Every year, we ask our loyal readers to nominate their favorite restaurants, entertainment venues, boutique shops, vets, hair stylists, law offices and any other kind of business or professional they frequent for our Best of Mission Times Courier special section.

Once again, we received hundreds of nominations from Navajo area residents eager to share their thoughts on the most deserving local and establishments. We’ve tallied the votes, compiled a directory and sent out the awards — many of which you will see proudly displayed on the walls of winning businesses. Some of these businesses have been serving local residents and out-of-town shoppers and visitors for decades or more. Others have only begun to make an impact on the community, but have obviously caught the attention of local consumers by doing things right.

We encourage our readers to hang on to this Best of Mission Times Courier special section throughout the year as a handy guide for the next time you’re looking for an optometrist, a dry cleaner, a doctor, an Italian dinner, a brew pub or even coffee with friends.

And if by chance your favorite establishments were left out this year, we encourage you to keep your eye out for next year’s ballots, which will be published in our newspapers and available to fill out easily on the Mission Times Courier website in 2020. After all, competition is part of the fun.

Congratulations to all winners!

—SDCNN Staff
D.Z. Akin’s Restaurant

Thanks to you, D.Z. Akin’s has become a San Diego institution. They are still a family-run business that spans three generations. They have expanded the restaurant five times in the 37-year of existence to accommodate the overwhelming demand for wholesome, high-quality specialty foods. Open at 7 a.m. every day of the week, for breakfast, lunch and dinner. The grilled Reuben sandwiches happen to be one of their most popular dishes, out of the other 133 sandwich options, three-dozen breakfast selections! The bakery does not disappoint.

D.Z. Akin’s Restaurant
6930 Alvarado Rd, 92120
dazkindel.com | 619-265-0218

Best Deli

D.Z. Akin’s Restaurant

The Pioneer has raised the bar for irresistible BBQ since their opening in 2018. Owners Willie DePascale and longtime friend Chef Hanis Castron have an unraveled technique that will provide a full rack of smoke-complimenting sides in the downtime that spans three generations. The Barn Bridge stands as the most important industrial enterprise since he founded the town. It was the largest manufacturing enterprise in the county. Today the new San Diego Brewing Co, which opened in 1993, hopes to carry on the tradition that was started so long ago. Along with an assortment of fresh beers brewed on the premises, San Diego Brew

Co offers up to 50 taps of beer daily, providing a brew to sati

tify each and everyone. San Diego Brewing Co

6050 Friars Rd, 92110
sandiegbrewing.com | 619-284-BREW

Break

The Trails Eatery

(See listing under Best Breakfast)

Buffet

Barona Resort & Casino

Barona Casino has a long history of creating extraordinary moments — from Barona’s luxury resort and spa to award-winning golf course, casino restaurants, and of course, gaming. Award-winning guest service and phenomenal hospitality, resort amenities around every corner, including luxury spa, and award-winning golf and dining. Some of the most thrilling gaming in the world. Barona Casino is located just 30 minutes downtown in San Diego.

Barona Resort & Casino

1932 Wildcat Canyon Rd, Lakeside, 92039
barona.com | 1-888-7-BARONA

Burger

Longhorn Bar & Grill

Since 1988, the Longhorn Bar & Grill has been serving the best burgers in Granville with friendly service, strong cocktails, and live cold beer. Longhorn Bar & Grill, a Granville original, offers mouth-watering burgers, local craft beer and locally sourced ingredients. We’ve got a little something for everyone with a vintage San Diego feel that you are sure to love and resonate with! Come in, join the local history, enjoy a beer and have some great food. Open Monday through Saturday from 11 a.m. to 10 p.m. and Sundays until 9 p.m.

Longhorn Bar & Grill

6519 Mission Gorge Rd, 92120
thelonghornsd.com | 619-283-0831

Business Lunch

Longhorn Bar & Grill

(See listing under Best Burger)
Burrito
El Rodeo Taco Shop & Grill
Serving breakfast, lunch and dinner, you will enjoy a large menu of Mexican specialties, seafood, soups with everything you have come to expect from a traditional Mexican taco shop — only better.
El Rodeo Taco Shop
5149 Waring Rd, 92120
619-229-1840

Casino
Barona Resort & Casino
(See listing under Best Buffet)

Casino Buffet
Barona Resort & Casino
(See listing under Best Buffet)

Casual Dining
Bully’s East Prime Bistro
Sports Bar
Ever wonder how Bully's got its name? George Bullington, a jockey agent at Santa Anita Racetrack, and J.D. Dahlen tended bar together at the original Courtroom located on Herschel Avenue in La Jolla. George, known as “Bully” around the track, and Lester Holt, a thoroughbred horse trainer, opened Bully’s La Jolla in the Birdrock Area in 1967. Thus the name Bully’s and the horse logo. A San Diego tradition since 1971, Bully’s is known for superior quality, exceptional value and of course, friendly service.
Bully’s features award-winning prime rib, fresh seafood, steaks, ribs, sandwiches and a children’s menu. Whether it is brunch, lunch or dinner served late, it’s sure to be a pleasurable dining experience.
Bully’s East Prime Rib Bistro
2401 Camino Del Rio South
San Diego 92108
619-465-8525
bullysastmd.com | 619-465-8525

Catering
D.Z. Akin’s Restaurant
(See listing under Best Bakery)

Chinese Cuisine
La China Restaurant
La China Chinese restaurant located on Fletcher Parkway and Nava-jo Road, right next to Smart & Final. Stop by your local Chinese restaurant for delicious food!
La China Restaurant
2852 Fletcher Parkway, El Cajon, 92108
619-465-8525

Cocktail
KnB Bistro & Bottle Shop
The KnB Bistro in Del Cerro offers delicious food, delicious street tacos, chicken wings strong spirits and bubbling beers all in one unique experience. Join them Monday through Friday for Happy Hour 3–6 p.m.
KnB Bistro Bar, Bottle Shop & Brewery
6380 Del Cerro Blvd., 92120
knbistro.com | 619-452-1777

Coffee Shop
Brew Coffee Spot
Brew Coffee Spot uses award-winning coffee that is 100% certified organic, ethically sourced, and scientifically roasted using standards established by the SCAA. Menu features multiple tea options, flavored kombuchas, kefir cold-pressed juices, artisan breads, quiches, pies, and pastries. Enjoy freshly made paninis, acai and coconut yogurt bowls, vegetarian and vegan options, and more.
Brew Coffee Spot
6101 Lake Murray Blvd, La Mesa, 91942
brewcoffeespot.com | 619-713-6696

Comfort Food
Brothers Family Restaurant
(See listing under Best American)

Deli
Choors Deli & Liquor
For the past 30 years, Choors has enjoyed serving customers with the highest quality sandwiches and fresh salads. Today, the deli is the most talked about in the neighborhood for its high standards. The meats and cheeses are freshly cut in front of customers as they order. Bread is freshly baked and delivered every day of the week especially for the deli. The generous portions used to make the sandwiches and salads, along with Choors’ unique style and recipes in preparing the food results in a delicious, New York Style sandwich with the California touch, at an affordable price.
Choors Delicatessen & Liquor
6993 Navajo Rd, 92119
goldenchers.com | 619-463-9990

Dessert
Marie Callender’s Restaurant & Bakery
When you think of Marie Callender’s, you think of mouth-watering pie! It all started with dessert. The legacy of Marie Callender began in the early 1940s in Orange County, California, when Marie, an accomplished baker, first launched her legendary pie business, delivering freshly baked pies to area restaurants. They are still serving delicious pies and still a family restaurant tradition.
Marie Callender’s
6950 Alvarado Rd, 92120
mariecallenders.com | 619-465-1910

Dinner
Bully’s East Prime Bistro
Sports Bar
(See listing under Best Casual Dining)

Doughnut Shop
Heavenly Donuts
Get your taste buds ready! Mike, Roger and Jose have more than 30 years each of making millions of mouth-watering donuts; and now with six locations, they’re putting smiles on peoples’ faces up and down the West Coast. Heavenly Donuts also does catering and corporate orders!
Heavenly Donuts
5132 Waring Rd, 92120
619-286-1997

Family Restaurant
Brothers Family Restaurant
(See listing under Best American)

Fine Dining
Brigantine Seafood Restaurant
The Brigantine is more than just home to some of San Diego’s finest seafood. It’s a place where locals and visitors alike come to share a lively atmosphere and authentic sense of community. The Morton family opened the first Brigantine on Shelter Island in 1969, with a vision that embraced the beach town lifestyle, a dedication to flavorful food, and a passion for

Best American
Brothers Family Restaurant
A family owned restaurant since 1994, come enjoy a real home away from home experience. They offer a wide variety of good home cooking including Grandma Jennie’s Pancakes, Prime Rib which can be ordered for weekend breakfast and every Friday you can enjoy hand battered Fish and Chips which is one the favorites (served from 11 a.m. to 2 p.m.). Their friendly staff will welcome you and provide you with an experience that will keep you coming back for more.
Brothers Family Restaurant
5150 Waring Rd, 92120
brothersalliedgardens.com
619-287-0880

Catering.
Brazier’s Restaurant
Looking for the new and unique experience. Join them Monday through Friday and enjoy hand battered Fish and Chips which is one the favorites (served from 11 a.m. to 2 p.m.). Their friendly staff will welcome you and provide you with an experience that will keep you coming back for more.
Braziers Restaurant
5150 Waring Rd, 92120
brazierscoast.com
619-287-0880

WE DO IT ALL FOR YOU!
CASA DE PICO
Votre Best
In The Mission Times Courier’s “Best Of” Reader’s Poll
Best Mexican Cuisine
Best Margarita
Best Outdoor Patio Dining

$10.00 Off
Your next meal with Casa De Pico! Spend $35 or more at Casa De Pico and receive $10 off with this coupon. Not valid with any other offers, no cash value. Valid through September 30, 2019.
5500 Grossmont Ctr Dr. La Mesa, CA 91942
619.463.3267 CasaDePico.com
Best of Mission Times Courier 2019

Best Burger

Longhorn Bar & Grill

Since 1988, the Longhorn Bar & Grill has been serving the best burgers in Grantville with friendly service, strong cocktails, and ice-cold beer. Longhorn Bar & Grill, a Grantville original, offers mouthwatering burgers, local craft beer and locally sourced ingredients. We've got a little something for everyone with a vintage San Diego feel that you are sure to love and resonate with! Come on in, join the local history, enjoy a beer and have some great food. Open Monday through Saturday from 11 a.m. to 10 p.m. and Sundays until 9 p.m.

Troy's Greek Restaurant

Troy's Opened their doors in 1985, and has been making great traditional Greek and American food for over 20 years. You’ll find great food, relaxing atmosphere and reasonable prices.

Golf Course

Mission Trails Golf Course

Mission Trail Golf Course strives to provide players with the best overall golfing experience from start to finish. They belong to a nationwide network of enjoyable and affordable public golf courses, so you're sure to find one located nearby that fits within your budget, suits your skill level, and offers the amenities or services you desire. Like many of our public golf courses Mission Trails is equipped with practice areas, golf shops, driving ranges, and food and beverage options.

Health Food Store

Windmill Farms

Looking for a great source for fresh produce, baked goods, nutritional supplements, fresh cut meat and seafood, as well as a full-service deli? At this local market, you’ll find what you’re looking for — and more! Windmill Farms has a variety of local, organic, non-GMO, gluten free and bulk products, sold in a community environment. Try their take-home “dinner a go-go” made fresh in the store everyday by their in-house chef. Enjoy an oversized sandwichs — where you buy seven and receive an eighth sandwich for free! Windmill Farms also offers 20% off to SDSU students the first month of every semester. Drop in today and see why Mission Times Courier readers voted them best health food store!

Indian Cuisine

Himalayan Curry and Grill

For over 20 years, Himalayan has been synonymous with Indian Nepalese fine dining. Their executive chef takes the cuisine and culture of New York and brings it to San Diego. With the help of two great friends (now partners), Craig realized his dream, and on Saint Patrick’s Day of 1999 the first Wings N Things opened in Pacific Beach. Little about Buffalo Wings, or any wings for that matter, was known outside of New York. Since then the company has spread its wings and grown to 17 Epic Wings N’ Things restaurants, and counting, throughout Southern California.

Hot Wings

Epic Wings N Things

It started long ago with a wing and a prayer. A few siblings decided that life in small town Upstate New York held few opportunities for wing lovers such as themselves … they dreamt of California. They worked tirelessly and finally in 1982 the first Wings N’ Things opened in Pacific Beach. Little about Buffalo Wings, or any wings for that matter, was known outside of New York. Since then the company has spread its wings and grown to 17 Epic Wings N’ Things restaurants, and counting, throughout Southern California.

Epic Wings N Things

6715 El Cajon Blvd, 92115
epicwingsnthings.com | 619-462-9464

Irish Pub

Hooley’s Irish Pub

In the mid-1980s Craig MacDonnell, owner and founder of Hooley’s, made his first visit to Ireland. So taken was he by the Irish culture and hospitality to San Diego that he would one day import the warmth and charm of an old Irish Pub to his hometown in San Diego. With the help of two great friends (now partners), Craig realized his dream, and on Saint Patrick’s Day of 1999 the doors to Hooley’s Irish Pub & Grill first opened in Rancho San Diego. Enjoy homemade traditional Irish fayre, and experience the Irish cuisine and hospitality to San Diego.

Hooley’s Irish Pub

2955 Jamacha Rd, El Cajon 92019
619-670-7468 | hooleys.com

Greek Cuisine

Troy’s Greek Restaurant

Troy’s Greek Restaurant Troy’s opened their doors in 1985, and has been making great traditional Greek and American food for over 20 years. You’ll find great food, relaxing atmosphere and reasonable prices.

Happy Hour

KnB Bistro & Bottle Shop

(See listing under Best Cocktail)

Wine

Himalayan Curry and Grill

For over 20 years, Himalayan has been synonymous with Indian Nepalese fine dining. Their executive chef takes the cuisine and culture of New York and brings it to San Diego. With the help of two great friends (now partners), Craig realized his dream, and on Saint Patrick’s Day of 1999 the first Wings N Things opened in Pacific Beach. Little about Buffalo Wings, or any wings for that matter, was known outside of New York. Since then the company has spread its wings and grown to 17 Epic Wings N Things restaurants, and counting, throughout Southern California.
Italian Cuisine

Antica Trattoria

Since 2001, Antica Trattoria has reigned as La Mesa’s authentic Italian restaurant and wine bar. The food is prepared with honest flavors, fresh ingredients and simplicity. One taste and you will be transported to a place where the old-world style of cooking is a way of life. Serving lunch and dinner, the menu is brimming with a selection of richly flavored appetizers, salads and main courses such as hand-cut Pappardelle with roasted garlic, oven-roasted tomato, sausage, crispy brussels sprouts and toasted bread crumbs, Calamari Gamberi; a tender calamari steak with shrimp, garlic and capers in a lemon-butter sauce, and pasta dishes including Eggplant Parmigiana and Fettuccini with smoked salmon and shrimp. Pair any one of our dishes with your favorite wine from our extensive selection.

Antica Trattoria
5645 Lake Murray Blvd., La Mesa 92194
(619) 463-9999 | anticatrattoria.com

Japanese Cuisine

Osaka Japanese Food & Sushi

This modest Japanese/American will leave you pleasantly satisfied. Good selection and the kitchen knows what they’re doing. The sushi is beautifully presented, fresh and tasty.

Osaka Japanese Food & Sushi
4242 Camino Del Rio No, 92108
(619) 283-6844

Juice Smoothies

Pure Press Juice Bar

Whether you’ve just returned from an invigorating hike up Cows Mountain, or just hanging with friends, Pure Press has the goods. Delicious smoothies and fresh food snacks for whatever you’re body needs.

Pure Press
7283 Navajo Rd, 92119
purepressjuicebar.com | (619) 569-5255

Live Music Venue

Navajo Live

Navajo Live is a local nightclub with live entertainment and cocktails. Enjoy Happy Hours, 4-7 p.m. every day and 11:30-dancing Sunday–Thursdays. Live Music six to seven nights per week.

Navajo Live
8515 Navajo Rd, 92119
(619) 465-1730 | navajolive.com

Lunch

Longhorn Bar & Grill

(See listing under Best Burger)

Margarita

Casa de Pico

Casa de Pico is La Mesa’s premier Mexican dining experience and a Grossmont Center landmark for the last 13 years. The iconic restaurant was originally opened by Diane Powers, nearly 50 years ago, in Old Town. With award-winning authentic cuisine, festive atmosphere, strolling mariachis and world-famous Birdbath Margaritas, Excellent service, vibrant atmosphere, delicious cuisine and refreshing beverages – it’s no wonder Casa de Pico has been named Best Mexican Cuisine, “Best Margarita” and “Best Outdoor Dining” by Mission Times Courier readers!

Casa de Pico
5500 Grossmont Center Dr, La Mesa 92942
casadepicomex | (619) 463-3267

Martini

Longhorn Bar & Grill

(See listing under Best American)

Mexican Cuisine

Casa de Pico

(See listing under Best Margarita)

New Restaurant

Del’s Hideout

For over 33 years, David and Lesley Cohn have brought San Diego diners to a new level, beginning with one small diner in 1981, Cohn Restaurant Group now owns and operates over 24 restaurants within Southern California and Maui. Del’s Hideout, a proud member of the Cohn Restaurant Group, is a family-friendly neighborhood eatery offering authentic BBQ, healthy salad and bowls, brews and more to Del Cerro.

Del’s Hideout
5201 Adobe Falls Rd, 92120
delshideout.com | (619) 255-8715

Japanese Cuisine

Mexican Cuisine

Casa de Pico

(See listing under Best Margarita)

New Restaurant

Del’s Hideout

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Del’s Hideout
5201 Adobe Falls Rd, 92120
delshideout.com | (619) 255-8715

Nightclub

Navajo Live

(See listing under Best Live Music)

Outdoor Dining

Casa De Pico

(See listing under Best Margarita)

Pet Friendly Dining

Antony’s Fish Grotto

(See listing under Best Seafood)

Pho Noodle House

Saigon Star

Located within minutes of Qualcomm. Saigon Star is a family owned and operated business since the summer of 2000. They specialize in traditional Vietnamese and Chinese cuisines. Quality and presentation are the main focus. Their traditional and popular Pho noodle soup is their signature dish. In addition, you can enjoy many different creative dishes such as Sizzling Filet Mignon, Salmon Vermicelli Noodle Soup, Sizzling Fish Fillet and Steamed Fish Fillet with ginger and onions. Come indulge yourself at the friendly and artfully decorated

Best of Mission Times Courier 2019

September 13, 2019
Mission Times Courier

Best Health Food Store

Windmill Farms

Looking for a great source for fresh produce, baked goods, nutritional supplements, fresh cut meat and seafood, as well as a full-service deli? At this local market, you’ll find what you’re looking for — and more! Windmill Farms has a variety of local, organic, non-GMO, gluten free and bulk products, sold in a community environment. Try their take-home “dinner a go-go” made fresh in the store everyday by their in-house chef. Enjoy an oversized sandwiches — where you buy seven and receive an eighth sandwich for free! Windmill Farms also offers 20% off to SDSU students, the first month of every semester. Drop in today and see why Mission Times Courier readers voted them best health food store.

Windmill Farms
6386 Del Cerro Blvd, 92120
organicfood-sandiego.com
(619) 287-1400

Award Winning Prime Rib for over 48 years

We want to thank all the Mission Times Courier Voters this year who voted us GOLD for Best Steakhouse, Dinner & Casual Dining.

Stages • Burgers • Sandwiches • Seafood
Salads • Desserts • a 30+ Delicious Appetizers
(619) 291-2665 www.bullyseastsd.com
2401 Camino Del Rio South, San Diego, 92110

MINUTES FROM THE STADIUM
Dinner menu available
All day-everyday
Join us for daily food and drink specials

HEALTHY FOODS SATISFY
Thank you Readers for Voting Best Of!

www.windmillfarms.net
6386 Del Cerro Blvd. (619) 287-1400

Thank you Readers of the Mission Times Courier for Voting Us GOLD for Best Donuts & supporting us since 1964!

Heavenly Donuts
5132 Waring Rd. 619-286-1987
Open Monday-Thursday 5AM - 8PM
Friday - Saturday 5AM - 10PM
Sunday 5AM - 2:30PM

Thank you Readers of the Mission Times Courier for Voting Us GOLD for Best Donuts & supporting us since 1964!

Mona’s Italian Restaurant

(Formerly Madison’s) 55-63 Waring Rd
(619) 286-2242
Thank You Readers Of The Mission Times Courier For Voting Best Of

We Want More of You!

Bully’s East

We Want More of You!

Bully’s East

We Want More of You!

Bully’s East

We Want More of You!

Bully’s East

We Want More of You!
McGregor’s Proudly Serving San Diego since 1996!

18 Beers On Tap
Full Bar
Killer Kitchen
Billiards
Darts Shuffleboard

Join Us For All
The College & NFL Action!

Open Until
2AM
Everyday

MUST BE 21. PLEASE DO NOT DRINK AND DRIVE!

“Thank You Readers of The Mission Times Courier For Voting Best Of!

10475 San Diego
Mission Road San Diego
619-282-9797
restaurant. A variety of beers and wines are also available.

Saloon Star
10450 Friars Rd, Ste E, 92120
phosaloonstcacon | 619-640-2985

Pizza
Nicolosi’s Italian Restaurant
It all started when Salvatore Nicolosi emigrated from Sicily to America in 1906. Salvatore and his wife, Francesca, opened their first restaurant in 1952 in Mission Hills, and that, became an instant success. Nicolosi’s has had a few different locations over the many years of business, but all have brought the same Sicilian family recipes and authentic atmosphere that customers are drawn to. In addition, Nicolosi’s has many dedicated employees working at the restaurant for more than 25 years, and in some cases more than 35 years. These employees are part of the family, and have been serving loyal guests for decades. Now the restaurant is now owned by one of Salvatore Nicolosi’s grandchildren. The authentic cuisine and home-style coziness has made Nicolosi’s a San Diego monument for true Italian cuisine.

Nicolosi’s Italian Restaurant
7005 Navajo Rd, 92119
nicolosi.com | 619-461-5757

Best Seafood
Anthony’s Fish Grotto
Anthony’s Fish Grotto La Mesa is East County’s premier spot to entertain family and out of town guests. This gorgeous location is nestled on a private pond and has been awarded a “Keep La Mesa Beautiful” commendation for its lush landscaping. This local icon is renowned for its large selection of fresh seafood dishes, a well-priced wine list, and a fabulous Happy Hour M–F 3:30–6 p.m. The retail market offers a great selection of hand-picked seafood, and also locally popular pre-made and ready-made holiday and game-day seafood party platters. Anthony’s was started by Catherine “Mama” Ghio in 1966 and is still family owned and operated by her grandchildren. Here recipes and sauces are closely held secrets made to the same exacting standards she demanded 70 years ago.

Anthony’s Fish Grotto
9530 Murray Drive, La Mesa, 91942
anthonyfishgrotto.com | 619-463-0368

Romantic Dining
Antica Trattoria
Since 2001, Antica Trattoria has reigned as La Mesa’s authentic Italian restaurant and wine bar. The food is prepared with honest flavors, fresh ingredients and simplicity. One taste and you will be transported to a place where the old-world style of cooking is a way of life. Lunch and dinner menus are brimming with a selection of richly flavored appetizers, salads and main courses such as hand-cut Pappardelle with roasted garlic, oven roasted tomato, sausage, crispy brussels sprouts and toasted bread crumbs, Calamari E Gamberti; a tender calamari steak with shrimp, garlic and capers in a lemon-butter sauce, and pasta dishes including Eggplant Parmigiana and Fetuccini with smoked salmon and shrimp. Pair any one of our dishes with your favorite wine from our extensive selection. Come experience the Italian cuisine and old-world flavor of Antica Trattoria.
Antica Trattoria
5664 Lake Murray Blvd, La Mesa, 91942
(619) 463-9999 | anticatratto.com

Salad
Soupplantation
A San Diego original, Soupplantation has been a place of creation, from the inception of our restaurant in 1978 down to the very meals guests are able to make using the farm-fresh menu items still on the salad bar and buffet. Not only would this restaurant be a place to eat, but also a place where the farm meets the table and families gather for a healthy dining experience all its own. Today, 97 restaurants and millions of guests later, Soupplantation has grown into the salad bar and buffet destination for fresh, scratch-made offerings for all.
Soupplantation
6171 Mission Gorge Rd, 92120
soupplantation.com | 619-280-708

Sandwich
Cheers Deli & Liquor
(See listing under Best Deli)

Seafood
Anthony’s Fish Grotto
Anthony’s Fish Grotto La Mesa is East County’s premier spot to entertain family and out of town guests. This gorgeous location is nestled on a private pond and has been awarded a “Keep La Mesa Beautiful” commendation for its lush landscaping. This local icon is renowned for its large selection of fresh seafood dishes, a well-priced wine list, and a fabulous Happy Hour M–F 3:30–6 p.m. The retail market offers a great selection of hand-picked seafood, and also locally popular pre-made and ready-made holiday and game-day seafood party platters. Anthony’s was started by Catherine “Mama” Ghio in 1966 and is still family owned and operated by her grandchildren. Here recipes and sauces are closely held secrets made to the same exacting standards she demanded 70 years ago.

Anthony’s Fish Grotto
9530 Murray Drive, La Mesa, 91942
anthonyfishgrotto.com | 619-463-0368

Steakhouse
Bully’s East Prime Bistro
Sports Bar
(See listing under Best Casual Dining)

Sushi
Jump Tokyo
Family-run restaurant serving Japanese fare, with an emphasis on sushi, in a modest space.
Jump Tokyo
10450 Friars Rd, 92120
jumptokyosushi.com | 619-280-4043

Thai Cuisine
Signature Thai Cuisine
Looking for a traditional Thai restaurant that offers authentic Thai dishes using fresh ingredients and bold spices? Signature Thai Cuisine is just that place. Whether you like it mild or extra spicy, flavors are bound to invigorate your senses and satisfy your palate.
Signature Thai Cuisine
6185 Lake Murray Blvd, 91942
signaturethaicuisine.com | 619-825-7559

Vegetarian Vegan
The Purple Mint Vegan Bistro
The Purple Mint Vegan Bistro is located in the Grantville, Allied Gardens neighborhood. They bring healthy eating and traditional culture to a crossroads. The bistro serves vegan dishes fused with classical recipes that present an unparalleled twist on authentic Asian cuisine. The new restaurant leads the dining experience with a focused goal in mind: to provide delicious, colorful entrees without sacrificing healthy eating.
The Purple Mint Vegan Bistro
6171 Mission Gorge Rd, #118, 92120
thepurplemint.com | 619-280-3388

Wine Bar
KnB Bistro & Bottle Shop
(See listing under Best Cocktails)

Accountant
Del Cerro Tax
Through hard work, Del Cerro Tax has earned the respect of the business and financial communities. This respect illustrates their diverse talents, dedication and ability to respond to their clients’ needs. A tax preparation firm is known for the quality of its service. The firm’s reputation reflects the high standards of dedication to the three underlying principles of professionalism, responsiveness and quality. They provide total financial services to individuals, large and small businesses and other agencies.
Del Cerro Tax
6396 Del Cerro Blvd, 92120
deltax.com | 619-501-7814
Acupuncture
On Point Acupuncture and Wellness Center
On Point Acupuncture takes an integrative approach to wellness by incorporating traditional Chinese Meridian therapy and Trigger Point Release Acupuncture. Channel Therapy is the eastern philosophy whereas channels flow through the body like streams from one to the next. They should flow evenly and effortlessly, however, due to overwork, lack of sleep, poor diet, or trauma, sometimes these streams or rivers run dry or get blocked, thereby causing pain. Eventually one stream will dry up and affect another and another or one stream will get blocked and get diverted causing chaos. The goal is to summon or unblock the waters (aka: Blood and Qi) so that they run smoothly again. A holistic practitioner, they incorporate Acupuncture, massage, breathing techniques, Moxa, Cupping, Guasha, Chinese herbs, supplements, dietary recommendations and whatever may be of use to accomplish the goal for a healthier you.

Best Art Gallery
Del Cerro Gallery
Showing local artists for 27 years, Del Cerro Gallery and owner Dr. Doug Grosmark have successfully merged a healthcare office and art gallery which provides a way for local talent to display and sell their art. Every three months, new work is exhibited. Artists interested in showing work should contact Elaine at the gallery by calling 619-286-8238, or by emailing the gallery at gallerydental@yahoo.com.

Appliances Store
1877 Appliance
Since 1877 Appliance is a small local business they offer big service on repairs, sales and can replace all leading makes and models including washing machines, tumble dryers, dishwashers, electric cookers and built in appliances. 1877-Appliance has over 15 years experience in the appliance business.

Art Gallery
Del Cerro Gallery
Showing local artists for 27 years, Del Cerro Gallery and owner Dr. Doug Grosmark have successfully merged a healthcare office and art gallery which provides a way for local talent to display and sell their art. Every three months, new work is exhibited. Artists interested in showing work should contact Elaine at the gallery by calling 619-286-8238, or by emailing the gallery at gallerydental@yahoo.com.

Del Cerro Art Gallery
6396 Del Cerro Blvd, 92120
619-286-8238

Antiques
Bohemian House Vintage
A little bit of this and a little bit of that...you have to go there to see what finds you!

Bohemian House Vintage
6277 La Mesa Blvd, La Mesa, 91942
619-644-3003

Attorney
Warren B. Treisman
Warren B. Treisman is a trusted lawyer serving San Diego in civil litigation, personal injury and litigation cases. Free consultation.

Auto Dealership
Toyota of El Cajon
Toyota of El Cajon is a family-owned green dealership that takes pride in exceeding customer expectations by empowering our associates to make a positive difference everyday. Toyota of El Cajon is proud to be the first LEED certified building in El Cajon making them the first and only green dealership in all of San Diego. One of Toyota of El Cajon’s strategic values is to be conscientious of our community and environment, and creating an eco-friendly facility will have a measurable impact on both.

Toyota of El Cajon
965 Arnele Ave, El Cajon, 92020
toyotaofelcajon.com | 619-270-3000

Auto Dealership Used
Balboa Motors
A family-owned business with more than 32 years of serving the community. You can expect a straightforward atmosphere, no pressure, no games, no nonsense, just quality cars at low prices with a six months, 6,000 miles warranty! Zero down payment and very low rates for good credit! They also offer special discount for military and their families.

Balboa Motors
6101 Mission Gorge Road, 92120
balboamotors.com | 619-282-9000

Auto Repair Shop
John’s Automotive Care
From working as an auto mechanic at a gas station to now owning an auto repair shop with a total of 11 bays, John has loved every minute of it. It doesn’t matter if he is interacting with his customers or developing a capable team of auto mechanics. John cherishes the time he spends at his shop. He listens to his team, his customers and especially to the purr of a car engine to ensure each component of his operation is firing on all cylinders.

John’s Automotive Care
6267 Riverdale St, 92120
johnsandiegoautorepair.com
619-304-0815

Bank
HomeStreet Bank
At nearly 100 years old, Home-
Best Deli

Cheers Deli & Liquor
For the past 30 years, Cheers has enjoyed serving customers with the highest quality sandwiches and fresh salads. Today, the deli is the most talked about in the neighborhood for its high standards. The meats and cheeses are freshly cut in front of customers as they order. Breads are freshly baked and delivered every day of the week especially for the deli. The generous portions used to make the sandwiches and salads, along with Cheers’ unique style and recipes in preparing the food results in a delicious gourmet, New York Style sandwich with the California touch, at an affordable price.

Street is a modern and forward-thinking bank, consistently engaging with clients in one-on-one service and guidance. Striving to provide customers with expert touch points at every stage in their journey has led Homestreet to develop a solid platform for new construction financing, a diverse touch points at every stage in their journey.

Goldeneveers.com | 619-463-9990

Barber

Allied Gardens Barber Shop
Serving the area for over 50 years! Great cuts, great guy, great prices. Allied Gardens Barber Shop 5142 Waring Rd, 92120 619-592-6642

Bike Shop

Zumwalt’s Bicycle Center
Zumwalt’s Bicycle Center is a family-owned store celebrating 86 years. Founded by Robert Zumwalt in the early 1930s, Robert Zumwalt (Grandpa Z) was tired of repairing lawnmowers and started repairing bicycles on the side. In 1931 he and his dad (Great Grandpa Z) put the lawn mower repair on hold and opened Zumwalt’s Bicycle Hospital on University Avenue in North Park. In the 1940s, bicycle racing was the rage, so Grandpa Z started coaching a few kids. Grandpa Z and one of the kids by the name of Jerry Rimoldi founded the North Park Cycling Club. This club was eventually passed on to new managers.

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Bike Shop

Zumwalt’s Bicycle Center
Zumwalt’s Bicycle Center is a family-owned store celebrating 86 years of selling and servicing the bicycles of San Diego residents. They stock Norco, Yelt, Masi, Haro, Sturly, Shiman, SRAM, and many other top brands. Way, way back in the dark ages of 1930, Robert Zumwalt (Grandpa Z) was tired of repairing lawnmowers and started repairing bicycles on the side. In 1931 he and his dad (Great Grandpa Z) put the lawn mower repair on hold and opened Zumwalt’s Bicycle Hospital on University Avenue in North Park. In the 1940s, bicycle racing was the rage, so Grandpa Z started coaching a few kids. Grandpa Z and one of the kids by the name of Jerry Rimoldi founded the North Park Cycling Club. This club was eventually passed on to new managers.

Childcare

Canyon Rim Children’s Center
Canyon Rim Children’s Center (CRCC) is much more than a childcare facility. Founded in 1998, CRCC provides a full day (7 am to 6 pm, M-F), year-round, early childhood enrichment program. The CRCC Child Care Philosophy is based on developmentally appropriate practices and is inspired by the early childhood schools in Reggio Emilia, Italy.

Chiropractor

Dorris Chiropractor
Thank you readers for voting Dorris Chiropractic BEST CHIROPRACTOR for the 4th time! We are also pleased to announce our new name DC DOCTORS with an amazing special: $1.00 WELLNESS CHIROPRACTIC EXAMINATIONS AND TREATMENTS as low as $24.75. Our goal is to help you feel your best and minimize spine pain, headaches, fatigue, hand and knee aching. We combine effective chiropractic adjustments, rehabilitation exercises, and massage techniques that feel great! Dr. Andrea Dorris Chiropractor 10330 Friars Rd, Ste. III, 92120 dorrischiropractic.com 619-281-7800

Consignment Resale

Baby Go Round Resale
Baby Go Round Resale has been serving families in San Diego since 1990. Their store is entirely made up of gently loved baby, kids and maternity clothing as well as baby toys, gear and furniture that other parents in San Diego sell or trade. They’re often described as being like a co-op. Run by the community and for the community, they pride themselves on being friendly and down to earth.

Baby Go Round Resale 6360 Riverdale St., 92120 babygouroundresale.com 619-281-2229

Cosmetic Services

Pizazz Salon & Spa
Pizazz Salon & Spa is dedicated to your personal wellness. They will cater to your desires and needs, whether it is outer beauty (like an exciting new haircut); pampering your nails and feet; or inner beau-
Best of Mission Times Courier 2019

Best Credit Union
San Diego County Credit Union
San Diego County Credit Union has been in business since 1938 and today offers its financial services to over 285,000 native San Diegans. Individuals who live in Orange County, Riverside, or those who join the Financial Fitness Association are also eligible to become members. Not only have they served San Diego for nearly a hundred years, they are also locally owned and the leading economic establishment in the area. Checking and savings accounts, mortgage loans, auto loans, online and mobile banking, and investments are readily available.

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Day Spa
Pizazz Salon and Spa (See listing under Best Cosmetic Services)

Dentist
Mission Trails Dentistry
We know how important it is to feel comfortable with your dental provider. At Mission Trails Dentistry, they make going to the dentist a positive experience. They will provide you with the finest in comprehensive and compassionate care by offering the latest in modern state-of-the-art technology, combined with gentle and caring service in a soothing, relaxing environment. Their wide range of services including family, cosmetic, sedation dentistry as well as treatment for sleep apnea.

Mission Trail Dentistry
6902 Navajo Rd, 92119
missiontrailsdentistry.com
619-582-9700

Dispensary
March and Ash
March and Ash is a customer-focused, licensed cannabis dispensary located in Mission Valley. Shop March and Ash for any of your recreational or medical cannabis needs and explore our selection of flowers, vapes, concentrates, edibles, clones, and CBD. We believe that everyone deserves a comfortable and confident cannabis experience and we prioritize customer education, safety, and satisfaction. That’s why we have the most knowledgeable staff and the highest quality products in San Diego. Buy in store, online or by phone. We offer fast and free delivery (depending on location) and are open every day of the week from 7 a.m.–9 p.m. We look forward to meeting you!

March and Ash
2835 Camino Del Rio South
619-31-GREEN
MarchandAsh.com

Dry Cleaner
Fairlane Cleaners
Since 1983, Fairlane Cleaners has been the top choice for reliable dry cleaning and laundry services in San Diego and maintain a reputation of excellence in garment care and customer service. They provide quality services at competitive prices. Their commitment to environmental awareness, the personal attention they offer to customers and knowledge of stain removal in garments set them apart from competitors. As a family-run business, they are dedicated to providing convenient and professional dry and wet cleaning service with a smile.

Fairlane Cleaners
6302 El Cajon Blvd, 92115
fairlaneCleaners.com | 619-286-1820

Dermatologist
Dr. Gilbertson - Rancho San Diego Scripps
As a dermatologist, Erik Gilbertson, MD, is experienced in the diagnosis and treatment of skin cancer, acne, psoriasis, eczema, vitiligo (a condition that causes depigmentation of some areas of the skin) and other skin disorders. Dr. Gilbertson is involved in clinical research studies for new psoriasis treatments and is a featured speaker at the National Psoriasis Foundation meetings.

Dr. Gilbertson
10862 Calle Verde #A, La Mesa, 91941
scrpps.org | 619-670-5400

Del Cerro Gallery
Thank You Readers Of The Mission Times Courier For Voting Us GOLD For Best Art Gallery!

James H. Thompson, DMD
Comprehensive Family Dental Care

Dr. James Thompson & Staff Would Like To Thank the Readers Of The Mission Times Courier For Voting Best Of 2019!

Elam’s
Hallmark
Congratulations To Our Grossmont Mall Location For Winning GOLD For BEST GIFT SHOP!

Thank You Readers Of Mission Times Courier For Voting!

Dr. Gilbertson – Rancho San Diego Scripps
As a dermatologist, Erik Gilbertson, MD, is experienced in the diagnosis and treatment of skin cancer, acne, psoriasis, eczema, vitiligo (a condition that causes depigmentation of some areas of the skin) and other skin disorders. Dr. Gilbertson is involved in clinical research studies for new psoriasis treatments and is a featured speaker at the National Psoriasis Foundation meetings. He is also involved in the education of new dermatologists as a volunteer assistant clinical professor in the department of medicine at the University of California, San Diego. Dr. Gilbertson is a San Diego native and fluent in both Spanish and Norwegian.

Dr. Gilbertson
10862 Calle Verde #A, La Mesa, 91941
scrpps.org | 619-670-5400

March and Ash
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Electrician
Ideal Plumbing Heating Air Electrical
Ideal Plumbing Heating Air Electrical is your one stop shop for all your home repair needs. We specialize in plumbing, heating, air conditioning, electrical, and complete kitchen and bath remodeling services. Whether it's a leaky faucet or electrical systems, Ideal happily serves you.

Financial Planner
Mission Trails Financial
Mission Trails Financial offers financial services offered through Southern Style Financial, dba Mission Trails Financial, a registered investment adviser with the states of CA and HI. Advisory services are only offered to clients or prospective clients where Mission Trails Financial and its representatives are properly licensed or exempt from licensure.

Florist
The SD Flower Shop
Isaac and David at SD Flower Shop are thrilled to have won the gold "Best Florist" award via the votes of the readers of the Mission Times Courier. From the beginning, their vision was to serve our community with the highest quality floral products at a great venue.

Best Gift Store
Elam's Hallmark
Their story begins in Minneapolis, Minnesota. Guy Elam worked for the Dayton Hudson Corp. and opened the first Target store in 1963, and he got the retail bug! Throughout his career he opened several more Target stores throughout the United States. In 1974, Guy moved the whole family to Sunny San Diego to work for Sol Price (Price Club/Costco) at FedMart. In 1979, they opened their first Hallmark store with the help of their daughter Christie. Their other daughter Joni and son Scott have also been involved with the business through the years. Over a span of 28 years the family now owns 10 Gold Crown Hallmark stores throughout San Diego.

Armstrong Garden Supply
Armstrong Garden Centers
Many years ago, Armstrong Garden Centers determined that to provide our customers with the very best selection of the highest-quality plants every single day, they would need to grow them. Most garden centers and nurseries sell plants that are grown by a network of growers with varying quality and selection. Customers come to Armstrong for a great selection of flowers, vegetables and other plants. Armstrong Growers plans its production from customer purchase data. Armstrong Growers’ offers a full line of vegetables and herbs that are 100% Certified Organic, grown at our organic facility in Santa Paula. Each Armstrong Garden Center store hand-selects from Armstrong Growers’ plant list only those plants that will thrive in their specific neighborhood. Unlike national box stores, they’re committed to your garden success and understand the unique climate differences in California.

Garden Supply
Armstrong Garden Centers
10320 Friars Rd, San Diego
armstronggarden.com | 619-563-1433

Gift Store
Elam's Hallmark
Their story begins in Minneapolis, Minnesota. Guy Elam worked for the Dayton Hudson Corp. and opened the first Target store in 1963, and he got the retail bug! Throughout his career he opened several more Target stores throughout the United States. In 1974, Guy moved the whole family to Sunny San Diego to work for Sol Price (Price Club/Costco) at FedMart. In 1979, they opened their first Hallmark store with the help of their daughter Christie. Their other daughter Joni and son Scott have also been involved with the business through the years. Over a span of 28 years the family now owns 10 Gold Crown Hallmark stores throughout San Diego.

Del Cerro Tax, LLP
Thank You Mission Times Courier Readers For Voting Del Cerro Tax, LLP “Best Accountant”
Tax and Accounting Services • Wealth Management
6398 Del Cerro Blvd., Suite 5 • San Diego, CA 92120
619-501-7814 • www.delcerrotax.com
Best Hospital
Alvarado Hospital
Alvarado Hospital has been recognized by Becker’s Hospital Review, for the second consecutive year, as one of the “100 Great Community Hospitals” for 2019. Alvarado currently holds a five-star rating from CMS for quality healthcare, has been a recipient of the Healthgrades Patient Safety Excellence Award for the past five consecutive years, and was awarded an A Grade for Hospital Patient Safety by The Leapfrog Group earlier this year.

Leapfrog Group earlier this year.

Hardware Store
San Carlos True Value Hardware
After seven decades working with independent hardware retailers, today’s True Value is not only a stalwart of the industry, but also has the experience, the relationships, and most importantly the network of independent stores to ensure a long and bright future for the business. In 1948, John Cotter founded Cotter & Company, a retailer-owned company that included 25 independently-owned and operated stores. With the purchase of Hibbard, Spencer and Bartlett in 1963, Cotter not only acquired the company, but also the True Value trademark - a long-standing brand and presence since 1922.
San Carlos True Value Hardware 7375 Jackson Dr, 92119 truevalue.com | 619-461-9700

Hospital
Alvarado Hospital
Alvarado Hospital has been recognized by Becker’s Hospital Review, for the second consecutive year, as one of the “100 Great Community Hospitals” for 2019. Alvarado currently holds a five-star rating from CMS for quality healthcare, has been a recipient of the Healthgrades Patient Safety Excellence Award for the past five consecutive years, and was awarded an A Grade for Hospital Patient Safety by The Leapfrog Group earlier this year.

Alvarado Hospital & Medical Center 6655 Alvarado Road, 92120 alvaradohospital.com | 619-287-3270

Gym Workout Studio
Pure Power Pilates & Fitness
At Pure Power Pilates, the mission is to create an environment that is intimate, non-intimidating, and has a friendly atmosphere that offers private and small group training for all levels of fitness. Equipped with state of the art Stott Pilates equipment; including 6 V2 Max Deluxe Reformers with Jumpboards and Towers, 6 Stability Chairs, Toning Balls, Foam Rollers, Fitness Circles, and Flex Bands. In our fitness classes, we utilize the TRX Suspension System, Stability Balls, Kettle Bells, dumbbells, and the ROSU Balance Trainers. Pure Power Pilates Studio has designed classes that will continuously challenge your body and keep you coming back.
Pure Power Pilates & Fitness 7297 Navajo Rd, 92119 pwrpowerpilatessd.com 619-741-5985

Hair Salon
Pizazz Salon and Spa
(See listing under Best Cosmetic Services)

Manicure Pedicure
Pizazz Salon and Spa
(See listing under Best Cosmetic Services)

Martial Arts Studio
Allied Gardens Tang Soo Do Karate Academy
The Allied Gardens Tang Soo Do Karate Academy has been training children and adults in San Diego since 1990. Owner Kenneth Purnell is a fifth degree black belt, having achieved the rank of Master in the World Tang Soo Do Association in 1996. Master Purnell has 25 years of experience and has traveled throughout the world teaching and assisting with the promotion and enhancement of Tang Soo Do Martial Arts. All instructors are certified and encourage a positive attitude with an emphasis on self-esteem and confidence. Master Purnell is especially gifted at helping children reach their full potential to become better individuals.
Allied Gardens Tang Soo Do Karate Academy 6690 Mission Gorge Rd, 92120 619-286-5241

Jewelry
San Carlos Jewelers
San Carlos Jewelers is dedicated to providing unparalleled customer service while guiding you with the knowledge of 25+ combined years in the jewelry business. With a diverse collection of gold, diamond, gemstone, silver jewelry and watches they have a gift for every occasion to fit any budget. You’ll find everything from designer engagement rings to handmade silver jewelry and estate pieces that carry decades of history.
San Carlos Jewelers 8736 Lake Murray Blvd., 92119 sancarlosjewelers.com 619-461-7046

Insurance Broker
Wendy Phillips – State Farm
The very best! Both Wendy and her staff go the extra mile to serve. Whatever your insurance needs, Wendy and team are there for you!
Wendy Phillips, State Farm 3836 Camino Del Rio N. #103, 92108 619-563-0380 | www.statelife.com

Manicure Pedicure
Pizazz Salon and Spa
(See listing under Best Cosmetic Services)

La Vida Real
Independent & Assisted Living • Memory Care
11588 Via Rancho San Diego • Rancho San Diego, CA LaVidaRealSeniorLiving.com • 619.592.8067

Hair Salon
Pizazz Salon and Spa
(See listing under Best Cosmetic Services)
Non-Profit
Angels Above Foundation
On Sept. 3, 1991, our daughter, Nicole, was born with a severe congenital heart birth defect, (hypo-plastic left heart), that put her in the Neonatal Intensive Care Unit (NICU). Our story is, unfortunately, not uncommon as approximately 500 million of deliveries require some level of intensive care in the United States. The hospital had multiple surgical specialists, therapists, nurses and other medical workers on-hand in order to ensure that every infant in the NICU received the best care. Not only were we impressed with the extensive care provided but also by the passion with which the medical staff conducted themselves. After Nicole passed away, we were impelled do something to give back to the medical staff and to help other families going through this ordeal. It is in the memory of Nicole and in honor of the NICU staff that we have had the dream of starting the Angel’s Above Foundation.

Angels Above Foundation
6301 Lake Athabaska Pl, 92119
angelsabovefoundation.org | 619-454-9694

Optometrist
Allied Gardens Family Optometry
Providing personalized eye care in a warm, welcoming environment that puts the needs of pets and their owners — in the center. Maria and Patrick Brinson have served the area for over 40 years. The health of your eyes is very important, which is why they recommend yearly wellness checks. At every exam, Dr. Rosina Cullins tests for eye diseases, such as macular degeneration, cataracts, and glaucoma. Glaucoma is a silent eye disease that does not affect eyesight at the onset, so those with perfect vision should still have annual exams to be screened.

Allied Gardens Family Optometry
5175 Waring Rd, San Diego
agoptometry.com | 619-583-1000

Personal Trainer
Pure Power Pilates & Fitness
(See listing under Best Workout Studio)

Pet Boarding/Daycare
The Purring Parrot
The Purring Parrot is owned and managed by Maria and Patrick Brinson. They decided to open it up for feline and avian companions because they felt that the level of service for dogs has grown while cats and birds have been left behind. Maria and Patrick have also done volunteer work for Project Wildlife in San Diego and Oasis Bird Sanctuary in Arizona. To help provide a stress free environment they provide a lot of the things and level of attention that pets might receive at home, thus we provide many amenities. Though The Purring Parrot may continue to grow and evolve with the changing needs of pets and their owners — love and attention is still number one.

The Purring Parrot
4939 Mission Gorge Rd, 92120
thepurringparrot.com | 619-252-5244

Physical Therapy
La Mesa Rehab
La Mesa Rehab is the only CORF in East San Diego. CORF is a Comprehensive Outpatient Rehabilitation Facility that provides outpatient diagnostic, therapeutic, and restorative services for rehabilitation from injury, disability, or sickness.

La Mesa Rehab Outpatient Facility
8380 Center Dr, Ste. E, La Mesa, 91942
lamesarehab.com | 619-446-6077

Pilates
Pure Power Pilates and Fitness
(See listing under Best Workout Studio)
music programs, Christian education, an Easter meal for the community, outreach (with a Christmas and such food distribution, community support groups as well as the Allied Gardens Community Group and the San Diego Children’s Choir, a prayer ministry, various Bible study opportunities. Ascension Lutheran 5106 Zion Ave, 92120 ascension-church.com | 619-582-2636

Real Estate Agent Jeff Rosa
The San Diego real estate market is surging. In this market, successful buyers and sellers must rely on a Realtor with up-to-the-minute knowledge and understanding of many neighborhoods and market trends. You need a Realtor who is knowledgeable, dependable, and connected! Whether you are looking for your starter home or investment property, fixing up your home prior to sale, or a home that just needs a few improvements, you can count on Jeff to provide the 15 plus years of experience to guide you through. Jeff may well be the most accessible and knowledgeable Realtor in the whole country. There is a reason he ranks in the very top of all Realtors for sales volume year after year.

Retirement Living
La Vida Real
Nestled in Rancho San Diego, La Vida Real is a luxury retirement community offering independent living, assisted living and memory care in distinctively designed studio, one- and two-bedroom residences. Residents enjoy resort style amenities and services such as a fully equipped fitness center, delicious dining at the onsite restaurant, a heated swimming pool and spa and a full calendar of social, cultural and educational opportunities. The community’s licensed and accredited assisted living takes a “whole-person” approach to wellness and is tailored to meet residents’ needs with services that can be dialled up, or back at any time. La Vida Real’s memory care provides personalized and innovative programs focused on encouraging and supporting independence. All of this makes La Vida Real the “Best of” San Diego’s retirement living. Experience La Vida Real by taking a personal tour. Call or visit LaVidaRealSeniorLiving.com. La Vida Real 11588 Via Rancho San Diego El Cajon, 92019 srgseniorliving.com | 619-592-8067

Plumber
Ideal Plumbing
(See listing under Best Electrician)

Preschool
Ascension Lutheran
Ascension has a history and a calling to serve its people and those of its community, both near and far. These activities include ministries such food distribution, community outreach (with a Christmas and Easter meal for the community), music programs, Christian education, a quilting group, a healing touch ministry, a children’s center, meeting space available to various groups as well as the Allied Gardens Community Group and the San Diego Children’s Choir, a prayer ministry, various Bible study opportunities. Ascension Lutheran 5106 Zion Ave, 92120 ascension-church.com | 619-582-2636

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Solar Company
Pure Solar Power
Pure Solar Power is an all in one energy services provider. They look at the current energy use conditions of the home or business and produce a recommendation list for the property. This list identifies what steps can be taken to reduce waste and inefficiency before sizing for the solar system. With this comprehensive approach, we offer the highest efficiency, highest value, solar energy system for our customers.

Pure Solar Power 1224 Vista Sierra Dr, El Cajon, 92019 puresolarpower.net | 619-447-7280

Supplement Store
Windmill Farms
(See listing under Best Health Food Store)
Tanning Salon
iTan
Customers choose iTan because they provide a unique experience that delivers on our promise to fulfill our customers’ needs. Friendly and knowledgeable staff, cleanliness, consistency and latest technology keep them on top of the tanning service—from skin sensing beds to the newest spray formulas and full body hydration station. iTan provides the latest in self-administered sun, spray and spa technology.

Mathnasium
Whether your child started out far behind or already ahead in math, Mathnasium will help them leap ahead because they understand that any child can be successful in math—it’s a matter of teaching it in a way that makes sense to them. Experienced math tutors utilize proprietary teaching materials and techniques, The Mathnasium Method, to deliver a customized learning plan designed to address each student’s needs. If math is a problem, Mathnasium can solve it. Students will grow more excited and confident about math—and their grades will reflect that.

Mission Gorge Animal Hospital
Mission Gorge Animal Hospital is proud to serve the San Diego area for everything pet related. The veterinary clinic and animal hospital is run by Dr. David Lee. Their team is committed to educating clients in how to keep your pets healthy year round, with good nutrition and exercise. Mission Gorge Animal Hospital stays on top of the latest advances in veterinarian technology and above all, remembers that all animals and pets need to be treated with loving care in every check-up, procedure, or surgery.

Trinity Yoga & Fitness
Studios
Trinity Yoga & Fitness is dedicated to encouraging a lifetime of physical, mental and spiritual fitness and to provide its members with tools to discover their own inner strengths. The foundational belief of Trinity Yoga & Fitness Studios, Inc. is that the philosophies and physical disciplines of yoga, pilates and core strength training transcend into all aspects of daily life, improving who we are as members of the community and as a member of humanity.

Pure Power Pilates & Fitness
At Pure Power Pilates, the mission is to create an environment that is intimate, non-intimidating, and has a friendly atmosphere that offers private and small group training for all levels of fitness. Equipped with state of the art Stott Pilates equipment; including 6 V2 Max Deluxe Reformers with Jumpboards and Towers, 6 Stability Chairs, Toning Balls, Foam Rollers, Fitness Circles, and Flex Bands. In our fitness classes, we utilize the TRX Suspension System, Stability Balls, Kettle Bells, dumbbells, and the BOSU Balance Trainers. Pure Power Pilates Studio has designed classes that will continuously challenge you and keep you coming back for more.

Pizazz Salon and Spa
(Yoga Studio)
Trinity Yoga & Fitness
Studios
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