Town Council takes stand against OB’s ‘Marshmallow Wars’ tradition

The Ocean Beach Town Council has called for a ban on the Fourth of July "Marshmallow Wars," a tradition that was regarded as harmless fun when it began 30 years ago but has increasingly drawn ire in recent years as an out-of-control, messy affair that has brought negative notoriety to the beach community.

"There is no way we can think of to control it. It’s a runaway train," said OBTC chairman Dave Martin during the board’s Sept. 25 meeting.

Detractors of the tradition have cropped up calling for a ban to the event, which typically begins after the Fourth of July fireworks display but has never been officially sponsored nor organized.

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Further comment and insight could not be obtained because of the fur-

When ‘survival’ matters, this OB guy has just the kit

Surfers want to thrive, not merely survive, and now with the all-purpose SurfivalKit they can do exactly that.

“Kit is all the little tools and accessories a surfer might need to have a good session,” said the kit’s creator, Clarke Graves. "It is an essential bring-along for any surfer that contains all the things you might need for your lunchtime ses-

Entrepreneur Clarke Graves of Ocean Beach shows off his creative new product he calls a SurfivalKit – a package he said is an essential bring-along for all surfers, par-

OB will get its Oktoberfest groove on in 2-day blowout

A Brat-Trot Beach Run, sausage toss, beer garden, beauty pageant, musical “band slam,” stein-holding contest and traditional German oompah bands are just a few of the delights awaiting festi-

The Ocean Beach version of Oktoberfest replicates on a smaller scale the world’s largest fair, a 16-day festival held annually since 1810 in Munich in Bavaria, Germany from late September to the first weekend in October, drawing more than 6 million participants. The local incarnation was started by

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Senior commander in flames

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Planners hear update on Liberty Station’s ‘surplus’ parcels

By DAVE SCHWAB | THE BEACON

Peninsula planners in September were updated on a long-range management plan for Liberty Station “surplus” properties, and lent endorsement to 11 infrastructure projects to be considered in the city’s 2015 capital improvements project budget.

John Collum of Civic San Diego, a city-owned entrepreneurial partner for improving urban neighborhoods and building transit-oriented development, gave a presentation on the status of more than 50 property parcels left over from Naval Training Center’s (NTC’s) Reuse Plan — a document guiding the transition from the former NTC to civilian use.

Collum told the Peninsula Community Planning Board (PCPB) these holdover properties still under the redevelopment agency’s control.

“What happened is these successor agency-owned properties left over from NTC redevelopment are being put into a long-range property management plan to decide how those properties might be used in the future,” said Collum.

He said Civic San Diego has been working since the beginning of the year to compile an inventory of such properties.

Collum distributed a handout with detailed information, as well as a color-coded map, showing the 54 surplus NTC properties.

On Sept. 19, PCPB also rolled out a long “wish list” of potential projects to be included in the city of San Diego’s fiscal year 2015 capital improvements project and budget.

The capital improvements program (CIP) is the city’s long-range plan for all individual capital improvement projects and funding sources.

CIP projects are unique construction projects that provide improvements or additions like land, buildings and infrastructure. CIP projects are designed to enhance the overall quality of life by improving police, fire and lifeguard stations, upgrading infrastructure like streets, drainage and flood-control facilities, as well as developing recreational amenities like parks, library and recreation centers.

“We reached out though our Facebook page to get input, and as a result we have 11 projects that were submitted by the community for consideration by this board,” said PCPB chair Julia Quinn.

Quinn noted the types of improvements which tend to get funded these days with the city’s tight fiscal budget are “traffic and public-safety-type improvements.”

PCPB’s 11 proposed infrastructure improvement projects include Cabrillo Park’s north stair and asphalt path repairs, Plum Street Park development, a sidewalk for Famosa Bridge, bus Route 28 turnouts, a bikeway for Chatsworth Boulevard, Catalina Boulevard drainage improvements and hillside developments, stormwater management, lower parking lot improvements and demolition of upper rental properties for Sunset Cliffs Natural Park.

The PCPB voted 8-3-1 to forward the entire list of 11 infrastructure improvement projects to the city.

PCPB secretary Nicole Burgess said she abstained from voting on the CIP because she was “uncomfortable with some of the descriptions in the drainage issues and some technicalities.”

In other notable items from the PCPB, interim mayor Todd Gloria has adopted a stance that any and all medical marijuana dispensary operators are “not allowed by any land-use designation,” and are therefore operating illegally and subject to law enforcement.

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OB’s only recycling center closes after 30 years

By BIANCA KOCH | The Beacon

After 30 years, the only local recycling facility in Ocean Beach has shut down operations and vanished overnight.

The property behind Rite Aid where the facility once operated was deserted Sept. 25, leaving recycling customers to stand by quarterly

Two signs stated the site had been cancelled by CalRecycle — the California Department of Resources Recycling and Recovery — and there was a CalRecycle contact reference attached to a contain-

Three decades ago, Dan Regan, owner of R.B. Enterprises, started OB’s only recycling facility at the corner of Voltaire Street and Sunset Cliffs Boulevard before relocating the business to the Rite Aid location in 1998.

Regan also owns another recycling center in Kearny Mesa on Ashford Street.

Having to support a family and house payments with the income from his busi-

ness, Regan personally oversees opera-

tions at both his facilities.

Despite the contention that CalRecycle cancelled Regan’s recycling center, CalRecy-

ecycle officials disagreed.

“CalRecycle did not cancel or close Mr. Regan’s facility,” said Mark Oldfield, communications director for CalRecy-

cle. “He is in compliance with all pro-
gram regulations. CalRecycle has abso-

utely no reason to shut him down.

Closing the Ocean Beach facility was solely the owner’s decision, based on whether he is able to continue the busi-

ness and make a profit. Unfortunately, CalRecycle can no longer make the monthly handling-fee payment. It is no

longer our responsibility.”

That may be of little consolation to Regan, whose world is now upside-

down.

“Besides having to lay off one of my long-time employees, my income has been cut in half for the past three months,” Regan said.

In conjunction with income, he has also not been receiving his monthly handling-fee payments from CalRecycle.

The CalRecycle reasoning is based on a sudden change of CRA zoning that used to make my facility eligible for the handling-fee payments from the state.

Without that help, I won’t be able to keep the OB place running.”

He said that the lack of funds forced him into making the decision to close the Ocean Beach facility to avoid further financial losses.

Regan also fears his family will soon end up homeless.

“Beginning today, I have 90 days to somehow fix this dilemma before my home goes into foreclosure,” he said.

Regan insists that he never received notification from CalRecycle about the recent CRA zone change, which was a result of the closure of the former Apple-

tree Market, exempting his facility from receiving further state funds.

According to Oldfield, however, once the Appletree Market closed, this elimi-

nated the convenience-zone Regan’s facility operated in. Oldfield said Regan knew that his business was no longer eligible for state assistance.

“Nonetheless, we have been working with the owner to find ways for him to stay viable at the current location,” said Oldman. “We would like to see Regan to continue his Ocean Beach location. We will assist in finding other ways or loca-
tions for him to set up and be successful.”

California recycling centers are not owned or operated by the state. Howev-

er, according to CalRecycle’s website, www.calrecycle.ca.gov, profit recycling centers — which are certified conve-

nience-zone recycling centers — are eli-


gible to receive the state’s help in the for-
m of a monthly handling-fee pay-

ment, provided they meet CalRecycle’s criteria.

Regan wonders why Rite Aid and Peo-

ples Market in Ocean Beach are not con-

sidered by CalRecycle to meet these CRA criteria, since they are a supermarket and/or a full-line service store.

Regan said he would much rather keep his business in Ocean Beach where his services are well known and respect-

ed.

He said he takes pride in the fact that most Obecians, as well as local schools and churches, have been recycling at his Ocean Beach facility for the last 30 years.

Regan hopes CalRecycle will decide to help him rekindle his business in Ocean Beach.

“Hopefully, they [CalRecycle] will somehow consider a reasonable com-

promise. I would hate to see OB folks travel almost five miles out of town to the next recycle center,” Regan said.

Consumers who have concerns regarding the closure of a recycling cen-
ter can call (800) 712-9253, or email calrecycle@calrecycle.ca.gov.

Regan’s customer hotline can be reached at (858) 430-6076.

The League of Women Voters will host the forum on FDA, drugs and

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California recycling centers are not owned or operated by the state. However, according to CalRecycle’s website, www.calrecycle.ca.gov, profit recycling centers — which are certified convenience-zone recycling centers — are eligible to receive the state’s help in the form of a monthly handling-fee payment, provided they meet CalRecycle’s criteria.

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Drysuits: outerwear for inner-space astronauts

Trekking through outer space may not be an option for most, but inner-space travel is doable for those with a diver certification card and access to a body of water. For either realm, dressing for success is not so different in that NASA's space suits have informed scuba divers' drysuits.

Although modern versions of the drysuit have been around since the late 1980s, they remain a novel sighting for many beachgoers. Drysuit fabric keeps water out so that I stay dry except for my head and hands, which I encase in good old neoprene (wetsuit material). By keeping most of my body dry, I can conserve heat without wasting energy warming the layer of water between my skin and the neoprene (the blubber-layer concept behind a wetsuit). Because a drysuit shell provides no warmth, I don layers of polar fleece underneath.

A drysuit’s valves allow for air to enter and exit the suit while keeping water out. To inflate my suit for buoyancy and comfort, I press on the inlet valve located on the drysuit’s upper chest area. A hose provides the conduit from the valve to the very same air tank from which I also breathe. To release, I press the exhaust valve on the upper arm. Below the surface, I still need to regulate air in and out. For instance, as I sink, I press the exhaust valve on the upper arm to release air, an inlet valve on the chest (a separate hose attachment connects the valve to the scuba tank) to input air, latex neck and arm seals, and a cross-body zipper for entry and exit. Drysuits include the foot parts, which divers often protect by wearing soft-soled lightweight boots or sometimes high-top sneakers.

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Part of mastering the art of surfing is mastering the art of survival, which is something Graves is hoping to share with fellow surfers with his SurfivalKit.
loths and inability of employees to access their government emails during the shutdown, said one official.

The town council’s resolution calls for a public-relations campaign to notify the public of the event’s cancellation and enforce littering and vandalism laws. Police Lt. Natalie Stone said law enforcement would do its best to accommodate the desires of the community.

“We support what the Board wants to happen,” Stone said. “We’ll do the best we can.”

For the last year, the Cabrillo National Monument has been celebrating 100 years as San Diego’s only national park. 1903–2003—100 years as San Diego’s only national park.

The park has hosted several festivals to educate the community on the historical and scientific significance of the Cabrillo National Monument, and park officials had planned a weekend extravaganza Oct. 12-14.

Several events had been planned for the centennial weekend, including history tours of the lighthouse and World War II bunkers, an antique car show, a Cabrillo Cake-Off contest, and many other activities.

Cabrillo National Monument hosts thousands of visitors on an average day and more than 800,000 visitors per year. Nationally, more than 715,000 visitors a day frequent the National Park System. Cabrillo National Monument will lose an estimated $2,100 of entrance fees each day of the shutdown. Nationwide, the NPS stands to lose about $45,000 per day in revenue from fees collected at entry stations and fees paid for in-park activities like cave tours, boat rides and camping. Gateway communities across the country see about $76 million per day in total sales from visitor spending that is lost during a government shutdown.

For updates on the shutdown, visit www.doi.gov/shutdown.

— Mike McCarthy and Kevin McKay contributed to this story.

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3rd Place in the Aztec XC Invitational hosted by San Diego State

Pointers unleash second-half offensive barrage to crush Santana in 35-3 win

For the second straight week, Point Loma’s defense struck quickly to start the scoring in a Pointer victory, but this time it took the offense more than half the game to find the end zone.

Defensive end Jake Wambaugh’s hit caused a fumble by a Santana High ball carrier just minutes into the Sept. 28 non-league home game. Teammate Sean Gardocki was able to scoop up the loose pigskin and return it 13 yards for the first six points in a 35-3 Pointer victory.

Wambaugh, a 6-foot-4-inch, 245-pound senior earned All-Western League first team honors last season as a tight end in addition to his defensive duties.

The win, the third straight for the Dogs, left them with a 3-2 record as they prepare for their first league game Oct. 10.

The 7-0 score held until halftime after two Pointer touchdowns by the offense were called back because of holding and personal foul penalties behind the play and a fumble on the snap was lost at the Sultans’ one-yard line.

“One kids got frustrated, and they’ve just got to control themselves,” said Pointer head coach Mike Hastings. “We had some inopportune penalties today and we were kind of sputtering. I thought our defense held up very nicely. Coach Dave Aris and his defensive staff again did some great preparation.”

The Pointers then awakened to post a 21-point third period to gain control of their Grossmont-Montilla opponents, who have only averaged 5.4 points per game in falling to an 0-5 record.

Lead the Point Loma women’s golf team tournament with an 8-over, 156 to help sic. Kathleen Crossley tied for sixth at the over the two-day PLNU Fall Preview Class.

Rookie PLNU midfielder is Soccer Freshman of Week for second time

For the second straight week, Point Loma Nazarene University rookie midfielder Nico Tagaloa (Orange, Footb) has been selected the Pacific West Conference Men’s Soccer Freshman of the Week (Sept. 16-22).

Tagaloa was credited with the game-winning goal in a 3-0 victory at Dominica on Sept. 19. He reeled off a long-range shot to the lower side of the far corner at 3:01 to give the Seas Lions an early 1-0 lead. PLNU scored goals in the 14th and 65th minutes to secure the key early-season road win in the Bay Area. Later, he helped lock down the midfield as the Seas Lions earned a 0-0 tie at Notre Dame de Namur.

The conference announced the honor Sept. 16-22. The Freshman of the Week honor is awarded each week to a freshman or red-shirt freshman for his overall outstanding play.

PLNU hosts its first-ever collegiate tournament at Torrey Pines

Point Loma hosted its first-ever collegiate tournament at Torrey Pines Golf Course on Sept. 23-24. The Sea Lions and six other teams played the north course over the two-day PLNU Full Preview Class. Kathleen Crossley tied for sixth at the tournament with an 8-over, 156 to help lead the Point Loma women’s golf team to a fourth place finish.

Crossley led the Sea Lions throughout the 36-hole tournament. After posting a 76 (+2) on the first day, Crossley fired an 80 (+6) in the final round to claim a tie for sixth place. Andrea Mersino gave PLNU a second top-20 finisher as she registered a score of 161 (+13) to tie for 16th place. She shot a 79 (+5) in the first round and an 82 (+8) to close out the tournament.

As a team, the Seas Lions backed up their 315 (+19) from the opening round with a 321 (+25) in the second round. Their combined score of 636 (+44) left them just two strokes back of third place Sonoma State.

Cal Baptist seized control in the tight team competition by shooting a 1-over, 297 on Sept. 24. This shaved 16 strokes off their first-round performance and gave them the team championship by 11 strokes over Dallas Baptist. The Lancers’ Marvi Monsahie also claimed the individual title with a 1-under, 147.

Swendener named PacWest Runner of the Week

Point Loma sophomore Briana Swendener (Brea) has been selected the Paci-fic West Conference Women’s Cross Country Runner of the Week for the week of Sept. 16-22.

Swendener finished 10th among all runners from four-year institutions at the 2013 Aatec XC Invitational hosted by San
A New Doctor?  
Should You Hire 
✓ If you leave confused or ✓ sent physician.
✓ You leave his office without answers to your questions. If you're confused or unsure on what you should be doing, next the doctor is not communicating which is his responsibility.  
✓ Your doctor ignores your ideas and questions.  
Physicians should be interested in what you are concerned about regarding your health.  
✓ Your doctor misdiagnosed you.  
✓ Your physician is not board certified.  
• Starting linebacker Tanner Manion  
• The Western League opener Oct. 11 against Kearny has been moved to Maki- 
• The Defender of the Week honor is awarded each week to a back or goalkeep- 
• Prior to the game, every Pointer var- 
• The Sultans avoided the shutout when, with two seconds remaining in the game, they used the stadium’s pres- 

PLNU 
CONTINUED FROM Page 6  
Diego State University on Sept. 21 in Bal- 
box Park. She recorded a time of 20:29 
the 5K course to lead the Sea Lions to 
• The Defender of the Week honor is awarded each week to a back or goalkeep-

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A doctor should be 
• If you leave confused or ✓ sent physician.
✓ You leave his office without answers to your questions. If you’re confused or unsure on what you should be doing, next the doctor is not communicating which is his responsibility.  
✓ Your doctor ignores your ideas and questions.  
Physicians should be interested in what you are concerned about regarding your health.  
✓ Your doctor misdiagnosed you.  
✓ Your physician is not board certified.  

PLNU 
CONTINUED FROM Page 6  
Diego State University on Sept. 21 in Bal-

Promoting good, healthy hearing and educating the community about hearing loss
10 Questions to Ask Before You Hire a Real Estate Agent

Not all real estate agents are the same. If you decide to seek the help of an agent when selling or buying your home, you need some good information before you make any moves.

Choosing a real estate agent is one of those critical issues that can cost or save you thousands of dollars. In this FREE special report, we give you the specific questions you should be asking to save you thousands of dollars. In this report entitled “10 Questions to Ask Before You Hire an Agent.”

Having the right agent is the key to the best experience for a property purchase or sale. A real estate agent should be someone you are comfortable with; someone who is an expert in the market in which you are buying or selling; someone who is going to be there 24 hours a day, 7 days a week.

Kinsman said the OB Oktoberfest was first held at Dusty Rhodes Park but, due largely to access problems, the event has since been moved to the grassy foot of Newport Avenue, where it’s become anchored the past couple years.

Kinsman described the event as a “three-ring circus.”

“There are just so many different events,” he said. “There’s something to keep everyone engaged.”

The Oktoberfest contest.

Kinsman said the OB Oktoberfest was expanded to include a family-oriented 2K run and a 21-and-over 5K run along the beachfront. The 5K costs $30 to enter, offering participants free beer garden admission. The 2K costs $20 to enter per family team.

“We’re gearing it toward young parents with children,” Musgrove said, noting lots of runners come dressed in costume.

OB MainStreet Association executive director Denny Knox said the Oktoberfest event has improved over time as Ocean Beach has molded it its own.

The Oktoberfest contest.

Knox said proceeds from a portion of admission to the beer garden are $3,000 in cash prizes, including a trip for two to Oktoberfest in Germany next year.

Oktoberfest contest.

Saturday’s Oktoberfest will also include performances by traditional oompah bands all day, as well as many local musical acts.

The Oct. 11 schedule will feature the finals of the Beer Garden Band Slam, a competition to crown the best cover or tribute band at the beach with $5,000 in cash prizes (related story, page 9). There will also be a semi-final round of the Miss Oktoberfest contest.

Saturday’s festivities begin with the second annual Brat-Trot Beach Run, an all-ages race fundraiser promoting local youth sports.

Brat-trot chairman Jim Musgrove, treasurer of the Ocean Beach Community Foundation (OBCF), a 12-year-old non-profit, said proceeds benefit numerous worthy causes supported by the foundation, including youth sports.

“We’ve supported the skate park at Robb Field with helmets and other safety gear,” he said. “We’ve also done work with various boys and girls’ softball and soccer teams. We sponsored 15 boys and girls to go to YMCA youth sports camps this summer and last.”

Musgrove said this year, the brat trot was expanded to include a family-oriented 2K run and a 21-and-over 5K run along the beachfront. The 5K costs $30 to enter, offering participants free beer garden admission. The 2K costs $20 to enter per family team.

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OB MainStreet Association executive director Denny Knox said the Oktoberfest event has improved over time as Ocean Beach has molded it its own.

The Oct. 12 Oktoberfest schedule is packed with warm wurst-aware eating, Stein-holding and other traditional Oktoberfest contests. Once again, participants will vie for a $10,000 cash prize in the infamous, one-of-a-kind sausage toss competition. The Miss Oktoberfest finals will take place this day.

Saturday’s Oktoberfest will also include performances by traditional oompah bands all day, as well as many local musical acts.

Admission to the beer garden is $3, which goes to support the Ocean Beach Community Foundation. The outdoor area is free. This year, the event shuttle will run between the 710 Beach Club in Pacific Beach, as well as The Local in Downtown and True North in North Park, delivering people to the festival throughout the day Oct. 12. The last shuttle leaves Ocean Beach at 10 p.m.

There will also be a shuttle on Oct. 11 from 4 to 10 p.m. running between 710 Beach Club and the festival.

“It’s a good day at the beach,” said Kinsman. “It has evolved every year.”

This year, Kinsman said, a social media interactive online component has been added, called “Find the Schnitzengruben.”

The Oktoberfest Facebook page has been sending out tasks. Those completing the tasks and emailing proof of them in will be entered into a drawing for cool prizes, including a trip for two to Oktoberfest in Germany next year.

During the last decade, the Ocean Beach Oktoberfest — a joint venture between the Hoy Hoy Boys, Ocean Beach MainStreet Association and the Ocean Beach Community Foundation — has raised more than $50,000 for local non-profit organizations.

For more information, visit www.OBOktoberfest.com.
OB Oktoberfest’s two-day lineup is music to the ears

By BART MENDOZA | THE BEACON

With its mix of surf, sun and fun, there are few places on the planet as enjoyable as Ocean Beach. Throw some music into the equation and you have the perfect excuse and location for a party. Such is the case with the ninth annual Ocean Beach Oktoberfest that will take place Oct. 11-12.

On Friday, Oct. 11, festivalgoers will enjoy a single stage at the foot of Newport Avenue beginning at 4 p.m., where there will also be a beer garden. The night’s entertainment will be a Band Slam competition to pick the best cover or tribute band in the area, resulting in $3,000 in prizes. Artists were chosen through several rounds of “battle of the band” contests at Winston’s Beach Club.

On hand will be performers like the Elvis Costello tribute group The Distractions, Top 40 band The Big Lewinsky and — just in time for Halloween — Rob Zombie impersonators American Zombie. Ariel Levine of the Elvis Costello tribute band The Distractions is an Ocean Beach resident and considers that to be a bonus when playing the event. "Absolutely. It’s nice to show my neighbors what I can do and it’s flattering to be recognized around town," he said.

He said he loves the outdoor nature of the event. "I love the festival feeling," Levine said. "I don’t often get to play outside. Every time I do, it’s a blast. Also, I get to come down off the stage and join the festivities, as opposed to hiding backstage at a venue." He admits, though, that outdoor gigs offer challenges. “It's a bit harder to hear clearly as the sound just escapes immediately. Also, wind can be a pain. But it's a lot more fun," he said.

Fellow Ocean Beach resident Chris Warner, guitarist for Jet West, agrees. "There are, for sure, differences between outdoor and indoor gigs," he said. "Indoor gigs are great because all that energy from the crowd is harnessed within closed doors. But outdoor shows allow you to connect with your surroundings a lot more and enjoy Mother Nature to her fullest." The band has opened the event once before. "We are very thankful to be able to participate in the events like this one," said Warner. "Being a part of your greater community is what it is all about, and this festival is a great experience."
The annual Sausage Toss is one of the highlights of the Ocean Beach Oktoberfest.

But how in the world did it come into being?

The Hoy Hoy Boys were looking for something interactive for their event when someone suggested a Sausage Toss. The idea was nothing more than having participants throw a sausage to win a prize.

Nobody knew exactly what to do. So two guys went to Crown Point one afternoon with several raw sausages and tossed them toward a bucket. It was messy and as unsanitary as it was unsavory.

Next came the search for rubber sausages or anything like them. One search led to an X-rated bookstore and another to pet store. Finally, a rubber hot dog made for puppies was adopted.

The first Sausage Toss was a resounding success. Long lines of people queued up to throw the sausage toward a bucket 50 feet away. It was novel, simple and it looked so easy.

Several hundred people tried their hand before Trevor Koenig, then goal tender for the San Diego Gulls hockey club, launched the perfect throw, winning the $10,000 first prize.

“It was pure luck,” Koenig confided. “I could have thrown that sausage another thousand times and not make another.”

Out of the bun: How the Sausage Toss came to be

The annual Sausage Toss is one of the highlights of the Ocean Beach Oktoberfest.

But how in the world did it come into being?

The Hoy Hoy Boys were looking for something interactive for their event when someone suggested a Sausage Toss. The idea was nothing more than having participants throw a sausage to win a prize.

Nobody knew exactly what to do. So two guys went to Crown Point one afternoon with several raw sausages and tossed them toward a bucket. It was messy and as unsanitary as it was unsavory.

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The crowd shows its approval as one of the bands rocks O.B. Oktoberfest.

There is a $3 charge to enter the beer garden area, but other than that, outdoor events are free.
Join us for the 10th annual Fall Festival
PLNU
Saturday, October 26, 2013
10 a.m. – 2:30 p.m.
A FREE event for the whole family!

A Taste of Point Loma
11 a.m. – 1 p.m.

Pumpkin Patch

Live Music

Children’s Activities

Electronics Recycling

Historic Campus Tour

Ask a Professor

New!

> Antibiotics & Infections: Basic Principles and Common Myths
> Coastal Conservation: Danger of Marine Debris and Plastics
> Evangelical Christianity and Science: Are They Compatible?
> Jobs & Education in the 21st Century: Will You be Ready for the San Diego Job Market?
> The New Middle East: Arab Spring and the Changing Landscape

Community Partner: Bannister Family House
Help us stock their pantry! Please bring food storage items, such as zip-close bags, aluminum foil, and plastic containers.

www.pointloma.edu/fallfestival | (619) 849-2722
All ages area opens Saturday at 9a.m.
What are you hungry for?

Ocean Beach offers more than 90 restaurants, entertainment and lodging venues.
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1959 Abbott St. • 619-224-6666
newbreakcafe.com

Newport Avenue Antique Center & Coffee House
Pirates Cove Tiki Port
4896 Voltaire St. • 619-223-5984

Starbucks
Te Mana Cafe
4956 Voltaire St. • 619-225-9233
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Your Mama’s Mug
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Newport Quik Stop
4921 Newport Ave. • 619-223-3317

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Subway Sandwiches & Salads/OB Quik Stop
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Kaiserhof & Biergarten
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\text{Newport Avenue Antique Center & Coffee House}
\text{Pirates Cove Tiki Port}
\text{Starbucks}
\text{Te Mana Cafe}
\text{Your Mama’s Mug}
\text{Newport Quik Stop}
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\text{Ocean Beach Peoples Organic Food Market}
\text{Olive Tree Marketplace}
\text{Point Loma Beach Cafe}
\text{Poma’s Italian Delicatessen}
\text{Sea Trader Liquor & Deli}
\text{Stump’s Market}
\text{Subway}
\text{Subway Sandwiches & Salads/OB Quik Stop}
\text{To the Point Eatery & Catering}
\text{Cosmic Pops}
\text{OB Donut}
\text{Bo-Beau Kitchen}
\text{Kaiserhof & Biergarten}
\text{Te Mana Cafe} \]
### O.B. Delivery Service

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oscar's Mexican Seafood</td>
<td>5060 Newport Ave.</td>
<td>619-226-4133</td>
<td>obdeliver.com</td>
</tr>
<tr>
<td>Thai Time Bistro</td>
<td>5064 Narragansett Ave.</td>
<td>619-222-7901</td>
<td></td>
</tr>
<tr>
<td>OB Noodle House &amp; Sake Bar</td>
<td>5065 Newport Ave.</td>
<td>619-226-4650</td>
<td></td>
</tr>
<tr>
<td>OB Eatery, Pho &amp; Seafood</td>
<td>5054 Narragansett Ave.</td>
<td>619-226-4733</td>
<td></td>
</tr>
<tr>
<td>Elsbee House</td>
<td>5054 Narragansett Ave.</td>
<td>619-226-4733</td>
<td></td>
</tr>
<tr>
<td>Hostelling International - Point Loma</td>
<td>1370 Sunset Cliffs Blvd.</td>
<td>619-222-7901</td>
<td>innatsunsetcliffs.com</td>
</tr>
<tr>
<td>Ocean Beach Hotel</td>
<td>5080 Newport Ave.</td>
<td>619-223-7191</td>
<td>obhotel.com</td>
</tr>
<tr>
<td>Ocean Beach International Hostel</td>
<td>5065 Newport Ave.</td>
<td>619-223-7191</td>
<td>obhotel.com</td>
</tr>
<tr>
<td>Ocean Villa Inn</td>
<td>5065 Newport Ave.</td>
<td>619-223-7191</td>
<td>obhotel.com</td>
</tr>
</tbody>
</table>

### DAILY SPECIALS, MUSIC & HAPPY HOURS

#### PACIFIC BEACH

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
<th>Food &amp; Drink Specials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>3-6pm</td>
<td>$3 food, well drinks, 1/2 price pitchers.</td>
</tr>
<tr>
<td>Tuesday</td>
<td>3-6pm</td>
<td>$3 food, well drinks, 1/2 price pitchers.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>3-6pm</td>
<td>$3 food, well drinks, 1/2 price pitchers.</td>
</tr>
<tr>
<td>Thursday</td>
<td>3-6pm</td>
<td>$3 food, well drinks, 1/2 price pitchers.</td>
</tr>
<tr>
<td>Friday</td>
<td>3-6pm</td>
<td>$3 food, well drinks, 1/2 price pitchers.</td>
</tr>
<tr>
<td>Saturday</td>
<td>3-6pm</td>
<td>Open for breakfast and drink specials</td>
</tr>
<tr>
<td>Sunday</td>
<td>3-6pm</td>
<td>$2 Mimosa and $2.50 Mimosas</td>
</tr>
</tbody>
</table>

#### Happy Hour 5 – 6pm

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
<th>Food &amp; Drink Specials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>5-6pm</td>
<td>$2 off All Pitches all night</td>
</tr>
<tr>
<td>Tuesday</td>
<td>5-6pm</td>
<td>$3 off Micros Pitchers after 6pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td>5-6pm</td>
<td>$3 Sunshines Lemonade all night</td>
</tr>
<tr>
<td>Thursday</td>
<td>5-6pm</td>
<td>Super Post Night</td>
</tr>
<tr>
<td>Friday</td>
<td>5-6pm</td>
<td>$3 Hawaiian pints all day / night</td>
</tr>
</tbody>
</table>

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- Watch the NFL & Sports on our 110" projection TV
- Daily drink specials
- Watch UFC here
- Home of the PB&J

#### Ocean Beach Oktoberfest

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>4-10pm</td>
<td>Happy Hour 7 Days a week: 5-7pm, $2-$3 Wells &amp; Drafts, $1 off well cocktails, $2 Domestic Pints, $3 Micros</td>
</tr>
<tr>
<td>Saturday</td>
<td>9-10pm</td>
<td>Happy Hour 7 Days a week: 5-7pm, $2-$3 Wells &amp; Drafts, $1 off well cocktails, $2 Domestic Pints, $3 Micros</td>
</tr>
</tbody>
</table>

#### Newport Pizza

- $2.50 DOMESTICS ALL DAY, EVERY DAY
- EVERYDAY HAPPY HOUR 3-6PM
- $1 OFF all pints. $3 OFF pitchers. $2 OFF Bottles $2 OFF Dine-in Pizza

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It’s vacation time! Peninsula Beacon readers are heading out of town and taking their favorite hometown paper with them! Don’t pass up your chance to have your name and face published in The Beacon. Take us with you to whatever corner of the world you may be visiting and share your trip with other readers. Tell us your name and/or the names of your family members in the photo and give us a brief description of where the shot was taken. Email the photo and the information to beacon@sdnews.com. It’s that easy! Photos are published based on space constraints and in the order in which they are submitted.

Ahhhhh, relaxing with the Beacon. Steve and Susi Aldridge, formerly of Ocean Beach, recently entertained Brent and Sandra Young (of OB), along with Sam and Judy Wurtzbacher (formerly of Ocean Beach) at their Black Dog Lodge on Lake Inez, Montana. Susi is head chef and a water ski instructor while Steve is maintenance supervisor and activities director at the lodge. This was also the first trip of many for recently retired Judy and Sam, who spent a combined 70 years working for the local YMCA.

Catie Hanna celebrated her wedding to Chris Blentzas in September at the National Tropical Botanical Garden in Kauai, Hawaii, along with longtime Point Loma residents Rob and Leslie Hanna, Jeff and Radmila Fulton, Matt and Lori Roth, and Don and Debbie Clauson. The Beacon didn’t have a role in writing the couple’s vows.

Jef Fitzgerald, Carol Fitzgerald and Michelle Dose take the Beacon along during a visit to Spouting Horn in Kauai, Hawaii. Carol is a spry 93 years of age.

Kim Gutierrez and Jorge Pires of Ocean Beach take their Beacon inside the Coliseum in Rome, Italy. Rome was the first stop of their Italian vacation before visiting Florence, Pisa and Venice.

Matias Rico of Ocean Beach flew to Nairobi, Kenya to visit his daughter and family. While there, he took a safari side trip to see the crossing of the wildebeest on the Mara River. Here he shows off his Beacon as the wildebeest frantically jump across the river.

Jim, Rosanne, Holden and Emerson Prine of Loma Portal spent time this summer visiting the New England states, stopping here at Pemaquid Point Lighthouse in Bristol, Maine for a photo with the Beacon.

Kim Guenzel and Jorge Pires of Ocean Beach took their Beacon at Tunnels Beach on Kauai, Hawaii. The couple went to Kauai to celebrate their 10th anniversary and to renew their vows on Poipu Beach.
Phil Pace isn’t Col. Sanders. Nor does he want to be.

There is no beard, no bow tie and no plans to franchise Phil’s BBQ, which Pace created 16 years ago as “a small place serving a little bit of barbecue and having fun doing it.”

“Look at what I am today. Something went wrong,” joked the 52-year-old Pace.

An Ohio transplant, Pace’s “barbecue credo” now includes 400 employees at three full-fledged restaurant sites on Sports Arena Boulevard in the Midway District, in Santee and San Marcos. He recently opened a smaller outlet with a more limited menu in San Diego Lindbergh Field’s new airport terminal.

Pace’s BBQ moved from cramped quarters in Mission Hills a few years ago to its headquarters site at 1750 Sports Arena Blvd., close to everything: the airport, freeways, motels and hotels, the beaches, SeaWorld and Petco Park and downtown San Diego.

The son of an Italian restaurateur, Pace continues to follow his father’s advice, which was, “The only person you need to compete with is yourself.” And “just try and wake up every day and not make the same mistakes you made yesterday.”

And one other pearl of wisdom imparted from father to son, “Do what you do best.”

“People work hard today for their money,” said Pace. “They can come here and have a great meal. Not too often do people ask for seconds.”

“I really enjoy what I do,” he said, acknowledging that meeting and relating to customers is what he enjoys most, and that staying in business in the face of continually rising costs is always a huge challenge.

And barbecue lovers countywide have responded to Phil’s philosophy of giving customers what they want and keeping it simple. They’ve turned out in droves daily to satisfy their craving for mesquite-grilled baby back and beef ribs, chicken and sandwiches.

Pace has also become involved in philanthropic causes. Phil’s BBQ has a tailgate fundraiser every summer at Petco Park, where all proceeds are donated to Big Brothers and Big Sisters of San Diego County, which pairs children facing adversity with professionally supported, one-to-one mentoring relationships with adults to improve their lives.

Like his restaurant, the charity tailgate event has taken on a life of its own, raising $72,000 this year by serving more than 3,000 guests. The annual $25 ticket fee includes the Phil’s tailgate experience and a Padres game ticket, with all ticket sales benefiting charity.

A dog lover, Pace also supports the San Diego Humane Society and Labrador Rescuers organizations.

Phil’s BBQ is also big into catering, owning 16 trucks. At Phil’s, catering is a huge challenge.

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Phil Pace, left, founder of Phil’s BBQ, shares a smile with Chad Glidewell, corporate director at the business office of Phil’s BBQ on Sports Arena Boulevard.
Longtime OB resident Byrna Bicknell, 74, was huge music fan

Byrna D. Bicknell, 74, passed away on Tuesday, Sept. 3. She was born in Norton, Kansas and attended high school in Salina, Kansas. She participated in the school marching band and various other music-related pursuits. After living in several U.S. cities and abroad, she moved to San Diego and became a longtime resident of Ocean Beach.

Byrna was a musician. Her favorite instrument was the alto saxophone and she was passionate about music and school music programs. She was an avid reader, teacher, business owner, world traveler and a think-er. She cared deeply about and studied political, economic and social systems. She was an optimist who believed that we all hold the ability to change the world for the positive.

Byrna was a much-beloved mother, friend, colleague, auntie and grandmother. She is survived by her children, Larry, Paul, Tony and Darci; four grandchildren; longtime business colleague Pete Paul; and life-long family friends George Murphy and Denise Lites.

She is remembered and missed by numerous, loving friends.

A memorial and celebration will be held at 4:30 p.m. on Saturday, Oct. 12 at the Masonic Hall at 1711 Sunset Cliffs Blvd. In lieu of flowers, donations can be made to the Women’s History Museum in Washington, D.C., the Nature Conservancy, Heifer International or to a local school music program.

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Looking ahead

Peninsula-area events, Oct. 5-Nov. 13

SATURDAY, Oct. 5
• Point Loma High School will host its 46th class reunion from 4 to 9 p.m. at the Red Sails Inn on Shelter Island. RSVPs are requested as soon as possible and the cost is $10 per person. For information or to RSVP, call Marcy McCann at (619) 223-3122 or Anita Jeffers Quillman at (858) 279-2202.
• The inaugural Wave Goodbye to M.S. Paddle for the Cure takes place from 7 a.m. to noon to raise money for research and possible cure for multiple sclerosis. Registration is $25 and includes music, refreshments, the paddle another fun at the Ocean Beach Pier area. For more information or to donate, visit www.wavegoodbue.org, or call (619) 358-9070.
• San Diego Walk Now for Autism Speaks takes place at 2640 Historic Decatur Road at Liberty Station, with registration beginning at 8 a.m. The event is now in its 10th year. For more information, visit walknowforautismspeaks.org/sandiego.

SUNDAY, Oct. 6
• The San Diego Humane Society, Second Chance Dog Rescue and Labrador Rescuers will host an Ocean Beach pet adoption event at Shades Oceanfront Bistro, 5083 Santa Monica Ave. The event is a 100 percent volunteer-run event and takes place from 10 a.m. to 2 p.m. Puppies, dogs, kittens and cats will be available for adoption. For more information, contact Stacey Zeitlin at CPsDHUmgen.org.
• Point Loma author Diana Taylor will hold a book-signing event at the Rock Church bookstore, where Taylor will sign her two latest books, “Claudia, Wife of Pontius Pilate” for Revell, and “The Ruth, Mother of Kings” for Whitaker House.

THE BEACON is happy to consider publishing community-event items ranging from public meetings and civic events to other notices of local interest. To submit an item for “What’s Ahead,” email the basic details (the who, what, where, when, why) to beacon@sdnews.com and include a phone number and/or website address for other readers to call or visit for more information.

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The Rock Church is located at 2277 Rosecrans St. For more information, call (619) 226-7625.

WEDNESDAY, Oct. 9
Dr. Seth Mallios will detail his new book, “Half Montemena: The Hidden Treasures of San Diego State,” in a free presentation at the Hervey/Point Loma Branch Library at 6:30 p.m. Mallios, an anthropology professor at SDSU, will reveal the stories behind objects uncovered in his search for the true history of the Anteis campus. The library is located at 1701 Voltaire St. For more information, call head librarian Christine Gonzalez at (619) 531-1539.

SUNDAY, Oct. 13
Leonard Patton and Ed Kornhauser will perform jazz, R&B and pop in a “Coffee House Concert,” a fundraiser for the Point Loma Assembly. Light refreshments will be available. The concert takes place at 7 p.m. at the PLA, 3035 Talbot St. Doors open at 6:30 p.m. and admission is $15. Seating is limited and RSVPs are recommended by emailing alevy@prusd.com, or calling (619) 356-0444.

THURSDAY, Oct. 17
The Ocean Beach Historical Society will host a free presentation titled “San Diego Yesterdays,” featuring Richard Crawford, the supervisor of special collections at the San Diego Public Library. San Diego today is a vibrant and bustling coastal city, but it wasn’t always so. The city’s transformation from a rough-hewn border town and frontier port to a vital military center was marked by growing pains and political clashes. Crawford will detail significant events and one-of-a-kind characters that laid the foundation for the San Diego that we know today. The program takes place at 7 p.m. at the Point Loma United Methodist Church, 1984 Sunset Cliffs Blvd. For more information, visit obhistory.wordpress.com.

FRIDAY, Oct. 18
Silver Gate Elementary School will host its annual Harvest Festival, an event open not only to students and their parents, but the community at large. The event will feature games, food, laser tag and Halloween fun, including a costume contest, haunted hallway, cake walk, games for children, pumpkin patch, face painting and more. The event runs from 5 to 8 p.m. on the school campus, located at 1499 Venice St. Tickets available at (619) 846-6269 or (619) 515-4400.

Dr. Benjamin K. Berger of UCSD will discuss his book, “Louder Than Words,” during a free presentation at the Hervey/Point Loma Branch Library at 6:30 p.m. Whether it’s brusque, convincing, fraught with emotion or dripping with innuendo, language is fundamentally a tool for conveying meaning — a uniquely human magic trick. Learn more about the secrets behind the science of how the mind makes meaning through language. The library is located at 1701 Voltaire St. For more information, call head librarian Christine Gonzalez at (619) 531-1539.

SATURDAY, Nov. 9
The Point Loma Rotary Club hosts M.S. Paddle for the Cure at 10 a.m. at NTC Cush- ing Park on Cushing Road. To partici- pate or support the walk, visit www.fightblindness.org/sandiego-visionwalk.

WEDNESDAY, Nov. 13
J. Elke Ertle will introduce her new book, “Walled-In: A West Berlin Girl’s Journey to Freedom,” during a free presentation at the Hervey/Point Loma Branch Library at 6:30 p.m. “Walled-In” weaves together the dra- matic events of Germany and the fall of the Berlin Wall and her ultimate decision to choose freedom in the West. The library is located at 1701 Voltaire St. For more information, call head librarian Christine Gonzalez at (619) 531-1539.

PASSIONATE ABOUT YOUR VISION

WEDNESDAY, Oct. 23
The San Diego VisionWalk will host its 46th class reunion from 4 to 9 p.m. at the Hervey/Point Loma Branch Library at 6:30 p.m. The event is now in its 10th year. For more information, visit www.fightblindness.org/sandiego-visionwalk.

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WE SURF BIG TIME.
BUT WHEN WE’RE DONE,
AND WE’RE HUNGRY AND THIRSTY,
WE LIKE TO GET RADICAL.

HARBOR TOWN PUB
100% PURE ADRENALINE. IN POINT LOMA