A 67-year-old woman walking across the street on a July morning near a north Pacific Beach neighborhood was hit by a slow moving pick-up truck after she stepped out into a marked crosswalk on Van Nuys Street.

Police did not charge the driver of the Ford F-150 with the accident. The woman, however, died from head injuries caused from her hitting the pavement, according to police.

The tragic accident came up a few months later at a Pacific Beach Planning Committee meeting as community planners tried to make recommendations to the city about potentially dangerous streets before accidents happen. While the city’s action may placate concerns about pedestrian safety, the city doesn’t install marked crosswalks just anywhere.

Take how the city handled the concerns of long time Pacific Beach resident William Fullerton. He’s been urging the city over the last year to install, or paint, a marked crosswalk on Wilbur Avenue in North Pacific Beach to no avail.

Even with visible crosswalks about a block away, he says the well-traveled pedestrian crossing area is dangerous. The party’s over: Beach booze ban is permanent

After years of debate and a one-year taste of alcohol-free beaches, San Diego voters finally kicked beer off the beach with the passage of Prop D.

The San Diego County Registrar of Voters put the numbers at 214,215 votes in favor of Prop D and 188,815 votes against it.

About 5,500 absentee and provisional ballots still need to be counted, according to the Registrar of Voters. The numbers were confirmed by 12:30 p.m.

The San Diego County Registrar of Voters certified the results in favor of Prop D.

The San Diego County Registrar of Voters certified the results in favor of Prop D.

The final count was: 214,215 for Prop D and 188,815 against it.

The San Diego County Registrar of Voters certified the results in favor of Prop D on Tuesday night.

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The San Diego County Registrar of Votes
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Unique 2-bedroom boathouse style 2-story home with private pool/spa, spa to enjoy sunsets and bright stars. Sit at the breakfast bar in the Galley kitchen or enjoy the built-in TV with the Bose surround sound system.

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Four brand new townhomes! Gorgeous 2BR/2.5BA & 3BR/3.5BA. These stucco, patios, balconies, stainless appliances, granite counters, breakfast bars, B/C living & dining rooms, laundry rooms, alarm, 2-car garages + spaces and very low HOA’s. You must see!

STARTING AT $589,000

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Spacious and updated 1-bedroom. Kitchen has newer cabinets and appliances and specialty lighting. Bath has new tile and pedestal sink. Mostly laminate flooring, underground, gated parking, nice pool and new lush surrounding landscaping.

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The following items are an example of items that can be sent to the men and women serving our country:

**Toiletries & Hygiene items**
- Woman’s feminine hygiene products
- Baby Wipes or Personal Wipes
- Shampoo
- Face Products
- Razors
- Shaving Cream
- Body Wash/Soap
- Toiletries
- Floss
- Deodorant
- Hair Combs
- Sewing Kits
- Sunglasses
- Finger nail & Toe Clippers
- Manicure sets

**Beverages**
- Ground Coffee
- Flavored Creamers
- Gatorade
- Crystal Lite

**Misc.**
- Books & Magazines
- Small Flashlights
- Comic Books
- Travel Alarm Clocks
- Travel Games
- Head Phones
- CD’s & DVD’s
- Cards
- Travel Games
- Head Phones
- CD’s & DVD’s
- Cards
- Sports Teams stuff

**Snacks**
- Jerky
- Micro Brownies
- Peanut Butter Ritz Crackers
- Ramen
- Oreos, Chips Ahoy
- Sour Patch Kids
- Crackers
- Bags of Candy
- Sunflower Seeds
- Jelly
- Micro Popcorn
- Cookies
- Cereal and cereal bars
- Chips
- Peanut Butter

**Clothes/Bedding**
- Sweat Shirts: large & up
- Under Pants: Boxers only, all sizes
- Socks
- Tee Shirts (Long & Short sleeve w/logos, sports)
- Twin Sheets/pillowcases

Please be sure not to donate any items that may melt.

You may also donate cash or checks towards the purchase of these items.

Donations can be dropped off at:
COLDWELL BANKER PACIFIC BEACH 4090 MISSION BLVD.

**DROP OFF DEADLINE:**
NOV 16TH
Election results were provided by the San Diego County Registrar of Voters.

City Attorney
Mike Aguirre - 40.50% (150,182)
Jan Goldsmith - 59.50% (220,654)

Prop 8 (eliminates same-sex marriages)
Yes - 53.98% (519,851)
No - 46.02% (443,243)

Prop A (fire protection parcel tax)
Yes - 63.21% (564,451)
No - 36.79% (328,572)

Prop B (port district redevelopment)
Yes - 29.54% (126,535)
No - 70.46% (301,761)

Prop C (Mission Bay Park revenue redistribution)
Yes - 66.50% (235,563)
No - 33.50% (118,682)

Prop D (permanent beach alcohol ban)
Yes - 51.15% (214,215)
No - 48.85% (188,815)

US Representative 53rd District
Susan Davis - 68.72% (126,271)
Michael Crimmins - 27.43% (50,411)
Edward M. Teyssier - 3.85% (7,078)

State Assembly 76th District
Lori Saldana - 64.52% (90,529)
Ralph Boren - 31.13% (43,683)
Daniel H. Baehr - 4.35% (6,105)

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www.beachandbaypress.com
The Earl & Birdie Taylor Library is hoping its patrons will check out more than books this month. The library is inviting the public to participate in the variety of free workshops and classes scheduled this month.

On Monday, Nov. 10, the library is holding its first Monday Night Meetup, where participants will discuss their favorite books in a “speed dating” format. Readers will be paired up to discuss their favorite books for 2 to 3 minutes before rotating to a different participant. Attendees should be prepared to discuss the plot or characters to create interest in their favorite books without spoiling the ending.

The Monday Night Meetup begins at 6:30 p.m. Light refreshments will be served.

On Wednesday, Nov. 12, local blues musicians Rand De Mattei and Blue Largo will perform at 7 p.m. in the library’s meeting room. The concert is part of the Friends of Pacific Beach Library’s ongoing music series.

On Thursday, Nov. 13, author Linda Weaver Clarke will lead the Family Legacy Workshop, instructing participants how to write their family histories as a variety of interesting stories to be enjoyed by future generations. Clarke, who tours the country teaching the importance of creating a family legacy that brings ancestors to life while preventing the loss of family history, The workshop is scheduled from 1 to 3 p.m.

On Monday, Nov. 17, the library will host a talk by local writer Glória Boileau, author of “Stop the Fear: Finding Peace in a Chaotic World,” which teaches readers how to overcome their worst fears and eliminate self-doubt while realizing potential. Her methods include instruction on meditation and how to detach from drama.

Boileau is an executive coach and former trial specialist that prepared witnesses and clients for jury trials.

On Thursday, Nov. 20 from 1 to 2:30 p.m., the library will host Heart Healthy Eating: Beyond Fat & Cholesterol. The class will address practical dietary suggestions, tips for identifying saturated and unsaturated fats and the benefits of certain foods, such as fish and flaxseeds.

Vicky Newman, a registered dietitian and associate clinical professor at UCSD, will present the workshop. The space for the workshop can be reserved by calling the library.

The Taylor Library is located at 4275 Cass St. For information call (858) 581-9934.

Police in riot gear line up at the boardwalk at the foot of Reed Street following the large beach brawl on Labor Day 2007, which led to the one-year temporary alcohol ban at the beach. Prop D will now make the ban permanent.
We want to make PB a better place to live just like most everyone else.

Earlier the Beach & Bay Press allowed Eve Smith Anderson an unrepresented double column to take pot shots at the Pacific Beach Community Foundation for asking the community for donations. Based solely on her personal agenda, her comments implied that there was no way of knowing what the funds would be used for and she continued her years long harping on the subject of the Block Party and alcohol at the beach. Ms. Anderson appears to be waving a personal vendetta against Pacific Beach Community Foundation members who may not share her views. We have no way of knowing how many people did not contribute to our outreach for funds due to their alliances to inappropriate use of funds. But if it turned just one person away from donating to the community she, and your newspaper, have done Pacific Beach a great disservice.

These innuendos do not reflect the facts. The Pacific Beach Community Foundation does not take part in any alcohol issues as it is not an advisory or political group. The Pacific Beach Community Foundation is a federally recognized not-for-profit (501c3) organization where fundraising and community outreach is the primary focus. Funds are returned to the community in the form of sponsorship for events such as the Holiday Parade, the Concerts in Kate Sessions Park, MBHS Scholarships, Kid’s Fishing Derby, etc. The Pacific Beach Community Foundation has not sponsored a Block Party in over three years and has no plans to in the future. The Pacific Beach Community Foundation has been around for longer than just the past few years, in fact it has been a part of Pacific Beach since 1999. There are currently nine board members. Most of the members are or have been members of the Town Council where they served as president, vice president, secretary, treasurer, and directors. For the past three years have served as Honorary Mayor of Pacific Beach (an honor that is bestowed on individuals who have made significant contributions to the community). Some members also have other affiliations in the community; i.e., Kiwanis Clubs and Lion Clubs. Some have served this community for almost 30 years volunteering their time and efforts for the good of the community.

As a community newspaper it should be your responsibility to promote all local community service groups and the good they do for the community. If you can not be fair minded about this and give all organizations credit where credit is due you should at least refrain from maligning some of them by printing innuendos and petty gripes from a few disgruntled residents and passing that off as “fact.”

James Moore
Vice President
Pacific Beach Community Foundation

A fellow came in to the mane man on Ingraham Street a while back and argued to me that he used to get his hair cut in the 1950s when it was Chet’s Barber Shop. Now owner Hector Salgado is wondering if he might be operating the oldest tonsorial palace in the beach. I was able to trace it back to 1952 in the directory at the local library.

NOT THAT IT’LL DO ME ANY GOOD, but I think I’ve identified the nearby homes that provided cut and shave menus “all the wee hours during the summer months. It’s far from a slam dunk, but the “No on D” signs in the front yard littered with beer cans appear likely candidates.

Artistic Licenses: “TOV MIE” sounds like he’s begging for trouble. “BIQUINI” could be a bathing suit you’ll pay big money for in La Jolla. I’ve heard of yellow snow; but “REDSOX” might wanna see a doctor.

PB NATIVE MIKE KLOMONSKI is the latest to ask what used to be at the northwest corner of Felspar and Soledad Mountain Road? I keep hoping someone will have the answer. The right to exclude any Letter to the Editor for length and prevention of libel, or for other reasons as seen fit by the editors.

Eugene V. Debs 10. In the 79th Assembly Race (Pacific Beach), William Howard Taft received 48,584 votes. “THE REPUBLICAN MAJORITY.” In the 1st Ward, 5th Precinct (Pacific Beach), William Howard Taft received 56 votes, William Jennings Bryan 19 and Eugene Debs 10. In the 79th Assembly Race Voter Hinkle-out polled Mc. Doud, 30-20. Mr. Hinkle’s horse still stands on the corner of Law and Ingram.

John Fry may be reached at (619) 272-6655 or mail@sdnews.com.

Now & Then

John Fry

6
Sights.

The Day and the active military and keynote address.

actor Ed Faulkner will read [Kennedy's to Brennan.

because of health issues, according to Miyashiro-Brennan.

they've never been to Mt. Soledad," present the popular actor — who present a memorial plaque.

mission during the Vietnam War.

non-duty observer during a bombing mission during the Vietnam War. Though he died in 1997, the veterans' association said they wanted to present the popular actor — who would have turned 100 this year — with a memorial plaque.

"His family is coming out and they've never been to Mt. Soledad," said MSMA Executive Director Joanie Miyashiro-Brennan.

Stewart’s three surviving children will attend the ceremony. George Kennedy, a good friend of the actor: prepared a reading but can’t attend because of health issues, according to Brennan.

"We just got a confirmation that actor Ed Faulkner will read [Kennedy's statement]," Brennan said.

Brennan said that Major General Robert Daigleman, Commander 4th Air Force Reserve Command, March Air Reserve Base will present the keynote address.

"He'll be in the meaning of Veteran's Day and the active military and current evergreen," Brennan said. And attendees will see familiar sights.

"We're going to have a flyover.

A war memorial plaque honoring Jimmy Stewart will be installed at the Mt. Soledad War Memorial on Veterans Day Tuesday, Nov. 11, honoring his service as a pilot during World War II.

Right now if they want a plaque for Christmas, they've got to do it now," she said.

This year’s ceremony starts at 11 a.m. MSMA will provide shuttles to the mountaintop beginning at 9:30 a.m. from the Mount Soledad Presbyterian Church, 6/51 Soledad Mountain Road.

For more information, visit www.soledadmemorial.com, or call the Mt. Soledad Memorial Association at (858) 459-2514.

Luke Daly

DEPARTMENT OF DEFENSE ANNOUNCES VETERANS DAY CELEBRATION AT TOP OF SOLEDAD MOUNTAIN

By Alyssa Ramos

Home is 3 yrs. New, Has Everything!

PT LOMA VIEW MASTERPIECE

BY ALYSSA RAMOS

Home is 3 yrs. New, Has Everything!

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BY ALYSSA RAMOS

Home is 3 yrs. New, Has Everything!
Balboa Park exhibit illustrates plight of world’s war refugees

By MARTIN JONES WESTLIN | Beach&Bay Press

Sandy Freiwald winces and rolls two pinecone eyes at the thought of her alma mater. As well she should. On Oct. 11, her once-mighty University of Michigan Wolverines home team suffered its worst season start in human history, with far as many as 15,000 wars have been waged in human history, with far more lethal effects than Wolverine’s football’s worst season start since the mid-1960s.

Freiwald, who at 39 doesn’t remember Michigan’s last wave of mediocrity, has a pretty good handle on that real-life side of the ledger too. The critical-care surgeon and assistant surgery department chief for the Southern California Permanente Medical Group has been to the African nation of Liberia twice, more recently in 2006 following that country’s second modern-day civil war, rendering care to those made homeless by the conflicts. And through this weekend, she’ll be part of an educational exhibit at Balboa Park that asks us to assume her patients’ roles, their plight a world removed from the assurances that mark a handful of Saturdays in the placid Ann Arbor autumn.

“A Refugee Camp in the Heart of the City” is the brainchild of Doctors Without Borders (DWB), the humanitarian group that delivers emergency aid to people whose survival is threatened by violence and other catastrophes. DWB reports that some 42 million have been uprooted by war worldwide, with 26 million seeking safety from conflict within their own countries. Of the latter, about 1 million live in Liberia: the Sudan, with close to six times that number, leads the world in this category. The figures, of course, don’t begin to reflect the suffering. Freiwald, who as a DWB member was stationed in the Liberian capital of Monrovia, said major swaths of the city had no electricity or running water. Tropical diseases, which Freiwald had never seen in her Western practice, were endemic in some quarters. Access to health care was virtually nil. In some pockets of the city, garbage hadn’t been collected for 15 or 20 years, even as people freely relieved themselves in public.

“It was overwhelming if you thought about trying to fix all the problems,” Freiwald said. “But on a one-on-one basis with each patient, it became very manageable, I think. It was just a lot of our day.”

Now, it’s the community’s turn for some of that one-on-one. The mock refugee camp, which will be set up at Balboa Park’s Presidents Way lawn at the corner of Presidents Way and Park Boulevard, is open from 9 a.m. to 5:30 p.m. today through Sunday; admission is free. The 8,000-square-foot exhibit is designed to accommodate as many as 1,200 visitors a day, with each visit taking 40 minutes to an hour. DWB aid workers will act as tour guides, explaining the crucial elements for survival in refugee crisis situations. Those elements include shelter, food distribution, latrine and water areas and creation of a health clinic, cholera treatment center and vaccination stations.

San Diego is this year’s last stop for the exhibit, which has also toured San Francisco, Santa Monica, L.A. and four locales in western Canada. It also ran in eight other U.S. cities the last two years. It has visited 13 countries since its inaugural opening in France in 1995, Matthew Spitzer, a San Francisco family practitioner and president of DWB’s American board of directors, said the San Diego choice was a logical one.

“After the New York metropolitan area,” Spitzer explained, “the West Coast has been the biggest area for supporters, donors and also volunteers who’ve gone into the field. San Diego has been up and down over the years, but there’s a large immigrant population...”
Rodney Wadkins, owner of a San Diego-based business that gives guided kayak tours operating out of La Jolla Shores, said he became fed up with his part in a real-life David-Goliath drama. So Wadkins filed a RICO (Racketeer Influenced and Corrupt Organizations Act) action lawsuit in federal court against San Diego City Council President and District 1 Councilman Scott Peters and Mayor Jerry Sanders.

“The mayor and Scott Peters collaborated to extract illegal fees from the kayak companies. The city doesn’t own that land,” Wadkins said. According to Wadkins, the state owns the tidelands around La Jolla Shores, including a launch ramp kayak operators use at the foot of Avenida de la Playa. Wadkins said the issue of whether the city or the state owns the area was “laid to rest over 150 years ago,” leaving the beaches within the public trust.

“We’re asking for the city to stipulate that they don’t own the land but that the state owns the land. That way, they can’t charge a dime to use that launch ramp,” Wadkins said.

One year ago, the city increased permit fees from $500 a year to $500 a month to use the launch ramp located near Avenida de la Playa at La Jolla Shores, Wadkins said. Recently, the kayak trade began to skyrocket, so operators located on Avenida de la Playa approached the city, asking for more regulations to cut down on kayak traffic. The regulations — called a Request For Proposal (RFP) — would exclude smaller kayak operators, Wadkins said.

“The city’s like the mafia,” Wadkins said. “It [approaches] businesses and then says, ‘OK, if you want to do business, we take 8 percent of your gross to use the launch ramp.’”

Wadkins operates San Diego SCUBA, which he says only offers guided tours around La Jolla Shores. According to Wadkins, many kayak businesses rent kayaks to tourists, who may not fully understand the rules and regulations. Kayak shops operating from Avenida de la Playa said they came together, asking for the RFP to get a cohesive set of safety standards. With an increasing number of kayaks launching into La Jolla’s waters, the number of accidents also climbed.

“The purpose of the RFP is not public safety — the purpose is to eliminate competition and to pay off the city,” Wadkins said.

Lifeguards said their issues are separate from those of other kayak owners and the city. Thousands of people swim and kayak in La Jolla’s waters every year, and safety is their concern.

“There have been kayak rentals going on a long time for many years, and what has changed is a massive increase in the number of kayak rentals,” said Rick Wurts, San Diego Lifeguard Service Marine Safety captain. “It has changed the dynamics of the boat launch, the safety of the boat launch and the safety in the water.”

Wadkins said he respects the lifeguards, but Wurts and Wadkins recently exchanged letters regarding safety concerns stemming from kayak operators launching craft from areas other than the ramp, which resulted, Wadkins said, in the city posting signs prohibiting kayak launching except at the La Jolla Shores ramp.

“It is a public boat-launch issue,” Wurts said. “The boat launch is the only place where a person can launch from the coastline.”

Wadkins agreed with Wurts that the launch ramp is the safest place for kayak operators to enter the water for kayak operators. Wadkins said the city is shutting down the access point between La Jolla’s Marine Room and the reservation house. But that also leaves Wadkins and other businesses vulnerable to the city’s fees.

“If this isn’t gangster tactics, I don’t know what is,” Wadkins said. “When I started my business, I don’t remember asking the city to be my partner.”

Wadkins said his next hearing Dec. 1 will determine whether the city or state owns the ramp.

Michelle Ganon, communications director for Peters, said the councilman has referred the case to the city attorney. The city attorney advised Peters that all the steps he has taken have been legal, Ganon said.
Motherhood, Freiwald explained, is terminated the fetus and saved the pregnancy; Freiwald and her team involved a young Liberian’s errant on the streets. One such event weird diseases and 20 years’ refuse resolve, stories that pale against the greater cause. Freiwald is usually dedicating 6 to 12 months to fundraising efforts.

Some 200 American aid workers assisted in DWB programs in 2007, usually dedicating 6 to 12 months to each assignment. In 1999, DWB won the Nobel Prize for Peace. Freiwald said that about 87 percent of those proceeds go toward program services in 60 countries, with most of the rest earmarked for fundraising efforts.

The last few words come haltingly moving him into a bedroom, the charges could be raised to kidnapping.

The last few words come haltingly moving him into a bedroom, the charges could be raised to kidnapping.\n
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MBHS hosts blood drive Thursday, Nov. 13.

The San Diego Blood Bank and Mission Bay High School is hosting a blood drive in the school's auditorium Thursday, Nov. 13, from 9 a.m. to 2:30 p.m. The blood drive is open to the public. Donors must be at least 17 years old, weigh at least 110 pounds and be in good health. It's recommended that donors have a good meal before giving blood.

For information or to make an appointment call (800) 469-7122 or visit www.sandiegobloodbank.org.

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A Doula is a non-medical birth assistant who gives one-to-one support to women during childbirth. A Doula provides continuous physical and emotional care and comfort to a birthing mother and her family during her entire labor and delivery. You can find out more information about the program by contacting the UCSD Volunteer Birth Assistants at 619-543-6269 or by visiting www.ucsdmedical.org/thepathway.

Are you a Doula at Heart?
Sluggish sea hares race to fill underwater canyon

By JUDITH LEA GARFIELD

The La Jolla sub-marine marine canyon is ripe with life but the California sea hare (Aplysia cali-fornica) rarely wins the award for stand-out species of this past sum-mer. Divers could not miss their large numbers (in the hundreds), size (more than a foot long), and singular activity (unre-strained organs).

The moniker “sea hare” is both a nod to the curled tentacles atop the head, called rhinophores, which resemble rabbit ears, and the overall body shape, which mirrors a crouch-ing rabbit. Soft-bodied with a muscu-lar foot that nearly covers the entire underside, a sea hare moves its mot-tled, wine-colored body in inchworm-like fashion along the seafloor. Pin-point-sized blue eyes, invisible to all but the highly observant, dot the base of the head’s rhinophores, but a sea hare only senses light from them. Instead of vision as we know it, sea hares only sense light from them. Unlike other organisms, like us, operate. Insights gained from such work translate into understanding how other organisms, like us, operate.

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Aside from this seasonal, mesmer-izing spectacle, a sea hare’s dark, squishy frame and sleepwalker stride typically garner yawns from most divers. Not so Eric Kandel, who must be a lifetime fan. In 2000, the Columbia University professor was awarded a Nobel Prize in Physiology or Medicine for his research on Aplysia. The groundbreaking work led to a basic understanding of how learning and memory take place, and also shed light on how psychoac-tive drugs and medications are pro-cessed at the cellular level. Why he chose Aplysia as his model is quite simple, literally. The hare’s unique physical properties (such as a gigan-tic neuron) and simply organized nervous system (such as having only a few neurons) make the animal a one-of-a-kind model ideally suited for neuroscience studies. With our bil-lions of neurons, humans are far too complex to study, but because we evolved from simpler organisms like the sea hare, scientists study it to learn about basic processes. You could say that we are the fully loaded model while a sea hare is the stripped-down version. Studying this animal then means much more than merely understanding the workings of a sea hare nervous system (though nothing wrong with that), insights gained from such work translate into understanding how other organisms, like us, operate. The California sea hare is both a model neuroscience subject and a sea critter intrinsically valuable to the marine ecosystem. Moreover, at the right time of year in our part of the world’s ocean, a fascinating true-life drama unfolds, rewarding intrepid scuba divers with an opportunity to closely observe an otherwise stealth animal in its natural habitat and in the midst of a most important job—assuring its continued survival as a species.

— Judith Lea Garfield, biologist and underwater photographer, has authored two natural history books about the underwater park off La Jolla Cove and La Jolla Shores. www.judith.garfield.org.

Questions, comments or suggestions? Email jgarfield@ucsd.edu.

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Squishy, slow and sizeable the seemingly defenseless sea hare is virtually predator-free because it tastes vile. And, undoubtedly, a flexible frame has its benefits. The black dot below the “rabbit’s ear” is an eye.

Aside from this seasonal, mesmerizing spectacle, a sea hare’s dark, squishy frame and sleepwalker stride typically garner yawns from most divers. Not so Eric Kandel, who must be a lifetime fan. In 2000, the Columbia University professor was awarded a Nobel Prize in Physiology or Medicine for his research on Aplysia. The groundbreaking work led to a basic understanding of how learning and memory take place, and also shed light on how psychoactive drugs and medications are processed at the cellular level. Why he chose Aplysia as his model is quite simple, literally. The hare’s unique physical properties (such as a gigantic neuron) and simply organized nervous system (such as having only a few neurons) make the animal a one-of-a-kind model ideally suited for neuroscience studies. With our billions of neurons, humans are far too complex to study, but because we evolved from simpler organisms like the sea hare, scientists study it to learn about basic processes. You could say that we are the fully loaded model while a sea hare is the stripped-down version. Studying this animal then means much more than merely understanding the workings of a sea hare nervous system (though nothing wrong with that), insights gained from such work translate into understanding how other organisms, like us, operate. The California sea hare is both a model neuroscience subject and a sea critter intrinsically valuable to the marine ecosystem. Moreover, at the right time of year in our part of the world’s ocean, a fascinating true-life drama unfolds, rewarding intrepid scuba divers with an opportunity to closely observe an otherwise stealth animal in its natural habitat and in the midst of a most important job—assuring its continued survival as a species.

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Questions, comments or suggestions? Email jgarfield@ucsd.edu.

Thursday, November 6, 2008

[ TIDELINES ]
Rockabilly showcase shakes up Tio Leo’s

By BART MENDOZA | [Rock&Blues Post]

It’s been more than 50 years since rockabilly, a hybrid of blues, country and swing, first made an appearance on the U.S. music charts. While many musical genres have risen and fallen during the pop culture era, rockabilly has managed to keep a high profile as it is discovered by successive waves of music fans.

Indeed, some of the most influential bands in the field come from later revival periods, such as The Stray Cats or local heroes The Paladins, both in their prime during the early ’80s. Now, San Diego’s music fans have a monthly event. The Rockabilly Shakeout, to focus the spotlight on a new generation of artists taking inspiration from this American-born music.

On Nov. 7, the latest edition of the night will take place at Tio Leo’s. Featuring performances from Los Angeles-based groups, The Side-Wynders and Captain Jeffrey & The Chumbuckets. This show will also see the introduction of free swing dance lessons, for all levels, from teacher Alicia Milo.

Ironically, the club night was started indirectly because of Los Angeles. “I also play in a band called the Bop-Tones,” said co-organizer Fernando Hermosillo. “We play lots of show in L.A., and that was fun, but L.A. is two hours away. I couldn’t believe that we didn’t have a weekly or monthly show here in San Diego.”

Now on a mission, Hermosillo and a group of friends started the club night at now defunct bar Chaser’s on El Cajon Boulevard in April 2007. The event has been successful and a hit with fans.

Captain Jeffrey & The Chumbuckets perform at the monthly Rockabilly Shakeout at Tio Leo’s Friday, Nov. 7.

The possibilities are endless, gifts to commemorate birthdays, anniversaries, holidays, thank you’s, luxury purchases for either personal or corporate gifts. You choose from a selection of name wine-champagne / spirits, the design of your choice and personalized (individually monogrammed dates, events, your logo, your artwork, etc.), ships within 5-7 days. This gives everyone a chance to experience the CrossFit Elite fitness training experience free of charge. If you are interested in learning more about American Boxing or CrossFit Elite PB, feel free to visit them online, or simply call 858-581-2694.

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The Hair Galleria of La Jolla currently invites all guests to come out and help celebrate 20 incredible years by meeting their original names, Night! Cindy Close, owner of The Hair Galleria has gathered with her stylists to prepare for this unique and special event. Attendees will not only have the chance to meet and greet the stylists, but will also be showered with complimentary manucires, pedicures, spray-tans, mini facials, brow waxes, and a professional massage. If these services are not enough to entice you, there will also be gourmet appetizers, beverages, and sweet delectables provided by The Chocolate House right next door.

This 3 hour extravaganza will take place from 6 PM to 9 PM. Thursday November 6th. First time customers are offered 25% off any salon service, or a buy one get one free haircut. See you there!!!!

Located at 94375 1st Street across the street from The French Gourmet and Froggy’s Bar & Grill or call 858-490-2144.

New Organic Café, Synergy Opens in Pacific Beach

“Nothing will benefit human health and increase the chances for survival of life on Earth as much as the evolution to a vegetarian diet.” - Albert Einstein

Einstein paved the way for this terrific new store. Synergy is a new café & eco-store located in the heart of Pacific Beach (1419 Garnet Ave) in PB, the only store of its kind in the beach area offering healthy alternatives. The café offers delicious vegan meals and desserts free of animal and animal ingredients. Their specialties are delicious raw desserts such as chocolate box bon bons, mango, apple and coconut pies and ice cream. They also have gluten free snack options. Many children and adults have food allergies and must adopt restricted diets and they often feel deprived. Synergy Organic Café is the perfect solution they are knowledgeable in the food sciences and offer varieties of foods and beverages and snacks to safely satisfy your food cravings.

For great gift giving too - their eco-store has a great mix of environmental-friendly products including; clothing made from bamboo, soy, hemp and organic cotton, supplements such as asa, goji and cacao, body products and much more.

If you want to change your life and the world around you, start with what you eat and what types of stores you shop. Please support this grassroots effort to bring viable food and living solutions and help make San Diego a healthy green city. Visit their website at: www.360space.com/Synergy/artisan or call 858-490-2144 and visit Synergy at 1419 Garnet Ave.

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American Boxing located in Pacific Beach is San Diego’s secret little training center. Located right next to the L-5 Freeway, American Boxing offers Muay Thai Kickboxing, Boxing, Jiu Jitsu, on 1 on Fitness Training and is now a Certified CrossFit Training Center. If you don’t know what CrossFit is, it here is the “text book” definition: Constantly varied workouts with functional movements executed at high intensity.

Who is CrossFit for? As head CrossFit Trainer Nick Mansfield puts it “We provide a training curriculum currently utilized by everyone from firefighters, police, military personnel, law enforcement and athletes to students, grandmothers, stay-at-home moms and ordinary people who want to maximize their body’s usability and potential.”

CrossFit Elite Pacific Beach invites any and everyone to join them for a FREE Saturday workout every Saturday at 9:30 am. This gives everyone a chance to experience the CrossFit Elite fitness training experience free of charge. If you are interested in learning more about American Boxing or CrossFit Elite PB, feel free to visit them online, or simply call 858-581-2694.

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Tasha Cook oversees the Etching Expressions e-commerce business segment; for more information and ordering, www.etchingexpressions.com, or 1 (866) 944- ETCH (3824).
Few paying attention to Tennessee’s undefeated record

Keith Bulluck said after the Indianapolis Colts lost to the Tennessee Titans in Week 8, "The Colts were the team to beat, but that’s OK. It doesn’t matter to us as long as we keep winning."

The Titans are sixth in sacks with 37, led by defensive tackle Albert Haynesworth’s six. Haynesworth had two of the seven sacks against Jacksonville quarterback David Garrard in the season opener. Defender end Jacob Ford had two of the Titans four sacks against Packers quarterback Aaron Rodgers in Week 9. Cornerback Cortland Finnegan and safety Michael Griffin are among several players tied for the league lead in interceptions with four each, and Tennessee is tied for third in the NFL in fewest penalties committed with only 23, a team total that had been broken at 63. Offensively, 14-year veteran quarterback Kerry Collins has run an efficient, well-managed unit since Vince Young had his meltdown in Week 1. Young, who was picked off twice and sprained his left knee in the season opener against Jacksonville, was heavily booed and hasn’t played since.

Collins has completed 56.5 percent of his passes and has three touchdowns and three interceptions. He led a drive against Baltimore in Week 5 that ended with his 11-yard TD pass to Alge Crumpler with 1 minute 56 seconds left in the fourth quarter, giving Tennessee a 13-10 win. Against the Colts, Collins went 24 of 37 for 193 yards.

Collins has benefited from an offensive line that has given up just four sacks, the fewest in the league.

The running game has been a strength for the Titans behind rookie Chris Johnson and LenDale White. Johnson is fourth in NFL rushing yards with 136 yards, 1 TD. White (149) combined for 317 yards rushing and four TDs in a 34-10 victory over Kansas City in Week 7. Tennessee, still in search of a win. Against the Colts, Collins went 24 of 37 for 193 yards.

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PREVIEW

CONTINUED FROM PAGE 14

Dolphins 31, Seahawks 24
Texans 35, Bengals 12
Jaguars 24, Lions 20

Dolphins 24-19 at home on Sept. 8.
Stats & Stuff: Green Bay QB Aaron Rodgers
was 18 of 22 for 178 yards, 1 TD and 0 INT in his first NFL
start in season opener against Min-
nesota. Adrian Peterson ran for 103
times and a TD on 19 carrys at Vi-
kerin at Green Bay.
Game Day: This is for at least second
place in the NFC North.
Pick: Packers 28, Vikings 23

Buffalo 5-3
at New England 5-3, 10 a.m.
Last Meeting: Patriots won 56-10
at Buffalo in 2007.
Stats & Stuff: Bills have lost 3 of
their last 4 games. Patriots have
9 straight over Bills.
Game Day: Buffalo’s ship is starting
to list and could be in danger of sink-
ing if they don’t fix things fast.
Pick: Patriots 31, Bills 20

Seattle 2-6
at Miami 4-4, 10 a.m.
Last Meeting: Seahawks won 24-
17 at home in 2004.
Stats & Stuff: Seattle paints on 10
straight possessions in loss to Eagles
in Week 9. Dolphins defense held
Denver to just 14 yards rushing.
Game Day: Miami attempts to get
over the .500 mark, which would be
a major achievement considering its
Pick: Dolphins 11, Seahawks 24
Automotive museum gears up to honor drivers

CONTINUED FROM PAGE 10

bands from around the world connected.

“ar old enough that a local label devoted to rockabilly, Bop ’n’"...The rockabilly scene bigger than ever, songs by artists like Eddie Cochran or Carl Perkins still popular decades old, songs by artists like...Diego or any other city in the U.S., band that needs a show in San Diego or any other city in the U.S., we go to work and help them find a show.”

Though the focus onstage is new original music, DJ’s spinning tracks between sets keep their focus on past, 1960’s times. Now...decades old, songs by artists like Eddie Cochran or Carl Perkins still resonate with listeners today.

“ar teams, designed and manufactured racers with great success for the last 10 years, winning eight championships and capturing 78 victories and 83 pole positions.

He was instrumental in bringing Monte Carlo-type street racing to the United States, becoming co-founder of the Long Beach Grand Prix in 1974. He continued to serve on its board of directors for 24 years.

During Stewart’s first two years behind the wheel of his Toyota truck, he earned six class victories, including two SCORE World Championships. The next two years, he drove one of two Toyota trucks in the Mint 400 in Las Vegas and Mickey Thompson’s 26th. The next two years, he won seven races in Formula One, seven in Indy Cars and five in NASCAR stock cars. Additionally, he won in Trans-Am, Can-Am and endurance races at Daytona, Sebring and Le Mans.

The company, All American Racers, designed and manufactured racers with great success for the last 10 years, winning eight championships and capturing 78 victories and 83 pole positions.

The Auto Museum’s Hall of Fame honors individuals who have significantly shaped automotive history. Previously inducted were Juan Manuel Fangio, Carroll Shelby, Roger Ward, Phil Hill, Parnelli Jones, Joe Leonard, Andy Granatelli and Bob Bondurant.

By the time he retired in 1970, Gurney had raced in 312 events in 20 countries with 51 different racecars with great success for the last 10 years, winning eight championships and capturing 78 victories and 83 pole positions.

He won seven races in Formula One, seven in Indy Cars and five in NASCAR stock cars. Additionally, he won in Trans-Am, Can-Am and endurance races at Daytona, Sebring and Le Mans.

Wednesday’s guitarist Rene Cervantes agrees. “I think it’s the beat of the music that just gets you hooked, no matter what kind of music you like. Rockabilly is for every ear.” Cervantes said.

Rockabilly Shakedown

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The Chumbuckets (L.A.)

Captain Jeffrey & The Sidewynders

Rockabilly Shakeout

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Addressed one-time fresh products donated for the accumulation of assets for refrigerated meals. Subject to a larger数额 than necessary in order to keep the contract in effect. This factor is how the contract costs are calculated. The minimum guaranteed rate is 2 1/2%. Contract FY10 issued by Allianz Life Insurance Company of North America. Geared towards various financial levels and credit rating agencies. A great deal on $50,000.

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What is polished concrete?

Polished Concrete has been established in the flooring industry as a LEED friendly system. Polished concrete is a process which enhances the natural beauty of existing concrete by hardening and polishing the concrete to create a glossy finish. Concrete slabs have an inherent natural beauty, but until recently, residential and retail facilities preferred floor coverings, such as vinyl composite tile, decorative tile or terrazzo, to make up the perceived lack luster of concrete's natural state. However, the benefits of natural concrete, such as cost savings and high-traffic durability, have long been a familiar solution for industrial sites.

The polished concrete industry is rapidly becoming very popular to all industries including residential, as it provides durability and aesthetic value. Polishing results in a glossy appearance, revealing the stone aggregate within the concrete, is environmentally friendly, non-toxic and highly cost effective.

**Benefits of Polished Concrete Floors**

**Elimination of Dusting from Efflorescence**

In ordinary unpolished concrete, tiny particles of dust are pushed to the surface through an upward force called efflorescence: this is called dusting, which forces effusions off of the surface of concrete floors, and can make maintenance a costly priority. Polished concrete also makes a much healthier environment due to this elimination of dusting.

**Stain-Resistant**

Polished concrete not only reduces maintenance costs, but will also reduce overall cost of the floor. Polished concrete has proven to last at least 10-12 years and has a lower life-cycle cost than any other flooring option.

**LEED-Friendly**

Polished concrete not only utilizes existing concrete surfaces, eliminating additional materials such as coverings/coatings and moving towards sustainable building, it typically contains no noticeable VOC's, making it friendly for any USGBC LEED project.

**Increased Slip Resistance**

Polished concrete, though looks like glass, does not create a slippery floor. In fact, the benefits of mechanically grinding and flattening the floor will increase the coefficient of friction when compared to ordinary concrete. Polished concrete often exceeds OSHA standards for floors and is typically referred to as "high traffic".

**Cost-Effective**

Polished concrete will not only reduce energy and maintenance costs, but will also reduce overall cost of the floor. Polished concrete has proven to last at least 10-12 years and has a lower life-cycle cost than any other flooring option.

**Non-Toxic, Dustless Process**

Due to the cleanliness of the concrete polishing process and the lack of toxic or hazardous chemicals, floors can often be serviced with occupants in place eliminating the inconvenience and cost of vacating.

The line is where you have found treasure under your feet, the opportunity to re-purpose your gray concrete floors into trendy, stunningly beautiful polished stone floors. You choose the degree of polishing to expose the stone aggregate, the degree of satin, to add color stains or not. You’ll be able to see and feel the beauty of your floors just as the Sun God did when he created them thousands of years ago. As concrete ages, surface stress, de-lamination, curled cold joints, and other problems can arise. Mechanically grinding the floor removes the surface, strengthens it, increasing its impact and abrasion resistance.

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