Mission Bay High Homecoming King Troy Horton with classmate Natalie McDermott, who was standing in for the Homecoming Queen Kirra Barth, who was out of town, at the Homecoming Dance held at the San Diego Zoo on Sept. 28.

**BUCS BIGGEST FAN GIVEN THE ROYAL TREATMENT**

By DAVE SCHWAB

He’s Mr. Pacific Beach, and the area’s biggest sports fan. This year, he is also Mission Bay High’s homecoming king. “He’s Troy. There’s not another Troy,” said teacher Amanda Logan. Horton is one of her special-needs students at Mission Bay High. “Troy is not like your typical student with special needs.”
Logan said Horton’s spirit is indomitable. “He’s extremely outgoing. He’s involved,” she said. “He is a man about Pacific Beach,” she said. “He’s Mr. Pacific Beach. He is known, not just on the school campus, but at the little league field, and all around town. He knows everyone’s name. His parents have done a very good job including him in the community, and school events as well.”

Of Mission Bay High, Troy, wearing his homecoming crown, pointed out, “I’m the number one biggest fan. I know all the players. I’m the ultimate fan.”

Asked if he campaigned to be a monarch, Troy said: “I wanted to be the king — and everybody voted for me.”

How does it feel?

“Great,” replied gravel-voiced Troy, eliciting smiles all around. “Everybody calls me king Troy around school.”

“He’s the friendliest person I know,” concluded Kierra Burth, MBHS’s 2018 homecoming queen, about Troy.

The tale behind Troy becoming high-school royalty is heartwarming.

“I thought of all of the amazing things he has done for the rest of us,” said MBHS senior Natalie McDermott, who nominated him. “He goes to all of our sports events, sometimes even during the preseason. Troy is always so happy and can bring a smile to anyone’s face… He is always the loudest, most enthusiastic fan in the crowd. I thought we should give back to him.”

Added McDermott, “I can’t imagine what my high school experience would have been like without Troy yelling, ‘Let’s go Nat,’ at all of my varsity basketball games.”

Troy deserved his coronation. “The kids love him, and the community all knows and loves Troy,” noted Natalie McDermott’s mother, Veronica. “When they announced Troy as the winner at the dance, the crowd went wild, throwing water in the air, jumping up and down, screaming. Troy is absolutely the star. Everyone could only be so lucky to know this boy, so full of life, excitement and love.”

“We would like to thank the Pacific Beach Community for being so supportive of Troy and his whole family,” said Troy’s mother, Susie Horton. “We couldn’t ask for a better group of neighbors for him to grow up with.”

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Beautiful end-unit townhome in the heart of North Park. This bright & open home features a remodeled kitchen w/ granite counter tops & updated cabinetry, wood-style tile flooring, updated vanities in the bathrooms, central a/c, and a large private patio w/ direct access to the front yard. Dual master suites w/ large walk-in closets & a full-sized, side-by-side, washer dryer in between them. Unbeatable location just a short stroll to restaurants, shops, & breweries/bars.

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These centrally-located units are only 6 blocks to the ocean, 6 blocks to the bay, and walking distance to tons of shops and restaurants!
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IN ESCROW!
Activists rally to try and stop hotel’s expansion at Bahia Point

BY DAVE SCHWAB | Beach & Bay Press

Two new supporters – an environmental activist and a labor spokesman – have joined Mission Bay water users protesting expansion plans for Bahia Resort Hotel.

“The Mission Bay Park Master Plan (MBPMP) requires that development on Bahia Point retain Gleason Road,” said former City Councilmember Donna Frye. “The public deserves better. At a minimum, there needs to be an environmental analysis for the project where all the facts can be reviewed, along with a full staff report and not rushed through as a lease amendment.”

Frye added the requirement to retain Gleason Road “Appears to have been left out of the developer’s presentation that was shown to both the Mission Bay Park Committee and the Parks and Recreation Board before they voted. The information led to a false belief that the development was consistent with the MBPMP when it was not.”

Bahia resort wants to nearly double its capacity, expanding from 3.15 to 600 rooms, while adding a 10-foot walkway and 20-foot grass area around Bahia Point park. That would necessitate shifting current public parking areas along Gleason Road from the periphery to the interior of Bahia’s peninsula. Detectors claim that would be a hardship on water users, denying public access to Bahia Point, a popular launching spot for standup paddle boards, kayaks and other watercraft.

Hotelier Bill Evans answered that his proposed parking changes will reconfigure – not eliminate – existing onsite parking, shifting it away from Gleason Road and into the peninsula’s interior.

Make the Right Choice Senior Living

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today. For more info call (619) 246-2003 or go to the website.

Mission Beach Women’s Club donates to nonprofits

Each year, the Mission Beach Women’s Club gives away thousands of dollars to community nonprofit groups, which is the club’s mission.

This year, the club wrote checks totaling $30,260 to 22 nonprofit groups, seven of which are headquartered in the beach area. In addition, the club waived rental fees for its clubhouse venue totaling $9,900 to nonprofits, community organizations, and schools.

The largest donated amount, $8,100, went to Pacific Beach Street Guardians, which, through payments from local businesses, helps homeless people by training and hiring them to do street and alley cleaning, janitorial work, and custodial property maintenance. The funds from the club will go toward expanding its services into Mission Beach.

The remaining list of recipients of this year’s Mission Beach Women’s Club funds includes:

- Center for Community Solutions, $2,000
- Mind Treasurers, $500
- Mission Bay High School Band Boosters, $900
- Mission Bay Alumnae Association for MBHS girls lacrosse, $500
- Community Campership Council, Inc. (Kids2Camp), $1,000
- Angel Faces, $1,000
- Outdoor Outreach, $1,000
- South Mission Crew Foundation’s Jetty Kids, $1,000
- Maruta Gardner Mural, $1,000
- Friends of Crown Point Jr. Music Academy, $1,000
- A Bridge For Kids, $1,000
- Just In Time for Foster Youth, $2,500
- Support the Enlisted Project (STEP), $1,500
- The Umbattle Project, $1,000
- LightBridge Hospice Community Foundation, $1,000
- Special Delivery San Diego, $1,500

We look forward to adding a grass recreation area around all of Bahia Point, as well as almost one-mile of pedestrian and bicycle pathways.”

BILL EVANS
OWNER OF EVANS HOTELS

Greg Knight, a Mission Bay recreationalist and co-organizer of Bahia expansion opposition, said the project can still be stopped.

“First now it is scheduled to go in front of the Smart Growth and Land Use Committee on Oct. 17, and they will vote on whether they will recommend it to the City Council,” Knight said. “We believe (fingers crossed) it will get a no vote. It would then go to the actual City Council. After that, it would go to the Coastal Commission for either final approval — or changes.

“What Evans Hotels is doing is trying to get a development plan approved using a lease amendment as a vehicle,” contended union rep Bates. “It’s the wrong process. What he really needs to do is a master plan amendment.”

Added Bates, “But I understand why he wouldn’t want to go that route, because it’s much more expensive, takes much more public participation, and would trigger a new environmental impact report, which takes time.”
MISSION BEACH FIRE DAMAGES \ RESIDENCES, HOSPITALIZES \ ONE

A two-alarm fire early on the morning of Oct. 17 in Mission Beach believed to have originated in Dreyer’s Ice Cream in a mixed-use building at 716 Ventura Place hospitalized one victim while causing an estimated $500,000 in damage.

According to City spokesperson Monica Munoz, “The origin of the fire was a rooftop storage area. The cause is undetermined. The estimated damage to the structure is $500,000 and to the contents $100,000. The majority of the estimated fire damage were residential (second floor). The residencies are on top of Dreyer’s Ice Cream and Kojak’s, which sustained water damage but no fire damage.”

“San Diego Fire Department Lieutenants were at the scene very early and knocked on doors waking residents up and getting them out,” said Munoz. “The fire crews arrived at 6:53 a.m. and reported heavy flames upon arrival.

“The fire was knocked down at 7:25 a.m.,” said Munoz, who added a request for an additional ambulance, for a total of three, was made at 7:33 a.m.

A structural engineer was called in to investigate the cause of the blaze. Munoz said, “One person was transported as a ‘trauma patient to UCSD Hillcrest.’ The victim was not identified and the nature of their injuries was not disclosed. Munoz added no firefighters were injured.

Munoz said there might have been some damage to the Sandbar Sports Grill at 718 Ventura Place. Contacted by Beach & Bay Press, the restaurant’s owner said he was still assessing the situation.

POLICE ARREST ALLEGED PACIFIC BEACH PEEPER

Between Sept. 11 and Oct. 12, a suspect repeatedly peeped into the windows of unsuspecting women in the Pacific Beach area. The suspect description was consistent: a white male, bald, of medium height, and medium to heavy-set build. Six reported cases occurred within this time frame.

Detectives immediately began to investigate, interviewing witnesses, and canvassing the area for evidence. Through their investigative efforts and with the assistance of patrol officers, James Wayne Hubbard, 48, was identified and arrested on Oct. 12. Hubbard was booked into the San Diego County Jail on six counts of peeping and one count of petty theft.

Anyone with information is requested to call Crime Stoppers at 888-580-8477.

SUSPICIOUS DEATH OFF COAST OF MISSION BEACH

On Wednesday, Oct. 10, at 10:20 a.m., a fisherman on a boat was about 2.5 miles off the coast of Mission Beach when he noticed a body floating in the ocean. The fisherman on a boat was about 2.5 miles off the coast of Mission Beach when he noticed a body floating in the ocean. The fisherman on a boat was about 2.5 miles off the coast of Mission Beach when he noticed a body floating in the ocean. The fisherman on a boat was about 2.5 miles off the coast of Mission Beach when he noticed a body floating in the ocean. The

mission police detectives are currently investigating this as a suspicious death. The victim has been identified as Abdullah Elshebey, a citizen of Egypt. Anyone with information regarding this incident is asked to call Crime Stoppers at 888-580-8477.

CAR JACKING IN PACIFIC BEACH

The victim, a 21-year-old male, was sitting in his 2007 Hyundai Elantra. The suspect, a 19-year-old male, walked up to the victim, asked for a ride and proceeded to get in the vehicle.

The victim started to drive away when the suspect pulled out a hand gun and told him not to stop. The victim pulled over at 1400 Grand Ave., yelling for help. The suspect pistol whipped the victim, knocking out some of his teeth.

The victim got out and the suspect drove off with the vehicle. At 4660 Gresham the suspect crashed into a parked car. A police unit saw the crash and suspects running from the vehicle. The officer chased the suspect who jumped a fence into a yard at 4600 Gresham.

After a perimeter was set up, officers located the suspect hiding in the backyard and taken into custody without incident. Robbery detectives responded and are investigating. Anyone with information related to the incident is encouraged to call Crime Stoppers at 888-580-8477.

CITY OFFERS LANDSCAPE, RAIN BARREL REBATES

The City of San Diego offers money-saving ways for water customers to conserve water. The City’s Public Utilities Department provides rebates through grant funding by the Department of Water Resources for both removing lawns and installing rain basins. Homeowners may apply now for financial rebates to convert their lawns into a drought resistant landscape. The City is offering a $25 per square foot rebate for all lawns that are converted. Converted areas must be designed to capture rainfall for reuse.

Applications are now being taken for Rainwater Harvesting Rebates. Rain barrels and downspouts catch rainwater from hard surfaces such as rooftops. While San Diego isn’t in the rainy season yet, now is a good time to prepare. The barrels are a great way to conserve and use the water for irrigation purposes. It also helps prevent pollution by reducing the amount of runoff that goes down the storm drain. Customers may receive $1 per gallon of barrel storage capacity for residential rainwater harvesting up to 400 gallons or $400 per property.

More information about these and other rebates as well as additional water conservation options is available at wastenow.org.

COUNTY TO APPLY FOR STATE FUNDS TO HELP HOMELESS

The County Board of Supervisors recently voted to allow the Health and Human Services Agency to apply for state emergency funds to address homelessness in the region. The California 2018-19 State Budget includes $53 million for the California Emergency Solutions and Housing Program, which provides grants to local communities to develop programs that assist people who are homeless or at risk of not having a stable place to live.

San Diego Police Homicide Detectives are currently investigating this as a suspicious death. The victim has been identified as Abdullah Elshebey, a citizen of Egypt. Anyone with information regarding this incident is asked to call Crime Stoppers at 888-580-8477.

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San Diego City Council on Oct. 15 voted 5-3 to ban the use and distribution of styrofoam citywide. The new ordinance allows a one-year grace period for small businesses with gross income of less than $500,000 annually to transition into the change.

Council members Scott Sherman, Mark Kersey and Chris Cate voted no, with Councilmember David Alvarez absent.

Besides restaurant take-out food containers, the new polystyrene ban includes other common styrofoam products such as coolers and beach toys.

The new ordinance, which needs to return to the Council for a final vote, also requires the City’s Environmental Services Department to provide a list of safe, affordable styrofoam alternatives.

The Council vote followed considerable testimony by mom-and-pop entrepreneurs, and the California Restaurant Association, who opposed the ban insisting it was inequitable to small businesses. They argued that banning foam food take-out containers would force small restaurants to spend 54 to 145 percent more for alternative products.

“We are very concerned by the rush to pass a sweeping policy without data, without an economic analysis, and most importantly, without addressing the realities that the new mandated costs would have on small mom-and-pop restaurants already struggling to make ends meet,” said Chris Duggan of the California Restaurant Association.

District 3 Councilmember Chris Ward and District 1 Council President Pro Temp Barbara Bry teamed to push for the styrofoam ban.

Following public testimony, Bry of La Jolla, characterized the styrofoam ban as a “step in the right direction,” adding the new ordinance, “Does give small businesses time to adapt.”

Bry said thoughts of her two grandchildren influenced her decision on the ban adding, “It makes for sound environmental policy.”

Lorie Zapf, of District 2, represented the Peninsula and Pacific and Mission beaches, concurred that the new ordinance was good on balance. “I was astounded at how much plastic and styrofoam makes its way into our oceans, bay and rivers.” Zapf said.

Noting she would have preferred a stronger single-use plastics ordinance, Zapf added, “I just feel we really need to move forward with this to protect our oceans, our marine life and ourselves.”

Lorie Zapf
DISTRICT 2 COUNCILLOR

MTS wants your input to plan bus network changes to support the Mid-Coast Trolley extension to University City that opens in 2021.

Please attend our open house meetings or provide input online at sdmts.com/open-house

READ MORE ONLINE AT sdnews.com

NOTICE TO SUBMITTORS: The San Diego News Letters serves as the official publication of the City of San Diego. This publication is paid for by the City of San Diego and is mailed to all residents of the City of San Diego.
After devastating fire, Bike Garage reopens in new location

Not even fire could prevent Ismael Bohme from fulfilling his mission as Pacific Beach’s bicycle Mr. Fix-it.

Bohme, who officially opened Bike Garage at 1556 Grand Ave., Suite D, in February 2017 with a business partner, had that space wiped out by an after-hours fire this April.

But after a brief hiatus, he’s rebooted, in a brand new retail space at 1556 Grand Ave., Suite D, he found on Craigslist, sandwiched in-between an auto repair shop and a surfboard shaper. He’s also right around the corner from Pacific Beach Ace Hardware, which Bohme said helps a lot with foot traffic going by his bike-repair shop.

“I’ve actually been in business since 2013 when I was working out of my home garage (hence the name),” said Bohme, a Chilean native with an engineering degree who turned mechanic after discovering he loved working with his hands.

Bohme said he is back by popular demand. Following the fire, he was unsure about reopening right away. But people wanted him back. So he found a way to return.

While living in Chile, Boehme used to travel to America every year, working seasonally as a ski instructor at Lake Tahoe. But, after finding his bride-to-be, they decided to settle down in the States permanently, first in San Francisco before moving to San Diego.

What’s different about Bohme’s new garage?

“I’m trying to turn this into more of a workshop where I can do customizing,” Bohme said, noting he sells new bikes as well as repairing old ones including painting, rebuilding and repurposing of them.

“We sell new and used bikes, do e-bike conversions and any custom projects you want to give us,” he said, adding he also now works only weekdays, and is off weekends.

Bike Garage guarantees a quick turnaround on repairs.

“Come back with lots more energy we’re ready for any project,” said Bohme. “We guarantee 24-hours service on any project. You bring a bike in for a tune-up, we’ll get it done by the next day. Walk-ins are more than welcome. Flat tires on the spot, cable repairs, battery changes while you wait. It’s one-to-one. I love to work with my customers directly.”

Ismael Bohme has reopened Bike Garage at 1556 Grand Ave., Suite D. Bohme’s clientele is mostly locals, but that includes the gamut of riders, everyone from casual boardwalk riders to commuters to competitive cyclists.

**BIKE GARAGE**

Where: 1556 Grand Ave., Suite D.

Info: bikegaragesd.com, 858-257-7375.

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“Come back with lots more energy we’re ready for any project,” said Bohme. “We guarantee 24-hours service on any project. You bring a bike in for a tune-up, we’ll get it done by the next day. Walk-ins are more than welcome. Flat tires on the spot, cable repairs, battery changes while you wait. It’s one-to-one. I love to work with my customers directly.”

SD SPORTS MEDICINE CENTER CELEBRATES PARTNERSHIP

San Diego Sports Medicine Center is celebrating the one-year anniversary of the partnership with Anderson Medical Center. The integration has allowed the Urgent Care, at 1945 Garnet Ave., to add more family practice capabilities while still providing easy access.

The clinic is open 8 a.m. to 8 p.m. during the week, and 8 a.m. to 4 p.m. on weekends and holidays.

All injuries, illnesses and non-life-threatening emergencies can be treated. In addition, routine primary care can be obtained including physicals and immunizations. Dr. Ken Anderson continues as the medical director for the clinic. He serves as the medical director for Sea World and team physician for the University of San Diego, Point Loma Nazarene and the San Diego Gulls.

LOCAL LEADERS CELEBRATE CAMPLAND ON THE BAY’S 50TH

Joined by Councilmember Lori Zapf and other community leaders, thousands of campers gathered together on Oct. 6 in celebration of Campland on the Bay’s 50th year providing waterfront camping in Mission Bay.

Campland on the Bay’s president Michael Gelfand, who was at the event to accept the proclamations presented by the City and County, said: “Three generations of my family have had the great honor and responsibility of operating Campland. It is a truly special place that plays host to multi-generational families who come back again and again.”

“For 50 years, Campland on the Bay has provided affordable waterfront accommodations on Mission Bay for San Diego families, serving as a beloved destination where multiple generations come together to experience a sense of community, recreate, make friends and build memories,” said Zapf.
Cohn Restaurant Group is known throughout San Diego for their family-owned gourmet restaurants and culinary successes. Now owning and operating more than 24 restaurants in Southern California and Maui, CRG’s newest property brings authentic, smoked barbecue to Mission Beach.

Just steps from the ocean and across from the iconic Giant Dipper roller coaster, the newly renovated Coaster Saloon dons a freshly painted building exterior all beach-goers are sure to love, labeled “BBQ, Burgers, Beer.” while keeping a similar sign design as an ode to the restaurant’s last 36 years as a local favorite.

“The renovation was super quick,” says Coaster Saloon general manager Maciej Panocki. “We got it all done with closing the restaurant for only a few days, two different times.”

With executive chef Tim Eylens at the forefront of Coaster Saloon’s revamped menu, it’s no mystery why this man is known for his barbecue. With a cult-like following, Indiana native Eylens brings his expertise and passion for meat to the beach.

Using traditional low-and-slow techniques, Eylens introduces customers to his oak-smoked beef brisket (that literally melts in your mouth), baby back pork ribs, pulled pork, burgers, and specialty items such as breaded chicken tenders, bell pepper rings, and smoked gouda mac and cheese.

“What really makes our barbecue stand out is that everything is cooked fresh. We don’t have everything back there sitting in a freezer,” says Panocki. “You can taste the difference. The food speaks for itself.”

Some must-try dishes include garbage fries (cheese, pulled pork, jalapeños, pickled onions, and barbecue), collard greens (the perfect mix of savory and sweet), and The Q (a burger with cheddar cheese, onion strings, barbecue, lettuce, tomato, onion, pickles, topped with pulled pork).

The open-air eatery’s red, white, and blue color scheme is reflected throughout both the inside and patio. Foosball, corn hole, and a pool table make the patio the perfect spot to enjoy a cold craft beer in the sunshine. There is also a giant outdoor projector screen to catch all the biggest football games during the season.

If that’s not enough, the restaurant features 40 brews on tap, 15 flat-screen TVs, daily happy hour from 3 to 6 p.m., and a different drink special every night of the week, with brunch on the weekends from 8 to 11 a.m.

“We kind of adopted the Arizona Cardinals as our team here,” says Panocki. “After the Chargers left, we were looking for a team and we have so many Arizonans that visit, we adopted the Cardinals as our team!”

Coaster Saloon has a Tailgate Special Sundays, Mondays, and Thursdays during football season, offering $4 drink specials, $6.99 eats, and their touchdown combo featuring an Old Timer burger and Budweiser for $10.

Come taste some BBQ and see for yourself why the locals have already given it their stamp of approval.
By BLAKE BUNCH | Beach & Bay Press

The CBS-produced competitive reality TV series “Survivor” recently aired its season premiere for what is now its 37th season, titled “Survivor: David vs. Goliath.”

While the show has hit record numbers of viewers during its 18 years of existence, this season, Pacific Beach resident and realtor Kara Kay will participate in the competition.

Originally from Carlsbad, Kay graduated from SDSU with a BA in public relations. To add to her all-around San Diegan status, Kay was also a Charger Girl from 2011 to 2014, during which she was team captain her last two years on the squad. She currently works as a realtor in La Jolla, specializing in coastal properties in and around the area.

Now, Kay is putting her skills developed during a lifetime of cheerleading: balance, endurance, strength and positivity, on the season premiere of the hit program. “San Diego is just so beautiful,” said Kay prior to the season premiere. “They call La Jolla ‘the jewel’ of San Diego for a reason. It’s just amazing how you can go down to PB to kick back a little bit, or head back up to George’s at the Cove for dinner. The people here are just so friendly and laid-back.”

For those not familiar with the competition, contestants are marooned on a remote tropical island then divided into teams (David and Goliath in this season). On the island, they face off to earn basic necessities: food, water or shelter — but rarely any luxury item.

While Kay’s profession entails dressing to the nines frequently, she seems to have relished (to some degree) in being forced to return to the basics during her time on “Survivor.” “Honestly, wearing one outfit the whole time and subsisting nearly entirely off rice was a bit tough,” she said. “But, aside from that, it was such a freeing experience to not do my hair and make up throughout the competition. Being a beach girl, it was nice to get back to my roots.”

READ MORE ONLINE AT sdnews.com

Kara Kay
Local author freezes PB in time with recent book release

By VICTORIA DAVIS | Beach & Bay Press

Sixty years is a long time, especially when it comes to being reunited with a soul mate.

John Fry and Nancy Wingo first met in their eighth grade English class, then again in 1996, thanks to a little slice of modern technology called the internet. Now a couple, they’ve collaborated on a photo book, “Pacific Beach Through Time,” compiling “then” and “now” photos of old business buildings, homes and even drugstores throughout the community.

While faces, styles and personalities might change as time meanders on, there’s still that familiarity of what was precious to us, whether it be a person, or a drugstore.

“It’s certainly better to know about what used to be here than to not know, and for those who recognize the old places, the benefit will be pecuniary,” said Fry. “That’s what it’s about. I hope people will look at the photos and recall special memories of an earlier time.”

Fry moved to Pacific Beach in 1972, and co-founded the Pacific Beach Historical Society in 1979. He first started working with the photo archives at the San Diego History Center in 1985, so was “quite familiar” with photos of the beach. Having self-published a book on Crystal Pier, he wrote an illustrated history of the aircraft carrier USS Saratoga as well as Images of America: Pacific Beach. It’s no surprise Fonthill Media reached out to Fry about publishing another work on the coastal neighborhood.

“I told [Fonthill] that there were very few really old photos of Pacific Beach, and that most of them were not in the public domain,” said Fry. “I suggested that we use photos I started taking in 1979 as ‘then’ photos, and Nancy could take ‘new’ photos.”

With Fry having used a Canon A-1 and color slide film, and Wingo utilizing her Apple iPhone for the current pictures, their book, set to release Oct. 29, embodies the process of making the book, perhaps those memories start now.

“Dunaway Drugstore, on the cover, changed enough to get six photos,” said Fry, who has 36 pictures of the drugstore posted on his website. “Knowing what existed a century ago allows me not to fret when buildings that are, say, 50 years old are demolished.”

Fry has more than 200 photos of Pacific Beach’s most beloved buildings, from Casa Street to Turquoise Street, published on johnfry.com. While his niche lies in freezing time through a lens, Fry also believes that change is something everyone should get comfortable with, especially in San Diego.

“Change is inevitable in sunny California, perhaps more so in San Diego than still in San Diego,” said Fry. “I hear folks all the time say, ‘They shouldn’t have torn that down.’ For the most part, they have no knowledge of how expensive it is to maintain an aging structure.”

Still, this author and photographer believes there’s something special about Pacific Beach, where time doesn’t seem to move quite as fast.

“A three-story height limit has kept Pacific Beach recognizable, while downtown San Diego has become a forest of skyscrapers,” said Fry. “Mostly, Pacific Beach businesses just change hands, get a face-lift, and reopen. I’m not sure if it’s progress, but it is what it is.”

With Wingo having lived in Escondido for many years, Pacific Beach doesn’t hold the same nostalgic memories for her and Fry as it does for long-time residents, but in the process of making the book, perhaps those memories start now.

A list of retailers has yet to be established for “Pacific Beach Through Time,” but copies will be available to purchase locally and can presently be pre-ordered through arcadiapublishing.com, bulkbookstore.com or on the website of Barnes & Noble.

Costume party beach clean up at Fiest Island: The Kiwanis Club provides support for our local library as well as Rady’s Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

Proceeds from this event fund the Kiwanis Youth Foundation. The Youth Foundation supports the Mission Bay High Key Club as well as the Builders Club at Pacific Beach Middle School and the Hope of America Awards for the five area elementary schools. Additionally the Pacific Beach Kiwanis Club provides support for our local library as well as Rady’s Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

Pernicano’s is all decked out for Halloween. Between now and the first of November it is a great place to celebrate the holiday with ghosts, goblins, witches and other spooky characters adorning the premises. If you can not make it on the 25th of October, Pernicano’s will honor the tickets now thru the end of November.

The tickets are $12 each and can be used any Wednesday - Sunday through the end of November. For tickets call Jim at 858-692-0403

7th Annual Kiwanis Spooky Pasta Dinner
Thursday, October 25, 2018
Pernicano’s Restaurant – 711 Turquoise Street
5:00 PM – 10:00 PM

The Kiwanis Club of Pacific Beach will be sponsoring their 7th Annual Spooky Pasta Dinner on October 25th. They will be serving Monticello with a meatball, salad, roll and non-alcoholic beverage at Pernicano’s Restaurant.

Proceeds from this event fund the Kiwanis Youth Foundation. The Youth Foundation supports the Mission Bay High School Band, Drama, and Sports activities. They also support the Mission Bay High Key Club as well as the Builders Club at Pacific Beach Middle School and sponsor the Hope of America Awards for the five area elementary schools. Additionally the Pacific Beach Kiwanis Club provides support for our local library as well as Rady’s Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

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Seaworld to add horizontal roller coaster next year: Seaworld will open a dueling roller coaster, dubbed Tidal Twister, as a new attraction for 2019. The first of its kind in the world, this unique and horizontal ride is an exhilarating experience that demonstrates the power of the ocean.

According to 30 mph, riders will twist and bank as if they are riding the tide along a tight figure-8 track that includes dynamic zero-g roll at the center section. Two trains, holding 16 passengers each, load at opposite ends of the figure-8 and cross in the center with guests facing both forward and backward on the trains. A lower-height requirement of 48 inches makes this attraction a better option for younger guests and families.

Tidal Twister, elevated 16 feet off the ground, will be located adjacent the Aquarium touch pool and aquarium in the northwest corner of the park, the perfect location to accentuate the new attraction’s conservation element that focuses on sustainable aquaculture and coral reef protection.
PACIFIC BEACH MIDDLE

PB Middle students were featured in a photo shoot this week promoting Belmont Park’s Fall events. Belmont Park and PB Middle are launching a STEM partnership where students will apply what they’ve learned about forces and motion to design and test models of rides.

“Our IB science and design teachers Mr. Greenberg and Mr. Winn, are working with students on design, pilot projects, and publishing learning experiences, which Belmont Park can then use with other schools,” said Jennifer Sims from PB Middle. “It’s a win/win. We want our students to see and experience science and design in the real-world. Belmont Park is always open to collaboration and are always supportive of schools.”

PACIFIC BEACH ELEMENTARY

The Contribution Drive brought in more than $23,000 from PBE families, and on top of that, the generous corporate sponsors have already donated $19,000 this school year.

- PBE’s first Halloween Carnival will take place 5 to 7 p.m. on Oct. 26. All are welcome to come check out the school and join the Halloween fun.
- PBE’s school garden is growing beautifully, and the after school Garden Club with Good Neighbor Gardens even added a fall touch with mini pumpkin patch and informational signs to teach fellow students about the bugs in the garden.

CROWN POINT JR. MUSIC ACADEMY

- Trunk or Treat at CPJMA, 5 to 8 p.m. on Friday, Oct. 26. Grab your friends, neighbors, and family for a spooky night of tricks and treats. Carnival games, food, cake walk and more. Do you dare to go through the haunted library? Admission is free.

KATE SESSIONS ELEMENTARY

- It’s that time of the year for Kate Sessions Elementary’s Halloween Boo Bash. On Friday, Oct. 26, from 2:10 to 4:30 p.m., the school will be transformed into a fun and scary place with game booths and prizes, yummy baked goods, a spooktacular obstacle course and the super creepy fifth grade haunted house. Wristbands may be pre-purchased for $10, $13 at the event.
- The Boo Bash would not be possible without the help of the PB Middle Students. To sign up to receive community service hours, go to m.signupgenius.com.

BARNARD ELEMENTARY

- Barnard Mandarin Magnet Elementary School has been named a 2018-2019 School of Excellence by the National PTA for its commitment to building an inclusive and welcoming school community where all families contribute to enriching every student’s educational experience and overall well-being. Barnard’s PTA supports cultural, educational, and social programs that heighten school spirit, encourage family togetherness, and make a positive impact within the community. Through the support of Barnard families and local sponsorships, the PTA is providing extensive resources to all 500-plus Barnard students.

Crown Point Junior Music Academy Associated Student Body (ASB) officers have been announced. Congratulations to Katie Sheppard (ASB president), Emma Love (vice president), Zion’ah Robinson (secretary), and Janet Kim (treasurer). The ASB continues to raise funds to support its students’ extracurricular activities. To learn more about raising funds or volunteering, please visit cpjma.org. To support its students’ extracurricular activities, please visit cpjma.org. To support its students’ extracurricular activities, please visit cpjma.org.

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Free one hour Consultation with John Noble
$100 value (good through Nov. 30th, 2018)
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Mon-Sat 10am-3pm Closed Sun
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- 1-block walk to the bay
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- 1-car garage + 1 parking space
- Tons of upgrades

Scott Booth • Kathy Evans
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Our 2018-2020 participated in the 2017 Readers Awards Program.”

Barnard parents and San Diego Unified Council of PTAs executive vice president Mahogany Taylor and Barnard PTA president Janis Tan, third-grader Violet O., and Principal Aida Hernandez celebrate Barnard’s National PTA School of Excellence Award.

Crown Point Junior Music Academy students in the after school Music Club, run by teachers and volunteers, performed at the PB BeachFest on Saturday Oct. 6.
Real Estate

**Billionaires Row**

Pacific Beach Oasis after Long Work Day: 1 Bed, 1 Bath. 653sq.ft. Westerly Terrace offers sunset views. $335,000 - $345,000

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**Prime South Mission Bay Front**

2910-2912 Bayside Walk ~ Classic Duplex
3Br/2Ba House + 1Br/1Ba Apt + 3 Car Parking + Pano Water Views

Trevor Pike
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619.823.7503
www.92109Properties.com

Over $50M sold in 12 Months!

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**The Kaiser Team Coastal Listings**

New Construction

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5 Bed | 4 Bath | 3,902 Sq Ft | 6,250 Sq Ft Lot

Rachael Kaiser
Real Estate Advisor
619.302.2363
homes@rachaelksrealtor.com
rachaelksrealtor.com
DRE 01884530

Just sold at $1,200,000

1334 Vue De Ville — Just sold at $1,200,000
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---

Gregg Whitney
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Pacific Beach Oasis after Long Work Day: 1 Bed, 1 Bath. 653sq.ft. Westerly Terrace offers sunset views. $335,000 - $345,000

RM2-5 Zoning allows for up to 4 units to be built. $1,199,000

Gregg Whitney
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People reacted angrily in court Oct. 12 after a judge ordered the conditional release of the 1980s “Bolder Than Most” rapist to a house in Jacumba Hot Springs.

The courtroom was filled with people opposed to the release of Alvin Ray Quarles, now 56, who sexually assaulted 12 women in Pacific Beach, Mission Bay Park, Old Town, National City, and elsewhere from 1985-1988.

Quarles will be released to 24-hour supervision by Liberty Healthcare Corporation on or about Nov. 23 to a house surrounded by a chain-link fence on a dirt road.

“How can you allow that to happen?” asked a woman angrily to the Commission on Occupational Education. Persons wishing to make comments should write to the Executive Director of the Commission, Council on Occupational Education. Persons making comments must provide their names and mailing addresses.

Taylor said her whole life changed that night and she became fearful to stay out in public. She recalled Quarles broke into her Mission Hills home “with a knife in his hand and he said he would kill me and my roommates.”

“If another young woman’s life changes, turns left, in the middle of the night like mine did, I’ll be devastated,” said Taylor to the judge.

“So will I,” replied Gill. “So will I.”

Gill said that Quarles had served 25 years of his 50-year term handed down in 1989 under a former law that gave him credit for half his sentence. Quarles is currently housed as a sexually violent predator (SVP) in the state psychiatric hospital in Coalinga and was not present in court.

Gill said Quarles met the criteria for conditional release and had completed most of the mental health program. He has been diagnosed with sadism, voyeurism, and anti-social personal disorder, according to the District Attorney’s office.

“The conditions are very rigorous,” said Gill, adding that Quarles will be with security personnel at all times and will wear a GPS device at all times, to leave the house without permission will be with security personnel at all times.


A judge dismissed 50 similar motions, turns left, in the middle of the night like mine did, I’ll be devastated,” said Taylor to the judge.

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Gill said he won’t be permitted to leave the house without personal and cannot drink alcohol. He will wear a GPS device at all times, said Gill.

Quarles pleaded guilty to committing four rapes at knifepoint, two robberies, and six burglaries. He sexually assaulted women while his boyfriends or husbands were also in the residence.

A judge dismissed 50 similar charges after he pleaded guilty to 12 charges. He would have faced 200 years in prison had he been convicted of all 6.2 counts.

“He’s served the maximum sentence under the (1989) law,” said David Freer, regional coordinator for Liberty Healthcare.

Taylor said the prosecutor told her in 1989 that “50 means 50” years and was horrified to learn in his sentence. Quarles was also in the residence.

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San Diego Coastkeeper: protecting waterways and ecosystems for 23 years

MATT O’MALLEY
SAN DIEGO COASTKEEPER EXECUTIVE DIRECTOR

‘Our work protects the natural spaces where people live, work and play, and the water resources that fuel our economy. We will gather water quality samples, educate the community and organize cleanups. We’ve already achieved major successes and will continue to do so.’

San Diego’s sunshine requires a simple nod to the sun fairies. But celebrating San Diego’s ocean, rivers, streams, waterways and its drinking water, requires active diligence with its dedicated, determined and protective water soldiers – the San Diego Coastkeeper.

Serving as role models and warriors for protecting the environment, including rivers, streams and marine life, San Diego Coastkeepers function as a steward for clean water and healthy ecosystems. While addressing the issues that affect inland and coastal waters, these water curators acknowledge the connection between “humans and nature,” and offer solutions derived from “the best available scientific, legal and public policy rationale.”

And that’s just the tip of the iceberg. The San Diego Coastkeeper also works in tandem with Coastkeeper Alliance and the International Waterkeeper Alliance. Headed by Robert E. Kennedy Jr., the International Waterkeeper Alliance is described as “one of the world’s fastest growing environmental movements.”

Matt O’Malley is San Diego Coastkeeper’s executive director and managing attorney in addition to serving as legal committee chair and board member of the California Coastkeeper Alliance. The maverick leads a team of scientists, activists, educators and lawyers to work with community members and politicians “to protect and restore fishable, swimmable and drinkable water in San Diego County.” Through community outreach and education, O’Malley’s water defense team advocates clean water and healthy ecosystems in addition to “fixing pollution hazards.”

“We advocate holistic solutions,” said O’Malley. “Our work protects the natural spaces where people live, work and play, and the water resources that fuel our economy.”

Safeguarding against water contamination is not new. American Waterkeepers originated from its Riverkeepers, men who guarded private streams against poachers. In the early 1980s, fishermen along New York’s Hudson River took stock in fighting the water’s most lethal poacher – pollution. Imprinted as America’s first Waterkeeper organization, San Diego followed suit in 1995 as the San Diego Baykeeper.

“The original, two-person team tackled chronic pollution and toxic waste then being dumped into the San Diego Bay. Today, renamed the San Diego Coastkeeper, the organization serves as the region’s “watchdog” for clean water and healthy ecosystems.”

Working with its community allies, Coastkeepers cleaned up the San Diego Bay by winning a regulatory ruling that closed the “ecosystem damaging” South Bay Power Plant. But they didn’t stop there. Litigation against Southwest Marine Corporation resulted in a $12 million infrastructure upgrade to yield a present, 90 percent reduction in sewage spills.

Notably, in 2011, Coastkeeper volunteers identified a 1.9-million-gal-

lon sewage spill in the Los Penasquitos Lagoon. The finding resulted in a “$1.2 million infrastructure investment by the City of San Diego to prevent future spills.”

The organization’s occupation continued with cleaning beaches, noting that San Diego Coastkeeper and partner organizations have removed millions of pounds of debris from area beaches and waterways including the hazards of plastic.

“We played an instrumental role in restricting the use of single plastic water bottles and plastic foam products,” said O’Malley. “And we initiated the nation’s first statewide plastic bag ban that we continue to defend against the lobbyists trying to overturn it.”

Coastkeepers also partnered with the City of San Diego and the San Diego Unified School District to phase out Project SWELL – Stewardship Water Education for Lifelong Leadership.

READ MORE ONLINE AT sdnews.com

A green renovation of a Pacific Beach home built in 1912 with original landscaping by “Mother of Bays Park” Kate Sessions, is on this year’s San Diego Green Building Council’s Green Homes Tour Sunday, Oct. 21.

Owned by the Victor family, the residence showcases grass-roots sustainability.

“When we learned of the home’s historic value, we wanted to maintain its integrity, and that’s how we started integrating sustainability into it,” said Kristen Victor, noting their dwelling had no air conditioning, heating or ventilation.

To heat the Victor’s beach home, the family installed a solar licking hot-water system using gravity flow transferring that gray water into a bioswell for natural cleansing.

“We have a food forest now completely watered by gray water,” said Kristen pointing out their sustainability improvements save money while conserving water.

“Our water bill went down from $500 a month to $120 to $140 a month,” she said. “We qualified for water cistern rebates. It cost us about $2,500 to put in the system – and we got $1,500 back in rebates.”

Now in its ninth year, the Green Homes Tour celebrates best practices in green building and design while showcasing the innovative work of some of the industry’s top professionals.

Pacific Beach is among nine San Diego communities to have a sustainable home showcased on this year’s Green Home Tour sponsored by the San Diego Green Building Council, an environmental non-profit dedicated to providing education, outreach and advocacy focused on green building.

‘A green’ building is one whose design, construction or operation reduces or eliminates negative impacts, creates positive environmental impacts and preserves natural resources. Green buildings efficiently use water and renewable solar energy employing re-use and recycling strategies while utilizing non-toxic and sustainable building materials.

Bryon Stafford, a board member for the San Diego Green Building Council, said the Green Home Tour’s purpose is to acquaint those unfamiliar with it about “sustainable building at the local level.”

Homes are selectively chosen, added Stafford. “We don’t want homes that just have solar panels on the roof,” he said. “We want homes with green features or sustainable practices.”

Of sustainable building, Stafford said, “There are many ways to build green, and you don’t add much to the cost. It’s just doing things a little bit better than the industry standard. This is not rocket science. It’s using different products that will last longer.”

The popular one-day event will showcase homes in South Park, Normal Heights, Pacific Beach, Point Loma, La Jolla, Encinitas, Vista, Lakeside and Campo.

On the self-guided tour from 10 a.m. to 4 p.m., attendees may visit as many homes as they like, meet with industry professionals and homeowners, and learn more about the latest green home design, construction and upgrade options.

The Green Home Tour is $15 per person. Discounts are available for San Diego Green Building Council members ($10) and students ($5, with I.D.). Children under 16 are free and must be accompanied by an adult.

Visit the tour website, sdgreenhomestour.org, for an updated line-up of home sites, project descriptions and photos.

By DAVE SCHWAB | Beach & Bay Press

A green renovation of a Pacific Beach home built in 1912 with original landscaping by “Mother of Bays Park” Kate Sessions, is on this year’s San Diego Green Building Council’s Green Homes Tour Sunday, Oct. 21.

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“Our water bill went down from $500 a month to $120 to $140 a month,” she said. “We qualified for water cistern rebates. It cost us about $2,500 to put in the system – and we got $1,500 back in rebates.”

Now in its ninth year, the Green Homes Tour celebrates best practices in green building and design while showcasing the innovative work of some of the industry’s top professionals.

Pacific Beach is among nine San Diego communities to have a sustainable home showcased on this year’s Green Home Tour sponsored by the San Diego Green Building Council, an environmental non-profit dedicated to providing education, outreach and advocacy focused on green building.

‘A green’ building is one whose design, construction or operation reduces or eliminates negative impacts, creates positive environmental impacts and preserves natural resources. Green buildings efficiently use water and renewable solar energy employing re-use and recycling strategies while utilizing non-toxic and sustainable building materials.

Bryon Stafford, a board member for the San Diego Green Building Council, said the Green Home Tour’s purpose is to acquaint those unfamiliar with it about “sustainable building at the local level.”

Homes are selectively chosen, added Stafford. “We don’t want homes that just have solar panels on the roof,” he said. “We want homes with green features or sustainable practices.”

Of sustainable building, Stafford said, “There are many ways to build green, and you don’t add much to the cost. It’s just doing things a little bit better than the industry standard. This is not rocket science. It’s using different products that will last longer.”

The popular one-day event will showcase homes in South Park, Normal Heights, Pacific Beach, Point Loma, La Jolla, Encinitas, Vista, Lakeside and Campo.

On the self-guided tour from 10 a.m. to 4 p.m., attendees may visit as many homes as they like, meet with industry professionals and homeowners, and learn more about the latest green home design, construction and upgrade options.

The Green Home Tour is $15 per person. Discounts are available for San Diego Green Building Council members ($10) and students ($5, with I.D.). Children under 16 are free and must be accompanied by an adult.

Visit the tour website, sdgreenhomestour.org, for an updated line-up of home sites, project descriptions and photos.
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Five Ways To Handle Fear! (When you feel afraid)
1) Breathe Slowly and Deeply: Remain connected and aware!
2) Visualize Yourself as Unafraid: A simple trick to fool your subconscious.
3) Confront Your Fears: Put them behind you, immediately!
4) Move Toward Your Fears: Make them smaller and more manageable.
5) Deal with Fears Directly: Build your confidence and self-esteem!

Like most fears in life, they are strongest in the areas we know the least.

1321 Cary Way, Pacific Beach
$1,659,000 • 5 br 4 ba • Approx 2,840 sq ft
Fabulous unobstructed ocean views from every main room of this beautiful home perched in the hills of North PB. Complete 2014 re-build, 5 beds/4 baths w/ 2 master suites, large chef’s kitchen w/ dbl ovens, granite, SS appliances, vaulted ceilings. Spacious layout, ample room for guests. Patios & decks to entertain plus private landscaped backyard. Convenient & friendly cul de sac minutes from beaches, restaurants, shopping. You’ll love the majestic sunsets & panoramic views of ocean, bay & city lights!

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New Low Price!
717 Asbury Ct #A, South Mission Beach
Ocean and Bay Views! Make your favorite vacation spot your new place to call Home! This is a Beautiful South Mission Beach Townhome that is located on a Premier and Private Court, less than 250 feet to the Beach! Enjoy Panoramic Ocean & Bay Views from your own private Roof Top Deck! This Home is priced to sell! Offered at $1,199,000.

Coming Soon!
3548 Acomac Ave, Clairemont
First time on the market in over 25 years! Charming Home in the very popular & desirable “Mount Streets” of Clairemont. This 3BD Home has an additional 1 Bed & Office from a fully enclosed Patio, that provides an additional 278 sq/ft, on top of the 1,716 sq/ft. listed in public records. Enjoy the very large Master Bedroom, beautiful curb appeal & relaxing back yard. Walk to the park & short drive to schools, shopping, golfing, freeways, & beaches. Offered at $705,000.

Sunsets are always better at the beach

Don’t miss out!
Only 4 bedroom in Mission Beach currently on the market. Only detached home with sit down ocean views under 9M. Only Detached home West of Strandway under 9M. 709 Portsmouth Court, Mission Beach 4 bedrooms 3 bathrooms

New Listing!
Tastefully remodeled townhome in highly desired Loma Riviera complex. 3/2.5 1852 sqft (largest floorplan). 3208 Loma Riviera, Point Loma $599,000

Triplex on Large Bayfront Lot!
3525 Bayside Lane, Mission Beach
A unique Bayfront investment opportunity in the heart of Mission Beach! This triplex has Pano bay views, one of the largest patios on the Bayfront, scenic balcony and 3-car garage. Remodeled/ upgraded in 2017. Includes large jacuzzi, built in BBQ, gas fire pit, LED lighting, and Security Cameras. 2,519 sq/ft divided into three income generating units. Offered at $2,595,000.

Sold!
1021 Scott St #240, Point Loma
One of the largest studio condos in the Point Loma Yacht Club Condos. Features high end finishes and built in Murphy-Bed. Complex amenities include a heated pool, game room, gym, and laundry facilities. Just steps to the Marina, Yachts, Kellogg Beach, Shelter Island, Restaurants and local shopping! Sold at $280,000.

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2279 Loring Street in Pacific Beach - $869,000!
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Your Coastal Home Expert
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