Tarnished Jewel
Historic cottages deteriorate amid Prospect Street property sale

By DAVE SCHWAB

The fate of the endangered, turn-of-the-century Red Roost and Red Rest historic cottages continues to hang in the balance with the recent sale of La Jolla Cove Suites hotel on Coast Boulevard along with two blocks of commercial frontage above the cliffs on Prospect Street.

The buyer of the property, at an undisclosed price and terms, was Aimco, a real estate investment trust headquartered in Denver. The sale included Carlton Gallery art venue and Haagen Daz ice cream but did not include Starbucks and

The sale of La Jolla Cove Suites hotel to a Denver firm came at a price – acquisition of two dilapidated cottages that date to 1894.

SEE COTTAGE >> PG. 14

HIGH-END REDUX:
La Plaza set to open March 16

By DAVE SCHWAB

The long-awaited La Plaza La Jolla luxury shopping center, with new high-end retail shops at the former Jack’s nightclub site, will officially open Monday, March 16.

“Our vision for La Plaza La Jolla is to provide discerning shoppers with a boutique center, offering a complementary mix of carefully curated premier retail, upscale dining and superb services,” said Jon Williams, the plaza’s CEO. “We’ve worked to bring together the best brands that provide fashion, design and lifestyle.”

SEE PLAZA >> PG. 17

New editor named for Beach & Bay Press and Peninsula Beacon

San Diego Community Newspaper Group recently announced Thomas Melville as the new editor for the Peninsula Beacon and Beach & Bay Press, La Jolla Village News’ sister papers. He will also edit and update the papers’ websites and social media platforms.

“I’m really excited to be a part of the San Diego Community Newspaper Group,” Melville said. “I look forward to working with [publisher] Julie Main and everyone at the group.”

Melville has more than 15 years of experience in the publishing industry. Until recently, he was editor of Energy Digital magazine in Carlsbad, Calif., a global publication focusing on the renewable energy sector.

Prior to moving to San Diego, Melville was editor and part owner of the Bayside Gazette newspaper, based in Ocean City, Md.

Throughout his career, he has been the editor of several weekly newspapers in New York, North Carolina, and Maryland. Also, he was an associate editor at Success magazine, a national business publication.

He has won several press association awards from three different states for his writing, photography and page design.

His landscape and conceptual photography has been cited at juried exhibitions at galleries in Salisbury, Berlin, and Ocean City, all in Maryland.

Melville currently lives in North Park but plans on moving back to the beach and bay area.

“I lived in Pacific Beach for two years when I first moved here and want to get back to the beach,” he said.

There’s more where this came from

The news doesn’t take time off between our hardcopy publication dates. Please visit our website at sdnews.com (click on La Jolla Village News) for the latest developments, every day, on life in the Village.

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Report shows necessity of water-use restrictions, Coastkeeper says

San Diego Coastkeeper, which protects drinkable waters in San Diego County, says a county-specific report released Feb. 17 shows why mandatory water-use restrictions should be the new normal and that education and enforcement are necessary for success.

In its report, Equinix Center examined water consumption levels at San Diego County Water Authority member agencies between fiscal years 2010 and 2014. The report says that even after emergency drought conditions were declared, water consumption in the region rose. The report also shows that the overall increase in average annual residential water consumption per resident during the study period correlates with hotter-than-average annual mean temperatures and negatively correlates with a decrease in annual precipitation.

“Water-use trends uncovered in Equinix Center’s report don’t surprise us,” said Matt O’Malley, waterkeeper for San Diego Coastkeeper.

“This is why San Diego Coastkeeper has long advocated for mandatory conservation measures to change water-use habits—rules that should become the normal for the region and that cities must enforce.”

Recently, Coastkeeper responded to California Gov. Jerry Brown’s statement that he’s not ready to add to statewide restrictions, acknowledging that the California State Water Board’s water-use restrictions in place since August of 2014 seem to be working (San Diego County used 27 percent less water in December 2014 than it did last December).

But the new data released by Equinix Center show the real battle comes with sustaining these short-term results to achieve long-term conservation.

“We need to use less while we create new reliable and environmentally sustainable local water supplies, and we need to couple those efforts with adequate enforcement against water waste,” said O’Malley.

O’Malley said that in our mostly Mediterranean climate, about half of the region’s residential water use is outside the home. He explained that this is why Coastkeeper says that residents and building and landscaping industries must turn to drought-tolerant and edible landscaping.

Additionally, San Diego County is at the crossroad of two very important pipelines: the Sacramento-San Joaquin Bay Delta in the north and the Colorado River to the east.

“The City of San Diego just approved generating 83 million gallons a day of clean local water to replace imports and coalitions in the north and south of the county are discussing similar efforts,” said O’Malley.

With state drought funds offered for large-scale projects, cities should supply sources—such as water capture, reuse and recycling—that start with sustained conservation and enforcement aimed at efficiency.

Parks group weighs open-space regulations, reservoir plan

La Jolla Parks and Beaches, Inc. heard from a city park official about the status of open-space parks throughout the community and to fellow community advisory group’s Feb. 23 monthly meeting.

Chris Zirkle, a city parks deputy director, gave a presentation and provided a handout detailing several designated open-space park areas throughout La Jolla, including Torrey Pines State Natural Reserve.

These were some of the highlights of the community advisory group’s Feb. 23 monthly meeting.

Chris Zirkle, a city parks deputy director, gave a presentation and provided a handout detailing several designated open-space park areas throughout La Jolla, including Torrey Pines State Natural Reserve.

Zirkle noted environmental protection for many open-space parks located throughout San Diego includes an ordinance protecting environmentally sensitive land, much of which is included in a Multi-Habitat Planning Area, which provides interconnecting wildlife corridors that allow free movement of animal species.

“Pottery Canyon is dedicated parkland, and only park uses are allowed there,” Zirkle said, adding that a children’s playground would be one allowable use.

“My recommendation is that an amphitheater be allowed,” queried board member Melinda Merryweather.

“Not like Cricket Amphitheater (in Chula Vista), but a natural amphitheater,” answered Zirkle.

“Having an amphitheater and live music there would be fabulous,” Merryweather pointed out.

Group chair Dan Allen noted that open-space parks are sensitive to fire, 

“One thing I’m noticing is more (hiking) trails that get washed out every time it rains, which erodes them, making the trails deeper,” Allen said.

“We have that problem all over,” agreed Zirkle.

Zirkle also discussed the city’s brush management requirements for open-space parklands. He said that city crews weed out open-space parklands every other year, first removing nonnative species and then selectively thinning out brush to create fire breaks, which protect structures and aid in keeping wildland fires contained.

Parita Amerlahn, of the city’s Public Works Department, gave a presentation on the La Jolla Heights Natural Park Reservoir project, which will demolish two existing reservoirs and build a new, larger reservoir in the park. The demolished site is to be restored to its natural condition.

Amerlahn noted that design work on the long-term reservoir replacement project is now about 60 percent complete and that the project, once it begins, will take about two years to complete. She promised that affected areas, including the reservoir to be filled in, will be returned to their natural state with planting of native species.

A couple of local residents expressed concern that it appears some hiking trails near the construction area may be closed during construction. They were told that the proper way to register their views is to contact their local councilmember or the mayor’s office.

In other action, the board voted 9-7 in favor of a proposal by the Junior League of San Diego to host the La Jolla Food and Wine Festival May 1-2 in Scripps Park. Planners voted against the proposal they wanted to be provided, a La Jolla map showing what parts of the park will be used. “Construction changes down there by the hour,” said board member Bill Robinson, referring to ongoing construction in and around the Cove lifeguard tower.

“You may not get all the park you had last year because of the construction and the access.”

Planning group trustee vote set

The La Jolla Community Planning Association will hold its annual trustee election Thursday, March 5 to fill seven vacant seats. Six trustee seats are for a full three-year term, and one trustee seat is for the remaining two-year balance of a three-year term.

Fourteen candidates are vying to fill the vacancies.

Voting is among association members only. No electioneering is allowed within 90 feet of the polls, and members must provide photo identification. Voting begins at 3 p.m., and the ballots will be counted and the results announced at 7 p.m. The regular monthly meeting begins at 6 p.m. at the La Jolla Recreation Center, 615 Prospect St.

Elected trustees will be seated at the April 2 regular meeting.
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April 30 prelim is set for alleged Kraska assailant

An April 30 preliminary hearing date was set Feb. 24 for a house painter accused of ambush shooting CBS News 8 sports director Kyle Kraska in front of his Scripps Ranch home earlier this month.

Mike Montana, 54, is charged with premeditated murder in the Feb. 10 attack. He remains in custody in lieu of $750,000 bail.

An April 13 readiness conference was also scheduled for Kraska, who faces nearly 38 years to life in prison if convicted.

At the defendant’s arraignment last week, Deputy District Attorney Rebecca Zipp alleged Montana fired into Kraska’s car, Attorney Rebecca Zipp alleged last week, Deputy District
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PHOTO BY TERRY KRAZESWSKI

every day is like the next The owner of Piatti restaurant remarked that workers with La Jolla's Avenida de la Playa Infrastructure Replacement and Sewer & Water Group were due to be off his block the first of February. Maybe he meant the first of February 2016, as the construction presence is as heavy as ever. Business on Avenida has plummeted since Labor Day amid reroutes and heavy equipment operation. PHOTO BY TERRY KRAZESWSKI
Combining food and culture is local restaurateur’s recipe for success

By KAI OLIVER-KURTIN

San Diego Coastkeeper, which protects the area’s fishable, swimmable and drinkable waters, says Mayor Kevin Faulconer and City Council should respond with immediate local action in light of the recent certification of a referendum against a statewide plastic bag ban.

If passed, Coastkeeper noted, the City of San Diego’s local bag ban would cut down on plastic waste that finds its way into the region’s waters, and the City would become the county’s third to ban plastic bags, following action by Solana Beach in 2012 and Encinitas in 2013.

“We know it will cost San Diegans even more money to clean up the plastic bags once they’re in the environment,” group waterkeeper Matt O’Malley said. “Mayor Faulconer and City Council should use this opportunity to demonstrate leadership on the local plastic bag ban now so that we can address the source of the plastic pollution, saving money when the state requires us to remove it from the environment.”

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ally, a new study this month in the journal Science quantifies, for the first time, the amount of plastic going into the ocean from land — estimated between 5 and 14 million tons globally per year.

O’Malley said this statewide ban lot effort, funded by out-of-state special interest groups, echoes disparaging local trends in which industry lobbyists have pumped millions of dollars into campaigns to control the political process.

Bag ban referendum requires Council’s action, Coastkeeper says

One Paseo approved amid overture to ‘smart growth’

Possibly paving the way for more intense development in many parts of San Diego, City Council voted 7-2 on Monday night in favor of the controversial One Paseo mixed-use project in Carmel Valley.

Three of the council’s Democrats — Todd Gloria, Myrtle Cole and David Alvarez — joined in support of Councilmembers Marti Ciuffa and David Alvarez, who have proposed a mixed-use project amid opposition to the controversial project.

Councilmembers in support said the 1.4 million-square-foot complex of office buildings, condos and retail stores is a strong example of “smart growth” because it will allow people to live, work and shop in the same place, reducing the need to travel.

“The concept of live, work, play and shop — these are the communities of the future,” said District 2 Councilwoman Lorie Zapf, stressing the project would help alleviate the city’s housing shortage without damaging undeveloped rural areas.

“I think we all agree we can’t have urban sprawl,” she said.

Councilmembers who voted against One Paseo said it’s an overly ambitious project that would worsen Carmel Valley’s already congested traffic and damage the character of the upscale suburban community located 20 miles north of downtown.

“I think it’s a worthy project in general; it’s just that the scale of it is something the community has said they can’t live with,” said Council President Lightner, whose district includes the area. “Carmel Valley is not a transit-oriented community.”

She also complained the project does not provide enough additional parkland to support the estimated 1,600 residents and that it would create parking problems.

— U-T San Diego

For more on this story and other local news visit www.utsandiego.com.

Business

White Sands resident and La Jolla Village News columnist Natasha Josefowitz will be inducted into the Joe and Vi Jacobs Center, 404 Euclid Ave., at 2:30 p.m. She will receive the Empowerer Award for her life as an educator and advocate for women in management, and is the author of 20 books. For 10 years, she had a weekly program on public radio and a monthly television segment. She is a best-selling author and award-winning poet; her work has been selling author and award-winning author and award-winning television segment. She is a best-selling book, “Living Without the Nest,” her biweekly La Jolla Better,” her biweekly La Jolla Village News column, since 2008.

Village News’ Natasha Josefowitz to be feted into county women’s hall

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— U-T San Diego

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— U-T San Diego

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Tutors as mentors: UCSD programs designed to fuel both functions

A 10th-grader struggling with algebra, a teen from a military family, a high school student contemplating college and a homeless youth finding stability in the classroom — these are just a few examples of the underserved children paired with UCSD undergraduate tutors through numerous initiatives. These programs, led by the department of education studies, the campus’s undergraduate colleges and others, allow UCSD students to serve as tutors, mentors and positive role models.

Yet the undergraduate tutors often find they learn just as much from their young partners.

Partners at Learning

One such initiative, the Partners at Learning program, offered by the department of education studies, enables students to actively engage with San Diego’s diverse communities and become powerful advocates for higher education. Designed as an immersive service-learning program, nearly 500 undergraduates participate each year, committing more than 40 hours or more in their assigned classroom each quarter.

“The program is the reason I work in the early education field,” said Oliver LaPuebla, who was majoring in structural engineering when he began volunteering with Partners at Learning. “I felt energized through my experiences working with youth in the PAL program. I realized I looked forward to working with kids more than I had any eagerness to become an engineer.”

Believing he could make a difference in children’s lives, LaPuebla enrolled in the Master of Education program at UCSD after completing his undergraduate degree. He now teaches preschoolers at a child development center in National City — the same school where he completed his program volunteer hours.

LaPuebla is just one example of the undergraduate students who find the program’s experience to be personally enlightening as well as impactful for local youth.

UCSD students may use program courses to meet specific requirements for some of the university’s colleges or toward an education studies minor.

Partnership Schools Program

For students who are not education studies majors or minors, or who do not need Partners at Learning classes to satisfy college general education requirements, Thurgood Marshall College offers courses under its Partnership Schools Program. Working with UCSD’s Center for Research on Educational Equity, Assessment and Teaching Excellence, the college created the Partnership Schools Program to provide undergraduates the opportunity to volunteer at The Preuss School UCSD or Gompers Preparatory Academy as positive role models and mentors for grades 6 to 12 college-bound youth.

“The Partnership Schools Program isn’t about satisfying GECS; it’s simply about giving back,” said Thurgood Marshall provost Allan Harris. “Thurgood Marshall College helps to mobilize UC San Diego students to volunteer at these charter schools. It’s about serving the community, and that’s what it means to be a true scholar.”

Angela Fang, Partnership Schools Program student coordinator, added, “I think it is important for my colleagues to have the opportunity to learn more about students who don’t need Partners at Learning, the California education system and the profession of education.

Fang is a 2012 Preuss graduate and a former pupil of a Partnership Schools Program tutor. She credits this tutoring service as a big influence on her decision to take up the coordinator position.

“What stood out to me the most during my time at the school,” she said, “was the dedication of our volunteers. I can’t begin to explain how eager each of the volunteers I encountered was! But there was a particular undergraduate student I met, named Jeff, who inspired me to develop my career path early on. He was very passionate about our classes, discussions, and he clearly showed that through the academic support he provided us.”

The Partnership Schools Program student coordinator position, established in 2003, is funded by a grant from the Girard Foundation. Since the position was established, two Preuss graduates have filled the role.

Muir College Academic Mentoring Program

Muir College has launched its own tutoring service initiative as well. The Muir College Academic Mentoring Program is a collaboration between the educational equity research center’s Early Academic Outreach Program, Muir College and UCSD’s department of education studies. The program helps ready students for on-site academic advising and mentoring to students at Castle Park, Clairemont, Gompers Preparatory, San Diego high schools and King Chavez Academy.

“In mentoring students, I was expecting to give my time and only receive gratitude in return, but what I received was so much more,” said Nico Salas, a program mentor at King-Chavez Community High School. “Through talking with the students, I have gained a great sense of empathy and have come to understand that every student is different and requires a different approach to their education. Though some are uncertain of their futures, all are eager to discover what possibilities await them after high school.”

Eleanor Roosevelt College’s Math Tutor Corps

Eleanor Roosevelt College’s Math Tutor Corps brings together several UCSD organizations to support math students at Lincoln High School. The program offers undergraduates a two-unit course that helps them learn how to tutor math for some of the county’s best high school math teachers. As part of the program, students serve as tutors for Lincoln High School students in math classes for at least four hours each week. Math Tutor Corps participants work primarily in algebra and intermediate algebra classes at Lincoln, courses where the greatest need for tutoring exists.

“For Lincoln High School students, this individualized support has effects beyond simply helping them to excel in math — it helps them stay on track with their schoolwork, provides them an alternative environment to learn and motivates them to pursue a high school and college degree in the future,” said Eden Berdugo, program coordinator.

The ERC/Monarch School Volunteer Program

In addition, the ERC/Monarch School Volunteer Program gives ERC students the opportunity to volunteer at the Monarch School, a K-12 school in the San Diego Unified School District that serves the educational needs of homeless and at-risk children. Over the past five years, more than 30 ERC students have volunteered at Monarch, providing academic tutoring and work in after-school enrichment programs.

Students in this program must commit to at least one academic quarter to reduce the level of flux and unpredictability that most of its students already have to confront on a daily basis.

“I think the time commitment is absolutely worth it,” said past Monarch volunteer Karime Cauze. “I am so pleased I could help those students discover the wonders of creativity and moreover be a person in the world who they know they could rely on and who cared for them. They impacted my life in a way I have never been touched before, and it helped me discover more about who I am, who I want to be and what I want to do with my life.”

UC San Diego News Center

The post-holiday blues

On Tuesday, Feb. 17, at 9 a.m., I entered the La Jolla Post Office on Wall Street to discover 12 people ahead of me in line, waiting for only one clerk to wait on all of us. I asked the supervisor what the day after a holiday, only one person was scheduled from 8:30 to 9:30 a.m. I was not given an answer.

Finally, at 9:23 a.m., the clerk who was scheduled to be on duty at 9:10 a.m. came out to help with the now 15 people in line.

Isn’t the person who schedules the post office employees aware that people need to have service and not stand in line 44 minutes to mail packages and purchase stamps? (I did not count the number of people who walked out in disgust when they saw the large number of people in line with only one clerk.)

Maybe this is our government at work,” allowing the Realtor husband of Sen. Barbara Boxer to be part of this group trying to tell our historical La Jolla Post Office building on Wall Street.

Barbara Grace
La Jolla

Education

La Jolla’s 30 years fuel Educational Enrichment Systems

With the blessing of two La Jolla philanthropists, Robin Layton is celebrating 30 years as president and CEO of San Diego’s Educational Enrichment Systems, which offers low-income working families the opportunity to become self-sufficient by providing quality, affordable, early childhood education. Through its 22 preschools throughout San Diego County, the Clairemont-based Educational Enrichment Systems, supported in part by La Jollans Deni and Jeff Jacobs, gives underserved children experiences that help set a strong foundation for their elementary school education.

Layton has the agency tenfold, as it now serves more than 1,100 children from low-income working families. Layton is considered a standout for her depth and breadth of knowledge of early childhood education. Colleagues and contemporaries applaud her leadership and advocacy, which has built trust with legislators at the local, state and federal levels. Her bottomless energy enables her to serve on numerous committees and task forces to expand access to high-quality early childhood education.

But Layton isn’t interested in reflecting on her past success. She is working toward creating what our region needs most: highly educated, skilled and productive youth prepared to improve their quality of life and empowered through technology, medicine, the arts and education.

Layton believes that when rigorous exploration is coupled with fun, children thrive. For them, school is a place where they play with friends and bond with teachers. Little do they know they are learning about reading, math, science and more.

They are unaware that the musical puppet show their teacher performed in the morning, and the field trip to the Asian market they took in the afternoon, just sparked a passion for life sciences. A steady presence at the helm for three decades, Layton has transformed the landscape of early childhood education in San Diego and improved the lives of thousands of children and families.

Robin Layton says rigorous exploration must be coupled with fun in order for children to thrive. COURTESY PHOTO

The post-holiday blues

On Tuesday, Feb. 17, at 9 a.m., I entered the La Jolla Post Office on Wall Street to discover 12 people ahead of me in line, waiting for only one clerk to wait on all of us. I asked the supervisor what the day after a holiday, only one person was scheduled from 8:30 to 9:30 a.m. I was not given an answer.

Finally, at 9:23 a.m., the clerk who was scheduled to be on duty at 9:10 a.m. came out to help with the now 15 people in line.

Isn’t the person who schedules the post office employees aware that people need to have service and not stand in line 44 minutes to mail packages and purchase stamps? (I did not count the number of people who walked out in disgust when they saw the large number of people in line with only one clerk.)

Maybe this is our government at work,” allowing the Realtor husband of Sen. Barbara Boxer to be part of this group trying to tell our historical La Jolla Post Office building on Wall Street.

Barbara Grace
La Jolla

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Walking is one of those petty things that got nabbed by a police officer for jaywalking. Upon looking up the citation, I realized that police time was better spent elsewhere than on me. It was my first offense, and I deserved a warning, not a citation. I observed that police time could be fast-tracked over the next 90 days. That means we’ll know more as soon as mid-May.

A police priority, true. In June, I pleaded not guilty, and my case was dismissed. I was even given a stern warning to ensure I wasn’t a serial killer, then released. I can tell you this: If you challenge a traffic ticket, you’ll get your day in court. The officer who issued him his ticket didn’t show; case dismissed. I wasn’t lucky.

I had a passport to help me emotionally in dealing with the courts. The police and courts being understaffed and overburdened is totally true. In June, I pleaded not guilty, and my court date was set, for Groundhog Day, Feb. 2 of the following YEAR. Obviously, citing middle-aged gays for jaywalking in a deserted part of town in the middle of the night is a police priority.

On Monday, Feb. 2, I showed up for my court date, expecting the officer wouldn’t show for such a petty offense and that the charge would be tossed out. I struck up a conversation with the person next to me, who was doing a speed test (not his first). The officer who issued him his ticket didn’t show; case dismissed. I wasn’t lucky. I can tell you this: If you challenge a traffic ticket, you’ll get your day in court. The officer who issued him his ticket didn’t show; case dismissed. I wasn’t lucky.

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Shadowlight said, “because it will be an entirely acoustic performance. I love that we get to play in this format. It is rare we get to play a concert without amps. Sonically, it is a different experience, a more intimate, other experience, honest sound.”

The musicians are also busy with their solo careers, but they feel it is important to give back to the community through shows like this. “The world has given me so much,” Fast Heart Mart said, “and I feel a responsibility to give back as much as I can. Maybe I’m a dreamer, but it seems like money is becoming more and more worthless, it’s when you follow your bliss and live off the rewards that come from that that true happiness is felt. If we can inspire someone to express themselves and inspire the courage to do what they know their heart is telling them, then no amount of money in the world can buy that.”

Shadowlight and Werner teach music, so both see the value of learning to play an instrument beyond entertaining. “I teach young people how to connect with their creativity through music,” Shadowlight said. “Very few people grow up to be professional musicians, but any exposure to the arts opens the mind and connects the senses to consciousness. It contributes to a more humane human experience. I watch these young kids find their music and express it and find a confidence and balance at an early age. It is truly a beautiful thing.”

Werner concurs. “I worked for the San Diego Unified School District for close to seven years,” he said, “and I believe a child raised without music is being deprived of a very crucial part of education. The importance of music in our everyday lives is overlooked, but imagine a life without music. It would be as disastrous as a life without language, math or science.”

Fast Heart Mart points out that learning music is good at any age but especially in youth.

“I can’t tell the players without a program – problem is that when it comes to the soap opera that is the city’s bid to keep the San Diego Chargers, it’s already out of date. Two recent bombshells – the announcement of the joint Chargers-Raiders project that would move both teams into a new stadium in Los Angeles and the accelerated timetable for the city to devise a plan for the Chargers to stay – make the last decade’s discussions on the matter seem like unsupervised child’s play.”

The Chargers are clearly in control on this playground, club president Dean Spanos apparently persuading Mayor Kevin Faulconer that his fall deadline for presentation on a stadium plan could be improved upon. Amid a barrage of headlines, the men met on Feb. 22, announcing that such a proposal would be fast-tracked over the next 90 days. That means we’ll know more as soon as mid-May.

In a related matter, Metrolink System CEO Paul Jablonski has announced that any plan to place a Chargers stadium in a system bus yard (one of the favored sites) could face a construction delay of 5 to 7 years.

Meanwhile, between 6 and 9 p.m. on Monday, March 2, the Citizens’ Stadium Advisory Group will hold a forum at Qualcomm Stadium Club Lounge S to receive public input on the stadium plan and its funding methods. Sources have floated figures of $1.2 billion to $1.7 billion for the project – and a stadium plan without a plan is the best solution to the Chargers stadium flap is also an illegal one.

The best solution to the Chargers stadium flap is also an illegal one.

By BART MENDOZA

Riffs Studios, one of the more unusual places to hear music in San Diego, combines music and yoga alongside guitar sales and lessons. With a 60-seat hall and a meditative atmosphere, it’s a perfect location for studying and a great place for listening. On March 14, from 5 to 6 p.m., the shop will be the site of a concert benefiting the local Guitars in Classrooms program, bringing music education back into area classrooms.

“Performing that evening will be a new all-star group, The Western Collective, featuring noted local performers Fast Heart Mart (banjo), Justin Werner (guitar), Chad Farr (percussion), Trent Hancock (bass) and Jamie Shadowlight (violet). The latter four are multiple San Diego Music Awards Nominees. With a sound steeped in Americana and touching on folk, rock and jazz, the group will perform tracks from their new album, “Hearts and Dreams.”

The Western Collective will play sans amps on March 14.

By DAVID SCHWAB

The best solution to the Chargers stadium flap is also an illegal one.

Scofflaw jaywalker learns his lesson on the streets

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Entrepreneurial Movers & Shakers

LA JOLLA’s natural colored tunic, silver jewelry and Eyebob readers. upholstered in gray & white chevron fabric. Also shown: black and Owner, Cathy Allen sits on a vintage Haywood Wakefield chair newly shake It Up us today to list your business and shake it up!

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There’s a new (Cuisine ) kid on the block in Bird Rock.

Bird Rock Oyster & Sushi Bar offers an exciting fusion of East meets West, where Asia meets the Americas, where spice meets spice. They’re a true beacon of the best of the regions that influence the menu. From expertly crafted sushi’s to the most traditional Mexican fare and authentic Mexican seafood (Mariscos) all the way to freshly shucked oysters, you’ll be hard pressed to find something you won’t love. You’ll find owners Gabriel Uribe and Albert Sandoval creating amazing sushi and seafood dishes in the kitchen or visiting with guests in the dining room. Enjoy dining in a casual atmosphere that features a Sushi Bar and several Big Screen TV’s.

The Restaurant is now serving beer & wine. Be sure to check out the Happy hour Mon.-Fri. 4-7 PM with food and drink specials. Bird Rock Oyster & Sushi Bar also offers a dog-friendly patio so you can bring your 4 legged friend or just enjoy the sunshine.

5752 La Jolla Blvd  La Jolla,   (858) 412-4105

Be sure your business is included! in the next Bird Rock page on March 27th

If you are a Bird Rock Merchant and would like to advertise on this page, contact Mike Fahey

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Crimson tide plays big role at Academy Awards

Two actresses were seen in edgy metallic dresses: Laura Dern in a shiny metallic gown by Alberta Ferretti and Naomi Watts in a black and silver metallic gown by Armani Prive. The trend with metallic will continue into the fall, as was seen last week during New York Fashion Week. Some of the upcoming trends to look for in the fall include a return of ‘60s styles. Look for the baby doll style along with ‘60s prints.

Prada & Chloe also showed vintage prints from the ‘60s with their collection. Designers were showing the return of capes and ponchos. I always love leopard and was happy to see many designers using them on the runway.

Ostrich feathers were seen as well. Designer Lanvin included ostrich feathers on hats.

One of you who have followed my column know that I have had a long career in millinery. You may not know that I have recently finished a video series on how to make hats. These videos are for beginners and experienced sewers. An Internet launch is scheduled soon, with Phoebe Chongchu as the host and the appearance of a very special celebrity guest. Stay tuned for the date!
### HEALTH BRIEFS

#### Hiring a Private or Non-Professional Caregiver
Piecing together care for your older parent can sometimes be a puzzle. Hiring a private caregiver from your own search or asking friends and family to help are short-term solutions for a long-term issue. It can have adverse effects for everyone involved. Hiring a caregiver privately is probably going to be cheaper. Do you want to tell your Mom you hired the cheapest caregiver you could find to care for her in her “golden” years? And the cheapest would end up costing you in the long run. Consider these possibilities:

- Your private caregiver calls in sick or takes a vacation or just doesn’t show up. Are you going to have to take off work or cancel appointments to fill in? Was a national background check done and verification of prior employment done?
- Is there a professional Geriatric Care Manager to supervise and mentor?
- Are you providing workers’ compensation insurance in case your caregiver falls or strains her back? This is extremely expensive but a required expense.
- Are you paying her payroll taxes and submitting the proper documents required by the government?
- Have you verified that the caregiver has a social security card and is legally permitted to work in CA?
- Now maybe “cheap” has gotten a little more costly. At Innovative Health Care Consultants, all potential employees undergo a background check. All employees are fingerprinted. You can reach a live person 24/7. You will have access to Care Management coordination. Call us at (877) 731-1442 or visit our website at innovativehc.com.

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**STADIUM >> CONT. FROM PG. 7**

Jan. 30 published report from Survey USA shows respondents decid-
edly against funding it through tax-

payer funds or tax breaks. Neither, they say, should local governments contribute public land toward a site. Theoretically, that would leave the city and the NFL with the lion’s share of the fiscal burden, possibly opening new subsets of arguments and fur-

ther delays in an affair whose origins date to at least 2003.

One funding solution, however, may appeal to the 56 percent of respondents who think the team will stay in San Diego regardless of the level of progress on the stadium. And it’s already passed the test in one stor-

ied franchise, appealing to the pride of ownership that invariably trumps the he-said, she-said back-and-forth of political gamesmanship.

The Green Bay Packers launched a public stock offering in 2011, the fifth in franchise history, in an effort to raise funds for improvements to Lambeau Field. The sale netted about $67 million toward the $143 mil-

lion project; 268,000 shares were sold (185,000 in the first two days of December) at $250 apiece. Green Bay doesn’t sell shares outside the sale time period, and one official says the next offering probably won’t take place for another 10 years. More-

over, the shares are classified as com-

mon stock, meaning they don’t increase or decrease in value and that they aren’t transferable between pri-

vate owners. But there’s something else at stake here, namely the inherent fairness involved in the process. Unlike tax-

payers, stock buyers have a choice

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Hiring a Private or Non-Professional Caregiver**

Piecing together care for your older parent can sometimes be a puzzle. Hiring a private caregiver from your own search or asking friends and family to help are short-term solutions for a long-term issue. It can have adverse effects for everyone involved. Hiring a caregiver privately is probably going to be cheaper. Do you want to tell your Mom you hired the cheapest caregiver you could find to care for her in her “golden” years? And the cheapest would end up costing you in the long run. Consider these possibilities:

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### Autumn Villas

**Autumn Villas** is a six-bed residential home nestled in University City servicing seniors who can no longer live alone. The bathrooms have been widened for wheelchair access, a roll-in shower and a walk-in bathtub are featured in the main bath, high quality foam mattresses with adjustable beds exists for most beds, many different common areas are established to relax and play in, and nutritious, delicious and well-balanced meals are served. The care is warm and friendly.

**Right Choice Senior Living**

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today. For more information call (619) 246-2003 or go to the website at rightchoiceseniorliving.org.
Organic is the order of the day at The Village Greens

By FRANK SABATINI JR.

Two veterans of the local restaurant industry have teamed to open The Village Greens, a quaint breakfast-lunch eatery at 7441 Girard Ave., spotlighting organic and gluten-free dishes as well as prepared takeout dinners that can be heated at home.

Despite the restaurant's emphasis on seasonal produce, the meals are not exclusively vegetarian. Amid roasted heirloom vegetables and housemade spinach burgers, the dine-in offerings extend also to roast beef hash with eggs, grilled wild salmon and Tuscan chicken sandwiches with Provolone.

One of the dynamic duo behind The Village Greens is Point Loma resident Nanci Kirk, who founded The Cottage on Fay Avenue in 1986 before selling it several years later. She later owned and dissolved Papa Lulu's, a Hawaiian-Baja-themed concept eatery she operated.

Richard Walker's Pancake House

Best Breakfast Restaurant in San Diego by USA TODAY'S 10 BEST

Review highlights - Richard Walker's Pancake House, located in downtown San Diego near the Convention Center and in La Jolla, has received numerous local accolades for their breakfasts overall, with high praise for the pancakes, as the name might suggest. The baked apple pancake is legendary, featuring a heaping pile of baked Granny Smith apples topped with a Saigon cinnamon glaze.

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ed in La Jolla and University City.

After taking a breather and hiking Spain’s Camino de Santiago trail, Kirk partnered with La Jolla native April Richardson, whose family started the chain of Boll Weevil Restaurants in the 1960s.

“April knows everybody in La Jolla and works the front of the house as general manager,” says Kirk. “Her family is four generations in La Jolla, and she’s been in the business her whole life.”

The new 10-table venture, which opened Feb. 13, is marked by roll-up windows, a living wall and custom-built counters. In addition, two refrigerated cases show off about 20 types of takeout meals tailored to those preferring scratch-made turkey meatloaf or butternut squash lasagna over commercial dinners from a freezer.

Kirk and her chef, Randy Hartnedy, a Cordon Bleu graduate, prepare the meals daily. Priced between $4 and $11 apiece, the choices extend to quinoa and kale salads, spaghetti squash with marinara and roasted veggies sourced from local farmers markets.

“Everything in our cases usually sells out by the time we close each day at 5 p.m.,” adds Kirk.

The spinach burgers are among the biggest movers. They’re available on the dine-in lunch menu as well as to go.

This breakfast plate at The Village Greens is something to wake up to. COURTESY PHOTO

Old Town Gift Co. to Host Series of Book Signings in 2015

Old Town Gift Co., one of 19 shops in the Fiesta de Reyes courtyard in Old Town, will host a series of book-signing events this year, featuring author and native San Diegan Raquel Perez. The event will be held Saturday, March 21, from 4 to 6 pm and Perez will be signing her historical profile of San Diego called “Legends of the Californios; Nana’s Stories of our Family Roots.”

A descendent of the original settlers of the pueblo in San Diego, Perez was inspired by the history of her birthplace to write a fictional collection of stories that capture the culture of her ancestors. In Legends of the Californios, Perez takes one on a journey through time. The three legends, set in different time periods throughout California history, are filled with vengeance, lust, betrayal, love, heartache and grief.

Raquel Perez is an American of Mexican descent and has identified with Hispanic literature since childhood. She lives in San Diego with her husband and three children.

Admission to the event is free. For more information, call (619) 252-8282.

Old Town Gift Co. to Host Series of Book Signings in 2015

The event will be held in the front of the Old Town Gift Co. store, 2754 Calhoun Street in San Diego. Perez will be discussing what inspired her characters, settings and stories. Books will be available for purchase at the event.

Raquel Perez is an American of Mexican descent and has identified with Hispanic literature since childhood. She lives in San Diego with her husband and three children.

Admission to the event is free. For more information, call (619) 252-8282.

This breakfast plate at The Village Greens is something to wake up to. COURTESY PHOTO

Old Town Gift Co. to Host Series of Book Signings in 2015

The event will be held in the front of the Old Town Gift Co. store, 2754 Calhoun Street in San Diego. Perez will be discussing what inspired her characters, settings and stories. Books will be available for purchase at the event.

Raquel Perez is an American of Mexican descent and has identified with Hispanic literature since childhood. She lives in San Diego with her husband and three children.

Admission to the event is free. For more information, call (619) 252-8282.
Shipboard science: no norm is the norm  By JUDITH GARFIELD

Editor’s note: This is the second in a two-part series. Please see last week’s cover story on the effects of biofuel emissions on the environment and our health. The first part of the article was printed in the Feb. 5 edition of La Jolla Village News.

The cruise around California’s Channel Islands, about 180 miles northwest of San Diego, was conducted by La Jolla’s Scripps Institution of Oceanography. The cook is a prickly character, and my being a vegetarian hasn’t endeared me to him, but no one can go hungry on this ship. Rise and shine to two kinds of prepared eggs, oatmeal, breakfast meats, pancakes or French toast, some kind of potatoes, biscuits, doughnuts or pastries and salad. Lunch and dinner includes soups and sandwiches, mac and cheese, french fries, cooked vegetables and salad. For dinner, there’s soup, steak, enchiladas, baked fish, cooked vegetables, rice or potatoes, lasagna and salad. For dessert, there may be ice cream sundae, brownies or apple pie à la mode. In between, snacks are set out, with the fridge and freezer always available for raiding. Of course, coffee brews 24/7.

We are heading back to San Diego, collecting emissions data from polluted air close to the coast. In fact, there is a bonus. A fire rages in the distance at Camp Pendleton. Not part of our objective, but a well-considered coincidence. Again, there are military operations on the water, but we expect this around San Clemente Island. An incoming radio call warns all mariners to exit the area. Don’t need to tell us twice, even though changing direction means losing the mercurial plume we have enjoyed for more than an hour. No matter. We’ve had a successful cruise, with good data being collected every minute.

This is only a snapshot of work and life on one oceanographic cruise. I saw firsthand that when it comes to shipboard science, unpredictability is the norm. Out at sea, there is no additional technical support, no running to the store for parts, no ability to control the weather and no way to make the floor hold still. I found the scientists and crew an unfailingly optimistic and dedicated group. Russell agreed, saying, “The crew was really supportive of the science and made sure we got all the data we wanted. It is amazing how they adapt and accommodate to what needs to be done. They quickly grasped the science while also contributing their expertise.”

After a year, when all data have been collected and analyzed, I will follow up with another article on the results. But for now, when reflecting on my adventure, I feel privileged to have participated in contributing to the betterment of our ever-changing natural environment.

A map reflects the five-day Channel Islands journey of the R/V Sproul, where the food isn’t mistaken for something else. COURTESY PHOTO
Feeling Lonely in a Crowd

By Natasha Josefowitz, Ph.D.

There are people everywhere, at the supermarket, in the streets, in restaurants and movie houses, people standing in line and rushing about. One bumps into people nonstop. And yet, one may feel alone—yes, alone—lonely, isolated! After my husband died, I interviewed widows and widowers in order to understand and learn about the different coping mechanisms people used. I found one uniformly spoken complaint: loneliness. Not surprisingly, they missed the companionship of their spouses. If there is no one to share your thoughts and reactions with — to talk to about a movie, to discuss a newspaper article with or to tell who you met for a meal — to talk to about a movie, to discuss a newspaper article with or to tell who you met for a meal — to talk about politics and books with; some have met my children; a few remember my husband. What is most important in widowhood is friends — it is only friends who can guard against that pervasive and painful feeling: loneliness.

So what is the solution? Another person equally alone who would like to also fill the empty hours with a human voice, a person who wants to know what you did today. A friend is someone you can be vulnerable with, who knows the secrets, who cares for your happiness and can be counted on in bad times. It is also usually someone you have known for a while — someone who has participated in the events of your past — although sometimes you can make surprisingly fast connections that are truly meaningful. It is also being needed by someone else, to be the person another confides in and trusts. Being involved in another person’s life is a reciprocal relationship.

Not everyone I talked to needed this kind of intimate connection, but many did and expressed it as loneliness. Not everyone has this need for companionship. I have met self-sufficient people content to be on their own. But the majority, especially after a recent loss, are suffering from the lack of available give and take that is the essence of emotionally intimate relationships.

If one cannot have the one friend who is always there, the solution is to have several friends who together fulfill your needs. I have friends I go to movies with; some eat with on a regular basis; I talk about politics and books with; some have met my children; a few remember my husband. What is most important in widowhood is friends — it is only friends who can guard against that pervasive and painful feeling: loneliness.

And so as difficult as it is to extend oneself at such a vulnerable time, it is critical to make the effort to reach out to others and take that first step. Call someone, make a lunch date, call someone else, do it.

― Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 20 books. She lives at the White Sands in La Jolla.
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**PLAZA >> CONT. FROM PG. 1**

CEO of developer Davlynn Investments. “These initial tenants set the pace for the essential synergy among La Plaza’s co-tenants we set out to create.”

The La Plaza property, at 7863 Girard Ave., has been renovated and reconstructed into a three-story, 27,000-square-foot, open-air shopping center. The development blends refined Spanish and Moroccan design elements with a Southern California ambience.

The new center is to be anchored by the 3,750-square-foot Catania Italian coastal restaurant, a new culinary concept from Whisknladle Hospitality, located on the top floor of the building. More than half Catania’s seating will be on the patio overlooking the ocean and the Village. Its menu will feature authentic coastal Italian cuisine, to include a variety of seafoods, stews, herbs and citrus fruits.

The initial round of confirmed tenants in the new development also features Beamng, an organic, superfood lifestyle brand. Beamng combines a traditional juice bar with a gourmet “superfood bar” offering raw food cleansing programs and a healthful menu.

**Announced tenants include:**
- Catania, which will feature stunning 180-degree ocean views. The concept is the vision of owner Arturo Kassel and Whisknladle Hospitality executive chef/partner Ryan Johnston, who inspired six years ago by a two-week, 1,400-mile road trip over the expanse of Italy.
- Lissloua Boutique, La Jolla’s haute couture destination, will expand its exclusive offerings with the addition of a 560-square-foot shoe boutique at La Plaza.
- At La Scarpa, Italian for “the shoe,” over 500 pairs of fine Italian footwear selection, along with a selection of scarves, jewelry, gadgets and other uncommon gifts and accessories from around the world.

**European-style Eluxir Espresso & Wine Bar, which already has three popular locations in San Diego, will open an approximately 950-square-foot space to serve its expertly pulled espresso and exceptionally sourced coffee and housemade croissants.**

La Plaza’s overall design, reminiscent of a palatial villa or gracious estate, marries Old World charm and contemporary appeal while honoring the historic Spanish exterior, interior and landscape designs prevalent in La Jolla and throughout Southern California. “La Jolla is the ideal location for this development,” Paul Kerr, president of Davlynn Investments, said. “Ongoing economic recovery has renewed interest in the community, resulting in new additions that include a luxury movie theater, performing arts center and more, paving the way for a project of this scale.”

The center sports custom-tile flooring, wall finishes and medallions throughout the space, with the crowning tile element being the fountain at the Girard Street entry. It features custom stone-tile floating over brilliant turquoise ceramic. Similarly, the light fixtures throughout the project, including the striking central plaza courtyard, are custom designed and made.

Follow La Plaza La Jolla’s Facebook page, facebook.com/LaPlazaLaJolla, Twitter feed (@LaPlazaLaJolla) and Instagram (@LaPlazaLaJolla) for the latest news. For more information about the center, visit laplazaalajolla.com.

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**Friday - February 27, 2015**

La Jolla Village News
Secret Garden Tour is a nod to the past and future

BY LINDA MARONE

What began as an idea a friend and I had over a cup of coffee has blossomed into an event we are pleased to say has become a perennial La Jolla favorite. Now in its 17th year, the Secret Garden Tour will take place on Saturday, May 16, to benefit the La Jolla Historical Society.

My and Susan Vandendriesse’s reason for starting the tour was to make people aware of the historical society’s efforts to preserve our unique seaside community. Susan and I are honored to have been chosen this year’s honorary chairs.

Over the years, the tour has provided insight into horticulture and gardening and into the history of our community by showcasing a diverse selection of private gardens, their locales ranging from intimate historic cottages to grand estates that capture the community’s timeless charm and casual elegance. Additionally, the tour has allowed us to share the many stories La Jolla residents have shared about the neighborhood’s past and their efforts to preserve its charm and character for future generations to enjoy.

We hope you will join us and celebrate spring by taking this rare opportunity to stroll behind the gates of cherished La Jolla gardens, where you will also be treated to artists painting garden scenes, live music and designers’ stylish, entertaining displays. On the day of the tour, the Secret Garden Tour Boutique and Gift Faire will take place on the grounds of the society’s Wisteria Cottage, 780 Prospect St. The faire, open to the public, will feature artisans and vendors selling a variety of garden-themed items.

There are two styles of tours to choose from. The self-guided tour allows you to take the tour at your leisure in any order. The Platinum Tour is guided and includes brunch, shuttle service to the garden locations and access to an exclusive garden open only to Platinum Tour patrons.

Susan and I would like to thank the committee members and volunteers who have worked tirelessly, now and over the years, to make the tour the success it is today. We nurtured it as a seedling and are delighted to see how nicely it has grown and blossomed!

More information about the tour can be found on the society’s website, LaJollaHistory.org, or by calling (858) 459-5335.

— Linda is a local Realtor with Coldwell Banker. Take a tour of her garden at LindaMarrone.com.

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PHOTO BY LINDA MARRONE

Linda Marrone’s garden was featured in the 2001 Secret Garden Tour.

PHOTO BY LINDA MARRONE

Linda Marrone’s garden was featured in the 2001 Secret Garden Tour.
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The Norman Kennedy House - Historic Site #965, was designed by master architect, Edgar Ullrich in 1928 in the English Tudor style. The home has been restored to perfection and is filled with character and charm. Features include; 3 BR, 2.5 BA, dining room, family room, dramatic beamed ceilings, window seats, 2 fireplaces and hardwood floors. A newer master suite opens to a private garden patio with an outdoor fireplace and Jacuzzi. The sunny vintage inspired kitchen boasts Viking appliances and stone floors. One of the first homes to be built in Upper Hermosa, this alluring home is surrounded by beautifully landscaped grounds with gardens, mature trees and outdoor living areas. Mills Act property taxes are in place and make this home much more affordable than others listed in its price range.

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