Hollywood glamour comes to La Jolla for shopping center’s grand re-opening

By MARIKO LAMB | VILLAGE NEWS

One year of construction and $180 million later, Westfield UTC is finally unveiling its fresh new look, imbued with sunny open-air plazas, beautiful gardens, a revamped outdoor dining terrace and an exciting new spread of retailers, restaurants and services available to discerning La Jolla shoppers.

For those seeking an escape via a premium movie-going experience, turn to ArcLight Cinemas to satisfy visual cravings in an optimized, undistracted viewing setting. The experience, turn to ArcLight Cinemas to satisfy visual cravings in an optimized, undistracted viewing setting. The

City residents alike.

Entertainment at Westfield UTC

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Westfield UTC's

REBIRTH

A red-carpet grand opening

Westfield UTC will re-open amid Hollywood star-dom with international pop sensation Natasha Bedingfield and E! News host Giuliana Rancic providing entertainment for the celebration on Nov. 15.

Living World Entertainment will kick off the evening with a performance of “Beauta” at 6:30 p.m. followed by a check presentation to the Surfrider Foundation and a 7 p.m. fashion show hosted by Rancic. The all-star lineup will continue with a 30-minute acoustic performance by Bedingfield, followed by celebrity DJ Sid低 turnover spinning beats at 8 p.m. at the Palm Plaza.

The event is free and open to the public at Westfield UTC’s Palm Plaza located at 4545 La Jolla Village Drive.

LJ Karate teaches more than defense

La Jolla Karate co-owners Mark Truscott and Ian Sheres are not only teaching youth the values of character development, they are practicing what they preach. The pair recently raised more than $100,000 so far — to schools.

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LJ Karate launched its inaugural program at LJES this year and will revive the program again next March and April. The program will also be available at Bird Rock Elementary School in February.

“We encourage all our students to be involved in community service and require it of all black belts,” said Truscott. “I firmly believe the most important focus was on life lessons and character development,” said Truscott. “Each lesson had an assignment to be completed both at home and at school. Every student was accountable to complete all the lessons in order to graduate and earn their first karate belt.”

For nearly a decade, La Jolla Karate instructors have hosted the program at schools in North County, donating 100 percent of the proceeds — more than $100,000 so far — to schools.

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A DAY TO REMEMBER AND HONOR

Victor C. Anderson, a research oceanographer at Scripps Institution of Oceanography, whose anonymous donation with his wife established the Victor Alderson Chair of Applied Ocean Science in 1982, died Nov. 1 at his San Diego home. He was 90.

Anderson joined Scripps as a student in 1947. His scientific research interests included acoustic signal processing, underwater acoustics and ocean engineering.

Anderson was born to missionary parents in Shanghai, China, on March 31, 1922. He enrolled at the University of California, Los Angeles as a graduate student in physics in 1946. After a year in residence at UCLA, he joined the University of California’s Marine Physical Laboratory (MPL) at Scripps. His research at MPL in the study of the deep scattering layer completed the requirements for a Ph.D., which he received in 1953.

The following year, Anderson was the recipient of the National Security Industrial Association’s 1986 Adm. Charles B. Martell Technical Excellence Award for his work in the development of the DIMUS system. He also received the Navy’s 1976 Distinguished Public Service Award.

Anderson and wife Anne established the Alderson Chair in 1982 with a $250,000 gift through her company, InterOcean Industries, Inc. The chair was named for Anne’s grandfather, Victor Alderson, who was himself a noted scientist descended from the original Mayflower Pilgrims and settled in La Jolla after his retirement until his death in 1946.

A memorial service for Anderson is scheduled for Friday, Nov. 16 at 11 a.m. at Point Loma Community Presbyterian Church, 2126 Chatsworth Blvd., followed by a reception. In lieu of flowers, the Anderson family asks that friends consider making a contribution in memory of Victor Anderson to a charity of their choice.

La Valencia welcomes new expert in the kitchen

The iconic La Valencia Hotel now has a new executive chef, Paul McCabe, at the helm of the hotel’s three award-winning dining locations, including the hotel’s signature Whaling Bar & Grill, the ocean-facing Mediterranean Room and adjacent ocean view terrace, and the intimate 10th-floor Sky Room. McCabe has brought with him a well-honed and exceptional pedigree of fine-dining experience and will make his mark on the village landmark’s dining establishments just in time for the holidays.

“La Valencia will continue to be the benchmark for award-winning dining in Southern California, and Paul will ensure that we lead the industry in culinary creativity and innovation,” said La Valencia’s managing director Mark Dibella. “Chef McCabe will be instrumental in bringing an exceptional level of excitement, creativity and energy to the food and beverage experience at La V including new concepts for our legendary dining venues."

McCabe’s background includes tenures at the Enchantment Resort in Sedona, Arizona, L’Ermitage in Beverly Hills, L’Auberge del Mar in Del Mar, and San Diego’s very own Top of the Cove, Star of the Sea Room, Kitchen 1540 and Delicias. McCabe’s culinary expertise ranges from classical French, Mediterranean, Southwestern and Pacific Rim and spa cuisine.

People

OBITUARY

Victor Anderson, oceanographer and philanthropist

La Jolla welcomes new expert in the kitchen

An exclusive gallery show featuring the work of this Spanish master and that of his students. This show will be open from November 20 through December 2. Tapas and sangria receptions on Saturdays Nov. 24, and Dec. 1, 5 to 7 p.m.

A rare opportunity to see the work of this world renowned Spanish master and that of his students. This truly is a must see event.

La Jolla Art Association Gallery, 8100 Paseo del Ocaso, Suite B, La Jolla, CA 92037 (858) 459-1196 www.lajollaart.org

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Coast Blvd. upgrade gets a price tag

By MARK O LAMO | VILLAGE NEWS

One year ago, La Jolla Parks & Beaches (LJPB) treasurer and Beautification Committee chairwoman Phyllis Minick embarked on an endeavor to restore the scenic — but long-neglected — walkway at Coast Boulevard near the Children’s Pool in La Jolla Cove. Since then, Minick has solicited community input for its design, enlisted the expertise of volunteer landscape architect Jim Nori and set forth a plan for funding the one-time $250,000 project.

“This plan includes a wider sidewalk, a turnaround with more viewing space, new seating with cobbles and benches, double-sided seating benches and planting areas along the walls so kids can’t climb over the wall and slide down the bluff, which is badly deteriorating,” she said at the La Jolla Town Council’s Nov. 8 meeting.

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The beautification plan, which is has been named LJPB’s top priority, has received a wealth of support from La Jolla’s community organizations, including the Town Council, La Jolla Community Planning Association, lifeguards and the community’s joint subcommittees.

“This area is a disaster and something that we cannot be proud of,” she said. “I really hope that we can get our community together, express our pride in our community in this way and get this walk built.”

To obtain a grant proposal brochure or for assistance drafting, call Minick at (858) 459-5939 or email minickphy@msn.com.

How to sell your home without an agent

SANDIEGO. If you’ve tried to sell your home yourself, you know that the minute you put the “For Sale by Owner” sign up, the phone will start ringing off the hook. Unfortunately, most calls aren’t from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn’t easy. Perhaps, you’ve had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up on their dreams of selling their homes themselves. But don’t give up until you’ve read a new report entitled “Sell Your Own Home” which has been prepared especially for home sellers like you. You’ll find that selling your home by yourself is entirely possible once you understand the process.

Inside the report, you’ll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You’ll find out what real estate agents don’t want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

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A rendering of proposed upgrades to Coast Boulevard overlooking the Children’s Pool shows plans to restore the scenic walkway. (Image: Courtesy of Dennis DeSouza)

GARRETT BERKI

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In 1912, the center of La Jolla was truly deserving of the name the “Village,” nestled as it was between the sparkling expanse of the Pacific at its front door and the large bare mass of Mt. Soledad rising at its back.

That very same year, Troop 4, the oldest continuously operating Boy Scout troop west of the Mississippi, was dressed for Halloween, but if this was common dress, what it would have been like. Modern Scouts try to imagine.

Mr. Wilbur also remembered that backpacks at the dawn of the 20th century were made of heavy canvas — as were the tents — and that the packs themselves were mounted on wood backboards, which to a modern Scout seems almost inconceivable.

Boy Scout candidate Jamie Abrams shook his head at the image. “I can’t picture walking long distances carrying this kind of bulky weight,” he said. “Our backpacking tents and the packs themselves weigh only about three pounds each.”

What did Troop 4 boys do for outings back then? It shouldn’t be surprising that Wilbur and his Scout brothers focused much of their attention on the same sorts of things that modern Scouting encourages, but they didn’t have to go nearly as far to find Mother Nature in all her pristine

SEE TROOP 4, Page 6

Troop 4 has emerged in La Jolla for 100 years — through the Great Depression, two world wars and countless other events. Below, today’s Troop 4 Scouts, Pluto mascot of the La Jolla Historical Society, are looking back at the founding of the national Boy Scouts of America. McRae served as vice president in the founding of the national Boy Scouts of America.

TROOP 4, Page 6

McRae served as vice president in the founding of the national Boy Scouts of America.

Troop 4 will celebrate its 100th anniversary with a centennial dinner at 6 p.m. on Nov. 24 in the La Jolla Presbyterian Church Fellowship Hall. Now with a membership of about 60, the troop and its activities are a far cry from when it began with a handful of scouts, one of whose main challenges was the 3.5-mile hike from La Jolla over barren landscape to the E.W. Scripps Miramar Ranch.

“Quite a hike for little kids,” early Troop 4 Scout John Clarke Rose recalled in an interview with a La Jolla Historical Society member. “There was quite a hike for little kids.”

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Happy Holidays!

La Jolla & San Diego’s Largest Fur Collection!
Chairwoman Ann Bache urges trustees and members of the public to ramp up fundraising efforts to ensure the annual December celebration can go on as scheduled.

“We are about $24,000 short,” she said. “We were not as able to get as much money from some of our other sources. Everybody is looking for money, as everybody knows. Nonetheless, we have a lot of response from the community.”

Sponsors who donate $2,000 or more will get their name or business listed on the official poster for the event, as well as publicity on the parade program and website.

“Really, by the 15th, if we don’t have the money that we need, it comes the time when we have to pay for the port-a-potties and all that stuff, and if we don’t have the money we will have to cancel the parade, but I’m hopeful,” she said.

The celebration, themed “Christmas in the Village,” will host a number of fun, family-friendly sights and activities, including more than 60 horses, eight live bands, a Wells Fargo stage-coach, a corral of antique tractors, arts and craft booths, and the annual fly-over and parade.

“It’s cheap advertising,” said Kerr-Bache. “[If businesses] want to have a banner carried down the parade, it’s only $500 and if they just want their name in the program it’s anywhere between $1 and $400.”

To donate or to learn more about sponsorship opportunities, call (858) 922-4046 or email info@ljparade.com.

• San Diego Fire Capt. James Lang and his Fire Station 13 crew paid a visit to LJTC trustees with fire-safety tips for the holidays.

“Typically, in November and December, we see an increased amount of kitchen fires,” he said. “Sometimes, people get over their comfort level, I think, with the holiday cooking, and people are more often indoors.”

He urged residents who use unstable frying equipment to be cautious and recommended that someone always attend food that is still cooking.

Town council news/events

• New trustees Ruth Yansick, Ron Jones, Ramin Pourteymour and Tom Goodman were sworn in as new LJTC trustees.

• The next LJTC SunSetter will take place at Beaumont’s, 5662 La Jolla Blvd., from 5 to 7 p.m. on Nov. 15. Entrance is $10 for nonmembers, $5 for members, and free for new members who sign up and pay dues at the door.

Around the community

• The Challenged Athletes Foundation was successful in raising $2.7 million during the nonprofit’s annual triathlon challenge at La Jolla Cove on Oct. 24. Funds raised from the event will fund adaptive sports equipment, training and competition expenses for individuals with physical challenges to live a full and active lifestyle.

“That is really a fantastic fundraising event and a fantastic organization,” said LJTC trustee Egon Kafka. “Everybody had fun, this raised a lot of money for a great cause, and they are so thankful to our community for hosting this event.”

• San Diego Association of Governments (SANDEF) recently held a stakeholder meeting to discuss the Mid-Coast Corridor Transit line project, which will provide light rail transportation along the coast to University City.

Announced County Supervisor Ron Roberts’ representative Sterling McHale.

“IT is currently at about $1.7 to $2 billion in total cost. We have $1 billion secured, and we continue to lobby the federal government for that moving forward,” he said.

SANDEF’s public comment period for the project will be announced as soon as dates are scheduled.

• Streetscape Committee member Kafka announced some of the planters throughout the Village have been replaced to prevent die off.

Alaska, holiday décor, including a “seasons greeting” sign at the entrance to the Village is in the works, pending funding for the projects.

“With the parade being touch-and-go here, that’s where we really need to concentrate funding on, but somehow or other, we’ll get the seasons greeting sign on the pedestrian bridge,” he said. "I honestly don’t know what the resources will come for that, but we will do that and the next order of business, if we could, would be to put up décor coming up the line on Torrey Pines there, but, again, the parade needs to take first precedence.”

Moving Mom and Dad to Assisted Living

Almost everyone hopes as they grow older that they will be able to spend the rest of their lives in their own home enjoying the comfort and memories that go along with having a long life. Sometimes parents tell their adult children “I want to stay in this house forever. Promise me you’ll never put me in a home.” This promise can put undue stress on the children when the parent’s good health begins to change.

Joan’s parents, John and Anna, had been married more than fifty years and were doing well. Then Anna began having short-term memory loss and then she broke her hip which put her in a rehabilitation facility for three months. Joan was at a loss of what to do when her mother was ready to leave the facility.

She contacted Innovative Healthcare Consultants, a Geriatric Care Management company, who met with the entire family. Even though Anna wanted to stay in her home forever, it wasn’t practical as John could not manage the demands of her illness at home. The nurse at Innovative was able to help Joan find an assisted living home with specialized dementia care for Anna with a senior apartment complex for her dad. It’s working out well. Anna is being safety taken care of and John sees her every day but still can golf and do all the things he loves without the worry of leaving Anna. Call Innovative Healthcare at (877) 731-1442 to talk to a nurse or view our website at www.innovativehc.com.
A thank you to LIVIN for election coverage

Thank you for covering for what we jointly thought was not only outstanding election coverage but excellent coverage of the many issues that mean so much to us. The thorough and balanced reporting was in stark contrast to other papers and in and around town and was greatly appreciated by all of us.

Collectively we think you have outshone your competition in all the things that make journalism a competitive business. That is not easy to do as your staff, no doubt, tells you often.

What is most notable is the fact that we can trust and depend on you, we have a local newspaper that represents us in a way that no one would ever doubt is really trying to represent all of us — both as a community and, when called upon, as individuals in that community.

We will continue this more-than-welcomed effort. We recognize that it is not easy but it is very refreshing for all of us and greatly appreciated.

Myrna Nangle and Dick McCormack La Jolla
An all-out effort to raise funds to rehabilitate the La Jolla/Pacific Beach police storefront is under way and the Bird Rock Community Council (BRCC) is contributing.

Incoming BRCC president Jacqueline Bell asked Bird Rockians to join La Jolla Rotary and the La Jolla Town Council (LJTC) in donating funds for the facility’s resuscitation at the group’s Nov. 6 monthly meeting.

“The La Jolla-PB storefront is in deplorable condition and it’s shameful for our public security officials are working in such dismal conditions,” Bell said. “Our goal is to raise $35,000. I encourage you to donate, pass the word along to your friends and neighbors.”

After the BRCC meeting, Nancy Gardner of LJTC said Dewhurst Construction is spearheading revitalization of the police beach storefront at 4419 Olney St. in Pacific Beach, which she said is long overdue.

“It’s in such poor condition that the volunteer citizens manning the storefront — the face to the public — refuse to go in there because the conditions are so bad. The bathroom is broken, mold is everywhere, no storage space for equipment, etc.,” Gardner said. “The place is scary.”

Gardner implored La Jolla residents to give donations both large and small, saying, “We can’t break ground before we get the (fundraising) money.”

“We’d like broad-based support,” she said. “We need some bigger donations.”

Bird Rock resident Michelle Falloks said less than one-third of the funds needed to launch the storefront rehabilitation project have been gathered.

“We’re not having the response that we would like and we’d love for more people to get involved,” she said. “We’re confident that we’re going to make a difference for the police department.”

Fallos said the storefront resuscitation project was driven by concerned citizens, not police officers, whom she said “deserve to have more than what they have.”

Funds for police beach storefront rehab will be raised between now and the end of the year and the project will be launched hopefully sometime early in the new year, Fallos said.

Doug Dewhurst said his firm, Dewhurst & Associates, and others will be donating services as much as possible to the project.

“We’ve got paint being donated, a contractor donating their labor,” he said. “We need the storefront to go in there because the conditions are so bad. The bathroom is broken, mold is everywhere, no storage space for equipment, etc.”

The trio were all 17 years old at the time. Jordan was driving a stolen Honda that had a child-safety feature that only allowed the rear passenger window to go up halfway. Abernathy said he grabbed the gun “to scare him off.”

“I didn’t know what Garrett was yelling at each other.” Just two blocks away, the car crashed and they all fled, the car stopped, it jerked me and I got cuts. The rally will take place at the corner of Fay and Nautilus, where students, teachers, parents and Foundation members will gather with signs urging local businesses, parents and the community at large to support the cause. For more information about the foundation or to make a donation to the Conquer the Cuts II campaign, visit www.ljhs.sandi.net/foundation.

— Mariko Lamb

NEWS

PHOTO BY DAVE CHIANG

BERKI

CONTINUED FROM Page 3

back and forth with his car as he was following them.

“I didn’t know what Garrett was trying to do,” said Abernathy. “I was scared. That basically covered what I was thinking at the time.”

Jordan was driving a stolen Honda, said he grabbed the gun “to scare him off,” and “put it out the window,” but couldn’t hold it well.

“I pointed it, but didn’t aim it specifically at Garrett’s car, to scare him so he could see the gun and stop following us,” said Abernathy.

“The car stopped, it jerked me and I shot the gun,” said Abernathy, who said he was surprised when the gun fired. “I didn’t intentionally shoot Garrett.”

Only one shot was fired, but the bullet went through the windshield, hitting the rear-view mirror, and struck Berki in the shoulder. It traveled to his lungs and he died when major arteries were severed.

Abernathy said Jordan was “horrible” at driving and they were all “yelling at each other.” Just two blocks away, the car crashed and they all fled in different directions.

Dozens of police officers responded with dogs and a helicopter, and all three suspects were found. The computer Berki sought to buy was found in a backpack with his stolen cellphone. The money, gun and clothing were all found.

Abernathy also admitted to robbing a Pacific Beach man at gunpoint a week earlier when the victim also responded to a Craigslist ad for a $600 computer. He said he had never fired a gun before.

The trio were all 17 years old at the time, but were ordered to stand trial as adults. They remain in custody on $5 million bail.

“The actual budget this year for the MAD is a little less than it was for last year because we were able to cut back in a couple of areas to offset utility bill increases,” Dunbar said, noting assessment rates for businesses in December and January and will next meet the first Tuesday in February 2013.

“We're confident that we're going to make a difference for the police department,” he said. “We need some bigger donations.”

“We'd like broad-based support,” she said. “We need some bigger donations.”

Bird Rock resident Michelle Falloks said less than one-third of the funds needed to launch the storefront rehabilitation project have been gathered.

“We're not having the response that we would like and we'd love for more people to get involved,” she said. “We're confident that we're going to make a difference for the police department.”

Fallos said the storefront resuscitation project was driven by concerned citizens, not police officers, whom she said “deserve to have more than what they have.”

Funds for police beach storefront rehab will be raised between now and the end of the year and the project will be launched hopefully sometime early in the new year, Fallos said.

Doug Dewhurst said his firm, Dewhurst & Associates, and others will be donating services as much as possible to the project.

“We've got paint being donated, a painter on board and an electrical contractor and a drywall subcontractor donating their labor,” he said. “We need some funds to finish out the project.”

Dewhurst said the storefront is likely to take a couple weeks to “freshen up” once construction begins.

In other actions:

• BRCC boardmember Barbara Dunbar gave a presentation on the community’s Maintenance Assessment District (MAD), which maintains landscaping for medians and roundabouts, large and small, throughout the community.

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The Foundation of La Jolla High School (LJHS) is gathering the troops at 7 a.m. on Nov. 15 for a Conquer the Cuts II rally to battle against devastating budget cuts to public schools in San Diego. To date, the Foundation has raised $60,000 toward its $150,000 goal, which will be used to fill in the gaps from the financial shortfall at LJHS due to district budget cuts. The rally will take place at the corner of Fay and Nautilus, where students, teachers, parents and Foundation members will gather with signs urging local businesses, parents and the community at large to support the cause. For more information about the foundation or to make a donation to the Conquer the Cuts II campaign, visit www.ljhs.sandi.net/foundation.

— Mariko Lamb
Youth rugby hits La Jolla

One of the nation’s fastest-growing sports is coming to La Jolla with the La Jolla Youth Rugby club, serving youth sports is coming to La Jolla with the La Jolla Youth Rugby club, serving youth sports

In times of budget cuts, all our lessons. In times of budget cuts, all our lessons.

From the gym to the boardroom, sports are an integral part of Cason’s life. As a professional athlete, he understands the importance of nutrition and fitness, not only for his performance on the field, but for the entire body. He now follows a whole-food, plant-based diet, which he believes has helped him achieve his peak performance in his sport.

Cason said his training with Hoehn, his nutritionist and said he can feel the difference in his performance and well-being. Right, Cason’s son, A.C. Jr., 2, was a big help to him in his workouts and athletic performance.

During training camp, Ciuffa made meals move toward a more protein-rich, nutrient-dense diet that is not good for him.

He has been a client of his, La Jolla chef Ciuffa, head chef and founder of Giuseppe Restaurant and Fine Catering. Thanks to Ciuffa’s meals, Cason said his body has changed, and recovery time on and off the field.

Thanks to Ciuffa’s meals, Cason said his nutritionist and said he can feel the difference in his performance and well-being. Right, Cason’s son, A.C. Jr., 2, was a big help to him in his workouts and athletic performance.

He said the guys at the gym help him push in his workouts, just as he undoubtedly challenges them.

“We have a great group of guys — all those guys I’ve trained with, along with Jay, have really helped me. Instead of me working out alone, I had guys encouraging me. We encouraged each other. We had conversations along the way and we pushed each other along the way, and that’s what made it so great,” he said. “It’s not just me. Everyone sees me out there, but for me to get there, it took a lot of people.”

The solidarity and kinship of the core group at Armore’s results in everyone achieving his utmost ability — no matter his age, athletic ability or profession.

“I am very fortunate to have met these people and for them to be in my life to help me enter the career and the path I would like to take. It’s really been a blessing for me,” said Cason. “I do everything I need for the Chargers, and then if there’s anything else I need, I know I can come here.”
**Celebrating Thanksgiving in La Jolla**

**La Jolla Village News**

**Friday, November 16, 2012 | Vol. 18, No. 7**

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**LJHS Splatter! Art Club adds fresh look to Belmont Park**

The La Jolla High School Splatter! Art Club members volunteered their time and talent last weekend to create a fresh look on the large electrical box in the South Belmont parking lot. Splatter! Club is an art and community-service club centered around improving students’ artistic skills and taking part in community service projects.

The club combines art with helping those in need, as well as focusing on beautification, learning about different methods and styles of art, teaching how to draw, paint and create various forms of art, and giving tips and tutorials to help benefit students’ artistic talents.

The group’s latest community-service project entailed creating a candlelight labyrinth at the beach. The group has collected donations to purchase building materials for LJHS Internet Club’s latest home build in Tijuana for an impoverished family. At Belmont Park, the group created a graphically style beach-themed design using repeating patterns of surf boards and beach balls, under the direction of Bird Rock artist Jane Wheeler. Club VP Kaedin Wheeler had members sketch out design ideas to collect input before choosing to paint a design that resembled her own black-and-blue surfboard. President Stephanie Foster and member Whitney Francis worked on a hibiscus flower and stripe combination, while member Ana Gimer chose a wide yellow stripe border with orange pinstripes. Pilar and Blaine Gimer joined in to help with painting the beach balls.

Curious onlookers told the team that they were excited to see the box painted and couldn’t wait to see the finished box. Several people stopped by to thank the girls for painting the box and making it look great. The girls were excited when the first guests commented on the new design and they were happy to see that the transformation from just a plain box to a colorful work of art was a success.

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**Tis the season to shop**

Linda and Tara Rarden, the ladies at Finch’s Bistro & Wine Bar, are toasting the season and celebrating other female-owned and operated businesses with their second annual Holiday Sip ‘n Shop fundraiser on Nov. 17 from 3 to 5 p.m. The successful mother and daughter-in-law duo are hosting nearly a dozen local female-owned and operated businesses that will offer guests exclusive discounts and hot raffle items from premier boutiques and retailers, appetizers and wine — and all to benefit My Girlfriend’s Closet, a local nonprofit organization dedicated to distributing high-quality, gently-used clothing and shoes to foster and homeless teenage girls in need. Guests are encouraged to bring donations to the event and through-out the month of November to Finch’s. The event is open to all and all are welcome to learn more about the life and works of this modern master for more information, call (858) 459-1196 or visit www.lajollaart.org.

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**Thanksgiving in Style at the Grant Grill**

The Grant Grill’s smashing pumpkin martini is a great example of the propels your taste buds on a tour through the Village’s cultural zone with a diversity of art, architecture, and cultural heritage and historical architecture.

The doors to La Jolla’s rich architectural history will open Nov. 18-19 during the second annual Open Doors La Jolla, a free one-day walking tour through the Village’s cultural zone with knowledgeable docents to guide participants as they get an up-close look at La Jolla’s longstanding cultural heritage and historical architecture.

From 11:30 a.m. to 2 p.m., participants at the community event will have the rare opportunity to peek into La Jolla’s past with stops at eight of the Village’s historic buildings, including the Bed & Breakfast Inn at La Jolla, the Bishop’s School, the Cuveir Club, Wisteria Cottage, La Jolla Presbyterian Church, La Jolla Woman’s Club, Museum of Contemporary Art and St. James by-the-Sea Episcopal Church. Knowledgeable local architects — including Lauri Ducharme-Connolly of Ducharme Architecture, Lydia Strauss-Edward of Design-In-Training and Susan Russel of AEC Architects, and Shari G. Grant of Architectural Presence — will guide participants along the tour through a number of significant architectural styles that are prevalent and unique to La Jolla, such as Irving Gill’s early modernism, Russell Forester’s mid-century modernism and Robert Venturi’s post-modern style. Other interesting architectural designs include one-of-a-kind beach cottages and buildings of Mediterranean-inspired design.

Guests can also design their own itinerary for a self-guided tour throughout the cultural zone. Free parking is available in The Bishop’s School garage, located at 7607 La Jolla Blvd. For more information about the tour, call (858) 459-3421 or email OpenDoors@LaJollaLaJollaVillageNews.com.

— Marika Lamb

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**Enjoying the Village**

**Above: Wisteria Cottage, 1920**

**Below: Wisteria Cottage today**

**Art from a modern master**

Living legend Sebastian Capella will showcase a rarely seen collection of his world-renowned paintings — many of which have been featured in numerous art collections around the globe — at La Jolla Art Association (LJAA) Gallery, located at 8100 Paseo del Oceano, Ste B from Nov. 19 to Dec. 2.

The LJAA will also host Capella at an opening gala and artist reception dedicated to distributing high-quality, gently-used clothing, and all to benefit My Girlfriend’s Closet, a local nonprofit organization focused on educational and cultural events and programs dedicated to helping those in need, as well as providing guests the opportunity to learn more about the Spanish-born artist and his famed works, including figurative paintings for the king, queen and prince of Spain. Food and drink will be provided at the free community event, and all are welcome to learn more about the life and works of this modern master.

For more information, call (858) 459-1196 or visit www.lajollaart.org.

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**La Jolla Living**

**South Moulton Villa**

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**La Jolla Living**

**La Jolla Living**

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**Add La Jolla Village News to your online social network**

Follow @LJVillagenews on twitter.com or “like” us at www.facebook.com/ljvillagenews for news, updates and more. Chime in and let us know what you’re thinking!
In 2009, six young women, united by a passion for fashion and compassion for people in need, joined forces to form an organization whose goal was to help and inspire women and young children experiencing substantial difficulties in their lives. Fueled by their uniquely feminine sensitivity to such issues, their avowed purpose was to raise awareness and financial support to bring about positive change within the San Diego community by supporting local nonprofit organizations promoting healing and education for underprivileged, critically ill, neglected and abused women and children.

Fervent fans of fashionable feminine footwear, they decided to call their group Heels 2 Heal (H2H).

Their group has nearly doubled in size, and now consists of 11 carefully selected members, most living in the La Jolla area. All are professionals in their fields, and most are married and have children, yet they somehow find time to make life better for others. They work throughout the year to produce an annual fashion show gala to benefit a worthy cause.

Their first two annual events raised about $75,000 for the Angels Foster Care Network. This year, their focus changed. The newborn daughter of an H2H founder had faced a health crisis just five days after she was born. Fortunately, her parents were able to be at their baby’s side from sunup to sundown — there’s nothing more important to a mother at such times — and the crisis was eventually averted. (Their baby is now a healthy and happy 2-year-old.) But the experience taught them a lot about the terrible difficulties parents can face with a newborn confined to the Neonatal Intensive Care Unit (NICU).

Through their difficult experience, the parents (and by extension, the entire H2H group) became aware of perinatologist Dr. Sean Daneshmand and his Miracle Babies organization. Also formed in 2009, MB recognizes that more than 500,000 babies are born prematurely every year (it’s the No. 1 cause of infant mortality in the U.S.). The organization endeavors to assist overwhelmed parents grappling with the terrible uncertainties of having a baby in the NICU, along with the accompanying unexpected economic burden. They help qualified families avert what could be a devastating financial disaster. To a young family just starting out, the importance of this assistance cannot be overstated.

This year’s H2H event, held recently at Ramin Pourteymour’s modernistic “Atoll House” in La Jolla Farms, was a benefit for Miracle Babies. The unique property, perfectly designed for entertaining on a grand scale, has been the venue for numerous events benefitting charitable and cultural causes. About 300 guests attended the party, arriving to find Latin musicians playing and open bars waiting. The tennis courts, carpeted and draped in white, offered comfortable lounge seating, surrounded by stations offering fabulous food from such purveyors as Giuseppe, Poseidon, Whisknladle, Cafe Bella Italia, Convivio Catering, Ciao Bella, Fat Fish, Puesto Mexican Street Food (whose tacos were a particularly popular hit) and others. Live and silent auctions offered exciting items. Later, a program featured Dr. Daneshmand and a woman whose family was profoundly helped by MB’s services. Their brief addresses helped elicit substantial pledges of financial support.

The event’s fashion show was held poolside, and partly illuminated by three huge crystal chandeliers suspended from white-draped towers. Models showed progressively more complex and sophisticated designs by the up-and-coming young Christian Siriano, already an international star and enthusiastically lauded by such names as Oprah Winfrey and Tim Gunn. H2H hoped to raise about $100,000 with this event, and while the figures are still being worked out, it appears that they will be able to turn over something close to that amount to the Miracle Babies organization.

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The Steakhouse at Azul La Jolla

The Steakhouse at Azul La Jolla is located above the stunning La Jolla Cove with sparkling views of ocean and sun through its floor-to-ceiling windows. We offer an intimate Wine Room and an enchanting Courtyard Patio for private dining.

Book your Holiday Party in October and receive $50 in bonus gift cards for every $500 spent.

Chef Carl Grobner’s dinner menu features selections such as 100% USDA Prime Steaks, Kobe-Style Wagyu Beef, Chops and Fresh Seafood.

Happy Hour Daily  4 - 7 pm
½ price bottles of wine on Wednesdays.
**THURSDAY, Nov. 15**

- Nathan Gunn, baritone, 7:30 p.m., Atheneum, 1008 Wall St., chamber concert, (858) 454-5872, www.jiathenaeum.org, $45 members, $50 nonmembers
- “Easy, breezy holiday side dishes,” 5 p.m., La Jolla Community Center, 6811 La Jolla Blvd., healthy cooking class with syndicated food columnist, author and health-food guru Catharine Fogel, (858) 459-0831, www.lajollacommunitycenter.org, $40 members, $45 nonmembers
- Canvas design and wine with Dottie Stanley, 5 p.m., La Jolla Community Center, 6811 La Jolla Blvd., upbeat creative acrylic painting class, (858) 459-0831, www.lajollacommunitycenter.org, $40 members, $45 nonmembers

**FRIDAY, Nov. 16**

- Learn about Venous Disease, 2 p.m., La Jolla Community Center, 6811 La Jolla Blvd., free, screening and discussion about the symptoms, diagnosis and treatment options for venous disease with Dr. Nisha Burke, (858) 459-0831, www.jicommunitycenter.org, free
- "Nowhere Yet," 7:30 p.m., Warwick’s, 7812 Girard Ave., book discussion and signing with debut author Edward Cozza, (858) 454-0347, www.warwicks.com, free
- “Red Fish, Blue Fish,” 8 p.m., UCSD’s Conrad Prebys Music Center, 9500 Gilman Drive, celebrate UCSD’s founding with chandelier Pradeep Khosla and music of Nocito’s “Flosen” and French composer Debussy, (858) 534-3230, $15/50 general admission, $10/35 UCSD faculty, staff and alumni, students free one hour before concert

**SATURDAY, Nov. 17**

- Sam Tripoli, 8 and 10:30 p.m., The Comedy Store, 916 Pearl St., comedy performance, (858) 454-9176, lajolla.thecomedyasmine.com, $20
- “Why and Wherefore of the Non-Population Census Records,” 9 a.m. to noon, UCSD’s Robinson Auditorium, 9500 Gilman Drive, addresses the Computer Genealogy Society of San Diego, computers@ucsd.edu, free
- “Who are you, ma’am?” 11 a.m. to 3 p.m., Birch Aquarium, 2300 Expedition Way, uncover ways people and ocean animals depend on help with Scripps coastal researchers, (858) 343-6284, aquarium.ucsd.edu, free with $14 admission

**SUNDAY, Nov. 18**

- La Jolla Open Air Market, 9 a.m. to 1 p.m., La Jolla Elementary School, 1111 Marine St., (858) 454-1699, www.lajollamarket.com, free
- Founders’ celebration, 11:30 a.m., UCSD’s town square, 9500 Gilman Drive, celebrate UCSD’s founding with chandelier Pradeep Khosla and music of Nocito’s “Flosen” and French composer Debussy, (858) 534-3230, $15/50 general admission, $10/35 UCSD faculty, staff and alumni, students free one hour before concert

**MONDAY, Nov. 19**

- “In the Red and Brown Waters,” 8 p.m., UCSD’s Mandel Weiss Forum Theatre, 9500 Gilman Drive, UCSD Theatre presents Tarell Alvin McAnery’s drama about Opy’s dilemma, directed by Gregory Wallace, ongoing until Dec. 1, (858) 534-4574, theatre.ucsd.edu, $15 general admission, $10 seniors and UCSD affiliates, $8 students

**TUESDAY, Nov. 20**

- Zumba, 8:30 a.m., La Jolla Community Center, 6811 La Jolla Blvd., dance fitness class that fuses hypnotic Latin rhythms and easy-to-follow moves, (858) 549-0391, www.jicommunitycenter.org, free
- “Red Fish, Blue Fish,” 11 a.m., La Jolla Community Center, 6811 La Jolla Blvd., book discussion and signing with authors of “The Soul Sitter’s Handbook,” (858) 454-0347, www.warwicks.com, free

**WEDNESDAY, Nov. 21**

- Children’s storytime, 3 p.m., Atheneum, 1008 Wall St., (858) 454-5872, www.jiathenaeum.org, free

**THURSDAY, Nov. 22**

- Father Joe’s Villages Thanksgiving Day 5K, 7:45 a.m., San Diego Museum of Man, 1350 El Prado, fundraising 5K runwalk to help homeless neighbors in need, register online by Nov. 21, www.thanksgivingrun.org, $25-$42

**EVEN***

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Hydrangeas still growing strong in popularity

After decades of breeding, most modern cultivars of hydrangeas are much more compact and a bit sturdier than old-fashioned hydrangeas that had long, limber stems that could bend downward from the weight of their own blooms. They stand up to proudly display their modern, vibrant color, even when their blossoms get heavy with rain. Yet, even with all their genetic improvements, they still should be pruned properly and annually to promote continued blooms. Without pruning, even modern cultivars can get floppy and lanky.

Because most hydrangeas bloom on stems that developed during the previous year, they should not be pruned too soon. Many others make better pink shades, while some can get twice as large, while many stay low and compact. Some can even bloom sporadically after their primary bloom phase until their primary bloom phase until the new growth has matured enough to bloom during the following spring. Thinning these branched stems through winter by cutting some of the smaller stems to the ground should produce fewer but significantly larger blooms, as well as prolong the blooming season. (However, many modern cultivars naturally bloom sporadically after their primary bloom phase until autumn anyway.)

New cultivars that develop from the ground to replace older branched stems may not bloom their first year, but can be left unpruned through winter to bloom early the next spring, which starts the process over again. Old stems should be cut to the ground after their third year (second blooms season). Leaving a few spent blooms on the plants long enough to dry (as dried flowers) should not interfere too much with proper pruning.

Flower of the week: hydrangea

Thicker stems were a simpler decades ago when hydrangeas. Hydrangea macrophylla, were either white or not white. Those that were not white were mostly pink locally because of the alkaline soil of the Santa Clara Valley. Blue hydrangeas where seen where the soil is acidic in the Santa Cruz Mountains, or where the soil was amended to be acidic. (Acidity causes flowers to be blue. Alkalinity causes flowers to be pink.)

Now there are more than five hundred cultivars of hydrangea! Although blooms color is really determined by pH, many cultivars make better blue shades, and many others make better pink shades. Purple and red have been added to the mix, while white has become less common. After getting pruned low while dormant through winter, most hydrangeas grow about three or four feet tall and broad through summer. Some can get twice as large, while many stay low and compact.

Most hydrangeas have ‘mophead’ blooms, which are large, round ‘panicles’ (clusters) of smaller sterile flowers. ‘Lacecap’ blooms are flat topped panicles with narrow borders of the same small sterile flowers surrounding lacy centers of minute fertile flowers. Hydrangeas bloom from early spring late into autumn.

Hydrangea variety is seen all over Point Loma. The Art of Selling Your Home

Deborah Greenspan

Sotheby’s International Realty

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7106 Vista Del Mar
Offered at $2,855,790

359 Mesa Way
Seller Entertained Offers between $2,400,000 & $2,800,000

7020 Via Estrada - Open this Sunday 1-4
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