NO FEAR ON THE PIER

As part of this summer’s Junior Lifeguard Program, participants and members of the public jumped off the Ocean Beach Pier on Monday, Aug. 14. The event is also a fundraiser for the San Diego Junior Lifeguard Foundation. The foundation supports the Junior Lifeguard Program and also provides drowning prevention through free aquatic safety lectures, free swim lessons and a day at the beach for underserved kids. See page 4 for the story and photos.

OB residents express anger at Target deal

By DAVE SCHWAB | THE BEACON

OB, the Target Corp. is negotiating to acquire the 18,000-square-foot Antique Center building in the 4800 block of Newport Avenue. A Target Express is a downsized version of the original Target store introduced by the chain across the country in a

SEE TARGET, Page 9

Man pleads guilty to drunk driving in Sunset Cliffs crash

A drunk driver whose car crashed into a tree in Sunset Cliffs will be sentenced on Sept. 1 after he pleaded guilty to child endangerment and drunk driving, which injured one of his children.

The District Attorney's office will not seek more than one year in jail for Noel Bences, 29, though the maximum sentence is six years and eight months in prison, according to court records. Bences was driving at a blood/alcohol level of .23, which is almost three times the legal limit, records say. His car overturned May 12 after he struck the tree at 1100 Sunset Cliffs Boulevard at 8:30 p.m. Police officers found empty bottles of alcohol in the car.

READ MORE ONLINE AT sdnews.com

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READ MORE ONLINE AT sdnews.com
COMMUNITY

An appreciation: Remembering Stella, ‘the Jewel of Shelter Island’

By NICOLE SOURS LARSON | THE BEACON

You may have heard her enthusiastic howls as she traveled along Shelter Island Drive with her dad at the wheel of their truck. Her name “Stella” emblazoned on the passenger’s door. Yet now, the distinctive voice of the golden-haired rescue of indeterminate breed, beloved by so many Shelter Island regulars, especially in the boating community, sings no more.

Stella, devoted companion of Yacht Docktor Randy Spicer, a longtime Point Loma resident, crossed the Rainbow Bridge on Friday, July 7, following slowly declining health. While suffering from severe arthritis for many years, she succumbed to kidney failure, he explained. She was 15 or 16.

“They hear her as we go by,” prompting smiles from friends, Spicer said. Stella had an extensive fan club, whose leaders, locals Warren Hoy and Mary Kelley-Foy, dubbed her “the jewel of Shelter Island.” They enjoyed seeing her on their daily dog walks.

Far more than “just a dog,” Stella was Spicer’s publicist, marketer, company secretary, entertainment, conversationalist, beloved friend and therapist, he said.

Sunroad San Diego Boat Showgoers will remember Stella as the friendly badge-wearing greeter who lured potential customers into Spicer’s marine carpentry booth, encouraging them to linger for canine conversation and something more.

She joined him on visits to local businesses—many kept her favorite treats on hand—and to customers. At marinas, she politely found a shady spot on the dock to snooze while her “dad” worked on boats.

Stella left in his life.

With so much attention devoted to the health of his “special needs child” over the last two years, the grieving Spicer doesn’t know how he’ll fill the hole the extraordinary Stella had left in his life.

“I’m going to have to rediscover Randy,” he said.

Visit Stella’s memorial, complete with a collar and favorite toys, at 2390 Shelter Island Drive. No. 109.
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EPA gives boost to city’s Pure Water program

The U.S. Environmental Protection Agency on Aug. 7 renewed a special five-year permit for ocean discharges from the city’s Point Loma Wastewater Treatment Plant that will ensure water quality remains high and give a boost to San Diego’s innovative water recycling program.

“EPA gives boost to city’s Pure Water program...”

The EPA is allowing the Point Loma facility to forgo secondary wastewater treatment requirements based upon the plant’s current performance, matching the city’s commitment to implement the Pure Water San Diego project, which will reduce wastewater discharge to the Pacific Ocean.

The City of San Diego must apply for the National Pollutant Discharge Elimination System permit renewal every five years and is required to meet secondary treatment levels.

The EPA may grant a modification of these standards for ocean discharges if federal and state water quality standards are met. The Point Loma plant has been operating under such a modification since 1995, consistently meeting or exceeding federal and state discharge requirements.

The Pure Water San Diego project is one of the key initiatives to ensure a reliable, sustainable water supply for our residents,” said Mayor Kevin L. Faulconer. “With this permit renewal, the EPA is showing strong support for our Pure Water recycling program as we chart a path toward water independence.”

The EPA decision in as many months to give a boost to the Pure Water program. A few weeks ago, the EPA announced that the Pure Water program had been selected to apply for a federal loan of $492 million – giving the city the independence to move forward with the project.

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The astronomer noted that, whatever glasses you use to protect your eyes when viewing the eclipse, “if you look through your glasses at a regular household lamp, and light is still getting through — it’s not good enough.”

The path across North America, where the moon will completely cover the sun and the sun’s tenuous atmosphere, the corona, can be seen in portions of 14 U.S. states. Will said eclipses are rare. “They happen once every 18 months or so,” she said, but added that total solar eclipses are indeed rare.

The last time we had a total solar eclipse visit us in the United States was in 1991, and that was only viewable from Hawaii,” Will said. Will noted that two things are needed for a total solar eclipse. “A new moon and the sun, moon and Earth have to be exactly aligned with each other,” she said, adding the moon is “actually tilted about 5 degrees from Earth’s path around the sun, and doesn’t actually line up with the sun every month.”

More information on the fleet’s solar eclipse viewing event can be found at www.fleetscience.org.

Partial solar eclipse for San Diego Aug. 21

Solar Eclipse

When: Monday, Aug. 21 from 9 to 10:23 a.m. in San Diego.

Children and teenagers from the Junior Lifeguard Program jumped off the Ocean Beach Pier on Monday, Aug. 21 as the culmination of summer training.

They jumped together with friends and family to conquer their fear and to raise money for the Junior Lifeguard Program and promote safety education.

The pier jump is one of the major goals for the Junior Lifeguards’ participants, and the two pier jump days (the first session takes place in mid-July) are the only days where it is legal for people to leap off the pier.

“It is a family and community event,” said Nielsen.

The San Diego Junior Lifeguard Program offers two four-week sessions every summer for 7 to 17 year olds. Junior Lifeguards are taught first aid, CPR, ocean and wave education, beach safety and water rescue techniques.

In addition, they learn swimming skills, body surfing, body boarding, surfing, snorkeling, stand-up paddle boarding and kayaking. Before joining the program, participants have to pass a swimming test.

“The goal is to water proof San Diego. We want to make sure that every kid gets the opportunity to learn how to swim since we are an ocean and beach community,” said Nielsen.

Besides helping to fund the Junior Lifeguard Program, the Drowning Prevention Foundation of San Diego helps fund swim lessons for inter-city schools and inter-city groups.

As part of the Junior Lifeguard Program, participants and members of the public jumped off the Ocean Beach Pier.

Annual pier jump raises funds for Junior Lifeguards Program

By MATHILDE ROUSSEAU BIRREGAARD

The San Diego Junior Lifeguard Program offered two four-week sessions every summer for 7 to 17 year olds. Junior Lifeguards are taught first aid, CPR, ocean and wave education, beach safety and water rescue techniques. In addition, they learn swimming skills, body surfing, body boarding, surfing, snorkeling, stand-up paddle boarding and kayaking. Before joining the program, participants have to pass a swimming test.

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By DAVE SCHWAB

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This will be the first total solar eclipse in the continental U.S. in 18 years. The next total eclipse visible in San Diego will not occur until 2023.

Some local places where there will be an unobstructed view of the eclipse are Mount Soledad and Cabrillo National Monument. The Reuben H. Fleet Center in Balboa Park and city public libraries will be selling/providing eclipse glasses.

Will noted that, whatever glasses you use to protect your eyes when viewing the eclipse, “if you look through your glasses at a regular household lamp, and light is still getting through — it’s not good enough.”

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Pointers ready for Wildcats as football season starts under the lights on Aug. 25

By SCOTT HOPKINS | The Beacon

Every year, there are factors that motivate high school football teams to give their all in pursuit of victories and league championships. But the Point Loma Pointers have one huge motivation to go along with another debut as the season gets underway.

The obvious choice, and clearly the brightest answer, sits atop four 72-foot poles at the corners of Bennie Edens Field inside Pete Ross Stadium: “Friday Night Lights” has finally become a reality on the 93-year-old campus and this team will be the first to take the field under thousands of watts of pure LED bliss, something what is described as a “metallic look.”

Court decision in late June drove a legal holding up the project for a few years, but lights have run their course and a Superior Court decision will allow the Pointers to take the field under thousands of watts of pure LED bliss, something that is described as a “metallic look.”

The QBs will have some big targets to throw to this season like returning receivers JL Skinner (6-foot 5-inches tall, four catches, 48 yards) and Malik Moore (6-foot 6-inches tall, five catches, 81 yards). Other receivers with good hands include returners Austin Haines, Wes Windmiller and newcomers Tristan Shafer, Matewos Bogale and Anthony Martinez.

The Pointers like to throw to tall tight ends and this year they include newcomers Carlos Amarrillaz (6-foot 5-inches tall), Alejandro Peterson (6-foot 3-inches tall), Lake Modesto (6-foot 3-inches tall) and Trevor O’Toole (6-foot 1-inch tall). Also seeing time at the position will be Karty (6-foot 3-inches tall, four catches, 81 yards) and newcomer Jacob Maruky.

The quarterbacking trio in head coach Mike Hastings’ offense must also learn to pivot, move, hand off and pitch the ball very fast and with deception, often to men in motion.

Another kennel of Pointers is ready to take those handoffs and pitches and turn them into points.

Last year’s top running back returns. Josh Ball carried 103 times and picked up 549 yards and scored five TDs, an 5.3 average. What the stats don’t show is Ball’s YAC (Yards After Contact) as he proved to be tough to bring down and fought until the whistle. Moore gained 108 yards in 16 carries and Cameron Auto’a gained 47 on a half-dozen carries. Big Mathew Fa’alele (6-foot 2-inches tall, 245 pounds) added 112 yards on 20 carries while Brian Yeper and Christian Tenoli also return.

New faces in the backfield will be Zac Makis, Johnkyerian Shealey, Dominic Daughtity and Kaden Gill.

Offense

At the helm of the Pointer offense again will be senior Kyle Grady. The 6-foot 1-inches tall senior completed 46 of 110 passes last season for 586 yards with seven TDs and six interceptions. Ready to relieve Grady are returners Alexander Yxikis and Anthony Karty.

The returning seniors lead this group of warriors, and they include Davey Fohsom, Josh Fierro, Miguel Motive high school football teams to go along with another debut as the season gets underway.

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Point Loma will be lit for home opener

By SCOTT HOPKINS | The Beacon

Sometime around 5:30 p.m. on Aug. 25, someone will flip a switch (or two or three) and Bennie Edens Field will be instantly bathed in bright, new LED lighting.

That action, however simple, took 93 years.

That evening, Point Loma High School’s football team will take the field for a 6:30 p.m. kickoff in its season-opener against Oceanside’s El Camino Wildcats, and the era of “Friday Night Lights” will officially begin for a campus that has never in its history hosted a night athletic event illuminated by permanent lighting.

The date shall be long-remembered by students and staff of Point Loma High School. While there may be 2,500 people on hand for the game, as is common in landmark events such as this, 25,000 locals will someday brag about being on hand to witness this community celebration.

It should be something special!

Head football coach Mike Hastings is hoping the same community spirit and enthusiasm that results in overflow crowds for his team’s annual Homecoming game will prevail at each of the Pointers’ six home games this season and possible two playoff dates in November.

Covered light from the four 72-foot poles has been directed by computers to keep as much light as possible on the field of play with minimal spillage. A new public address system has also been installed.

The idea of lighting venerable Pete Ross Stadium began about eight years ago, when the San Diego Unified School District set out to provide equal and quality athletic facilities at each of its high schools. Many of these stadium upgrades were welcomed by communities, but with PLHS situated in close proximity to some neighborhood homes, opposition began, including the filing of a lawsuit alleging the school district did not follow local and state regulations and procedures.

But in June, a Superior Court judge ruled in favor of the school district, paving the way for the Aug. 25 opener. Opponents are planning to appeal the ruling.

PLHS Principal Hans Becker has given his word the school will carefully follow a Field Use Policy developed specifically for PLHS and adopted by the school district.

The document limits the number of lighted evening events to 18 total per year, and those must be divided equally among men’s and women’s sports. When used to extend practice times for school teams, the lights will be turned off by 7:30 p.m. nightly. And, the policy mandates meetings between school officials and neighbors on a regular basis to discuss any concerns.

Future stadium improvements include first-ever new seating for 500 visiting fans on the North side of the stadium along with a restroom/snack bar building for their use. Also, a first-ever press box will be built at the top of the current stadium and the field’s scoreboard will be replaced.

When it opened in 1925, PLHS occupied only 17 acres, and only male students played a very limited number of sports. Over the decades, the number of sports has grown substantially and the addition of a full slate of sports for females has placed extreme limits on available practice space for 800 students who are involved in athletics comprising over 30 teams.

To put this in perspective, by state law, a new public high school for 2,000 students built today would require a minimum 51 acres of land, or exactly three times the space available to PLHS students.

So let’s turn on those lights!
Point Loma's marathon man runs to 100

By DAVE SCHWAB | The Beacon

If you think 67-year-old David Parker isn't going to try to run his 100th half-marathon at America's Finest City Half Marathon on Sunday, Aug. 20 — you've got another thing coming.

After last year's America's Finest City Half Marathon, David realized that he was getting close to 100 half-marathon finishes. Inspired to reach a 40 AFC/100 half-marathon dual milestone, he ran five half-marathons this year, putting him at his 99th as he starts his 40th AFC.

Three men have run all 39 previous AFC Half Marathons. Gordy Adist, 63, David Parker, and Jerry Albert, 80, all live in San Diego with Parker living in Point Loma, home of the start line.

Parker will be celebrating his 100th half-marathon finish/40th AFC finish, Parker living in Point Loma, home of the start line.

Parker will be celebrating his 100th half-marathon finish/40th AFC finish, Parker noted, “I'm just lucky I have the shape,” he said.

The half-marathon is expected host a field of more than 7,000 elite, recreational and inspirational runners hailing from approximately 46 states and 14 countries. The race's scenic point-to-point, 13.1-mile course starts at the historic Cabrillo National Monument at the tip of Point Loma, runs past Pt. Rosecrans National Cemetery, along the San Diego Bay, Harbor Island and Embarradero, past the Star of India, before winding through downtown San Diego and finishing in Balboa Park.

In addition to these significant half-marathon goals, this year's AFC half-marathon will be a sentimental journey for Parker as well. He still treasures a photo of him holding his 6-week-old daughter at the 1986 AFC finish area (his ninth AFC).

Fast-forward to the 2012 AFC (his 35th) his daughter is running in her first AFC half marathon. She and her husband are coming to San Diego from Portland to run in the 40th with dad.

After his 10th AFC is when Parker decided to run the race as long as it was staged. He has also held onto all of his race numbers/bibs and T-shirts from each race. Parker's fastest AFC finish was in 1983 (2:16:31), the slowest was 2016 (2:16:31).

Noting he's had his injuries over the years, Parker's ready for this challenge. "I'm ecstatic, I have no aches and pains right now," he said, adding, "I'm running six to 10 miles daily, 14 miles on Sundays."

Parker cautioned that he doesn't expect to post his best time this event. But don't think for a minute he won't be ready to try.

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Dining

#1 Overall Restaurant:
Acai Bowl:
American:
Appetizer:
Bagel:
Bakery:
Bar:
Bartender (Name & Bar):
BBQ:
Beer selection:
Best chef:
Best Atmosphere:
Best ocean view:
Breakfast:
Burrito:
Cafe:
Catering:
Chinese:
Coffee shop:
Comfort food:
Deli:
Desserts:
Dinner:
Donut shop:

Early bird special:
Family restaurant:
Fish & chips:
Fish taco:
French:
German:
Greek:

Happy hour:
Hawaiian/Polynesian:
Healthy Dining:
Hot dog:
Ice cream / Frozen yogurt:
Irish pub/bar:
Italian:

Juice bar:
Late night eatery:
Live music:
Lunch:

Margarita:
Martini:
Mediterranean:
Mexican fast food:
Mexican restaurant:
Most romantic:
New restaurant:
Omelette:
Organic:
Pastry:
Patio dining:
Pet friendly restaurant:
Pizz:
Place for a birthday party:
Place to dance:
Place to go on a budget:
Place to people watch:
Restaurant service:
Salad:
Sandwich:
Seafood:
Senior Special:
Specialty/ Trademark Drink:
Sports Bar:
Steak:
Sunday Brunch:
Sushi:
Take-out:
Thai:
Vegetarian/Vegan:
Vietnamese/Pho:
Wine Bar:
Wine Selection (Restaurant):
Wine Shop:
Wings:

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September 9, 2017

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The Beacon Reader's Choice Dining Survey: Vote Now!
Matthew and Maria Gates are helping Himalayan orphans one craft brew at a time.

How is the mother-son business duo accomplishing that?

Via Shangri-La, an all-natural philanthropic craft beer imported from the Himalayan Mountains in Tibet. It’s an interesting tale.

What makes us special is the Himalayan mineral water in our beer,” said Matt Gates. “We’re trucking it for hours out of this little mountain village importing it into Long Beach.”

Why is Himalayan mineral water so special?

“It’s water filtered trickling down through a glacier from giant mountains more than 15,000 feet that have snow 365 days a year feeding into lakes and reservoirs,” noted Gates. “For the most part, it’s not tainted in any way.”

The Gates special Himalayan brew was featured at this year’s San Diego County Fair, and will be in local pubs soon, including 710 Beach Club in Pacific Beach and Winston’s in Ocean Beach, with more to follow.

The imported Tibetan brew was founded by the mom-son business team as a way to provide economic value and support for Tibetan orphans. “It is with great pleasure that we are able to launch Shangri-La Beer in our hometown of San Diego,” said Gates, adding, “We are one of the only breweries in the world that is based on philanthropic values.”

Gates said the owner of the Tibetan brewery he and his mom will be importing from is the son of an orphan whose mother had walked through the mountains of Tibet with the Dalai Lama during Tibet’s war with China a half-century ago. Soon after, she began adopting orphans and running an orphanage. The family then opened a restaurant, then a micro-brewery, as fundraisers to support the orphanage. Currently, orphanages make up 80 percent of the brewery’s employees.

The new craft brew's name derives from the mythical land of Shangri-La, from novelist James Hilton's fictional account of the legendary Tibetan paradise Shambhala. The tale is that there is a land behind the Himalayas full of peace and harmony where an isolated people live in accordance with Buddhist precepts, preparing for the day when the world will be ready to live in peace.

Maria Gates traveled to Tibet four or five years ago and became sympathetic to the plight of the orphans, then decided to team with her son to pitch in to help the orphanage's cause, which ultimately involved exporting Himalayan brew to a new, huge U.S. market.

Native San Diegans, the Gates had experience working with wineries. Matt Gates thought, after being exposed to Tibet beer that “maybe a brewery would be a good fit for us,” and yet the prospective venture “was a challenge.”

Nonetheless, the Gates are convinced they’ll succeed.

“I would be shocked if we didn’t have 50 to 100 more accounts (in the near term),” said Matt Gates pointing out that’s important to them as he, and especially his mom, are “philanthropic.”

Find Shangri-La in a glass, drink beer to help Tibetan orphans

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Do you experience anxiety at work?

Seven-tenths of your life will be spent working - here are solutions to bring stability and sanity to the workplace.

PROBLEMS OF WORK
by L. Ron Hubbard
PRICE $20.00

SHANGRI-LA BEER
What: Imported Tibetan craft beer.
Where: Winston’s, 1921 Bacon St., and 710 Beach Club, 710 Garnet Ave.
Info: shangrilabeerusa.com, Sales@shangrilabeerusa.com, 858-598-7023.

By Dave Schwab | The Beacon

Matthew and Maria Gates are helping Himalayan orphans one craft brew at a time.

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variety of sizes and assortments. The new store model is meant to create a more locally relevant big-box experience in urban areas. Local opposition in OB, with a majority favoring mom and pops and many dreading the arrival of corporate competition, is intensifying. Target has become a bullseye for local opposition to the store’s arrival, which has manifested itself in a new petition drive and public forums largely denouncing the project. One Target public forum is already under the beach community’s belt. Another is scheduled for the next OB Town Council meeting.

There are a few in the community who feel strident public opposition to proposed corporate incursion has taken a decidedly disrespectful turn, pointing out name calling and outright piling on by locals against developers and corporate chain representatives casts the community in a negative light.

Many residents, like Cecilia Carrick, a Point Loma Association board member, are divided on the issue of Target coming to town. “My opinion is that large stores like Target render small, diverse retailers obsolete, but do add convenience and better pricing for the buying public,” said Carrick. “It would change OB but would it be a bad change? Tough choice.”

“I would want to know the facts about the number of jobs, quality of wages and benefits being offered by Target in exchange for the opportunity to do business in the heart of OB. More money in OB through tax revenue and business could help better maintain the area and maybe help get rid of transients,” she said.

That view is not shared by all, including Gretchen Newsom, current president of OB Town Council. “I have major concerns about Target locating a storefront in Ocean Beach – including the likely negative impact it would have on our local, small, independent main street businesses, the part-time poverty jobs they promise, parking issues, and the erosion of our grassroots community values and unique OB vibe,” said Newsom.

Meanwhile, Brian Fitzgerald has started a petition drive on change.org at www.change.org/p/residents-of-ocean-beach-keep-target-out-of-ocean-beach, opposing Target’s entrance into the OB market, which to date has netted 2,215 supporters.

Even the James Gang Company printers in OB have been recruited by the opposition to come up with a “No Target in OB” T-shirt. No OB Target T’s cost $10 and are available at the James Gang’s booth during OB’s Farmers Market. “I’ve owned a small-business in OB for 31 years,” said James Gang co-owner Paul Bearce, who fears Target’s entry into the beach community would “destroy the fabric of OB competing with other super-local businesses. I’ve raised two kids in OB and have a heart for OB.”

Asked about “No Target in OB” T-shirt sales, Bearce said, “We’ve sold a few dozen.” Bearce added the T-shirts will be on sale indefinitely.

Noting “landlords have done everything correct,” Tony Franco of Tony Franco Realty Inc. who is brokering the Target negotiations, said during the long hunt for new tenants in the prime Newport Avenue commercial space, that “We brought this deal to all types of businesses including bowling alley operators, breweries and other grocery stores such as Trader Joe’s and Whole Foods, and received many offers to lease only a small portion of the space.”

Franco said it would have been too expensive to split the building up into four-to-six different smaller tenants.
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EAT, DRINK, PLAY & STAY IN OB
Locals know where to go for flat tires: Bernie’s Bicycle Shop an institution in OB

By DAVE SCHWAB | THE BEACON

A visit to Bernie’s Bicycle Shop in Ocean Beach is a trip back in time. The neighborhood bike shop’s space is small. Its vibe is local, coastal. The style is strictly mom-and-pop.

Bernie, the guy who started it all, is long retired. In his place, is Bernie’s heir apparent, Roger Lovett. Lovett is the fourth person to have owned the OB establishment at 1911 Cable St. He’s owned the shop, founded in 1968, since 1989.

Asked about his products and services, Lovett replied, “I just fix bikes. No rentals. We repair and sell new bikes.”

Bernie’s also sells all the stuff anyone would need to maintain their bikes — lubricants, tires, chains, seats, general maintenance stuff, lights, baskets, etc.

What needs fixing most at Bernie’s Bicycle Shop OB?

“Flat tires,” said Tony Julian, a friend of the Lovett who helps them out. “Summertime, there are a lot of people who let their bikes sit all winter, and then they take them out and get flats (punctures) in the dirt or from bushes.”

Lovett had some free advice to offer about avoiding bicycle flats.

“Stay off the dirt at Robb Field, stay on the (bike) paths,” he counseled, noting those riding on the dirt at Robb Field are likely to encounter tree thorns, which cause flats.

Fixing a tire costs about $10 or so depending on type, and is something few people know how to — or care to — do themselves.

On a recent Monday morning, Bernie’s is busy. A handful of customers crowd the shop’s narrow space. One person has brought in a bike with a flat tire. Another has rescued a small bike that has been tossed in a dumpster. He is asking Lovett to give him a repair estimate.

It’s a perfectly good bike. A little rusty. Lovett estimates $60 at most to repair it.

The clientele at Bernie’s, even during the summer, is mostly local.

“It’s about 60 or 70 percent local, the rest are tourists,” said Julian. “We like biking,” responded Lovett about the appeal of owning his own bike shop, estimating 80 to 90 percent of Obecians own one.

The most expensive new bike for sale at Bernie’s is about $800. You can get your basic “boardwalk cruiser” for about $200 new, noted Lovett.

Bernie’s only employees are Lovett and his wife, Yasuko.

“We’re movin’ out and I’ve got a nephew who needs a bike, so this is the place to be,” said an Obecian who has just brought a child’s bike in for repairs. “If anybody can bring it back to life it’s these guys,” adds the customer, noting, “I’ve been going to Bernie’s Bike Shop since it was on Voltaire.”

Lovett said being a bike shop owner is “kinda” what he expected to do with his career.

“I started (bike) racing when I was 8 years old, and I hung out at Bernie’s,” said the Point Loma native. “I came down here and body surfed and boogie boarded.”

How did Lovett get to be Bernie’s hand-picked successor?

“I got a job at another bike shop, and when he decided to retire, he sold it to me cheap,” Lovett said. “He knew I’d keep it going. He wanted to keep it going.”

FIGHT NIGHT AT MOTHER’S SALOON

BERNIE’S BICYCLE SHOP

Where: 1911 Cable St.
Hours: 9:30 a.m. to 6 p.m. Mondays to Saturdays.
Info: 619-224-7084

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San Diego's music community continues to draw performers from all over the U.S., with Ocean Beach as ground zero for many of the new arrivals. While not everyone ends up staying in the area permanently, for many musicians, their time as an area resident can have a lasting impact. Such is the case with folk rock quintet Coral Bells, who perform at The Casbah on Aug. 25.

Though the band's three founding members, guitarist Joshua McCleskey, ukulele player Kaley Morlock, and mandolinist Jimmy Schmitz are all originally from Oklahoma, the inspiration for Coral Bells "begins in the soggy autumn woods of Arkansas at the Harvest Bluegrass Music Festival," McCleskey said.

"Folk music has a deep and lasting effect on every member of this band. From nostalgic lyrical content, to classic chord structures, we have deep-rooted love and respect for the genre we've embraced," McCleskey said. Feeling stifled in their home state, the trio decided to head west with their musical project, then called Foxglove.

Though relocating was a big step, McClesky notes there was little culture shock in the transition. "If anything, the exodus and journey west only fed yearning and inspiration to the once-exasperated members of what would be Coral Bells," he said.

With the move to the West Coast and the addition of Boston transplant, guitarist Matthew Rogan, and IB native, percussionist Helen Sylvia, the band wanted a new name. In keeping with the botanical theme of their first name, "we seized upon the name of the first plant we encountered in our new home: Coral Bells," McCleskey said.

Currently located in Imperial Beach, the group cites Ocean Beach as an early key to their playing in the local music scene. Needing a place to stay upon their arrival on the West Coast when the three founding members first ventured to San Diego, they found themselves standing upon the stoop of the Ocean Beach International Hostel.

"We quickly discovered the excitement of the OB Farmer's Market, then busking on Wednesday afternoons quickly transitioned to Open Mic Nights at Winston's. From these very Open Mic Nights, Coral Bells transitioned to supporting international touring acts such as Fruitjuice & The T-Sisters," McCleskey said.

"From there on, Coral Bells forged our long lasting love affair with the OB music scene."

Coral Bells has excellent originals, campfire sing-alongs with instantly hummable choruses, influenced by the likes of Bob Dylan, The Grateful Dead and John Prine. But they also feature a wide range of recast covers, ranging from the traditional, such as Woody Guthrie's "Way Over Yonder," to pop rock classics such as Nancy Sinatra's "These Boots Were Made For Walkin'."

"With over four hours of material, our repertoire is a vastly deep catalogue of selections," McCleskey said. "We sculpt classic and traditional covers into songs that are new, fresh, and exciting."

For the past year, the band has been ensconced at the Grey Brick Recording Studio in Lemon Grove, diligently chipping away at their debut album, set for release this fall. Future plans also include touring the Northwest, but for now McCleskey is pleased with the band's progress. "The most amazing part about being in Coral Bells is the resounding fact that all the musicians involved are the best of friends," he said. "When it comes to camaraderie, the band is completely devoted to one another. The ardent love and constant renewal of creativity and respect continues to further the band."
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37th International Exhibition

The San Diego Watercolor Society, established in 1963, is one of the largest and most active in the United States. Its International Exhibition is widely recognized for its high standard of excellence in watermedia art. This annual event, held in October at the SDWS Art Gallery in The ARTS DISTRICT Liberty Station, attracts entries from hundreds of watermedia artists worldwide. The show includes works of 95 internationally known and collected artists. The Exhibition Catalog will be available for purchase at the SDWS Art Gallery shortly before the exhibit.

The 37th SDWS International Exhibition was juried by award-winning artist, Katherine Chang Liu. Best of Show went to Coat Rack by New York artist, John Salminen. Liu felt there was something extraordinary in the combination of realism and abstraction. John is a signature member of numerous prestigious art societies in the United States, including the American Watercolor Society, the National Watercolor Society and the Transparent Watercolor Society of America. John is an honorary member of the Jiangsu Watercolor Research Institute in China and is the first American ever to be awarded membership in the Australian Watercolour Institute.

Second Place went to Learning to Walk in My Own Shadow VO.8 by Oregon artist, Geoffrey McCormack. Liu was impressed by the combination of abstraction and trompe l’oeil genres. According to McCormack, “Learning to Walk in My Own Shadow is a new series, begun at the end of 2013. Parameters for “Shadow” are simple and allow great room for variation. Foreground of three rectangular planes of varying value, color and texture. One is black that is a void” that no shadow can fall on. Floating in front of the foreground is an object that interrupts light and cast shadows describing a shallow but varying space. A paper ring or torn bits of paper for example. • A taut string (line) dividing the picture plane both left & right as well as in & out. The result is a cohesive body of work that tells of a considered, informed and ardent creative process. This series is all about the shadow’s power to describe palpable space and a composition that invites contemplation.” McCormack has had many solo shows and exhibits regularly in National and International exhibitions.

Third Place went to Contemplation by Scottish artist, Angus McEwan. Put simply, the painting reminded Liu of poetry. According to McEwan, “The subject I have painted many times over the years although not in this particular place. On this occasion, it is a gallery space in the botanic gardens in Edinburgh, Scotland. I love painting contre jour (against the light) and I particularly like how this painting captures the silhouette of an object that interrupts the light and cast shadows describing a void”. Metaphorically, a void is a subject that I enjoy using which is perfect for describing the transient nature of my subject matter. Other notable artists in the show include Dean Mitchell, Vera Dickerson, Charles Rouse and Angela Chang.

An Opening Reception will be held on Friday, October 6th from 5-8 pm with wine, food and the fellowship of other art enthusiasts. The Gallery will be open daily from October 1-31st from 11am to 4pm. Docent tours are available upon request. Go to www.sdws.org or call 619-876-4550 to get the complete ISHOW Schedule of Events.

About The San Diego Watercolor Society

The San Diego Watercolor Society, a 501(C)(3) non-profit organization founded in 1963, is dedicated to expanding the appreciation of and involvement in watermedia painting through education, exhibition and promotion. SDWS was voted 2nd Best Gallery in San Diego by the San Diego AList in 2016 and was twice awarded the Gold Medal for Best Gallery in Point Loma by the Peninsula Beacon’s People’s Choice Award. SDWS presents a new juried exhibition at their Art Gallery in the ARTS DISTRICT Liberty Station each month with an Opening Reception on the first Friday of each month from 5-8 pm with great original art, refreshments and the companionship of other art enthusiasts. Both the Gallery Exhibition and the Reception are free. The 37th International Exhibition, to be held in October, 2017, attracts hundreds of artists from around the world. Other services for the benefit of over 700 members and the public include an extensive art library, a full program of workshops, classes and artist demonstrations (open to members and non-members) and artist-led plein air painting opportunities. More information can be found at http://www.sdws.org.
Super hero action, thrills and drama will soar, smash and burst into Valley View Casino Center from Aug. 24-27, with the debut of the all-new action-packed adventure Marvel Universe Live! Age of Heroes.

The iconic Marvel super heroes Spider-Man and The Avengers are joined by the Guardians of the Galaxy, including Star-Lord, Gamora, Groot, Rocket and Drax, in a legendary battle to defend the universe from evil. The newest production from Feld Entertainment, the world’s leading producer of live touring family entertainment, had its world premiere in Los Angeles.

“Our tremendously talented creative team and a nearly superhuman cast, have created a show that brings the grandeur of Marvel to life,” said Juliette Feld, producer of Marvel Universe Live! “Age of Heroes creates an experience that immerses families in non-stop action, creating movie-style thrills and jaw-dropping stunts that showcase the powers of your favorite super heroes right before your eyes.”

Called on by Doctor Strange, the Guardians of the Galaxy join Marvel Universe Live! Age of Heroes on a crusade against the scheming Nebula who teams up with the conniving villains Loki and Green Goblin. The incredible superhuman forces of Iron Man, Thor, Black Panther, Hulk and Black Widow will unite in clashes that pit student against mentor, sister against sister and brother against brother.

Immersive video projection and cutting-edge special effects will captivate and transport audiences across the universe from the fantastical Savage Land to New York City and beyond. Spider-Man and Wasp’s dynamic aerial stunts along with Captain America’s daring motorcycle skills will be on display in the ultimate race against time to save mankind.

“I’m extremely excited to work on Marvel Universe Live! Age of Heroes and bring the talents and powers of these amazing characters with such dimensionality to life,” said Marvel’s chief creative officer, Joe Quesada. “Audiences will be on the edge of their seat as they witness the outrageous stunts and fight sequences in truly a unique experience that puts fans at the center of the action.”

Shows at Valley View Casino Center, 3500 Sports Arena Blvd., will take place 7 p.m. Aug. 24-25, 11 a.m., 3 p.m., 7 p.m. Aug. 26, and 1 p.m., 5 p.m. on Aug. 27.
Three years ago, Brooks opened her business called Coyote Creative, doing arrangements as a side job and at local farmers markets. Actually, she tried out her first business opportunity at Ocean Beach Farmers Market.

As the shop got more successful, she expanded her product line and began to go festivals, street fairs and events in addition to markets.

Two years ago, Brooks moved Coyote Creative into a little studio located a few blocks away from the new shop and then she wanted a bigger space. She wanted to expand with home decor and to move the location closer to where people park their cars. She then changed the name of the shop to Botanica Home and Gardening.

“I want it to be a place where Ocean Beach people can come and get everything they need for their house,” said Brooks, who lives in and loves the Ocean Beach community.

“Everybody knows each other and people are really friendly,” she said.
Bay City Brewing Co. to celebrate two-year anniversary on Aug. 26

Bay City Brewing Co. turns two years old this month. To celebrate this milestone, the brewery will raise glasses of special-release brews to two years of curating craft beers in the craft beer capital of the world.

“We’re humbled to operate alongside more than 140 revolutionary breweries in San Diego who raise the standard for our industry every day,” says Greg Anderson, co-owner of Bay City Brewing Co.

“Belonging to this community encourages us to continue honing our craft and we look forward to making the next two years just as fun and memorable as the first two.”

On Aug. 26, Bay City Brewing Co. invites families, beer lovers and their dogs to its tasting room in Point Loma to commemorate its birthday with live music, food trucks, a community and kids art station, the brewery’s exclusive Anniversary IPA, six radler variations and other limited-release beers.

Created for its second anniversary, the Anniversary IPA comes from Idaho 7 hops, giving the specialty brew overtones of pine needles with large notes of tropical fruit and citrus. Six variations of the Bay City Brewing Co. radler will include flavor combinations such as lemon-cherry, passion fruit-orange-guava and watermelon-mint. Similar to the rare radlers, brewers will add special flavors to existing beers on tap to create one-of-a-kind tastes.

Since opening Bay City Brewing Co., Anderson and co-owner Ben Dulfois have grown the small brewery without waveriing on their commitment to keeping community at the core of everything the brewery does. Since then, it has grown to 12 team members and offers more than 20 uniquely unique beers on tap.

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**Open Houses**

**Ocean Beach**
Sun 1-4pm         4845 Bonita Avenue         3BR/2BA         $1,050,000

**Pacific Beach**
Sun 12-3pm        4824 Hyperion #202         2BR/2BA         $1,025,000

**La Jolla / UTC**
Sat/Sun 1-3pm     8331 Camino de la Costa         3BR/2BA         $1,750,000
Sat/Sun 1-3pm     5077 Rutgers Road         4BR/3BA         $2,885,000
Sun 1-4pm         642 Mardins Vista         3BR/3BA         $2,800,000
Sun 1-4pm         5393 Renaissance Ave         4BR/3BA         $998,000-$1,086,876
Sat/Sun 1-4pm     4491 Pearl Court         3BR/2BA         $675,000
Sat/Sun 1-4pm, 12-3pm       8101 Via Cancuna #122         2BR/2BA         $960,000

**Rancho Santa Fe**
Sun 1-4pm         5516 Avenida Marellas         4BR/5BA         $2,375,000

**Santa Luz**
Sun 1-4pm         14997 Encinoado         4BR/5BA         $3,795,000

**SOLD**

3121 Dickens

Three charming units in a fantastic location! Just a short walk to the waters edge. Main building consist of two 2 bedroom 1 bath units with lots of charm. The third unit is a stand alone 1 bedroom 1 bath. Laundry room with 2 washers and 2 dryers to share. There are at least 5 parking spaces and a couple of common area picnic spots. Shelter Island, Kelloggs beach. Great restaurants. 3 Yacht clubs. All within a short stroll. $1,149,000

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**New Construction in Point Loma**

**On Point on the Point**

Point Loma has long been known as a highly desirable area of San Diego but most homes here are older. This brand new 2,800 sq ft home is walking distance to Liberty Station and will be complete in Mid-August. It features 4 bedrooms, 4 ½ baths, professional Kitchen Aid appliances and finding La Carobia doors. Perfect for entertaining and enjoying the amenities Point Loma offers.

**About Lanz Correia**

I am a fourth-generation Point Loma resident, active in both the Portuguese and Italian communities. I am on the Board of Directors for the United Portuguese SES. Let me leverage my skills and relationships to effectively sell your Point Loma or OB home.

Lanz Correia 619.564.6355

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**POINT LOMA $2,500,000**

4 BR / 3 BA Possible Guest Suite

Stunning ocean view home in Sunset Cliffs. Catch the jaw dropping Sunset through the floor to ceiling windows in the living room. Spacious 3,315 sq ft floor plan includes a walkout basement which additionally features gorgeous views of the Pacific Ocean. No expense was spared in the beautifully remodeled kitchen. The fully landscaped and hardscaped exterior also includes a large private pool. Bypass the front stairs with direct access from the alley and attached garage. Don’t miss this gem!

**POINT LOMA $2,300,000**

4 BR / 3 BA Possible Guest Suite

Point Loma has long been known as a highly desirable area of San Diego. This brand new 2,600 sq ft home is walking distance to Liberty Station and will be complete in Mid-August. It features 4 bedrooms, 2 are master suites, 4 ½ baths, professional Kitchen Aid appliances and finding La Carobia doors. Perfect for entertaining and enjoying the amenities Point Loma offers.

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**Beachside Villa**

6 Units Available!

Horton Villas, San Diego, CA 92103

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**LA JOLLA / UTC**

Sat/Sun 12-3pm     924 Hornblend #202         2BR/2.5BA         $1,025,000

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**Pacific Beach**

Sun 1-4pm         4453 Bermuda Avenue         4BR/3BA         $875,000

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**SANTA LUCY**

Sun 1-4pm         1567 Dickens Avenue         2BR/1BA         $2,500,000

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**Pacifica**

Sun 1-4pm         5627 Rutgers Road         4+BR/6.5BA         $2,885,000

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$1,149,000

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**Ascent Real Estate**

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**Loma Community Park. Access, 2 car detached garage. Just over a block away is Point Bridge, Downtown San Diego & Mountains. Formal living room opens to the lush, private backyard with alley access, 2 car detached garage. Just over a block away is Point Bridge, Downtown San Diego & Mountains. Formal living room opens to the lush, private backyard with alley

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**3121 Dickens**

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Liberty Station | 2986 W Porter Road | $1,349,000
MICHAEL S. PANISSIDI | 619.247.2114

La Playa | 448 San Gorgonio Street | $2,700,000
JOJO GIORDANO | 619.995.5252

OPEN SAT 1-4
Pacific Beach | 4838 Academy Street | $1,235,000
STEVEN E. CAIRNCROSS | 858.859.3370

Point Loma | 3131 Zola Street | $2,495,000
LISA PERICH | 619.865.1022

COMING SOON
Point Loma | 3446 Elliott | $1,149,000
MARIE HUFF | 619.838.9400

OPEN SUN 1-4
Sunset Cliffs | 1030 Alexandria Drive | $2,495,000
ROSAMARIA ACUÑA | 619.890.2828