If there is a masterful blueprint in San Diego for the business model that really works, you’ll find it on the Peninsula. Merchants here know their products and they really understand the needs and wants of their customers. Peninsula business owners also “get it” when it comes to quality customer service, and they strive hard to serve up the finest selections of retail products and to provide the most honest, cost-effective services your hard-earned money can buy.

So when we asked readers to pick the “best of” in the retail and services industries around Point Loma and Ocean Beach, residents were more than a little eager to reward their favorite merchants with a big vote of confidence.

And who would know better than the folks who stroll the streets of our sun-drenched business districts every day, or the neighbors who depend on essential or whimsical services just walking distance or a short bike ride away?

For local business owners, it’s all about building customer loyalty. For customers, it’s all about trust and being treated right — and with respect.

Here, in The Peninsula Beacon Readers Choice Awards 2011, you’ll find the results of paper and online balloting covering the gamut of retail and service businesses in Point Loma and Ocean Beach.

The ballot results paint a stellar canvas of services and a host of health and beauty options that contribute to well-being and a sense of self-betterment.

From the compassionate, caring dentist you entrust with that excruciating tooth pain to the outlet where you can scoop up the hottest, sexiest new skirt or high-heeled shoes — even the business that tends to your personal errands and annoying little details of everyday life you simply don’t have time to get to with your busy schedule — readers weighed in on the best of the best in our vibrant slice of America’s Finest City.

The awards spilling over the following pages recognize the people and places that make our unique beach communities what they are. The nominees and winners were chosen by our loyal readership, which we value so highly. Take a look inside at this year’s Peninsula Beacon Readers Choice Awards — a true insider’s judgment of the merchants and service providers who are the backbone of the Peninsula’s exceptional business community.

Kevin McKay, editor
The Peninsula Beacon
sure. Buy, sell and trade used cars, trucks and vans. 25+ cars under $4,990.
Midway Auto Sales/CARZ
3916 Midway Dr, San Diego, CA 92110
(619) 225-0807 · SanDiegoCarz.com

AUTOMOTIVE PARTS & SUPPLIES
Auto Zone
This tiny little franchise is one of two businesses in a Cable Street strip mall, but it packs a wallop in terms of price, selection and convenience to the Ocean Beach community. Everything from aftermarket parts to decorative accessories is here, and there’s even a friendly face behind the counter to give you change for the laundromat next door. Just ask. But be nice, ‘k?
Auto Zone
1950 Cable St., Ocean Beach
(619) 223-2397 · www.autozone.com

BEST PLACE TO BUY JEANS
Dream Girls
(see listing under Apparel (woman’s)

BIKE SHOP
Bernie’s Bicycle Shop
The shop is still named after Bernie, but owners Roger and Yasuko Lovett and their staff know everything from installing forks on your mountain bike to respoking a wheel. The locals say the prices are far and away the best, too, with ironclad guarantees on service. One guy says you’re a traitor if you don’t come to Bernie’s for your biking needs. That’s enough right there.
Bernie’s Bicycle Shop
1911 Cable St., Ocean Beach
(619) 224-7084

BOOKSTORE
Bookstar
The building that houses this Point Loma business is no stranger to visual media like books. It used to be a theater — which also means it’s huge inside. That translates into lots and lots of product, the kind of volume and prices you’d find at the chains. It’s also just as accessible as the bigger stores, on Rosecrans Place just shy of Lytton Avenue near the 1-5. Bookstar probably has what you’re looking for, and it’s only a hop and a skip away to boot.
Bookstar
3150 Rosecrans Place, Point Loma
(619) 225-0465

CELLULAR PHONE
Verizon Wireless
Verizon Wireless operates the nation’s largest and most reliable wireless voice and 3G network. Verizon is also the largest wireless carrier in the U.S. with 85,000 employees and 89 million customers. But you don’t care about any of that stuff. In today’s interconnected world, you want a free phone at the very least. Verizon has just the plan for you, and probably the free phone to go with it.
Verizon Wireless
3505 Sports Arena Blvd., Suite A, Point Loma
(619) 523-4500 · www.verizonwireless.com

DIVE SHOP
The Spear Shack
Since opening in 2007 The Spear Shack is the first free diving retail shop in Ocean Beach providing tons of gear for free diving and spearfishing as well as kite boarding. Close to the water, customers can test and

Beads
The Black Bead
When you first enter this thriving little shop, you’ll probably get dizzy from the whirlwind of colors, shapes and strings. The shelves are overflowing; the walls are alive with patterns; trinkets hang above your head. Millions of beads surround you! Beaders and crafters come from literally all over the world to visit this well-known shop. From one-of-a-kind rare beads to handblown glass to Bali silver and Swarovski crystals, the Black Bead has something for everyone.
5003 Newport Ave., Ocean Beach
(619) 222-2115 · www.theblackbead.com

IN APPRECIATION
20% OFF
WITH THIS AD
5054 Newport Ave. Ocean Beach · (619) 223-4836

THANK YOU!
BEST Women’s Apparel
BEST Place to Buy Jeans
A Favorite for Fashion Accessories

We’re head over heels about being voted a Reader’s Choice for Shoes & Women’s Apparel!
(619) 222-4836
4985 Newport Ave. Ocean Beach

B E R N I E’ S  B I C Y C L E S H O P
Sales • Service • Accessories
Thank You for voting us the
#1 BIKE SHOP
FOR THE 4TH YEAR IN A ROW!
(619) 224-7084
1911 Cable Street
Ocean Beach

Thank You For Your Support
The Gilmore Family
Gary Gilmore Goldsmith
Ocean Beach

PEOPLE’S Organic Foods Market
A CALIFORNIA COOPERATIVE
4765 Voltaire St., San Diego

Thank You for Voting People’s Your Favorite Grocery Store
Acoustic Music & Jazz Fridays, 5:30 p.m. - 7:30 p.m.
Sundays, 11 a.m. - 1 p.m.

Thank you for choosing us the Readers Choice for
Hardware Supplies
4 YEARS IN A ROW!
Your Local Independent Hardware Store for
90 Years!
Ocean Beach Paint & Hardware
Problem Solvers Since 1919
4871 Newport Avenue, Ocean Beach
(619) 223-3083

Thank you for choosing us the #1 Readers Choice for
Fashion Accessories and a favorite for Women’s APPAREL and PLACE TO BUY JEANS
Thank You! For voting us “Best Specialty Grocery Store”
Finest Crafted Beer Selection in town! Boutique Wines & Gourmet Groceries
Artisan Breads from Bread & Cle Imported and Domestic Cheeses
Certified Angus Beef
and the
2011 “Readers Choice” Gold Metal Award Winning Delicatessen!!

Daily 8am - 9pm (619) 224-1387
www.obpeoplesfood.coop

Thank you for choosing us the Readers Choice for Hardware Supplies
4 YEARS IN A ROW!
Your Local Independent Hardware Store for 90 Years!
Ocean Beach Paint & Hardware Problem Solvers Since 1919
4871 Newport Avenue, Ocean Beach
(619) 223-3083

Thank you for choosing us the #1 Readers Choice for Fashion Accessories and a favorite for WOMEN’S APPAREL and PLACE TO BUY JEANS
Thank You! For voting us “Best Specialty Grocery Store”
Finest Crafted Beer Selection in town! Boutique Wines & Gourmet Groceries
Artisan Breads from Bread & Cle Imported and Domestic Cheeses
Certified Angus Beef
and the
2011 “Readers Choice” Gold Metal Award Winning Delicatessen!!

Ocean Beach Paint & Hardware
Problem Solvers Since 1919
4871 Newport Avenue, Ocean Beach
(619) 223-3083

Newport Avenue Optometry, Readers Choice gold medal winner for Optometrist & Eyewear, conveniently located on Newport Avenue. Dr. Ben-Moshe and staff provide full service eyecare with a large selection of designer frames to choose from to fit your budget.

Newport Avenue Optometry
1956 Sunset Cliffs Blvd., Ocean Beach
(619) 226-2406

DISCOUNT STORE
Super Max
If 50-cent necklaces with cool little flowers aren’t your thing, you might like a self-tanning solution for less than a dollar. And we realize it might be a wee bit early, but you can find a fake Christmas tree here for about $3. You get the idea — and to boot, one local says the package comes with a hot stockboy who walks around with a lock of hair over one eye. That’s reason enough for the gals.

Super Max
4979 Newport Ave., Ocean Beach
(619) 221-2941

EYEWEAR
Newport Avenue Optometry
No wonder one local thinks this is the best place in town for all things ocular. Not long ago, he’d had a metal fragment removed from his eye here. Everything’s fine now, and the guy’s probably a customer for life. That means he gets to choose from scores of lenses and frames, furnished by a courteous and friendly staff — as nice as they come, emergency or not.

Newport Avenue Optometry
4822 Newport Ave., Ocean Beach
(619) 222-0559

www.newportavenueoptometry.com

FASHION ACCESSORIES
The Closet
This boutique offers a variety of affordable women’s clothing and accessories. From purses to earrings, ladies can gather up hot fashion items without spending much money. The Closet carries the latest tops, dresses and jackets. Typically known for its trendier items, it has wardrobe basics as well. Tanks, yoga pants and jeans are among its collection. Look for the latest jewelry and fall apparel inside the store.

The Closet
4878 Newport Ave., Ocean Beach
(619) 222-2999

FLOOR COVERING
Coles Carpet
Coles Fine Flooring has been family owned and operated since 1947, and is currently headed by founder Hubert Coles’ sons George and Steve Coles. With a million square feet of products in stock, and an array of so many flooring options, Coles has some of the most complete and impressive showrooms in San Diego. The friendly staff at Coles are with you every step of the way, acting as supportive advisors from the moment you contact them until long after your installation is done.

Coles Fine Flooring
1170 W Morena Blvd., Linda Vista
(619) 276-5140

GROCERY STORE (Chain)
Vons
Vons Stores’ mission statement declares “We are determined to be your one-stop shopping experience for food and wine.” A primary focus is for Vons to be competitive with large discount wine retailers such as Trader Joe’s, Price-Costco, while at the same time offering the convenience of shopping for companion foodstuffs. These days, you might also find a full-service pharmacy and...
This is what you would expect a family owned neighborhood store to be like—and more. Locals love the friendly staff and appreciate the amazing selection of beer, wine and the well-stocked shelves—everything you might need in a pinch. Really! Stop by and be amazed at the amazing selection of beer, wine and the well-stocked shelves—everything the store knows what it’s doing. After all, they’ve specialized in helping locals with their hardware needs for over 90 years!

The Village Store
1145 Rosecrans St, Point Loma
619-223-3181

The Village Store
This Point Loma store is full of history. It was built in 1942 as the cafeteria for the Consolidated Vultee Aircraft Plant (Convair), which was located across the street. For the last 30 years, the building has seen Walter Andersen Nursery grow and hold to the high standards of customer service, quality and selection. Walter Andersen Sr. started with it in 1928. As back then, Andersen has the greatest selection of plant material in San Diego.

Walter Andersen Nursery
3642 Enterprise St., Point Loma
(619) 224-9271
www.walterandersen.com

**Inn at Sunset Cliffs**

**Best Oceanfront Hotel in San Diego**

Enjoy the experience of pure tranquility and relaxation

In appreciation

**Reader’s Choice Special**

up to 20% OFF

Sun - Thurs Only. Based on Availability

Just mention this ad – Expires 03-31-12

**Ocean Beach Hotel**

While on vacation or traveling for business in San Diego, you will find Ocean Beach and the Ocean Beach Hotel the perfect place to stay on your visit. Located on the beach and close to all major attractions in San Diego our location makes it easy to enjoy everything our wonderful city has to offer and eliminates the need to plan for a trip to the beach. Snuggled between residential neighborhoods, the Ocean Beach Hotel is near the south end of the beach,

adjacent to numerous restaurants, surf shops, the Pier and other commercial establishments.

Ocean Beach Hotel
5060 Newport Ave., Ocean Beach
(619) 223-7911
www.obhotel.com

**NURSERY**

Walter Andersen Nursery
This Point Loma store is full of history. It was built in 1942 as the cafeteria for the Consolidated Vultee Aircraft Plant (Convair), which was located across the street. For the last 30 years, the building has seen Walter Andersen Nursery grow and hold to the high standards of customer service, quality and selection. Walter Andersen Sr. started with it in 1928. As back then, Andersen has the greatest selection of plant material in San Diego.

Walter Andersen Nursery
3642 Enterprise St., Point Loma
(619) 224-9271
www.walterandersen.com

**PET STORE**

Bone Appetit
Follow your dog’s nose to Bone Appetit Ocean Beach Pet Supply, where they carry a great selection of high-quality pet foods and supplies. Your pet will have a great time spending their allowance on any number of toys, treats, leashes, flea control or even ice cream made especially for pets. Can’t make it to the store? They will deliver locally to the Ocean Beach and Point Loma areas!
Ocean Beach is one of the go-to places for antique shopping in San Diego. Newport Avenue Antique Center was a Readers Choice for best antique center in Ocean Beach.

areas. Bone Appetit prides itself on outstanding customer service and supports the community by offering locally-made products. Come down to Bone Appetit for a free treat, where pets are always welcome. (Children must be on leashes.)

Bone Appetit O.B. Pet Supply
4845 Newport Ave.
(619) 226-6250
www.boneappetitoob.com

PHARMACY
Point Loma
Shelter Island Drug
This drug store is a great neighborhood pharmacy and not at all a chain store. Whether you are on your way to the harbor or on your way home from work, this drug store stocks many helpful items for which the need may arise. The pharmacy has caring staffers, who are willing to assist you and offer their expertise. The storefront fits right into the unique and quiet ambiance of the La Playa neighborhood.

Point Loma Shelter Island Drug
1105 Rosecrans St.
(619) 223-8181

RESALE SHOP
Girls from the Park
Girls from the Park resale shop is back! The eclectic little shop recently reopened in Point Loma. The shop still only buys and sells quality name-brand clothing and accessories for women, girls and baby girls (True Religion, anything from Anthropologie, COACH and the like) Girls from the Park also has a great selection of vintage clothing and purses. The Girls from the Park and OB HAVEN logo clothing line is also available. Girls from the Park thanks the wonderful community of OB/Point Loma for all of their support. We are so happy to be back. We missed you!

Girls from the Park
3034 Canon St., Point Loma
(619) 226-0043
www.girlsfromthepark.com

SHOE STORE
Famous Footwear
Famous Footwear offers a great selection of brand name shoes for the entire family. Watch for their great BOGO sales events. There is usually one for back-to-school. Famous Footwear knows shoes are more than just something you put on your feet. Wearing the right shoe helps you make the most of every day. Find brand name shoes at great values for women, men and kids.

Great shoes at warehouse prices.

Famous Footwear
3651 Midway Dr., Sports Arena
(619) 223-2153
famousfootwear.com

SMOKE SHOP
The Black
Ask anyone in Ocean Beach and they’ll know The Black. It’s a tradition. This store has been in the same location for more than 40 years! You may recognize their slogan, “out of the blue and into the black”. You’ll find everything you could possibly desire for smoking needs. They have a fun variety of unusual gift ideas.

The Black
5017 Newport Ave., Ocean Beach
(619) 222-5498

Ocean Beach Surf & Skate Shop
And here you thought OB Surf and Skate Shop only sold surfboards and skateboards. The fact of the matter is they do; but there’s so much more inside the package. Surf camps and clinics, adventure tours and kayaking lessons are also at your fingertips. Tell the peeps your passion, and they’ll orchestrate something for you accordingly.

Ocean Beach Surf & Skate
4976 Newport Ave., Ocean Beach
(619) 225-0674

SPORTING GOODS
Sport Chalet
These outlets are huge, with lots and lots of stuff for all kinds of sports — some of which haven’t even been invented yet. What’s unique about the Point Loma shop is its accommodations for scuba-crazy San Diegans. It’s got a training facility that includes a big, fat pool. But you’ll find everything else here too, including gear for that cute little variation of ice hockey they play on Mars.

Sport Chalet
The Black
5017 Newport Dr., Point Loma
(619) 224-6777

SURF SHOP
South Coast Surf Shop
(see under MENS APPAREL)
What makes him different is the way he prudently applied rather than dwelling on the ‘what ifs’ of missed opportunities.

Eric J. Blackhall CPA

ACCOUNTING

Eric J. Blackhall CPA

For twenty years Eric has provided accounting and tax services to individuals and businesses in a variety of industries and backgrounds. His emphasis is on planning and guiding throughout the year rather than trying to plan retroactively just before tax day. This way strategies are tactically applied rather than dwelling on the ‘what ifs’ of missed opportunities.

Eric J. Blackhall CPA

1110 Rosecrans St., Point Loma
(619) 224-1711

ARCHITECT

Hanna Gabriel Wells

From civic to business to residential, this architectural firm will be able to assist you with any design need. In its new location on Bacon Street, the diverse team is still committed to a collaborative approach to your project. This firm believes in creating strong spatial relationships between projects.

Hanna Gabriel Wells

1339 Rosecrans St., Point Loma
(619) 224-1774

ALTERATIONS

Alice’s Alterations

Alice is known around the neighborhood for her talent as a tailor. Gain too much weight over the holidays? Lost weight this summer? No problem! Just take it to Alice! All her work is perfect and will fit like a dream. She works with her family and runs her little shop with professionalism. She takes cash or check only and you can pay when you drop-off or pick-up. Alice is known around the neighborhood for her talent as a tailor. Gain too much weight over the holidays? Lost weight this summer? No problem! Just take it to Alice! All her work is perfect and will fit like a dream. She works with her family and runs her little shop with professionalism. She takes cash or check only and you can pay when you drop-off or pick-up.

Alice’s Alterations

1339 Rosecrans St., Point Loma
(619) 224-1774

JEWELRY STORE

Gary Gilmore Goldsmith Jewelers

Trends in jewelry may come and go, but the one lasting belief that has guided this business since its opening in 1978 is its focus on quality of workmanship and materials. Gary Gilmore takes pride in designing custom jewelry, whether making a new piece of jewelry destined to become an heirloom or repairing an important piece already in your collection. Stop in and see their jewelry gallery and wonderful assortment of gift ideas, including hand-blown glass pieces by Correia. You’ll like what you see.

Gary Gilmore Goldsmith

4857 Newport Ave., Ocean Beach
(619) 225-1137
www.ggpilgoldsmit@cox.net
Ron Cota of Reliance Financial Services can help you align your financial choices with your values. Ron and staff will help you decide what is important to you and your family, and put your financial investments in congruence with those ideals. This office teaches as it helps you plan for the future. Retirement planning and trust services are all part of the this company’s repertoire.

Flowers of Point Loma
Flowers of Point Loma has been proudly serving San Diego since 1985. A family owned and operated with one location serving the San Diego area. They are committed to offering only the finest floral arrangements and gifts, backed by service that is friendly and prompt. Their customers are important, and their professional staff is dedicated to making your experience a pleasant one.

Flowers of Point Loma
2170 Chatsworth Blvd., Point Loma
(619) 223-5475
www.flowersofpointloma.com

John Baker Picture Frames
Art frames and more art frames are the name of the game at this shop. While amazing ocean views aren’t far from the front door of John Baker, the best views will be when the custom framing of your artwork or photography is complete. On that day, you’ll take home your own masterpiece and not think twice about it.

John Baker Picture Frames
4735 Point Loma Ave.
(619) 223-5313
Dog Wash

Dog Beach Dog Wash

Just 2 blocks from Dog Beach, Dog Beach Dog Wash has been open since 1993 and is numero uno in the eye’s of local pet owners. This premier self-serve dog wash has lots of service and accessories and is open 7 days a week, 7 am - 9 pm. Not sure about bathing your own pet? They’ll be happy to do it for you. There are several tubs available, so you don’t need to wait often. Shampoo and towels are included. You will feel confident taking Fido to this well-trained staff. Ocean Beach and Point Loma are pet-friendly all year, so you don’t need to wait for the beach. You’re good to go. This is a must stop after a long day at the beach.

Dog Beach Dog Wash
4933 Voltaire St., Ocean Beach
(619) 523-7700
www.dogwash.com
Upholstery

Ocean Beach Boat & Auto Upholstery

Ocean Beach Upholstery has a long history in Ocean Beach. Established in 1947 on Newport Avenue and eventually relocated to their current location on Voltaire. Ocean Beach Boat and Auto Upholstery continued in its growth, expanding its clientele and number of employees to handle the workload. Like most successful businesses OB Upholstery has always been as committed to the growth of its employees as it has been to its customer base. By providing a team environment and the support to meet the challenges OB has developed a crew of top notch craftsmen that is second to none. Dave Skoglund bought the business in 2003 and continues to provide the customers with the outstanding level of quality and service they have come to know and expect over the years from OB Upholstery.

Ocean Beach Boat & Auto Upholstery
4838 Voltaire St., Ocean Beach
(619) 223-9797

Kingdom”, “Sea Trek”, “National Geographic” just to mention a few. His blue whale image has been judged one of the best 25 underwater images ever taken. Doc donates his time and images in support of environmental groups and causes that protect the world’s oceans.

Ocean Magic Photography
(619) 225-0858
www.oceanmagicphotography.com

PLUMBER

Dover Plumbing & Heating (see listing under Air Conditioning & Heating)

Embassy Dry Cleaners
Quality & Convenience for Over 60 Years!

Steve & Shan Jacobs (619) 223-6621
4320 Voltaire Street - San Diego, CA 92107
Piercing
Apogee Body Piercing
With the growth of the body-modification industry, it seems everybody offers body piercing. Well, Apogee is purely a piercing studio that views its profession as an art form. As piercing specialists, the staff is focused on providing patrons with the experience and information to make an educated decision on how to change their bodies.

Apogee Body Piercing
4944-B Newport Ave., Ocean Beach (619) 223-1771 www.apogee piercing.com

Acupuncture
Acupuncture offers more than just pain relief. Acupuncture therapy.
about how you can benefit from acupuncture therapy.
Acu Sport Health Center
1804 Cable St., Ocean Beach (619) 224-5909 www.acusporthealth.com

Alternative Holistic Health
Helen Hong Hu
Dr. Helen Hu originally from Beijing, China, has studied Traditional Chinese Medicine (TCM) since the age of 12. A Cardiologist and practitioner of integrated Medicine for nine years before immigrating to the United States. Dr. Hu currently directs and manages a successful TCM practice in San Diego. She lectures locally on Acupuncture and the benefits of combining Eastern and Western medical practices. Effective Dr. Hu has been practicing Tai Ji and Qi Gong over 25 years. Dr. Hu teaches these ancient Chinese arts Saturday mornings on Shelter Island in San Diego as a gift to the community and to help promote well being and longevity. All are welcome!
Traditional Chinese Medicine Clinic
1267 Rosencrantz Street, Suite C (619) 226-6506 www.wellness.com

Bowling
Smith Roofing
Quality and integrity has made Smith Roofing number one in roofing! They've been providing outstanding craftsmanship and upgraded materials to clients for more than 14 years. Best roofs, best price honesty and integrity has earned them a reputation they can be proud of. They will always exceed your expectations.
Smith Roofing
2907 Shelter Island Dr., Point Loma (619) 222-1664

Packaging
Ocean Beach Business Center (formerly Safran Packaging and Shipping)
The staff at OB Business Center will take great care of your priceless finds; fragile antiques, delicate artwork or bulky collectibles... it's all good! This laid-back family business features a built-in print center, complete with wi-fi, copy and fax services – even a Notary Public. If you need to take care of business while away from your home or office, don't stress, you can get it done there.
Ocean Beach Business Center
4876 Santa Monica Ave., Ocean Beach (619) 222-4876 www.safranpackaging.com

Hair Care
Belleza Salon & Spa
Your appearance is Belleza’s highest priority. The Ocean Beach hair salon offers a full menu of services, including coloring, cuts and styles for any type of hair. The hair-care professionals treat each client as an individual with his or her own unique set of needs and desires. Appointments are scheduled according to each professional's area of expertise, so you are sure to have a hair-care specialist that fits your specific needs. A profession-
alists will also help you select the best hair-care products for your lifestyle, ensuring that you are satisfied with your look long after you walk out of their door.
Belleza Salon & Spa
4318 Valleta St., Ocean Beach (619) 990-2078

Health, Fitness & Beauty Services

Health, Fitness & Beauty Services
Acupuncture
Acupuncture offers more than just stress relief as the name suggests. The traditional Chinese health solution provides an alternative to drugs or surgery to treat and prevent a variety of physical, emotional, and neurological ailments. Nicole Stone, the health center’s licensed acupuncturist, helps patients with issues ranging from irregular menstrual cycles to allergies to infertility. Call for a free 40-minute initial consultation with Stone and find out more
Acu Sport Health Center
1804 Cable St., Ocean Beach (619) 224-5909 www.acusporthealth.com

Click here for more about our advertisers...
Grace has extensive knowledge of the Loma/Ocean Beach community with Sousa providing the Point Touched by Grace owner, Grace Bellezza Salon & Spa.

ESTHETICIAN

1370 Rosecrans St., #B, Point Loma

Shelter Island Medical Group in and out in no time! Dr. Chambers really listens to his patients' concerns. Make Dr. Chambers your primary care physician, and you will be guided you in all your skincare needs. 619-549-4222.

Bellezza Salon & Spa

1438 Voltaire St., Ocean Beach (619) 990-2078

HAIR SALON

Bellezza Spa

(see listing under Day Spa)

HEALTH CLUB/GYM

Peninsula Family YMCA

YMCA's throughout the county are committed to improving the quality of people's lives and helping them realize their true potential in spirit, mind, and body, and Peninsula Family YMCA is no exception. The neighborhood venue offers aquatics, fitness and youth programs and is committed to strengthening relationships between children and parents through its upcoming Y Adventure Guides program. The Peninsula Family YMCA recognizes the beauty, diversity and interdependence of all forms of life and helps the human family develop to its full potential in the process.

Peninsula Family YMCA

4390 Valeta St., Point Loma (619) 226-8888

F-Max Fitness

A personal training and fitness studio specializing in muscle building and weight loss. Enjoy a fully equipped gym with gravity training systems, ride and glide classes group or individual programs plus a certified nutritional specialist on-site. And if that isn’t enough there is a full Schedule of yoga classes and workshops. Plus did we mention free use of cardio equipment for all you dedicated clients.

F-Max Fitness

1065 Rosecrans St., Point Loma (619) 223-3100

www.f-maxfitness.com

GROCERY STORE (local)

Ocean Beach People’s Organic Food Market

OB’s resident food co-op is a member-owned vegetarian market that’s been around since 1971. It offers an extensive selection of organic produce, grocery, dairy and bulk foods and herbs, as well as vitamins and homeopathics, cruelty-free bodycare items and aromatherapy products. There’s a full-service sit-down deli featuring a delicious selection of home-style vegetarian and vegan entrees, salads, sandwiches, freshly prepared baked goods, desserts and more (like live music).

Ocean Beach People’s Organic Food Market

4765 Voltaire St., Ocean Beach (619) 224-1387

Thank you for voting us the Best.

You’ll find all kinds of healthy foods at OB Peoples Co-op, winner of the gold medal for Health Food/Nutritional. For a healthier You!

Thank YOU Loyal Friends for Trusting Me to Care for Your Furry Family Members Since 1992

We Specialize in Weddings from intimate gathering to the extraordinary and everything in between

Point Loma Village Florist

619-222-7646

pointlomavillageflorist.com

3021 Canon St.

Thank you for voting us a Readers Choice for Florist.

Thank YOU for your support! We pride ourselves on taking care of your furry family members like they’re part of our family. We’re proud to be on top! For a healthier You!

We’re proud to be on top! Thank for voting us the Best.

Lic. #624207

Scott Smith, has been proudly serving the beach communities since 1979.

858-272-ROOF (7663)

619-224-ROOF (7663)

We’re proud to be on top! Thank for voting us the Best.

Our Support is Greatly Appreciated!

Point Loma Village Florist

619-222-7646

pointlomavillageflorist.com

3021 Canon St.

Thank you for voting us a Readers Choice for Florist.

We Specialize in Weddings from intimate gathering to the extraordinary and everything in between

Point Loma Village Florist

619-222-7646

pointlomavillageflorist.com

3021 Canon St.
NAIL SALON
OB Nails
Friendly service and great prices has earned OB Nails a name for itself.
Manicures, pedicures – you’ll find the latest trends.
OB Nails
4796 Niagara Ave., Ocean Beach
(619) 224-7047

OPTOMETRIST
Eli Ben-Moshe, OD
Dr. Ben Moshe works out of Newport Avenue Optometry, which has been serving Ocean Beach for 50 years. The office’s remodel showcases more than 1,000 frames and sunglasses from a wide variety of designers and welcomes outside prescriptions. It carries a complete line of specialty contact lenses. You can even make online appointments.
Eli Ben-Moshe, OD
4822 Newport Ave., Ocean Beach
(619) 222-0559
www.newportavenueoptometry.com

PERSONAL TRAINER
Nicole Grevelis/F-Max Fitness
(see listing under Health Club)

PILATES
Chakra Pilates
Chakra Pilates is a full service yoga and pilates studio and teacher training center listed by the Pilates Method Alliance. They provide the true and classical Pilates Method developed by Joseph Pilates. They also offer maximum-impact pilates programs catered to clients who wish to further their training.
Chakra Pilates
1310 Rosecrans St Suite C, Pt. Loma
(619) 270-1271
www.chakrapilates.com

SENIOR-LIVING FACILITY
Point Loma Convalescent
Point Loma Convalescent Hospital is the only senior-living facility in the Point Loma area offering both short-term and long-term care. The rehabilitation center offers private and semi-private rooms with garden views, and is located within walking distance to numerous restaurants and shops. Highly-trained professionals at Point Loma Convalescent include occupational therapists, physical therapists, speech therapists, wound care nurses, IV nurses and dietitians to help restore day-to-day physical and neurological function. Call Point Loma Convalescent and ask for Matt Rodriguez for a tour of the facility.
Point Loma Convalescent
3202 Duke St., Point Loma
(619) 224-4141

STYLISTS
Anna Camacho Bier
Belleza Salon & Spa
(see listing under Day Spa)

TANNING SALON
Hollywood Tan
Nobody knows more about getting and staying tan than Hollywood Tan. Their booths let you receive a 360 tan with no pressure points or white lines in a cleaner and more sanitary experience than laying down in a bed. With the vertical tanning system, you have the most comfortable and hygienic way to achieve your perfect shade. Great thing is you never need an appointment.
5058 1/2 Newport Ave. Ocean Beach    619.222.50097    www.acetattoo.com

Thank you for voting us the #1 Tattoo Shop!

Happy Herb co-owners Duane and Amanda Costea with son Dylan cut the ribbon for their new location on Newport Ave. in Ocean Beach.

Herb Shop
Happy Healthy High Horny Herbs
This unique business idea started in Australia 10 years ago. The founder, Ray Thorpe, who now has a successful franchise business with 25 shops in Australia and a growing number in the US, was inspired to educate the public about the wonderful benefits of herbs for health, well being and recreation. Their shop provides a variety of interesting products such as herbal teas for well being, energy herbs, natural libido-enhancers. They are dedicated to serving the local community.
Happy Healthy High Horny Herbs
4958 Newport Ave., Ocean Beach
(619) 223-6050
www.happyhighherbs.com

Peninsula Family YMCA
619-226-8888
peninsula.ymca.org

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Visit us online at www.OceanBeachDental.com

Thank you for voting us the #1 Dentist!
Yoga Facility

Namaste Yoga Center

“Namaste” is taken from the ancient Sanskrit, meaning “I bow to you.” A gesture of deep respect accompanies it. And if you want to learn more about that, the Namaste Yoga Center will be happy to accommodate you. The ancient art of yoga is based on mutual regard for teacher and student, and this merchant works to keep that regard intact.

Namaste Yoga Center
4893 Voltaire St., #B, Ocean Beach
(619) 523-1203
www.theblackbead.com

Students at Namaste Yoga Center, gold medal winner for Yoga Facility, practice yoga positions at the Ocean Beach center. Namaste offers a variety of classes for all levels.

Check out our new retail space! We are now carrying yoga accessories and clothing.

Namasté Yoga Center Teacher Training starting this Fall!

- 30 yoga classes per week
- AcroYoga
- Hip Hop Yoga
- Kirtan
- Special Events
- Workshops

Thanks for your participation!
Thank You!
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