Sports arena-area merchants facing turmoil over leases

Fears that the city may not renew or extend leases on several city-owned properties east of the sports arena have business owners there concerned about their future.

The concerns surfaced during the North Bay Community Planning Board’s (NBCPB) July 17 meeting.

The city owns not just the sports arena property but also the properties on either side of it. This would include the commercial strip where Red Lobster and Phil’s Barbecue are, the sports arena site, the commercial area where SOMA and Kobey’s Swap Meet’s corporate offices are, down to Dixieland and Pier One.

NBCPB chairwoman Melanie Nickel said the issue currently is not the site of the Valley View Casino Center (formerly the San Diego Sports Arena) itself, because it has a long-term lease. Currently at stake are the sites of SOMA and Kobey’s corporate offices, as well as the site of the long-vacant Black Angus restaurant east of the sports arena.

“These leases expired a year or two ago and the city refused to renew them,” Nickel said. “Those properties have all been on..."
Beacon writer earns prestigious journalism honors

Peninsula Beacon writer/photographer Scott Hopkins captured five awards during an annual ceremony honoring the best work by members of the local chapter of the Society of Professional Journalists (SPJ).

The awards were presented by retired TV news anchors Carol LeBeau and Marty Levin at the Bali Hai restaurant July 11. Former Fox5 anchor Loren Nannocarrow, who is battling a brain tumor, was the featured speaker.

Hopkins began writing on a regular basis for the paper five years ago. He started by covering Point Loma High School football but has since expanded into other areas. “Scott is a passionate journalist and his contributions to the floraworck after week have been a mainstay of our community coverage,” said managing editor Kevin McKay.

Hopkins’ award-winning entries were:

- **FIRST PLACE, PHOTO ESSAYS:** This series depicted the youthful energy of class competition during halftime of the Pointers’ annual Homecoming football game.
- **HONORABLE MENTION, SPORTS WRITING:** Following the suicide of former Charger great Junior Seau, Hopkins told of the time PLHS head football coach Mike Hastings and Seau played together on a county all-star team.
- **HONORABLE MENTION, EDUCATION WRITING:** Hopkins earned this honor for his story of the vastly diverse backgrounds of four PLHS students involved in the Reality Changers program.

“It is a great feeling when fellow professionals find excellence in your work,” Hopkins said. A former journalism major at SDSU, Hopkins is a retired elementary school teacher.

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Aaron Kamerling, an Ocean Beach resident since 1989, takes his daughter, Vivien Wilson, to Tibet, China.

Point Loma residents Gary and Tammy Eastley hold their Beacon in front of Kensington Palace in London after visiting their daughter, Rylie, during her Beacon that easy! Photos are published based on space constraints and in the order in which they are submitted.

Ocean Beach residents Matt Baker and Molly Major, left, enjoy the beautiful beaches of Molokai, Hawaii, with their favorite hometown newspaper. ‘Don’t leave home without it!’ said the couple, who caught some sun and did some snorkeling while on vacation.

On vacation with The Peninsula Beacon

It’s vacation time! Peninsula Beacon readers are heading out of town and taking their favorite hometown paper with them! Don’t pass up your chance to have your name and face published in The Beacon. Take us with you to whatever corner of the world you’re heading out of town and taking your favorite hometown paper with them! Don’t pass up your chance to have your name and face published in The Beacon. Take us with you to whatever corner of the world you’re going and enjoy the beauty of your hometown through our pages.

Claire Oggel grew up in Point Loma but now lives in Denver, Colo., where she recently had a daughter, Vivien Wilson. Vivien is seen here thumbing through the Beacon, although she apparently prefers to chew it.

Dean and Rosemary Sutter and John and Prina Coughley take their Beacon to the Aida Marina. The couples were celebrating Dean’s birthday with a boost from the Point Loma Optimist Golden Grand benefit.

Point Loma residents Gary and Tammy Eastley hold their Beacon in front of Kensington Palace in London after visiting their daughter, Rylee, during her semester studying abroad at York St. John’s University in York.

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BOOK-DRIVE DONATIONS AIM TO STIMULATE YOUNG MINDS
By Scott Hopkins | The Beacon

An Ocean Beach nonprofit corporation is seeking book donations for its fourth annual Back to School Book Drive to introduce the joy of reading to local kindergarteners.

“For the past three years, we have been able to put together bags of books for kindergarteners at Ocean Beach Elementary School,” said Connie Goldin, founder and president of Moms to Madres.

With the community’s help, Goldin said she is looking forward to handing out new bags of books when school resumes in September.

“It is such a pleasure to give children a beautiful book to take home,” Goldin said.

Donations of children’s books, in new or like-new condition, are being accepted from Aug. 1-16 for distribution in September.

Donors are asked to drop books at the Ocean Beach Business Center, 4876 Santa Monica Ave. Goldin said financial and in-kind donations will also be accepted.

Cash donations are accepted on the group’s website, www.momtomadres.org. More information is available at (619) 309-5151, or by email at info@momtomadres.org.

Goldin said she knows children who have books in their home are more likely to become good readers. She encourages parents to read to their children, introduce them to local library resources and add to the home book collection when possible.

DecoBike, said San Diego’s new bike-sharing program is modeled after a similar successful program in Miami’s South Beach.

Reese said bike sharing will create an interlocking network of stations linking downtown San Diego with outlying areas like North Park, Balboa Park and Hillcrest, as well as coastal areas like Point Loma, Ocean Beach, Pacific Beach, Mission Beach and La Jolla.

DecoBike has been conferring with the city to create a crowd-sourcing map pinpointing bike-share stations. That map will also be made available on www.decobike.com for San Diegans to suggest where they think bike-sharing stations ought to be considered.

“It will be just like using Google maps,” said Reese adding, “It’s a great way to get the public involved and also excited.”

Once the bike-share program is up and running sometime next spring, it will be 100 percent automated, said Reese.

Users paying an annual membership of about $99 will be entitled to make unlimited trips with bikes in between stations they can access via electronic key.

Bike sharing will encourage more — and different — types of people to cycle, said Reese.

“We may create a whole new class of cyclists. People who haven’t ridden in years,” said Reese. “It will make people aware that cycling is no longer just for youths, that bikes are a viable option to commute to work or just go out and have fun, stay in shape or lose weight.”

Reese said San Diego’s “year-round outdoor climate” makes it a perfect place for bike sharing.
PROJECT'S STATUS.

Darvishi of the city Public Works Department is refusing to discuss a renewal of those leases, which expire in a year or two.

"With the current hedgehog of leases all expiring at different times, we can’t do any long-range planning," said Nick- el. "If the city is simply going to refuse to renew leases, we are concerned that one of our most cherished business areas could become a ghost town."

Nickel’s assessment is shared by other NBCPG board members.

"There’s not going to be a developer or business interests investing significant construction money into a facility if they’re simply [told by the city]: ‘We’ll do a month-to-month lease with you and that’s it’," said Kurt Sullivan of Douglas Allred Company. “It just won’t happen. Property will sit there vacant. I believe this will have a major impact on people throughout the region and their view of this community and the businesses in it."

Koby’s Swap Meet might be an example of that.

"We have worked for some time under a month-to-month situation at our complex at 3350 Sports Arena Blvd.," e- mailed Chuck Prettto of the Koby Corp. "This has caused us undue anxiety and fear of the unknown... As a result of not knowing if our rent would be raised or even if we would be kicked out, we have embarked upon the search for a new space where we can be confident that we can run our business in the years ahead without fear of eviction and/or raises to our operating overhead.

"We understand the city wants to amass all the property it owns, but why not have all the existing properties’ leases renewed, and then amass all the property at the same time?" continued Prettto. "Otherwise, we will see a virtual ghost town occur along Sports Arena Boulevard as properties become vacant and are not renewed."

Another NBCPG board member, Art Bleier of Kenton Properties LLC, said the opportunity to renew existing leases is closing because the lease of Pier One Imports at 3220 Sports Arena Blvd. is up in just under a month.

"If they don’t get that extended, they will move," said Bleier. "And they don’t want to move, but they can’t wait in limbo."

NBCPG board member Cathy Kenton of Legal Vertical Strategies made a point about the city's Real Estate Assets Department is refusing to discuss a renewal of those leases, which expire in a month.

"I am a San Diegan who believes that — togeth- er — we can make a difference through the power of San Diego’s vibrant bicyc- cling community." Zim- merman was similarly enthusias- tic.

"I am honored to have this opportuni- ty to participate in helping bring aware- ness and raise the needed funds to assist our challenged athletes get off the side- lines and back in the game," said Zim- merman. "And, I do realize riding in the 620-mile Dodge Million Dollar Chal- lenger a month. "And, I do realize riding in the 620-mile Dodge Million Dollar Chal- lenger is entirely preventable. In answer to this issue, industry insiders have pre- pared a free special report entitled “The 9 Step System for Your Home Sold Fast and For Top Dollar.”

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The CAF’s bicycle ride will raise money for challenged athletes, including veterans, police officers and children. Faulconer and Zimmerman have com- mitted to raise $12,500 each. About 100 people will join them on the jour- ney, cycling side-by-side with challenged athletes. It is the mission of the Challenged Athletes Foundation to provide opportu- nities and support for people with physical disabilities so they can pursue active lifestyles through physical fitness and competitive athletics. The Chal- lenged Athletes Foundation believes that involvement in sports at any level increases self-esteem, encourages inde- pendence and enhances quality of life. San Diegans can follow Faulconer’s and Zimmerman’s training progress and get information on how to donate by visit- ing facebook.com/KevinFaulconer and tinyurl.com/shelleyz.

"If all goes well, Darvishi said city offi- cials have not agreed to extend leases or renew them for several properties on either side of the sports arena.

Our program has been known around the world for helping to raise aware- ness of the tremendous challenges these athletes have overcome.

The intent is to improve existing trails while removing some that are not needed, as well as to revitalize the park by replacing non-native species with native ones.

"The first phase of the project is to remove exotic species and contour the ball field to resemble or mimic what was originally there," said Darvishi.

"What we’re trying to do is improve the walkability of the coastal trail, expand the natural habitat and enhance the natural coastal experience for visitors to our park," said Beller.

If all goes well, Darvishi said city offi- cials hope to have the necessary envi- ronmental permitting in place by the end of this year. He said any major con- struction could then begin perhaps as soon as four to six months later.

The planning group voted 10-0 in favor of Kenton’s motion.

Point Loma / Ocean Beach - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the- most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today’s market. The fact of the matter is that fully three quarters of homeowners don’t get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market. As this report uncovers, most homeowners make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mis- takes is entirely preventable. In answer to this issue, industry insiders have pre- pared a free special report entitled “The 9 Step System for Your Home Sold Fast and For Top Dollar.”

To order a FREE Special Report, visit www.MitchaelaوفHomeSales.com and ask to hear a brief recorded message about how to order your FREE copy of this report. Call 1-877-474-9292 and enter 1000. You can call any time, 24 hours a day, 7 days a week. Find your free special report NOW to find out how you can get the most money for your home.

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Four former PLHS baseball stars finding success in college

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**WHERE ARE THEY NOW?**

Girls’ National Championships set at Barnes Tennis Center

**WTT Junior Nationals set to return to Point Loma for 18th year**

By Dave Kenser | The Beacon

For the 18th consecutive year in San Diego, tennis legend Billie Jean King will host the WTT Junior Nationals — an event King created. As in recent years, this event will take place at the Barnes Tennis Center in Point Loma from July 29–Aug. 1.

Two features make this junior tennis tournament different from many others.

First of all, it is more than a tournament. It is workshops, seminars, on-court practice sessions and other educational opportunities for participants — all of which King plays a very active, hands-on role in.

Second, like the WTT format, which King also created, the event is an invitational team format. Specifically, there are 16 co-ed teams representing various United States Tennis Association (USTA) sections from around the U.S. The Ages 14-18 and Girls’ National Championships is partly based on a player not earning a USTA ranking from 1-150.

The Barnes Tennis Center is located at 4940 W. Point Loma Blvd. For more information, call (619) 221-9000.

Parking and admission are free for the event.

All seminars, workshops and practice sessions are limited to tournament participants.

Tennis legend Billie Jean King will return to Point Loma in late July and early August to oversee the WTT Junior Nationals she created.
When the 2013 Point Loma Pointer varsity football team trots onto Bennie Idens Field for the season-opening game on Aug. 31, few fans may realize what the group of young men have accomplished to earn their familiar maroon jerseys and helmets.

Preparation for the upcoming season began just hours after the 2012 team left their Pointer team room following a bitter 27-17 loss to Lincoln that eliminated them from the playoffs and dreams of a CIF title.

“This is the first Thanksgiving in 14 years we haven’t had a playoff game the next day,” said Pointer head coach Mike Hastings at the time.

For the team’s seniors, it was the end of the prep road. But for the team’s juniors, sophomores and a group of promising junior varsity players suited up that night, it was a signal to work harder, remember assignments more clearly and get bigger, stronger and faster before that upcoming kickoff.

Immediately after the playoff loss, Hastings and his staff began analyzing game video and evaluating their returnees. What worked best? What areas of weakness could be identified? Who were the Pointers’ most dependable players? What can the team do to get better?

Returning players went right to work in the school’s weight room. The facility is not just one for building bulging muscles, but one where coaches can teach and stress agility, stamina, quickness and other attributes they hope will spell the difference in games this season.

Hastings molds his program around a “team motto: “EMAP: Every Man A Pointer.” And one way he builds team dedication and loyalty is with an annual mountain retreat where his upcoming varsity players spend an early-summer weekend together with no other distractions.

In a facility near Julian, Pointer players, who come from diverse backgrounds, work together, prepare meals together and spend time getting to know each other as people.

In one activity, the teens are encouraged to open up and share private fears. In another opponent every week despite soreness, injuries and exhaustion. It’s a daunting task, but one they’ve been preparing for and anticipating for months.

**EXTRA POINTS**

- The annual scrimmage for varsity (6 p.m.) and junior varsity (4 p.m.) will be held Aug. 23 at Mission Hills High School, 1 Mission Hills Court, San Marcos. The Pointer freshman team’s scrimmage is TBA.

- Varsity players will be back on campus at 8 a.m. Aug. 24 for video study of their performance the previous night. Coaches often stay up much of the night analyzing the video, and are now able to send specific video to players’ home computers to help them improve.

- Parents put on a team dinner the evening before each Pointer game. The first will be at 4:30 p.m. Aug. 30 in the school cafeteria.

- Prospective freshman players should have already completed physicals and paperwork. Latecomers should contact Hastings at mhastings@sandi.net.

- All three Pointer teams will make their 2013 debut Aug. 31. Freshman (10 a.m.), junior varsity (12:30 p.m.) and varsity (3 p.m.) will all see action against South Bay’s Olympian High, which laid a 38-10 whipping on the 2012 varsity in the season’s second week.
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AUGUST 2
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“A Fresh Art Experience” FREE open art studios, galleries, museums and dance performances through out the NTC Arts & Culture District at Liberty Station every first Friday starting at 7pm to 9pm.
Start at the NTC Command Center 2640 Historic Decatur Road 619.573.9300 NTCLibertyStation.com

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AUGUST 25
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**Visions Art Museum needs your help**
A Message from Beth Smith, Executive Director

If you appreciate contemporary art quilts and want to continue seeing the quilts you love on view, please consider a donation to our mid-year campaign to support the Visions Art Museum exhibitions. A generous anonymous donor has pledged $10,000 toward a matching fund for Visions Art Museum exhibitions for one year. We still need $2,500 to reach our goal. Your donation will have twice the value because of this matching fund. Please take a moment to help us reach our goal of $20,000. You can show your support today with a donation that keeps quilts and textile artists on view at your museum.

There are three ways to show your support:
1) Call the museum, 619-546-4872
2) Mail your check to Visions Art Museum
   2825 Dewey Road, Suite 100, San Diego, CA 92106
3) Donate now on our secure website, visionsartmuseum.org

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**Join Vision Art Museum on August 10 at 2 pm**
Arline Fisch Lecture and Power Point Presentation

We are excited to present a program with jewelry designer, sculptor, and craftsperson Arline Fisch who is best known for her textile techniques in metal. A Professor (Emerita) of Art at San Diego State University, Fisch was named a “Living Treasure of California” in 1985 for her work as an artist, educator, author and contributor to the field of American crafts. Her book Textile Techniques in Metal for Jewelers, Textile Artists and Sculptors, is a demonstration of the techniques she developed while combining the textures of weaving with metal. “I prefer working in a larger than usual scale, with collars, pectorals, and head ornaments as favored formats,” said Fisch. Most frequently I work in precious metals - silver, gold, and platinum which clearly reveal the interlaced structures. But I am also drawn to color as an element, particularly strong color. For many years I used feathers as a means of adding brilliance through vibrant color. Then I discovered anodized aluminum, which I use in non-textile constructions to make colorful, playful ornaments of large dimension.” Fisch’s work has been widely exhibited in the United States, Europe, and Australia and is represented in collections around the world. Admission is $10 and includes all exhibitions currently on view.

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**CONGRATULATIONS TO OUR WINNERS & everyone who participated!**

1st Place Briella, Age 7

2nd Place Talan, Age 6

2nd Place Chase, Age 5

3rd Place Travis, Age 5
Ringling Bros. circus set to return to arena with ‘Built to Amaze!’

The Ringling Bros. and Barnum & Bailey Circus will make a return engagement to the Valley View Casino Center (formerly the San Diego Sports Arena) between Aug. 8 and 11 with its latest production, “Built To Amaze!”

According to Ringling Bros. officials, this is an engineered circus experience custom-built for family fun where children of all ages can find out what it takes to construct The Greatest Show On Earth.

Ringmaster Andre McClain takes the reins accompanied by his horse, Comanche, to lead his funny and mischievous circus supervisors to construct a fantastic design of heart-pounding and wondrous performances. The production features more than 130 of the world’s best artists and athletes representing 17 countries, along with 95 exotic and domestic animals assembled together. The show will also be highlighted by several unique acts, along with an electrifying high-wire acrobats, daring stunts on The Steel Vortex, the youngest female human cannonball, remarkable hand-balancing duos, the always hilarious Clown Alley four-legged star performers, including the majestic Bengal tigers presented by the charismatic “Taba” and a fun-filled Asian elephant dance party.

Opening 90 minutes prior to each performance, all ticket holders are invited free to tour the Animal Open House to get up-close with the animals. Then one hour before show time, families can step onto the arena floor to meet the circus performers and animals at the interactive All Access Pre-Show.

Show dates and times are Thursday, Aug. 8 (7 p.m.), Friday, Aug. 9 (11 a.m. and 7 p.m.), Saturday, Aug. 10 (11 a.m., 3 p.m., 7 p.m.), Sunday, Aug. 11 (1:30 p.m., 5:30 p.m.).

The Valley View Casino Center is located at 1500 Sports Arena Blvd. Ticket prices are $20, $25, $40 (VIP), $55 (Front Row) and $90 (Circus Celebrity). All seats are reserved; tickets available for purchase online through TicketMaster, charge by phone at 800-745-3000 or visit the Valley View Casino Center Box Office. For more information, visit www.Ringling.com or visit them on Facebook, Twitter and YouTube.

ARTS & ENTERTAINMENT

Ringmaster Andre McClain takes the reins accompanied by his horse, Comanche, to lead his funny and mischievous circus supervisors to construct a fantastic design of heart-pounding and wondrous performances. The production features more than 130 of the world’s best artists and athletes representing 17 countries, along with 95 exotic and domestic animals assembled together. The show will also be highlighted by several unique acts, along with an electrifying high-wire acrobats, daring stunts on The Steel Vortex, the youngest female human cannonball, remarkable hand-balancing duos, the always hilarious Clown Alley four-legged star performers, including the majestic Bengal tigers presented by the charismatic “Taba” and a fun-filled Asian elephant dance party.

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**OUR GUIDE TO A HAPPY, HEALTHY SUMMER**

It's officially summertime in San Diego - the days are long, the kids are out of school, and the weather is heating up. At Souplantation, we want to make the most of every minute of summer, so we've come up with a few ideas to keep us fit, full and having fun all the way through Labor Day.

**Dine Healthy – On a Budget**

Whether cooking at home or dining out, it is important to choose fresh and wholesome options. Consider visiting a few of the local farmer's markets that occur each week around town to purchase some fresh, local produce. Ask the merchants for their favorite recipe ideas and whip up an exciting, healthy, new dinner.

**Dive the ocean and take a swim**

**Play Outside**

Whip up some delicious snacks, grab some water, and begin your outdoor adventure! Whether cooking at home or dining out, it is important to choose fresh and wholesome options. Consider visiting a few of the local farmer's markets that occur each week around town to purchase some fresh, local produce. Ask the merchants for their favorite recipe ideas and whip up an exciting, healthy, new dinner.

**SUN-SPLASHED PATIO**

**THE PENINSULA BEACON**

**THURSDAY · JULY 25, 2013**

**STAFF and contribution**

**CORRECTION**

In the July 11 edition of The Beacon, a story headlined “Point Loma Souplantation rolls out remodel, new menu items” should have stated the location at 3960 W. Point Loma Blvd. is not yet serving craft beer and wine but intends to in the future.

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**THE PENINSULA BEACON**

**THURSDAY · JULY 25, 2013**

**STAFF and contribution**

**Band at the Beach begins 25th year**

Band at the Beach Music Camp began its story as the Peninsula Wind Ensemble in Dell Schroeder’s backyard in 1988 with eight students in attendance.

That summer was close to the time instrumental music was returned to San Diego Unified School District, 10 years after Proposition 13 took it away.

“The philosophy of Band at the Beach is advocacy for music in our schools,” she said, “Without strong elementary feeder programs, the junior highs and high schools can’t compete. It is a thrill to see, that, after 25 years, our area is in full recovery.”

Band at the Beach Music Camp will celebrate its 25th year between Aug. 5 and Aug. 9 at Correia Middle School, 4302 Valeta St. from noon to 4 p.m. daily.

Tuition for the camp includes a snack service, T-shirts and the study of music with some of the best music teachers and advocates in the county.

There are daily raffles. The top raffle prize, to be given at the concert, is a Taylor Guitar, said Schroeder.

Camp registrations are being accepted until Aug 1. There are openings for five more fluteists, four French horns, three to four more clarinets and a tuba.

Schroeder said all sections are open except alto saxophone.

Graduated seniors may attend the camp free, as well as other and alumni. Mentors for younger students are welcome and a limited number of scholarships are available, said Schroeder.

For information, call Schroeder at (619) 222-3065, or visit www.bandatthe-beach.org.

— Staff and contribution

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The camp offers a free concert to the public in the Correia Auditorium on Friday, Aug. 9 at 4 p.m.

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Night of riotous comedy to benefit PL Assembly

Two San Diego-based stand-up comedians will stage a Comedy Night fundraising drive Aug. 10 to help a local club re-establish itself in the Point Loma community.

Comedian Tony Calabrese is spearheading the campaign to help raise funds for the 102-year-old Point Loma Assembly, a community improvement organization that has served as a hub for local civic and youth groups, election polling and even as a Red Cross distribution center during both world wars.

Calabrese and comedy partner Maria Herman said they came up with the idea for a Comedy Fundraising Nights series after hosting a weekly comedy school at the building for nearly two years.

“The Assembly Hall has a really nice stage for acting and comedy,” said Calabrese. “The Point Loma Actors Studio has been using this building for years with a lot of success. Maria and I think giving back to our community is a good thing and we are having a lot of fun doing it.”

The Aug. 10 Comedy Night will spotlight well-known actor and comedian Mark Christopher Lawrence and Katsy Chappell, who have entertained troops around the world and appeared on various TV comedy shows.

Calabrese and Herman host the comedy series, as well as organize them.

“We hope to raise $7,000 for the Point Loma Assembly this year,” said Herman. “After two shows in the first part of this year, we are pretty much halfway to that goal.

“I think the August show will be a really good one, because this is the first time Kathy and Mark have worked together and they will be a hilarious combination,” she said.

Tickets are $20 each and are available through Calabrese at American West Bank, located at 3150 Rosecrans St.; by calling Patti Adams at (619) 887-9313; or by visiting www-.pointlomaactors.com.

The final Comedy Fundraiser Night for 2013 will take place on Nov.1, featuring national touring comedian Karen Rontowski and Anita Milner.

All shows start at 8 p.m., with doors opening at 7 p.m. Beer, wine and a dessert cash bar will be available.

The Point Loma Assembly aims to restore and preserve the land and buildings at 3035 Talbot St., and hopes to renew itself as a meeting place of community clubs.

Point Loma Assembly memberships are $35 and are offered to all county residents.

— Staff and contribution

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SAN DIEGO GRAB BARS is dedicated to helping you stay independent and safe in your own home. We offer grab bars, shower seats, and hand held shower heads to help make the bathroom a safer environment. And while the bathroom is where people normally think that they need grab bars, we can install hand rails and grab bars anywhere in your home: next to the bed, at the top of the stair case, in the hall or outside the back door.

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For more information on health care needs and help with long-term care, call an RN Care Manager from Innovative Healthcare Consultants at 760.731.1334 or visit our website at www.innovativehc.com.
Kona Kai reigns its summer concert series

By BART MENDOZA | The Beacon

There are plenty of locations to hear great music in San Diego, but no place compares to the Kona Kai Resort.

One can catch great local acts in the lounge, but what’s really set the newly refurbished resort apart is its summer Beach Party Concert series, set right on the resort’s private beach, complete with an adjacent bar and food stand.

Best of all, the concert series is free and open to all ages for an option of family fun. Meanwhile, there is also entertainment in the lounge, though that is for those over 21.

Entertainment director Shaunaz Aguirre has put together a solution with upcoming beach shows set to include saxophonist Euan Troutman on July 26, blues singer Whitney Shay on July 28, soul and funk favorites Detroit Underground on Aug. 3 and classic rock veterans Rockola on Aug. 4 and 10.

Meanwhile, the lounge will feature the likes of jazz singer Deb Gilan and Silk on July 26, blues from Nathan James on July 31 and the Backwater Blues Band on Aug. 7, as well as guitarist Hank Easton on Aug. 9.

Monday nights will be an industry night with hip-hop and blues disc jockey, while Wednesdays will feature blues.

Aguirre said Kona Kai’s owners, Noble House Hotels & Resorts, has recently put feature blues.

“Blues disc jockey, while Wednesdays will on Aug. 9.

As much as audience members enjoy themselves at these shows, musicians are also having a great time performing at the Kona Kai.

“It’s a great place to play,” said blues singer Whitney Shay. “There is really wonderful management and staff, a laid-back, fun environment. And it’s a great local place to bring your whole family.”

Rockola guitarist Mark DeCerbo agrees.

“A show at the Kona Kai is a unique experience,” he said. “Two things make it basically unbeatable. There is no cover charge. And it’s right on the beach, where some people just happen to be there.

The energy level is heightened and the band can really feed off of that.”

DeCerbo said the unique setting comes with a few unique hazards.

“There is, of course, sand and water to be careful of with the equipment, but there also beach balls to watch out for,” he joked. “Always keep an eye out for incoming projectiles.”

Music at the Kona Kai Resort, 1531 Shelter Island Drive, www.resort-konakai.com

Old Town San Diego State Historic Park is celebrating its 175th anniversary with added events and transportation in the era of real horsepower at “Stagecoach Days” from noon to 5 p.m. on Saturday, July 27, as well as guitarist Hank Easton on Aug. 7, as well as guitarist Hank Easton on Aug. 9.

Sponsored by Fiesta de Reyes, the free event features a different theme each Saturday such as: Californio heritage, July 27 – “Soldiers and Citizens”.

A special aspect that has been added this year is a passport program featuring collectable booklets for marks on each of the Stagecoach Days. Attendees attending the event can go in to the Robinson-Rose Visitor’s Center with their passport and collect a bookmark to commemorate the day. Special prizes will be awarded to those who can collect all of them.

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There will be no interruption of services at both the restaurant and hotel and 19 shops that comprise the Fiesta de Reyes family. Both of Ross’ restaurants have enjoyed steady year-over-year sales increases since he took over the Fiesta de Reyes concession in 2009.

“The Cosmopolitan Restaurant & Hotel represents fantastic potential to provide delicious San Diegans with a unique dining experience,” said Chuck Ross, president and owner of Old Town Family Hospitality Corp. “We are very excited to push the boundaries of what people expect to find when they come to Old Town and provide a complete fine dining experience.”

Ross said there will be no interruption of services at both the restaurant and hotel and all reservations will be honored. He added that he plans to retain most, if not all, of the employees.

After a three-year, multimillion-dollar restoration to return the building to how it appeared in 1869. The Cosmopolitan Restaurant & Hotel reopened in July 2010 as a restaurant and indoor and outdoor seating, two saloons, 10 hotel rooms on the second level, and private dining rooms for special occasions. The Cosmopolitan is recognized as one of the most historically significant buildings in California.

With a history spanning over 175 years, the building was originally constructed as the home of San Diego pioneer Juan Bandini between 1827 and 1829. The building is a rarity because of its long history as well as its place as one of the few historic buildings remaining in the state that is representative of a 19th century commercial building that combined Mexican adobe and American wood-framing techniques.

The Cosmopolitan Restaurant & Hotel is located on the corner of Cahoon and Mission streets in Old Town and there is ample free parking along Juan Street. After 5 p.m., visitors can also park for free at the CalTrans headquarters just two blocks from the park at 4503 Taylor St.

For more information, go to www.parks.ca.gov/oldtownmendo
The Patio on Lamont Street in Pacific Beach recently hosted a Canine Comic Contest, a fun event designed to coincide with the opening of this year’s Comic-Con. The third-place winner, left, was Herbie, a Jack Russell mix as Capt. Jack Sparrow with owner Maureen Minder — both of Pacific Beach. The winning canine was Max, right, a cocker spaniel dressed as Captain America.
3111 Freeman St | $770,000

Elegant single story Spanish has been lovingly maintained. The large living room is open and inviting with a fireplace, grand window and high ceilings. French doors open to a shady string porch. This home also features a large formal dining room, perfect for entertaining a large crowd. The baths are updated in keeping with the original style of the home. Perfect for the charm and character of the home and the neighborhood.

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OPEN HOUSES

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Wed 10-1, 3-5pm
9765 Keeneland Row | 4BR/2BA | $890,000-$930,876
Barry & Betty Tashkochian

Sat & Sun 12-4pm
6233 Dowling Dr | 5BR/3BA | $1,199,000
Katy La Pay | 858-232-7456

Sat 1-4pm
5363 La Jolla Blvd, #66 | 4BR/2BA | $968,000
Christine Bauer | 858-449-3200

Sat 11-2pm
6455 La Jolla Blu., #68 | 2BR/2BA | $945,000
Rachel Kaiser | 858-302-2363

Sun 1-4pm
5786 La Jolla Mesa | 3BR/2BA | $2,399,995-$2,799,995
Pete Middleton | 858-764-4806

Sun 1-4pm
5363 La Jolla Blvd, #66 | 4BR/3BA | $968,000
Sharon Donahue | 760-855-1704

Sun 1-4pm
526 Westbourne St | 3BR/2BA | $1,049,000
Dina Landr | 858-992-4532

Sun 1-4pm
5405 Calumet Ave | 4BR/2BA | $1,225,000
Michael Wightman | 858-354-2913

Sun 1-4pm
6457 Dowling Dr | 4BR/2BA | $1,295,000
Martina Vish | 858-449-6106

Sun 1-4pm
1121 Via Carolina | 5BR/4BA | $2,195,000
Monica Leshick | 858-752-7854

Sun 1-4pm
1968 Oliver Ave | 3BR/2BA | $2,395,000
Monica Leshick | 858-752-7854

Sun 1-4pm
1689 Los Altos Rd | 3BR/2BA | $995,000
Patrick Ahern | 858-220-9001

Sun 1-4pm
1845 Tustin St | 3BR/4BA | $975,000
Robert Realty | 619-852-8827

Sun 1-4pm
4411 Caminito Sana Unit #2 | 2+BR/2.5BA | $510,000
Charles Schevker | 858-449-8250

UNIVERSITY CITY
Sat & Sun 11-2pm
3964 Del Mar Ave | 3BR/2BA | $995,000-$1,100,000
Andy Levy | 619-356-0434

Sat & Sun 11-2pm
3964 Del Mar Ave | 3BR/2BA | $995,000-$1,100,000
J. Michael Fimbres | 619-796-5631

PACIFIC BEACH / MISSION BEACH / CROWN POINT
Sat 1-4pm
1968 Oliver Ave | 3BR/2BA | $660,000
Cassandra Altmann | 858-449-6966

Sun 1-4pm
3645 Ingram St | 4BR/2BA | $775,000-$799,000
Scott & Lori Sall | 858-665-2459

POINT LOMA / OCEAN BEACH
Sat & Sun 11-2pm
1845 Tustin St | 3BR/2BA | $975,000
Robert Realty | 858-852-8827

Sun & Sat 12-4pm
4551 Newport Ave | 3BR/2BA | $1,195,000
Kent Dial | 858-336-2828

Sat & Sun 1-4pm
440 Taira Pl | 3BR/2BA | $1,575,000
Robert Realty | 858-852-8827

Sat 1-4pm
3660 Zola St | 3BR/2BA | $699,000-$719,000
Maureen McGrath | 858-922-2441

Sat 1-4pm
3964 Del Mar Ave | 4BR/2BA | $995,000-$1,000
Andy Levy | 858-354-0424

Sun 1-4pm
4236 Loma Rivera Lane | 3BR/2BA | $455,000
Tami Fuller | 858-226-8264

Sun 1-4pm
2844 Chatsworth Blvd | 3BR/2BA | $799,000
Judy Kettenburg Chavya | 858-961-3012

Sun 1-4pm
2668 Poindexter Dr | 3BR/2BA | $969,000
Susan Gedeast | 858-737-1756

Sun 1-4pm
3964 Del Mar Ave | 3BR/2BA | $995,000-$1,000
Michael Fentres | 858-796-5331

Sun 1-4pm
4237 Goldsmith | 3BR/2BA | $1,125,000
Maureen McGrath | 858-922-2441

Sun 1-4pm
4572 Nagara Ave | 3BR/2BA | $1,199,000
Tami Fuller | 858-226-8264

Sun 1-4pm
1184 Devonshire Dr | 3BR/2BA | $1,491,500
Cindy Wing | 858-232-9464

UNIVERSITY CITY
Sat & Sun 1-5pm
4411 Caminito Sana Unit #2 | 4BR/2BA | $510,000
Charles Schevker | 858-449-8250

NORTH PARK
Sat 1-4pm
1004 Kansas St | 3BR/2BA | $539,000-$549,000
Pete Middleton | 858-764-4808

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THURSDAY · JULY 25, 2013

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FRIDAY, July 26
The 13th annual free Point Loma Summer Concert Series hosts the third of five concerts, featuring Back To The Garden Tribute to Woodstock, with special guests Eve Selis and Mattie Mills. Concertgoers can bring their own seating and/or blankets and can order dinner from the night’s sponsor, Hodad’s. The concerts will feature young talent on the “Junior Stage” starting at 5:30 p.m. The main stage performance begins at 6:30 p.m. at Point Loma Park, located at 1049 Catalina Blvd. For more information, call (619) 226-4896, or visit www.plconcerts.org.

FRIDAY, Aug. 2
The 13th annual free Point Loma Summer Concert Series hosts the fourth of five concerts, featuring Left4Dead (1980s). Concertgoers can bring their own seating and/or blankets and can order dinner from the night’s sponsor, Barons Marketplace. The concerts will feature young talent on the “Junior Stage” starting at 5:30 p.m. The main stage performance begins at 6:30 p.m. at Point Loma Park, located at 1049 Catalina Blvd. For more information, call (619) 226-4896, or visit www.plconcerts.org.

MONDAY, Aug. 5
The Westminster Presbyterian Church Music at Dusk concert series returns each Monday through Aug. 19. The fourth in the “al fresco” concert series features Billy Hawkins and His High Society Band. Concerts begin at 6:30 p.m. at 3598 Talbot Street. There will be a free-will donation requested. For more information, call (619) 223-3193.

FRIDAY, Aug. 9
The 13th annual free Point Loma Summer Concert Series hosts the last of five concerts, featuring The Bayou Brothers, which describes itself as “San Diego’s favorite Zydeco band” with special guest Sue Palmer. Concertgoers can bring their own seating and/or blankets and can order dinner from the night’s sponsor, Stump’s Family Marketplace. The concerts will feature young talent on the “Junior Stage” starting at 5:30 p.m. The main stage performance begins at 6:30 p.m. at Point Loma Park, located at 1049 Catalina Blvd. For more information, call (619) 226-4896, or visit www.plconcerts.org.

SATURDAY, Aug. 10
Comedy Night Fundraiser to benefit the Point Loma Assembly, featuring well-known actor and comedian Mark Christopher Lawrence and funnygirl Katsy Chappell. Local comedy favorites Tony Calabrese and Maria Herman are hosting and organizing the event. Tickets are $20. A cash bar begins at 7 p.m. with the show at 8 p.m. The show takes place at the Point Loma Assembly, 3035 Talbot St. For tickets or information, see Calabrese at 1350 Rosecrans St. call Patti Adams at (619) 887-9313 or visit www.pointlomaactors.com.

MONDAY, Aug. 12
The Westminster Presbyterian Church Music at Dusk concert series returns each Monday through Aug. 19. The fourth in the “al fresco” concert series features The Spectrum Band. Concerts begin at 6:30 p.m. at 3598 Talbot Street. There will be a free-will donation requested. For more information, call (619) 223-3193.

THURSDAYS
The Point Loma/Hervey Branch Library chess club meets in an informal format at 2 p.m. on the lower level of the library near the librarian’s desk. There are no memberships or dues. All ages and levels of players are welcome. The library provides some chess sets but players may bring their own. The library is located at 3701 Voltaire St. Contact Mark Harvey at the library at (619) 531-1519.