in 2004 after his young son was diagnosed with autism. Martinez needed more money to pay for ongoing care and the fraud began, he said.

Years later, Martinez “tried to make it right and sat down with the victims to tell them what he had done,” he said.

Demergian said the murder-for-hire plot was never taken seriously and Martinez knew the guy would not go through with it. Martinez didn’t have the $100,000 needed to pay the hit man, despite his statements, he said.

Martinez apologized to his victims and said he would repay them.

“I am very appalled for what I’ve done. I’m truly sorry. Please forgive me,” he said.

He apologized to his limo driver, Russell Thellmann, 65, who gave money to give to the hit man. Federal agents found more than $42,000 in cash in a cereal box in Thellmann’s kitchen. Thellmann pleaded guilty to conspiracy to commit money laundering and was sentenced in 2012 to 24 days in jail, which was time he already served before he posted bond.

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GOOD CAUSE —

The 2013 Empty Bowls event, in which participants choose a unique bowl handcrafted by a local potter to have filled with soup from a local chef, will be held May 11 from 11 a.m. to 1 p.m. at the La Jolla United Methodist Church, 6063 La Jolla Blvd. All proceeds are donated to TACOS, the Third Avenue Charitable Organization, to fight hunger.

Taco has been feeding the hungry, homeless and elderly in San Diego for more than 36 years. For more information, visit www.tacosd.org.

CHILDREN’S POOL DISPUTE SETTLED IN FAVOR OF CITY —

The most recent case involving the seals at the Children’s Pool has been resolved in favor of the city.

Volker Hoehne, the plaintiff in Hoehne v. City of San Diego, dropped his case earlier this week.

Hoehne had claimed the city’s refusal to remove the seals from the Children’s Pool violated his constitutional right to fish, Judge Joel M. Pressman rejected that argument, saying, “(T)he Children’s Pool as a seal habitat is consistent with the public trust.”

In 2009 Sen. Christine Kehoe and Assemblyman Nathan Fletcher co-authored SB 428 to amend the tidelands grant to provide the city with discretion to create a marine mammal park at Children’s Pool.

The legislation was adopted with bipartisan support. In the Hoehne case, Pressman put to rest arguments that the city could not rely upon SB 428 to create a marine mammal park.

“Senate Bill 428 amended the terms of the trust to give the (City) Council the discretion to create a marine mammal park at the Children’s Pool for the enjoyment and benefit of children,” he wrote.

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A dedica- ted and spirited father to 5-year-old triplets, (Alexandre, Hunter and Vienna) and co-founded Harrington Capital with his wife Catherine Harrington.

He is not just the Founder and Managing Partner of Harrington Capital Management, but also a Television Contributor to: Fox News (America’s News HQ), Cavuto, Studio B with Shepard Smith), Fox Business Network, Bloomberg, CNBC, Russian Television, Glenn Beck TV, KUSI San Diego TV, Fox 5 San Diego TV analyzing the economic and political landscape. Harrington has expertise on what is happening in today’s volatile global economic climate and how it directly affects the San Diego market.

As a founder & managing partner of Harrington Capital Management, Kyle comes to the firm with over 20 years of experience and offices in La Jolla and New York City. He has a distin- guished career from some of the world’s largest investment banking firms. He began in the Corporate Finance Division at Merrill Lynch in New York in 1992 and then in the Sales and Trading division of Goldman Sachs in 1996. He subsequently served individual investors in the Private Wealth Management Division as Senior Vice President at Wachovia Securities and later a Managing Director at Deutsche Bank in California. As a Trusted Financial Advisor, Kyle’s primary function was to design innovative strategies that best fit an individual or company’s fiscal goals.

Kyle takes a holistic approach to financial planning by focusing on client’s lives as well as their finances. He says that it is a daunting task to deal with the financial ramifications of life-alter- ing events when you are consumed with emotional response to such changes. These life- altering events, makes it imperative for you to choose a company that have the resources to address the whole issue and still care about YOU.

You might at first think of a financial holistic approach as something out of place coming from a financial services firm. Financial advisors are often solely hired to provide financial plan-

ing - not be life coaches. Yet Harrington takes a different approach by working with clients to build a strong foundation, while helping with decisions that will have far-reaching con-

sequences in their lives.

When Kyle is not busy conceiving cutting-edge strategies for your financial portfolio, you will find him at Master John Gehosky’s - Pacific Karate Studio on Pearl St., in La Jolla, learning the art of Karate with his triplets.

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Celebrating 5 Years in La Jolla

La Jolla resident, Kyle Harrington is a dedicated and spiritual father to 5-year-old triplets, (Alexandre, Hunter and Vienna) and co-founded Harrington Capital with his wife Catherine Harrington.

He is not just the Founder and Managing Partner of Harrington Capital Management, but also a Television Contributor to: Fox News (America’s News HQ), Cavuto, Studio B with Shepard Smith), Fox Business Network, Bloomberg, CNBC, Russian Television, Glenn Beck TV, KUSI San Diego TV, Fox 5 San Diego TV analyzing the economic and political landscape. Harrington has expertise on what is happening in today’s volatile global economic climate and how it directly affects the San Diego market.

Kyle earned his Bachelor from Princeton University and his Master in Business Administr-ation from the Wharton School at the University of Pennsylvania. He was a member of the Var-


ity Basketball team at Princeton University.

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Harrington Capital Management, LLC (HCM) is a full service Registered Investment Adviser with the SEC, with years of proven leadership experience in private wealth management. HCM has helped investors achieve their financial goals, protect and grow their wealth through a comprehensive menu of investment management resources. We offer Personalized Solutions for Success.

WEALTH MANAGEMENT

The financial professionals of HCM offer our clients a comprehensive menu of investment management resources including individual securities, mutual funds, and investment trusts, separately managed accounts, alternative investment, insurance products, fixed income (bonds) and 529 educational plans.

We do not package and sell our own financial products and we therefore are in a position to provide truly independent analysis and advice regarding the sometimes daunting array of financial products in the marketplace. We carefully assess the risk tolerance, resources and financial needs of each client and search the landscape of financial products to craft a customized wealth management solution.

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THE POWER OF OUR NETWORK

We have and will continue to build excellence in our business through quality relationships. In addition to our objective of helping our clients serve and generate wealth, we also seek to improve and impact their professional and personal lives. We believe that building strong and reliable trusted relationships is one of the most important ways we can help empower our clients in today’s world. We at HCM have developed relationships built over long periods of time. We work diligently to collectively accomplish far more than one could as an individual investor.

LIFE CHANGING EVENTS

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Our financial holistic approach will provide our clients with a strong foundation, while we help with decisions that will have far-reaching consequences, and otherwise, in their lives.

At HCM, clients are a living and sharing part of our business and a professional community of cooperation and high achievement. We can advise on your financial planning and investing with regard to all changing aspects of life.

If you are ready for a new, unparalleled level of commitment and service from your wealth managers, please schedule a free, comprehensive financial consultation with us today.

UPCOMING TELEVISION APPEARANCES

Thursday, May 2, 2013 at 3:50 PM ET.
Kyle Harrington on CNBC, “Closing Bell” with host Maria Bartiromo
Friday, May 3, 2013 at 5 PM ET.
Kyle Harrington on Fox Business Network, “Money” with host Melissa Francis
Tuesday, May 7, 2013 at 7 PM ET.
Kyle Harrington on Glenn Beck TV (soon to be known TheBlaze), “Wilkow” with host Andrew Wilkow
Monday, May 6, 2013 at 7:30 PM ET.
Kyle Harrington on CNBC, “The Kudlow Report” with host Lawrence Kudlow
Temper flare over officer election at LJSA

By DAVE SCHNAB

A controversy erupted following La Jolla Shores Association’s (LJSA) April officers’ election with one candidate resigning and crying foul, claiming another board member actively lobbied against him.

Todd Lesser, a longtime LJSA board member on hiatus from the advisory group while chairing the La Jolla Traffic & Transportation Board, was unsuccessful in opposing Tim Lucas for the board chairman, losing to Lucas by a wide margin.

After the April 10 meeting of the advisory group, Lesser submitted his resignation. He chastised board member Janie Emerson, alleging she campaigned against his candidacy and for a candidate “slate.” Slates in advisory group elections are not allowed under City Council policy.

Emerson replied she only did what she was supposed to do as one of three nominating committee members. She characterized Lesser’s charges as a “misinterpretation,” noting the so-called slate was merely a list of recommended candidates. The chairmanship was the election’s only contested post.

Lesser said he was encouraged by others to run for LJSA president, adding, “If I had known Tim was interested in being chair, I wouldn’t even have run.”

Lesser said he was upset because “Janie was calling people and telling them if I was elected chair, that four people (board members) would resign.

“For her to do something like this purposely corrupts the democratic process,” he continued. “She blatantly violated our bylaws. Robert’s Rules of Order, and embarrassed LJSA and destroyed the board’s credibility; I’m going to ask for her resignation.”

Emerson said encouraging Lucas to run for president “was not my idea,” adding it was suggested by one of the other nominating committee members.

Emerson said the nominating committee’s meetings were not open to the public, felt Lucas was a viable candidate because of his long experience on the group and because he came to almost every group meeting after he was termed off the board.

Noting the election unfortunatley turned “personal,” Lucas said, “There was some miscommunication, adding ‘we’ll go over the bylaws again.

Lucas said he wanted to ensure a similar situation doesn’t arise with future group elections. “There’s a lot of things in the bylaws that need changing and improving,” he said. “I think there were some gray areas in the process.”

Though “frustrated” by the election controversy, Lucas said he hopes it won’t mar the important community service work of the group.

“Something we really want to focus on is building our membership and getting the community more involved with the group,” he said. “We are the recognized group for making recommendations for parks and beaches for La Jolla Shores. I’m really excited to run this committee. There are a lot of things we’ve been missing — land use issues, bylaw changes — that we need to catch up on.”

Mary Coakley Munk was elected LJSA vice chairwoman. Dolores “Dede” Donovan was re-elected as secretary. Pamela Boynton is the new treasurer.

The group’s next meeting will be Wednesday, May 8 at 7 p.m. in Building T-29 at Scripps Institution of Oceanography.

Village Merchants consider group marketing options

By DAVE SCHNAB

La Jolla Village Merchants (LJVM) heard pitches about partnering on Internet ticket sales and text-message marketing, as well as about Goodwill Industries coming to town with a new resale shop at the business improvement district’s April meeting in its new visitor’s center.

Alan Suchodolski of Alls Travel (Advanced Reservation Systems, Inc.), a San Diego-based travel planning service featuring Internet-based reservations and ticket technology, gave a presentation to the group. He addressed the marketing pitches offered by his company’s hotel booking and business-networking website.

“La Jolla merchants have opened this visitor’s center and we want to provide visitors to their destination offering them the ability and convenience of selling various attractions throughout Southern California via a web-based program,” said Suchodolski, who has 18 years’ experience promoting San Diego tourism and travel. The LJVM, partnering with others, could, for example, sell a visitor a San Diego Zoo ticket and share in the revenue from that sale, he said.

LJVM’s board indicated it was favorably disposed toward the proposal with one board member saying they needed more time to study it.

La Jolla Dave Ish also spoke briefly to the LJID board about Club Lemenou, a text message-marketing program.

“What I’m promoting is a way for small- and medium-size businesses, which can’t afford a full-on marketing campaign, to reach out to their clientele using coded text messaging,” said Ish. “This could be a special deal promotion, like 10 percent off, to drive traffic into your store. If you have developed some databases, you can start sending out text messages on a regular basis enticing customers to come in.”

Club Lemenou’s discounted text messaging service would be $20 a month for 250 messages for LJVM members. The LJVM will vote on its proposal at its May 8 meeting.

Addressing both promotional pitches, LJVM president Phil Collier said marketing is essential to the group’s financial health.

“We are spending more money every year than we are receiving as income every year from the BID,” he said. “The only people who pay into the BID account are those people paying the La Jolla business tax.”

Board member Egon Kafka pointed out LJVM is being shortchanged by “businesses who do not register as La Jolla businesses,” suggesting something ought to be done to hold them accountable.

“I’m invoicing everybody for everything I can think of,” said executive director Sheila Fortune. “If you owe any business taxes — I’m coming after you.”

See LJVM pg. 8

Town Council briefs

In LJTC’s officer elections, Cindy Greatrex was named president, Nancy Gardner as first vice president, Steve Haskins as second vice president, Charles Hartford as secretary and Yolanda de Riquer as treasurer.

The Town Council’s upcoming Dancing with La Jolla Stars will take place on Oct. 5 from 6 to 10 p.m. at the Torrey Pines Hilton. Celebrity dance judge Mary Murphy will emcee the event. The next Dancing with La Jolla Stars Committee meeting will take place at Hennessey’s on May 6 at 5 p.m.

Construction of the La Jolla Shores lifeguard tower is in its final stretch, and lifeguards are expected to move in by May, announced District 1 City Councilwoman Sherriff Lightner representative Erin Demorst.

Wildcoast conservation director Ben McCue introduced his organization to the La Jolla Town Council on April 11, highlighting the work organization does in protecting California and Mexico’s network of marine protected areas (MPAs) along the Pacific coastline.

Since its launch in 1993, Wildcoast has been dedicated to protecting ecologically significant coastal wildlands, islands and marine areas in California and Baja California.

“San Diego County has 10 marine protected areas, and half of those are in La Jolla,” said McCue. “It has been shown that marine protected areas can be a huge asset for local communities.”

In addition to restoring marine abundance, McCue said when the population thrives, it naturally spills over into open fishing areas, giving communities a bigger return on investment.

“The most effective marine protected areas are those supported by their local communities,” he said, urging La Jolla to “take part.

Wildcoast’s implementation collaborative to offer their input on how their MPAs are protected.

For more information, visit www.wildcoast.net. — Mariko Lamb
and death in emergencies, Pierce said.

Unlike similar water-rescue gear, the Quick Collar is light, compact and comfortable for the victim. Plus, it allows rescuers to stay out of the water, making it much safer for them.

As a testament to the design’s durability, one of the first Quick Collars hangs on the wall of Pierce’s workshop. It remains in pristine condition and working order after lifting a 3,000-pound block of concrete during a test run.

Pierce’s inspiration for the device came after 10 children drowned during the Guadalupe River flood in Comfort, Texas in 1987. He watched news reports of the incident in horror as children were swept down the river. He believed they could have been saved if the rescuers had access to better equipment.

Convinced he could create a piece of equipment that could save more lives, Pierce started working on designs, but struggled at first.

“I sat there and physically looked at this thing for months trying to figure out what was wrong with it,” Pierce said. It finally clicked when he saw children’s pool floats being manually designed, but struggled at first.

Pierce got a patent for the Quick Collar in 2005 and began marketing it to a number of fire departments. He started working with the FDNY research and development unit, but when the economic recession hit, there was no money in department budgets to test new gear, and trips to New York were too expensive. All progress stopped.

Broke and out of options, Pierce took a job managing an apartment complex in Crown Point and worked as a cook.

The idea for a crowd-funding campaign came to him after his sister paid for him to go to New York to start working with the FDNY again.

Through the crowd-funding campaign, Pierce not only hopes to provide his Quick Collar to the FDNY and eventually rescue teams around the world, but also to educate the public on the need for water-rescue gear. He wants to raise awareness that more lives can be saved with the right equipment.

After a stint as a pool lifeguard, Pierce started designing water-rescue gear. He developed a lifeguard rescue belt and a jet-ski towing device. The devices, which are used by lifeguards all around San Diego, including during rescues at La Jolla Cove, allow guards to work safely and quickly.

His lifeguard belts incorporate a quick-release, which was developed after lifeguards wanted something that would allow them to easily detach themselves from boats that sink as they try to swim them to safety.

“My job is to listen, go talk to them (lifeguards) and listen,” Pierce said.

A video, contribution link, donation incentives, description of the Quick Collar and the campaign’s budget can be found at the Quick Collar crowd-funding page at www.indiegogo.com/projects/quick-collar-2.

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RESCUE
CONT. FROM PG. 1

La Jolla Welcomes Two Young Entrepreneurs!
FRIDAY, April 26

• A Lifetime of Healthy Living: Health Fair 2013, 10 a.m. to 3 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, free

• Reader’s Theatre, 7:30 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, $5-10 donation suggested

• Lena Evans, John Meeks, • Weekend with the Locals: Dustin Donahue recital, 7:30 p.m., CPMC Concert Hall at 7812 Girard Ave., (858) 454-0347, free

FRIDAY, April 26

• Parents Night Out, 6 p.m. to 9 p.m., drop the kids at Cups and enjoy dinner at Roppongi Restaurant and Sushi Bar, 7857 Girard, www.cupsj.com, $120 with one child, $20 each additional child

• Weekend with the Locals: Mike Monahan, noon, book discussion with author of “College Boy,” Warwick’s, 7812 Girard Ave., (858) 454-0347, www_warwicks.com, free

• Dustin Donahue recital, 8 p.m., CPMC Concert Hall at UCSD, 9500 Gilman Drive, (858) 534-3448, free

SUNDAY, April 28

• Brinquer and Thibaudet: Walt Disney Concert Hall, 9 a.m. to 6 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, $100 members, $125 nonmembers

• La Jolla Open Aire Market, 9 a.m. to 1 p.m., La Jolla Elementary School, 1111 Marine St., (858) 454-1699, www.lajollamarket.com, free

• Children’s storytime, 10 a.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, free

• Children’s storytime, 3 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, free

• Weekend with the Locals: Richard Platt, noon, book discussion with author of “As One Devil to Another,” Warwick’s, 7812 Girard Ave., (858) 454-0347, www_warwicks.com, free

MONDAY, April 29

• Concert Lecture: “Musical Milestones: An Anniversary Series,” 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, $20 member, $25 nonmember

• Mary Barranger Mini Concert, noon, Lyceum Theatre, 79 Horton Plaza, (858) 454-5872, www.ljathenaeum.org, free

TUESDAY, April 30

• Music Lecture: “From Brahms to Broadway,” 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, $14 member, $19 nonmember

• A Day at the Famous City Walk and Beverly Hills, 8:30 a.m. to 6 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, $40 members, $60 nonmembers

• Hatha chair yoga class, 12:30 p.m., La Jolla Library, 7555 Draper Ave., (858) 552-1657, www.lajollalibrary.org, free

WEDNESDAY, May 1

• Children’s storytime, 3 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, free

• Opera Singing Chef soup class, 10 a.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, $10 members, $15 nonmembers

See the full calendar at ljtoday.com

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**See us at the La Jolla Farmers Market beginning Sunday, April 28th**

(see Van at entrance)
Muirlands is ready to rock for students

Muirlands Middle School is tuning up for “Muirlands Rocks!” a school fundraising event befitting of the Dimich family, and live music from “Lightning Starts Fire.”

“Muirlands Rocks is a fun event where students and their families can be involved in helping to raise funds for the local middle school,” said Laurie Pearl, Muirlands Rocks co-chair. “There is something for everyone — games, food, music and tarp surfing. It should be an exciting afternoon for all.”

Hundreds of La Jollans joined in the festivities last year, and with residual budgetary constraints making fundraising more crucial than ever before, this year’s event is slated to be bigger and better than ever.

“The need for such a serious fundraiser is as urgent as ever,” said Pearl. “The foundation has pledged the funds to keep our staffing and class size at current levels.”

Business sponsors making this year’s event possible include Geppetto’s Toys, La Jolla Volleyball, La Jolla Pop Warner Football, Wells Academic Solutions, Stacey’Z Hair Salon, C & H Photo, La Jolla Karate and La Jolla LearningWorks.

Tickets to the event are $15, which includes a dinner and two carnival booth tickets. Sponsorship opportunities are also available at www.give2schools.org. For more information about the event, visit www.muirlandms.org or call (858) 459-7925.

— Mariko Lamb

In The Schools

SCHOOL BRIEFS >>

Girl Scouts offer range of camp experiences

From June through August, Girl Scouts San Diego will host 144 overnight sessions at the Camp Winacka and Camp Whispering Oaks properties near Julian and 32-day camps countywide.

La Jolla Girl Scout Mia Salatka of Junior Troop 3426 earned a free trip to camp by selling 525 boxes of Girl Scout cookies this year. She will attend a session called Night Owls, where she and other campers will stay up late to hike, swim and stargaze. This is the third year in a row that Salatka, 11, has earned her way to camp. Last summer, she cultivated outdoor skills, learned about nature and cooked over a fire at the Wilderness Adventure camp.

Each camp offers a mix of traditional camp activities with themed experiences, from marine biology, animal care and engineering to astronomy, nature studies and computer tech. At Camps Winacka and Whispering Oaks, four- to six-day sleepaway camps run from June 24 to Aug. 16. Day camps, offered in four-day sessions, take place June 17 through Aug. 9 at various locations, including Carlsbad, Coronado, Escondido, Lakeside and Poway.

Any girl can attend Girl Scout camp. Non-members add $12 due to the camp fee and enjoy Girl Scout membership through the rest of the year. Camp fees begin at $169 and financial assistance is available. Girl Scout camp also provides opportunities for teens to serve as aides and adults to volunteer. For details, visit www.sdgirlscouts.org or call (800) 643-4798.

Drawing on experience for education

The Association of Educational Therapists recently endorsed University City resident Debra G. Cohen as an Educational Therapist/Professional for providing individualized interventions for children and adults with learning disabilities like dyslexia, ADHD, performance anxiety and others. Having battled dyslexia since early childhood, Cohen spent eight years working within the public school sector as both a resource specialist and a special day classroom teacher. She currently works as a director of the learning center at the San Diego Jewish Academy and has owned her practice, Educational Therapy of San Diego, since 2003. Cohen has served on the board of the San Diego Branch of the International Dyslexia Association (IDA) since 2011. On May 18, Cohen will share her story with at “Dyslexia: Enhancing Knowledge and Practice” conference presented by the San Diego Branch of the IDA at the University of San Diego. The conference is designed to provide parents, teachers, school administrators and professionals information and programs to help individuals with dyslexia and other learning disabilities. Tickets can be purchased at www.dyslexiasd.org/events.

UCSD names Associates Scholars

UCSD names Associates Scholars

UCSD names Associates Scholars

UCSD names Associates Scholars

BREAKING NEWS

UCSD names Associates Scholars

UCSD names Associates Scholars

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DREAMING BIG

La Jolla High varsity baseball players had the thrill of seeing their name on the scoreboard at Petco Park on April 19.

It was an unfortunate time for their bats to go silent April 19, but the experience of playing in Petco Park will remain a lifetime memory for the La Jolla Vikings baseball team.

On a warm afternoon, the Vikings managed only two hits during their Western League match with Point Loma. A sizable contingent of fans traveled downtown, witnessing their team drop a 1-0 decision to the Pointers. The loss drops La Jolla to 2-8 overall and 2-2 (third place) in the league.

Going into the contest, head coach Gary Frank’s Vikings were averaging 4.9 runs per outing. Point Loma managed only four hits.

The Pointer run came in the second inning when the Vikings walked a Pointer hitter who came around to score later on a single.

The game was a battle of pitchers for both teams, with batters grounding out or flying out to outfielders who gloved every ball, despite the glaring sun. Several Viking blasts momentarily appeared headed for outfield gaps.

Senior Patrick Dayton started on the mound for La Jolla, going three innings before turning the game over to senior Tyson Youngs for the final three. Dayton walked three and struck out two in facing 13 hitters. Youngs issued one walk while facing 12 batters. Each yielded two hits. Offensively, Youngs and junior Brett Voiger each had singles, with Youngs’ steal of second base the closest the Vikings came to scoring.

The Vikings and Pointers played a rematch April 25 in La Jolla. Remaining LJHS Western League games include:

• May 2: At Madison
• May 6: Madison at LJHS
• May 7: University City at LJHS
• May 9: At University City

The first pitch is at 3:30 p.m. On May 14, the “Battle of La Jolla” takes place when LJ Country Day visits Muirlands Field for a 4 p.m. close to the regular season.

CLOSE PLAY

La Jolla shortstop Brett Voiger tags out Joe Da Luz of Point Loma. Second baseman Tyson Youngs backs up the play.

ROUGHING IT

Mia Salatka will attend camp for free this summer as a reward for selling 525 boxes of Girl Scout cookies. COURTESY
whales, can haul themselves onto land, making rescue by organizations like SeaWorld much more feasible. And once they’re in the hands of rescuers, the sea lions have a pretty fair chance at survival. Pups taken to SeaWorld, Koontz said, generally have about a 65-70 percent chance of being returned to the wild, while others that are determined too ill to forage on their own find a new home at the park or in another facility that can provide long-term care.

Problems arise, however, when a pup has managed to strand itself in another facility that can provide long-term care.

"Animals are not able to conceptualize the fact that a human is there to help them," Koontz said. "They experience fear and a fight-or-flight response. When we approach them, their first response is going to be to try to get away, which is good. But it means we can only approach them by land." The crisis has become so widespread that other organizations are stepping in, as well. In addition to SeaWorld’s efforts, the National Marine Mammal Foundation has offered care to stranded pups, while the La Jolla-based Waitt Foundation, together with the San Diego Foundation, has launched a donation-matching campaign with the goal of raising $50,000 toward the emergency response to the UME. Every dollar contributed by the public will be matched by the Waitt Foundation up to $25,000, with the funds going to the treatment and medical care of rescued pups. Donations to the San Diego Foundation can be made at donate.sdfoundation.org/sdf or to NMMF at nmmf.org/give.

While not every pup can be rescued, Koontz said, success stories are common. On April 19, five pups were returned to the wild. When rescuers release the animals back into the ocean they choose a location with an abundant food source so rehabilitated pups will continue to thrive.

"Every animal is treated like an individual patient. There’s no cookie-cutter approach," Koontz said. "It feels so great to be able to give these animals a second chance at life."

"We still don’t have some doors and windows," Fortune said. "We’re trying to approach or touch one of these animals."

Instead, Koontz said, call SeaWorld’s rescue hotline at (800) 541-7325 or the NMFS’ Southwest Fisheries Science Center, located in La Jolla, at (858) 546-7762. Another option, Koontz said, is to alert a law enforcement official or lifeguard to the animal in distress.

"If you come across a sea lion in distress, the most important thing, Koontz said, is to not touch the animal. "Again, these animals don’t know someone is trying to help them," he said. "As we often say, anything with a mouth can bite, and the last thing we want is a member of the public getting injured because they’re trying to approach or touch one of these animals."
SchooLs >>
Cont. From Pg. 7

More than 30 high school students and their families joined UCSD chancellor Pradeep K. Khosla at a special event on April 17 to celebrate the launch of an undergraduate scholarship program at UCSD, the Chancellor’s Associates Scholars. The scholarships, which are for students who are accepted to UCSD and meet the criteria for the University of California’s Blue + Gold Opportunity Plan, will provide $70,000 a year for four years to eligible graduates of Gompers Preparatory Academy, Lincoln High School and the Preuss School UCSD beginning in the fall.

Calling Improv Enthusiasts

National Comedy Theatre’s High School League is holding an improv comedy tournament for all high school participants on May 4 and 5. The winner of the competition will play against UCSD’s main stage cast on Friday, May 11.

Each school is assigned a coach from the professional NCT team and teams receive monthly training. Every NCT High School League performance acts as a fundraiser for the NCT’s local theater department. High schools involved in the 2013 NCT High School League include The Bishop’s School, Point Loma High School and La Jolla High School. Tickets for the tournament are $5 each and are available at the door. Performances take place from 1 to 5 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday. For more information, call (619) 295-4999. National Comedy Theatre is located at 3717 India St.

Local students perform in “A Little Princess”

University City’s Samantha Wang and Olivia Dangelo and La Jolla’s Nicole Sollazzo are among the students performing in “A Little Princess” through San Diego Junior Theater April 25 through May 12 at Balboa Park’s Casa del Prado Theater on Fridays at 7 p.m. and weekends at 2 p.m. Tickets range from $10 to $15 and are available online at juniortheatre.com or by calling (619) 239-8355. The May 11 performance is being along with American Sign Language interpretation.

Preuss ranked high in county, state and nation

The Preuss School UCSD has been ranked the best high school in San Diego by U.S. News & World Report. The school is also ranked the fourth-best high school in California, the seventh-best charter school in the nation and 30th overall in the nation.

U.S. News & World Report evaluated more than 21,000 public high schools in 49 states and the District of Columbia on overall student performance on standardized assessments, as well as how effectively they educated their black, Hispanic and economically disadvantaged students. Performance on advanced placement and international baccalaureate exams was then used to determine the degree to which schools prepare students for college-level work.

Charlie Brown voice pleads guilty to stalking doctor

A former child star who gave a voice to Charlie Brown in animated “Peanuts” television specials has pleaded guilty to stalking a La Jolla plastic surgeon and making a criminal threat to his former girlfriend.

Peter Robbins, 56, was sentenced May 8 by San Diego Superior Court Judge Dwayne Mawing and he could face a sentence of three years and up to life in prison, though court records show he is more likely to be placed on probation. He remains in jail on $550,000 bail. He has agreed to abide by a 10-year restraining order forbidding contact with Dr. Lori Saltz.

According to his arrest warrant declaration, Robbins paid for breast-enhancement surgery for his girlfriend from Saltz and later demanded his money back. He made threats against her and demanded she deliver money to a hotel in Oceanmes where he was staying.

Robbins later broke up with his girlfriend and harassed her, leaving as many as 45 messages on her cell phone, in some of which he talked about getting a gun.

He was first arrested Jan. 13 after refusing to pay for a meal at a La Jolla restaurant. He posted bond and was arrested days later after a warrant was filed in court regarding the stalking and death threats. As a child, his voice was used in the radio show “Annie,” “A Charlie Brown Christmas” and “It’s the Great Pumpkin Charlie Brown,” among others.

— Neal Putnam

Torrey Pines woman gets misdemeanor manslaughter

A Torrey Pines woman has been charged with misdemeanor vehicular manslaughter in the Feb. 1 death of a nanny who was struck by a car in a crosswalk and four months after she was hit.

Through her attorney, Christine Michelle Padilla, 35, pleaded not guilty to the charges relating to the incident in which she ran a red light, striking and killing Montseerrat Mendez, 41.

Mendez was pushing a stroller through the marked crosswalk north on Camino del Sur at Via Verrazano around 11:45 a.m. when she was hit and dragged a distance. The baby boy in the stroller was seriously injured, but was strapped inside the stroller and did not fall out.

Padilla is also charged with failure to stop at a red light and failure to yield to a pedestrian in a crosswalk, both of which are misdemeanors. If she is convicted, she could face up to a year in jail.

A true date trial will be set on April 26 in San Diego Superior Court.

— Neal Putnam

SUN — Neal Putnam

On the wall there is a selection of genuine Panama hats, handmade in Ecuador; hanging on racks there are shirts, sport jackets and vests in patterns you haven’t seen and fabrics you know your body will thank you for wearing them; and against the back wall stand Salvador J. Viesca and his son, Salvador.

Since 2001, with an eye for taste, he didn’t realize was his own. “There are really something special.” He tried them on and asked Salvador about them. Salvador took a look at the tag and realized the pants were the same ones the customer/custodian had coured earlier to him. “You’re trying to buy your pants you coured to me!” This same thing happened with this same person through the years and with clothing he didn’t realize was his own. “80 percent of men wear 20 percent of their clothes 80 percent of the time,” said Salvador. Come meet the owner and look at some clothes, love people and love finding something special for you. Keep updated with the latest trends and send us in the store to add to your wardrobe by going to their website:

www.LeChauvinst.com or visit them at 7709 Fay Ave.

Stories We Love To Tell

at Le Chauvinst - Consignment store for men

“IF they come in here and aren’t looking for anything in particular, I guarantee they’ll find something.” said Salvador. Their lovely associates, Inna, chimed in. “It’s treasure hunting.”

One day, one of Salvador’s consignors stopped in to talk and flipped through the newest collection of clothing featured in the story. He grabbed a pair of pants and said, “Wow, there are really something special.” He tried them on and asked Salvador about them. Salvador took a look at the tag and realized the pants were the same ones the customer/custodian had coured earlier to him. “You’re trying to buy your pants you coured to me!” This same thing happened with this same person through the years and with clothing he didn’t realize was his own. “80 percent of men wear 20 percent of their clothes 80 percent of the time,” said Salvador. Come meet the owner and look at some clothes, love people and love finding something special for you. Keep updated with the latest trends and send us in the store to add to your wardrobe by going to their website:

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FRIDAY · APRIL 26, 2013
LA JOLLA TODAY
NuAge Facelift procedure gets rave reviews

The NuAge Facelift procedure is a minimal incision approach for facial rejuvenation of the lower face and neck. Compared to the traditional facelift, the NuAge Facelift is less invasive and has a quicker recovery time.

At our facility the Grossmont Oral & Facial Surgical Center, we take pride in the vast scope of services we offer our patients. With three main focuses of practice — oral surgery, maxillofacial surgery and facial cosmetic surgery — we are able to customize a treatment plan for each of our patients.

For more information about a free consultation, contact the office of Grossmont Oral & Facial Surgical Center. Call (619) 463-4486 or go to our website to contact the office of Grossmont Oral & Facial Surgical Center, we take pride in the vast scope of services we offer our patients. With three main focuses of practice — oral surgery, maxillofacial surgery and facial cosmetic surgery — we are able to customize a treatment plan for each of our patients.

Are your elderly parents resistant to suggestions?

Has this happened to you before? You are pretty sure that your Mom and Dad aren’t eating right, aren’t getting out for shopping or doctor’s appointments and just seem to be having more problems than usual. You want to help but they always say, “I’ll think about it” or “maybe later.”

Sometimes approaching them in a different manner makes all the difference. Success may happen when you suggest change by taking into account their value system or needs.

1) They worry about the cost. Pay for the caregiver as a gift to them. Ask all the siblings to chip in a little each month.
2) Negotiate with them and avoid putting them down or being sarcastic.
3) Ask them why they don’t want help and answer their fears with factual answers.
4) Tell them how worried you are. Say you’ll be helping my peace of mind not “You should.”
5) If they need a caregiver in the home, start small, address their concerns about losing control and let them choose the days and hours to come.

Hiring a geriatric care manager to assess your parent’s will help recognize whether their resistance is coming from a cognitive deficit, she can talk things over with their doctor. You love and respect your parent’s and trying to help them keep a good quality of life can be frustrating with guidance and support. Call the RN Geriatric Care Managers at (877) 731-1442 or view us online at www.innovativehc.com

Women With Hair Loss Can Have Thick and Healthy Hair

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all of the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair!

The unique patented process used at Judy’s salon attaches a protein bond of mul human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this senior suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also your outlook!

Hair Extensions FAQ

How Do You Match Extensions ?

If you are blending colors choose extensions that are the same level of color as the client’s own hair. If you are changing the level of the client’s hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair 48 hours prior to application and extensions can be matched to that.

How Do You Customize Extensions for a Client With Thinning Hair ?

Use an extension with a smaller attachment bond and a single strand application process so the hair is not damaged and can hold the weight of the extension.

This will give natural looking volume and length to thinning hair.

How Do You Match Hair Extensions for Clients With Curly Hair ?

If a client with curly hair wants to wear their hair straight then nothing needs to be done to the exten-

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Have Thick and Healthy Hair Women With Hair Loss Can

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Dealing with the states of grief

It was helpful in as much as we were surrounded by others who were equally grieving the loss of a loved one. These children were grieving for a parent. Parents have lost a child, spouses mourning the loss of a mate and even someone bereft after the loss of a dog who had been a constant companion. Neither my husband nor I went through these so-called stages, although some people felt helped by being able to put a name to their feelings.

Three years ago, I lost my husband and again went from unbearable pain to eventual peace without the interim stages, and now another death propels me to rethink whether there are, indeed, stages to go through. I just lost my son after a long illness and in trying to understand the processes I am going through, I came up with the following. This may or may not help others. I did no research to find out whether these are also familiar to other mourners.

Since these are not necessarily sequential, I call them “emotional states,” rather than “stages.” The first I call the “numbness” state. It was days of numbness, of feeling nothing, of living in some kind of fog, going through the motions like an automation. Nothing seemed real. From there, I went on to “free-floating anxiety,” a kind of pervasive feeling that something awful was about to happen (when in fact it had already happened), an unconsciousness not related to anything in particular, just this unpleasant feeling in the pit of my stomach.

Next was “the meltdown,” when tears were hovering just below the eyelids, ready to spill at any trigger or at nothing in particular. Crying made me feel drained. It did not help. Where I am now is “get out of your own head by doing something for someone else.” I had to give a speech I had committed to some months ago, and even though I considered canceling, I went. It was not

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Health Briefs

When the hair is worn curly most of the time the extensions can be removed prior to attaining to the natural hair.

What type of hair extensions do you use?

Judy uses Great Lengths all-natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique application process that attaches a band of protein the same molecular structure as your hair. This application process does not harm your own hair. While there are other use techniques such as welding, gluing or knotting which strain your hair to a high degree Judy uses a much milder method called modulating. An extremely high tech method of bonding the hair strand to your own hair. Extensions can be used for volumizing, lengthening, curling or simply adding texture. Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following a fashion or with a special occasion on the horizon. Judy’s hair extensions have over 55 colors to choose from and blended with your own hair for perfect color matches. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

Can hair extensions damage my hair?

No, they will not. Actually, even very fine and damaged hair can become healthier if you’re wearing hair extensions because they will protect your hair from things that could damage it like curling iron, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This different than many hair extension methods that bond too tightly to your hair. These old methods can lead to hair breakage when being removed. Judy La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system. We can match your existing color too!

Are hair extensions uncomfortable?

Judy’s La Jolla Hair Extensions are applied to your hair with a very small bond of natural keratin protein. Most people don’t even notice a difference between the hair extensions and their own natural hair.

How do I maintain my extensions at home and between visits to the salon?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hair styling is very similar to how you style your hair without extensions. Contact Judy today for answers to any more of your hair extensions questions.

http://hairextensionslaajolla.com

Call today and receive 50% off your first full head of hair replacement! 858-666-2284. Judy Judy Judy, 7371 Hershel Street #P La Jolla.

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La Jolla Seniors

FRIDAY · APRIL 26, 2013

La Jolla Today 11
Designers gear up for fashion week and fashion goes new age

**Lineup announced for FWSD** — La Jolla’s Roppongi Restaurant & Sushi Bar hosted an April 15 event to announce the designer lineup for this year’s Fashion Week San Diego, a five-day event that helps emerging designers launch their careers. Taking place from Sept. 30 to Oct. 6 at the Broadway Pier, the event will showcase the art and beauty behind fashion on day one, followed by three nights of runway shows. The trunk show — a huge success last year — will be brought back again on the last day, when guests will have the opportunity to meet the designers and buy their designs. For information or tickets visit: www.fashionweeksd.com

**FWSD designers:**
- A’Dorea
- Dos Caras Swimwear
- nOia by Evelyne
- SYC Collection
- Ashley Raymond
- C Venti
- CG by Cynthia
- Danh Ta
- Diersta
- Greenpatcha
- Isabel Vianey
- Johnathan Joseph Garment Company
- Collections of
- Kathryn Elizabeth
- Keisha Audrey
- Laced with B
- ‘Love, Charles’
- Mahogany Blues
- Maegan Trayce
- Makeshift
- Apparel
- Marlonzo
- RH CREATION
- Second Star Designs
- VICTROLA
- Wishnow
- WM Couture Designs

**Couture Cyber** — The 2nd annual Vista Hill Fashion Show, presented by the Vista Hill Foundation and Virginia Napier-Skelding, took place on April 18. Held at the Marriott Marquis & Marina, the event featured Carol LeLeau, former news anchor of KGTV Channel 10, as mistress of ceremonies. LeLeau talked about her personal experience with mental health and her incredible story offers hope for others in similar situations.

The fashion show, coordinated by Gretchen Bergman of Gretchen Productions, was themed “Cyber Couture” and featured new-age hair and makeup by Bellus Academy. The runway offered futuristic styles, black-light sets, cellulophane designs and plenty of sequins and rhinestones.

Proceeds from the event benefit Vista Hill Foundation, providing help for mental health and social services. For more information, visit www.vistahill.org.

**Upcoming events** —
- **May 2** — Leap into Fashion, W Hotel, 7-10 P.M., two fashion shows by Fashion Forward, boutique shopping, www.leapintoafashionsd.org.
- **May 10** — Golden Scissors fashion show, Sheraton Hotel & Marina, 5:30 P.M. reception and silent auction, 7:30 P.M. fashion show and awards, (619) 388-2205.
- **May 21** — Neiman Marcus/Globe Guilders Celebrating Couture Fashion Show, luncheon and fashion show featuring designer Naem Khan, Hilton San Diego Bayfront, proceeds benefit Old Globe Theatre, globe-guilders.ejno.me/?p=438790.
- **May 30** — Fifth annual “IT” Fashion Show, designs from students at The Art Institute of California, San Diego, US$ Midway, 6:30-9 P.M., thefashionshow.com.

**ArtWalk to hit the streets**

More than 350 artists, six entertainment venues and hundreds of art-loving guests will gather on the streets of Little Italy April 27-28 for the Mission Federal ArtWalk, San Diego’s largest outdoor fine-art festival featuring artwork, dance and musical performances and an interactive KiddiWalk area with art activities for all ages.

Several local artists will display their talents at the event:
- **ART AND DESIGN ONE-STOP-SHOP** — La Jolla resident and interior designer Stephanie Malcolm will team up with ArtWalk to create an interactive experience helping art buyers with their purchase decisions. Malcolm, of Room by Room Inc., is creating a virtual home at the event complete with furnishings, light fixtures, textiles and more where guests can bring artwork to see if the piece might suit their home.

**PAINTINGS FOR A LAUGH** — For more than 25 years, La Jolla resident David Wiemens has written and produced some of Hollywood’s top comedies, including “Coach,” “Major Dad,” and “Jim Henson’s Muppet Babies.” Now retired from the industry, Wiemens brings his comedic vision to viewers through his vibrant and eccentric pop culture oil paintings.

**NATURE-INSPIRED ART** — Life-long artist Irene Wetsman will display her talents ranging from pen-and-ink drawings to sterling-silver jewelry studded with high-quality, semi-precious and precious stones. All of Wetsman’s handmade creations emphasize natural elements or designs related to wildlife, nature and traditional culture.

**JEWELS WITH A LA JOLLA TOUCH** — Jeweler Laurel Nation’s tent will feature semi-precious stones of all kinds, pieced together with embellished accessories. Nation incorporates freshwater pearls, glass, Swarovski crystals and the like to create classic, elegant jewelry.

For more information about ArtWalk, visit www.artwalksandiego.org.
First Friday is coming up! Residents are invited to stroll the streets and browse the galleries for the upcoming First Friday Art Walk on May 3 from 6 to 9 p.m. Every first Friday of the month offers art, bites and wine at the Village’s many art galleries, which stay open later for the monthly event.

ARTS BRIEFS

‘ACCOMPlice’ extended yet again – Due to popular demand, La Jolla Playhouse announced another extension for its acclaimed, sold-out Without Walls (WoW) production of “Accomplice: San Diego.” The extension dates are May 2 through June 2, with performances starting every 30 minutes on Thursdays and Fridays from 4:30 to 7 p.m. and on Saturdays and Sundays from noon to 4 p.m. Tickets are $49 and are available by calling (858) 550-1101 or by visiting lajollaplayhouse.org.

THEATER DISTRICT GETS AN UPGRADE – Award-winning Spurlock Poirier Landscape Architects has been tapped to handle a $1.5 million redevelopment of the UC San Diego Theatre District, which houses the La Jolla Playhouse and UC San Diego Theatre and Dance Department. The project is slated for completion in August and includes significant upgrades and enhancements to about 1.8 acres on the UCSD campus, adjacent to the Mandell Weiss Forum, Mandell Weiss Theatre, Shelia and Hughes Pollak Theatre, and Molli and Arthur Wagner Dance Facility.

ART FOR THE SEALS – Man- gelsen Images of Nature Gallery hosted an event to help fund the seal cam at Children’s Pool on April 25. Former county Supervisor Pam Slater-Price presented an award to Mayor Bob Filner for his support of the seals, while county Supervisor Dave Roberts and chairman of the Western Alliance for Nature Lawrence Wan were in attendance. Wan, a wildlife photographer, presented a slide show on marine mammals.

Martin Lawrence Galleries

Contemporary Fine Arts will present a one-man show, “Los Andes: Festival Of Las Flores,” with artist Orlando Agudelo-Botero on May 11 from 6 to 9 p.m. Agudelo-Botero’s latest work features his Colombian heritage and the culture and traditions of his homeland. Contemporary Fine Arts is located at 7946 Ivanhoe Ave. Call (858) 550-2010 or visit www.contemporaryfineartsgallery.com for more information.

Light-inspired art – The La Jolla Art Association will feature the talent of plein-air artists in the San Diego area with its next show, “Capture the Light,” from May 7 to June 2. The juried show includes a $200 prize. A gala opening will be held Saturday, May 18 from 5 to 7 p.m. The gallery, located at 8100 Paseo del Ocaso, is open 11 a.m. to 5 p.m., Tuesdays through Sundays. For more information, call (858) 459-1196 or visit www.lajollaart.org.

Felix Mas comes to La Jolla – Martin Lawrence Gallery will feature an exclusive first look at new work by Spanish artist Felix Mas on Saturday, May 4 from 6 to 9 p.m. Mas, who considers himself a traditionalist, focuses his work on form, color and the beauty of the female form. Born in Barcelona, he trained at both the Artes y Oficios and the Escuela Superior de San Jorge, then furthered his education with extensive travels throughout Europe and the United States, eventually returning to his native Barcelona to work. Martin Lawrence Gallery is located at 1111 Prospect St. To RSVP to the event with Mas or for more information, call (858) 551-1122.

Colombian culture on canvas – Contemporary Fine Arts will present a new body of original works by ORLANDO AGUDELO-BOTERO - Saturday May 11th 6:00-9:00pm

FRIDAY · APRIL 26, 2013
LA JOLLA TODAY 13

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Death-defying theater – San Diego audiences will have a chance to experience the theatricality and movement of Diavolo Dance Theater on May 18 and May 19. Presented by the San Diego Center for Jewish Culture, Diavolo will showcase its acrobatic, dramatic movement performed by dancers, gymnasts, actors and athletes at the Lawrence Family JCC, Jacobs Family Campus, 4126 Executive Drive. Tickets, running from $28-$75, can be purchased by calling (858) 362-1348 or at www.sdjcc.org.

Nature becomes art – The fourth annual Art in the Pines will be held May 4 from 10 a.m. to 5 p.m. and May 5 from 10 a.m. to 4 p.m. at Torrey Pines State Natural Reserve just south of Torrey Pines Lodge. The free, two-day event features a judged plein-air contest; artists’ booths; food; live music; children’s activities; a raffle and silent auction; guided nature walks; tours of the historic lodge; and expert demonstrations in painting and basket weaving. Guests are encouraged to hike the reserve in the days leading up to the festival to observe artists at work. For more information, call (858) 755-2063, email AITP@torreypine.org or visit artinthepines.org.

Three new murals by international artists are going up around La Jolla. British artist Julian Opie’s “Walking in the City 1 and 2” was installed on La Jolla Boulevard on April 20, while “Expecting to Fly (For the Zeros),” by Brooklyn-based Fred Tomaselli went up on Girard Avenue on April 22. They join eight other murals already installed throughout La Jolla as part of the Murals of La Jolla program.

Murals grace La Jolla’s walls
COASTAL DINING IN & AROUND LA JOLLA

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Froglanders has been satisfying yogurt lovers’ cravings for over 26 years. In addition to the best yogurt in town, they also serve acai bowls, banana splits and yogurt pie. You’ll find eight flavors everyday. Plus they offer over 50 different yogurt toppings including fresh fruit. La Jolla students receive a 20% DISCOUNT. Open late, Friday - Saturday 11 AM - 10:30 PM and Sunday-Thursday 11 AM-9:30 PM.

Donovan’s Steak House
They may look good enough to eat, but the paintings and sculptures at Donovan’s of La Jolla are strictly off limits – so you’ll have to content yourself with the USDA prime beef, the eatery’s star attraction. If steak isn’t in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan’s, fresh seasonal vegetables and your choice of potato are always included with each entrée.

The Broken Yolk Café
The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different omelets to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel more like lunch? Try one of our juicy ½ pound burgers or one of our large sandwiches.

Bistro Pazzo
The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 5th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave - and the “hidden gem” nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district, and the famous beaches of La Jolla. Open for Lunch and Dinner, Bistro Pazzo is definitely the “hidden gem” of La Jolla. Come enjoy this small neighborhood Italian bistro seven days a week. Moderate prices, great food, good portions, and a vast wine list with crazy service. You can be crazy too, no one will mind. Really! 858-456-4005 www.bistropazzo.com

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Live music calendar >>

By BART MENDOZA

Thursday, May 2
- Rob Bondurant, 6 p.m., Prospect Bar & Grill
- Tad Sisler, 7 p.m., Manhattan of La Jolla
- Red Pony Clock, 7 p.m., Athenaeum
- Pan Am, 6 p.m., Café-Bar Europa
- Lotus, DJ night, 8 p.m., Barfly

Friday, May 3
- Lisa Campbell, 6 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Fly Fridays, DJ night, 8 p.m., Barfly
- Afrojazziacs, 9 p.m., Café-Bar Europa

Saturday, May 4
- Ryan Hillier, noon, Prospect Bar & Grill
- Jimmy Lewis, 3:15 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Aquile, covers, 6:30 p.m., Prospect Bar
- Freddie A Dream Trio, piano jazz, 7 p.m., Eddie V's
- Breathet, indie rock, 7 p.m., Che Café, UCSD
- Mercedes Moore, blues, jazz, 7 p.m., The Marine Room
- Susanna Phillips, Gounod to Masceroni, 7:30 p.m., TSRI
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Superstar Saturdays, DJ night, 8 p.m., Barfly
- Pan Am, Latin jazz, 9 p.m., Café-Bar Europa

Sunday, May 5
- Brent Curtis and Mike Myrdal, noon, Prospect Bar & Grill
- La Jolla Symphony & Chorus, Varese to Strauss, 7:30 p.m., Mandeville Auditorium, UCSD
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Superstar Saturdays, DJ night, 8 p.m., Barfly
- Pan Am, Latin jazz, 9 p.m., Café-Bar Europa

Monday, May 6
- Jaeryoung Lee, jazz piano covers of Steve Wonder and Elvis, noon, Athenaeum
- First Monday Concert, noon, CPMC Concert Hall, UCSD
- Victoria Martino, baroque, 7:30 p.m., Athenaeum
- Burnt, ska, punk, hip-hop, 8 p.m., Porter's Pub

Monday, May 7
- Rob Bondurant, 6 p.m., Prospect Bar & Grill
- Tad Sisler, 7 p.m., Manhattan of La Jolla
- Pan Am, Latin jazz, 6 p.m., Café-Bar Europa
- Lotus, DJ night, 8 p.m., Barfly
- Dizzy Wright, hip-hop, 8 p.m., Porter's Pub, UCSD
Library advocates celebrate 40th anniversary of University City site

When Mayor Jerry Sanders was looking for a way to save money during the recent recession, he suggested closing several small libraries across San Diego. University City’s library was on both his closure list and the City Council’s future expansion list. Just don’t mess with the readers in U.C. because a huge backlash of rage washed over Sanders’ office high in the city administration building away from the little people in the neighborhood.

UC’s community came together. Both Regents Road Bridge advocates and opponents joined others marching up and down in front of the Governor Drive library. Drivers gave a thumbs-up and honked their horns in support. District 1 City Councilwoman Sherri Lightner joined the march. People trudged downtown to attend City Council meetings to speak out against the proposed closure. Locals carried signs in protest, and City Hall got the message “loud and clear.” No closure occurred, but hours were slashed.

Turn the calendar a few years later. On April 26, a new mayor with a new agenda joined Lightner to deliver a proclamation from the city honoring the 40th anniversary of the University Community Library. Mayor Bob Filner cut the first piece of cake and schmoozed with the crowd, who applauded.

What is a community without a library? How could anyone close a library? A closed library would attract new home-owners, that’s for sure. Helen Liebowitz, president of Friends of the Library in U.C., was mistress of ceremonies for the event. The Friends of the Library have raised funds for new furniture and new computers. Helen introduced Lightner, who spoke about the history of this library that was born in a storefront in the Marketplace Shopping Center at the other end of Governor Drive. This tiny library served the community from 1973 to 1978 until the new library was built. This writer remembers reading to toddlers in the tiny storefront next to the then-popular University City pharmacy. The opening of a real library was a joyful event in 1978.

UC residents have a library expansion on their wish list, if the city can nudge Carl’s Jr. off the corner next to the library. Food for the mind has no junk food calories, and a larger library would provide more of the good stuff for future families. In the meantime, it was all smiles as library advocates of all ages enjoyed this special 40th anniversary celebration.

Sandy Lippe is a 40-year resident of University City and the former president of the UC Community Association.

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• Radcliffe Dr. – 4.335 kW system
• Florey Street – 3.57 kW system
• Millikin Avenue – 4.505 kW system

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Most people will laugh at this, but believe it: bidding wars are returning, plain and simple. Those who choose to ignore this warning may lose the opportunity to purchase a house.

In the first quarter of 2012, bidding wars were occurring regularly on houses at the price range of from $150,000 to $500,000. Now that many of those houses have been purchased and overall inventory of available housing is declining to the lowest levels in years, bidding wars are moving up in the pricing scale to $400,000 to $650,000 and sometimes higher.

This is an emerging trend and one that needs to go out as an alert to everyone who is considering a near-term home purchase.

Real-estate agents in Southern California are reporting a rise in the cases of frustrated buyers who have lost out in their bidding attempts, even when making all-cash, full-price offers. Inventory levels have fallen dramatically — by as much as 60 percent or more from three years ago. With lower inventory, there are fewer selections available. Buyer demand is on the rise, as evidenced by increased monthly sales volume. So, we are playing a game of musical chairs — with expensive housing.

First, understand there is a lot of pent-up demand. Many people are waiting anxiously for signs of economic recovery — the problem is whether they will know how to recognize those signs. Many key metrics already indicate a recovering real-estate market.

If you have ever experienced or witnessed thousands of people standing in line at a Wal-Mart just prior to Christmas, positioning themselves to be among the lucky few to buy a limited supply of a new product, you are somewhat acquainted with the psychology and effects of the herd mentality. Many potential homebuyers who not long ago were convinced the economy would see a double-dip recession are stunned to learn that prices are on the rise.

What about all the short sales and foreclosures that haven’t hit the market yet? Won’t that drive supply up and prices down? UNLIKE LY! The inventory of distressed home sales is shrinking and banks and lending institutions are moving more properties onto the market.

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Just a few minutes’ drive up Route 5 in nearby Solana Beach lies The Little Theatre That Could — not only could, but can and does. Hidden away in an upscale shopping center off Lomas Santa Fe Drive, the North Coast Repertory Theatre (NCRT) may have a small seating capacity (only 194 in its current configuration), but that’s not the reason that so many of its performances sell out. The fact is, this playhouse has built a stellar reputation over its 32 years of operation and audiences clearly appreciate NCRT’s dedication to quality, excellence and professionalism. Its mission is to create a platform where artist and audience thrive through the intimacy of live theater, recognizing its power to challenge complacency, revitalize the imagination, nurture the unexpected and embrace the variety and diversity in our lives.

More than 200 supporters gathered Sunday evening at the Del Mar Country Club (which, as everyone knows, is actually in Rancho Santa Fe) for NCRT’s 2013 “Spotlight” gala. Sharon Stein chaired the affair, with Lee and Frank Goldberg as honorary chairs. It all started with a champagne reception and silent auction in the stunning and storied venue. Later, when all were seated for dinner, Bill Kerlin (NCRT managing director) and David Ellenstein (NCRT artistic director) welcomed them appreciatively.

A fresh salad preceded an entrée of beef tenderloin and large prawns, served with crisp vegetables; this in turn was followed by a deliciously decadent dessert.

Ellenstein then returned and spoke a bit about NCRT’s continued success. Both of the world premieres NCRT commissioned this season are already scheduled to go on to production at other theaters.

“From our little tiny home in Solana Beach, we are influencing the world...”

SEE SOCIETY >> PG. 20
SOCIETY >> CONT. FROM PG. 19

country. Two more world premieres attracts top artists from across the nation, he rightly observed. It's happening, he said, because NCRT's track record and reputation for quality attracts top artists from across the country. Two more world premieres will be presented next season. The future is bright, and the long-term goal of a new (and larger) venue is swirling into their conversation. (This revelation brought hearty applause.)

Theatre School director Siobhan Sullivan spoke of NCRT's educational programs. There's even a brand-new "Broadway Babies" program for 4-to-8-year-olds that gets kids excited at a young age and involves their parents, too. Board president Dr. Allen Moffon announced that board vice president Hannah Ste and her husband, Gene, had recently gifted the theater with $150,000. Mrs. Step encouraged others present to give generously to ensure the theater's continued excellence. The ensuing paddle-raise and five-item live auction brought in another $165,000 for NCRT's Artists' Advocacy program (including $36,000 from an anonymous donor).

The evening concluded with entertainment by Lainie Kazan, star of film, television and stage. The award-winning chanteuse belted out a number of popular show tunes before pausing to invite questions from the audience, of which there were many. Born in Brooklyn, her mother liked the nickname, "I'm a neighbor girl who grew real first name was Melanie. Years later, the star altered her first name, adding an "i" to avoid having the name misspronounced as "Lanny," and also took her mother's maiden name as her own. Continuing her performance, she closed with an upbeat comedy song, "I'm Living Alone, and I Like It."

GRIEF >> CONT. FROM PG. 11

one of my best addresses, but I got through it, and it turned out to be therapeutic.

One should expect the recurrences of the fluctuating emotional states in bits and pieces. So, today, I am a bit of a zombie while still functioning more-or-less normally. Tomorrow, I may feel anxious when I wake up or shed a tear during breakfast, but whatever happens, naming the states somehow makes me feel like I have, if not some control, at least some understanding of what I am and it will not get caught off-guard by the reaction.

"Oh, I will say to myself as a sob starts somewhere in my throat, "I am in my meltdown state, and it will pass."

I really don’t know whether this is helpful to anyone else. Everyone grieves differently. There are no rules, no better or worse ways of dealing with death. We all experience losses, some more damaging than others. Loss of a job can be devastating. The loss of a pet, loss of a home, even the loss of an object can trigger sadness. But, of course, loss of a person who was part of one’s life is the hardest to come to terms with. The language speaks of “complicated grieving.” This term refers to obsessive grieving beyond one year, at which point it is suggested that one should seek help.

One grieves differently if a loved one dies suddenly or after a long illness. One grieves differently depending on the gender of the best friend. One grieves differently for a parent, spouse, child or best friend. Everyone grieves differently with some of these emotional states lasting weeks, others lasting hours, some never felt and others I can’t imagine. We need to have compassion and tolerance toward ourselves as we go through unpredictable emotional states. Healing begins when the loved person is less constantly in your head and starts resting more peacefully in your heart.

I like the Buddhist saying: When someone you love dies, the main difference is that he is no longer outside of you. he is inside...

— Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 19 books. She lives at White Sands La Jolla.
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