Greatrex pleads guilty to grand theft, must pay back funds

Cindy Greatrex pleaded guilty on Dec. 17 to grand theft and will be required to pay restitution of $68,272 to the La Jolla Park & Recreation Board where she once served as president. Greatrex, 52, appeared before San Diego Superior Court Judge Timothy Walsh, who set sentencing for Jan. 29. The March 12 trial date was canceled.

Deputy District Attorney Gina Darvas said Greatrex is expected to receive up to 180 days home detention with a Global Positioning Systems monitoring device.

Darvas said Greatrex must pay restitution in full by Jan. 29. She is expected to be placed on four years probation, she added.

“Wife has now pleaded guilty, she will not go to jail,” said Darvas. “She will be permitted to serve her custody in home detention with GPS.”

Greatrex remains free on $70,000 bond.

The prosecutor said she will ask Walsh at sentencing to bar Greatrex from serving on any type of committee that would include fiduciary responsibility on terms of probation.

Darvas tried on Oct. 29 to prohibit Greatrex from serving on any community planning boards as a condition of bond, but the judge turned down the motion.

Because Greatrex has now pleaded guilty, she can be ordered not to serve on any planning boards with financial responsibilities as a condition of probation.

Greatrex testified for over five hours over two days in her preliminary hearing in November 2017.

Greatrex testified she spent her own money to pay various vendors and made checks out to herself for reimbursement. She says she paid many vendors in cash and did not have some of the receipts.

READ MORE ONLINE AT sdnews.com
Burgerim offers a million ways to satisfy burger cravings

Eight meat patty options. Three meat-free patty options. Four signature burger styles. Four different ways to style your side of fries, onion rings or sweet potato fries.

And 40 million ways to satisfy your biggest and baddest burger craving (that number is not a typo).

The rapidly-growing gourmet burger franchise Burgerim opened its newest location at 1271 Prospect St. earlier this year. The company has locations all around the world and will be adding 200 new restaurants in California alone, according to general manager Christopher B.

The restaurant is open from 10:30 a.m. to 8 p.m. Sundays to Thursdays and 10:30 a.m. to 9 p.m. Fridays and Saturdays, though Christopher says the hours are subject to change.

While 40 million combination options may seem overwhelming at first, the good news is that Burgerim has foreseen that this might pose a problem for indecisive customers.

Customers have the option of the “Uno,” “Due” or “Trio” combos, all of which come with fries (which are truly to-die-for) and a drink. Burgers are 3 ounces, so if you want to do a traditional beef patty made in the classic style, but also want to try something a bit more adventurous like a lamb burger made California-style (Swiss cheese, mixed greens, tomato, avocado and chipotle mayo), you don’t have to pick and choose. Just get both.

Christopher says the 3 ounce “Uno” burger will soon be replaced with a traditionally-sized 1/3 pound burger.

For those avoiding beef, Burgerim also offers turkey, salmon, veggie and falafel patties, as well as chicken wings, chicken strips and salads.

Upgrading your burger by adding a fried egg or bacon (and almost any other upgrade) is an extra 79 cents, so don’t be afraid to get a little crazy in making your burger dreams come true.

The menu can be a bit daunting at first sight, but Christopher wants to reassure guests that Burgerim employees are there to help. “Feel free to ask any questions,” he says. “There’s a lot to take in.” But the food and customer service aren’t the only great things about Burgerim. With huge glass garage doors that open out into the dog-friendly patio area, the location is great for enjoying the San Diego weather with your furry four-legged friends.

Owner Jayyab Salahaldin says it took some convincing for corporate to be open to that type of setting. Typically, Burgerim had planned on making all locations look the same, but Salahaldin had a different vision.

“I told them, ‘Hey, La Jolla is special. Prospect is special… We want this location to be as special.’” says Salahaldin.

While corporate may be in charge of locations, food menus and restaurant styles, there’s one thing they remain hands-off about: alcohol.

“There’s always more money in bacon and beer,” Salahaldin says with a laugh.

In the next few weeks, Christopher says the restaurant will be getting their beer and wine license, along with TVs. The idea is to be a laid-back and affordable place for people who just want some good food and a drink to relax, especially the after-work crowd.

So next time you’re walking down Prospect Street and find yourself daydreaming about a multitude of burger options, onion rings and fries topped with jalapeños and cheese, and a cold IPA, look no further than Burgerim.

For more information, visit burgerim.com.

The shop offers more than 50 different infused oils and vinegars to satisfy any flavor cravings you might have.
LA JOLLA: Panoramic Ocean View & Fruit Trees in Upper Hermosa. 5bd/4.5ba. 4,620 sf. $3,799,000

LA JOLLA: 4+1bd/2.5ba. 3097 sf. $2,250,000
OPEN HOUSE: 7355 Caminito Bassano E, La Jolla, CA 92037 Sun. 1-13 2-5pm

BAY PARK: 3bd/2.5ba. 1,473 sf. $799,000 - $849,000
OPEN HOUSE: 1255 Gertrude St., San Diego, CA 92110 Sun. 1/13 2-4pm

BAY PARK: 3bd/2.5ba. 1,473 sf. $799,000 - $849,000
OPEN HOUSE: 1255 Gertrude St., San Diego, CA 92110 Sun. 1/13 2-4pm

DT Luxury Estate Penthouse - 38th Fl: 3bd/3ba. 2,450 sf. $2,975,000. Agent: Natalie McGhie

DOWNTOWN Luxury Estate Penthouse - 28th Fl: 2bd/2ba. 1,602 sf. $1,595,000. Agent: Natalie McGhie

LA JOLLA: 3bd/2.5ba. 1,473 sf. $799,000 - $849,000
OPEN HOUSE: 1255 Gertrude St., San Diego, CA 92110 Sun. 1/13 2-4pm

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Gregg Whitney
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Leaning back in his tall, burgundy armchair, Dr. James DeYarman runs his hands through something that millions of men and women wish they had more of — hair.

Since DeYarman began practicing in 1974, hair transplants have been the only surgical option to treat hair loss. Expensive and painful, many people find that they’re not even good candidates for a transplant, especially women.

According to DeYarman’s patient coordinator Nicole Johnson, that’s because women tend to experience hair loss all over their scalp rather than in just one area like most men do. But that all changed with the introduction of stem cell hair therapy.

This new, nonsurgical hair restoration procedure takes FDA-approved stem cells from donated umbilical cords and injects them into the scalp. DeYarman Medical Group claims that its patients have seen incredible results after spending only an hour in the chair with virtually no downtime the next day.

And most people see full-coverage growth in only two to four months. “We inject 5 million stem cells into the scalp, and it immediately goes to work and starts reversing the miniaturization in all of these hairs,” Johnson said. “It works for almost everybody, but I’ve seen it work in as little as two to three weeks.”

DeYarman is no stranger to using stem cells. Three years ago, he was working with ones taken from fat tissue and combining them with enzymes. Though he still saw great results, he said the stem cells from donated umbilical cords are more flexible, malleable and better for hair restoration.

The hype of stem cell therapy, which promises to aid people in everything from osteoarthritis to infertility to heart disease, has not gone without criticism. Because much of those promises are still being tested and researched, the FDA is keeping a close eye on the way doctors and laboratories are using this kind of regenerative medicine.

Last month, the FDA sent a warning letter to StemGenex Biologic Laboratories in San Diego for promoting an unapproved stem cell product. But DeYarman Medical Group is convinced stem cell therapy can deliver on many of those promises. Even though they’re treating patients for hair loss, Johnson said they’ve seen some pretty incredible side effects in the weeks following the procedure.

“We had a woman who had debilitating arthritis in her neck and back,” Johnson said. “She had a hair transplant, and we did the injections on her head, and she said in two weeks her pain was completely gone. She hadn’t been able to treat it for a decade.”

Even the doctor himself has seen how stem cell therapy can work firsthand. “I had my own stem cell injections done yesterday for my hip joint, and I’m amazed how it works,” DeYarman said.

La Jolla doctor utilizes stem cells for faster hair growth

One of Dr. DeYarman’s patients (left) before his stem cell hair therapy treatment. The same patient (right) only three months after his stem cell hair therapy treatment.

PHOTO COURTESY OF DEYARMAN MEDICAL GROUP

By Emily Blackwood | La Jolla Village News

La Jolla doctor utilizes stem cells for faster hair growth

One of Dr. DeYarman’s patients (left) before his stem cell hair therapy treatment. The same patient (right) only three months after his stem cell hair therapy treatment.

PHOTO COURTESY OF DEYARMAN MEDICAL GROUP

By Emily Blackwood | La Jolla Village News

The Hydration Room, an IV and injection therapy clinic, will open at La Plaza La Jolla, 7863 Girard Ave. in January. The location will feature six reclining chairs for patients to relax on as they refresh and renew with their customizable blends of vitamin and mineral-rich IV and injections developed by Dr. Brett Florie.

Since its inception, The Hydration Room has helped more than 16,000 patients treat common ailments ranging from allergies, migraine headaches, cold/flu, and fitness recovery to more severe health issues. To learn more about The Hydration Room, visit thehydrationroom.com.

WAYS & MEANS OYSTER HOUSE COMING TO LJ

Ways & Means Oyster House, the Southern California-based concept best known for their diverse selection of oysters, eclectic seafood offerings, and coastal-inspired cocktails, has announced their upcoming expansion in La Jolla at 1251 Prospect St. this spring.

Signature offerings include the Ways & Means Oysters, served simply with a signature champagne mignonette and lemon to enhance the ocean-fresh flavors; and a nationally-recognized lobster roll, stuffed with Maine lobster and mango coleslaw, and topped with “life-altering” aioli on a brioche bun.

The group harvests its own branded oysters out of Humboldt Bay. To learn more about the upcoming opening, visit wmoysters.com.

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There was a lot up for debate in 2018. Whether it was trying to get a handle on the seemingly overnight invasion of dockless scooters and bikes, or fighting for more balance within the mayor’s proposal for short-term rentals, residents of La Jolla won a few battles. And those victories were intertwined with the completion of some long-overdue projects like upgrades to the Children’s Pool Plaza, and White Sands Retirement Community’s multi-million dollar renovation.

In all, it was a good year.

January
• The trial began for the former Marine accused of killing two UC San Diego students in a 2015 crash. Jason Riley King was driving drunk when he struck a car carrying five UC San Diego students; Anne Baldock, 24 and Madison Cornelison, 23 died instantly, and the three other students were injured but survived. The trial lasted 10 days, and the jury ultimately acquitted him of murder and convicted him of two counts of gross vehicular manslaughter while intoxicated.

• A La Jolla couple was charged with misdemeanor safety code violations after residents of an apartment complex they maintained reported the building had bathroom leaks, inadequate heating, insects, rodents, and improper wiring.

• Tiger Woods made his 2018 debut at the Farmers Insurance Open at historic Torrey Pines Golf Course, the host site of the 2008 and 2012 U.S. Opens.

• La Jolla Fernando Aguere was credited with founding and heading up a group of people in making surf as a part of the summer Olympics, which will be held in Tokyo in 2020.

• Pura Vida Bracelets, a La Jolla-based company that caught the eye of celebrities like Ben Degeneres and David Beckham, was sued for fraud by a former employee. She claimed that the bracelets were actually produced in El Salvador, not in Costa Rica like the company insinuated.

• Construction began for the viaduct that will carry the Blue Line along Genesee Avenue as part of an 11-mile extension of the trolley line from downtown to University City.

• A study titled Part 3 50 was conducted to evaluate flightpath improvements and noise reductions in and around San Diego International Airport. Residents from the Point to La Jolla have complained about an increase in noise for the past couple of years.

• The Dan McKinney Family YMCA completed its $21 million expansion and renovation project, which included a three-story play structure and slides, a wellness center, a steam room and other amenities.

• UC San Diego was named the No. 1 surf college in the U.S. by Surfer Magazine.

February
• UC San Diego launched its bike-share program with Spin, a leading bike-share company that offered a fleet of orange-colored smart-bikes with GPS tracking.

• Mayor Kevin L. Faulconer announced that San Diego Police Department Assistant Chief David Nisleit would be appointed as the City’s next police chief, replacing Chief Shelley Zimmerman, who retired in March after 35 years on the force.

• The La Jolla Village News went out and sampled all the different kinds of pizzas in La Jolla in honor of National Pizza Day on Feb. 9.

• La Jolla Shores came in at No. 22 on Tripadvisor’s “Top 25 Beaches” in the U.S.” list.

• The annual Fourth of July fireworks display at La Jolla Cove was cancelled due to ongoing fundraising problems. “It’s really been part of our tradition,” said Deborah Marengo who spearheaded the event. “So, it’s really sad to see that go.”

• A petition to end the “Films of Woody Allen” course at UC San Diego, due to his allegations of rape, was nixed by the school’s academic senate. They voted to continue offering the course because removing it would “undermine both the value of free inquiry and the associated rights of faculty to engage in such inquiry by choosing their course content.”

March
• La Jolla Parks and Beaches, Inc. voted against allowing dockless scooters in the community, even though the item wasn’t on the meeting agenda. “How do we stop this invasion of our sidewalks?” asked Sally Miller of LJPIB.

• La Jolla High reflected on its own safety issues following the aftermath of the Parkland school mass shooting in Florida. Things like fixing broken blinds and hard-to-lock doors in classrooms were among some of the suggestions.

• The La Jolla Town Council host- ed a meeting of the newly formed San Diego Coalition of Town Councils’ STVR Working Group where members discussed recommendations for tightening rules and enforcing government guiding the place- ment and operations of short-term vacation rentals.

• San Diego Judge Randa Trapp heard arguments for both sides as to whether or not assessed property under the La Jolla Maintenance Assessment District would receive any special benefit “over and above what” that received by the general public.

• The University of California San Diego received $4.6 million in charitable gifts from more than a dozen descendants of Edward W. Scripps to fund the placement of the railing on the Ellen Browning Scripps Memorial Pier and the reconstruction and modernization of the Center for Coastal Studies.

April
• La Jolla Parks and Beaches, Inc. announced that the City waited the summer construction moratorium to hasten construction on the Children’s Pool Beach beautification project, which includes walkway improvements, double-seat walls, shade trees, and gazebo repairs.

• James Niebling announced he would be resigning as president of the La Jolla Village Merchants Association. “I have truly enjoyed giving back to La Jolla by the Sea as a board director for the past seven years,” he said.

• Daniel Dorado, the owner of La Jolla Italian restaurant Voce Del Mare, pleaded not guilty to 34 felony counts of sexually assaulting four women.

• Renowned actor, author, and activist George Takei spoke on his experience in the Japanese-American internment camps from World War II and his life as a pop culture icon and entertainer at UC San Diego.

• Residents voiced concerns for a loophole in the city’s development regulations that makes it so developers can acquire permits to tear down and rebuild a new home in as little as a day. “We’re concerned about developers, flippers, coming in, developing homes of large bulk and scale, out of character with the neighborhood, out of character with the community plan,” said Sharon Wampler.

• Representatives from three dockless bike companies—Limebike, Ofo and Mobike—attempted to adjust their business models before the La Jolla Village Merchants Association. Attendees argued that the bikes are being used illegally and without proper notification.

• White Sands Retirement Community completed its $20 million renovation, which started in 2016 and included updates of its main lobby and chapel, a new elevator, bistro and bar, and a newly reimagined library.

May
• A judge turned down a request to dismiss the embezzlement case against Cindy Grextrex who was accused of stealing $67,935 from the La Jolla Park & Recreation Inc. Board while she was its president. She pleaded not guilty.

• La Jolla Village Merchants Asso- ciation elected Alisha Hawryluk Frank, a life coach with Fiercely Optimistic, as its new president.

• A red tide offshore San Diego brought a spectacular display of bioluminescence to beaches.

• Jewish Family Service of San Diego raised a record-setting $1.25 million at its annual Heart & Soul Gala at the Hyatt Regency La Jolla at Aventine.

June
• New ballot initiative "Yes For A Better San Diego" proposed a 42-year increase in the city’s visitor tax to fund the convention center.

Make the Right Choice Senior Living
Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today. For more info call (619) 246-2003 or go to the website.
expansion, homelessness programs, create new jobs, continue road repaving and other infrastructure improvements.

• The Center for World University Rankings named the University of California San Diego the globe’s 20th best university out of 2,000 universities worldwide.

• In partnership with Friends of Rose Canyon, University City Girl Scout Troop 4176 caught almost 200 crayfish in Rose Canyon as part of their Girl Scout Bronze Award project.

• District 1 Councilmember Barbara Bry pushed for a styrofoam ban. “It’s a known carcinogen and pollutant,” she said of the chemicals found in styrofoam.

• Holocaust survivor Rose Schindler received a high school diploma from La Jolla Country Day for her years of preaching a message of positivity and endurance in the presence of evil to schools throughout San Diego County.

• District 1 Councilmember Barbara Bry supported the scooter boardwalk ban the City Council voted down. Bry agreed to form a City Council committee to explore the creation of a permit and fee system for dockless companies operating citywide.

July
• U.S. Rep. Scott Peters (CA-52) defended his co-sponsorship of the Keeping Families Together Act, which would have immediately halted separating families at the U.S.-Mexico border, as the right thing to do.

• A random survey found La Jollans overwhelmingly favored a visionary proposal by contractor Tom Grunow to restore the La Jolla Cultural Zone by “greening” it and making it more walkable. “This is a good idea that will invigorate La Jolla’s Cultural District, improve the usability of the Rec Center, and help ease our parking shortage,” said landscape architect Jim Neri.

• The La Jolla MAD decision was reversed. San Diego Judge Randa Trapp revisited her previous ruling on the MAD’s unconstitutionality, and the second time around, she determined the benefits association “had no standing in the case.”

• La Jollans were mostly delighted by the City Council’s July 16 vote defeating Mayor Kevin Faulconer’s more lenient short-term rental proposal. A landmark counterproposal that favored stricter regulations allowing primary-residence-only rentals with a six-month maximum, was co-authored by Council members Barbara Bry of District 1 and Lorie Zapf of District 2.

• Work began on three reservoirs connected with La Jolla Heights Natural Park near La Jolla Country Club, and residents spoke up about their concerns regarding truck traffic, noise, dirt and potential loss of native habitat and open space.

• San Diego was named the most scenic West Coast city in an Esquire poll.

• La Jolla’s serial lobster poacher pleaded guilty to charges that he violated a court order by unlawfully removing 1.2 spiny lobsters from the South La Jolla State Marine Reserve. Xuan Lam Hoang was ordered to serve 45 days in custody and placed on three years of probation.

August
• Mayor Kevin Faulconer and City Council president pro tem Barbara Bry reopened Doyle Community Park in University City following a period of much-needed equipment upgrades and park enhancements.

• La Jolla was named one of the 20 most scenic West Coast cities.

Last February, Tiger Woods drew huge galleries when he played in the Farmers Insurance Open at Torrey Pines. THOMAS MELVILLE/VILLAGE NEWS
September
- The Museum of Contemporary Art San Diego’s director and CEO defended the institution against a claim by international architects and historians who've branded work, which will destroy the museum’s post-modern entryway, as “a tremendous mistake.” The addition — which will quadruple its current gallery space from 10,000 to about 40,000 square feet — was scheduled to begin in October.
- The San Diego Airport Authoritiy launched a new mobile app that provided members of the public an easy-to-use, no-cost option for submitting an aircraft noise complaint.
- San Diego-based Climate Action Lab was delivered to the French American School in La Jolla.
- Consideration of Children’s Pool’s proposed historical designation was an action item on La Jolla Parks and Beaches, Inc.’s August agenda, which would “make the facility eligible for both public and private grant money to fix it up,” according to architectural historian Diane Kane.

October
- La Jolla Realtor Kara Kay announced she would be competing on the CBS-introduced competitive reality TV series “Survivor: David vs. Goliath.”
- San Diego Fire-Rescue Department Chief Colin Stowell announced James Garthland as the new life guard division chief. “We have some of the best public safety professionals in the country so it should come as no surprise that we hired one of our own to lead our life guard division,” said Mayor Kevin L. Faulconer.
- Peter Ogle, head coach of the La Jolla Country Day School’s girls volleyball team, retired after 41 years. His combination of caring and intensity led the team to 733 wins, 380 losses, three Coastal League championships, seven CIF championships, four Southern California Regional championships, and three state championships.
- City Council voted 5-3 to ban the use and distribution of styrofoam citywide.
- La Jolla Shores Association celebrated Scripps oceanographer Walter Munk’s 101st birthday. Munk is world renowned for showing why one side of the moon always faces the Earth, pioneering research on the relationship between winds and ocean circulation, and much more.
- Extra City pickup was added in La Jolla Shores to alleviate overflowing trash. Janie Emerson, chair of the La Jolla Shores Association, previously said, “the city still had not moved two trash cans that had been causing the problem.”
- Casa de Mañana resident Len Sandberg, 90, won the 148-pound-and-under Powerlifting Bench Press World Championship at Harrah’s Resort and Casino in Laughlin, Nev.

November
- A judge turned down a prosecution motion for the removal of Cindy Grear with from any community boards as a condition of bond while she awaited an embezzlement trial that was destroyed in the early ’80s.
- City Council voted 8-1 to rescind a short-term vacation rental ordinance that was in place in July. The re-vote was forced by a previously successful drive by a vacation-rental coalition to put the measure on a future election ballot.
- Two years after Ure Kretowicz conceded the public’s right to access the cobblestone beach below his property at 7957 Princess St., a group of neighbors surrounding Kretowicz’s property started campaigning against restoring public access there.
- La Jolla’s Tiare Thompson won her first World Surf League’s Live Like Zander Junior Pro surf competition.

December
- A celebration was held for the improved Children’s Pool Plaza. La Jolla Parks and Beaches and Casa de Mañana co-hosted the event that honored the 8-year-old project.
- La Jolla Parks and Beaches, Inc. heard from landscape architect Jim Neri about plans to recreate a historic belvedere at Windansea off Neptune Place near Rosemont Street that was destroyed in the early ’80s.
My recent adventure at the Scripps Prebys Cardiovascular Institute

I am 92 and had recently noticed that I was getting a little short of breath just walking the hallways. I had not seen a cardiologist in years, so I decided to check things out— the question always being: Is it a normal age-related symptom or something else?

Dr. Mimi Guarnieri, my cardiologist, integrative medicine guru and good friend, fits me into her busy schedule. “No, breathlessness is not age-related.” She insists I go to the Prebys Cardiovascular Institute for tests today, they are holding a bed for me, so I should get there quickly. I go home to pack a few essentials and run around in a tizzy trying to remember what I might need. (Advice for my readers: Have a bag ready to go for any sudden departures from your home.) I got stuck at toothbrush—oh yes, underwear, towels from your home.) I got stuck at this time. I am wheeled to a different building to undergo a series of tests: a gamma camera which encircles a rotating chair taking photos of my heart every second folowed by a stress test, which I aced as the best Dr. Russo ever saw in a 92 year old! Working out pays off. The last test is a CT scan with contrast dye to determine what makes me breathless. When I return to my room, dinner is waiting for me. Dr. Pu comes in with a big smile. “We have good news,” he says. “Everything checks out normal. The CT scan shows reactive airway disease, a minor finding. I can go home and now that I am no longer anxious about potential fatalities I am already feeling better. A last bit of advice: bring a warm cardigan to drape over the “gown.”

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2019. Natasha Josefowitz. All rights reserved.
La Jolla Mailbox Rentals will turn 32 next month. Owner Anita Wood attributes her success to the specialness of the community and its residents. “It’s such a great place to come to work every day,” says Wood. “Work doesn’t seem like work here—and I’m always hearing great stories from my customers.” Anita’s store at 5666 La Jolla Boulevard is flanked by restaurants, clothing boutiques, coffeehouses, juice bars, exercise studios, and other specialty stores. “I’ve always loved the friendly atmosphere of this unique business district,” Anita says. Wood bought the business on February 21, 1987. “I knew I wanted to work for myself, so when the opportunity came along, I jumped on it. My only regret was not doing it sooner.” The services offered by the previous owner were stamps (no postage metering), UPS, mailbox rentals, and “word processing.” Anita expanded her offerings over the years to include shipping of all sorts, scanning, printing, copying, shredding and a notary public.

La Jolla Mailbox Rentals is the oldest business on the 5600 block. The future of the store? “I look forward to serving this wonderful neighborhood for many more years,” Anita says with a smile.

For further information:
Anita Wood
La Jolla Mailbox Rentals
(858) 456-2216
La Jolla community mourns loss of Audrey Geisel

Audrey Geisel, widow of iconic children’s author Theodor “Dr. Seuss” Geisel and steward of his literary legacy, died Dec. 19, 2018 in her Mount Soledad home at age 97. She married Geisel, an American children’s author, political cartoonist and creator of some 60 books under the pen name “Dr. Seuss,” in 1968.

Seuss created some of the most popular children’s books of all time, including “Green Eggs and Ham” and the “The Cat In The Hat.” His books sold more than 600 million copies and were translated into more than 20 languages during his lifetime.

Besides running Dr. Seuss Enterprises following her husband’s death from cancer in 1991 at age 87, Audrey devoted herself to philanthropy, supporting dozens of charities.

She had a longstanding relationship with UC San Diego, donating Theodore Geisel’s personal papers to the university library, including more than 12,000 items—original drawings, manuscripts, sketches, books and other memorabilia—documenting the many creative contributions of Dr. Seuss.

In 1995, the university’s central library was renamed the Geisel Library building to honor Theodor and Audrey Geisel, recognizing the family’s $20 million gift.

“Audrey Geisel was a steadfast and beloved friend of the campus who will be truly missed,” said UC San Diego Chancellor Pradeep K. Khosla. “UC San Diego would not be the same top-ranked research institution it is today without her enthusiastic generosity and vast university involvement.”

In 2013, Audrey Geisel donated $2 million for the renovation of University House, the private residence for the UC San Diego chancellor, in La Jolla Farms near the university. The historic structure and venue is now used for campus celebrations and fundraising events. It was formally renamed the “Audrey Geisel University House” honoring her.

Geisel recently donated $3 million to revitalize the interior of Geisel Library on UC San Diego campus. As part of the renovation, the library opened a café named Audrey’s.

“In the short time I’ve known Audrey, she has shared with me her affection for the library, reading and all things Seussian,” said university librarian Erik Mitchell. “She passionately believed in our mission and vision, and consistently supported us, through thick and thin. Although we will miss her greatly, we are extremely fortunate that her legacy will live on in Geisel Library and through the phenomenal Dr. Seuss Collection housed in our Special Collections.”

In 1993, Audrey founded Dr. Seuss Enterprises to “protect the integrity of the Dr. Seuss books while expanding beyond books into ancillary areas.”

Dr. Seuss Enterprises oversaw several film adaptations of the late author’s work, including computer-animated adaptations of “ Horton Hears a Who!” and “The Lorax,” as well as the 2000 live-action film “Dr. Seuss’ How The Grinch Stole Christmas,” starring Jim Carrey.

Born in Chicago in 1921, Audrey Stone was raised by her father, a Norwegian immigrant. Her father was a singer and dancer who disappeared from her life early on. She grew up living mostly with her mother or family friends.

Audrey Geisel is survived by her two daughters: Lark Grey Dimond-Cates and Leagrey Dimond-

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District 1’s Barbara Bry will run for San Diego mayor

Barbara Bry

Vowing to run her campaign “like a start-up,” tech entrepreneur and Council President pro tem Barbara Bry became the first person to announce her candidacy to replace term-end mayor Kevin Faulconer in 2020.

“I’m probably the underdog in the race, and I will need time to have the residents in the city get to know me,” said Bry about her early mayoral bid, which she announced Jan. 2. “We plan to run a grass-roots campaign similar to what I did for the City Council, having hundreds of volunteers and neighborhood coffees throughout the city.”

Bry, a Democrat who represents District 1, which includes La Jolla, is likely to face a crowded field of competitors. Her opposition could include Democratic Assemblyman Todd Gloria and Congressman Scott Peters.

Current Republican council members Mark Kersey and Chris Cate are also rumored to be potential candidates, as is retired San Diego Police Chief Shelley Zimmerman, an undeclared independent.

San Diego Mayor is technically a non-partisan position.

A former journalist and entrepreneur, who ran for City Council in 2016, Bry has served as the president pro tem since 2017.

She was one of the first elected officials in the city to endorse the SDSU West plan to redevelop SDCCU Stadium in Mission Valley.

Bry touted her business background, having founded companies such as ProFlowers.com and Athena San Diego, which helps women in science technology and math (STEM) industries, as qualifications to lead the nation’s eight-largest city.

“I know what it takes to run a good campaign,” Bry said. “Most importantly, I will run my campaign like a start-up, which means being responsible in listening to your customers about what their issues are.”

Bry’s strategy in running for mayor will be the same as it was running for City Council.

“My focus is to keep our city safe, clean and prosperous,” she said. “Safe is enhancing police recruitment and fire preparedness, which is now a year-round concern. Clean involves adopting community choice energy and protecting our beaches, bays and canyons. Prosperous is creating jobs in the innovation economy.”

Addressing homelessness, Bry said the key is “to build more support housing.”

Bry added her vision for the city “comes out of my 30 years in the tech world, and my long-term support for the arts, and it’s full steam ahead.”

Understated by a long and difficult political campaign, Bry described her successful run for City Council as “the best experience of my life.”

“I even enjoyed campaigning,” she said noting she knocked on 6,000 doors during her city council run. “People are happy that you are there and you want to hear from them,” Bry added.

READ MORE ONLINE AT sdnews.com

When? February 25th - May 19th
Where? Standley Park
Cost includes: Sublimated Shorts & Jersey, League costs, 2 practices /week, Practice fields, Ref fees
Practices? Monday / Wednesday 4:00-5:30
Teams? 1st-4th grade 5th-8th grade
Games? Weekends

585 Lacrosse Spring Season Lax Littles

We are extremely excited for Spring season and some league play! Never played before? Interested in getting your daughter into something new? Now is the perfect time to join!

Contact Brianna with questions bwraayl12@gmail.com
Check out our website for more info: 858lacrosse.com
Local rowers place third in prestigious Head of the Charles Regatta

By Ed Piper | La Jolla Village News

There were so many aspects that were noteworthy:
- The Junior Men’s 4+ (four-man boat plus coxswain) from San Diego placed third among 86 boats, up from 31st place a year ago.
- It was 18-year-old Charlie Coy’s first varsity race. “I was light-headed at the end of the race,” confided Coy, a towering 6-feet 4-inches tall, 180-pound number-three rower.
- Only four months before, the San Diego Rowing Club scored quite a coup in attracting highly-respected three-time Olympian Bryan Volpenhein as a coach. “Volp,” as people call him, served as the U.S. national team coach from 2012-2016.

At Nautilus Tavern, “local” is a word dedicated to quenching the thirsts and rising the tide on flavor. Their forward-thinking cocktail collection rivals a tasty selection of up to 30 tap beers, celebrating many local craft brews. Their crewmates were Noah Axford, a Point Loma High senior, as the “stroke,” or number four, and Blake Ball, a senior at La Costa Canyon High, in the “one” seat.

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Farmers Insurance Open set for Jan. 21-27

Defending champion Jason Day, a two-time winner of the Farmers Insurance Open, headlines a stellar list of player commitments to the tournament, to be played Jan. 21-27 at Torrey Pines Golf Course, the Century Club of San Diego recently announced.

Justin Rose, the PGA Tour’s reigning FedExCup champion who is currently ranked No. 2 in the Official World Golf Rankings, has also committed, as have 2017 Farmers Insurance Open winner and World No. 6 Jon Rahm, No. 9 Rickie Fowler, No. 10 Tony Finau, No. 11 and San Diego native Xander Schauffele, No. 18 Patrick Cantlay, No. 19 Marc Leishman and No. 26 Hideki Matsuyama. The field is not final until the commitment deadline on Friday, Jan. 18. Joining Fowler and Schauffele among San Diego products committed to the Farmers Insurance Open are Torrey Pines High School graduate Pat Perez and San Diego State University alum J.J. Spaun.

Women with hair loss can have thick and healthy hair and look years younger!

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing, thick, healthy human hair!

The unique patented process used at Judy’s salon attends a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. Once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

How do you match extensions to a client’s existing color?

If you are blending colors choose extensions that are the same level of color as the clients own hair. If you are changing the level of the client’s hair choose a shade that works well with the skin tone.

How do you customize extensions for a client with thinning hair?

Use an extension with a smaller attachment and a single strand application process so that the hair is not damaged and can hold the weight of the extension. This will give natural looking volume and length to thinning hair.

What type of hair extensions do you use?

Judy uses Great Lengths® all natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique application process that attaches a bond of protein the same molecular structure as your hair. This is an extremely lightweight method of bonding the hair strand to your own hair. Whether creating a new look, following fashion or with a special occasion on the horizon, Judy’s hair extensions have over 55 colors to choose from and blend with your own hair for perfect color matches.

Can hair extensions damage my hair?

No, they will not. Actually, very fine and damaged hair can become healthier if you’re wearing hair extensions because they will protect your hair from things that could damage it like curling irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension methods that bond too tightly to your hair. Most people don’t even notice a difference between the hair extensions and their own natural hair. Those old methods can lead to hair breakage when being removed. Judy’s La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system.

How do I maintain my extensions at home and between visits to the salon?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very simple to how you style your hair without extensions. Contact Judy in La Jolla today for answers to any more of your hair extensions questions.

Judy Judy Judy Hair Salon 7734 Herschel Suite #9, La Jolla hairextensionsofjulas.com 858-456-2344 Call today to receive $200 off on your first full head of hair replacements!

Emmy Blackwood

Village News welcomes new staff writer

San Diego Community Newspaper Group recently added a new member to their editorial team. Emily Blackwood was hired as a staff writer for the La Jolla Village News and will also be contributing to the Beach & Bay Press, Peninsula Beacon and sdnews.com. Originally from Central Florida, Blackwood previously worked as the news editor for the Ormond Beach Observer where she covered everything from cat shows, serial graffiti taggers, missing miniature horses, pirate races, beloved Zumba teachers, stolen teddy bears and everything in between. And don’t worry about offending her; she knows Florida is a weird place.

In addition to her work in community journalism, that almost won her “Journalist of the Year” from the Local Media Association (honorable mention still counts, right?), she also wrote a weekly award-winning lifestyle and humor column that covered her many misadventures navigating in early adulthood.

Blackwood moved to San Diego six months ago with her boyfriend Alex and her partially blind cat Cheeks. She’s excited for the opportunity to cover La Jolla and uncover all the stories it has to tell.

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FROM MY GARDEN – Getting your garden ready for spring

By LINDA MARRONE | LA JOLLA VILLAGE NEWS

Since we usually get good rainfall during January and February, now is the time to take steps to prepare your soil and begin planting your garden for both winter color and the warmer days of spring ahead.

I like to amend my soil with organic blood meal, bone meal and earthworm castings and I also lay down a layer of mulch to prevent weeds from overtaking the garden beds.

Roses
During the cooler weather months, plant bare root roses in your garden. Prune all existing rose bushes and spray them with a dormant spray. Dormant spray will help to keep pests away in the future. About a week after pruning, begin feeding each bush with about 1/4 cup of organic fertilizer, such as Doctor Earth’s Rose and Flower Fertilizer. I like to begin with Aida Perry Mix, which can be found at Walter Anderson’s Nursery and then two weeks later, use the rose and flower food.

Early Spring Bulbs
Plant freesia, gladiolas, Dutch Iris and ranunculus for late winter and early spring color. These bulbs will naturalize in your garden over the years and do not need a really cold climate like tulips. Tulip bulbs need to be refrigerated for about six weeks before planting.

Shrubs and Trees
Since camellias are in bloom during the winter months, now is the perfect time to choose the types of flowers and colors you want without relying on tags. Camellias are dormant when in bloom, so do not fertilize them during their blooming cycle. Plant azaleas, as well as apricot, peach, apple and pear trees, during the cool months. Begin feeding citrus and avocado trees in February.

Wildflower Seeds
January is not too late to plant wildflower seeds. Most wildflower seed mixes have seeds that can be sowed directly onto the bare ground. If possible, plant them just before a rainy day and keep the seeds watered until they germinate and take hold. Most mixes have flowers that bloom from early spring through most of the summer months and they will comeback year after year.

Native Plants
In anticipation of January rains you should plant native plants such as salvia, sugar bush, yarrow, manzanita, milk weed and ornamental grasses and watch the hummingbirds and butterflies flock to them.

Veggies & Herbs
More cool weather-loving plants include edibles, such as; arugula, lettuce, spinach, cabbage, kale, Swiss chard, cauliflower and broccoli. Plant strawberries now and let them establish before the warmer months. Cool weather herbs include; Sage, thyme, rosemary, parsley and oregano.

Happy gardening in 2019!

I prepare my flower beds for spring now. Edged with a border of daisy, my typical spring garden includes; foxgloves, nasturtium, delphinium, penstemon and roses.

LINDA MARRONE / VILLAGE NEWS
La Jolla gallery owner pleads not guilty to illegally selling ivory

By Neal Putnam | La Jolla Village News

The owner of the Carlton Gallery in La Jolla and a salesman have pleaded not guilty to selling ivory products from elephants and rhinoceros horns.

The attorney for the gallery, owner Victor Cohen, 64, and salesman Sheldon Kupersmith, 75, entered the not guilty pleas for both men in San Diego Superior Court on Jan. 3. Because all the charges are misdemeanors, they were not required to appear in person.

The arraignment follows a sting operation in which officers from the California Department of Fish and wildlife purchased ivory products at the gallery, located at 1144 Prospect St. The investigation began in May, 2017, when wildlife officers noticed two art-deco sculptures that appeared to be ivory in the store's display window.

Officers went into the store at different times and noticed items that appeared to contain ivory. They purchased ivory sculptures on May 1, 2018, and later seized 146 items from the gallery.

State Senator Toni Atkins wrote a bill that banned the sale of most ivory in the state and it took effect on July 1, 2016. Atkins joined City Attorney Mara Elliott at a press conference announcing the charges against the two men and Carlton Gallery on Nov. 28 at the San Diego Zoo.

A settlement offer has been presented to the defense attorney and it is good until Feb. 5. When future court dates will be set, said Hilary Nomick, the director of communications for Elliott, on Jan. 4. The terms of the proposed settlement have not been disclosed.
David, Jensen and Cynder would like to wish you A Very Happy New Year • Welcome 2019!

Go Bears! Go Rams!

David 858 • 353 • 5300
www.DavidKnocksLaJolla.com