ANONYMOUS BEQUEST Nobody seems to know who’s responsible for these pretty sand castles, erected at La Jolla Shores as part of the area’s many nods to summer – but we’re glad Terry Kraszewski and her daughter, Heather, ambled by to take the shot. Sculptures like these are commonplace along our coast, and the cool part is that they can crop up at almost any time of the year.

COURTESY PHOTO

A CONSONANT MAN

Alex Krzyz (like “Chris,” only with a “z”) is thrilled to be in action with the La Jolla High School sand volleyball club – especially since a medical condition almost kept him out of action for six months. See his story on PAGE 7.

A movement whose time has come

Now you see ’em, now you don’t — the franchises that ply their trades for only part of the year hoping to eke out inroads into other locales. They’re the so-called pop-up businesses, whose stated intention is to appeal mostly to seasonal interests (Halloween costumes and gear, Fourth of July flags and clothes, Easter bunnies and chocolate peeps) before closing up shop and moving to another destination in the interest of the target cities’ economic development.

It’s actually been going on since 1999, when an L.A. retail chain called Vacant sold a limited number of niche items and opened and closed several times in the process. That means Los Angeles has brought some pop-up experience to bear — in fact, one L.A. franchise is setting up shop in La Jolla, driven by the pay-it-forward climate the spirit of the season represents.

TOMS is joining the neighborhood with its first pop-up “Give Shop,” which opened on Oct. 14 at 7802 Girard Ave. Shoes, optical frames, sunglasses and coffee are TOMS’ stock in trade, but charity is the motive behind each sale. Partial proceeds go to child welfare, compromised-vision programs and improvements in water-quality systems, in exchange for which customers receive credit for goods and services. They can also learn how to get involved through local volunteer opportunities, and they’ll find an interactive “How I Give” chalk wall on which they can chart the ways they intend to give back.

TOMS cites Nordstrom and Wounded Warriors among its business partners. “This idea about La Jolla goes back quite a few months,” TOMS’ director of alternative exchange for which customers receive credit for goods and services. They can also learn how to get involved through local volunteer opportunities, and they’ll find an interactive “How I Give” chalk wall on which they can chart the ways they intend to give back.

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SEE TOMS > PG. 20

SEE TURFDOG > PG. 19

HANGIN’ 20

Ricochet surfdog hits Shores on mission to save lives

By DAVE SCHWAB

Two critically ill 19-year-old men, both named Jacob and both needing heart transplants, rode the waves at La Jolla Shores together with acclaimed surfdog Ricochet Oct. 10 to make a statement.

“What we’re doing today is to try to raise awareness for the need for organ donors,” said Judy Fridono, Ricochet’s owner, during a live morning TV news shoot.

“This is a special story because of all the similarities between these two boys,” Fridono said.

Jacob Kilby of San Diego underwent four open-heart surgeries between his birth in 1995 and his second birthday to correct the problem. But the attempts failed, and he was given 24 hours to live. Miraculously, he received a life-saving heart transplant at the last minute. Today, however, he finds himself needing a second heart transplant.

Even though there are a lot of similarities with the Jacobs, there is one big difference: Jacob Jumper of Texas did not receive a heart transplant as a child. He grew up with an abundance of health issues, was often hospitalized and was never able to run around or play sports.

“Growing up, the doctors told us in kid-friendly terms that Jacob was essentially born with half a heart,” said Jumper’s sister, Hailey, who was present for his surf lesson. “For

Surfdog Ricochet counterbalances the board as Jacob Jumper (center) and Jacob Kilby take the ride of their lives.

PHOTO BY RACHEL JONES

Keith Eshelman makes a friend as TOMS provides shoes to children on an excursion to the Republic of Haiti.

COURTESY PHOTO

SAN DIEGO COMMUNITY NEWSPAPER GROUP

FRIDAY, OCTOBER 17, 2014

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LA JOLLA'S LOCALLY OWNED INDEPENDENT VOICE SERVING UNIVERSITY CITY AND LA JOLLA TODAY AND EVERY DAY

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By MARTIN JONES WESTLIN

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SEE TOMS > PG. 20

SEE TURFDOG > PG. 19
Woman killed in car mishap identified as Chamber VP

The woman killed Oct. 7 by a vehicle as she was unloading her car on Girard Avenue has been identified as Melissa Bonney Ratcliff, vice president of the San Diego Regional Chamber of Commerce.

San Diego police reported that Ratcliff had been unloading her car shortly before noon on Girard near Silverado Street when a 91-year-old driver backed out of a nearby parking spot on the other side of the street, crossed lanes and hit Ratcliff.

The cause of the crash remains under investigation.

In a report released Oct. 8, the medical examiner’s office said Ratcliff, 45, died of blunt force injury to her torso and listed her manner of death as an accident.

Ratcliff served as vice president of marketing and events for the chamber of commerce. She was hired by the chamber earlier this year, according to a March chamber news release.

She was described as a “national- ly recognized leader in marketing and strategic communications” and previously worked as a press secretary for the Democratic National Committee. She also served in the White House in the 1990s as former Vice President Al Gore’s deputy director of communications, according to the chamber.

The chamber issued a statement saying members were “grief-stricken over the tragic loss.”

“She was a well-respected and valued member of the chamber team and will be missed by all of us,” the statement said. “We’re deeply saddened by her loss and send our thoughts and prayers to her family and friends.”

Children’s Pool beaches closed amid sewage leak

The beaches around the La Jolla Children’s Pool were closed Oct. 14 after anywhere from 100 to 5,000 gallons of sewage leaked into the ocean.

At about 5 a.m., a private sewer pipe became blocked in the 1000 block of Prospect Street, causing sewage to flow southwest down Coast Boulevard and into a storm drain that empties to the Children’s Pool, said county officials.

The spill was cut off around 8:45 a.m. Authorities have posted closure signs from 1,000 feet south of South Casa Beach to 1,000 feet north of the Children’s Pool. The signs will stay in place until sample testing shows the water is no longer impacted.

The county’s beach water-quality website, sdbeachinfo.com, will provide updates on the situation.

Merchants group board votes are in

It took a while, but the preliminary results of the La Jolla Village Merchants Association board voting have been recorded. The association has a few days to wait for challenges, but the outcome for the 10 open seats is as follows:

Krista Baroudi, La Jolla Cove Suites, and Leon Chow, C&H Photo, (each with 81 votes); Terrence Underwood, Grand Colonial, and Richard Walker, Richard Walker’s Pancake House, (78 votes); Claudette Berwin, Gallery Properties, (77 votes); Paul Burke, PSB, and James Niebling, Esteban Interiors, (74 votes); Elsie Arredondo, Monarch Gallery, (73 votes); Michael Dorvillier, Symbio Financial, (72 votes); and Glen Rasmussen, Glen Rasmussen Attorney, (71 votes).

The meeting was held Oct. 8. The members, who meet the first Wednesday of the month, serve two-year terms and help oversee the activities of 1,400 La Jolla-area businesses.

For more on the merchants group’s most recent meeting, see Page 23.

— Dave Schub

Seals come to the Children’s Pool to bathe and give birth to their pups. The introduction of these seals to the Children’s Pool in La Jolla has caused recent controversy over whether the beach should be preserved for the marine life or for area children. People are barred from the area beginning Dec. 15, the start of seal pupping season.

LJCPA bylaws meeting set

A trustees meeting as provided for in the La Jolla Community Planning Association (LJCPA) bylaws has been called for Wednesday, Oct. 29, at 6 p.m. at the La Jolla Recreation Center, 615 Prospect St.

“The purpose of these special meetings is to resolve an ongoing dispute with the city of San Diego pursuant to... the LJCPA bylaws,” said LJCPA president Joe LaCava. “The city has determined a violation by the LJCPA as a whole in regards to the March election has proven and there is a need for the LJCPA to take corrective action.”

LaCava said the resolution as described in the two agendas is a compromise solution offered by the Office of the Mayor in light of the arguments presented by the LJCPA. “Implementing the solution and thus resolving the dispute requires action in two parts, first by the members, then by the trustees,” LaCava said.

Background information is available at lajollacpa.org/projects.html.

San Diego French-American School

San Diego French-American is a unique bilingual French-American school for area children. The school is open to any area child (ages 2-4) who can benefit from a French immersion experience.

All instruction is conducted in French, and the curriculum is designed to reflect the educational standards set by the French Ministry of Education and the San Diego Unified School District (grades K-12).

The school is recognized by the French government as an École Française d’Excellence (French School of Excellence) and is a member of the American Federation of Bilingual Schools.

San Diego French-American is a private, non-profit school and is accredited by the WASC (Western Association of Schools and Colleges).

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• Multi-cultural, international environment
• Non-French speakers welcome
• Pre-elementary French teachers hold a master’s degree in education
• Advanced math curriculum in all grades
• Bilingual French-American curriculum prepares students for American or international high schools.

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Trial begins in La Jolla robbery case, Pacific Beach burglary

Opening statements and testimony began Tuesday, Oct. 14 in the trial of a man whose ex-girlfriend wrote an incriminating letter to the sheriff’s department that detailed the man’s crimes, such as accosting a La Jolla real-estate agent and a Pacific Beach burglary. The jury and alternates in the trial of David Allen Grab were sworn in Oct. 10 by San Diego Superior Court Judge Melinda Lassater. The courts were closed Monday in observance of Columbus Day.

Grab is charged in four burglaries and three robberies. He has pleaded not guilty and remains in the central jail on $450,000 bail.

A 22-year-old man and a 20-year-old woman were robbed at gunpoint and briefly kidnapped early Oct. 5 near the east campus of UCSD. Police said the couple were walking south on Genesee Avenue and Regents Road about 2:15 a.m. when a silver Subaru stopped beside them. A man in the rear seat got out of the vehicle and pointed the gun at the couple. The victims handed over their backpacks and got in their car as ordered.

After driving them to Campus Point Drive, the driver beat the man and then told both victims to get out of the vehicle. While the couple hid in bushes, the suspects fired shots in the air and drove away.

Both suspects’ faces were covered, according to police. The victims described both suspects as Hispanic and in their 20s. Anyone with information about the incident is urged to call Crime Stoppers at (888) 580-8477.

Miller case suspended amid competency doubts

Criminal proceedings were suspended Oct. 7 for Odie James Miller Jr., who is suspected of stabbing a biotech executive near the Westfield UTC after his attorney told a judge she doubted he was mentally competent. Deputy District Attorney Geoff Allard said Oct. 10 that the San Diego Superior Court judge was obligated to order mental health testing for Miller, 21, since his attorney didn’t think he could understand court proceedings or help in his own defense.

Miller remains in jail, and another judge will read psychiatric reports about him prior to a Dec. 3 hearing. If the judge finds Miller is not mentally competent to stand trial, Miller would be committed to a state mental hospital and would likely be given medical treatment. He would return for trial if doctors believe he regains competency.

Miller’s father, Odie Miller Sr., has told several television news stations he tried to warn police and the courts about his son having stopped taking his medication. Miller Jr. is on probation for attacking his father with a knife in an earlier case.

Suspect pleads guilty in multiple bank robberies and attempts

A man suspected of holding up banks in La Jolla and Torrey Highlands has pleaded guilty to all charges, which include five other bank robberies and two attempted robberies.

Victor Lamar Moore, 33, will be sentenced Nov. 24 and faces up to nine years in state prison.

Moore admitted to the Jan. 4 robbery of a U.S. Bank that was inside an Albertsons grocery store at 7895 Highland Village Place. He presented a demand note for $10,000 to the teller.

The teller asked him if he was joking, saying she did not have anything near $10,000. Moore said he wasn’t joking and asked for what the teller had. He added, “There’s nothing personal” about the hold-up before leaving with $800.

A San Diego police officer spotted a vehicle that fit the description of the getaway car and pulled it over on Interstate 5. Inside the car, police said money obtained from the bank.

Moore’s arrest marked the end of the robbery series.

Moore also pleaded guilty to holding up a Wells Fargo bank, the first bank he robbed, on La Jolla Village Drive on Aug. 24, 2012. The other banks and a credit union were located in Carmel Mountain, Scripps Ranch, Rancho Bernardo, Solana Beach and San Diego.

A 22-year-old man and a 20-year-old woman were robbed at gunpoint and briefly kidnapped early Oct. 5 near the east campus of UCSC. Police said the couple were walking south on Genesee Avenue and Regents Road about 2:15 a.m. when a silver Subaru stopped beside them. A man in the rear seat got out of the vehicle and pointed the gun at the couple. The victims handed over their backpacks and got in their car as ordered.

After driving them to Campus Point Drive, the driver beat the man and then told both victims to get out of the vehicle. While the couple hid in bushes, the suspects fired shots in the air and drove away.

Both suspects’ faces were covered, according to police. The victims described both suspects as Hispanic and in their 20s. Anyone with information about the incident is urged to call Crime Stoppers at (888) 580-8477.

Miller is accused of stabbing the 44-year-old executive, referred to in court records as Brian M., on Aug 6 in the vicinity of a tennis court and a driveway at a house near the Westfield UTC after his attorney told a judge she doubted he was mentally competent. Deputy District Attorney Geoff Allard said Oct. 10 that the San Diego Superior Court judge was obligated to order mental health testing for Miller, 21, since his attorney didn’t think he could understand court proceedings or help in his own defense.

Miller remains in jail, and another judge will read psychiatric reports about him prior to a Dec. 3 hearing. If the judge finds Miller is not mentally competent to stand trial, Miller would be committed to a state mental hospital and would likely be given medical treatment. He would return for trial if doctors believe he regains competency.

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Moore also pleaded guilty to attempting robbery of two banks in El Cajon and San Ysidro.

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Debbby Knight, head of Friends of Rose Canyon since the group’s inception, doesn’t drink or smoke cigars the way Civil War Gen. Ulysses Grant did. But she’s lead- ing the fight against a proposed bridge in Rose Canyon Open Space Park, a rugged City University venue between Regents Road and Genesee Avenue offering trails, wildlife views and bird watching. “I сторона the Friends of Rose Canyon said, “I didn’t know what a canyon was. I just wanted a place to run off the urban roads. Then I discovered the peace of the canyon, a won- derful natural place to get away. As a magazine writer on environmen- tal places, the last thing I wanted to do was get tied down with com- munity activism. I grew up in Bethany, Conn. and loved to play in the woods and streams.”

But one thing led to another, and the bridge issue — initially fueled in 1960, when the City of San Diego proposed a bridge to link Regents Road southern and north- ern ends — took form in 2002, when Friends of Rose Canyon was founded in Knight’s living room. Since then, Knight has educated hundreds of canyon and watershed residents in San Diego. She is paid a modest salary for her efforts and has brought many people to Rose Canyon, especially children. The latter come to the canyon to explore, pick up bugs and get a hands-on lesson in nature. Kids from Spreckels, Curie and Doyle elementary schools, City University High School and several others are regular visitors.

“Wit grew up in Connecti- cut,” she said, “it was a time when you could go outdoors and feel safe. I wanted that for San Diego children.”

Two bridges have been shot across the pro-bridge and anti-bridge trenches, and the war of words has been pretty straightforward.

Proponents of the bridge-form U.C. Connection, a group of resi- dents opposed relocation from traffic on Genesee and a second surface street evacuation route in the event of a catastrophe like the 2003 Cedar fire, although U.C. has 805 and 52 available.

But Marcia Munn, president of UC Connection, development in North University City continues at an alarming rate, and the proposed trolley stop will not benefit South University City.

“It will be a magnet to attract traffic on Genesee,” she said. In 2006, the City voted to certify an environmental impact report on the project and build the bridge. The report took three years to complete at a cost of almost $3 million. Friends of Rose Canyon sued over the adequacy of the report, along with San Diego Audubon Society and Endangered Habitats League. In the settlement, the city agreed to withdraw certain essen- tial elements of the report and agreed not to proceed without doing a new study.

In 2007, with no report, the city voted to approve a contract for final design of the project, a violation of state environmental law. Friends of Rose Canyon sued again. The City put the contract on hold and eventu- ally withdrew it in order to settle the lawsuit.

When District 1 City Coun- cilmember Sherri Lightner was elected in 2008, she ran on a plat- form that opposed the bridge. In her opinion, the bridge would be an on-ramp for Route 52 and ruin the community — as well as the canyon — without providing traf- fic relief. She said she felt a fire sta- tion in South University City was the real answer for the community. Munn thinks Lightner has turned a deaf ear to anyone who wants the bridge.

“In 2006,” Munn said, “the issue went to the City Council, resulting in a 6-2 vote in favor of the bridge. Three fire chiefs, start- ing with Jeff Bowman, have favored the bridge as the best safe- ty measure for this community. A fire station would be a welcome safety trigger, but it would solve neither the evacuation problem nor the problem of reaching a medical facility when Genesee is blocked.”

A few weeks ago, Mayor Kevin Faulconer held a press conference at the dead-end of Regents Road overlooking Rose Canyon Open Space Park. He talked about Regents Road improvements, with Lightner slated to announce Faulconer’s intention to take the bridge out of the community plan, along with the widening of Gene- see. South University City fire station is the answer.

Meanwhile, Knight thinks the bridge’s time has passed. “It is estimated to cost $35 mil- lion to build,” she said, “and the bridge would need to do a new envi- ronmental impact report, and it is likely the bridge would not be able to meet today’s strict environmen- tal standards. The fire station would cost a lot less to build, and there would be benefits for both local hospitals and libraries. We are in a completely different situation today than 50 years ago.”

“Genesee is not congested except for peak hours in the morning going north and in the evening going south,” according to Knight. “The facts are seen in the 24-hour traffic count, which is flat. The count is the same as in 1987.”

Faulconer is also working to get rid of the widening of Genesee in the community plan.

Munn feels the negotiations to remove the bridge were carried out without input from U.C. Connecti- cut. “There was a deaf ear to the prospect of the Regents Road bridge.”

Faulconer’s intention to take the bridge out of the community plan.

Marcia Munn says District 1 City Coun- cilmember Sherry Lightner has turned a deaf ear to the prospect of the Regents Road bridge. COURTESY PHOTO

San Diego Mayor Kevin Faulconer favors removing the Regents Road bridge project from University City’s community plan. COURTESY PHOTO
Once again this year, there will be a beefed-up police presence in Bird Rock to discourage bad behavior during Halloween on Friday, Oct. 31. “Halloween is a Friday night, and we’re anticipating it will be very busy,” said Michelle of Neighborhood Watch in Bird Rock. Residents are encouraged to give out candy only between 5 and 8 p.m.

The Bird Rock Community Council (BRCC) has contracted for six off-duty officers to walk the streets. In addition, Michelle said, “The San Diego Police Department (SDPD) ... will support us again with more resources than they did last year, which will include the Retired Senior Volunteer Patrol (RSVP),”

Michelle noted that the community has been plagued in the past by vandalism, teen drinking and fighting. “The San Diego police should be thanked for their continuing support,” Michelle said.

The BRCC has issued these tips: know where your children are at all times; use a flashlight and light-colored/reflective clothing; walk in a group and report suspicious or illegal activity to police; and inspect all candy before consuming it.

The BRCC also notes it’s important for parents and their children to have an arranged meeting point should they get separated, which happens most every year amid the fun and excitement of the event.

The SDPD has sent out a reminder that it will be enforcing laws, including the Social Host Ordinance, which holds adults responsible for hosting gatherings of three or more people where even one minor consumes alcohol.

No trick to it: ‘Pillage the Village’ event is bigger by the year By DAVE SCHWAB

Youngsters will once again “Pillage the Village” at this year’s installment in La Jolla’s downtown from 3 to 6 p.m. on Halloween, Friday, Oct. 31.

Co-sponsored by La Jolla Village Merchants Association (LJVMA), the La Jolla Real Estate Brokers Association (REBA) and the La Jolla chapter of Kiwanis, Pillage the Village has quickly become a seasonal community tradition in the Jewel.

“We’re getting more reach into the community and making it clear to everybody what we can do,” LJVMA’s Economic Development Division spokesperson Leon Chow said about the event’s growing significance.

“This is a freebie. It’s such a natural.”

Chow noted that local school kids will be going right from costume parades at their schools to trick-or-treating in the Village. LJVMA board member Claudette Berwin said there’s been talk of combining Pillage the Village with another event to make it even bigger in the future.

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If you play your cards right, the fall festival folks might just give you a canoe tour. COURTESY PHOTO

La Jolla’s signature trick-or-treat fest might merge with another event. COURTESY PHOTO


The seventh annual family friendly fall festival, hosted by the nonprofit La Jolla Shores Merchants Association microdistrict, will be held Wednesday, Oct. 22, from 4 to 7 p.m. along the Avenida De La Playa commercial strip.

“Hours have been expanded this year, and we’ll have face painting, a jump house for kids and a band on the Laureate Park lawn,” said Terry Kraszewski of Ocean Girl Boutique.

The event will also feature live entertainment from the Hubbardoo Band and food by local restaurants like Osteria Romantica, Voulez Vous Bistro, El Charro, Piatto’s and Yogurt Escape. Kids can enjoy clowns, face painting and balloon art as well as train rides.

Tickets are $7 presale and $10 the day of the event, with children age 3 and under admitted free. Presale tickets can be purchased at Shores businesses with event posters in their windows.

“They will get passports from participating businesses that they can have stamped to get food and treats,” Kraszewski said, adding there will also be raffle prizes provided by Shores businesses.

“Kids and adults are urged to wear Halloween costumes,” said Kraszewski.

“There are some surprises brewing,” promised Iazy Tihanyi of Surf Dina, a micro Business Improvement District (BID) member. La Jolla Shores Association chairman Tim Lucas said raffle prizes will include room stays at local hotels and meals at restaurants like The Marine Room.

“You might even win a kayak tour if you’re lucky,” Tihanyi said, pointing out all proceeds benefit the merchants association to be used for funding future festivals and community projects like beautification landscaping.

Contact La Jolla Shores Merchants Association with any questions at (619) 840-3482 or lajollashoresmerchants@gmail.com.

Expanded fall festival will have a surprise or two By DAVE SCHWAB

Kraszewski, of Ocean Girl Boutique, also said, adding there will also be raffle prizes provided by Shores businesses.

“Kids and adults are urged to wear Halloween costumes,” said Kraszewski.

“There are some surprises brewing,” promised Iazy Tihanyi of Surf Dina, a micro Business Improvement District (BID) member. La Jolla Shores Association chairman Tim Lucas said raffle prizes will include room stays at local hotels and meals at restaurants like The Marine Room.

“You might even win a kayak tour if you’re lucky,” Tihanyi said, pointing out all proceeds benefit the merchants association to be used for funding future festivals and community projects like beautification landscaping.

Contact La Jolla Shores Merchants Association with any questions at (619) 840-3482 or lajollashoresmerchants@gmail.com.

If you play your cards right, the fall festival folks might just give you a canoe tour.
Vikings’ Alex Krzyz: You can’t keep a good man down

By ED PIPER

Volleyball defensive specialist Alex Krzyz, a man of many consonants, wants to fly. Yet in his favorite sport, he stays grounded, guarding the rear row and backing up the high-leaping hitter-blockers that populate the front.

Krzyz — whose surname is pronounced “Charz” (”like ‘Chris’ with a ‘z’,” the La Jolla High School senior says) — wants to be a commercial airline pilot. But right now, he’s doing quite well, thank you, with his feet firmly planted in the sand of Mission Beach as the Vikings sand volleyball team continues competitive play undefeated after the first month — this despite a health problem that threatened to sideline Krzyz for half a calendar year.

Krzyz and new teammate Luke Lentin, a freshman who likewise is shorter by volleyball standards, play mostly as the Vikings’ third pair in coach Dave Jones’ varsity lineup. “Indoors, Alex is one of our best jump servers and passers,” says Jones, who coaches Krzyz in fall sand volleyball (not yet a California Interscholastic Federation sport) and in spring indoor volleyball.

Meanwhile, Krzyz explained, the airplane and the idea of flying captured his imagination while on a family vacation to Cancun, Mexico (the first time he’d ever flown). Since then, piloting has grown to become his career goal.

But instead of a half-year, Alex had to sit out only a month and a half during the Vikings’ indoor season. After treatment and rest, he was OK’d by doctors for a return to the court.

“It wasn’t fun sitting out,” he recalls. “I was excited to be able to practice again and to be able to play again.”

The Vikings, having graduated much of their core from the 2013 CIF championship team, weren’t expected to go far in 2014. But behind juniors Joe Palatella, a middle hitter-blocker, and Jack Chapman, an outside hitter, and the likes of Krzyz and others who stepped up, Jones’ squad marched to the semifinals before falling. In his comeback, Krzyz averaged 4.6 digs per match from his position as a defensive specialist. He totaled playing in 61 sets, remarkable after the doctors originally said he would be out for the season.

He’s philosophical about his forced time on the sidelines. “I knew there was nothing I could have done about it,” he remarked, seemingly offhandedly. Meanwhile, the Vikings sailed through their first three matches this fall.

Krzyz enjoys studying science and U.S. history. He would like to stay in California for college as he begins his preparation to be an airline pilot. He says he wouldn’t mind staying really close by attending San Diego State University.

The consonant quy is glad to be back in action for the La Jolla High School sand volleyball club.

By ED PIPER

Fall crafts and children’s activities a la San Diego in the 1870s will be held from noon to 4 p.m. in the central plaza at Old Town San Diego State Historic Park at this year’s Fall Festival. Sponsored by Fiesta de Reyes, guests are invited to come out in their best costumes and enjoy hay rides and pumpkin painting at this annual event.

Fiesta de Reyes, guests are invited to come out in their best costumes and enjoy hay rides and pumpkin painting at this annual event.

The same great articles, beautiful photos and layouts as the print version without the inky fingers!
On October 1, 2013, two male oriental fruit flies (OFFs), Bactrocera dorsalis (Hendel), were detected in San Diego County. Based on the survey data, pest biology, information from the California Department of Food and Agriculture (CDFA) Bactrocera Science Advisory Panel (BacSAP), recommendations provided to me by the CDFA Primary State Entomologist, and the CDFA Action Plan for Methyl Eugenol Attracted Fruit Flies, Bactro- cera dorsalis (Hendel), I have determined that an infestation of OFF exists in the area.

The OFF is an exotic insect originating in Asia, and has been accident- ially introduced into many parts of the world. It is a member of a closely related group of species, known as the OFF group, which are difficult to distinguish based on individual specimens. Several of these species are major fruit and vegetable pests, and collectively members of the OFF group are known to attack over 230 types of fruits and vegetables. Important California crops at risk include pome and stone fruits, citrus, dates, avocados, and many vegetables, particularly tomatoes and peppers. Damage occurs when the female lays eggs into the flesh of the fruit, making it unfit for consumption.

Under my statutory authority, as Secretary of the CDFA, I have decided, based upon the likely environmental and economic damage that would be inflicted by this infestation of OFF, that it is incumbent upon me to ad- dress this threat. This pest presents a major threat to a wide variety of California produce, with the combined 2011 gross value of these com- modities being over $12.5 billion. The permanent establishment and spread of this pest could result in significant economic costs and postharvest losses in all major California counties, and postharvest losses in commercial fruit and vegetable markets throughout the country and some foreign trade partners.

My duty to act, and this decision, is based upon authority set forth in Sec- tion 25.4, 403.5, 403, 407, 408, 5401, 5405-5406, and 5761-5764 of the Food and Agricultural Code (FAC) authorizing and mandating me: to thor- oughly investigate the existence of the pest; to determine the probabili- ty that the pest will spread; to adopt regulations (Title 3 of the California Code of Regulations, Section 3959.1) as are reasonably necessary to carry out the provisions of this code; to abate the pest from the established eradication area; and, to prevent further economic damage.

This decision to proceed with an eradication program is based upon a re- alistic evaluation that it may be possible to eradicate OFF using currently available technology in a manner that is based on the enclosed work plan developed in consultation with the Pest Prevention Committee of the California Association of Horticultural Districts (CAHD), the Pest Prevention Advisory Panel (PPAP) of the USDA, and scientists on the BacSAP. Due to the size of the infested area and the number of OFF detected, historical data indicates that erad- ication is possible. The first California OFF detections occurred in Or- ange and Santa Barbara counties in 1960, and since that time, numerous re-introductions have been delimited and successfully eradicated.

In making this decision, the CDFA has evaluated possible eradication methods. In accordance with integrated pest management principles, the following is a list of the options that I have considered for the eradi- cation of this OFF infestation:

1. physical controls;
2. cultural controls;
3. biological controls; and
4. chemical controls. Based upon input from my professional staff and out- side experts familiar with OFF, I have concluded that there are no cultural or biological controls that are effective to eradicate OFF that allow the CDFA to meet its statutory obligations. To eradicate OFF I am ordering that male attractant treatments, consisting of methyl eugenol, a pesti- cide (malathion), and a thickener be applied to utility poles and street trees to eliminate this infestation. Additionally, in the event of evidence of a breeding population on a property, feral bait spray treatments will be ap- plied to host trees and vines of infested properties. Equipment and supplies for the eradication program will occur. Descriptions of these options are contained in the enclosed work plan.

The CDFA has prepared and certified a Final Environmental Impact Report (FEIR) entitled “The Exotic Fruit Fly Eradication Program Utilizing Male Annihilation and Allied Methods,” which is implemented as per the operations described above. This FEIR identifies and analyzes alterna- tive actions applicable to exotic fruit fly eradication projects. The en- closed work plan incorporates the appropriate integrated pest management techniques as described in the FEIR. The CDFA has not detected any resident whose property will be treated via foliar bait sprays or host fruit treatments will be used within 200 meters of each detection site in order to mitigate the spread of OFF by eliminating those adult life stages not directly affected by MAT (i.e., females and sexually immature males).

If evidence that a breeding population exists on a property (i.e., imma- ture stages, mated female, or multiple adults are detected), all host fruit from each detection site and all properties within a minimum of 100 me- ters of each detection site may be removed and disposed of in a landfill in accordance with regulatory protocols. Fruit removal will occur once at the beginning of the project, but may be repeated if additional flies are detected.

Public Notification

Any resident whose property will be treated via foliar bait sprays or host fruit removal will be notified in writing at least 48 hours in advance of any treatment, in accordance with FAC Sections 5779 and 5401-5404. Fo- llowing the treatment, completion notices are left with homeowners de- tailing precautions to take and post-harvest intervals applicable to any fruit on the property. For MAT applications in public areas, notification is given to the general public via media outlets such as newspapers or press releases, and information is posted on the CDFA website at www.cdfa.ca.gov/plant/pdep/treatment/oriental_ff.html. Information con- cerning the OFF project will be conveyed directly to concerned local and State political representatives and authorities via letters, emails, and/or press releases. Press releases, if issued, are prepared by the CDFA informa- tion officer and the county agricultural commissioner, in close coordination with the project leader responsible for treatment. Either the county agri- cultural commissioner or the public information officer serves as the pri- mary contact to the media.

Please contact the CDFA toll-free telephone number at 800-491-1899 and staff will be able to assist with any questions related to this project.

This telephone number is also listed on all treatment notices.
Town council tackles Children's Pool flap

By DAVE SCHWAB

A debate over opening the sluice gates to clean Children's Pool and a presentation on creating a leash-free dog beach were the highlights of La Jolla Town Council’s (LJTC’s) October meeting.

Community activist Phyllis Minick also updated trustees on fundraising for the Coast Boulevard/Children’s Pool project. The project seeks to restore and improve the walkway overlooking Children’s Pool and the Coast Boulevard. To be added are sidewalk and viewing space, new seating with double-sided benches and new terraced landscaping that will help direct foot traffic, which is prone to congestion.

“We have been approved for $360,000 in La Jolla Development Impact Fees for the project,” Minick said in a handout. “These funds will be reviewed over the next several months, and if all goes well, will go before the City Council for approval early next year.”

Longtime La Jolla Melinda Mer-...
Fashion Week SD’s runway fare won in a walk

By CHARLENE BALDRIDGE

Playhouse extends show whose title should ring a bell

On the boards

I love it when things have such great advance sales that they extend even before opening. Such is the case with La Jolla Playhouse’s U.S. premiere of Alan Menken, Stephen Schwartz and Peter Parnell’s “The Hunchback of Notre Dame.” Directed by Scott Schwartz, the show opens in preview performances Sunday, Oct. 26, and plays its now-extended engagement through Sunday, Dec. 14, in the Mandell Weiss Theatre. The work is based on Victor Hugo’s novel and features music from Menken’s Oscar-nominated Disney film score.

Single tickets for the added week (Dec. 9–14) go on sale to Playhouse subscribers Oct. 19 and to the general public Oct. 26. Extension week tickets are available immediately through a subscription package purchase. Call (858) 550-1010 or visit LaJollaPlayhouse.org.

Meanwhile

The world premiere of Steve Martin and Edie Brickell’s “Bright Star” — a new American musical — continues at the Old Globe through Sunday, Nov. 2. By the time you read this, the major reviews will have come in. No matter what they may say, I was blown away by the tight ensemble molded by the show’s director, Walter Bobbie, who is much admired by artistic director emeritus Jack O’Brien. Carmen Cusack, who plays an era-spanning protagonist, publisher Alice Murphy, has the vocal pipes and just the right amount of twang to bring off the bluegrass sound. Her youthful love affair with the mayor’s son in 1923 doesn’t ripen for 20 years, and when it does, the payoff is bliss.

The question is whether the song-and-sentiment-laden show will sell on Broadway and indeed whether Broadway is its ultimate destination anyway. Lots of suits there opening weekend. Meanwhile, San Diego romance lovers get to hear a sigh and wipe a tear or two over the beautifully designed show. The music is the best thing about it.

More from Mainly Mozart

“In live-streamed video from Dres-}

den, Germany to Rancho Bernardo Sept. 27, Michael Francis, Mainly Mozart’s Festival Orchestra’s principal conductor and music director, celebrated his appointment by answering a few questions beamed across the big pond. In making the announcement of Francis’ appointment, Mainly Mozart concertmaster William Preucil said that selecting a maestro to replace co-founder and music director David Atherton, who retired from the organization in 2012, was a wonderful thing for those on the selection committee. The challenge of finding just the right person brought all those involved closer together. Once Francis was selected, he and Preucil had a long meeting in London. Preucil is convinced that Francis is “the man who’s going to take us where we want and need to go.”

Francis said that during his con-}
ducting stint here last year, he was impressed with the sheer level of passion and innovation he witnessed from “the world’s finest players” and the incredible musical minds brought to bear on the festival (to say nothing of the legendary barbecue he attended at the home of founding executive director Nancy Laturno Bujanic before he returned to his native Great Britain).

Surprise! Mozart lives!

The closely held secret surrounding Michael Francis’ appointment as music director of the acclaimed Mainly Mozart festival isn’t a secret anymore. On Sept. 27, Francis was named to succeed founding music director David Atherton, who retired in 2013 after the group’s 25th season. Britain-born Francis, 38, sports exhaustive international cred and is recently named music director of the Florida Orchestra, based in St. Petersburg.

Sigmund Freud returns

Old Globe Shakespeare Festival favorite Bruce Turk has returned to the area as of Oct. 15 in Mark, St. Germain’s off-Broadway hit, “Freud’s Last Session,” which plays at North Coast Repertory through Nov. 9.

North Coast artistic director David Ellenstein directs. The play concerns a fictional meeting between an aged Sigmund Freud and a former atheist named C.S. Lewis. Northcoastrep.org or (858) 481-1055.

Fashion Week San Diego 2014 ran from Sept. 29 to Oct. 5 at the Broadway Pier, overlooking a breathtaking view of San Diego Bay. La Jolla’s Wilhelmina, from Star Fashion House, delighted the audience with her cocktail dresses and eveningwear during the final runway show, and J.L. Rocha showed shoes and leather jackets on the runway. This Coronado store boasts three generations of Mexican heritage in the leather and manufacturing business; it even made a pair of shoes for Pope Emeritus Benedict XVI.

Alpaca Couture debuted its new collection on the runway. Celebrity models, R&B legend Shelly Clark-White and celebrity artist Nicolosi showed shoes and leather jackets on the runway. This Coronado store showed shoes and leather jackets on the runway. Oscar-nominated Disney film score.

For tickets, visit heels2heal.org.

at Lafayette Hotel San Diego at 5:30 p.m. For tickets, visit eventbrite.com and scroll down.

THURSDAY, NOV. 8: FASHION GALA presented by HeeS2Heal, exclusive runway show with designer Nicole Miller, to be held at the private estate of Alex and Laleh Roudi in La Jolla, 5:30 to 11 p.m. The event benefits the San Diego Youth Services. For tickets, visit Heels2Heal.org.

SATURDAY, NOV. 8: FASHION GALA presented by Leonard Simpson of Fashion Forward and Dress for Success San Diego. This event will feature an awards ceremony, a formal seated dinner, a theatrical show, dancing and an auction and will be held at the Hilton La Jolla Torrey Pines beginning at 5:30 p.m. For tickets, visit leonardsimpsonobstressed.com/tickets/

主要的是音乐。

“惊喜！莫扎特活了！”

主要的是音乐。

上周，弗洛伊德和一个38岁的前无神论者、英国人弗洛伊德•弗朗西斯在伦敦进行了长时间的会谈。普列克尔认为，弗朗西斯是“我们应该去的人，我们需要去的地方。”

弗朗西斯说，他去年在这里的指挥职务期间，他被深深打动了，有超凡的激情和创新，他见证了“世界上最伟大的球员”和不可思议的音乐头脑带来的影响。

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Local homeless and citizens academy projects keep Gardner and other volunteers busy

Nancy Gardner, of La Jolla, has been busy working with La Jolla Rotary on its 2015 community service project benefiting the situationally homeless in La Jolla and Pacific Beach, along with Northern Division police Capt. Jerry Harra, Lt. Misty Cedrun of the San Diego Family Justice Center, La Jolla Rotarians and several community leaders and volunteers.

Nancy and others recently led a group of San Diego FBI Citizens Academy Alumni Association graduates to a week of briefings and tours in Washington, D.C. The 18 attendees had the opportunity to visit the Supreme Court in session, Arlington National Cemetery, The Rayburn Building, Congressional offices of Darrell Issa and Scott Peters, a Capitol tour, special briefings and several other tours, including those at FBI headquarters, Quantico training center and the Pentagon.

They experienced a lovely dinner reception at the home of Vice Adm. William and Monika French, along with other admirals who had commanded Naval installations San Diego. The group also toured the White House and availed themselves of Old Ebbit's Grill, The Willard, The Ritz Carlton and The Good Stuff Eatery in Crystal City...not to be missed on any future trips.

The FBI Citizens Academy supports the FBI outreach efforts into communities in San Diego that can benefit from the education and integration projects afforded them. Throughout the year, many projects for students are sponsored, along with training and informational sessions for alumni association members incremental to the classes taken by the Citizens Academy graduates in their initial training.

Nancy, pictured here outside FBI headquarters with Vice Adm. William French, ex-commander of Navy Region Southwest (which includes San Diego), can be reached at her CMC Finance office, (858) 456-3000, for further information.

– Staff and contribution

FREE community event

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> Art Gallery
> Demonstrations
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> Rock Wall & Inflatables
> Carriage & Pony Rides
> Petting Zoo
> Kids’ Arts & Crafts

TASTE OF POINT LOMA

11 a.m. – 1 p.m.
Enjoy a taste from these local restaurants:

> Oigg's
> Point Loma Barons
> Chick-fil-A
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ASK A PROFESSOR

10:30 a.m. & 12:30 p.m.
Come with your questions to ask our PLNU professors as they host 30-minute sessions on current topics of interest:

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www.pointloma.edu/fallfestival
Dining

San Diego's a little less French with Maitre D' closing

By MARTIN JONES WESTLIN

Maitre D', the French restaurant ensconced in Bird Rock since its 1982 opening, was designed with the “old-style elegance” and cool “dress-up” ideal in mind. The reviews trumpeted touches like chandeliers, swan-shaped sorbet, decorative lilies and tableside cooking, and the lofty prices were arguable proof that patrons got what they paid for. Louis Zalesjak, who at 79 has trotted the globe in the restaurant industry over 64 years, was behind his eatery every step of the way, noting that the reservations-only venue had takers through early 2015.

Then came Sept. 20, the date of Maitre D's official closing. Zalesjak, who sold the building at 5523 La Jolla Blvd. to a Belgian firm for $2.15 million, says he has little additional knowledge of the transaction — he's been too busy calling the unhappy folks whose holiday plans included the restaurant.

“They're a little sad,” Slovenia native Zalesjak said. “But I can’t help it. This is a nice change. Y’know, for 64 years, I never had Christmas or New Year's off. Now I'll have the holidays, and the next 10 years, to find out what I want to do.” Meanwhile, he said, his staff is well equipped for subsequent employment amid his drill-sergeant training. “They can cook and serve the wrong way,” he declared, “only over my dead body.”

I never did visit Maitre D’, whose menu included rack of lamb Dijonnaise and Tournados Marchant de Vin and other entries whose favor has perhaps faded with time. Most important to me is that Maitre D’ was a French restaurant; that alone was reassurance that the Republic (which, after all, is very seriously the reason the United States exists) lives to fight another day.

But per Joni Mitchell, you don't know what you got 'til it's gone — and that’s why I already miss this neighborhood staple. Paradise isn’t exactly putting up a parking lot in its place, but to uninitiated (and regretful) admirers like me, it might as well.

Wake up and ‘Swell’ the Coffee!

A few months ago, The Patio Restaurant Group formed a partnership with the Mission Beach-based Swell Café to bring customers the best, locally roasted coffee in San Diego. Don’t just take our word for it; Swell Café was voted “Best Coffee in San Diego” by San Diego Magazine this year.

The Patio on Lamont Street currently features a signature blend of coffee from Swell containing a mix of Colombian, Guatemalan and Ethiopian beans. It’s called the “Piazza” blend. It’s available at the restaurant for purchase or at The Swell Café.

If specialty coffee drinks are more your style, look no further. The Patio is serving up cappuccinos, lattes and mochas for $4. Or, if you’re in the mood for something more adventurous, try our Faux-Tella Coffee, made with Hazelnut Bailey’s, Godiva Milk Chocolate, coffee, whipped cream, and hazelnut. It’s perfect for fall as the nights grow cooler!

The Patio on Lamont Street is currently open every day at 9 a.m. Stop by for breakfast and experience the coffee everyone is talking about!
Donovan’s
Donovan’s sets the standard of fine dining excellence. A classic steakhouse. A stylish, lively atmosphere. Cordially friendly. We like to think of Donovan’s as your own special place. A place where you can celebrate with friends, family and associates.


The Broken Yolk Café
The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are more than 20 different omelets to choose from, as well as a wide variety of other breakfast favorites which include pancakes, waffles and french toast. Feel more like lunch? Try one of our juicy half-pound burgers or one of our large sandwiches.

Ahi Sushi & Grill
If you love Sushi, then you’re in for a treat at the new Ahi Sushi & Grill. With more than 260 items on their menu, they are sure to have all your favorites. As casual venues go, Ahi caters to a different level of taste, chiefly because of its attention to presentation. You get a dragon roll in the shape of a dragon, a caterpillar roll that looks like a caterpillar and an orange cut to look like a bear, a rabbit or any animal that comes to the artist’s mind. Meanwhile, that giant menu includes Chinese entries as well, and you can eat them in front of a big-screen TV. Ahi Sushi & Grill is located at 3949 Governor Drive in University City in the shopping center. For more information, call (858) 678-0288 or visit iloveahi.com. Ahi has other locations in Alpine, San Marcos and San Diego as well.
Halloween Window Painting on La Jolla Blvd
Come join the fun! Saturday, October 25th Bird Rock Merchant District 10:00 a.m. to 12:00 p.m.

Children Grades K-5
Check in at Edward D. Jones office
5695 La Jolla Blvd
(at Bird Rock Avenue)

Come paint a merchant's window with your friends and family. All supplies will be provided. A responsible adult must be present at all times. Windows to be painted for Halloween for all to enjoy!

Please Pre-register
To make sure we have sufficient supplies and windows, all participants must pre-register by e-mailing Andrew Ward at:
andrew.ward@edwardjones.com

Please provide your name, e-mail address, cell phone number, # of children, and their ages. You will be assigned a merchant window at check-in.

If you are a Bird Rock Merchant and would like to advertise on this page, contact Mike Fahey 858.270.3103 x117

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Next Bird Rock Page Prints
Nov. 27th!
It doesn’t seem possible (at least not to the organizers), but the sixth La Jolla Art & Wine Festival, held Oct. 11 and 12, is history. Expected attendance of 40,000 was met as the free event fueled its reputation as one of the region’s premiere festivals, with Talia Hayward’s unusual coin art (below), street performance (upper right) and stationary visual pieces (lower right) fueling the imaginations of kids of all ages. Profits go toward underfunded programs like art, music, science, physical education, technology and on-site medical care at local public elementary and middle schools. Receipts for 2014 aren’t in yet, but since its inception in 2009, the festival has raised nearly $340,000 for these programs.

FESTIVAL COURTESY PHOTOS; TEXT BY MARTIN JONES WESTLIN
“Disbelief” is the third state. Slowly, numbness becomes cognitive dissonance. The phone rings, you think it’s him — it isn’t, he’s dead. You get some news you want to share with her; for a split-second you plan on doing so, then you realize you cannot, because she is gone. Even though you know your husband has passed, you keep expecting to see him sitting on the sofa reading the newspaper when you come home or to hear him making coffee when you get up in the morning; you shop for two; you say “us” instead of “me.” Your unconscious hasn’t yet caught up with the new reality of your life, and it will take time to reprogram your reflexes and habits.

Reality
Pain
The pain comes on suddenly while I drive or eat dinner or talk to a friend
the pain is terrible
it starts somewhere
in the center of my body
and radiates out everywhere
it’s the pain of being aware of how I miss him
in that moment
the overpowering awareness of his forever absence
and there is no one to turn to nowhere to go
no getting away
no possible refuge
no stopping the pain
it sits there
enveloping me
and I am helpless in its grip
contemplating with awe
the immensity
of how much pain one can bear
without dying from it
Finally you are emotionally able to accept “Reality,” the fourth state.
You get in touch with the finality of death, with the permanent absence of the beloved spouse, with having to live without the one you cannot live without. It is a period of intense grief for most people. You may be plagued with guilt, the urge to blame someone, and unanswerable questions. “How could this have happened?” “Maybe we could have done more to save him.” All the “could have,” “should have,” “why did I?,” “why didn’t I?” come surging into our consciousness.
You are left alone; there is no one to share the minutiae of daily life.
You have lost the witness to your life. No one knows what you had for breakfast, what you just read, where you went, what you thought. And, worst of all, no one really cares. The feeling of isolation is pervasive. You are no longer the center of anyone’s life, nor is anyone the center of yours.

Alienation
Alone at a Party
Going alone to a party will the people be friendly?
will someone talk to me?
will I stand in a corner or will I stand in a corner glass in hand scanning the room for a familiar face
do I turn to other people — daughter, son, wife, what are you?
You experience the fifth emotional state, “Alienation.” We tend to surround ourselves in relationships to other people — daughter, son, mother, father, wife, husband, friend, … So if you are no longer a wife, what are you? You are single in a couples world: you market for one, cook for one, walk alone, go to a party and stand in the corner with a glass in your hand watching happy couples. You’re not a whole person; you are half a couple.
I became grateful when couples invited me to join them for dinner or a movie, but I found the odd number uncomfortable (“three’s a crowd.” “the fifth wheel”). Unless they are old friends, there is a level of discomfort felt by your companions too. This uneasiness is probably why many recent widows are dropped by some couples. It is also my experience. The way to keep up with the relationship is to reciprocate: treat the couple to dinner or lunch or get tickets to the theater or a concert. You must become creative to maintain friendships.

Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 20 books. She lives at the White Sands in La Jolla.
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2 children between Mondays to Fridays, each of these days through the time, is going to quite a fine so we can work with each other's schedule if you have

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Nierenberg Prize recipient says stop eating so much

Award-winning author Michael Pollan says everything he's learned about food and health can be summed up in seven simple words:

“Think like a farmer.”

He's also convinced that our grandchildren won't even recognize the food we are consuming today, “When you pick up that box of portable yogurt tubs or eat something with a picture of a cow on the front, he says, “ask yourself: 'What are those things doing there?'”

UCSD's Scripps Institution of Oceanography and the William Nierenberg family are proud to announce that Pollan has been awarded the 2014 Nierenberg Prize for Science in the Public Interest. The award was presented Oct. 9 at the Samuel Scripps Auditorium after a short awards ceremony.

The ceremony was held at The University of California, Berkeley, and a contributing writer to The New York Times Magazine since 1987, Pollan is the author of such books as “The Omnivore's Dilemma: A Natural History of Four Meats” and the recently published “Cooked: A Natural History of Transformation.” He has received numerous awards for increasing eating consciousness with an often humorous approach while breaking down the ethical and ecological dimensions of our eating choices.

If you feel family or friends part of the court by the hearing. The court may enter a judgment

and tax, court fees, court costs, and attorney fees, and any other expenses related to the

This matter shall appear before this court at the

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JAMES O'MEARA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 02, 2014

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JAMES LESTER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 02, 2014

STAFF WRITERS
KATHY ANDERSON DIRECTOR OF PUBLIC RELATIONS

BRAZIL WANKS

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Autumn is here – so chili weather isn't far behind

BY LINDA MARRONE

Now that autumn is here, we are in the middle of harvesting a bumper crop of many different types of chilies. Easy to grow in both the garden and containers, chilies are an attractive addition to the landscape, with their shiny green leaves and brightly colored fruit.

While the hot, dry months of summer are the best time to grow chilies, you can grow them in San Diego through the fall and winter if you have a sunny, warm area in your garden. Many local nurseries carry plants in four-inch pots and six-packs throughout the year.

Some believe that planting chili peppers around the other plants in your garden will help cut down on unwanted pests, since the chemical that makes the chilies hot can also ward off insects.

Filled with antioxidants and vitamins A, C and B, chilies are a healthy way to add a little kick to your food. A member of the Solanaceae, or the nightshade family that includes tomatoes, bell peppers, eggplants and potatoes, it has a high level of the alkaloidal chemical capsaicin to give it its fire.

The concentration of heat in the chili is found in its interior veins and in seeds. The seeds become hot because they sit on top of the veins and absorb the capsaicin. By removing the veins and seeds, you can control some of the chilies’ heat.

The general rule with chilies is the smaller the chili, the hotter the flavor. Most can be harvested green, or you can wait until their full color develops, which can intensify both their heat and flavor. Fully ripened chilies will range in colors from yellow, orange and bright fire engine red; as you pick them, your plants will reward you by producing more. Always remember to wear rubber gloves when handling chilies, and do not touch your face or eyes, since they can burn you.

Fresh chilies are hotter than cooked or roasted ones, and if you dry them, they could be as much as ten times hotter than when they were fresh.

Whole chilies can be roasted on the grill or in a very hot oven. After they char, place them in a paper bag or a bowl covered with plastic wrap and let them sweat for about 10 minutes. By doing this, you will be able to remove the papery skin and seeds with ease. I keep the roasted chilies in a jar with a little olive oil in the refrigerator, or you can freeze them for later use. You can also pickle chilies in vinegar, which produces both a flavored vinegar and tangy chilies.

To dry chilies, which I did with Thai chilies, cut them in half and remove the seeds. Lay the chilies on a parchment-lined baking sheet skin side up and bake at 200 degrees for 1 to 3 hours, checking them to make sure they do not burn. Once dried and cooled, you can keep them in a glass jar away from the light. Once dried, you can process them in a food processor and make chili flakes.

The Internet is full of chili recipes, and if you haven’t tried stuffed grilled jalapeños, or making your own Thai sweet chili sauce, look up recipes that suit your taste and enjoy!

— Linda is a local Realtor with Coldwell Banker. Take a tour of her garden at LindaMarrone.com.

La Jolla Community Planning Association (LJCPA) in October heard the argument from both sides on whether more rules and regulations are needed to reign in the short-term vacation rentals process but deferred final action until its Nov. 6 meeting.

Increased police response and establishment of a comprehensive permit process were among suggestions made by the LJCPA’s ad hoc stakeholders committee on short-term vacation rentals in June. Institution of a minimum seven-day rental term, allowing individual properties to be rented a maximum of 12 times per year, was discussed but voted down.

The ad hoc committee, comprising LJCPA members and representatives of homeowners and the rental industry, had been meeting for several months sorting through and debating items associated with short-term vacation rentals considered problematic by some. La Jolla residents have increasingly come forward complaining that noise, partying, traffic and other problems caused by troublesome short-term renters have become an intolerable disruption, eroding neighborhood character.

At its Oct. 2 meeting, LJCPA heard a debate on short-term rentals between Jon Mangerich, representing homeowners in La Jolla, and Mechanic, speaking on behalf of the rental industry. Mechanic insisted regulations already in place only need to be strengthened.

“There was no unanimity on any of the motions to any of the proposed solutions,” said LJCPA member Helen Boyden, who chaired the ad hoc committee on short-term rentals. “The committee was also not able to pass a motion to limit vacation rentals to 30 days, or no more than 12 rentals in a 12-month period.”

Mangerich argued that troublesome short-term rentals are threatening “a way of life that attracted so many of us to La Jolla.”

He said he felt the LJCPA’s ad hoc committee “failed to adhere to the direction of the LJCPA, which was to study short-term vacation rental policies in other cities.”

Mangerich also took issue with the committee’s recommendation to beef up San Diego Police Department’s Community Assisted Party Program (CAPP) as an answer to troublesome rentals, noting that “CAPP was designed for SDSU, not for the short-term vacation rental market. Short-term vacation rentals in residential neighborhoods disrupt our quality of life dramatically increasing the intensity of use.”

“As homeowners, is the only recourse to move away?” Mangerich asked. “If so, where? Why is this happening? Profit.”

Mechanic argued that troublesome short-term rentals are a “national problem.”

Mangerich contended the “city has to do more with its regulations which have no teeth. We ask the city to strengthen municipal codes in residential zones to require rental of no less than 30 consecutive calendar days.”

Mechanic argued that troublesome rentals are just a fraction of the entire local short-term market, pointing out such rentals are an important driver of San Diego’s tourist-oriented economy.

“There are about 460 short-term rentals in La Jolla, and problem rentals represent less than 1 percent of the total inventory,” Mechanic said, adding that procedures already in place, like CAPP, only need to be strengthened to deal with the limited number of chronically problematic short-term rentals.

“A bad neighbor is a bad neighbor, and a nuisance is a nuisance, whether people are renting for three days, three weeks, three months or 30 years,” said Mechanic.
him to surf with Jacob Kilby and Ricochet is kind of like having a whole heart for the first time,” she added.

Fridono said Ricochet, a female 6-year-old golden retriever, was “supposed to be a service dog but likes to chase critters.” Ricochet instead found her calling helping the disabled.

“Now, she surfs with people who are disabled, counterbalances the board,” said Fridono. “She raises a lot of awareness.”

Since the summer of 2009, she’s won a kennel’s worth of awards and has brought in more than $100,000 toward causes to empower kids with special needs, people with disabilities, wounded warriors and veterans with PTSD.

Both families contacted Ricochet for assistance within 24 hours of one another. A “Waves of the Heart” campaign was subsequently begun to help raise awareness of the boys’ life-threatening situations and need for organ donors. It was decided to bring both Jacobs together, and so Jacob flew for Jumper’s plane fare and hotel room to make that happen.

“This shows just how much an organ donation can do,” said Fridono, adding it’s especially important to get that word out to the general public.

“One organ donation can save up to eight lives,” said Kilby, who’d never surfed with a dog or another transplant recipient. “You never know who your organs are going to, so it’s very important.”

Asked if he was afraid to try surfing, Jumper said no, adding, “I’ve always wanted to try it. It seemed interesting to me.”

Ever surfed with a dog? “Never,” said Jumper. “It sounds really fun, though.” Everybody was stoked after the event.

“They were able to stand up on their first wave; that was surprising,” Fridono said. “The one Jacob (Jumper) held onto Ricochet and gave himself the confidence to stand up (while) holding on to her.”

The problem for both boys involves an overwhelming shortage of donors. Each day, 18 people in the United States die while waiting for organ transplants. Every 13 minutes, another person’s name is added to the waiting list of thousands already on it. Right now, more than 120,000 patients are waiting for a transplant in the United States.

But both Jacobs have kept a positive attitude and were excited for their surf session.

“I feel honored to have had this opportunity to surf with Ricochet and raise awareness about the need for organ donation at the same time,” said Jumper. For more information on Ricochet and on how you can donate, contact Fridono at pawin@aol.com or (707) 228-0679.

Ricochet inspires a book – and countless lives

In the fall of 1995, Jennifer Kayler’s life ended — and began — at Rady Children’s Hospital. The San Diego facility’s emergency unit had received her son Patrick Ivison, who’d been struck by a car in Imperial Beach and whose injuries would render him a quadriplegic at all of 14 months of age. But the ensuing six weeks saw Patrick recover sufficiently for discharge, with an immensely relieved mom intent on her boy’s persistent needs and desires.

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The concept behind TOMS is easy to grasp, but it stems from an idea formulated on decidedly foreign soil. In 2006, American Blake Mycoskie befriended some children in a village in Argentina, discovering that they had no shoes. He founded TOMS almost on the spot and called his concept One on One, declaring that his fledgling firm would match every pair of shoes purchased with a pair of new shoes to be given to a child in need.

Realizing that One for One could serve other global needs, Mycoskie launched TOMS Eyewear in 2011 to help restore sight to persons in need with every purchase of sunglasses and optical frames. Three years later, TOMS Roasting Co. launched, with the mission to provide clean water to developing communities with the purchase of premium coffee.

“We have a reason for popping up,” Eshelman said. “We’re testing if we can make viable a unique social curren- cy here. There’s always a reason for a Halloween store popping up, sure, and there’s a reason the Christmas tree lot coming to town for a month. But we have a reason for coming to the community. We want to do our part in giving to as well as engage people in a new, fresh way.”

TOMS will host a variety of events through the holiday season, including craft nights, movie screenings, panels with TOMS marketplace designers and “instantmeets” with local charitable organizations.

TOMS Give Shop will be open daily from 10 a.m. to 7 p.m. until closing on Jan. 6, 2015.

For more information, please contact Emily Tschirhart, the store’s public relations manager, at (424) 289-3643 or email her at emily@tschirhart@toms.com.

TOMS » CONT. FROM PG. 1
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Community planners at La Jolla Shores Association (LJSA) got updates on refurbishment of The Map at Kellogg Park and progress being made on the Avenida de la Playa infrastructure storm drain and sewer and water project 809 at its October meeting.

Mary Munk, of nonprofit Friends of La Jolla Shores, formed to raise funds to improve and beautify Kellogg Park, reported negotiations with contractor J.B. Pinck & Sons, Inc. to fix work they did on The Map in the park are ongoing and that the outlook is hopeful.

“When we replace The Map, there needs to be some sort of fence or rope around it to maintain it and also keep it in good shape,” Munk said.

The Map is a 2,300-square-foot plaza at Kellogg Park depicting marine life at La Jolla Shores. The Map has seriously deteriorated since the two contractors completed the educational project in September of 2008.

Munk noted scuba divers and other ocean users who frequent the area and pass over The Map on their way to the ocean has been a problem. She added those people need to be redirected away from The Map and toward a path alongside it guiding them to the ocean.

“There are a couple of ways this could be done, and it could be an Eagle Scout project,” Munk said, adding, “It’s something that could pull the community together.”

Munk said preliminary plans now are to replace The Map’s current damaged crushed and stained glass surface with individual mosaic tiles intended to be more resistant to damage and weathering.

Meanwhile, LJSA members said “a big decision on whether or not the city is going to allow work at night” to speed up ongoing construction on storm drain and sewer main replacement on Avenida de la Playa is pending. That comes following a community survey on the advisability of night work.

A project contractor said a target date of Nov. 15 has been set for completion of storm-drain improvements on Avenida de la Playa, which currently has the community’s small commercial strip torn up and fenced off for construction.

The contract with the city for storm-drain improvements stipulates they must be done by the end of the year.

The next meeting of LJSA will be Nov. 12 at 6:30 p.m. at Scripps Institution of Oceanography, T-29 Martin Johnson House.

Coastkeeper publishes blog on interaction with wildlife

San Diego Coastkeeper, designed to protect swimmable, fishable and drinkable waters in San Diego County, has published a five-part blog series — part one of which features information on La Jolla beaches — outlining healthful habits that protect and preserve the ecological gems in our waters when ocean-goers want to explore their beauty.

The series uses protected underwater areas in La Jolla to illustrate the importance of careful tide pooling and snorkeling while offering specific steps to follow.

The tide-pool tips include:

• Know before you go
• Take only pictures
• Watch animals from a distance
• Leave your pets at home
• Don’t touch anything
• Don’t overturn rocks
• Don’t feed or attract animals
• Don’t destroy or damage landscapes;
• Several other common-sense topics on the enjoyment of area tide pools.

Other entries feature marine ecology, tide pool dos and don’ts, staying safe and green and the dos and don’ts of snorkeling. For more on San Diego Coastkeeper, visit sdcoastkeeper.org.
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