UCSD archaeologist discovers ancient Mayan pendant

Geoffrey Braswell, a professor of anthropology at UCSD, lead the expedition in Nim Li Punit in southern Belize that ultimately uncovered several treasures of the lost civilization. One jewel, in particular, a jade pendant worn on a king’s chest during key religious ceremonies, was first unearthed in 2015. It is now housed at the Central Bank of Belize, along with other national treasures. Braswell and his team have deduced the significance of the rare stone, saying that ‘It literally speaks to us. The story it tells is a short but important one.’

SEE PG. 2 FOR FULL STORY

Breeders’ Cup to make long-awaited debut in November

Nearly three years in the making, the 34th running of Breeders’ Cup will finally grace the presence “Where the Turf Meets the Surf” at Del Mar racetrack, on Nov. 3 and 4. On Tuesday, Feb. 27, a grand-scale press conference, complete with Del Mar Mayor Terry Sinnott and San Diego Mayor Kevin Faulconer, world-class jockeys and a statue of a thoroughbred horse, was held at Del Mar Plaza to formally announce the event. While ticket sales opened March 6 at 9 a.m., the sheer magnitude of this event is palpable, and the amount of jobs and revenue it can generate for the city are hailed to be exponential.

Laffit Pincay hosted the press event, with Joe Harper, director,
UCSD archaeologist unearths Mayan pendant

BY INGA KIDERRA

To say that UCSD archaeologist Geoffrey Braswell was surprised to discover a precious jewel in Nim Li Punit in southern Belize is something of an understatement.

“It was like finding the Hope Diamond in Feoria instead of New York,” said Braswell, who led the dig that uncovered a large piece of carved jade once belonging to an ancient Maya king. “We would expect something like it in one of the big cities of the Maya world. Instead, here it was, far from the center,” he said.

The jewel, a jade pendant worn on a king’s chest during key religious ceremonies, was first unearthed in 2015. It is now housed at the Central Bank of Belize, with other national treasures.

Braswell recently published a paper in the Cambridge University Journal Ancient Mesoamerica detailing the jewel’s significance. A second paper, in the Journal of Field Archaeology, describes the excavations.

The pendant is remarkable for being the second-largest Maya jade found in Belize to date, said Braswell, a professor in the Department of Anthropology at UCSD. The pendant measures 7.4 inches wide, 4.1 inches high and just 0.3 inches thick. Sawing it into this thin, flat form with string, fat and jade dust would have been a technical feat. But what makes the pendant even more remarkable, Braswell said, is that it’s the only one known to be inscribed with a historical text. Carved into the pendant’s back are 30 hieroglyphs about its first owner.

“It literally speaks to us,” Braswell said. “The story it tells is a short but important one.” He believes it may even change what we know about the Maya.

Also, importantly, the pendant was “not torn out of history by looters,” said Braswell. “To find it on a legal expedition, in context, gives us information about the site and the jewel that we couldn’t have otherwise had or maybe even imagined.”

Where the jewel was found

Nim Li Punit is a small site in the Toledo District of Belize. It sits on a ridge in the Maya Mountains, near the contemporary village of Indian Creek. Eight different types of parrot fly overhead. It rains nine months of the year.

On the southeastern edge of the ancient Maya zone (more than 250 miles south of Chichen Itza in Mexico, where similar but smaller beast pieces have been found), Nim Li Punit is estimated to have been inhabited between A.D. 150 and 850. The site’s name means “big hat.” It was dubbed that, after its rediscovery in 1976, for the elaborate headdress sported by one of its stone figures. Its ancient name might be Wakam or Kawam, but this is not certain.

Braswell, UCSD graduate students Maya Azarova and Mario Borroto, along with a crew of local people, were excavating a palace built around the year 400 when they found a collapsed, but intact, tomb. Inside the tomb, which dates to about A.D. 800, were 25 pottery vessels, a large stone that had been flaked into the shape of a deity and the precious jade pendant.

Except for a couple of teeth, there were no human remains.

What was it doing there?

The pendant is in the shape of a T. Its front is carved with a T also. This is the Mayan glyph “ik,” which stands for “wind and breath.” It was buried, Braswell said, in a curious, T-shaped platform. And one of the pots discovered with it, a vessel with a beaked face, probably depicts a Maya god of wind.

Wind was seen as vital by the Maya. It brought annual monsoon rains that made the crops grow. And Maya kings, as divine rulers responsible for the weather, performed rituals according to their sacred calendars, burning and scattering incense to bring on the wind and life-giving rains. According to the inscription on its back, Braswell said, the pendant was first used in A.D. 672 in just such a ritual.

Two relief sculptures on large rock slabs at Nim Li Punit also corroborate that use. In both sculptures, a king is shown wearing the T-shaped pendant while scattering incense, in A.D. 721 and 731, some 50 and 60 years after the pendant was first worn.

By the year 800, the pendant was buried, not with its human owner, it seems, but just with other objects. Why? The pendant wasn’t a bauble, Braswell said, “It had immense power and magic.” Could it have been buried as a dedication to the wind god? That’s Braswell’s educated hunch.

Maya kingdoms were collapsing throughout Belize and Guatemala around A.D. 800. Braswell said, “The dedication of this tomb at that time of crisis to the wind god who brings the annual rains lends support to this theory, and should remind us all about the danger of climate change.”

A recent theory is that climate change caused droughts that led to the widespread failure of agriculture and the collapse of Maya civilization. Braswell said, “The dedication of this tomb at that time of crisis to the wind god who brings the annual rains lends support to this theory, and should remind us all about the danger of climate change.”

Still and again: What was it doing there?

The inscription on the back of the pendant is perhaps the most intriguing thing about it. Braswell said. The text is still being analyzed by Braswell’s coauthor on the Ancient Mesoamerica paper, Christian Prager of the University of Bonn. And Mayan script itself is not yet fully deciphered or agreed upon.

But Prager and Braswell’s interpretation of the text so far is this: The jewel was made for the king Janaab’ Ohl Kunich. In addition to noting the pendant’s first use in A.D. 672 for an incense-scattering ceremony, the hieroglyphs

PHOTO BY GEORGE BRASWELL

See jade} Pg.4
An Architectural Masterpiece
5BR/7.5BA  6,781 Sq. Ft.  $5,495,000 - $5,995,000

Sweeping Ocean Views
4BR/2.5BA  4,626 Sq. Ft.  $3,900,000 - $4,295,000

Lower Hermosa  REDUCED
6BR/4.5BA  4,034 Sq. Ft.  $3,400,000 - $3,695,000

Windansea  COMING SOON
3BR+Den/4BA  2,322 Sq. Ft.  $2,850,000 - $3,295,000

Upper Hermosa
4BR/3.5BA  3,379 Sq. Ft.  $2,799,000

Muirlands Treasure
4BR/2.5BA  3,114 Sq. Ft.  $1,850,000 - $2,100,000

Bird Rock Charmer  PENDING
4BR/3BA  2,244 Sq. Ft.  $1,650,000 - $1,725,000

City Front Terrace  REDUCED
3BR/2.5BA  1,556 Sq. Ft.  $995,000

Billionaires Row
www.BillionairesRowLaJolla.com

(858) 456-3282
Gregg@GreggWhitney.com
1298 Prospect St., Suite 2L, La Jolla
JADE  CONT. FROM PG. 2

describe the king’s parentage. His mother, the text implies, was from a distant site in western Belize. There are few earlier dates that had been previously unknown. "We didn’t think we’d find royal, political connections to the north and the west of Nim Li Punit," said Braswell, who has been excavating in Belize since 2001 and at Nim Li Punit since 2010. "We thought if there were any at all that they’d be to the south and east." Even if you ignore the writing and its apparent royal provenance, the jade stone itself is from the mountains of Guatemala, south-west of Belize. There are few earlier indications of trade in that direction either, Braswell said.

We may never know exactly why the pendant came to Nim Li Punit or why it was buried as it was, but Braswell’s project to understand the site continues. He plans to return this spring. This time, he also wants to see if he might discover a tie to the Caribbean Sea. After all, that’s where 12 miles downstream, a four-hour trip by canoe.

BREEDERS’  CONT. FROM PG. 1

Dr. John Braswell, president and CEO of the Del Mar Thoroughbred Club and Craig Favel, president and CEO of the Breeders’ Cup, addressing the audience as well, focusing on the massive overhaul of the already-pristine grounds as well as a shared excitement for holding the event in San Diego this year.

According to a recent press release, Breeders’ Cup and Del Mar racetrack are investing approximately $4.5 million to create premium seating options and enhance the on-site experience for fans and participants.

Similarly to what was seen at this year’s Farmers Insurance Open, there seems to be a shift toward creating spaces in which spectators can socialize, enjoy the races, converse, and indulge in some amazing food and beverages. Although the Del Mar racetrack is arguably one of the most socially-geared locations in the city, the upgrades will prove the location that much more desirable. Several areas are to undergo construction, for even the center of the track will be converted into a “The Beach,” which will be a casual, sanded area. Wide locations will provide enough room for up to 250 people, with seating, umbrellas, a video screen and a private bar.

A total of 2,700 new, premium hospitality seating options will be added to Del Mar, including two temporary trackside luxury chalets and temporary box seats," the press release said. "The temporary structures will be situated in newly-created ‘Chalet Village’ at the west end of the Stretch Run and will accommodate 1,800 guests in two double-deckers, each with its own catering, wagering and restroom services. Additionally, 4,050 box seats are being added to the Clubhouse and Stretch Run sides of the facility."

Consisting of 13 Grade I races, with purses and awards tallying up at more than $28 million, this event touts the largest purse ever at the Del Mar track. Typically alternating venues between Santa Anita, located in Los Angeles, and Churchill Downs in Louisville, Ky. The Breeders’ Cup is estimated to generate a $75 million influx in the area over the weekend.

The 13th Annual La Jolla Concours d’Elegance  
Celebrating its 13th year the weekend of Friday, April 7 through Sunday, April 9, the La Jolla Concours d’Elegance will be returning to the stunning shores of La Jolla. The Concours will include one of the finest internationally renowned classic automobile showcases in the United States, the La Jolla Concours continues to attract discerning car enthusiasts from around the world.

La Jolla Concours d’Elegance entails an incredible weekend of prestigious automotive events, it also an opportunity to experience the chic allure of La Jolla’s avenues, which exudes first-class hospitality, magnificent boutiques and world-class cuisine. The 2017 La Jolla Concours d’Elegance will feature Packard as the honored marque. An integral part of U.S. automotive history, Packard automobiles were prime examples in their day of American-made cars at their finest and the event is pleased to present the finest specimens of these painstakingly preserved and restored automobiles on display.

The 13th Annual La Jolla Concours d’Elegance, in addition to Packard, will also showcase some of the most exquisite automobile displays in the world. This celebratory automotive weekend will begin on Friday, April 7 with the Rolls-Royce Motor Cars Con-
We’ll Always Have Casablanca” at Warwick’s

BY LUCIA VITI

“Casablanca” is an iconic American film. Celebrating 75 years of its premier, film critic Noah Isenberg will present his book “We’ll Always Have Casablanca: The Life, Legend, and Afterlife of Hollywood’s Most Beloved Movie” at Warwick’s on Friday, March 10 at 7:30 p.m.

Professor Isenberg, director of screen studies at New York’s New School, will thrill readers with details of the filming of “Casablanca,” along with critical reviews that explain why the film remains such a beloved classic. Released in 1942, just two weeks after the North African city surrendered to Gen. Patton, “Casablanca” is infamous for its screenplay, soundtrack, and its all-star cast. The likes of Humphrey Bogart, Ingrid Bergman, Paul Henreid, Claude Reins, Conrad Veidt, Sydney Greenstreet, Peter Lorre, and Dooley Wilson graced the black-and-white cinematic masterpiece.

Directed by Michael Curtiz against the backdrop of World War II, the storied film is often regarded as a “masterpiece.” The expatriate forced to choose between the woman he loves and assisting her Czech-leader husband escape Casablanca to fight the Nazis. “Casablanca” was noted in the New York Times as a “picture that makes the spine tingle and the heart leap.” The Academy Award-winning film (for best picture, best director and best screenplay) became so entrenched in film history that Umberto Eco quoted, “Casablanca is not one movie; it is movies.”

Isenberg, a popular film historian, writes of the film’s place in today’s world through his extensive research and interviews with filmmakers, critics and family members of the cast and crew. Isenberg also describes the role Hitler’s European refugees portrayed in Casablanca. Isenberg explains why the movie remains a timeless, revered masterwork.

“We’ll Always Have Casablanca” at Warwick’s

How to save thousands when selling your home

When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home’s “first impression,” and if you want to realize the most money you can make it good first impression.

A recent study, which compiles 10 years of industry research, has resulted in a new special report entitled “Homesellers: How to Get the Price You Want and Need.” This will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0765 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home for maximum financial advantage.

How to save thousands when selling your home

When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home’s “first impression,” and if you want to realize the most money you can make it good first impression.

A recent study, which compiles 10 years of industry research, has resulted in a new special report entitled “Homesellers: How to Get the Price You Want and Need.” This will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0765 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home for maximum financial advantage.

How to save thousands when selling your home

When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home’s “first impression,” and if you want to realize the most money you can make it good first impression.

A recent study, which compiles 10 years of industry research, has resulted in a new special report entitled “Homesellers: How to Get the Price You Want and Need.” This will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0765 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home for maximum financial advantage.
Tyler Roach hired as new LJHS head football coach

BY ED PIPER, JR.

Tyler Roach, who served as offensive coordinator for La Jolla High’s football team from 2013 to 2015, has been hired as the Vikings’ new head coach, according to athletic director Paula Conway.

“He’s fired up and ready to hit the ground running,” said Roach, contacted at a coaching clinic in Mission Valley. “I think the future is bright. We have a good crop of seniors coming up. I’m excited to work with Kenny Hayden, our quarterback. I just met with him today on campus. He’s excited, too.”

Under Roach, La Jolla’s offense set school and CIF San Diego Section records. In 2014, Viking quarterback Collin Rugg set a CIF record for touchdowns with 47. Rugg’s favorite targets in the spread, no-huddle offense were receivers Carlton O’Neal and Brandon Bonham.

Initial reaction to Roach’s hire from Viking players was positive. Buster Hoy, a 5-foot-9-inch, 150-pound junior, absolutely gushed over the announcement.

“I’m stoked because I thought he should have been the head coach last year,” said Hoy, who plans to be a running back in Roach’s new offense. “He knows a good offense. He’s been around football. Everyone loves him.”

As for what Roach did for him personally, Hoy said, “He coached me as a running back. When I was a sophomore, he got me in on the varsity, while I was also playing on the junior varsity. He put me in the game (to my surprise).”

The future senior summed up, “He’s very quiet and mild-mannered. He’s already taught me so much, and I’m seeing the dedication he puts in. He’s a great coach.”

Roach praised his new players.

“Hannah was a competitive gymnast and I’m seeing the dedication and will she has in this sport,” said Roach, who at age 36 is still sprinting competitively. “She doesn’t tense up. Some runners, after the conclusion of the race, fall down from the lactic acid in their legs and roll on the ground (from the pain). She doesn’t give in. Even with the boys, you see Hannah rival them.”

Lucas is expressive with his words and his body movements in his energy for the sport. He crouched alongside his sophomore sprinter as he coached her on her starts before an early-season tri-meet at La Jolla High against the Vikings and Country Day or “the Battle of La Jolla.”

“He’s already taught me so much, and I’ve only been working with him so far this spring a short time,” gushed Young about her sprints coach.

The trio of male sprinters, making up part of the shorter-distance unit of head coach Rodney Jones’ track and field squad, include freshman Clarence Freeman, junior Mores Mooney, and freshman Amanu Banks.

“We had (Freeman) in middle school,” said Lucas. “I see the transition each year. He takes the role of a sophomore or junior (though he’s only a freshman).”

“Clarence does well in all the drills. He doesn’t cower. He has perseverance. I would like that to rub off on all our athletes.”

Mooney, a star wide receiver and cornerback on the Bishop’s CIF San Diego Section and Southern California Regional champion football team last fall, is going out for track for the first time in his junior year. “Oh, my,” says Lucas. “His talent is uncapped. It’s unlimited. He has so much natural ability. If I had his speed as a youth...”

“He’s very quiet and mild-mannered. He’s very focused. Today in the 4x100 relay (in the tri-meet against Country Day and La Jolla High) he didn’t tense up.”

Says Jones, the fifth-year head coach, “The drive, the determination that he has. I’m sure he will be successful.”

Coach David Silva is also a sprints coach for the Knights. Jones, Lucas, and he all work together with a non-profit called San Diego Blessed, running for children and teens ages 4 to 18. These coaches go beyond the minimum – they are not out there for the stipend, that’s for sure.

“We’re a young team” overall, says Jones, who also helps coach football at Bishop’s from “time-to-time.”

“We’ve got about six seniors on the team. All the rest are freshmen and sophomores. Actually, they’re pretty talented. It’s real promising for the young athletes. I’m excited about their performance” (in the opening competition with La Jolla and Country Day).

Jett Liu is a fourth-year distance runner. “He has always excelled in the mile and two-mile (equivalents for the 1600 and 3200 meters, respectively),” says Jones.

“He’s got great leadership with the distance group. They look up to him as their leader. He’s never putting them down. He’s always encouraging them. I could never run the two-mile (when I was a student), but if I had a leader like that, I probably would have stayed.”

Liu ran the 1600 meters in 5:13.07. Two days later, at the Mt. Carmel Invitational, he set a new school record at 4:56.76.

Every year for four years straight, the senior has set a new school record in the event: As a freshman three years ago, Liu ran 4:59.2. Then, a year later, he bettered his school record at the Coastal Conference finals with a time of 4:53.46. Last year, Liu’s record mark was 4:54.21.

In the 3200 as a junior, he ran a personal record of 10:31.07, again in the conference finals. It’s exciting that they (this athletes) had such a good outing to open the season,” said the head coach. “We had a couple of rainouts last week.”

Senior Brian Donnelly runs the 300-meter hurdles, “but we put him in an 800-meter run (at La Jolla), which is unforgivable,” chuckled the good-natured Jones. “We’re trying to build up his strength, and the determination he showed was excellent. I probably would have stopped after the first lap, but he’s willing to go the next step. He’s willing to do what the coaches say, even though he can’t see the (immediate) result.”

He registered a time of 2:34.01 in his 800-meter frolic. In the 300-meter hurdles, Donnelly holds a PR of 44.42 seconds. His PR in the 110-meter hurdles is 18.04 seconds.

“Track and field is the kind of individual sport where you develop according to the amount of time you spend on the track,” observed Jones. “I have such a good group of kids at Bishop’s, I try to make sure they are having a good time. I want good, friendly sportsmanship and development.”

Bishop’s track: A sprint in time for Phillip Lucas’ young team

BY ED PIPER, JR.

Phillip Lucas, an assistant track coach at Bishop’s, says he has four “promising-looking sprinters” on the Knights squad this spring, sophomore Hannah Young and three boys.

“Hannah was a competitive gymnast and I’m seeing the dedication and will she has in this sport,” said Lucas, who at age 36 is still sprinting competitively. “She doesn’t tense up. Some runners, after the conclusion of the race, fall down from the lactic acid in their legs and roll on the ground (from the pain). She doesn’t give in. Even with the boys, you see Hannah rival them.”

Lucas is expressive with his words and his body movements in his energy for the sport. He crouched alongside his sophomore sprinter as he coached her on her starts before an early-season tri-meet at La Jolla High against the Vikings and Country Day or “the Battle of La Jolla.”

“He’s already taught me so much, and I’ve only been working with him so far this spring a short time,” gushed Young about her sprints coach.

The trio of male sprinters, making up part of the shorter-distance unit of head coach Rodney Jones’ track and field squad, include freshman Clarence Freeman, junior Mores Mooney, and freshman Amanu Banks.

“We had (Freeman) in middle school,” said Lucas. “I see the transition each year. He takes the role of a sophomore or junior (though he’s only a freshman).”

“Clarence does well in all the drills. He doesn’t cower. He has perseverance. I would like that to rub off on all our athletes.”

Mooney, a star wide receiver and cornerback on the Bishop’s CIF San Diego Section and Southern California Regional champion football team last fall, is going out for track for the first time in his junior year. “Oh, my,” says Lucas. “His talent is uncapped. It’s unlimited. He has so much natural ability. If I had his speed as a youth...”

“He’s very quiet and mild-mannered. He’s very focused. Today in the 4x100 relay (in the tri-meet against Country Day and La Jolla High) he didn’t tense up.”

Says Jones, the fifth-year head coach, “The drive, the determination that he has. I’m sure he will be successful.”

Coach David Silva is also a sprints coach for the Knights. Jones, Lucas, and he all work together with a non-profit called San Diego Blessed, running for children and teens ages 4 to 18. These coaches go beyond the minimum – they are not out there for the stipend, that’s for sure.

“We’re a young team” overall, says Jones, who also helps coach football at Bishop’s from “time-to-time.”

“We’ve got about six seniors on the team. All the rest are freshmen and sophomores. Actually, they’re pretty talented. It’s real promising for the young athletes. I’m excited about their performance” (in the opening competition with La Jolla and Country Day).

Jett Liu is a fourth-year distance runner. “He has always excelled in the mile and two-mile (equivalents for the 1600 and 3200 meters, respectively),” says Jones.

“He’s got great leadership with the distance group. They look up to him as their leader. He’s never putting them down. He’s always encouraging them. I could never run the two-mile (when I was a student), but if I had a leader like that, I probably would have stayed.”

Liu ran the 1600 meters in 5:13.07. Two days later, at the Mt. Carmel Invitational, he set a new school record at 4:56.76.

Every year for four years straight, the senior has set a new school record in the event: As a freshman three years ago, Liu ran 4:59.2. Then, a year later, he bettered his school record at the Coastal Conference finals with a time of 4:53.46. Last year, Liu’s record mark was 4:54.21.

In the 3200 as a junior, he ran a personal record of 10:31.07, again in the conference finals. It’s exciting that they (this athletes) had such a good outing to open the season,” said the head coach. “We had a couple of rainouts last week.”

Senior Brian Donnelly runs the 300-meter hurdles, “but we put him in an 800-meter run (at La Jolla), which is unforgivable,” chuckled the good-natured Jones. “We’re trying to build up his strength, and the determination he showed was excellent. I probably would have stopped after the first lap, but he’s willing to go the next step. He’s willing to do what the coaches say, even though he can’t see the (immediate) result.”

He registered a time of 2:34.01 in his 800-meter frolic. In the 300-meter hurdles, Donnelly holds a PR of 44.42 seconds. His PR in the 110-meter hurdles is 18.04 seconds.

“Track and field is the kind of individual sport where you develop according to the amount of time you spend on the track,” observed Jones. “I have such a good group of kids at Bishop’s, I try to make sure they are having a good time. I want good, friendly sportsmanship and development.”

Hannah Young (Left) with Bishop’s sprints coach Phillip Lucas.
UNIVERSITY OF SAN DIEGO
JUNIOR OVERNIGHT & DAY CAMPS

Boys & Girls | Ages 9-18 | All Skills | High School
June 11-16 | June 18-23 | June 25-June 30
July 9-14 | July 16-21 | July 23-28 | July 30-Aug 4

Directed by: Veteran Nike Tennis Camp Director and San Diego Hall of Champions Coaching Legends Inductee, Bill Scott, and University of San Diego Head Women's Tennis Coach, Sherrin Stephens, and USD Head Men's Tennis Coach, Ryan Kockley

USSportsCamps.com | 1-800-NIKE CAMP | (1-800-845-3226)

Be a part of our Spring & Summer Camp Sections
The first issue of every month now through July
Runs in all 3 papers

Call us Today!
858.270.3103 x117 or x115
Ask for Mike or Heather
Ads include color & 150 words of advertorial.

Nike Junior Golf Camps – Building Better Golfers Since 1994

“Nike Junior Golf Camps offer a variety of programs designed to meet the needs of each camper. Every facet of the game is covered during morning instruction and afternoon course play. Beginning, intermediate and advanced players can immerse themselves in the sport for an entire week. Upon arrival, all participants are evaluated by the director and staff and placed in a program that addresses their own instructional needs. Our collection of camp directors includes some of the finest professionals and college coaches this country has to offer. They are joined on staff by other teaching and touring professionals, college assistant coaches, renowned high school coaches and former/current college players who serve as camp counselors. Enroll in Nike Golf Camp today and get better this summer!” 1-800-NIKE-CAMP and www.ussports camps.com/golf

Nike Tennis Camps At University Of San Diego

Join the fun and get better this summer at the Nike Tennis Camps at University of San Diego. Directors Bill and Shelly Scott, and USD Head Women’s Tennis Coach, Sherri Stephens, along with their experienced staff, have another amazing summer lined up with fun both on and off the court! With six weeks of junior overnight and day camps for boys & girls ages 9-18 of all ability levels, and a special High School program during the last week, there is a camp option for everyone! Highlights include: 5-6 hours of daily on-court instruction, a Nike Tennis Camp t-shirt, and fun evening activities for overnight campers. Camps run throughout June and July, registration is currently open. See you on the courts this summer! 1-800-645-1226

Nike Rugby Camps

The mission of Nike Rugby Camps is to provide rugby education to young athletes and engender confidence and self-esteem on and off the rugby pitch. Participants have the opportunity to experience campus life by staying at some of the most prominent athletic universities in the country and we are dedicated to providing our campers with one-on-one and group coaching from top college coaches and current members of USA Rugby. All aspects of the game are addressed during drilling, live scrimmaging, and staff demonstrations to ensure each athlete leaves with a greater confidence and passion for the sport.

YMCA Overnight Camps

Are you ready for positive, life-changing experiences in the outdoors? Look no further than YMCA Overnight Camps. We combine the fun your children want with the growth experiences they need. YMCA Camp Marston has been a San Diego favorite for thousands of children and families. Camp Marston offers you adventure, fun, friendships, and great staff – all on a spectacular 216-acre site – with activities including archery, swimming, climbing, crafts, canoeing, and more. YMCA Raintree Ranch is a wonderful, small camp dedicated to western horseback riding. Thirty-eight horses, multiple instructional arenas, and miles of trails all provide an excellent learning environment. YMCA Camp Surf is a spectacular, ocean-front camp just south of San Diego. This 45-acre offers one & two-week sessions filled with surfing, bodyboarding, and traditional camp activities. Our camps add laughter, leadership, and lifelong memories to a host of activities. Learn more at www.ymca.org/camp

The Best Surfer in the water is the one having the most FUN!

Awarded Nickelodeon’s Parents’ Choice for surf schools. Surf Diva’s La Jolla Surf Camp & American Surf Academy provides the best co-ed surf program for kids, tweens and teens in San Diego. Girls and boys ages 5-8, 9-11 and 12-17 learn to surf and participate in activities emphasizing ocean and beach awareness.

The camp takes place at either La Jolla Shores or Del Mar beaches, the
best spots to learn to surf on the west coast! Surfboards are provided!
Surf Diva is a local, family owned business of 20 years and the world-class instructors are all First Aid, CPR, and Lifesaving certified. Limited spots available, call to book now for early bird pricing. Call (858) 454-8273 or visit Surfdiva.com to register online.

German Language Summer Camps

Does your child speak German? How about a German language camp at German Pacific School San Diego? GPSSD offers four weeks of very creative, imaginative camps with many hands-on projects. This year's topics are Time Travel (Zeitreisen), Lights, Camera Action, and Trolls and Tornaments.

GPSSD, a nonprofit school with three locations in Clairemont, Carmel Valley and Poway, also offers classes on Saturdays and on weekday afternoons. The younger students learn German by playing, singing, theater, stories and games. Later the students focus on reading and writing. During their time at GPSSD students take different exams which lead to the AP exam and the German Language Diploma (EID I and II). The EID II exam is proof of the language proficiency for students applying at German universities.

Registration for Summer camps is now open! Early Bird Price until 04/03.

More information:
www.gpssd.org 858-461-9118
germanpacificschool@gmail.com

Kids & Teens can create and play at Kalabash

Located in Bird Rock, Kalabash School of Music + the Arts is thrilled to present their fabulous offering of summer camps for kids and teens. From Comic Book Art to their popular Original Mixtape record label summer camp, this July and August is going to be filled with music, art, discovery and fun! Don't miss this opportunity to create and play with these kind and talented artist-teachers in their beautiful school by the sea. For more information please visit www.KalabashArts.com

Discover the Theatre School @ North Coast Rep!

Are you on the hunt this summer for some theatrical fun? Discover the Theatre School @ North Coast Rep! We’re offering three different one-week half-day camps for your future Broadway Babies ages 4-8. There are three different two-week full day fun production camps for ages 6-12. Students will work on putting together a short version of a story you'd love to see performed. In just 2 weeks, these Fun Production Camps strive to guide your child through the process of putting on a show. Students work together to build ensemble skills and enhance their creative freedom. Camp culminates in a performance for family & friends on the final day of camp.

We heard your request for more two-week production based camps with more focused age groups! We’re very excited to be offering you more performance-based intensives that will be sure to give your child a fun and skill-building playful summer.

Elementary Acting Performance Intensives (Ages 4 – 8)

One-Week, Half-Day Performance Camps (morning)
A half-day camp that teaches theatre games with rhythm, music and sound! Students have fun, working individually and as an ensemble, learning improvisation, acting and storytelling. Class culminates in a showcase of skills for family & friends on the final day at noon.

Two Week, Full-Day Fun Production Camps (Ages 6 – 12)
Fun and silly games, playful release of energy, and confidence building skill development work towards putting on a short version of one your family's favorite stories. In just 2 weeks, these Fun Production Camps strive to guide your child through the process of putting on a show. Students work together to build ensemble skills and enhance their creative freedom. Camp culminates in a performance for family & friends on the final day of camp.

Two Week, Full-Day Teen Performance Camps (Ages 12 – 19)
These acting intensives will take students from the audition process all the way through performance in a fast-paced, fun, and creativity enhancing experience. Take your acting skills to the next level while putting together a challenging and exciting production in just 2 weeks. Camp culminates in a performance for family & friends on the final day of camp.

NorthCoastRep.org/TheatreSchool

Classes are Monday-Friday at North Coast Rep Theatre in Solana Beach. Early drop-off is available. Discounts available for multiple weeks or sibling enrollments! For prices and more specific information on individual classes, please visit our website: NorthCoastRep.org/TheatreSchool Questions? Contact Benjamin Cole, (650) 481-2155, ext. 216. Register for camps on the website or by calling the Box Office, (858) 481-0155.
LJ Parks and Beaches committee talk public restrooms, lift stations

BY DAVE SCHWAB

La Jolla Parks and Beaches, Inc., overwhelmingly approved updated plans for the Scripps Park Pavilion/Comfort Station, while sanctioning, in principal, a full-blown environmental study for the 3.1-million-gallon La Jolla Reservoir project in La Jolla Heights Natural Park.

On Feb. 27, new LJPB chair Ann Dynes took over for outgoing chair Dan Allen. Dynes cited Allen for his “incredible dedication,” which drew applause and a standing ovation.

The La Jolla Cove Pavilion is a long-term project to replace outdated and deteriorating restroom-shower facilities with an attractive, sustainable pavilion honoring the beauty of the Cove and Scripps Park.

Previously, the parks advisory group expressed concern about the Pavilion project’s needing to be “right-sized”—large enough to accommodate all users including swimmers and divers, but small enough to maximize ocean views obscured by existing restroom facilities.

City staffer Elizabeth Schroth-Nichols and architect Bill Magnuson of Mosher Drew Architects in La Jolla, gave a slideshow presentation detailing how Safdie Rabines Architects’ original pavilion design has been tweaked to accommodate LJPB and resident’s concerns.

The comfort station’s design has been modified to allow “a kiosk for a park ranger or something,” Schroth-Nichols said. She added the project will demolish the existing comfort station and build a new one.

“Currently a pump station exists within the comfort station that services the bridge club and the comfort station,” Schroth-Nichols said after the LJPB meeting. “The new comfort station will be designed such that it will feed gravity to the street, eliminating the need for a pump station.”

With the elimination of the existing pump station, Schroth-Nichols added that a lift station will be designed to service only the bridge club. “Our lift station designers will first be determining whether the bridge club can feed to the street via gravity,” she said. “If not, a lift station will be designed.”

LJPB board member Bill Robbins noted there have been serious problems at La Jolla public restrooms with people “flushing beach towels” and other inappropriate items down toilets causing sewage backups.

“If you don’t have some way to get those kind of things shredded before it gets to the main — we’re in trouble,” Robbins said.

Schroth-Nichols said the city has learned from its previous mistakes, contending the proposed comfort station will function effectively.

Magnuson noted “the two wings of the comfort station are almost two separate buildings. We’re planning for trees to be there and wheelchair-accessible stalls.”

“People asked for family toilet rooms and we’ve got them,” con-
Welcome to Pak Mail La Jolla!
Your packing, shipping, crating & freight solution.

Have something large and awkward to ship?
How about getting the best value for small package shipping?
Need something sent overnight?
You’ve come to the right place. Pak Mail La Jolla is the most comprehensive packing and shipping business you will ever use.

We help our customers do everything from sticking a stamp on a letter, to packing and shipping delicate crystal, to crating heavy machinery going overseas. Owner Melih Gunay said “We’ve shipped everything from airplanes to race cars to priceless antiques and super fragile glass sculptures. Of course we will ship more common items like gifts and clothing. Our motto is CAN be done.”

And, by the way, we’d like to be your personal packing & shipping department.

When you ship with us, you will have the opportunity to compare our negotiated rates from our preferred network of carriers (DHL, FedEx, UPS, USPS, and more) and numerous delivery options to provide you with a reliable and efficient delivery method. Select from the top carriers to ensure safe and secure delivery each and every time. Whether you need to ship a grandfather clock, electronic equipment, a small apartment or artwork.

Serving La Jolla for La Jolla and all surrounding cities. Request a Free Online Estimate at pakmaillajolla.com or call us at 858-456-8573.

Now in Santee at 9880 North Magnolia Ave. (in the Smart and Final Center)
Narcissism: Healthy or pathological?

By Natasha Josefowitz, Ph.D.

Narcissism is a term that has been widely used to describe a host of undesirable traits. However, most of us exhibit some aspect of it to a greater or lesser degree. Self-esteem, confidence, and feeling a bit special are all healthy; yet, always feeling superior to others becomes problematic. In other words, narcissism is on a continuum from healthy self-regard to a pathological personality disorder. Most of us are somewhere on that scale.

According to Rebecca Webber, (“The Real Narcissists,” Psychology Today, September 2013) narcissism is a highly heritable trait, and it manifests itself early in life. An overly attention-seeking preschooler might end up more on the hazardous end of the scale, whereas the cautious child may become a healthier adult. Parenting styles also have an impact. Warm, caring parents help children internalize the belief they are worthy individuals, the core of self-esteem. By contrast, parents who praise unrealistically and place their children on a pedestal are more likely to promote narcissistic traits.

Personally, I do not always know whether telling a friend about some accomplishment is sharing my pleasure or boasting. I think the difference is intent. If the intent is to be admired, it is narcissistic; if it is to share some newly acquired knowledge, it is collegial. There is a fine line between the two, and they can overlap. Barack Obama once said that the issue for a lot of people is the fear of insignificance. We all want to be loved, and most wish for recognition. We want to be a valued member of society. Yet, there are also those who prefer anonymity, to be invisible in a crowd, to fade into the woodwork.

The people who are upfront and visible, who have a cause they pursue, who are vocal regarding issues they care about, who monopolize conversations, may be seen erroneously as narcissistic. Feeling good about oneself and wanting others to recognize one’s accomplishments while still being confident enough to welcome helpful criticism is the kind of self-esteem we encourage in children.

People with a narcissistic personality have some common traits, such as needing to be the center of attention or feeling entitled to special treatment. This may arise from trying to compensate for feelings of insecurity or vulnerability, which can be manifestations of a fear of being found to not be as important as one prospesses to be. While these traits exist in some form in many people, narcissism becomes a personality disorder that needs treatment when one:

- Is unable to handle even the slightest criticism to the point of seeing others more towards than towards self. Leaders who are humble would consider mistakes as normal, even beneficial, to learning and failure as necessary to continued success.


- Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2017. Natasha Josefowitz. All rights reserved.

La Jolla park reservoir project

LJPB board member Patrick Ahern gave a slideshow presentation on the La Jolla Heights Natural Park Reservoir Project, which will demolish two existing reservoirs and build a new, larger 3.1-million-gallon reservoir in the park, returning all affected areas to their natural state planting native species once work is done. Ahern noted that the project will take at least two years to complete, from 2018 to 2020. He pointed out the project will displace tons of dirt with scores of trucks going in and out daily on Torrey Pines Road and Country Club Drive disrupting traffic flow causing a hardship for neighbors.

“I have some issues with that,” Ahern said. “This park is a natural asset, a very special place. A lot of issues need to be addressed, including the significant (environmental) impacts on this hillside.”

Former San Diego city manager and La Jolla Jack McCoy, from the audience, concurred with Ahern’s assessment.

“It’s appropriate to ask them (city) to go through a full environmental impact report to mitigate the impacts of this project,” McCoy said. “This is going to close off that park for two years, put trucks hauling dirt on that road closing down one lane, and impact all of the homes in the area. Those impacts have to be discussed and analyzed.”

After LJPB’s February meeting, La Jolla Town Council called a public forum to vet the La Jolla Reservoir and La Jolla Heights Park issues set for 6 p.m. Thursday, March 9 at La Jolla Rec Center. Following the forum, LJTC was expected to consider a motion to support LJPB’s request for an eir for the proposed reservoir project.
From my garden: It’s almost spring and time for The Secret Garden Tour

BY LINDA MARRONE

As one of the original co-founders of The Secret Garden Tour of La Jolla, I am once again pleased to announce that this perennial favorite is now in its 19th year and will take place on Saturday, May 20.

Presented by the La Jolla Historical Society, The Secret Garden Tour offers a unique opportunity to wander through the garden gates and into some of La Jolla’s most cherished secret gardens, where you can learn about horticulture, garden design, history and historic architecture. The tour helps support the Society’s diverse programs and also helps preserve the irreplacable archives of photographs and memorabilia.

While the garden locations will remain a closely guarded “secret” until the day of the tour, here is a little “peek” at a few of the six featured gardens...A romantic garden that graces a historically designated 1930s, Edgar Ullrich-designed fantasy castle, ocean-view gardens overlooking a canyon that features vegetable and fruit trees, a 1930s Spanish-style home set in a botanical wonderland with specimen plants and spectrums of color and a garden that emphasizes water conservation with drought-tolerant plantings on more than an acre of land.

What sets the secret garden tour apart from other garden tours, besides the beautiful La Jolla settings, is that each garden features music from live musicians, as well as designer tablet-displays created for entertaining and artists painting each of the garden scenes. This year’s poster features a painting from the 2016 Secret Garden Tour that was painted by artist Cherry Sweig.

This year will be the “Friday Night Garden Candelidwell Soiree!” This intimate garden gathering will take place Friday, May 19 in a beautiful garden that was one of the highlights on last year’s tour, and was also featured in the November 2016 issue of San Diego Home/Garden Lifestyles magazine. Enjoy hor d’oeuvres, wine and music by candlelight while mingling with other garden enthusiasts. Garden designer, botanist author and host of the popular KPBS show, “A Growing Passion,” Nan Sterman, will be the night’s celebrity guest.

Returning again, The Secret Garden Boutique at Wisteria Cottage will be open to the public throughout tour day. The boutique offers gardening accessories, plants and gifts by various vendors known for their special artistic style and craftsmanship. Wisteria Cottage will also offer a wine reception from 3:30 to 5:30 p.m. for tour participants.

There are two ways to enjoy the tour, either the self-guided tour or the platinum tour. The platinum tour includes an elegant brunch and docent-led shuttle service to the gardens. Early reservations are recommended as both the tour and candlelight soiree will sell out quickly.

Reservations are available by calling 858-439-5335 or online at www.lajollahistory.org/events/secret-garden-tour/ or call the society at 858-439-5335 for more information. If you are a member of the society, you receive a discount on your tickets, so join today!

San Diego theatre review: ‘Voices of Ireland’ at Lamb’s, ‘Waiting for Godot’ and more

BY CHARLENE BALDRIDGE

One of the most enjoyable events of the year, Write Out Loud, presents its annual “Voices of Ireland” at 7:30 p.m. on Monday, March 13 at Lamb’s Players Theatre. This year’s edition features Irish dancers complete the beginning at 7 p.m. and champion Veronica Murphy. Tenor soloist is Kurt Norby, who will sing “Danny Boy” and “Sally’s Garden.” The Celtic Echoes ensemble plays beginning at 7 p.m. and champion Irish dancers complete the evening’s plentiful entertainment. Tickets cost $40 with $10 discounts for season subscribers of Lamb’s Players or Write Out Loud. Discounts for military and seniors at www.lambplayers.org or by phone at 619-417-6000.

Winter season at UCSD kicks off with David Rabe’s “Streamers”

If the Kim Rubinstein’s undergraduate production of “Streamers” (it closed March 4) in UCSD’s Winter Season was any indication, your entertainment dollar is in good hands. Design elements are always tops and the graduate actors, part of the MFA program for actors, designers and directors, are tops.


Meanwhile, here in San Diego we are expecting Peter Brook’s 90-minute distillation of Becket, “The Tragedy of Carmen,” which plays three performances at the Balboa Theatre at 7 p.m. on March 10 and 11, and 2 p.m. Sunday, March 12. It’s part of the San Diego Opera’s new Shirley tournament series. Don’t miss this opera. It is an incendiary nugget with lots of sex appeal! www.sdopera.com

The Dewhurst & Associates crew breaking ground on their first La Jolla project in 1929

The Secret Garden Tour of La Jolla will be held on the weekend of May 20. Come explore La Jolla’s luxurious gardens.

Value, Quality and Service for 88 Years

VOTED BEST CONTRACTOR IN LA JOLLA

DEWHURST & ASSOCIATES

858 735-4173
ldewhurst.com
www.Lindamarrone.com
Villages
LA JOLLA
1763 CA BRE License 01081197
Selling La Jolla’s Barber Tract since 1990
Historical and Architectural Specialist
www.LindaMarrone.com
(858) 735-4173
LINDA MARRONE

NEW CONSTRUCTION • REMODELING • DESIGN

DAVE DEWHURST dave@dewhurst.com
DOUG DEWHURST doug@dewhurst.com
7533 GIRARD AVENUE, LA JOLLA
858.456.5345 • DEWHURST.com
University City updates: The Addams Family, Paint Me Mendo’ and nature exploration

BY JEMMA SAMALA

Paint Me Mendo’ Winner Goes to Doyle Elementary

Mendocino Farms held an elementary school art competition among five area schools and Doyle Elementary, awarding the school $1,000 for its art program. The schools (Bird Rock, Doyle, La Jolla, Spreckels, and Torrey Pines Elementary schools) each took a mini “Mendo the Cow” back to their school to decorate. The winner was determined via the total number of Instagram and in-store votes. Doyle won by approximately 100 votes over Spreckels. Well done to all the little artists. Mendocino Farms is located at 8795 Villa La Jolla Farms. For more information, visit www.mendocino farms.com.

The Addams Family Musical

The University City High School drama department presents “The Addams Family,” a Broadway musical. The weird and wonderful performance will be shown on March 22, 23, and 24. All shows start at 7 p.m. in the UCHS Auditorium. Located at 6949 Genesee Ave. For ticket information, call the school at 858-457-4030.

Swinging in the School Gym

Friday Night Dancing, sponsored by the UCHS PTSA, starts on St. Patrick’s Day, March 17, with the “We Wear Something Green to Swing” dance from 6:30 to 9:30 p.m. Additional dances are on March 31, April 28, May 12, and June 9 starting at 7 p.m. All ages and all levels are welcome to come and learn about West Coast Swing.

California’s official state dance. Each night starts with a lesson followed by “open social dancing.” Couples are welcome, but no partner is necessary. Attire: casual or business casual. Shoes: dress flats and business shoes. Entrance Fee: $3. (Please, no high heels on wood gym floor.) The dances support the UCHS PTSA. Tickets cost $10 per dancer, or $5 with any school’s student ID.

Buy a Brick and Be a Part of University City High School History

UCHS stadium is going through a complete renovation that will be completed this year. Now you can be a permanent part of the stadium through the Centurion Foundation’s Brick Memorial fundraising campaign. Each brick purchased will be prominently displayed on the new tower of UCHS Stadium to show your support for many years to come. Cost is $100 for 4-by-8-inch brick, $225 for an 8-by-8-inch brick. Order at www.brickculus.com/order/uchs45.

Free Nature Exploration Walks

The Friends of Rose Canyon welcome everyone to enjoy nature walks, which will last one to one and 1/2 hours. You can leave at any time during the walks, where participants will spend time looking for insects, spiders, flowers, seeds, birds, lizards, animal tracks, and animal homes – you’ll never know what you’ll find. Bug boxes and hand lenses to examine small things will be available. To register, email rosecanyon@san.rr.com, or call 858-597-0220.

Curie Elementary Parent Party

The annual parent party will be held on Saturday, March 18, from 5:30 to 10:00 p.m. at the Karl Strauss Tasting Room, located at 5985 Santa Fe St. There will be a taco cart, DJ, and live auction. The price is $35.

The event is casual and for adults only. For information and to order tickets, visit www.curiespta.org and we make the best of our contributions.”

One project, in particular, that Cressey seemed rather fond of was a mission trip with 100 volunteers back to see his grandson cry—dry eye in the house. I looked up to the sky in prayer, I looked back to see his grandson crying tears of joy as well. “You know, this is why we do what we do. We’re able to tap into that global network,” said Cressey. “There are currently 45,000 donors on wvrotary.org and we make the very best of our contributions.”

One man came in on the back of his teenaged grandson,” Cressey elaborated. “Once we were able to get him seated in his new chair, he raised his hands up to the sky in prayer and thanks and there was not a dry eye in the house. I looked back to see his grandson crying tears of joy as well.

“I was able to buy Woodstock tickets,” he said. “I was able to buy tickets to Woodstock tickets, to buy a ticket to Woodstock tickets, to buy a ticket to Woodstock tickets, to buy a ticket to Woodstock tickets, to buy a ticket to Woodstock tickets.”

We’re able to tap into that global networks and we make the very best of our contributions.

“I want to thank you for your support,” Cressey said. “I want to thank you for your support.”

La Jolla Rotary clubs discuss service projects, acknowledge member contributions

BY BLAKE BUNCH

On Friday, March 3, members of all five area Rotary Clubs met for a breakfast event at the Braille Institute. Here presidents of all clubs invoked past and present service projects – one of which is the eradication of polio internationally – as well as acknowledging the ongoing efforts of the board and trustees. Incoming trustee Brenda Cressey was present as the keynote speaker.

Cressey spoke at-length regarding the charitable arm of their organization, the work they continue to do internationally and domestically and other uplifting tales of successful projects past.

“The charitable arm of the Rotary Club has been chosen as No. 3 in the world amongst other organizations,” said Cressey, as they will receive an award as such this April in San Francisco. “Currently, we have assets of more than $3 billion. In regards to our fight in the eradication of polio, we’ve been able to contribute $1.6 billion to protect more than two billion children around the world. Since we have been fortunate enough to partner with the Bill and Melinda Gates Foundation, we’re absolutely nearing the ‘end game’ now.”

“We’re able to tap into that global network,” said Cressey. “There are currently 45,000 donors on wvrotary.org and we make the best of our contributions.”

One project, in particular, that Cressey seemed rather fond of was a mission trip with 100 volunteers back to El Salvador, Guatemala and Panama. Here, they were able to witness several, life-altering surgeries. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs.

“We were able to get him seated in his new chair, he raised his hands up to the sky in prayer and thanks and there was not a dry eye in the house. I looked back to see his grandson crying tears of joy as well. “You know, this is why we do what we do. We’re able to tap into that global network,” said Cressey. “There are currently 45,000 donors on wvrotary.org and we make the very best of our contributions.”

One project, in particular, that Cressey seemed rather fond of was a mission trip with 100 volunteers back to El Salvador, Guatemala and Panama. Here, they were able to witness several, life-altering surgeries. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs. Perhaps the greatest success of the mission, to Cressey, involved the distribution of wheelchairs.

“We were able to get him seated in his new chair, he raised his hands up to the sky in prayer and thanks and there was not a dry eye in the house. I looked back to see his grandson crying tears of joy as well. “You know, this is why we do what we do. We’re able to tap into that global network,” said Cressey. “There are currently 45,000 donors on wvrotary.org and we make the very best of our contributions.”
Li Haui’s ‘You Fascinate Me!’ to be shown at Sparks Gallery

By Lucia Viti

La Jolla’s renowned resident artist Li Haui will celebrate a solo show titled “You Fascinate Me!” at San Diego’s Sparks Gallery on Saturday, March 11. The reception will be complemented with refreshments and appetizers and is to be hosted from 6 to 9 p.m. “You Fascinate Me!” will run through June 11.

“You Fascinate Me!” is thematically sectioned in three parts, “All That Grandeur,” “All That Romance” and “All That Radiance.” Huai noted that the exhibit exemplifies, in part, her love for travel.

“Going places and seeing things is stimulating, intimidating and rewarding, whenever one does it,” she said. “Traveling makes me aware and forces me to learn on various meaningful, complicated and playful levels. The mechanisms of connection, disconnection, reflection and reconfirmation are intensely intimate and fascinating. Wandering around recharges my world and makes me want more.”

Huai also described “You Fascinate Me!” as reminiscent of her “tender spot for painting, drawing and doodling,” that circles back to her formative and restrictive childhood in China. With Mao Tse-Tung’s cultural revolution serving as the backdrop of Huai’s early years, the grey man – as Huai referred to the brutal dictator – closed all schools and rampaged his people. Forced to stay indoors because of the chronic danger lurking outside, Haui passed the time by drawing.

“As a kid with nothing to do – it was so very cruel. I doodled and drew the Cultural Revolutionary-themed comic books that my mother gave me,” she said. “I fell in love with art, even though I intended to study physics. But with nothing to do, art became my passion.”

By the time Huai could attend college, she received her BA in filmmaking from the Beijing Film Academy. The petite dynamo arrived in the U.S. in 1983 at age 27, with her husband, Paul Pickowicz, a professor at UCSD. America electrified the Chinese native to a world of art that was “so much more than I had ever imagined possible.” Changing direction, Huai received her MFA in Art at the University of the Arts. Today, Haui is a faculty member of the Visual Arts Department at UCSD.

Huai’s training as a filmmaker intensified her interest to manipulate and interchange art images for “multiple interpretations of visual elements.” “You Fascinate Me!” follows accordingly, constructing and manipulating a myriad of substances that challenge preconceived notions of Huai’s audience. “In this exhibit, I manipulate and interchange specific forms, symbols, repetitions, and positions to challenge the preconceptions of viewers,” she said. “I want people to experience my art. ‘You Fascinate Me’ uses sections to attract and seduce viewers. First you see something visually beautiful that lends itself to a certain kind of integrity. After you’ve been seduced, you want to know more. That’s how ‘You Fascinate Me’ relates to the viewers.”

Huai described “All That Grandeur” as Chinese ink on paper. Landscape compositions are composed with Chinese traditional brush painting. Every one “literally” walks through the painting’s trees and mountains.

“You’re in and out of space that’s familiar and exotic,” she said. “It’s confusing, seductive and beautiful.”

“All That Romance” uses acrylic, oil paint and Chinese ink that echoes “All That Grandeur.” Huai describes it as an emotional, intellectual and reflective experience.

“You see what you want to see or what you like to see,” she said. “All That Romance’ is your own relationship and interpretation of experiencing different places, people, language, food, culture, history, so on and so forth.”

“All That Radiance” is about the revelation of one moment. Huai reflected back to her art history studies to “understand the details of composing religious icons on wood panels.

“I studied historical documents to learn how to construct wood panels, glue, and prime the surface; as well as gold-leafing (24 karat) and oil painting wood,” she said. “I studied every detailed process down to scale. I was triggered by my early education, learning so much but not enough. Physically working the panel series took me much longer than I wanted or expected it to. The process and motion of labor was painful and tedious, but necessary. By the time I had finished, I had an incredibly beautiful labor of love filled with radiance.”

“The pieces of Li Haui’s solo exhibition, ‘You Fascinate Me!’ represent an exciting period of her work,” said Sonya Sparks, owner and curator of Sparks Gallery. “The artist masterfully revisits the visual vocabulary of her early works alongside an intimate meditation on her own art by way of age-old techniques. Huai’s traditionally crafted works also feature a contemporary visual twist, combining old and new for an elegant balance.”

“Li Huai is an internationally recognized artist, collected by museums, with an impressive list of major one-person exhibitions by life, people, books, and conversations with everyone.” Huai said that “all departures from art are trigger points for art.” Critics describe Huai’s work as “fascinating, bold, adventurous,” and a “risky visual catharsis that’s wonderful with vivid explorations of color and form.”

By Lucia Viti

SEE HAUI ➔ PG. 17
CONCOURS » CONCOURS » CONT. FROM PG. 4

temporary Classic Cocktail Party. The La Jolla Concours featured events will continue into Satu-
day, April 8, with the annual Tour d'Elegance. Saturday night will con-
clude the weekend as the La Jolla Concours closes out the San Diego exclusive Saturday evening VIP reception, which will be held on the Concours lawn. Saving the most extravagant for the last, the weekend will conclude with the Multigenerational Gala on Sunday, April 9, with more than 150 spectacular vehicles, a champagne and honey tasting garden, a VIP lounge and hospitality suites.

Staying true to tradition, the event will also feature the La Jolla Motor Car Classic at the Con-
course Village, which is open and free to the public and will expand the show from the Ellen Browning Scripps Park into the La Jolla Village roads-
displaying a variety of automobiles.

La Jolla Historical Society, which preserves the history of the gem known as La Jolla, and the better-
ment of the Monarch School Pro-
ject, which educates students for children impacted by homelessness.

For more information, or to pur-
chase tickets, visit www.lajolla-
concours.com or call 619-233-
5000.

HAUI » HAUI » CONT. FROM PG. 16

galleries and institutions across the globe,” continued Sparks. “I’m grateful for the opportunity to demonstrate to the world that San Diego is home to a world-class talent.”

I have only wonderful things to say about Sparks Gallery,” concluded Hui. “Sonya’s dedi-
cation to provide a platform for artists in San Diego will be a great contribution to the community in a win-win sit-
uation for everyone. The community needs the art and artists are introduced to the commu-
nity. Art is such a big part of our daily life. Sonya Sparks and Sparks Gallery gives tribute to the artists and brings to the world that the city of San Diego.”

Hui told an impressive list of local, national and interna-
tional exhibitions and solo-artist shows. Local listings include Sparks Gallery, San Diego Art Institute, the Spect-
rum Gallery at the California Institute of the Arts, San Diego Museum of Art, and the La Jolla Historical Society, and the La Jolla Museum of Contemporary Art. Other domestic two Los Angeles Contemporary Exhibitions and the Chinese American Museum plus Tulane University’s Carroll Gallery. International venues include the Royal Academy of Arts, London, The Substation Gallery, Hong Kong City’s University Gallery, Edinburgh University’s Matthew Architecture Museum, the Tijuna Cultural Museum, The Centro Internacional de Artes Contemporàneo in Montreuil, the Third Chengdu Biennale (Museum of Contemporary Art, Chengdu in China) and the Bien-
nale Disegno Rimini in Italy.

Small Project: 1 to 5 Bedroom House (From $23 B) Priority Mail $18.95 Shipping! Larger Pieces Slightly More Digital Photos Available Before Shipping! CALL STU:(714)381-3322 EMAIL: PARKER@OMS.COM

HELP WANTED 250
general help wanted
BARRBER-STYLIST WANTED PARADISE BARBER SALON is now hiring licensed barber/stylist. Contact Saida at (619)756-7778 or (619) 929-2731.

ITEMS FOR SALE 300
need cash
THIFT TRADER
selling the following:
BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928
BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.

WANTED: 1 - 1980 PORSCHE 928

BY ORDER OF JUDICIAL OFFICER.

CASH ON HAND
Mr. K. M. McPherson, on behalf of Mr. Scott D. Woods, pursuant to an order entered by the Honorable Judge Cary Morton, Jr., Recorder / County Clerk of San Diego County on FEB 23, 2017.
ROACH >> CONT. FROM PG. 7

Roach, in the interim year since leaving La Jolla’s program as offensive coordinator, served as defensive coordinator at La Jolla Country Day School.

His previous coaching resume includes one year at Scripps Ranch High School as defensive coordinator and two years at his alma mater, University City High School. Roach was an all-league center and middle linebacker, playing both ways, at UC in his junior and senior years, while serving as team captain. He was named team MVP and Academic All-CIF.

He went on to star at Azusa Pacific University as a fullback and halfback, graduating with a degree in sociology in 2009. His wife Leslie and he have an infant son, Marshall.

Tanner Watson, another Viking senior who played for Roach as a junior, said in reaction to his former coach being hired as head coach, “I think that’s great for the program, because he’s a guy who’s been here and knows the program. He brings knowledge. He knows how to run an offense. He knows La Jolla and the players.”

Thinking of selling your home...

...and want to know what it is worth without being hassled nonstop by every realtor in town? Tim Tusa is a local La Jolla area realtor with 17 years of real estate experience who offers free valuations without any pressure. He works with Coldwell Banker and handles properties of all sizes with recent sales as high as $4.4 Million for an oceanfront home in La Jolla. Tim also owns a very successful vacation rental business for the last 14 years on the North Shore of Oahu near Pipeline if you are looking for a getaway to Hawaii! He is a proud member of our community and has helped coach his 9 year old son’s little league team for the last 3 years.

Call/Text Tim Tusa for an honest opinion of what your home will sell for! Tim Tusa 619-822-0093

Showcase your listings in print and view it on-line!

Real Estate Section sdnews.com

Call Rick Santos for details 858-699-0771

GARDEN DESIGN & MAINTENANCE

Free one hour Consultation with John Noble
$100 value (good through April 14, 2017)

Office/Retail Hours
Mon-Fri 10 am-6pm
Sat 10am-5pm
Closed Sun

3685 Voltaire Street San Diego
619 223-5229 • coastalsage.com

934 Muirlands Drive $4,895,000 - Not Yet in MLS

On La Jolla’s Street of Dreams, this stunning 5 bedroom estate features water and country club views, enchanting grounds with fruit trees, pool and spa, and a masterfully designed floor plan. Custom built in 1995 and meticulously maintained, this home is move-in-ready or the perfect canvas for your personal touch. Fun features include a gym, game room, wine cellar, putting green, 4-car garage and expansive driveway. Enjoy an entry level master suite with an ocean view deck, private office, oversized closet, and serene bathroom with jacuzzi tub and steam shower.

Shown by private appointment only. For more information, visit www.934Muirlands.com

OPEN HOUSE SUNDAY 11 - 2PM

BEST BUY IN LA JOLLA SHORES!

2352 TORREY PINES ROAD #4
Light and bright, 2 bd 2 ba open floor plan, with enclosed balcony. Park like setting just 5 blocks from La Jolla Shores and Kellogg Park. Priced at just $589,000

Mary McJongle • Charlene Clare
858-361-2556 | marylajolla@gmail.com
619-977-4777 | charleneClare@gmail.com
Latitude Realty 32 | CalBRE #00851130
**DOCUMENT NOT PRESENT**
LJVMA revamps website, addresses ‘La Jolla Day’ at Petco Park

BY DAVE SCHWAB

In March, La Jolla Village Merchants Association discussed strategic planning and community outreach, revamping the group’s website and La Jolla Day at Petco Park.

LJVMA chair James Niebling praised the merchant group’s recent effort by block captains going out on the street and physically connecting with Village merchants.

“We’re looking to reach out to businesses and help them do better in terms of revenues,” said Niebling. “We need to keep our topics focused. It’s really critical to let everyone know we value their ideas and input, and that we will incorporate that in the decisions we make.”

Niebling noted block captains employ a boots-on-the-ground strategy to survey merchants as to their business needs, answering questions they have about how the LJVMA can best serve them.

“We need to keep the needle moving in terms of this initiative, and that we see things through to the finish line,” he said.

Regarding a redo of LJVMA’s website, Niebling said they’ve been reviewing applications from web designers noting, “We have two candidates who are really solid right now.” Niebling added he felt LJVMA needs to focus on marketing and promotions.

“We need to create some synergy around our tasks,” he said. “I really want to leverage everyone else’s (board’s) talents as much as possible. Get them involved in our marketing initiatives. We need your help. Step up.”

LJVMA executive director Sheila Fortune noted the group’s intent to participate once again in “La Jolla Day” at Petco Park, once a suitable date can be found. “The most people we had there on La Jolla day was about 200,” noted Fortune, adding last year about 100 La Jollans participated.

Brad Dwight, of the Padres, said La Jolla is being offered a better deal for less cost this year in the ball park’s T-Mobile section. Dwight pointed out La Jolla Day is helping develop a “symbiotic relationship” between the team and the community.

“It’s just trying to build more community in a different place,” agreed Fortune.

In other action:

• Marshall Spevak of Infoboard, a company specializing in improving the visitor travel experience, gave a slideshow presentation detailing technology used by the Visitor Information Center in downtown San Diego’s Embarcadero that he said could be used to promote tourism in La Jolla. “We had 275,000 visitors come to the information center in 2015,” said Spevak, noting Infoboard has helped promote tourism in Little Italy, Old Town and Seaport Village.

“I’d love to see something you guys put together for La Jolla,” said LJVMA board member Ike Fazzio who expressed reservations that many downtown San Diego information center visitors “may not be a La Jolla crowd.”

The board supported a request by diver John Leek to send a letter supporting Leek’s efforts to get a National Oceanic and Atmospheric Administration official to come to La Jolla to review the situation at Children’s Pool. Animal activists and ocean users there continue to spar over regulations requiring safe distances being kept between humans and harbor seals to prevent harassment of the marine mammals. The diver and activists disagree over what constitutes a “safe distance” between the species.

With Council District 2 La Jolla rep Mauricio Medina present, a rep from Karl Strauss Brewery in La Jolla complained that lighting on Wall Street has been mostly out the past couple of months. Fortune said she’s contacted the city and was told they only have one truck available to deal with lighting issues, a situation she characterized as “unacceptable.”