Officer elections, valet service fundraising top merchants’ agenda

By DAVE SCHWAB

In November, La Jolla Village Merchants Association elected new officers, discussed Village valet service, announced closure of its visitor center and heard about the upcoming Holiday Festival of Lights Competition and the ongoing Sparkle & Shine clean-up campaign.

Claude-Anthony (CA) Marengo was re-elected association president for a third and final consecutive term. James Niebling was elected vice-president. The group’s new secretary is Claudette Berwin, and Paul Burke is the treasurer.

Association board member Michael Dorvillier

WONDERFUL WINDANSEA

The beach vistas in and around La Jolla are one thing – but add a peculiar cloud pattern and a sunset, and they become otherworldly. Photographer Sean C. Han caught this amazing panorama at Windansea Beach earlier this year, and we had to share it. Check out more of Han’s photography on Instagram @seanstumblingthrough.

AROUND THE BLOCK:
Wanna discover La Jolla? Come here!

By DAVE SCHWAB

The block section in Bird Rock between Forward Street on the north and Turquoise Street on the southern boundary with Pacific Beach is a microcosm of the community at large, as it includes a broad array of restaurants, salons and professionals such as accountants.

There’s even a novel hybrid business, Riffs Studios, which combines guitar and yoga, at 5510 La Jolla Blvd.

“Easy Books, Inc.”, at 5560 La Jolla Blvd., Suite C, a local bookkeeping and

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SAN DIEGO COMMUNITY NEWSPAPER GROUP
FREE SMILES IN LA JOLLA
Dr. Charles Briscoe and his staff at La Jolla Dental care sponsored a Dentistry from the Heart event on Saturday, Nov. 14. The team of volunteers included La Jolla oral surgeon Dr. Bob Gramins, Dr. Sue Gao, Dr. Brent Gorrel and Dr. John Vellequette. They performed extractions, fillings, and cleanings for those in need. The event was truly appreciated by the community, and was heartwarming and gratifying for those providing the services. Dentistry from the Heart is the largest dental charity in North America and has a passion for spreading free smiles across the globe.

PHOTO CONTRIBUTED

La Jolla chef to assist in benefit for French Red Cross
With the assistance of a renowned La Jolla chef, a literary event planning and travel company with a La Jolla presence will host a benefit Sunday, Nov. 22, to provide humanitarian relief for the victims and survivors of last week’s terrorist attacks in Paris.

Adventures by the Book, host of the Je Suis Paris benefit at The Cheese Store of San Diego, will offer numerous silent auction items, including dinner with a number of local authors with Franco-centric books to their credit. One such author, Mary Duncan (“Henry Miller Is Under My Bed”), lives in both La Jolla and Paris.

Bernard Guillas, executive chef at La Jolla’s The Marine Room and the La Jolla Beach & Tennis Club, is donating all proceeds from sales of “Flying Pans: Two Chefs, One World,” his award-winning book about chefs and their spare time. French wine and goodies will also be available for purchase.

“Everyone involved is volunteering their time and donating their services and goods,” said Susan McBeth, Adventures by the Book founder. “Our goal is to raise $5,000 for the French Red Cross to assist in its efforts with humanitarian relief in the wake of the tragic attacks last week.”

Adventures by the Book, which has held La Jolla-based seminars, was founded in 2011 and connects authors and their books with the reading community through interactive literary events and literary travel packages. Terrorist attacks at seven Paris sites on Nov. 13 resulted in 129 deaths and 352 injuries, with 99 of the injured in critical condition.

“I just returned from Paris a week ago,” said Jennifer Coburn, author of “We’ll Always Have Paris” and planner of the event along with McBeth — and after the attacks... , I received numerous texts from family and friends saying how relieved they were that I was no longer there. I knew they meant well, but it was the exact opposite of how I felt. I wanted to be back in Paris helping however I could.”

McBeth, who also recently returned from Paris, felt similarly at a loss as to what she could do to support the city she had grown to love.

“We were literally planning this event driving back from an event (last weekend) in Los Angeles,” McBeth said, “and were amazed at the immediate and enthusiastic support we received. Within hours, we had commitments for appearances and book donations. The Cheese Store of San Diego offered their space at no cost, and more donations keep coming in. It is wonderful to live in a community like San Diego, where an outpouring of support is such a natural response.”

“It will be very gratifying,” Coburn added, “to send a donation to the French Red Cross and let the people of Paris know that our hearts are with them.”

The event begins at 6 p.m. The Cheese Store of San Diego is located at 1980 Kettner Blvd. downtown. RSVPs to the event are appreciated but not required. For further information on the Je Suis Paris event, please email susan@adventuresbythebook.com. To make a donation to the effort, mail checks to Adventures by the Book, PO Box 421472, San Diego, CA 92142.
History is replete with creative excuses about why things went wrong—or failed to happen altogether. But when you want to sell your home, the only word you want to hear is “Sold!”

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A Witness to One’s Life

By Natasha Josefowitz, Ph.D.

In trying to deal with my grief after my husband died, I turned to books on grief and interviewed people with no surviving spouse or partner. It helped me understand the emotions I felt and whether they were shared by others. I looked at the different ways men and women dealt with the loss, what they worked, what didn't and how people managed their lives when left alone. Hopefully, this would give me and others a roadmap of what to expect. Everyone grieves differently. There is no right or wrong way, but there are patterns that can be recognized and managed better.

When widows and widowers, I found one uniform complaint: loneliness. Not surprisingly, they missed the companionship of their spouses or partners. To be truly alone is one of the worst feelings, you share your thoughts and reactions with — to talk about the movie, to discuss a newspaper article with or to tell who you met for a meal — that event loses continuity. It can never be referred to again because no one else knows it happened.

Not only is there no one who knows where you have gone or what you have done or seen, no one cares. I understand what people who tweet or use Facebook — they are searching for someone to share the minutiae of their daily activities. It is a quest for someone to like and love, someone who has participated in the events of your past.

Sometimes, if you are fortunate enough, you can make sure your secrets, who cares for your happiness, and can be counted on in any emergency. The time is now available, if you have known for a while, someone who has participated in the events of your past.

In addition, I met several self-sufficient people who want to be on their own, but the majority, especially after a recent loss, were suffering from the lack of available give and take that is the essence of emotionally intimate relationships.

If one cannot have the one person who is always there, a friend who can guard against that pervasive and painful feeling of loneliness.

Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 20 books. She lives at the White Sands in La Jolla.
UFC partisan Alyaa Habib: A woman’s place is wherever she says

By ED PIPER

Alyaa Habib has a mission at this point in her life. Through the modeling by her forceful mother Jasmin and her own decisions, the 15-year-old University City High School sophomore wants to show people that a woman can be strong and purposeful. She doesn’t have to be a wallflower and play the passive role of the traditional female.

But the Ultimate Fighting Championship (UFC) contender also wants to demonstrate that going out for the Centurion wrestling team and her participation in mixed martial arts and boxing aren’t the only ways she wants to embody this life mission.

“I definitely think the fighting is a blip in what I want to do,” says the clear-eyed, precocious grappler. “The thing I want to put out is the strength of a woman. One day, I’ll be able to say that I (as a woman) fought men.”

Habib works out “at least two times a week,” which involves grappling—at once her own word and a throwback to the ‘70s, a reporter tells her—with her UFC coach, Matt Carson, in the gym off Rosencrans Boulevard in San Diego. She also rides a bike on Mission Bay with her dad Jamal every afternoon.

A life-changing incident, she says, propelled her on this path of feminine strength. When Habib was 11 years old, a homeless man “chased me and said ‘I’ll rape you.’ I ran. There is no way he was going to rape me. From that moment, I wanted to be a woman who could protect herself as much as a man can.”

Sitting across the lunch table outside the UCHS gym, Habib doesn’t convey an anger, a rage that would make her a fearful, reactive individual. Instead, she seems quite comfortable with herself. The incident with the homeless man merely crystallized an intention that was growing inside her to that point.

She is not a proponent of violence. And she is not ready to go off at any moment. She is an attractive young high school student who hangs out with buddies like her female friends Rama Youssif and Allison Busch, both of whom were quite playful during Habib’s interview and dodged in and out of the scene, wanting to get involved.

“Before the incident with the homeless guy, I played volleyball, soccer—girls’ fun sports,” she calls.

La Jolla team wins Jr. Pee Wee Pop Warner football championship

By ED PIPER

Cody Bradley is a walking advertisement for Junior Pee Wee Pop Warner football. The 11-year-old, all 74 pounds of him, is enthusiastic, he’s enjoying the sport, and he’s outgoing and making friends as a sixth-grader at his new middle school, Muirlands.

Bradley, Gervy Alota, Julian Solis, Cole Roberts and their Torreys teammates won the San Diego Pop Warner championship in their division on Oct. 31, and they’ve relished playoff football, including a narrow win in the regional quarterfinals that qualified them for the semifinals Nov. 14 against the Tustin Gold Cobras at Mission Viejo High School (the Torreys lost, 30-13).”

“Now we come from the La Jolla, Pacific Beach, UTC and Clairemont areas and range in age from 8 to 11. “Our season has been going really good because we won and because Coach Scott (Rosencrans) and Coach Gervy (Alota, Gervy Jr.’s dad) have taught me you have to have a good attitude to play football,” says Bradley. “You also have to have good ability to tackle and to run. You also have to have good citizenship. You have to be a good person outside of school.”

Founded in Philadelphia in 1929, Pop Warner Little Scholars, Inc. was the first youth sports organization in America that required its participants to perform in the classroom before permitting them to play.

Pop Warner, named for Cornell University football captain Glenn Scoby Warner, who became a college coach in the late 19th century, believes that the standards give these children a sense of responsibility and an appreciation for academics and athletics that will help them develop later on in life.

Proof of satisfactory progress in school is required. A 2.0 or 70 percent grade level or the equivalent shall be the minimum average acceptable for participation.

Bradley says the 31 players on the Torreys get along with all the harmony and squabbles of a family. If he has a disagreement with a teammate, he says, “You have to talk to him, or if you don’t like something he’s doing you have to walk away, because you’re not going to get in physical fights.”

Bradley’s parents are Chad and Nacole, and his siblings include Taylor, 19, Kassidy, 16, and Baylee, 13. He stands 4’10” at this point.

Julian Solis, 11, of Pacific Beach, plays offensive guard. He’s a little shell-shocked by the attention a champion Junior Pee Wee team gets, feeling nervous during an interview. His older brother reassures him. Julian, in his third year playing Pop Warner, says, “We just work together as a team. We have fun. We do everything together as a family.”

In response to Rosencrans’ statement that “to a man, everyone on the team has improved,” the Muirlands student says in his case, “Yeah, definitely, a lot, because the coaches have been helping me a lot.”

Dad is Michael. Brothers are Anthony, 31, and Miquel, 12. Gervy Alota, Jr., 11, is a go-getter as well. In his fourth year in Pop Warner, he has played quarterback from the beginning. “He’s a great kid to coach,” Rosencrans says. “He listens to what you say; he takes instruction; he executes what you ask him to do. He has a very high football IQ. He’s just a very experienced player with a lot of ability.”

Other 11-year-olds on the Torreys include Rafaello Amato, Sebastian Glauster, Colton Moseley, Michael Padilla, Joseph Shepard, Shawn Steinbeck, Bidzina Vetoka, Christopher White and Jevon White.

The Torreys cut no kids who register for the program, and everyone plays a position on offense and defense. This year’s edition, with Rosencrans in his seventh year of coaching, has built a team atmosphere and friendship from first through third and fourth strings.

“This team isn’t unique in that regard,” Rosencrans says. “This team has a good attitude and good approach. Each player is supportive of each other. You can’t have 31 players and everyone be best friends. But they’ve bought in to the team philosophy.”

Rosencrans says one of the reasons he coaches, though he doesn’t have a son on the team, is because he’d rather implement his philosophy and his methods than have approaches he doesn’t agree with carried out. A volunteer away from his job in the San Diego County Environmental Health Department, he says he wants a young person to have an enjoyable experience in playing the sport.

Rosencrans says he and his fellow coaches are “very aware” of parents’ concerns over concussions and other injuries in football. But he makes the case that in youth football there are fewer injuries due to the low impact that young players are able to generate compared to older athletes. By playing youth football, he adds, athletes learn techniques that help them develop better skills if they continue on in football, and injuries are thereby reduced.
Among the Paris attacks, Marianne grows more beautiful by the hour

By MARTIN JONES WESTLIN

As you may know, I was an editorial liaison in France last July, having gone to the country’s Southwest to help a cultural center with its efforts at becoming an educationally accredited facility. It was my first business trip off the continent in 40 years and my first journey abroad in probably eight – but whatever excitement I felt at the prospect was tempered a little as I landed at Paris’ Charles de Gaulle International Airport on our Independence Day.

January’s infamous Charlie Hebdo murders, in which 17 journalists and others were killed in a religious attack on a satirical newspaper, were fresh in Parisians’ minds, and airport personnel had reacted accordingly.

On my arrival, paramilitary troops frugally patrolled the facility, their camos and red berets and high-powered rifles sharply distinguishable from the tens of thousands of travelers whose gaze the soldiers took great care not to meet.

Some of those kids looked like they were about 18, old enough to drink under French law but relatively unskilled in the ways of a colossal hostile planet. The Théâtre du Bat- aclan and the Stade de France were more than a little speed – places where they could leave their baby pokers at work and enjoy a Friday night in one of the monumentally greatest cities the world will ever know.

Some hours later on Nov. 13, they’d have taken sober heed of the meaning behind their public presence on the job.

In the face of terrorism’s latest assault on humanity, everything about sympathy and solidarity for the French has been said, except that it’s writ larger and bolder with each day’s aftermath from the ISIS attacks at seven sites, the most lethal on Paris since World War II.

The death toll at this point is steady at 129, with 352 injured, 99 critically. Eighty-nine were killed at the Bataclan, a rock concert alone. In reprisal, France has launched a series of air attacks on ISIS de facto stronghold of Raqqa, Syria.

Amid the fallout from a civilian aircraft bombing in October, Russia has echoed French sentiment by pounding ISIS with the largest air assault in decades, deploying its fleet of 25 long-range bombers to do so. (The latest report says attacks massed in southeastern Raqqa. 28, was killed in an apartment raid north of Paris on Nov. 18. I’m hoist- ing a glass as I write.) Finally, it looks like the world’s had enough – and I say that with some hesitation, because the United States has a funny way of redrawing its lines in the sand. President Obama appears to want ISIS to weaken Syrian President Bashar Assad’s dubious place in Middle affairs, but he’d rather not risk too decisive an Assad defeat lest ISIS take power.

Amid the politics of all that he vacu- illates while France and Russia do the heavy lifting.

Such stances make me long for a recast Marianne – the French so- called goddess of liberty, a symbol of all that is ideal in the West. You can’t go anywhere in France without trip- ping over her; she’s on postage stamps, French Euro coins, posters and the walls and staves of public buildings, getting her land legs during the French Rev- olution in support of all things democratic and free. “Liberte, egalite, fraternite,” reads the national motto beneath her silhouetted face – and the thing is, you’d be hard-pressed to find her bearing a weapon in any of her depictions. She might eschew the military angle to France’s damnable problems – but she’s also savvy enough to under- stand that warfare is the exception that makes the rule. I saw a big poster of her near the airport last summer, and I remem- ber thinking at the same time that those troops’ rifles probably weren’t loaded – ramifications at the airport and in the French courts would have been uproarious if something had gone wrong to hurt a passenger or de Gaulle personnel, especially since those weapons were in the hands of guys barely out of boyhood.

With the Nov. 13 attacks, however, I wouldn’t blame whatever administration for ammoting up, in public or not. Amid its ongoing state of emergency, France has the liber- tarian world’s blessing as it goes about its task, its national allegory growing more beautiful by the hour.

God bless the French republic – and vive la Marianne.

Martin Jones Westlin is editor of La Jolla Village News.

Holiday Events in Old Town to Be Held Throughout December

Old Town San Diego State Historic Park will be decked out in historic holiday finery this year and will showcase gingerbread houses throughout the park as well as a tree-lighting ceremony with caroling starting at 5 p.m. every Saturday in the month of December.

The caroling around the display of nine Christmas trees will be fol- lowed each Saturday evening with a bonfire in the plaza complete with free s’mores and hot choco- late, readings and more singing.

The annual Holiday in the Park Merchant Open House will be held on Sunday, Dec. 13, marks the 65th-annual Las Posadas event in Old Town. The Las Posadas pro- cession is a walking remnant of the annual holiday in the Park Merchant Open House will be held on Saturday, Dec. 12, from noon to 5 p.m. Crafts for children and spe- cial holiday treats will be in the museums, stores and restaurants in Old Town San Diego State His- toric Park during the day with an evening bonfire and extended shopping hours until 9 p.m. Sunday, Dec. 13, marks the 65th annual Las Posadas event in Old Town. The Las Posadas pro- cession is a walking remnant in the front of the Casa de Estudillo along with a choir performance.

The events are sponsored by Wells Fargo Foundation and The Old Town State Park Merchants Association. There is free parking available in the Caltrans parking lot on Taylor Street in Old Town 5 p.m. after 5 p.m. and all day on weekends. For more infor- mation about any of these events, visit VisitOldTowndays.com or call 619- 297-3100.

All Souls’ Saint Nicholas Home Tour

A Point Loma Holiday Tradition celebrates its 64th year this December. Begin your holiday season with friends and family on a tour of four Point Loma homes!

The All Souls’ Saint Nicholas Home Tour is happening on Saturday, December 5, 2015 from 10:00 a.m. – 4:00 p.m. This year our theme is “A View From Point Loma.” Each home on the Tour has a unique view of Point Loma from Sunset Cliffs and La Playa Cove to Downtown San Diego and San Diego Bay. Get a rare look inside San Diego’s most beautiful homes and support local community programs! Our homes have undergone extensive renovations by the current owners and, in addition to breathtaking views, contain unique collections of art and artifacts that relax in our Saint Nicholas Tea Room. Don’t miss our opportunity drawing.

The funds raised benefit many local community assistance programs, including the Peninsula Shepherd Senior Center, Episcopal Church Center, Maseno Hospital (Kenya) and the Leavers and Fishes food pantry.

Where: All Souls’ Episcopal Church 1475 Catalina Boulevard San Diego, CA 92107
Where: Saturday, December 5, 2015 10:00 a.m. – 4:00 p.m.
Cost: $30 per ticket before the Tour or $55 day of the Tour. Tickets are available for purchase online at www.all-souls.com and are also available at All Souls’ Episcopal Church, Walter Andersen Nursery, To the Point Cafe, Mission Hills Nursery and Ace Hardware.

Contact: For information, contact All Souls’ Episcopal Church, 1475 Catalina Boulevard San Diego, CA 92107; (619)223-6394, www.all-souls.com

All Souls’ Saint Nicholas Home Tour

10:00 a.m. – 4:00 p.m.
Café 11:30 am – 2:30 pm
Marketplace 12:00 – 4:00 pm
Tea 1:00 – 3:00 pm
1475 Catalina Blvd (619) 223-6394
Tickets $30 – Day of Event: $35
Purchase Tickets at: All Souls’ Church, Ace Hardware, Walter Andersen Nursery, To The Point Café, Mission Hills Nursery or online at www.all-souls.com
Exchange ticket for map Nov. 30-Dec. 5 9:00 am-4:00 pm at: All Souls’ Church 1475 Catalina Blvd, San Diego, CA 92107
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Saturday, November 21st | 10:00am - 6:00pm

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Town Council hears city greenhouse emissions pitch

By DAVE SCHWAB

In November, La Jolla Town Council got a pitch from proponents of the San Diego Climate Action Plan, an ambitious proposal before the City to curb long-term greenhouse emissions, and heard about progress being made on the La Jolla Christmas parade and in eradicking underage drinking and drug problems in the Beach-Barber Tract.

Kiera Galloway gave a slideshow presentation about global warming and the City's draft Climate Action Plan, which seeks to convince half of the residents in urban areas to commute by transit, walking and bicycling by 2035.

La Jolla Shores group files suit over Whitney project

By DAVE SCHWAB

Less than a month after San Diego City Council voted 6-2 to deny an appeal of the environmental document for the Whitney mixed-use project in La Jolla Shores, opponents have filed a lawsuit attempting to block it.

Extending nearly seven years of wrangling over whether the proposed development is too bulky and out of scale with the surrounding neighborhood, attorney Julie Hamilton filed a lawsuit Nov. 3 in San Diego Superior Court on behalf of a group known as La Jolla Shores Tomorrow.

The lawsuit challenges the project's approved environmental documents as being inadequate and contends the project violates the Shores Planned Development Ordinance (PDO), the community's development blueprint.

"The whole purpose of the PDO was to retain the community's small-town village character," said Hamilton, adding, "The whole point of the PDO was to retain the community's small-town village character."

Developers Bob and Kim Whitney want to demolish a pair of single-story buildings on a 0.09-acre lot at 2202 and 2206 Avenida de la Playa on the northeast corner of El Paseo Grande in the Shores commercial center and replace them with an 8,518-square-foot, three-story building with retail on the ground level and two condominiums above.

The Whitney project has been a bone of contention in La Jolla Shores since 2009. Some Shores residents contend the project is not only too massive and violates the Shores PDO but, if approved, would set an irreversible precedent for other developers to follow.

Hamilton argued that the city-approved environmental document for the project is insufficient in numerous ways. Among them, she said, is lack of proper "visibility triangles" leading from the project's proposed driveway, creating a safety hazard on Calle Clara, a disputed alley/street in the rear of the project site.

"The community as a whole who use Calle Clara for walking and riding bikes are very concerned about the size of the building and the safety hazard its lack of visibility triangles presents," said Hamilton. "I'm challenging the environmental and discretionary approvals and other permitting for the project."

"The City Council failed to consider the project along with its consideration of the (environmental impact report)," the lawsuit contends, "thereby foreclosing the City Council's ability to reach its own conclusions concerning the contents of the EIR. The City Council heard the EIR without hearing the merits of the project and therefore did not have the ability to modify the project to avoid or lessen impacts."

The lawsuit goes on to conclude that "The (project's) EIR fails to include an accurate, stable and consistent description of the proposed project. ... The analysis of land use impacts is inadequate and fails to properly identify significant impacts. ... The project does not comply with the (Shores) PDO in that it severely contrasts with the surrounding neighborhood character ... It is reasonably foreseeable that this project will have a cumulative effect on neighborhood character ... It is reaonsably foreseeable that this project will have a cumulative effect on neighborhood character by allowing significantly larger buildings in the commercial center in the future."

"The whole purpose of the lawsuit is to protect the character of the commercial center in La Jolla Shores," said Hamilton. "It's unfortunate that we had to come to this place. This is what had to be done. We strongly encourage Mr. Whitney to redesign the project in a manner in keeping with the character of the community so we can get out of this litigation."

The Whitneys could not be reached for comment.
FRIDAY, NOVEMBER 20, 2015

For charity league chapter, this was a day at the races

The National Charity League of San Diego Del Norte chapter presented a luncheon and fashion show on Nov. 8 at Carlbad’s Park Hyatt Aviara Resort, with a Day at the Races theme. Chapter president Michele Jaffe welcomed the guests, and emcee Kristin Edwards and Kelly Zimmer introduced the show. The models were from the TickleKicker Class of 2018 and included high school students from La Jolla Country Day, Canyon Crest Academy, The Bishop’s School, Torrey Pines High School, Cathedral Catholic High School, Pacific Ridge and Santa Fe Christian.

These young ladies took modeling classes from Andria Elam and All-Star Dance Studio. They also took a hat-making workshop to make black accouterments for the first scene. The crowd went wild for this segment, called “Down the Stretch They Come.” The girls looked stylish wearing the fascinators they made along with black gloves. The next scene provided trendy fashions by LF La Jolla. The show continued with one fashion-forward scene after another up to Race Eleven, the final scene. The girls had so much fun as they came down the catwalk, and this was one of the most receptive crowds I have ever seen at a fashion show. Adding to the excitement of the show were the Escorts and a duo that danced their way into everyone’s heart during the finale.

For more information, visit nationalcharityleague.org.

UPCOMING EVENTS

SATURDAY, NOV. 21: At the Estancia La Jolla Hotel, fashion show fundraiser to benefit Childhelp, USA, presented by Gretchen Productions. For info, call (858) 531-8983.

Diana Cavagnaro is an internationally renowned couture milliner based in the Gaslamp District. She is famous for her hats. To see more about this hat designer, teacher and blogger at DianaCavagnaro.com.

Former Globe artistic chief O’Brien directs a ‘Great’ opera

Opera lovers: I guarantee you will love Jake Heggie’s new work, “Great Scott,” which will play San Diego Opera in May and which I attended at its premiere on Friday, Oct. 31, amid a Texas-size deluge at Winspear Opera House in Dallas. The entirely fictional libretto is by opera-loving, Tony Award-winning playwright Terrence McNally and directed by former Old Globe artistic director Jack O’Brien, who also knows his way around an opera house and has a statuette or two on his mantelpiece. Aeden Scott, the heroine, looks into the mirror Marschallin-like, takes a gagnder at her aging self and wonders if the personal sacrifice necessary for a career like hers is worth the effort. She is starring in a long-lost Rossini-like opera titled “Rosa Dolorosa, figlia di Pompeii,” in which she throws herself into Mt. Vesuvius to save her beloved city. As the hero points out, it didn’t work. Meanwhile, the composer and I played catch-up on the phone this week, and he recounted the perils of his own popularity. Following the new opera’s opening night, Heggie flew to Los Angeles, where his five-year-old “Moby-Dick” (premiered in Dallas in June of 2000) had its L.A. Opera debut Saturday, Oct. 31. Then he flew back to Dallas in time for the Saturday matinee of “Great Scott.” He and McNally are currently fine-tuning the acclaimed new work, which plays here May 7, 10, 13 and 15.

New Jazz Series

San Diego Symphony will inaugurate a new series, Jazz @ the Jacobs, at 8 p.m. Saturday, Nov. 21. Curated by San Diego trumpet virtuoso Gilbert Castellanos, the first concert is titled “Living Jazz Legends + The Young Lions” and features Castellanos, alto saxophonist Charles McPerson, vocalist Barbra Morrison and pianist Mike Wofford, along with tenor/alto saxophonist Tom Scott, drummer Roy McCurdy and bassist Henry (The Skipper) Franklin.

The concert begins with a set played by The Young Lions, a group of outstanding high school jazz musicians. Additional Jazz @ the Jacobs concerts are scheduled as follows: “Jazz Piano Masters: A Tribute to Thelonious Monk, Art Tatum and Bud Powell,” Saturday, Jan. 23; Dianne Reeves, Friday, Feb. 19; and Gregory Porter, Saturday, May 7.

On Nov. 6, San Diego Repertory Theatre’s production of “Honky” inaugurated PBS-TV’s new series, “On Stage in America,” quite a feather in the Rep’s and the City of San Diego’s caps.

Greg Kallerees’s send-up of racism and post-racial attitudes played very well on TV for which it was filmed during its run last season. All should be lauded, especially director Sam Woodhouse. In case you’d forgotten, the Rep is celebrating its 40th season this year.

Currently playing through Dec. 6 is Sarah Ruhl’s “The Oldest Boy.” In the adjacent Lyceum Space, you can catch Intrepid Theatre’s production of “The End of the Rainbow” through Nov. 29.

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Donovan’s sets the standard of fine dining excellence: A classic steakhouse. A stylish, live atmosphere. Cordially friendly. We like to think of Donovan’s as your own special place. A place where you can celebrate with friends, family and associates. Donovansteakhouse.com.

The Broken Yolk Café

The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are more than 20 different omelets to choose from, as well as a wide variety of other breakfast favorites which include pancakes, waffles and french toast. Feel more like lunch? Try one of our juicy half-pound burgers or one of our large sandwiches.

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By TERRI STANLEY

Named after a city located on the east coast of the island of Sicily, this less-than-a-year-old restaurant, located at La Plana Center, is a toe-dip into Europe. Open for lunch and dinner as well as brunch on the weekends, Catania is the newest addition to the Whisknladle Hospitality Group, offering ocean views over the rooftops of the Grand Street stores, an open-air patio and cozy inside seating both casual and upscale.

The restaurant defines its fare as coastal Italian so as not to pigeonhole the cuisine into specific areas of southern Italy, and the dishes are about as authentic to the region as they can get. Southern Italian cooking has been farm to table for centuries; you eat what you grow.

Catania’s daily menu is a collaboration of executive chef Vince Schofield and partner Ryan Johnsen. Although of Mexican descent, Schofield trained in Tuscany for a year as the pasta man (left) hails University City High School senior Daniel Krasner’s efforts in Teen Leadership as the pasta.

By SANDY LIPPE

UC High senior has a hunger for community service

Leadership coordinator Andrew Hoffman (left) hails University City High School senior Daniel Krasner’s efforts in the realm of food awareness. About one in five San Diegans are said to be food insecure. PHOTO BY SANDY LIPPE

By SANDY LIPPE

Food insecurity isn’t a term most of us are familiar with in University City or La Jolla, especially at Thanksgiving. However, according to Andrew Hoffman, coordinator of Hand Up Teen Leadership at the Jewish Family Service (JFS), “a half million San Diegans are food insecure. That is about 1 in 5 people who don’t know where their next meal will come from.”

Hoffman is happy to show off the upgraded JFS facility in the Kearny Mesa area, especially the Esther and Bud Fischer Hand Up Youth Food Pantry, as he introduced Daniel Krasner, a senior at University City High School, teen co-chair of Team Leadership at JFS. Thirty-four teens in Teen Leadership are learning about social change and how to make a difference for good in people’s lives.

Krasner is engaged in good works as the president of the Hand Up club at University City High School. He is a likable young man with a ready grin, although this is a serious weekend, when he sends out college applications and has tryouts for varsity soccer. His duties as co-chair for Team Leadership involve coordinating events, teaching high school students to have a food awareness and go to local stores to choose local food.

Catania

WHERE: 7863 Girard Ave., Ste. 301
HOURS: Mondays-Thursdays, 11:30 a.m.-9:30 p.m., Fridays 11:30 a.m.-10 p.m., Saturdays 10 a.m.-10 p.m.
INFO: cataniasd.com, (858) 551-5105

The menu is varied and uncomplicated and has something for everyone. The choices of antipasti are not numerous, but they are interesting. Neither the Ahi Crudo nor the Crispy Octopus disappointed – many restaurants offer octopus, but very few prepare it correctly. This dish was crispy on the outside and delicately firm on the inside, paired with merguez sausage, chick peas and capers. The Ahí Crudo was presented beautifully, with various shades of red among the ingredients – beets, meyer lemon (a cross between a lemon and a mandarin or orange), poppyseed and basil.

Duck Sugo Orecchiette, the most popular item on the menu, was chosen as the pasta.

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DINING
FRIDAY - NOVEMBER 20, 2015
LA JOLLA VILLAGE NEWS

SOUND OF THE SEASON

Apparently, different classes of turkeys live on both coasts -- and this year’s UCSD Turkey Calling Show is designed to help you see why West Coast turkeys rule. The event, set for Wednesday, Nov. 25 at noon in the Seuss Room of UCSD’s Geisel Library, is presented in the style of an old-time live radio broadcast, filled with music and audience participation. You’ll get instruction on how to use turkey calls and find out how the American turkey became popular in European art. The free event is hosted by sound effects expert Scott Paulson (pictured) and features the Teeny-Tiny Pit Orchestra and many special guests. The Los Angles Times described Paulson as “a sort of modern-day morphing of Captain Kangaroo and Spike Jones; (his work is) always lively and at times wonderfully chaotic.” PHOTO CONTRIBUTED
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6:00 – 9:00 PM

call for a quote

 Broken iPhone or iPad?

 Happy Thanksgiving from all of us at the La Jolla Village News
accounting office of Bird Rock since 2000, has provided the neighborhood with personalized and cost-effective services for both small-business and personal financial tracking," said company president Susanne Warnick. "Taking the time to understand the client’s ultimate financial tracking goals, Easy Books offers in-person meetings to review all financial statements, provide budgeting advice and review AP/AR transactions before tax filing. Additionally, Easy Books provides their clients two rates.

"Instead of pricing minuscule tasks of filing documents and vendor correspondence on behalf of the client at the (traditional) bookkeeping/accounting rate, Easy Books offers a reduced rate for administrative services to their clients.

"Easy Books is here in the neighborhood to make financial tracking more cost friendly and easy."

For more information, call (858) 263-7112 or please visit easybooksinc.com.

Lupi Vino Cucina, at 5518 La Jolla Blvd., is another cornerstone Bird Rock business.

"Lupi Italian restaurant and wine bar has always been a La Jolla favorite for those who appreciate fine Italian wine and mouthwatering authentic cuisine, and now there is a new reason to visit," said the owners, noting that partners Andriano Gasparo and Luigi Tornatore have teamed to add a twist to the menu while keeping all the favorites.

"Add to that an amazing bar menu featuring small tastes and select wines for $6 from 5 p.m. to closing every evening, and you are all set. Enjoy dining on the sunny outdoor patio. You can also bring your pet for some special hosp'tal-ity. So stop by and see what’s new at Lupi’s."

For more information, call (858) 454-6421 or visit lupivinocucina.com.

While you’re in the neighborhood, drop by and check out Opulence Hair Salon, at 5566 La Jolla Blvd.

"We are a full-service salon located in the heart of Bird Rock in La Jolla,” said Chadwinn Scott, noting, “Our team has extensive experience in hair styling and making each visit exquisite. If you would like to have an unforgettable experience, Opulence salon will deliver.”

Scott pledged patrons will appreciate their salon experience.

"If you’re looking for sexy locks, or even some extra body, visit us, and we can create a new look using luxury hair extensions,” Scott said.

“Opulence Salon invites you to come in and visit us for our special on hair extensions. One of our talented team members will get you started on the hair of your dreams.”

For more information, call (858) 829-8477 or visit opulencesalon.com.

While you’re window shopping, stop by La Jolla Independent BMW Service at 5535 La Jolla Blvd.

"Located in Bird Rock, La Jolla Independent BMW Service can help you with your auto maintenance and repairs,” said the company, which specializes in all models of BMWs. "Fast and competitive prices make them a top pick for your automotive needs."

For more information, call 858-488-1555.

Another standout merchant in this block is the UPS Store No. 0003, at 5580 La Jolla Blvd.

"The UPS Store of Bird Rock has been providing the community with personal and small-business needs for many years," said owner and manager Nimisha Amin.

"In fact, 2016 marks more than 30 years of operation at the 5580 La Jolla Blvd. storefront. Originally opening under the Mail Boxes, Etc. franchise, the location was the third to be opened in what would become a global retail chain, offering retail shipping, postal, printing and other business services.

"Through the years, the few committed owners have grown and expanded the location to meet the needs of the community; and in 2003, after having been acquired by

SEE BLOCK> Pg. 16
Promote your Holiday Sale!

in the Bird Rock Holiday page in the La Jolla Christmas Parade Program

If you are a Bird Rock Merchant and would like to advertise on this page, contact Mike Fahey

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Valet  
CONT. FROM PG. 1  
pointed out that much more could be done with valet service, including finding ways to make it a fundraiser. “It seems to me we’re missing out on an opportunity for revenues,” Dorvilier said, adding, “There is a parking problem in La Jolla. Why not take advantage of that with valet spots in commercial areas like Girard and Prospect?”  
New trustee Fanio pointed out valet services could be a “bargaining chip” for merchants, especially restaurateurs, to leverage their businesses.

Association executive director Sheila Fortune noted that the group will seek to outdo its previous performance at last year’s inaugural Holiday Festival of Lights Competition.

The same festival as we did last year, encouraging merchants to dress up their offices, hotels and store fronts,” she said. “At the end of this, we’ll give out trophies in different categories, and we’ll do that at a big event.

The competition will run Nov. 25 through Jan. 1.

Entrants will be judged by an independent panel reviewing decorations the week of Dec. 28. Winners in each category will receive a Holiday Spirit Award.

Judged categories will include best small and large restaurant, best art gallery, best hotel/motel, best small and large retail storefront, best business office and best Instagram “like” category.

LaJollaHolidaySpirit2015.1  
The winners and all other participants will recognize their members current with their business license taxes and must submit a valid entry form to Events@LaJollabytheSea.com.

Board member Nancy Warwick said last year’s Sparkle & Shine Village clean-up campaign was so successful that the group is continuing on an ongoing basis.

“Last year, the Sparkle & Shine campaign raised $74,000 from restoration of the (La Jolla) Shores and their names put on (promotional) banners,” Warwick said, noting the nonprofit La Jolla Town Foundation has been collecting funds raised in the community clean-up effort.

Warwick noted money raised in the campaign “cannot be used for any other purpose other than to clean up Shores.” Names are restricted to a family name or business.

“A person,” she said, “may choose instead to put on their banner the name of a favorite school, a sports team, a nonprofit organization (i.e. La Jolla Community Foundation) or a book club or list multiple names, such as (a group of neighbors, etc.)

Noting the 2016 Sparkle & Shine campaign has already raised $32,000, Warwick welcomed the following donors: Mike Dorviller (Symbio Financial & Concourses De Elegance), Warwick’s Books, Marenco Morton, La Jolla Management, Needle Nicker, Richard Walker, IJ Beach & Tennis Club, Capital Growth Properties, Sansweet, the Equinox, Torrey Pine Properties Management, Grande Colonial Hotel, Moneymal, Alcorn & Bentian, Marion Warwick, Susan Barbery-Booth, Gepetos, Jane Marks, La Jolla Village Lodge, Bridge’s Bloomin’s, Chickie Book Club, Sherry Ahern, Brick & Bell, Gordon Wong Eye Design & Optometry and Ark Antiques for Animals Charity.

Fortune noted that the La Jolla Ve- 

tal was closed Oct. 30. A grant that had funded the center’s opera-

tional budget for fiscal year 2014-15 ended in June, necessitating the cen-

ter’s closure.

HABIB  
CONT. FROM PG. 6  
them. “Sterotypical female spots. Obviously, I’m a feminist. If you think of a fighter, you think of a male.”  
About the violence, she says: “There’s a fine line between fight-

ing and aggressive behavior, I think those behaviors have to be 
the same for men and women.”  

I’m not for street fighting. Not at all. I’m violent. I have for the ring. I love the cage. UFC has a fence around its octagon, but that fence has two or three ropes. In the cage, there is nowhere to go.

Her strength in UFC is her ground game, in which she favors armlocks, jointlocks, and a move called the guillotine.

The 5’5”, 118-pounder has already made a previous stab at joining the boys wrestling team at her school as a freshman. The coach told her that she couldn’t do wrestling and UFC concurrent.

“Right now,” she says, “I’m determined to wrestle and make in- 

formal assistance. I’ve got access to a female’s body.” I know now that women are way stronger than men.

There are men who don’t want to do the wrong thing (in touching a taboo part).

Ever the young woman assessing where she is, Habib clarifies: “This (UFC) is my sport. It’s not my life. It’s not something I brag about at school to my friends.”

Which is why she says competitive fight-

ing is only way of carrying out her mission at this point in her life.

That feminine militancy will take other forms at other times.  

Asked about the seeming con-

flict between a female who grapples and one who remains feminine, she says: “I can get rolled up with make up, like any other girl. How many male boxers gel their hair on a daily basis? Then why wouldn’t I wear a skirt? Does that make me weaker?”

The future wrestler loves kale “and any kind of pressed juice,” mango gelato, sushi (does every high school student love sushi?) and “the original tart” flavor of frozen yogurt—which Yousuf chimes in and calls “fro yo.”

Other businesses in this block section include but are not limited to: Salt Block, Don Run, Don Bravo. The Dapper Dog by Tiara. The Cutting Room. La Shore Deli & Market. Advantage Team Real Estate, Sydney’s Pet Grooming, Krueger LLP. CVS Pharmacy. Orchid Thai Massage & Spa. Nails by the Sea and Bird Rock Animal Clinic.

LEGAL AD

FRIDAY · NOVEMBER 20, 2015

LA JOLLA VILLAGE NEWS
The earthy taste of thyme is one of the flavors we add to many of our Thanksgiving recipes. A member of the mint family but with a more savory flavor, thyme is a Mediterranean herb that prefers very little water, making it a perfect choice for drought-tolerant gardens. Growing it with little water actually intensifies its flavor.

There are endless varieties of thyme that can be used for culinary purposes, ground covers or just a lovely addition to the gardenscape or containers. Leaf colors range from lime green to gold, with several variegated varieties that include yellow or white edges on the leaves. The herb’s tiny flowers come in white, pink and lavender and will attract bees. You can harvest both the leaves and flowers for cooking.

Types of culinary thyme include English and French, which are most common, as well as varieties that boast the flavors and scents of lemon, lime, orange, mint and caraway.

LINDA MARRONE

English and French, which are most common, as well as varieties that boast the flavors and scents of lemon, lime, orange, mint and caraway. Woolly and creeping thyme spread out or cascade down, making them good choices for groundcovers, to plant in rock or in between pavers. When you step on creeping thyme, it will bounce back and release its woody scent.

Small thyme plants can be found at most nurseries and garden centers. Plant this herb in a sunny spot with well-drained soil. If you are using culinary thyme, your plants will need to be replaced every couple of years, because as it grows, thyme becomes "woody" and will no longer produce the tender leaves preferred for cooking. Consider planting a container filled with thyme, rosemary and sage to use in your fall and winter cooking or to give as a gift.

Linda is a Realtor with Coldwell Banker in La Jolla. Pictures of her garden have been published in local and national magazines. Take a tour of her garden at LindaMarrone.com.

Roasted Butternut Squash with Thyme

Thyme lends its earthy flavor to roasted butternut squash in this easy dish that is perfect for Thanksgiving. To remove thyme leaves from their stem, run your fingers down the stem, and the leaves will easily come off.

1 medium butternut squash, peeled, seeded and cut into chunks
2 tab extra virgin olive oil
6-8 sprigs of fresh thyme sprigs, leaves removed and chopped
Garlic salt and freshly ground pepper to taste
1/2 cup finely grated pecorino or parmesan cheese

Preheat the oven to 425 degrees. Toss the squash with the olive oil, thyme, garlic salt and pepper and place on a baking sheet. Roast for 25-30 minutes. Remove the pan from the oven and sprinkle with the cheese. Return pan to oven just to let the cheese melt. Garnish the serving dish with a few sprigs of thyme.

By LINDA MARRONE
Open the garden gate towards a flowing fountain and immediately feel welcome. Stroll softly along a stone path towards the back garden with waterfall, spa, koi pond, and smiling buddha frog! The unique charm of this property includes three bedrooms, wood-paneled den, and a spacious living room with flagstone fireplace. Hardwood floors throughout. Every aspect here has been lovingly cared for, and renovated to perfection. Plus there is a private one bedroom guest suite with separate entrance. The understated elegance of this property speaks for itself as does the prime location. Only 2 blocks to La Jolla Shores’ beach and restaurants.

Seller will consider offers between $2,795,000 – $2,995,000 for more information and photos

Krasner » CONT. FROM PG. 11

ask for food donations. He also promotes a higher awareness of food insecurity issues on social media. More than 15 club members are on his Hand Up roster at UCHS.

“I bumped it up from 10 early on,” he said proudly. Krasner credits his older brother Ari with getting him interested in this mission.

“My brother started the program as a freshman,” he said. “I joined my sophomore year. We have volunteered for JFS since we were little. Ari goes to George Washington University in D.C and just turned 20. I hope to go to USC... such a nice school. Competition is so tough; grade point average, SAT, community service all play a role. I have been president of Hand Up both junior and senior year.”

Daniel got his start in education at the Jewish Academy in Carmel Valley from kindergarten through grade 3. Then he went to a small school near Montgomery Field, Solle Hebrew Day School, for grades 4 to 8. He entered UCHS as a ninth-grader.

A pantry holds lots of food at this JFS facility. The Hand Up Youth Pantry distributes supplemental food and hygiene products to thousands in need across San Diego County. Hand Up teen leaders supervise volunteers in the food pantry at military food distributions, deliver community educational presentation on food insecurity, raise funds and advocate to relieve hunger. Clients with a case manager are allowed to choose what food they want or need, including pet food and baby food. There is a point system wherein healthful foods cost fewer points than unhealthy ones.

Then there is the public distribution of food from JFS, which has two military food distributions a month. Hoffman chimes in that “The cost of living is so high in San Diego as compared to somewhere like Iowa. Food is an issue for many in the military. Besides that, lots of enlisted military do not have a family support system here if they are from another part of the country. We also visit St. Paul’s at Sixth and Olvera, where the homeless, some middle-class folks and older people line up for food.”

When asked if this is an ecumenical opportunity, he replied, “Of course. This year’s Team Leadership participants are 19 non-Jewish and 15 Jewish.” Krasner also said that his UCHS club brought in people from all religions.

Synagogues donate food, especially during High Holy Days. Businesses also support the cause, and so do many other generous San Diegans. The Hand Up Teen Leadership Program helps teens improve their leadership skills, increases their leadership and resilience as positive agents for change and builds their awareness about the issues of hunger and food insecurity in San Diego. Monthly meetings focus on skills like public speaking, team building, fundraising, advocacy, goal setting and project planning.

Krasner also is a Price Fellow at UCHS. “Aaron Price Fellows,” the group’s website says, “prepares highly motivated and diverse San Diego public high school students to be responsible, engaged and caring members of their community.”


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