La Jolla raising funds for Fourth of July fireworks

By DAVE SCHWAB

Pauased last year due to COVID, a drive is underway to revive annual Independence Day fireworks at La Jolla Cove, a community tradition since 1985.

“We were actually set to do the fireworks a year ago, had already put a deposit down on our contract (to host) – then the pandemic hit,” said Deborah Marengo, who has spearheaded implementing the summer display since its founder, La Jolla restaurateur George Hauer, stepped away from organizing the event several years ago.

“We decided to bring it back with everyone getting vaccinated,” said Marengo. “So we’ve put together again our Independence Day Committee, and we’re ready to start taking donations for this year’s show.”

The announcement of resuming fireworks in the Jewel comes at a time when other annual coastal summer events, Fourth of July fireworks on OB Pier and the Point Loma Summer Concert Series, have both announced continuing pandemic restrictions are requiring the cancellation of those events for a second consecutive year, postponing them until 2022.

For its first quarter-century, the annual La Jolla Cove fireworks display, started by La Jolla restaurateur Hauer in 1985, went almost without a hitch. Then came legal challenges more than a decade ago alleging environmental damage to the ocean from La Jolla’s annual coastal, one-day pyrotechnic display. Those challenges were ultimately settled after years of debate.

After Hauer stepped back relinquishing control of the Cove event, it was saved by the formation of a grassroots group known as La Jolla Community Fireworks Foundation. Helmed by Deborah Marengo, La Jolla Community Fireworks Foundation had struggled ever since to raise the continually rising cost of staging fireworks annually at the picturesque Cove overlooking the ocean.

“We decided to bring it back with everyone getting vaccinated.”

– DEBORAH MARENGO, LA JOLLA COMMUNITY FIREWORKS FOUNDATION

See FOURTH, Page 9
Great opportunity to own in north La Jolla! This corner unit townhome offers an oversized one car attached garage, spacious one car attached garage, with large laundry room. Amazing location! Call for details or to schedule an appointment to view this home.

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**EARTHQUAKE PREPAREDNESS**

April is Earthquake Preparedness Month in California, and the County of San Diego’s Office of Emergency Services is reminding residents to “not get caught off guard” and have a plan for how to protect themselves in the event of an earthquake. San Diego County is home to three major active faults: the Rose Canyon Fault (which runs along the coast, through downtown, Old Town, and La Jolla), and the San Jacinto and Elsinore faults, which run through the northern and eastern areas of the county. Coastal areas are also at risk for tsunamis.

The County’s Office of Emergency Services will launch earthquake early warning technology, ShakeReadySD, powered by ShakeAlert, in the SD Emergency app this July. When enabled, ShakeReadySD is designed to alert iPhone and Android users seconds before a magnitude 4.5 or higher earthquake with moderate to strong shaking is expected in your area. In the meantime, residents can download the state’s no-cost MyShake App to their iPhone and Android.

**TEMPORARY OUTDOOR BUSINESS GRANT**

La Jolla Village Merchants Association notes assistance is available for small businesses with adapting operations amid COVID-19. The City of San Diego is offering grants up to $5,000 to businesses constructing outdoor decks and platforms compliant with the Americans With Disabilities Act. As much as an additional $2,000, up to a maximum grant of $7,000, will be available for businesses in low- and moderate-income areas, or those owned by a sole proprietor or majority group who meets federal low- and moderate-income requirements. Grants may be awarded in advance of construction, with LJVMMA businesses and low-income majority owners receiving expedited, priority processing. Click here to go to the grant application.

**LJ HISTORICAL DIRECTOR RETIRING**

Heath Fox, executive director of the La Jolla Historical Society, has announced he will retire this fall capping a decade-long career as a museum director and an arts and culture professional. Under Fox’s stewardship the historical society’s annual budget doubled from $600,000 in 2012 to $1.25 million eight years later in 2020. Growth was spurred by donations, grants, membership dues and two annual signature springtime community events — La Jolla Concours D’Elegance classic car show and the Secret Garden Tour.

**TROLLEY MILESTONE**

Elected officials and the Chancellor of UC San Diego joined the San Diego Association of Governments, the region’s transportation planning agency, as well as Caltrans leadership recently to celebrate significant milestones for the Mid-Cost Trolley project at the future UC San Diego Health La Jolla Trolley Station, including the realignment of Campus Point Drive. The Mid-Cost Trolley project will extend UC San Diego Blue Line Trolley service by 11 miles and includes two new stations on the UC San Diego campus. The UC San Diego Health La Jolla Trolley Station will provide direct transit access to nearby medical facilities, schools, and employment centers.

**VACCINE SITES ACCEPTING WALK-UPS**

All County-hosted COVID-19 vaccine sites are open for walk-up, no-appointment-required vaccinations.

READ MORE ONLINE AT sdnnews.com

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Location, privacy, provenance and view abound in this family home that sits on 1/2 acre in the prestigious tree lined Olde Mounds neighborhood of La Jolla Designed by Pasadena architect David Kikuchi and San Diego landscape architect Joseph Yamada the home is a mid century wonder of wood and glass, a showcase of living in harmony with nature.

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<th>Location</th>
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<td><strong>LA JOLLA Country Club</strong></td>
<td>Breathtaking northshore &amp; ocean views. Seller may carry 1st Trust Deed at 2% interest only, call for info.</td>
<td>$5,500,000</td>
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<td><strong>LA JOLLA Beach &amp; Barber Tract</strong></td>
<td>4 lots from the ocean on cul-de-sac w/ pedestrian access to beach</td>
<td>$6,495,000</td>
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<tr>
<td><strong>LA JOLLA WindanSea</strong></td>
<td>Rare! Three detached units on one lot. Panoramic Ocean Views and generous decking for outdoor enjoyment</td>
<td>$2,850,000</td>
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<tr>
<td><strong>LA JOLLA Bird Rock</strong></td>
<td>Panoramic Ocean Views and generous decking for outdoor enjoyment</td>
<td>$1,750,000</td>
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<tr>
<td><strong>LA JOLLA Country Club</strong></td>
<td>Enjoy infinity pool &amp; panoramic ocean views. Exquisite hillside estate with dual masters and guest quarters</td>
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<td>Ocean Front Retreat Where the Ocean is your backyard neighbor!</td>
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<td><strong>SAN DIEGO Bayho</strong></td>
<td>180° Bay &amp; Ocean Views. Setting the New Contemporary style: the Soho Loft blended with easy breezy Cali fun</td>
<td>$3,998,000</td>
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<td><strong>LA JOLLA Beach &amp; Barber Tract</strong></td>
<td>just 4 lots from the ocean on cul-de-sac w/ pedestrian access to beach</td>
<td>$6,495,000</td>
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**LA JOLLA Bird Rock**
- builder’s choice SW corner unit + 2 studios for guests
- Panoramic Ocean Views and generous decking for outdoor enjoyment
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Big Table helps restaurant and hospitality workers in crisis

Big Table, which aids restaurant and hospitality workers in crisis, was busy in 2020 helping several more distressed workers than it did in 2019.

“We helped 67 individuals in 2019 and 707 in 2020,” said Jesse Vigil, city director for Big Table, a nonprofit founded in 2009 in Washington state, which expanded to Pacific Beach in early 2019. “Last year was just brutal for the hospitality and restaurant industries for those who were unemployed, and now Paycheck Protection Program (PPP) loans are about done or going away very soon.”

“As federal, state, and local COVID-19 contaminant measures prioritized closing restaurants, bars, and other hospitality businesses, Big Table found itself on the front line of the health and economic crisis.

“The magnitude of the task the nonprofit faces this year in continuing to help the COVID-ravaged hospitality workplace is reflected in the sheer numbers of those employed in that economic sector. San Diego is home to more than 7,000 restaurants and 500 hotels with roughly 186,000 employed in the industry. The average cost of living for a single San Diego parent with one child is $55,000. The average industry pay for a full-time employee is $28,849. Big Table intervenes on behalf of hardworking individuals in hospitality whenever they experience a temporary setback to offer support, encouragement, and hope.

“Our services are provided through timely interventions, intentional relationships, and transformational care,” noted Vigil. “And in 2020, everyone was in crisis who was out of work, had delays in getting their unemployment benefits, or who had no safety net because they didn’t have a whole lot of savings. We really went into triage-care mode.

“At such times, Big Table helps those in crisis by doing things like helping them pay their rent and their utilities, or by giving them gift cards to local grocery stores,” continued Vigil. “Last year our focus was on helping them with housing sustainability and food security in the midst of the pandemic.

“Big Table works off a referral rather than a hotline model, noted Vigil. “We help people through emotional or financial rough times with whatever they need, including dental care and substance abuse treatment,” he said. “We provide people with whatever resources they are in need of. Big Table relies almost exclusively on donations, both corporate and private, to support its mission, said Vigil, who added working for the nonprofit has been gratifying.

“It’s rewarding,” he said. “It’s not about me. It’s about us. We’re just all about making people feel loved, known, and cared for. With our donors and partners, we’re blessed to be able to help individuals, with no strings attached.”

Concluded Vigil of the services Big Table provides: “The need will always be there.

Our hope is that we can catch individuals before they fall, really provide them with budgetary resources, create a way for them to not be in such a rough situation if this were to ever happen to them again.”

La Jolla staple Mandarin House close to reopening


The 44-year-old Mandarin House was originally planned to reopen following repairs and a remodel by the December 2019 year-end holidays, which was then extended to early 2020. The opening was delayed yet again following the pandemic, which struck in mid-March 2020.

Previously, Steve Strauss, a partner with Cooley LLP law firm and a general partner of property owners Mandarin Partners, noted: “Our family has owned the property forever. It was my grandfather’s grocery store in the ‘30s. My grandfather owned it, my dad owned it and now me.” Strauss noted Nelson Law is the restaurant’s owner and opera-
tor. “His father was the original tenant, John Law,” he said.

Mandarin House has also been well known over the years for owner Nelson Law’s family celebrating the Chinese New Year there every year with a massive feast and the traditional Lion Dance.

“It was super lively back then,” Law recalled. “Lots of people. My dad started one of the early Chinese restaurants, so a lot of people who came to San Diego worked at the Mandarin House.”

Law’s late father, Tat “John” Law, and his partner, Wai “Bill” Man, worked their way up from dishwashers and delivery boys to head chefs in Hong Kong before relocating to the United States.

The Mandarin House in La Jolla opened April 21, 1977 by Law and Man. Both men have since died of cancer.

“That’s why Mandarin House donates all proceeds from their annual Chinese New Year parties to The Cancer Research Institute.
Kitten season pounces upon San Diego this spring

By DAVE SCHWAB

Springtime brings with it a busy kitten season for the San Diego Humane Society. “As the days get longer and it gets lighter, that triggers animals to go into their breeding cycles,” said Humane Society nursery and love they need to thrive.” Tara Boornazian, who has a passion for both kitties and Champagne. She has found a novel soft spot for kitties and champagne. She has found a novel way of combining her passion for both into creating a memorable, one-of-a-kind experience for guests.

“We are doing our kitten nursery was the first of its kind in the country, providing around-the-clock care. Before the 24-hour Kitten Nursery was established in 2009, many orphaned kittens were in danger of euthanasia because of a lack of resources required to care for them. But today, these fragile kittens have the chance to grow, thrive, and be adopted.

And given San Diego’s year-round mild weather. Noble noted that “we actually have two peaks in our kitten season.” She added the first peak is the end of April extending into May. “Then we’ll have a second peak usually around August and September when the second litters of the year are being born.”

READ MORE ONLINE AT sdnnews.com

KITTEN CARE

- Place the kitten on a heating pad or wrap them snugly in a warm towel until their temperature stabilizes. Always make sure there is a blanket or towel between the kitten and the heat source to prevent them from being burned.

- For kittens, less than 4.5 weeks, set up a cage or crate with a heating pad or disc on the bottom ensuring half the area has heat and the other half does not. Place a towel or blanket over the heat source. A soft fleece baby blanket works best.

- Cover the cage in front of the crate with a towel to keep the area draft free.

- Any formula designed for kittens will be suitable for orphaned kittens but no cow’s milk. Once prepared the kitten formula must be refrigerated if not used right away. It must be discarded after 24 hours or else it will spoil and cause kittens to get diarrhea.

- Formula is made with 1 part formula to 2 parts warm water.

- Kittens less than 2 weeks of age should eat every 3-4 hours.

- Kittens 2-4 weeks should eat every 4-5 hours. They should not be woken up overnight to feed if they are sleeping.

- Kittens should eat approximately 30 ml of formula for every 100g they weigh. This should be spread over a 24-hour period.

- Kittens that are weak and not eating enough may need to be fed more frequently. These kittens may also need supportive fluids and dextrose.

- The formula should be warmed before feeding. It should be warm, not hot, and around 100 degrees. You should warm the bottle by placing it in hot water or a microwave can be used. Mix the formula well and test the temperature before feeding.

- Positioning is very important. Laying kittens on their backs while feeding may cause aspiration which is when kittens inhale formula into their respiratory tract rather than swallowing. Aspiration can lead to pneumonia which is often fatal in young kittens. To prevent aspiration, feed the kitten flat on their belly.

- If they refuse to take to the nipple or a 45-degree angle.

- If they refuse to take to the nipple or suckle, try rubbing the kittens’ cheeks or cupping their faces. This often encourages them to latch. If you have multiple kittens you can feed them together to encourage sibling competition for the nipple.

- Using a toothbrush to “groom” the kitten helps them to relax because the roughness feels like a mama cat’s tongue.
Chateau La Jolla

Chateau La Jolla sits on a two-acre estate, 1/2 block from the ocean. Every aspect has been specially designed for comfort and convenience. Our unique layout ensures that everything is always within easy reach.

We have specialized in serving the 55 plus population for over 40 years. Our apartments are designed with you in mind. Our staff is here to ensure you have time to enjoy what the Chateau, the Village of La Jolla, and the beautiful coastline have to offer.

You can relax by the fireplace, read a book or tickle the ivories in our beautiful salon lounge, entertain guests in the dining room, or take a walk to the charming restaurants, markets, museums, and galleries, just a few blocks away.

Harmony Home Medical

Harmony Home Medical is San Diego’s #1 rated medical supply store, as well as the closest store to La Jolla. Conveniently located in Kearny Mesa, Harmony Home Medical’s showroom carries everything from gowns to grab bars, walkers to custom power wheelchairs. We are a full-service Aging-In-Place Superstore. We believe in educating our clients on their options and showing them what is possible. That is why we have two fully functioning stairlifts you can ride, right in the showroom! We stock all sorts of mobility devices to try like lift chairs and scooters, and we even have a roll-in shower installed to showcase how beautiful accessible bathrooms can be! We sell and install all medical devices, as well as have a home modifications contractor that can help you remodel your spaces for life! Call today to have a trusted and reliable partner in your independence. We offer free In-Home Evaluations and Quotes, and provide all follow-up service and repairs with our factory-trained technicians. Harmony Home Medical has been the local resource for all things aging since 2008 and we plan to be so for decades to come. Let us help you age-in-place!
Casa de Mañana

Overlooking the sparkling Pacific Ocean and steps away from La Jolla Cove, Casa de Mañana is truly a one-of-a-kind retirement experience. Enjoy resort-style amenities like oceanfront dining, scheduled transportation, fitness center, art studio, 24-hour wellness center, assisted living services and more. Casa offers a variety of cultural and recreational opportunities, educational classes and special events. Relax in the warm saltwater pool and spa or shop or dine in the nearby La Jolla Village shops and restaurants. At Casa de Mañana we take care of the housekeeping, maintenance and dining services. Casa’s friendly and attentive staff takes care of daily tasks so you can concentrate on living well and pursuing your passions. All this for one inclusive monthly fee. No entrance fees required! Learn why Casa de Mañana has been voted La Jolla’s best retirement community multiple times. Contact us at 800.959.7010 or casademana.org.

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) wanted to develop better Assisted Living Care Homes and Services for seniors at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area), La Mesa, Del Cerro. See us today before making your final choice. Make the Right Choice Today.

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For information on our monthly Senior Living Page, call Mike Fahey: 858-337-8546
Mesa College students design uniforms at Fashion Redux 2021

San Diego Mesa College and San Diego History Center collaborated for the 10th Fashion Redux 2021 on April 16. This year they presented a virtual event featuring the top four designs from the draping class at Mesa College.

Doing it Better

By Natasha Josefowitz, Ph.D.

One day in 1992, I received a phone call from a man who was representing Norwegian Cruise Lines after he had seen me on television. He said one of their ships was about to sail from Miami for a trip around South America; he invited me to be a lecturer on the cruise. The position was unpaid, but the offer included a lecturer on the cruise ship, albeit a stationary one. The community is similar to living on a cruise ship in many ways life in this retirement community is similar to living on a cruise ship.

Herman thought it was an interesting opportunity to pursue. He had served in the Navy as a lieutenant junior grade on a destroyer and liked the idea of a sea voyage. I called the cruise line representative back. There were several sailings to choose from, so we decided to take a semester off and go for it. There was a world cruise, but it sounded a bit far-fetched — leaving in January and returning in April… three and a half months away! Should we first try a shorter trip? However, shorter trips only had port lecturers since the ships docked somewhere every day or so. The only ones using “enrichment lecturers” (the official title) had long stretches of days at sea as they crossed oceans. So Herman and I signed up for a world cruise leaving in January 1993. I was both excited and anxious. Most of the ports of call were new to me. The MS Sagafjord was a large ship, like a small city. Our cabin had a balcony; this was the height of luxury. I had to give a lecture every day we were at sea. Anyone who could afford to take three months off is usually retired — indeed, the passengers were a mostly geriatric crowd — so my topics were not about work issues, but rather life after retirement. Some of my favorite topics included: love secrets for a long life; working on deck; and difficult choices (such as broccoli vs. chocolate). One of my more popular lectures was what I called “Living with Your Children Who Are Not Raising Their Children the Way They Were Raised.” I would get up on stage and say that my lecture could be summed up in two words: “Shut Up.” Of course, I continued to talk about the pros of cons of giving advice to adult children. I used some of my poems to illustrate my talks. It was fun!

The Freeman family — the largest — the QE2 — to our travels was that I have traveled from the pyramids of Egypt to the pyramids of the Nile in Egypt, from the wilds of Borneo to the wilds of New Guinea, from riding an elephant in Thailand to riding a camel in Africa. Between 1993 and 2002, we enjoyed cruising every year on many different ships, from the pyramids of Egypt to the pyramids of the Nile in Egypt, from the wilds of Borneo to the wilds of New Guinea, from riding an elephant in Thailand to riding a camel in Africa. Between 1993 and 2002, we enjoyed cruising every year on many different ships, from the largest — the QE2 — to our favorite, the smaller, more intimate Seabourn ship line. Many retired people have skills that can be used on cruise ships to entertain and enrich world cruise passengers; authors are especially sought. I highly recommend my readers submit their resumes to cruise line headquarters and hopefully start traveling the world.

What I have learned from all these travels is that my view of the world and my value system and beliefs are not the only valid ones. I became less arrogant about the correctness of my perspective; it just happens to fit my time and place. As I sit on the balcony of my apartment with the ocean below me, I feel that in many ways life in this retirement community is similar to living on a cruise ship, albeit a stationary one.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2021. Natasha Josefowitz. All rights reserved.
NEW City report looks at water quality issues in local watersheds

The City of San Diego’s Public Utilities Department has completed the 2020 Watershed Sanitary Survey, which evaluates any potential water quality issues at the source and will be used as a basis for future watershed management and planning efforts. A watershed is an area of land that drains water into a specific body of water. Everything that is on the land, whether a natural feature or a human activity, is part of the watershed.

Issued every five years, the report identifies actual or potential causes of local source water contamination that might adversely affect the quality and treatability of water used by the City. The City’s tap water meets all state and federal drinking water health standards, which are the primary standards for treating and monitoring water.

“Development and other activities in our watersheds can have a profound influence on the quality of our water,” said Shauna Lorance, director of the City’s Public Utilities Department.

For more information about the event, or on how to donate to it, email dmarengo@me.com.

END OF GUEST COLUMN

New City report looks at water quality issues in local watersheds

FOURTH CONT. FROM PG. 1

Enter La Jolla Village Merchants Association, the community’s business improvement district. La Jolla Village Merchants Association took over the fireworks extravaganza in 2015 and collaborated with Marengo to keep the event going.

But the formidable task of fundraising for fireworks each year finally became so overwhelming, that the event was discontinued indefinitely in 2018. Then, there appeared to be no clear path ahead seen to resuming hosting future pyrotechnics.

But Marengo believes there’s a public will now to bring the summertime classic back.

“People have been approaching me and saying, ‘We’d be happy to help you fundraise: Let’s bring this thing back. We’re ready to do that. And we’re all very excited to get this opportunity to put it on.’”

“The governor has said restrictions and the color-coded tier zones will be ending by June 15,” continued Marengo. “We’re hoping that by that time all of our restaurants and hotels will be open at 100 percent capacity, you see, that we’ll be having the fireworks display. It will be a way for them to say, ‘We’re open and we’re back.’”

More than just an event, the fireworks organizer said the Fourth of July fireworks at The Cove is woven into the community’s cultural fabric.

“It’s been a part of the Village, and this community, not just as a signature event for so many years, but it’s a tradition for us,” Marengo concluded. “It was really sad to have had to stop at any point. But people really need to understand that it does take a village to put this show on.”

The foundation’s website, ljfireworks.com, is under reconstruction and will resume operating soon with updated news about July 4. For more information about the event, or on how to donate to it, email dmarengo@me.com.

Read more online at sdnews.com
SENIORS NURTURE NATURE
For more than a year, Carol Studebaker, Ken King, and about a dozen residents at White Sands La Jolla have embraced environmental stewardship at their waterfront senior living community through the resident-led Green Committee. Inspired by former Mayor Kevin Faulconer’s pledge in early 2020 to support the devastated monarch butterfly population, the committee purchased milkweed plants for residents to nurture on their patios. They’ve since released three hatches, or about 16 of the iconic black-and-orange butterflies.

“During COVID-19, it was a real spirit lifter,” said King, who has served as a docent at nearby Torrey Pines State Reserve for almost 20 years. “It’s a piece of nature to watch; we get a beautiful butterfly as a result and help address the bigger picture of continuation of a species.”

It isn’t just the monarchs committee members are dedicated to. They recently introduced an eyeglass/hearing aid recycling program sponsored by the Lions Club; replaced takeout containers in dining services with a biodegradable, corn-based option; provide tips to residents on proper recycling; and are researching how residents can properly and safely dispose of prescriptions and over-the-counter drugs that are no longer needed.

SCRIPPS PIER OSPREY CAM
A new Osprey Cam is now live-streaming from the pier at Scripps Institution of Oceanography at UC San Diego. Bird lovers or anyone looking for a dose of nature can get an up-close view of resident ospreys and their current nesting activities through the link scripps.ucsd.edu/piercam. Ospreys are large birds of prey that can be found patrolling shorelines and bodies of water, including the waters off San Diego. The custom nesting platform was installed on the Ellen Browning Scripps Memorial Pier in late 2018 thanks to support from environmentalists Bev Grant and Art Cooley, who wanted to give the birds a safe place to breed. Currently, the birds appear to be nesting and eggs have been spotted.

CONSTRUCTION MORATORIUM
The City of San Diego Annual Beach Area Construction Restriction limits non-emergency construction work during the summer period, minimizing impacts on beach area businesses and residents. The summer period is considered to extend from Memorial Day to Labor Day. The restriction affects travel lanes, parking lanes, and pedestrian walkways on streets adjacent to beach areas where merchants could be adversely affected by construction activities and significant roadways entering/exiting the beach areas. The periods of most critical concern are Memorial Day (May 31), Independence Day (July 4) and Labor Day (Sept. 6). Thus, the City is requesting that no construction activities be scheduled on the days preceding and immediately following these holiday periods. Visit sandiego.gov/dsd-email to sign up to get the latest news and updates straight from DSD.

BRIEFS
A monarch butterfly at White Sands.

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- Power Washing
- Sanitize Your Outdoor Living Area

LEGALS

FITTOCUS BUSINESS NAME STATEMENT FIL # C-10128, GOODWYN BUSINESS SERVICES, INC. at 4002 W 32ND ST., SAN DIEGO, CA 92103 is hereby submitted in the following county of San Diego in the state of California as a California Limited Liability Company. The first day of business was 09/16/2020. A California Limited Liability Company (the "Company") is a form of business organization that provides limited liability to its owners ("Members") and is taxed as a partnership for federal income tax purposes. The name of the Company is as follows: GOODWYN BUSINESS SERVICES, INC. The statement was filed with the Secretary of State in accordance with Section 17700 of the Business and Professions Code of the State of California.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: CASE NO. 201-010691-06-CL CT. SUPERIOR COURT OF THE COUNTY OF SAN DIEGO, CA. (REG# 19992405-06-CL CT). Petitioner: 11534 COASTAL TERRACE DR., SAN DIEGO, CA 92103. BRANCH NAME: NAME OF PETITIONER. Petitioner's name: ROBERT GOODWYN. The purpose for the change of name is: To incorporate a Limited Liability Company (LLC) in the State of California. On the date hereof, Petitioner was in good standing in the County of San Diego, State of California. Pursuant to California Filings 2021-0000481, the Publication Dates were 02/26/21 and 03/26/21. Publication Paper: Legal."
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**Contact David Mannins at (858) 750-5631 or david@mcdnn.com**

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17. Qualities of being religious **12. lie to, vector, vector.**
18. lie to, vector, vector. **12. lie to, vector, vector.**
19. lie to, vector, vector. **12. lie to, vector, vector.**
20. lie to, vector, vector. **12. lie to, vector, vector.**

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**CLEUS DOWN**

1. Beautiful **12. lie to, vector, vector.**
2. Polynesia island country **12. lie to, vector, vector.**
3. Send of the sly fowl **12. lie to, vector, vector.**
4. Self-governing Netherlands territory **12. lie to, vector, vector.**
5. Star of woman’s star **12. lie to, vector, vector.**
6. Tailless amphibians **12. lie to, vector, vector.**
7. Charge passengers must pay **12. lie to, vector, vector.**
8. Sound asleep **12. lie to, vector, vector.**
9. Known for sure **12. lie to, vector, vector.**
10. Title of respect **12. lie to, vector, vector.**
11. Booked in the front seat **12. lie to, vector, vector.**
12. Filled with unprocessed sugar **12. lie to, vector, vector.**
13. Seat of (abbr.) **12. lie to, vector, vector.**
14. Gathering place **12. lie to, vector, vector.**
15. Informal alliances **12. lie to, vector, vector.**
16. Cry of joy **12. lie to, vector, vector.**
17. Emboss evening **12. lie to, vector, vector.**
18. Mother or father **12. lie to, vector, vector.**
19. Peter's last name **12. lie to, vector, vector.**
20. Musical instrument with an open mouth **12. lie to, vector, vector.**
21. Filled with unprocessed sugar **12. lie to, vector, vector.**
22. Filled with unprocessed sugar **12. lie to, vector, vector.**
23. Filled with unprocessed sugar **12. lie to, vector, vector.**
24. Filled with unprocessed sugar **12. lie to, vector, vector.**
25. Filled with unprocessed sugar **12. lie to, vector, vector.**

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**FACEDOFF**

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**4645 Cass St. (Corner of Emberal)**

**Suite 105: Approx. 450 SF open floor plan, double front glass doors - great retail space, ground floor.** Bright, stylish and coffee counter with sink, reserved parking for 2 vehicles $1,575/month; non-NNN.

**Very desirable high-traffic location. SE corner of Emberal & Cass St., across from PB Post Office, very secure, private and bright.**

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Finding a great home in this market isn’t easy, and building your dream home can feel like a daunting effort. We are excited to offer one of the most user-friendly custom home experiences available. Just west of Kate Sessions Park in North Pacific Beach is a brand new street, where fourteen extra-large lots with exceptional features are currently being sold off to individual owners. We have FOUR left.

- **3802 Crown Point Dr., Pacific Beach**
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- Beautiful upgraded end unit Townhome located just steps to the bay. This is ultimate beach living at its finest. Enjoy high ceilings, multiple covered balconies with additional storage, fireplace and breathtaking views of Mission Bay, Downtown and nearby Sea World fireworks. Kitchen features a large bay window, granite countertops, stainless steel appliances and stone wall peninsula with seating. Dual master suites remodeled with stone tile walls and shower glass doors. 1-car secured parking space.

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The Results:
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\section*{CURRENT COASTAL LISTINGS}

\textbf{JUST SOLD}

\begin{itemize}
\item 4917 BAYARD | North PB
\item Record-Breaking Price: \textbf{$1,140,000}
\end{itemize}

\section*{IN ESCROW}

\begin{itemize}
\item 725 DOVER CT | Mission Beach
\item 725DoverCourt.com | \textbf{$3,195,000}
\end{itemize}

\section*{COMING SOON}

\begin{itemize}
\item 7185 CALABRIA CT | UTC
\item Multiple Offers | \textbf{$990,000}
\item 1235 PARKER PL 3L | Sail Bay
\item Bayfront w/ Views | \textbf{$1,395,000}
\end{itemize}

\section*{MISSION BAY PITCHER THROWS NO-HITTER}

The Mission Bay High pitcher Christopher Weidman threw a no-hitter in a 1-0 win over West Hills High at the GMC Baseball Tournament in April. In a close game, where the tying run was thrown out at home plate, Weidman used 65 pitches in 7 innings to dominate the West Hills’ batters. Weidman now joins Padres pitcher Joe Musgrove in San Diego’s no-hitter club this season.

PHOTO BY PHIL JORDAN
La Jollan and former teacher Nicole Rawson had to wean one of her school-age children from abusing his leisure computer screen time, which has led to her really having screen-dependency problems. It’s affecting them in school. Kindergartners can’t pay attention in class. There are also cyber-safety issues arising from young children being allowed access to the internet without limitations. So I wrote a children’s book as a way of reaching a younger audience and their parents.

Of her book, Rawson said: “It’s written in gender-neutral terms so that children can relate to the main character Sam, and the addictive nature of computer screens. They follow Sam on a journey from being a screen-obsessed youngster to being a confident, screen-smart teen.”

Rawson added her book teaches parents “proven methods for preventing screen-dependency problems.”

And Rawson has practical experience with the issue. Having broken one of her two sons’ computer obsession. “He’s chosen to take flying lessons that lead to a lifelong passion after leisure screen time was removed at age 14 for 60 days, and severely restricted thereafter, as recommended by therapists and pediatricians when behavior and grade problems arose from his overuse or gaming addictions,” she said. “That never would have happened without taking screens away from him.”

To fund the publishing of her new book, Rawson has done an online Kickstarter program that has raised nearly $4,000 in about a month.

“T’ve done Kickstarter to bring my book to market and to garner donations of books to schools,” Rawson said. “It hasn’t been published yet but we do have a publisher. It’s (book’s) been gaining feedback from schools too.”

New York-based Kickstarter is a public benefit corporation whose stated mission is to “help bring creative projects to life.” As of December 2019, Kickstarter had received more than $4.6 billion in pledges from 17.2 million backers to fund 445,000 projects. Those projects have included films, music, stage shows, comics, journalism, video games, technology, food, and publishing.

A single mom with two teenage boys, Rawson is enjoying her new career endeavor as a mentor and coach. “As a teacher, I wanted to help other people having a hard time with their own kids,” she said. “I wanted to help them find resources on how they can limit leisure screen time.”

Digital wellness advocate writes book on reducing ‘screen time’