The drama continues...

The Children’s Pool has been thrust into the spotlight once again after Mayor Bob Filner ordered the beach closed at night through mid-May. From sunset to sunrise through May 15, access to the beach will be restricted, a move the Friends of the Children’s Pool called “both unlawful and a gross overreaction.”

The mayor’s decision to restrict access at night was spurred by the now-infamous video of two women harassing the seals after dark, which was caught on camera by the webcam the mayor had installed at the beach with the help of the Western Alliance for Nature last month. Though there has been a 24-hour police presence at the beach since the incident involving the women sitting on and disturbing the seals took place, the mayor said in a statement he felt additional steps to protect the birthing and nursing seals were necessary.

City Attorney Jan Goldsmith, with whom Mayor Filner has had some highly publicized skirmishes, said in a statement that, although he would have preferred to have been notified of the mayor’s choice to close the beach beforehand, he agreed with the decision and said his office will “vigorously defend the Mayor’s action in this matter.”

— Kendra Hartmann

Post office officially on the chopping block
The fight is not lost yet, says task force By MARIKO LAMB

Despite more than a year of united community resistance, the U.S. Postal Service (USPS) announced its final decision to sell La Jolla’s 1140 Wall St. post office and relocate its services and operation to a yet-to-be-determined location nearby.

The resistance from the community is not over.

LESLIE DAVIS
SAVE THE LA JOLLA POST OFFICE TASK FORCE

According to a notice posted on the building’s facade on March 22, the new location will be “as close to the current site as possible” and there will be no change in PO box numbers or ZIP codes.

Despite the USPS’ assurances of an easy transition, community members, congressional leaders and residents involved with the Save Our La Jolla Post Office Task Force say they will not give up hope for the preservation of the historic 1935 building and its services.

SEE POST OFFICE >> PG. 3

The Concours d’Elegance is back. Read about all the event will feature.
SEE PAGE 3

Environmentalists held a peaceful protest against fossil fuels and won a victory the next day.
SEE PAGE 4

Four San Diegans are committed to doing business the right way — and discovering it works.
SEE PAGE 5

Song-and-dance man Ben Vereen is coming to the La Jolla Playhouse for a special performance.
SEE PAGE 11

surf on over Pacific Beach...

Go on-line for local news!

✔ New, enhanced features
✔ More updates
✔ Local business listings
✔ More local links
✔ On-line crossword puzzles
✔ Place your classified ads

SDNews.com is your number one source for information about your community.
Donald Edward Anderson, seafaring gentleman, Aug. 31, 1935 ~ March 6, 2013

Donald Edward Anderson died March 6 of end-stage congestive heart failure. He was 77 years old. A long-time resident of Newport Beach, Don passed away in Foster City while visiting his sister and her family.

Don was born in San Diego on Aug. 31, 1935 to Donald Nelson and Phyllis Talbot Anderson. Don graduated from La Jolla High School in 1953. He earned his Bachelor of Science from the University of California at Berkeley in 1958 and his Doctor of Dental Science (DDS) from the University of California Medical Center in San Francisco. After graduation from dental school, Don served as a captain in the Army Dental Corps at Fort Leavenworth for three years, honorably discharged in 1966.

Don is survived by his wife, Catherine Striso Anderson; sons Ske Anderson of Newport Beach and Ketch Anderson of Newton, Mass.; daughter Jill Jackson from a former marriage; two grandchildren; and sister Diane Harvey (husband Dave and their two sons Will Harvey of Palo Alto and Ben Harvey of Sacramento). Don belonged to the extended Anderson family descended from the late state Sen. John Anderson and his wife, Elizabeth, Don’s grandparents.

Don’s enthusiasm for life was demonstrated by his many professional interests. He was a dentist; a commercial fisherman; a licensed boat captain; the owner/skipper of three sport-fishing boats; an award-winning winemaker who owned and managed a vineyard and a winery; a frequent public speaker and contributor to publications devoted to wine, boating, or fishing; and an author of four books, including three novels that connected his vast knowledge and experience to his understanding of world-wide issues (“Deadly Calm,” “Seas the Day” and “Golden Results”).

Don was a member of Phi Kappa Tau fraternity. St. Andrews Presbyterian Church in Newport Beach, the Orange County Mensa Society, the Orange County Dental Association and many other organizations dedicated to dentistry, oceans, fishing or winemaking. Beyond his accomplishments, Don will be remembered for his gentleness, kindness, quiet sense of humor and his ability to observe and listen.

Services for Don will be held at St. Andrews Presbyterian Church in Newport Beach on Friday, April 5 at 1 p.m. A reception will follow. Don’s ashes then will be scattered at sea. Memorial donations may be made in Don’s name for Cal Men’s Crew (made to U.C. Regents, c/o Cal Athletics Department, 195 Haas Pavilion, Berkeley, 94720, or online at www.calbears.com/donate), or to the Don Anderson scholarship fund at Progressive Strength Recovery, Inc. of Irvine (1150 Main Street, Suite B, Irvine, 92614, or call (949) 851-1007).

William G. Wilhelm, traveler and beach lover, May 9, 1952 ~ March 11, 2013

William G. Wilhelm, 60, of La Jolla passed away on Monday, March 11 surrounded by his loving family.

He was born to the late John and Rose Marie Wilhelm on May 9, 1952 in La Jolla. Bill, the third of five children, graduated from the University of San Diego and California Western School of Law. After practicing law for a number of years, he became interested in the research and development for several of his father’s inventions in addition to some of his own, namely the navigational software Micro Mariner. In 2008, he became involved with Aqualogix, a firm that manufactures fitness equipment used by many YMCAs, gyms and also for the rehabilitation of Wounded Warriors. He was proud to be named president of the company in 2009. Bill also continued to practice law, specializing in business licensing and technology startups.

In 1954, the Wilhelm family, which included John, Rose Marie, Diana, Jack and Bill moved to Majorca, Spain for one year. Much to his parent’s delight, little Bill became quite proficient in the Mallorquin language. In later years, he continued to take advantage of “the travel bug” by enjoying trips to Costa Rica and Mexico and hiking throughout many parts of Southern California. La Jolla, however, held a special place in his heart. To him, there was nothing like the beach, be it windansea or the Cove—he loved it all.

Bill is survived by his loving wife of five years, Judy Wilhelm; brothers and sisters Diana Carter, Jack Wilhelm, Michele Perry and Rick Wilhelm; in addition to a number of nieces and nephews.

As many of his friends can attest, once you met Bill, he was your friend forever. A celebration of his life will be held on Saturday, April 6 at the home of Bo Fellows in La Jolla.

News

NEWSBRIEF >>

The La Jolla Town Council announced the winners of its annual election, in which 12 candidates vied for eight seats.

The winners were:

Michael Dershowitz, Steve Haskins, Sonia Olivas, Glenda Rothberg, Nancy Gardner, Mary Soriano, Corrine Fleming and Joe Pitrovsky.

In 1954, the Wilhelm family, which included John, Rose Marie, Diana, Jack and Bill moved to Majorca, Spain for one year. Much to his parent’s delight, little Bill became quite proficient in the Mallorquin language. In later years, he continued to take advantage of “the travel bug” by enjoying trips to Costa Rica and Mexico and hiking throughout many parts of Southern California. La Jolla, however, held a special place in his heart. To him, there was nothing like the beach, be it windansea or the Cove—he loved it all.

Bill is survived by his loving wife of five years, Judy Wilhelm; brothers and sisters Diana Carter, Jack Wilhelm, Michele Perry and Rick Wilhelm; in addition to a number of nieces and nephews.

As many of his friends can attest, once you met Bill, he was your friend forever. A celebration of his life will be held on Saturday, April 6 at the home of Bo Fellows in La Jolla.
POST OFFICE » CONT. FROM PG. 1
“Two men were ordered March 13 to stand trial on charges they robbed three 7-Eleven stores on Midway Drive and in Torrey Pines along with 12 other stores.

More than 25 witnesses testified in the preliminary hearing of Luis Alonso Cruz, 25, and Alex Sanchez, 23, before San Diego Superior Court Judge Charles Gill. They both pleaded not guilty and a trial date was set for May 14.

Cruz admitted to committing some hold-ups. He is on parole for burglary and is charged with being in possession of a firearm by a felon. The 7-Eleven stores were located at 2387 and 3185 Midway Drive and 13835 Mango Drive when they were held up last August.

— Neal Putnam

DIVISIBILITY TAUGHT AT LA JOLLA KARATE
As part of La Jolla Karate’s continued commitment to building strong community members through martial arts and character development, students focus on what it means to be disciplined. Says Instructor Billy Borja, “Discipline is one of the most important character concepts that can help children thrive and become better. By discussing what it means to be disciplined in school, at home, and in the karate studio, students will be able to show that they have the ability to do what is right and fair even if it is difficult to do so.”

In addition to teaching fun and challenging martial arts classes, La Jolla Karate prides itself on reinforcing what parents and educators want. Being disciplined is a critical character trait that allows us to make positive choices and be productive members of our community. For more information, visit www.lajollakarate.com or call (858) 255-8384.

NEWSBRIEF >>
Two men were ordered March 13 to stand trial on charges they robbed three 7-Eleven stores on Midway Drive and in Torrey Pines along with 12 other stores.

More than 25 witnesses testified in the preliminary hearing of Luis Alonso Cruz, 25, and Alex Sanchez, 23, before San Diego Superior Court Judge Charles Gill. They both pleaded not guilty and a trial date was set for May 14.

Gill heard a 1/2 hour taped interview of Cruz with a detective in which he eventually confessed to committing some hold-ups. He is on parole for burglary and is charged with being in possession of a firearm by a felon. The 7-Eleven stores were located at 2387 and 3185 Midway Drive and 13835 Mango Drive when they were held up last August.

— Neal Putnam

NEWS

MINI FACE-LIFT WITH THE REVOLUTIONARY NUAGE METHOD!
$3,995
✓ Beautiful Results!
✓ Minimally Invasive!
✓ Very Affordable!

Rhinoplasty (Nose) $3,995 • Eyelids $1,450
Full Face-Lift $4,795
Brow Lift $3,295
Chin/Cheek Implants $2,000/$2,750
Ear Surgery $3,295
Trichloroacetic Acid Chemical Peel
Botox • Radiesse • Juvederm

Prices available for a limited time!

GRAND OPENING SPECIAL
Full Body Massage 1 Hour $45
Foot Reflexology 1 Hour $25

With this ad. Expires 5-30-13. Call for appointment.

POST OFFICE » CONT. FROM PG. 1
“Two men were ordered March 13 to stand trial on charges they robbed three 7-Eleven stores on Midway Drive and in Torrey Pines along with 12 other stores.

More than 25 witnesses testified in the preliminary hearing of Luis Alonso Cruz, 25, and Alex Sanchez, 23, before San Diego Superior Court Judge Charles Gill. They both pleaded not guilty and a trial date was set for May 14.

Gill heard a 1/2 hour taped interview of Cruz with a detective in which he eventually confessed to committing some hold-ups. He is on parole for burglary and is charged with being in possession of a firearm by a felon. The 7-Eleven stores were located at 2387 and 3185 Midway Drive and 13835 Mango Drive when they were held up last August.

— Neal Putnam

DIVISIBILITY TAUGHT AT LA JOLLA KARATE
As part of La Jolla Karate’s continued commitment to building strong community members through martial arts and character development, students focus on what it means to be disciplined. Says Instructor Billy Borja, “Discipline is one of the most important character concepts that can help children thrive and become better. By discussing what it means to be disciplined in school, at home, and in the karate studio, students will be able to show that they have the ability to do what is right and fair even if it is difficult to do so.”

In addition to teaching fun and challenging martial arts classes, La Jolla Karate prides itself on reinforcing what parents and educators want. Being disciplined is a critical character trait that allows us to make positive choices and be productive members of our community. For more information, visit www.lajollakarate.com or call (858) 255-8384.

NEWSBRIEF >>
Two men were ordered March 13 to stand trial on charges they robbed three 7-Eleven stores on Midway Drive and in Torrey Pines along with 12 other stores.

More than 25 witnesses testified in the preliminary hearing of Luis Alonso Cruz, 25, and Alex Sanchez, 23, before San Diego Superior Court Judge Charles Gill. They both pleaded not guilty and a trial date was set for May 14.

Gill heard a 1/2 hour taped interview of Cruz with a detective in which he eventually confessed to committing some hold-ups. He is on parole for burglary and is charged with being in possession of a firearm by a felon. The 7-Eleven stores were located at 2387 and 3185 Midway Drive and 13835 Mango Drive when they were held up last August.

— Neal Putnam

NEWS

MINI FACE-LIFT WITH THE REVOLUTIONARY NUAGE METHOD!
$3,995
✓ Beautiful Results!
✓ Minimally Invasive!
✓ Very Affordable!

Rhinoplasty (Nose) $3,995 • Eyelids $1,450
Full Face-Lift $4,795
Brow Lift $3,295
Chin/Cheek Implants $2,000/$2,750
Ear Surgery $3,295
Trichloroacetic Acid Chemical Peel
Botox • Radiesse • Juvederm

Prices available for a limited time!

GRAND OPENING SPECIAL
Full Body Massage 1 Hour $45
Foot Reflexology 1 Hour $25

With this ad. Expires 5-30-13. Call for appointment.
A victory for clean fuel >>

ENVIRONMENTAL GROUPS waged a surprise protest on March 20 during the California Public Utilities Commission’s stakeholder meeting at Scripps Institution of Oceanography. The protesters, including representatives from the Environmental Health Coalition, The Sierra Club, SanDiego350.org and Save Mission Trails, asked the commission to deny the proposal to enter into contracts with two new fossil fuel power plants, Pio Pico and Quail Brush, by chant- ing and marching in front of where the closed-door meeting was taking place, while law enforcement and Scripps personnel looked on. The next day, the commission voted against entering into contracts with two new fossil fuel power plants, Pio Pico and Quail Brush, by chanting, protest signs, and chants. The commission’s vote was 3-2, with the majority of the commission voting against the proposal to enter into contracts with the two new plants.

NEWSBRIEF >>

Howell Foundation and IBACH partner for women’s health

The Howell Foundation’s Community Engagement Initiatives program recently formed its first community partnership with San Diego State University’s Institute of Behavioral and Community Health (IBACH). The foundation’s new partnership helps bring its goal of supporting pilot research projects that improve the health and well-being of San Diego women and their families to life.

The internationally recognized IBACH academic research center has conducted community-based research over the past 25 years focused primarily on improving the health and wellness of the San Diego Latino community.

With the Howell Foundation’s support, IBACH senior investigator Elva Arredondo now has the fundamental tools required to advance her goal of preempting diabetes and obesity in pregnant Latina women by empowering women to become their own health advocates. Specifically, Arredondo — alongside two bilingual college student researchers — will develop and test an intervention program to promote physical activity and healthy eating among Latina women who are expecting their first child.

The Howell Foundation intends to develop additional strategic partnerships over the years through its Community Engagement Initiatives program with an eye on continuous advancement of the promotion of healthy living and disease prevention in women in underserved communities.

— Marklo Lamb

SPORTSBRIEFS >>

While every match is important by providing new challenges and goals for the team, when the La Jolla Country Day Torreys (10-4) play La Jolla High School, they simply come out firing. After the first rotation, they went up with a 5-1 lead. The doubles teams and singles players kept picking off sets until they claimed a dominant 12-6 victory.

Singles and doubles contributed equally, providing six sets each. Senior Jack Murphy went 3-3 in singles while senior Alex Khorsandian and his partner, junior Daniel Shaw, swept their doubles sets as well. Freshman Ryan Tran continues to impress, bringing in two sets without losing single game. Sophomore Max Mereles added one more win for the singles lineup. Seniors Gabriel Panich and Amir Ferry won two doubles sets, while sophomore Andrew Schiffman and freshman Randall Kras contributed one set.

Junior Ethan Krant had this to say after the match: “Having lost to [La Jolla High] in CIF last year, it was a great feeling to come back this year and beat them. I hope to continue these wins against them in the future.”

The Torreys also defeated La Costa Canyon High School on March 20. The team played another great match to beat the Mavericks 11-7, with senior Murphy sweeping all of his singles sets.

— Cindy Sarrephong

THE GILLISPIE SCHOOL will begin registration for its diverse schedule of 2013 summer-time program offerings on April 8. Some of the offerings include fencing, digital photography, “Who Wants to be a DJ” and American Girls, as well as perennial favorites like LEGO® construction with Play-Well instructors, theater, reading, sports and art classes. Registration begins at 8 a.m. Programs will run at various times throughout the summer, starting June 17 and continuing through Aug. 9. A full list of program dates and times can be found in The Gillispie School’s 2013 summer session brochure, available at the office, 7380 Girard Ave., or online at www.gillispie.org/summersession.

THE JUNIOR LEAGUE OF SAN DIEGO will host its annual gala, themed “Biggie Oogie Boogie,” was held on March 16. The funds raised pay for educational enrichment programs like additional teachers, arts education and supplies; technology support, education and equipment; a full-time librarian; and additional instructional supplies to support classrooms.
BUSINESS
CANCER PATIENTS, SURVIVORS BID ADIEU TO SK SANCTUARY — For 13 years, SK Sanctuary medical day spa has rejuvenated bodies, revamped looks and uplifted spirits for thousands. The shift away from dealing with breast cancer in San Diego during monthly breast cancer nights, helmed by owners Dr. Stephen Krant and wife Lyn. “I’ve sort of lived through their diagnoses,” said Krant. “For these women, it’s like coming out of a tunnel and putting it all behind them. The stories abound and it just continued to grow.”

”Despite the success of the longstanding program, SK Sanctuary’s breast cancer night on March 26 marked the final event after 13 years due to the spa’s closure and relocation of a portion of its services to SK Clinic. “Lyn and Steve have given the grace for all of us,” said 25-year breast cancer survivor Dani Grady. “We know what it’s like to have a really bad day. We know what it’s like in hard and not know what the next thing we’re going to do is. We also wonder, ‘Who cares?’ And that is the gift Lyn and Steve have made sure for us to know is that people really care.”

EMBRACE A GOOD CAUSE — Since SDSU graduates Paul Goodman and Griffin Thai first began selling bracelets crafted by Costa Rican artisans in September 2010, the duo’s philanthropic retail business has flourished worldwide. Pura Vida will open its first storefront location at 737 Pearl St., Ste. 206. The public is invited to join them for a grand opening event on March 29 from 11 a.m. to 6 p.m. For more information, visit www.puravidabracelets.com or call (858) 444-5477.

La Jolla Naturopathic celebrates its grand opening.

NATUROPATHY MOVES IN — The La Jolla Naturopathic Clinic, 78200 Ivanhoe Ave., celebrated its grand opening on March 28. Owner and primary-care naturopathic doctor Karen Paquette offers naturopathic consultations, vitamin injections, detoxification and therapeutic bodywork and massage. Appointments are available Mondays, Tuesdays, Thursdays and Fridays. To book an appointment call (858) 779-9210 or visit www.lajollanaturopathic.com.

BUSINESSMINUS THE BOTTOM LINE
Four San Diegans prove that ethics in business isn’t a lost cause

From left, Kerry Pawl, Jennifer Robinson, Mark Kimsey and Amy Nelson started Mission Healthcare together four years ago after they had had enough of the questionable business practices of the home-healthcare giant they were working for. Courtesy photo

Four years ago, Mark Kimsey, Amy Nelson, Kerry Pawl and Jennifer Robinson were all working for the same big home-healthcare provider, a Georgia-based giant that provided services in several states. They all worked in management in San Diego, making comfortable livings.

“Something wasn’t quite right, however. All four began to notice things about the company they weren’t comfortable with. Policies seemed to conflict with their morals; employees didn’t seem to value very highly and the overall principles of the business didn’t quite seem in line with making ailing patients a priority.”

Kimsey, Nelson, Pawl and Robinson’s talk to each other, gradually discovering that they were not alone in their individual assessments of the company and the actions of decision makers at the top.

“The company was owned by a private equity, so financial performance was the No. 1 motivating force,” Kimsey said. “That became more amplified when a new COO was put in place who is in direct control of the bottom line. We were put in difficult positions where we were having to deliver the will of this COO that we disagreed with.”

As they talked about how their company was doing business the wrong way, they began to wonder how they might do things differently. And the more they talked among each other, the more they realized their business values all lined up, and that perhaps starting a company of their own was a real possibility.

“Though healthcare is a notoriously difficult industry to break into (obviously on that weekend),” said Pawl. “We all left fairly comfortable livings at a company that we didn’t believe in any longer to do this, not knowing whether or not we were going to be able to get this done. Taking over the broken-down operation proved to be a challenge from day one. The owner, who had been pocketing her employees’ 401k money, owed thousands of dollars to the IRS and couldn’t even keep the power on regularly, but didn’t want to relinquish her hold on the company. The employees weren’t getting paid, but due to the recession and the constant promises of better days ahead from their employer, they stuck around. The four pulled out every stop they could think of to keep the company above water.

“We would meet on payroll day with our check books in hand, knowing we weren’t going to get paid and we had to work to make up the difference because the company was going under,” Kimsey said.

Eventually, they arranged to buy the business outright from the IRS—a process that proved long and complicated, and required that they keep the company afloat in the interim. As such, the four worked over time, performing virtually every job that existed in the company—from intake of new clients to treating patients in their homes (three of them have backgrounds in physical therapy) to taking out the trash.

And when the company finally did become theirs, they had knowledge of every aspect of running it, which proved invaluable.

Once they got off the ground, the four were able to put their business ethics to the test. They hired some employees and gave them top-notch health benefits. They took on patients anywhere in the county—relatively unheard of, in the local home-health industry, because taking the time to travel to the far reaches of the county doesn’t always make financial sense. They began to offer home-care services with no minimum time commitment, also unheard of because, as Kimsey said, “Those are a loser for us. We make no money on those short-term cases.” But, as Robinson added, most home-care providers have a four-hour minimum, and at $20 per hour, “the cost can be really prohibitive,” and they weren’t interested in shuttling patients out.

The business began to take off, despite the fact that the founders weren’t focusing on financial gain. What started with eight employees and 15 patients in 2009 now has 375 employees and 1,200 patients. “The thing that separates us from everybody is we’ve improved our bottom line without focusing on it,” Kimsey said. “We’ve focused on taking care of our patients. Even when a particular decision won’t make money or might even cost us a bunch of money, we do it anyway. It’s proven to be the right way to operate.”

Doing things the right way is made slightly easier when the company only has to get four people to agree to what the right thing is, as opposed to a bevy of shareholders.

“We can do it because we don’t have anybody to answer to, no investors,” Robinson said.

It also helps that the four share the same ideas about what constitutes ethical business, making for a very smoothly run boardroom.

For more information, visit homewithmission.com or call (888) 871-0766.

MISSION HEALTHCARE OFFERS THREE TYPES OF CARE, all tailored to a patient’s unique needs.

HOME HEALTH: Services include healthcare management from skilled nurses and therapists, including IV administration, wound care, diabetes and other chronic illness management, Alzheimer’s and dementia care, medication management, physical therapy, speech therapy, occupational therapy and nutrition counseling. A skilled clinician will arrive in the patient’s home within 24 hours of referral, or on the same day when necessary.

HOME CARE: Offers non-medical services like help with planning and preparing meals, light housekeeping, transportation for shopping or doctor’s visits, companionship, live-in caregivers and respite for family caregivers, travel accommodation and temporary or long-term care. Visits by Home Care professionals have no minimum time requirement, and caregivers will arrive in the patient’s home to assess needs within two hours of the initial referral.

HOSPICE: Provides end-of-life care for patients with six months or less to live. Hospice allows patients to stay at home, if they wish, with services like physician and skilled nursing care, chaplain services, bereavement support and volunteer services, for which volunteer runs errands, help around the house and provide respite for family caregivers. Mission Hospice personnel respond in the patient’s home within 24 hours of referral, instead of the 48 hours required by Medicare.

Hospice is spearheading planning and preparation of its services to SK Clinic.

For more information, visit homewithmission.com or call (888) 454-0555, email claudette@galleryproperties.com or visit lajollaconcours.com.

Concours d’Elegance ready to roll

The La Jolla Village Merchants Association (LVMA) is gearing up for the ninth annual La Jolla Concours d’Elegance classic car show April 5-7 at Ellen Browning Scripps Park in La Jolla Cove.

“We’re getting plenty of volunteers and planning is going great and we’re raffling off tickets for a Fiat,” said Claudette Berwin, who is spearheading planning and promotion for this year’s Concours.

This year, Berwin said, one of the event’s main goals is to extend its reach out to the downtown Village involving more local merchants.

“If we can benefit local businesses doing more business obviously on that weekend,” said LVMA chairman Phil Collier. “The Concours d’Elegance annually showcases a wide array of vintage vehicles, including homeless carriages, Italian and British marques, Woodies, 1950s classics, American sports cars (with a salute in 2013 to GM on its 100th anniversary) and the automobiles of Carroll Shelby.”

This year, the event will tip its hat to some of the world’s finest classics: Rolls Royce, Bentley, Bugatti, Cadillac and Duesenberg.

The exhibition includes classic motorcycles as well.

For more information about the event, call (858) 454-0555, email claudette@galleryproperties.com or visit lajollaconcours.com.

La Jolla Concours

Business

FRIDAY · MARCH 29, 2013
LA JOLLA TODAY
5

By KENDRA HARTMANN

By DAVE SCHWAB

By PAUL HANSEN

By PG. 8

See MISSION >>
San Diego’s International Hotspots, Services and Professionals

Alborz
PERSIAN & GREEK CUISINE
FAMILY OWNED FOR OVER 15 YEARS

DAILY LUNCH SPECIALS: MONDAY – FRIDAY 11:00AM – 3:00PM
LIVE BAND EVERY FRIDAY AND SATURDAY • CATERING AVAILABLE FOR ALL OCCASIONS
Open 7 Days A Week • Sunday – Thursday 11:00am – 9:30pm • Friday – Saturday 11:00am – 11:00PM
2672 Del Mar Heights Rd. Del Mar, CA 92104 858-792-2233 www.alborzinc.com

THE VILLAGE HOUSE
KALINA
Home Cooked Meals influenced by Generations of Traditional Ternopil Recipes...
(619) 461-1100 • 8302 Parkway Dr., La Mesa • www.kalinavillagehouse.com
"From my great, great grandmother’s kitchen to your plate."

Lunch Special
3 Course Meal
$7.99
Monday - Friday
11:00am - 3:00pm

Over 40 Specialty Ukrainian Dishes!

- Pirogy
- Vareniki
- Pelmini
- Chicken Tabaka
- Ukrainian Salads and Desserts

Hours of operation:
Monday - Friday
11:00am - 10:00pm
Saturday - Sunday
12:00pm - 10:00pm

North Park Produce
Balboa
The Largest and the ONLY #1 International Super Market
858-810-8228 4220 Balboa Ave. San Diego, CA 92117

FOR MORE INFORMATION CALL ALICE: 858-752-9216
Azalea SALON & SPA
Full Service Salon & European Day Spa for Men & Women

SALON SPECIAL OFFERS:

- eyebrow threading $10
- manicure pedicure $35
- women's haircut $40
- men's haircut $25

858-552-0761

Open Monday - Friday 10:00AM - 7:00PM
Saturday 9:00AM - 5:00PM
4150 Regents Park Row, Ste. 140, La Jolla

Sufi Mediterranean Restaurant
with capacity up to 300 seats, its the perfect place to host:

Live Entertainment  Every Friday and Saturday!
Weddings • Special Events • Banquet Venues
• Business Meetings • Holiday Celebrations

Catering for all Occasions
Daily Lunch Buffet 11:30 am - 3 pm
Sunday Brunch 11:30 am - 3:30 pm
858.278.7770

www.SufiSD.com
5915 Balboa Ave., San Diego, CA 92111
email: info@sufisd.com

$5.00 OFF Sunday Brunch with coupon Exp: 03-31-2013
$2.00 OFF Lunch Buffet with coupon Exp: 03-31-2013
**MISSION**

**CONT. FROM PG. 5**

“We all have the same foundational beliefs about doing the right thing. There’s never any argument about that,” Kinsey said. “Proft motive never comes into the discussion. The reality is that, among the four of us, we’ve never had to take a vote. There’s a consensus before we even get to the point of raising our hands.”

The most recent big decision just paid off in the form of a new division of the business: Mission Hospice. Though the opening of the new operation, which officially launched on March 11, couldn’t have been better timed what with the recent downfall of San Diego Hospice, the process of establishing Mission Hospice started nearly two years ago.

As for addressing the compliance issues that brought down San Diego Hospice — which was audited by Medicare for allegedly admitting patients to hospice care that did not meet the eligibility requirement defined as a patient who has six months or less to live — Mission’s founders are unfazed. In fact, they welcome inspections by agencies like Medicare, which they say helps them stay compliant.

“We want higher regulation. We follow compliance to the letter of the law,” Robinson said. “If you do that, there’s no reason to fear compliance rules.”

Furthermore, because Mission offers care meeting different needs and at different levels of health, it doesn’t run the risk of having nowhere to turn if, for example, a hospice patient suddenly takes a turn for the better and is no longer eligible under the six-month requirement.

“Because we have all three levels of care, if someone isn’t meeting hospice requirements at some point, we can put them back on home health,” said Nelson. “We can provide that continuity of care.”

The launch of a new hospice, meanwhile, is good not only for the counties patients, but also for its workforce. Just days before Mission Hospice officially opened, the company hired 45 new employees, and between the company’s San Diego and Riverside County operations and a San Bernadino satellite planned for later this year, the founders hope to create as many as 2,000 new jobs in the next 18 to 24 months. And to prove their commitment to the region’s workers and patients, the founders said they don’t put their own success ahead of the company’s.

“We talk about our financial success, but if you look at the top 20-25 employees in the company, none of us are on that list,” Kinsey said. “We’ve never taken another penny off the table in terms of profit. We’ve reinvested every cent into our expansion and growth, with new offices, new employees, new physicians — and it’s paid off.”

The founders hope that the changes they’ve brought to Southern California will eventually resonate in the industry at large. Most importantly, they hope home healthcare will start to gain increased visibility on the national healthcare stage.

“At the congressional level, we feel like in-home services should have an expanded scope of the types of patients we can take care of,” said Nelson. “Right now, we can only take care of home-bound patients. We could offer this service to a wider variety of patients out there and reduce healthcare expenditures. For example, if someone [being discharged from the hospital] needs help at home with their IV at 8 p.m. and someone can’t or won’t see that patient at home, that person has to stay in the hospital another day, which is thousands of dollars for one night, compared to our $50 a day.”

To ensure that their way of business endures — at least through Mission’s legacy — the founders wrote into the company’s bylaws that Mission could never sell the company, and the four plan to pass it down through generations to come.

“We don’t ever want that profit motive to be something that drives what happens here on a daily basis,” Kinsey said.

“We think this message is not about Mission,” he added. “It’s bigger than that, and people who are in the healthcare community will take heart out of it. There are great companies that do good things. In our experience, it had a lot to do with not being focused on our short-term goals. We view our organization and its reputation as a generational responsibility. It’s not about today, it’s about 150 years from now.”

---

**Save $20,000 or more when selling your home**

SAN DIEGO. If you’ve tried to sell home yourself, you know that the minute you put the “For Sale by Owner” sign up, the phone will start to ring off the hook. Unfortunately, most calls aren’t from prospective buyers, but rather from every real estate agent in town who will start to hound you for several months with no offers from qualified buyers. This can be a very free special report NOW to learn how to sell your listing.

FREE: 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself. Courtesy of Dennis DeSouza, Remax Lic. 01220680

---

On the wall there is a selection of genuine Panama hats, handmade in Ecuador, hanging on racks there are shirts, sport jackets and vests in patterns you haven’t seen and fabrics you know your body will thank you for wearing them; and against the back wall stand Salvador J. Viesca and his son, Salvador.

Since 2001, with an eye for taste, Salvador has provided people from all over the world with his collection of consigner designer goods — brands like Borsani, Canott, Knoll, Fegnas and more, cufflinks, pocket squares, silks ties, cowboy boots and that shirt you had long ago that you always wished you could find again. His loyal customers, who travel from near and far, punctuate what he does best with the newest classics to add to your collection at their website: www.LeChauvinist.com and visit us on our Facebook page. Since 2001, with an eye for taste, Salvador has provided people from all over the world with his collection of consigner designer goods — brands like Blaak, Borsani, Canott, Knoll, Fegnas and more, cufflinks, pocket squares, silks ties, cowboy boots and that shirt you had long ago that you always wished you could find again. His loyal customers, who travel from near and far, punctuate what he does best with the newest classics to add to your collection at their website: www.LeChauvinist.com and visit us on our Facebook page.

---

**Notes from the field>>**

Judy Galley, a behavioral health nurse who works in La Jolla, Point Loma and other areas of the county, talks about her experiences working in Mission’s Home Health division helping home-bound patients deal with behavioral issues like depression, grief, loss of independence and stress management.

“I’VE BEEN DOING THIS FOR FOUR YEARS here in San Diego. It seems to be a very popular ser-

---

**STORIES WE LOVE TO TELL**

At LeChauvinist - Consignment store for men

On the wall there is a selection of genuine Panama hats, handmade in Ecuador; hanging on racks there are shirts, sport jackets and vests in patterns you haven’t seen and fabrics you know your body will thank you for wearing them; and against the back wall stand Salvador J. Viesca and his son, Salvador. Since 2001, with an eye for taste, Salvador has provided people from all over the world with his collection of consigner designer goods — brands like Borsani, Canott, Knoll, Fegnas and more, cufflinks, pocket squares, silks ties, cowboy boots and that shirt you had long ago that you always wished you could find again. His loyal customers, who travel from near and far, punctuate what he does best with the newest classics to add to your collection at their website: www.LeChauvinist.com and visit us on our Facebook page. Since 2001, with an eye for taste, Salvador has provided people from all over the world with his collection of consigner designer goods — brands like Borsani, Canott, Knoll, Fegnas and more, cufflinks, pocket squares, silks ties, cowboy boots and that shirt you had long ago that you always wished you could find again. His loyal customers, who travel from near and far, punctuate what he does best with the newest classics to add to your collection at their website: www.LeChauvinist.com and visit us on our Facebook page.

---

**ENROLLING FOR SCHOOL YEAR 2015 - 2016**

La petite école

3219 Claremont Mesa Blvd. San Diego, CA 92117. (619) 274-2890. www.la-petite-ecole.com

- Pre-K thru 5th grade
- Small classes
- Art Music P.E.
- Strong Bilingual
- Academic curriculum

---

**Bridal Hair Extensions for your perfect wedding look.**

Don’t be limited to your current hairstyle for your wedding, prom or special occasion. By adding 100% natural hair extensions you can add volume, length or a completely change your look. Call Judy for a free expert consultation when considering hair extensions or hair recovery treatments.

Judy Judy Judy Hair Salon is located in downtown La Jolla. 7734 Herschel Ave. Suite P, 858.456.2344 • www.beautybyjudy.info

---

**$200 OFF your full head of hair extensions**

---

**“THE BIGGEST CHALLENGE is when we determine the patient doesn’t need the service anymore and we have to discharge them, it’s a difficult transition, and some-
times there are tears, but we try to be rational and make sure they have some support system when we are done with them. I have a feeling that, down the line if things change, they can always call us back. It’s important for them to believe they can manage things on their own.”**

---

La Jolla Today
FRIDAY · MARCH 29, 2013
LA JOLLA TODAY 9

La Jolla Lutheran Church
HOLY WEEK SERVICES
Thursday 7:30pm
Friday 7:30pm
Easter Sunday 9:30am
La Jolla Lutheran Church
858.454.6459
7111 La Jolla Blvd.  •  LaJollaLutheran.com

EASTER SUNDAY MARCH 31st 10:30am
THE CUvier CLUB
7776 Eads Avenue, La Jolla, CA 92037

Cornerstone Church of San Diego
National City - La Jolla - Escondido - Tijuana
@cornerstoneSD  /turninghearts/For more information visit turningthehearts.com

DISCOVER THIS EASTER HOW HIS STORY CHANGES YOUR STORY!
Everyone has a story. Even if your story has been one of pain, sadness, confusion, or worry, God wants you to rediscover how to love your story!
Join us with your friends and family this Easter and experience the power of having your story Rewritten!

Easter Sunrise Service
in Balboa Park
Spreckels Organ Pavilion
Sunday, March 31, at 6:30AM
Hosted by Major Area Churches & The Ecumenical Council of SD
Music by the Mt. Sinai Sanctuary Choir Directed by Marshall Rivers
Message by Pastor Cedric Collins
Jared Jacobson at the Spreckels Organ All Welcome Free Parking

Easter Sunrise Service
La Jolla Lutheran Church
858.454.6459
7111 La Jolla Blvd.  •  LaJollaLutheran.com

Celebrate
Holy Week & Easter
St. James by-the-Sea
March 24—March 31

Palm Sunday—Mar. 24—7:30 & 10 am
Holy Wednesday—Noon Service
Maundy Thursday—6—7:30 pm supper and service in the Van Schaick Room
Good Friday—Noon Service; Stations of the Cross 4 pm (family), & 7 pm Rev. Gardner el
Easter Sunday—Services at 7, 9 & 11 am
Choral Eucharist at 9 & 11; 10:30 Easter Egg Hunt
743 Prospect St. La Jolla 858.454-3423 www.sjs.org

THIRTIETH ANNUAL
Easter Sunrise Service
in Balboa Park
Spreckels Organ Pavilion
Sunday, March 31, at 6:30AM
Hosted by Major Area Churches & The Ecumenical Council of SD
Music by the Mt. Sinai Sanctuary Choir Directed by Marshall Rivers
Message by Pastor Cedric Collins
Jared Jacobson at the Spreckels Organ All Welcome Free Parking

St. James by-the-Sea
Episcopal Church

CELEBRATE HOLY WEEK!
He came that we might have life and live it to the fullest—John 10:10
Palm Sunday
March 24
9:30 & 10:30 AM
Palm Procession & Communion
Maundy Thursday
March 28
7:30 PM
Caregivers’ Meal
Good Friday
March 29
7:30 PM
Watchers’ Meal
Easter Sunday
March 31
9:30 & 11:00 AM

Easter Sunday
March 31
7:30, 9:00, & 11:00 AM
“OUR VICTORY SONG” WITH PASTOR STEVE MURRAY
Enjoy music by the LUC Choir, Worship Band and guest musicians
Maundy Thursday & Good Friday
March 28 & 29
7:30-8:30 PM
visit us online:
www.LUCCommunityChurch.org
www.facebook.com/2LUC

La Jolla Community Church
4377 Fasquelle Field
San Diego, CA 92121
(858) 558-0020

CONGREGATIONAL CHURCH of La Jolla
An Open & Affirming Congregation of the United Church of Christ
Place a flower from your garden in the floral cross on our lawn between Maundy Thursday evening & Easter Sunday morning!
Solemn Good Friday Service of Sacred Music & Meditation, 12:00-12:30 P.M.
Celebrate the God of Life!
Easter Sunday, 10:30 A.M.
No matter who you are or where you are on life’s journey, you’re welcome here!
Located at 1216 Cave St. (corner of Ivanhoe Ave.)
In downtown La Jolla  •  Phone: 858-459-3045

Pastors Sergio & Georgina DelasNora

Easter Weekend 2013

www.lajollaucc.org
Dining & Entertainment

COASTAL DINING IN & AROUND LA JOLLA

Froglander’s
Froglander’s has been satisfying yogurt lovers’ cravings for over 26 years. In addition to the best yogurt in town, they also serve acai bowls, banana splits and yogurt pie. You’ll find eight flavors everyday. Plus they offer over 50 different yogurt toppings including fresh fruit. La Jolla students receive a 20% DISCOUNT. Open late, Friday - Saturday 11 AM - 10:30 PM and Sunday - Thursday 11 AM - 9:30 PM.

Donovan’s Steak House
They may look good enough to eat, but the paintings and sculptures at Donovan’s of La Jolla are strictly off limits – so you’ll have to content yourself with the USDA prime beef, the eatery’s star attraction. If steak isn’t in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan’s, fresh seasonal vegetables and your choice of potato are always included with each entrée.

The Broken Yolk Café
The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different smokies to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel more like lunch? Try one of our juicy ½ pound burgers or one of our large sandwiches.

Bistro Pazzo
The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 5th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave and the “hidden gem” nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district, and the famous beaches of La Jolla.

FREE DELIVERY (WITH MINIMUM ORDER)
OPEN DAILY FOR LUNCH & DINNER
WEEKDAY HALF PRICE HAPPY HOUR 3:00 PM - 5:30 PM
811 PROSPECT ST. (858) 729-9988
WWW.AMICIS.COM
Ben Vereen steps out

By KENDRA HARTMANN

Few performers know the business as thoroughly as triple-threat Ben Vereen. A veteran of the stage and screen, Vereen will grace the La Jolla Playhouse with his quick feet and velvet voice in “Steppin’ Out with Ben Vereen.”

A retrospective of his 40-plus years in the entertainment business, Vereen said he conceived of the idea when he sat down and tried to figure out how to express gratitude to the audiences that have supported his performances over nearly a half-century. “I started working on this show some years ago,” Vereen said. “I wanted to do a tribute to the journey all these audiences have allowed me, and all the people I’ve worked with. I tried to answer the question, ‘How do you say thank you?’”

The show, which features song-and-dance routines showcasing the numerous collaborations Vereen has had over the years with such greats as Sammy Davis Jr. and Frank Sinatra, is the prototype for a bigger show for which he’s going into development in April. In trying to narrow his vast experience and collaborations down into less than three hours, Vereen said he had to make some tough decisions. After all, more than four decades of prolific work doesn’t exactly fit into one evening. “There was such a plethora, I had to decide which ones will tell the story,” he said. “It was very difficult, and going forward [with the bigger show], there will be more included.”

At 66, Vereen shows no signs of slowing his high-energy lifestyle, which he says is “a blessing.” “It’s an opportunity to do what we do, and we’ve been blessed to be able to perform,” he said. “It’s not a matter of energy, it’s a matter of waking up. The idea is to show up, the rest takes care of itself. I love what I do. I can’t wait to get on the stage.”

Asked which performance art form he prefers — dancing, singing or acting — he said simply, “I prefer employment.” and if he had his way, no artist would be a starring one. “Arts are the one thing that will carry us through this seeming recession,” he said. “It’s the pulse of arts that gives us our breath. We’ve simply got to support them.”

“Steppin’ Out with Ben Vereen” will be on stage at the Sheila and Hughes Potiker Theatre from Friday, March 29 through Sunday, March 31. Showtimes are Friday and Saturday at 8 p.m. and Saturday and Sunday matinees at 2 p.m. For tickets or more information, visit www.lajollaplayhouse.org/ben-vereen or call (858) 550-1010.

Fashion Files

DIANA CAVAGNARO

M Bride Dazzles

The 2013 Wedding Showcase, themed Swoon 4, took place March 3 at the US Grant Hotel. One hundred local event specialists, including florists, musicians, photographers, videographers, caterers and DJs set up on three floors, with four of the main ballrooms each transformed into a seasonal theme with winter, spring, summer or fall greeting 800 brides-to-be and guests. City Ballet provided fabulous entertainment.

Two fashion shows presented by La Jolla’s M Bride highlighted exclusive couture gowns chosen by owner Michele Martin. Juierie accessorized the gowns with exquisite jewelry, and as the models glided down the runway, the crowd did indeed swoon. In connection with the four seasons, Swoon 4 gave away four honeymoon grand prize packages.

Spring designer preview

Nordstrom presented the spring designer fashions on Feb. 27, a top-shelf fashion show at the Wyland Center in the Del Mar Fairgrounds.

With the runway set up in the shape of a square, models walked counter-clockwise while the name of each designer — fashions hailing from New York, Milan and Paris — was projected on the wall. Nordstrom added three men’s designer collections from Givenchy, Lanvin and Missoni this year. Black and white styles seemed to dominate some collections, with one of the standouts being a long black-and-white Pucci print dress. The fabulous Donna Karan Collection was casual chic, but one of my favorites was a timeless white pique sculpted dress by Azzedine Alaia.

The finale featured an Oscar de la Renta collection with bright colors and oversized earrings. The last dress in his collection — one that would make any woman feel like a princess — was a huge crowd pleaser. Guests stayed for hours d’oeuvres and cocktails after the show while they shopped at an on-site boutique. The event raised $83,000 for the San Diego Opera.

Upcoming events

April 6 — Fashion with a Passion at the Fashion Institute of Design and Merchandising, 11 a.m. to 3 p.m. cocktails and cuisine, shopping in the vendor village and clothes swap. Tickets at www.fashionwithpassion.org

April 18 — Vista Hill Foundation luncheon and fashion show at the Marriott Marquis. (858) 854-9792

April 21 — Spring Bridal Bazaar with fashion shows presented by Gretchen Productions at the Del Mar Fairgrounds. Three shows presented throughout the day. (760) 334-5500

May 10 — Golden Scissors Fashion Show at the Sheraton Hotel & Marina, 5:30 p.m. reception and silent auction, 7:30 p.m. fashion show and awards. (619) 388-2205

Diana Cavagnaro is a nationally recognized hat designer and milliner with a fashion business in downtown San Diego. She has been teaching in the fashion department at San Diego Mesa College for 20 years.
GO SOLAR!
YOU’D HAVE TO BE CRAZY NOT TO!
• Yield over 10% annual return on your investment at virtually zero risk – just as sure as the sun will rise in the morning!
• Increase the value of your house!
• Make money!
• Protect the environment!
• Do NOT overpay for solar!

Systems I’ve built in 2013:
Pavlov Ave. – 4.25 kW system, 100% SDGE offset
Dalen Pl. – 4.335 kW system, 100% SDGE offset
Robbins St. – 3.315 kW system, 100% SDGE offset
Welmer Pl. – 4.25 kW system, 100% SDGE offset
Radcliffe Dr. – 4.335 kW system, 100% SDGE offset

System in Progress: Mt Ainsworth Ave. – 8.16 kW system, 100% SDGE offset

“IT’S RAINING PHOTONS!”

UNIVERSITY CITY PHOTONS
6275 Radcliffe Drive, San Diego, CA 92122
O: 858-750-2300  C: 831-224-3015
ucphotons@gmail.com
www.ucphotons.com
C-46 Solar Contractor, License #978633

Joanne Copps, DDS
4001 Governor Dr., San Diego, CA. 92122
858.366.4370
www.governordental.com

Want Healthy Teeth and Gums for Life?
Routine check-ups and cleanings are your answer to obtain a cavity free mouth. Come and visit us at our beautiful office located in the University Square shopping center between Vons and Rite Aid. We offer:

• Convenient Hours
• Individualized Appointments
• Personalized Family Dentistry
• Financing & Payment Plans
• Comfortable Experience

Dr. Copps, along with her friendly and knowledgeable staff, strive to deliver quality dental care with a gentle touch.

FREE CLEANING
With $180 paid towards full mouth x-rays and exam.
* Restrictions may apply, call for details
A $289 VALUE!
*new patients only
Workout! Did you know that Chinese medicine is the oldest continuously practiced form of healing in the world? Almost 2,500 years of practice have yielded a cohesive and highly effective primary health care system. It is estimated that today 45% of Chinese and Chinese medicine as their primary form of health care. This means that millions of people each year benefit from this comprehensive and time-tested medicine.

Today the World Health Organization recommends acupuncture for the treatment of over 30 different diseases, ranging from psycho-emotional issues to internal medicine to the treatment of pain and dysfunctions. Additionally, pharmacological companies are investigating Chinese herbal formulas for potential Big Pharma marketing and sales. Chinese medicine has hit the big time!

Practitioners of Chinese medicine attend 4-year post-graduate medical schools and must pass intensive state-regulated Boards. Here in California acupuncture sessions are covered by insurance, making this highly effective form of healing available to millions of patients.

Are you curious? Please call for an appointment. We look forward to hearing from you! Beata Booth (858) 454-2025 and Michael Hogan (858) 342-2793 at Coast Acupuncture.

Talking with Your Doctor

Has it been a long time since you left your doctor’s office feeling that your doctor had listened to you and understood your concerns? Here are a few ways to make things better:

Write down all of your concerns. Prior to going to your MD appointment, make a list of things you would like to discuss. Keep the list to one page and talk about the important things first. Make your doctor a copy so that she can follow along.

Don’t be shy. Make sure you discuss your concerns from the beginning. Make sure you speak up about the key issues on the doctor understands and know what you think is important.

Be sure to listen carefully. If you get nervous, take a tape recorder and ask the doctor if you can record the visit to help you better remember what was said. Take deep breaths and try to concentrate on what she is saying.

Question what you don’t understand. Ask the doctor to explain things you don’t understand or if she proposes something that do not seem to fit your situation.

Be truthful about your symptoms or situations. If you’re up all night with a cough or your mother’s wanna-doing keeps you up all night, tell the doctor. How else is the doctor going to take your problems seriously?

The nurses at Innovative Healthcare Consultants are advocates for our geriatric clients and have expertise in disease processes, medication management and behavior disorders.

If you have been in a hospital or nursing home, there may be problems that happen as we grow older. Call to talk to a nurse at (760) 731-1334 or view our website at www.rightchoiceseniorliving.org. We are able to provide caregivers in the home to help when you need a little help.

Women With Hair Loss Can Have Thick, Healthy Hair

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professionals providing products available, nothing compares with the real thing: thick, healthy human hair!

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this service suffer from this weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

Hair Extensions FAQ

How Do You Match Extensions to a Client’s Existing Color?
If you are blending colors choose extensions that are the same level of color as the client’s own hair. If you are changing the level of the client’s hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair color for a limited time.

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this service suffer from this weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

Hair Extensions FAQ

How Do You Match Extensions to a Client’s Existing Color?
If you are blending colors choose extensions that are the same level of color as the client’s own hair. If you are changing the level of the client’s hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair color for a limited time.
Hair extensions can be easily removed. This is different because of the unique application bonding system, which protects your hair from blow dryers, styling heat and environmental damage.

Can hair extensions damage my hair?

If a client with curly hair wants to wear their hair straight then nothing needs to be done to the extensions. If the hair is worn curly most of the time the extensions can be parted prior to attachment to the natural hair.

What type of hair extensions do you use?

Judy uses Great Lengths all natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein to the same molecular structure as your hair. This application process does not harm your own hair. While others use techniques such as welding, gluing or twisting which can damage your hair to a high degree, Judy uses a much more gentle principle called modulating. An extremely high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumizing, lengthening, coloring or simply adding texture; Judy will offer a free consultation guiding you through your new style. You will be creating a new look, following fashion or with a special occasion on the horizon. Judy’s hair extensions have over 55 colors to choose from and blend with your own hair for perfect color matches. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

Can hair extensions damage my hair?

No, they will not. Actually, even very fine and damaged hair can become healthier! If you’re wearing hair extensions because they will protect your hair from things that could damage it like coloring, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension methods that bond too tightly to your hair. Those old methods can lead to hair breakage when being removed. Judy’s La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system.

Will the hair extensions match my natural color?

Yes, the hair extensions are offered with custom hair color blending. With over 55 natural, vibrant hair color options to choose from, it is possible to match just about any hair color. This will create the most natural and real-looking hair extension possible.

Are hair extensions uncomfortable?

Judy’s La Jolla Hair Extensions are applied to your hair with a very small bead of natural keratin protein. Most people don’t even notice a difference between the hair extensions and their own natural hair.

How do I maintain my extensions at home and between visits to the salon?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hair styling is very similar to how you style your hair without extensions. Contact Judy in La Jolla today for answers to any more of your hair questions.

http://hairextensionsoflajolla.com/  
Call today and receive $200 off on your first full head of hair replacements! 619-456-2344.  
Judy Judy Judy, 7734 Herschel Suite #P, La Jolla.

Always Professional Senior Care Present New Programs

What is Real News in Senior Care?

Every company offering In-Home Senior Care works hard to assure the best possible care for their clients. Established companies offer in-house hardware. Those issues are standards at Always Professional Senior Care, but their exciting new Senior Enrichment Program adds in keeping seniors connected to familiar interests, and prompts curiosity in new creative pursuits.

The new program offers:

* At-home computer instruction to teach email, e-letter, video phone, Skype and more  
* A knitter who will play favorite tunes or help in knitting music put aside  
* Nutrition enrichment that includes assistance from an expert in meal preparation  
* Helpline to include Message, Hand and Foot Referral, Renki Energy work  
* Art Creativity provides time spent with a local artist who will share input and perspective  
* An accompanied Out for Lunch, a Movie or a Concert day  

These projects are just a start. Always Professional Senior Care will develop other interests or projects suggested by Seniors. Call our La Jolla staff at 858-454-9405 with your ideas.
Spring is in the air

Spring has officially sprung and that means it’s time to think about what can be done around the house. From weeding and replanting the garden to de-cluttering the garage to perhaps some major overhauls to your home and property, now’s the time to consider what you’d like to upgrade and what it will take to do so.

We’ve compiled a list to help readers get started on all those projects; from new gardening techniques and tips to services to help with home improvements to where to buy that perfect account for the home or garden.

Whether you’re looking for a new strategy for how to get the most out of your garden space or just searching for a different approach to gardening, look no further than the feature on a revolutionary new way to plant herbs, vegetables and flowers, conceived by one of our own locals.

If it’s major renovations you’re planning for, check out our section on landscape architects, interior designers and construction. Perhaps you don’t need to tear down walls or build new ones to upgrade your space, but you’re looking for that little something special that will freshen your home. Check out our section on home decor and gifts for accents that can make a room or garden seem new.

Whatever you do to renew your space this spring, remember to support your local businesses. It will put some spring in their step and yours!

— Kendra Hartmann

Common sense ideas to prepare your home for sale

From the moment you decide to sell your home, consider it an inventory item — it is a product that you need to sell. In fact, you could argue that it is now a liability to you until it is sold.

When you have about 30 minutes, take a field trip to a local grocery store. You don’t need to buy anything, just look. Look at and observe the seller’s packaging efforts. Notice sizes, shapes, colors, positioning on the shelf, wording, lithography and container condition. Are you more likely to be attracted to the right size, design, shape and color that appeals to you? Are you more likely to notice a product that is displayed at eye level? Are you less likely to select an item that is dented, crushed or dusty? This reaction does not occur by happenstance. Manufacturers and retailers spend enormous amounts of money and time to figure out what appeals most to buyers, and then prepare the packaging and placement of their product to induce you to buy it. Here are a few lessons you should take away from your field trip and apply to selling your home.

Staging — Second worse to selling a house in poor condition might be selling a vacant house or one with old and beat up furniture. Most people need visual assistance to imagine how their lives will look in a new environment. A vacant house gives the impression of void, loneliness and even emotional depression. Junk furniture emphasizes to the potential buyer that their new life, if they buy your house, will become broken and dilapidated, just like your furniture. There appears to be an associative reflex between how a house is presented and how people view the transformation of their lives as a result of buying your home.

Curb appeal — Let’s face it: you do not want your house to be a “drive-by.” You want your house to be inviting and welcoming, to say to prospects, “Look no further, this is the house for you.” Tour the outside of your house and make a complete list. Maintain a keen eye toward simple, tasteful and reasonable fix-ups. Some of the obvious examples would include replacing a malfunctioning air conditioner or a worn out roof is not upgrading your house — it is merely maintaining its integrity, a condition of purchase that any buyer, including yourself, would expect. If your house has functional issues like 12 bedrooms and only one bathroom, well, then you have real problems. Otherwise, consider cosmetic improvements and ordinary and reasonable fix-ups. Some of the obvious examples would include remediate mold and fix damage, repair cracks, replace broken and non-

Adventures in REAL ESTATE

Charles Schevker & Natasha Alexander

Do you have a question about real estate in San Diego? Send your inquiries to Cschevker@san.rr.com. We will respond directly to you, and those questions that have a broader public appeal will be published along with our next column in La Jolla TODAY.

What’s inside:

> Find help you with your landscaping
> Discover who’s the best when it comes to light or heavy home improvement makeovers
> Short on gardening space? Learn about a revolutionary practice designed to make the most out of any space
> Read about local businesses that offer unique home décor ideas and gifts

Steve Cairnncross

SteveCairnx@gmail.com | DRE# 00859218
Direct: (858)-735-1045 Office: (858)-490-4139 Address: 4444 Mission Blvd, San Diego CA 92109

REAL ESTATE TODAY

SAN DIEGO COMMUNITY NEWSPAPER GROUP | FRIDAY, MARCH 29, 2013 | SDNEWS.COM
Gardening one foot at a time

By KENDRA HARTMANN

When Mel Bartholomew retired from his career as a consulting civil engineer in 1975, he decided to take up gardening in his free time. As he worked to till and fertilize the soil in long rows, only to plant seeds in a relatively small area of the plot, he wondered what the logic behind the system was.

“I’m not a trained horticulturist,” Bartholomew said. “But I wondered if there was a way we could do this better.”

Bartholomew started devising a new system for space-efficient planting a growing, and came up with the phenomenon known as Square Foot Gardening. Essentially a garden in a box, the practice calls for a 4-foot-by-4-foot box, divided into 16 square foot-plots. Each plot can contain a different crop, with seeds planted in groups of 1, 4, 9 or 16, depending on mature plant size.

The technique was particularly useful in Utah, where Bartholomew lived when he started Square Foot Gardening. The local soil made growing difficult, and Square Foot Gardening allowed for the use of perfect soil while not limiting gardeners to small pots. It also brought gardening back to those who had to give it up due to limited mobility: gardeners who had trouble working the soil on their knees could now easily reach a gardening box raised to hip level.

Bartholomew, who now lives in La Jolla, has been bringing his gardening phenomenon — for which he has published his bestselling book, “All New Square Foot Gardening” — to the rest of the world, hoping to help end world hunger by giving disenfranchised communities the means to grow their own food with his Square Foot Gardening Foundation.

For those looking to grow their own Square Foot Garden, check out Bartholomew’s website, www.squarefootgardening.org for tips and tricks on getting started.

In the meantime, look for more gardening hints from Bartholomew in future editions of La Jolla TODAY!
On a recent evening when at least three major social benefit events took place simultaneously across the San Diego area, the annual La Jolla Playhouse (LJP) gala was arguably the most entertaining place to be. Debby Jacobs, who had chaired the gala 13 consecutive times before, was in charge again. It’s well known that she always finds ways to make the party fresh and newly exciting, which is why the event quickly sold out as the cognoscenti snapped up all 360 tickets. Arriving at the indoor/outdoor reception, partygoers found such specialty cocktails as the “Flaming Lip” (tequila, ginger beer and Tabasco, with a spiced rim) and the “Lounge Cooler” (vodka, lemonade, grenadine and Sprite) complimenting the paella and other lush hors d’oeuvres prepared by Jeff Strauss and his Pamplemousse Grille (who also created the evening’s memorable dinner).

The Playhouse’s Potiker Theatre was transformed into a sexy supper club, with tables and upholstered banquettes cascading in tiers downward toward the stage, ensuring great views of the evening’s entertainment for everyone in the house. Marston Smith tirelessly played his disembodied electronic cello while diners talked, drank and devoured four delicious courses. The feast began with a petite lobster atop avocado salad, then progressed to risotto with grilled quail and porcini mushrooms. The third course was a beggar’s purse with filet of beef, with dessert following as a chocolate caramel bombe with berries. Anyone who’s ever seen LJP’s Christopher Ashley (artistic director) and Michael Rosenberg (managing director) work a room from a stage knows they’d make excellent entertainment for everyone in the house.

Marston Smith tirelessly played his disembodied electronic cello while diners talked, drank and devoured four delicious courses. The feast began with a petite lobster atop avocado salad, then progressed to risotto with grilled quail and porcini mushrooms. The third course was a beggar’s purse with filet of beef, with dessert following as a chocolate caramel bombe with berries. Anyone who’s ever seen LJP’s Christopher Ashley (artistic director) and Michael Rosenberg (managing director) work a room from a stage knows they’d make excellent entertainment for everyone in the house.

Marston Smith tirelessly played his disembodied electronic cello while diners talked, drank and devoured four delicious courses. The feast began with a petite lobster atop avocado salad, then progressed to risotto with grilled quail and porcini mushrooms. The third course was a beggar’s purse with filet of beef, with dessert following as a chocolate caramel bombe with berries. Anyone who’s ever seen LJP’s Christopher Ashley (artistic director) and Michael Rosenberg (managing director) work a room from a stage knows they’d make excellent entertainment for everyone in the house.

Marston Smith tirelessly played his disembodied electronic cello while diners talked, drank and devoured four delicious courses. The feast began with a petite lobster atop avocado salad, then progressed to risotto with grilled quail and porcini mushrooms. The third course was a beggar’s purse with filet of beef, with dessert following as a chocolate caramel bombe with berries. Anyone who’s ever seen LJP’s Christopher Ashley (artistic director) and Michael Rosenberg (managing director) work a room from a stage knows they’d make excellent entertainment for everyone in the house.
HOME SERVICES
Find a pro for every project in your home!

Automotive Detailing
Detail in Progress
Automotive Reconditioning
Regular Interior and Exterior Detail
New Vehicle Premium Protection Packages
619-701-1100
www.detailinprogress.com

Dog Grooming
Awesome Doggies
We Make it Easy
Mobile Pet Grooming
Bathe, brush, haircuts & more
619-324-7304
www.AwesomeDoggies.com

Handyman
Nate The Handyman CAN
Accommodate all your needs!
Sr. Discount! Free Estimates!
Call Nate 619.890.7106
Lic#2017626 & Bonded
In SD 6 years!

Hauling
I Luv Junk Hauling
You Call - We Haul
No Job To Small
10% Senior Discount
Spring cleaning, tree trimming, etc
619-913-4546 • www.iluvjunk.com

Home Improvement
Reconstruction Warehouse
New and used building and remodeling materials
As home improvement specialists, we know what you’re looking for.
Quality•Affordability•Reliability
(619) 795-RECO(7326)
info@recowarehouse.com

Landscape
Point Loma Landscape
Complete lawn, landscape, maintenance & sprinkler care
Licensed, Bonded, Insured, A+ BBB Member
619-523-4900
www.pointlomalandscape.com
Keep it Green

Plumbers
Bill Howe Plumbing, Inc.
Because We Know Howe!
You know who to call for all of your plumbing, restoration, heating and cooling services
24 hours a day, 7 days a week.
Call 1-800-Bill Howe Today!
www.billhowe.com

Personal Chef
Personal Chef “Et Voila”
A Healthy Alternative
“Your Culinary Adventure Begins!”
Call Chef Patric Marquilly 858.717.2524
et.voilapersonalchef@gmail.com
Facebook: Et Voila A Healthy Alternative

Pool Service
Pacific Paradise
Specializes in Pools, Spas, Fountains, & Ponds
Clean & Maintain Pools
Swimming Pool and Spa Repair
Recommendation on Pump Filters & Equipment
858-270-7800
www.pacificparadisesd.com

For More Information Call
(858) 270-3103

Realtor
Charlie Blane Realty
Same Owner • Same Location
Retail • Commercial
1621 Grand Avenue, Suite C
858-274-3737
Serving PB for over 40 years

Roofing
Renovation Roofing
A-1 Quality & Service Since 1975
Financing Available
Sr & Military Discounts
Free Estimates!
619.328.5829 - 619.463.5979
Lic# 3038766/ BBB member

Sharpening
Perfect Edge Sharpening
Knives of all kinds and makes expertly sharpened and restored
We also do scissors, garden tools & processor blades.
See me at the La Jolla Farmers Market. Sunday, April 28
For more information
877-908-2191 • www.2sharpen.com

For More Information Call
(858) 270-3103
The speakers were excellent and all emphasized upward mobility, job opportunities and strategies for getting ahead. The participants were surprisingly non-responsive. I noticed that they had no questions at the end of the talks and looked gla
HOME DECOR
MOS MY OWN SPACE SPECIALIZES IN MODERN HOME DESIGNS. It carries furniture, accessories, rugs and accents to overhaul any room. The showroom’s furniture sets are functional, stylish and built to last. With a variety of intricately designed rugs and glass lighting fixtures, clients can add their personal style and touch to their home. The My Own Space website makes home decorating easy and allows customers to explore, design and order products online.

www.mosmyownspace.com
7722-A Girard Ave.
(858) 459-0099

INSPIRED BY LA JOLLA’S COASTAL ATMOSPHERE, Seaside Home offers casual, but elegant furniture and home accessories. Its showroom displays collections from a wide variety of lines from all over the world including places like Italy, Pataonqa and Peru. Everything from crystal chandeliers and lighting to bath linens and fine china creates a beautiful, coastal atmosphere in any room. Seaside Home also offers interior design services to help with any project.

www.seaside-home.com
1055 Wall St.
(858) 454-0866

EVERETT STUNZ HAS SPECIALIZED IN BEDROOM AND BATH products for about 50 years. It imports lines from six different countries, and it is the only San Diego supplier of the DUX bed. Its interior designers personalize designs and products for homes and yachts. With a huge selection of sheets, blankets, comforters, pillows and beds, Everett Stunz has something for every client’s personal taste and perfect bedroom.

www.everettsstunz.com
7616 Girard Ave.
(858) 459-3305

INSPIRED BY THE CULTURE AND STYLE OF MARSEILLE, Cote Sud imports linens, ceramics, dinnerware and accessories from all over Europe. The products feature vibrant colors and floral-inspired designs that can give any room a warm, spring feel. Most of the linens and dinnerware are not only beautiful, but also durable and easy to wash. As the weather warms and the sun lingers into the evening, a La Jolla patio can feel like the South of France.

www.cotedusudjolliac.com
1145 Prospect St.
(858) 551-9125

HYDRANGEA COVE OFFERS UNIQUE HOME AND GARDEN access to the beach cottage style. Customers can create a leisurely, welcoming atmosphere with vintage decor. A true beach cottage has a personality, and Hydrangea Cove knows that comes with attention to detail. It allows customers to shop for a personal touch with items like books and jewelry.

www.hydrangeacove.com
929 Turquoise St.
(858) 750-3567

PATINA GIFT STORE HAS all the finishing touches for a home redecorating project. Its wide selection of home and garden gifts is the perfect way to adorn and accent a newly designed room. With items ranging from glassware, dinnerware and bath products to art pieces, pottery and candles, it’s possible to customize every room. It fills its shelves with seasonal items, and recently received some colorful, spring-inspired plates and handmade olive wood pieces.

www.patinagiftstore.com
957 Turquoise St.
(858) 488-4488

INTERIOR DESIGNER KATHLEEN BUOYMASTER has served the community since 1985 with a focus on high-end residential and corporate design. Services include programming, space planning, design development, design documents and procurement of products. The company has built relationships with vendors and design centers around the world, sourcing from vendors in the Far East, Pacific Northwest, Los Angeles, New York, London and Italy.

www.kathleenbuymaster.com
6933 La Jolla Blvd.
(858) 456-2985

TIP>>> Want to upgrade the look of your home but never quite sure what look to go with or where to get ideas? Interior designers and architects will of course bring with them a plethora of ideas cultivated from years of experience, but there are ways you can get an idea of what style suits you before you consult the professionals. La Jolla – and San Diego in general – offers a rich array of home and garden tours that allow participants to get a glimpse inside the homes of those who know how to put a look together (or who have hired the right people to do it for them). Keep an eye out for these tours that can hold a treasure trove of ideas for how to move forward with your own home makeovers.

HINT: the next one is La Jolla’s Secret Garden Tour. More details on Page 20. Guests at the Bird Rock Home Tour in January, right, were treated to an intimate view of residents’ home – and all the design ideas that came with them.

DORBALCH

HYDRANGEA COVE OFFERS UNIQUE HOME AND GARDEN access to the beach cottage style. Customers can create a leisurely, welcoming atmosphere with vintage decor. A true beach cottage has a personality, and Hydrangea Cove knows that comes with attention to detail. It allows customers to shop for a personal touch with items like books and jewelry.

www.hydrangeacove.com
929 Turquoise St.
(858) 750-3567

TIP>>> Want to upgrade the look of your home but never quite sure what look to go with or where to get ideas? Interior designers and architects will of course bring with them a plethora of ideas cultivated from years of experience, but there are ways you can get an idea of what style suits you before you consult the professionals. La Jolla – and San Diego in general – offers a rich array of home and garden tours that allow participants to get a glimpse inside the homes of those who know how to put a look together (or who have hired the right people to do it for them). Keep an eye out for these tours that can hold a treasure trove of ideas for how to move forward with your own home makeovers.

HINT: the next one is La Jolla’s Secret Garden Tour. More details on Page 20.

GUESTS AT THE BIRD ROCK HOME TOUR IN JANUARY, RIGHT, WERE TREATED TO AN INTIMATE VIEW OF RESIDENTS’ HOME – AND ALL THE DESIGN IDEAS THAT CAME WITH THEM.

DORBALCH

For Sale or for Lease! Live the coastal dream. Located just a couple blocks to the beach or the bay, this 2012/2013 condo offers space and style. Newly updated with limestone flooring, newer carpet, stainless steel appliances and upgraded bath. The living area is highlighted by Japanese-styled sliding doors. The home is flooded with sunlight and offers a southwesterly exposure. Garage parking, plenty of storage. Don’t say you would’ve, should’ve, could’ve. Buy the Pacific Beach Lifestyle! Call for showings.

Offered for sale at $442,000 - $458,000
Offered for lease at $2,000 per month

Coastal Sage Gardening
Coastal Sage Gardening designs, installs, and maintains individualized landscapes throughout San Diego. The owner, John Noble, has over thirty years of experience. He leads a crew of professional gardeners and apprentices that work hard to create beautiful gardens. They believe the landscape should be an unique expression of the homeowner’s desires, within the reality of their budgets, and with nature doing most of the work.

Southern California needs sustainable, water saving gardens. Lawn removal or reductions, proper grading, rain water retention, greywater systems, and led lighting are all important in designing today’s landscapes. Coastal Sage specializes in native and mediterranean gardens, as well herb and edible gardens. Adam Nordhues, a permaculturist, is part of the team.

The business office-garden shop is an incredible seven sided rock building with a butterfly pitched roof. It is located at 3685 Voltaire Street, across from the Point Loma Library. The office hours are Mon-Fri 10am to 2pm., Sat. 10am to 5pm, and closed on Sunday. For an appointment with John Noble contact the office 619 223 5229
PHILIP CARRILLO
COASTAL REALTOR
(858) 243-5884
SERVING PACIFIC BEACH AND LA JOLLA FOR 10 YEARS
BUYING OR SELLING?
CALL FOR FREE
OVER THE PHONE ANALYSIS!

SOCIETY »
CONT. FROM PG. 18

tag-team hosts for a TV talk show or awards presentation. Together, they welcomed the guests and expounded on the theater’s extraordinarily successful year. They told how one of LP’s educational outreach programs, the POP (Performance Out- reach Program) Tour introduced more than 20,000 kids to live theater through in-school performances, and proudly announced that these recent LP shows matriculated to Broadway with a fourth to also open there soon.

The pair welcomed well-known director emeritus Des McAnuff to the stage. Speaking of the rock concert that would follow the dinner program, Michael said, “Do whatever you want with your cell phones; we won’t hear it. It’s going to be loud tonight. Des McAnuff actually said to me, ‘Mike, you may want to make a joke about earplugs.’ I’ve got some — I have a bunch in my pocket; the waiters have some; if you need some just ask — ‘cause you know, if Des is saying it’s loud, I think it’s going to be loud tonight.”

On a more serious note, the trio gave tribute to three extraordinary LP supporters who had passed away this season: Dr. William II “Bill” Van- derlip, Esther Burnham and David Copley. A paddle-raise for LP’s edu- cation and outreach programs (sup- plemented by $175,000 in matching funds) received enthusiastic response, bringing overall gala proceeds to nearly $1 million.

Event headliners The Flaming Lips, the rock band that originated the music for “Yoshimi Battles the Pink Robots,” took the stage for a private concert. They were appropriately loud, as promised — but few, if any, resorted to those earplugs. Following the performance, an after-party featured drinks, late-night bites and dancing to another very popular band, Zowie Bowie.

BUFFY DILLON
Wishing you and your family peace, joy and happiness
THIS PASSOVER AND EASTER SEASON.

Thinking of Selling...
Call Brian Lewis
Inventory is at a record low
I want to earn your business!

(619) 300-5032
www.thinkbrian.com

Simply to DYE for!
Ocean Beach
Located across the street from the sand, surf, and dog beach! Charming Penthouse beach condo with white water ocean views. Enjoy beautiful San Diego sunsets from not one but both of your balconies. Walking distance to shops, restaurants, farmer’s market, and more. Your new lifestyle awaits!

Philippa Dillen
Phone: (619) 239-9202
Fax: (619) 239-9338

LA JOLLA
Sat & Sun 1-4pm - 8007 Ocean Lane .............1BR/1BA ...........$825,000 ......................The Mc Gill Team • 858-230-2551
Sat & Sun 1-4pm - 7033 Via Estrada ..............6B/4.5BA ................$2,995,000-$3,295,000 ...Joe Graham • 858-735-4141
Sat & Sun 1-4pm - 5610 Soledad Mountain Rd. ...4B/2BA ............$1,150,000-$1,200,000 .Jim McInerny • 858-480-9845
Sat & Sun 1-4pm - 5962 Avocado Chumney ...........3B/2.5BA ................$1,695,000 ...............Irene McCormack/Melanie Abens 858-232-7373
Sat & Sun 1-4pm - 333 Midway St. ................3B/2BA ......................$1,950,000 ......................Kathie Simon • 858-915-0444
Sat & Sun 1-3pm - 5550 La Jolla Hermosa ...........5B/3BA ............$2,100,000-$1,400,000 .David Schroeder • 858-459-0202
Sat & Sun 1-3pm - 5584 Soledad Road ..............4B/4BA ..................$1,500,000-$1,700,000 .David Schroeder • 858-459-0202
Sun 2-4pm - 5632 Rutgers Road ..................4B/4BA ......................$1,595,000 ......................Monica La Schick • 858-752-7854
Sat & Sun 1-4pm - 333 Midway St. ................3B/2BA ......................$1,950,000 ......................Jared Davis • 858-353-7854

PACIFIC BEACH / MISSION BEACH / CROWN POINT
Sat & Sun 11-4pm - 3959 & 3959 Sequoia St. ...4B/3.5BA ...........$789,000 ......................Kathy Evans • 858-488-7355
Sat & Sun 1-4pm - 881 Thomas #9 .....................2B/2BA .............$473,000 ......................Kristina Uteg • 619-347-0033

POINT LOMA / OCEAN BEACH
Sat & Sun 11-4pm - 887 Harbor View Pl. .............4B/4.5BA ...........$2,495,000 ......................Robert Realty • 619-852-8827
Sat & Sun 10-4pm - 4636 Voltaire St. ..............2B/2BA ......................$479,000 ......................Fred A. Remick • 619-519-3287

LA JOLLA TODAY 23
Commanding Ocean View Lot

Only two homes between this site and ocean front

West of La Jolla Blvd.

Single Level Near Bird Rock Village

Just Sold!  •  5584 Soledad Road  •  La Jolla

Just Sold!  •  7020 Via Estrada  •  La Jolla

Just Sold!  •  5584 Soledad Road  •  La Jolla

Success Speaks for Itself!

Call us Today!