OB Library celebrates 80th birthday Oct. 18

Residents will celebrate the 80th birthday of an institution on Saturday, Oct. 18, when county and city officials join neighbors to explore the roots of the Ocean Beach Library — the oldest in San Diego County.

The Ocean Beach Library began as a grassroots literary effort nearly 100 years ago but was formally dedicated as part of the city’s library system in October of 1928. According to Whatley, the average annual pay for a longshore union worker can range from $90,000 to $120,000. That includes overtime, employment benefits and salary, he said. The union organized the door-to-door campaign against Proposition B at a cost of about $20,000 so far, he said.

Marine terminal workers stump to defeat Prop B

Ballot measure would threaten 400 jobs, longshore union chief says

San Diego Bay marine terminal union workers got up early on Saturday. They go door to door as part of a campaign to stop a local development company from changing the way this major San Diego Bay terminal operates.

Physical restrictions accompanying redevelopment would interrupt work. Port officials have said more than 45,000 jobs the local chapter represents would be indirectly affected by the initiative.

The Ocean Beach Historical Society will gather at the OB Library on Oct. 18 from 11 a.m. to 1 p.m. to celebrate the facility’s 100th anniversary. There will be historical reflections, speeches, music and activities for children, according to library officials.

“Instead of the usual bluegrass sounds of the ZZmyzzy Quartet, which will begin performing at 11 a.m., followed by the formal ceremonies at noon and an introduction by Master of Ceremonies Ned Tallows, vice president of the Ocean Beach Historical Society. Local Girl Scouts will make a flag presentation, followed by addresses by several local and county officials.

A magic show for children will begin at 1 p.m. inside the library, along with more music and a ceremonial tree planting, according to Braun. The event will feature a historical tree planting, according to Whatley.

The OB Library, the county’s oldest, has been in continuous use since 1928.
Help us... Go Green & Win

It's becoming evident that shopping bags have put enormous strain on the environment. To help reduce waste, we want to encourage everyone to recycle grocery bags. Did you know the cost of a plastic bag is 2 cents and the cost of a paper bag is 8 cents? And, did you know the less we spend on bags, the easier it is to keep our prices lower than other markets? So, help us! Bring your own paper, plastic or “any” other bag & enter our weekly raffle.

You could win a $25 Gift Certificate! Raffle drawings will be on Fridays at 9am. One raffle ticket per purchase please.

Redwood Hill Farm
Goat Milk Yogurts
Plain *Vanilla *Blueberry
$1.99
6 oz.

San-J
Tamari
Traditional Soy Sauce
Great for Marinades and in Stir-fry Dishes
$2.29
10 oz.

BARONS
The Marketplace

Del Monte
Gold
Pineapples
2 for $5
4 oz containers

Kim & Scotts
Gourmet
Stuffed Pretzels
Frozen, Soft Pretzels in Classic, Stuffed, Sweet or Savory Flavors
$5.59
4 pk.

Loin
Lamb Chops
$9.99
2 pk.

Bread & Cie
Baguettes
French *Mourdough *Seedy Sourdough
$2.29
each

Metro Mint
Mint Water
Refresh, Replenish, Rehydrate
$1.39
500 ml

Stash Decaf Tea
Hand-Crafted Superior Flavor
$2.49
18 count

WINE DEPARTMENT
ForestVille Pinot Grigio 07............. $3.98 750 ml
Fat Cat Pinot Noir 07................ $6.98 750 ml
Numero Uno Sangria ................. $6.99 750 ml
Edna Valley Syrah 05................. $10.99 750 ml
Wilson Creek Almond Champagne ... $9.96 750 ml
Hahn Estate Chardonnay 06........... $9.98 750 ml

Tom’s of Maine
Natural Care

Point Loma
4001 W. Point Loma Blvd.
1 Blk. W. of Midway Dr. • (619) 223-4397

Temecula
31939 Rancho California Road
Corner of Meadows Pkwy. • (951) 693-1111

Rancho Bernardo
11828 Rancho Bernardo Road
In the Mercado • (858) 485-8686

Limited Quantity, in Some Items, Not Best Quality for Flavors, Dry Wines
The Unified Port of San Diego’s board of directors unanimously approved on Oct. 7 the construction of a 424-space parking structure along North Harbor Drive. Construction has started as part of a bigger project that includes marina improvements and a restaurant in the area.

The board also gave the go-ahead for marina developers to come up with a paid-parking management plan for the area, according to port documents.

The parking structure, slated to be built at the site of the former Westy’s lumberyard at 4975 N. Harbor Drive, is part of the second phase of a two-phase project planned for America’s Cup Harbor. The first phase includes marina-related offices, the construction of a restaurant, a 16,000-square-foot park, short-term anchoring for “dock and dine” services and an additional 50 boat slips, said Margarette Elicone, a port district representative.

“Certainly from our perspective we want to see the maritime flavor stay and some of the water dependent uses stay as well... so we’ll have facilities for those people,” he said.

Conceptual plans call for the multi-story parking structure include a market, wind-powered electricity generators and solar energy panels.

The Unified Port of San Diego stands to gain more than $450,000 in rent and fees from the parking structure, according to estimates. The company that will operate the structure has not been identified, port officials said.

Though the projects are part of an effort by marina owners, developers and investors to redevelop sections of North Harbor Drive to include additional parking elsewhere, some Point Loma residents have said the projects aren’t needed.

“They’re going to tear up and narrow (North) Harbor Drive for a period of six to nine months. The current two-lane Scott Street will be permanently gone. All to add about 185 paid parking spaces along North Harbor Drive,” said longtime Point Loma resident Tom Delahanty.

Delahanty said parking spaces now available along the street don’t fill up with cars during a majority of the year — an observation disputed by some neighboring businesses.

Still, Delahanty is sticking to his assessment of unused parking.

“That makes even less sense to build a parking structure,” Delahanty said.

Port OKs marina parking structure plan
Levon Allen sells LPs at the Ocean Beach open-air market off Newport Avenue Saturday, July 12.

Re-Elect Mitz Lee for School Board

Ryan are now settled in their new home in the neighborhood of their dreams, and enjoying their wonderful yard!

for showings and put it in the MLS. It was only on the market for two days when a fabulous offer came in! Bill, Karen and
what happened.

was a tough one right now because of all the short sales and foreclosures. The couple decided to give it a try and just see
a very active boy, really wanted a yard. They called Sandy to list the home and she let them know that the condo market
has grown to include their two-year-old son, Ryan. The condo was just not big enough for them anymore and Ryan, being
P . S. My priority is leading with a giving hand. Who is the next person you know that could benefit from this kind of serv-

Dear Friend,

San Diego Unified School – District A

At least until the end of the year, the court will be in ses-
sion.
The Beach Area Community Court (BACC), which had been
funded by a grant that recent-
ly expired, received what is
titled “bridge” funding,
thanks to the San Diego Coun-
ty board of supervisors.

“We have approved $8,000 for the Beach Area Commu-
nity Court which will cover them
through the end of this year,”
said Greg Cox, Chairman of
the County board of supervi-
sors. “Bridge funding is
designed to help the transi-
tion, in this case, from a grant
to a permanent funding source.
It is not meant to be
an ongoing financial commit-
ment.”

Cox was quick to laud the
BACC for its efforts and noted
its success is a key factor in
the allocation of the bridge
funding. “It is a great pro-
gram, which is obviously hav-
ing a positive impact and
proving to be a tremendous
benefit to the community.”

Ben Nicholls, executive
director of Discover Pacific
Beach, which helps oversee
the BACC, is thrilled with the
new operating dollars.

“Greg Cox really saved the
program,” he said. “In all
honesty, we were on the verge
of shutting down the BACC in
mid-August. To have the coun-
ty board of supervisors pro-
vide the bridge funding is phe-
nomenal. You cannot run pro-
gram on grants over a long
term. They are not perma-
nent, so this bridge funding is
a huge help.”

The BACC is an option for
certain offenses in which the
offender can appear before a
“court” of local citizens and a
legal representative to discuss
their crime and figure out a
way to make restitution, which
always includes some

We are looking at charging a fee to everyone who goes through the BACC,” Nicholls said. “About $30 per person
would fund the court on an
ongoing basis year after year.”

Nicholls explained the City
Council would have to approve
such a fee and the earliest
there will be a vote on the
issue could be this month. “If
you like the idea of having the
offenders paying a fee, then
we need people to write the
City Council or their represen-
tative,” he said.

For more information visit
www.pacificbeach.org and
click on the link for the Beach
Area Community Court or call
the Discover Pacific Beach at
(858) 273-3303.

Ryan Got His Yard!

Karen and Jeff had purchased their condo from Sandy Collins & Associates four years ago. Since then, their family
has grown to include their two-year-old son, Ryan. The condo was just not big enough for them anymore and Ryan, being
a very active boy, really wanted a yard. They called Sandy to list the home and she let them know that the condo market
was a tough one right now because of all the short sales and foreclosures. The couple decided to give it a try and just see
what happened.

Sandy and Judy helped them with staging and rearranged some furniture. They gave them tips on preparing their home
for showings and put it in the MLS. It was only on the market for two days when a fabulous offer came in! Bill, Karen and
Ryan are now settled in their new home in the neighborhood of their dreams, and enjoying their wonderful yard!

Sandy Collins & Associates, Your Real Estate Consultants For Life
Willis Allen Real Estate (619) 224-0044

P. S. My priority is leading with a giving hand. Who is the next person you know that could benefit from this kind of serv-
ic? Please give me a call and I’ll contact them. Thank you!
City of San Diego lifeguards battled with La Jolla planning group for nearly seven years to gain approval to rebuild the crumbling, now-condemned Children’s Pool lifeguard station – which La Jolla Community Planning Association members voted on Thursday, Oct. 2 during their monthly meeting.

LJCPA Trustee Tim Lucas expressed the frustration felt by both sides, saying, “There’s been more debate on this than on the bailout bill that’s been going around.

But members narrowly passed the motion to recommend the project, voting 8-6 to forward the lifeguard station plans to a city of San Diego hearing officer. According to Lifeguard Lt. John Greenhalgh, the city can now begin building the station, unless someone appeals the decision, he said.

Greenhalgh started working with the committee seven years ago, he said. At that time, issues with La Jolla’s lifeguard station seemed tame compared to today’s issues — about one year ago, the city condemned the Children’s Pool lifeguard tower, concerned the crumbling cement and structural cracks could cause the building to collapse.

“I worked with the community for seven years,” Greenhalgh said. “We didn’t get exactly what we wanted, but I think it’s going to meet our operational needs.”

La Jolla planning group members and city of San Diego project manager Jihad Sleiman agreed on various issues about the Children’s Pool project. Members worked with a narrower access ramp, less landscaping and more plaza. Sleiman said he narrowed a beach access ramp and removed landscaping and more plaza. Sleiman said he narrowed a beach access ramp and removed landscaping and more plaza.

But Sleiman’s concessions seemed to come after he spoke, when trustees began voicing their concerns regarding lifeguard duties especially relating to the Children’s Pool area.

LJCPA trustee Orrin Collins opened a Pandora’s box among the trustees when he said “I think the size of this is beyond what the lifeguard needs and I’m going to oppose it for that reason,” Gabsch said.

Trustee Bob Collins spoke after Gabsch.

“I agree with Orrin,” Collins said.

LJCPA trustee Tony Crisafi said he toured the Pacific Beach lifeguard station, which is larger than the proposed Children’s Pool tower – an area one trustee said “could be guarded by someone sitting in a chair.”

“I think the size of this is beyond what the lifeguard needs and I’m going to oppose it for that reason,” Collins said.

Some trustees said lifeguards spent a long way regarding the proposed tower’s design, while others said they wanted to use a different design by former La Jolla planning group member and architect Phil Merten. But trustee Lance Peto said he witnessed life guards saving lives on several occasions from that lifeguard station.

“Someone higher up than us has to decide the decision those offices should be there,” said LJCPA trustee Darcy Ashley. "Ashley mentioned to approve the project, adding conditions such as official flaps that roll the roof out and that the coastal commission approves the narrowed ramp.

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Underwater map artwork links Kumeyaay ancestors to San Diego’s shores

By DANIEL J. TUCKER & RICI LLABRE

The Peninsula Beacon

San Diego’s Native American tribes have long been associated with East and North County, but many people may not realize that the reach of the tribes has historically extended to the entire county, including the ocean waters off La Jolla.

Now there’s a special piece of public art in La Jolla that recognizes the rich, diverse heritages of the Kumeyaay Nation. It is a 2,300-square-foot in-ground sculpture at Kellogg Park depicting the underwater life of the La Jolla Shores Underwater Park & Ecological Reserve. It is a unique and remarkable achievement that will greatly benefit future generations.

The reserve, a protected waterfront, is the final resting place for numerous artifacts of the Kumeyaay Nation as generations of Kumeyaay incorporated the ocean and bays off San Diego’s coast into their lifestyle, using them to find sustenance and helping them travel to other regions where disparate bands of the farming Kumeyaay Nation had settled.

That is why the Kumeyaay band of the Kumeyaay Nation, on behalf of all 13 Kumeyaay bands in San Diego County, believed it was so important to support “The Map,” the sculpture that was unveiled last month at Kellogg Park.

The artwork will not only raise awareness and understanding of the ecological, geological and cultural resources featured just offshore but will also celebrate longstanding Kumeyaay traditions and promote preservation of Kumeyaay artifacts found along the ocean floor and surrounding areas. Those artifacts are now protected by federal and state laws, prohibiting their removal.

“The Map” also includes a plaque that recognizes Sycuan and all Kumeyaay Bands as contributors to the project, welcoming a welcomed recognition of the historical Kumeyaay lifestyle on the Peninsula.

Sycuan is pleased and proud to have made this project possible, which helps ensure the Kumeyaay lifestyle along the coast is never forgotten. We hope “The Map” will become a tool to help children and all people understand the rich culture along San Diego’s coast, the current state of the heritage of the Kumeyaay Nation.

Sycuan is proud to have been a part of this effort, which created a unique piece of art and congratulates the La Jolla community and the other organizations, including the Scripps Institution of Oceanography, the University of San Diego, Aquarimu, Wyland, Franko, the Kumeyaay/Diegueno Land Conservancy and individuals and groups that helped make this project possible.

—Daniel J. Tucker is the chairman and Ricci Llabre is vice chairman of the Sycuan band of the Kumeyaay Nation.

Letters to the Editor

Beach alcohol ban works; the proof is in the figures

While I firmly believe in life, liberty, and the pursuit of happiness, I fail to see the positive benefit from a repeat of the beach ban on drinking. If it takes 10 beers to make us drunk and we drink two beers, are we not 70 percent drunk?

Are we safer on the highways with drivers who are 20 percent drunk or those who are 0 percent drunk?

When is the cost of a freedom too high? During the Vietnam War, we found the cost of freedom for the South Vietnamese to be too high on two occasions. First we found it to be too high in terms of American lives lost so we brought the troops home. Then we found it to too high in terms of military assistance so we cut that off. Shortly thereafter they lost the war and their freedom.

We want to bring the troops home from Iraq because some 4,000 lives have been lost there over 4 or 5 years. Nine on average is not that many are lost EACH YEAR on our highways.

I think the slogan “Don’t drink and drive” will influence my vote on this issue.

Dee French

Paci Liza

City Council’s arrogance evident at meeting, too

I read this commentary with much interest. I thought that the arrogance of the City Council. Two days before Thanksgiving last year, I appeared before the council to present an appeal regarding a development project on my street.

I spent a considerable amount of time (about 65 hours) and money to present an appeal regarding a complex issue.

I was told to bring the appeal to the council meeting.  Councilmember Jim Madaffari then told me to give my presentation, which I did. Councilmember Scott Peters then requested that I bring with me an appealing to supplement the appeal.

I did not know what he meant by “appealing to.”

I afterwards found out that he was referring to payment for my time and expenses. I was not willing to pay $2,500 for my presentation. When I refused, he told me that I was not willing to give of my time to participate in the process of the council, to try and get things accomplished.

Following this refusal, I was ordered several council members actually eating during the meeting.

Councilmember Jim Madaffari actually ate what appeared to be a full meal while citizens were making their presentations to the council.

He was not alone. Several of the others were eating as well. I found this to be incredibly rude and disrespectful of the citizens that were willing to give of their time to participate in the process of the council, to try and get things accomplished.

I am sure that he had not reviewed my packet of information on the neighborhood. I know that his assistant did that because he made another trip downtown to meet with him, but I think that is as far as it went.

Council President Scott Peters was not bothered at all by the munching. “Maybe this is business as usual down there.”

During the meeting, the council members talked among themselves and appeared to not pay much attention to the speakers.

Finally, when I was able to get up and make my presentation, which included 11 enhanced photos added for easy use of the reader, it was plain to see that no one was interested in all and that none of them had even looked at the material that I presented beforehand.

I was told that I was not to present in their binders to follow along.

All of my efforts were virtually a waste of my time, effort, and the Sycuan Faulconer, my councilmember, had already made up his mind. He wanted to give what he felt was a three-minute toasts would bring, set out very close to the sidewalk, outside the recently approved by all of the other homes on the street.

He thought that it was just fine to allow this inappropriate project at the entrance to Ocean Beach, regardless of the fact that it did not comply with the bulk and scale of the neighborhood.

The other members didn’t seem to give a hoot. It wasn’t in their districts, so they just rubber-stamped what Faulconer wanted. Case closed.

I am sure that he had not reviewed my packet of information on the neighborhood. I know that his assistant did that because he made another trip downtown to meet with him, but I think that is as far as it went.

Mr. Faulconer said that he has many times driven around Ocean Beach, so he was aware of the area. Well, OK, then’s all that anybody has to say.

Overall I came away most disappointed in the process and most certainly the representatives of the council, which, in my understanding, is supposed to be there to represent and protect us and our neighborhoods, the taxpayers citizens of the city of San Diego.

Silly me.

Trish Hannah

Ocean Beach

OPINIONS

Letters to the Editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Words are not necessary if the issue of the newspaper or staff. Submissions letters and photo submissions are welcomed. Those accompanied by an unencumbered, signed envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES

All content must be received by 10 a.m. on the Thursday prior to publication.

DISTRIBUTION

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PRINTED with any inks and recycled paper. Please recycle.
Robbers strike Midway Sprint store, taco shop

Armed robbers targeted two businesses, one in the Midway area, in the span of a half-hour on Oct. 8, according to San Diego Police Department investigators.

The two robbers — one of whom was said to be wielding a small black handgun — first struck a Sprint store on Rosecrans Street shortly after 7:30 p.m. They ordered two employees to the floor, allegedly taking cash and cell phone earpieces, stuffing the items in a duffel bag and back pack before fleeing, according to Sgt. Rick Nemetz.

Less than a half-hour later, one of the suspects entered Rosendo’s Taco Shop on El Cajon Boulevard and allegedly pointed the handgun at employees and demanded cash before fleeing, according to Sgt. Rick Nemetz.

One suspect is described as a 24-year-old male, 6 feet tall with a thin build and dark complexion. The other suspect is described as a male between the ages of 22 and 24, 6 feet tall with dark complexion and a 6-inch black hat and a white bandana tied around his neck.

Interactive touch-screen kiosk debuts at PLNU

Point Loma Nazarene University (PLNU) has taken yet another step into the advancing world of high technology.

University officials held an open house Sept. 3 to unveil the installation of an interactive touch-screen kiosk at the entrance of Smee Hall.

The kiosk, which features a photo and video history of the campus, an interactive map highlighting the campus’ principal buildings and information links to the school’s benefactors. The new technology was developed and installed by Vital-Signz.

According to Vital-Signz officials, the “Campus Virtual Visitor Center” was selected for Smee Hall to provide a central point of information for visitors and to provide a visual tribute to the honorees and information for visitors and to provide a visual tribute to the honorees.

The keynote speaker will be San Barbara.

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For further information, visit www.santodiego.org.

A superior court judge ruled in September that San Diego voters would decide in November whether a private firm can redevelop about 100 acres of terminal property that once controlled the Port of San Diego.

A few days later, an appellate court denied an appeal by the Port of San Diego to stop the initiative from reaching the ballot. The court said it lacked the “clear and compelling” reason to step it from going to voters, according to court documents.

Port officials also tried to change the language on the ballot last month because the original ballot language was “misleading,” port officials said. The appellate court rejected that move as well.

The text that should now appear on the November ballot would read: “Shall the San Diego Unified Port District’s Master Plan be Amended by the Adoption of “The Port of San Diego Marine Freight Preservation and Bayfront Redevelopment Initiative?” according to court documents.

If voters pass the measure, any construction would have to be vetted by the California Coastal Commission, according to a letter from the commission addressed to the Port of San Diego.

The battle over the bay has been raging in the public arena since the Board of Port Commissioners voted unanimously in May to place the redevelopment initiative after sufficient signatures were gathered to bring the matter to a public vote, according to port officials.

The most recent debate took place Friday, Sept. 12 at the Southeastern Economic Development Council’s annual summit.

To watch the forum or for more information on the initiative, visit www.portofsandiego.org.

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To watch the forum or for more information on the initiative, visit www.portofsandiego.org.
Diego Housing Commission president and CEO Richard Gentry, who recently took over leadership of the commission.

The conference begins at 8 a.m. with a continental breakfast and opportunities to explore about 25 exhibits. The conference continues through 3:30 p.m. with three rounds of workshops. For prices and registration, call (619) 239-6693, or visit www.housingsandiego.org.

**Women's club hosts cancer awareness event**

The San Diego Alumnae chapter of Zeta Tau Alpha, an international women's business and non-profit organization, will host a fashion show and luncheon Saturday, Oct. 18 at the Kona Kai Resort in Point Loma to help support National Breast Cancer Awareness Month.

The “Pretty in Pink” luncheon will feature fashions by Talbot’s of University Towne Centre, a silent auction and views of San Diego Bay.

Silent auction items were donated by chapter members and local organizations and include a signed picture of San Diego Padres catcher Chase Headley and a ball signed by Padres shortstop Khalil Greene.

Proceeds from the auction and raffle will benefit breast cancer awareness, Susan G. Komen in their marathons and local philanthropies.

The “Pretty in Pink” luncheon costs $55 and includes parking at the Kona Kai Resort. The silent auction and raffle will begin at 11 a.m. and the luncheon and fashion show will begin at 12:30 p.m. For more information, call (858) 486-7812.

**Free marriage workshops held for returning soldiers**

American soldiers and their families are invited to receive free marriage counseling, which research shows to be more than two times more effective than traditional marriage counseling, as “emotionally focused couples therapy,” said Wanda Garner, M.S., M.A., who will be shaped by chapter members and local organizations.

The workshops will be facilitated by Wanda Garner, M.S., M.A, and sponsored by LifeWellness Institute and Freedom is Not Free.

Mission Strong Connections is designed for American soldiers who have faced tension, disappointment, conflict and loneliness in their marriages since their return from overseas — along with their spouses — will soon be able to take advantage of Mission Strong Connections, a series of no-cost marriage workshops held at Liberty Station in Point Loma.

The workshops will be held at 1:30 p.m. on Oct. 25, although the exact location is not being released for confidentiality reasons.

Each 2½-day workshop will focus on stepping out of negative communication patterns, expressing wants and needs effectively and offering support to one another. The workshops will use “emotionally focused couples therapy,” which research shows to be more than two times more effective than traditional marriage counseling, according to Garner.

Workshops will be held at Point Loma Nazarene University, although the exact location is not being released for confidentiality reasons.

To register or for more information, call (858) 404-0305, e-mail wanda@wandagarner.com or visit www.wandagarner.com.

**MTS names Point Loman as CEO for rail arm**

Point Loma resident E. Wayne Terry has been named the new chief operating officer for the Metropolitan Transit System’s rail division.

Terry has been with the San Diego Trolley, subsidiary of the Metropolitan Transit System, for more than 3 years of experience in the rail industry — 27 of them associated with the San Diego Trolley, said MTS officials.

As CEO Terry will have primary responsibility for the oversight of San Diego Trolley’s annual $28 million budget, which boasts 500 employees, 134 light rail vehicles and 52 miles of track with 53 stations. He will be charged with providing safe and timely service to more than 37 million annual riders.

As one of the original employees in 1981, Terry has served as vice president of operations since 2003.

Terry has been involved in creating and executing start-up plans for nine extensions to the San Diego Trolley system and has been part of numerous industry peer reviews and was instrumental in developing and managing special event light-rail service plans for major events, including the 1996 Summer Olympic National Committee, the 1998 Super Bowl, the 1998 National League Championship games and the 1999 World Series.

Terry is also an avid sailor and is a member of the San Diego Yacht Club, one of directors of the San Diego Yacht Club, currently serving as its commodore.

**Ballast Point brewery to host fundraiser**

Ballast Point Brewing Co. will host its 12th anniversary party and beer festival Oct. 25 at Liberty Station in Point Loma as part of a fundraising event to benefit the YMCA Youth and Family Services Division and the Chrohn’s and Colitis Foundation.

Ballast Point will be joined by more than 15 other local breweries in presenting their best beers commercially — the brewery’s favorite beers commercially — the brewery’s favorite beers commercially.

Tickets are $35 if purchased online in advance or $40 the day of the event.

Our previous experiences with sponsoring nonprofit organizations have been overwhelmingly positive,” said Jack White, founder and president of operations at Ballast Point Brewing Co. “And the outpouring of support that we have received from the San Diego community has truly been inspirational.

Ballast Point Brewing Co. district five of the brewers’ favorite beers commercially — the brewery’s favorite beers commercially.

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Ballast Point will be joined by more than 15 other local breweries in presenting their best beers commercially — the brewery’s favorite beers commercially.

Tickets are $35 if purchased online in advance or $40 the day of the event.

“Our previous experiences with sponsoring nonprofit organizations have been overwhelmingly positive,” said Jack White, founder and president of operations at Ballast Point Brewing Co. “And the outpouring of support that we have received from the San Diego community has truly been inspirational.

Ballast Point Brewing Co. district five of the brewers’ favorite beers commercially — the brewery’s favorite beers commercially.

**Free marriage workshops held for returning soldiers**

American soldiers and their families are invited to receive free marriage counseling, which research shows to be more than two times more effective than traditional marriage counseling, as “emotionally focused couples therapy,” said Wanda Garner, M.S., M.A., who will be shaped by chapter members and local organizations.

The workshops will be facilitated by Wanda Garner, M.S., M.A, and sponsored by LifeWellness Institute and Freedom is Not Free.

Mission Strong Connections is designed for American soldiers who have faced tension, disappointment, conflict and loneliness in their marriages since their return from Iraq and Afghanistan. These workshops are offered free as a way to honor and assist those families who have dedicated themselves to defending freedom.

Each 2½-day workshop will focus on stepping out of negative communication patterns, expressing wants and needs effectively and offering support to one another. The workshops will use “emotionally focused couples therapy,” which research shows to be more than two times more effective than traditional marriage counseling, according to Garner.

Workshops will be held at Point Loma Nazarene University, although the exact location is not being released for confidentiality reasons.

To register or for more information, call (858) 404-0305, e-mail wanda@wandagarner.com or visit www.wandagarner.com.
Sea Lions cagers seek to build on rare post-season win

BY KEITH ANTIGIOVANNI | THE BEACON

Looking to build on its first post-season victory in 50 years last season, the Point Loma Nazarene University (PLNU) men’s basketball team tips off the 2008-09 regular season with new head coach and former assistant Ethan Hamilton.

“We’re excited about this year and about our players. We have a good core of players returning and we had a great recruiting class,” Hamilton said.


Last season, the Sea Lions went 24-10 overall and 13-7 within the Golden State Athletic Conference (GSAC). They made the GSAC Tournament and then defeated Southern Nazarene (Oklahoma) 76-73 in the National Athletic Interscholastic Association (NAIA) playoffs.

“We have a great group of guys who are very passionate about basketball. Chemistry is going to be a strong point for us this year. They play smart,” Hamilton said. Hamilton has spent the last three years as an assistant under former head coach Art Willmore, but Hamilton played a large role in recruiting and developing the game strategies since he arrived in 2005.

“We are starting our second week of practice and I have to thank Coach Willmore for all his help,” Hamilton said. “When I came here, he allowed me a free hand in running the offense. He was a great mentor and it has helped make an easy transition.”

Transitioning from assistant coach to head coach involves going from concentrating on certain responsibilities to delegating them.

“I am very confident and amazed with the assistant coaches on my staff,” Hamilton said. “My coaches know our players very well and will be able to use their strengths. We all have to be on the same page. I give them a certain amount of creativity but we all have the same vision so the job gets done.”

Since Hamilton arrived, the basketball program has posted an overall record of 61-33 and has qualified for three GSAC tournaments and made one appearance in the nationals. Hamilton spent time as an assistant coach at University of California, Riverside and Azusa Pacific University before coming to Point Loma.

Sea Lions basketball coach Ethan Hamilton seeks good things ahead.

Veteran guard/forward Curtis Carlson will fuel the Sea Lions’ offense.

Three key veterans will also be returning: Craig Austin, Curtis Carlson and Noble Shelton. Austin is a 6’5” junior guard/forward, Austin a 6’1” senior forward who led the team in blocks with 46 last year. Shelton is a 6’1” sophomore point guard.

PLNU opens the season on the road at Seattle University (Washington) on Nov. 7 and Northwest University (Washington) on Nov. 8. Seattle University is moving up to Division 1, so it will be a good test for us,” Hamilton said.

The Sea Lions will return to San Diego to play the San Diego State University Aztecs in an exhibition game on Nov. 11 before opening their home schedule against Trevecca Nazarene (Tennessee).

“We’ll be tested right out of the gate,” Hamilton said.

6’4” guard Rhett Beal; 6’ guard Dean Colbray, a transfer from Eastern Washington University; 6’1” forward Brandon Johnson; 6’1” guard Nate Van Weelden and his brother尼, a 6’2” guard who is a transfer from Pepperdine University; and 6’8” forward Brandon Johnson; 6’1” guard Nate Van Weelden and his brother Nic, a 6’2” guard who is a transfer from Pepperdine University.

The 2008-09 recruits include

- 6’4” guard Rhett Beal
- 6’ guard Dean Colbray, a transfer from Eastern Washington University
- 6’1” forward Brandon Johnson
- 6’1” guard Nate Van Weelden and his brother, Nic, a 6’2” guard who is a transfer from Pepperdine University
- 6’8” forward Brandon Johnson
- 6’1” guard Nate Van Weelden and his brother Nic, a 6’2” guard who is a transfer from Pepperdine University
October 16th
Flight Night at the Top of the Plaza
Thursday, October 16, 2008, 6:30-10 p.m. at the Napa Valley Grill, Horton Plaza Level 5. Featuring a flight of four wines from BV, the latest fall looks from Guess, music by Guzzini. $15 in advance, $16 at the door. RSVP: 619/236-9649 or hortonplazaevents@nycap.rr.com.

October 17th
Art of Food & Wine Desert
Friday, October 17, 8 a.m., the San Diego Housing Foundation hosts its 17th annual conference, titled "Challenges, Changes & Opportunities," at Point Loma Nazarene University. 3000 Lomaland Drive. The featured speaker is San Diego Housing Commission President and CEO Richard Gentrey and the event will also feature workshops and an estimated 25 exhibits. For more information, call (619) 239-6603, or visit www.housingsandiego.org/evens/ceo-conference-2008.php.

October 18th
Third annual Art of Food & Wine Desert: a unique four-day celebration of the senses, attracts thousands of art and culinary enthusiasts from across California and around the country to enjoy the best in art, food and wine hospitality and education. The event features food and wine tastings, celebrity chefs, art exhibits, exclusive restaurants, wine, culinary and cultural seminars; art; music; shopping and golf - all tied in with San Diego's beautiful Coit Tower; Balboa Park; Cabrillo Beach; La Jolla Cove; Gaslamp Quarter; and more. For more information, call (619) 223-4100. For tickets and a complete schedule, visit www.unisuites.com or call on site at 505-4500. To have your wine event added to this calendar, please send an email to: The Report, 619-616-3250, or visit www.sandiegoconnection.com.

October 18th
Dakota Grill & Spirits - Grgich Hills Estate Wine Dinner
Saturday, Oct. 18, a.m.to 2 p.m., Point Loma Nazarene University hosts its annual fall festival with wonderful music, a delicious picnic lunch, an ice cream social, hayrides, a pumpkin patch, historical tours, an apple bobbing contest, and a free concert. The event takes place on campus at 3900 Lomaland Drive. For more information, call (619) 849-2388, or visit www.pointloma.edu/fallfest.

October 22nd
Flay's Wine Bottled in Paradise: Wine Dinner
On the evening of October 22nd at 6:00 p.m., Eric M. Hall, sommelier at Flay's Bistro, will present a 5-course dinner to pair with a range of exciting wines from Grgich Hills. Grgich Hills Estate Winery has been a leader in the California wine community since 1977, producing world-class wines and being among the fermenters of wine-fermenting yeasts utilizing organic, biodynamic and sustainable wine growing practices. Justin Klienmeier, Grgich Hills Director of Sales for Southern California will be on hand to guide you through this special evening. Cost is $59.95 per person, excluding tax and gratuity. For reservations, call 819/634-5551.

Wednesday, Nov. 12, 10 a.m., Point Loma Garden Clubs hosts its monthly meeting with featured speaker Kurt Peacock, who will present "Waterscape: Trees, Plants and Flow- ers." The meeting takes place at the Point Loma Historical Commission, 1818 Avenue of the Arts, San Diego. For more information, call (619) 222-7230. For information, call (619) 483-2935, or visit www.pgc.org.

Saturday, Oct. 25, 3 to 5 p.m., Halloween carnival at the Ocean Beach Recreation Center, 4726 Santa Monica Ave. For more information, call (619) 531-1532.

Tuesday, Nov. 11, 10 a.m. to 2 p.m., the American Lung Association of California hosts a "Respiration Rally" to offer hope and help to people with chronic obstructive pulmonary dis- ease (COPD). The free event is for people with COPD and their families, caregivers and friends. RSVP by (619) 297-3901 and register online at www.amrl.org.
**CALENDAR**

**LOMA PORTAL**
- Thursday, Oct. 16, 4 to 6 p.m., “Lights on After School” program to promote increased awareness of the importance and need for after-school care.
- Oct. 16-17, Scholastic Book Fair continues in library.
- Oct. 23, 8 a.m., all-school Mass at Sacred Heart Church.
- Oct. 23, 4 p.m., Harvest Festival.
- Friday, Oct. 24, 7:15 a.m., principal’s chat with kindergartners and 1st-grade parents. 1:15 p.m., Halloween parade.

**SUNSET VIEW**
- Today, Oct. 16, 10:15 a.m., “Everyone-A-Reader” program. Call (619) 223-4810, or e-mail Ay@netzero.com.

**OCEAN BEACH ELEMENTARY**
- Today, Oct. 16, 6 to 8 p.m., Parent/Child Book Club meets in library.
- Saturday, Oct. 25, 6 a.m. to 12:30 p.m., sponsored trip to H&M Landing.
- Oct. 23, 8 p.m. Tombo & Romaine Salad
- Oct. 25, 8 p.m., Food Print by three professional actors and directed by Dan Nelson. The event is free and takes place in the Grill Performance Center of the university at 3900 Lomaland Drive. For more information, call (619) 849-2399.

**SACRED HEART**
- Through Oct. 24, ITBS testing for grades 2 through 8.
- Thursday, Oct. 23, 8 a.m., all-school Mass at Sacred Heart Church.
- Thursday, Oct. 30, 4th-graders to San Diego Natural History Museum.

**ARTS & ENTERTAINMENT**
- Through Oct. 18, Point Loma High School presents “Coffee House” during a weeklong run at the high school’s performing arts center. Performances are at 7 p.m. on Oct. 16-18. Tickets are $6.
- Tuesday, Oct. 21, 7:30 p.m., Point Loma Nazarene University hosts its concert band in a fall concert, directed by Dan Nelson. The event is free and takes place in the Grill Performance Center of the university at 3900 Lomaland Drive. For more information, call (619) 849-2399.
- Oct. 23 through Oct. 26, Holy Trinity Concerts presents “Driving Miss Daisy” by Alfred Uhry, performed by three professional actors and produced by John Cochran. Shows are Thursday, Oct. 23, 8 p.m.; Friday, Oct. 24, 8 p.m., Saturday, Oct. 25, 8 p.m.; and Sunday, Oct. 26, 2 p.m. The suggested donation is $12.50 for adults and $8 for children. The performances take place at Holy Trinity Parish, 2083 Sunset Cliffs Blvd. For more information, call (619) 222-0365, or visit www.holytrinityob.com.

**COMMUNITY CALENDAR**

**OLD TOWN SAN DIEGO HISTORIC PARK**
- SAMA and San Diego Native American Community Theatre present “Father’s Eyes: The Filipino-American Photographer Ricardo Orceto (1914-1976),” offers a rare look into the emergence of the Filipino-American community in post-WWII America. The museum is located at 2825 Deerwy Road, Suite 102 in the NTC Promenade of Liberty Station in Point Loma. There is no admission charge. The museum is open Wednesday through Sundays from 11 a.m. to 5 p.m. For more information, call (619) 255-8908, or visit www.newamericansmuseum.org.

**VENUES**
- Saturday, Oct. 25, Bleeding Lightfoot performs. Tickets are $50.
- Saturday, Nov. 1, 9 p.m., Cubensis (Grateful Dead tribute band) performs. Tickets are $15.

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2729 Caminito Charito 3881A/388A
2470 Delapaz Rd.
4415 Caminito Sara #2 3881A/388A
1411 Ocean Ave. 4081B/408A
1736 Colgatepl 4081A/408A
405 Rosecrans St. 2881A/288A
5710 Franklin St #133
7826-7049 Draper 1020B
1271 Yf
2001 Via Maria
2044 Hobart Dr. 4881B
3514 Via Doce.
1122 Arlanda Avenida
1130 Arlanda Avenida
4082 Via Loma
4069 Via Prada Dr.
1715 Spreckels
1325 Via Tusa
1615 Winders
4047 Via Maria
410 Peak St. 4081A/408A
405-817 Avenida
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3824 Via Benito.
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215 Via La Jolla
214 Via Jen Bonito
3981 La Jolla Cove
3994 Via Del Monte
9896 Railroad Rd.
2729 Casa De La Playa
1538 Via La Jolla
3390 Via Jolla
6922 Avenida Montana
6522 Avenida Moreno
6812 Avenida Montana
6302 Avenida Montana
6302 Avenida Morrone
6302 Avenida Morrone
6922 Avenida Del Norte
2902 Vista Del Oro
3412 Evergreen St.
3223 Via Serena
4048 Via Shire
4082 Via Bello.
844 La Jolla St.
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FREQUENTLY ASKED QUESTIONS

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Email: Berniesosna@mac.com
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Staci Milloy
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Thursday, October 16, 2008

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