Seal advocates held a press conference recently at Children’s Pool to endorse 10-year renewal of the rope barrier — and seasonal closure of the beach — at the La Jolla landmark.

It was no accident the conference took place on May 15. That was the last day of the Dec. 15 to May 15 annual closure of the pool, and institution of the rope barrier, to protect harbor seals during their pupping season.

The California Coastal Commission is expected to vote during its June meeting in San Diego on whether to grant the City of San Diego’s application to allow a 10-year extension of the seasonal rope barrier separating humans from pinnipeds at the pool.

Shared-use at Children’s Pool has been a contentious issue for more than a decade pitting animal rights advocates against beach-access proponents. The battle between the two sides has turned ugly at times. Seal advocates once used bullhorns to warn people away from seals.

Group seeks seal of approval for rope barrier at Children’s Pool

Aerial view of the Children’s Pool in La Jolla. Ryan Short / Village News

San Diego County Fair kicks off today and runs through July 4

University City girls track team wins CIF championship

SEE PAGE 29
Grant of $38,860 to help restore historic Princess Street Coastal Access Trail

A $38,860 seed grant has been awarded to the Environmental Center of San Diego by the California Coastal Conservancy to restore the historic Princess Street Coastal Access Trail in La Jolla.

We are thrilled to have the support of the Coastal Conservancy. We will work with urgency to honor the decades-long efforts of local coastal-access advocates that has yielded this important victory," said Heatherington said SIBLO, Inc., a San Diego multi-disciplined firm founded in 1967, which specializes in urban and land planning, civil engineering and land surveying, staked out the trail initially last October to mark the trail footprint. "The Urban Corp will go in next to brush cut to six inches, which will allow SIBLO to come back in and do a topographical survey," said Heatherington. "Phase One Design will then do the design once the topographical survey is completed."

The CCC is only for the project’s first phase. "Once we have a design for the trail, we will start fund raising and grant writing for its completion," said Heatherington adding ECOSD will partner with the San Diego Chapter of the Surfrider Foundation for preservation and oversight of the access trail.

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"We are thrilled to have the support of the Coastal Conservancy. We will work with urgency to honor the decades-long efforts of local coastal-access advocates that has yielded this important victory," said Heatherington said SIBLO, Inc., a San Diego multi-disciplined firm founded in 1967, which specializes in urban and land planning, civil engineering and land surveying, staked out the trail initially last October to mark the trail footprint. "The Urban Corp will go in next to brush cut to six inches, which will allow SIBLO to come back in and do a topographical survey," said Heatherington. "Phase One Design will then do the design once the topographical survey is completed."

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Later phases for the trail-resiliency project are to include fundraising, construction, completion, and a Native American blessing of the trail before it is opened.

The Environmental Center, in partnership with the San Diego Chapter of the Surfrider Foundation, will maintain and monitor the trail and landscaping upon completion.

The trail has been the subject of a 40-year long effort by the La Jolla community and CCC to protect and restore the trail that had been used since the early 1900’s as a path to the beach by fisherman, skin divers and surfers. "All year of effort by the La Jolla community and the California Coastal Commission, I look forward to seeing people using the trail again," said coastal-access advocate Anthony Ciani.

The trail project is endorsed by numerous community organizations including the San Diego Chapter of the Surfrider Foundation, La Jolla Park & Beaches, WindanSea Surf Club and the La Jolla Dive Club.
LA JOLLA: Awe-Inspiring Views from High on the Hill. REDUCED! 4bd/2.5ba. 3,097 sf. $1,995,000.

DOWNTOWN: Pacific Gate Luxury Penthouse Living. Agent: Natalie McGhie. 38th Fl 3bd/3ba. 2,450 sf. $2,995,000.

OPEN HOUSE: 5366 La Jolla Blvd #301C Sun 1-4pm
LA JOLLA Bird Rock: Top Floor unit w/sweeping ocean views. REDUCED! 2bd/2ba. 1,435 sf. $1,295,000 - $1,349,000.

OPEN HOUSE: 3940 San Gregorio Way, 92130, Sun 1-4pm
CARMEL VALLEY: No Mello Roos Fees. REDUCED! Agent: Lenna Doyle. 5bd/3ba. 2,804 sf. $1,295,000.

LA JOLLA: Detached Townhome w/18-ft vaulted ceilings. REDUCED! 3bd/2.5ba. 2,046 sf. $1,695,000.
PARKLAND SHOOTING SURVIVORS TO DISCUSS GUN VIOLENCE

Parkland shooting survivors and March For Our Lives activists Sofie Whitney and Brendan Duff will discuss gun violence at 5 p.m., June 6 at the Lawrence Family Jewish Community Center, 4126 Executive Drive. The event is free to attend and will cover how they have turned their rage and sorrow into activism by organizing one of the largest youth-led movements in global history. For more information, visit fjcc.org.

ENVIRONMENTAL DOC AT SUMNER AUDITORIUM

“Dispatches from the Gulf,” a documentary narrated by Matt Damon, will be shown at 7 p.m., June 12 at Sumner Auditorium, 8595 La Jolla Shores Drive. The event is free to attend and sponsored by the San Diego Chapter of the American Cetacean Society. Free. Street parking only.

LYFORD APPOINTED TO COMMISSION ON AGING

Shelley Lyford, the president and CEO of nonprofit, nonpartisan West Health, has been appointed to the California Commission on Aging by the Senate Rules Committee, with President pro Tempore of the California State Senate, Toni Atkins, leading the appointment as chair of the committee.

Lyford has been the chief executive at West Health for four years and has led Gary and Mary West’s philanthropic endeavors to lower healthcare costs and improve care for seniors since its inception in 2006. Under her guidance, the Gary and Mary West Foundation awarded $518 grants totaling more than $211 million for healthcare research.

2018 Crime Statistics Show Increase in Auto Thefts, Rapes; Decrease in Homicides

Last year, 35 homicides occurred in the City of San Diego – tying the same number of murders that took place in 2017, according to crime statistics that were recently reviewed by the City Council.

Contrast that with 1991 when 167 murders were committed in San Diego, according to city records, an all-time high.

Seventh District Councilmember Scott Sherman told Police Chief David Nisleit that 35 homicides “Chicago could do that in a week.”

First District Councilmember Barbara Bry looked up Chicago’s statistics during the meeting and said Chicago had accumulated 530 murders within the last year.

Fifth District Councilmember Mark Kersey asked the police chief if future crime reports could include the crime rates in comparison to other large cities. Nisleit said he would do that.

Council President Georgette Gomez noted the report was informational only, so no vote was taken.

Nine homicides took place in 2018 in Point Loma, Old Town, and Midway District, according to the report, which listed them from the police department’s Western Division. Two murders occurred in Pacific Beach.

Chris Haley, a crime analyst and the manager of information services for the police department, told the City Council that San Diego is “the safest big city in the United States.” Haley said some of the crime rates easily compare to rates in the 1990s.

The report states 21 of the 35 homicides involved a firearm, which is 60 percent of the total. In 2017, 13 murders involved a firearm, which is 57 percent of the 35 slayings.

There were 605 rapes and sexual assaults reported in 2018, which is an 8.2 percent increase over 2017 when 559 were reported. The 605 rapes were the highest number ever reported in the city.

Vehicle thefts increased in 2018 by 47 thefts citywide to total 5,182 cases occurred as compared with 5,139 domestic violence complaints in 2017. The report said 174 knives were used in 20.8 percent of the cases as compared with 37 firearms in 2018.

The reasons homicides keep decreasing vary. Most officials like to credit passage of the three strikes law in the late 1990s in which an offender who gets a third violent felony will receive a 25 years to life sentence in prison.

Advancements in medicine and increased response time to wounded victims can also account for less homicides.

The lowest number of murders in San Diego since 1950 occurred in 1953 when seven people were killed, according to city records.

There were no statistics about bicycle thefts.

Forty-one hate crimes were reported in 2018 – tying the same amount as in 2017. Twenty-two hate crimes were reported as occurring to the victim’s ethnicity, with 13 happening due to perceived sexual orientation. Six were committed against someone due to their religion.

Domestic violence cases dipped by 4.4 percent. Police said 6,823 cases occurred as compared with 7,139 domestic violence complaints in 2017. The report said 174 knives were used in 20.8 percent of the cases as compared with 37 firearms in 2018.

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READ MORE ONLINE AT sdnews.com
Estancia La Jolla Hotel & Spa celebrates 15th anniversary, partners with Feeding San Diego

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

Estancia La Jolla Hotel & Spa is celebrating its 15th anniversary by bringing light to one of San Diego’s most prevalent issues: food insecurity.

The luxury resort recently announced that it was partnering with Feeding San Diego, a nonprofit organization that provides hunger-relief programs to 63,000 local children, families, and seniors every week. Throughout June, Estancia La Jolla will add a $1.50 donation to all lunch and dinner diner checks at the hotel’s Mustang and Burros restaurant.

“I feel like this is a great opportunity to shine a light to one of San Diego’s most prevalent issues: food insecurity. It’s a move that, according to Estancia La Jolla’s marketing manager Sarah Abelsohn, both highlights the resort’s milestone and brings awareness to an important cause. It is the first time Estancia La Jolla has partnered with Feeding San Diego. “It’s a really great anniversary to celebrate, and it happened to fall in the month of June which is also national Hunger Awareness Month,” Abelsohn said. “So we felt that since we have so many restaurants on property that it would be a great opportunity to shine a light on a community issue.”

In addition to the donation, Estancia La Jolla has other promotions to celebrate the anniversary. The “Estancia Experience” cocktail (made with You & Yours Sunday Gin, lime juice and a basil syrup infusion) and a limited-time anniversary massage and facial called the “Estancia Glow” will be available during June. Guests can also enjoy 15 percent off any hotel bookings.

“To make it to 15 years is pretty great, especially in the hospitality industry,” she said. “In San Diego, there are so many hotels always popping up, so I think it is a true testament to our service. We always talk about what is the most pertinent thing that we can give our guests, and it’s really making their time valuable because time is so limited these days and we all have so much going on. If a guest chooses to come here and gives up their precious time, we want to make sure everything is outstanding.”

And because so many residents use Estancia La Jolla’s spa facilities and come to the resort’s events, giving back to the neighborhood is just as essential. “It’s really important to stand in solidarity,” Abelsohn said. “We feel it’s our responsibility to be great stewards to our community.”

For more information about Estancia, visit heritagecollection.com/estancia-la-jolla.

RELIANT FUNDING
EXPANDS IN LA JOLLA

Reliant Funding, a small-business finance provider, recently expanded its headquarters to encompass an extra 20,000 square feet. The company now occupies the entire second floor at 9540 Towne Centre Drive in La Jolla.

With the new addition to its headquarters, Reliant Funding announced that it plans to bring on more employees. The larger office provides an open concept with both cubicle seating and interactive benching seating for the company’s departments. The new office also provides two breakrooms, a game room and multiple meeting spaces.

BNI LAUNCHING
LA JOLLA CHAPTER

Business Network International will be launching a new La Jolla chapter, BNI Ranch and Coast. The chapter will be led by Joy Bender of Compass who will act as president of BNI Ranch and Coast for 2019. The BNI Ranch and Coast will meet each Tuesday at The Lot in La Jolla, 7611 Fay Ave. For more information, visit bnsid.com.

Design Within Reach Opens in La Jolla

Design Within Reach will celebrate the grand opening of its new La Jolla store from 10 a.m. to 7 p.m., June 1 at Westfield UTC, 4306 La Jolla Village Drive.

One of the largest authentic modern furniture retailers in the world, Design Within Reach’s new store will feature more than 14,000 square feet of authentic modern furniture. The all-day grand opening extravaganza will feature refreshments, giveaways, and more. For more information, visit dwr.com.

COURTESY PHOTO

Estancia is celebrating its 15th anniversary in June.

INSIDER SECRETS TO GET TOP DOLLAR FOR YOUR HOME

SAN DIEGO. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you’ll want to sell your home for the highest price in the shortest time possible without compromising your sanity.

To assist home sellers, a new industry report has just been released called “27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar.”

In this report you’ll discover how to avoid financial disaster when selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0761 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

To order your free special report NOW, call 800-276-0761, enter 1023, and follow the recorded instructions. You can also order your report by visiting Home Sold Fast and for Top Dollar.

OB STREET FAIR
AND CHILI COOK-OFF

JUNE 22, 2019 • 10AM-8PM

FOUR STAGES OF MUSIC • 30 BANDS
HUNDREDS OF FOOD & MERCHANDISE VENDORS
COMMUNITY MURALS • BEACHSIDE BAR • ARTISTS ALLEY
KIDS FUN ZONE • DIRTY BIRDS WING EATING Contest
CHILI COOK-OFF COMPETITION • 11AM TO 2PM
HODAD’S BURGER EATING Contest
LEARN AN INSTRUMENT WITH ROCK N’ ROLL SAN DIEGO
FREE SHUTTLES & BIKE VALET

FOR MORE INFORMATION VISIT OCEANBEACHSANDIEGO.COM

FREE
Most homeowners are looking for ways to upgrade their home décor quickly and dramatically. One of the most overlooked pieces of home décor are the window treatments, which can alter your interior design more than you may realize. Take a look at these tips to see how you can update your home without compromising your style.

A Stylish Upgrade

Drapery is an easy way for any homeowner to layer onto existing window treatments bringing new life to an old look. It can also stand on its own and adds visual warmth and texture to any room. Drapery brings a variety of visual aspects to the space.

Energy Efficiency

Homeowners are always on the lookout for ways to save money, and the monthly gas/electric bill can be a sore spot. Start saving with window treatments that keep your home well insulated. Drapery is great at controlling the amount of light that enters a room. During the summer, light entering a home will heat the interior and cause the energy costs to rise. Closing drapes during the day can reduce those costs because drapery acts as an additional layer of insulation. Drapery also acts as a barrier from the outside temperature during the cold winter months. No matter the season, drapery is the perfect way to help keep you comfortable inside, regardless of what the weather is doing outside.

Privacy

Sometimes, privacy can be an afterthought until you look out your window and see someone else looking back at you. Having control of who is seeing into your home is something that you need to account for. Before you say your windows are private enough, think about them at night. Once the sun goes down, and it starts to get dark, any light on in your home makes it easier to see in. With light filtering options you can determine the level of light entering or leaving your windows, allowing you to be able to see out without unwanted eyes peering in. Because of the variety of fabrics available, drapery is a stylish way to keep your home to your eyes only.

3 Day Blinds has hundreds of drapery options to choose from. 3 Day Blinds also offers a wide variety of blinds, shades and shutters and all of the window treatments are 100% custom so you get the look and feel you want. If you or someone you know is looking for the home upgrades new window treatments can give you, call (858)875-5969 or visit www.3dayoffer262.com to schedule your free in-home design consultation.
La Jolla Barber Shop
Haircut, Fade, Shave and Shampoo

Adults $16
Children $14
...and Thank You for your business
Vuong Do
Mon to Sat: 10 AM to 5 PM
Sun: 10 AM TO 3 PM
Tel: (858) 459-5792
7760 Fay Ave #F La Jolla

BMW and Mini Service
BMW Parts and Restorations
No Appointment needed for oil changes

www.bimmerdoc.com
5535 La Jolla Blvd.,
San Diego, CA 92037
(858) 488-1555

Submit a ballot for a chance to Win Dinner for Two ($100 value) at one of the La Jolla’s fine restaurants.

ENTRY RULES: You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing. Vote online at: www.sdnews.com Please complete at least 40% of the ballot. One ballot per person. Ballots must be submitted online by August 16, 2019

Vote online at lajollavillagenews.com

FEATURED BUSINESS:
United Studios of Self Defense University City

USSD is the largest martial arts school in North America. Since 1968, our students have studied USSD’s unique system of Kempo-style martial arts from the finest instructors in the United States. From the earliest beginnings nearly 2000 years ago, the martial arts have been steeped in tradition. Nowhere else will you feel that sense of rich history than at a USSD studio.

A Professional Program to Fit Every Need!

Whether you’re a beginner or experienced martial artist, United Studios of Self Defense has a program to fit your needs. Men, women and children of all ages and professions participate in our Private & Group Training Programs. Get started today and take advantage of 2 free weeks!

Yours in the Arts, Sensei Jarod
United Studios of Self Defense
3218 Governor Drive
University City, CA 92122
(858) 550-9079
ussduniversitycity.com/
New La Jolla custom furniture business will create the perfect piece for your space

Imagine this: you’ve found a couch you love, but it’s too big for your living room, or too small for your office, or the color doesn’t quite match the palette in your den. While that might have been a deal breaker in the past, a new La Jolla business is making it easier to find the perfect couch—by creating it.

Sofa A La Carte’s co-owner Arsen Kirakosyan opened up shop at 7607 Girard Ave., in 2018 after working in the custom furniture business for 45 years. “It’s a family business,” he said. “Our first store opened in San Francisco in 1999. I opened another store in San Francisco in 2000 and then another one in Las Vegas.”

Currently, the only Sofa A La Carte is in La Jolla. Kirakosyan said he chose the location because he believed it fit the tastes of the people who call it home. “This product is the right product for this area,” he said. “The customer can pick the style, have it made in any dimension that they wish, the number of seating cushions, pillows, everything. And we can make the sofa to those specifications.”

Beyond sofas, Kirakosyan also said he does chairs, couches, sectionals, and ottomans as well as upholstery services. Typically, customers ask for pieces to fit the more unique features of their homes, like U-shaped walls and small rooms. “Possibilities are endless here,” he said. “It’s more convenient with us because the waiting time is very short. It’s only four weeks max. People like to go to showrooms, sit on a particular sofa and then buy that sofa, but the sizes could be in the way that they don’t exactly like it, or the fabric could be the wrong texture.

“Here, they can do the same thing. Sit on the style, feel it’s comfort and order it in the size and fabric that they want.” And Sofa A La Carte doesn’t charge for custom building. The price of the piece is based on the size and the fabric chosen.

“We’ve had a positive reaction. People like what we do and they like the styles that we have. A lot of people like the styles from other companies but because of the waiting time they come here, and they ask us to copy those styles,” Kirakosyan said.

For more information about Sofa A La Carte, visit lajollasofa.com.

Women with hair loss can have thick and healthy hair and look years younger!

Judy Judy Judy Hair Salon
7734 Herschel Suite P, La Jolla
hairextensionsoflajolla.com
858-456-2344
Call today to receive $200 off on your first full head of hair extensions!
As a coastal-community that welcomes throngs of tourists throughout the year, somehow La Jolla has maintained its original charm and neighborhood sensibility instilled early on during its days as an artists’ colony. In an area that champions both “mom-and-pop” businesses, as well as national and international businesses, firms, etc., for a merchant to have the opportunity find their niche is truly remarkable.

La Jollans are blessed when it comes to their ability in celebrating the arts at several world-renowned venues. Also, some of the finest dining experiences found in San Diego, and Southern California at large, are located within the confines of the bejeweled town. Seemingly a microcosm for the City of San Diego itself: historic, laid-back, dignified, forward-thinking and full of class, being “from La Jolla” (however that is distinguished) is a source of great pride to all.

One thing taken very seriously in this area, however, is dining. From pristine establishments utilizing farm-to-table principles, to local landmarks that aren’t going anywhere anytime soon, the La Jolla Village News has solicited public opinion as to recognize these culinary institutions in our 2019 Reader’s Choice Awards.

La Jolla’s Top Picks of 2019

La Jolla Village News
## Readers Choice Awards 2019

**Best Overall Restaurant**

Truluck’s

Truluck’s is an escape — a getaway for the senses. Savor the freshest crab, direct from the restaurant’s own fisheries. Truluck’s boasts: “From our traps to your table in less than 24 hours.” Enjoy the fresh-catch seafood menu or select tender, juicy steaks grilled to perfection. Then complement it all with delicious wines by the glass and bottle. Come early and enjoy cocktail hour from 4:30 to 7 p.m. daily and specially priced appetizers and drink menu.

Truluck’s at UTC Aventine 8850 University Center Lane (858) 453-2583

**Best Restaurant Service Truluck’s**

(See listing under Best Overall)

**Best New Restaurant**

The Winery Restaurant & Wine Bar

Focused on successfully pairing contemporary California regional cuisine, with a hip, sophisticated setting, to create a cutting-edge dining experience. When Partners JC Clow, William Lewis and Chef Yvon Gorce set out to deliver a culinary experience straight from wine country, little did they know that they would also earn the title of “Restaurateurs of the Year” for their achievements and have their restaurants in Newport Beach and Tustin earn the title of “Restaurant of the Year” multiple times!

The Winery Restaurant & Wine Bar 4301 La Jolla Village Dr, Ste 2040 (858) 230-7404 thewinerylajolla.com

**First Place Winners Profiles**

### WINNER

**Overall Restaurant**

**Overall Service**

**New Restaurant**

**Wine Selection**

**Seafood**

**Appetizer**

**Bakery**

**Bar**

**Beer Selection**

**Bistro**

**Breakfast**

**Cafe**

**Comfort Food**

**Catering**

**Coffee Shop**

**Comfit Food**

**Chinese**

**Chocolate**

**Chili**

**Dessert**

**Dinner**

**Family Restaurant**

**Fast Food**

**Fish & Chips**

**French**

**Espresso**

**Gelato**

**Greek**

**Grilled Cheese Sandwich**

**Happy Hour**

**Healthy Dining**

**Ice Cream**

**Indian**

**Italian**

**Japanese**

**Juice Bar**

**Late Night Eats**

**Latte**

**Liquor**

**Lunch**

**Margarita**

**Martini**

**Mediterranean**

**Mexican**

**Organic**

**Oysters**

**Patio Dining**

**Pasta Dishes**

**Pastries**

**Pantry**

**Pet Friendly Restaurant**

**Pie**

**Place to Go On A Date**

**Place To Go On A Budget**

**Place To Have A Birthday Party**

**Place To People Watch**

**Pizza**

**Pizza (ood Fired)**

**Prime Rib**

**Romantic**

**Sandwich**

**Seafood**

**Specialty Drink**

**Sports Bar**

**Sunday Brunch**

**Sushi**

**Thai**

**Tea**

**Tea Room**

**Wing Bar**

**Wine Bar**

**Wine Selection**

**Wine Shop**

**Fish Yogurt**

**Frozen Yogurt**

**Wine Shop**

**Wine Bar**

### SILVER

**Bronze**

**WINE SELECTION**

**WINE SHOP**

**WINE BAR**

**WINE**

### BRONZE

**WINE BAR**

**WINE SELECTION**

**WINE SHOP**

**WINE**

### BRONZE

**WINE BAR**

**WINE SELECTION**

**WINE SHOP**

**WINE**

## Readers were asked to cast ballots for their favorite choices. This was no simple task! With more than 70 categories, our businesses that do so much to make La Jolla, Bird Rock and University City such wonderful communities.
Best American (tie)  
**Draft Republic**

Located in La Jolla, across from UTC, Draft Republic is an American gastro pub offering a casual, friendly atmosphere and innovative cuisine. Draft Republic features a beer centric menu including favorites such as their Housemade Sausage Sampler, House Smoked Pulled Pork and the Draft Republic Burger. Guests can enjoy over 36 craft beers on tap plus housemade keg cocktails. Challenge friends to a round of ping pong, biliard, shuffle board or foosball. Don’t miss out on the food, fun and brews at Draft Republic.

**Draft Republic**
4282 Espanande Ct.  
(858) 450-1400

draftrepublic.com

**Nine-Ten**

(See listing under Best Chef)

### Best Appetizer

**Prep Kitchen**

Prep Kitchen has become part of the fabric of the San Diego food community. Prep Kitchen showcases a menu firmly rooted in mastery of cooking combinations, influenced by the surrounding neighborhoods and seasonal bounty of California. The menu consists of thoughtfully sourced products from artisans and farmers. Open seven days a week during lunch, social hour, dinner and Saturday and Sunday brunch. No matter the occasion the service is one of energy, well-honed enthusiasm and warm hospitality. Prep Kitchen

7556 Fay Ave.  
(858) 875-7737

prepkitchen.com

- **Best Atmosphere**

**George's at the Cove**

Make every day a special occasion – one that begins with a bounty of locally grown and harvested products and ends with inventive preparations that surprise and delight you. George’s is known for their ocean view dining room—contemporary yet comfortable, with an intimate setting where conversation comes easy. Let their knowledgeable staff serve as guides to the many exciting choices available.

George’s at the Cove
1250 Prospect St.  
(858) 454-4244

georgesatthecove.com

- **Best Bagel**

**Busy Bee's**

Busy Bee’s is the perfect place for a busy bee to stop by for a quick bite to eat. The service is fast and the prices are decent. While the bagel place is known for its bagel sandwiches and specialty bagels like the pesto bagel and sun-dried tomato bagel, it also offers a variety of other baked goods.

Busy Bee's
6851 La Jolla Blvd.  
(858) 456-2738

- **Best BBQ**

**Bubba’s Smoke House BBQ**

In 2009, Jeffrey Nicoletta, a Navy veteran turned restaurateur, and Ali Nicoletta, opened Bubba’s Smokehouse BBQ. Six years later, Bubba’s mouth-watering, fall-off-the-bone ribs are a smoking success! This family-friendly BBQ restaurant serves up Southern-style ribs, pork, tri-tip, brisket and chicken with lots of delicious home-style side orders. For those wanting lighter fare, Bubba’s offers hearty salads for a more healthful alternative. Southern BBQ? There’s Bubba’s, and then there’s all the others. Bubba’s Smokehouse BBQ

888 Prospect St.  
(858) 551-4227

bubbaussmokehousebbq.com

- **Best Bakery**

**Sugar & Scribe**

**Bakery – Fine Food**

Home of Food Network Champion Chef Maeve, Sugar & Scribe is a quintessential La Jolla hangout. Featuring scratch-made breakfast and lunch, gourmet coffee bar, wedding and specialty cakes, catering, takeout and an award-winning bakery, Sugar and Scribe is a local favorite. Open daily 7 am. Sugar & Scribe

7640 Fay Ave.  
(858) 274-1733

sugarandscribe.com

- **Best Bar (tie)**

**Raised by Wolves**

Raised by Wolves is a cocktail-focused boutique with an exquisitely designed hidden bar. The retail space offers a carefully curated selection of fine spirits alongside vintage and procured spirits from the ranging from the 40’s, 50’s, and 60’s, as well as highly coveted, strictly allocated bottles from around the world. The bar serves specialty cocktails and will also host cocktail classes, pop-ups and guest bartender events. Raised by Wolves

4301 La Jolla Village Dr.  
#2030  
(619) 629-0243

raisedowolves.com

- **Voted Best Dessert**

**Michelle Coulon Dessertier**

Desserts and savory offerings are made from the finest ingredients: fresh local organic produce, only real butter, and Belgian chocolate. They take pride in creating spectacular wedding cakes and desserts appealing to the eye and tantalizing to the taste. They believe that everything they serve must be delicious as well as beautiful. Celebrating their 17th year in La Jolla!

Michelle Coulon Dessertier
Sugar & Scribe

1250 Prospect St.  
(858) 454-4244

georgesatthecove.com

Thank You

La Jolla Village News
Sweetened by the coffee and cake worth the weekend wait, which is mark granola are memorable and toast, healthful muffins and trade-gourmet omelets, stuffed French dinner on a sundrenched patio. The exceptional breakfast, lunch, and 1900s, The Cottage serves up an Columbine cottage built in the early Richard Walker's Pancake House Richard Walker points to his pan-cakes with no shortage of pride — he even mentions them in the name of his venue, and they're some of the best in the history of the universe. But maybe there's a change in the wind here — Richard's just won our paper's award for best omelet, and it's small wonder. These things are served seconds after they're plated, and they're made with a whopping four eggs. Cheese is a big item in these dishes too, because it goes so well with foundations like spinach and onions. Richard Walker's Omelet House — kind of a nice ring. Richard Walker's Pancake House 9090 Prospect St. | (858) 459-8800 richardwalkers.com

Best Breakfast (tie)

Beaumont's Eatery

(See listing under Best Live Music)

Best Burger (tie)

Burger Lounge

The folks at Burger Lounge don't just think burgers should taste great. They believe the common American meal should utilize healthy, sustainable ingredients as well. Burger Lounge's vision is evident at every turn — from the organic ketchup to the wild salmon burger topped with fried green tomatoes and BBQ glaze. While this premium burger joint has other divine splurges to indulge in like the fresh vegetable salad and onion rings.

Beaumont's Eatery

(See listing under Best Live Music)

Best Catering

French Gourmet

The Gourmet's traditional bakery stores throughout So. California. Meanwhile, sipping a cold brew at the La Jolla restaurant is of cultural importance!

Karl Strauss Brewery

1044 Wall St. | (858) 551-2739 karlstraus.com

Best Brewery

Karl Strauss Brewery Strauss brews and bottles its beer in a converted greenhouse just east of Pacific Beach. Don't fret -- La Jolla's can go here too, and in fact they shouldn't miss out on the freshness and flavor Karl Strauss has to offer. Strauss brews 30 beers each year with seasonal offerings and sends it to 2,500 bars, restaurants, liquor stores and grocery

Beaumont's Eatery

(See listing under Best Live Music)

Best Café (tie)

Living Room Coffeehouse

The Living Room has truly lived up to its name in La Jolla. The café has drawn young and old alike to sip tea, coffee and delectable smoothies in a homey ambiance furnished with antiques, coaches and wooden tables. Patrons find the communal atmosphere inspiring and relaxing; you'll find friends of friends smoking the hookah on the upstairs patio and others poring over books in the back. Enjoy scrumptious desserts along with wine, beer, cocktails and hookah tobacco. Enjoy the views from the second floor ocean view room and don't miss happy hour every day from 12-6 p.m. offering bottled & draft beer, wine, mimosas and well drinks Monday— all day! Try our daily special. Open late 'til 2 a.m. Celebrating 26 years.

Living Room Coffeehouse

1010 Prospect St. | (858) 459-1187 livingroomcafe.com

Richard Walker's Pancake House Richard Walker points to his pancakes with no shortage of pride — he even mentions them in the name of his venue, and they're some of the best in the history of the universe. But maybe there's a change in the wind here — Richard's just won our paper's award for best omelet, and it's small wonder. These things are served seconds after they're plated, and they're made with a whopping four eggs. Cheese is a big item in these dishes too, because it goes so well with foundations like spinach and onions. Richard Walker's Omelet House — kind of a nice ring. Richard Walker's Pancake House 9090 Prospect St. | (858) 459-8800 richardwalkers.com

Best Breakfast (tie)

Beaumont's Eatery

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Beaumont's Eatery

(See listing under Best Live Music)

Best Catering

French Gourmet

The Gourmet's traditional bakery stores throughout So. California.
is renowned for its outstanding French pastries. It’s also a showcase for full-service catering and wedding cakes, which many consider to be the best in the history of the universe. The selection of breads, breakfast pastries, cookies and cakes include the French Gourmet chocolate mousse and the strawberry bagatelle — layers of white sponge cake dabbed with syrup, filled with Bavarian cream and fresh strawberries and topped with a thin layer of marzipan. Wash it all down with an espresso drink or a glass of wine, or keep the experience moving with pâté, quiche or imported cheese.

French Gourmet
960 Turquoise St., Pacific Beach
858-929-1984
thefrenchgourmet.com

★★
Best Chef (tie)
Jason Knibb® Nine-Ten
NINE-TEN Restaurant’s evolving California cuisine features the best of the harvest from local artisan farmers where produce is selected daily. Lunch and dinner are served daily and Brunch every Sunday in the main dining room, sidewalk patio or back terrace with glimpses of the ocean.
Nine-Ten Restaurant & Bar
910 Prospect St. | (858) 964-5400
nineten.com

★★
Best Chocolate
Teuscher Chocolates of Switzerland
Teuscher Chocolates is located upstairs in the La Plaza La Jolla! Their first location in San Diego, the artisan chocolatier has been around for more than 80 years, and hails all the way from Switzerland; today, there are stores worldwide in five different countries. They boast a wide variety of delectable treats – from truffles to holiday gift boxes.
Teuscher Chocolates of Switzerland
7863 Girard Av, Suite 204
(858) 230-6337

★★
Best Chef (tie)
China Chef
For a taste of China in the middle of La Jolla, look no further than China Chef. This authentic little gem has a wide range of traditional fare like chop suey, noodle dishes, chef specialties to choose from and great deals on lunch specials from 11 a.m. to 3 p.m.
China Chef
623 Pearl St. | (858) 454-1368
lajollachinachef.com

★★
Best Chinese (tie)
Mandarin House
Mandarin House specializes in classic Chinese cuisine. They feature weekday lunch specials, delivery, and a full bar for their dine in customers. They are a San Diego favorite for dates, take out and large parties for over 42 years! You must try their signature Kung Pao chicken, popcorn shrimp or their hand made egg rolls and dumplings. From healthy and vegetarian to sweet and spicy, they have something for everyone. You can find them on La Jolla Blvd. at Windan Sea Beach.
Mandarine House
6765 La Jolla Blvd
(858) 454-2555
mandarinhouse@gmail.com

★★
Best Coffee Shop (tie)
Bird Rock Coffee Roasters
Bird Rock Coffee Roasters is proud to have put premiere, direct-trade coffee on the map in San Diego. BRCR has won multiple national and international awards for quality, taste, roasting and socially responsible practices, including, Bird Rock Coffee Roaster’s staff sources the best coffees in the world and directly from origin. Going beyond the perfect latte, Bird Rock Coffee Roasters has professional roasters on site and pour-over bars featuring seasonal offerings. Bird Rock Coffee Roasters engages in
Voted Best Ocean View

The Marine Room
Since 1941, one symbol has stood for the most exquisite dining experience in San Diego. The Seahorse symbol of The Marine Room has earned countless accolades. Critics have described its privileged setting on La Jolla’s finest beach and the thrill of being “eye-level” with the crashing surf at high tide. The culinary artistry of Executive Chef Bernard Guillas and Chef de Cuisine Ron Olivier has been called “world-class” for its devotion to fresh, prepared with the utmost care, and served with pride to serve the best green coffee, prepared with the utmost respect for those who produced it.

Bird Rock Coffee Roasters has six locations in San Diego. Since 1968, this family owned and operated business roasts coffee, bakes daily for all four of its locations from their Lucadia facility. Purveyors of freshly roasted coffee, fine imported teas and freshly baked goods, they take great pride in bringing you the freshest selection of single origin coffees and proprietary blends from around the globe.

Did you know the Pannikin has been serving San Diego county since 1968? This family owned and operated business roasts coffee and bakes daily for all four of its locations from their Lucadia facility. Purveyors of freshly roasted coffee, fine imported teas and freshly baked goods, they take great pride in bringing you the freshest selection of single origin coffees and proprietary blends from around the globe. The Pannikin has become a gathering place for coffee devotees, called Peetniks, and a magnet for other artisanal coffee roasters. The world’s first “foodies” congregated in the storefronts around Peet’s Coffee and the area soon had a name — The Gourmet Ghetto. Alfred Peet’s influence continued to grow as he inspired a new generation of coffee entrepreneurs, including the founders of Starbucks.

Peet’s Coffee
When Alfred Peet opened a small coffee store in Berkeley, CA, few noticed that it was brewing. But, Mr. Peet had other plans. By 1969, Peet’s Coffee & Tea had become a gathering place for coffee devotees, called Peetniks, and a magnet for other artisanal food crafters. The world’s first “foodies” congregated in the storefronts around Peet’s Coffee and the area soon had a name — The Gourmet Ghetto. Alfred Peet’s influence continued to grow as he inspired a new generation of coffee entrepreneurs, including the founders of Starbucks.
part of food preparation. These guys save the oceans – you guys save the money.

Rubio’s
7530 Fay Ave. | (858) 454-0068
rubios.com

Best Fish & Chips
Hennessey’s Tavern
(See listing under Best Wings)

Best French
Bistro du Marche
Bistro du Marché by Tapenade takes guests on a memorable culinary odyssey throughout France’s opulent and diverse regions. The comfortable and relaxed atmosphere of the dining room, patio, combined with a lively ambiance, resembles the turn of the century Parisian bistro. Under Chef Jean-Michel Diot and Chef Alain Delahaye leadership, Bistro du Marché’s cuisine selects fresh, local Californian ingredients and blends them with traditional French techniques and flavors. Bistro du Marché also includes an inspired cocktail list and an extensive selection of French and California wines.

Bobboi
Known for both its traditional and untraditional gelato flavors, Bobboi gelato is inspired by California yet rooted in the timeless gelato techniques of Italy. Its flavors are made from local, seasonal ingredients and the menu rotates constantly to reflect what’s available and in season. Artisanal versions of expected classic flavors are available, including pistachio, stracciatella and dark chocolate sorbet, but it’s the unexpected Bobboi signatures that stand out, from Matchatella (Japanese matcha tea and chocolate shards) to Rosehoney (organic honey and Lebanese rosewater). In addition to its own signature flavors, Bobboi also works with local chefs to create chef-driven collaboration flavors that will be on the menu at its locations and often find their way onto their menus.

Apollonia
Apollonia has been the destination of choice for La Jollans with an appetite for Greek delicacies. The restaurant has a handsome outdoor patio where shaded alfresco dining is delightful. Venture inside and you will find a charming ambiance in every dining room and in the beautiful lounge. Menu includes age-old favorites such as Dolmathakia and Moussaka, alongside some absolute surprises guaranteed to tantalize your adventurous curiosity. They also offer many heart-healthy items prevalent in Greek cuisine. Apollonia’s service is very friendly and as pleasant as the food.

Nine-Ten
NINE-TEN Restaurant’s evolving California cuisine features the best of the harvest from local artisan farmers where produce is selected daily. Lunch and dinner are served daily and brunch every Sunday in the main dining room, sidewalk patio or back terrace with glimpses of the ocean.

Piazza 1909
5 Awards/Voted Best Pasta & one of the top 3 Overall Best Restaurants in La Jolla. Most genuine Italian experience with Chef Stefano Ceresoli’s cuisine made from scratch. Featuring Pasta, Pizza, Seafood, and Gluten & Vegan Friendly options. Wine Bar, Brunch, Large Patios, and Dog Menu also available.
and you can feel great about! The Melt BB49 Villa La Jolla Dr, Ste 305 themelt.com | 858-926-7517 8849 Villa La Jolla Dr, Ste 305

R E A D E R S  C H O I C E  A W A R D S  2 0 1 9

Voted Best American

Draft Republic
Located in La Jolla, across from UTC, Draft Republic is an American gastro pub offering a casual, friendly atmosphere and innovative cuisine. Draft Republic features a beer-centric menu including favorites such as their Housemade Sausage Sampler, House Smoked Pulled Pork and the Draft Republic Burger. Guests can enjoy over 66 craft beers on tap plus housemade leg cocktails. Challenge friends to a round of ping pong, billiards, shuffleboard or foosball. Don’t miss out on the food, fun and brews.

(858) 455 - LEAN Order on-line at leanandgreencafe.com or download the app

Best Ice Cream
Cold Stone Creamery
Cold Stone Creamery — making mouths happy with gusto, happily creating fresh ice cream batches every day in store on their signature frozen granite slab. High-quality ingredients are mixed with your favorite candy, fruits or nuts, their made-to-order ice cream treats include tons of tempting flavors like Oreo Overload from their Signature line and Charro Caramel Creve from their Hot Stone selections. Ice cream cakes, dreamy shakes created from their signature blend with tasty mix-ins, fresh smoothies made with real whole fruit and low-fat frozen yogurt.

Best Indian
Masala Street
Masala Street represents a culinary journey through the flavors of India and through the excellence of Grand Master Chef Hemant Oberoi, one of India’s most legendary chefs and his son Saransh Oberoi. In an illustrious career spanning four decades, he has cooked for kings, queens and heads of state as well as Hollywood and Bollywood royalty. Experience a new era of Indian dining. “Cooking is like love, both home and Blue Ginger.

Best Juice Bar
Juice Crafters
Juice Crafters is a family owned juice bar which uses raw gourmet, 100% natural ingredients to prepare some of the most amazing freshly pressed juices in the world. Their signature powerhouse juices are perfectly designed for feeding your body the nutrients it needs and will leave you feeling lighter and happier than you have in years. Their signature powerhouse smoothies are perfect for feeding your body the nutrients it needs and will leave you feeling lighter after an amazing workout. They believe in the importance of providing natural holistic wellness and we have extracted nature’s medicine into our immunization juices. Additionally, you will find freshly made yummy juices that will suit anyone’s taste buds!

Best Late Night Eater
Living Room Coffeehouse
(See listing under Best Café)

Thank you for voting Daphne’s one of the best Greek & Mediterranean restaurants in La Jolla.

Thank you to our local Patrons for selecting us

The Readers Choice for
BEST ITALIAN
9 YEARS IN A ROW!

and a Favorite for Live Music and Pet Friendly

FRESH HOMEMADE PASTA
CATERING AVAILABLE!

Ask about Private Parties for Weddings, Rehearsal Dinners, Birthday Parties and other special occasions.

HAPPY HOUR 5-7PM SUNDAY - THURSDAY

LIVE MUSIC
Wednesday • Friday • Saturday

www.lupivinocucina.com • 858.454.6421 • 5518 La Jolla Blvd. La Jolla
Spot, or just a place where you can go and relax.

**Best Live Music (tie)**

**The LOT**

The LOT was inspired by and created for this neighborhood and honors the sea, art, culture, food, music, weather, and the people that make La Jolla so singular and inspiring. Customizing and creating the ultimate entertainment and lifestyle experience is their obsession. So, if you’re looking to host a private party, or maybe a company meeting and a mix of relaxation, luxury, and great food in an accessible location, the Lot is your choice. It is a place where you can learn about new ingredients like family. It is a place where you walk through the door is treated like family. It is a place where you feel at home and trust where the food came from and how it was prepared. It is a place that cares more about its team members, guests, and local vendors than it does about its profits.

Beaumont’s Eatery

Beaumont’s has become the focal point for nightlife in Bird Rock. Live local bands play on Thurs., Fri., and Sat. nights, and neighbors love that there is a live music option right down the street. The menu is exceptional and unique, and it offers a range of entries, from a juicy “Viking Burger” to grilled lamb and patatas bravas.

**Best Lobster**

**The Marine Room**

(See listing under Best Ocean View)

**Best Lunch (tie)**

**Prep Kitchen**

(See listing under Best Appetizer)

Mendocino Farms

Your neighborhood Mendocino Farms Sandwich Market is so much more than just a place to get a great sandwich. It is a gathering place for coworkers and friends, where each person who walks through the door is treated like family. It is a place where you can learn about new ingredients and trust where the food came from and how it was prepared. It is a place that cares more about its team members, guests, and local vendors than it does about its profits.

Mendocino Farms

8795 Via La Jolla Dr. | (858) 731-8130
mendocinfarms.com

**Best Margarita**

**Puesto**

Puesto scores big when it comes to Taco’s and Margaritas. “We have a new octopus taco with crispy pulpo, avocado, chipotle crema and handmade blue corn tortillas,” said GM Douglas McCallum, which encourages patrons to “visit our popular eatery for unique artisanal tacos on tacos, ceviches, margaritas and more in a bright and breezy eclectic dining room.” Don’t forget to check out Puesto’s Happy Hour, Taco Tuesday and the Taco Bar Saturday nights.

Puesto

1026 Wall Street | (858) 454-1260
eatpuesto.com

**Best Martini**

**The Manhattan**

Located inside the Empress Hotel, on Fay Avenue, Manhattan of La Jolla is a casual, elegant setting where you would expect to see Old Blue Eyes or Danny Ocean romancing a beautiful woman while she sips her martini over dinner. The restaurant, which was established more than 29 years ago is well known for its culinary excellence.

The Manhattan

7766 Fay Ave. | (858) 459-0700
manhattanoflajolla.com

**Best Mediterranean**

**Apollonia Greek Bistro**

(See listing under Best Greek)

THANKS READERS FOR VOTING US BEST:

**Café, Place to People Watch & Late Night Eatery**

Also a Favorite for Coffee Shop & Desserts

Celebrating our 26th Anniversary

Thank you for voting for us.

WINNER OF THE GOLD READERS CHOICE AWARD FOR BEST PATIO DINING & THE SILVER AWARD FOR BEST ITALIAN

2182 AVENIDA DE LA PLATA, LA JOLLA | PIATTI.COM/LAJOLLA | 858-454-1589

**Best Mexican Fast Food (tie)**

**Don Carlos**

(See listing under Best Burrito)

**Taco Stand**

Where’s the last time you had a custom-made taco? Usually, those things are one-and-done, with a particular size fitting all. Not here — here, you can pretty much make your own stuff, with (almost) all the guacamole you can stand. You can do the same thing in downtown Encinitas. Or you could go on a run between the three and see which is better. Chances are the quality’s set at the same high standard.
the freshest ingredients and high-
est quality spirits. Quench your thirst with a wide variety of Mex-
ican beers as well as a selection of locally crafted brews.

Best Courtyard
1037 Prospect St. | (858) 454-7655
joes.com

★
Best East Ocean View (tie)
The Marine Room
Since 1941, one symbol has stood for the most exquisite dining experience in San Diego. The Sea-

house symbol of The Marine Room has earned countless accolades. Critics have described its privileged setting on La Jolla’s finest beach and the thrill of being “eye-level” with the crashing surf at high tide. The culinary artistry of Executive Chef Bernard Guillas and Chef de Cuisine Ron Oliver has been called “world-class” for its devotion to fresh seafood, sea-

onal variety, hand-selected local ingredients and award-winning desserts.
The Marine Room
2000 Spindrift Dr. | (858) 459-7222
marineroom.com

Brockton Villa
Located directly across from the world-famous La Jolla Cove, locals and visitors alike love Breakfast at Brockton Villa! With a huge menu of delicious break-

fast options including the equally famous “Coast Toast” and the Wild Mushroom & Asparagus Frittata, this seaside location also offers Lunch, Social Hour, and Dinner. The signature “Brocktails” are the perfect accompaniment.
Brockton Villa Restaurant
1235 Coast Blvd. | (858) 454-7393
brocktonvilla.com

Voted a Reader’s Choice for Breakfast & Omlette
Brockton Villa Restaurant
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Best Omelette (tie)
Richard Walker’s Pancake House
(See listing under Best Breakfast)

Harry’s Coffee Shop
Restaurants come and go, but Harry’s has become an institution in La Jolla since it opened more than 50 years ago. The old-fashi-
oned diner has not slapped on layer upon layer of modernity to keep pace with the decade. Instead, the breakfast joint steadfastly has served up good Ameri-
can fare of eggs, bacon and pancakes in the morning and club sandwiches and charbroiled burgers in the afternoon, and has

kept the customers coming back. Open at 6 in the morning, closed by 3 in the afternoon, Harry’s remains a familiar, friendly place near and dear to La Jollans’

hearts.
Harry’s Coffee Shop
7545 Girard Ave.
454-7581
harryscoffeeshop.com

Best Organic
Lean and Green
(See listing under Best Healthy Dining)

Best Oysters (tie)
Crab Catcher
Family owned and operated for over 30 years, Crab Catcher is one of San Diego’s premier seafood restaurants. Enjoy locally sourced hook and line caught fish, wild
caught shellfish from the Baja Peninsula, and our signature Bering Sea Red King Crab legs — all prepared with the freshest sea-

sonal, locally grown produce. All dishes are prepared in innovative culinary styles and finished with fresh, exciting presentations to ensure each plate showcases the flavor, quality, and natural beauty of the ingredients.
Crab Catcher
1296 Prospect St. | (858) 454-9587
crabcatcher.com

Herringbone
Herringbone features a “Fish Meats Field” coastal cuisine with an emphasis on line-caught seafood and high-quality meats. Herringbone La Jolla takes guests on an ocean-to-table culinary excursion and social dining expe-

rience with al fresco dining, a raw bar, exhibition kitchen and 100 year-old olive trees in the famed beach community.
Herringbone
7837 Herschel Ave | (858) 459-0221
herringboneats.com

Best Pancake
Richard Walker Pancake House
(See listing under Best Breakfast)

Best Pastry (tie)
Michelle Coulou
Dessertier
(See listing under Best Desserts)

Piatti
Piatti is nestled in the unique La Jolla Shores neighborhood with an inviting and comfortable atmosphere. A light and airy inte-

rior decor features an exhibition kitchen and full service bar. Choose from two tree-covered outside patios – perfect for a pri-

vate event or al fresco dining. The Executive Chef, Pepe Cazapatita, has thoughtfully developed a

Eating Out & Dining Around

La Jolla Shores neighborhood with a light and airy inte-

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Restaurant Awards 2019

Best Take-Out & Best Place to go on a Budget

BUY ONE BURRITO
AND GET ONE FREE
WITH PURCHASE OF 2 DRINKS
Expires 8/30/19
(Free Burrito of equal or lesser value. Not valid with any other offer or coupon.)
cataburrito.com
737 Pearl St, #113 La Jolla, CA   (858) 456-0462

Thank you for voting us the Best Fast Food - Mexican, Best Burrito, Best Take-Out & Best Place to go on a Budget

Thanks for voting us the Best Fast Food - Mexican, Best Burrito, Best Take-Out & Best Place to go on a Budget

We Look Good in Gold!
We’re Proud to be #1!

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AND GET ONE FREE
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Expires 8/30/19
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737 Pearl St, #113 La Jolla, CA   (858) 456-0462

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We Look Good in Gold!
We’re Proud to be #1!
menu with recipes from all over Italy. Piatti features Italian-inspired, seasonally-dictated cuisine with an emphasis on local farms and producers. Enjoy simple rustic, flavorful cuisine with unpretentious design, an approachable and interesting wine list – many of which are served via our barrel-to-table program – a comprehensive offering of craft beers and unique, artisan cocktails.

Piatti
2182 Avenida De La Playa
La Jolla Shores | 858-454-1589
lajolla.piatti.com

Best Pasta Dish (tie)
Piazza 1909
7731 Fay Ave. | (858) 412-3108
piazza1909.com

Best Pizza
Mr. Moto
617 Pearl St. | (858) 729-0717
mrmotopizza.com

Best Place to People Watch (tie)
Living Room
(See listing under Best Café)

Best Pet-Friendly Place
Beaumont’s Eatery
(See listing under Best Live Music)

Best Place to go on a Budget
Don Carlos
(See listing under Best Burrito)

Best Place for B-Day Party
Sammy’s Woodfired Pizza
(See listing under Best Woodfired Pizza)

Best Salad
Lean and Green Café
(See listing under Best Healthy Food)

Best Sandwich (tie)
Girard Gourmet
(See listing under Best Deli)

Jersey Mike’s
The authentic Jersey taste and high quality ingredients that go into Jersey Mike’s subs are evident with every scrumptious bite. The sub shop’s meats and cheeses are of top-quality premium brands. The bread is freshly baked in-store daily and every sub is prepared on site right in front of you. Jersey Mike’s is committed to fresh flavor, quality, authentic style and community.

Jersey Mike’s
7836 Herschel Ave. | (858) 200-9888
erseymikes.com

READERS CHOICE AWARDS 2019

Thank You La Jolla for your support the last 42 years! We are honored to have been voted 2019

Best Chinese

Best Take Out

www.MandarinHouseLJ.com
Voted Best Italian

Cafe Milano
Owner and chef Pasquale Cianni brought northern Italian cuisine to La Jolla 17 years ago and has been successfully pleasing both local residents and out-of-towners — even out-of-the-country guests — with his homemade pappardelle pasta, veal ossobuco, lobster ravioli and many other authentic Italian dishes. Cafe Milano is an exciting and incredible experience for the whole family at affordable prices. Early bird special: 4:30 and 6:30 p.m. Choose a soup or salad, menu entrée and dessert for $23.95. Open Tue-Fri 11:30 a.m.-10 p.m., Sat 2-10 p.m., Sun. 2-9 p.m.

Cafe Milano
711 Pearl St. | (858) 454-3806
cafemilanolaajolla.com

Enjoy a Taste of Milano in La Jolla! Chef Pasquale’s 35 years of experience with Northern Italian Cuisine and hospitality offers an incredible experience for the entire family. By making his own breads, pastas, and desserts daily, he guarantees a great start, middle, and finish to every meal.

Best Seafood (tie)
Truluck’s
(See listing under Best Overall)

El Pescador
El Pescador first opened its doors in Del Mar in 1974. In 1978, sixteen-year-old Shannon Shannon tracked his father’s passion for ocean waves and opened El Pescador on Pearl Street in La Jolla. Since then the menu has increased to an array of char-grilled and sautéed seafood items. The full-service fish market remains unsurpassed for its quality and selection. It has now been proudly serving San Diego’s for over forty five years!

El Pescador
634 Pearl Street | (858) 456-2526
elpescadorfishmarket.com

Best Specialty Drink
Raised by Wolves
(See listing under Best Bar)

Best Sports Bar
DRAFT Republic
(See listing under Best American)

Best Steak
Donovan’s of La Jolla
The views at Donovan’s of La Jolla are inspiring and there is no bad seat in the house, so sit back and enjoy your favorite cocktail with the USDA Prime beef, the eatery’s star attraction. If steak isn’t in the plan, pork and veal chops and succulent seafood will most certainly be the most discriminating of palates. And at Donovan’s, fresh seasonal vegetables and your choice of potato are included with each entrée.

Donovan’s of La Jolla
1250 Prospect St. | (858) 450-6666
donovansteakhouse.com

Best Sunday Brunch
The Shores Restaurant
A local lady regaled everybody with a story about some scuttled Mother’s Day plans and how she’d prayed for a last-minute solution. No word on whether the party was treated to a show of the ocean waves on the window. It probably was.

The Shores Restaurant
8110 Caminillo Del Oro | (888) 644-2630
theshoresrestaurant.com

THE MED is the premiere dining destination of La Valencia Hotel with its commitment to innovative cuisine and uncompromising service. This inspired Great Room designed restaurant offers masterful seasonal seafood dishes that personally its rich Spanish influences re-imagined as California coastal cuisine. Headliner dishes like spicy Baja Shrimp Chilaquiles, La V Lobster Roll, and show-stopping Surf & Turf tell a story of the freshest ingredients sourced locally and thoughtfully, captivating both the eye and the palate. Serving brunch, lunch, and dinner in both the comfortable and sophisticated dining room and on the iconic ocean view terrace, guests are enchant ed by riveting views of the sparkling Pacific.

The Med
1132 Prospect St. | (858) 212-0582
lavalance.com

Best Sushi
Sushi Mori
Located in the quaint area of La Jolla Shores, you can escape the hustle La Jolla. You’ll find an authentic selection of sushi at prices that will have you wanting more.

Sushi Mori
2161 Avenida De La Playa, La Jolla Shores | (858) 551-8481

Best Take-Out (tie)
Don Carlos
(See listing under Best Burrito)

Mandarin House
(See listing under Best Chinese)

Best Thai
Spice & Rice Thai Kitchen
This establishment offers a tantalizing menu and a clean-air approach to dining. Be warned: Many of the dishes are on the spicy side, like those in many Thai restaurants. The kitchen is accommodating and will moderate the seasoning to suit your taste. Most dishes can be made as a vegetarian version. Prices are quite appealing, and the Thai salads are excellent. Sit back, relax and enjoy a little spice and rice in your life.

Spice & Rice Thai Kitchen
7734-C Girard Ave. | (858) 456-0466
spiceandricethaikitchen.com

Best Vegetarian
Lean and Green Café
(See listing under Best Healthy Dining)
Thank You for Voting:

Gold for Steak & Prime Rib

Silver for Martini & Ocean View

America's Best

DONOVAN’S

STEAK & CHOP HOUSE

100% prime steaks and fresh seafood

LA JOLLA 1250 Prospect Street
SAN DIEGO GASLAMP 570 K Street

Join us for Happy Hour 4-6 p.m., Monday through Friday
Reservations: 877-698-6666  Private Events: 877-266-6336
donovansonsteakhouse.com
Truluck’s

Truluck’s is an escape—a getaway for the senses. Savor the freshest crab, direct from the restaurant’s own fisheries. Truluck’s boasts: “From our traps to your table in less than 24 hours.” Enjoy the fresh-catch seafood menu or select tender, juicy steaks grilled to perfection. Then complement it all with delicious wines by the glass and bottle. Come early and enjoy cocktail hour from 4:30 to 7 p.m. daily and specially priced appetizers and drink menu.

Hennessey’s Tavern

Every tavern seems to do spicy buffalo chicken wings these days, and they’re probably pretty good for the most part—but for your money, Hennessey’s corners the market, and the staff isn’t telling how. Maybe they, like, put something illegal in the chicken or the spice or both; that might account for one hunnyguy’s actual teleportation to Ireland, where the venue’s motif comes from. Or maybe it’s that wings go with just about everything, which is also in ample supply at Hennessey’s. You can ponder the reasons to your heart’s content here; there’s even a fire pit to help shed some light.

Hennessey’s Tavern
7811 Herschel Ave. | (858) 551-8772
hennesseystavern.com

Best Wine Bar
We Olive Wine Bar & Gourmet Foods
(See listing under Best Wine Shop)

Best Wine Selection
Nine-Ten
(See listing under Best Chef)
Voted Best Thai

Spice & Rice Thai Kitchen

This establishment offers a tantalizing menu and a clean-air approach to dining. Be warned: Many of the dishes are on the spicy side, like those in many Thai restaurants. The kitchen is accommodating and will moderate the seasoning to suit your taste. Most dishes can be made as a vegetarian version. Prices are quite appealing, and the Thai salads are excellent. Sit back, relax and enjoy a little spice and rice in your life.

Sammy’s Woodfired Pizza

Families with discerning taste can count on Sammy’s for their family night out. Patrons clearly support Sammy’s mission to mix flavor with freshness in its pizza. Forget the boring cheese and pepperoni of old pizza. Sammy’s redefines the genre with pies such as artichoke and homemade sauce, five cheeses or a salad topping. Sammy’s also offers a menu for the kids. How about soups like lobster bisque and Kobe beef chili; not what you’d expect from a typical pizza place. Sammy’s also offers ORGANIC BOWLS WRAPS SALADS SALADS WRAPS SMOOTHIES JUICES SHOTS

Thank You for Voting us 2019 Reader’s Choice Award Winners!

Voted Best Cafe

Living Room Coffeehouse

The Living Room has truly lived up to its name in La Jolla. The cafe has drawn young and old alike to sip tea, coffee and dense smoothies in a homey ambiance furnished with antique, coaches and wooden tables. Patrons find the communal atmosphere inspiring and relaxing; you’ll find groups of friends smoking the hookah on the upstairs patio and others poring over books in the back. Enjoy scrumptious desserts along with wine, beer, cocktails and hookah tobacco. Enjoy the views from the second floor ocean view room and don’t miss happy hour every day from 12-6 p.m. offering bottled & draft beer, wine, mimosas and well drinks Monday— all day! Try our daily lunch special. Open late every day ‘til 2 a.m. Celebrating 26 years in business.

Thank You La Jolla

for Voting us 2019 Reader’s Choice Award Winners!
Thank You readers for your votes for the 5th year in a row!

Gold Medal Winner

Gold Best Breakfast

Summer Raspberry Crepes

Gold Medal Winner

Gold Best Pancake

World Famous Apple Pancake

Gold Medal Winner

Gold Best Omelette

Santa Fe Omelette

Open Daily from 6:30AM-2:30PM. Breakfast and Lunch served all day. No Reservations.
richardwalkers.com
LJ Country Day boys tennis: It’s Boba time

BY ED PIPER | LA JOLLA VILLAGE NEWS

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P ractice is where “serious” tennis players can let their hair down a little. And informal fund-raising tournaments on campuses with non-tennis schoolmates may be a place where players can be even a bit more fun-loving.

Having a tour guide like four-year La Jolla Country Day tennis team member Rohan Jha doesn’t hurt, either. “Dante Schrantz, a freshman, sometimes lacks focus,” Jha, the ultimate jokester, says loudly with his teammate within earshot as the “Tanzania Tournament” rolls on. “Dante brings a joviality to the team. He makes us chase all the balls down. He plays cat-and-mouse with us. He toys with us.” Besides being a valuable singles player for the Torreys.

Meanwhile, junior Jake Kagnoff and JV player Eddie Palomares are podering their way to the tourney title, successfully negotiating a round-robin of four quarters made up of four teams each.

Funds raised this year, rather than being awarded to the name-sake Tanzanian scholarship students of the past six previous years, will be designated to the Challenged Athletes Foundation. Doubles pairs, limited to one varsity boys member each, donate $20 entry. Other revenue? “You can buy a sleeve of 13 Oreos for three bucks from our undervalued candy stand that’s more for morale,” quips Jha.

<br>

La Jolla Country Day tennis team members. 

READ MORE ONLINE AT sdnews.com

German Language Camp

Does your child speak German? How about a German language camp at German Pacific School San Diego? GPSSD offers four weeks of very creative, imaginative camps with many hands-on projects. This year’s topics “Princesses, Knights and Dragons” (a fairy tale journey through Europe), an “Artist’s workshop” and “European Children’s Book Characters”. (See detailed plan on website.) GPSSD is a nonprofit school with graduates of the past six previous years, resulting in a Tanzanian scholarship student than being awarded to the name-sake Athletes Foundation. Donations made to the Challenged Athletes Foundation. Doubles pairs, limited to one varsity boys member each, donate $20. Other revenue? “You can buy a sleeve of 13 Oreos for three bucks from our undervalued candy stand that’s more for morale,” quips Jha.

<br>

German Language Camp

Learn German while having fun at camp!

4 weeks of German language camps with many creative, hands-on projects.

4 age groups - 6 - 14 years

Register now:

www.gpssd.org  858-461-9118

Camps fill quickly. (619) 239-1311

ART CAMPs & CLASSES

Workshops with famous artists in 3 weeks only.

For kids 5-17. The camp focuses on surfing and learning about the ocean currents, history of surfing, surfboard design and making new friends. On weekends, we offer private lessons in surf and standup paddleboarding. Ocean Adventure camp offers a taste of surfing, paddleboarding, kayaking, snorkeling, bodyboarding and hand-plane body surfing. Menehune also offers adult clinics daily with the Aloha Party Wave Class, and private lessons for adults and families who want to learn to surf together. Drop in on us at www.menehunesurf.com for more info. See you in the surf!

Experience the wonderful world of Performing Arts!

Camps will participate in acting, dance, singing and specialty classes during week long sessions all summer long. Advanced Musical Theatre and Advanced Acting camps are also available. To register, camp dates, descriptions & pricing visit jntheatre.com. Register early as our camps fill quickly. (619) 239-1311

Spend this summer learning acting, music & dance at San Diego’s premier children’s theatre program.

ENROLL TODAY

Visit JuniorTheatre.com, Or Call 619-239-1311

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Live Love Fashion at Westgate Hotel

Liz Russell presented a fashion show at the Westgate Hotel on May 24. The theme for this spring collection was Live Love Fashion, which was part of the Cocktails & Couture 2019 series. The evening began with a social hour and a fun onsite swag shop with Liz’s creations featuring her signature Rose Handbags. Frankee Traxx played tunes for the evening entertaining the crowd.

The show began in the Versailles Ballroom with celebrity guest and co-host, Antoinette Love Ransome, founder of Exhibit Ambush, and Kathy David, president of FIT- Pros Inc. They were high-energy personalities who kept the crowd entertained throughout the evening. I couldn’t wait to see what they would do next.

Proceeds from the event go to GBS/CIDP (Guillain-Barre Syndrome/Chronic Inflammatory Demyelinating Polyneuropathy) Foundation International. May is GBS/CIDP awareness month. This disorder can produce paralysis of the legs, arms, breathing muscles, and face.

Marilyn Tedesco, who was formerly on the board of directors and is mother of a GBS survivor, spoke to the audience and gave them all the upcoming events for GBS. During the evening The Robert and Estelle Benson award winner 2019 was handed out to Paige-Luca Duffy. Duffy was in recovery with GBS for nine months and told the audience that she was so excited that she now could walk to the podium without assistance to receive her award. It was a very touching moment.

The fashion show began with Russell’s new LOVE Collection, which included stunning jewelry pieces designed by Russell. VIP models were Jolisa Webb Dudley, who is the associate director of Veterans Affairs, and Shari Williams who is president of Shari Outreach & Retention Department who is the associate director of Veterans Affairs.

Models came gracefully down the runway in flowing tops. Many were wearing them off the shoulders with bell-bottom pants or skirts with slits on one side. One segment had the Lil Friends of Survivors modeling the New Kids Collection. This love collection showed bare midriffs on some of the creations. One of my favorite styles coming down the runway was the animal print. I especially loved the backless designs. The finale showed gorgeous eveningwear with sequins for an ooh la la night out.

Russell is a survivor of GBS and spent years recuperating from her paralysis and is now a liaison leader for the San Diego Chapter. She is an inspiration for others faced with this devastating disease and tells her amazing story in her autobiography, “Smiling On The Inside.”

She received the Christian Literary Awards of Fresno, Texas as the recipient of the “Henri Award” for Outstanding Literary Work. If you would like more information about GBS/CIDP, visit gbs-cidp.org.

Upcoming events

Wednesday, June 26: Race Day Fashion Show and Luncheon at Mille Fleurs at 6009 Paseo Delicias in RSF from 10:30 a.m. to 2 p.m. Proceeds benefit Country Friends. For tickets and information, visit thecountryfriends.org or call 858-756-1192.


Diana Cavagnaro is an internationally renowned Couture Milliner based in the Historic Gaslamp Quarter. Learn more about our Hat Designer, Teacher & Blogger at www.DianaCavagnaro.com

Dogs to walk the red carpet at Paws & Pints fundraiser

La Jolla is rolling out the red carpet for its pets at the sixth-annual Paws & Pints fundraiser. Presented by the La Jolla Veterinary Hospital, the event encourages residents to celebrate their fur-babies by letting them strut their stuff down the red carpet in front of paparazzi to raise money for local charities. The FOCAS Program at the Rancho Coastal Humane Society and the FACE Foundation are the two beneficiaries for this year’s event, and event founder and director Stephanie Coolidge said she would love to beat the $30,000 raised last year.

“You can walk your dog down the runway. You don’t need to have a show,” Coolidge said. “It’s just a fun experience to come out with your dog and have a little event. We have a band, a DJ, vendors, and other activities.”

For tickets and information to save lives, and underwrite nearly 100 percent of our operational costs so that funds raised year-round go straight to the animals.

One hundred percent of the proceeds from Paws & Pints La Jolla goes to FACE and the FOCAS Program, Rancho Coastal Humane Society’s La Jolla-based nonprofit that places animals from county shelters into foster homes.

“This event is in our community, for the community, and it has evolved into something La Jolla looks forward to year after year,” said Coolidge. “We have more RSVPs this year than any other year thus far.”
S
o many of our conversations at home or work tend to be about how busy or stressed we feel. We no longer feel safe in our homes, our streets, our country, our world, or our planet. We have to deal with the constant barrage of both current and future events. Our anxiety is exacerbated by the release of fake news, which increases our paranoia. We don’t have enough time to think about what we believe and whom to trust. We tend to accept news as true if it conforms to our belief system and tend to reject news that runs counter to our beliefs. The barrage of information available to us, it is important to weed through contrac-

tical news and find some solace in information that we trust.

As we age, we experience a new kind of paranoia—when our short-term memory fails us, we often mis-

place our glasses, forget what we were just thinking, or get confused about our location. This phenomenon is referred to as ADRC (Alzheimer’s Disease Research Center), where I have been in a control group for at least a dozen years. As I am being admitted to one of my failings, I might as well add the others that may be familiar to my readers. I have looked for my glasses and the key to my car for 20 minutes why I am getting confused to push the button. I have misplaced my cell phone and have had to call it in order to find it hanging in my apartment. Now you know!

This confusion is not unusual for my age group. Nor is the tendency to blame someone else for the dis-

appearing of objects. We live in an age of anxiety and paranoia in our own homes—although there is excellent security where I live and all employees are vetted—fear of falling prey to the news and services we read about the impending, apparently overdue natural disasters and tsunamis worldwide.

As we feel more vulnera-

ble we are not as steady on our feet, and we know that we are not as fast if we need to run some-

thing quickly. We are not as steady on our feet, and we are not as fast if we need to run some-


How to Find ‘Lost’ Items (6 Proven Methods)

1. Think - “Where Did I See It Last?” - (That alone may be the key).

2. Make Your Steps Visible - (May be waiting at crossings, locations, and directions).

3. Ask - “If I ‘Were’ Item XYZ, Where Would I Be Hiding?” - (Be Sneaky).

4. Clean and Organize - (Admit it, you need to do that anyway).

It’s going to make it really easy for parents to reload their kids’ cards from their phones—and the kids aren’t going to lose tickets on the bus, anywhere.

And there’s no pressure to use all the tickets in a single day. Tickets on the app can be used anytime during the fair.

Even with this leap into modern times, the San Diego County Fair still remains a tradition—just as hinted in this year’s theme “Oz-some.”

"All these years up until now we've had actual tickets," said Annie Pierce, spokesperson for the fair. “Now we have an app.”

By Emily Blackwood | lajolla villagewatch.com

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University City news and updates

University City girls track team wins CIF title

The UCHS girls track and field team is the San Diego Section Division II CIF champions. They had 14 athletes compete and place in 12 of the 16 events. Katrina Wright qualified for the state competition. She is the top San Diego athlete in the 400 meters and competed in the state championship on May 24 and 25 in Fresno. Congratulations to the entire team.

Team members are Ella Ruff (1200m), Tori Michaelian (1200m), Kilee Horner (100m Hurdles, 300m Hurdles, 4x100 relay), Angel Sridom (shot put, discus), Kimberly Weiss (high jump, triple jump), Natalie Perez-Hall (4x400 relay) Katrina Wright (200m, 400m, 4x100 relay), Isabelle Shepherd (800m, 4x400 relay), Coach John Hutsel, Rebecca Rogers (pole vault), Vanessa Rogers (pole vault), Sierra Thompson (pole vault), Delaney Burke (pole vault), Kassandra Ortiz (4x400 relay), Natalie Pospis (4x100 relay).

UC Community Plan Update survey

The City of San Diego is updating the University City Community Plan. The City Planning Department has developed a survey to give all who live or work in the University City community an opportunity to provide early input to help guide the community plan update. Refer to the University Community Plan Update website for information on the update process at sandiego.gov.

To access the survey directly, go to the University City Community Association website at universitycitynews.org. Please share this information with neighbors and friends who live or work in our community. This survey will remain open until midnight on June 19.

UC Branch Library Friends Book Sale

Mark your calendars for the upcoming Big Book Sale at the UC Library, 4155 Governor Drive. Hours are Thursday, June 6, from 1 to 5:30 p.m.; Friday, June 7, from 9:30 a.m. to 5:30 p.m. and Saturday, June 8, from 9:30 to 5:30 p.m.

From the sale of books, the Friends of the UC Library have been able to make a yearly contribution of between $14,000 and $16,000 to the City’s Matching Fund program. The match adds an additional 50 percent to program and material funds, which are used to pay for such things as eight weekly kids programs in support of the Summer Reading Program, 4-5 Oasis programs, Zentangle sessions, and Book Arts for kids.

UC Village

Right Choice Senior Living

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today. For more info call (619) 246-2003 or go to the website.
Spacious home on an oversized 13,100 sq. ft. lot!
Relax like you’re on vacation in your large, southwest-facing backyard with a sizable pool, covered patio, palm trees, waterfall and pond.
Take in the gorgeous sunset while entertaining on your covered patio or gaze at the sweeping ocean and bay views from your backyard and master bedroom.
Enjoy a remodeled kitchen, 2-car garage and tons of extra parking space for all your toys! Call NOW for more information and to schedule a private tour!

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