From cannibals to kudos
Point Loma woman honored for volunteerism

By DAVE SCHWAB | The Beacon

A Point Loma woman whose volunteerism has played prominently in Balboa Park’s success has been named San Diego Woman of the Year by Assembly Speaker Toni Atkins.

“Betty Peabody will be honored, along with other nominees from San Diego branch areas, soon in Sacramento.

“We look forward to recognizing extraordinary women from our communities during our annual Woman of the Year ceremony in Sacramento,” said Atkins. “This year’s honoree is Ms. Betty Peabody, who, for the last 30 years, has worked toward the success of San Diego’s treasured Balboa Park through her duties as a founding member of the Balboa Park Millennium Society.

Major hotel renovation; new BID planned for Midway area

By DAVE SCHWAB | The Beacon

In February, Midway Community Planning Group (MCPG) heard about a local hotel renovation, was updated on the status of a new business improvement district being formed and a proposed medical marijuana dispensary being challenged, as well as receiving a presentation from a tech business looking to relocate to the area.

“We’re involved in a massive, $8 million renovation,” Charles Lester, Hampton Inn Sea World/San Diego Airport general manager, said.

“We’re also going to be adding a full-service restaurant-bar as well as getting a new lobby and renovating the rooms. The renovation is due to be completed by summer.”

New ice age begins for SD
Gulls come back to roost at Valley View Center

By SCOTT HOPKINS | The Beacon

If a recent HockeyFest at the Valley View Casino Center is any indication, the people of San Diego are passionate about the return of professional ice action after a nine-year absence.

“We were thinking a turnout of 500 people would be good, and 1,000 would be great,” said Ari Segal, president of business operations for San Diego’s new entry in the American Hockey League (AHL). The local team will serve as the top minor league team of the National Hockey League (NHL) Anaheim Mighty Ducks.

On March 1, airline flights were arriving from the west and flying over Ocean Beach to land at San Diego International Airport, which seemed odd.

First, it’s cold and rainy in San Diego, and second, planes landing from the west and taking off into the wind. So depending on which way the wind is blowing, we have to operate the airport in a certain direction.

“It happens from time to time [in San Diego], typically when Santa Ana winds are blowing. It’s fair to say that the vast majority of the operations at Lindbergh take place in the other direction,” Gregor had no explanation for the recent cold and rainy weather, though.

‘opposite day’ and no one told us!”

We asked Ian Gregor, public affairs manager with the FAA Pacific Division, for an explanation. He replied with a one-word answer, “Wind.”

But then he did go on to elaborate a little more. “Aircraft generally have to land and take off into the wind. So depending on which way the wind is blowing, we have to do what we can to accommodate the operation of the airport.”

The question was posed to Gregor by a group of Mighty Ducks fans. They had lined up at 7 a.m., Segal and other Ducks’ officials began to realize the extent of San Diego’s excitement.

“We were thinking a turnout of 500 people would be good, and 1,000 would be great,” said Ari Segal, president of business operations for San Diego’s new entry in the American Hockey League (AHL). The local team will serve as the top minor league team of the National Hockey League (NHL) Anaheim Mighty Ducks.

“Husband and wife team up to keep San Diego Glasyz

Robb Field Skate Park celebrates 15th anniversary

Centennial Gala to celebrate Loma Portal Elementary

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Major hotel renovation; new BID planned for Midway area

‘We’re involved in a massive, $8 million renovation.’

Charles Lester, Hampton Inn Sea World/San Diego Airport general manager, said.

“We’re also going to be adding a full-service restaurant-bar as well as getting a new lobby and renovating the rooms. The renovation is due to be completed by summer.”

“We’re involved in a massive, $8 million renovation to all 208 guest rooms of our hotel,” said group board member Victor Ravago, of Hampton Inn Sea World/San Diego Airport at 3888 Green-
Ocean Beach retail building sold, Newport Avenue Antiques to close

A 6,500-square-foot retail building located at 48-56 Newport Ave, has been sold for $1.3 million in cash to IAC Management LLC, a California limited liability company.

The building is situated on a 7,500-square-foot parcel in the heart of Ocean Beach, within a couple blocks of the ocean, and features one of OB’s most recognizable billboards. Current tenant Newport Avenue Antiques, which has been in business for more than 20 years, will be closing its doors this spring.

The new landlord plans on re-leasing the 6,500-square-foot retail space to one or two tenants. The seller of the real estate was Wild Rose Living Trust 11-2-79-9.

Tony Franco, president of the commercial real estate firm The Franco Realty Group in Pacific Beach, represented the buyer.

Newport Avenue Antiques to close

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**NEW ON MARKET**

**POINT LOMA | $1,180,000**

5BR, 4BA with family room on a large wooded lot with a 2 car garage. The downstairs bedroom, overlooking a patio and pool area, could be an office.

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1BR condo by the Famosa Slough. Spacious end unit features an updated kitchen & washer/dryer in unit.

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**COMING SOON**

**POINT LOMA | $1,180,000**

5BR, 4BA with family room on a large wooded lot with a 2 car garage. The downstairs bedroom, overlooking a patio and pool area, could be an office.

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**OCEAN BEACH | $699,000-$729,000**

OB charmer with 2 bedrooms, office, 2 full baths, 2 car garage, hardwood floors & peek ocean views. Large private backyard with new redwood deck.

Catrina Russell
(619) 226-BUYS (2897)
catrina@catrinarussell.com
www.CatrinaRussell.com

**SOLD**

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Located on the crest, this 2+BR, 2BA house offers views of harbor and city.

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**POINT LOMA | $353,000**

2BR, 2BA unit with a spacious x-large patio plus with views of the Famosa Slough.

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**NEW ON MARKET**

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**Ocean Beach | $1,250,000**

Desirable location in PB. Views of Mission Bay. 1933 Bungalow situated on 1/3 of an acre. Quiet and tranquil setting.

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**NEW ON MARKET**

**HILLCREST | $649,000**

2BR, 2BA unit with a spacious x-large patio plus with views of the Famosa Slough.

Catrina Russell
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**COMING SOON**
Husband and wife team keep special events Glazsy

By DAVE SCHWAB | The Beacon

For Glas Productions, disc jockeying for weddings is a more than just announcing: It’s the performance of a lifetime.

“Why is which the company’s hus-
band-and-wife team, Ryan and Sevy McCarthy, take their work so seriously. “Smiles and memories,” answered Ryan when asked what he Ocean Beach-based boutique mobile entertain-
ment and special events company is all about. “That’s what we want our guests to be talking about the event 20 years from now. Entertainment is a critical component to making those memories so meaningful.”

Sevy, who is a native of France and was born in the Alps, said the significa-
ce of the occasion isn’t lost on her or her spouse.

“We understand the importance of the day, people starting their lives (together),” she said, noting the wedding industry is increasingly becoming “a big part of the economy. It’s grown and involves many different categories of business.”

“The symbolism of it really resonates with me, bringing two people together truly in love,” said Ryan of his passion for MCing weddings.

Ryan said every performance by him and his wife at a wedding has to be spot on. “We have to deliver. Because everyone in the crowd is a potential customer,” he said, adding, “It leaves a lasting heart and soul into our performance.”

Ryan has been DJing weddings since 2008. He and Sevy first met working at Club Med in Columbus Isle, Bahamas in 2006. “I went to meet a lot of girls, and I met my wife,” said Ryan of his Club Med experience, noting Sevy “swept me off my feet,” adding, “She’s my boss.”

Sevy gushed to Ryan, whom she said is a “great MC.” “He puts everyone at ease,” she added. The McCartys’ rise to success in the wedding industry has been rapid. “We created our company in 2013, and the first year we booked 10 weddings,” said Sevy. “Last year we booked 20. This year we’ve booked more than 50.”

The McCartys came to the right place to start their niche wedding business. “San Diego is a great city for this industry,” said Ryan, noting there are 20,000 weddings performed here annually, in part, he said, due to the city’s being a “such vacation destination.”

The pair will do just about any wedding anytime for almost any occasion. Events they host also include reunions, bar/bat mitzvahs, fundraisers, holiday parties, corporate events, birthdays, graduations, trade shows, anniversaries, school dances, themes parties, sweet 16 celebrations and debatante balls.

“We’ve met so many cool people com-
ing from all different parts of the world, from different backgrounds and ways of life,” said Sevy. “Many of them (clients) have become friends,” pointed out Ryan.

The McCartys are wedding entertain-
ment consultants in every sense of the word. They work with clients not only to choose the right music but also to set the right tone for the event with the professionalism of their performances. Ryan said there are a great many details in what he and Sevy do entertaining at weddings, everything from flawlessly executing introductions and toasts to setting the right example by finding ways to appeal to all the guests, no matter their age.

“We pride ourselves on having packed dance floors,” he said. “We’re very organized and prepared,” said Sevy, adding, “It’s all about the flow of the event. Our goal is to make it seamless.”

The couple have set up shop in Ocean Beach and have worked closely with Ocean Beach Mainstreet Association, the community’s Business Improvement District. Ryan praised the beach community and OBMA, noting, “The local mer-
chants have been very supportive.”

The couple work mostly weekends and long hours — 10 or longer — setting up equipment, packing it in and tak-

ing it along to the next gig. “We have a pickup truck,” said Ryan, noting, “Eventually we’ll probably have to get a van.”

Ryan talked about that moment after the wedding when he and Sevy really got married. “I went to meet a lot of girls, and I met my wife,” Ryan said after an eight-year relationship and engagement.

Ryan praised the beach community being “such a destination.”

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San Diego’s largest thrift, estate and garage sale

The 86th annual Thursday Club Rummage Sale — San Diego’s largest thrift, estate and garage sale — will be held Saturday, March 14, from 9 a.m. to 4 p.m., and Sunday, March 15, from 10 a.m. to 2 p.m. in the large Balboa Park Activity Center. All proceeds will benefit 26 Balboa Park and local community charities and organizations from children to the elderly, health, veterans, arts, life skills, animals, nature and education.

The Thursday Club, started in 1921, is a non-profit, volunteer organization of more than 300 women. Our goal is to promote educational, cultural, social, moral and civic activities. The Rummage Sale is our biggest annual fundraiser with proceeds of more than $120,000 each year helping San Diego organizations fulfill financial needs.

All of our items (from basement bargains to the unique) and hundreds of hours are donat-
ed by our members. We will be happy to donate thousands of items and bargain galore. Free admission and lots of parking.

For more information or to make a donation call (619) 224-5264 or

or www.thethursdayclub.org

Five Point Loma boys earn Eagle Scout awards

Childhood friends completed the long journey to Eagle Scout as they helped each other complete their eagle service projects and trek hund-
dreds of miles throughout the west.

Buckner, Nicholas Federici, Jake Glover, Cole Heramb, and Cole MacColluch of Boy Scout Troop 500 have achieved the prestigious rank of Eagle Scout.

Their Eagle Scout court of honor will take place at The Bay View Restaurant at MCRD at 1:30 p.m. on March 2.

Their journey began in second grade, when they joined Cub Scout Pack 500 in 2005. They are now 10 years. Highlights of their back-
packing expeditions include hiking the John Muir Trail and climbing Mount Whitney and Half Dome.

Buckner, 18, is a senior at Point Loma High School. His Eagle Scout project was to install an irrigation system and several rest benches at Puetz Creek Preserve, which is part of the San Diego River Foundation.

Federici, 17, is a senior at High Tech High School. His Eagle Scout project was to landscape a dirt area at the Point Loma Community Pres-
sbyterian Church. Buckner and Federici removed soil and old irrigation, fol-

owed by installing new irrigation, plants, trees and rock gardens.

Glover, 17, is a senior at High Tech High School. His Eagle Scout project was to build a 12-foot by 4-foot bridge over a drainage path at the Eagle Peak Reserve, which is part of the San Diego River Foundation.

Herman, 17, a senior at Point Loma High School. His Eagle Scout project was to construct a 4-foot-wide by 24-foot-long footbridge, spanning a depression along a marked trail in Famosa Slough in Point Loma (a nat-
ural wetlands preserve). The comple-
tion of the bridge now yields environmental, safety and pedestrian benefits.

MacColluch, 18, is a senior at Point Loma High School. His Eagle Scout project was to construct and install new Cottonwood Grove signs as well as placement of native plants in the area around the signs for the San Diego River Foundation.

Eagle Scout is the highest rank attain-
able in the Eagle Scout program. Requirements include earning at least 21 merit badges and demonstrating ide-
ales of service and leadership.

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**Man, infant struck by vehicle in Point Loma**

A 30-year-old man suffered a serious head injury and his 7-month-old baby was knocked unconscious when they were struck in a crosswalk by a SUV in Point Loma early in the morning on March 2, police said.

The man was pushing his infant in a stroller across Catalina Boulevard at Canon Street when they were struck just before 6:30 a.m., according to San Diego police officer Humberto Hernandez. Paramedics took the man to Sharp Hospital and the baby to Rady Children’s Hospital. Hernandez said, adding that the infant was breathing but unconscious. The driver, a 47-year-old man in a Chevy Suburban, stopped at the scene and rendered aid to the family, SDPD Officer Dan Lasher said. The baby’s mother was walking in front of the stroller and was not hurt, Lasher said.

On March 3 city crews removed a palm tree that reportedly partially blocked the approach to the crosswalk. City Councilwoman Lori Zapf said, “specifically asked for an evaluation of potential improvements (to the intersections) that can be made to increase pedestrian safety.” The Peninsula Community Planning Board transportation/subcommittee plans to draft a letter to the city traffic engineer to evaluate the situation. Neighbors living near the crosswalk say they have complained about the crosswalk for years.

"The idea there’s even a crosswalk without a warning light, or a stop light or anything like that, is absolutely dangerous," said resident Charles Roberts.

Mike Ryan

**Motorcycle fatality**

A 47-year-old man on a motorcycle who struck a curb in the Roseville area and was thrown into a sign pole later died in a hospital on Feb. 20, police said.

The crash at Locust Street and Nimitz Boulevard occurred about 10:45 p.m. Wednesday, according to San Diego police Officer Donald O’Hare. Paramedics took the man to UCSD Medical Center with major chest and abdominal trauma, an emergency hospital, Delmútris said in a statement.

**Auction for Old Midway Post Office contents**

The abandoned Midway Post Office, 2535 Midway Drive, once the central mail processing and distribution facility for San Diego County, will hold an online auction for the contents of the building.

Prohibid will post online bidding for AAA Public Auction’s United States Postal Service District Hub Auction. The sale features USPS buildings and various types of machinery. Online bidding is at www.prohibid.com/asaapublication. The complex will eventually be redeveloped, and local planners want it to mesh with the community plan, which is currently being updated.

**CHP vehicle thief gets four years**

A handcuffed female prisoner who drove off in a California Highway Patrol vehicle in Mission Bay was sentenced Tuesday to four years and eight months in state prison. Probation was denied for Gasandra Rose Lane, 27, by San Diego Superior Court Judge Michael Groch, who gave her credit for already serving 221 days in jail.

"The idea there’s even a crosswalk without a warning light, or a stop light or anything like that, is absolutely dangerous," said resident Charles Roberts.

**Fire and Rescue crews assist at the accident scene in Point Loma.**

**Man accused of killing parents in Point Loma ruled incompetent to stand trial**

A 22-year-old mentally ill man accused of gunning down his parents in their home in the Sunset Cliffs area of Point Loma is mentally incompetent to stand trial and will be sent to Patton State Hospital for treatment, a judge ruled last week.

Peter David Haynes is charged in the deaths of 62-year-old David Ellis Haynes and 61-year-old Linda Danielle Haynes last Nov. 28. He faces charges of first degree murder and attempted murder.

After reviewing two reports from a doctor, Judge Joseph Brannigan ruled that Haynes was incompetent to stand trial. Haynes—who has been diagnosed with a form of schizophrenia—will remain at the state mental hospital for up to three years or until his competency is restored. After the arraignment, Gates said signs that Haynes was headed for a psychotic breakdown may have been missed by his parents. The defendant was arrested on Nov. 28, several hours after gunfire rang out in the home on Torento Drive near Santa Barbara Street.

**Insider secrets to get top dollar for your home**

SAN DIEGO. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life.

And once you have made that decision, you will want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here is a way to help you to be prepared as possible.

To assist home sellers, a new industry report has just been released called "27 Valuable Tips That You Should Know To Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today’s tough, aggressive marketplace.

In this report you’ll discover how to avoid financial disaster when selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

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**SPORTS**

**Robb Field Skate Park marks 15 years in Ocean Beach**

The Robb Field Skate Park in Ocean Beach turned 15 on Thursday, Feb. 19. A dedicated group of volunteers – local business owners, iconic skaters, residents and former Councilman Byron Wear and his staff – worked together to ensure the fundraising and development for the community’s first skate park. On Feb. 19, 2000 the opening of the park was marked with a celebration with more than $25,000 in prize giveaways. The donations and corporate sponsorships were put together with the help of Kanten Russell and Andy MacDonald, local proskateboarders.

“It was fun to work with local teenagers, business owners and professional skaters all to meet one goal – create a family-friendly skate park in OB,” said Julie Klein, owner of Julie Designs.

Klein worked with the Ocean Beach MainStreet Association to develop skateboards for any skater who was unable to come up with the annual pass fee. At the time, each skater was required to buy a $5 daily pass or purchase an annual pass for $30.

The OBMA worked with the community to sponsor any skaters who found themselves in this position. Today, the park is open and free to the public.

“Legendary skateboarder Tony Hawk takes a turn at Robb Field Skate Park in Ocean Beach after a ceremony honoring him last summer. ‘The first thing, or rather person, that comes to my mind is Mike Ryan,’ said Josh Utley, who was a skateboarding teenager at the time and is now a successful Ocean Beach business owner. ‘That man should be recognized for his efforts. He was at the helm.’

Ryan’s shop, Just SK8, was broken into a couple times, which forced him out of business. Even with his shop gone he continued the multi-year struggle to get the local kids a safe place to skate by holding rallies at the elementary school and at Robb Field. ‘Mike taught us to pick up our skateboards around old people to ease their anxiety and to do good deeds while skateboarding like pick up trash and help a little old lady across the street,’ Utley said.

“These are all lessons that shaped me as a person and I’m sure others. I still do these things every day.”

For more information on the skate park, contact San Diego Park and Recreation Department at (619) 531-1563.

**Bikes and Beers SD ride rolls into Ocean Beach on March 28**

The second annual Bikes & Beers SD will take riders through Balboa Park, Hillcrest, Mission Hills, Old Town, Presidio Park, Ocean Beach, Point Loma, downtown, and in East Village on a 21-mile course Saturday, March 28. Starting and ending at recently opened Quartay in East Village, the ride will also offer riders glimpses of the majestic natural scenery that Mission Bay, Sunset Cliffs and San Diego Bay have to offer. Upon completion of the course, riders will enjoy a couple pints from a selection of San Diego’s finest craft beers, sample food from local food trucks, check out booths filled with bicycle-related gear from local vendors, and listen to live music.

Event proceeds will go to BikeSD, a nonprofit bicycle advocacy organization working with policymakers, residents, and other local entities to create a more livable San Diego by promoting every day riding. “The most fulfilling way to truly experience all that a city has to offer is via a bicycle,” said BikeSD executive director Sam Olinger.

The route is perfect in that it traverses geographical diversity and will also hint at the livability challenges that prevent most San Diegans from riding regularly and experiencing our largest public spaces: our streets. To learn more about Bikes & Beers SD, visit www.bikesandbeers.org.
Lady Pointers advance in playoffs

The girls soccer team at Point Loma High was the only winter team to advance in CIF playoff action currently under way.

The Lady Pointers, seeded No. 2 in Div. II, increased their record to 19-2-3 last Saturday morning on their home pitch with a 4-1 victory that eliminated Christian High in a quarterfinal match.

Goals were once again scored by a member of each class as freshman Iyana Zimmerman, sophomore Riley O‘Toole, junior Jaquelyn Neves and senior Taylor Hopkins all found the back of the net.

The Presenter girls played the semifinal match yesterday (March 4, after press time) and, if victorious, will play in the CIF Championship match Saturday, March 7 in a 7 p.m. start at Madison High School.

Boys soccer

In boys soccer, the Pointers finished in second place in the Western League with a 5-2-1 record (8-8-7 overall) before dropping Western League with a 5-2-1 record in the third quarter to tie the game at 27, continuing on to eliminate a talented Lady Pointer team.

The girls moved up to Div. III this year after winning the Div. IV championship last year.

Boys basketball

Boys basketball saw the Pointers fall to a 9-17 record (4-9 in the third quarter to tie the game at 27, continuing on to eliminate a talented Lady Pointer team.

The girls moved up to Div. III this year after winning the Div. IV championship last year.

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Boys basketball

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55 years ago, the Pointers shocked the state with a title

Dr. SCOTT HOPKINS | THE BEACON

The year was 1960, and San Diego's population reached 573,224. For the first time, the county topped one million people.

Gas sold for 31 cents a gallon, a gallon of milk was 41 cents and a first-class stamp was priced at 4 cents. A new house: $16,500.

That year, Point Loma High School's basketball team tied rival Kearny High for the Western League championship.

But overall, the Pointers had posted a rather mediocre 12-11 record. Then, in the postseason, the team did something that only a few longtime Peninsula residents may recall: They won the Southern California AA championship.

Back then, there was no San Diego Section of CIF. All teams in the lower part of the state were lumped together in one region. (There were no girls sports programs at the time.)

No other PLHS boys team has accomplished a feat of this magnitude, and yet their coach has been forgotten by many.

San Diego State graduate Hilbert Crosthwaite served two terms as the Pointers' head coach, including the 1947-48 to 1951-52 seasons and for five seasons beginning in 1954-55. During those 11 seasons, he won half of his games, finishing with a 116-116 record.

The state championship came in Crosthwaite's final season at the Pointer helm. He took his team to Hemet High School for its first playoff game to face Beaumont, hanging a 12-24 loss on the Cougars.

Next up was a trip to Redlands University, where Crosthwaite's squad soundly defeated Yucaipa's Thunderbirds by a 55-23 margin.

The Pointers then returned to their home court, where they registered a

More than 8,500 fans showed up to HockeyFest on Feb. 22 at Valley View Casino Center to celebrate the new AHL team.

Anheuser-Busch, which owns the San Diego Gulls, unveiled the new team's logo for the first time at the event. The logo features a hockey player's stick and a Gull's head.

The event also served as a homecoming for the son of O'Ree's coach, David McNab, an original Ducks player and now senior vice president of hockey operations, in the son of Max McNab, who moved his young family from Vancouver, B.C. to Point Loma when he was named the first Gulls head coach in 1966.

The younger McNab recalled how his older brother, Peter, served as the original "Sandy Gull" team mascot who led the team onto the ice at each home game. Peter, a 1970 alumni of Point Loma High School, went on to a lengthy NHL career in which he scored 895 points on 405 goals and 490 assists.

David, who was 8 years old when the family arrived, described his family's love for the area and what it was like to come back to the former San Diego Sports Arena.

"I know my father would be proud to know hockey is back in San Diego," McNab told a cheering crowd. "For my family, these were the best years of our lives as far as hockey was concerned. Walking through the building today was like going back to 1973 in a time machine. This is fantastic!"

Other California members of the new Pacific Division (with parent clubs) are Stockton (Calgary Flames), Bakersfield (Edmonton Oilers), Ontario (Los Angeles Kings) and San Jose (San Jose Sharks).

The 14-game home season begins in October. For season and individual game ticket prices, go to sandiegogulls.com.

Members of the 1960 Point Loma High basketball team read about their state championship.

HOLDING THE TEAM'S TROPHY.

CHAMPIONSHIP VICTORY. BACK ROW, LEFT TO RIGHT ARE LARRY MOORE, MIKE DOLPHIN, DICK WALDEN AND DAVE CLARK. IN FRONT ARE WISTON YETTA, DON SADA AND COACH HILBERT CROSTHWAIT. HOLDING THE TEAM'S TROPHY.

CONTRIBUTED PHOTO

GULLS

CONTINUOUS FROM Page 1

Henry and (observing) Susan Samueli and team CEO Michael Schulman, wielding sledgehammers, broke down an ice wall to reveal the name and familiar logo of the newest edition of the San Diego Gulls.

As a mass of orange and blue streamers fell from arena rafters, fans saw the new logo features, lettering in the Ducks’ windbreak style and subtle color additions, that will reflect the team’s new colors of black, orange and blue.

The logo unveiling was such a well-kept secret that even fresh new team merchandise at stands was shielded from view until the two executives completed their task.

The Samuelis realized the community’s love for the Gulls name.

While we initially considered several options, it quickly became clear that the obvious affinity and affection the fans have for the Gulls name,” the couple said in a release. “We enthusiastically embrace the history and tradition of hockey in this market and plan on adding to its legacy with a community-first organization and winning product.”

That community-first approach will include expansion of the team’s hugely successful High School Hockey League, which currently boasts two local teams and its “Learn to Play” program that provides free hockey equipment to put kids on the ice for lessons from Ducks players.

“We plan to become more than just San Diego’s hockey team, but rather a part of the city’s DNA and fabric,” Henry Samueli told the crowd.

The Samuelis acknowledged that when discussions began three years ago about creating a Pacific Division of the AHL, they immediately focused on San Diego and its colorful hockey history.

Another attraction is San Diego’s proximity to the Honda Center in Anaheim, where the Mighty Ducks play, allowing players to be quickly moved between teams.

“San Diego has been clamoring for professional hockey since it left nine years ago,” Segal said recently. “We’ve been exploring ways to bring our affiliation here for seven years.”

That effort is already paying off, as more than 1,500 deposits on season tickets were received before the HockeyFest event.

HockeyFest marked the beginning of San Diego’s newest “ice age.”

The sport first appeared locally at a downtown rink known as Glacier Gardens in 1941. Since that time, San Diego has been home to eight professional teams in at least nine different leagues. Most recently, the Gulls played from 2003 to 2006 in the East Coast Hockey League.

On hand for the festivities were former Ducks Martin St. Amour, Brad Beltland and hockey legend Willie O’Ree, a member of the Western Hockey League team when the Gulls name and sports arena both made 1966 debuts.

O’Ree, who turns 80 in October, made sports history as the first black player in the NHL and continues to serve the league as an ambassador. The 27-year resident of La Mesa was clearly the choice of autograph hounds.

The event also served as a homecoming for the son of O’Ree’s coach, David McNab, an original Ducks player and now senior vice president of hockey operations, in the son of Max McNab, who moved his young family from Vancouver, B.C. to Point Loma when he was named the first Gulls head coach in 1966.

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Pocket park progress picking up

Con Street open lot draws city interest

Two Point Loma community planners interested in turning the lot at the end of Con Street into a pocket park say they’re making progress, a little at a time.

“(It) has been behind the scenes, however — not visible like the amazing January cleanup which clearly brought the neighborhood together,” emailed Peninsula Community Planning Board (PCPB) members Jon Linney and Don Sevrens.

Linney, Sevrens and a neighbor near the open-space site participated in a staff meeting Feb. 25 with six Park and Recreation executives and a District 2 council aide. It was held to discuss procedural steps in the future for converting the open space for park use.

The meeting was private, not a public hearing, and no formal actions were taken. Nonetheless, planners pushing for redevelopment of the site for public use were encouraged.

“It was a very constructive meeting and it’s quite pleased,” said Linney, community action and second vice chair of the PCPB Council.

“I agree. It was so encouraging to see so many executives willing to spend so much time with us. It shows they really care,” said Matt DeVol, a park neighbor and organizer.

Not everyone, however, is happy with the notion of converting the Con Street lot into a park. Park neighbor Mary Harder has repeatedly contacted at monthly PCPB meetings that redvel- oping the lot would create problems with traffic, trash, noise, dust and parking, warning that improving the site could also draw undesirables.

Linney, DeVol and Don Sevrens, an activist and immediate past chair of the board, said they’ve represented the organizers. Present for the city on Feb. 25 were city employees Kathy Ruiz, deputy director; Steve Palle, district supervisor in District 2; Doug Hooper, park designer; Robin Shifflet, development manager III; area managers Monica Honorore and Debbie Marciotte, as well as Conrad Wear, aide to Council Member Lortie Zapf.

Among the points shared:

• The city now calculates the park area at .68 acres, not the .28 acres previously reported. A topographical survey, probably at a $5,000 expense, will determine boundaries, elevations and the amount of usable area versus unusable slope area.

• The City seems to be moving toward formal bidding and prevailing wages even on projects donated to the city, said Ruiz.

• The organizers’ projected cost is about $200,000 less than the City’s. Smaller projects can be difficult to estimate accurately, said Ruiz.

• Organizers continue discussions with nonprofit organizations to be the fiscal sponsor for the project and for San Diego Foundation to handle all donations. “We have some very good news to report in the near future,” Linney said.

• The City is quite pleased with the condition of the park site following the community cleanup. Staff and park organizers agreed on specific projects if any major efforts are contemplated in the future. (Individual neighbors continue to pick up trash, and that is welcome.)

• DeVol added that he will prevent joy-ride vehicle access at the Canon Street entry and placement of strategic boulders is being researched.

• Organizers believe the required public workshops, design and conceptual plan can be accomplished if $20,000 in donations are raised. That’s possible because individuals such as workshop moderator Colleen Clement and architect Bruce Cook are willing to donate their time.

• At least two public workshops are planned for later this year. The public will be asked to suggest park features, get informed on design options or pledges and vote on preferences.

• In a joint community/City effort, it was suggested that organizers carry the project through approval of a design and conceptual plan with donations raised to complete at least Phase One. The City would seek to get the park raised to the highest priority for already accumulated developer fees and would direct actual construction as money allows. Such a later-stage handover is being thought through.

“This is a community effort,” Linney said, “and it will take some time to orga- nize. But we believe a nonprofit organization will step forward to help us. Other groups will donate money toward biete- cial fence or walls blocking visibility.

“We do not go out and seek for code violations; Peninsulans scolded for cleanup

“The Peninsula Community Planning Board (PCPB) complaining about apartment owners giving to pocket parks to non-tenants, a city official told resi- dents that they need to band together and lodge formal complaints as the city lacks staffing to proactively investigate such claims.”

Node building, executive to site in the near future.

“Do not do that anymore,” said Kempton, “We believe we will make this happen.”

The small, undeveloped parcel on Canon Street was transferred from the city to the Peninsula Community Planning Board on June 30, 2014, and is now a designated park site.

A community workshop will likely be scheduled at Portuguese Hall by early summer to receive public input on the park development project.

To register your ideas or concerns, contact Jon Linney at jonlinney11@gmail.com, Don Sevrens at donsevrens@rocketmail.com or at Matt DeVol, mattdevol@cox.net.

Residents need to inform city about code violations, Peninsulans scolded for cleanup

“Don’t go out and look for code violations. We rely on citizen complaints to give to investigators.”

WILLIAM DAUPHIN
LANA CITY LAND DEVELOPMENT ADVISOR

We don’t go out and look for code violations. We rely on citizen complaints to provide more updates. We don’t go out and look for code violations. We rely on citizen complaints to provide more updates. We don’t go out and look for code violations. We rely on citizen complaints to provide more updates. We don’t go out and look for code violations. We rely on citizen complaints to provide more updates. We don’t go out and look for code violations. We rely on citizen complaints to provide more updates.

Pocket park

Kempton warned Peninsulans that a recent successful cleanup of a city-owned lot near Portuguese Hall by early summer to receive public input on the park development project.

To register your ideas or concerns, contact Jon Linney at jonlinney11@gmail.com, Don Sevrens at donsevrens@rocketmail.com or at Matt DeVol, mattdevol@cox.net.

Elections for Peninsula Community Planning Board set for March 19

The Peninsula Community Planning Board (PCPB) has six board positions opening up in March and invites any Peninsula resident who wants to get more involved in the govern- ance of their community to run. Five of the six board positions are three-year terms; the sixth position is for a one-year term.

The Planning Board will hold a Candi- date’s Forum from 6 to 7:30 p.m. Tuesday, March 5, at the Point Loma Library on Voltair Street. The election will be held 4 to 8 p.m. on March 19, also at the library.

To be eligible to run, residents must be at least 18 years of age, live in or own a business within the PCPB boundaries, be able to commit to a three-year term (shorter for unexpired terms) and have attended at least one regular meeting within the past 12 months (attending the candidates forum qualifies for this requirement).

Applications can be downloaded from the PCPB website: www.pcpb.net. Email applications to pocpbem@gmail.com.

The Peninsula Community Planning Board is a volunteer Community Planning Group citizen organization that advises the City of San Diego on land-use-based community goals and development proposals.

The PCPB meets on the third Thursday of each month at the Point Loma Library. Various subcommittees also meet on a regular basis. For information, contact pocpbem@gmail.com.
Beacon visits Budapest
Hank and Laurie Robinson (left), of Point Loma, stand on the Viking Ship Lin on the Danube River in front of the Chain Bridge in Budapest, Hungary, with a Peninsula Beacon.

Friday Night Liberty
San Diego Ballet will be showing excerpts from critically acclaimed choreographer and artistic director Javier Velasco’s “Carnival of the Animals” and “Midsummer Night’s Dream” at 6:30 and 7:15 p.m. on Friday, March 6 at Liberty Station, 2640 Historic Decatur Road. In addition to live jewelry demos at Annville Studio, there will be hand-forged copper sculptures by metal artist Pat Downing. See new works from San Diego watercolor artists. At the Outside the Lens Media Lab + Gallery for the Minds Eye, there will be a show from students at Chaparral High School. Info: www.ntclibertystation.com.

Comedy night at Portuguese Hall
The 12th annual Comedy Cavalcade, hosted by the Point Loma Rotary Club, will take place March 20 with three guest comedians. Hear and see Anita Milner, James P. Connelly, and Aaron Hughes, plus Tony Calabrese as emcee.

‘Freedom Train’ at Westminster Theatre
Vanguard will present “Freedom Train” by Marvin Gordon at Westminster Theatre, 3598 Talbot St., Friday, March 13 through Sunday, March 29. “Freedom Train” tells the story of Harriet Tubman, the Moses of her people, in a fascinating series of highly theatrical scenes that use dance, dialogue and music of the period. Songs include “Follow the Drinking Gourd,” “Shall We,” “Wade in the Water,” “Good News, the Chariot’s A-Comin’” and many others.

Program about historic Point Loma house
LaPlaya Trail Association’s latest program on history in Point Loma will take place 5:30 p.m. March 17 at Point Loma Assembly, 3035 Talbot St. Current owner Betty Peabody will share her intimate knowledge of one of Point Loma’s oldest homes. Originally built and occupied by Drs. Fred and Charlotte Johnson Baker in the late 1800s, the house has long been a local landmark on Rosecrans Street. Charlotte Johnson Baker was San Diego’s first female physician, a suffragist, a civic leader and one of the founders of the Point Loma Assembly. Peabody is a civic leader in her own right, having founded the Friends of Balboa Park, served on the Board of Museum of Man, honored as a Woman of Distinction and authored “Women Physicians in Early San Diego.” Refreshments are at 5:30 p.m. and the program at 6 p.m. $10 donation at the door. Info: www.LaPlayaTrail.org.

Pointers Spring Arts & Craft Faire
Local crafters and artists are being sought for the third annual Pointers Spring Arts & Craft Faire next month. The event takes place on the campus of Point Loma High School March 28 from 9 a.m. until 3 p.m. The festival raises much-needed funds for Protect Our Pointers (POP), a crucial program that provides certified athletic trainers at all Pointer athletic events.

Trainers are necessary both in the prevention and treatment of injuries and POP is operated under the auspices of the PLHS Pointer Association. Applications for vendors are available from Eleanor Snyder at protectourpointers@gmail.com. The cost of $50 gives vendors a 10 by 10-foot space to display their wares.

All items sold will be handcrafted and include such items as soaps, wooden items, jewelry, art objects, ceramics and accessories for women and children. Also, a handful of vendors will be offering PLHS-related items.

-Scott Hopkins
Celebrate St. Patrick's Day in Ocean Beach!

Everyone — and everywhere — is a little bit Irish on Saint Patrick’s Day, but some more than others.

In Ocean Beach, there are numerous establishments to choose from for those wanting to partake of some corned beef, listen to some Irish music or just celebrate the night away wearing their green.

Here are some alternatives to select from for food and drink:

**MOTHER’S SALOON**, 2228 Bacon St.: Celebrate St. Pats Day with Green Beer and Tac O’Tuesday specials All Day including $2 Shrimp, Carne Asada or Chicken Tacos and the new Fish Tacos. 7 p.m. to close $3. Fireball Shots. 11 p.m. to close is Reverse Happy Hour with $1 off drafts, $2.75 wells. “We’re going to be doing green beer and having specials all day,” said bar manager Lynnea Bourgeois. “We’ll have happy hour from 3 to 7 p.m. Irish tunes will also be littering on the juke box. Come join in the fun.

**THE SUNSHINE COMPANY**, 5028 Newport Ave.: Featuring drink specials and lots of shenanigans for St. Pats. Check out their new Craft and local beer selection with 45 new beers just added. Now with 28 beers on draft, and more than 60 beers in bottles and cans! Watch March Madness on the 110” & New 120” GIANT big screen TVs, or enjoy the live Beach Cam downstairs.

**GALLAGHER’S IRISH PUB**, 5046 Newport Ave.: The Irish-owned and –operated pub is hosting a daylong party on Tuesday, March 17 with live music and green beer. “We’re also doing Irish music the weekend before (March 13-15) leading up to St. Patrick’s Day,” said Gallagher’s owner Eugene Gallagher. “We’re also doing the ‘pipes and serving corned beef sandwiches.”

The band Danicus will perform on St. Paddy’s Day from 5 to 9 p.m. with The Pookes band following from 10 p.m. to close.

“We’ll also have a bunch of promos with the beer and liquor companies with girls presenting Guinness and Irish whiskey,” said Gallagher.

Celebrate St. Patrick’s Day in Ocean Beach!
Lighthouse Ice Cream, 5059 Newport Ave., #102: Owner Carol Ladiges said the parlor will be selling Shamrock shakes between now and the end of March. “We put mint chip ice cream in with crushed Oreo cookies and whipped cream with shamrock sprinkles on top,” said Ladiges noting a regular shake is $5.50 and a larger version is $7.50.

The Harp, 4935 Newport Ave.: This popular Irish Pub will be offering traditional Irish fare on St. Patrick’s Day, including corned beef & cabbage, shepherd’s pie and fish and chips. And of course, you can enjoy it with a pint of Guinness or your favorite beer. Plus live Irish music as well as other music will be playing throughout the day (and night). Owners Kevin Gallagher and Tony Fleming (both from Ireland) said “Join us for a pint & some corned beef and help us celebrate our national day! Or stop by the weekend before and join in the fun.”

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Health BRIEFS »

Should I have my Wisdom Teeth Removed?

You may have heard that you should have your wisdom teeth removed in your late teens or early twenties. These days, having your wisdom teeth removed is a standard practice, almost a rite of passage. Even if you aren’t experiencing pain, your wisdom teeth could still be causing you problems. They could be stuck or even impacted. It’s very important to have your wisdom teeth checked for any potential issues or problems they could cause for you down the road.

In addition to the relief of pain associated with wisdom teeth “growing in,” there are other reasons for removal that you should be aware of.

- Damage to other teeth. These teeth could be pushing on your other teeth causing bite problems.
- Jaw Damage. Cysts are very common around wisdom teeth. These cysts can cause permanent bone or nerve damage to your jaw.
- Sinus Issues. Wisdom teeth problems are associated with sinus pain, pressure and congestion.
- Inflamed Gums. The soft tissue in the area can become swollen and be difficult to keep clean.
- Tooth Decay. The swollen gums create pockets where food can be trapped. This causes bacteria to grow and form cavities.

Alignment. Having impacted wisdom teeth can cause damage to previous dental treatment received such as braces, bridges, crowns or other dental work.

At Dental Express, our Dentists are highly experienced in the removal of wisdom teeth. The procedure can be performed in the office without the referral to a costly specialist. Most insurance plans offer very generous coverage for wisdom tooth removal and the procedure time is very minimal. Call Dental Express today for your FREE CONSULTATION at 619-701-6622.

Hiring A Private or Non-Professional Caregiver

Picking together care for your older parent can sometimes be a puzzle. Hiring a private caregiver from your own search or asking friends and family to help are short-term solutions for a long-term issue. It can have adverse effects for everyone involved. Hiring a caregiver privately is probably going to be cheaper. Do you want to tell your Mom you hired the cheapest caregiver you could find to care for her in her “golden” years? And the cheapest could end up being costlier in the long run. Consider these possibilities:

- Your private caregiver calls in sick or takes a vacation and just doesn’t show up. Are you going to have to take off work or cancel appointments to fill in?
- Is the caregiver background check done and verification of prior employment done?

Is there a professional Geriatric Care Manager to supervise and monitor you? Are you providing workers’ compensation insurance in case your caregiver falls or strains her back? This is extremely expensive but a required expense. Are you paying her payroll taxes and submitting the proper documents required by the government?

Have you verified that the caregiver has a social security card and is legally permitted to work in the US?

Now maybe “cheap” has gotten a little more costly. At Innovative Healthcare Consultants, all potential employees undergo a background check. All employees are fingerprinted. You can reach a live person 24/7. You will have a reference background, and the protection of the peace of mind that often, considering shopping in People’s bulk foods and herbs. This way you only need to purchase the exact amount of many of the items you’ll use in your cooking, such as sweeteners, herbs, flours, nuts and grains, seeds and more.

Ocean Beach People’s Organic Food Market is a California food cooperative where, “Everywhere Can Shop and Any- One Can Join!” Located at 4765 Voltaire Street, we’re open daily from 9 a.m. – 9 p.m. www.obpeoplesfood.coop www.obpeoplesfood.coop and twitter.com/PeoplesOrganic

PEOPLE’S LEMON RICE SALAD WITH PEANUTS RECIPE

Serves 4

1 cup brown basmati rice
2 1/2 cups filtered water
1 tsp. lemon zest
1/4 cup lemon juice
1/4 cup olive oil
1/2 tsp. sea salt
1/2 tsp. white pepper
1/2 cup parsley, minced
1/2 green onions, sliced thin
1/2 cup roasted peanuts, chopped coarsely

In a soup pot, add rice and water, cover and bring to a boil. Reduce flame to the lowest setting and simmer. Do not lift the lid because this will allow the steam to escape and you need the steam to cook the rice. Cook for 25 minutes, then turn off the flame and let the pot of rice sit for another ten minutes. Do not lift the lid. There will still be a lot of steam built up in the pot. If you lift the lid too soon it could affect the outcome of your rice.

In a large bowl, whisk together a dressing of with the lemon zest, lemon juice, olive oil, salt, and white pepper. Prop up the parsley, green onions, and peanuts. Remove the rice from the pot and let it cool for a few minutes. Add the dressing to the rice while it is still a bit warm so that the rice will absorb the liquid and become very flavorful. Let this cool for a few more minutes before add the onions and parsley; this will allow the vegetables to retain their color and texture. Add the peanuts and toss it all together. This recipe can be served warm or it can be refrigerated and served cool at a later time.

La Jolla Community Center to Launch Caregiver Support Group

La Jolla, March 2, 2015 – Many middle aged and senior adults will become caregivers for a spouse or other family member who develops physical or cognitive disabilities as they age. About 44 million Americans provide 37 billion hours of unpaid care each year for senior family members and friends with chronic illnesses that prevent them from handling daily activities on their own according to a study by AARP and the National Caregiver’s Alliance. Family caregivers, particularly women, provide over 75% of caregiving support in the United States. In 2007, the estimated economic value of family caregivers’ unpaid contributions was at least $375 billion, which is how much it would cost to replace that care with paid services.

Caring for a loved one is a rewarding yet stressful responsibility. Family caregivers often feel isolated and alone. Caring for someone with Alzheimer’s disease, other dementias, or other brain impairing disorders can be even more stressful than caring for someone with a physical impairment due to the unpredictability of the care recipient’s behavior. It is important that the caregiver learns to manage stress and takes time for their own needs and activities they enjoy.

La Jolla Community Center is launching a monthly support group for family caregivers. The goal of the group will be to provide a setting where caregivers can share resources, discuss challenges and receive education from invited speakers on a variety of topics. The group will be facilitated by Sue Erskine, MS, CSA, who is a Certified Senior Advisor. Sue helped care for her Dad who suffered from Alzheimer’s Disease for many years. Meetings will be held monthly on the second Thursday of each month. The first meeting of the support group will be Thursday, March 12 at 1 pm. Seniors Helping Seniors will provide free caregivers during the meeting to assist your loved one in a separate area – activities and snacks will be provided. Please RSVP to 619-346-4535.
MADCAPS to hold benefit show in March

Mothers and Daughters Club Assisting Philanthropies (MADCAPS) will celebrate 55 years of community service with its annual benefit show Thursday, March 12, through Saturday, March 14, at Brown Chapel on the campus of Point Loma Nazarene University.

The theme for the 55th anniversary show is “MADCAPS IN MOTION” and will feature several different styles of dance. Tickets are on sale with prices ranging between $15 and $25 and are available at www.sdmadcaps.org.

“Our annual benefit show is really the culmination and celebration of the girls’ hard work and dedication to community service,” said Maria Gibson, show chair.

“These girls are not professional dancers and singers, but they put 110 percent into this performance to provide a fun and entertaining show for the public while raising awareness and funding for some of San Diego’s most deserving charitable organizations,” Gibson added.

This annual musical extravaganza has become MADCAPS signature fundraising event to provide financial support to dozens of local charities. The underwriting of major production costs, proceeds from ticket and advertising sales and the donated time and expertise of the girls, their families and friends make it possible to give to these community organizations.

This year’s new venue on the campus of Point Loma Nazarene University will have the additional capacity and comfort of the theater at Brown Chapel, state of the art audio and visual technology, and ease and accessibility of parking. MADCAPS is a group of approximately 250 mothers and their seventh to 12th grade daughters from the Point Loma, Ocean Beach, Mission Hills and Hillcrest areas who provide direct service and donations to many charitable organizations in San Diego.

In addition to the thousands of hours of community service served by the girls each year, MADCAPS presents a high-energy music and dance benefit show annually to raise additional funds for these local charities. The group’s history of fundraising has grown tremendously over the past 55 years and become an integral part of philanthropy in San Diego.

MADCAPS has raised more than $750,000 for the community.

Vanguard Presents Freedom Train by Marvin Gordon at Westminster

Westminster Presbyterian Church is thankful and blessed to have director, Lesley Pearson bring this thrilling story to Westminster’s Theatre. She, along with Vanguard Productions is presenting new faces and amazing talent to audiences with this Harriet Tubman story of the Underground Rail Road.

One new face is Anthony Jerome Rivers. Rivers was born and raised in San Diego California. He attends Abraham Lincoln High School and is the youngest cast member of “Freedom Train.” Following high school Anthony plans to continue and carry out his passion for the performing arts and major in theater major at the university level. You hear his enthusiasm about Freedom Train as he exclaims; “I’m so blessed to be apart of a hard working cast to preform and show the in depth harsh reality of inspiring activist such as Harriet Tubman, this has truly been a wonderful learning experience and I’m truly grateful to be apart of this wonderful experience”. Anthony plays the character “Sam” in this show and is also a member of the dance ensemble.

Freedom Train will grab you. Audiences will feel this show in every fiber of their being, the energy, passion, music and suspense is truly that powerful. The show brings refreshing new faces to San Diego arts and theatre. It is truly more than a play, more than a historical biography, it is the inspiring expression of human struggle, of the value of freedom and our history. You really want to see this show.

For more information visit www.vanguardsd.org or call the box office at: 619-224-6263

Photo: Courtesy of Lesley Pearson
quarterfinal victory over Rosemead’s Bosco Tech Tigers and then ousted Lompoc’s Braves in the semifinal encounter.

The Southern California championship game was played at Los Angeles State College, and crowd a of 5,200 showed up to see the maroon-clad Pointers victimize San Marino’s Titans by a 52-36 final.

Crosthwaite was well aware his Pointers likely had the highest enrollment of any AA division team and was relieved at the final buzzer.

“We had everything to lose,” Crosthwaite said after the game. “We couldn’t have walked out of here unless we won.”

Reports from the game said that Pointer players hoisted both Crosthwaite and forward Winston Yetta, who scored 22 points in the final, onto their shoulders and carried them on a victory lap around the court.

The next day, veteran San Diego Union reporter Jerry Magee wrote, “We had everything to lose,” Crosthwaite and forward Winston Yetta, who scored 22 points in the final, onto their shoulders and carried them on a victory lap around the court.

The following year, Crosthwaite moved on to San Diego City College. His 1962-63 team soared to a 25-5 record and the state championship game before dropping the title game to Fresno City by a close 76-69 score.

Unfortunately, Crosthwaite seems lost in the school’s rich history.

The school’s venerable gym is rightly named for legendary girls basketball coach Lee Trepanier, who led his teams to four consecutive state basketball titles in Point Loma’s 90-year history to deliver a basketball.

King Jr. weekend every January, bears “shootout” boys basketball tournament with a 122-1 record. With a

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The school’s location was chosen by George Burnham, who was not pleased with the commute his children were forced to make to their overcrowded Roseville School (now Cabrillo Elementary).

Burnham actively sought to have a school built in the Loma Portal area. The location at 1341 Browning St, was specifically chosen because of its lovely, unobstructed views of San Diego Bay. Presently, Loma Portal Elementary boasts 425 students and 18 teachers serving grades TK to 4.

Loma Portal is a hilly Point Loma neighborhood northwest of Rosecrans.

One of those activities, kicking off the Centennial in October 2014, was a Living History Day. Partnering with Old Town State Historic Park, Loma Portal youngsters got to participate in a historical re-enactment.

“We had a whole day of school as it might have been in 1914, with no technology,” said Tom Crosthwaite, adding, “We’ll have gift baskets and an auction.”

Penh said someone at the gala will win the opportunity to be “principal for a day” at Loma Portal.

“They will co-lead the school,” she said. “They’ll be in my office and do walk-throughs with me in classrooms. They’ll learn what it feels like to be behind the scenes. It also makes it exciting for the kids.”

Penh said it’s a great time to be the head of such a distinguished school that has so much history behind it.

“It’s been very exciting, and it’s absolutely amazing, all the activities we’ve had on campus,” she said.

It is certainly well-deserved.

When you’re driving, ‘Don’t yell. I am going to make to their overcrowded Roseville School (now Cabrillo Elementary).

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Loma Portal Elementary School was founded on Oct. 26, 1914. The school, which opened to 18 students in grades 1 to 8, was built to serve the residential area known as Loma Portal. The school’s location was chosen by George Burnham, who was not pleased with the commute his children were forced to make to their overcrowded Roseville School (now Cabrillo Elementary).

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Teaching texting and driving dangers for teens at Point Loma High

“I didn’t know that drivers who text are twice as likely to die in a crash than drunk drivers are,” said PJ Zirkle. She and her son were among more than 100 people who came to the Feb. 19 Start Smart class at Point Loma High School.

The California Highway Patrol’s Start Smart supplements what’s taught in driver education courses and includes tips to help parents become better driving teachers.

“They are riding with your child, take notes,” CHP officer Jake Sanchez told the group. “If they make a minor mistake, don’t yell at them. Write it down and talk about it when you get home. That’s called ‘commentary driving.’

Sophomore Anna Regula likes the idea of commentary driving.

“When my older sister was learning to drive, sometimes my mom would freak out if she drove just two miles an hour over the speed limit,” Regula said. “Now, my mom will keep calm. I won’t get nervous in the car. We can discuss my mistakes later, at home.”

Regula’s mother, Josefina, laughed, saying she’ll be a better driving teacher this time around: “In our home we have a rule: Mom, don’t yell, I am going to practice that in the car.”

During the class, Sanchez went over the requirements for getting a provisional license, which include driving at night and in the rain.

“My mom would hang onto the dash…… —contribute photo

Sanchez also reviewed the primary factors that cause crashes for young drivers: texting, speeding, drowsiness and impaired driving.

“Alcohol and marijuana can get you arrested for DUI,” he said. “You need to think about prescription drugs, too. When it says not to operate heavy machinery on the pill bottle … even medicine can result in a DUI arrest.”

Sanchez explained that more teens and young adults die from crashes than any other cause.

Seventeen-year-old Max Adler has been doing some online training to prepare for getting his permit. “I hadn’t heard the statistics on teen deaths. It’s kind of shocking,” he said.

Sanchez showed a video of a driver who flew his car over a sharp rise while a friend captured the jump on video.

The video ended with a horrific fatal crash. Sanchez said showing off friends in another contributing factor in many crashes.

Sophomore Konrad Zirkle’s reaction/
Chargers fans rally at task force forum

At about 2,000 fans watched on a Jumbotron in an overflow area at Qualcomm Stadium, about 400 San Diego Chargers faithful pepared the team’s task force March 2 with everything from constructive advice to outside-the-box ideas to desperate pleas to find a solution.

The forum, the only public event the task force plans to hold, featured a large majority of speakers expressing support for building a new stadium in Mission Valley instead of downtown.

SUNDAYS without football would be a sad day in San Diego,” Becky Barrera-Hart said.

Critics said the nearly three-hour forum, which the task force decided to host after complaints that its regular meetings are held in private, would be nothing more than frustrated fans blowing off steam.

That was mostly the case, with an estimated 400 fans rallying outside in the Qualcomm Stadium parking lot.

Many of those who spoke during the forum, held inside one of the stadium’s upscale club lounges, showed strong knowledge of the challenges facing the task force and offered detailed advice.

Task force meets with builders of Petco Park

One day after holding a public forum to solicit advice from San Diego Chargers fans on a new home, the mayor’s stadium task force met March 3 with the builders of Petco Park, who have also proposed a downtown football facility.

The meeting with representatives of JMI – former Padres owner John Moores’ real estate company that oversaw the ballpark district’s upscale club lounges, showed strong knowledge of the challenges facing the task force and offered detailed advice.

The oldest vessel in the U.S. academic research fleet, R/V Melville, was docked at the Broadway Pier in downtown San Diego. Scripps Oceanography Institute recently retired the ship.

Scripps bids farewell to old reliable Melville

By THOMAS MELVILLE | THE BEACON

Old ships, unlike old soldiers, don’t just fade away, they’re sold away, to foreign navies for more years of service, or to manufacturers for scrap. The fate of the research vessel Melville will likely be the same, but it had a long and fruitful life with Scripps Institution of Oceanography; which has retired the ship from its ocean-going fleet after 46 years of service.

What can you say about a boat that has traveled more than 1.5 million nautical miles and seen everything? Is there a gold watch that could fit around it?

Scripps decided to give R/V Melville a proper sendoff on Feb. 21 at the Broadway Pier in downtown, not only to showcase its four decades of global ocean exploration by building an open house for the public but to also give former crew members a chance to visit the vessel one more time.

“I’ve been on about 80 expeditions over a career of almost 50 years, but the two cruises on the R/V Melville were both unique and inspiring experiences,” said Robert Embry, a marine geologist/geophysicist with NOAA.

The ship served the U.S. scientific community as a shared-use research vessel, which allowed access for scientists throughout the country. Melville was a jack-of-all-trades and master of them all – chemistry, physics, acoustics, geology, geophysics, atmospheric science, and biology.

The global-class ship compiled 391 research cruises since 1970, crossed the Equator more than 90 times, and averaged 284 operational days per year. Oh yeah, it was also cut in half in the 1980s.

“We began planning for a minimalist refit of Melville in the late ’80s,” said Rob Knox, physical oceanographer, and former head of Scripps Oceanography ship operations.

“The propulsion system caused sound, which could interfere with sonar. It was decided the propulsion system had to be changed. But how?”

A naval architect proposed cutting the ship in half and lengthening it by 14 feet, which would allow space for a new propulsion system. Scripps agreed. The ship was brought to the naval shipyard where a huge crane lifted it out of the water and put it on blocks. Then they pulled it apart and, through a precise process, added the new propulsion system.

“It was an even better ship when it went back into service,” Knox said.

R/V Melville often spent years away from San Diego, working in remote and extreme conditions. In 1987, during the Helios I expedition in the south-central Pacific to trace deep flowing currents along the seafloor and to collect geological specimens, including volcanic rock, the ship traveled over an erupting underwater volcano, the MacDonald Seamount, previously thought to be extinct.

“I was on the bridge and noticed that the water ahead looked like it was boiling,” said Eric Buck, Scripps Oceanography port captain and the former captain of Melville. “The ocean went from clear blue to looking like chocolate.”

Buck called chief scientist Harmon Craig to the bridge, and Craig decided they needed to take samples. “We didn’t know if it was safe to take the ship into that, but we cautiously maneuvered into the area and were able to take samples for 24 hours,” Buck said.

That night, the ship was hit by shock waves caused from colliding steam bubbles generated from the volcanic eruption. “It sounded like someone was underneath the ship hitting the keel with a sledgehammer,” Buck said.

Traveling over this volcanic hotspot enabled researchers to learn more about how islands are created and how old they are. R/V Melville took many similar expeditions as part of Scripps’ century-long history to fully explore the oceans for the benefit of society and the environment.

But now it’s time to say goodbye.

Scripps will remain as caretaker for Melville in San Diego while its owner (U.S. Navy) resolves the disposition of the ship. The Navy has offered the ship for foreign military sale and expects it to be sold later this year.

The last major vessel retired from Scripps was R/V Thomas Washington, which was transferred to Chile, where it served for many more years as an oceanographic research vessel named R/V Vidal Gormaz.

“I’ll always remember the remarkable research cruises I spent aboard Melville,” said Bruce Applegate, geologist. Scripps Oceanography associate director and head of ship operations. “It’s a terrific ship that had outstanding mariners and technicians.”

City Council’s Zupp and Cate work on fixing rental laws

BY LORIE ZAPF | VICE S.D. EDITOR

Tourists have tens of thousands of options to consider when they visit San Diego – and many of the newest ones aren’t in traditional hotels or in parts of the city with lots of spare hotel rooms.

The city’s now home to more than 3,100 short-term rentals registered on Airbnb, and more than 1,100 are in the San Diego neighborhoods of Pacific Beach (395), Mission Beach (310), La Jolla (256), Ocean Beach (140), and Point Loma (61), according to San Francisco-based Beyond Pricing, which optimizes pricing for short-term rentals and Airbnb hosts.

Though it’s economy relies heavily on tourism, San Diego doesn’t have rules on the books that directly address vacation rentals.

City Councilman Chris Cate and Councilwoman Lorrie Zupf want to change that. Cate plans to propose new city rules clarifying that San Diegans can rent out their homes or individual rooms for up to 30 days, and give those who do a handfull of new mandates.

Among those requirements would be to have vacation rental hosts – whether they use Airbnb or another service – post contact information for a local person who could handle guests’ complaints and list their city tax certificate number on websites where they advertise their property.

Cate’s proposal would also allow the city to reach an agreement with Airbnb or other vacation rental platforms to have those companies collect and remit those taxes, an option he said the city’s current rules don’t allow.

Cate’s measure also aims to give the city more room to police hosts who allow more than a dozen guests to stay in a single apartment or home, a practice that angers homeowners in some beach communities.

Zupf chairs the City Council’s land use subcommittee, announced earlier this month she would hold an April hearing to discuss updating the city’s outdated vacation rental laws.

Zupf said many of her constituents in Pacific Beach and Mission Beach – the two city neighborhoods with the highest concentrations of Airbnb rentals – have been asking about unruly visitors and homeowners who have converted their properties into full-time rentals.

“San Diego just living imagine next door and the constant rotation of people coming and going,” said Zupf.

“Some Pacific Beach residents who voiced concerns at a recent town council meeting were “near tears,” she said.

TEXTING
CONTINUED FROM PAGE 16

“It’s just not worth it to screw around when you’re driving.”

Start Smart participants also received information on San Diego’s Social Host Ordinance: “That law holds party hosts responsible when there’s underage drinking at parties,” said Karen Lenyoun of the North City Prevention Coalition. “Several moms and dads stayed after the Start Smart class to find out more about the law,” Lenyoun said. “They asked about preventing other problems besides drunk driving – that stem from underage drinking.”

The class is just part of Point Loma High’s unique program for new drivers. “The school forms a parent committee each year dedicated to organizing and developing the safe driving curriculum,” said Conni Campbell, professor of education at Point Loma Nazarene University. “The parents researched available programs and Start Smart is our initial offering.”

The students took an on-line survey before and after the session to measure their perceptions and attitudes. “Later in the school year the same students will participate in a different follow-up program,” Campbell said. “It’s designed around a ‘close to home’ Point Loma community tragedy that the students may more closely identify with.”

After that, the students will take the survey a third time. Campbell says the researchers will measure whether students’ attitudes and perceptions were changed by Start Smart and by the follow-up program. And finally, whether student behavior and choices were in fact changed by the overall curriculum.

“There will be another session at Point Loma High on April 9. Parents can look for details in the regular e-mail messages from the school.”

Anyone interested in bringing Start Smart to other schools may contact Karen Lenyoun at klenyoun@aysandiego.org.

Nike Tennis Camps at USD

Come join the fun and get better this summer at the Nike Tennis Camps at University of San Diego. Directors Bill and Shelly Scott, and USD Head Women’s Tennis Coach, Sherri Stephens, along with their experienced staff, have another amazing summer lined up with fun both on and off the court! With five weeks of junior overnight and day camps for boys & girls ages 9-18 of all ability levels, and a special High School program during the last week, there is a camp option for everyone! Highlights include: 5-6 hours of daily on-court instruction, a Nike Tennis Camp t-shirt, and fun evening activities for overnight campers. Camps run throughout June and July, registration is currently open. See you on the courts this summer!

Nike Tennis Camps USD
1-800-645-3226
www.ussportscamps.com/tennis

The YMCA offers three “Intentionally Awesome” properties in San Diego County, one in the mountains for summer adventures, one exclusively for horseback riding near Julian CA and one on the Pacific Ocean. Enjoy the overnight camp experience year round at YMCA Camp Marston, YMCA Raintree Ranch, and YMCA Camp Surf.

The YMCA offers a variety of programs designed to meet the needs of each camper. Every facet of the game is covered during the week at camp. Camper evaluation is at the discretion of the director and staff and placed in an appropriate skill level. Upon arrival, all participants are evaluated by the director and staff and placed in a program that addresses their own instructional needs. Our collection of camp directors includes some of the finest professionals and college coaches this country has to offer. They are joined on staff by other teaching and touring professionals, college assistant coaches, renowned high school coaches and former/current college players who serve as camp counselors. Email in Nike Golf Camp today and get better this summer!” 1-800-NIKE-CAMP

Visit www.ussportscamps.com for more information.

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The YMCA provides a creative camp environment where kids will develop friendships with peers, enjoy a sense of accomplishment through trying new things, and create a sense of belonging. Each day at camp is filled with new and exciting opportunities to learn, grow and have fun! Campers will enjoy a sense of accomplishment as they climb a little higher, laugh a little louder, and share stories of their successes. Join us at camp for a summer to remember!

www.ymca.org or peninsula.ymca.org.
It’s no secret worldwide that San Diego has a particularly vibrant music community. As such, it comes as no surprise that many performers from around the globe have relocated here. Such is the case with rock and folk group Sister Speak.

The band comprises core duo singer/songwriter Sherri-Anne and drummer Lisa Viegas, both arriving in San Diego from British Columbia, initially for school. Instead the two have ended up amongst the city’s most popular performers, in the process scoring a “Best Pop Album” nomination at the 2015 San Diego Music Awards for their album “Rise Up For Love.”

The catalyst was a Missy Higgins concert by the artists I listen to and jam with,” she said. “I am usually inspired greatly with the lyrics, melodies and basic song structures. Well, really life writes them,” she said.

With the songs and connecting through them.”

That said, one recent cover tune has made an impact. “I do love to perform Nirvana’s ‘Smells Like Teen Spirit.’ We made an impact. We limit the amount of covers we play to focus on sharing our original songs and connecting through them.”

Sherri-Anne agrees. “I am motivated by the energy to do it will come.”

“I couldn’t stand being in the crowd all the time. I wanted to be on stage, to connect with others and possibly bring a similar buzz and light to people’s lives, in the way Missy Higgins inspired me. It occurred to me that life is too short to waste any more time. Pretty much overnight I started booking shows and touring.”

While her family has been supportive, Sherri-Anne admits it probably took them a bit of time to get used to her musical career. “At first I think my family thought I was a little crazy and a dreamer,” she said. “(But) they have been supportive all along in whatever way they could be. With the momentum that has built up recently, they are all pretty excited,” she said.

Though Sister Speak is most often seen as a duo, for select gigs, the band expands to a four-piece with bassist Jacob (Cubby) Miranda and either lead guitarist Tolan Shaw or Meir Shitrit. “For big shows it’s incredible to have the full band and vibe with that energy,” Shaw said. “I love being able to let my hair down and express myself on the drums as well. ’I love being able to let loose and express myself on the drums and the energy with our band members. It’s just so much fun,'” she said.

Viegas gives the edge to full band shows as well. “I love being able to let loose and express myself on the drums and the energy with our band members. It’s just so much fun,” she said.

Sherri-Anne is the primary writer of the group, with the other band members contributing their parts. “I come up with the lyrics, melodies and basic song structures. Well, really life writes them,” she said. “I am usually inspired greatly by the artists I listen to and jam with, major life events and concerts.”

She notes that for certain shows, such as their Humphrey’s Backstage Live appearances, they do occasionally play covers. “We limit the amount of covers we play to focus on sharing our original songs and connecting through them.”

That said, one recent cover tune has made an impact. “I do love to perform Nirvana’s ‘Smells Like Teen Spirit.’ We will be releasing a recording and video of this song in the next couple months,” she said.

This year will find Sister Speak back on the road, with a new live in-studio EP recorded at Pacific Beat Studios in Pacific Beach with Grammy winning producer Alan Sanderson due this spring. The pair acknowledges the music business is tougher than ever but are more than happy to put in as much effort as it takes to build up their fan base.

“It is possible to make a career out of doing what you love,” Viegas said. “And whatever field that is in requires a lot of work.”

Sherri-Anne agrees. “I am motivated by a commitment to connect with humanity through music. That keeps me going,” she said. “If your heart’s behind something fully the energy to do it will come.”
Point Loma hostel earns sustainability award

Hostelling International (HI) recently announced the 2014 winners of its annual HI5ives competition, which recognizes outstanding hostels in its global network of more than 4,000 hostels in 91 countries. Among the winners was HI San Diego, Point Loma, which took home the designation as the No. 4 Green Hostel in the World.

HI San Diego, Point Loma welcomes more than 6,000 visitors from around the world each year and is dedicated to responsible tourism. The hostel is part of Hostelling International USA (HI USA), a nonprofit organization with a mission to create a more tolerant world, which also has a commitment to the triple bottom line. HI San Diego, Point Loma has taken the following extra steps to better serve the City of San Diego, Point Loma:

- Utilizing carpet squares made from recycled and recyclable materials;
- Mandatory staff training on green practices;
- This award is a huge honor and testament to HI San Diego, Point Loma's longstanding commitment to the environment," said Sue Schaffner, HI USA southwest regional vice president. "And we couldn't be more pleased to bring a global spotlight to this unique San Diego neighborhood."

Additionally, HI USA was named the No. 1 Best National Association in HI's worldwide network: Two other hostels, HI Martha's Vineyard and HI Hyannis, also took home a combined six awards.

HI San Diego, Point Loma, is part of the Hostelling International USA nationwide collection of hostels. HI USA is a nonprofit member organization founded on an enduring belief in the power of travel to foster a deeper understanding of people, places and the world. Around their mission is to promote a dynamic community of global citizens who have the wisdom and humanity to actively make the world a better place. HI USA hosts more than 1 million overnight guests annually, with guests from more than 100 countries. Visit www.hiusa.org for more information.

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Sun 1-4pm  3614 Admiral Dr  3BR/3BA  $1,159,000  Lorelai Silk • 619-804-6063
Sun 1-4pm  3419 Charles St  3BR/2BA  $980,000  Erica Dent • 619-581-4803
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Sun 1-4pm  300 Playa Del Sur  4BR/4.5BA  $2,995,000  The Reid Team • 619-396-4033
Sun 1-4pm  6397 La Jolla Scenic Drive South 6BR/7.5BA  $3,950,000  Susana Corrigan & Patty Cohen • 619-229-8120
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4945 Mar Av., San Diego, CA 92107
Offered at $795,000

This two story, 3 bedroom, 2 bath house sits on a large lot zoned for 3 units. Refurbished hardwood floors. New windows. 200 amp electrical service. Parking for 3 cars. Large landscaped backyard. Short walk to Dog Beach. Located in the heart of OB, just a short walk to the ocean, beaches, shopping and entertainment.

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Home
where your life happens

It’s so much more than just a roof over your head.

Home is where family bonds are formed, goals are shared, dreams are realized, and memories are made.

We understand the importance of your home being the center of your life. Because we also dream big, and create unforgettable moments with family, friends and the local community.

When it’s time to buy or sell, reach out to one of our local agents at bhscalifornia.com. It’s the first step in finding the perfect home for your life to happen.

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