The number of homeless people in San Diego County dropped by 6 percent from the previous year, according to the 2018 Point-in-Time Count.

Conducted every year by the Regional Task Force on the Homeless, the count from this past January showed that 8,576 men, women and children are living on the street or in shelters, compared to the 9,116 counted in 2017.

The results are used to apply for federal funds to help local homeless people and to find solutions on how to best serve those most vulnerable in the community.

Of the 8,576 homeless people in the region, 4,990 were unsheltered this year compared to 5,621 last year, an 11 percent drop. Also, 3,596 were sheltered, compared to 3,495 last year, a nearly 3 percent decrease.

After a steady decline the last few years, veteran homelessness rose 24 percent, with 1,312 counted as opposed to 1,054 a year earlier. The number of homeless veterans remains down 20 percent from 2011’s count.

Business, tourism leaders support visitor tax increase

Ballot initiative may fund homeless programs, pave roads, add jobs

A new citizen’s initiative seeks to ask voters in November to sanction an increase in the City’s transit occupancy tax to fund the convention center expansion, homelessness programs, create new jobs and continue road repaving and other infrastructure improvements.

The “Yes! For a Better San Diego” campaign proposes a 42-year increase in the City’s visitor tax that they claim would raise $6.4 billion over the life of the measure: $3.78 billion to expand and update the convention center, $2.02 billion for homeless services and $694 million for street repairs. The campaign has been endorsed by the San Diego Tourism Authority and the San Diego County Hotel-Motel Association, joined by local tourism businesses including those in the region. 4,990 were unsheltered this year compared to 5,621 last year, an 11 percent drop. Also, 3,596 were sheltered, compared to 3,495 last year, a nearly 3 percent decrease.

After a steady decline the last few years, veteran homelessness rose 24 percent, with 1,312 counted as opposed to 1,054 a year earlier. The number of homeless veterans remains down 20 percent from 2011’s count.
Judy Kettenburg-Chayka attributes her success to a number of factors: her love and enthusiasm for the architectural character of the area, her broad knowledge of the real estate industry, and her exceptional ability to facilitate her clients in attaining their goals. As a realtor who balances analytical thought with empathic understanding, Judy regards herself not as a salesperson, but as a real estate consultant.

Judy Kettenburg-Chayka has represented both Buyers and Sellers since 2003, and has negotiated successful transactions for her clients through virtually every conceivable circumstance. Judy is trained and qualified to assist you with all your real estate needs. If your move takes you locally, nationally or globally, Judy’s wide-ranging capabilities are there to make your move as painless and rewarding as possible.
<table>
<thead>
<tr>
<th>Neighborhood</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ocean Beach</td>
<td>$999,000</td>
<td>3 br 2.5 ba beach home in OB. Open floor plan, gourmet kitchen and 2 decks with fantastic views. Beach living just got great!</td>
</tr>
<tr>
<td>Ocean Beach</td>
<td>$939,000</td>
<td>3 br 1.5 ba beach cottage in fantastic South OB location. Remodeled kitchen, FP, outdoor shower, detached 2 car garage &amp; fresh paint.</td>
</tr>
<tr>
<td>Ocean Beach</td>
<td>$880,000</td>
<td>1904 Bungalow in Roseville offers 2 br 1.5 ba, single level, original redwood floors, upgraded galley kitchen, detached garage with lrg workroom. Represented the Buyer.</td>
</tr>
<tr>
<td>Point Loma</td>
<td>$799,000</td>
<td>3223 Tennyson</td>
</tr>
<tr>
<td>Point Loma</td>
<td>$819,000</td>
<td>Sunny 2 bedroom 2 bath top floor condo with a private covered dock &amp; laundry closet. Ideal floor plan features dual suites on opposite sides of the unit.</td>
</tr>
<tr>
<td>Point Loma</td>
<td>$1,095,000-$1,145,000</td>
<td>Approx 3500 sq ft. Ocean view lot. Custom Craftsman fixer. Brand new 5 br 3.5 ba stunner has panoramic ocean views, gourmet kitchen, central heat &amp; AC, gas FP, romantic master retreat &amp; it's a Smart Home.</td>
</tr>
<tr>
<td>Point Loma</td>
<td>$349,000-$369,000</td>
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</tr>
<tr>
<td>Ocean Beach</td>
<td>$1,595,000</td>
<td>4 br 3 ba detached, turnkey home in OB. Open floor plan, gourmet kitchen and 2 decks with fantastic views. Beach living just got great!</td>
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<tr>
<td>Ocean Beach</td>
<td>$9,900,000</td>
<td>Single level 3 br 2 ba house in the countryside. Presently a licensed dog rescue w/ kennels &amp; outhouses for their care. Over 1½ acres of lush grounds.</td>
</tr>
<tr>
<td>Ocean Beach</td>
<td>$899,000</td>
<td>3 br 1.5 ba house located on a quiet street in the desirable Plumosa Park area. The bonus family room looks out onto the lrg rear fenced yard w/mature fruit trees.</td>
</tr>
<tr>
<td>Ocean Beach</td>
<td>$999,000</td>
<td>Spanish style 2 br 2 ba townhouse with open floor plan, roof top patio w/water and city views and a second floor patio off bedroom.</td>
</tr>
<tr>
<td>Sunset Cliffs</td>
<td>$3,195,000</td>
<td>Amazing 5 br 5 ba overlooking Sunset Cliffs Natural Park &amp; local surf breaks. Home has panoramic, undistractible ocean views from every room.</td>
</tr>
<tr>
<td>Ocean Beach</td>
<td>$899,000</td>
<td>3 br 1.5 ba dream home on approx. 5,000 lot ocean views. Basement and 2 car garage. Private back yard and alley access. Perfect for your re-model. I helped this buyer and I can help you too!</td>
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New design concept planned at former Midway Post Office

Developers of the former Midway Post Office have a new name – The Post – and a new design concept – envelope – for the long-dormant 16-acre site at 2535 Midway Drive.

San Diego-based Hammer Ventures, LLC, which develops urban properties in San Diego and Los Angeles, acquired the former U.S. Postal Service distribution center for approximately $40 million from Rexford Industrial Realty Inc. of L.A. in October 2015.

Rexford had planned to redevelop the former U.S. Postal campus, which included two buildings with a total of 37,300 rentable square feet, into new industrial space.

Hammer Ventures is altering the redevelopment game plan of the cornerstone property located in the neighborhood of the Sports Arena in the Midway District.

The Midway District is in the final phase of a years-long community plan update, which will go before the City Council for final approval on June 26.

The Midway Community Plan update provides for a growing amount of future residential development in the largely commercial-industrial district. Some consider redevelopment of the former post office site as a key puzzle piece in planning for the entire area moving forward, which could include the future redevelopment of the Sports Arena nearby at some point.

Hammer Ventures has expressed its intent to turn the former postal site into an upscale office complex to include significant housing, apartments or condos, next door. “We are still in the early planning stages,” said Hammer Ventures spokesperson Sam Moore, disclosing only that, “We’re keeping a portion of the existing structure.”

Noting a full plan for the redesign of The Post “is still a month or two out,” Moore added Hammer will be more forthcoming about details of its project “in the coming months when the future of the project is better understood.”

At postcoastal.com, it’s stated that The Post will be “a unique urban coastal campus” created around the landmark former Midway Post Office while noting, “the concept is inspired by the original design strength and simplicity of an envelope.”

Hammer likes the future unveil of The Post to “the moment of excitement when opening a card or package in anticipation of what’s inside.”

In excerpts from The Post website, Hammer Venture’s vision for redevelopment proposes adapting the existing brutalist architecture of the former U.S. Post Office building while noting, “the concept is inspired by the original design strength and simplicity of an envelope.”

Famosa and Nimitz boulevards, which recently had a major arterial track on it closed by the City, became a major bone of contention at the May 17 meeting.

Owner of the San Diego Housing Commission, the site is proposed to be developed into a 78-unit affordable housing project. SDHC reps told the group the project is in the preliminary phase, with tests ongoing to ensure the site’s viability for development.

During a 1 1/2 hour debate, citizens questioned whether the development would actually be affordable. Several argued what is really needed is affordable housing on the site, “they might be ‘disingenuous,’ argued one neighbor.

Another complained affordable housing is a misnomer given “there is no rent control in San Diego.” Yet another decried the affordable housing project as unfair to local residents “who are invested in the community and whose property values would be negatively impacted by affordable housing.”

A fourth person testified senior housing is a more serious housing need in the Peninsula.

CPB board member Jerry Lohla defended the SDHC project saying, “This is quality stuff.” He argued there are many working families who would benefit from it.

Colleague David Dick warned residents to be careful what they wished for, noting if they turned down affordable housing on the site, “they might end up with (a less appealing) development like what’s occurring on Voltaire.”

Pointing out it’s been a year since the public hearing on the SDHC project, board member Don Sevrens suggested a public workshop be held to fully vet the public’s concerns.

PCPB voted to hold a special meeting about the SDHC site Thursday, June 7 at the group’s usual place and time in the Peninsula Library’s community room.

From the audience, Ron Slayer noted the chapel is “probably the last altered of the buildings” in historic Liberty Station, which has strict rules against modernizing existing architecture. “All the wood furniture, including the pews and pulpit are in their original condition,” said Slayer. “This is a notable visual landmark.”

Noting the chapel was built right after Pearl Harbor and was used by servicemen before and after World War II. “We don’t need another restaurant,” Henry Garon said.
Take a trip on the magic Cannabus in Ocean Beach

Jaquelyn Mitchell, one of the Cannabis girls, said she has heard it all.

“People think we sell from the bus,” Mitchell said. “I tell them, ‘we don’t sell from the bus, but I can take you to where they do, for free!’”

Branded with bold white lettering that reads “Urbn Leaf,” the Cannabus is hard to miss if you’ve spent any time in the beach communities this year. In operation since February, the bus offers free rides to the Urbn Leaf dispensary on Buenos Avenue. Pick-up spots are located in Ocean Beach during the week and Pacific Beach on the weekend, with added pick-ups in Ocean Beach on some weekends.

“Our OB route is the most popular,” Mitchell said.

During the 10-minute drive to the dispensary, riders enjoy cushy bench seats and tables with booths. They can also sync their phones to play their music, enjoy an adult beverage and light up a marijuana joint.

Mitchell said she and the other Cannabis girls check ID’s, to make sure people are 21 (if consuming alcohol). A built-in door separates the cabin and the driver, keeping it smoke free in the front seat.

“The hardest part, she said, is finding parking and not staying in loading zones too long. On average, there are 20 people riding the bus each day.

“Most people hear about us through word of mouth,” she said. “Like, people from out of town ask for balm and oils.” Mitchell said all types of people hop on the bus, from college students to older people who want to look for balm and oils. “Tourists, we get a lot of tourists, and people who just hop on when they walk by,” Mitchell said. “I’ve had people from Germany, Austria. A lot more people are from out of state and a lot of people from hostels.”

Once the bus arrives at the dispensary, riders receive a wristband that allows them to skip the line and receive a free lighter. An ID is required to enter the dispensary, where “budtenders” help answer questions about products and fulfill your order.

“My servers where they can get marijuana, and their servers send them here.”

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The trip back to the beach or go their own way. People can also hop on the bus from Urbn Leaf. The trip from pick-up to drop-off takes about an hour.

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Officer Training Corps program at the Navy Junior Reserve "T-Nuts," and members are headed to a completely different school. And now, another group is recognized highly talented in constructing award-winning robots. Point Loma High students have proven the perfect complement for opening a great venue like Liberty Station. Fitness as part of one's routine is key to a healthy and balanced lifestyle," he said. As a seasoned fitness veteran, Butts acknowledged "how convenience and location" effects one's ability to adhere to an exercise schedule. Determined to capitalize on San Diego’s climate and "beautiful outdoor spaces," Butts and Blackaller describe Spin & Go as an effective outdoor workout that can enrich and "improve San Diego’s health and quality of life." Studies indicate that outdoor activity increases one’s enthusiasm to exercise. Simply stated, exercising outdoors – in any capacity – encourages participants to exercise more. Direct exposure to sunlight is also noted to directly – and positively – affect mood.

**Spin & Go outdoors at Liberty Station**

By LUCIA VITI | The Beacon

Spin & Go, a "pop-up" outdoor stationery cycling class, now graces Liberty Station every Wednesday at 5:30 p.m. While embracing the adventure of the outdoors, Spin & Go captures the energy of stationery cycling, a class that now dominates the world of group exercise.

The concept is simple. Participants of all athletic levels sign up for a 45-minute flywheel ride at the pop-up location. Spin & Go sets up, cleans up, and provides an incredible ride with a dynamic, certified instructor.

 Owners Corey Butts and Oz Blackaller both agree, "Spin & Go is the outdoor evolution of an indoor cycling studio." The transportable class is noted to combine an "exciting atmosphere that encourages camaraderie," with the beauty of an outdoor environment.

"A brick-and-mortar studio is no match for the beauty of the outdoors," said Butts.

Brother-in-laws by marriage to twin sisters, Butts and Blackaller collectively share years of fitness and business experience. Touting a bachelor of science degree in health science and kinesiology, Butts lauds two decades of working within the realm of athletics. The self-described "educator and motivator" continues to serve within the genres of personal and athletic performance training, his outdoor boot-camp classes entitled IMORFIT, as well as cycle and yoga instruction.

"As an educator and motivator, I challenge clients to achieve their fitness goals in a safe and effective way," he said.

Sporting a bachelor of science degree in business management, Blackaller, a human resource professional, is also a licensed yoga instructor who leads private and group yoga classes. Blackaller combined his business acumen with his talent for health, wellness and "excellence in customer service," to instigate a "shared entrepreneurial mindset and interest in fitness," with Butts to bring Spin & Go to fruition. "Corey and I believe in the strength of the team," he said. "Corey’s fitness background combined with my business acumen was the perfect complement for opening a business we felt good about. Our business model was based on thinking outside the box. "We’ve set ourselves apart from the competition. We believe in uniqueness. Our brand is an alternative way to get people fit in a great venue like Liberty Station. Fitness as part of one’s routine is key to a healthy and balanced lifestyle," he said. As a seasoned fitness veteran, Butts acknowledged "how convenience and location" effects one’s ability to adhere to an exercise schedule. Determined to capitalize on San Diego’s climate and “beautiful outdoor spaces,” Butts and Blackaller describe Spin & Go as an effective outdoor workout that can enrich and “improve San Diego’s health and quality of life.” Studies indicate that outdoor activity increases one’s enthusiasm to exercise. Simply stated, exercising outdoors – in any capacity – encourages participants to exercise more. Direct exposure to sunlight is also noted to directly – and positively – affect mood.

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**Wooded Neighborhood**

Built in 2011, this newer construction home is located in Point Loma’s Preferred Wooded Neighborhood. Open living room with vaulted ceilings, kitchen with granite countertops, travertine backsplash designs, marvelous multicolor travertine flooring, large butcher block counter island. Master Bedroom suite with designer travertine shower and oversized separate deep soaking bathtub. Relax in your Charming Cottage with Family & friends. Close to Renowned Sunset View Elementary School, and Nazarene University.

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Serra win gives Pointers the Eastern League title as playoffs loom

By SCOTT HOPKINS | The Beacon

The baseball gods were smiling down on Point Loma High"s team.
In order to win a second straight Eastern League title they needed to sweep their three-game series against La Jolla, which they did last week.
But they also needed Serra to defeat Mira Mesa in their final league game to prevent a three-way Eastern League tie, which would have given the league championship to the Marauders who held a tiebreaker by beating the Pointers two of three games.

So on the last day of the season May 16, after defeating the Vikes 3-1, the Pointers reeled on the outfield turf of the La Jolla field and awaited the end of the Mira Mesa-Serra game via telephone reports.

When word came of the final out in a 4-2 Serra victory, the Pointers erupted in cheers as they officially became double elimination.
The Pointers were ranked No. 11 of 20 Div. II teams and received the No. 9 seed of 12 playoff teams at the CIF pairings meeting.

In baseball, teams seeded 1-4 receive a bye while teams 5-12 meet in a "play-in" round.
The Pointers were scheduled to meet No. 8 seed Brawley on Tuesday of this week. The game was played at David Wells Field because the Pointers are league champions. Normally games are played at the field of the highest seed.
From this point on, the playoffs become double elimination. If the Pointers won this game they were scheduled to meet No. 1 seed Mission Hills in the first round yesterday (Wednesday) at Mission Hills. That winner was to meet the survivor of games between No. 5 Canyon Crest, No. 12 Serra and No. 4 Otay Ranch tomorrow.
In the three-game La Jolla series, Mitchell Sardo was 5 for 10 at the plate with two doubles, two stolen bases, two runs scored and four runs batted in. Josh Ball was 4-8 with a double, two runs scored and three RBIs. Jared Bacon was 3-8 with two stolen bases, two runs scored and three RBIs.
Other RBIs went to Jeffrey Barber (two), A.J. Schrader, Connor Ludwig, Jack Early, Jesus Norigeja and Julio Avalos.

On the mound, Austin Curtice threw nine innings in two games, walking four and striking out 13. He was credited with two of the victories, one in relief.

Austin Correia, in what head coach David Wells called his best work of the year, threw five innings giving up only one hit, walking none and striking out six for one of the victories.
In relief, Dylan Vaughn gave up only his first walk of the season in 13 appearances covering 21 innings. He has struck out 13.

Extra points
- A total of 12 seniors were honored before the final regular season home game May 14. Before the game, each player was introduced and walked the first base line to home plate, meeting his parents walking the third base line. Each player received a mounted 30-by-30 inch action photo of themselves with their name and other graphics created by parent Anabel Sardo.

Pointer sailors win another national title

By SCOTT HOPKINS | The Beacon

They've done it again.
Seven members of the Point Loma High School sailing team and veteran coach Steve Hunt have paced a second straight national championship trophy in their league game before returning home.

This year"s Mallory Cup national double-handed championships were held May 12-13 on Clear Lake in Seabrook, Texas and hosted by Clear Falls High School.

Under sunny skies and with temperatures in the upper 80s the Pointers scored a dominant 48-point margin of victory.
A total of 20 races were run the first day and 14 more the second day in CIF class boats manned by 137 sailors from the top 20 schools in the nation who qualified in seven earlier regional regattas.
Each school entered a boat in the A and B divisions. The Pointer A boat was skippered by senior Jack Reiter, sailing his final prep regatta, with sophomore Kalesa Woodard. The pair won their division with 72 points (the total of all finish places). Francis Parker of San Diego was second with 97.
In the B division, sophomore skipper Jack Egan was paired with either junior Jonah Hatt or sophomore Marcus Huttunen depending on wind conditions. They also won with 86 points, edging Clear Falls High School (League City, Texas) with 89 points.
The A and B total of 158 secured the Pointers" 2018 Mallory Cup. Parker (206) finished second and Egan finished third (209).

Last year"s win was hosted by the Massachusetts Institute of Technology. Both Reiter and Egan were part of that win.
National prep sailing is under the auspices of the Interscholastic Sailing Association.

Coach Steve Hunt, left, and the Point Loma High sailing team are all smiles after winning the school"s eighth national championship.
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HURRY! DEADLINE JUNE 13TH!

HURRY! DEADLINE JUNE 13TH!

HURRY! DEADLINE JUNE 13TH!
they learn basic cooking skills and students each week. During the class, ping in and out throughout the year. Other “food curious” students pop- school program each week, with school,” Gary said.

Library Point Loma branch, followed cooking classes at the San Diego spread, leading to vegan family no-meat cooking ideas quickly San Diego Unified School District on Club at PLHS after working with the PLHS alumna Liz Gary said. It’s not necessary,” club founder and teacher. She picked up following a vegan lifestyle later in life and said she too was once skeptical of how to make a tasty vegan meal. “My son brought a girlfriend home and she was vegan.” she said. “I walked through the grocery store and had no idea what to cook for her. It was frustrating.”

Gary said she has received some pushback about choosing to be a vegan and for bringing vegan recipes into the classrooms. Overall though, she said the program is well received and expanding. PLHS was the first school in San Diego County to have a Vegan Cooking Club, but several other schools have since jumped on board including Mission Bay, Lincoln and Chula Vista high schools. All of the recipes from the classes are being compiled into cookbooks for the students with a couple printed copies provided to the school libraries. Visit VegClubNews.com to see more of the recipes and learn more about the vegan lifestyle.

Vegan Cooking Club Cookbook.

Gary said she wanted to be a home economics teacher but was discouraged from doing so by a for- mer teacher. She picked up following a vegan lifestyle later in life and said she too was once skeptical of how to make a tasty vegan meal. “My son brought a girlfriend home and she was vegan,” she said. “I walked through the grocery store and had no idea what to cook for her. It was frustrating.”

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“Vegan is the new cool thing in school,” Gary said.

At PLHS a core group of around 15 students attend the free after-school program each week, with other “food curious” students pop- ping in and out throughout the year. On average, Gary said there are 30 students each week. During the class they learn basic cooking skills and how to make informed food choices. “Students are learning about how our food choices benefit our every- day health,” Gary said. “They learn about the natural resources involved in making them available.”

The classes are made available through after-school program grants and according to Gary are the only opportunity for students to learn how to cook inside the class- room. “They used to have Home Ec class- es but now we do not even have that,” she said.

Big news to share! As of June 1, 2018 we will be operating under the name: Sunrise Sunset Studio: A Center for Movement. We want to thank Ocean Beach for all the well wishes for our new vision! The schedule for June will include new morning classes and amazing teachers, Tuesday and Thurs- day mornings we will be introducing Gentle Yoga/Yoga for Seniors at 8am. We also will be offering a kid’s sum- mer camp for peaceful warrior Martial Arts classes, as well as a kid’s medita- tion summer series. Stop by June 8 at 7pm for a meet and greet with our teachers and launch party! We also invite you to our FREE Flamencos class with Reyes Barrios June 15 at 7pm. Space is limited so sign up on our site! Upcoming classes include: Jazz Fusion, Acro Yoga, Buti, Intro to Meditation Series, and more! We are currently in search of an AWESOME hip hop teach- er, so please contact us with your info! Ongoing classes include prenatal and mommy and me yoga classes on Sun- days and Candlelit restorative yoga on Wednesday evenings! Last chance to buy the 25 classes for $200 Time to try something new! Join us!”

Students prepare a meal at the new Vegan Cooking Club at Point Loma High School.

Vegan Cooking Club: the new cool in school
Point Loma Tea

Point Loma Tea, owner and founder Cheryl Graf opened the tea boutique in 2012. Cheryl's love and passion for really good tea and the joy of assisting others "Experience the Artistry of Tea" have made this shop a favorite. Point Loma Tea works with many chefs, cafes, coffee shops, restaurants and even breweries to supply tea for the daily menu along with baking, creative cocktails and even infused beer. "It's all about working together in the community!"

Point Loma Tea offers a well balanced tea menu featuring organic, hand picked, orthodox, whole leaf teas from all over the world. Some of these gardens and estates that have been established for generations. You will find a wide variety of fantastic tea offerings that can be purchased by the ounce or by the pound. Some of customer favorites are the variety of Breakfast Teas along with their creative Signature Blends, such as San Diego Sunset, California Sunshine, Lemon Souffle, Sea Magic, Bedtime Blues, Tipsy Cupcake to name a few. Cheryl and the Tea Team love to get creative with their own special tea blends to delight you!

Point Loma Tea also offers, a private label tea program for Special Events such as Bridal Showers, Weddings, Hotels and more. Point Loma Tea offers tasting workshops, tours and private events. You're invited to come by and "Experience the Artistry of Tea", at Point Loma Tea - Liberty Station Barracks 14.

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Visit www.artsdistrictlibertystation.com
Club Pilates Liberty Station

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The Readers Choice Awards of 2017 is your guide to top-rated businesses in every category, from dining and shopping to services, entertainment and more, making it a special section to remember. Here are just a few of the many Readers Choice Winners voted on by our readers. You can be sure you’re experiencing the best our community has to offer!

**Best Hair Salon**

The Electric Chair Salon

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**Best Contractor**

Victor Lund General Contractor

Lund specializes in coastal renovations locally and throughout San Diego. However, he and his team of highly-skilled workers will take on any size task, from small rooms to gentrification projects. Lund uses in-house carpentry crews, which gives the company greater control over the quality of work and scheduling. A member of the Point Loma community, Lund has 33 years of experience in the construction industry.

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**Best Hotel/Lodging**

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Coastal Sage Gardening

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**Thank You OB & Point Loma!**

Readers choice winners who would like to advertise in this section, contact Mike Fahey:
858.270-3103 x117
The Women’s Museum of California has debuted its newest exhibit, “The Big White Dress,” which explores the evolution of American wedding dress fashion from the 1800s to modern day.  

With 12 wedding gowns on display from various eras and textual displays of history placed throughout, the exhibit showcases how cultural changes throughout history have contributed to the progression of bridal fashion over time.  

Nikki Saputo-Menn, the curator of “The Big White Dress,” says that the exhibit is really about women, history and the way women have felt about marriage since the 1800s. “The exhibit is really about women, the evolution of bridal fashion over time. It explores the diversity in the marital tradition from 21st century weddings. With the inclusion of same-sex marriages, the cultural changes throughout history are reflected in their gown choices for each time period.”  

For instance, the first gown displayed at the entrance was black, a color typically associated with mourning and opposite of the white color typically associated with wedding attire. “The Big White Dress” was started with a black dress, Saputo-Menn explained. “Black then, marriage made women a little apprehensive. Women were scared they were going to be miserable, lonely, and stuck by themselves to raise the kids by themselves. They were brought up to fulfill their wife duty, also expected to succumb to their husband’s desires… They were repressed in their life, but also in what they wore.”  

The exhibit then illustrates the infusion of the white wedding gown at the turn of the 20th century. During the early 1900s, the “women’s suffrage movement led to a feeling of empowerment, and it’s seen directly through the clothes,” says Saputo-Menn. The bridal fashion throughout the 1920s and 1930s was indicative of liberation for women in society. Exemplified by the dresses on display, the hem line rose, sleeves started being worn as detachable, satin infusions of the white wedding gown were borrowed from the museum’s History and Sons collection, personal taste. The Women’s Museum of California, Where: Women’s Museum of California, 2730 Historic Decatur Road, Suite 103, Liberty Station.  

Info: womensmuseumca.org. The exhibit then illustrates the infusion of the white wedding gown at the turn of the 20th century. During the early 1900s, the “women’s suffrage movement led to a feeling of empowerment, and it’s seen directly through the clothes,” says Saputo-Menn. The bridal fashion throughout the 1920s and 1930s was indicative of liberation for women in society. Exemplified by the dresses on display, the hem line rose, sleeves started being worn as detachable, satin infusions of the white wedding gown were borrowed from the museum’s History and Sons collection, personal taste. The Women’s Museum of California, Where: Women’s Museum of California, 2730 Historic Decatur Road, Suite 103, Liberty Station.  

Info: womensmuseumca.org.  

“The Big White Dress” showcases how cultural changes throughout history have contributed to the progression of bridal fashion over time.
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Fast Heart Mart takes a beat at Harney Sushi in Old Town

Dr. Bart Mendosa | The Beacon

Old Town has many wonderful entertainment options, but until recently, with the exception of strolling mariachis, music wasn’t one of them. Recently, however, acoustic music hotspot Java Joe’s has moved into the area, and now, singer-songwriter fans can find live music on Thursdays at Harney Sushi, including Fast Heart Mart, aka Martin Stamper, who performs there on May 24.

Originally from Virginia, Stamper arrived in San Diego circa 2013, quickly immersing himself in the local music community. A prolific tunesmith, Stamper’s music is steeped in Americana, varying between banjo and guitar accompaniment, originals and covers, which might range from folk standards to a recast version of Ozzy Osborne’s “Crazy Train.”

The past two years have been hectic for Stamper, with performances in Europe, a book, “European Music Tour,” chronicling said adventures and the release of his latest of 14 albums to date, 2017.

Stamper got an early start in music. While he has been a performer professionally since 1999, he started writing songs at the age of 4. “It was a harmonica song called ‘Lunch Box,’” he recalled. While today he is known for his banjo prowess, guitar was the gateway to his music career. “I have always been soothed by songs. Guitar was a natural accompaniment for songs that I would write,” Stamper remarked.

“I knew I wanted to write songs because I had a lot anxiety as a kid. I wanted to help others feel less alone in their struggle through songs, like all the singers I have ever listened to have done for me,” he said.

He notes that his focus on original music in his live sets has lessened in recent years. “I’m playing a lot more covers these days than I used to,” Stamper said. “Back in the early 2000s I could play all original music because I was making good money from the album sales etc., so I only used to do more obscure covers by bands like Neutral Milk Hotel or The Handsome Family. When I moved to San Diego in 2013, I quickly realized I needed to play more covers if I was going to make any money. I now play about 50 percent originals, 20 percent public domain songs and 10 percent covers.”

He cites Pink Floyd’s “Wish You Were Here” and The Beatles “Norwegian Wood” as current crowd pleasers. “I’m really learning a lot lately about picking the right songs for the right crowd and setting. If I know what mood a crowd needs at a particular time and place and I have an original song that would fulfill that need, then the original song will grab their attention,” he explained.

“For example, Farmers’ Markets are usually early in the day with a lot of babies and toddlers around, so upbeat banjo music works great, such as my song “Hearts and Dreams.” However, if I’m playing at some ultra-hip bar at night, the banjo stuff may not go over so well. That’s when I break out my guitar and play some original modern rock-ish songs. But there are definitely times when the only trick that will work is a good cover song.”

Stamper acknowledges being a full time musician can be tough, but he wouldn’t live his life any other way. “I’ve been a lawn mower, a baby sitter, a waiter, an automotive tire technician, a teacher to the mentally disabled, a mosquito control man and a video-grapher,” he mused.

“Music is the only thing that still keeps my attention. It’s what gets me out of bed every day, it’s the only profession that excites me,” he continued. “I believe I’ve been given a gift of music and when I honor the gift, it fulfills me and provides joy like no other profession I know.”

Guitar Workshop Plus to jam at Point Loma Nazarene

Dr. Bart Mendosa | The Beacon

San Diego’s booming music community has many ways for budding musicians to perfect their craft, but one of the best, weeklong music camp Guitar Workshop Plus, only takes place once a year. Based in Canada, the event is now in its third year locally, and for the first time, instructors are all San Diego-based. For the 2018 season, instructors are set to include country music legend Albert Lee (Emmy Lou Harris, Eric Clapton), blues rocker Eric Gales, hard rocker Nita Strauss (Alice Cooper, Iron Maidens) and 2017 San Diego Music Award Lifetime Achievement winner Wayne Riker.

“We are happy to be returning to San Diego, especially with a new campus,” said GWP founder Brian Murray. Formerly in San Marcos, Murray sees the move south as necessary. “Our previous location was nice,” Murray continued. “But we have an international group of students that attend each year and this is more central, which gives more people in the area a chance to attend.

“There are wonderful facilities, both for music performances and teaching, as well as dorm facilities and meals for those staying on campus. Plus, there are incredible views,” he said.

Riker agrees. “The move will be favorable, as the locale will be closer to the airport for out-of-towners as well as having better accessibility in general for local attendees, not to mention the pristine setting overlooking the Pacific Ocean,” he said. Advance registration for classes is recommended

“It’s not just guitar,” Murray continued. “That’s obviously what we started out as, but we also offer bass, drum, keyboard, vocal and songwriting courses.” He points out that musician’s at all levels are welcome.

For more information, visit guitarworkshopplus.com.

MUSIC

READ MORE ONLINE AT sdnnews.com
BEACON TRAVELS
The Peninsula Beacon was invited to Sammy and Ashley Tocco’s wedding in Cancun, Mexico on Feb 10.

BEACON TRAVELS
Trevi Fountain, with her favorite newspaper, at Liberty Farms, is The Shire from the film.

BEACON TRAVELS
Point Loma natives Matt, Nancy and Colin Nilsen took a family trip to North Island, New Zealand. The ‘Lord of the Rings’ trilogy fans spent a lot of time visiting various gorgeous filming locations, including Mount Doom. This photo was taken at Hobbiton in Matamata, New Zealand. The ‘Lord of the Rings’ trilogy fans spent a lot of time visiting various gorgeous film locations, including Mount Doom. This photo was taken at Hobbiton in Matamata, New Zealand.

BEACON TRAVELS
Kyle, Amy, Rob and Tacy Armstrong hiked the Inca Trail to Machu Picchu – bringing along their favorite local newspaper.

BEACON TRAVELS
Judy Miller and her Beacon celebrating Thanksgiving at Machu Picchu and the Sacred Valley in Peru.

BEACON TRAVELS
Kyle, Amy, Rob and Tacy Armstrong hiked the Inca Trail to Machu Picchu – bringing along their favorite local newspaper.

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PetroWalls a gravity type retaining wall, is constructed using precast special concrete blocks, is very versatile and provides superior wall quality, enhancing wall aesthetics, with or without landscape. Walls over 4’ foot are designed by structural engineer. Block weights approx. 73 pounds, 1.5 blocks per square ft. Price is for a wall up to 4’, includes a concrete footing.

Concreteblocks are 16” long x 8” tall x 6” wide and the footing is 18” wide x 8” deep. New “Seamless” finished. These prices assume perfectly even terrain; uneven terrain will increase the price. Price does not include any finishing, paint or stucco. Taxes and permit fees if used are not included.

Introductory offer through July 2018!

BRIEFS

COASTAL SAGE AT FIESTA BOTANICA IN BALBOA PARK
Fiesta Botanica, a display designed to showcase Balboa Park’s extensive horticultural resources, will mark the 150th anniversary of Balboa Park and its rare and colorful plants and gardens from 10 a.m. to 3 p.m. Saturday, May 26.

The festival will begin on El Prado with the Fiesta Botanical Wagon Parade, led by state Assemblymember Todd Gloria and followed throughout the day by horticulture lectures, entertainment, tours showing the park’s history, plant sales, and food vendors in its ongoing efforts to maintain a green space in the heart of the city.

Botany for Kids, an outdoor classroom sponsored by local landscape developer Coastal Sage Gardening, will participate with its release of ladybugs every hour from noon to 3 p.m. Many ladybug species are considered beneficial in the destruction of plant pests without the use of herbicides.

In 1868, the City of San Diego board of trustees passed a resolution to set aside 1,400 acres just north of New Town (present-day downtown) for a park space. Originally called City Park, it made San Diego only the second city in the United States to dedicate a large park, after New York City’s 1858 establishment of Central Park.

For more information, see balboaparkconservancy.org.

RHAPSODY ON THE BAY
The music program at Point Loma High School is presenting its final concert and fundraiser of the year on Friday, June 1 at Humphreys on the Bay, 2241 Shelter Island Drive. Rhapsody on the Bay, sponsored by PLHS Music Boosters to benefit the school’s music program, will take place 6 to 10:30 p.m.

The evening concert will also include a silent auction. To purchase tickets or to sponsor this event, visit plhsapa.org.

PENINSULA SINGERS CONCERT
Peninsula Singers will present “Over the Rainbow,” 7 p.m. on Friday, June 1 at All Souls Episcopal Church, 1475 Catalina Blvd. This “Ireland Tour Send-off Concert” features selections that will be performed during the Peninsula Singers’ June concert tour of Ireland.

Songs from Broadway like “Over the Rainbow,” “Edelweiss” and “You’ll Never Walk Alone/Climb Ev’ry Mountain,” will join many songs with American roots. For more information, visit peninsula-singerssandiego.org.

ENTER THE OCEAN BEACH CHILI COOK-OFF CONTEST
Prove your chili-making chops at this year’s Ocean Beach Chili Cook-off and have loads of fun while helping to support the OB fireworks show by entering the contest. It’s $30 to enter, and contestants may win up to $300, not to mention epic bragging rights. There will be a restaurant division and an amateur division. Submit an application to reserve a spot. Visit oceanbeach-sandiego.com for more information and an application.
Workers and small businesses benefit when visitors come to America’s Finest City. The initiative invests in tourism, and tourism means jobs.

Tourism is a huge component of the San Diego job market. One out of eight jobs in San Diego are tourist-related, employing nearly 200,000 people. Tourism accounts for the second-largest employment sector.

“The Vest for a Better San Diego initiative will create thousands of good-paying jobs, from entry-level positions such as housekeepers, cooks, dishwashers, and maids, to management positions such as General Manager, Director of Sales, and Director of Marketing,” said Terri Johnston, president/CEO of the San Diego Tourism Authority. “This measure invests in our local economy, and without costing local taxpayers a dime.”

“The Convention Center is critical to the City’s overall tourism importance. While Convention Center attendees make up just 6 percent of San Diego visitors, they spend much more than the average visitor, accounting for 27 percent of all visitor spending.

Spending from convention center visitors has a ripple effect on our local economy. It creates jobs at businesses large and small,” said Hvin Lai, CEO of the Ocean Park Inn and Hotel in Pacific Beach and the president of the San Diego Hospitality Industry Council. “Tourism workers are chefs and brewers, sport-fishing guides and surf instructors, marketing executives and CEOs. Our industry builds careers that move from the hotel lobby to the executive suite.”

During the first years of the tax, 59 percent of revenues are earmarked for the convention center programs and 41 percent to homelessness programs. Between 2025 and 2061, 59 percent would go toward the center, 31 percent to homelessness programs and 10 percent to City street repairs.

Raising sales tax on some streets each year means ‘every’ neighborhood wins,” said La Jolla resident Joe LaCava, former chair of the Community Planners Committee, which supported Measure D. “San Diego is home to 40 citizen advisory groups. With $600 million dedicated to repair streets across San Diego, paid for by visitors and not local residents, it is a huge win for our communities.”

The initiative of Father Joe’s Villages highlighted the initiative’s job creating potential to alleviate homelessness, “Generating more good-paying, entry-level jobs in San Diego is key to the success of our job training programs,” Vargas said. “The immediate funding this measure provides would support programs that help people transitioning out of homelessness.”

Proponents must gather 71,000 signatures for the issue to appear on the November ballot. If approved by voters, the measure would increase the visitor sales tax by 1.25 percent to 4.75 percent.

The proposed November ballot measure is supported by a coalition of downtown tourism and lodging organizations, civic and community service organizations, and non-profit service providers less advocates. For more information about it, visit Yes4SD.com.
Ocean Beach man pleads not guilty to hit and run charge good Samaritan

An Ocean Beach man pleaded not guilty to a felony charge of hit and run when he was struck allegedly by a car while standing near the disabled parking area of Sunset Cliffs Boulevard. The driver kept going.

Jaron Blake Hillyer, 27, was allowed to remain free on $50,000 bond posted after he was arrested May 7 by San Diego Police in the April 9 incident.

Julio Vasquez was driving in the 2900 block of Sunset Cliffs Boulevard with his wife and children around midnight when he saw a couple whose vehicle broke down. He was standing near the disabled car when he was struck allegedly by Hillyer at 12:06 a.m. near Nimitz Boulevard. The driver kept going.

Hillyer charged with single count of hit and run causing injury. Deputy District Attorney Kristie Nikoletich said the maximum sentence is three years in prison, but he could also be placed on probation if he is convicted.

“His thoughts are with the other person and his family,” said his attorney, Greg Turner. “Mr. Hillyer asked me to make that statement.”

Turner said it was possible Hillyer panicked at the time. There are no charges that allege he was under the influence of alcohol or drugs.

Hillyer’s Subaru had a smashed windshield and was found in front of a house on Orchard Avenue in OB where he was living at the time.

The prosecutor said the victim would be testifying at the preliminary hearing. Vasquez gave several television news interviews in which he said he lost his job as he was too panicked at the time. It will wow you from the minute you step inside.}

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Pam has an active buyer looking to buy a Loma Portal home up to $1,200,000. If you’re ready to sell, call Pam and Start Packing!

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**POINT LOMA**
- Sat 1-3pm & Sun 1-4pm, 3819 Canon Street 3BR/4BA $1,995,000-2,215,000, Christiana Ormsby • 619-224-6873
- Sun 1-4pm, 1048 Bangor Street 3BR/2.5BA $1,350,000, Cecily Shuffler • 619-980-3441
- 747 Armada Terrace 5BR/4.5BA $3,495,000, Carter Shuffler • 619-884-9279

**LA JOLLA**
- Sat 1-4pm, 834 La Jolla Rancho Road 5BR/5.5BA $4,695,000, Daniel Albrecht • 858-926-7779
- Sat & Sun 1-4pm, 5512 Candlelight Drive 4BR/3BA $2,150,000-2,215,000, Candi DeMoura • 858-900-1333
- Sat, Sun & Mon 1-4pm, 1142 La Jolla Rancho Road 4BR/4.5BA, Linda Daniels • 858-361-5561
- Saturday 1-4pm, 7600 Herschel Ave 3BR/4BA $2,350,000, Bosty Graham • 619-379-966
- 3151-H Evening Way 2BR/1BA $549,000, Sherry Hayward • 858-361-9901

**MISSION HILLS**
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**Remembering on Memorial Day**

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Stunning ocean view! Fully renovated w/ top of the line materials. Catch the jaw dropping sunsets with floor to ceiling windows. Private pool! Lower level w/ separate entry - perfect for Granny flat - has own gorgeous ocean views. Come experience Sunset Cliffs!

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Point Loma | 2756 Locust Street | $995,000
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