This is going to help stop the riverbed clean,” said Faulconer. “We’re clearing debris to keep the riverbed of trash and debris can be attributed to homeless individuals living there. The city is planning additional cleanup activities over the coming weeks as part of the ongoing regional effort to stop the spread of the hepatitis A virus. As part of an annual contract with the San Diego River Foundation, the city funds weekly riverbed inspections and an annual inspection that covers the length of the river. The River Park Foundation removed more than 66 tons of trash and debris from the river bed so far this year. It is estimated that 90 percent of trash and debris can be attributed to homeless individuals living there. The cleanup complements existing year-round efforts by the city to clean and preserve the environmentally-sensitive habitat. The city is planning additional cleanup activities over the coming weeks as part of the ongoing regional effort to stop the spread of the hepatitis A virus.

San Diego County YMCA fined for chlorine spill

By NEAL PUTNAM | THE BEACON

The YMCA of San Diego County was fined $17,000 on Oct. 20 and ordered to abide by numerous probation conditions for a chlorine spill that sickened 79 elementary students and eight adults in 2015.

The YMCA, as a nonprofit corporation, pleaded guilty to four felony counts and one misdemeanor that involved a hazardous waste spill, which occurred two years ago in Santee that also went into a storm drain.

The Board of Directors for the county-wide YMCA hired former District Attorney Paul Pfingst, who represented them Friday. Approximately seven directors and employees were in the audience when San Diego Superior Court Judge Polly Shamon placed the YMCA on two years probation.

The terms of probation affect all YMCA facilities in the county. The judge ordered all YMCA facilities to allow unannounced inspections by the county Department of Environmental Health and to improve its procedures for handling hazardous materials.

Citywide Hepatitis A data released

By DAVE SCHWAB | THE BEACON

Since November 2016, when a countywide hepatitis A outbreak was first detected, 507 people have been infected, 19 (3.7 percent) have died, and more than 80,000 others have been vaccinated, county health authorities said.

Hepatitis A is a liver infection caused by the hepatitis A virus, which is highly contagious. It can cause liver disease, lasting a few weeks to a serious illness lasting months. In some cases, it can be fatal. Contamination can occur when persons infected with hepatitis A do not wash their hands properly after going to the bathroom, then touch other objects or food items.

Hepatitis A virus does not always cause symptoms. Some with the virus have no symptoms — fever, fatigue, nausea, loss of appetite, yellowing of the eyes (jaundice), stomach pain, vomiting, dark urine, pale stools and diarrhea. Adults are more likely to have symptoms than children.

Additionally, county health authorities said the hepatitis A virus is most common among children and young adults, especially those who were born before 1957 and have never been vaccinated. It is much less common among adults age 50 and older who were born before 1957 and have never been vaccinated.

The virus is most easily transmitted through contaminated food or water, or from an infected person’s stool or vomit. It can also be transmitted through a person’s blood or blood products, and from mother to baby during pregnancy or childbirth.

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**Hepatitis A**

CONTINUED FROM Page 1

Health reported roughly two-thirds of the victims have been homeless and/or illicit drug users. That makes the task of combating the disease a real challenge, said Dr. Wilma Wooten, public health officer for the County of San Diego.

“It’s (homeless/drug abusers) a difficult-to-reach population,” she said. “So we’ve had to creatively go to health clinics. We’ve put teams of public health nurses and law enforcement homeless outreach officers to help us vaccinate those people.”

where they are (on the street) because these people typically don’t go to health clinics. We’ve put teams of public health nurses and law enforcement homeless outreach officers to help us vaccinate those people.”

The ongoing hepatitis outbreak was unexpected.

“Typically, every month we have two to three cases of hepatitis A that is travel-related, associated with someone who has gone to a country where there is a high prevalence of the disease where they can get exposed to it, and then bring it back with them,” said Wooten noting, “It (hepatitis) has a long incubation period — 15 to 50 days.”

Wooten said there was a spike in hepatitis A cases starting this March, which prompted her to declare a local public health emergency. And, because infections are most common among the homeless who often have no access to sanitary facilities, the county’s efforts began turning toward installing hand washing stations and doing street cleaning in early summer.

One theory advanced to explain the present hepatitis outbreak is that California’s discontinuation of single-use plastic bags has helped spread the disease. Many people have discounted the plastic-bag theory, but not Wooten.

“Yes, absolutely, we know people use the bags for that (defecation),” she said. “We know people don’t have bathrooms and they can put bags in cans and buckets and maintain good hygiene. That’s why we put plastic bags in the hygiene kits we’re handing out. That’s what we expect people will use them for.”

The San Diego County Public Health Officer strongly recommends the following groups be vaccinated with the Hepatitis A vaccine:

People who are homeless.

Users of illegal drugs.

Men who have sex with men.

People with chronic liver disease, such as cirrhosis, hepatitis B, or hepatitis C.

People who work with, provide services to, or clean up after the homeless and/or illegal drug users.

Food handlers who have adult clients.

Food handlers are not at increased risk, but if infected can impact a large number of people.

People with clotting factor disorders.

People who conduct laboratory research with the virus.

Travelers to countries where hepatitis A is common.

People in close personal contact with adopted children from countries where hepatitis A is common.

Wooten said the county has employed a three-pronged approach to addressing the hepatitis outbreak: vaccination, sanitation and education.

READ MORE ONLINE AT sdnews.com

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**YMCA**

CONTINUED FROM Page 1

Pfingst filed documents noting the YMCA has since paid $705,051 in facility improvements such as new chemical pumps, chemical monitoring systems, berms surrounding chemical storage areas, and remodeling pump room doors.

“The YMCA is changing its entire culture and organization to try to respond to provide better aquatic safety inside the pool,” said Pfingst to the judge.

“These people,” said Pfingst, gesturing to the audience, “have worked tirelessly to put these changes in effect.”

Also sentenced to three years probation was Lee Joseph Ladley, 64, the YMCA facilities director who now is the YMCA director for one facility in Spring Valley.

Ladley was fined $6,150, and given credit for one day in jail for a previous booking when he and the YMCA were first charged on Oct. 19, 2016 by the City of San Diego District Attorney’s office.

On Oct. 20, 2015, a tube which held chlorine from a storage tank to a swimming pool broke and came into contact with another acidic chemical. Chlorine gas fumes in a plume drifted to the nearby Rio Seco Elementary School in Santee.

Students sensed a bleach-like smell and 79 students and eight adults were treated for nausea, burning eyes and skin, and shortness of breath in the parking lot of a hospital. Pfingst informed the judge the YMCA has already paid $11,482 in medical costs for the victims, and $37,416 in two other agencies’ expenses in the incident. Shamoon ordered them to pay $321 in medical costs for the adults.

The judge granted the motion by Pfingst and Ladley’s attorney, Michael Berg, to reduce all the felony convictions to misdemeanors.

“There has been great progress made,” said Shamoon.

Deputy District Attorney Elizabeth McClutcheon objected to the charges being reduced, saying “The YMCA has not done what they need to do.”

“They were still having violations a month, 1 1/2 months, two months after this horrific event,” said McClutcheon. “It didn’t open their eyes well enough.”

Sharon Freece, an environmental protection expert, testified she inspected 11 YMCA facilities in the county and found violations at all of them. She said there were six employee training violations.

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**The Peninsula Beacon**

THURSDAY · OCTOBER 26, 2017

HAPPY HALLOWEEN!

DR. DAVE WANTS YOUR CANDY!

Dr. DeFosses cares about your teeth - and about veterans’ dental health. That’s why from November 1st - November 9th, he will pay $2 for every pound of Halloween candy brought to the office - and double it with a $4/pound donation to the new dental clinic at Veteran’s Village of San Diego.

After life on the streets, many veterans have serious dental issues. That’s why the San Diego County Dental Society partnered with Veteran’s Village of San Diego to build a state-of-the-art dental clinic on their campus, which offers desperately needed free dental services to the approximately 200 residents of the Village, with hopes to expand the program throughout San Diego County.

Help us help our veteran community and drop off your candy.

**sdnews.com**
Point Loma

- $1,199,000
  3 br 2 ba w/ remodeled kitchen, high-end appliances, open beam ceilings, hardwood floors, gas fireplace, formal dining room, pool & casita. Fantastic views!

Sunset Cliffs

- $2,491,000
  Sunset Cliffs masterpiece perched high on the hill w/ fabulous, un-obstructable ocean views! 3 br 2.5 ba, gourmet kitchen, solar, AC, elevator.

Ocean Beach

- $3,199,000
  Amazing home on the Cliffs w/panoramic water views from every room. Tri-level 4 br 5 ½ ba contemporary home plus 2 br 2.5 ba apartment. Absolutely fabulous!

Sunset Cliffs

- $1,250,000
  Amazing 5 br 5 ba overseeing Sunset Cliffs Natural Park & local surf breaks. Home has panoramic, un-obstructable ocean views from every room.

Point Loma

- $229,000
  Lowest-priced east facing studio in the Yacht Club development. Enjoy life in the Village of Point Loma & be surrounded by all the community has to offer.

Point Loma

- $1,625,000
  Two story 4 br 3.5 ba with oversized great room, master suite with bay & city light views, high-end appliances, 2 car garage.

Ocean Beach

- $395,000
  Spacious studio just steps to the SD Yacht Club with bay views from spacious balcony. I helped this buyer purchase this property and I can help you too!

Sunset Cliffs

- $2,495,000
  Sunset Cliffs masterpiece perched high on the Cliffs w/panoramic ocean views from every room.

Point Loma

- $1,300,000
  2 on 1 in upper OB. 2 br 1.5 ba and 1 br 1ba. 3 garages, 2 additional parking spaces. Heated pool. Views of ocean. Close to Newport, schools, restaurants and beach.

Pacific Beach

- $1,199,000
  Tri-level 4 br 3.5 ba with oversized great room, master suite with bay & city light views, high-end appliances, 2 car garage.

Sunset Cliffs

- $3,250,000
  Amazing 5 br 5 ba overlooking Sunset Cliffs Natural Park & local surf breaks. Home has panoramic, un-obstructable ocean views from every room.

Point Loma

- $1,299,000
  5 br 3 ba single family home in Loma Portal with sweeping bay/city views from spacious balcony. I helped this buyer purchase this property and I can help you too!

Sunset Cliffs

- $3,199,000
  Amazing home on the Cliffs w/panoramic ocean views from every room. Tri-level 4 br 5 ½ ba contemporary home plus 2 br 2.5 ba apartment. Absolutely fabulous!

Sunset Cliffs

- $1,825,000
  Two story 4 br 3.5 ba with oversized great room, master suite with bay & city light views, high-end appliances, 2 car garage.

Ocean Beach

- $1,129,000
  Very private 3 bedroom 2 bath home with elevator on deep, accessible landscaped lot. Natural Park & local surf breaks. Home has panoramic, unobstructable ocean views from every room.

Sunset Cliffs

- $3,250,000
  Amazing 5 br 5 ba overlooking Sunset Cliffs Natural Park & local surf breaks. Home has panoramic, un-obstructable ocean views from every room.

San Diego

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  Sunset Cliffs masterpiece perched high on the Cliffs w/panoramic ocean views from every room.

Sunset Cliffs

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An 86-year-old San Diego man died of complications due to influenza, and is the first local, flu-related death reported this season. The unvaccinated man died on Oct. 1 after a brief hospitalization. Last season, the first flu death occurred Oct. 4, and 86 other San Diego County residents died from influenza, including two children.

So far this season, 203 lab-confirmed influenza cases have been reported, compared to 60 at this same point last year. The CDC recommends that everyone six months and older get a flu vaccine every year. The current flu vaccines offer protection against pandemic H1N1, as well as influenza A H3N2 and influenza B strains.

Riverbed

The riverbed clean-up is the latest step in an unprecedented sanitation effort by the city to eradicate the virus from public areas including sidewalks in the downtown area and other communities based on need. The city has also significantly expanded 24-hour access to public restrooms in areas near large homeless populations. In coordination with the city, the county has installed 63 hand-washing stations throughout downtown and surrounding neighborhoods.

First flu death of season reported in San Diego

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Confusing arrows perplex drivers on Point Loma street

While Point Loma residents disagree about many aspects of vehicle traffic, two painted arrows on the pavement of Catalina Boulevard have brought them together in unanimous harmony.

Call it “the case of the awkwardly aimed arrows.”

Traffic engineers from the City of San Diego recently re-striped the western terminus of Chatsworth Boulevard at the traffic light where it intersects with Catalina Boulevard. Added was a second lane for vehicles making left turns from westbound Chatsworth to southbound Catalina.

But when these two lanes of vehicle enter Catalina, there is reduced width within a short distance to deal with as the intersection of Point Loma Avenue looms quickly.

Engineers solved this issue by creating a very quick and short merge stretch so that vehicles are forced down to a single lane in the short space approaching Point Loma Avenue where there is another traffic signal and left turn lane for vehicles to turn eastbound.

The large arrows were painted on the surface of Catalina directing motorists to quickly merge back into one lane.

But there is one small problem with the arrows: They are painted to direct vehicles into the lane that ends... not the lane that continues south on Catalina, perplexing pointers that have added confusion instead of clarity.

Confused motorists are hesitating after making the left turn, some slowing nearly to a stop and others accelerating rapidly as they jockey for position on their journey towards their destinations further out the Point.

Several nearby residents are so fed up with the confusing arrows they have bragged on social media about their determination to remove the first one by picking at the painted pavement. Much of this arrow is now gone. But the second arrow remains in pristine condition as motorist after motorist makes a routine left turn only to be confronted by the perplexing pattern.

The intersection is used by thousands of vehicles daily who commute to work at the federal facilities at the south end of Catalina or visit Fort Rosecrans National Cemetery and the famed Cabrillo National Monument.

Bryan Pease enters District 2 city council race

Public interest attorney Bryan Pease has entered the race for the District 2 city council seat.

Pease is best known locally for winning the decade-long legislative and court battle to protect the San Diego seal.

When the city’s own planning commission attempted to overrule the vote of the elected city council, Pease won three lawsuits to enforce the year-round guideline rope and pupping season closure of Children’s Pool.

Pease is one of the top-rated civil rights attorneys in San Diego, having met the stringent selection criteria of the national rating agency SuperLawyers. Currently, there are no attorneys on the San Diego City Council.

Pease is currently representing the San Diego branch of the NAACP in its lawsuit against the El Cajon Police Department and San Diego County Sheriff’s Department for shutting down peaceful vigils in the wake of the Alfred Olango shooting and arresting individuals for refusing to disperse a prayer circle.

“Pease’s priorities include environmental protection, ending chronic homelessness, increasing housing affordability, and public safety.

“It’s time for progressive leadership for the district,” said Pease. “Our community needs someone who will fight for us at city hall, not just rubber stamp special interest projects and luxury condos.”

Pease has lived in San Diego since 2004 and began his law practice there in 2005. From 2008-2015, Pease served as a board member of the OB People’s Market, a member-owned grocery store that is Ocean Beach’s largest employer.

He is also the co-founder and president of the Animal Protection and Rescue League, which fights puppy mills, factory farming and other abuses.

In addition to running his own law firm, Pease has taught as an adjunct law professor, inspiring law students to pursue public interest law. District 2 includes Point Loma, Midway, Bay Park, Morena, Bay Ho, and the beach communities of Mission Beach, Ocean Beach and Pacific Beach. Pease lives in Ocean Beach.

Piles of refuse, like this one that was removed from underneath an overpass, provide an example of the waste removal as to how widespread this issue is for the city. PHOTO CONTRIBUTED
OB resident, Mercy Baron, knows her BBQ

By DAVE SCHWAB | The Beacon

Obcian Mercy Baron used to be “just” a Kansas City Barbecue Society Certified BBQ Judge. But she has since upgraded, hav- ing been asked by the CEO of the 6th Annual World Food Championships to be a Top 10 Judge in November.

The 2017 World Food Champions- ships, to be held Nov. 8 to 12 in Orange Beach, Ala. with $300,000 in prize money, will highlight some of the most iconic cuisines around the globe. Categories include barbe- cue, chili, sandwich, burger, dessert, bacon, seafood, steak and recipe. As in years past, the recipe category is based on a theme of food. The theme for the 2017 World Recipie Champi- onships this year is chicken.

Reacting to being named a top 10 judge, Baron noted the position has no material rewards.

“While it’s a great honor and a fantastic opportunity to further my career, it does not pay anything, not even travel expenses,” said Baron. “There is no pay whatsoever. It’s a volunteer position.”

To defray expenses, Baron has received sponsorships from local businesses including OB Noodle House, Mother’s Saloon, Raglan Public House, Beach Sweets, Special- ty Produce, BBQ House and Te Mana Cafe.

“I figure expenses between the flight, hotel and a rental car to be approximately $1,200 to $1,500 for the four days I’m there,” Baron said.

Baron said WFC is a big deal. “This is the sixth annual WFC, and there will be some 400 com- petitors from all over the world,” she said, adding she judged at the competi- tion, in a lesser capacity, three years ago when it was in Las Vegas.

Baron has all the right credentials for her post.

“I was sanctioned and taught by the Kansas City Barbecue Society,” she said.

Baron is a nonprofit dedicated to promoting and enjoying barbecue. It is the world’s largest organization of barbecue and grilling enthusiasts with more than 20,000 members worldwide. KCBS sanctions over 500 barbecue contests worldwide, as well as serving as a clearinghouse of barbecue information.

“Would you not believe it, KCBS sanctioned me, and I was trained by them five years ago,” Baron said. “I took their class that I had to apply for on a website.”

On Saturday, Nov. 4, Point Loma Villages’ children’s boutique, See/Saw, at 3028 Cañon St., kids, transforms its backyard into a mini carnival, lined with bal- loons and enclosures for cute barn- yard animals, to capture the essence of childhood, adventure and the per- fect family outing.

OB Halloween Carnival held on Oct. 28

On Saturday, Oct. 28, from 2 to 5 p.m. Ocean Beach Recreation Cen- ter, at 4726 Santa Monica Ave., is hosting their annual Halloween Car- nival with carnival games, costume contest, activities, music, food, and much more.

Beginning at 1 p.m., parents, grandparents, little ones, neighbors and everyone in-between is invited to the boutique to shop the store’s collection of educational play and imagination goods for baby and kids before stepping into the backyard to intermingle with various adorable farm animals.

**Fall Events**

**Family Halloween Festival**
Westminster Presbyterian Church
3598 Talbot Street, Point Loma
www.westminstersd.org
Crafts, Trunk or Treat, Costume Contest, Cake Walk, and movie– Hocus Pocus. $5 donation is suggested
**Alternative Christmas & Mission Fair**
Sunday, November 12
11:15 AM – 10:00 PM
A variety of non-profit organizations will offer unique items, information and collect donations.
Support a worthy project and honor a loved one with a unique
Vehicle topples iconic Loma Portal streetlight

San Diego Fire-Rescue personnel assist an elderly driver from his Toyota Prius Oct. 12 after the man struck and knocked over one of the decorative Loma Portal streetlights that are located in the middle of area intersections. The man sustained only minor injuries.

PHOTO BY SCOTT HOPKINS

Point Loma grad elected to National Academy of Sciences

James Randerson, one of 84 new members of the National Academy of Sciences.

PHOTO CONTRIBUTED

James Randerson’s studies on the relationships among humans, the ecosystem and the environment have advanced the understanding of the effects of climate change, has been elected to the prestigious National Academy of Sciences.

Randerson, who was raised in Point Loma and went to Point Loma High School, is one of 84 new members and 21 foreign associates recently announced by the academy. Considered one of the highest honors in science, NAS membership is based on distinguished and continued achievements in original research.

“I am grateful to be recognized by the National Academy of Sciences and by the community,” said Randerson, Chancellor’s professor of Earth system science. “The commitment to interdisciplinary environmental research here at University of California, Irvine is remarkable and is a big factor in my ability to conduct research about the changing earth system. I am also very thankful to my fellow faculty, colleagues, students and post-docs here.”

Physical sciences dean Kenneth Janda said he considers Randerson a key member of the Earth system science team at UCI, adding: “We are very fortunate that professor Randerson has chosen the UCI School of Physical Sciences as his academic home. He has done groundbreaking work on the impact of climate change on ecosystems and has contributed significantly to improving the predictability of such effects.”

Randerson is well-known in the scientific community for his research into changes in the global carbon cycle, wildfires and climate change.

He and his colleagues use remote sensing data from a network of NASA satellites, most notably the Earth-observing Aqua, Terra and Aura spacecraft; the Orbiting Carbon Observatory; the Gravity Recovery and Climate Experiment; and Landsat 8. His group employs a suite of models to interpret the data and assess future climate change scenarios.

“I feel that my work has gotten more engaging over the years as my group has had access to increasingly richer remote sensing data and stronger models,” Randerson said. “These tools are giving us the ability to develop a real-time picture of what’s happening around the globe, which is enabling us to provide information to better inform policymakers, other academic researchers and agencies trying to manage ecosystems.”

The National Academy of Sciences has 2,290 active members, including 23 from UCI; nine of those are in the School of Physical Sciences.
Points pull off big win against rival Madison, 38-22

PLHS to celebrate 92nd Homecoming: Themed floats, music genres and more

Extra points:

Students and staff at Point Loma High celebrated the school’s 92nd Homecoming recently with six days of fun and events that added fun and merriment to the rigors of everyday classes and assignments.

Each class has been working for weeks after school hours and on weekends for its float for the halftime parade during the Homecoming football game that is part of the school’s most-anticipated event. The theme for this year’s parade was “music genres,” with the freshman class choosing rock, the sophomores country, the juniors rap and seniors class choosing rock, the sophomores

The game is at Cathedral Catholic with kickoff set for 7:30 p.m.

PLHS to celebrate 92nd Homecoming: Themed floats, music genres and more
Liberty Station’s Arts District 10th anniversary: Celebrating thriving culture, art and civic duty

By LUCIA VITI | THE PENINSULA BEACON

The Arts District of Liberty Station celebrated its 10th Anniversary, shining a light on the transformation of a former military base into a thriving cultural, civic and arts district. The event hosted over 200 people to acknowledge accomplishments 17 years in the making.

In 1997, after 75 years as a naval station, The Naval Training Center (NTC) padlocked its doors. In 2000, Corky McMillin Companies donated $2 million to the NTC Foundation (NTC) padlocked its doors. In 2000, Corky McMillin Companies donated $2 million to the NTC Foundation “engaged” a theatre consultant who determined “through extensive community outreach,” a need for a performing arts theatre, especially among the Arts District resident dance groups. A fund-raising capital campaign will soon be launched.

Planning is underway for a new 300-seat theater for dance, music, theater and film in the former Navy Base Exchange in the heart of Liberty Station,” said Ziter.

When asked to share his sentiments to the growth of Liberty Station, Ziter stated, “I consider it a privilege to work with Liberty Station.

Although years in the making, the Arts District will benefit San Diegans for generations to come. My ideal goal is to see the buildings through renovation completion.”

Ziter spoke of the challenges to secure community support. “These beautiful and historic buildings reside on a Navy Base that most San Diegans have never visited,” he said. The vicinity of the base, Loma Portal, was not often frequented unless people were passing through to Cabrillo Point. We were challenged to invite people to share our vision of possibilities.”

In addition, the founding board “had much to learn,” including the buildings state of disrepair, renovation costs, the subject for each building, the selection of art and civic groups and the genesis of the financial backing. Ziter graciously thanks those who worked to tackle the issues and facilitate solutions.

“I salute the founding board and chair member Murray Galinson and Corky McMillin, who, along with the employees of the Corky McMillin Companies, were committed to seeing this project through in a way that honored the Navy’s history and while creating an arts and culture center that would become a community legacy,” he said. “Also included – Mayor Susan Golding and councilmembers, especially Byron Wear, who worked to ensure that we best serve the citizens of San Diego while serving as a model for other communities.”

Ziter is working to complete a Bar- racks Hotel by 2019 and the live-theatre performance venue by 2020.

“We encourage everyone to ‘Salute the Season’ at Liberty Station to ‘Skate, Create and Celebrate,’” he said. “The Rady Children’s Ice Rink opens November 19th plus a holiday light art installation and 90’ holiday tree lighting will illuminate on November 29th. Liberty Station is the place to visit for holiday gifts with a creative twist.”

Toni Robin of TR/PR, the public relations agency for the NTC Foundation described the celebration as an “opportunity to publicly thank founding board members for their vision and fundraising.”

READ MORE ONLINE AT sdnnews.com
Roast: a healthy alternative at Liberty Public Market

By MATHILDE ROUSSEAU BJERREGAARD

A sandwich shop, a meat shop, a place to pick up a last-minute meal or a healthy salad, Roast is a fast casual restaurant that opened last year in Liberty Public Market at Liberty Station.

“Roast is all about roasted meat. It is sort of the star of the show,” said Maryanne Carmack, who is the owner and director of operations at Roast.

Roast is especially known for their heritage pork product that they get from a small farm in Iowa, which has no hormones or antibiotics. All the food at Roast is made in-house, so they make it from scratch every day. They make the food right in front of you and you can take it with you right away. They also have a lot of allergy-friendly options.

“We produce food that is healthy and good for you and that makes you feel good about yourself,” said Carmack.

Carmack first opened a Roast in Victoria in British Columbia, Canada, four years ago, but she often traveled to San Diego and wanted to open a new restaurant here. She decided to open the Roast at Liberty Public Market because she wanted it to be located among other local restaurants.

“We wanted our neighbors to be like-minded local business owners and we wanted to work with people in our community,” said Carmack.

At the moment, Carmack is looking at locations in downtown and Little Italy to open another Roast restaurant. She plans to open more restaurants in the future.

“We are a good alternative for people who don’t have time to cook at home, but still want to eat good food that tastes great,” said Carmack.

Reverse Trick or Treat event gives kids an opportunity to give back to shelter pets

San Diego Humane Society’s Reverse Trick-or-Treat event on Friday, Oct. 27 from 4 to 6 p.m., invites children of all ages for an opportunity to make toys and goodies for pets and then deliver their hand-crafted treats to adoptable animals throughout the shelter.

For children, their parents and herpetologists in need of a fur or scale fix, dogs and even a bearded dragon will be available for interaction.

Kids are encouraged to dress in costume, and can also enjoy Halloween-themed animal crafts, a photo booth and a game room complete with corn hole and ring toss.

“Youth events like this one are not only fun for kids, but teach an essential lesson about giving back to our community and the humane treatment of animals,” said Amelia Curtis, education manager for San Diego Humane Society. “Teaching children to value animals not only encourages respect for all living beings, it also establishes a greater sense of responsibility to make the world a better, more humane place.” Located at 5,500 Gaines St.
Ocean Beach
FARMERS MARKET
OceanBeachSanDiego.com

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Next to the Post Office
Te Mana Café celebrates our 5th anniversary

Come and have breakfast in the Craftsman house where Jason and Marguerite raised their family. Dogs and kids welcome! As a thank you to the community for all their support, Jason and Marguerite are offering an American Breakfast for $5.00.

$5.00 bucks will get you, 3 eggs, 2 strips of Apple wood smoked Bacon and a “chunk” of baked fresh daily Sourdough bread OR 3 eggs, 2 strips of Apple wood smoked Bacon and a Belgian Waffle with butter and Maple Syrup.

Come by and celebrate.
Te Mana’s 5th and meet the family.

4956 Voltaire Street
Ocean Beach CA 92107
Open 8 am
(619) 255-9233
One of the newest diners in Ocean Beach is named for the daughter of the owner, who is named for a favorite pastime in the beach community.

Sunnie’s at 4723 Point Loma Ave., formerly Hippie-style Java Beach, is owned by Israel Stanley, a Point Loma High grad and former San Diego Charger.

Here’s the story behind the new name.

“It is my daughter’s name,” said Stanley. “That’s her nickname. Her real name is Sunset — named after Sunset Cliffs.”

After he found out a girl was on the way, Stanley and his family decided it was entirely appropriate to name his new eatery after what they like to do.

“We love watching the sunset, and Sunset Cliffs is our favorite spot to watch sunsets,” he added.

Stanley said Sunnies is more than “just” a breakfast place.

“It’s not just Mexican-style breakfast,” he said. “We serve breakfast, lunch and dinner. You get to sit down to five-star food, for to-go fast-food prices. That is it in a nutshell.”

Stanley noted you’d spend double or more for the meals he serves at many other places in town.

Sunnies has also just added new vegan options to its menu, the OB photo contest

The Ocean Beach Town Council has started a “Share Your OB” photo contest. To enter just tag your best photos of OB with #shareyourOB and post on Instagram or Facebook. Winner receives bragging rights and is entered in a monthly drawing for some cool swag. Each Saturday, a new winner will be announced.

Buccaneer Monster Bash: Saturday, Oct. 28

The Maritime Museum of San Diego will hold the second annual Buccaneer Monster Bash, a haunted pirate themed party for adults ages 21 and up on Saturday, Oct 28. The evening includes costume contests, games, live music by the famous Jackstraws, photo booth, dancing, and general piratical behavior.

Tickets are $35 and include complimentary photos, Pirate Grog, and appetizers aboard a clever ghostly tavern themed upper deck of the historic 1898 ferryboat Berkeley from 8 p.m. to midnight. Tickets and additional details are available at sdmaritime.org.

Sunnie’s Ocean Beach Cafe: A former Charger is serving up Mexican food, coffee and more

Israel Stanley, former Chargers player and owner of ‘Sunnie’s.

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And customers at Sunnies are appreciative of the new look and feel of the place.

“I just love it since they changed (formats) here, ” said Kimberly from Seattle, who was down visiting friends in OB. “I love this place. I think it’s brilliant that you have Mexican breakfast — because we love it. It adds a nice flavor to this area. It needed a fresh little place like this.”

Stanley said Sunnies is more than “just” a breakfast place.

“It’s not just Mexican-style breakfast,” he said. “We serve breakfast, lunch and dinner. You get to sit down to five-star food, for to-go fast-food prices. That is it in a nutshell.”

Stanley noted you’d spend double or more for the meals he serves at many other places in town.

Sunnies has also just added new vegan options to its menu, the
breakfast items on which include Belgian waffles and French toast, as well as a wide assortment of breakfast burritos and tacos. The restaurant has daily specials and its lunch and dinner menus feature traditional Mexican tacos, chimichangas, burritos, quesadillas, enchiladas, seafood and flautas.

Comfortable furniture inside and out at Sunnies was brought back by Stanley from Ensenada, Mexico. A Point Loman since age 15, Stanley was a football player who graduated from Point Loma High in 1988. He became a professional in the NFL, though Stanley noted, “I wasn’t a superstar. I was a linebacker and a special teamer and was always worried about getting cut.”

Which is why, Stanley said, “I didn’t spend any money, because that day could have been my last day.” He added, “I did not buy a new car until I was finished playing. I drove my college car for years. Everybody laughed at me. But hey man I said, ‘It runs, oil is changed and it’s good.’ The restaurateur is also involved in the real estate business.

““There is a day job,” Stanley said. Noting both he and his restaurant are “extremely local,” and that he knows a large percentage of the customers who stroll through his doors, Stanley concluded, “We will treat you kindly — and you will love the food.” Sunnies is located at 4723 Point Loma Ave. For more information, call 619-693-5298 or visit www.sunniesoceanbeach.com.
We're on Apple News! Search for "snews.com" and add us to your favorites!
The reality of nightmares is not only alive and well in San Diego, it’s perfectly prepared for Halloween! Just ask resident horror fiction writer Brian Asman, a skilled artist who delights in gore. Noted for his short stories dripping with absolute weirdness, some even lined with creep, Asman is one of 16 writers featured in “California Screamin’,” a new publication sure to delight and entertain those who relish the ghostly, sinister, eerie, absurd and disturbed.

The eclectic array of stories, edited by Danielle Kaheaku, transforms the land of “perpetual sunshine, swaying palm trees and blue waters lapping at sandy beaches” into California’s dark side of “wraithlike fog, dense shadows and hellish heat.” Stories lined with “primeval specters, soured fantasies, transplanted vampires and bizarre geography,” tap into a “Twilight Zone” of fiction sure to surprise America’s Finest City.

Asman’s story, Bumming Smokes, leaves little to the imagination: “I need a smoke.” An odd, dry humor conjures up images of San Diego’s clicks, leaving no doubt of his opinion of “those” people.

He writes, “Especially after the last lady – typical upper-middle class Whole Foods shopper. Some kind of Japanese or Chinese symbols linked up the inside of her arm, wearing a tank top covered in mandalas. Carrying a purse with a faux-Warhol photo print of Nelson Mandelas. The kind of chick who actually thinks the universe cares about her. Like Jupiter’s trying to make sure all her stupid chakras are aligned or something.”

Admitting that he “writes stuff, mostly horror, but also whatever weirdness pops into my head,” Asman also confesses to loving dogs “way more than people,” and enjoying a barrel-aged beer on a sunny Southern California day with punk rock blaring in the background.

Bumming Smokes is not for the faint of heart. Nicotine aficionados, however, are sure to enjoy the journey of the jones.

“California Screamin’” is replete with stories to engage an audience who enjoys the art of the bizarre. As noted in the introduction written by famed writer and southern California resident, Jonathan Maberry, “The stories in this book represent, for some of the contributors, their first published works. They are, without a doubt or reservation, worlds better than my first story.”

Maberry is a New York Times bestselling author and comic book writer. Covering the genres of suspense, thriller, horror, science fiction, fantasy and action. Mayberry has won the Bram Stoker Award five times. He describes “California Screamin’” as a book that contains “terrific stories. Lots of shadows. Lots of horror.” The self-described weird kid applies the same label to the authors. “So are these writers. Weird and delightfully delicious.”

No ghastly ghoul or party should be without a copy of “California Screamin’” to highlight Halloween!
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3043 Carleton St. A
$565,000 • 2 br 2 baths • 1,055 sq ft
Beautifully maintained, corner, single level condo located in the heart of Point Loma Village! Wonderful hardwood floors, and gas fireplace! Easy walks to all that Point Loma has to offer. Minutes from Downtown, Little Italy, Balboa Park & Zoo! Great for first time Buyer or wanting to downsize or a get away!

1427 Galveston St
$850,000 • 2.5 br 2 baths • 2,311 sq ft
Breathtaking back yard with pool, spa, outdoor kitchen, covered dining and more! House kitchen with granite counter tops! Master bedroom with master bathroom and access to roof top deck! Master bath with dual vanity, tub, shower & walk-in closet! Flexible floor for roommates. Sold as Buyers Agent.

3628 Oliphant St
$769,000 • 2 br 1 baths • 929 sq ft
First time on market in over 60 years. Pride of ownership! Beautiful original hardwood floors! Move In Ready! Centrally located to schools, restaurants, SD Airport, Downtown San Diego, Ocean Beach and San Diego Bay. Large lot with alley access and so much potential to make this home your own!

3227 Byron St
$1,275,000 • 3 br 2.5 baths • 2,300 sq ft
Custom built in 1949 and beautifully maintained! Pride of Ownership! VIEW of San Diego Bay and City! Located in Point Loma, minutes to Downtown, Beaches, Parks, and Airport. Amazing closet & storage space. Potential wine cellar. Gorgeous, original hardwood floors throughout.

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Lynn Guidi - 619.890.9514
Under the leadership of Point Loma resident Liza Crisafi, Girl Scouts San Diego’s “Urban Campout (Celebrate 100 Years)" garnered a record $610,000 in donations. In addition to claiming the 20th annual “fun fundraiser for grown-ups,” Crisafi serves as vice chair for Girl Scouts San Diego’s board of directors.

More than 500 party-goers gathered on Girl Scouts’ Balboa Park campus, saluting a century of Girl Scouting in San Diego.

The first Girl Scout troop west of the Rockies began in Coronado in 1917, just five years after the national organization was founded in Savannah, Georgia.

Urban Campout proceeds will help Girl Scouts San Diego provide more than 23,000 local girls with programs that focus on life skills, outdoor training, Ignite Risk and STEM (science, technology, engineering, and math).

“Urban Campers” dined, danced, and bid on auction items, made s’mores around the campfire, and earned “badges” for flag folding and archery.

Point Loma Fran Styles, a Senior Olympics champion, was among the volunteer archery instructors.

Many attendees got into the centennial spirit by wearing vintage Girl Scout uniforms.

San Diego Unified School District superintendent Cindy Marten was in her childhood Girl Scout sash, as was San Diego’s first lady, Katherine Stuart. Stuart, honorary chair of Girl Scouts San Diego’s 100th anniversary celebration, spoke at the event, as did her husband, San Diego Mayor Kevin L. Faulconer.

Barbara Groce, a Girl Scout member since her original Senior Girl Scout uniform, Urban Campout Honorary Co-chairs Katie Sullivan and her daughters — Megan Delgado, Lindsay Estrada and Sarah Houghton — had match Girl Scout-inspired dresses.

Urban Campout underwriters included Silver Sponsors Qualcomm and Southwest Airlines; and Bronze Sponsors Nadine and Carlo Dalo, Barbara and Dave Groce, Katie and Dan Sullivan, the Linden Root Dickinson Foundation, Major Executive Search, Mission Federal Credit Union and Wells Fargo, Jones Safari Group — Merrill Lynch Private Banking and Investment Group, SDG&E and Sharp Health Plan were Friendship Circle Sponsors.

Founded in 1912, Girl Scouting offers America’s premier leadership experience for girls, where they discover themselves, connect with others, and take action to make the world a better place.

With Point Loma at helm, ‘Urban Campers’ raise record funds for Girl Scouts

Submit this ballot for a chance to Win Dinner for Two
($100 value at one of the Peninsula’s fine restaurants.)

Vote online at peninsulabeacon.com

PHOTO CONTRIBUTED

Point Loma resident Liza Crisafi, pictured with her husband Tony Crisafi, chaired Girl Scouts San Diego’s recent “Urban Campout” fundraiser.

With support from dedicated adult volunteers, Girl Scouts unleash their inner G.I.R.L. (Go-Getter, Innovator, Risk Taker and Leader).

New members can join any time of year.

For information about Girl Scout opportunities for girls in grades K-12, and adult volunteers, visit sdgirlscouts.org or contact Membership Recruitment Specialist Christa Sherman at 619-610-0706 or christa.sherman@sdgirlscouts.org.

CONTACT INFO (must be filled out for your votes to be counted):

Name: ____________________________
Address: ____________________________
City / Zip: ____________________________
Daytime phone: ( ) ____________________________
E-mail: ____________________________

ENTRY RULES: You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing. Mail or hand deliver your ballot to: The Peninsula Beacon, Readers Choice Awards: 1612 Grand Ave., 2nd floor, San Diego, CA 92105; or vote online at: www.sdnews.com or peninsulabeacon.com. Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by January 5, 2018
**Where to shop, stroll and scare around town this Halloween**

By MATHILDE ROUSSEAU BJERREGAARD

One of America’s favorite holidays, Halloween, is coming up and San Diego has a lot of fun and scary events going on for the next couple of weeks. Bring your family and friends and join some of the many events in Point Loma, Ocean Beach, Mission Beach, Pacific Beach and La Jolla.

**Point Loma**

Spirit Halloween

Shop Halloween costumes, decorations and treats at Spirit Halloween store in Point Loma. Located at 3555 Rosecrans St. Ste. 107. For more information, visit www.spithalloween.com.

Point Loma Goodwill retail store

Shop second-hand Halloween costumes at Point Loma Goodwill retail store. Located at 1663 Rosecrans Street. Visit www.sdgoodwill.org for more information.

**Ocean Beach**

Halloween Weekend of Fun at Inn at Sunset Cliffs

The Halloween Weekend of Fun at Inn at Sunset Cliffs will include a haunted hotel room, pumpkin carving stations, pumpkin art stations and more.

This event is for the whole family and will be held on Saturday, Oct. 28 and Sunday, Oct. 29 at 2 p.m. at Inn at Sunset Cliffs, 1370 Sunset Cliffs Blvd. For more information, visit innatsunsetcliffs.com, facebook.com/inatsunsetcliffs.com, Howl-O-Ween Canine Carnival

Howl-O-Ween Canine Carnival is a street fair for Officers and their best friends, featuring games, prizes, costume contest/parade for dogs and their owners and food. The event is held on Saturday, Oct. 21, from 10 a.m. to 4 p.m. in Dusty Rhodes Park at 2486 Sunset Cliffs Boulevard. For more information, visit oceanbeachsandiego.com.

**Mission Bay**

SeaWorld San Diego’s Halloween Spooktacular

Halloween Spooktacular includes family-friendly Halloween dance parties, special live shows, trick-or-treating, Dia de los Muertos-themed area and more. Cost is included with park admission. The event is held on Sept. 23, 24, 30, and Oct. 21, 22, 28, 29 at SeaWorld at 500 Sea World Drive. For more information, visit, seaworld.com/san-diego/events/halloween-spooktacular.

Mission Beach

BOOmont Park Fall Festival at Belmont Park

BOOmont Park Fall Festival at Belmont Park includes free trick-or-treating, zombie laser tag, pumpkin painting, live performances, family costume contests, kids crafts and more. The event will be held every Friday, Saturday, and Sunday in October. For more information, visit belmontpark.com/boonmontpark.

**Pacific Beach**

Buffalo Exchange

Shop second-hand Halloween costumes, funky accessories and all things apparel at Buffalo Exchange at 1079 Garnet Ave. For more information, visit www.buffaloexchange.com.

Pacific Beach Halloween Pub Crawl

At the Halloween pub crawl you will visit over 10 different Halloween parties, party with hundreds of others costumed pub crawlers, get drink discounts and free welcome shots. The pub crawl is held on Oct. 28.
# Open House Details

## Point Loma
- **4550 Norma Drive**: 3BR/2BA, $829,000
- **4503 Gila Avenue**: 3BR/3BA, $619,500
- **2488 Hidden Valley Road**: 4BR/4BA, $2,950,000
- **3098 Rue Dorleans, Unit #303**: 2BR/2BA, $439,000
- **1150 Anchorage Ln #306**: 3BR/3BA, $899,000
- **3043 Carleton Street, Unit A**: 3BR/3BA, $875,000
- **2406 Locust Street**: 4BR/4BA, $2,395,000
- **916 El Mac Place**: 4BR/2BA, $2,450,000
- **4435 Alpicrue Street**: 2BR/2.5BA, $1,629,000
- **3034 Carleton Street, Unit A**: 3BR/2BA, $769,000

## La Jolla / UTC
- **3098 Rue Dorleans, Unit #303**: 2BR/2BA, $439,000
- **1150 Anchorage Ln #306**: 3BR/3BA, $899,000
- **3043 Carleton Street, Unit A**: 3BR/3BA, $875,000
- **2406 Locust Street**: 4BR/4BA, $2,395,000
- **916 El Mac Place**: 4BR/2BA, $2,450,000
- **4435 Alpicrue Street**: 2BR/2.5BA, $1,629,000

## Ocean Beach
- **3825 Nipoma Place**: 2 Bedroom 2 bath, 1282 sqft, $649,000
- **2488 Hidden Valley Road**: 4BR/4BA, $2,950,000
- **3098 Rue Dorleans, Unit #303**: 2BR/2BA, $439,000
- **1150 Anchorage Ln #306**: 3BR/3BA, $899,000
- **3043 Carleton Street, Unit A**: 3BR/3BA, $875,000
- **2406 Locust Street**: 4BR/4BA, $2,395,000
- **916 El Mac Place**: 4BR/2BA, $2,450,000
- **4435 Alpicrue Street**: 2BR/2.5BA, $1,629,000

## Other Listings
- **2468 Hidden Valley Road**: 2BR/2.5BA, $1,990,000
- **6429 Panel Court**: 3BR/3BA, $875,000
- **3034 Carleton Street, Unit A**: 3BR/2BA, $769,000
- **2406 Locust Street**: 4BR/4BA, $2,395,000
- **916 El Mac Place**: 4BR/2BA, $2,450,000
- **4435 Alpicrue Street**: 2BR/2.5BA, $1,629,000

### Additional Information
- **Oceanfront in Ocean Beach**: $700,000 for 2bed/2bath, 1207 sq ft, with private 4CAR GARAGE and storage room. Top floor unit, wood floors, fireplace, balcony, 4 skylights, private sauna, open living/kitchen space and, lots of closets. Small complex. Call 619-384-7330
- **La Jolla / UTC**: Amazing bay and ocean views! This gorgeous Point Loma property is located in the highly sought after Le Rondel complex. It offers 3 bedrooms, 2.5 bathrooms, and has been upgraded to be move-in ready. Full size stacked appliances in the kitchen. Spacious Master bedroom with room for a king size bed. Secure gated community w pool & spa. Complex is FHA & VA app. Call 619-226-2266
- **Point Loma 2 BR/2 BA $1,250,000**: 2 Story home with ocean views in every room. Home has been updated with new flooring, bathrooms, kitchen and more. This home is the perfect beach getaway. Contact for more information. Call 619-384-7330

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**Open House Information**
- **Point Loma**: Sun 1-4pm
- **La Jolla / UTC**: Sat/Sun 1-3pm/1-4pm
- **Ocean Beach**: Sat/Sun 1-4pm
- **Point Loma 2 BR/2 BA $1,250,000**: Call 619-384-7330

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**Contact Information**
- **Tami Fuller**: (619) 226-TAMI (8264)
- **Mike McCurdy**: 858-225-9243
- **Helen Grebenc**: 619.384.7330

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**Brokerage Information**
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- **Marc Lyman**: 619.363.3000

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**Commercial Real Estate**
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**Agents**
- **Mike McCurdy**: 858-225-9243
- **Allison McCurdy**: MBA - Marketing

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**Address**
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- **San Diego, CA 92106**

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**Email**
- **billk@seaportrealtors.com**
from 5 p.m. to close and starts at Bub’s at the Beach, 1030 Garnet Ave.

Find more information and to buy tickets, visit www.eventbrite.com/e/pacific-beach-halloween-pub-crawl-tickets-37465617671.

BarkHappy Howl-o-Ween brunch

On Sunday, Oct. 29, from 11 a.m. to 1 p.m., Amplified AleWorks celebrate Halloween with BarkHappy. Howl-o-Ween brunch on their pet-friendly patio. The event will include chair massages for the humans, doggie massages for the dogs and a photo opportunity with a download. Humans and dogs in costumes are encouraged. The event is held at Amplified AleWorks, 4150 Mission Boulevard Ste. 208. For more information, visit www.amplifiedales.com

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