Trolley extension plans still driving forward in new year

By MARINDA LAMB | BEACH & BAY PRESS

Plans to extend trolley service from downtown San Diego to University City — lines which currently go no further north than the Old Town Trolley Station — are moving forward in the new year.

The San Diego Association of Governments (SANDAG) continues work on environmental documents and necessary technical studies for the $1.7 billion Mid-Coast Corridor Transit Project, a proposed 11-mile extension of the Blue Line trolley from the Old Town Trolley Center to University City.

City officials boast a number of economic, environmental and commuter benefits for the extension, such as linking San Diego universities, creating a

Like them or not, new laws set to grow teeth

From social media to anti-bullying and funeral protests to mandatory DUI blood tests, change is afoot for state laws set to grow teeth this year

By MARINDA LAMB | THE REASON

With every new year comes a fresh set of federal, state and local laws — some that affect taxpayers’ pocketbooks or their ways of life; others that seem utterly trivial or will be applied only in rare circumstances.

The following is a spotlight on just some of the new state laws that took effect Jan. 1 — legislation that will reshape the landscape of business, education, health, safety and environmental laws in California.

**BUSINESS**

- **Social media privacy in the workplace:** The privacy of employers’ and job applicants’ social-media accounts are now a bit more secure with the passage of AB 1844 in September. The new law forbids employers from asking for user names, passwords or other information to access employees’ or job applicants’ social-media accounts like Facebook or Twitter. While the law protects employees from being compelled to divulge such information, it doesn’t start thrashing the boss just yet. The legislation does not apply to passwords used to access employer-issued electronic devices and does not restrict an employer’s existing rights to investigate workplace misconduct.
- **Home/commercial goodies:** The California Homemade Food Act, or AB 1616, allows “low-risk” foods like baked goods, candied jams or tortillas made in private homes to be sold commercially with limited regulatory oversight.

**TRANSPORTATION**

**Driver safety**

- **Fees:** San Diego County motor-vehicle registration fees will increase from $1 to $2, adding a new source of revenue to help combat vehicle thefts under AB 1404. Boat owners, too, will see registration fees increase up to $10 to help fund a quagga and zebra-mussel infestation prevention program under AB 2443.
- **Hands-free texting:** AB 1516 would now permit drivers to text, email or read messages on a portable electronic device while driving — but only through the use of hands-free voice-to-text technologies.
- **DUI changes:** Urine tests are no longer an option for drivers suspected of driving under the influence. With certain rare exceptions, blood tests — widely considered to be more accurate — are now mandatory under AB 2020.
- **Meters:** Drivers are permitted to park in spaces with broken parking meters for the time allotted without receiving a parking ticket as the result of SB 1188.
- **Tolls:** Low-emission and clean-fuel vehicles with valid clean-air vehicle stickers are exempt from toll charges otherwise imposed on single-occupant vehicles in high-occupancy toll (HOT) lanes under AB 2450.
- **Showing proof:** The passage of AB 1708 permits drivers to use smartphones to demonstrate proof of insurance.

**EDUCATION**

- **Anti-bullying campaign:** To further protect students against cyber-bullying, state legislators passed AB 1732, which prohibits acts of electronic bullying and reinforces the impersonation of another student on a social network or Internet site, the pervasive harassment of an individual using a false profile or the creation of a “burn page” targeted toward an individual. Online bullying campaigns are punishable under state and school anti-bullying provisions.

**MIXING IT UP FOR THE DANCE CROWD**

The Alteza Dance Latin Jam, which mixes large instrumental Latin jazz, funk and elements of rock and soul, will impress anyone who likes their music dance-friendly. The band appears at Café-Bar Europa on Tuesdays.

**www.BeachandBayPress.com | Friday, January 4, 2013**
A map of San Diego parcelled out by ZIP codes and color coded shows a close delineation distinguishing certain parts of the city from others. It could illustrate any number of things: socioeconomic status, population per square mile, level of household education. The colors bled from a dark red in most areas in the north and west of the city to a pale yellow in the south and east — a fairly common pattern found in many of the data collected by the U.S. Census Bureau.

This map, however, depicts something the Census doesn’t measure. It tracks the amount of solar installations per 1,000 people, and it was created by the Environmental Health Coalition (EHC) as a way of understanding what San Diego’s solar profile looks like — and how it could look better.

Kayla Race, a policy advocate for EHC’s Green Energy/Green Jobs campaign who lives in La Jolla, said she is encouraged by what she sees when she looks around at rooftops in her community: a smattering of solar panels pumping renewable energy into the homes and businesses on which they sit.

The fact that La Jolla enjoys a deeper red hue than many other ZIP codes on the EHC’s solar map isn’t surprising. After all, it is an affluent coastal community whose residents tend to care about the health of the environ-

Best Wishes for 2013 from

La petite école
A Pacific Beach man will be sentenced Jan. 31 after he pleaded guilty to attacking a police officer by ramming his car into a patrol vehicle in Pacific Beach on Oct. 27.

The plea agreement also conveys the fact that we’re not doing all we can to maximize clean air, we all feel it. We’re all in this together.

Student art club adds fresh look to Belmont Park

The then-girlfriend saw a police officer and thought “why should I care that other people have it?” The fact is that air pollution doesn’t stop at community borders, Race said. “If SDG&E threatens to get help from. Prompted Madriaga to run for help, prompting Madriaga to run the patrol car with his own vehicle. Officers located him at a motel in Pacific Beach.

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Please call 858-268-3999 for more information and visit our websites:
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Tommy Madriaga, 34, remains free on $100,000 bond on the condition he has no contact with the former girlfriend. The protective order also prohibits him from calling her or sending her emails, and Madriaga must stay at least 110 yards away from her, according to court records.

The prosecutor will not seek more than three years in state prison, although the maximum sentence is five years. San Diego Superior Court Judge Laura Halgren agreed to consider a sentence with probation and up to one year in jail.

She also pointed out that the city is in the best situation; it has built a solar-dollar model. We’re still not seeing it coming into low-income neighborhoods, but a clean energy future will happen in this lifetime. Continuing on the path finite resources of energy, like coal, oil and natural gas is a very short-sighted solution. We could be getting energy from solar farms, not depleting our resources. The technology is here now.

Some might ask why they should care about solar initiatives in other communities. After all, La Jolla is on the higher end of San Diego’s solar profile, so why put in the effort when it’s clearly ahead of the game?”

“I think some in La Jolla might say, ‘I’m a homeowner, I have solar, so I’ve done my part. Why should I care that others have it?’ The fact is the air pollution doesn’t stop at community borders, Race said. “If SDG&E threatens要 go to work during the day and

PV man to be sentenced Jan. 31 in assault on officer and former girlfriend

Dr. KENDRA HARTMANN | BEACH & BAY PRESS

NEWS

Pacific Beach area ranks high in solar installations in city

Dr. MEAL PUTNAM | BEACH & BAY PRESS

The La Jolla High School Splatter! Art Club members volunteered their time and effort recently to create a mural on the large electrical box in the South Belmont parking lot.

Splatter! Club is an art and community-service center clubing around improving students’ artistic skills and taking part in community service projects.

The club combines art with helping those in need, as well as focusing on beautification, learning about different methods and styles of art, teaching how to draw, paint and create various forms of art, and giving tips and tutorials to help benefit students’ artistic talents.

The group’s last community-service project entailed creating a candlelight labyrinth at the beach. The group has collected donations to purchase building materials for LHJS Internet Club’s latest home build in Yuma for an impoverished family.

At Belmont Park, the group created a graphic style beach-themed design using repeating patterns of surf boards and beach balls, under the direction of Bird Rock artist Jane Wheeler. Club VP Katrina Wheeler had members sketch out design ideas to collect input before choosing to paint a design that resembled their own black-and-blue surfboard. President Stephanie Foster and member Whitney Francis worked on a Hibiscus flower and stripe combination, while member Ana Gamber chose a wide yellow stripe border with orange pinstripes. Pilar and Blaine Gamber joined in to help with painting the beach balls.

Curious onlookers told the town that they were excited to see the box painted and couldn’t wait to see the finished box. Several people stopped by to thank the girls for painting the box and making it look great. The girls were excited when the beautification work was completed and they saw the transformation from just a plain green box to a colorful work of art!

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What a circus: Mt. Soledad’s French-American school becomes a big top

Dr. KENDRA HARTMANN | BEACH & BAY PRESS

Just before breaking for the holidays, the students at the San Diego French-American School at Mount Soledad got a special treat. On Dec. 12 and 13, they gathered in the school’s auditorium for a chance to see a very European tradition: the French circus.

Slightly different from what many Americans think of when they hear the word “circus” (there were no animals, trapdoors or death-defying feats), the Tour de Cirque consists of just two performers: husband-and-wife team Marion Achard and Farid Abed.

The small cast and simple sets didn’t hinder the performance. For nearly an hour, Achard and Abed kept the rapt attention of the students with their intricate juggling, tricks and sleight of hand. Just when it seemed they couldn’t add another ball or bowling pin to a juggling routine, three more were thrown in. Though the performance, set to music, didn’t contain any dialogue, the story was perfectly told through the actors’ movements and expression.

Achard and Abed brought their show to the United States on a six-month journey of North America by camping car. Traveling with their three young children, they started in eastern Canada, making their way west and then south to the U.S., traveling deeper into California. From San Diego, they will eventually travel down into Mexico and up the Eastern Seaboard before returning to their native France.

The pair completed a similar tour of West Africa in 2009, performing the show “Derrière la Porte” (meaning “Behind the Door”) 33 times in eight countries. Wishing to experience another part of the world — and bring their art to an entirely different audience — they embarked on the North American tour in September. Using the built-in network of French international schools that dot countries the world over, the performers were able to lock in shows all over the continent. They have kept an online travel journal of their trajectory, allowing fans to watch their progress as they “Manger, boire, dormir ... et rouler” (meaning “eat, drink, sleep... and drive”) through three countries as a family.

Their children, meanwhile, seem happy to be along for the ride. While their parents are performing in France, Achard said, they stay home and attend school. While they’re traveling for several months at a time, however, they come along and stay up to date with school through the Internet and France’s National Center for Distance Education.

“They’re happy to be with their parents,” Achard said, though they sometimes miss the camaraderie of school. When they’re back home and attending school every day, however, they often ask when the next tour will be.

For more information about Tour de Cirque, visit cirk.fr/index.html. To follow the performers’ journey through North America and to learn about “Derrière la Porte,” visit cirk.fr/Amerique/Plaquette-Amerique.html (sites in French but can be translated into English).

How to Sell a Home That Didn’t Sell

SAN DIEGO. If your home has just come off the market and hasn’t sold, don’t be discouraged. The reason your home did not sell may have nothing to do with your home or the market. In reality, your home may have been one of the more desirable properties for sale.

So Why Didn’t Your Home Sell?

Last year almost half of the homes listed for sale never sold at all, and many sellers found that there was a tremendous amount of homeowners needed to be educated on how to sell their home for top dollar in the shortest time period. Don’t risk making the wrong choices and losing both time and money on your investment. Before you hire a realtor, know the right questions to ask to save you time and money.

Industry experts have prepared a free special report called “How to Sell a House that Didn’t Sell” which educates you on the issues involved.

To hear a brief recorded message about how to order your free copy of this report, call toll-free 1-800-896-3787 and enter ID# 1012. You can call anytime, 24 hours a day, 7 days a week.

Call NOW to learn how to insure a home inspection doesn’t cost you the sale of your home.
Restaurant Week returns: get a taste of what’s cookin’ in San Diego

California Restaurant Association’s semi-annual San Diego Restaurant Week (SDRW) is back again this Jan. 13-18 to kick the new year off right with sumptuous dining options in a dozen neighborhoods throughout the county, including La Jolla, Point Loma and Mission Bay. Talented local chefs at more than 180 of San Diego’s myriad dining establishments will dish out a taste of their culinary skill with prix fixe lunch and dinner menus at discounted prices for six delicious days.

With San Diego cuisine and atmospheres ranging in style from traditional to exotic, fine fare to relaxed brewpubs and everything in between, even the most discerning diner is certain to find something on the menu to delight his or her taste buds.

Two-course lunch options include $10, $15 or $20 menus and three-course dinner options include $20, $30 and $40 menus to choose from.

No tickets are required to participate. Simply stop by or make a reservation at any of San Diego Restaurant Week’s participating restaurants, including the following locations in the Pacific Beach/Mission Bay area:

- Café Athena, Greek, dinner $20
- The Atoll at the Catamaran Resort Hotel & Spa, American, dinner $40
- The Fishery, seafood, dinner $40

For a full list of participating restaurants around the San Diego area, visit www.sandiegorestaurantweek.com.
**QuickHits**

**Home-invasion robbery probed in Pacific Beach**

Police are seeking a trio that apparently pulled off a home-invasion robbery on Noyes Street in Pacific Beach on Jan. 5.

Investigators said the trio — made up of two men and one woman — met up at a Pacific Beach address, then moved to the address in the 24200 block of Noyes around 6:30 a.m., where the woman suspect went inside the house and led the men to the back of the house. The men left the home and the two men burst into the residence with handguns and robbed the victims of several undisclosed items.

The woman is described as a Hispanic suspect about 5 feet 8 inches tall, weighing about 150 pounds. She was last seen wearing a black hoodie and blue jeans.

One of the men is described as a black male between the ages of 26 to 30, weighing about 185 pounds, wearing all black clothing.

The second man is described as white Hispanic, about 5 feet 9 inches tall, weighing between 200 and 240 pounds, wearing a black hoodie and bandana and all black clothing.

Anyone with information is encouraged to contact Crime Stoppers at (888) 540-8477.**

**UCSD students’ kidnapper eyes 14-year sentence**

The man who kidnapped and robbed two UCSD students in La Jolla before forcing them into a car and escaping pleaded guilty and has agreed to accept a 14-year prison term at his sentencing on Jan. 9.

Miguel Torres Espinoza, 29, of San Diego admitted to kidnapping Raymond Chung and his girlfriend, Jessica Liu, both 20, in the parking lot of a local pharmacy on July 17. He allegedly forced them into a car and drove away. After taking the money, he demanded to be let out of the car in a residential area of Pacific Beach.

The students called police, who found Espinoza running up Loring Street at S steal Mount Road.

Espinoza, who is originally from Mexico, has been accused of kidnapping and gunning two kidnapping counts and two robbery charges. He could have received two life terms on the kidnapping for robbery.

— Neal Prattman

**Homeless man stabbed by girlfriend at bay**

Police officers arrested a homeless woman Dec. 27 who reportedly stabbed her boyfriend in the chest and back while the couple camped in a restroom at Mission Bay Park.

Though details were sketchy, police said the 39-year-old woman stabbed her 24-year-old boyfriend around 1 a.m.

— Kevin Faulconer

**The enduring allure of Mission Beach and Belmont Park**

BY JOHNNY MCDONALD | BEACH & BAY PRESS

For more information and updates about the Mid-Coast trolley line, visit www.sandag.org/midcoast.

In the summer months, the beach is and will only take about 30 minutes on the new Mid-Coast trolley line. The new mid-Coast trolley line creates a real opportunity to give San Diegans greater access to the beach and bays. The new trolley line will better connect the beach areas to the rest of the region and bring more San Diegans to the beach areas to visit local businesses, shops and restaurants.

Police reopen — which jumped $460 million over the past two years due to mounting costs for additional trolley cars, construction, infrastructure and parking — will be funded from the Federal Transit Administration’s (FTA) New Starts program as well as local TransNet funds. To date, a total of $3.92 million has been invested in the project so far, according to the city’s engineering and right-of-way acquisition.

“We must protect our tax dollars,” said Faulconer. “I’ll be monitoring the project and urging the decision makers at SANDAG to make sure every dollar is spent wisely and the line is slated to open to the public in 2014.”

Following a 60-day public review period, the trolley extension is expected to receive its final environmental approvals late this year. Construction on the line is expected to begin in 2013, and the line is slated to open to the public in 2014.

It’s enjoyable in the summer but a bit chilly in the winter months. Still, you can’t question the view. Maybe, at times, the waves will lap closely to those protected barriers, the battened walls that protect Mission Beach neighbors. Why not take that walk and work out the kinks? The exercise will ensure that Mission Beach is a fun place to be. It will also put a smile on your physician’s face.

At a stroll pace, it will take around 40 minutes one way. I can’t vouch for the runners or skateboarders. They’re in a race of their own.

Keep alert, though. You might be distracted by a passing lovely in a bikini and forget to dodge the danger of another or one on a bike. Don’t profess that it’s easy.

Others may choose to walk along the water’s edge, preferably on a calm weather day. If the surf is up, a different kind of traffic may come from surfers. Surfers eager to meet what nature stirs may come to the beach.

And along the way, there is something special about the ambience of those courts in front of vacation homes. Lawns, condos and cottages. What a folksy neighborhood.

There are courts listed with street names, but they actually are sidewalks. With a distinct, artsy, bohemian flavor, it makes Mission Beach an, in the words of one quintessential ocean side neighborhood.

But with our journeys, we topped it off with a stroll to the end of the pier and then breakfast at World Famous. After all, we’d need body fuel for the return trip.

—— BELMONT’S NEW SONG**

Philanthropist and UCSD alumnus John D. Spreckels would have been proud of the constant attention Belmont Park is receiving, particularly with the latest addition to the San Diego-based Pacific Enterprises.

Spreckels built the place as a commercial resort. Then, to get more people from San Diego to become involved, he had a spur line built from his street car line so more could enjoy the beach. Still, the wooden roller coaster has held fast during the many alterations through the years, with a few significant additions.

The city expects roughly $400,000 in rent revenue from Belmont Park during the fiscal year 2012-13, although it’s in the process of lease negotiations with Pacifica.

The park’s carnival-esque approach now consists of Till-a-Wheel and bumper cars, midway games and short car rides. Belmont Park is located in the neighborhood.”

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the southern end of Marzan Bear Nat-ural Park to Mission Bay Park) will pro-
vide San Diego residents and visitors a contiguous park that stretches from University City High School to Mission Bay High School and provides educa-
tional and recreational hands-on opportunities for children.”

Faulconer noted the importance that a healthy Rose Creek plays in the vivacity of the entire watershed and Mission Bay Park, saying he is committed to working with various city departments to clearly identify the specific parcels that constitute Rose Creek and move forward with dedication in the next several months.

“One of my overriding goals is to ensure that we dedicate these parcels, and I will ensure that we move forward collectively with my colleagues because it is in the public’s best interest to ded-
icate that,” said Faulconer during a Dec. 17th City Council meeting. “There are some questions that we have about some of the lines, where they fall and who [owns] that, but this is a problem that is entirely solvable.”

When the City Council approved the dedication of more than 6,500 acres of canyonlands and open spaces through the adoption of the “Declaration of Dedication of Land” on Nov. 27, portions of the Rose Creek watershed were not cleared for dedication by city departments because of questions about ownership and the potential for alternative uses for the sites.

Looking to the future, Faulconer noted that the dedication of Rose Creek would help to achieve some of the goals that the city has been working on for the past few months.

“I do want this to come back to the City Council, probably through the Nat-
ural Resources and Culture Committee, and that the city actually survey those properties,” Faulconer said. “I am confi-
dent we can do that and I will push for that project to move forward in the next several months.”

CREEK FESTIVAL IN PLANNING PHASES

Friends of Rose Creek, San Diego Earthworks and Campland on the Bay will host the first-ever “Rose Creek Festival” on Feb. 9 from 10:00 am to 3:00 pm. The city’s free neighborhood celebration will feature live music and entertainment, kids’ activities and crafts, a rubber-duck derby, a community mural-painting project, wilder-
ness show, bird watching and more at Campland on the Bay, located at 2211 Pacific Beach Drive. For more information, visit www.rscreekestfest.org.

The Rose Creek Watershed is one of the last remaining coastal wetlands in South-
ern California, according to Friends of Rose Creek.

The Beach & Bay Press, in cooperation with Discover PB, is excited to present a special edition celebrating the 125th Anniversary of Pacific Beach. This Special Souvenir Edition will publish on January 31st and delivered to homes & businesses on 92109. Additional copies will be available at Beach & Bay Press offices & Discover PB.

Extra! Extra! Read All About It!

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San Diego has lost several major musical icons in the last few weeks, including Ravi Shankar and Iron Butterfly’s Lee Dorrian, but there are still many more to be found in the area, including bluesman Tomcat Courtney. Now in his 80s, Courtney still performs Wednesdays at 6:30 p.m. and at 6 p.m. on Fridays and Saturdays at Café-Bar Europa, playing down-home acoustic blues, much the same as he always has. Dozens of well-known musicians have passed through his bands over the years and, late in life, he has earned the respect of blues fans worldwide. Such is its popularity that it appointed him the Paradise II, the club was known as La Ronda. In 1956, it became The Stage Door. In the early 1960s, it re-emerged as the Paradise Cove Gift Shop.

REMEMBER WHEN?

Michael Miliano and brothers-in-law Louis Cottile and Vito Frontiera pose in front of their new business at Crystal Pier — the Alibi Club — circa 1990. During World War II, the club was known as La Ronda. In 1956, it became The Stage Door. In the early 1960s, it re-emerged as the Paradise Cove Gift Shop.

—— John Fry may be reached at (858) 272-6655 or email mail@johnfry.com

Mainstay Tomcat Courtney, a Cure tribute and the MLK Community Choir

Anyone on an entertainment budget will want to check out the Pacific Beach/Taylor Branch Library’s free monthly concerts. Featuring a wide variety of music, the next performance will be by the Martin Luther King Community Choir on Jan. 9, which will perform an evening of gospel music. Formed in 1990, the choir performs concerts to raise funds for scholarship grants, and has performed everywhere from public schools to Symphony Hall. With its mix of modern and traditional music and wonderful energy, this concert promises to be both entertaining and spiritually uplifting.

Tomcat Courtney performs on Wednesdays, Fridays and Saturdays at Café-Bar Europa, 873 Turquoise St. 21 and up. www.theturquoise.com/wordpress

One of the best cover bands in town, The Nards perform at The Griffin on Saturday, Jan. 12. The ultimate bar band, this quartet, led by guitarist Rick Wilkins, can play just about anything — and if they don’t know it, they’d probably be willing to take a crack at it. The ultimate musical jokebox, they are up for anything from Iggy Pop to Pink Floyd and from new wave to classic rock. Perfect for dancing or just a plain-old good time, The Nards really are the perfect soundtrack to a Saturday night.

The AfroJazziacs perform at 7 p.m. on Satur- 
day, Jan. 12 at The Griffin, 1310 Morena Blvd. 21 and up. www.thegriffinsd.com

Dazny’s in Mission Beach continues to be the spot for jazz in San Diego, with a schedule full of local legends and choice touring acts. On Jan. 12, the venue hosts a performance by Mikan Zlatkovich and his band, which includes Dave Curtis (bass), Russell Itzler (drums) and special-guest Brian Levy (tenor saxophone). Zlatkovich is a wonderful tunesmith, also at home playing classics from the likes of Thelonious Monk or Ahmad Jamal. But he’s also a brilliant re-interpreter of pop songs. His latest album, “Come Together,” is titled after and includes the Lennon/McCartney but if you’re a fan of the piano, this show from one of the area’s finest players will be a great way to kick off 2013.

—— Bart Mendosa

Must Hear

Mixing largely instrumental Latin jazz funk and elements of rock and soul, The Afrojazzins will impress anyone who likes their tunes dance-floor friendly. Appearing at Café-Bar Europa on Tuesdays at 7 p.m. and occasionally on Fridays, the band is all about rhythm and groove with extended jams, though none of the aimless noodling that sometimes accompanies jamming. If you’re looking for music that’s heartfelt, funky and full of Latin spirit, this band is for you. Just remember to bring your dancing shoes.

The Mikan Zlatkovich Quartet performs at 8 p.m. on Saturday, Jan. 12 at Dazny’s, 4275 Mission Bay Drive. $15. www.dazny.com

Old Town San Diego’s 4th Annual ‘Blessing of the Animals’

Old Town San Diego State Historic Park is hosting the 4th annual Blessing of the Animals on Sunday, Jan. 20, from noon to 3 p.m. The blessing is led by Monsignor Mark Campbell, but all faiths and convictions are welcome to celebrate the animals that make our lives so special. The blessings will take place between 12:30 p.m. and 1:30 p.m. There will be a pet expo with treats for pets and owners as well as activities for kids. There will also be animals available for adoption, animal-themed entertainment and a special appearance by Chopper the Biker Dog. Chopper is a one-year-old Boston terrier who was discovered around the county for riding his own Harley Davidson motorcycle and his distinctive biker goggles.

Historically, this event has been happening for more than 300 years — dating back to the 1700s. In San Diego the annual Benediction of the Beasts celebrates St. Anthony of the Desert, the Patron Saint of Animals. Activities for both animals and families make this celebration both unique and very moving to all who participate.

Somewhere out west, a group of musicians decided to pay tribute to one of the most successful bands in music history. When John Lennon and Paul McCartney announced their breakup in 1970, no one could have predicted how the music would continue to live on through the years. strawberry branzino, and creamed spinach — which are available at the Saloon and The Alibi Club for dinner.

Whether you’re looking for music that’s heartfelt or something that’s just plain ol’ good fun, The Afrojazzins have it all. Whether you’re looking for music that’s heartfelt, funky and full of Latin spirit, this band is for you. Just remember to bring your dancing shoes.

$25. www.facebook.com/fiestadereyes

The Mikan Zlatkovich Quartet performs at 8 p.m. on Saturday, Jan. 12 at Dazny’s, 4275 Mission Bay Drive. $15. www.dazny.com

—— Bart Mendosa

Enjoy the Beauty of Old Town

Old Town San Diego State Historic Park is hosting the 4th annual Blessing of the Animals on Sunday, Jan. 20, from noon to 3 p.m. The blessing is led by Monsignor Mark Campbell, but all faiths and convictions are welcome to celebrate the animals that make our lives so special. The blessings will take place between 12:30 p.m. and 1:30 p.m. There will be a pet expo with treats for pets and owners as well as activities for kids. The Mikan Zlatkovich Quartet performs at 8 p.m. on Saturday, Jan. 12 at Dazny’s.

The Mikan Zlatkovich Quartet performs at 8 p.m. on Saturday, Jan. 12 at Dazny’s, 4275 Mission Bay Drive. $15. www.dazny.com

—— Bart Mendosa

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WEDNESDAY
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Let Millers Field provide a killer location for your next private event!
Looking for a location to host your next corporate event, meeting or private party? You’ve come to the right place. We have an upstairs location that will meet the needs of events with attendance of 100 or less. seating for up to 75 people – full service (15 seat) bar – ocean view indoor / outdoor heated patio – order off menu or buffet – free validated parking 11 flat screens on upper patio – presentation friendly! Contact us today to get more information! 619 838 1866
Mission Bay Girls’ Softball League sets free sports clinic Jan. 5

The Mission Bay Girls’ Softball League (MBGSL) is preparing to host the upcoming 2013 season with a free clinic on Saturday, Jan. 5 at McEvoy Field, located at 2701 Grand Ave. between Mission Bay High School and Mission Bay Golf Course.

The clinic is run by MBGSL president and Mission Bay High School softball head coach Jimmy Ross and players from the Mission Bay High School softball team.

“We want to promote softball and build it back up in Pacific Beach after it fell off the map a few years ago,” Ross said.

According to Tom Paull, a former Mission Bay Little League and Mission Bay High School Buccaneer player from 1973-1980, the league almost shut down after the 2012 season because it fell shy of the Amateur Softball Association (ASA) rules that state a league must field at least four teams.

“Things are looking up for MBGSL,” said Paull. “After almost having our league terminated, we are coming back stronger than ever.”

All of the players from the 8-and-Under (8U) team from last year will be returning as part of the 10-and-Under (10U) squad, in addition to two new 8U and two 6U teams, Paull said.

The MBGSL participated in the recent Pacific Beach Holiday Parade and passed out candy canes with business cards to promote the free clinic.

“We had a great time in the parade and every girl got to ride our horse Apache, the official MBGSL mascot in the parade,” Paull said.

The first 10 girls who sign up for the free softball clinic on Jan. 5 will be eligible to ride Apache in the parade next year, as well.

Paull and Ross said they hope to help the girls develop their softball talents while at the youth level and create a pipeline for a local “farm system” of experienced players going into the high school level at Mission Bay.

“We are now a year-round league because we will start playing for fall next year,” Paull said. “We need more girls who want to learn a great game and who want to be part of a team.”

Ross agreed.

“We don’t have a lot of girls with softball experience on our high school team,” Ross said. “Most of them have never played organized softball, so we would like to create a relationship between the youth and the high school levels to get the parents and community more involved.”

The MBGSL is for girls between ages 5 and 14 from any school or community at any experience level. The league begins in late February and runs until early May. For more information or to register, visit www.mbgsl.org.

BY KEITH ANTIGIOVANNI | BEACH & BAY PRESS

Members of the Mission Bay Girls’ Softball League promote league registration during the Pacific Beach Holiday Parade.

Youngsters helping to promote the Mission Bay Girls’ Softball League ham it up during the holiday parade.

Youngsters get the chance to ride down Grand Avenue on Apache, the official parade mascot for the Mission Bay Girls’ Softball League during the 2012 Pacific Beach Holiday Parade.

Ravens NFL fans find a place to roost at Dirty Birds

By MARIKO LAMB | BEACH & BAY PRESS

What started out as a small flock of Baltimore Ravens fans in Pacific Beach searching for a place to cheer on their team has turned into a mass migration of purple-and-gold-clad locals to Dirty Birds every football Sunday.

“A lot of Baltimore fans lived in the immediate neighborhood and were looking for a place to watch the game,” said Dirty Birds owner Leigh Gibson. “It started off with a couple of guys coming in and asking if we could turn the sound on for the Ravens game when it was on and it slowly grew from there.”

Though a born-and-raised New York Jets fan from Long Island, Gibson gladly turns his restaurant-bar over to these dedicated fans.

“It’s a good group of people who are passionate about their team,” he said. “We’re just happy to give them a place to come and be surrounded by other Ravens fans for the two or three hours during the game.”

Those who have built up a ravenous appetite can be assured they are among some of the finest, most carefully prepared, creatively flavored chicken wings in the country at Dirty Birds.

“The wings are hands-down our bread and butter here,” said Gibson. “We have national acclaim from Yahoo Sports for having some of the top wings in the country.”

With more than 30 chicken-wing flavors to choose from — ranging from sweet to spicy, naked to saucy — Dirty Birds has something for everyone, including other solid menu items made from fresh ingredients.

“A great accompaniment is a good, old-fashioned brew to wash it all down. To complete the perfect football Sunday package, Dirty Birds offers specials on $15 buckets of bottled domestic beer, $10 bottles of champagne and $2 mimosas all weekend. We also have 13 flat-screen TVs that encompass the bar,” he said. “From every seat, you have access to at least three to four TVs in your immediate peripheral vision.”

Dirty Birds televisions the Ravens and San Diego Chargers, which Dirty Birds also supports. Other games are screened simultaneously via the NFL Sunday Ticket package for those who want to keep an eye on their Fantasy Football teams.

Dirty Birds is located at 4656 Mission Blvd. For more information, visit www.dirtybirdspb.com or call (858) 274-2473.

“The wings here are hands-down our bread and butter here. We have national acclaim from Yahoo Sports for having some of the top wings in the country.”

LEIGH GIBSON
Owner, Dirty Birds

San Diego Restaurant Week
January 13-18, 2013
SanDiegoRestaurantWeek.com

A flock of Baltimore Ravens fans gather outside Dirty Birds on Mission Boulevard.
Turning thrift finds into treasures with a little creativity

While some people gravitate toward shiny new things, Mary Willmont prefers to turn gently used stuff into golden treasures.

The longtime South Mission Beach homeowner, temporarily living in Point Loma, has been shopping the thrift stores since she was a kid. Even as a young mother, before “green” was the thing, she’d scout the alleys with her children. She said the best time for finding useful thriftaways was June after the college students left their apartments to return home.

“Sometimes, it wasn’t trash-picking, but treasure hunting,” said Willmont, a former elementary-school teacher who became a stay-at-home mom...” I never could afford to buy the things I liked, so I made them...”

Now at 77, Willmont can’t seem to break the habit of searching for goodies and re-purpose them. To help support her addiction, she started selling many of her finds at local craft fairs, but still keeps a closefist for herself.

Among her latest offerings at her Ren-carnations booth are cashmere scarves. For seven years, she’s been fashioning them out of secondhand men’s and women’s large and extra-large sweaters, which she opens at the seams and sews back together in rectangles, with openings for the head. The ribbed bottoms become collars; the opened sleeves part of the fab-ric of the garments. She makes the fringe with yarn she wraps around CD covers, “which either come from the thrfts or are going to the thrfts.”

For the last year, Willmont has also been collecting men’s silk ties, which she turns into one-of-a-kind neck scarves.

“I have a really good eye for composition, she said, explaining that she uses two ties for each scarf, blending color and design. She drapes and tucks the fabric, pinning everything in place until she gets the shape she wants...”

“My eye knows when it’s at its best and that’s when I stop,” she said. From old eyeglasses are a source of inspiration and design for Willmont. She trims and turns the metal into intricate shapes, then adds beads with more wire to end up with sculptural pendants and earrings.

Under Willmont’s creatively eye, a skirt that doesn’t fit but couldn’t be re-sized becomes a skirt that simply hangs over her head. Sometimes, she takes the waist inside and sews it down; other times, she adds a jew-eled belt...

“I look at something and think what can I do to make it useful again?” Willmont said. “Thrift stores are a treasure trove for creative people or people with expansive tastes and minimal budgets, especially if they have a sewing background.”

In the past, she has turned jeans and fur into funky hats, and leather and fur finds into purses.

“It’s the hunt that keeps her haunting the thrfts. At this point in her life, “It has nothing to do with need. It’s so much fun to walk through a row of sweaters and find the color.”

She said gray, black, red, blue, pink and white are relatively easy to come by. The trick is procuring a purple, orange or apple-green cashmere for an average price of $6.

Though Willmont said she enjoys shar-ing her work at the fairs, she’s not getting rich from them. She figures her average take for the day is about $200. But then, making money isn’t her primary objec-tive. Shopping and creating art. And the shows are a good way “to get rid of extra stuff.”

For more information, contact Will- mont at mtwillmont@gmail.com.

MISSION DAY HIGH
School tour slated for Thursday, Jan. 10 from 8 to 9:30 a.m. Check in at the front office and meet at the campus library. Learn more about the inter-national baccalaureate (IB) pro-gram and all that MBHS has to offer. Meet the IB coordinator, staff and parents while learning about opportunities for students in academics, sports, technology, fine arts, science and the IB program. For more information about the tour, call (858) 273-1315, or email Dung McIntosh at dmintosh@sandi.net.

PB MIDDLE SCHOOL
A PBMS prospective parent tour is scheduled for Thursday, Jan. 10 from 8 to 10 a.m. Join the PBMS tour to learn more about the school’s highly-acclaimed international baccalaureate pro-gram and tour the campus. Check in at the front office. Parking will be available in the parking lot.

PB ELEMENTARY
Friends of Pacific Beach Elementary School monthly meeting on Wednesday, Jan. 9 at 6 p.m. Room 9. All are welcome. childcare will be provided. 
PB’s annual Intramural Four-Square Tournament takes place between Jan. 14 and Jan. 18. 
PB Elementary School tour takes place Thursday, Jan. 17 at 4 a.m. Meet at the front office. Join a tour of the school and learn about all PB Elementary has to offer.

CROWN POINT JUNIOR MUSICAL ACADEMY
School-choice applications are now available online to select your school of choice for the 2013-14 school year. Crown Point Junior Music Academy school tours are available every Thursday at 8 a.m. for kindergartners through second grade and at 10:20 a.m. for third through fifth grade. Learn about the great music programs, visit classrooms and meet the staff. For more information or to set up an appointment for a tour, school secretary Cathy at (858) 273-9830.

MISSION BAY CLUSTER
Mission Bay Cluster meeting on Thursday, Jan. 10 at 8 a.m. at Crown Point Junior Music Academy. Hear the latest up-dates about the six schools in Pacific Beach.

Interested in learning more about your local Pacific Beach schools? Visit the Mission Bay Cluster All-Schools Fair on Saturday, Jan. 26 from noon to 3 p.m. at Mission Bay High. Pacific Beach (Mission Bay Cluster) schools include Kate Sessions Elementary School, Pacific Beach Elementary School, Crown Point Junior Music Academy, Barnard Mandarin-Chinese Magnet Elementary School (a new addition to the cluster), Pacific Beach Middle School and Mission Bay High School. All schools will have informational booths, activities for children and performances at the fair. The huge fair will be the perfect opportunity for interested parents and students to meet the principals of each school and learn about the wide range of programs offered locally. The school-choice application program will be highlighted at MBHS, PB Middle and Katie Sec-sions Elementary as well as the music programs at Crown Point, the GATE/Seminar program at PB Elementary and the Mandar in Chinese Magnet program at Barnard.

MISSION BAY HIGH SCHOOL students captured the honor of best float during the 2012 Pacific Beach Holiday Parade. Credit: photo
Grab Bars Provide Safety for Seniors

SAN DIEGO GRAB BARS is dedicated to helping you stay independent and safe in your own home. We offer grab bars, shower seats, and hand held shower heads to help make the bathroom a safer environment. And while the bathroom is where people normally think that they need grab bars, we can install hand rails and grab bars anywhere in your home: next to the bed, at the top of the stair case, in the hall or outside the back door.

When we visit you, we bring along a great selection of products for same day installation. Decide what diameter and texture feels best before you buy. We can match the finish of your existing hardware.

Falls are one of the main reasons people leave home and move into assisted care. Let us help you prevent falls and stay in the home you love.

Less Invasive NuAge Facelift Available

The NuAge Facelift procedure is a minimal incision approach for facial rejuvenation of the lower face and neck. Compared to the traditional facelift the NuAge Facelift is less invasive with quicker recovery time.

At our facility the Grossmont Oral & Maxillofacial Surgical Center, we take pride in the vast scope of services we offer our patients. With three main focuses of practice: Oral Surgery, Maxillofacial Surgery, and Facial Cosmetic Surgery, we are able to customize a treatment plan for each of our patients.

As oral and maxillofacial surgeons, Dr. Varboncoeur & Caldemeyer are recognized specialists who are surgically trained in a vast scope of services we offer our patients. Our training includes general surgery, otolaryngology, plastic surgery, emergency medicine and other specialty areas. Their training focuses, though, on the hard (ie, bone) and soft (ie, skin, muscle) tissue of the face, neck, and other areas. Their training includes general surgery, otolaryngology, plastic surgery, emergency medicine and other specialty areas. Their training focuses, though, on the hard (ie, bone) and soft (ie, skin, muscle) tissue of the face, neck, and other areas.

For more information about a free consultation, contact the office of Grossmont Oral & Maxillofacial Surgical Center Call 619-743-4486 or go to our website to learn more about this revolutionary procedure at vchoms.com.

Women With Hair Loss Can Have Thick and Healthy Hair

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair!

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this service suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook.

Call today for a free consultation and receive $200.00 off on your first full head of hair replacements 858.456-2344.

Hair Extensions FAQ

How Do You Match Extensions to a Client’s Existing Color?

If you are blending colors choose extensions that are the same level of color as the client’s own hair. If you are changing the level of the client’s hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair 48 hours prior to application and extensions can be matched to that also.

How Do You Customize Extensions for a Client With Thinning Hair?

Use an extension with a smaller attachment bond and a single strand application process so the hair is not damaged and can hold the weight of the extension. This will give natural looking volume and length to thinning hair.

What type of hair extensions do you use?

Judy uses Great Lengths all-natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein to the same molecular structure as your hair. This application process does not harm your own hair and can be held by the weight of the extension. This will give natural looking volume and length to thinning hair.

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Choose from 5 finishes 18", 24", 32", 36”
BB Guns can guns do damage to children and animals

Each Christmas, there are tragedies around America who unwittingly receive a new, nonpowder gun. These guns include BB, pellet, and airsoft. While many parents may believe such guns to be harmless, and even see them as toys, statistics suggest otherwise. According to the American Academy of Pediatrics, over 20,000 injuries related to BB guns occur each year, with four percent of them requiring hospitalization.

These guns are not toys at all, and they can certainly do damage. The Los Angeles Crescenta Valley Animal Group lists Robert Maseri, president of Guardians of Rescue, an organization dedicated to helping animals in need. “In our line of work, we have seen it often—lives absolutely lost to animals just for fun, and leave them distressed and injured. These guns create a problem for parents who are usually unaware of.”

Here are 5 tips for parents who may have a child with one of these nonpowder guns, or who are considering getting one for them:

• Ask your child if they want a BB gun or pellet gun, find out why, and ask what it is they want to shoot at. If they don’t have a good answer, or it is one that involves harming people and animals, then hold off on making the purchase.

• Wait until they are older. Young children may not be mature enough or have the impulse control to follow the rules that come with a BB gun. Wait until they are old enough to follow the rules.

• Find a safety course. Check around in your city to see if you can find a safety course for your child to take. You may find one by checking with the NRA, the Boy Scouts, or local camp sites. You can find a safety course for your child to take. You may find one by checking with the NRA, the Boy Scouts, or local camp sites.

• Discuss the ethics. Talk to your child about not shooting animals that have been injured by the gun. If you have set rules and guidelines, be sure to follow through if you find a safety course. Check around in your city to see if you can find one by checking with the NRA, the Boy Scouts, or local camp sites.

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Keep Your Home Safe from Allergens this Season

The weather may be getting cooler, but that doesn’t mean people who are impacted by allergens are in the clear. From dust and dander to seasonal pollen, millions of people will sneeze, wheeze and cough their way through the months ahead.

Likewise, bedding and clothing with a fragrance free detergent, which is the number one detergent brand recommended by dermatologists and allergists for sensitive skin, will make scrubbing the bathroom and nose. Using a hypoallergenic, gentle designed for sensitive skin. For example, all free clear detergent, is an act of kindness big or small. Are you in?”

Keep Allergens Out

When you walk around outside your clothes can collect and absorb allergens and irritants. Shoes are magnets for grass, tree and ragweed pollen. Leave your shoes on the porch, especially after walking through grass. Change out of your clothes when you get home, depositing them directly into the hamper.

Wash Safely

The irony of keeping your home spic and span for the sake of allergens you’re trying to eliminate. Allergens are hiding all over the home. Regular dusting and vacuuming will eliminate much of the problem. Just be sure to clean your vacuum filter often. And don’t overlook fabrics in your home like upholstered chairs and drapes, as dust, mites and other allergens can collect here easily. Don’t suffer while cleaning. Use a mask to avoid coming into contact with the allergens you’re trying to eliminate.

Bust Dust

Allergens are hiding all over the home. Regular dusting and vacuuming will eliminate much of the problem. Just be sure to clean your vacuum filter often. And don’t overlook fabrics in your home like upholstered chairs and drapes, as dust, mites and other allergens can collect here easily. Don’t suffer while cleaning. Use a mask to avoid coming into contact with the allergens you’re trying to eliminate.

Stay Vigilant

You can stay informed with pollen-level maps and recent allergen news. Visit the all free clear detergent news. Visit the all free clear detergent, which is the number one detergent brand recommended by dermatologists and allergists for sensitive skin, will make scrubbing the bathroom and nose. Using a hypoallergenic, gentle designed for sensitive skin. For example, all free clear detergent, which is the number one detergent brand recommended by dermatologists and allergists for sensitive skin, will eliminate 99 percent of tree and grass pollen, and ragweed pollen, the number one fall allergen. Free of potential irritants like dyes and perfumes, it will also help bust pet dander and dust mite matter.

More information can be found at www.all-laundry.com/freeclear/.

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Sun 1-4pm . . . . 5556 La Jolla Hermosa . . . $1,250,000-$1,450,000 . . . . Linda Dunfee * 858-361-9089

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Sat/Sun 11-4pm . . . 3957 & 3959 Sequoia St. .4BR/3.5BA...$879,000 . . . . . . .Kathy Evans * 858-488-7355

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HAPPY NEW YEAR

From Allergy Specialists

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26Acts

“Imagine if everyone could commit to doing one act of kindness for each precious life lost. An act of kindness big or small. Are you in?”

-Ann Curry

Happy New Year From!

Outstanding Ocean view home in sought after Sunset Cliffs. Sweeping Ocean views, large center lot, Pool and Spa surrounded by mature landscaping, enormous deck with picture post card views, open eat-in gourmet kitchen with formal dining area, large family room with open beam ceiling and hill top views, master suite has private sitting area with two walk in closets, enormous guest suite off pool with bath and separate access. Home was interior post 2003 with great detail and quality.

Keep Allergens Out

When you walk around outside your clothes can collect and absorb allergens and irritants. Shoes are magnets for grass, tree and ragweed pollen. Leave your shoes on the porch, especially after walking through grass. Change out of your clothes when you get home, depositing them directly into the hamper.

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Luxurious Masterpiece in Mission Beach

Incredible opportunity to own this luxurious masterpiece in the heart of Mission Beach! This one of a kind, detached property includes kitchen facilities on each of the three floors, Costa Verde Granite throughout, Thermador and Fischer appliances, large flat screens, and surround sound systems on all three levels (including outdoor patios). The property is being sold fully furnished and would make a magnificent second home or high-end vacation rental. Major Reduction.

www.803Toulon.com

Reduced To Sell

Brand New Single Family Homes offer bay views and roof decks with an outdoor fireplace for those chilly San Diego evenings. 2,021 sf of elegance + multiple outdoor living spaces. The Penthouse room can also be used as 4th bedroom and has an attached full bath. Located only 1.5 blocks from the bayfront at Crown Point Shores and its miles of sandy beach and trail along the waterfront.

Charming 1,817 sqft Twinhome with lots of character including 2 sided fireplace, skylights, arched doorways, walnut travertine floors, patio w/spa, lush landscaping, roof deck, yard, and more. Looks like a mini castle with its dazzling exterior of brick, stone, and stucco. Just 3 blocks from Sail Bay!

Happy New Year to all & special thanks to my Clients!
Looking forward to a Prosperous 2013! Don’t forget to call me if you Plan on Buying or Selling in the future!

Are you thinking of selling?
I can get an offer on your home in less than a day!

Your Native PB Realtor & Neighbor

Scott Booth

Realtor
Re/MAX Coastal Properties
(858)775-0280
scottboothsd@gmail.com
CA DRE Le #01397371

Suit & tie service with flip flop friendliness

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I’m here to help you with all of your Real Estate needs in 2013

Don Hawthorne
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DRE# 0859218

3306 Bayside Walk
This stunning 2012 sq ft 3BR/2.5BA bayfront condo is complete w/ many high-end features. Gorgeous kit w/ en-suite, granite & stone tile. Wake up to the beautiful bay views from the master & enjoy coffee on one of 4 balconies. Entertaining made easy w/ a large open living room w/built-in entertainment center & courtyard w/built-in grill. Deluxe master suite w/fireplace, balcony, dual walk-in closets w/built-in fixtures, spa tub, gorgeous large shower.

Owner occupied 4br 3ba bayfront townhome with stunning views of the Beach and Bay. Top floor features a high arched beam architectural ceiling. Spacious width of the living/dining area & master bedroom suite is a design plus. Unit comes with 3 parking spaces and storage galore.

REDUCED $995,000

Steve Cairncross
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DRE #0859218

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