The holidays are a time for giving, and not just to our fellow humans. Creatures of all kinds — including the furry ones — deserve a little extra love at this time of year.

In that spirit, It’s the Pits Dog Rescue will host its second annual “Bark & Brew” event with live music by Eddie Grey. Food, drinks and activities at the La Jolla Brew House, located at 7536 Grey, food, drinks and activities at the Village will add to the merriment of the photo opportunities and holiday shopping.

In that spirit, It’s the Pits Dog Rescue has another identity: that of T.L. Sheldon & Associates, but Sheldon also leads a double life: his alter ego is that of the philanthropist.

Sheldon was inspired to begin writing after meeting Academy Award-nominated film director Oscar “Budd” Boetticher, best known for his late-1950s Western films starring Randolph Scott.

“He was teaching me to ride his Andalusian stallions horses. He knew John Wayne and his stories were fascinating about the movie industry in the late 1950s and 1960s,” Sheldon said. “He had written a new screenplay that he was trying to sell to Hollywood, and after I read it I thought I’d write one too.”

Sheldon said the first screenplay treatment he wrote was “Anacordia,” which was submitted by a friend to a

Many people around La Jolla may know Terry Sheldon as a Realtor, developer and president of T.L. Sheldon & Associates, but Sheldon also leads a double life: his alter ego is that of the philanthropist.

Throughout her life, the young philanthropist had no problem with her identity and knowing what she was passionate about. What she struggled with, however, was discovering a way to combine those passions in a meaningful, coherent way.

“From a really early age, I wanted to become a professional surfer,” she said of her first passion.

Koch’s father used to be a lifeguard at La Jolla Cove. Like father, like daughter, and when she caught her first wave at Hospitals — the break in front of the former Scripps Clinic — she was hooked.

“To live the life of a pro surfer became my biggest dream ever — traveling across the world, surfing in films and photo shoots and competing in world-renowned surf breaks,” she said.

At the age of 11, 11 she competed in local contests, earned her first sponsorship by a local surf shop in Pacific Beach, signed with a modeling agency and was even the first girl considered for the role of Bethany Hamilton in the film “Surf di Santa.”

Just as her dreams came closer to reality, a new passion swooped in and charged her life’s goals.

“My whole perspective on life was changed in high school by a particular day in class,” she said. “I heard a statistic that if the world’s population was comprised on a village of 100 people, only one out of that hundred would have a college education. That one statistic literally changed my whole outlook on how I wanted to live my life. If I had the opportunity to go to college, didn’t I owe it to the 99 other people in my metaphorical village to see if they got the same opportunity?"

Immediately following the ellipse, Koch began to take advantage of local community service opportunities and became fervent about human rights.

When she entered Georgetown University, she continued to pursue her identity and her passion for giving.

“This is the second in a series throughout the month of December highlighting members of the community who go above and beyond to help others this holiday season.”

Br MARIKO LAMB | VILLAGE NEWS

The holidays are a time for giving, and not just to our fellow humans. Creatures of all kinds — including the furry ones — deserve a little extra love at this time of year.

In that spirit, It’s the Pits Dog Rescue will host its second annual “Bark & Brew” event with live music by Eddie Grey. Food, drinks and activities at the La Jolla Brew House, located at 7536 Grey Ave., on Dec. 10 from 6 to 9 p.m.

Santa will make an appearance for photo opportunities and holiday shopping will add to the merriment of the evening.

Funds raised at the event will benefit Operation Puppy Love to pay for shots, deworming, microchipping, spaying and neutering three recently rescued pit bulls and their 28 pups.

Raffle tickets are on sale now, and can be purchased at www.itsthepits.org. The price for tickets is $5 for one, $20 for five, or $100 for 30. Tickets can be purchased at www.itsthepits.org.

For more information about the event, visit www.itsthepits.rescue-groups.org or call (858) 484-0985.

— Mariko Lamb

See photos from the 2011 La Jolla Christmas Parade, Page 4!
Life of a salesman: my time spent with Bill Lance

A reporter’s ‘true-life’ account of one of La Jolla’s own

By WALTER RUSKIN | VILLAGE NEWS

The title “Death of a Salesman” conjures images of Willie Loman for many—a washed-up, unappreciated salesman who never made it because he could not see the forest for the trees. This story, however, portrays a decidedly different character. This is the story of Bill Lance.

Bill’s story began on Sept. 1, at some point in the 20th century. Bill was raised on a farm in the middle of Oregon, and as a youngster, he showed undeniable promise as a blacksmith’s apprentice.

Legend has it Bill sold his first automobile when he was just a young boy. He noticed a farmer, for whom he was mobile when he was just a young boy.

After World War II, Bill moved to La Jolla, where he began to sell cars. He owned his own franchise dealership back then and even sold one of his first cars to Clark Gable. After about 15 years of successful business and family life, Bill’s first wife, Irma, (with whom he had two children), was diagnosed with cancer. Bill sold the dealership and traveled the world with her to help complete her bucket list.

After her passing, Bill returned to San Diego. Years later, he met his second wife, Susan, and together they raised three children.

Bill worked in San Diego selling Nissan for more than 30 years. I met Bill back in 2000, when I was a manager at Pacific Nissan. I asked him why he was still working at his esteemed age.

He looked at me and said, “Walter, the only day a salesman is permitted to take a vacation is when God tells him to.”

Bill Lance passed away at home on Nov. 24. Bill, I hope you have a nice vacation because you have earned it. God bless Bill Lance and his legacy.

For information on services, contact Susan Lance at (858) 568-1595.

Bill Lance sold cars in San Diego for several decades.

Walter Ruskin is a San Diego-based freelance writer. He has written for The New York Times, elegant.com, San Diego Magazine, The San Diego Union-Tribune and others. He can be reached at walterruskin@gmail.com.
CONTINUED FROM Page 1

HERO

Emi Koch grew up surfing in La Jolla with her father, a former La Jolla Cove lifeguard, where she was first inspired to follow her passion for the sport.

Koch works with Waves for Development International in Peru, where her nonprofit donates much-needed materials and donations to teach children how to surf.

"The children have needed structure in their lives. By using surfing as a motivator, the children are motivated to stay off drugs and go to school," she said. "The programs vary. In Durban, South Africa, Umthombo’s first challenge is to get children off the streets and treat their addiction to sniffing solvents by having the children live in a structured youth center. The surfing program motivates the children to stay off the streets and better themselves. Therefore, the children can return to school.”

Koch said Umthombo has reintegrated waves of street children back into society and made them successful patrons of their communities. Some of the children have even grown up to become lifeguards and diving instructors.

The founders of the nonprofits she sponsors — Tom Hewitt, Dane Aabo and Jelle Rigolet — are the true heroes, she said.

“They are such incredible individuals and I am so blessed to have known them and work with them,” she said. “They have inspired me and I hope to start my own program in the future.”

There are others, too, she said, who help make her organization possible.

“My board of directors — aka mom and dad — have been some of my biggest supporters from the start,” she said. “When I started my nonprofit, I came forward with my idea to some local businesses. [My parents] believed in me, my ideas and goals, and had faith in the mission of Beyond the Surface International.”

She said she owes much of her organization’s success to businesses that have helped her along the way, including San Diego Boardshops, Surfandal in Pacific Beach, Vans shoes and Chuck Patton from Bird Rock Coffee Roasters, who created a Beyond the Surface International coffee blend and donated a portion of its proceeds to her initiative.

Koch is currently part of the Billabong Girls Team as a lifestyle rider, has traveled to Peru and South Africa to meet the children in the surf programs and personally deliver donations, and is currently working with an apparel company to design clothing for retail outlets to support the nonprofit. After she graduates, she hopes to travel to India to visit and volunteer at the sponsored program in Kovalam.

For more information or to donate to Koch’s nonprofit, visit www.beyondthesurfaceinternational.org.

Home Buyers: Discover How to Avoid These 6 Costly Mistakes Before You Buy

SAN DIEGO. A new report has just been released which identifies the 6 most common and costly mistakes that homebuyers make before buying a home. Mortgage regulations have changed significantly over the last few years, making your options wider than ever. Subtle changes in the way you approach mortgage shopping, and even small differences in the way you structure your mortgage, can cost or save you literally thousands of dollars and years of expenses.

Whether you are about to buy your first home, or are planning to make a move to your next home, it is critical that you inform yourself about the factors involved before you buy.

In answer to this issue, industry insiders have prepared a free special report entitled, “6 Things You Must Know Before You Buy.”

Having the right information beforehand can undoubtedly make a major difference in this critical negotiation.

To hear a brief recorded message about how to order your free copy of this report, call toll-free 1-800-276-0763 and enter ID# 1004. You can call anytime, 24 hours a day, 7 days a week.

Call NOW to find out what you need to know before you buy a home.

6 Costly Mistakes Before You Buy

1. Failing to shop for the best mortgage

You need to know before you buy a home.

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La Jolla Christmas Parade, 2011

The La Jolla Christmas Parade went off with a bang on Dec. 4. Crowds lined the streets, delighting in the many and varied floats, above, and performers included some wild, morph-suited Santas, below right. Of course, it wouldn’t be a parade without exceptional showings by local marching bands, like the University High School Centurion Band, below. The parade featured everything holiday, from dancing elves to live camels. Of course, Santa Claus himself made an appearance, as did the MetLife blimp.

Photos by DON BALCH | Village News

2011 float awards:
• Most creative: Stella Maris Academy
• Best overall: Bird Rock Community Council
• Most colorful: Erling Rohde
• Santa’s favorite: Kiwanis Remembrance
• Most original: Ooh La La Dance Academy
• Most community spirit: WindanSea Surf Club
• Most holiday spirit: All Hallows Academy

La Jolla Christmas Parade, 2011

La Jolla's #1 Daily Deals
Deal Me In Today is a community based daily deal website spotlighting La Jolla's businesses. Sign up for free at DealMeInTheDay.com

DealMeInTheDay.com

Limo Transfer to or from SD Intl. Airport
Value: $100
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Your Price: $40

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major production studio. Although the SHELDON had "entered the ranks of Stephen King, John Grisham, Michael Crichton, and believes, then I think you can try to

"The LCIPA approved a city code invention that would for the very first time in the world to solicit community input through community planning groups on the installations, construction or removal of on-street parking zones. The community planning group’s rec

"When you find if you are understood and believed, then think you can try to write a book, but they aren’t the same," he said. "I’ve read books for others who want to get published, and while some can verbalize coherently they aren’t story-tellers, and vice versa." Sheldon’s advice to aspiring writers is on action, adventure and science fiction.

One of his biggest compliments was from Laurel King — best-selling science fiction author of “Living in the Light” — who called Sheldon’s novel “The First State: A Thrilling and Enjoyable page-turner.” She said Sheldon had “entered the ranks of Stephen King, John Grisham, Michael Crichton and Ray Bradbury.”

The most rewarding aspect of being an author is “knowing you’ve written something that very critical readers really like,” said Sheldon. "I had a French woman read “Colt & Big Thunder” while she was at her home in Paris. She loved it, which told me the writing was good and the story held up. That was encouraging. I said to myself, ‘You can do this.’"

“Don’t miss it!”

November 28, 2011

CIVIC report
La Jolla Community Planning Association, Dec. 1

By MARCO LAMB (Village News)

• San Diego’s Park and Recreation Department has again taken place on the Children’s Pool from the California Coastal Commission, which will review the plans at its meeting in Los Angeles on Jan. 11.

"This will essentially close the beach to all of humanity," said Phyl- lis Martin, whose group will take place in the meeting.”

She also reported the jurisdiction of the Children’s Pool area — which has bounced around from City Council, the Coastal Commission, and the new San Diego Unified School District — has been appointed in the area.

She urged interested community members to write letters to the Co-Councilwoman Delores Lennon before it...
CAFE RACER

THE LA JOLLA VILLAGE NEWS

THURSDAY, DECEMBER 8, 2011

LA JOLLA VILLAGE NEWS

LETTER TO THE EDITOR

La Jolla Christmas Parade was alive and well before the 1970s.

The article on the La Jolla Christmas parade (“Revisiting La Jolla Christmas parades past with the grand marshal,” Dec. 1) stated that the parade ceased to exist because it had not been for Barrymore Ash. 

La Jolla’s annual holiday parade may never have re-emerged after the parade ended during the Second World War.“You mention a time frame of 35 years ago for the supposed revival after World War II.

In fact, the parade was alive and well during the 1950s — as a then-member of the La Jolla High School marching band, I was in it at least twice between 1955 and 1958. It was a major annual event at that time — the parade route was quite long and the participating groups were many and varied, including bands, motorcycle groups, vintage cars, and so on.

Dore van Renterghem

La Jolla

CALENDAR

CONTINUED FROM PAGE 5


• Good Cheer! A Musical Journey through the Ages,” 2 p.m., Museum of Contemporary Art La Jolla, 7000 Prospect St., folk songs and carols styles from the 16th century to today with holiday traditions from around the world by the Pacificaires and Cedar Center. (858) 454-3541, eunicewilliamsconducts@shutterfly.com, free

• Community ensemble annual holiday performance, 7 p.m., The Neuroscience Institute, 106-40 John Jay Hopkins Drive, (858) 550-8100, www.cnri.edu, free

• Christmas Across the Ages, 4 p.m., La Jolla Presbyterian Church, 7715 Draper Ave., Vivaldi’s Gloria along with Christmas carols and anthems directed by DeKris Pedersen. (858) 729-5545, www.lajpresentsmusic.com, free

• “Red Mist” book discussion, 6:30 p.m., Warwick’s, 7812 Girard Blvd., acoustic brunch performance. (858) 549-0474, www.beaumontbeauty.com, free

MONDAY, DEC. 12

• Westwind brass holiday concert, 7 p.m., The Neurosciences Institute, 106-40 John Jay Hopkins Drive. (619) 501-3562, www.westwindbrass.org, $25 general admission, $20 for students and seniors, $15 for members and their existing restaurants, including Burlap and Searsucker.

As always, the public is invited to take part in the meeting from 6 to 7 p.m. to meet community leaders and learn more about the goings-on in the community. The LJTC meets on the second Thursday each month at the La Jolla Recreation Center, 615 Prospect St.

For more information, visit www.lajolatowncouncil.org or call (858) 454-1444.

TUESDAY, DEC. 13

• “To Drive a Cold Winter Away,” 8 p.m., St. James-by-the-Sea Episcopal Church, 743 Prospect St. Christmas revels from Renaissance England for the San Diego Early Music Society. (858) 459-3421, stjamesbythesea.org, $25-$30

WEDNESDAY, DEC. 14

• Grades 1 to 3 book club, 9 a.m., La Jolla Library, 7553 Draper Ave., free

• Free Third Thursday,” 5 to 7 p.m., Museum of Contemporary Art La Jolla, 7000 Prospect St., free admission at all MCASD locations, (858) 454-3541, www.mcasd.org, free.

• Mark Fisher, 8 p.m., Beaumont’s, 7812 La Jolla Blvd., blues rock and classic rock covers, (858) 459-0474, www.beaumontcater.com, free

• “Contemporary Architects Making History,” 7 p.m., Wisteria Cottage, 780 Prospect St., James Alcorn poses the question, “Can We Save Historical Buildings”, and gives them new life at the same time. The reason is that I don’t have a proper storage place in said brain — this new information does not relate to anything already there, so it needs brand new synapses to go from short-term to long-term memory.

My friend, Vane, came over the next day and taught me how to cradle the phone and use my two thumbs to type on the almost-impossible and much-too-small keyboard. Luckily for me, the keypad is a mind reader: when I make a typing mistake, it knows what I meant to write and corrects it automatically.

The 2-year-old daughter of a friend of mine, when given a book, started sliding her fingers across the cover and announced it was “broken,” because no new image appeared. Is this whom I am competing with?

I am adding new words to my vocabulary daily. Today it is “synch” (the part tense of which is not “stink” but “synched” and “chronized”). I have now synched my contact list and my emails from my computer to both my i Pad and iPhone. They are actually compatible and do everything together.

I have also made a phone call and received one (with some trepidation). I have even talked to Siri (the computer voice built into the new iPhone 4S). She asked, “How can I help you?” I had no idea except to wish I were younger than my current 85. Siri will also answer any question I would have formerly looked up in a dictionary or encyclopedias at the touch of a button.

I am looking forward to being able to download all my medical records to my iPhone and have them available to any doctor, whether in La Jolla or Timbuktu. Weather forecasts, traffic reports and the latest news are now all at my finger tips.

As I sit here and write longhand in my recycler, my new gadgets are hooked up and getting charged. I know they needed it because there weren’t as many little lines at the top right corner of my phone as there should be.

My life, it seems, is about to greatly improve. To my now-synched calendar I have added an alarm that will ring fifteen minutes before any meeting and wake me up if I’m napping. I will never again have an excuse for being late for just not showing up.

Although my life has become significantly more complicated and I am consuming an inordinate amount of time on this learning curve, I am confident that if I ever become competent — at which moment this does not seem probable — I will be the better and more efficient person for it, addicted to these new little companions who will always be able to tell me where I am located, where I should go next and how to get there.

I am looking forward to reading a book online while watching some checkout counter, or answering my email or watching a movie while in the waiting room of some doctor’s office. But be careful, dear readers: you will soon be in deeper trouble — for next, I am going to learn how to talk to you.

NATASHA JOSÉFOWITZ

Editor

MISADVENTURES IN TECHNOLOGY

By Natasha Josefowitz, Ph.D.

(Dis)adventures in technology

Although my life has become significantly more complicated and I am consuming an inordinate amount of time on this learning curve, I am confident that if I ever become competent — at which moment this does not seem probable — I will be the better and more efficient person for it, addicted to these new little companions who will always be able to tell me where I am located, where I should go next and how to get there.

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You want your wealth to stand strong against the test of time. We have the tools to help you preserve it.

Our Private Bank team is now available to serve clients at our new downtown La Jolla location. Visit us at 7807 Girard Avenue, 2nd Floor or call 858-551-5364 to speak with a relationship manager.
Bird Rock/La Jolla 2011

Holiday Gift Guide

Beautiful full-color section published in the La Jolla Village News and sent to over 20,000 homes & businesses

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(4 images)

Beads of La Jolla

With 1,200 square feet of stones, glass, porcelain, shell, vintage German, Fire polish, seed beads and tools, Beads of La Jolla is the go-to place to find the perfect gift for the Bead Lover on your list! Attend a class and make your own unique gift or choose from our holiday cases full of beautiful Jewelry. Now showcasing a fun new class called "ring in the holidays" where you learn to make 3 rings and also get the tools and wire necessary to make on your own, included in the price of the class - $40.00. Must call to sign up. Flexible with times!
San Diegans show their fashion-forward sides in La Jolla

By DIANA CAVAGNARO | VILLAGENEWS

San Diego’s most fashionable gathered in La Jolla to show off their fashion prowess when Leonard Simpson and Sally B. Thornton presented the fourth annual “10 Best Dressed” awards on Dec. 5.

The theme for the charity event, located at the home of Ramin Pourteymore in the Atoll Estates in La Jolla and surrounded by beautiful pools and fountains, was “Underwater Fantasy.” Pourteymore won for Best Dressed in 2010 and was also named the San Diego Police Honorary Commissioner.

Guests began the celebratory evening at a cocktail party with delicious food prepared by Sushi on the Rocks and Truly Scrumptious Cakes. David Patrone, whose jazz quartet has been honored with numerous awards, entertained the crowd.

Luxurious eveningwear provided by Mia Bella Couture, luxury men’s wear by Patrick James were modeled for the crowd. Stylish knitwear by Sharon Planche and chic styles by Celeste Boutique were also showcased, as were the jewelry accessories from Pamela Pogue, which added the finishing touch to the glamorous outfits.

Leonard Simpson’s Fashion Forward hosted this gathering of San Diego’s most stylish people. Simpson, the “Style Guy” for KUSI, is known for his fabulous looks and sense of style.

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The theme for the charity event, located at the home of Ramin Pourteymore in the Atoll Estates in La Jolla and surrounded by beautiful pools and fountains, was “Underwater Fantasy.” Pourteymore won for Best Dressed in 2010 and was also named the San Diego Police Honorary Commissioner.

Guests began the celebratory evening at a cocktail party with delicious food prepared by Sushi on the Rocks and Truly Scrumptious Cakes. David Patrone, whose jazz quartet has been honored with numerous awards, entertained the crowd.

Luxurious eveningwear provided by Mia Bella Couture, luxury men’s wear by Patrick James were modeled for the crowd. Stylish knitwear by Sharon Planche and chic styles by Celeste Boutique were also showcased, as were the jewelry accessories from Pamela Pogue, which added the finishing touch to the glamorous outfits.

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FASHION
CONTINUED FROM PAGE 5
...

lous fashion shows, making the honor bestowed upon the 10 best-dressed San Diegans at the event that much more credible in his presence. This year, the 10 best-dressed women were Virginia Monday, Joan Burton, Dolores Clark, Maxine Gelens, Ronne Froman Fadm, Jane Ottenstein, Celeste Johnson, Christy Burden, Dolores Clark, Maxine Gelens, and Joan Burton. The 10 best-dressed San Diegans at the event included: Jeffrey Meza, Jeff Mueller, Gene W. James, Robert E. Wakes, Ross Grasso, Don Breitenberg, Steven B. Thornton, Sergeant Boyd Long, Michael Stoff and Peter Ferrantelli.

The black-tie-optional party raised funds for 10 local nonprofits: The Arc of San Diego, Kids Korps, Big Brothers Big Sisters of San Diego County, Home Start, NSW SEAL Foundation, St. Madeleine Sophie’s Center, San Diego Center for Children, San Diego Food Bank, San Diego Police Historical Association and United Way.

On behalf of the Board of Directors of the La Jolla & Golden Triangle Chamber of Commerce, I wish each of you a very Merry Christmas and joyous Holiday Season. The coming year will bring many exciting events and activities. Be on the lookout for our new social media sites. We now have accounts on Face Book and Twitter with more to follow. To coincide with these new networking opportunities we will have a membership drive in January and February. We hope you all can meet our new Marketing Manager, Mr. Van Miltenburg over the next few months.

Starting in March we will be accepting applications for candidates for the Board of Directors and various committee chairs. And we can all look forward to our “Gala” BOD Installation Party on May 11th at the Café of Bristol Farms in the Costa Verde Center. The theme will be a Wine and Beer Tasting with great appetizers and I hope to see all of you there.

Happy Holidays,
George Schmall
Chairman of the Board

FASHION

La Jolla Golden Triangle Chamber of Commerce

To honor a charity service group or youth group later in the directory, one does not have to be a member and can contact webmaster@laJGTCC.com.

THE CHAMBER’S MISSION

The La Jolla & Golden Triangle Chamber of Commerce strengthens businesses and the community through leadership, prosperity, information, communication, and community involvement.

Café of Bridal Trials

WHAT: La Jolla & Golden Triangle Chamber of Commerce’s “Business After Five” Mixer
WHERE: Costa Verde Center
WHEN: Jan. 11, 2012
5:30-7:30 p.m.

Top PHOTO: Roy’s Hawaiian Fusion was a tremendous success.

1. George Schmall presents new member Gustavo De La Fuente of Intelligent Office his Chamber Certificate
2. Richard Rodriguez receives his new member certificate from COB George Schmall.

Happy Holidays, George Schmall
Chairman of the Board

Cooling System Service
• Check Belts-Hoses-Water Pump
• Check System for Leaks
• Drain & Refill Coolant
• Includes 1 gallon of Green Coolant
• Other coolants extra

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Synthetic Blend Oil Change w/Filter
• Up to 5 qt. of Oil
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$19.95 + EPA

Shocks & Struts Special!
BUY 3 GET 1 FREE

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From $229 plus labor
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Brake Special
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$50 per axle

We also do:
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Computerized Alignment
• Inspect shocks & struts
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• Inspect Steering Linkage
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Most Cars!

Any Service Needed
$5 OFF
5% off any service up to $75

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We offer:
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Pacific Beach / La Jolla
5165 Cass Street
Toll Free: 1-888-253-5275

Kearny Mesa
3727 Convoy St. Suite A
Toll Free: 1-888-306-8675

Hours: Mon-Fri: 7:30 am-5:30 pm Sat. 8am-4pm (PB Store closed Sat.)

Photos by Glad Photography

DIANA CAVAGNARO | Village News

10

THURSDAY · DECEMBER 8, 2011
LA JOLLA VILLAGE NEWS
Restaurant review: Fleming’s offers festive holiday deals

DONOVAN’S

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www.donovansla.com

Donovan’s Steak House

They may look good enough to eat, but the paintings and sculptures at Donovan’s of La Jolla are strictly off limits — so you’ll have to content yourself with the USDA’s prime beef, the eater’s star attraction. If steak isn’t in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan’s, fresh seasonal vegetables and your choice of potato are always included with each entrée.

Cafe Milano

Owner/Chef Pasquale Cianni, brought Northern Italian cuisine to La Jolla 12 years ago & has been successfully pleasing both local residents & out of towners, even out of the country guests, with his home made pappardelle pasta, veal osso bucco, lobster ravioli and other many authentic Italian dishes. Cafe Milano offers your palate an exciting & incredible experience for the whole family at affordable prices. Early Bird Special: 4:30 p.m. and 6:30 p.m. and choose a select soup or salad, menu entrée, and dessert for $17.95.

TGI Fridays

T.G.I. Friday’s, the first American casual dining chain, is a dining experience that has become the favorite pastime of millions since 1965. The first T.G.I. Friday’s was located in New York City and featured red and white stripes, a blue exterior and its name — T.G.I. Friday’s. Inside were wooden floors, Tiffany lamps, bentwood chairs and striped tablecloths. At T.G.I. Friday’s, we’re known for an unsurpassed menu selection of food prepared to perfection, served in a lively, engaging atmosphere for the entire family.

Fleming’s

Our award-winning restaurant offers California-influenced French cuisine in a quaint countryside environment. We are a long-time favorite of locals who appreciate the value of our menu and extensive wine list. Stop by our bakery for a sandwich or pastry to-go! It’s always a delicious day at The French Gourmet! (858) 488-1725. 960 Turquoise St, La Jolla, CA. www.thefrenchgourmet.com

Donovan’s Steak House

They may look good enough to eat, but the paintings and sculptures at Donovan’s of La Jolla are strictly off limits — so you’ll have to content yourself with the USDA’s prime beef, the eater’s star attraction. If steak isn’t in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan’s, fresh seasonal vegetables and your choice of potato are always included with each entrée.

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The Broken Yolk Café

The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different omelets to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel free to mix & match! Try one of our juicy pound burgers or one of our large sandwiches.

Extreme Pizza

Voted Best Pizzas by locals year after year, Extreme Panna is serving up the freshest ingredients, the tastiest combinations of toppings, and the most mouth-watering store-baked crust around. Whether you stop by or have a piping hot pizza delivered to your doorstep, be sure to enjoy one of their gluten free pies, fresh salads, or delicious wraps.
~ HAPPY HOLIDAY ~
FROM HISTORIC OLD TOWN

Just minutes from downtown and an easy trip to the busy malls, stores in the State Historic Park and surrounding community offer high-quality unique gifts at reasonable prices in a very quaint historic setting. Shoppers move more slowly in this part of town, and where the holiday hustle and bustle is enhanced with history and fiestas. There are a variety of family activities that offer visitors the opportunity to experience the early holidays of San Diego.

Throughout the month, the State Historic Park is adorned with holiday decorations that include a live tree in the Sycuan Museum, laminar-knit museums, living history activities, carolers, horse-drawn wagon rides and gatherings around a bonfire with free S'mores and live entertainment. Many handcrafted original gingerbread houses are also on display. Tours are offered daily in the State Park at 11:00 am and 2:00 pm from the Robinson-Robinson Museum. Matching tours from 10:00 am to 5:00 pm including the 1830’s adobe La Casa de Estudillo, La Casa de Machado y Silvas, Wells Fargo History Museum, San Diego’s earliest newspaper office, the McCoy House Interpretive Center, a blacksmith shop and one of the finest wagon and carriage collections in the Seely Stables. What a great opportunity to include entertainment, shopping and family fun together!

~ CHECK OUT THESE SHOPS FOR UNIQUE GIFT IDEAS ~

All The Kings Flags
San Diego’s Flag Specialist for over 35 years!

Amore Leather
Custom leather jackets, vests, bags, wallets, belts and luggage

Bazar del Mundo
San Diego’s favorite place for great gifts from around the world!

Beacon Artworks Gallery
Artist Randy Riccoboni captures San Diego’s most beautiful sites

Birkenstock of Old Town
Many iconic shoe manufacturers specializing in stylish comfort

California Indian Market
Baskets, books, pottery & unusual hundreds of Native American gifts

Captain Fitch’s Mercantile
One of the largest collections of historical books & paper dolls!

Dante’s Leather
Custom gun holsters, rifle bags, watch bands, shoes & clothing

Del Cobre
Undeniable collection of handcrafted & painted copperware

El Centro Artesano
Mexican pottery, weaver vases, folk art, vinyl chimes & silverware

Fiesta Cochina
Handmade festive gifts from Mexico for everyone’s kitchen

Four Winds Trading
Native American textiles, fine art, pottery, weavings & artificats

Hot Licks
Salts, dips, spices, hot sauces & many related gift ideas

Old Town Gift Co.
Baskets, cards, novelties & very unique gifts for family & friends

Old Town Gift Emporium
Charming Victorian shop of dolls, lace, hats, tea sets & notions, etc.

Old Town Market
Over 40 shops of local artisans & crafters from around the world

Oreiga’s Handcrafts
Cultural arts & craft supplies with hard to find Mexican goods

Silver Lily
Hand-made on-site custom silver smith & her beautiful collection

South American Imports
Extraordinary, rare & unusual crystals, jewelry, crafts & rocks

Tafaya & Son
Contemporary Sterling Silver jewelry plus opals & gemstones

The Johnson House
Vintage goods, collectible hats, clothing, art, pottery, jewelry

The Tile Shop
San Diego’s largest selection of house numbers, crests & murals

The Urban Seed
Incredible native plants and baskets and plants from Mother Earths best!

Tienda de Reyes
Souvenirs, clothing, jewelry, crafts & “Dia De Muertos” printables

Toby’s Candle & Soap Shop
Candle dipping, herbal soaps & related candle accessories

Tower’s Boot & Shoe Store
All styles of boots, cowboy boots, John Deere boots, sandals & boots

Tower’s Leather Depot
Purses, hats, wallets, belts, vests, buckles, saddles & saddle gores

~ CALENDAR OF EVENTS, PROSPECTS OF EVENTS ~

DEC. 5th
Write Out Loud presents: “The Giving Season”
Hosted by Jerry Seidler stories are read out loud by talented actors for a live audience. Attendees can enjoy holiday beverages. The event is hosted by Cheryl B. Back, Robert Frost, Christopher Martin & E.B. White at the Cymfe Theatre. Call 619-298-9895

DEC. 10th & Dec. 20th to 30th
Bonfire Nights
Enjoy an old-fashioned gathering around the fire pit with live music, carolers and free S’mores for all. Every night from Dec. 20th to the 30th, from 6:00 to 8:00 pm in the Old Town State Historic Park plaza. Call 619-220-5422 for information (Free)

DEC. 10th
Holiday in the Park
Historically interpreted merchants in the Old Town State Park offer up music, arts and beautifully decorated shops starting at 10:00 am until 8:00 pm. Live music, wagon rides, festive music and living history activities. Call 619-220-5422 for information (Free)

DEC. 10th & 17th
Breakfast With Santa
Kids enjoy a delicious breakfast with Santa along with face painting, photo op and a free gift at the Cafe Coyote. Table reservations only. Gift of Blanquitas $25 for kids and $12.95 for adults. From 9:00 am to 11:00 am. Make your reservations by calling 619-291-4695

DEC. 11th-14th
Dicken’s “A Christmas Carol”

DEC. 11th
Dec 9th 11-16-23
Christmas Spirit Tour
Hop on the Old Town Trolley at 7:00 pm for a unique local look at the holidays. Experience the sights, lights and sounds of Christmas along with storytellers, sharing traditions and hearing fun facts of the season. Call 619-296-0672 for reservations

DEC. 11th
61st Annual Las Posadas
Reinforcement of Mary & Joseph’s search for Christ’s birthplace. Activities begin at 5:00 pm. Join the carollers processing beginning at 4:30 pm, singing songs as actors move “from inn to inn, asking for lodging.” Concludes with a midnight service in the State Historic Park. Call 619-297-3190 (Free)

THROUGH DECEMBER
Cygnet Theater Presents: It’s A Wonderful Life: A Live Radio Play

In this staged version of the movie, you see the inside workings of a 1947 radio studio: announcers, actors reading lines, flashing applause signs and even a commercial for Lux soap. The story’s still a grabber: “What would life be like without George, whose selfless generosity abandoned his dreams for others?” Call 619-337-1525 for dates, times and tickets.

~ WISHING YOU A HEALTHY, PROSPEROUS NEW YEAR ~
Las Posadas Holiday Event Celebrates its 61st Year

Dec. 11 will mark the 61st annual Las Posadas event in Old Town San Diego State Historic Park.

The Las Posadas procession is a walking reenactment of the biblical story of Mary and Joseph’s search for a birthplace for the Christ child. Everyone is invited to join the candlelit procession and sing traditional holiday songs in both Spanish and English as the players go from inn to inn, asking for symbolic lodging. The procession culminates with a live nativity scene in front of Casa de Estudillo as well as a piñata party.

“This event combines the Anglo custom of caroling with the Hispanic tradition of the procession and the breaking of the piñata,” said Chuck Ross, owner and operator at Fiesta de Reyes.

“Las Posadas is a long-standing tradition in many Latin cultures and we hope to recreate the same kind of celebratory day that everyone can enjoy.”

The Las Posadas procession will be lead by professional actors in period costume, including Willie, the acting donkey.

Before the procession that takes place at 5 p.m., this event will also feature a day-time celebration and preshow with live music, performances and activities for children from 2 p.m. to 5 p.m. A variety of local music and performing arts groups will perform from 1 p.m. to 5 p.m.

For children’s entertainment, there will be free craft activities that include making pineapple-style cloth dolls, as well as corn-husk dolls and paper holiday flowers. Hot cider, pastries, Mexican baked goods, tamales, hot soup and more will be available for purchase in the park.

At end of the festival, a bonfire will be lit in the middle of the state park and there will be a piñata-breaking party following the Las Posadas procession at 6 p.m. Stores and museums within the state park will have extended hours until 8 p.m. that evening.

This is the second year that the Las Posadas procession is produced by the Old Town San Diego State Historic Park concessionaire. They expect the procession to feature an entire festival that includes family-friendly seasonal activities.

Admission to Las Posadas is free. For more information, phone (619) 297-3100.

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Managing the Hospital Discharge

In April, my 92 year old mother went into the hospital to remove a tumor from her arm, the procedure went well and she was sent home. Three days later, she was back in the hospital because she wasn’t able to handle the complicated wound care regimen.

There is a movement to improve care after discharge and to reduce readmissions for the elderly but if your family member has not revamped their discharge process, you may need to take an active role in managing the discharge.

TAKE CHARGE: If you believe the hospital is sending a patient home too soon, talk with the doctor.

MAKE A DISCHARGE PLAN:
Most hospitals provide a discharge plan in writing, but it may not be complete and it may be difficult to understand. Make your own plan that will be a guide for the patient, the caregiver and other doctors.

CONTACT THE PRIMARY DOCTOR:
Request the discharge planner or hospital MD contact the patient’s primary care physician to be followed up or you should do it yourself.

The RN Case Managers at Innovative Healthcare Consultants are available 24/7 to help with all these details and they are expert in handling any problems that may arise. Call (877) 731-1442 or see our website at www.innovativehc.com.

Women with hair loss can have thick hair!

According to the Women’s Institute for Fine and Thinning Hair, there are 30 million women who are currently experiencing hair loss. It can begin as early as puberty: although it usually occurs between 15 and 55 years of age. In the past several years effective treatments have become available for fine, thinning hair. Professional hair loss products are most effective when used at the first signs of thinning or hair loss. Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair.

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this service suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be able to transform that, occurs not only in your hair, but also in your outlook!

Call for your free consultation and receive $200 off on your first full head of hair replacements. 858-456-2344 or go to www.beautybyjudy.info

Judy Judy Judy Hair Salon
7734 Herschel HP, La Jolla

Look for the “Certified Organic” Label

“Organic” refers to the way agriculture products— including foods and fibers— are processed. Organic farmers, in general, use no synthetic chemical fertilizers, herbicides, pesticides or defoliants, and use only natural pesticides on their crops when absolutely necessary.

The “certified organic” label stands for a commitment to a system of agriculture that strives for balance with nature. When you buy certified organic food, your choice protects the health of future generations, yourself and farm workers by keeping cancer-causing pesticides and herbicides off of plates and out of farm environments. This choice also protects water quality by supporting farms that do not contribute to petrochemical runoff; preserves topsoil because organic farmers build soil using natural amenities rather than synthetic fertilizers; helps support small family farms; preserves biodiversity through the cultivation of heirloom varieties; and provides you and your family with better tasting fruits and vegetables.

For the best selection of organic produce and grocery items in San Diego stop by Ocean Beach People’s Organic Foods Market, at 4765 Voltaire Street. Open Daily from 8 a.m. — 9 p.m. call us at (619) 224-1387 or visit us on the web at www.obpeoplesfood.coop
and juicy filet mignon in a range of
seasonal berries.

Fleming’s also boasts a wine bar and extensive wine list. Wines are stored in a temperature-controlled room that holds hundreds of bottles of very expensive wines, maintained at optimum temperature. Wines are arranged progressively, from light to heavy in descending scale. More than 100 wines are available by the glass—a lovely way to be able to sample a selection of wines at a single sitting.

Fleming’s is offering a special deal for the holidays: dine as many times as you wish at Fleming’s by Dec. 30 and, on each occasion that you spend more than $50 (easy to do), receive a $25 dining credit to spend on anything in the main dining room. And there’s more. Use the $25 dining credit by Dec. 30 and receive up to $25 in bonus cards to use in the new year—a sweet deal! Reservations must be made through the company website, www.flemings steakhouse.com.

The La Jolla location is at 8970 University Center Lane, (858) 535-0078. The Gaslamp location is at 1380 K St., (619) 237-1155.

— David Rottenberg is a travel writer and restaurant reviewer who travels the world in search of exciting stories and new flavors. He is the former vice president of North America Travel Journalists Association and a member of Southern California Restaurant Writers Association.

Playhouse:

right: Barbara Bloom, Flossie Cohen, Suzanne Figi, Nancy O’Connor, Alexander Saj

Gingerbread:

right: Dr. Tony and Lori DeMaria, Betty Bayster, Sally and John Thornton.

Gingerbread:

above: Fred and Laura Applegate, Lauren McCrink, Laura and Dr. Mitchel Goldman

Gingerbread:

top: Gary Goldman, Julie Tufts, Geraldine and Mark; lower right: John and Nina Malashock, Francy Starr

Society continues from Page 13

fundraising event for the Epilepsy Foundation of San Diego County (EFSDC). Architects, confectioners, bakers and other artists were recruited to make fabulous gingerbread creations to be displayed at a festive gathering. Many of the region’s most seriously acclaimed gingerbread bakers were reproposed at a festive gathering where guests would eat, drink, be merry — and donate. Late in the evening, after judging and the awarding of prizes, the gingerbread objects would be auctioned off and all event proceeds would benefit EFSDC.

Dubbed “Gingerbread City,” the event had broad appeal and became a popular annual success. This year, it was held in early December at the Grand Del Mar with the theme, “Hit a Home Run for Epilepsy.” San Diego Padres vice chairman and CEO Jeff Moorad was the honorary chair, with Wain Fishburn, Jr., Tom Garfinkel and Moorad was the honorary chair, with Padres vice chairman and CEO Jeff Moorad, who also promised that Padres management won’t rest until the team has won a World Series.

FLEMING’S CONTINUES FROM PAGE 11

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Society continues from Page 13

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I hope it’s the right phone. I need to teach it how I talk and get it on its way to me. Of course, I’ll son. My smart phone is speeding and tried again until I got to a level that’s what I did. I girded my loins for help. What would you do? Yup, voice, but none of the promised unanswered questions, pleasant person. I did get more delays, more brain damage and called my carrier. You guessed it; I didn’t get the right person. I did get more delays, more unanswered questions, pleasant voice, but none of the promised help. What would you do? Yup, that’s what I did. I girded my loins and tried again until I got to a level of authority that was the right person. My smart phone is speeding on its way to me. Of course, I’ll need to teach it how I talk and get it to tell me how to do things and how to get places, but it will listen to me. I hope it’s the right phone.

Thomas Jefferson was the right person in his time to write the Constitution. He crafted a document that gave the country a road map to keep the three branches of government balanced. So that one branch didn’t usurp power from the other two, state’s rights would be protected, and there would never be the high taxation and unwieldy central government demands on the citizenry. He fought in Europe, in England and fought and died to gain our independence. It was written to be eternal, not subject to changing times. I guess we need the right people in Congress, as well as in local government to promulgate those early, Founding Fatherly ideas.

Benjamin Franklin was the right person when it came to negotiating a $5.9 million loan from the French to help finance our Revolution. We paid that and all debts back to the French, helped us self-finance and emerge a new nation and by the early 1800’s financially secure.

Thomas Jefferson was also the right person to acquire the Louisiana Purchase for $15 million. He bought it for $1,000,000 per current state, a total of $15,000,000 or less than 3 cents per acre, the equivalent of fewer than 42 cents an acre in 2010 currency. The purchase was paid for by bonds our citizens bought. A few European Countries also bought our bonds. All got paid back in a timely manner. It was the right thing to do, as we gained the reputation of being a solid, debt free country and our credit rating in the eyes of the world was the highest. We were the right people at the right time. At the end of the American Civil War in 1865, President Polk was the right person to negotiate the Treaty of Guadalupe Hidalgo with Mexico to add California, New Mexico, Arizona, Nevada, Utah, Colorado, and clean title for Texas to our country.

Papandreou, the former Prime Minister of Greece, was challenged by his countrymen who wanted to keep their retirement age at 55 and wanted to continue the government handouts they were enjoying but could no longer finance. Apparently, the people, or those who invited them, were not capable of right thinking. Their behavior could have driven Greece into bankruptcy, with no clear “right person” to lead them and without the help of the EU, especially Germany; to guide the necessary changes to dig Greece out of their quagmire. The financial pie produced by a household or a country is only so big. It is as big as what is put into it. When you run out of the dough and fruit and fixings that reside within the circumference of that pie, it’s over. If there are no more resources left to replenish the pie, you stop eating…literally. It appears Italy could be the next country to run out of pie and be the “boot to fall.” What then? Who has a big enough pie left to share? The ECB, IMF, Germany, France, China? Our pie in the US has been rendered doughless right through to our grandchildren’s children. My wonderful grandchildren are so young, it’s hard to fathom future grandchildren and future progeny are now yoked to special interest lobbyist favoritism that has and continues to create debt for all the people. Where are the right people to stop it, worldwide? Rumor has it the US credit rating, you know, the one our forefathers worked so selflessly to establish, could drop further. Who are the right people to change the meaning of “entitlement from” gi me “back to “earned”? Excuse me, the doorbell rang. Mings that reside within the circumstance, be good for business. If you are a business person, I suppose you will vote for someone who will be good for business. If you are a “spread the wealth” person, maybe you already have that person to support. For me, I just always try to be the best person I can be. God knows we all struggle with it daily. What would our world be like if every person, every day, always did the right thing? If everyone always tried to be the smartest they could be, do the best they could do, be the right person around their dreams at an achievable price. It’s the appropriate time to get the right person for your family. CMC can even get you the right loan if you are so inclined.

Taking the time to change your ballot in the coming months, if you are a business person, I suppose you will vote for someone who will be good for business. If you are a “spread the wealth” person, maybe you already have that person to support. For me, I just always try to be the best person I can be. God knows we all struggle with it daily. What would our world be like if every person, every day, always did the right thing? If everyone always tried to be the smartest they could be, do the best they could do, be the right person around their dreams at an achievable price. It’s the appropriate time to get the right person for your family. CMC can even get you the right loan if you are so inclined.

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**THURS & FR 1-4pm**
- 553 Bonita Pl.  3BR/2.5BA  $1,249,000  
  - Elizabeth Poter  858-922-6609

**SAT & SUN 11-2pm**
- 6253 Gowerling Dr.  4BR/4BA  $899,000-$998,000  
  - 819-992-4532

**SAT & SUN 1-4pm**
- 8681 Glenview Lane  5BR/4.5BA  $1,325,000  
  - Al Johnston  858-944-1116

**SAT & SUN 11-2pm**
- 5401 Parkview Dr.  4BR/2.5BA  $1,389,000  
  - Vincent Conrad  858-519-1295

**SAT & SUN 1-4pm**
- 7342 Eads Ave.  1BR/1BA  $599,000  
  - Alex De Rosa  858-752-3803

**SAT & SUN 1-4pm**
- 8966 La Jolla Scenic North  3BR/2BA  $595,000  
  - David Murray  858-349-5216

**SAT & SUN 1-4pm**
- 7105 Country Club Dr.  4BR/3.5BA  $1,200,000-$2,200,976  
  - Elizabeth Poter  858-922-9329

**SAT & SUN 1-4pm**
- 9300 California Square  3BR/2.5BA  $1,249,000  
  - Bob Anderson  858-517-4404

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- 3893 Pacifica Drive  4BR/3.5BA  $1,495,000  
  - Lynn Walton  858-456-3691

**SAT & SUN 1-4pm**
- 423 Riva Rd.  3BR/3BA  $2,375,000  
  - Susan Liddell  858-507-9995

**SAT & SUN 1-4pm**
- 7344 Otay Mesa Ave.  3BR/2BA  $2,340,000  
  - 858-354-1735

**SAT & SUN 1-4pm**
- 5519 Chelsea  3BR/4BA  $2,999,990  
  - 858-377-3265

**SAT & SUN 1-4pm**
- 6933 Neptune  4BR/4BA  $5,525,000  
  - Denver De Jauregui  858-248-7627

### PACIFIC BEACH / MISSION BEACH / CROWN POINT

**FR & SAT 3-5pm**
- 3863 Lamont A J J  3BR/2BA  $649,000  
  - Stacey Studebaker  858-349-3075

**SAT & SUN 1-4pm**
- 1309 Remington St.  3BR/2BA  $295,000  
  - 858-488-7355

**SAT & SUN 1-4pm**
- 4040 & 4080 Morrell St.  4BR/3.5BA  $684,000-$684,000/each  
  - Kathy Evans  858-486-7355

**SAT & SUN 10-4pm**
- 4627 Ocean Blvd. #221  2BR/3BA  $749,900  
  - Kathy Evans  858-486-7355

**SAT & SUN 10-4pm**
- 1056 Chelsea Court  3BR/2BA  $498,000  
  - Kathy Evans  858-486-7355

**SAT & SUN 10-12:30pm**
- 721 Diani Ct.  3BR/2BA  $1,218,850  
  - Catherine Visco  858-829-2761

**SAT & SUN 10-4pm**
- 7037 Chelsea St.  3BR/2BA  $549,000  
  - Robert Realty  858-952-8627

**SAT & SUN 10-4pm**
- 4270 Lamont Rd.  2BR/2BA  $319,900  
  - Robert Realty  858-952-8627

**SAT & SUN 10-4pm**
- 4126 Benesi Dr.  3BR/2BA  $299,000  
  - Robert Realty  858-952-8627

**SAT & SUN 10-4pm**
- 4430 Birluma St.  3BR/2BA  $875,000  
  - Robert Realty  858-952-8627

### BAY PARK

**SAT & SUN 1-4pm**
- 1995 Erie St.  3BR/1.5BA  $698,000-$725,000  
  - Tim Fuller  858-226-8634

### CHULA VISTA

**SAT 1-4pm**
- 2150 Cabo St.  3BR/2BA  $525,000  
  - 858-699-6555

**CHULA VISTA**

**SAT & SUN 1-4pm**
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