School board approves lights for PLHS stadium

By DAVE SCHWAB | The Beacon

Friday Night Lights at Point Loma High School could be one step closer to fruition following San Diego Unified School District Board’s 5-0 vote July 12 in favor of a master-planned, Whole Site Modernization and Athletic Facilities Upgrades Project for the school.

In May, San Diego Unified School District (SDUSD) unanimously endorsed environmental documents for Point Loma High’s long term modernization, which includes controversial stadium lights. Neighbors subsequently filed a lawsuit challenging the lights’ legality. Some insist their installation will negatively impact

SEE LIGHTS, Page 7

Annie Haeger and Point Loma High grad Briana Provancha (right), of U.S. Sailing Team Sperry, are headed to Rio de Janeiro for the Olympics.

Point Loma High grad sails to Rio as an Olympian

SEE STORY ON PAGE 13
Local dad band kicks off Liberty Concert Series with fundraiser for Music4Change

Recreational Music Center, a non-profit community music school located in Arts District Liberty Station, is raising money to bring music education to communities in need at their upcoming Liberty Concert Series.

The concert takes place on Saturday, July 23 at White Box Theater in Liberty Station, 2590 Truxtun Road, Studio 205. Doors open at 6 p.m. with a fundraising happy hour, and live music from 6:45 to 10 p.m.

“Temple of the Dad is proud to be supporting Music4Change. Many of our goals overlap with this worthy organization. Bringing live music to as many people as we can and giving people the opportunity to actually hold and learn an instrument is a self-empowering achievement that will last a lifetime for many,” said guitarist Pete Mechulas.

Temple of the Dad has been entertaining San Diegans for more than eight years, and was originally formed by a group of fathers who saw a need to bring music back to their children’s schools. This group of philanthropic musicians started a rock band and now performs at special events and in some of the best clubs in town including Humphreys in Point Loma and Belly Up in Solana Beach.

Their new award-winning lead singer, Lacy Younger, has toured internationally and shared the stage with artists such as Bon Jovi, Huey Lewis, and Three Dog Night. She joined Temple of the Dad to help raise awareness and funds for San Diego’s youth and other worthy causes.

All proceeds from this concert benefit Music4Change, Recreational Music Center’s division of community outreach. Music4Change transforms and enriches lives through music in non-traditional, underserved venues across San Diego County. At-risk youth in the San Diego County Juvenile Court system, homeless shelters, and retirement homes are just some of the many groups that benefit from this program.

RMC provided 884 hours of free services to people in need and $5,700 in reduced-cost music lessons to low-income students in 2015. New endeavors are under way for 2016, including free music programs for schools in low-income neighborhoods.

Tickets are $10 each and are available at the door.
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Courtesy of Dennis DeSouza, Remax Lic. 01220680

IDW Publishing ready for Comic-Con

Comic-Con is in San Diego this week and award-winning comic book publisher IDW Publishing, which is based in Liberty Station and owns and operates the San Diego Comic Art Gallery there, is an enthusiastic participant at the annual event.

“We have a very large booth at the Comic-Con,” said Ted Adams, IDW’s CEO/publisher. “This is our 17th year in business, and 12 of those years we’ve attended the event.”

Comic-Con is an unparalleled opportunity to reach out to comic fans young and old and teach them something about the process by which comics are made and distributed, noted Adams.

“One of the big things that is fun about this show is we’re able to bring in comic creators to meet with their fans and sign books,” he said, noting this year IDW will have a living legend, Congressman John Lewis, at its booth signing autographs.

A legislator for Georgia’s 5th Congressional District, Lewis is the only living member of the original Big Six leaders of the U.S. Civil Rights movement. Lewis has a trio of books about his ‘60s experiences, including Civil Rights marches, published by IDW.

Adams noted that Berkeley Breathed, of the comic strip Bloom County, as well as Kevin Eastman, Teenage Mutant Ninja Turtles’ creator, will be joining IDW’s booth.

‘One of the big things that is fun about this show is we’re able to bring in comic creators to meet with their fans and sign books.’

TED ADAMS
IDW PUBLISHING CEO

Comic-Con serves other purposes for IDW Publishing as well.

“It’s also a chance for us to sell exclusively produced things you can only buy at Comic-Con,” Adams said. “For example, single-edition copies of “Wynonna Earp,” an action-packed TV hit series featuring smoking-hot, bad-ass demon killer Wynonna Earp. It’s really a chance for our fans to meet with our comic creators, and it’s the main reason we go to the show,” said Adams.

Founded in 1999, IDW Publishing sells comic books, graphic novels and trade paperbacks. During the last 15 years, IDW has grown into a fully staffed publishing company, including 50-plus full-time employees and more than 300 freelancers.

Recognized as the No. 4 comic book publisher in the United States, more than 80 IDW titles have appeared on The New York Times Best-Seller list. In 2014 alone, IDW published more than 500 unique comic book titles, and more than 200 unique graphic novels.

Renowned for its diverse catalog of licensed and independent titles, IDW publishes some of the most successful and popular titles in the industry including: Hasbro’s The Transformers, G.I. Joe, My Little Pony and Jem and the Holograms; Paramount/CHS’s Star Trek; Nick- elodeon’s Teenage Mutant Ninja Turtles; Toho’s Godzilla; Twentieth Century Fox’s X-Files; Temple Street Productions’ Orphan Black; Disney comics; Ragnarok from Eisner Award-winner Walter Simonson; and Zombies vs Robots from Chris Ryall and Ashley Wood.

IDW Publishing relocated its headquarters and creative team, as well as opening a groundbreaking new San Diego Comic Art Gallery, to Liberty Station on June 1, 2015. The company’s offices and gallery are located in 18,300 square feet in two renovated former barracks buildings, IDW is now the largest tenant in the Liberty Station Arts District.

Adams noted the comic industry is “bigger, better and with more gender and racial diversity” than ever before.

“Things are really a comic for just about anybody when, for a long time, it was really mostly superheroes,” he said. “Those days are long gone.”

The comic book publisher sees bright days ahead.

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The Inn at Sunset Cliffs remodeled terrace ready for guests and locals

BY LAINIE FRASER | THE BEACON

The Inn at Sunset Cliffs recently completed the remodel of its lower terrace and deck and also has new events for guests and locals throughout summer.

Following high tide damage in December of last year, the Inn at Sunset Cliffs had to redesign its deck and chose to preserve the original character of the resort and community.

“We still want this place to be a hidden gem of the area, which we are proud of and we want locals to be proud of us,” said hotel manager Gavin Fleming.

The deck was designed in coordination with a marine boat company in Shelter Island and looks out over the ocean, and the lower terrace is now fully stocked with lounge chairs, umbrellas and fire pits with new fencing.

With new amenities the Inn at Sunset Cliffs is gearing up for a busy summer season. The summer calendar is expected to be released any day now and will include activities like the movie nights schedule and catering events.

New this summer will be the surprise events on the lower terrace. Throughout the season, restaurants will be holding surprise pop-up events with a full dinner service. These nights will be announced two hours in advance.

Hotel guests are welcome to all events and have access to the amenities free of charge. And this season, the inn will also be welcoming the public.

“We want more locals. We don’t want to hold out on our locals,” Fleming said.

For more information and to reserve your day pass, visit www.innatsunsetcliffs.com.

The Inn at Sunset Cliffs offers yoga classes with a view on its lower terrace.

Splash and Dash Groomerie & Boutique in now open in Point Loma

Splash and Dash Groomerie & Boutique located at 4011 W Point Loma Blvd (next to Baron’s Market) offers dog grooming services, shelves of high quality food, treats, toys, and accessories but what has truly made this company famous is their Unlimited Bath and Brush monthly membership that starts at $39.90/month*.

“We strive to create an unique experience for pets and pet parents by treating them like royally,” said owner, John Neugebauer. “I choose Point Loma because of it’s diversity and close proximity to dog parks and beaches, like OB and Fiesta Island. So far the public’s reception has been great and I am proud to be serving my neighbors and friends”

S&D lives by the philosophy of “Play Dirty, Live Clean” and believes every pet has the right to live a fun, free life as an animal while owners live free from the fear of dirty furniture.

Contact: John Neugebauer
Title: Owner/Operator
Company Name: Splash and Dash Groomerie and Boutique
Contact Phone Number: 858-877-3644
Contact Email: john@sd4d.com
Website URL: pointloma.splashanddashfordogs.com

National Franchise, Splash and Dash Groomerie & Boutique in now open in Point Loma

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A burgeoning San Diego hub for life and culture, ARTS DISTRICT Liberty Station is a unique waterfront destination with 120 galleries, museums, artists, makers, restaurants, luxury cinemas and a public market. ARTS DISTRICT is a place to create, connect, learn, shop, dine, explore and buy local art. From artists and dancers to boutique shops, a historic golf course, seasonal holiday ice rink, and event venues, ARTS DISTRICT abounds with entertainment, annual festivals and innovative cultural and culinary experiences. Located at the former Naval Training Center in Point Loma you’ll find historic Navy architecture, vast parks and plentiful free parking. LibertyStation.com/ARTSDISTRICT

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If you want to know about Point Loma Tea, you need to get to know its owner, Cheryl Grief. Cheryl is a life-long tea enthusiast, ready – since childhood. Some of her earliest memories are of spending time with her Grandmothers in the Midwest having tea parties. Her Mother, as a Minuter’s wife, was well known for her hospitality, welcoming visitors to her home with fresh-baked goodies and tea. Cheryl’s first job as a teenager was assisting the British owner of a Boarding House in Belklowo, CA provide afternoon teas for her guests, serving tea, polishing the silver, and more. As a wolf and mother, she often worked in Church Hospitality, and Women’s Ministries, and helped organize many tea events, from a dozen participants in a home, to kids’ tea and etiquette events, to hundreds of women in hotel ballrooms. In 2000, after a successful career in office administration, Cheryl had the opportunity to “retire” from that career, and follow her passion for tea and hospitality as a full-time career. And that journey over the last dozen years culminated in the opening of Point Loma Tea in October 2012. For Cheryl, it is all about the experience you will have when you explore the awesome specialty teas and related accessories in our store, and in your home, with your family and friends.

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Ruby Charm is a new store located in Liberty Station, right next to Panera. We have a wide selection of shoes, accessories, and gifts!

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We offer a unique selection of gift items ranging from lotions, candles, to cork cages!

Come and see our unique store offering an excellent variety of shoes, accessories, and gifts!
their quality of life inviting more noise, traffic, crime and parking woes. Opponents also expressed concern that building new stadium lights opens the door to commercialization by outside interests of PLHS sports facilities which will benefit the school district, and not students for which the lights are intended.

“We’ve heard nothing new here,” said SDUSD Board president Michael McQuary before the board vote. “The value of the lights outweighs other concerns.”

Board member Kevin Beiser pointed out Hoover High School neighbors had similar concerns several years ago when nighttime lights were installed there. He asked the board attorney if there had been any problems with that field usage agreement and was told, “It is working well with no problems.”

SDUSD Board’s July vote followed an hour-long testimony by more than 30 neighbors of the high school, who pleaded with the district to reconsider its previous approval for PLHS stadium lights.

Addressing the board, PLHS neighbors’ attorney Robert P. Ottilie noted he represented 17 individuals who’ve filed a lawsuit against SDUSD alleging illegal conduct in its handling of the lights issue.

“Point Loma High School used to play under the lights every Friday night,” said Ottilie, in a letter to the board. “You (SDUSD Board) rented the stadium at Mesa College for them. It was the school district that stopped the rentals and made them start playing their games on Friday afternoons.”

“A myth that needs to end is that, for these students to be able to play on Friday night, that they need a stadium on campus. The students and their families need to understand there exists a reasonable alternative to lighting Point Loma High School’s athletic field.”

Nursery owner Walter Anderson testified that Clairemont High School’s Friday Night operations have caused “unreal lights and bleacher stomping.”

Carol Simpson, who lives behind PLHS stadium, said her opposition was not NIMBYism.

“It’s already in my backyard,” Simpson said. “My issue is that this would put glaring lights in my kitchen, living room and bedroom.”

Another neighbor, who works nights, argued enhanced lights and noise from a new sound system would impair her ability to take care of an elderly relation.

Ken Ward asked SDUSD board to “put yourselves in our position where you’ve got a place you’re living in — and all of a sudden it’s changing totally.”

Gary Shaw pointed out the neighborhood is already plagued by excessively loud noise from planes flying into San Diego International Airport.

An acoustical consultant testified that the only way to counter the impacts of noise and lighting would be to “cover the stadium with a dome.”

Richard Leary argued that decibel levels, already high, would have to be “ratcheted up so the crowd could hear over the sound of planes.”

“Even though it didn’t change the vote, it had a dramatic impact,” Ottilie told neighbors after the board hearing. “What you’re starting to do is communicate your message — and its starting to get through.”

Ottilie told neighbors an all-day settlement conference with SDUSD is scheduled for Aug. 1.

“I have encouraged them to come to this as a serious settlement effort, and that we should hire a mediator, a retired judge, to oversee that,” Ottilie said.

Music at dusk in August at Westminster Theatre

On five Mondays in August, symphony-quality entertainment will be offered in the Westminster Huntington Amphitheatre adjacent to the church at 3598 Talbot St.

This is a gift of Westminster Presbyterian Church to the Point Loma community. Bring the family and your friends, a blanket for sitting, a picnic dinner and something to drink while you enjoy delightful music in Westminster Park. Each concert begins at 6:30 and wraps up at 8 p.m. Visit www.westminstersd.org for more information.

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**Lights**

CONTINUED FROM Page 1

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Kona Kai modernizes and redesigns resort

Dr. Lanie Fraser | The Beacon

The historic Kona Kai Resort & Spa on Shelter Island is ready for the busy travel season. Following the multimillion-dollar revitalization, the resort has opened its doors this summer with a 129 new and improved guest rooms, a full-service spa, redesigned lobby, remodeled waterfront restaurant and a variety of other amenities. All construction is completed and all amenities will be available to guests this coming summer season. This is the first season that will feature an entirely renovated and open resort.

Described by account manager Sonia Sparks as a “legend reborn,” the renovations were completed with the intent of preserving the historic character of the resort but modernizing the amenities.

According to creative director Scott Colee, the resort is now more attractive to vacationers than ever before and management is able to build lasting relationships with guests.

“We have everything for the perfect summer vacation without ever having to step foot off the property,” Colee said. “Our team is dedicated to making the guests’ stay in San Diego so memorable and special they return to Kona Kai over and over again.”

The new postpool Tiki Bar will host live music featuring local bands and musicians.

Historically known as the “club of all clubs,” Kona Kai is the only resort in the area with a private beach exclusively for resort guests and club members. All amenities, new and old, will be open to guests and Kona Kai Club members, many of whom have been docking their boats in the Kona Kai Marina for years.

The waterfront Vessel Restaurant has been completely remodeled and is ready to offer food and drink services to guests and club members all summer long.

The new SpaTerre officially opened in December and will experience its first busy summer season in the coming months. SpaTerre offers a full-service spa, makeup artistry, bridal services and a brand new fitness center.

According to Sparks, SpaTerre has the services and Kona Kai has the space for the perfect summer wedding. “It is a haven of relaxation for guests, club members and San Diego locals alike,” Sparks said.

Poolside, the new Tikibar will offer a variety of drinks to transport guests and members to paradise and will also host live music featuring local bands and musicians.

READ MORE ONLINE AT sdnews.com

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Jimmy Lewis Band plays the hits at Mother’s Saloon

Dr. Bart Mendolla | The Beacon

It’s no secret that musicians are a generally restless bunch. So it’s no surprise that many of the area’s best-known performers are currently in several other combos.

What is unusual is for the side project to also become a local club favorite. But perhaps that was inevitable with the Jimmy Lewis Band.

Performing at Mother’s Saloon on July 24, the band comes with a distinguished pedigree. Featuring Superlunordial frontman, singer / guitarist Jimmy Lewis, bassist / singer Chris Torres of Grassy Heat and drummer Jeff Kelley, who has drummed for jazz and soul combos, the trio was not so much formed as it was loosely assembled. The exact start date for the band has been obscured by time.

“This trio formed years ago, we played random gigs here and there. Basically, if one of us was offered a gig but one of our main bands could not do it, the Jimmy Lewis Band would play.” According to Torres, the choice for a name was obvious. “Jimmy Lewis is one of the most talented guitarists in town. It was a no brainer,” he said.

While their other groups focused on originals, here, the situation is reversed. The band excels at favorites by the likes of Jimi Hendrix, Frank Zappa, Humble Pie and The Faces.

“We’re definitely inspired by late 1960s and 1970s rock,” said Kelley. “When we choose a cover song we look at what will work best with the players in the group. We look at the key of the song, the feel of the song, we look for vocal parts to utilize the two voices in the group.”

Crowd favorites at their local Mother’s Saloon gigs include their versions of Fleet’s “Tide ‘O On’ A Pony” and The Band’s “The Weight.”

“OB is filled with music lovers, we love playing there,” Kelley remarked. “We have kept it strictly to Mother’s Saloon. We like the people and the club.”

Though the band was conceived to play cover tunes, the band has begun to branch out into their own music. “We do have seven originals,” Torres said. “The original stuff that we do play is well received by our fans.” The response has been good enough that The Jimmy Lewis Band has headed into the studio.

READ MORE ONLINE AT sdnews.com

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Enjoy the beauty of Old Town

STAGECOACH DAYS: CELEBRATING THE WILD WEST IN SAN DIEGO

-- Free Events Every Saturday in July and August in Old Town --

SAN DIEGO, Calif. — Old Town San Diego State Historic Park is celebrating travel and transportation from the cow to real horsepower during “Stagecoach Days,” kicking off on July 9. Come join in Old Town’s annual fun of the mid-1800s from noon to 4:00pm.

Diego so memorable and special they had to step foot off the property. It is a no brainer,” he said.

Jimmy Lewis Band plays the hits at Mother’s Saloon

Dr. Bart Mendolla | The Beacon

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Crowd favorites at their local Mother’s Saloon gigs include their versions of Fleet’s “Tide ‘O On’ A Pony” and The Band’s “The Weight.”

“OB is filled with music lovers, we love playing there,” Kelley remarked. “We have kept it strictly to Mother’s Saloon. We like the people and the club.”

Though the band was conceived to play cover tunes, the band has begun to branch out into their own music. “We do have seven originals,” Torres said. “The original stuff that we do play is well received by our fans.” The response has been good enough that The Jimmy Lewis Band has headed into the studio.

READ MORE ONLINE AT sdnews.com

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Enjoy the beauty of Old Town

STAGECOACH DAYS: CELEBRATING THE WILD WEST IN SAN DIEGO

-- Free Events Every Saturday in July and August in Old Town --

SAN DIEGO, Calif. — Old Town San Diego State Historic Park is celebrating travel and transportation from the cow to real horsepower during “Stagecoach Days,” kicking off on July 9. Come join in Old Town’s annual fun of the mid-1800s from noon to 4:00pm.

Diego so memorable and special they had to step foot off the property. It is a no brainer,” he said.

Jimmy Lewis Band plays the hits at Mother’s Saloon

Dr. Bart Mendolla | The Beacon

It’s no secret that musicians are a generally restless bunch. So it’s no surprise that many of the area’s best-known performers are currently in several other combos.

What is unusual is for the side project to also become a local club favorite. But perhaps that was inevitable with the Jimmy Lewis Band.

Performing at Mother’s Saloon on July 24, the band comes with a distinguished pedigree. Featuring Superlunordial frontman, singer / guitarist Jimmy Lewis, bassist / singer Chris Torres of Grassy Heat and drummer Jeff Kelley, who has drummed for jazz and soul combos, the trio was not so much formed as it was loosely assembled. The exact start date for the band has been obscured by time.

“This trio formed years ago, we played random gigs here and there. Basically, if one of us was offered a gig but one of our main bands could not do it, the Jimmy Lewis Band would play.” According to Torres, the choice for a name was obvious. “Jimmy Lewis is one of the most talented guitarists in town. It was a no brainer,” he said.

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DINING & ENTERTAINMENT

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DINING & ENTERTAINMENT

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Keely Belding poses in Teeter, her two-year-old multi-purpose art gallery in Ocean Beach.

“We got a really good mix of art, everything from photography to sculpture to surfboards,” said Belding, pointing out she has herb-gardening kits for sale. There’s even a teepee for purchase.

“Teeter is truly a composite business,” Belding noted it’s part coffee shop, art gallery, gift shop and even school, offering private art and dance lessons.

LIFESTYLE

Teeter gallery celebrates OB Pier with art exhibits

By DAVE SCHWAB | The Beacon

Artwork commemorating the 50th anniversary of Ocean Beach Pier, which was dedicated July 2, 1966 by then-Gov. Edmund G. Brown, is on display now at Teeter.

“Since this is the year of the pier, we partnered with Ocean Beach MainStreet Association (OBMA) to have a community art show to celebrate, and we asked for works from local artists,” said Keely Belding of Teeter, her two-year-old multi-purpose art gallery at 5012 Niagara Ave.

“Custard,” a collaboration of 100 artists from the beach community’s Business Improvement District, is on exhibit now at Teeter’s Ocean Beach MainStreet Association (OBMA) to have a community art show to celebrate.

“It’s a wonderful opportunity to celebrate, and we asked for works from local artists,” said Belding, pointing out she has herb-gardening kits for sale. There’s even a teepee for purchase.

“Teeter is truly a composite business,” Belding noted it’s part coffee shop, art gallery, gift shop and even school, offering private art and dance lessons.

ANNOUNCEMENTS 100

COMMUNITY ART SHOW

The gallery owner’s inventory offers plenty of gifts including candles, jewelry, kitchenware, gift cards, women’s accessories such as earrings and handbags and paper goods.

“We try to look for handmade gifts a little bit more modern, just really well made, beautiful and thoughtful gifts,” said Belding, pointing out she has herb-gardening kits for sale. There’s even a teepee for purchase.

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Purple Haze wins Dana League senior softball title

The Dana League, which plays at Dana Middle School in Point Loma, is one of a dozen senior softball leagues playing in San Diego County.

The Spring Season just concluded with the Purple Haze team (above) winning all three of its playoff games to secure the championship.

The semifinal game was the most exciting of all three. Ahead 10-6 in the bottom of the eighth inning, the opposing Red Diehards loaded the bases with one out.

One of the Diehards best batters hit a sharp grounder toward third base and Purple Haze third baseman Shawn O’Shaughnessy caught it, stepped on third, and made a perfect throw to catcher Eric Gerhardt to get the runner heading home and end the inning.

As the team came to their bench for the ninth, the Haze manager said, “OK guys, everyone hits.” And hit they did. After two walks to start the inning, the next 14 batters all hit safely, batting around twice and scoring 14 runs to take a 20-10 lead and eventually win 20-12.

The championship game pitted Purple Haze against the Royal Blue Dodgers, which the Haze won 12-8 to take home the trophy.

The Dana Summer Season began July 16. New players are allowed to join the league mid-season. See sandiegoseniorsoftball.com for details.

The Dana League features players ranging in age from 55 to 91 and is comprised of eight teams playing a 14-game schedule followed by a two-week, single elimination playoff.

Senior softball rules are designed to promote competition while promoting player safety. With the exception of the final inning, a team can score only a maximum of five runs per inning.

The Animal Hospital of La Jolla

Dr. Sue Morizi formally of the Animal Hospital of La Jolla

Dr. Morizi is offering 15% off teeth cleaning in July

Boarding Available

Dogs $35/night  Cats $3/night
We can also provide medication for your pet while they’re here, (extra charge)

Grooming Available

Compare our rates!

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villagevetlj.com

Call today for an appointment 858-412-4776

BayView Senior Assisted Living

BayView Senior Assisted Living deals with all forms of dementia and Alzheimer’s.

BayView Senior Assisted Living is now joined by HarborView Senior Assisted Living. Situated atop Banker’s Hill, overlooking San Diego Bay, HarborView is old world charm meets modern amenities. Backed by a professional, dedicated, and well-trained staff, HarborView Senior Assisted Living specializes in caring for residents suffering from Alzheimer’s or other forms of dementia.

BayView Senior Assisted Living’s acquisition of Harbor View Chateau created the premier boutique senior assisted living offering in San Diego. Instead of 17 beds there are now 47 beds to choose from, with varying angles of the incredible views of San Diego, owned by a local San Diego family, dedicated to offering the best care for elderly in San Diego. The owners are not only on site, but their motivation stems from having loved ones of their own suffering from dementia. Their commitment to providing a new approach to housing and caring for elderly in need of loving care is evident in the relationships formed in the process.

If interested in BayView or HarborView Assisted Living Communities, we would love the opportunity to discuss how we may be able to best meet your needs, as well as answer any questions you have. We also invite you to visit for a personal tour of our residences.

Please contact us at 619-233-8382 to arrange a tour today.

BayView Senior Assisted Living
For more info, check out our video online: villagevetlj.com

Call today for an appointment 858-412-4776

For a limited time enjoy our video online: villagevetlj.com
**What is your favorite memory about the Ocean Beach Pier?**

**Dani, from Ecuador**
On the sunset, the sunset is definitely my favorite time. This pier just looks at it.

**Mason, from San Diego**
Everything about the ocean is just perfect. It's super cool that they let you walk on, here, that's rare.

**Hailey, from Dublin, Calif.**
This is the last place I'll be going. I never will not forget coming here with my brother and him being here and just been amazed at how friendly he was.

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**TEETERS CONTINUED FROM Page 10**

music lessons for children including those enrolled in summer camp. We offer a second store location called “The Nest,” for the Lazy Hummingbird & Tea House, whose original location is 4876 Santa Monica Ave. The Nest has a lot of breakfast fare including

“I always wanted to do this for many years,” said Belding, the mother of four. “I’ve always loved being in nature. I’ve always been a fan of great, healthy things, so it’s just a good addition to the community.”

One of those people was John Tofu, whose band played at the grand opening back in 1966 and was able to perform that memory for 50 years of people who were there at the opening to celebrate the 50th anniversary with us.” Clark said.

Teeter does not expect to change its game plan moving forward.

“We’re going to stick to what we’re doing right here,” said Belding. “It’s a fun place, we’d like to get that walk going here in Ocean Beach on a monthly basis to bring more art to the community.”

Teeter is open seven days a week from 7 a.m. to 8 p.m. For further information, call 619-221-5929 or visit www.shop.teetersd.com.
Point Loma High grad sailing to Summer Olympics

BY LAINIE FRASER | THE BEACON

Team Haeger Provancha is bringing a little Point Loma to Rio de Janeiro for the Olympic Games this summer. Briana Provancha will be representing the United States and San Diego while sailing in the 2016 Summer Olympics in Brazil with her long time teammate and friend Annie Haeger.

Provancha started sailing at the age of 8 when a family friend introduced her to the sport, an opportunity she says she is forever thankful for.

“My dad, my sister and I went to the Mission Bay Yacht Club a lot with a family friend,” Provancha said. “They had bay races every Sunday and one day the crew didn’t show up. They asked if I would race and then asked me back every Sunday after that.”

Born and raised in San Diego, Provancha sailed competitively through high school at the Southwestern Yacht Club in Point Loma. According to Provancha, the more time she spent involved in the sport the deeper her love for it grew.

“When sailing there is this feeling of being in control of your own destiny,” she said. “Very few 8-year-olds get that awesome feeling.”

While attending Point Loma High, Provancha started to make a name for herself in the competitive sailing world. She won four national high school sailing championships and qualified for the ISAF Youth World team in 2005, 2006 and 2007. By the time she was 16, Provancha had successfully competed in races around the world.

The Point Loma High graduate then went on to Boston College where she sailed for five years and officially partnered with her current teammate Haeger.

At Boston College, team Haeger Provancha proved to be a force to be reckoned with.

“When sailing with a teammate, communication is everything and that comes with its challenges but it has been wonderful sharing this experience with someone,” said Provancha. “I am so thankful for Annie.”

Provancha lead the Boston College sailing team to seven national titles and she received numerous awards from the school including Women’s MVP and Outstanding Senior.

“There were people at BC that believed in me from the moment my freshman year started,” Provancha said. “I and they believed this was my path and we made sure I was prepared for the Olympic process.”

In 2012, Provancha graduated from Boston College with a bachelor of science in marketing and the Olympics in her sights.

In April, she and Haeger qualified for the Summer Games, a reality Provancha said she doesn’t think she will ever get used to.

“The kid watches the opening ceremonies and wonders what that experience must be like,” Provancha said. “I can’t wait to walk in next to Annie and I am excited to share this moment with those in my life who have made sacrifices, particularly my family.”

Team Haeger Provancha will sail for gold in August. They both can be easily spotted by the white zinc they wear on their faces.

“My dad was a stickler for sunscreen growing up, but after a while you can’t tell if it’s still on,” she said. “When you spend three to six hours out on the water you need to be protected and zinc works perfectly because you can see it. Now it is just part of our routine and you’ll definitely see it in Rio.”

Provancha is excited for what the United States team as a whole has to offer at this year’s games and said the vibe across the board is great.

“It’s all about the path and where you come from,” Provancha said. “San Diego is one of the best sailing communities and one of the best overall communities and I am honored to represent the United States and San Diego in the games. It would be great to bring a medal home.”

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Cabrillo Sunset 5K
at Cabrillo National Monument
Saturday, July 23rd
6pm-9pm

The Cabrillo Sunset 5K is sure to be an exhilarating outdoor experience. The Cabrillo-Challenge route takes you down 200 feet to the tide pools with a pristine ocean view to enjoy while running/walking the route. Runners will compete for first place awards in both the Men’s & Woman’s division which will guarantee free admittance into the America’s Finest City Half Marathon.

Run, walk or cheer. All participants will receive a numbered bib, event t-shirt and inaugural commemorative medal. $25 to participate, strollers welcome.

Costume and Exaggerated photo contests, prize wheel too. After the race, relax and enjoy DJ Mike. on the mike music and dance as the moon comes up. This will truly be a “Park After Dark” experience that you will not want to miss!

CNMF.ORG


PHOTOGRAPH BY BILL GRISWOLD Cabrillo Artist in Residence 2013
Point Loma, Ocean Beach & 92110
Real Estate

**Point Loma | $6,688,889**

360 San Gorgonio | 6BR/6BA | 8,800 sq ft
Trophy Estate with Panoramic Views “Villa Porta Luce”. Set in the highly sought after La Playa neighborhood, this home offers privacy, cooling sea breezes and commanding views from nearly every room.
Michael Panissidi | CalBRE #01969339
619-247-2114 | mp4realty@gmail.com

**Point Loma | $775,000**

2955 McCall 301 | 2BR/2BA | 1,294 sq ft
Beautiful Tuscan Style Condo Complex in La Playa, just steps to Kellogg Beach. Upgraded with stainless steel appliances, granite slab counters, wood and travertine flooring.
Michael Panissidi | CalBRE #01969339
619-247-2114 | mp4realty@gmail.com

**Ocean Beach | $1,399,000**

4451 Santa Monica Ave | 4BR/3BA | 2,835 sq ft
A spectacular home w/unobstructed ocean views. Remodeled in 2000, newly updated wood floors, vaulted ceilings, and remodeled baths, family room w/ bar. A must have for those who want to live close to the beach.
Lisa Samatua | CalBRE #01140636
619-829-5454 | lisa@cityrealty.us

**Point Loma | $895,000**

3835 La Cresta Dr | 3BR/2BA | 1,411 sq ft
This charming light & bright Point Loma Height home is located in a very desirable neighborhood with easy access to beaches & downtown. Wonderful open floor plan. Remodeled kitchen and baths. Lush and private backyard with a patio.
Doris Day Dirks | CalBRE #00902071
619-813-9503 | doris@dorisdirks.com

**Ocean Beach | $650,000**

3835 La Cresta Dr | 3BR/2BA | 1,411 sq ft
This charming light & bright Point Loma Height home is located in a very desirable neighborhood with easy access to beaches & downtown. Wonderful open floor plan. Remodeled kitchen and baths. Lush and private backyard with a patio.
Doris Day Dirks | CalBRE #00902071
619-813-9503 | doris@dorisdirks.com

**Point Loma, Ocean Beach & 92110**

**Kensington | $949,000**

4368 Middlesex Dr | 3BR/2BA | 1,591 sq ft
Classic, character w/modern updates. Tankless Water heater, water filtration system, security system, A/C. Bonus rm 375 sq ft. Garage is perfect as studio/exercise room, playroom or office. Beautiful compound to enjoy the panoramic canyon views!
Anne Marie McCormick | CalBRE #01268960
619-857-7203 | sold@annemarieregroup.com

**Ocean Beach | $383,900**

4909 Orchard Ave 105 | 2BR/2BA | 953 sq ft
OCEANFRONT condo; TURNKEY property in great condition; Vacation/short term rentals are allowed by HOA. Listen to the surf and feel the cool ocean breezes; Sit-down white water ocean views from living rm, kitchen & master bedroom.
Anne Marie McCormick | CalBRE #01268960
619-857-7203 | sold@annemarieregroup.com

**Point Loma | $2,450,000**

1679 Leroy Street | 4BR/4BA | 4,105 sq ft
Breathtaking views from most areas of this stunning home. A completely brand new remodel. Designer upgrades throughout; an oversized back yard & a full sized 2 car garage.
Joanie E Smith | CalBRE #00999740
858-900-1137 | joanie@admgroupinc.net

**Point Loma | $2,775,000**

4444 W Point Loma Blvd # 83 | 1 BR/1BA | 802 sq ft
Beautiful, newly remodeled single level condo 1.5 miles to the Beach! Light and bright, plenty of storage.
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619-990-2297 | diane@dianesullivanrealestate.com

**Ocean Beach | $1,399,000**

1079 Leroy Street | 4BR/4BA | 4,105 sq ft
Breathtaking views from most areas of this stunning home. A completely brand new remodel. Designer upgrades throughout; an oversized back yard & a full sized 2 car garage.
Joanie E Smith | CalBRE #00999740
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619-990-2297 | diane@dianesullivanrealestate.com
Fan Fest is an opportunity for those who love the national pastime to immerse themselves in all phases of the game they love.

Thousands of baseball fans descended on the San Diego Convention Center earlier this month for what has become a greatly anticipated event at each year’s All-Star game. Fan Fest is an opportunity for those who love the national pastime to immerse themselves in all phases of the game they love.

The game they love. Appearances were made by many legendary baseball players including Dale Murphy, Rod Carew, Ozzie Smith and Andre Dawson as well as former Padres Steve Garvey, Heath Bell, Kurt Bevacqua, Steve Finley, Randy Jones, Terry Kennedy, Kevin Mitchell, David Wells and others.

Fans wishing to get physical had opportunities to play on an All-Star diamond and participate in clinics hosted by coaches, managers, past and current baseball stars.

Also available were batting cages, an area to field ground balls, fly balls and line drives, a Home Run Derby area, an opportunity to steal bases and throw strikes.

Displays also featured the history of women in baseball and the former Negro Leagues featuring Jackie Robinson.

Many artifacts and items from the Baseball Hall of Fame in Cooperstown, N.Y. were brought to San Diego for the event.

There was also plenty to buy, including uniforms and souvenirs in a gigantic store. It was reported that so many fans bought replica jerseys of Padres first baseman Wil Myers that the company doing the personalizing ran out of both the letter “P” and the Myers’ No. 4.

Overall sales set a Fan Fest record, and many attributed that to the yellow uniforms worn by All-Star players being sold with the stitched-on names “National” and “American” across the chest. These jerseys were a tribute to the days when the hometown Padres wore similar uniforms between 1972 and 1978.

Even Major League Baseball Commissioner Rob Manfred made an appearance for a town hall meeting at Fan Fest. He answered questions from those in attendance and via social media in an event hosted by Padres Hall of Fame announcer Dick Enberg.

In the actual All-Star Game, the American League again won the game to earn its champion home field advantage in this year’s World Series. They beat their National League counterparts 4-2 as Kansas City Royals players Eric Hosmer and Salvador Perez hit home runs.

Local product Kris Bryant, formerer of the University of San Diego and now of the Chicago Cubs, blasted the first pitch he saw into the left field stands to give the National League a brief 1-0 lead.

Both Padres selected for the game played well, with first baseman Myers socking a double to the gap in right field and pitcher Drew Pomeranz hurling a scoreless inning. The next day, however, Pomeranz was traded to the Boston Red Sox for a pitching prospect.
Point Loma Summer Concerts 2016

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FOR MORE INFORMATION, GO TO plconcerts.org

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