Our on-site Dermatologist, Jamison Feramisco MD, PhD is now accepting new patients for all of your Dermatology.

Church makes changes to project

Save Del Cerro group members remain ‘100% opposed’

When All People’s Church (APC) submits its most recent update to its proposal to build a permanent church on a parcel of land off College Avenue, Pastor Robert Herber hopes it will be the final changes to the project before the city moves forward in the approval process. The changes, Herber said, are a response to community input on the project. However, a group of residents, Save Del Cerro, maintain that the church group has avoided meeting with most residents to hear their concerns with the project.

CITY FORECASTS MORE LOCAL WATER SUPPLY

On March 2, Mayor Todd Gloria released a new analysis of San Diego’s future water needs that indicates that the city will develop more than 50% of its water locally by 2045, in large part due to the Pure Water recycling program. This will be a dramatic increase in local water supply, which currently requires the city to purchase 85% to 90% of its water from imported sources.

SEE SHARIA’S CLOSET, Page 10

Church makes changes to project

Save Del Cerro group members remain ‘100% opposed’

When All People’s Church (APC) submits its most recent update to its proposal to build a permanent church on a parcel of land off College Avenue, Pastor Robert Herber hopes it will be the final changes to the project before the city moves forward in the approval process. The changes, Herber said, are a response to community input on the project. However, a group of residents, Save Del Cerro, maintain that the church group has avoided meeting with most residents to hear their concerns with the project.

CITY FORECASTS MORE LOCAL WATER SUPPLY

On March 2, Mayor Todd Gloria released a new analysis of San Diego’s future water needs that indicates that the city will develop more than 50% of its water locally by 2045, in large part due to the Pure Water recycling program. This will be a dramatic increase in local water supply, which currently requires the city to purchase 85% to 90% of its water from imported sources.

SEE NEWS BRIEFS, Page 7

San Diego Community Newspaper Group

Editorial (858) 270-3103 x130 jeff@sdnews.com
Advertising (858) 270-3103 x118 hfine@sdnews.com
www.sdnews.com
San Diego Community Newspaper Group

INSIDE THIS ISSUE

NEWS
Fighter for STEM

Shamine Linton opens Sharia’s Closet (named after her daughter) in 2013 with hope, joy and love in mind as she formed a grassroots organization that was called to serve its community. In pre-COVID times, the non-profit shop located at 6244 El Cajon Blvd. in the College Area served thousands of community members.

By LAMIE ALFARO

“3,785 individuals. That’s the most I have served in one year,” Linton said. “When you break it down and hear every story, it’s heartbreaking but also uplifting because you get to be a sprinkle of hope, a sprinkle of joy, a sprinkle of love.”

Over the past year, Sharia’s Closet kept its doors open to anyone who needed clothes, free of charge. But it is so much more than just clothes to Linton.

“The work we are doing at Sharia’s Closet is not just serving people, we’re providing hope, love, and dignity. You can’t sell love in a bag,” she said.

Linton saw firsthand the impact of COVID-19 on various clients as the pandemic took a massive economic toll on San Diego.
Family Health Centers of San Diego is the #1 enrollment entity for Covered California in San Diego County.

For free enrollment help, call (619) 515-2363.

For 50 years, Family Health Centers of San Diego (FHCSD) has provided caring, affordable, high-quality health care and supportive services to everyone, with a special commitment to uninsured, low-income and medically underserved persons.

With over 23 primary care clinics around San Diego County, FHCSD provides care to over 227,000 patients each year. With a wide-range of health care services throughout the region, the organization also includes 10 behavioral health facilities, eight dental clinics, two mobile counseling centers, three mobile medical units, three vision clinics, a physical rehabilitation department, a pharmacy and an outpatient substance use treatment program. As part of their ongoing dedication to ensuring everyone who needs health care receives it, FHCSD offers free Covered California enrollment assistance.

Covered California is a private health insurance exchange that was established through Affordable Care Act legislation for individuals and families not eligible for Medi-Cal. The program allows California residents to purchase quality health insurance plans to fit individual and family needs. The cost of each insurance plan is based on certain factors, including family size and income.

Covered California has extended its Special Enrollment Period from February 1 to May 15, 2021 without a qualifying life event.

Health Plan Benefits
All Covered California health insurance plans provide comprehensive services, including:

1. Preventive, wellness and chronic disease management services
2. Pregnancy, maternity and newborn care (both before and after birth)
3. Pediatric services, including oral and vision care
4. Mental health and substance use disorder services, including behavioral health treatment (this includes counseling and psychotherapy)
5. Rehabilitative and habilitative services and devices (services and devices to help people with injuries, disabilities, or chronic conditions gain or recover mental and physical skills)
6. Prescription drugs
7. Ambulatory and emergency services
8. Laboratory services and hospitalization (surgery and overnight stays)

FAMILY HEALTH CENTERS OF SAN DIEGO

For free enrollment help, call (619) 515-2363 or visit fhcsd.org/covered-california.
Fighting for marginalized college students in STEM

By LARIE ALFARO

On the wall in the MESA classroom at City College there hangs an inspirational poster that reads: “The cornerman says there’s no crying in MESA. We’re in this fight to win and we win. We win a lot.”

Rafael Alvarez, known as thecornerman to his students (a boxing term), is this year’s recipient of the 2021 Outstanding Engineering Educator Award, given by the San Diego County Engineering Council (SDCEC).

The Allied Gardens resident is the director of the San Diego City College Mathematics, Engineering, Science Achievement (MESA) program, which is an academic support program for students transferring to four-year universities in STEM (Science, Technology, Engineering, and Mathematics). The majority of the MESA Program students — a.k.a. “creators” — are first-generation college students, economically disadvantaged, and underrepresented in STEM fields. Through this program, Alvarez shares his fighting spirit for his community and his students — a spirit that he developed attending Patrick Henry High School.

Originally from the Encanto area, Alvarez’s formative years began with hour-long bus rides to Pershing Middle School and eventually, Patrick Henry High School. As a young student, he discovered a passion for STEM and the necessity of hard work in these learning environments. It was also at these schools where he realized the challenges he faced as a minority student.

“The classroom environment was a different environment from the bus environment and from the neighborhood environment,” he said. “You’re interacting in all these different backgrounds, and of course, I figured it out. Our experiences make up who we are. The challenges especially.”

However, those challenges did not deter the passion and drive he had for mathematics and STEM.

“It was a challenge for me but I needed to excel,” he said. “That's where my motivation came from.”

That motivation earned Alvarez the honor of graduating Valedictorian at Patrick Henry High School before going on to graduate form Harvey Mudd College — a science-focused college in Claremont, California.

Alvarez also credits his family as an integral force that forged his work ethic and tenacity.

“I always saw myself as my dad’s right-hand man,” he said. “My dad is a master welder. I started working with him around age 12 or 13. In there, there’s a very important lesson and that is you have to work for things. You work for it. Things aren’t just given to you.”

He took this lesson with him into the collegiate environment and electrical engineering industry. After spending time working for the aerospace division of TRW, Inc. in Redondo Beach, Alvarez made the choice to become an educator.

His teaching methods are a reflection of the foundational lessons he learned in his schooling experiences and childhood memories. He founded the City College MESA Program in 2000.

“I've shaped my program into a learning culture because of my experiences,” he said, adding that he sees learning culture as 10% knowing how to approach the learning (taking notes, repetitious review, etc.) and the other 90% is mindset. The language of that mindset starts with commitment, self advocacy, emotional intelligence, and mental toughness. As the cornerman put it: “They must want it as much as they breathe.”

However, the purpose of the learning culture is much more than just wanting to achieve a degree in STEM, according to Alvarez.

“The purpose for the learning culture is freedom. Freedom gives my students the ability to define themselves and not be defined by others, or outcomes, or situations.”
He said, “When that comes together, nothing is going to stop them. That’s where the power is.”

The students are the best indicator of how effective the learning culture method is. Alvarez shared an experience in interacting with a Latino young man who was graduating from San Diego High. He noted that the student said, “I like that you don’t question potential. We don’t usually hear that. We usually are told that we can’t do it and then we start to believe it.” Alvarez’s response to that experience was the realization, “If we don’t validate them, they’re marginalized.”

Rather than continue on the close-minded path of marginalization, Alvarez

CONTINUED FROM Page 3

Alvarez advocates for the creation of a different mindset when it comes to the culture of higher education and STEM.

“In the learning culture, we don’t question potential,” he said. “We all have gaps, but we don’t question their potential. The challenge is to learn the learning culture and use it to fill the gaps. Culture is who we are. We own it. My students take that culture with them to the university and that mindset and that attitude.”

In looking to the future of the MESA program and its learning culture, Alvarez believes there is still a long way to go.

“The 2020 completion report [from Clearinghouse Research] tells that the marathon continues. Underrepresented students of color are still at the bottom. The battle is still there,” he said.

But today, Alvarez and the MESA program are celebrating the honor of receiving the 2021 Outstanding Engineering Educator Award.

“The award is recognition of me, but more so, it is recognition of my students and program. I am empowering my kids in the learning culture to give them a way to define their reality in higher education,” he said.

That reality is one Alvarez hopes will continue to grow in diversity and inclusion as students embrace their unique learning journeys.

—Lanie Alfaro is an editorial intern for San Diego Community Newspaper Group.

Technology tips to help stay connected during wildfire season

Preparing and protecting your home or business in the event of a wildfire is a reality for those who call San Diego home.

A top priority for Cox during a natural disaster is to keep customers connected so they can stay informed, check in with family and friends, and access their phones away from home.

Cox also works to keep business customers, including hospitals and emergency responders, connected so they can continue to serve our communities.

Wildfire season now begins earlier and ends later, so Cox prepares all year long, reviewing its business continuity plan and running mock emergency events so employees know their roles and responsibilities during a disaster.

When strong winds and other weather conditions create an increased risk for wildfires, the power company may notify their residential customers, and business customers like Cox, that they will be implementing a Public Safety Power Shutoff (PSPS).

During a PSPS, Cox services may be interrupted in a neighborhood where the electric company shuts off power. During a wildfire or PSPS, Cox works closely with the power company and public safety agencies to monitor the situation and ensure the safety of its network and facilities to keep residential and business customers connected.

There are also some things customers can do to prepare.

Have a charged backup battery and corded phone. Most cordless home phones require electricity and won’t work in an outage.

Make sure you keep a charged corded telephone available for use during a power outage.

In addition, power is needed for your other telephone equipment to place and receive calls. If Cox’s network is operating during a power outage, make sure you have a charged backup battery to help ensure you can receive a Reverse 911 call. Purchase a backup battery by calling 855-530-7900 or visiting a Cox Solutions Store.

Get updates on Cox’s Twitter handle. During a PSPS or a disaster, Cox posts outage updates and other information on Twitter. Customers can follow Cox at @coxcalifornia.

Download Cox apps before a wildfire or PSPS occurs:

• Cox app – Manage your account; receive outage notifications from the app when there’s an outage in your area and when the outage is over.

—Lanie Alfaro is an editorial intern for San Diego Community Newspaper Group.
WE TAKE CARE OF
THE WHOLE FAMILY

LOCAL FAMILY OWNED BUSINESS SINCE 1974

10 YEAR WARRANTY (PARTS & LABOR) ON NEW SYSTEMS

AC & FURNACE TUNE UP
$59.95
(SENIORS 10% OFF)
With this ad. Expires 5/31/2021.

FURNACE REPLACEMENT
$1,995
From (INSTALLED)
With this ad. Expires 5/31/2021.

AC REPLACEMENT
$2,995
From (INSTALLED)
With this ad. Expires 5/31/2021.

619.449.1623
9717 Airport Vista Road, Santee, CA 92071
LIC. # 476448

THE BEST HEATING & A/C
SERVICE SPECIALIST In East County
No Commission Sales!
We Try to Repair Before We Replace Your Unit

From (INSTALLED)

March 12 – April 8, 2021
Mission Times Courier / College Times Courier
sdnews.com
Guest editorial
Creating a more compassionate program for community cats

By GARY WEITZMAN

In a report published in the San Diego Union Tribune on Dec. 20, 2020 titled “San Diego Humane Society’s program for releasing adoptable cats back onto streets,” reporter Morgan Cook noted that some animal advocates believe it isn’t fair to spend some time with the La Mesa Foothills Democratic Club (LMFDC) at our March meeting. She pointed out that 71% of registered voters turned out to vote in November 2020, making the election an unprecedented event, since the voting age was lowered to 18. She observed that the evidence is clear that when voting is made more convenient, voting participation increases. But Dr. Weber just as clearly sounded the alarm about the current onslate against voting rights being waged by the Republican Party. There are currently hundreds of bills under consideration in 35 states, all of which are designed to limit Americans’ access to the ballot, and to erect barriers to the franchise of our foundational, democratic right. The Secretary of State reminded us that the Voting Rights Act (VRA) was not created to grant us the right to vote, but to protect our right to vote. But just as the VRA arose in response to poll taxes, literacy tests and other vile elements of the Jim Crow era, so must Americans today mobilize to protect their franchise in the VRA. The Senate passed the voting rights bill. It’s now up to the House of Representatives to take the next step. The American people have a right to vote, but that right is not a privilege, Dr. Weber de- clared.

 Secretary of State, Dr. Shirley Weber, was generous enough to spend some time with the La Mesa Foothills Democratic Club (LMFDC) at our March meeting. She pointed out that 71% of registered voters turned out to vote in November 2020, making the election an unprecedented event, since the voting age was lowered to 18. She observed that the evidence is clear that when voting is made more convenient, voting participation increases. But Dr. Weber just as clearly sounded the alarm about the current onslate against voting rights being waged by the Republican Party. There are currently hundreds of bills under consideration in 35 states, all of which are designed to limit Americans’ access to the ballot, and to erect barriers to the franchise of our foundational, democratic right. The Secretary of State reminded us that the Voting Rights Act (VRA) was not created to grant us the right to vote, but to protect our right to vote. But just as the VRA arose in response to poll taxes, literacy tests and other vile elements of the Jim Crow era, so must Americans today mobilize to protect their franchise in the VRA. The Senate passed the voting rights bill. It’s now up to the House of Representatives to take the next step. The American people have a right to vote, but that right is not a privilege, Dr. Weber de- clared.

Newly appointed California Secretary of State, Dr. Shirley Weber, was generous enough to spend some time with the La Mesa Foothills Democratic Club (LMFDC) at our March meeting. She pointed out that 71% of registered voters turned out to vote in November 2020, making the election an unprecedented event, since the voting age was lowered to 18. She observed that the evidence is clear that when voting is made more convenient, voting participation increases. But Dr. Weber just as clearly sounded the alarm about the current onslate against voting rights being waged by the Republican Party. There are currently hundreds of bills under consideration in 35 states, all of which are designed to limit Americans’ access to the ballot, and to erect barriers to the franchise of our foundational, democratic right. The Secretary of State reminded us that the Voting Rights Act (VRA) was not created to grant us the right to vote, but to protect our right to vote. But just as the VRA arose in response to poll taxes, literacy tests and other vile elements of the Jim Crow era, so must Americans today mobilize to protect their franchise in the VRA. The Senate passed the voting rights bill. It’s now up to the House of Representatives to take the next step. The American people have a right to vote, but that right is not a privilege, Dr. Weber de- clared.

Newly appointed California Secretary of State, Dr. Shirley Weber, was generous enough to spend some time with the La Mesa Foothills Democratic Club (LMFDC) at our March meeting. She pointed out that 71% of registered voters turned out to vote in November 2020, making the election an unprecedented event, since the voting age was lowered to 18. She observed that the evidence is clear that when voting is made more convenient, voting participation increases. But Dr. Weber just as clearly sounded the alarm about the current onslate against voting rights being waged by the Republican Party. There are currently hundreds of bills under consideration in 35 states, all of which are designed to limit Americans’ access to the ballot, and to erect barriers to the franchise of our foundational, democratic right. The Secretary of State reminded us that the Voting Rights Act (VRA) was not created to grant us the right to vote, but to protect our right to vote. But just as the VRA arose in response to poll taxes, literacy tests and other vile elements of the Jim Crow era, so must Americans today mobilize to protect their franchise in the VRA. The Senate passed the voting rights bill. It’s now up to the House of Representatives to take the next step. The American people have a right to vote, but that right is not a privilege, Dr. Weber de- clared.

Newly appointed California Secretary of State, Dr. Shirley Weber, was generous enough to spend some time with the La Mesa Foothills Democratic Club (LMFDC) at our March meeting. She pointed out that 71% of registered voters turned out to vote in November 2020, making the election an unprecedented event, since the voting age was lowered to 18. She observed that the evidence is clear that when voting is made more convenient, voting participation increases. But Dr. Weber just as clearly sounded the alarm about the current onslate against voting rights being waged by the Republican Party. There are currently hundreds of bills under consideration in 35 states, all of which are designed to limit Americans’ access to the ballot, and to erect barriers to the franchise of our foundational, democratic right. The Secretary of State reminded us that the Voting Rights Act (VRA) was not created to grant us the right to vote, but to protect our right to vote. But just as the VRA arose in response to poll taxes, literacy tests and other vile elements of the Jim Crow era, so must Americans today mobilize to protect their franchise in the VRA. The Senate passed the voting rights bill. It’s now up to the House of Representatives to take the next step. The American people have a right to vote, but that right is not a privilege, Dr. Weber de- clared.
Republican Women explore gun ownership at next meeting

The #NotMeSDMovement is San Diego County Gun Owner’s initiative to stop sexual assault and domestic violence. SDCGO is focusing on women specifically, as women are more commonly victims. Adding firearms protection for women is extremely important.

Without police, what are we women supposed to do to protect ourselves? In San Diego, on average, three women are raped every day. That is a shocking number.

Women can empower themselves, protect themselves and feel safer in their own homes and communities. Knowledge is power, grab a friend and gain confidence.

SDCGO provides assistance to any woman who owns a gun or would like to own a firearm, is seeking training or would like to apply for a conceal carry weapons permit (CCW). Our speaker Rick Carlson is dedicated to safety and is a fountain of information that he is always happy to share.

—Laura Crivelo writes on behalf of the Republican Women of California – Navajo Canyon.
THA HEATING AIR & PLUMBING

Proudly Serving San Diego Since 1980
Residential • Commercial • Industrial

- Open During Covid-19!
- Competitive Prices
- All Work Guaranteed!
- Preventive Maintenance Available

Winter Specials:
- 27 point heating inspection $79
- New heater installation starting at $1500 (call for details)
- Hydro Jetting special on laboratory sinks $45 (price per sink, call for details)
- FREE water heater tune up & inspection with any service
- FREE water pressure test with any service
- FREE gas & water leak inspection with any service
  (Customer must mention this AD during time of service for the above deals to be applied)

- Save up to $1300 by Replacing your Outdated AC & Heating Systems with a Newer Model for better Efficiency & Output
- Save up to $50 Off Ductless Cooling & Heating System with Zoning
- Save up to $300 for Furnace Installation
  Drain Cleaning Starting at $89 (call for details)

We beat any prices within 5-10% for the same quality equipment & workmanship compared to any legitimate contractor

(858) 571-8865
FREE Estimate with Installation
(These offers cannot be combined with any other discounts)

Visit Our Website: www.thaheatingandair.com
by Karen Austin

Hard to believe a year has gone by while we’ve sheltered at home. For some, it’s brought a chance to reinvigorate themselves after losing track of personal interests pre-COVID while busy at work and raising children. Many people have taken advantage of the extra time at home to take up new hobbies or rekindle old interests. Hobbies at home are the new go-to outlet for entertainment, replacing time once spent on soccer fields, at movie theaters, or attending pro sporting events and concerts. According to Statista, tending pro sporting events and fields, at movie theaters, or at-home time at home to take up new hobbies or rekindle old interests. Time at home to take up new hobbies or rekindle old interests. Time at home to take up new hobbies or rekindle old interests. Time at home to take up new hobbies or rekindle old interests. Time at home to take up new hobbies or rekindle old interests. Time at home to take up new hobbies or rekindle old interests.

If you are starting to feel like you are in a pandemic rut, try something new or recommit to a former favorite activity. How about pulling out that old guitar or find a beginner ukulele starter bundle online? Learn a language with the help of language learning websites like Duolingo.com. Delve into your family history using genealogy sites like MyHeritage, Ancestry and FamilySearch, now offering free access and trials. Take advantage of free how-to craft YouTube tutorials and free classes at Michaels.com to learn and complete knitting, painting, cake decorating, jewelry-making and other crafts. And then there’s bread! In the words of poet, Mary Oliver, “eat bread and understand comfort.” That’s just what Lori Mullen of Alvarado Estates did. She started a new hobby at home by learning to make bread.

“A friend mentioned that he was making sourdough bread. He gave me some of his sourdough starter and my sourdough journey began,” she recalled.

Mullen has since shared her starter with friends to help them do the same. She quipped, “Having sourdough starter is kind of like having a pet. It requires daily feeding, care and love, and in return gives you back so much more.”

While Mullen was baking bread, her neighbor and friend, Susan Clarke Crisafulli, planted a garden. She joined the ever-growing number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities. The number of hobbyists around the nation, as evidenced by a significant increase in gardening-related activities.
Sharia’s Closet
CONTINUED FROM Page 1

County and beyond. Families and individuals served by Sharia’s Closet have a variety of backgrounds: active duty military, at-risk youth, current foster care, disabled, experiencing disaster or crisis, domestic violence, homelessness, etc.

“That truth doesn’t make it to the news, but that is the reality of people’s lives that we’re serving in San Diego,” she said. “I serve people that you’ll never hear about or read about.”

Linton hopes to change the narrative in these underserved communities by building new pillars of hope through the services available at Sharia’s Closet.

“When I grew up, the true sense of family extends beyond just your immediate family. You’re acting in an unconditional, selfless way and that is transferred to everyone around you.”

During November 2020, Sharia’s Closet did a series of Facebook posts called the Stories of Gratitude Campaign. In these posts, people who received assistance shared their testimonials on how this organization helped them get out of the situations they were in. Sebastian, a client who received aid wrote, “With their help, I was able to go to several interviews with a new confidence. I received a referral through other companies and eventually landed a good job. People don’t always think about clothing, and how something small like that can make a big difference. Just getting some nice clothing helped change my career, and changed my life for the better.”

“People come and we don’t speak the same language, but I speak a love language. Being able to transfer where your standing to putting yourself in their shoes, that is a beautiful transformation. When we package the clothing, these receivers know that someone genuinely cared. They were hand-selected, prepared for their body type. Everything is specifically for them,” she said.

Given the free time many people had during this pandemic, Linton said there has been a large influx of donations, but some of the donations did not show the love and dignity Sharia’s Closet hope to convey in their work.

Over quarantine, Sharia’s Closet “became like a dumping station,” she said. “That is not the intent. That’s the disheartening part for us.”

Linton wants to encourage people not to “forget what its like to be outside of ourselves,” especially as they go through their closets to donate. She encourages all who have a hope to donate to educate themselves and see what sorts of clothes the organization is looking for.

“It is rewarding when people actually take the time to research and watch the tutorials — learn how to wash and size the items,” she added.

Even more importantly, she asks for a shift in perspective.

“This could be you. Think about the type of energy you’re transferring or giving,” she explained. “When you’re donating something that brought you joy, you’re going to transfer that same joy to someone else through that piece of clothing. Maybe up until this point, that is the most love they have felt in their entire life.”

The work of Sharia’s Closet has not gone unnoticed over this past year. On Feb. 9, Sharia’s Closet was the recipient of the Outstanding San Diegoans award from San Diego City Attorney Mara W. Elliott.

But the real reward, according to Linton, is “to see the thank you and smiles — there’s not a word to express that. What that feels like and means, that is the joy in my soul.”

Sharia’s Closet has given out to date 14,199 bags of clothing to individuals, but they will not stop there. Linton believes this is a long-term effort to love and help the community.

“The environment in the community and family, those are the pillars — the developmental stages of helping you to transform into the person you’re meant to be and called to be,” she said.

—Lanie Alfaro is editorial intern for San Diego Community Newspaper Group.
we even reached out this past week to the Save Del Cerro group and said, ‘Hey, would you guys like to have your leadership and our leadership where we can sit down and have a calm, peace-making conversation where we can answer your questions,’” he said. “Unfortunately, they declined that.”

When asked for comment, the Save Del Cerro group shared with the Mission Times Courier the group’s response letter: “Thank you for the offer to meet regarding your project. While we can appreciate your effort to create a bridge, doing so with only three community members would only further exacerbate the lack of transparency the community feels in the first place.

“To meet in a ‘behind closed doors’ setting runs counter to the community’s desire of full transparency. There are formal channels whereby you can provide community updates (Navajo Community Planners, etc.).

“Thank you again, but we will have to respectfully decline your offer to meet, as three individuals cannot properly represent the voice of the entire community”

Mardine Davis, a Save Del Cerro member also disputes the lengths APC has gone to “hide utilities like air conditioning units. Herber pointed out that this change was made because the height of the building was a main concern of the residents APC had met with.

“One idea that did not make it into the project update was a wall between the church property and the backyards of homes on Marne Avenue, said APC spokesperson Kristen Byrne. ‘There was a feeling because the space between the wall and the fences would be an ‘18-inch no man’s land’ that would have been a maintenance ‘nightmare.’”

Another change in the plan is how the proposed church would connect to the sewer system. “The initial plan was to utilize the existing city sewer main that was previously stubbed out at the southwest corner of the site in the late 1950s, this is the same sewer point of connection proposed by previous development approvals on the site,” explained Byrne. “Because no other properties are utilizing that main, and cause the main crossed below the line. And then when you look at the proposal, it’s so far away from the community plan, all of the requirements of the zoning code, the building codes and everything else.”

Once the city decides on the EIR or negative declaration, and the community has had the opportunity to comment on either report, the project will go in front of the Navajo Community Planners, Inc. (NCPI) for a vote on whether to recommend the project. The community planning group vote is only advisory, so even if NCPI rejects recommending the project, the city Planning Commission will still review the project for its own recommendation before ultimately being decided by the City Council.

Herber remained unfazed when asked if APC has a contingency plan should the city ultimately reject the church project. “We haven’t talked at all about any contingency plans,” he said. “We just believe that this is a great piece of land and that a church is an appropriate use and that as we continue to honor the city’s processes and continue to work through the appropriate things, we believe this will happen and hopefully in a way that’s a real benefit to the whole community.”

—Reach editor Jeff Clements at jeff@sdnews.com.

Young Save Del Cerro members dressed as rats

Those changes are reflected in the next submission to the city, which is scheduled for mid-March and include:

• A relocated parking garage away from homes
• Property line screening on the north end — enhanced landscaped buffer and assistance with fence upgrades
• Agreement to gate off surface parking in north to eliminate activity except during church services
• Additional landscaping at the retaining wall near College Avenue
• Agreement to replace trees in College Avenue median that are removed with construction of intersection

And the most significant change to the project is a height reduction of the main building from 33 feet to 30 feet, excepting some architectural elements on the roof that are both cosmetic and used to hide utilities like air conditioning units. Herber pointed out that this change was made because the height of the building was a main concern of the residents APC had met with.

One idea that did not make it into the project update was a wall between the church property and the backyards of homes on Marne Avenue, said APC spokesperson Kristen Byrne. ‘There was a feeling because the space between the wall and the fences would be an ‘18-inch no man’s land’ that would have been a maintenance ‘nightmare.’”

Another change in the plan is how the proposed church would connect to the sewer system. “The initial plan was to utilize the existing city sewer main that was previously stubbed out at the southwest corner of the site in the late 1950s, this is the same sewer point of connection proposed by previous development approvals on the site,” explained Byrne. “Because no other properties are utilizing that main, and cause the main crossed below the Interstate 8 right of way, the city asked us to look at alternative sewer connection options so that main could be abandoned.

The current proposal involves a short public sewer main extension through the unimproved city-owned parks property located to the south of the site. This solution will be included in the church’s next submittal to the city, which will be made this week.”

Save Del Cerro member Michael Livingston was unimpressed with the changes to the project and is skeptical that they will even be adopted if the project is approved. He pointed to a Save Del Cerro member and advisor to the group who is an architect with experience both developing churches and working in the public sphere, fighting against developments that neighbors don’t want.

“He’s got a real well-rounded point of view and he just keeps looking at this and saying, ‘You cannot look at minor changes. It’s not fair play. It’s not going to mean anything, and if this thing gets built, they’re going to go right back and do everything they want to do and more because then they’ll have an approved project.”

Livingston said. “So that’s one of the reasons we can’t be anything but 100% opposed.”

Opposition aside, the next step for the church project is in the hands of the city planning department. If the changes are approved, the city will need to decide if the project will require a full environmental impact report (EIR) or get a negative declaration report which will spare the project from a full review, although both reports provide residents the chance to give input on the project.

Livingston hopes the city will put the project through an EIR process because the report “would have to consider alternative uses for that property, alternative projects.” Because the city has already approved the CoRich development plan for homes to be built on the parcel.

“They’re going to have to put that in the EIR,” Livingston said, and added that if the city has to look at the approved project and compare it to one that is asking for “countless variances” to the community plan, “that’s going to look bad. If you look at it from a strictly land use planning standpoint, then you’ve got an approved subdivision project that met all of the requirements of the planning commission and the community plan, the general plan, just down the line. And then when you look at the proposal, it’s so far away from the community plan, all of the requirements of the zoning code, the building codes and everything else.”

Once the city decides on the EIR or negative declaration, and the community has had the opportunity to comment on either report, the project will go in front of the Navajo Community Planners, Inc. (NCPI) for a vote on whether to recommend the project. The community planning group vote is only advisory, so even if NCPI
PUBLIC WORKSHOP/HEARING ANNOUNCEMENT

Please join the San Diego County Regional Airport Authority (Airport Authority) for a Public Workshop and Hearing on the 14 CFR Part 150 Noise Compatibility Study Update (Study).

Thursday, April 8, 2021
5 p.m. to 6:30 p.m. – Public Workshop (Information and Questions)
6:30 p.m. to 8 p.m. – Public Hearing (Official Public Comment)

The Study is being conducted to identify and evaluate current and future noise effects caused by aircraft operations at the San Diego International Airport (SAN). The purpose of the Public Hearing is to obtain public comments on the Study.

After the completion of the Public Workshop portion, the official Public Hearing will begin, and all members of the public may submit verbal comments that will become part of the public record. Airport Authority staff and expert consultants will be in attendance to answer questions during the Public Workshop and listen to public comments during the Public Hearing.

Due to the COVID-19 pandemic, this meeting will be held virtually. To attend, please visit the study website below to register and receive the Zoom meeting link.

The Draft document can be viewed on the study website, sannoisestudy.com, or at the Airport Authority’s Liberty Station office at 2722 Truxtun Road, San Diego, CA 92106. Viewing is by appointment only, please call 619-400-2309 to schedule.

In addition to verbal comments at the Public Hearing, members of the public are encouraged to submit written comments via the study website sannoisestudy.com or in writing to:

Mead & Hunt
Attn: Jen Wolchansky
1743 Wazee Street, Suite 400 Denver, CO 80202.
Comments will be accepted through April 21, 2021.

If you have a disability or require language translation, please call 619-400-2309 to discuss your needs with at least 48 hours’ notice.

District 7 Dispatch

Allow me to begin with a quick COVID-19 vaccination update. Currently, anyone who is a healthcare worker, is over the age of 65, or is an employee in a school, education or childcare setting, a non-medical emergen-cy first responder or worker in the food and agriculture sectors is eli-gible for vaccination. I encourage folks to check their eligibility on-line and make an appointment at bit.ly/3bkvl5.

At the March 2 City Council meeting, I was proud to make the motion to create a new emer-gency rental assistance program for struggling San Diego families funded with $83 million and an-other $9 million for outreach and communications to ensure that we are able to make our most vul-nerable neighbors aware of all of the benefits available to them.

To read more about the new pro-gram, visit bit.ly/3r4hnV.

Also at the March 2 City Council meeting, I was pleased to second Council President Campbell’s motion to create a new ordinance governing Short Term Vacation Rentals (STVRs) in our City. This ordinance will finally give us the ability to reg-u-late STVRs appropriately and hold bad actors accountable, as our previous inability to do so posed a public safety risk. This ordinance protects our neigh-borhoods while continuing to provide critical options for San Diego property owners and visi-tors. Under the new policy, hosts will be required to educate their guests about local requirements in order to ensure that they are good short-term neighbors in the community they are visiting.

Lastly, I would like to thank all of the residents who have made our office aware of the incidents of exhibitions of speeding and racing on the city streets in our District. Both my office and the SDPD take these violations to SDPD imme-diately when you witness them. Once you have made the report to SDPD, please feel free to make our office aware of your report so that my relevant representa-tive can follow up with the police department for an update on any enforcement actions that have taken place as a result of the report. An enforcement action that resulted in multiple arrests and vehicle impounding was re-cently taken on Mission Gorge.

Road as a result of a District 7 resident’s report. Thank you again for affording me this opportunity to serve.

THE NEW STVR ORDINANCE DETAILS

• Caps the whole-home STVRs at 1% of the City’s housing stock per the San Diego Planning Commission (based on SANDAG’s annual Demographic and Socioeconomic Housing estimates), which would equal to 5,400 today.

• No limits put on home-sharing STVRs.

• Allows part-time STVR operators to obtain a license at lower annual fees to accommodate high volume events such as Comic-Con, Pride and December Nights.

• Allows STVR owners a maximum of one license, per person.

• Creates a detailed Good Neighbor Policy along with strict enforcement guidelines, a fine structure for violations, and a license revocation standard.

The short-term rental issue is scheduled to return to the City Council in October 2021 for final review and refinement.

The new STVR ordinance details

The new STVR ordinance details

www.sdnews.com

Vaccinations, rental assistance, STVRs and crime prevention

ALVARADO HOSPITAL EMERGENCY SERVICES

If you feel you are having any kind of emergency, do not wait to come to the Emergency Room.

Alvarado Hospital is a STEMI Severe Heart Attack Receiving Center and a certified Advanced Primary Stroke Center

We will keep you SAFE.

AlvaradoHospital.com

STIMULUS SPECIAL

Full Page Blow Out Sale!
Only $800 full color*
1/2 Page Blow Out Sale!
Only $500 full color*

$1,400 savings on Open Rate. Net.
Limited availability.

BOGO Deal*

Buy one ad of any size, get one of equal or lesser value. Rate card, Net.

Contact Heather Fine

951-296-7794
hfine@sdnews.com
Group aims to plant 500 trees in Allied Gardens neighborhood

By VINCE MIKULANIS

In 2018, the Allied Gardens Grantee Community Council, local volunteers and the City of San Diego partnered together to plant trees for the Zion Avenue Beautification Project. Over 60 Jacaranda trees (the official tree of San Diego) were planted and are currently being cared for by local residents and a team of volunteers. Most of the trees are continuing to do well, and in a few years will begin to form a beautiful canopy over one of the busiest streets in the Allied Gardens neighborhood.

That same partnership is currently in the planning stages for a much larger planting project — revitalizing the urban forest in a portion of Allied Gardens East. With the help of a team of arborists and a major benefactor, the partnership has a goal of planting over 500 trees.

The plan is to work with local residents to water these newly planted trees as part of their landscaping. Free tree plantings will be offered for the planting strip in front of people’s homes and their front yards, with the additional option of a free tree delivered for homeowners to plant in their backyard.

The program is entirely voluntary. The partnership will work with residents to plant the trees, but if for some reason the resident does not want any trees planted, none will be planted at that location.

While the project is still in the planning stages, organizers are excited to get the word out to local residents about the opportunity to plant free trees. More information will be coming in the next weeks and months as the group targets fall 2021 for the majority of the planting to take place. For now, here are some answers to questions residents may have about the project:

Why are you doing this?

Because we love this community! When Allied Gardens was first constructed there were trees in front of all the houses. We want to restore our urban forest, bringing back the benefits to our community.

Where are you doing this?

We are concentrating our efforts on the neighborhood immediately adjacent to Marvin Elementary. We are also aiming to fill in the spaces where available along Waring Road, from Navajo Road to Zion Avenue.

A final planting goal is to plant along Glenroy Street from Princess View to the Benjamin Library. This will help make the walk to Lewis Middle School more pleasant for our students.

Why trees?

Trees provide numerous benefits to the community. The “urban forest” helps to:

• Beautify the community. Trees are just nice to look at.
• Increase property values. Trees are proven to increase property values by 10% or more.
• Cool the community. Trees provide shade, reducing ambient temperature in the summer.

What if I do not want a tree?

No problem! We only want to plant trees where they will be accepted by the resident.

I had a tree and it tore up my sidewalk. Why would I want another one?

A lot of lessons have been learned in urban forestry since the construction of Allied Gardens. One of those is what types of trees are appropriate for certain areas, and more importantly, which ones are not appropriate. The tree species selected for this project (five to six different types) will be appropriate for the planting space to avoid infrastructure conflicts.

When will this happen?

For residents in the project area, expect initial outreach in the next few weeks.

Tree plantings are targeted for fall 2021. Fall is one of the best times to plant trees in our community.

What if I want a tree, but am not in the project area?

There are additional options to have the city plant a tree. Go to sandiego.gov/trees to request a free tree be planted in the strip between the sidewalk and the street.

What if I don’t want trees?

For questions contact vincent.mikulanski@avey.com.

Dist. 7 Dispatch

March 12 – April 8, 2021
Mission Times Courier / College Times Courier

1. A third option with respect to financial accounts is for the individual to create a joint account with another trusted individual where each has checking/saving abilities, enabling the trusted person to write checks from such account to pay expenses on behalf of the individual needing assistance.

2. A second option is where the individual has created a revocable living trust, funded the trust with assets, and is serving as its trustee (in effect, the trust’s manager). When he or she begins to “slip” he or she can resign such trusteeship, thereby turning over all trustee duties to the successor trustee which had been appointed under the trust instrument. This successor Trustee would then immediately be able to take over handling the financial affairs of the trust.

The above statements are not to be taken as legal advice for the reader’s particular situation. Richard F. McEntyre practices law in the area of estate planning and administration, having served the San Diego community as a lawyer for over 40 years. Chris von der Lieth is Dick’s associate lawyer, having worked with Dick for over 7 years. Affordable rates. Highest quality services. House calls available.

Our office is conveniently located at 2615 Camino Del Rio South, Suite 101 (in Mission Valley just east of Bully’s restaurant) Telephone (619) 221-0279 www.richardfmontrey.com

Not a reminder, you can always reach Jared Miller-Sclar at JMillerSclar@sandiego.gov. For an issue specific to Grantee, Allied Gardens, or community please reach Samna Loando at SLoando@sandiego.gov.

—Raul Campillo represents District 7 on the San Diego City Council.
Donate your car to the CARS FOR KIDS program

- Complete automotive maintenance and repair
- Early bird / Night drop off service
- ASE Master Certified Technicians
- Complimentary shuttle service
- 36 month / 36K mile warranty
- AAA Approved facility

6267 Riverdale St. San Diego 92120
619-280-9315 • johnsautomotivecare.com

Call Mike! 619-501-0997

Don't forget to shop local and support your community!
Vote shows hard opposition to proposed housing development

By LAURA RIEBAU

On Jan. 21, the El Cerrito Community Council (ECCC) voted overwhelmingly against a proposed mixed-use project by Family Health Centers of San Diego (FHC) for the north side of El Cajon Boulevard between Dayton and 59th Streets. The vote of 72 residents was against and 14 in favor. FHC introduced the project to the community in November 2020 and followed with a design review presentation at the College Area Planning Committee meeting on January 13 of this year.

A summary of the comments on the development is that community members want El Cerrito to be preserved, improved and allowed to flourish, not be diminished by the too tall, eight stories, towering and not enough parking spaces for its uses, forcing surrounding residential streets to continue to be impacted by HFC personnel and patient parking needs; collectively, significantly harming the community’s quality of life.

In order to be an economically viable community in the city, El Cerrito will be best served by new development that meets good design guidelines, complements the surrounding development and is priced for working class income levels, providing inclusionary low-income housing. El Cerrito is one of the more affordable areas in San Diego and has its fair share of low-income housing. Efforts of the College Area Business District to create an enjoyable, safe, walkable main street with great destination restaurants and businesses along El Cajon Boulevard have been working. The proposed FHC development will be a setback.

FHC has been vague on its future tenants. Review of HFC comments and its business lends credence to thought that the 120 “low income” units will be institutional housing for the neighboring FHC Health Center by bundling homeless housing and health care side by side, as expressed by FHC’s goal to eliminate homelessness by ensuring health care and secure housing for everyone.

The extension was granted to allow time for the City to initiate a competitive bid process to select new power providers to meet goals set in the City’s aggressive Climate Action Plan. The CAP, signed in 2015 and now being updated, has a goal of ultimately using 100% renewable energy sources citywide.

Between Jan. 23 and Feb. 24, the mayor and City Council members partnered on 13 community forums on the future of the City’s gas and electricity franchise agreements. Those forums spanned all nine Council districts. Their purpose was to give San Diegans a voice in determining the City’s energy future.

“…”
Cajun seafood in the heart of College Area

By ROBIN DOHRN-SIMPSON

A good Louisiana boil includes spreading out a big piece of paper over a table, full of friends and family, and then tossing corn, potatoes, and a variety of seafood onto it. This is the time to eat with your hands — with or without plastic gloves — and dig in.

Sip and slurp. Break a crab leg open and suck out the meaty goodness, perhaps with alternating sips of southern traditional sweetened green tea or sweetened black tea, lemonade or a craft beer. While New Orleans is the epicenter of this type of gastronomic abandon, The Crab Pub, right here in San Diego does the tradition proud.

SEAFOOD OPTIONS

The College Area restaurant located at 6011 El Cajon Blvd. has all your favorite seafood: Dungness crab duster, whole blue crab, king crab legs, snow crab legs, crawfish (with corn and sausage), shrimp, clams or mussels. Try a variety of combinations of a couple of different types of seafood. A pound of crab combined with a pound of crawfish or a pound of king crabs and a pound of mussels. These combinations include corn, potatoes and four pork sausages.

Next, pick your spice level to enhance the flavors. Perhaps try the well-known Old Bay seasoning mix that includes celery seed, black pepper, crushed red pepper flakes and paprika.

TRY SOMETHING ELSE

Not into a boil or seafood? No problem. There are other options like New England clam chowder, gumbo and rice. Try a basket such as chicken wings, fried catfish, fried calamari, fried oysters, fried pickles, fried okra, or fried green beans. All baskets include seasoned sweetened green tea or a soft drink. Perhaps with alternating sips of southern traditional sweetened green tea or sweetened black tea, lemonade or a craft beer.

The Crab Pub is located on the corner of College Avenue and El Cajon Boulevard. Enter in and enjoy the “shipboard” ambiance. Don’t mind the shark with a crab in its mouth hanging from the ceiling. If you like Louisiana cuisine, this is your kind of place. Laissez Les Bons Temps Rouler!

—Robin Dohrn-Simpson is a San Diego-based food and travel writer. Reach her at dohrsims@cs.com or visit robin.dohrn-simpson.com.
Henry begins in-person learning, classroom labs

By MICHELLE IRWIN

In February, Henry High School opened its first Learning Lab of cohorted students to attend classes on Zoom. Students in our first Learning Lab are able to attend classes and receive additional support from a visiting teacher. We are hoping to open additional labs as soon as we are able to staff them with visiting teachers.

Some of our students are also participating in Classroom Labs during the asynchronous time with one of their teachers. We are excited to be able to engage our students with in-person support during this time.

As a district, we are also working towards reopening of our schools for Phase 2. There are many factors to reopen which include the utmost safety conditions, agreements between our district and our employee unions and implementation of PPE equipment at every school. All school principals will share information as soon as we learn about our next steps.

Even though we are doing online learning and we haven’t been able to engage with our students on campus, several of our students are being acknowledged for their dedication to our community and hard work with their academics. I’m very proud of these Henry Patriots!

CyberPatriot Team under the direction of CW04 (Ret.) Ron Flaherty has qualified for the National Championship. Normally our team would be heading to Baltimore, Maryland in April but due to COVID-19 we will be competing locally. Qualifying for Nationals makes them a top 12 team in the nation. The below students are the team members:

- Ben Gonzalez
- Andrew Gordon
- Diego Johnson
- Darren Lee
- Spencer Magedman
- Alain Zhang

We are very grateful for the guidance of Chris Ahrens, Adaptive Physical Education teacher at Patrick Henry who wrote a plan to ensure that Henry High School is a Special Olympics Unified Champion School. A Unified Champion School promotes social inclusion through intentionally planned and implemented activities affecting systems-wide change.

With sports as the foundation, the three-component model offers a unique combination of effective activities that equip young people with tools and training to create sports, classroom and school climates of acceptance. Chris spearheaded many events to ensure our students with disabilities are able to participate in the sports they are interested in. Learn more at specialolympics.org/our-work/unified-champion-schools.

Finally, congratulations to our newest principal in the Henry Cluster, Dr. Gurnica Morris who is the new principal at Lewis Middle School. Dr. Lewis has been an educator for 19 years. She has been a teacher, vice principal and principal at various schools in Texas and Georgia. Her most recent experience has been serving Los Angeles Unified as an executive director of charter schools. We welcome Dr. Morris to the Henry Cluster.

Please remember to visit the Patrick Henry website for up-to-date information about our school and district: patrickhenryhs.net.

On behalf of the Patrick Henry High School Faculty, we want to thank you for being our partner in education so we can ensure all students graduate with integrity, purpose, and options.

—Michelle Irwin is principal of Patrick Henry High School.

The Henry Cluster STEMM Foundation has supported robotics teams with the Henry Cluster for the past six years. This year, three teams have enjoyed great success and we certainly salute them for the dedication during all of the COVID-19 challenges. This past year several of the teams did everything via Zoom.

Three FIRST LEGO League (FLL) Challenge teams within the Henry Cluster were awarded Qualcomm team funding, for the 2020-2021 FIRST LEGO League season. The teams are students from Lewis and Pennington Middle Schools; Dailard, Hearst, and Green Elementary Schools; and Homeschool.

The three teams are: FLL #20558 Mechanical Dolphins: Coded Galaxy, FLL #50739 Garage Engineers, and FLL #50899 Mechanical Meatloaf (with a side of pickles). All three teams attended the FLL Tournament virtually on the weekend of March 6-7.

We are so excited to announce that one of the First Lego League (FLL) teams, Mechanical Meatloaf (w/a side of pickles), in the Henry Cluster has been chosen as one of the winners of the 2021 FIRST LEGO League Qualcomm Grant! FLL robotics team The Garage Engineers #50739 is thrilled and grateful to also be a recipient of the 2021 FIRST LEGO League Qualcomm Grant. The volunteer coach for the Garage Engineers stated, "We are so proud to be a part of the FIRST program, and to be surrounded by so many other teams, mentors, volunteers, and coaches who give their all each season. Huge thanks to Qualcomm for supporting this community, and for their outreach to inspire and encourage the next generation of so many kids! Dailard Elementary is so very proud and excited that their First Lego League (FLL) team Mechanical Dolphins: Coded
Are you caring for someone with memory loss, dementia, or Alzheimer's? Then the REACH2CAREGIVERS program is for you! This series is offered FREE and virtually to family caregivers to better understand memory loss, develop communication skills, learn stress management techniques and how to better care for yourself and your loved one. You don’t have to do caregiving alone! Sign up today for our REACH2CAREGIVERS online class at https://bit.ly/REACHprogram.

Southern Caregiver Resource Center has been offering services FREE direct services to the community for over 33 years. Our team of highly qualified professional staff supports families through a comprehensive inventory of programs and services.
**Painted SDG&E utility boxes on Zion Avenue**

(Courtesy photo)

**ALLIED GARDENS/GRANTVILLE COMMUNITY COUNCIL**

At March 23 town hall meeting of the Allied Gardens/Grantville Community Council (AGGCC), the primary speaker will be Council member Raul Campillo, who represents District 7. This is one of the several community meetings announced by his office.

We will begin with our usual presentations by our San Diego Police Department community service officer and folks from the offices of our elective officials. We will deal with some housekeeping matters and our annual election, then we will turn the floor over to Campillo.

The Council member’s office will publish Zoom registration information and the AGGCC will also give notice by way of our website and emails to our contact lists.

Our May 25 town hall meeting will feature a presentation by San Diego Canyonlands, an organization that is dedicated to restoration of our many canyons to their natural conditions. This presentation will initiate efforts to involve the community in the restoration of Navajo Canyon.

There is much demanding and rewarding work to be done under the leadership of this organization. It is up to us to provide the person-power to do the job.

We extend for our July 27 town hall to be a presentation of a new urban forestry project in Allied Gardens East to include the planting of 500 trees in fall 2021. Join us to learn more about this project and the many ways that trees positively impact our community.

Our Sept. 28 town hall will be a rundown of the city’s new organic waste recycling program. Following the success of AGGCC’s fall 2020 “Keep Our Neighborhood Beautiful” campaign, we are planning a “Spring Spruce Up” community cleanup from April 17–25 in honor of Earth Day. We invite neighbors to choose a day to participate in beautifying our community in a variety of ways. Look for details on our website for how you can take part.

The first of our SDG&E utility boxes box painting is finished. It is located on the south side of Zion Avenue across from Mission Trails Church. Our thanks to Christine Carino for her design and execution. Is there a box near you that could use beautification?

Use the “Contact Us” page at aggccouncil.org to get on our email contact list, to receive notices of the activities of our community council and the Navajo Community Planning Group, Inc., and to let us know how we can help you support our neighborhood. Our next board meeting will be on April 5 at 6:30 p.m. by Zoom. The public is encouraged to attend.

—By AGGCC president Shain Kung

**DEL CERRO ACTION COUNCIL**

The next Del Cerro Action Council Zoom meeting is scheduled for Thursday, April 25 at 7 p.m. A Zoom link will be posted on Monday, April 25.

In response to questions about the status of DCAC, we will be posting information on our website, including the financials. There has not been any solicitations or receipt of funding in the past decade.

The status of the proposed All Peopale Church project is the church is planning to send their next submittal to the city this Friday. Once the city reviews the submittal, the city will issue another Cycles Report. If the city is satisfied all their concerns have been addressed, the city will determine whether an Environmental Impact Report or a Mitigated Negative Declaration is required. The document is then prepared and submitted to the city for review.

When the draft document is approved by the city, it will be released for public review and comment. The required Traffic Report will be included as part of the environmental review. There will be a minimum of 30 days for public review and comment. We anticipate all of this will be issued prior to the next scheduled Zoom meeting of the DCAC on April 25, at which time we will hold a public forum.

—By DCAC secretary Jay Wilson

**SAN CARLOS AREA COUNCIL**

San Carlos Area Council (SCAC) officially resumed our monthly meetings on Feb. 17 via Zoom, and had a great turn-out of community members. We heard from our police and fire liaisons and other representatives from our local, state and county offices. If you missed joining us in February, mark your calendar for Wednesday March 17 at 6:30–8 p.m. and you are welcome to come back in honor of St. Patty’s Day. (The Zoom link is facebook.com/6C1LCTeT)

SCAC welcomes two new members to our board, Ryan Schuler and Paul Levikow, who collectively bring many talents to the organization, including marketing, journalism and an interest in serving our community. Bravo to you both, sirs, and welcome to SCAC!

Officer Steffen checked in and alerted us that in January there was one violent crime in the neighborhood, along with 23 property crimes in San Carlos and Lake Murray, predominately vehicle break-ins. Once again, Officer Steffen advised us to lock windows and doors when you leave your home, and don’t leave anything valuable in your car.

He also warned us about a couple of scams — among hundreds now circulating. The first involves cloned phone numbers; the caller claims to be a police officer saying that if you don’t give them money you will be arrested. It’s a scam. Additional phone fraud centers around the COVID vaccination. “If you send money, we’ll send you the vaccine.” Of course that’s a scam, too.

As if that weren’t enough, throughout the COVID quarantine, porch pirates have been running rampant, stealing packages.

—By AGGCC president Shain Kung

©2021 San Diego Gas & Electric Company. 
Trademarks are the property of their respective owners. All rights reserved.
A/C SERVICE • ALIGNMENT • SPECIALS
sppesee.com • 619.384-2733
2938 GARNET AVE., PACIFIC BEACH
Newspaper" for 10% OFF MSRP
10671 Roselle St. #100 | San Diego, CA 92121
(858) 273-2411
www.beelinebrakes.com
Move in/Out Services
www.chuckiespainting.com
(619) 702.9174
www.crownpointclippers.com
www.crownpointlandscape.com
Tuesdays are less painful through med
(858) 220-3213
www.woodshopcenter.com
from the viewpoint that a ‘100’ rate, which provides
electricity from 100% renewable sources. By comparison, San Diego
gas & electric’s current mix of energy sources is about 31% renewable.
the primary consumer outcomes in the survey desired for gas services.
Pointing out some environmental advocates “don’t want the City’s util-
ities to be privately operated.” Weise notes that solicitors must take place,
including a feasibility study and an appraisal of current SDG&E assets, so the City
won’t be able to immediately municipalize.”
—Reach Dave Schnob at reportertj@sdnews.com.

Pastimes 
CONTINUED FROM Page 9

sales revenue during the pandemic (U.S. Census Bureau, Advanced
“I have an herb garden with swiss chard and arugula,” she stated, adding,
“more than we could eat, so we share them.” Clarke Crisafulli said.
Lori and Susan are staying con-

sdcnews.com
March 12 – April 8, 2021
Mission Times Courier / College Times Courier

Powerful Home Services
Los Angeles, CA 90001
For all your electrical needs: Service
Electrical
ROAD SALES/SERVICE
IMMEDIATELY REBUILT, AND OVERHAUL ENGINE
SPECIALIST
100% Golden or Silver, Lifetime Warranty
Free Delivery Available
858-276-0422
www.immediate.com

FLOORING
Point Loma Landscape & Nursery
15450 Mission Gorge Rd • 1-858-273-3000

HANDYMAN
No Job too small!
Professional Handyman
Call for free Estimates
Tony@Pointlomalandscapes.com
3570 Hancock St, Sports Arena
(858) 454-0157

CROWNPOINTCLIPPERS@GMAIL.COM
Prompt, Affordable,
Fully licensed and insured. Lic# 723867
No Job Too Small!
858-292-5009

ROOFING, REPAIRS, CHIMNEYS, ETC.
California Lic #762835
(858) 350-0561
www.doublegpainters.com

PAINTING
Bill BvtPainting.com
Licensed Painter
with over 25 years experience in residential and commercial painting
in San Diego County.
Call/Bill 619-224-5939

RECLAMED WOOD
www.woodshopcenter.com
(619) 702.9174

ALT. MEDICINE
www.afairway.com
619.702.9174

LANDSCAPE/GARDEN
www.crownpointlandscape.com
www.crownpointclippers.com
Tuesdays are less painful through medi
(858) 220-3213
www.woodshopcenter.com
from the viewpoint that a ‘100’ rate, which provides

electricity from 100% renewable sources. By comparison, San Diego
gas & electric’s current mix of energy sources is about 31% renewable.
the primary consumer outcomes in the survey desired for gas services.
Pointing out some environmental advocates “don’t want the City’s util-
ities to be privately operated.” Weise notes that solicitors must take place,
including a feasibility study and an appraisal of current SDG&E assets, so the City
won’t be able to immediately municipalize.”
—Reach Dave Schnob at reportertj@sdnews.com.

Pastimes 
CONTINUED FROM Page 9

sales revenue during the pandemic (U.S. Census Bureau, Advanced
“I have an herb garden with swiss chard and arugula,” she stated, adding,
“more than we could eat, so we share them.” Clarke Crisafulli said.
Lori and Susan are staying con-

sdcnews.com
March 12 – April 8, 2021
Mission Times Courier / College Times Courier

Powerful Home Services
Los Angeles, CA 90001
For all your electrical needs: Service
Electrical
ROAD SALES/SERVICE
IMMEDIATELY REBUILT, AND OVERHAUL ENGINE
SPECIALIST
100% Golden or Silver, Lifetime Warranty
Free Delivery Available
858-276-0422
www.immediate.com

FLOORING
Point Loma Landscape & Nursery
15450 Mission Gorge Rd • 1-858-273-3000

HANDYMAN
No Job too small!
Professional Handyman
Call for free Estimates
Tony@Pointlomalandscapes.com
3570 Hancock St, Sports Arena
(858) 454-0157

CROWNPOINTCLIPPERS@GMAIL.COM
Prompt, Affordable,
Fully licensed and insured. Lic# 723867
No Job Too Small!
858-292-5009

ROOFING, REPAIRS, CHIMNEYS, ETC.
California Lic #762835
(858) 350-0561
www.doublegpainters.com

PAINTING
Bill BvtPainting.com
Licensed Painter
with over 25 years experience in residential and commercial painting
in San Diego County.
Call/Bill 619-224-5939

RECLAMED WOOD
www.woodshopcenter.com
(619) 702.9174

ALT. MEDICINE
www.afairway.com
619.702.9174

LANDSCAPE/GARDEN
www.crownpointlandscape.com
www.crownpointclippers.com
Tuesdays are less painful through medi
(858) 220-3213
www.woodshopcenter.com
from the viewpoint that a ‘100’ rate, which provides

electricity from 100% renewable sources. By comparison, San Diego
gas & electric’s current mix of energy sources is about 31% renewable.
the primary consumer outcomes in the survey desired for gas services.
Pointing out some environmental advocates “don’t want the City’s util-
ities to be privately operated.” Weise notes that solicitors must take place,
including a feasibility study and an appraisal of current SDG&E assets, so the City
won’t be able to immediately municipalize.”
—Reach Dave Schnob at reportertj@sdnews.com.

Pastimes 
CONTINUED FROM Page 9

sales revenue during the pandemic (U.S. Census Bureau, Advanced
“I have an herb garden with swiss chard and arugula,” she stated, adding,
“more than we could eat, so we share them.” Clarke Crisafulli said.
Lori and Susan are staying con-
COMMUNITY

Continued from Page 15

The police suggest getting your packages delivered to a P.O. Box or local mailing service. Stay vigilant as we navigate through these strange times.

Executive director of Mission Trails Regional Park, Jennifer Morrissey, joined us on the Zoom meeting and spoke about the community outcry for a bridge across the San Diego River where a young man slipped and lost his life. She said that both the Mission Trails Citizen Advisory Committee and Task Force would be addressing that issue soon, and she will let us know what has been decided. It is a treacherous crossing and our hearts go out to the family of Max LeNail over their tragic loss.

Spring is coming, and with it the poppies popping alongside the highways and byways. Enjoy our wonderful San Diego weather and the gifts of Nature. We hope to see you at our March 17 Zoom meeting!

San Carlos Area Council meeting (Zoom)

If you have a San Carlos story to share, or would like to get involved in your community, please contact SCAC vice president Patricia Mooney at patty@crystalpyramid.com.

—By SCAC vice president Patricia Mooney

COMMUNITY

The police suggest getting your packages delivered to a P.O. Box or local mailing service. Stay vigilant as we navigate through these strange times.

Executive director of Mission Trails Regional Park, Jennifer Morrissey, joined us on the Zoom meeting and spoke about the community outcry for a bridge across the San Diego River where a young man slipped and lost his life. She said that both the Mission Trails Citizen Advisory Committee and Task Force would be addressing that issue soon, and she will let us know what has been decided. It is a treacherous crossing and our hearts go out to the family of Max LeNail over their tragic loss.

Spring is coming, and with it the poppies popping alongside the highways and byways. Enjoy our wonderful San Diego weather and the gifts of Nature. We hope to see you at our March 17 Zoom meeting!

San Carlos Area Council meeting (Zoom)

If you have a San Carlos story to share, or would like to get involved in your community, please contact SCAC vice president Patricia Mooney at patty@crystalpyramid.com.

—By SCAC vice president Patricia Mooney

COMMUNITY

The police suggest getting your packages delivered to a P.O. Box or local mailing service. Stay vigilant as we navigate through these strange times.

Executive director of Mission Trails Regional Park, Jennifer Morrissey, joined us on the Zoom meeting and spoke about the community outcry for a bridge across the San Diego River where a young man slipped and lost his life. She said that both the Mission Trails Citizen Advisory Committee and Task Force would be addressing that issue soon, and she will let us know what has been decided. It is a treacherous crossing and our hearts go out to the family of Max LeNail over their tragic loss.

Spring is coming, and with it the poppies popping alongside the highways and byways. Enjoy our wonderful San Diego weather and the gifts of Nature. We hope to see you at our March 17 Zoom meeting!

San Carlos Area Council meeting (Zoom)

If you have a San Carlos story to share, or would like to get involved in your community, please contact SCAC vice president Patricia Mooney at patty@crystalpyramid.com.

—By SCAC vice president Patricia Mooney
Why experience counts when picking an agent

By SARAH WARD

Many buyers think the real estate process is pretty straight forward: sign a few papers and move in. I want to take the opportunity to offer a month to make clear that the residential real estate process is actually quite involved with many potential traps to avoid.

I was working with a buyer recently who in the end used his newly-licensed friend for buyer representation. He bought a small house last year and during the recent rains, he experienced some roof leaks and was wondering what he could do. I asked if his friend-agent organized a roof inspection and his answer was “no.” I asked if his friend ordered a fireplace inspection or sewer line inspection and the answer once again was “no.” As a note, I typically order multiple types of inspections depending on the property condition and type.

Having spent the last 10 years in the real estate business, in my strong opinion, the vast number of licensed real estate agents have minimal training and experience with what they are doing. I see mistakes on the other side of transactions constantly.

Just yesterday, I reviewed a property disclosure form with multiple mistakes such as the condo was not identified as a “condo” and the form noted there had been no insurance claims even though there was an insurance provider for an insurance claim.

I don’t intend this column to be tooting my own horn, but I want to make it clear that using an inexperienced agent or untrained agent can lead to expensive problems down the road for both buyers and sellers.

I believe that a large percentage of agents out there sadly fall in this category. They are licensed but not well trained and do not properly represent their clients in very complicated transactions.

At the end of the telephone conversation with the above mentioned buyer, I suggested he seek financial compensation from his friend’s broker for potential negligence. In my opinion, that agent failed to behave with the level of care that an agent of ordinary prudence would have exercised under the same circumstances. Financial compensation can be typically achieved through simple mediation or arbitration.

Some examples of what myself and the 20% of highly trained agents out there consider on behalf of our buyers is the integrity of the structure, including electrical, plumbing, and roof. We check the garage floor and exterior for potential cracks in the slab. We consider the neighborhood itself, crime rates and traffic patterns for example. We look at such things as drainage issues with the slope of the adjacent lots and we look at the lot itself, whether it’s a cut lot or fill lot (makes a big difference in setting issues).

The bottom line is that there is quite a bit to consider and think about in a real estate transaction and I suggest avoiding a newly licensed “friend or family” agent, or agents who spend most of their time on marketing and not on contracts, negotiation, and property condition. There are very good agents out there but I believe they are the exception. For my sellers, I put together a full disclosure file for ultimate protection from future problems. Call me for a no-obligation consultation on buying or selling residential real estate here in San Diego.

For single family homes in the College Area, 92115, the year over year increase in the median home price hit $689,000 with homes selling in an average of only 29 days and with a ridiculously low 12 homes on the market.

The 92119 area of San Carlos hit a median home price of $770,000 with only six days on the market and only nine homes on the market! (Back in the day, there would sometimes be over 100 homes for sale at any one time.)

Finally, in the 92120 area, the year over year median home price jumped to $849,000 with 14 days on the market and an only 10 homes for sale in the entire zip-code! Inventory is low!

One last word I touched on last month is that another $1.9 trillion in stimulus money is expected to contribute to a weakened dollar and further rising home prices. Buyers, the time is now to buy a property to protect yourself from the coming inflation train. Call me.

—Sarah Ward is a real estate advisor with Finé Coastal Real Estate. Reach her at sarah@fineandcoastal.com, or by calling 858-431-6043.

REAL ESTATE SHOWCASE

Call 858.270.3103 to get your property featured today!

Your College Area Realtor

As your Neighbor with 15 years experience, I’ll get you the Best Price!

Steve Seus
619-818-3526
SteveSeus@gmail.com
www.SteveSeus.com
DRE#04166127

SELLYOURSANDieGOHomeFAST.com

STErmM CONTINUED FROM Page 17

Galaxy team #20358 in the Henry Cluster also has been chosen as one of the winners of the 2021 First Lego League Qualcomm Grant.

Each of the teams are extremely thankful to Qualcomm for their continued support to robotics and supporting young minds to dream big and make the world a better place.

Peggy Han, a board member of the Henry Cluster STEMM Foundation stated, “We are proud to share the following news with everyone.” The FIRST LEGO League (FLL) and the Southern California Robotics League completed the March 6-7 qualifying tournaments judging sessions. The Mechanical Dolphins: Coded Galaxy won the Core Value Award. Mechanical Meatloaf (w/a side of pickles) won the Innovation Project Award. Both the Garage Engineers and Mechanical Meatloaf (w/a side of pickles) advanced to the regional championship in April.

Han also stated, “It was a wonderful and rewarding weekend for the robotics teams in the Henry Cluster. The volunteer coaches and members of each team have worked diligently in this unusual world of education via zoom learning. We also learned the Henry Cluster teams may be able to return to competition at Legoland in April.”

Follow the Henry Cluster STEMM Foundation on or website at hstemm.org, on facebook at facebook.com/111815642312299, and on Instagram: @hstemm.

—Jay Wilson writes on behalf of the Henry Cluster STEMM Foundation.

NEWS BRIEFS CONTINUED FROM Page 7

March 15, and the City Council’s Environment Committee. The plan will also be presented for adoption by the City Council later this year. Public input is encouraged and welcomed at all the meetings.

BLOOD BANK ISSUES PLEA FOR DONATIONS

As local hospitals continue to re-schedule elective surgeries delayed due to COVID-19 and utilize even more blood for stat orders and standard surgeries, San Diego Blood Bank (SDBB) is experiencing critically low blood supply. All blood types are needed.

“We are down to a one- to two-day supply of most types, and it’s best to keep at least a seven-day supply available” said David Wells, CEO, San Diego Blood Bank, “For various reasons, hospital usage has increased, so we need the community to make an appointment to donate now for local hospital patients that need it.”

San Diego Blood Bank strongly encourages all healthy individuals to donate blood. To be eligible to donate blood, you must be at least 17 years old, weigh at least 114 pounds, and be in general good health. Appointments are required and are available by visiting SanDiegoBloodBank.org or by calling 619-400-8251. SDBB is currently antibody testing each blood donation as part of their regular testing panel to qualify donations for COVID-19 convalescent plasma. Please note this is not a diagnostic test, and it will not detect active COVID-19 infections or recent exposure.

Temperatures will be taken before donors are allowed into facilities and face coverings are required.
Community Food Drive
Now through April 30

DONATIONS ACCEPTED AT IDEAL, 5161 WARING ROAD, MON-FRI 8AM-5PM

Due to our region’s high cost of living, tens of thousands of low-income families rely on the Food Bank to put food on the table. Of the 350,000 people the Food Bank serves monthly, 39,000 are low-income military personnel and their dependents; 10,000 are fixed-income seniors; 76,000 live at or near the poverty level and receive assistance through the Emergency Food Assistance Program; and 2,800 are elementary school children living in poverty who receive weekend backpacks full of food through the Food 4 Kids Backpack Program in 14 San Diego County school districts. (SD Food Bank Hunger Fact Sheet 2019). Please join us in supporting the San Diego Food Bank!

Call Ideal for all your home service needs! (619) 583-7963 or visit idealservice.com

YORK® Heating & Air Conditioning Rebate up to $400*

March 1 - June 30, 2021

*Rebate savings depends on equipment and program availability. See dealer for details. HVAC equipment must be purchased and installed by June 30, 2021.

(619) 583-7963 • idealservice.com
5161 Waring Rd, San Diego
CA License #348810

SCAN HERE TO DONATE
fooddriveonline.org/
sandiegofoodbank/
NeighborHelpingNeighbor

Hello! My name is:
I am collecting for the food drive on March 20th.
If you bring food to my house, I can donate it for you.

DONATIONS ACCEPTED AT IDEAL, 5161 WARING ROAD, MON-FRI 8AM-5PM

Due to our region’s high cost of living, tens of thousands of low-income families rely on the Food Bank to put food on the table. Of the 350,000 people the Food Bank serves monthly, 39,000 are low-income military personnel and their dependents; 10,000 are fixed-income seniors; 76,000 live at or near the poverty level and receive assistance through the Emergency Food Assistance Program; and 2,800 are elementary school children living in poverty who receive weekend backpacks full of food through the Food 4 Kids Backpack Program in 14 San Diego County school districts. (SD Food Bank Hunger Fact Sheet 2019). Please join us in supporting the San Diego Food Bank!

Call Ideal for all your home service needs! (619) 583-7963 or visit idealservice.com