La Jolla museum to close for retrofit

By DAVE SCHWAB

Museum of Contemporary Art San Diego (MCASD) La Jolla will close, likely for a couple of years, in January 2017 for an addition/retrofit quadrupling its current gallery space from 10,000 to about 40,000 square feet.

“La Jolla is our flagship, and now we’ll have room to house our permanent collection of more than 4,700 art objects,” said Kathryn Kanjo, the museum’s deputy director of arts and programming and soon-to-be David C. Copley director/CEO. “This is really to create a building that matches the caliber of our collections, so people can return time and again and have this art history lesson unfold for them.”

Annabelle Selldorf of New York-based Selldorf Architects, has been engaged to lead the museum reconstruction project.

Kanjo said the revamped museum will have enough space to have changing special exhibits, as well as a new art park in the current parking lot, and two new outdoor terraces to take advantage of the exquisite ocean views.

Composed of both its ocean-front La Jolla campus and three downtown buildings on Kettner Boulevard, MCASD campuses have hosted several contemporary art exhibitions a year, plus other public events and educational programming.

The La Jolla building also houses 100 years of science research at Scripps Pier

By DAVE SCHWAB

“The Scripps Pier is an icon of San Diego but for we scientists, it’s also an icon of research,” said Margaret Leinen, director of Scripps Institution of Oceanography. “One of the world’s oldest ocean temperature measurement records originates at that pier. It’s a hub for the iconic carbon-dioxide measurement program operated by our Keeling lab, and is the locale of everything from sampling of marine life to the mapping of surface currents using high-frequency radar.”

Leinen added, “The pier, like the rest of our campus, owes its existence to the generosity of Ellen Browning Scripps. I have to think she’d be proud to see how vital it is a century later.”

Since construction of the original pier in 1916, the Scripps Pier has been a prominent landmark on the La Jolla coastline. Since August 1916, the pier has been the site of daily seawater temperature and salinity measurements, the longest continuous
PIER
CONT. FROM PG. 1

uous readings of such ocean parameters. The Scripps Pier also houses the oldest tide gauge station in the open ocean on the West Coast, installed in 1924.

Ellen Browning Scripps (1836-1932), the most significant donor to the institution in its formative years, was born in London and immigrated to the United States with her father in 1844. In 1866, she joined her brother James in his newspaper business, and later she worked with her younger half-brother E.W. Scripps in his newspaper business.

E.W. settled in San Diego about 1890, and Ellen built a house in La Jolla soon after that. Never married, and wealthy from funds derived from the family newspaper businesses and from an inheritance, Ellen Scripps became a major benefactor in La Jolla and elsewhere.

In its earliest years, Ellen provided generous funds for the Marine Biological Association, served on its board, and gave it a large endowment. An unassuming person, she preferred that the institution be named for her brother George, but the University of California chose the overall Scripps surname in 1912. Finally, in 1988, the pier was named for Ellen Browning Scripps.

The original pier was constructed of reinforced concrete and wooden pilings and had a wooden deck, which survived many years and storms with extensive repairs made to it in 1926 and 1946. Major concerns about the soundness of the old pier finally led to its total replacement. The new one, which is 1,090 feet long, was built of reinforced concrete alongside the original pier, which was then removed.

As one of the world’s biggest research piers, Scripps is used for boat launching and a variety of experiments. Data on ocean conditions and plankton taken from the pier since 1916 provide an unparalleled source of information on changes in the coastal Pacific Ocean.

The pier also provides a supply of fresh seawater, a critical resource for a marine institution, to an array of laboratories and aquaria. Seawater is pumped up from the end of the pier, then filtered and stored in holding tanks. Scripps pumps about 1.8 million gallons of seawater each day.

Halfway down the ramp north of the pier is the Diving Facility, used since 1958 by Scripps divers to house their compressors and equipment for recharging scuba tanks and as a site for inspection and maintenance of diving equipment.

The training program for scientists using underwater breathing apparatus began at Scripps in 1951. It is the oldest program of that kind in the country, and has established many of the rules for safe diving with underwater equipment.

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The Jooste family (Lowell, Anne and 4 kids) arrived on the delightful shores of La Jolla in 2012.

With 25 years’ experience in the South African wine industry (and 4 generations of family involvement), it was time to follow an exciting new path in California. This involves making premium wine in Napa and Russian River, under some pretty expert guidance (supplementing Lowell’s previous studies at UC Davis in the late 80s). They already have the 3rd vintage under their belt, and are keen to bring their experience and love of wine to La Jolla.

Sadly half their barrels were destroyed in the 2014 Napa earthquake, but happily they still have enough to get their little project off the ground. They ship the barrels from Napa, and offer wine directly from the barrel using their patent-pending apparatus.

Wines are available for tasting, by the glass, in eco-friendly refillable wine growlers or in cork-sealed bottles. Accompanied by small bites. Wine clubs are also offered.

The wine is served by well-informed wine associates.

So stop by and enjoy a glass of wine in this trendy, relaxed, family friendly tasting room. And don’t be surprised if you run into your La Jolla neighbors doing the same!
Letter to Editor

Private security patrol needed in Bird Rock?

Bird Rock has been experiencing a statistically significant increase in crime in the last year. This is a fact. So, I took it upon myself to hold an event hosted at the local Chase Bank to gauge interest in a private security patrol to help monitor Bird Rock in addition to the SDPD.

Out of that meeting on June 10th, myself and John and Holly Buche of Bird Rock created and launched LaJollaSafety.org to find, interview and choose a private security company to run a pilot program in Bird Rock. After a few meetings with the community we are getting some passionate neighbors to step up to help spread the word for this launch. We want LaJollaSafety.org to be inclusive of all of La Jolla AND we believe a pilot on a smaller scale will be more prudent than trying to solve the problem La Jolla-wide at the outset.

I had lived in a similar quaint beach community in a big city in So. Cal before I moved to La Jolla a few years ago. We experienced the same issues of increased crime and a difficult time dealing with law enforcement response times and responded with private security patrol. The solution is working and continues to grow.

If you live in Bird Rock and are tired of dealing with petty crimes due to a much larger population, please also show your support on the La Jolla crime. Published by SanDiego.gov.

Ron Fineman
Bird Rock

With more than twenty-five years of experience, Michelle Dykstra is one of coastal San Diego’s top real estate agents, consistently placing in the top 1% of real estate agents nationwide. Whether you’re looking for a beachfront mansion or a cottage to call your own, Michelle knows how stressful a move can be. With her inside knowledge of the market and the communities in coastal San Diego, Michelle takes the worry of finding the perfect home to fit your needs.

Originally from Marin County in Northern California, Michelle moved to San Diego in 1984 to attend San Diego State University. Having grown up in the real estate business, she held her first open house at age 14, and began her residential real estate career in 1988 in the La Jolla marketplace.

Married with two children, Michelle has lived in La Jolla since 1998, and is active in fundraising for local schools, on the Board of Directors for the La Jolla Women’s Club, active in the Bird Rock Community Council, a member of the San Diego Junior League, and an avid philanthropist.

Well-known in the community as the “Queen of Bird Rock,” Michelle has a strong client base of qualified buyers for the La Jolla area. With great pride she brings her decades of hard-earned experience to every successful real estate transaction. As a result of her work ethic, extensive experience, and market knowledge, she is consistently sought out by principals from all over as well as by out-of-area agents representing an assortment of buyers seeking properties in La Jolla.

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Youth are doing flips over the Firehouse YMCA afterschool programs

By JENNY WERTH

Looking for some fun, affordable and conveniently located classes for your kids after school that also offer FREE childcare while you work out? The Shepherd YMCA Firehouse has both. They offer a plethora of classes for your kids and even childcare for infants who are still mastering the art of crawling. And it’s all provided in the same building. The firehouse has been a popular La Jolla spot for celebrations, classes and community-related activities for decades. However, since the Y took over in December, it was converted into a modern state-of-the-art fitness center with various rooms for classes. “We’re more than just a gym... we want to be a community center hub and my goal is to do (many) community events,” said Michael Marquez, department head and Firehouse manager.

“The response has been great, people are really enjoying the facility. Once we got people in here, they are blown away by it,” Marquez explained. “People who have gone to the YMCA in the past have a certain vision of it (but, we’re different), and as word of mouth spreads, it’s growing quite a bit.”

Certainly, the YMCA has been long regarded as an organization that strives to bring the community together through fitness, development and health programs. There’s a reason seemingly everyone over the age of 20 instinctively throw up their arms to spell out the letters “Y-M-C-A” when the infamous song by the Village People plays. And to think that song was released in 1978! And while there are many programs for kids, the YMCA also makes it their mission to build stronger and connected communities for adults. Case in point, the YMCA states that it is more than a fitness center but is also “the nation’s leading provider of childcare that administer hundreds of youth development and health programs.” And their classes aim to stretch everyone’s limits. Starting on September 7 through the 28, kids ages five through 10 can get into the groove of other country’s dance moves through the Passport to Dance class series. Kids will be immersed in dance from South and North America, Africa and Europe in the class which teaches how this art form is used to communicate and celebrate emotions. The class meets every Wednesday at 2:30 p.m. And the icing on the cake will be watching the kids smile as they perform their dance moves for family and friends on the last day.

A ballerina your child may become if they visit the Y’s ballet class. They offer both pre-school ballet classes for infants three and four years old and traditional ballet for kids five to 10 years old. If you’re afraid your child isn’t patient enough for ballet, rest assured that this is a class which helps kids strengthen their muscles through repetition while learning coordination.

Budding little hip hop dancers? Here’s a class for them! Kids five through nine can dance their way through fun tunes and learn hip hop moves that will leave their parents’ speechless.

And then there’s the gymnastics classes. Marquez assured these are the most popular of all the classes. “Our most popular classes are our gym ventures for ages five to six years old. There’s also a Level 1 class for kids ages six through 7.” All classes are on Tuesdays for one hour. The gym ventures starts at 3:15 p.m., while the Level 1 class starts at 5 p.m. Marquez said most of the afterschool programming is currently being run on Tuesdays. And the gymnastics classes are eliciting golden medal praise from kids and their parents alike. “I think there’s a need for developing a specific skill set, stimulating our children’s mind in other areas,” Marquez mused. “There’s nothing like (our gymnastics) in the Village and I think that’s why it’s been so successful.” Marquez said the summer pre-school gymnastic’s summer camp for ages three to six-year-old was virtually maxed out every day throughout the summer for a three month period. “And that’s really the kind of help that served to springboard us into the fall,” Marquez recognized.

There are also two karate classes held on Thursdays. One is called mighty tots for ages three through sixths; the other is youth karate for ages six to 12. Mighty tots begin at 4 p.m., youth karate begins at 5 p.m. Each class is one hour. YMCA Firehouse is open Mondays through Fridays from 6 a.m. to 8 p.m. and Saturdays and Sundays from 8 a.m. to 4 p.m. 7873 Herschel Ave, LaJolla,ymca.org. 858-551-9622.

READ MORE ONLINE AT sdnews.com
MUSEUM

CONT. FROM PG. 1

es the Sherwood Auditorium, a performing arts venue used by the museum and outside arts groups like the La Jolla Music Society, which has a new music venue, the Conrad, under construction on Fay Avenue. Sherwood will

housed on the top of ridges, with their strange arms jutting from their trunks. My friend has a house in a gated community at the foothills of the Sabino Moun-
tains. We called her to celebrate her grandson’s 18th birthday and visit her daughter, who is a doctor in town. It is 90 degrees, and the house is still-
ing. We try to turn the air conditioner on; it does not work. The evening comes and so does the night—it is now in the 40s, and I am shiver-
ing. The heater is broken. I sleep in a sweater and socks. The only good weather in Tuc-
son is between 9:45 and 10 a.m. The TV does not work; the Wi-Fi has been turned off. There is no hot water. The fridge does not produce ice cubes. The phone battery is dead. This is the week of presidential debates and pri-
maries—so we are ignorant of the results of Super Tuesday. I cannot call nor get email, nor receive any information from the outside world.

After I let go of my expecta-
tions and repress my frustra-
tion, I start enjoying the adventure. Isolation is not eas-
ily obtainable with the con-
stant flow of information in the modern world. I read, uninterrupted by the phone, the swish of incoming emails, and the ring of messages on my smartphone. I am unreache-
ble! I had brought with me a year’s accumula-
tion of untouched issues of Psychology Today, which I never seem to have time to read upon their arrival.

The next day—90 degrees again—my friend Eddy takes us to the Desert Museum, an amazing place, a zoo with live local animals (there is a black bear native to the area), as well as rocks, plants, and dior-
amas. People come from all over the world to visit. We spend a good part of the day there—with a break for lunch in the air-conditioned restaura-
unt... ah. We end the day cel-
brating his grandson’s birthday-
day at his favorite pizza joint and see his grandson perform in a high school musical pro-
duction.

The 45-minute trolley ride to Sabino Canyon is a treat. Even in this dry season, there is water on the road; it becomes invisible during rain. Floods is common as most of the roads seem to have dips which would fill up dangerously.

Tucson is an ancient caldera surrounded by moun-
tains which change color and shape throughout the day as the light of the sun plays upon them. The desert proclaims itself everywhere—in the sand, the shrubs, the innu-
erable cacti. It is all very stark and very beautiful. One becomes a different person in such an environment, a more sparse one: that would be a good thing to remember back in my apartment where I live surrounded by too much stuff.

Yet, coming home gave me a different appreciation for the creature comforts taken for granted; air conditioners, heaters, refrigerators, phones, and Wi-Fi. Being without was an adventure I would have enjoyed more in my 20s. However, it reinforced the fact that in my 50s I have become less tolerant of discomfort and disruptions—which helps me to better understand my cohorts in the retirement community where I live. I hear them grumbling about every change, every new addi-
tion or deletion that somehow impacts their well-established routines. I have become more understanding and sympa-
thetic about other’s distress with disruptions.

I had always thought of myself as an adventurer: I just changed my mind.

by Natasha Josefowitz. All rights reserved.

Barry Bernstein adds up accomplishments as UCCA president

When President Franklin Delano Roosevelt decided to seek a fourth term in 1944, the vice president had done so before. The election took place in wartime, and Americans didn’t want to change horses in mid-
stream.

In University City, Barry Bernstein, a third-term president of UCCA, may not face wartime, except for the uncivil war over the Regents Road Bridge, but he may ponder a fourth term after all he’s accomplished in the first three terms.

Bernstein lays claim to Philadelphia as his original home until his parents packed up the family and headed west to Tucson, Arizona. He was only 3 when they moved, but he maintains a loyalty to the Phillies and can quickly recall the 1950 Phillies baseball team, dubbed the Whiz Kids, for their youth.

“They lost four in a row to the Yankees in the World Series, but they beat the Dodgers to represent the National League. Richie Ashburn played center field. Del Ennis was left,” Bernstein said.

“I was not a star but a token player who played with the rest of that team, dubbed the Whiz Kids.”

Bernstein played baseball for the University of Arizona. “I was not a star but a utility infield player.” He did, however, get picked to represent U of A in Fairbanks, Alaska, the summer between his freshman and sophomore years when he played with other U of A teammates on the Gold Panners at the Midnight Sun games.

“We played Army and Air Force teams. It was a wonderful summer. Red Boucher, a friend of JFK’s, was the contact and coach,” he reminisced.

by Sandy Lippe
Happy Rosh Hashanah!
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La Jolla Golf Cart tours make discovering the Village par for the course

By JENNY WERTH

La Jolla Golf Cart tours make discovering why our Village is known as the Jewel a breeze.

Visiting our Jewel of a Village has long-been on savvy tourist’s must-have lists. But, actually getting a peek at what makes this Jewel sparkle in a special way is a whole other deal. There are so many special spots, famous streets and infamous beaches that make our Village stand out from thousands of other coastal towns. Often trying to navigate it all with its twisty and curvy streets bordered by narrow sidewalks makes it next to impossible to fully explore. Enter La Jolla Golf Carts by owners Robert Mackey and Kai Koehnke to promote their sister company La Jolla Social and help get folks around town. A friend had suggested the team purchase a cart to seamlessly travel the Village and get the word out about La Jolla Social. However, Mackey said the carts quickly became a hit on their own as calls came pouring in from both locals and tourists alike. The La Jolla Golf Carts had made their debut pairing well with La Jolla Social which is a social community for those that visit, live, work or play in La Jolla.

“A trip to Von’s became enjoyable rather than a chore, a trip to the beach more fun and parking much easier,” Mackey noted. “Local residents became interested as well and people started asking to rent our golf carts. So we kept adding carts to fill the need and here we are today. We noticed the calls were coming in from tourists as well. What better way for a tourist to get around in the Village and to the beautiful beaches of La Jolla than in an electric golf cart. It is fun to feel the fresh ocean breeze in your face when you drive in one of our golf carts,” Mackey explained. “We quickly identified that we were also solving a transportation problem for what we call ‘mobility challenged’ customers those clients needing extra assistance to traverse the hills and cover the miles to take in the views and enjoy the Village of La Jolla,” he added. “We have recently helped clients (with ailments) that range from a broken leg, bad back and cancer to MS patients that can only see La Jolla’s beauty with assistance. We meet them at their car or hotel and truly offer a “Park and Go” solution.” Then there are the benefits for tourists. Over Labor Day weekend, Karen and Bill Brumleve from South Central Illinois, noticed Robert touring in his golf carts. Without hesitation they signed on for their own golf cart get-away. “I would recommend the tour in a minute,” Karen Brumleve shared. “Robert (Mackey) has been an absolute treat. It’s a nice way to see the whole city and so different from a trolley tour. It was personal and a blast! (We were) able to stop at little beaches and we found the people here to be so friendly. We liked it because it was far more personable (than a traditional tour).”

Indeed, as long-time players in the transportation and hospitality industries, owners Robert Mackey and Kai Koehnke didn’t waste any time when it came to “exploring options to serve the evolving transportation needs of the community.” Clearly no trolley can transport locals (much less tourists) up and down the narrow streets native to La Jolla. But, the La Jolla Golf Carts make it easy to take guests or locals to-and-fro congested shopping areas or special event venues. “You definitely get a great feeling and a lot of attention riding in our carts. It is simply the smartest way to get around,” Mackey shared. Let’s be real. La Jolla traffic can be extremely challenging. Trying to park in the Village is a headache. And taking a look at some of our Village’s enviable spots? Almost impossible. Yes, there are tour buses, but most just don’t offer the intimate tours that local guides can provide. But, getting around traffic in an easy-peasy cart has many folks saying “sign me up!” The price for a cart? Mackey said the rates for a four-passenger cart start at $59 an hour. A six passenger cart starts at $79 an hour and the second hour for each is $20. Plus, they offer weekly rates and special discounts for locals.

For more information, visit LajolgaGolfCarts.com, or call 858-401-6307.

Tamara Koehnke, Kai Koehnke, Robert Mackey, Coby Guzman, Rebecca Joy Parsons of La Jolla Golf Cart tours.
Bry runs a campaign focused on a safe, clean and prosperous San Diego

By SANDY LIPPE

How do you run a City Council campaign for District I without an opponent when many of your constituents assume you will automatically be elected? Ask La Jolla Barbara Bry who is running unopposed now. The San Diego Charter rules that the top two candidates’ names will still appear on the ballot. In August, Republican Kay Ellis withdrew from the non-partisan race. He was 15 points behind in the primary in spite of outstanding Bry considerably. She must have felt it was like April Fool’s Day when she first learned of his plan to back out of local politics and return to his successful volunteering.

“We are not slowing down our grassroots efforts to win this seat for District I neighborhoods,” Bry assured her visitors.

“Despite the withdrawal from the race, Mr. Ellis’ name will remain on the ballot.” Bry will be the first high-tech entrepreneur on the City Council. With an MBA from Harvard and extensive journalism career for The Sacramento Bee and The L.A. Times as a business writer, she helped found CONNECT at UCSD and co-founded Alcom, a high-tech company. Bry also helped start ATHENA, a leading organization for women in San Diego tech and life sciences.

Her team has begun knocking on doors and calling to voters about the Nov. 8 election.

“More importantly: they are asking voters what they want from the next City Council member,” Bry said.

“I am knocking on doors several days a week and have launched a listening tour to understand how we can improve the quality of life in our community.” With Nov. 8 in the not-too-distant future, the Bry campaign and dedicated volunteers are spreading the word to new voters who may not be aware she is the only official candidate, and to apathetic voters who think it is a done deal.

After having lived in San Diego for 35 years and serving in many volunteer capacities, she wants to keep San Diego safe, clean and prosperous; bringing high-paying tech jobs and helping small businesses are other goals. Married to Neil Senturia, Bry raised her two daughters here and is a proud grandmother.

In Chicago, Election Day’s tongue-in-cheek theme is “Vote early and often.” In San Diego, “Bry,” which rhymes with “Sea,” and her team just want to make certain voters vote for her early or late on Nov. 8 or by mail. Remember this short rhyme when you vote: “The only nominee is Barbara Bry.”

Backlund, familiar with the European youth sports system, is pleased his three children can play competitive sports on school teams in the United States. In Europe and most of the rest of the world, sports teams are not affiliated with high schools or colleges.

“I’m glad they can play for the school,” says the Finland native, whose daughter Alex is a middle hitter-blocker for Coach Kelly Deboeck’s varsity volleyball team at La Jolla High. In Sweden, whose sports structure Backlund is also familiar with, teens play for private clubs apart from their schools. “If you’re good at tennis,” he says, “you join an academy and play the heck out of yourself in tennis.” Backlund is both Finnish and Swedish.

In other parts of the world outside the U.S., similar holds true: In Mexico City and Tijuana, for example, there are some school teams, like in baseball and American football, but it is not a big system, like San Diego’s CIF Section is, and most young athletes play for club or academy teams unaffiliated with the schools they attend during the day.

This stands in stark contrast to the way things are in the U.S., where Homecoming, Friday night lights, and “The Hoosiers” are king. And Backlund is happy about that. “Last year I went to my first Senior Night,” recounts the proud father, who acts as the “team dad” for his eldest child’s squad, clicking photos, maintaining the team website, and sending out news to fellow parents. “They honored the senior girls playing their last home game. It was very moving.”

Backlund, expressing himself with a distinguished accent, acknowledges the problematic issues that are reported in high school sports – the increasing number of transfers between schools, student athletes being paid ineligible after transfers, and the marketing and professionalization of services for young athletes, including personal coaches, highlight videos for college recruiters, and the like. But he sees those as the exception. “You’re talking about the elite athletes,” a small percentage of the pie, in his view.

**U.S. interscholastic sports team system vs. international system**

By ED PIPER Jr.

Bjorn Backlund, familiar with the European youth sports system, is pleased his three children can play competitive sports on school teams in the United States. In Europe and most of the rest of the world, sports teams are not affiliated with high schools or colleges.

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This stands in stark contrast to the way things are in the U.S., where Homecoming, Friday night lights, and “The Hoosiers” are king. And Backlund is happy about that. “Last year I went to my first Senior Night,” recounts the proud father, who acts as the “team dad” for his eldest child’s squad, clicking photos, maintaining the team website, and sending out news to fellow parents. “They honored the senior girls playing their last home game. It was very moving.”

Backlund, expressing himself with a distinguished accent, acknowledges the problematic issues that are reported in high school sports – the increasing number of transfers between schools, student athletes being paid ineligible after transfers, and the marketing and professionalization of services for young athletes, including personal coaches, highlight videos for college recruiters, and the like. But he sees those as the exception. “You’re talking about the elite athletes,” a small percentage of the pie, in his view.

Dave Jones, head coach of boys volleyball at La Jolla High, both court and sand, has taken part in discussions of the merits of interscholastic versus club and travel teams for several years. In his master’s degree program, which he completed a few years ago, the pros and cons of both systems were debated.

Jones, a classroom teacher on the seaside campus, has been vocal in his support of his teen athletes enjoying their high school experience by competing for their school.

“I can tell you that high school sports absolutely benefit from the training and intensity of club sports,” says the veteran coach. “However, club players bring many problems with them from the club, as well, into the high school setting.”

For example, club players aren’t beholden to their school to remain eligible grade-wise for their non-school team. On school teams, students have to maintain a “C” average, so they want to see results for the considerable money they are paying.

The goal in many cases is progress toward gaining a college athletic scholarship. With the money and professional coaching come increased pressure on the student athlete to perform. Parents want to see their daughter or son playing plenty of game minutes, as well as a position in the starting lineup.

When these elements are carried over to the school setting – which isn’t immune to its own brand of issues – they can result in the proverbial nightmare parent, who harangues the coach about their child and loses any perspective on the team as a whole. Parents may be well-intentioned, but their tunnel vision about their athlete can make life miserable for everyone else.

David Green, a defensive line coach for the Vikings’ varsity football team, describes a method for dealing with an unrealistic parent. “The parent says their kid has great skills and deserves to start. Okay, in practice, I line him up against the top players on the team, and let them face off,” says Green. “When they see their son is overmatched, they say, ‘Oh, I didn’t realize, coach. I didn’t know.’”

Green says he answers parents who push only for the good of their son or daughter. “I’ll do what’s best for the team.” Looking intent, he repeats, with feeling: “I’ll do what’s best for the team.”

In this day and age, with increasing pressures on high school athletes to gain an athletic scholarship to college, another element can combine with parents’ singular focus on their child’s success on the team. Parents who have split up, with one parent living apart from their child – usual- ly dad – may vie against each other to show their continuing devotion to the child, despite the split, using sports involvement as a tool. This can result in the overactive father attending team practices and trying to catch the coach’s ear. The parents may no longer work together as a unit, instead competing, with the athlete caught in the middle.

While both sports and club teams have their advantages and disadvantages, Jones, the classroom teacher, points out the pluses of playing for one’s school. “When you play for a school,” he says, “you represent something bigger than yourself. When you play for a club, you are basically a free agent representing yourself.”

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\[Image 18x18 to 464x702\]

Ace tennis store greets you with swing and smiles

By ROBERT G. ROGERS

At the Racket Stringing Workshop in La Jolla, regulars are greeted by their first name with a welcoming smile. Naturally, this is because it’s not a franchise or part of a big chain. It’s what some would refer to as a “mom and pop” store, owned and operated by Mark Standlee.

It’s located in a charming old beach cottage on Draper just like it was years ago when somebody used to called it home. We’re talking wood floor, front porch and all. The shop’s been around for almost 40 years, having outlasted a number of stores trying to be just like it.

Opened in 1975, the Racket Stringing Workshop is run by tennis players for tennis players; but it also much, much more. In 1980 the current owner, Mark Standlee bought it and it’s been his “racket” ever since. Sports gear of all kind, mostly tennis of course, can be found all over the store; a lot of it hanging from the rafters of the open ceiling. And, behind the small counter where business is transacted, there’s all the equipment needed to keep tennis players out swinging.

After you enter be sure to take a peek at the ceiling behind the counter as over the years workshop personnel have covered it with newspaper articles, magazine articles, photos and personal memorabilia. Indeed, each clipping has a story to tell; one could spend a week reading the memories presented on that ceiling.

The Racket Stringing Workshop even runs a tab for it regularly if they’re late for a match. Where can anybody get that kind of service in this day and age? Exactly, keep thinking. No less a notable than Bobby Riggs hurried in one morning, late for an exhibition, a worried look covering his face and a damaged racquet in his hand. Minutes later, he left smiling with his racquet repaired and made it to his exhibition with time to spare. He won the exhibition by the way. And Riggs in certainly not the only pro to visit the shop. Andre Agassi used the workshop when he trained in La Jolla for his last tournament at the US Open.

\[Image 478x792 to 773x966\]

Vincent Crudo, Real Estate Agent

I am a native of La Jolla, CA and I still reside here with my wife and two beautiful children. I have been helping clients buy and sell property since 2005, I pride myself in customer service and strive to make the process of buying or selling a stress free process for all of my clients. My first passion is real estate and when I'm not out in the field doing that, you can find me surfing, golfing or snowboarding.

I encourage you to view my website www.SDLUXE.com, my Facebook business page (Vincent Crudo Real Estate) and my Zillow profile for all reviews from my past clients.

\[Image 489x177 to 521x60\]

\[Image 489x22 to 521x60\]

\[Image 489x74 to 621x269\]

\[Image 525x17 to 571x60\]

\[Image 525x27 to 571x60\]
Above Time is a new bowtie company that began in 2015. Two brothers, Carey A. Reddick and Christian D. Reddick, founded this stylish business. The philosophy of the company is to “live a well-garnished life” by living in the moment and not letting time get the best of you. The bowties are handmade here in San Diego with a variety of materials such as silk, cotton, hemp, faux leather and vegan leather.

This company provides a range of bowties for all ages. They make hair bows for babies that are darling, and there are hair bows for girls and bow ties for boys. Men have their choice of stylish bowties or girls and bowties for boys. Men’s wardrobes by the 1880s. They originated as far back as the 17th century with the Croatian mercenaries. It became a staple in men’s wardrobes by the 1880s. Recently they have come back into style and you see male and female fashionistas all over sporting them with flair. In the past, bow ties had been strictly for formal wear but now they have become a great accessory for casual clothes and street wear.

On Aug. 27, Above Time had an exclusive private event to announce the direction of their company at Alexander Salazar’s Fine Arts Gallery.

Reddick announced that he would be adding handbags to his line of bow ties and the many different lines of handbags were introduced. Reddick also announced another product in sportswear that are a must-have for your wardrobe.

Last year, I attended their fashion show that announced the launch of their line of bowties with actor Matthew McKelligon. Bowties have been around for centuries and have gone in and out of fashion.

Above Time has been an online business up to now. Currently they are making plans to be found exclusively at Alexander Salazar’s Fine Art Gallery. For more information about this sleek and sophisticated company, visit above-time.com.
Naturale Beauty Bar

Naturale Beauty Bar started the beauty blowout craze in La Jolla in 2011. And now under management of new owner Arbi Adward since May of 2015, the bar continues to create gorgeous hair styles and makeup to give customers a natural and beautiful look. They offer blowouts, makeup, waxing, threading, hair extension, cutting, root touch up and eyelash extensions. They also do special occasions for weddings, birthdays and bachelorette parties. Plus, they offer from hair and make-up.

Their hair products are chemical free. They have a loyal customer base and are proud of their clientele. Open daily at 79.12 Ivanhoe Ave. 858-458-0879 naturalebeautybar.com

Fresh Produce Clothes

For more than three decades, Fresh Produce, 1147 Prospect St., has delighted women as a lifestyle brand known for its original prints, vibrant color and stylish, comfortable clothing. The heart of Fresh Produce is rooted in the positive impact of color and is primarily made in the USA. From casual tops and feminine dresses to decorative scarves and stylish pants, they’re dedicated to creating feel-good clothes women want to wear every day. The coastal-inspired colors and broad assortment of easy-to-wear pieces are flattering on all shapes and sizes. Located at 1147 Prospect St. 858-456-8134 freshproduce-clothes.com

Sicilia Bella

Sicilia Bella in La Jolla is real Italian. More specifically, Sicilian Italian. “We do make all our food fresh from scratch here,” said Síhne Aielian, who, along with husband Benedetto Minarchese, has owned and operated the coffee shop/deli at 7918 Ivanhoe Ave. since February. “We love it. Our food is made with love and care. It’s something we chose to do because we love to cook.” And thanks to influences of different nationalities over many centuries, Sicilian food is a real mixed bag—a fusion cuisine influenced by French, Arabic and North African settlers. You’ll find plenty of import-italian items at Sicilia Bella, everything from deli meat and cheeses to olive oils, cookies, spices, coffee and tea and marmalade. Open daily except Mondays.

Hi Sweetheart

Hi Sweetheart gift boutique is owned by La Jollan Molly Rossettie. The store, filled with hand-picked gift items and crafts-people and small companies from around the world. Hi Sweetheart prides itself on its unique blend of innovative party supplies, fun and functional kitchenware, letter-pressed stationery, delightful books, lovely candles, and darling baby gifts. It’s the place to find gifts for all occasions along with that little something for anyone! Located at 7920 Ivanhoe Ave. 858-729-1985 www.hi-sweetests.com

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Martin Lawrence Galleries

Home to the most highly respect-ed artists in the world; Martin Lawrence Galleries on Prospect St. has redefined the art scene for clients and prospects of all tastes, with an unparalleled collection of works of art available for acquisition at exceptional value. Featuring Picasso, Chagall, Dalí, Francis, Erte and many more. Over the past 40 years, MLG has published works by Andy Warhol and Keith Haring, and has loaned nearly 250 different artworks by dozens of internationally renowned artists to more than 30 world-class museums around the world. For more information, please visit us or call 858 551-1122. See our full collection at martinlawrence.com. 1111 Prospect St.

Rocky Mountain Chocolate Factory

Rocky Mountain Chocolate Fac-tory is based in the charming his-torical town of Durango located on the western slope of the Rocky Mountains in southwestern Colo-rado. From its 51,000 square foot factory, the company manufactures an extensive line of premium choco-late candies and other confectionery products to supply its many franc-hishe locations, delivered fresh by its fleet of refrigerated trucks.

The factory typically produces approximately 100 chocolate cand-ies and other confectionery prod-ucts, using proprietary recipes devel-oped primarily by its master candy maker. These products include many varieties of clusters, caramels, creams, malteways, trifles and molded chocolates. Individual stores prepare a variety of caramel and candy apples, fudge, chocolate items and concoctions in full view of the customer using traditional cooking utensils such as copper kettles on gas-fired stoves and marble slab cooling tables. 1111 Prospect St., 858-454-0077 rpcf.com

Swoon Collection

Swoon Collection first opened in 2013 in the Popponesset Market Place on Cape Cod. After an exci-ting first summer they’ve relocated to San Diego in order to have a year-round shop. Their goal is to give our customers the best shopping experi-ence around. Be sure to visit their brick-and-mortar retail location at 7910 Ivanhoe Ave. or visit www.swooncollection.com. They ship anywhere in the continental US.

Little Vitamin Shop

La Jolla’s Little Vitamin Shop is new in La Jolla Village, but not new to connecting people with quality health products. For more than 25 years, La Jolla resident Carla Parra has provided nutritional supple-ments and healthier alternatives to typical performance enhancers. Everything Parra provides is GMO-free, hormone-free or vegan proteins, and void of chemicals or dyes. For customers that want to lose weight or get in shape, Parra can advise them about exercise enhancers, vitamins, probiotics to nutritional supplements and more.

Parra invites customers to come by 11 a.m. to 7 p.m. Monday-Friday and 9 a.m. to 3 p.m. Saturday. Located at 1115 Wall St. 858 291-8889 healthylajolla.com

Russell E. Ingledew CPA

Russell E. Ingledew CPA Inc. has more than 25 years of experience working in tax planning and prepa-ration for individuals, business enti-ties, nonprofits, trusts, and estates. At Russell Ingledew, CPA, Inc., clients benefit from the personal attention provided, and the resources and experience associat-ed with a firm serving over 200 businesses and 400 individual clients. A native La Jollan, Ingledew takes great pride in the community and those he serves in it. As a San Diego area CPA, Ingledew offers thorough tax planning and accounting services. His experience, education, and personalized cus-tomer service set him apart from other accounting professionals in the area. Ingledew has been a licensed CPA since 1986. He estab-lished his accounting practice a year later. Russell Ingledew, CPA, Inc. is much more than an accounting firm. Located at 1128 Wall St. 858 454-2190 lajollacpa.com

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Box Brothers of La Jolla is a spe-cially licensed packaging and shipping com-pany serving La Jolla since 1989.

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La Jolla Concerts by the Sea need a hero

By JENNY WERTH

#SaveLaJollaConcerts says it all. After 33 years, the La Jolla Concerts by the Sea will end if financial support isn’t gathered. La Jolla doesn’t want to see the concerts take a final bow. Please support the movement to keep them going. It comes down to one thing: money. Will someone save the concerts? Both web developer for ljconcertsbythesea.org, Edward Sanchez and President of La Jolla Concerts by the Sea, Shirleymae Davis, share their feelings.

“What we really need is one community-minded corporate hero to step up and add their name and financial support to save our concerts. It’s a great way to garner excellent name recognition and community gratitude as “the company that saved the concerts!””- Edward Sanchez, web developer for ljconcertsbythesea.org

Sanchez’s most recent post clearly paints the picture: “We couldn’t have asked for a better end to our 2016 season... and, possibly, our last show. As many of you already know, due to a number of factors, chief amongst these being a shortage of adequate sponsorship support along with the City of San Diego recently tripling our fees, we find ourselves at the brink. La Jolla finds itself facing the very real likelihood that this institution, bringing family-friendly free concerts for music lovers of all styles and ages since 1984, will be gone.” For more information on saving the concerts visit www.ljconcertsbythesea.org or visit #SaveLaJollaConcerts

President of the La Jolla Concerts by the Sea, Shirleymae Davis: “I’m very sad but we are hopeful, guardedly hopeful that someone, perhaps a company in La Jolla or the San Diego area, will be able to come up with enough money to reinstate us because as things stand right now, we consider that the concert the other day was the end.” “We need a five year commitment of $12,000 per season if we continue with individual concert sponsors at $2500 each. Or if a company wanted to be the only sponsor, that we figure would require $30,000 per season. But it must be a commitment of at least five years.” Indeed, she has shed many tears over the concert’s ending. “The concerts are free to the public but they sure aren’t free to us,” she added. Davis encourages any support. Call (858) 459-4053 or sdavis@sdavis-law.com

Children dance with bubbles during the last La Jolla Concerts by the Sea. (Below) A Japanese family celebrates their wedding at the concert. (PHOTOS BY JENNY WERTH)

A man reads the La Jolla Village News at the a La Jolla Concerts by the Sea. (Right) Deborah and Eddie Stewart enjoy the concert. The couple have been coming to the concerts for 15 years. (PHOTOS BY JENNY WERTH)
Warwick’s Books to launch photographer Ansel Adams’ picture book biography

By JENNY WERTH

The importance of nature and outdoor playing is pivotal for a healthy childhood. And local author Cindy Jensen-Elliott is heralding this cause. She has experienced firsthand the incredible importance nature has on a child’s development and began to research Ansel Adams’ life. “In Antsy Ansel, I tried to recreate how important it is to get kids outside. I began to look for ways to get kids outside through my work as a teacher and my work as a photographer,” says Jensen-Elliott. “I have written about his books, and he mentioned Ansel Adams, and how his father had taken him out of school and let him play outside as a cure for what Adams later called his “hyperactivity” and lack of focus. In an instant, the words “Antsy Ansel” stepped into my head and began to research Ansel Adams’s life.”

Part of what Jensen-Elliott found was that Adams’s childhood of the early 1900s is in some ways very similar to children’s lives today. “While he had plenty of access to nature near his home because his father insisted upon it, polite society had strict expectations for children. He went to school in what he called “grimm/brown” schools, with straight rows, little windows and no place to run,” says Jensen-Elliott. “I believe today, society children need the comforts given free by being in the natural world. This influenced Adams to staggering heights as a photographer. ‘If your children and adults find an affirmation for their own needs to be outdoors to move and connect with nature, then what it may have felt like is in Ansel’s mind.”

READ MORE ONLINE AT snews.com

Warwick’s Books will host a book launch for ‘Antsy Ansel: Ansel Adams, A Life in Nature’ by local author Cindy Jensen-Elliott. Sept. 30 at 7 p.m. at 7812 Girard Ave. in La Jolla.

Cindy Jensen-Elliott
Ah! Arugula

By LINDA MARRONE

Recently I purchased heirloom arugula seeds to plant when the weather begins to cool down. A leafy cool weather vegetable, arugula is one of my favorite greens that is usually finished growing in the garden when the hot days of summer arrive. Instead of waiting for fall to plant and harvest it, I quell my cravings for this healthy green during hot summer months by purchasing it at Trader Joe’s!

Also known as rocket or rucola, arugula is part of the Brassicaceae family and is closely related to radishes, kale and cauliflower. Filled with antioxidants, vitamins, minerals and photochemicals, eating arugula is said to boost the immune system and keep your skin, muscles and photochemicals, eatings for this healthy green during hot summer months by purchasing it at Trader Joe’s!

Pasta with Arugula Pesto & Roasted Cherry Tomatoes

2 cups arugula
1/4 cup walnuts, toasted and chopped
1 clove garlic, chopped
1 lemon, zested
1/2 lemon, juiced
Pinch of chili flakes
Sea salt, to taste
3/4 to 1 cup extra virgin olive oil
1 cup pecorino or parmesan cheese grated
2 cups cherry tomatoes, cut in half
1 tablespoon extra virgin olive oil
Sea salt, to taste
1 lb of your favorite pasta, cooked al dente

Toss the cherry tomato halves with 1 tablespoon olive oil and roast on a parchment lined baking sheet at 350 degrees for 25 to 30 minutes. Set aside to cool.

Whirl the arugula, walnuts, garlic, zest, juice, chili flakes and salt in a food processor and slowly add enough olive oil until you have a bright green emulsified mixture. Add half of the cheese and pulse again to combine. Toss warm pasta with the pesto, add the roasted tomatoes and toss again. Serve warm or at room temperature garnished with the remaining cheese. If you have some, garnish each serving with a few arugula flowers.

An ingredient in many mesclun salad mixes, you can eat arugula raw or wilt it into pasta or scrambled eggs. I make arugula pesto frequently and besides dressing up pasta its peppery flavor is also delicious on grilled chicken or fish.
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A PASSION FOR PRESERVATION

Linda’s specialty is selling historic properties and she is also the owner of a historic La Jolla home and garden in the Barber Tract that was designed by Edgar Ulrich - The Morgan-Larkins-Marrone Residence, Historic Site #226. She fully understands the Mills Act property tax benefit and all the details involved in historically designating homes, as well as identifying homes that may have historic significance.

Trained and certified as a specialist in selling historic real estate and architecturally designed homes by the National Trust for Historic Preservation in Washington, D.C., she was appointed was appointed by the Mayor in 2008 to serve on the City’s Historical Resources Board and served on the board until the spring of 2016.

Linda’s experience as both a historic homeowner for the past 27 years, as well as her years of involvement in the historic preservation community will make selling your historic or potentially historic home a pleasure.

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