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BIRD ROCK COFFEE ROASTERS
opens in Pacific Beach
SEE PAGE 8

MISSION BAY PARK
STORY ON PAGE 6

IMPROVEMENTS COMING
FOR PLAYGROUNDS, PARKING LOTS AND OTHER AMENITIES

Mayor Kevin L. Faulconer has announced more than $40 million in infrastructure investments for Mission Bay Park over the next six years for environmental protection and projects, including new and improved playgrounds, comfort stations and other public amenities."
City’s preliminary plans underway to improve Capehart Dog Park in PB

By DAVE SCHWAB | Beach & Bay Press

og lovers in Pacific Beach take heart. Long sought-after repairs to Capehart Dog Park are being reconsidered. But it could take time – and considerable dollars.

A recently released preliminary estimate of costs for improving both the large- and small-dog areas of Capehart at 4747 Soledad Mountain Road were pegged by the City at about $612,000.

“The City is in the preliminary stages of developing a potential project scope for improvements to Capehart Dog Park,” said City spokesman Tim Graham. “The community is very interested in having the area improved, and we’ve been working with Marcella Bothwell to find a design that will meet the community’s wishes.”

Bothwell, a physician, community volunteer and San Diego Park and Recreation Board member who owns four dogs, said improvements to the popular dog park near the PB-La Jolla border are long overdue.

“The community recognizes the need for creating more dog parks, and for maintenance of the dog parks that we have,” said Bothwell, noting the City’s preliminary plan is “reasonable, but very expensive.”

Bothwell said improving Capehart must go through the Public Works Department. “It’s a capital improvement project,” she said.

“The plan is currently unfunded,” pointed out Graham, adding: “Unfortunately, at this particular time, it’s a little early to provide an update that has concrete next steps.”

It’s been a dozen years since Capehart won out over Kate Sessions to become Pacific Beach’s only off-leash dog park. But due to continuing drought conditions and watering restrictions, as well as heavy usage by dogs large and small, Capehart’s two separate fenced-in areas have both been almost completely denuded of turf. And the dog park suffers from erosion and other issues.

“The major problem is the large dog park,” said Bothwell. “It was never graded properly. So now, when it rains, water runoff goes down and you lose all the topsoil in the large dog area which has a huge drainage problem. There is another big problem. It’s going to cost as much to repair Capehart as it cost to put it in in the first place in 2006,” said Bothwell, who has stepped up to guide Capehart improvements. Preliminary work for dog-park improvements was originally spearheaded by beach-area residents Ron McChesney and Chris Cott, who formed Friends of Capehart Off-Leash Small Dog Park, as well as starting a GoFundMe fundraiser to re-sod Capehart.

A new plan overview prepared for Capehart improvements points out updates are necessary for dog health and safety. ADA improvements and the safety and comfort of residents who use the park.

“The goal is to have an approved ‘Master Improvement Plan’ containing a list of ‘agreed to projects’ that can be finalized as there is funding and resources available,” the new Capehart preliminary plan states, adding: “The plan will be posted at the park, linked to the Pacific Beach Town Council website and a Capehart Dog Park ’email list.’”

Bothwell added a GoFundMe account will be put in place for donations toward City-approved projects listed.

“This effort is being coordinated through the Pacific Beach Town Council, and they have provided us with guidance, connections, and a non-profit/tax-deductible fundraising vehicle on their website to perform some of the work,” said Bothwell.

“It is planned that this will be a public/private partnership between the City of San Diego, San Diego Parks and Recreation, the Capehart Dog Park subcommittee within the Pacific Beach Town Council and patrons of the park,” Bothwell said.

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The off-leash Capehart Dog Park at 4747 Soledad Mountain Road needs a lot of improvements.

DAVE SCHWAB / BEACH & BAY PRESS

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BEACH & BAY PRESS · THURSDAY, NOVEMBER 15, 2018 · PAGE 3
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Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care in the greater San Diego area. Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today. For more info call (619) 246-2003 or go to the website.

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PACIFIC BEACH STABBER RECEIVES 1 YEAR SENTENCE

A 19-year-old man who stabbed another man six times in Pacific Beach was sentenced Nov. 8 to a year in jail, but was allowed to leave early if a vacancy opens up in a drug treatment facility.

Anthony Rosie Valenzuela was placed on three years probation by San Diego Superior Court Judge Polly Shammao and ordered to pay $180 a month in medical expenses to the victim.

“Valenzuela was way too much away from killing someone,” said Shammao. “It took 41 staps to put him back together.”

The victim was Daniel Garcia, 31, who testified June 27 he was stabbed five times in the back and once in the wrist. Garcia met Valenzuela and his younger brother on the trolley and the incident was drug related.

“It was poor decision on his part, driven by drugs,” said his attorney Brian McNeil. “He felt he had to protect his younger brother.” McNeil told the judge the victim was trying to take advantage of him. He said Valenzuela was willing to comply with all the conditions of probation.

“I don’t think Anthony’s going to let us down,” said McNeil. Shammao ruled at first, that Valenzuela must serve 280 days in jail before being released to a drug treatment program. His attorney noted that since he now has served 230 days with good conduct credits, he could face a prison sentence of 21 years to life. Coto said that calculation includes a prior conviction of “hot prowl” burglary.

Deputy District Attorney Jessica Coto said if Hanze is convicted of all charges he could face a prison sentence of 21 years to life. Coto said that calculation includes extra years he could receive for having a prior conviction of “hot prowl” burglary several years ago.

Valenzuela was willing to comply with all the conditions of probation. Four of the victims lived in the same house. The judge denied probation and waived impose any fines or fees.

“We were happy he pleaded guilty,” said Howden afterwards.

“A transient who pleaded guilty to three

NEWS BRIEFS

THURSDAY · NOVEMBER 15, 2018

Don’t lose thousands when selling your home

SAN DIEGO, A new report has just been released which reveals 7 costly mistakes that most home owners make when selling their home. And a 9 Step System that can help you sell your home fast and for the most amount of money. This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today’s market. The fact of the matter is that fully three quarters of home sellers make 7 deadly mistakes when selling their homes. And a 9 Step System that can help you sell your home fast and for the most amount of money.

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“We were happy he pleaded guilty,” said Howden afterwards.

“A transient who pleaded guilty to three counts of window peeping of women in Pacific Beach homes was sentenced on Nov. 7 to one year in jail. James Wayne Hubbard, 48, did not say anything before he was sentenced by San Diego Superior Court Judge Cindy Davis.

“He’ll stay about six months in custody,” said Deputy District Attorney Christina Howden. Hubbard was arrested Oct. 12 by San Diego Police after women noticed he was peering into windows at night in the 100 block of Hoblum Street and on Thomas Avenue. A woman was breastfeeding her baby at 9:33 p.m. on her couch when she noticed a man staring directly into her window on Oct. 4, according to court records.

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Campbell defeats Zapf in hotly contested District 2 Council race

By DAVE SCHWAB | Beach & Bay Press

Democrat Dr. Jennifer Campbell defeated Republican incumbent Lorie Zapf by a wide margin in the Nov. 6 election for City Council District 2, which encompasses the Peninsula as well as Pacific and Mission beaches, Midway-Pacific Highway, Bay Ho, Bay Park and Morena.

With 100 percent of District 2 precincts tallied, Campbell had 22,191 votes (56.5 percent), while Zapf had 16,980 votes (43.35 percent).

With District 2 being flipped from Republican to Democrat, it gave the nine-member San Diego City Council a veto-proof 6-3 majority for Democrats on the City Council.

“I was optimistic I would win, but was really heartened by the magnitude of the large win,” Campbell said. Federal election officials have certified the District 2 precinct map shows a clear division of political patronage. Zapf handily carried Point Loma, the northern portions of North Clairemont and some precincts in northern Pacific Beach bordering Bird Rock.

Campbell’s support, however, was strong in the core of the beach district, as she overwhelmingly carried most of Pacific and Mission beaches, as well as much of Bay Ho, Bay Park and the PB-La Jolla border.

“It was a hard fought — and costly — political campaign. Estimates are both candidates spent a combined $2.4 million on the no-holds-barred District 2 race.

READ MORE ONLINE AT sdnews.com
MISSION BAY PARK UPGRADES
CONT. FROM PG. 1

Improvement projects for Mission Bay Park include:

Bay dredging – More than $10 million has been spent to restore navigational safety to the bay. Mitigation, which is now complete and in the monitoring phase, was ranked as the top infrastructure priority for Mission Bay Park.

Parking lots – More than $5 million for parking lot resurfacing at Crown Point North, De Anza North, De Anza South, Dog Beach, North Cove, Old Sea World Drive, Santa Clara, Dusty Rhodes, Hospitality Point, Mission Point, Ocean Beach Dog Beach Walkway, Quivira Road, Playa Pacifica North, Robb Field, Rose Marie Stairns South Shores, Sunset Point, Tecolote North and Tecolote South.

Playgrounds – Nearly $8 million to replace playground equipment at Bonita Cove West, Crown Point, Santa Clara, Tecolote North, Tecolote South, Bonita Cove East, Dusty Rhodes, Mission Point, Playa Pacifica and Robb Field.

Comfort stations – More than $7 million to replace and upgrade comfort stations at Bonita Cove West, El Carmel, Mission Bay Athletic Area, North Cove, Santa Clara, Tecolote North, Tecolote South, Bonita Cove East, Dusty Rhodes, Hospitality Point, Mission Point, Playa Pacifica, Robb Field, Sunset Point and Ventura.

Fitness and recreation facilities – More than $3 million to replace and upgrade the adult fitness course on East Mission Bay and the recreation center at Robb Field.

"Mission Bay Park is getting the investment of a century with a wave of voter-approved funding," said Zapf. "From dredging, lighting, comfort stations, bike and walking paths and new playgrounds, Mission Bay Park will better serve San Diegans and visitors."

The Mission Bay Park Committee advises the Park and Recreation Board on the development and operation of Mission Bay Park. The committee also acts as the Mission Bay Park Improvement Fund Oversight Committee and is responsible for overseeing permanent capital improvements and deferred maintenance of facilities within park boundaries.

"My committee and I were ecstatic that the voters of our city overwhelmingly approved Measure J," said Mission Bay Park Committee chairman Paul Robinson. "This will permit the City, with our oversight, to continue to invest millions of dollars in Mission Bay."

Long-term investments also include $7 million for a master environmental report to streamline construction and guide the City on the environmental impacts of proposed projects, including wetland expansion and water quality improvements for Rose Creek, North Fiesta Island, Tecolote Creek and Cudahy Creek.

It will also include the restoration of failing shorelines, San Diego River Trail improvements, and the expansion of preserves and habitats for endangered species within the park’s Improvement Zone.

Mission Bay Park consists of more than 4,000 acres of parkland and 27 miles of shoreline.
Ecotourism expert shares vision for reinvigorating Mission Bay Park

Ecotourism specialist Andy Drumm says San Diego’s Mission Bay Park has stagnated. At a recent Citizens Coordinate for Century 3 (C-3) breakfast event, he presented a case for turning to an ecotourism model to reinvigorate it.

Ecotourism is defined by the International Ecotourism Society as “responsible travel to natural areas that conserve the environment and improve the well-being of local people.”

“The biggest growth segment in tourism is the nature-focused category,” says Drumm.

Drumm referenced Butler’s Tourism Area Life Cycle to explain the evolution of a nature-based tourist destination, which includes exploration, involvement, development, consolidation and then stagnation. At this point, the quality and popularity of a destination will decline without a sustainable, ecotourism makeover.

In addition to maintaining and nurturing natural resources, Drumm says ecotourism is better for the economy. Lowering volume and density, monitoring and managing impacts and encouraging more local input leads to a higher income multiplier, higher tourist spending and a higher ratio of jobs per tourist.

Simply put, ecotourists spend more than conventional tourists. To capture this segment of the tourism market, however, Mission Bay Park needs help.

“Failing to capture the economic value of ecosystem services often leads to the degradation of natural resources,” says Drumm.

He warned the audience against letting Mission Bay Park go the way of a small fishing village in India’s Kerala State, where tourism collapsed after environmental degradation took hold, as was the case for Italy’s Adriatic coast and Germany’s Black Forest. Perhaps the most serious danger, he says, is a lack of understanding of the benefits of biodiversity.

Among his many suggestions for Mission Bay Park were to protect and restore areas of biodiversity (resilience, shoreline protection, water purification, ecotourism value, etc.) and improve the quality of the visitor experience to include environmental interpretation and monitoring.

“Bringing about rejuvenation for Mission Bay Park also requires the public and private sectors working together,” says Drumm.

Among his directives for the private sector were improving relations with park management to ensure fulfillment of environmental values; participating in the design, construction and operational phases of development; and developing strategic alliances and business partnerships among recreational businesses and nature-focused, sustainable-ecosystem-model organizations.

It is up to the public sector, he says, to promote awareness of the critical role of biodiversity and ecosystem services in maintaining and enlarging tourism’s contribution to economic development; create zones to distinguish between natural areas and more traditional recreational areas; and to develop a comprehensive park tourism plan with multi-stakeholder involvement, among many other crucial tasks.

C-3 organized a lunch with Mission Bay stakeholders as a follow up to the breakfast and plans to continue promoting ecotourism and comprehensive planning in the area.

Boaters, standup paddle boarders and bicyclists take advantage of a beautiful fall day at Mission Bay.

THOMAS MELVILLE / BEACH & BAY PRESS

Mission Bay Park stakeholders as a follow up to the breakfast and plans to continue promoting ecotourism and comprehensive planning in the area.

Bella Scully, Grayson Bischoff, Lilly Hellberg
“Kiwanis Students of the Month”

Bella Scully, from Pacific Beach Elementary, Grayson Bischoff from Kate Sessions Elementary, and Lilly Hellberg from Crown Point Jr. Music Academy are the Kiwanis Student of the Month

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910 GRAND AVE. • SAN DIEGO, CA
PB Fitness is bringing something new to the local workout scene: group exercise in a social environment, offering unparalleled coastal views.

Owned and run by Katie Cardoza and Justin Verdugo, who worked previously in Pacific Beach at Warehouse Athletic Club and Shock Fitness, the business duo have teamed up to break out on their own.

They have set up shop in the totally renovated building at 4965 Cass St., the former home of no-frills Cass Gym for many years.

Recently opened, PB Fitness, in contrast, has all the bells and whistles, including separate levels of workout space, plus state-of-the-art equipment and locker rooms.

More than the aesthetics have changed in the new building, as PB Fitness has an entirely new business model and approach.

“If you want an open gym where you come in and work out individually — that’s not our business model,” said Cardoza. “What we do is group training, both intense and lower key, in a social environment.

Our focus is group and personal training.”

PB Fitness operates on a membership model. Cardoza said right now they’re offering a $100 per month membership that entitles members to unlimited monthly group classes and instruction with professional personalized trainers.

“You pay more, but you get better results than you would if you were paying $20 to $40 a month at a gym where you never show up, or come in only once in a while,” she said.

Cardoza said 50-minute classes are set up for maximum utility and convenience, accommodating people with their increasingly busy personal schedules. Plus, she added, the group environment facilitates a shared social experience, which not only helps bring people into the gym, but helps keep them there by making the facility a meeting hub.

And it doesn’t hurt that the brand-new gym is on different levels, offering sweeping views of the surroundings and nearby ocean.

The new gym is bringing in equipment and programs in phases. The first phase being group exercise, to be followed with more fitness-oriented alternatives to be offered, like yoga.

Thus far, PB Fitness has been well received.

“Neighborhood people are excited,” said Cardoza. “They’ve been waiting for the gym: watching for it. They’re thrilled to see the gym is operating again with more and even better equipment.”

Cardoza offers a lower-intensity class geared for seniors, while noting everyone is welcome — and served — at PB Fitness.
Bird Rock Coffee Roasters opens in Pacific Beach

Bird Rock Coffee Roasters opened their fifth retail location at 829 Garnet Ave., on Nov. 9. This cafe has indoor-outdoor spaces, an expanded food menu with new pastry chefs, and new pour-over technology for high-volume cafes, the Pour Steady

The build out was completed by all San Diego-based vendors, including interior design once again by MY Studio ID, that designed the Torrey Pines Beach Bird Rock Coffee Roasters location.

The newly remodeled 1,100-square-foot cafe in Pacific Beach features an outdoor patio with the signature Bird Rock Coffee Roasters garage door window openings allowing the nearby sea breezes to flow through the entire cafe. The location offers specialty seasonal coffees sourced at origin by staff and utilizes the Slayer SteamX espresso machine and the Pour Steady pour-over system.

The café introduces Justin Gaspar and Sean Le, pastry chefs both trained at the International Culinary Center. The pastry and the Pour Steady pour-over technology for high-volume cafes, the Pour Steady pour-over system.

The cafe introduces Justin Gaspar and Sean Le, pastry chefs both trained at the International Culinary Center in Northern California. The pastry chefs are providing homemade breads, yogurt and granola, a toast menu, and other selected grab-and-go items. This is the first location in the company to have chefs on site with a developed food menu.

“We are growing rapidly throughout San Diego, expanding our coastal brand, and we are thrilled to be part of yet another outstanding community of merchants in Pacific Beach,” said Jeff Taylor, co-owner of Bird Rock Coffee Roasters.

“We are excited to launch our expanded food menu with our new chefs, and are proud that in the midst of planning for a major opening, we were honored recently with more than a dozen national coffee roasting awards. It is essential that as we grow we achieve our vision to provide San Diego with the world’s best coffee,” Taylor said.

Bird Rock Coffee Roasters was the first to introduce direct trade and origin-sourced coffees to the San Diego community and debuted their flagship location in San Diego in 2006 — directly across the street from a Starbucks.

Since then, the roaster has received numerous accolades for their coffee, including 16 roasting awards at the 2018 national Golden Bean competition, the national Good Food Awards in 2016 and 2017, best coffee in San Diego from multiple national and local outlets.

Almond granola with Strawberry Crispapleas and fresh fruit as well as a choice of milk, cold or steamed, is available at Pacific Beach location.

BIRD ROCK COFFEE ROASTERS

Where: 829 Garnet Ave.
Hours: Monday to Friday 6 a.m. to 9 p.m., Saturday 7 a.m. to 9 p.m. and Sunday 7 a.m. to 7 p.m.
Info: birdrockcoffee.com.

“We are excited to launch our expanded food menu with our new chefs, and are proud that in the midst of planning for a major opening, we were honored recently with more than a dozen national coffee roasting awards. It is essential that as we grow we achieve our vision to provide San Diego with the world’s best coffee,” Taylor said.

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Pacific Beach is observing Small Business Saturday on Nov. 24 this year in a big way.

“Here at Discover PB, we use Shop Small Saturday to launch our Shop Small for the Holidays Campaign to promote all of the great retailers and businesses we have right here in Pacific Beach,” said Sara Berns, executive director of Discover PB. “Our Shop Small for the Holidays campaign includes an intense marketing campaign via our social media and a variety of events.”

Small Business Saturday is an American shopping holiday, which is part of a national campaign sponsored by American Express that takes place every year the Saturday following Thanksgiving.

The special day was first observed in the United States on Nov. 27, 2010. It is a counterpart to Black Friday and Cyber Monday, which feature big box retail and e-commerce stores, respectively. By contrast, Small Business Saturday encourages holiday shoppers to patronize brick-and-mortar businesses that are small and local.

Berns said Small Business Saturday is important for a variety of reasons.

“It is so important all year, but especially this time of year before we head into our traditionally slow season to support local retailers in order for them to survive and thrive,” Berns said. “We have great gift ideas at places like Gallery at Land’s End hand crafted by local artisans, and Pangea for unique items, but also thinking outside the box. “What about a gift card for an oil change from a local mechanic or pay in advance at a loved one’s hair salon? There are so many ideas for thoughtful gifts right here in our own community.”

According to the federal Small Business Administration, small businesses, so-called “mom and pops,” defined in the United States as having fewer than 25 full-time employees with annual wages below $50,000, employ more than half our nation’s working class.

Berns said Discover PB will also have opportunities for businesses to promote themselves by purchasing a wreath at the their offices at 1503 Garnet Ave. to decorate/brand, which will hang on Crystal Pier throughout December. Discover PB will also be printing Shop Small Discount cards with local deals around the neighborhood.

For information on all Discover PB holiday events, check out pacificbeach.org.

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**Sandbar Sports Grill Closed for Repairs in Fire Aftermath**

Sandbar Sports Grill at 718 Ventura Place has been closed for assessment of damages and repairs since an early-morning, two-alarm fire struck about a month ago.

The blaze, believed to have originated in Dreyer’s Ice Cream in the mixed-use building across from Belmont Park, caused an estimated $600,000 in total damages.

City spokesperson Monica Munoz said a rooftop storage area was thought to be the origin of the fire.

“We will be closed until further notice as crews go through the necessary steps to assess the damage,” said the eatery on Facebook following the fire.

Sandbar’s owner could not be reached for further comment.

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**Small Business Saturday in Pacific Beach on Nov. 24**

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SARA BERNS
DISCOVER PB EXECUTIVE DIRECTOR

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50% to 70%

11/17/18 - 12/31/18

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Diamonds are a San Diego Girl’s Best Friend!

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**Sandbar Sports Grill Closed for Repairs in Fire Aftermath**

Sandbar Sports Grill at 718 Ventura Place has been closed for assessment of damages and repairs since an early-morning, two-alarm fire struck about a month ago.

The blaze, believed to have originated in Dreyer’s Ice Cream in the mixed-use building across from Belmont Park, caused an estimated $600,00 in total damages.

City spokesperson Monica Munoz said a rooftop storage area was thought to be the origin of the fire.

“We will be closed until further notice as crews go through the necessary steps to assess the damage,” said the eatery on Facebook following the fire.

Sandbar’s owner could not be reached for further comment.

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PB Hospitality Group to hold self defense class

The Pacific Beach Hospitality Group, a sub-committee of Discover Pacific Beach, will be holding an intense self-defense training class for staff focused on issues that might be faced as a hospitality worker on Nov. 19 and 20 at Moonshine Beach, 1165 Garnet Ave.

“We have an active nightlife economy here in Pacific Beach that includes a population of workers we call the other 9- to 5ers, who are getting off work when amenities like public transportation and lighting are no longer available,” said Sara Berns, executive director of Discover Pacific Beach.

“It’s estimated we have more than 4,000 workers in our hotels, restaurants and entertainment establishments here in PB and many of them are local as well.”

The class is designed to provide tools for people to defend themselves in situations they may find themselves in at these times.

Employee and customer interaction, relations, and safety are a growing concern in the hospitality industry, perhaps growing and important concern in the current climate, relations, and safety are a growing concern in the hospitality industry, perhaps growing and important concern in the current climate.

Their goal is to empower individuals to make effective personal safety choices. In an emotionally supportive environment, participants will practice both verbal and physical skills with a fully packed mock assault. Training includes verbal self-defense strategies practiced in role-playing scenarios in a variety of contexts — dealing with strangers and people you know.

For more information on Impact Personal Safety, contact Lisa Gaeta at lisagaeta@impactpersonal safet y.com. For more information, contact Berns, at 858-273-3303.

San Diego Community Newspaper Group earns 11 SD Press Club awards

The Peninsula Beacon and Beach & Bay Press, of San Diego Community Newspaper Group, garnered a total of 11 awards, at the San Diego Press Club’s 45th Annual Excellence in Journalism Awards banquet held on Oct. 30.

Peninsula Beacon and Beach & Bay Press editor Thomas Melville earned three firsts, two seconds, and one third place for writing and photography.

Peninsula Beacon writer Scott Hopkins earned two firsts, two seconds and a third also for writing and photography.

Hopkins’ awards were:

First place: Photography feature — Light subject — “Pointers light the night,” Peninsula Beacon.


Third: Non-daily newspapers, business and financial — “After 58 years, Nati's Mexican Restaurant in OB to close June 7,” Peninsula Beacon.

Melville's awards were:

First place: Non-daily newspapers, Headlines, Beach & Bay Press.

First: Non-daily newspapers, travel-international — “Dia de los Muertos brings Mexico City back to life,” San Diego Community Newspaper Group.


Betty Ann Tetzke
June 31, 1931 - October 20, 2018

Betty Ann Tetzke (née McRae) passed away with her daughter by her side in Livermore, CA on Saturday, October 13, 2018 at the age of 87.

Betty was born to parents Kenneth and Lella McRae on June 14, 1931 in the small town of Chatfield, MN. She grew up the oldest of three. She attended Chatfield High School where she played the clarinet in the marching band, and in the local summer park concerts and parades. It was here that her teacher, Miss Gallagher, taught her so much English that she decided to become an English teacher. After graduating ChHS in 1949, Betty attended MacKinnon College in St Paul, MN where she earned a Bachelors of Arts degree and Masters in Education degree.

In 1953, she married Helmo T. Tetzke (née Titek) in Chatfield, MN and then moved west in 1954. The couple got their first jobs at Francis Parker School in San Diego, CA which included teaching typing and overseeing school finances. This was the beginning of a long and exciting career in education.

During Betty’s 50+ years in education she was a middle and high school English, Social Studies and US Government teacher, a guidance counselor, a resource teacher for the gifted, a director of programs at the San Diego, Los Angeles and San Francisco Schools of Creative and Performing Arts Co-developed/Admin Director of Instruction at the Charter School of San Diego, first Headmaster at Miras International School in Kazakhstan. Board member for SIS International University in China, and a faculty member for students attending National University in San Diego. She was a huge advocate for both students and teachers, and worked tirelessly with school districts and associations (SFDA, CSG, CDS) to leave the world a better place.

Betty was a 32 year resident of Pacific Beach (San Diego). She divorced in 1975, but continued to raise her two children and taught them to appreciate the arts, history, culture, and community. Whether it was taking her children to a Balboa Park museum, help run a teachers conference, attend a play at the Old Globe Theater or climb Mount Whitney she embraced life to the fullest. She will be family remembered for watching old Westerns, her colorful dress and use of pink and purple press when writing.

In her spare time, Betty loved to travel and experience other cultures. She especially enjoyed trips back to Minnesota, learning about her Scottish heritage in the highlands of Scotland, shopping for bonsai in Italy and running the country folk in Croatia, seeing the Great Wall and Terracotta Warriors in China, riding a camel in India and teaching in Kazakhstan. Betty was generous and known to extend invitations to old and new friends to come visit her in San Diego. When guests arrived she would say, “For the first fifteen minutes you’re company, after that you are on your own!” She would load her guests up with discount coupons and brochures and chauffeur them around to see the sites.

As the years went by, Betty didn’t care for cooking much. A dinner was often her favorite Dagwood sandwich. She preferred to dine out and would regularly meet up with friends or coworkers for lunch or dinner. She was known to say that “the three best words in the English language are ”Let’s Eat Out”.

The true light in her life were her two grand children. She adored being a grandmother and was so proud of their individual talents. You could tell how much they meant to her by the number of photographs she took! Her grandson and granddaughter were blessed to spend the last three years with Betty in Livermore, CA.

Betty touched so many lives and in return she got friends for life. Betty leaves behind her daughter, Tamarra (Robert) Yerina, her daughter-in-law Annette Battice, her grandchildren, Teila (Mike) Francis and Michael Yerina, her brother Kermit (Audrey) McRae, and her nieces, Jill (Terry) McRae-Cook, Ann McRae, Jeri (Sang) Wang, (Steve Caldeiron) Avery and Sara (Greg) Skens. She is preceded in death by her ex-husband, Helmer Tetzke, her son, Scott Tetzke; her sister Donna Lindsquest, and her parents.

As per her wishes, Betty will be laid to rest at the Chalfont Cemetery (MN) after a family service in 2019.

Betty’s family extends a heartfelt “thank you and God bless you” for the kind words and condolences. They ask that you celebrate Betty’s life by sending in memorials to the Betty Tetzke Scholarship Fund (529 Plan) of which you can make a contribution. A donation in Betty’s name can be made to the world’s largest public television station KQED; or the Betty Tetzke Education & Leadership Library. Donations can be made via their website: (https://www.kqed.org/plan) or by mail (61) 1 Library Lane 39W, PO Box 578, Chatfield, MN 55913).
Through the Roots to play Moonshine Beach

Moonshine Beach has a reputation for hosting great country music events, but on occasion they also spotlight other genres, such as on Nov. 21, with reggae/rock group. Through the Roots. The band celebrates its 10th anniversary this year, now one of the area’s top practitioners of the Cali-reggae sound, regularly crossing country. Through the Roots have released numerous albums, but live is where they really excel, and they have become solid festival draws. If island sounds mixed with a tinge of rock is your thing, Through the Roots is one of the best bands on the West Coast.

Through the Roots: Wednesday, Nov. 21 at Moonshine Beach, 1165 Garnet Ave. at 9 p.m. 21 and up. moonshinebeachsd.com.

One of heavy metal’s icons Philip H. Anselmo, performs at Brick by Brick on Nov. 15. Currently touring behind the latest album with his band, The Illegals. “Choosing Mental Illness As a Virtue,” Anselmo is prolific to a fault, with influential quartet Pantera the best known of his previous combos. In 2015, he collaborated with local’s Cattle Decapitation on their album, “The Anthropocene Extinction” so the possibility of a full set list will be tunes originally by Pantera circa 1988 – 2013.

Philip H. Anselmo: Thursday, Nov. 15 at Brick By Brick, 1130 Garnet Ave. at 9 p.m. 21 and up.

With more than 20 million copies sold in the U.S. alone, it’s safe to say that few musical bodies of work are as beloved as Fleetwood Mac’s “Rumours.” On Nov. 16 The Benedetti Ensemble will perform the entire album at Dizzy’s, recasting the tunes for guitarist Fred Benedetti’s virtuoso playing and the vocals of Regina Moom-jean and Julian Piccone. Every song on “Rumours” is a certified classic, such as “Go Your Own Way.” Don’t Stop” and “Dreams,” here we get to experience Benedetti and company breathing new magic into old lyrics.

The Benedetti Ensemble: Friday, Nov. 16 at Dizzy’s, 1717 Morena Blvd., at 8 p.m. 21 and up. tioleos.com.

For sheer fun on the dance floor, The Sleepwalkers are still the band to beat. Mixing up a brew of rock-a-billy, Mexican cumbias, early R&B and Latin rhythms, The Sleepwalkers are an instant dance party that doesn’t let up until the last note has rung out. Appearing at Tio Leo’s on Nov. 17, the band does play occasional covers, but the heart of their show is their wonderful originals such as “Oom-Pah.” All the players in this combo are great, but with guitarist Ritchie Ordiman, they have a music legend in the making.

The Sleepwalkers: Saturday, Nov. 17 at Tio Leo’s, 5302 Napa St. at 9 p.m. 21 and up. tioleos.com.

Through the Roots will play Moonshine Beach on Wednesday, Nov. 21 at 710 Beach Club on Nov. 24. Both bands have legions of fans but the nod here goes to BCR, who have a set list full of bar room classics at their disposal, such as “Remedy” and “Hard to Handle.” It’s been a decade since the Black Crowes split, so bands like BCR are the only way for modern fans to take in the best of what made the originals into stadium stars.

The Black Crowes: Savannah's original southern soul & gas stations. Set dates P. O. Box 13057, Denver, CO 80201

Misson Bay High School will be well represented at the 39th Annual San Diego Jazz Fest taking place on Nov. 21-25 at the Town & Country Hotel and Convention Center. Dozens of performers will take part in the event, including two of the school combos. The Preservationists and The Swing Choir. Both will perform multiple sets, as will the school’s music director JP Balamin’s own group. The Euphoria Brass Band. All are non-smoking. The festival performers represent a variety of traditional jazz, Dixieland, rag-time, swing, and rockabilly, rejuvenating classic sounds for modern times.

The Preservationists: at San Diego Jazz Fest Nov. 21-25, Town & Country Hotel and Convention Center, 500 Hotel Circle North, sdjazzfest.org.
EDUCATION

MISSION BAY HIGH

Mission Bay music will perform at the Thanksgiving Jazz Festival on Saturday, Nov. 24, at the Town and Country Hotel in Mission Valley. The Preservationists and Swing Choir will perform at 12:45 p.m. in the California Ballroom and 6:15 p.m. in the Golden West Ballroom. For more information, visit missionbaymusic.com.

PACIFIC BEACH MIDDLE

PRIMS is hosting its annual Holiday Toy Drive, Nov. 4-7. New and unwrapped toys may be brought to first period classroom. The class that collects the most toys wins a trip to Belmont Park.

On Monday Nov. 5, students from Pacific Beach Middle’s yearbook and media class travelled to the iTV (channel 16) studios at the San Diego County Office of Education. The students worked on video lighting, sound, and camera skills as well as video production and editing. They produced short videos and critiqued their own work.

PACIFIC BEACH ELEMENTARY

Green Gardens will host a shopping night on Nov. 29 from 6 to 7 p.m. Part of the proceeds from sales during that time will benefit PBE.

CROWN POINT JR. MUSC ACAD EMY

CPJMA had a great turn out of more than 200 families and community guests at Trunk or Treat on Oct. 29. Principal Lopez volunteered to participate in a Pie in the Face toss that made for a great fundrais-er. A big thank you to our PTO team and Partners in Education, Newbreak PB, who continue to make this event such a great success each year.

KATE SESSIONS ELEMENTARY

On Nov. 8, Sessions Elementary celebrated the birthday of Katherine Olivia (Kate) Sessions. The school that bears her name planted seed papers in their garden to honor the woman who was known as “The Mother of Balboa Park.”

Sessions just unveiled plans to con-struct an outdoor classroom. In addition to a teacher’s table and chairs for the students, the area will include an imagination playground, cistern, compost bin, a polli-nation garden and the planting of 31 trees. Kate Sessions would have loved to be taught in this classroom. KSE would like to thank these generous donors: Precision Landscape Maintenance, brim and Village Nurseries Landscape Centers.

BAR NARD ELEMENTARY

Barnard was pleased to host Lori Mitchell, the author of the acclaimed book “Different Just Like Me” that was fea-tured on “Oprah” and the “Today Show.” Her “Exquisite Corpse Poetry” station chal-lenged students to collaboratively build a poem without knowing what the others were writing.

“Imagination comes naturally to children. We just need to find the right sparks for our stu-dents and then they can express them-selves in wondrous ways,” The San Diego Unified Council of PTAs honored Barnard’s Writers Night as an innovative program with the Ruth Johnson Award in 2017.

FOPBS

Registration for the 2019 Schoolyard Dash 5K and 1 Mile Kids Run is open. Sign up to take advantage of the early bird pricing at schoolyarddash.org. The sixth annual Schoolyard Dash 5K and 1 Mile Kids Fun Run is a great way to raise money for Pacific Beach Middle and Mis-sion Bay High schools. Join in on Sunday, Feb. 24, to run or walk with family and friends at De Anza Cove along the Mission Bay running path. Breakfast, snacks, coffee, and drinks will follow the race and top runners will be recognized. Come on out to enjoy the fun all while supporting Pacific Beach schools.

The next Friends of Pacific Beach Secondary Schools meeting will take place 6 p.m. Wednesday, Nov. 28, at Mission Bay High School Library.

Patients Program.

At the signing ceremony are Justin Moore, a former point guard for MBHS who played for Georgia Tech, Boogie Ellis, and Mission Bay boys basketball coach Marshawn Cherry.

Mission Bay High School boys basketball combo guard Rejean (Boogie) Ellis announced that he has com-mitted to play basketball for Duke University. During the ceremony at the MBHS gym on Friday Nov. 9, Ellis said, “After talking with God, my family, coach Marshawn Cherry, and my trainer, I decided to go to Duke University.”

Rankeled as one of the 30 best players in the class of 2019, Ellis received scholarship offers from several schools including Duke, University of North Carolina at Chapel Hill, University of Southern California, San Diego State University, and University of Mem-phis.

Duke coach Mike Krzyzewski, and UNC-Chapel Hill coach Roy Williams, visited Mission Bay to actively recruit Ellis.

Mission Bay boys basketball coach Cherry said: “Ellis has a great work ethic and love for the game. He had the drive and deter-mination to be the best player to come out of San Diego.”

Boogie Ellis

Boogie Ellis commits to play at Duke

Boogie Ellis

Boogie Ellis commits to play at Duke
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Just Listed

PAGE 14
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We hope YOU have a Happy Thanksgiving

- Karen and Mike
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17728 Valle De Lobo Dr, Poway
Gorgeous end unit with expansive greenbelt in the highly sought after community of Stoneridge Chateaux. This single story property features vaulted ceilings, cozy fireplace, recessed lighting, fabulous views and additional interior space with the enclosed atrium. Condo is light & bright with outdoor living on the terra cotta tile patio. This fabulous Poway Community is within the Top Rated Poway School District!

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Coming Soon!
3548 Accomac Ave, Clairemont
First time on the market in over 25 years! Charming Home in the very popular & desirable “Mount Streets” of Clairemont. This 3Bd Home has an additional 1 Bed & Office from a fully enclosed Patio, that provides an additional 278 sq/ft., on top of the 1,716 sq/ft. listed in public records. Enjoy the very large Master Bedroom, beautiful curb appeal & relaxing back yard. Walk to the park & short drive to schools, shopping, golfing, freeways, & beaches.

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