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On Nov. 4, San Diegans will decide who receives Mission Bay Park’s lease revenue when they weigh in on Proposition C. The Mission Bay Park Committee (MBPC) discussed the charter amendment as well as redevelopment of Fiesta Island at its Oct. 7 meeting at the Santa Clara Recreation Center.

SeaWorld and Mission Bay Park properties like The Bahia Resort Hotel annually generate approximately $2.6 million in revenue. San Diegans originally agreed to allow commercial development in 25 percent of the park on the condition that resulting revenue would go toward completing the vast recreational area.

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Roughly 90 percent of Mission Bay Park’s lease revenues are funneled every year into the city’s general fund, which pays for emergency and basic services.

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In 2004, City Council enacted the Mission Bay Ordinance. The measure gives 2.5 percent of the renovated Vietnam War Memorial monument at Mission Bay High School. As they embraced, both women cried.

Judith Lancefield, 68, of Portland, Ore., was Stevens’ sweetheart when they graduated from MBHS in 1958. Lancefield also dated an older sister of Stevens’ best friend, beginning thinking about his 50th high school reunion.

In 2007, a Junior Marine Corps ROTC program, headed by Lt. Col. Brian Goldmeyer (1968) — appear on the newly renovated monument outside the school auditorium.

The event was the fulfillment of a dream for Rita Price, who 10 years earlier began her campaign to restore the forgotten ground level memorial. She first raised money, mostly her own, for plaques to identify the site as a Vietnam War memorial and to add Stevens’ name. The project didn’t gain traction until Cheryl Seelos became principal of Mission Bay High School and Walter Schneider, Stevens’ best friend, began thinking about his 50th high school reunion.

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(Clockwise from top left) Roger Hedgecock, KOGO talk show host and Mission Beach resident, hosts an on-air debate between Rob Rynearson, with NoOnPropD.org, and Scott Chipman, with Safe Beaches San Diego, on Prop D Wednesday, Oct. 8, on the balcony at Nick’s at the Beach.

A friendly Halloween character at SeaWorld greets a child during the park’s weekend Halloween Spooktacular, where children are encouraged to dress in costume and trick-or-treat for candy.

Bob Puetz, vice president of operations at Belmont Park, speaks at a rally to support Prop D at Belmont Park Wednesday, Oct. 8.

The Krakusy Dancers from Los Angeles perform at the Polish Festival Saturday, Oct. 11, to the delight of the large crowd at the Polish Mission, 1736 Grand Ave.

Runners in the BeachFest 5K run make their way to the finish line after running from Crystal Pier to the jetty and back Saturday, Oct. 11. The event drew large crowds for a day of family-friendly entertainment.

Dressed in her formal wear, PB Elementary teacher Jennifer Cromar climbed in the school’s dunk tank at BeachFest and prepares for the inevitable splashdown.

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Judge orders mental exam for murder suspect

A Pacific Beach man who is suspected of killing his roommate and then trying to commit suicide afterwards has won a court order for a psychiatrist to examine him in jail for what could be a mental illness defense.

Ian Alex Suazo, 21, has pleaded not guilty to the Sept. 24 murder of Ocie Raines. Raines died from a knife wound to his throat. The morning of the killing, a neighbor reported to police he heard sounds of a struggle and shouts around 2:30 a.m. coming from Suazo’s apartment. Police responded to a report of someone finding the dead man around 5 a.m. in the apartment in the 800 block of Agate Street in Pacific Beach.

Suazo was hit by a car hours later at the intersection of Chalcedony Street and Mission Boulevard, in what police say was an attempted suicide. He was transported to the hospital for serious trauma injuries.

Suazo’s attorney got a court order allowing a psychiatrist to examine Suazo in jail, according to court records. Suazo could later plead not guilty by reason of insanity when psychiatric reports are filed. His attorney could not be reached for comment.

Suazo’s father spoke out after his son’s arrest, saying his son was mentally ill and suicidal in the days before his roommate’s death. News reports after his arrest stated that Suazo had lost his job as a bartender at a Pacific Beach bar four days before his roommate was killed.

Suazo was arraigned in his hospital bed two days later, but now is in custody in the downtown central jail on $1 million bail. On Oct. 7, San Diego Superior Court Judge Fred Maguire set a preliminary hearing for Jan. 13.

If Suazo is convicted of first-degree murder, he faces 25 years to life in prison. If a judge or jury finds him not guilty by reason of insanity, he could be committed to a state mental hospital for life.

PB Kiwanis accepting orders for apple fundraiser

An apple a day not only keeps the doctor away, but a case of apples from the Pacific Beach Kiwanis will help benefit local community groups.

The PB Kiwanis are now accepting orders for the group’s annual Apple Sale fundraiser. The case of 100 premium Red Delicious or Gold Delicious apples is $40, with proceeds donated to a variety of groups.

Deadline to order apples is Thursday, Oct. 23. If 100 apples seem like too many, Kiwanis suggest either splitting a box with friends or co-workers.

To order, call Jim Moore at (858) 274-9200.

The Pacific Beach Kiwanis Club meets every Thursday at 7:30 a.m. at the Broken Tulip, 1851 Garnet Ave.

Special Event Committee meeting moved to Monday

The Pacific Beach Special Events Committee (PBSEC) has rescheduled its monthly meeting to Monday, Oct. 20. The meeting will be held at the Discover Pacific Beach offices, located at 1503 Garnet Ave.

The meeting begins at 5 p.m. and will conduct a wrap-up of the Sept. 7 Brazilian Day Festival, along with discussing PBSEC policies and procedures.

For information call Discover Pacific Beach at (858) 273-3103.
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It's not fair blaming RVs for parking problems

Take a drive around our area and see how many law-abiding citizens have RV's parked in front of their homes, then ask yourself where they're going to park. We already abide by an existing law of 7-2 hour limit with nothing over 2 1 feet allowed on public streets. It hardly seems fair to make RV’s bear all the weight for parking problems in the beach and surrounding neighborhoods.

Where exactly do you have in mind that they could park? There are no facilities available locally that could handle that many RV’s. Mixing housing and parking seems to be a bit far off the mark.

Illegally parking too close to the corner is already against the law. I have a similar problem on my busy intersection as well and take precautions with my visibility before I enter the intersection. Perhaps you should too.

Elaine Hornby
Pacific Beach

Water monitoring cuts public at risk

Almost two weeks ago now, the state of California took a giant step backward in an already reeling, calamitous world. Governor Schwarzenegger, in one stroke of his pen, undid all state-funded ocean water quality monitoring of public beaches.

This was done in an effort to balance the state’s obviously over-extended budget. There is no question that cuts and sacrifices need to be made. But we must examine the necessity of monitoring oceans and bays not just from an environmental perspective but also from a public health standpoint as well. How can we afford not to be aware of potential toxins and/or biologically harmful substances in our frequently visited coastal waters?

First and foremost, the public’s health is at stake when there is no longer any water testing going on nor any public notification. With millions of local San Diego county residents driving into the water, how many more individuals will contract waterborne illnesses?

Imagine taking your children to the beach, knowing that there had been beach closures in the past and that now the water may or may not be safe. The end result: water monitoring increases the risk of beachgoers getting sick, and on an even grander scale, it could jeopardize one of California’s most precious resources — the ocean itself.

Environmentalists, monitoring the bacteria levels seems like a thermometer (albeit crude) that could alert us to detrimental changes in the ocean. In the event of an undetected sewage spill, the spill could go unnoticed until numerous people are sick and then have the wherewithal to report it. Then and only then what could have been a relatively simple fix has turned into a much larger environmental and public health issue.

So the public health and environmental beach are an easy sell. But in these drastic economic times for our city, state and country, how do we afford this? The obvious question is, how much money does it take to run the program locally?

Apparently, the whole program costs $100,000 a year. That’s not a lot of money to test the waters of San Diego County (from the Mexico border up to San Onofre) and notify the public when bacteria levels are high. It’s a small price to pay for safer beaches and potentially cleaner water.

That $100,000 price tag looks even smaller when you consider the billions of dollars generated by ocean-and beach-related industries (everything from surfboard manufacturing to a water-front hotel boasting coastal access). Consider what a central part our beaches and bays are to tourism and life in San Diego — economically and aesthetically.

Politicians, including our mayor, boasted about the fewer beach closures from year to year in San Diego. The program was making San Diego look good here and abroad. Politicians were quick to claim credit for it until the governor decided to do away with state funding for the California’s beach water monitoring programs.

Where do we turn now? San Diego County doesn’t seem to want make it a priority now either. So then what? If every one of the millions of beachgoers paid a quarter when they went to the beach, the program could still run. If all San Diego residents contributed 15 cents, testing could continue and the water quality could be designated as safe or unsafe allowing us to know what risks we were taking by going for a swim or a surf in our oceans.

As more and more Americans become aware that they are part of the solution to the environmental deterioration of our city and country, we need to move forward, not backward, in protecting our precious resources. Why are we dismantling one of the country’s most respected water quality programs and turning a blind eye to our citizens’ and oceans’ health?

Governor Schwarzenegger’s line-item veto was short-sighted, and, unfortunately, is a done deal. But now what? I ask the county to consider assisting with funding or even local nonprofit environmental organizations to come together to work on an alternative plan so that our beaches and bays of San Diego are safe and clean.

Elizabeth Johnson
San Diego
Dear friend,

Mistakes are tough. Real tough. But, sometimes an admission can set the record straight, and I want you to know that any new credit is due. Before I talk about my mistakes, though, let me say a few other things first!

Let me start by explaining the photo in this letter. At some point, people assume and believe things about me. Here’s what you might think: you’re Dr. Wong. I’ve seen your work with the university. You’re the ‘expert’ at the place where the students are.” Let’s start with me, the guy on the right.

Thirteen years ago something happened to me that changed my life forever. Let me tell you my story.

Back then I was working part time delivering fresh seafood when I developed an excruciating pain in my middle back. In my own way, I was on some sort of sabbatical and couldn’t even button my shirt. I was afraid that I’d lose my job if I didn’t self-medicate. After seeing a doctor and taking lots of pain medications, the discomfort was still there. I even remember one instance where I just couldn’t stand the agony any longer and I broke down and cried. Knowing I didn’t want to take painkillers forever, I was desperate for answers. But, there’s more...

A friend of mine convinced me to give their doctor a try. This new doctor did an exam, took some X-rays, and then “diagnosed” my spine. The adjustment didn’t hurt, it actually felt like the pain was relieving. My body could bend over again. It worked so well for me, and I was so impressed with the other ‘miracles’ in his office that I was eventually sent to chiropractic school myself.

Now for Ciera, she’s the little girl in the photo. Growing up, she was (and still is) a very happy child. She suddenly and without warning hit her head on the sidewalk once before, she’s fallen out of bed numerous times and on top of that, she suffered from recurrent infections. Ciera’s been getting adjusted regularly now for over a year and she is as healthy as can be. She knows that her adjustments help her immune system to fight off the “bad stuff” when she’s starting to feel a little sick. She loves getting adjusted and it seems like a big help for her.

It’s strange how life is, because now people come to see me with their health problems. Above all else, I believe you’ve got to comprehend your headaches, migraines, chronic pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, ear infections, asthma, allergies, numbness in limbs, athletic injuries, just to name a few.

Here’s what some of my patients have had to say:

**UNSTORIDINAL TESTIMONY**

“I was having so much back pain, neck pain and terrible headaches that I tried my doctor. I was misdiagnosis many times but now, I live pain free. Since I’ve been seeing Dr. Wong. My husband and kids used to call me grumpy but not anymore. Thank you Dr. Wong.”

Siegela, A. R., San Diego, CA.

“I was in constant pain and could barely walk up the stairs to his office. Now, after being under his care, exercise to strengthen my back and body, I can honestly say that I am pain free! I am no longer taking any pain medication. My bowling game is better and I am now walking about 3 miles a day. I am back to enjoying life as I did before my back problems.”

Siegela, D., San Diego, CA.

Several times a year, patients thank me for helping them with their health problems. But I can’t really take the credit. My **unfortunate mistake** is that I’ve needed to tell people that we edi dents from the greater good of society.

A special reserved table with settings for Rose and Stevens was prepared for Saturday evening’s reunion dinner at the Mission Bay Yacht Club. The class of 1958 donated $500 to help pay off the remaining debt on the monument. Also, a Gordon & Smith poster was auctioned for $270.

Floyd Smith is a 1958 classmate and Terry Gordon is from the class of 1957.

Anyone wishing to make further donations can contact Seelos at (858) 271-1113.

**Great care at a great fee...**

I hope there’s no misunderstanding about the quality of care. Because I have a lower exam fee. You’ll get great care at a great fee. My paediatrician (I’m a graduate of the California State University System with a bachelor’s in biochemistry and then I completed my doctorate at Palmer College of Chiropractic in San Jose, CA.) I’ve been treated for many years by an elderly senior, like my grandparents and great grandparents. Later, I moved to San Jose, I moved to San Diego to start my own practice. I just have that low exam fee to help pay the bills. It helps pay the bills. It helps pay the bills. It helps pay the bills.

My assistants are Cindy and Lauren, and they are really great people. Our office is both friendly and warm and we try our best to make you feel at home. Our office is called **GREATER LIFEL FAMILY CHIROPRACTIC** and we’re in Point Loma at 3608 Midway Drive, Suite G (see are in the Vons shopping center next to 24 Hour Fitness and Sports Club). Our phone number is 619-223-8885. Call, Cindy, Lauren or myself today for an appointment. We can help you.

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P.S. When accompanied by the first, I also am offering the second family member in any one of their personalized care for only $27 but only before 11-18-2008 so call right now.

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Cass, just head north to 4867 Cass street the salon at the corner of Diamond and Beryl. Don't be confused if you don't see Head or Nails or Where? Leave your trash cans out all week. PBTC a hasp lock on your trash cans and don't leave your trash? Check San Diego Municipal illegal for someone to rummage through Mission Beach started an anti-scavenging PBTC Anti-Scavenging Program.

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Youth Rugby League hold signups on Sunday
The San Diego Old Athletic Club is preparing to open signups for the new Youth Rugby League season and will be hosting demonstrations and free clinics through the end of the month.

Signups are for youths ages 5-18 and will be held Sunday, Oct. 19 from 2 to 4 p.m. at Dusty Rhodes Park in Ocean Beach and Sunday, Oct. 26 from 2 to 4 p.m. at the same location. Practices begin Saturday, Nov. 1.

Our featured event will be the Haunted Birch Aquarium Where science goes mad! OCTOBER 24-26, 2008, 6-9 p.m. Members $12; Public $15 Science goes awry with creeps from the deep and wacky science experiments in a family-friendly evening at Haunted Birch Aquarium. Trick your spirits, slimy encounters, spooky activities and monstrous live music await you along with spirited fun with water conservation games. Prizes are awarded each night for best marine-themed, family-themed and most creative costumes.

www.beachandbaypress.com
Sneak Joint; a Food and Drink Lifestyle

Sneak Joint is San Diego’s premier action sports restaurant and bar at the beach. Located in Mission Beach, Sneak Joint offers patrons a lifestyle venue offering “elevated” service levels for food, drink, and customer loyalty. The principals behind Sneak Joint developed the brand entirely focusing on three tenets, “food, drink, and lifestyles.” The menu offers “Gourmet American” cuisine with fresh fish daily and innovative takes on typical burgers and sandwiches. The drinks menu boasts over twenty micro-brews and all Sneak Joint signature cocktails are prepared with the freshest fruits and juices. The extraordinary staff promotes exceptional food, great drinks, and a caring culture. Sneak Joint has been featured in 944, Image San Diego, San Diego Magazine and the Beach & Bay Press.

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Dirty Birds
With a relaxing atmosphere serving only excellent quality food, where locals will want to hang out. Customers claim the burgers are the best in San Diego, selections include the more exotic ostrich and stuffed burgers and fresh daily tuna selections and don’t forget our great wings with incredible Dirty Bird’s sauces. Happy hour Mon. - Fri. 3 PM - 6 PM featuring half price pitchers $1 off bottles, mugs and wine, also open for breakfast every day until 3 and catch all football games with NFL Sunday Ticket, ESPN Game Plan and The Big 10 Network on large Hi definition TV’s.

The Landing Grill
“San Diego’s best kept breakfast secret” The menu offers a variety to choose from to please all tastes, including the famous Jigstrike special (hotcakes, eggs, bacon and sausage), the overstuffed breakfast burrito, fish and chips, and “damn good” burgers are always a hit. Now with a large outside patio area, diners can enjoy their meal with a gorgeous view of Mission Bay and all the action of the sport fishing boats. The Landing Grill is located at 1717 Quivira rd., off of West Mission Bay, at Seafort Sport fishing. Open daily @ 5am so come on down to the docks and see what the secret is all about. For further info please call (619) 222-3317. ation, call 619-238-0048 or visit www.catamaranrestaurantandbar.com

Saska’s
Formerly PJs Café, Toscana Café & Wine Bar has been recently remodeled and is beautiful and cozy. Outside there is a shaded patio great for people watching. The interior is luxurious. Dark wood furniture and wood paneling created a cozy ambiance that all chain coffee stores tend to lack. Toscana’s selection of coffee drinks is immense, as is their food menu. The best part? HAPPY HOUR! 2-6pm DAILY! Nachos from $4 to a Bratwurst for $6. Beer on tap $3 (from Stone Brewing Company). Bottled beers are also available upon request. For wine lovers there are wine tastings every Thursday night 5-9pm, $15/taste. Toscana Café and Wine Bar 238 5th Avenue, (619) 231-5788.

The Eggery
The Eggery is hard to beat with its quaint country-style setting, a wide range of Breakfast and Lunch choices, generous portions, reasonable prices and a location just steps from the ocean. Choose from fluffy Homemade Pancakes, Belgian-Style Fresh Fruit Waffles, or five varieties of Eggs Benedict. Enjoy Patio dining, where casual dress is the norm. Champagne, Mimosa, Bloody Marys and Screwdrivers (fresh juice of course) plus a full Espresso Bar are also available. Abundant validated parking.

Roppongi Restaurant & Sushi Bar
Conveniently located on Prospect Street, it’s obvious why Roppongi is Zagat rated “One of the World’s Top Restaurants.” Spend a relaxing evening dining alfresco around the fire pit, cozy up next to the indoor fireplace and aquarium, indulge at the stunning sushi bar or people watch from their covered/heated patio.
Y3K brings the party to RT’s Longboard

By BART MENDOZA | Press-Telegram

The cover band business is a tough one. Changing musical trends, format shifting nightclubs and fickle audiences make longevity in the competitive club scene a difficult prospect. Now entering its 11th year, local cover band Y3K has proven to be an exception to the rule, adapting and thriving on the local circuit. Though the band’s name, does have connotations of the 1999 computer meltdown scare, Y3K percussionist Preacher Patterson said the band’s name variance has staying power built into it.

“Meltdown? Nothing like that.” Patterson said. “Keyboardist John Weber and guitarist Andy have been the band and they wanted a name to last the millennia.”

He admits that club goers sometimes get the name a little wrong. “People will come up with variations. We get a kick out of that. But once you get it, it sticks,” he said.

The band, who perform at RT’s Longboard Grill on Friday, Oct. 17, also includes vocalist Andi Judge and drummer Rocko. They have seen many changes in the local club scene since their inception. Indeed, Patterson considers this show to be a return to the beach area after the shuttering of several of their regular venues. They last performed in the area in 2004 at the Cutiaman Hotel’s now defunct Cannibal Bar. The former

Y3K keyboardist John Weber and vocalist Andi Judge keep their audience entertained with more than 300 songs. Just don’t request “Brown Eye Girl” or “Brickhouse.”

nightspot is now a spa.

“Venues come and go or the management flips for something different,” Patterson said. “That’s why we favor clubs with a track record. They seem to survive when the pendulum changes.”

With most group’s having a life span of three years or three albums, which ever comes first, a decade is also long time to hang on to a fan base, but Y3K has been able to keep theirs through a consistent changing song list and high-energy performances.

“We ask that the crowd keeps getting younger and we’re heading in the opposite direction,” guitarist Beene said. “Lots of people have been with us since the beginning, but we’ve also picked up folks along the way.”

For Patterson, the reasons for

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CITATION

ENTERTAINMENT

PB Elementary students star in ‘Princess & the Pea’

Under the direction of the Missoula Children’s Theatre, a cast of 50 to 60 students from Pacific Beach Elementary will be starring in a live performance of the “The Princess and the Pea,” Saturday, Oct. 12. Two performances are scheduled, first at 1 p.m. and the second at 7 p.m.

Members of children’s theater visit the school to cast, rehearse and produce live adaptations of classic children’s stories and fairy tales. Each performance features detailed sets, lighting and costumes. Tickets are $5 for children and $5 for adults. For information call Laura Daly at (858) 270-4947.

Pacific Beach Elementary is located at 1214 Tourmaline St.

St. Andrews hosts Bach Collegium concert

St. Andrews-by-the-Sea Episcopal Church is hosting a concert by the Bach Collegium San Diego, performing “Musica Poetica: Artusi Challenges Monteverdi.”

The performance is scheduled for Saturday, Oct. 12, at 7 p.m. The concerts will feature the Bach Collegium Chorus, led by music director Ruben Valenzuela, playing the harpsichord, viola da gamba and theorbo continuo. The music will demonstrate the contrasting Renaissance and early baroque musical styles of Italy and Spain.

Tickets for the event are $25, and $12 for students. St. Andrews is located at 1050 Thomas Ave.

For information call (619) 341-1726.

THE LINE

DEL MAR

Dine in the Del Mar Plaza!

Dakota Grill & Spirits - Grgich Hills Estate Wine Dinner

Join us for the Grgich Hills Wine Dinner on Wednesday, October 22nd at 6:30pm. Executive Chef Paul Niles has created a four-course menu paired with Grgich Estate wines. The Grgich Hills Estate Wine Dinner is priced at $69.95 per person, excluding tax and gratuity. For reservations and information please call Thee Bungalow at 619-224-2804.

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Dining & Entertainment

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WINE CALENDAR

OCTOBER 16

Flight Night at the Top of the Plaza

Thursday, October 16, 2008, 5:30-8pm at the Napa Valley grille, Horton Plaza level 1. Featuring a flight of four wines from BV, the latest fall looks from Gaze and music by Gemini.

$15 in advance, $18 at the door. RSVP 619-226-9494 or hortonplaza-events@napavalleygrille.com

OCTOBER 22

Thee Bungalow’s Ravenwood Wine Dinner

Join us for the Ravenwood Wine Dinner on Wednesday, October 22nd at 6:30pm. Executive Chef Paul Niles has created a four-course menu paired with Ravenwood wines. The Ravenwood Wine Dinner is priced at $69.95 per person, excluding tax and gratuity. For reservations and information please call Thee Bungalow at 619-224-2804.

OCTOBER 23

Dakota Grill & Spirits - Grgich Hills Estate Wine Dinner

Dakota Grill & Spirits is pleased and excited to be featuring a very special wine dinner in partnership with Grgich Hills Estate Winery of Napa Valley. Join us on Thursday, October 22nd at 5:00 pm, as executive chef Todd Nolden showcases a richly flavored 4-course dinner to pair with a range of exciting wines from Grgich Hills. Grgich Hills Estate Winery has been a leader in the California wine community since 1977, producing world-class wines and being among the forerunners of wine stewarding utilizing organic, biodynamic and sustainable wine growing practices. Justin Kleinmeyer, Grgich Hills Director of Sales for Southern California will be on hand to guide you through this special evening. Cost is $59.95 per person, excluding tax and gratuity. Seating is limited. Call today for reservations. Dakota Grill & Spirits 619-224-5554.

NOVEMBER 6-9, 2008

Art of Food & Wine Palm Desert

The third annual Art of Food & Wine Palm Desert, a unique four-day celebration of the senses, attracts thousands of art and culinary enthusiasts from across California and around the country to enjoy the very best in art, food and wine hospitality and education. The event features food and wine tastings; celebrity chefs; wine seminars; exclusive restaurants; wine, culinary and cultural seminars; art, music, shopping and golf - all nestled in Southern California’s beautiful Coachella Valley.

Tickets start at $45 and are on sale now.

For more information, visit www.artoffoodandwine.com or call toll-free 866-96.TASTE.

To have your wine event added to this calendar, please send an email to: events@napavalleygrille.com with a headline and approximately 100 words describing your event.
Bolts get payback with big win over Pats

By BOB HURST | BEACH & BAY PRESS

With their backs to the wall, and possibly their season on the line, the San Diego Chargers responded with a big win at home on Sunday. Oct. 12 night over the New England Patriots.

They pulled off a 19-17 upset win at home on Sunday, ending their eight-game losing streak over two seasons. The Rams cooled off the Red skins, who were seeking their fifth straight win. St. Louis forced Washington into committing its first three turnovers of the season. Josh Brown's 49-yard field goal on the last play of the game won it. Did the Redskins overlook the Rams?

"We hadn't thought ahead all season long until this week," Orton said. "We didn't.

Week 6 Leaders: Passing
Matt Schaub, Texans. 22-42, 379 yards, 1 TD, 2 INTs
Troy Romo, Cowboys. 28-34, 281 yards, 3 TDs, 0 INT
Drew Brees, Saints, 26-30, 320 yards, 3 TDs, 0 INT

Rushing
Clinton Portis, Redskins, 21 carries, 129 yards, 2 TDs
Maurice Jones-Drew, Jaguars, 22 carries, 125 yards, 2 TDs
Warrick Dunn, Buccaneers, 22 carries, 115 yards, 0 TD

Receiving
Andre Johnson, Texans, 10 catches, 178 yards, 1 TD
Braylon Edwards, Browns, 5 catches, 54 yards, 1 TD
Patrick Cobbs, Dolphins, 3 catches, 138 yards, 2 TDs

Tackles
Channing Crowder, Dolphins, 13

Igor Olshansky flexes for the jubilant crowd after the Chargers stopped Patriots quarterback Matt Cassel from scoring on a fourth-down-and-goal call in the third quarter. It was huge momentum-play and the Chargers drove quickly down the field for a touchdown on the next series.

48-yard field goal to give the Falcons a 22-20 win.

"We have to play a full game," Orton said. "We didn't."
Week 7 - NFL Preview & Picks

San Francisco 2-4 at N.Y. Giants 4-1, 10 a.m.

Last Meeting: Giants won 26-17 at Kansas City in 2007.

Stats & Stuff: Tennessee’s streak of 8 straight regular season wins is the longest current streak in the NFL. Chiefs offense ranks 29th in league with 254.4 yards per game.

Game Day: The Titans, the only unbeaten team left, aim for their first 6-0 start in franchise history.

Pick: Titans 24, Chiefs 20

Baltimore 2-3 at Miami 2-3, 10 a.m.

Last Meeting: Dolphins won 22-16 at home in 2007.

Stats & Stuff: Baltimore RB Willis McGahee is averaging 91.8 rushing yards per game in 7 games against Miami. Dolphins’ 22-16 OT win over Ravens last Dec. was their only victory of the season.

Game Day: Dolphins are 4-0 at home vs. Ravens and look to continue that streak.

Pick: Dolphins 20, Ravens 19

Detroit 0-5 at Houston 1-4, 1:05 p.m.

Last Meeting: Lions won 28-16 at home in 2004.

Stats & Stuff: Detroit allows the most yards per game in league at 421.6. Texans are fifth in NFL offense, averaging 362.6 yards.

Game Day: Texans finally got their first win of season in Week 6 and should be able to carry over the momentum against the hapless Lions.

Pick: Texans 28, Lions 14

Indianapolis 3-2 at Green Bay 3-3, 1:15 p.m.

Last Meeting: Colts won 45-31 at home in 2004.

Stats & Stuff: Indianapolis is 20-6 against NFC under coach Tony Dungy. Packers’ Donald Driver has a catch in 101 consecutive games, second-longest streak in team history next to Sterling Sharpe’s 103.

Game Day: The Colts seem to be back in a groove, but it’ll be a challenge to outscore the Pack at Lambeau Field.

Pick: Colts 27, Packers 24

N.Y. Jets 3-2 at Oakland 1-4, 1:15 p.m.

Last Meeting: Jets won 23-3 at home in 2006.

Stats & Stuff: Jets RB Thomas Jones had career-high 3 TDs in Week 6 (2 rushing, 1 receiving). The last time the Raiders defeated the Jets was in a second-round playoff game in 2002.

Game Day: Brett Favre plans to torch the Raiders secondary.

Pick: Jets 35, Raiders 21

Cleveland 2-3 at Washington 4-2, 1:15 p.m.

Last Meeting: Browns won 17-13 at home in 2004.

Stats & Stuff: Cleveland’s 455 offensive yards in win over Giants was most since Week 2 of last season. Redskins WR Santana Moss is averaging 15.3 yards per catch (tied for 19th in NFL).

Game Day: Cleveland has been playing better over its last 2 games while Redskins are coming off upset loss to Rams. Washington gets back track.

Pick: Redskins 17, Browns 10
VOLLEYBALL
CONTINUED FROM PAGE 1

with strained back muscles,” Upp continued. “But our junior Jenny Richey stepped up and had 11 kills while sophomore Nicolette Rice stepped in and played the whole game and did a real good job.”

Lady Buc setter Megan Upp had 31 assists against San Diego. Nayeli Davila was “serving real well,” according to Upp, including five ace serves.

Backcourt specialists Belden and Megan Upp led the defensive stats with the most digs.

“We have also gotten real steady play from junior Kelsey Lawlor,” Upp said.

“We have a young team and our sophomores are really contributing — I’m very pleased,” Upp said.

“There are no big egos on this team. There is a great team atmosphere — whether it is off the bench or the starters, everyone is doing their part. I’m excited about the second half of the season.”

The Lady Bucs’ record stands at 11-4 after playing all the Eastern League teams in the first round of league play.

Mission Bay High School’s Lady Bucs varsity volleyball team, 11-4 in Eastern League play, hosts league leaders Patrick Henry High Thursday, Oct. 16.

Mission Bay had two narrow losses to Serra and Coronado along the way. “We had match-point in both matches and let it get away — it was so close,” Upp added. “But I think we can do better in the second half (of the season) and finish the close ones.”

Mission Bay returned only two starting players from 2007, Megan Upp and Kelsey Lawlor. But with seven juniors and sophomores on the ‘08 squad, the future is looking good for the girls volleyball program. The ranks of the JV and novice teams are full of growing talents too, according to Upp and program coordinator, girls PE coach Crystal Frasca.

The Lady Bucs will host league-leading Patrick Henry High Thursday, Oct. 16, at 3 p.m. They will return to their home court Oct. 23 and 28 for games against Kearny and OLP.

Mission Bay features five seniors, including但不限 Upp, Belden, Richey and Joy Libs. The juniors include Marlee Glasgow and Lawlor. Sophomores on the squad include Davila, Haili Hanna, Iar Choa, Rhoudes and Rice.

The Lady Bucs will host league-leading Patrick Henry High Thursday, Oct. 16, at 3 p.m. They will return to their home court Oct. 23 and 28 for games against Kearny and OLP.

BOLTS
CONTINUED FROM PAGE 13

Jon Beason, Panthers, 13
Sacks
Kevin Williams, Vikings, 4.0
Robert Mathis, Colts, 3.0
Interceptions
Quentin Jammer, Chargers, 1
22 others with 1 each

Quotable: “I can’t remember one that was this crazy.” — Arizona quarterback Kurt Warner on 30-24 OT win over Dallas. The Cardinals had a kickoff return for a touchdown to start the game and won the game on a blocked punt for a touchdown in overtime.

Sidelines: With Cincinnati at 0-6 for the third time in eight years, Bengals fans are trying to unload their tickets. At least 4,000 tickets remain for home games against Jacksonville, Baltimore, Washington and Kansas City. About 3,000 tickets remain for this week’s game against Pittsburgh…Detroit has lost 11 straight games at the Metrodome in Minneapolis…Andre Johnson had a Houston Texans franchise-record 178 yards receiving with a touchdown in a 29-28 win over Miami…Arizona’s six-game home winning streak is its longest since 1975-76.
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Be brave or take a friend along and discover what North PB has to offer... isn’t it time to discover the other hidden gems of Pacific Beach?

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**Chronic Smoothies**
840 Turquoise St.
(619) 486-6420

**PB Yoga and Healing Arts**
961 Turquoise St.
(619) 486-7714

**Green Gardens Landscape**
4900 Cass St.
(619) 483-6803

**Lily Grace**
949 Turquoise St.
(619) 486-1948

**London's West End**
5157 La Jolla Blvd.
(619) 486-1191

**OWhite**
929 Turquoise St.
(619) 486-5616

**Choclate Haus**
947 Turquoise St.
(619) 486-4857

**The Turquoise**
873 Turquoise St.
(619) 486-4200

**Heidi’s Liquor & Deli**
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(619) 486-7434

**Olga & Stella**
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