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NEWS BRIEFS
OFF TO THE RACES
On Thursday, Sept. 12, the parking lot of HomeStreet Bank at 6515 Mission Gorge Road played temporary dock for the bank’s Miss HomeStreet hydroplane boat. The boat will be taking part in the San Diego Bayfair Sept. 13-15 — an event that draws 70,000 spectators to Mission Bay and is now in its 55th year. The weekend fun features a barbeque competition and various watersport competitions.

STREET SIGN, Page 3

BY JOYELL NEVINS | Mission Times Courier

Someone — or several someones — seem to have a desire to own the street sign for Lambda Drive in Del Cerro. A nearby resident has seen at least two thefts and one attempted theft, and she has suspects in mind — she thinks it’s an ongoing effort by San Diego State fraternity brothers, or perhaps pledges, looking to qualify for membership.

“What at this point, I’m 100% convinced this is fraternity related,” she said.

Veronica (we’re not using her last name, because she knows the thieves saw her watching their efforts, and thinks retribution is a possibility) said the attempted robberies of her neighborhood streets happens late at night or very early in the morning.

But why?

Is it in fact what she thinks it is?
Is it someone who just collects Greek names?
What other possibilities are there?

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Mission Trails Regional Park offers up new teachers, new coaches and new student clubs at Henry. Page 10

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BY DOUG CURLEE | Mission Times Courier

Wegmann was selected out of hundreds of teachers across the country by the non-profit Ecology Project International (EPI) to participate in the eight-day Teacher Fellowship in the Greater Yellowstone Ecosystem. EPI is a field science and conservation organization that partners scientists with local and international students and educators in ecologically critical environments in Yellowstone, Costa Rica, Ecuador & the Galapagos, Belize, and Baja, Mexico.

Wegmann teaches freshmen and sophomore biology at Patrick Henry High School. She has been bringing her students to the field — and vice versa — for several years. They’ve been to the Amazon rainforest and will be visiting Australian coral reefs. But this time around, Wegmann wanted to forego the exotic and

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learn about what’s in our own backyard.  
“We do wonders to break, and they’re often as you can get with animals who were from a road.  
It wasn’t the wolves, Wegman’s group used radio telemetry to track and find the one percent of collared females scattered throughout the reserve.  
They were all science teachers, so they were all getting tearful,” she explained.  
“Turns out, it wasn’t despite NPS warnings, many of the hikers didn’t carry bear spray with them because they felt bears wouldn’t appear if they were close to the road.  
One of the project’s fellows assisting was an amphibian survey to compile what types of amphibians live in the Yellowstone ecosystem. This involved actually wading into the water and capturing frogs to determine their species.  
Another survey with more talking and less swimming was completed for the NPS. The teachers surveyed hikers to help assess how the NPS’s bear safety messages were getting across.  
“Another survey with more talking and less swimming was completed for the NPS. The teachers surveyed hikers to help assess how the NPS’s bear safety messages were getting across.  
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Veronica notes it’s happened three times, all seemingly around the time school opens for the year, and fraternities are rushing pledges and, vice versa. The latest street sign robbery attempt occurred in the early hours of Aug. 19.

Veronica and her husband heard noises at 2 a.m., went outside and saw someone trying to pry off the street signs at Lambda Drive and Theta Place with a crowbar. The thieves sped off in a large truck, and even tried to return but sped off again when they saw Veronica and her husband still up and on their porch.

There appears to be only one fraternity at SDSU with Lambda in its name, and it appears to be on inactive status, which doesn’t mean it’s gone away — just unsanctioned. There are four fraternities with Theta in their name.

The sign has been replaced by the city twice. And a third replacement is now on order because cause the attempted robbery left the sign post bent and is an eyesore for the neighborhood.

“This needs to be investigated, as this is grand theft,” Veronica said.

Well, it may be, but so far, San Diego Police aren’t going out in SWAT gear to take down the crooks.

“I checked with the Crime Statistics people here, and there is no report on file about any such crime” said SDPD media relations chief Lt. Shawn Takeuchi.

So it’s not now being investigated as a heavy crime — and it’s not likely to be, unless another attempt is made, and someone is hurt.

Landon Santacroce of the city Public Works department thinks this is at best, vandalism.

“We know it’s happened, and we’ll replace the sign again as it comes up in the repair and replacement schedule,” he said. “It’s certainly not the only such case in the city. People tend to steal street signs for any number of reasons, and we often don’t know why.”

Veronica’s energetic campaign has gotten the attention of City Council member Scott Sherman’s office and they’re looking to see if police could increase patrols around the area.

We checked with Fraternity Row, the umbrella organization for Greek life on campus, to see if any word had filtered up to them. We were told there was no one available to talk with us about it, or when anyone might be available.

So, that’s where it stands right now — a mystery that no one seems to have answers to.

Of course, there’s a slight possibility of other suspects — it should be noted, in the interest of total gender equality, there is a sorority on campus that also has Lambda in its name, and two with Theta.

Just food for thought.

— Doug Carliner is a longtime San Diego reporter in both print and television. Reach him at dougcarriner@cox.net.

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Veronica of the canine species.

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Difference Maker: San Carlos resident fights for Latina community

By JEFF CLEMENTSON • Mission Times Courier

“My journey was not easy,” says San Carlos resident Rosa Hernandez.

At the age of 17, she became gravely ill and hospitalized, not knowing the symptoms of diabetes. No one in her family history had experienced the disease. For the first time in her life, she had to learn how to check glucose levels, pay attention to diet and adapt in order to survive.

And while the experience was difficult to navigate, “it crystallized an uncharted path for me,” she said. “I started living my life with more meaning, starting by educating those around me on diabetes.”

Hernandez is the daughter of Mexican immigrants who emigrated to San Diego and the first of five siblings to pursue higher education, with degrees in Psychology and Chicano Studies from San Diego State University.

While attending SDSU, she helped found Lambda Theta Alpha Latina Sorority Inc. (LTA) — the first Latina sorority in the history of the U.S. LTA is now than 500 Latinas.

The organization started in 1986 when five insightful local Latinas recognized the significant need for a unifying force — a strong Latina voice advocating for a greater presence and a deeper involvement in educational, economic, political and social arenas. These women created a unifying force and voice by establishing the San Diego chapter of MANA.

In August, Hernandez was named a finalist in the Coors Light Líderes of the Year competition. “Through our program, we have the opportunity to create awareness about 12 outstanding Latino leaders who are inspiring others and making a difference to champion leadership in communities across the country,” said Alberto Senior, who leads MillerCoors’ national Latino community efforts. “For more than a decade, the Líderes program has recognized the unique accomplishments of over 170 leaders, and I am excited about awarding the 2019 Lider of the Year with a $25,000 grant that will help the Latino community climb on even higher.”

The winner of the award will be announced during Hispanic Heritage Month, which runs Sept. 15 to Oct. 15.

Mission Times Courier recently caught up Hernandez to talk about MANA, it’s work and her role in making a difference for San Diego Latinas.

WHAT IS MANA? WHAT DOES IT DO? HOW DID YOU BECOME INVOLVED WITH MANA? WHAT DO YOU DO THERE?

MANA de San Diego is a non-profit organization that empowers Latinas through education, leadership development, community service and advocacy. The organization started in 1986 when five insightful local Latinas recognized the significant need for a unifying force — a strong Latina voice advocating for a greater presence and a deeper involvement in educational, economic, political and social arenas. These women created a unifying force and voice by establishing the San Diego chapter of MANA.

I currently serve as the Director of Development and Member Services at MANA de San Diego. In my role, I’ve been able to help the organization double its budget in under three years. I have also spearheaded MANA de San Diego’s partnership with SDSU’s LTA chapter to host a biannual leadership conference for more than 500 Latinas.

GIVEN TODAY’S POLITICAL CLIMATE, HOW IMPORTANT IS IT TO EMPOWER THE LANTIXN COMMUNITY? ANY LOCAL EXAMPLES THROUGH YOUR WORK THAT EXEMPLIFY THAT NEED AND HOW MANA ADDRESSES IT?

I have always found my purpose in going the extra mile to help ensure others get closer to achieving their dreams. Now more than ever, I believe that empowering one woman at a time can strengthen our communities.

Over the years, MANA de San Diego has been a leading voice for the Latina community during times of need. Most recently, I was able to speak at a local vigil in response to the El Paso shooting — standing up to hate and racist rhetoric.

That experience taught us that, as an organization, our members wanted to continue the conversation in a meaningful way. So, in response, we made the focus of our latest networking breakfast a panel with immigration and civil rights leaders. Our esteemed panelists shared ways for MANA de San Diego members to create change in their neighborhoods.

We aim to provide a welcoming and unified front for San Diego’s Latinx community today and for years to come.

IS THERE A FINAL MESSAGE YOU’D LIKE TO LEAVE OUR READERS WITH?

I am steadfast in the belief that empowering one woman at a time can empower communities in truly powerful ways. Even if you come from humble beginnings, you have the power to make larger-than-life impact in the communities you belong to. Echale ganas! (Do it with passion!).

—Read editor Jeff Clementson at jeff@sdnews.com.

Rosa Hernandez speaking at a MANA event at Sea World (Photo by Ricky Photo)

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Our goal is to have our patients achieve their maximum potential in hearing through advanced technology, quality service and the little extras that provide true quality for hearing excellence. Investing in better hearing is one of the most important decisions you will ever make.
La Mesa Foothills Dems focus on new candidate recruitment

“Step on up” is the theme of the Wednesday, Oct. 2 general meeting of the La Mesa Foothills Democratic Club. With the recent shocking news that 53rd District Congress member Susan Davis has decided to retire, her personal story carries a great lesson for those seeking public service. She started as a social worker, joined the League of Women Voters and became chapter president, sort of stumbled into a run (and win) for San Diego School Board, and followed those offices with tenures in the California Assembly and in the U.S. House of Representatives (10 terms!).

We are looking for the next generation of Susan Davis’s, and are providing our membership and guests with a great panel of young politicians who ran against Republicans in traditionally conservative districts, and managed very successful campaigns to break barriers.

We continue to have many campaigns to break barriers. We must continue our fight for middle class values such as science, women’s health rights, criminal justice reform, climate action, sensible gun laws, affordable health care and economic equality. We need more affordable housing, transit choices, immigrant justice, stronger union representation, living wages, and an end to discrimination and hate in all sectors of public life. How do we get activists on the ground, and share these progressive ideas?

We’ll hear some of the answers from County Supervisor Nathan Fletcher, La Mesa City Council members Colin Parent and Dr. Akilah Weber, and Helix Water Board Director Mark Gracyk. They will gladly share their stories and strategies to run strong and successful campaigns to achieve office for those altruists aspiring to a career of public service for the common good.

Our October general meeting will take place at our usual meeting location, the spacious and recently remodeled La Mesa Community Center at 4975 Memorial Drive in La Mesa. The meeting begins at 6:30 p.m. Please follow us on Facebook, and visit our website at lamesa-democraticclub.com.

—Tina Ryenberg is president and Jeff Benesch is vice president of programming for the La Mesa Foothills Democratic Club.

Republican Women Fashion Show at Bali Hai

The November primary is right around the corner and Republicans everywhere are excited and prepared to send out our conservative message and register voters. The U.S. economy is experiencing an historic boom with record low unemployment rates and dramatic increases in middle class income as well as the stock market. For the first time in years, citizens are optimistic about their future.

President Trump is keeping his promise to “make America great again” by tackling international trade issues that have been ignored for too long. We are finally making progress in enforcing trade agreements that are fair to the United States and bringing in billions of dollars to our economy. There has been a sharp drop in the number of illegal crossings at the Mexico border, but it is still a major crisis that needs our continuing attention.

In two and a half years, Trump’s accomplishments for our country are monumental, but have not been publicized by the “mainstream media.” That is why it is up to us to remind our fellow citizens how much better things are today.

—Pat Boerner writes on behalf of the Republican Women of California – Navajo Canyon.

POLITICS
It is time to act on short-term rentals

By MARA W. ELIOTT

In August 2018, after hours of public testimony, the City Council enacted a 6-2 vote an ordinance to regulate STVs. The ordinance had been introduced by the Planning Department and amended by the City Council. Attorneys in my office advised on the law and drafted municipal code amendments to meet the pol-

icymakers’ goals. The industry did not like the ordinance. Although they openly threatened to sue, they in-

stead chose to bankroll a petition drive to suspend the ordinance for a public vote on it. In such cases, the council has a choice: it can repeal its ordinance outright or place it on the ballot. By an 8-1 vote, the council re-
pelled its ordinance, even though it had been years in the making. Under the law, the Mayor and City Council have two alternatives. When the City Council repeals an ordinance suspended by a refer-
endum, as was the case here, the Council could introduce a sub-
stantially similar ordinance one year after the date of repeal. The one-year anniversary of the repeal was November 13, 2019. The council could also immediately introduce a new STR ordinance that does not substantially mirror the repealed ordinance. Unfortunately, no ac-

tion has occurred since the repeal, and STVs continue to flourish.

The Mayor and City Council have a golden opportunity to bring this meaningful reform to a meaningful and productive end by finally put-

ning in place rules that are objective and clear, and again they will have the full support of my office in-

ning successful enforcement. My office stands ready to prosecute any STV-

related nuisance cases brought to us by mayoral departments.

—MARA W. ELIOTT is San Diego City Attorney

‘Companion Unit Handbook’ released

Recently, my office teamed up with the San Diego Housing Federation, the Local Incentive Support Coalition (LISC), and the Pacific Southwest Association of Realtors (PSAR) to write the “Companion Unit Handbook,” a helpful guide to homeowners to better navigate the process of constructing a companion unit on their property.

Companion units, otherwise known as Accessory Dwelling Units (ADUs) and granny flats are an important tool in fixing San Diego’s housing crisis. These units are uniquely useful in increasing housing in low density residential units. In a region where aver-

age rent is nearly $1,800 a month and the median price of a house is over $500,000, renters are actively seeking alternative options for af-

fordable rent. In addition, homeowners are seeking alternative options to offset the cost of a home mort-
gage. Companion units pro-

vide an immediate solution to the region’s housing supply crisis.

The design and construc-
tion of a companion unit is a step-by-step process. Success often depends on preparation and a solid un-
derstanding of the process. When considering build-

ing or adding a companion unit on a property, the Companion Unit Handbook will help homeoweners understand:

• property’s zoning
• issues and setbacks such as parking
• companion unit design and construction
• Permitting require-

ments
• Funding
• Supporting documents and resources

Companion units pro-

vide a great housing op-
tion for many San Diego families. Unfortunately, in the past, the process for permitting approval was cumbersome and difficult. This guide helps to guide the SD Housing Federation, LISC, and PSAR, San Diegans now have a pathway to compliance.

To review the Companion Unit Handbook, please visit my website at SanDiego.gov/C7 or contact me at my of-

ce at 619-236-6677 or email at ScottSherman@SanDiego.gov.

—Scott Sherman rep-

resents San Diego City Council District 7

Letters

WHY, THANK YOU

What a great Aug. 9 issue I

found driven to my driveway this week. I’ve been out of the area for six months. On returning, it seems to me that you have improved the interest level in your publication. In particular, I enjoyed reading “A sound education,” “FireMom pro-

vides,” and “Coastal Cleanup Day” on SDUSI West, the photos and article about Los Panchos, and the Foodhills Democratic club notice. The engaging photos drew me in to read more articles that I often do. My favorite is of the painting “Water for the Dogs.” I even found couple of certified arborists in your services classes. I may be calling soon. Great job.

—Hope Anderson, Allied Gardens

DEAL, NO DEAL

Re: “Scott Peters, Planned Parenthood headline September Dem’s meeting” [Volume 25, issue 8]

I was pleasantly surprised to read in the latest issue of the Mission Times Courier that “Rep. Peters will address his recent endorsements of both the Green New Deal and the La Mesa Foothills Democratic Club, on Sept. 5.

Unlike all his San Diego County Democratic colleagues, Mr. Peters has not yet endorsed the Green New Deal. I look forward to him doing so between now (Aug. 13) and Sept. 5. It will be the responsible thing for him to do.

—David Morrison, Del Cerro

OPINIONS / POLITICS / NEWS

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OPINIONS/LETTERS: Mission Times Cou-

nier encourages letters to the editor and guest editors. Please email submissions to jeff@sdcnn.com and include your phone number and address for verification. We reserve the right to edit letters for brevity and accuracy. Letters and guest editors do not necessarily reflect the views of the publisher or staff.

ARLAVARO RECOGNIZED

Alvarado Hospital has been recognized by Becker’s Hospital Review, for the second consecutive year, as one of the “100 Great Community Hospitals” for 2019.

Alvarado currently holds a five-star rating from CMS for quality healthcare, has been a recipient of the Healthgrades Patient Safety Excellence Award for the past five consecutive years, and was awarded an A Grade for Patient Safety by The Leapfrog Group earlier this year.

COASTAL CLEANUP DAY VOLUNTEERS

The 35th annual Coastal Cleanup Day is nearly here. I Love A Clean San Diego (ILACSD) is seeking 8,000 volunteers to help beautify more than 100 sites across San Diego County on Saturday, Sept. 21, 2019 from 9 a.m.–noon.

SEE NEWS BRIEFS, Page 16

SEE NEWS BRIEFS, Page 16

[Image 429x968 to 468x1018]

[Image 633x219 to 749x246]

[Image 640x38 to 672x57]

[Image 647x581 to 728x611]

[Image 651x1097 to 766x1120]

[Image 661x1017]
Sept. 13 – Oct. 10, 2019

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For several fall sports programs at Patrick Henry High, the sky is the limit this season. With practices and regular season action underway, the teams are hoping for banner years.

In field hockey action, the Lady Patriots under head coach Kenny Hasselbar ended last season with a record of 18-8. Patrick Henry lost in the CIF Division I semifinals to Vista. Heading into this year’s campaign, Patrick Henry has a number of key players, according to Hasselbar. These include Abby Filson (Class of 2022), Jane Martinez (2020), Rachel Timmons (2021), and Jasmine Lawson (2021). “Expectations for the upcoming season are extremely high,” Hasselbar commented. “We graduated a large portion of our team but we also have a very strong core of returning players. Losing in the D1 semifinals was heart-breaking for our program last season and left a sour taste in all our mouths. We are taking the approach to this season that it is simply one game at a time, with the end result to put the best product on the field at every opportunity.”

As Hasselbar noted, “the end goal for every team is to bring home a CIF championship and we would love to do that again, but it is still one day at a time.”

(Kristen Trincher/Courier)

Girls and Boys players, in the Crusaders Soccer Club’s (CSC) new colors of cardinal red and grey uniforms, played soccer on virtually all of the grass parks and fields in the Navajo Community for the Coronado Crown City Classic tournament held Aug. 3-4 at the director of coaching, “A very sincere thank you for all the coaches and assistant coaches for volunteering their time and expertise to help teach all the CSC players about sportsmanship, team building and cooperation and the great game of soccer. And a similar thank you to all the parents for making sure their child is available for practice and supporting their child and team on game day.”

Games are held on Saturdays through Nov. 16. Stop by any Saturday and enjoy a game of “futbol.”

The 32 Competitive Division teams, are coached by professional soccer coaches. They play throughout San Diego County, and there are usually games at Pershing Middle School and the Lower Lewis School and some Sundays through the middle of November.

—Jay Wilson writes on behalf of Crusaders Soccer Club.
Meet the new teachers

Every year we have a few changes at Patrick Henry High School (PHHS) due to retirements and staff members moving away. This year was no different and I’m happy to report that the new people we’ve hired have been a great fit for our school so far. Please welcome:

Mr. Abraham Shklar is replacing Tina Brown who retired after many years of service to the SDUSD. Mr. Shklar is teaching art and comes to us from Vista High School where he taught for the last five years. When asked what makes Henry special he replied, “The students are so incredibly dedicated to succeeding academically. They’re all so respectful and kind to each other and myself in class. It makes my job as an educator so much more pleasant when I am teaching students who really want to be artists and learn how to draw and paint.”

Mr. Richard Norton joined us after teaching for 25 years in the San Diego Unified School District. His last assignment was at University City High School where his principal reported to me during the interview process what a loss it would be for the school if we hired him as he has been a true gem and leader there. Mr. Norton is teaching English at Henry, however he has experience teaching humanities, video production, journalism, and film arts. Mr. Norton shared that he has enjoyed the terrific support he has received from the staff so far and

Ty Lackey, Richard Norton, Abe Shklar, Cecile Nedellec, Casey Spaulding, Monty Hutchinson, Justin Nguyen, Jason Rogalski, Kristen O’Hara (Photo courtesy PHHS)
PHHS celebrates a great opening which included Club Day to help promote inclusiveness, fun, education, culture, and good health through our ASB Leadership team. We have over 80 clubs on campus and the best way to add new members is by advertising them at lunch in a fun and creative way. Tables were set up around the quad spilling into the walkways with special posters and charts to explain the club's purpose. A full list of over 80 different clubs is on our website with days and times when they meet.

Club Day kicks off the new school year at Henry

PHHS celebrated a great opening which included Club Day when they meet.

Jeff Rosa, the school's principal, is eager to come to class to learn. He joins the Henry team after his first year teaching all levels. He has an extensive background teaching in charter schools and is excited to join the Henry team at a comprehensive site.

Justin Nguyen is happy to join the Henry team after his first assignment teaching biology at UC High School last year. Though Mr. Nguyen is a new teacher, he came in to earbuds all day!
Thai meals with kingly flavors

Restaurant Review
By FRANK SABATINI JR.

San Diego’s land of strip plazas often house restaurants that appear so utterly unremarkable on the outside, and yet greet with surprising elegance and comfort upon passing their thresholds.

King of Thai Cuisine is one of those places. Ditto for its close neighbor, The Purple Mint Vegetarian Bistro, which is much larger in comparison and serves as your best landmark for finding “the king.”

The nine-table dining room is obscured from sight because of tinted windows and a floppy banner alerting customers the restaurant is now open seven days a week. It used to be closed on Sundays, which is when we sauntered in for a midday meal amid fresh white roses on the tables and golden, Thai statuary perched regally along a wood-paneled wall.

Quietude prevailed and the first thing I asked our endearing Thai waitress was, “Who is the king?”

With a chuckle she said the restaurant is family-owned while indicating the chef is a woman from Thailand named “Amy.” It was indicated she might also be part of the ownership. Though not in the house at the time, it turns out the king of this quaint eatery is a queen. And her food is rather regal.

What we saw pass our table were pretty presentations of sizzling “Bangkok steak” with carrots and pineapple; a mound of pad Thai noodles festooned in ground peanuts; and a wide, shallow bowl of mussels strewn with kingly flavors.

SEE KING OF THAI, Page 13

Classic Thai décor showcases the quaint dining room (Photo by Frank Sabatini Jr.)
King of Thai

CONTINUED FROM Page 12

with ginger, bell peppers and fresh basil.

Though tempting, we set our sights on other items, starting with house-made crab rangoon, a rather pedestrian dish born from San Francisco’s tiki culture of the early 1960s.

Adopted soon after by Thai kitchens across the country, these cramped pastry purses are stuffed with cream cheese and crab — in this case the imitation stuff, which equates to pollock. (King of Thai’s crab fried rice, however, uses real crab.)

Although the interdicovery is barely detectable. These were nowhere, the seafood inside is

of Thai’s crab-fried rice, however, which equates to pollock. (King of Thai)

used to due extra measures of coconut milk. Yet this carried better complexity than others, due perhaps to higher doses of fish sauce and cilantro that normally go into the recipe. Stocked also with carrots and potatoes, my only caveat was that the latter were bit un-

under-cooked, which didn’t faze my companion in the least. Behold the Thai barbecue chicken. If you like thigh meat with charred edges, this generous pile of boneless, skinless poultry will wow you.

The chicken is marinated in ginger, lemon grass, and garlic — and served with rice and slightly spicy tamarind dipping sauce.

Our waitress said the chicken is “a little waiter” compared to the barbecue birds served in her native Thailand. Indeed, the aromatic meat glistened with flavor and was tender enough to cut with a fork. It will be the reason I return soon.

Our meats专项 to a wide au-

rice and the colored curries. Conversely, diners who enjoy veering off the beaten track will find items such as avocado curry with a choice of protein, pineapple-curry duck, and deep-fried pompano (whole fish) topped with hot basil sauce.

Lunch specials are available from 11 a.m. to 1 p.m. Monday through Friday. They range from $8.95 to $10.95 and include a main entree with Tom yam soup, a house salad, a vegetable spring roll, and a cream cheese wonton.

—Frank Sabatini Jr. is the author of ’Secret San Diego’ (ECW Press) and began his local writing career more than two decades ago as a staffer for the former San Diego Tribune. You can reach him at fsabatini@san.rr.com.

Thai barbecue chicken (Photos by Frank Sabatini Jr.)

Crab rangoon

September Specials

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<tr>
<th>Item</th>
<th>Price</th>
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<tr>
<td>Our Own Marinated Boneless Skinless Chicken Breast</td>
<td>$4.99 lb.</td>
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<tr>
<td>USDA PRIME Aged, Midwestern Ribeye Steaks</td>
<td>$24.99 lb.</td>
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<tr>
<td>Our Own Marinated Chicken Drummets</td>
<td>$4.99 lb.</td>
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<tr>
<td>Fresh,Homemade Sweet or Hot Italian Sausages</td>
<td>$4.99 lb.</td>
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<tr>
<td>OUR OWN Fresh, Homemade Meatloaf</td>
<td>$4.99 lb.</td>
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<tr>
<td>Iowa’s Double Smoked Sliced Bacon</td>
<td>$7.99 lb.</td>
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GOOD THROUGH SEPTEMBER 30TH, 2019 OR WHILE SUPPLIES LAST

odan...
Mission Trails volunteer remembered

The Mission Trails Regional Park (MTRP) community is deeply saddened by the passing of Linda Kramer, on Aug. 10. A longtime MTRP volunteer, Linda served as secretary of the park’s Trail Guide program since its inception in 1995; her husband, Fred Kramer, has been the group’s president since April 2000. Linda and Fred could be seen at the park several times a week, often on Father Junipero Serra Trail. Linda would routinely pick up trash along the way, leaving no cigarette butt or gum wrapper in her path.

Linda Lorraine Sawyer was born in Quincy, Massachusetts, and her family later relocated to Glendale, California. There, she met the love of her life, Fred Kramer. They married in 1968 and shared the next 51 years as best friends, proud parents of a son, Greg, and daughter, Amy, and grandparents of two grandchildren — Meredith and Makenna.

Before volunteering at Mission Trails, Linda was very active in her children’s youth sports programs, coaching soccer and Bobby Sox. She worked in the offices of Dailard and Penn Elementary Schools, and began volunteering at the MTRP Visitor Center front desk when the facility opened in 1995. She was also a graduate of the first Trail Guide training that year, and went on to lead more than 140 walks in the park, including many for school groups, which she thoroughly enjoyed.

In 2005, Linda received a special award for her dedicated volunteer service at Mission Trails, and in 2009, she received the much-deserved Volunteer of the Year award. Linda Kramer will be remembered fondly and sorely missed. One of Linda’s favorite things to see at Mission Trails was the beautiful wildflower, camchileluga. The flower’s springtime bloom will forever remind us of Linda and her kind spirit.

Continued learning at Mission Trails

With summer over and school back in session, many of us adults seek new educational opportunities, accustomed to the learning a new academic year affords. Here at Mission Trails Regional Park, there are many ways to continue learning, and ongoing educational events can be found on our website, in our newsletter, and through our monthly e-newsletter.

Two special public programs offered this fall highlight the birds and plants of Mission Trails, and can both fill one’s desire for continued learning and bring some of the beauty of the park to your home environment.

**CREATING A BACKYARD HABITAT**

A well-planned garden can be a representation of nature and continually provide valuable habitat for birds, beneficial pollinators, and other wildlife species.

On Thursday, Oct. 24, Mike Evans, a foremost authority on California native plants, will be at Mission Trails to discuss the important role that native plants can play in home landscapes, and share ideas on how to bring the beauty of the park to your own backyard. Emphasis will be on how to design a home garden that incorporates native plants found in the park. Mike Evans is founder and president of Tree of Life Nursery (TOLN) in San Juan Capistrano, and has produced and sold California native plants for over 40 years. TOLN is the largest native-plant supplier in California and promotes a style of authentic horticulture, specifically the concept of appropriate landscaping with native California plants.

In addition to Evans’ presentation, attendees will have the opportunity to attend a special propagation workshop at Mission Trails with longtime volunteer Terry Gaughen on Saturday, November 2. For more information and to register, visit mtrp.org.

**BIFFS ALONG THE TRAIL**

Regionally, the name Wendy Esterly is synonymous with birds and birding. A longtime volunteer at both Mission Trails Regional Park (MTRP) and the San Diego Natural History Museum, Wendy is an avid photographer whose stunning images of birds and other wildlife have been used in publications and exhibits. At both organizations, she is a volunteer trail guide and a member of the training team for future trail guides. At Mission Trails, she is the MTRP Nest Box Project’s co-coordinator and also monitors nest boxes during nesting season. She has served on the “Wonderful Wildlife of Mission Trails” exhibit committee and on the Nest Box Project exhibit at the MTRP Visitor Center, set to open this fall. Wendy is also the author of the recently published “Coloring Southern California Birds” by Sunbelt Publications.

On Nov. 14, Wendy will share photos of 20 birds commonly seen at Mission Trails Regional Park. Attendees will learn where to find the birds, the time of year they can be seen, hear their call or song, and find out interesting facts about the birds at the park. This presentation is suitable for all ages. Seating is limited; register at mtrp.org.

Jennifer Marriese is executive director of the Mission Trails Regional Park Foundation.

Cox adds Prime Video app to Contour TV

Wondering which TV show or movie to watch when you have some time to unwind? Cox Communications just made it even easier to find a new favorite show with its recent launch of Prime Video on Cox Contour TV.

Prime Video joins Netflix, YouTube, NPR One and others in the Contour TV library of apps. Cox Contour TV customers can use their voice remote control to easily and quickly access their Prime Video subscription to watch critically acclaimed shows such as “The Marvelous Mrs. Maisel” directly on the Prime TV app, or “Ryanverse,” who is pulled from the CIA analyst Jack Ryan, a character created by Tom Clancy. The second season of the Amazon Original has been well-reviewed by critics and fans alike, with the show earning critical acclaim and breaking records for its ratings.

Prime Video can also be accessed in the “Apps” section of the Contour guide.

“Contour has become one of the most innovative platforms in cable,” said Schlundt. “By adding the Prime Video app to Contour, Cox continues to make it incredibly easy for customers to access all the programming they love in one place.”

Popular Prime Video TV shows include:

- “The Marvelous Mrs. Maisel” (2 Seasons)
- “The Man in the High Castle”
- “There’s no need for a secondary device or input switch,” said Suzanne Schlundt, vice president of field marketing. “Similar to Netflix, Contour’s other integrated apps including Netflix, YouTube and iHeart Radio, all you have to do is speak into your voice remote control and say things like ‘Prime Video’ or ‘Mrs. Maisel’, and Cox Contour will take you to your Prime Video programming.”

This winner of eight Emmy Awards is a brooding thriller about a young girl raised by her father in isolation in the woods and trained to be a lethal assassin.

Based on the 2011 film of the same name, “Hanna” is a brooding thriller about a young girl raised by her father in isolation in the woods and trained to be a lethal assassin. Thrust into the real world with no concept of social normalcy, Hanna skillfully dodges an off-book CIA agent while searching for the truth about her identity.

This political action thriller follows CIA analyst Jack Ryan, a character from Tom Clancy’s well-established “Ryanverse,” who is pulled from the safety of his desk job to work in the field.

Jennifer Marriese is executive director of the Mission Trails Regional Park Foundation.

UPCOMING LECTURES AT MISSION TRAILS

Register at mtrp.org

CREATING A BACKYARD HABITAT

Mike Evans, Tree of Life Nursery Thursday, Oct. 24, 7 p.m.

BIRDS ALONG THE TRAIL

Mike Evans, MTRP Trail Guide and Nest Box Volunteer Thursday, Nov. 14, 7 p.m.
COMMUNITY

Allied Gardens Grantville Community Council news
By SHAIN HANG

Please drop in and roam around the Allied Gardens Grantville Community Council (AGGCC) website at aggccouncil.org. We are developing it to be your primary source of information about the community. We will happily post announcements of your meetings, public events, and all other happenings that you want our community to know about. We hope that you will put the site to use as a primary means for your organizations to reach our neighbors.

TOWN HALL MEETING

Looking ahead to our Sept. 24 Town Hall Meeting at the Benjamin Library (Zion Avenue and Glenroy Street) at 6:30 p.m., our topic will be the Community Emergency Response Team. After the devastating Cedar Fire of October 2003 the city of San Diego sought new solutions to meet the various challenges posed by wildfires and the potential destruction of earthquakes. A new community based program called Community Emergency Response Team (CERT) was developed by our Fire Rescue Department. CERT helps citizens become part of the solution in their communities. San Diego Fire-Rescue personnel train and empower citizens in safe, effective neighborhood teams. Instructors teach citizens to take the life-saving action to help families, neighbors, and businesses through the first hours and days when emergency services are overwhelmed.

COMMUNITY EVENTS

Ascension Lutheran Church is hosting another great Craft Fair on Nov. 9 between 9 a.m. and 1 p.m. at 5106 Zion Ave. There will be crafters with jewelry, quilted items, home decor, holiday decorations, soaps, essential oils, hats, scarves, and baked goods, to mention a few of their special skills. The church is looking for crafters and artisans to join and to display their work. Please contact Emily at ascensioncraftsale@gmail.com for more details.

San Carlos Area Council news
By PATRICIA MONEY

We had a full house at our San Carlos Area Council meeting in August. Two candidates for our City Council district (the seat which Scott Sherman will vacate after this term) appeared. Raúl Campillo grew up in El Cajon and is a former school teacher. He now works as a Deputy San Diego City Attorney and said one of his proudest achievements has been helping homeless and addicted people get back on their feet with housing and employment. Noli Zosa is a small business owner who serves on 17 different boards. His focus will be on solutions to homelessness, streets and infrastructure and community safety.

Our guest speaker in August was City Councilmember Barbara Bry, who is running for Mayor of San Diego. She spoke about her history as a San Diegan, journalist and City Councilmember for District 1. She’s focused on issues to include short-term vacation rentals and their impacts on our communities, the controversial scooters that now criss-cross and litter the San Diego cityscape, and the future status of Balboa Park. She vows to fight the commercialization of the park and that parking should remain free for people who visit the park.

BOARD OF DIRECTORS MEETINGS

The AGGCC Board of Directors meets on the first Tuesday of each month at 6:30 p.m. at Benjamin Library. The next meeting will be on Tuesday, Oct. 1. The public is welcome.

SEPTEMBER MEETING RECAP

Several of our esteemed city, state and county representatives presented their reports about current affairs in our community. Both San Carlos Librarian David Ege and Roarke Shanley (from Scott Sherman’s office) reported that there has been some forward progress on the new San Carlos Library. Our community has been waiting for decades now for a ground-breaking, and the “new library coming soon” sign out front has become an inside joke, albeit not a funny one. Environmental testing will take place over the next year on the adjoining property which was formerly a gas station and where the library parking lot will be built with an elevator for entry into the library. We are now seeing a faint light at the end of this tunnel.

Victoria Floyd reported that Supervisor Dianne Jacob, who will be ending her term after many years of dedicated service to East County, has helped many issues. But one in particular is the establishment of The Alzheimer’s Project, prioritizing the needs of caregivers and people with dementia in San Diego County. In the Annual Report published in April 2019 which Floyd brought to us, Jacob writes “The Project has accomplished a lot over its first five years, but the local challenges posed by Alzheimer’s have only deepened. In just over a decade, the number of San Diegans with Alzheimer’s is expected to exceed 115,000, while the lifetime cost of caring for them will hit an estimated $32 billion.”

Diana Lara from Senator Toni Atkins’ office stopped by to share news from the Senator, in particular, health care for many middle- and lower-income California residents is now more affordable due to funding in our state budget. Additionally, AB 392, the Police Use-of-Force bill has been signed into law. The author of the bill is our own Shirley Weber (79th District).

Tracy and Mark, from the postal service, alerted us that the Navajo post office is planning a celebration from 10:30–11:30 a.m. on Saturday, Sept. 21. Why? Because it’s 9-21-19 aka 92119. They will create a special stamp featuring Cowles Mountain to honor that day.

Special guest speaker, John Hartley, who is a former San Diego City Councilman, gave us a presentation about clean elections, which the states of Maine and Arizona both instituted in 2000. He said that his team is working to get a referendum on the 2020 ballot.

GET READY TO

If you’re planning to buy or sell a home or property, we would like to help you with your plan. Here are some properties that are currently on the market, but they’ll be going fast. Give one of us a call! It’s your move....

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DEL CERRO | ALLIED GARDENS

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6046 Camino Rico San Diego, CA 92120

4BR/4BA/2896SF Huge Lot/Pool Mt Helix $999,000

Mary Jane Harris (619) 298-1189 Allison James Estates & Homes DRE#00909856

4BR/2BA/1877SF Steps To Lake Murray San Carlos/$765,000

Kassy & Lindy Kaiser (619) 265-0454 Keller Williams Realty DRE#01889763

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6046 Camino Rico San Diego, CA 92120
OBITUARY: SALLY A. DEMCHAK

Sally Ann Demchak peacefully passed away at her home in La Mesa, CA on April 2, 2019. Sally was born on March 14, 1928 in Rochester, New York to parents Samuel and Josephine Lombardo, now deceased. Sally was the oldest of three daughters: Maryann Oliver and Patricia Miner, both deceased. Sally was a long time resident of La Mesa, CA where she resided with her husband, retired USAF Major Paul J. Demchak and four children. She is survived by her husband, Paul, and their four children: Barry, Scott, Robyn and Karen Gilbert. She is also survived by her four grandchildren and one great grandson. Sally and Paul enjoyed traveling the world during and after Paul retired from the U.S. Air Force. For many years, Sally was a legal secretary. She also worked with the legal community typing legal briefs, transcripts and books. Sally worked with college students, university students and staff members to produce their graduation theses. Sally and Paul walked the hills of La Mesa, with many of their friends, for an early morning workout. Throughout the years, Sally was no stranger to tournament bowling, golf and many bridge groups. Sally was a Parishioner of St. Martin’s Roman Catholic Church of La Mesa, CA.

Del Cerro Action Council news

By JAY WILSON

There are three major projects in Del Cerro in various stages of development: The Del Cerro Maintenance Assessment District, which is being supported by the Friends of Del Cerro; the All Peoples Church east of College Avenue between I-8 and Del Cerro Boulevard; and Adobe Falls. “The City of San Diego is now moving forward with processing several applications,” J. believe we are the third in line for processing our application,” said Mark Rawlins, the Chair of the Del Cerro Action Council, and one of the leaders in cooperation with the Friends of Del Cerro in the effort to establish a Maintenance Assessment District (MAD) for Del Cerro. “Once the application is processed,” then the next stage will be to publish the Engineering Report that outlines the boundaries and goals of the Del Cerro MAD. Then the process of collecting signatures in support of the MAD will commence. When 30% of the property owners have signed the petition and the signatures are validated by the city of San Diego, ballots will be mailed to all the property owners. Property owners will have 45 days to mail in their ballot. It will require 50% plus one of the returned ballots to establish the MAD.

Our second project is the All Peoples Church (APC) which includes a sanctuary to accommodate about 900 people, a gymnasium and 10 classrooms for the training of their world-wide outreach program, and a single-story parking structure for about 125 cars.

Church staff members have met with community members to discuss the plans and listen to their concerns and made presentations at Del Cerro Action Council meetings. Residents, whose backyards touch the church property also recently met to go over the initial plans of the project.

The APC submitted their initial plans to the city and received the first cycles report. This lets the APC know what the city has approved and what additional information the city still needs.

The next step is for the APC to resubmit. Hopefully the city will issue their second cycles report prior to our Oct. 24 meeting and that the APC will be able to give us an update at our next meeting.

The third project is for Adobe Falls. Following the success of the Friends of Del Cerro’s project with SDSU to evaluate crime and safety in Del Cerro, they have been granted a second project to develop viable solutions of Adobe Falls for the SDSU and city property. This is a year-long project for four to five Masters degree students who will be working with SDSU administration, the city and Del Cerro residents.


News Briefs

Continued from Page 6

Volunteers of all ages and abilities are encouraged to sign up for a site in their neighborhood and help leave a positive impact on the entire region. Online registration is now open at CleanupPlay.org. Coastal Cleanup Day covers more than just the shoreline. 80% of marine debris coming from inland territories, volunteers learn first-hand the importance of keeping trash out of the region’s waterways, which can carry trash and pollutants directly to the ocean through the storm drain system. In 2018, 9,174 volunteers removed over 148,000 pounds of trash, recyclables, and green waste from San Diego and Tijuana regions that otherwise would have polluted the beloved coastline and the Pacific Ocean. ILACSD invites volunteers to take waste reduction into their own hands by pledging to “Bring Your Own” reusable items when they register at CleanupDay.org. Each volunteer who brings a reusable water bottle, work gloves, and/or a bucket to collect litter significantly reduces the need for single-use bags and disposable gloves. Prizes will be awarded to the best decorated buckets entered into this year’s Binning Your Bucket contest. Volunteers are encouraged to download the Clean Swell app to be used in place of paper data cards to track the debris collected on event day. The app is free and available for both iOS and Android devices. Sony Electronics has returned to sponsor this year’s Coastal Cleanup Day Photo Contest where volunteers have the opportunity to win a Sony CyberShot Camera.
MISSON TIMES COURIER
COMMUNITY AND ARTS & ENTERTAINMENT CALENDAR

CALENDAR

September 13 – October 10, 2019
Mission Times Courier

Ongoing Events

Adams Avenue Street Fair
The 38th annual Adams Avenue Street Fair, presented by Macy’s Cocktails, will feature more than 100 artists performing on seven stages along a scenic block stretch of Adams Avenue in Normal Heights. This year’s headliners include Los Tejanos with Cesar Rosas (of Los Lobos), the James Harman Band, Mattson 2, Tijuana NO! with Ceci Bastida, Buck-O-Nine, Bobby and the Pina, (featuring members of Schizophrenics, Creepy Creeps, Mittens, and Evil Vez), the Western Standard Time Ska Orchestra with Greg Lee, and Dead Feather Moon. In addition to the extraordinary music, there will be a craft beer garden, giant carnival rides, circus performances, festival food, and more than 300 exhibitors. For more information, visit adamsavenuesstreetfair.com.

Saturday, Sept. 14
SilentHike
On Sept. 15, people from all over San Diego will be taking a SilentHike—a musical journey into mindfulness at Cowles Mountain. SilentHikes are a new concept from MindTravel— an immersive music and meditation experience company created by composer and concert pianist Murray Hiday.

Sunday, Sept. 15
‘And Miss Reardon Drinks a Little’
Through Sept. 22
LaMplighters Community Theatre presents a play about three sisters who have grown up in a house of women, dominated by their recently deceased mother. But time has erased the tender closeness of girlhood; one sister has married and cut herself off; another has begun to drink more than she should; and the third, after a scandalous incident at the school where she teaches, is on the brink of madness. When the married sister comes to dinner to press the need for committing her sibling to an institution, all the paths, humor and honesty of the play combine with overwhelming effect. Fridays, Saturdays at 8 p.m. and Sundays at 2 p.m. at LaMplighters Community Theatre, 5915 Severin Drive, La Mesa. Tickets range $18-$23 available at lamplighterslamesa.com.

Sunday, Sept. 22
Al Di Meola
Guitar virtuoso Al Di Meola’s ongoing fascination with complex rhythmic syncopation combined with provocative lyrical melodies and sophisticated harmony has been at the heart of his music throughout a celebrated career that has spanned four decades and earned him critical accolades, three gold albums and more than 6 million in record sales worldwide. At The Magnolia, 210 East Main St., El Cajon. $35 tickets available at livemu.sc/2YZRgMJ.

Featured Events

Saturday, Sept. 14
Santee Bluegrass Festival
Santee Bluegrass Festival celebrates its 10th year. The event has grown to over 2,000 attendees and tickets usually sellout before the day of the fest. This year’s fest features the music of MohaviSoul and Vulcan Mountain Boys. 5:30–9:30 p.m. at Town Center Community Park East, 550 Park Center Drive. Tickets range $35 to $55. For tickets and information, visit santeebluegrassfestival.com.

Tuesday, Sept. 24
Community Choice Energy Forum
Climate Action Campaign and the city of San Diego will host a forum on Community Choice Aggregation (CCA). Get your questions answered about the new regional program to provide power at an advantage to SDG&E. The forum will discuss governance structure, best practices, local clean energy development and how to create programs that benefit everyone. Speakers include Sen. Toni Atkins, Mayor Kevin Faulconer, California Energy Commission Chair David Hochschild and many more. Breakfast and lunch provided. 8 a.m.–5:30 p.m. at the New Morgan Auditorium at the San Diego Central Library, 330 Park Blvd. Tickets are $195. Register and get more information at bit.ly/2ZjStYad.

Mission Times Courier Community Arts and Entertainment Calendar

EDITOR’S PICK

AG First Fridays:
Pop Vinyl
Come out and get down for the last of 2019’s AG First Fridays concerts. Pop Vinyl features five exceptional singers and music that crosses many genres. 6–8 p.m. at Allied Gardens Community Park, 5155 Greenbriar Ave. Free admission. Sponsored by Ideal Plumbing Heating Air & Electrical.

Friday, Oct. 4
SoCal Rehab Golf Classic
Alvarado Hospital hosts a charity golf tournament to fund the Alvarado Hospital Auxiliary, a nonprofit entity that supports patient treatment programs for the benefit of individuals with physical disabilities and senior citizens. Tournament registration and a putting contest begins at noon, followed by a shotgun start for the none-hole tournament at 2 p.m. at Riverwalk Golf Club, 1505 Fashion Valley Road, San Diego. For registration information, visit bit.ly/2018Wvm or call 819-229-7362.

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GET THE WORD OUT
About Your Next Event! Post or Advertise Your Event on Mission Times Courier’s Extensive Online Calendar
Free Posts And Reasonable Rates For Ads

missiontimescourier.com/mission-times-courier-calendar
Sudoko

1 8 2
5 8 7
9 5 2
8 2 4
1 4 9
7 9 4
6 1 2

Crossword

Across
1. B uneven eating accessories
2. Change on a coat of arms
11. California town
16. One who cites
19. Stacked on a table
21. Elected official
24. Japanese garment
27. Couldn’t be happier
29. Essentail to avoid
31. Person’s tool
32. George rogers
33. Cold wind
34. Anyone who.
37. East Indian
38. Inhabitants
39. Knowledgeable
40. Willingness to please
41. French term
42. Sap of energy
43. French term
44. Type of sandwich
45. Sets apart again
46. Engage in a contest
47. Alienating sculpture
48. Dog's head
49. Fish have them
50. Digs into
51. Freestanding sculpture
52. Storage unit
53. In the air
54. German electric car
55. Germanic term
56. Roman legion
57. Roman term
58. Turkish term
59. Roman term
60. Roman term
61. Roman term

Down
1. Spread over
2. Dues
3. British imperial unit
4. Small city in Maine
5. Show an affection for
6. A love for
7. NBoats
8. Not of your right mind
9. A way to go
10. Hillsides
11. Relating to nutrition
12. “Family City USA”
13. Proof of payment (abbr.)
14. Fiercely
15. Frequent
16. Dining table
17. Small hotel
18. A love for
19. A love for
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Library / Puzzles

Worship directory

Calvary Chapel
West Night... 6:00pm to 8:00pm
Sat. Night... 7:00pm to 9:00pm
Sunday... 7:30am to 3:00pm
Tuesday... 6:00pm to 8:00pm
Pastor Dave Riley
Calvary Chapel 225 E Cajon Blvd.
La Mesa, CA 91942

Call Heather @ 951.236.7794
hfine@sdnews.com

Read Mission Times
Courier online
Visit us at
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Puzzles

San Carlos Library news

The San Carlos Friends of the Library (SCFOL) annually donates between $20,000–$30,000 to the San Carlos Branch Library. Memberships, donations, and the monthly used book sales are SCFOL’s primary revenue sources. Friends’ memberships and donations are tax deductible as a charitable contribution. Individual Life Memberships are only $250. Join at this level before Oct. 30, to have your name added to this year’s Honor Wall plaque which is on display in the Winer Family Community Room and Art Gallery.

Genealogy research for beginners

Don Williams of the of the National Genealogical Society and the San Diego Genealogical Society will be presenting on Sept. 20 from 2–3 p.m. about starting your genealogy research. Learn definitions, conventions, source examples (where to find them and how to fully exploit them), and techniques to efficiently manage and control your family tree development.

Author talk

Bestselling author of historical fiction, Kate Quinn, will discuss her new book “The Huntress” on Sept. 27 from 2–3 p.m. Set during WWII and the post-war years, a British war correspondent and former Soviet Union pilot searches for a lethal Nazi murderer known as The Huntress who disappeared after the war. Meanwhile, a young woman living in Boston begins to question the past of her new, soft-spoken German stepmother.

Do you believe in ghosts?

The team from Pacific Paranormal Investigators (SDPI) will be here on Oct. 11 from 2–3 p.m. to discuss the paranormal investigation process. Learn about the tools of the trade, using the scientific method, logic and common sense to explain things that seem unusual, and how to conduct research on the paranormal using SDPI resources.

Banned books week celebration

Literature Comes to Life invites children from the audience to act out the story of “The Paper Bag Princess” by Robert Munsch on Sept. 25 from 2:30–3:30 p.m. Although a modern story time favorite, this title was once the object of censorship attempts for its controversial ending— the princess does not marry the prince.

Challenge island: wicked witch twist

Challenge Island returns to the San Carlos Branch Library on Wednesday, Oct. 9 from 4–5:15 p.m. This is an opportunity for children from the audience to act out the story of “The Paper Bag Princess” by Robert Munsch on Sept. 25 from 2:30–3:30 p.m. Although a modern story time favorite, this title was once the object of censorship attempts for its controversial ending— the princess does not marry the prince. They will then build a tornado-proof house to keep Dorothy safe. This popular science and engineering-based program fills up quickly, so please register early by calling 619-527-3430.

Physics of fidget spinners

On Saturday, Oct. 12 from noon–3 p.m. participants learn about the motion, tension, gravity and other fantastic phenomena related to fidget spinners and the world at large. A partnership with UC San Diego Extension. Ages 9–12. Register online at sandiego.gov/LibraryNext.

Dates to remember

• Sept. 18, 4–5:30 p.m.: San Carlos Friends of the Library monthly meeting.
• Oct. 2, 6:30-8 p.m.: San Carlos Area Council Meeting. Members of the community are invited to attend.
• Oct. 4, 1:30–3:30 p.m.: Friends of the Library only. Used Book Pre-Sale.
• Oct. 5, 9:30 a.m.–3:30 p.m.: SCFOL Monthly Used Book Sale.
• Oct. 10, 12:30–2 p.m.: Library Book Club, “Little Fires Everywhere” by Celeste Ng

—David Ege is branch manager of the San Carlos Branch Library.
October Concert

Friday, October 4th
6-8pm
Pop Vinyl

Allied Gardens Community Park
5155 Greenbrier Ave.

Stop by the Ideal booth for your FREE hot dog, grilled cheese, and chips!

Put some chili on that dog, by your friends at Longhorn!

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