A Point Loma resident has started an online petition drive that’s garnered more than 2,000 signatures in less than two weeks opposing a Federal Aviation Administration study seeking to change airline flight paths over the Peninsula that some believe could diminish their quality of life.

Casey Schnoor, who lives on Hill Street, has set up a website, noplanenoise.com, as well as a corresponding Facebook page titled Point Loma Air Route Forum, to protest proposed regional airline flight changes, including those at San Diego International Airport.

“My goal is to maintain – and encourage – air traffic control to use the LOWMA Waypoint at the south tip of Point Loma,” Schnoor said.

Peninsula Planning Board supports park and firehouse proposals

Peninsula Community Planning Board got a pitch in September from City Councilmember Marti Emerald, who’s lobbying to put a $280 million city firehouse bond on the November 2016 ballot, as well as getting an update on a proposed pocket park on Canon Street.

“This is such a priority for our city that I really felt we needed to step up and start this (ballot) process,” Emerald told planners, adding, “We don’t want to miss an opportunity to put this issue before voters for a (required) two-thirds majority vote to build fire stations.”

The prospective citywide bond measure would fund 19 new recommended fire stations. A 2011 consultant’s report determined that population growth, as well as travel over the city’s many canyons...
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Casually elegant South Mission Hills home boasts many original features. The serene gardens were planned by the owner and iconic landscape designer W.F. Sinjen. This private home has views out to Point Loma.
Collins Family & Assoc., (619) 224-0044

Architect of the New Central Library, Rob Quigley to speak in Point Loma

Nationally recognized architect Rob Quigley will participate in a live interview by architectural photographer Darren Bradley on October 6, 2015, 5-7pm at the Point Loma Assembly. The event will be the first in a series of three lectures on the architectural history of Point Loma presented by Coastal Art and Home. Founded by Susan Diamond and Caroline Glantner of Pacific Sotheby’s International Realty, Coastal Art and Home is a team of trusted advisors on Coastal, Historical and Architectural Properties.
Rob Wellington Quigley, FAIA, Principal, will discuss his International Realty, Coastal Art and Home is a team of trusted advisors on Coastal, Historical and Architectural Properties.

Five Scouts and three adults from Point Loma and Ocean Beach’s Troop 24 recently completed a 60-mile backpack trip in the Southern Sierras. A literal high point of the trip was everyone summiting Mount Whitney, the highest peak in the contiguous United States. The Scouts hiked in for several days from the south and scaled the peak from the western side. The weather was perfect. Here they are displaying their copy of the Beacon next to an elevation marker. It was a memorable trip for all.

(Left) On a Caribbean cruise on Liberty of the Seas and posing with Capt. Teo Strazicic are Michel Dose’ and Carol Fitzgerald.

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San Diego Coastkeeper starts search for new executive director

San Diego Coastkeeper has announced that executive director Megan Baehrens will end her leadership role with the organization on Oct. 2. After more than six years with the water-quality watchdog, Baehrens will assume her new job as senior director of collaborative philanthropy at San Diego Grantmakers. The organization’s board of directors has formed an executive director search committee and is reviewing applications on a rolling basis through Oct. 30.

“Megan’s vision has greatly improved fishable, swimmable and drinkable waters in San Diego County—from the expansion of hands-on science curriculum available countywide to innovative stormwater permits and pure water in the City of San Diego,” said Elizabeth Taylor, president of the board of directors. “She assembled a powerful team of experts within the organization and empowered them with the resources to get results. We’re thankful she’s leaving these big wins and her talented team to continue the organization’s work.”

Baehrens joined Coastkeeper’s development department in 2009, assuming the role of executive director in 2012. In her time at the helm, the organization:

- Culminated 15 years of work to secure San Diego City Council approval to transition the Point Loma Wastewater Treatment Plant to a potable reuse facility;
- Worked alongside Sen. Marty Block to pass state-wide legislation to approve beach water quality testing that can produce warnings in two to four hours rather than 24 hours;
- Ensured the San Diego Regional Water Quality Control Board adopt a municipal stormwater permit that includes a watershed-based management strategy advocated by San Diego Coastkeeper;
- Reached an agreement with the Department of Defense to reduce sewage spills on Camp Pendleton to ten or fewer per year. The public is now notified of all human and environmental threats when they do occur; and
- Aligned Coastkeeper lessons and Project SWELL, new Common Core standards so that teachers and informal educators can meet state requirements while also teaching environmental science.

“We’re celebrating San Diego Coastkeeper’s 20 years of excellence this year,” Baehrens said, “and it’s my honor to hand over a mighty team that protects and restores fishable, swimmable and drinkable waters for the entire county. The work of this organization will only continue to grow in importance over the next two decades as we turn our attention to water supply management and industrial stormwater enforcement.”

Program Director Travis Pritchard, who has been with the organization for more than five years, will work with board treasurer Stewart Halpman to manage the organization until its new executive director comes on board. Law and policy director Matt O’Malley will continue to lead countywide advocacy efforts.

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- Lauren Gallagher, Esq.
- Smedley, Gallagher & Gee, LLP

Megan Baehrens

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Spiny lobster season opening on Oct. 3

Beginning early Saturday morning, Oct. 3, hundreds of divers will be in pursuit of the California spiny lobster. San Diego beaches are popular for lobster fishing but can be hazardous for divers. Boaters need to be aware of the increased diver population when transiting through or near fishing areas. There should always be a lookout on the boat helping the operator avoid divers and other boats at night, and navigation lights always need to be on.

People using hoop nets should not set them in areas that would cause obstruction to vessel navigation – particularly Mission Bay Channel. Boaters should be aware of the surf conditions and avoid getting close to breaking waves.

Lobsters may be taken only by hand or hoop nets. Lobster season lasts until March 16.
In September, Midway Community Planning Group got progress reports on its ongoing Community Plan Update and on urban greening efforts, via a public walk shop on which was held immediately fol lowing the meeting at San Diego Community College’s West Campus.

“We are working a hand-in-hand with the UCSD extension school, we’re doing an extensive review, and we’re working on a public review draft of the community plan,” Vice-Chair Alex White, of the city’s planning department, told planners. “We’d like to do is set up a design template for that work, adding photographs and illustrations for what kind of urban design we have.”

White said the goal is to allow community planners, residents and stakeholders to weigh in on this phase of the Midway Community Plan Update.

Planner Cathy Denton stressed planners are especially interested in the traffic study being prepared as part of the plan update.

“We’ve been waiting three years for the traffic study,” Denton said. White responded that the traffic study document is in process while noting it is involved and takes time.

“It will involve urban design and a more technical study; more data crunching of type of information, which will lead to an environmental impact report,” White said.

“I thought we were waiting for the traffic study so we could do a community plan update,” said planning group chair Melanie Nickel. “How can you do a community plan without a traffic study being completed?”

White noted both elements of the community plan update are being done simultaneously and that the traffic study will then be incorporated into the plan update draft.

Nickel added White to talk to the city about getting those responsible for doing the traffic study to come out and talk to the group about that process.

Urban greening

Marit Schmidt and Melissa Garcia, of the city’s planning department, also informed members of recent developments with the Midway-Pacific Highway Urban Greening Plan.

Urban green plans recognize the importance of street design in providing connectivity for pedestrians, bicyclists, drivers and transit riders. Plan elements are created to accommodate various comfortable, shaded walkways, efficient use of water, improved water quality and connections for walking, biking, transit and driving.

Schmidt said the Urban Greening Plan being prepared for the Midway area is designed to accomplish a number of goals, including providing wayfinding signage, as well as improving the street tree palate, encouraging drought-resistant and native species.

Despite large-scale protests on same-sex marriage by the United Methodist Church (UMC), largest mainline Protestant denomination in the country, Pacific Beach United Methodist Church and three other enclaves will gather their congregations at noon on Saturday, Oct. 10 to celebrate the sanctity of the sacrament.

The church is located at 1561 Thomas Ave. in Pacific Beach, First United Methodist Church of Pasadena, San Luis Obispo United Methodist Church and United Methodist Church of Palm Springs are also participating.

PB United Methodists to celebrate marriage equality

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PB United Methodists’ Rev. Jennifer Gutierrez said that the celebration is an important response to those who believe “the loudest voices in The United Methodist Church are anti-gay and are trying to defrock clergy.”

United Methodist Church law bars clergy from performing same-sex marriages and forbids churches from hosting such ceremonies.

“We want to show we unequivocally believe in marriage equality and we honor (same-sex partners’) covenantal commitment,” Gutierrez said.

Same-sex couples are invited to have their marriage blessed in a vows renewal ceremony and to bring a symbol of their relationship. The pre-service gathering will begin at 11 a.m.

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11 Critical Home Inspections traps to be aware of before listing your home sale

SAN DIEGO. According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an older home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these eleven items could cost you dearly in terms of repair.

If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you’re looking for, and knowing what you’re looking for can help you rectify small problems from growing into costly and unmanageable ones.

To help homeowners deal with this issue before their homes are listed, a free report entitled “11 Things You Need to Know to Pass Your Home Inspection” has been compiled which explains the issues involved. To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 100. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how to ensure a home inspection doesn’t cost you the sale of your home.

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There’s a renewed spirit of collegiality in the Peninsula with a growing sense that it’s no longer us versus them, OB vs. Point Loma, but “we” on the Point. “We’re (all) on the same peninsula,” concurred Jackson, noting, “You look at aerial pictures: There’s no border.”

A lot of people don’t know where one (community) begins — and the other ends,” agreed Perrotti. “One thing we’ve been able to rekindle is a working relationship with the two communities,” added Martin. “We’re on two sides of the hill, but we’re the same peninsula. You get off the freeway and you have to go through OB to get to Point Loma, and vice versa. We should help each other.”

The trio of community activists gathered informally to discuss changing times and ways to pool both communities’ resources.

One thing agreed upon by all three players was that a lot has changed over the years in both communities and that past stereotypes about the distinctive identity of each no longer apply. OB, for instance, has ceased being the largely youth-oriented, freewheeling community it once was back in the ’60s and ’70s. “OB has a lot of rich history during the Vietnam War when it was a center of protest,” said Jackson, adding the community in the ’90s also had an infusion of “skinheads,” the OB Rats, who made things difficult for a time. “They’ve vanished,” Jackson noted. “A lot has changed for the better,” pointed out Perrotti, noting “I have never seen a fight at the beach, which is family-friendly. And the neighborhoods are quiet.”

Perrotti attributed the change, in part, to rising real estate values and a changing age demographic on the beachfront. He said groups of young people renting out single-family homes, for instance, has markedly diminished.

Martin noted attitudes have changed as well. “Police were willing to accept more (then) than they are now,” Martin said. “The community is demanding it (tougher police enforcement),” agreed Perrotti. “The perception was that it (OB) was not a comfortable and safe place,” said Martin. “It is.”

“The perception used to be that anything goes in OB,” said Perrotti. “That’s not true.”

One project of community benefit to all Peninsulans, agreed all three activists, is ongoing efforts to create a new OB Veterans Plaza.

As envisioned, the OB Veterans Plaza would recognize coastal veterans with a new artistic/beachy plaza with an artificial rock wall mimicking Sunset Cliffs’ stratified geology with veterans’ names etched into four granite slabs. Other plaza flourishes would include inlaid stars representing lives lost in battle and low-lying artistic-themed meandering walls.

“We’re already got 200 people (veterans) signed up to have their names on it,” said Martin. “What’s holding us up is the (city) permitting,” noted Perrotti, adding the process is taking longer than expected and fundraising can’t really begin until that groundwork is laid.

“It will be a focal point for the city,” said Martin. “We’ve put quite a bit of money into it already with the design, where we are at this point,” noted Perrotti, adding the Plaza is “going to happen,” though he’s unsure of the timetable.

“We’re hoping to get the plans up by Veterans Day, Nov. 11, in 2016, but that might be a push,” said Perrotti. For the proposed veterans memorial wall are contributing $250 for its ongoing maintenance.

“It’s a great project recognizing people who have served militarily,” agreed Jackson, adding he felt the plaza would represent both communities. “I don’t think its being in OB should prevent anybody from participating,” Jackson said.

Other Peninsula projects in the pipeline include formation of Saratoga Park. Conceptual plans by OB CDC are to construct park improvements for all ages at the foot of Saratoga Avenue adjacent to the Ocean Beach lifeguard station.

Another large-scale, long-term project, shepherded by the PLA and endorsed by all other Peninsula groups, has been improvements made to medi ans leading into and out of the Peninsula. Jackson is currently working with the San Diego Port District, and the city to clean up medians near the airport, which are drying or distressed.

READ MORE ONLINE AT sdnews.com
After riding 9,000 miles, there’s a happy ending

BY DAVE SCHWAB | THE BEACON

It’s a tragedy-turned-triumph story of how a man who pedaled 9,000 miles through 31 states promoting pet adoptions had his bike stolen in Mission Beach—then promptly recovered a day later with the aid of a TV newscaster.

Nearly three years ago, bartenders-turned-animal-welfare spokesman Mike Minnick decided to change his life. Opting to leave his past in the rearview, Minnick quit his job and gave up smoking. He then set out from Texas on a cross-country “odyssey” with Bixby, his 5-year-old rescue dog, riding on his Yuba Mundo cargo bike, outfitted to accommodate Bixby’s bed in a crate, as well as the pair’s mascot, “Chicken Charlie,” a rubber chicken.

The pair’s goal: to promote pet adoption, animal shelters and the welfare of four-legged creatures large and small wherever they go.

However, their journey almost stopped, for good, on Sept. 18, when Minnick, who’d been staying temporarily in a dwelling with a garage door that had been left open, was woken by a woman’s voice shouting “Police!”

Minnick had been rooms with the door ajar, leaving his bike unattended. He had filled out a police report, but had then set out on his mission, riding in Mission Beach and elsewhere in town and contacting local broadcast news sources to get word out about his plight.

Enter 10News reporter Itica Milanes, who interviewed Minnick for a TV news spot.

“That’s where the story got really interesting,” Minnick said.

“I was coming back from the airport after picking up a friend and saw harbor police talking to a man on a bike that looked exactly like mine,” said Minnick. “Police let the man go, and Itica followed and confronted him. She asked the man nicely, ‘Where did you get that bike?’ He said, ‘Mission Beach.’”

Minnick continued to question the man about his bike, suspecting, from the hesitancy of his answers, that he was the thief.

Under further questioning, the suspected bike thief got antsy and antsy. He subsequently fled after the reporter pointed out that the bike had been stolen, to which he mumbled something incoherent, like “A guy in a wheelchair needs it more.” “There are times when I feel it’s not right to confront people like that. But this was a case where the bike had been stolen, and I felt it was okay to confront the person.”

Minnick recovered his bike, with its light broken, from police. But he was still missing Bixby’s bed and most of his memorabilia as well as Chicken Charlie. The cartoon containing Bixby’s bed miraculously turned up a day later, found next to a dumpster on Texas Street.

Minnick was thrilled. But he said his “victory” won’t be complete until—or unless—he recovers his mascot.

“Don’t give up hope,” Minnick said. “He’s distributed them along the beachfront and elsewhere in town and remains hopeful that he and his mascot will be reunited soon.”

Anyone with information about Chicken Charlie’s whereabouts is urged to call (713) 510-9652.

“Police let the man go, and Itica followed and confronted him. She asked the man nicely, ‘Where did you get that bike?’”

MIKE MINNICK  ANIMAL ADVOCATE

Bixby, the stolen bike and the TV reporter

PHOTO CONTRIBUTED

Pizza Port Ocean Beach wins medals at the Great American Beer Festival

Pizza Port Ocean Beach claimed two bronze medals at the 2015 Great American Beer Fest (GABF) competition. Presented by the Brewers Association, GABF is the largest national beer competition that recognizes the most outstanding beers produced in the U.S.

The top three winners in the competition’s 92 beer categories were announced Sept. 26 at the Great American Beer Festival awards ceremony held at the Colorado Convention Center in Denver.

Pizza Port OB was recognized in the Coffee Beer beer-style category for its Bacon & Eggs Breakfast Coffee Imperial Porter. This 8.5 percent breakfast beer has previously won a gold medal in the same category at the World Beer Cup.

The second medal was awarded to Guillaume Belgian Blonde in the Session Ale Category, repeating a win for the same beer/category in 2014.

Pizza Port Ocean Beach is a 15-barrel brewpub, which since opening in 2010 has consistently taken home medals at the GABF, including Brewpub of the Year and Brewer of the Year.

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For more GABF competition information, including the 2015 winners list, visit GreatAmericanBeerFestival.com.

Each $100 raised gets you an entry to win the Super Duper Gompa Loompa Grand Prize!®

4.9k Wacky Walk & Obstacle Course

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Gigantic Kids Zone with inflatables, games, sports & more
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ENTRY FEES

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Sunday, October 25

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THE ULTIMATE KIDS FESTIVAL!

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Walk: 10:00 a.m.
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GABF 2015 WINNERS

Pizza Port Ocean Beach

Guillaume Belgian Blonde

Repeating a win in the Ses-

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Porter. This 8.5 percent breakfast beer

has previously won a gold medal in the

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Pizza Port Ocean Beach claimed two bronze medals at the 2015 Great Ameri-

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Point Loma entrepreneur inspired to create new walker

By DAVE SCHWAB | THE BEACON

Longtime Point Loman Dave Purcell is working on his fifth start-up company, Prostar, which is busy outfitting LifeWalker Upright, an improved walker to assist the aging and disabled. Purcell, age 77, and his wife, Jean, have lived in the Peninsula for 34 years. The couple have been retired 12 years and had no intention of getting back into business.

But “something” came up.

That something was serious problems that Jean, who has had 16 spinal surgeries as well as rheumatoid arthritis, developed with her walker, which she relies on.

“My wife’s been using a walker for several years and she’s fallen on it, and that’s hard to take when you love some- one and what she depends on is inade- quate, having to walk behind it and not feel safe,” said Purcell.

“I thought, ‘I could do much better than this.’”

The problem Purcell decided to tack- le was a real one. According to the National Council on Aging, one-third of Americans ages 65 and older fall each year.

There also was the challenge of improving upon a device many older people need to get around.

“Walkers have not changed (much) since 1953 when they were invented, more than half a century ago,” Purcell pointed out. “That’s crazy.”

So Purcell “attacked” the problem of redeveloping the classic walker. He pulled in experts and advisors in design engineering from his previous compa- nies and UCSD Medical Center health-care professionals specializing in ortho- pedics and spine surgery.

Together, Purcell’s team discussed safety needs in the design and how to incorporate the proper ergonomics (effi- ciencies) while balancing function and comfort.

Dr. Steven Garvin, a board-certified and world-renowned orthopedic sur- geon and a member of Prostar’s advis- ory board, also played a significant role in these discussions.

Safety was Purcell’s top priority. Con- sequently, he undertook a video, with his wife as the subject, the results of which revealed many shortcomings with the design of the existing mobile device.

Through several videos, Purcell began to understand the safety issues and the flaws of existing walkers and applied her learnings to develop concept drawings and specifications for Prostar’s walker.

“I used the computer to come up with a 3D design,” said Purcell adding that led to development of a mock-up of a better walker that users were then able to “test drive” for him to make further refinements.

“We had people try out the mock-up and say what they liked and didn’t like about it,” Purcell said. “What they said was they didn’t like walking behind it and pushing it like a wheel barrow, which they felt was unsafe, saying it (walker) needed to more upright. They tried the new walker, loved it, thought it was improved. A couple of them wanted to take it home.”

Purcell said the objective is now to move forward with creation of an actual prototype walker.

Purcell has filed for patent protection for the new device. He’s also formed a limited liability company with a board of directors to launch his prospective new start-up.

The LifeWalker Upright’s purported enhancements:

- Armpads that provide stability and support;
- Weight off-loaded from the spine, hips, knees, ankles and feet;
- Walk longer and further;
- Improve your general health with exercise; and
- Stand upright and see the world again.

What are the next steps for Purcell with his new-and-improved walker?

Prostar launched a Kickstarter campaign (www.kickstarter.com) on Sept. 10 to raise $150,000 to bring the device to market.

“It will be sold in clinical settings – hospitals, rehabilitation centers, skilled- and assisted-living facilities and by phys- ical therapists,” said Purcell of LifeWalk- er Upright, adding, “We’re going to Europe to set up distribution there.”
Pointers come back strong after Eagles

By SCOTT HOPKINS | THE BEACON

After digging themselves into an early deep hole, the Pointer football team was clinging to a final chance to extricate itself on a fourth-down play with only one minute remaining in last Friday’s nonleague game at home against South Bay’s Olympian High School.

The Dogs matched down the field before finding themselves in this do-or-die predicament. Senior quarterback Brenden Torrence then lobbed a high pass to the sideline, and junior Tshombré Carter raced 41 yards on a reverse that took the Eagle defense by surprise, with Carter racing 41 yards to the ten-yard line.

Extra points:
• This is the Pointers’ annual bye week before the highly anticipated “Friday Night Lights” homecoming game takes place on Oct. 9 against Hoover. Kickoff is at 6:30 p.m.
• Prior to the Olympian game, Pointer players saluted their teachers by escorting them onto the field as they were introduced as part of the Staff Appreciation game. Teachers wore jerseys matching their players’ numbers.
• Griffin, the Pointers’ top running back, returned to action against Olympian after sitting out two games following a leg injury, but he was injured again attempting to catch a long pass. The Pointer JV team improved to 4-1 with a 24-21 victory over the Eagles, while the freshman squad stands at 2-3 with a 14-6 loss.

Points sailing ahead of competition this season

By SCOTT HOPKINS | THE BEACON

Point Loma High’s renowned sailing team keeps – well – sailing along as the 2015-16 season gets under way.

Not only did the Pointers take first place in the Gold Division of the In-District Regatta event, sailed Sept. 19 in Newport Beach, but their newer members received invaluable experience as a total of five C-F1 class boats bore the Pointer logo.

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Besides their No. 1 boat bringing the Pointers sailing ahead of their closest competitors by a 21-point margin, the Pointers also gained a valuable edge in the Gold Division of the In-District Regatta, sailed Sept. 19 in Newport Beach.

The Pointer offense had four possessions during that span, resulting in two fourth-down stops and a punt plus a blocked short field goal attempt.

And after the third Eagle touchdown, the Pointer defense forced six punts and recovered a fumble, yielding only two first downs in the process.

That hole was just too deep.
Chefs on the Point fundraiser for Dewey Elementary at Liberty Station

Jim Seman, spokesperson for event sponsor Point Loma Optimists, said the fundraiser is for a worthy cause.

“You may not know anything about Dewey Elementary School even though you may drive by it every day,” said Seman, noting Dewey is in front of the Navy’s Gateway Housing complex on Rosecrans.

“We have five elementary schools here on the Peninsula, and most have foundations that raise funds for educational programs, technologies and events. One of those schools raised over $230,000 just last year. Little Dewey raised $6,000 through their Parent Teacher Organisation. These young military families are our neighbors, and we’d like to help them do better.”

“The military sends the more special needs students to Dewey Elementary, this is one to oversee the materials on a weekly basis.”

Tanya McMillin, “Because of this, we have a higher number than usual of special needs students we serve. 13 percent rather than a typical 9-10 percent.”

All funds raised from Chefs on the Point will go toward the purchase of equipment for the new Dewey math and science lab. Dewey principal McMillin, a special ed instructor prior to becoming principal, noted that “science is one of the easier topics to make accessible for special needs students” being “fun, interesting and interactive.”

McMillin noted that, in order to offer any extras for its students, that Dewey must rely on “outside funding sources.” The principal said what she’d like to do is raise enough money to start a new Science/Math Lab.

“I have a team of nine that have volunteered to get this project off the ground, implemented and sustained,” McMillin said, adding, “Dewey would provide dedicated classroom space where all students would get at least one hands-on science activity/experiment per week in a lab environment, as well as being able to do hands-on math exploration. In order to provide this experience, we would need funding for supplies and equipment as well as minimal funding for someone to oversee the materials on a weekly basis.”

PLNU SPORTS >>
Rivalry week is here for PLNU

The Point Loma Nazarene University athletic teams kicked off their annual fall rivalry week on Wednesday, Sept. 30, when the Point Loma Sea Lions hosted Azusa Pacific University in volleyball.

And on Thursday, Oct. 1, Point Loma will face Azusa in a historic soccer doubleheader. The Point Loma Athletic Department will be bringing in lights for this match, as the Sea Lions will play their first night home soccer match.

Volleyball climbs in rankings

The Point Loma volleyball team moved as high as No. 22 in the American Volleyball Coaches Association poll and has recently settled in at No. 24. The No. 22 ranking was the highest in the history of the program and the three weeks the Sea Lions have remained in the poll is also the longest-run ranking for PLNU at the NCAA Division II level.

Senior outside hitter Heather Leavitt, the most valuable player of the Seaside Invitational, leads the PacWest conference with 4.67 kills per set. Senior set-ter Savannah Wedemeyer is second in assists with 11.06 assists per set.

Bree Vieth ranks fourth in aces (0.45), while Savannah Wedemeyer is second in service percentage with 4.39 digs. Christin Fisher is fourth, with 4.39 digs.

Point Loma Optimist Club is sponsoring Chefs on the Point, an inaugural, culinary fundraiser benefiting Dewey Elementary School on Sunday, Oct. 18 from 2 to 6 p.m. at Stone World Bistro & Gardens, 2816 Historic Decatur Road, No. 116.

Ticket cost is $150. Guests will be welcomed with an iced oyster bar and white wines. Individual chef stations will be spaced throughout the venue. Local chefs will be featured at the event, which will offer the best in Baja-Med cuisine. Chefs will prepare a Baja-inspired plate which will be paired with a Baja/Valle Guadalupe wine.

The venue within Stone is in Building 3.2 and will be held outside as well under the big pine tree. Seating capacity is 200 to 250.

This top-rate culinary event will benefit Dewey Elementary, a Title 1 school in Point Loma.

Nearly 75 percent of Dewey students qualify for the free- or reduced-lunch program. They are primarily the children of young E6 and above military parents, who, being in the lower pay grades, lack extra money for education. Additionally, the Dewey student mix includes more special needs students than the military transfers the parents of these students to San Diego to be near a Navy Hospital.

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Fall Festival

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PLNU forward

RIYTHRU- OCTOBER 2, 2015 THE PENINSULA BEACON

COMMUNITY

La Jolla Art & Wine Festival Oct. 10-11

By MARTIN JONES WESTLIND | THE BEACON

“There’s something for everyone” rings especially true at fall party time — but when you’re talking the La Jolla Art & Wine Festival, the phrase takes on a little different significance. Proceeds benefit under-funded art, music and science programs and onsite medical care at the neighborhood’s public elemen-
tary and middle schools — clearly, the festival’s founders and partners recognize that La Jolla’s young people aren’t just “everyone.”

They’re as fine a group of students and volun-
teers as you’ll find, and some will probably be work-
ing a book or two at the Festival. The event’s sev-
enth installment, which will take up a large portion of Girard Avenue, is set for Saturday and Sunday, Oct. 10 and 11, and it’ll feature the works of more than 150 artists from San Diego, L.A., Orange County, the Baja and other locales: a silent auction, roving entertainment and a gourmet marketplace; a family art center and a wine and beer garden.

And while the latter is off limits to the kids, they stand to benefit from a development whose signifi-
cance has far-reaching effects for trade throughout the region. Indeed, wine is as much a part of the area as it is half the festival’s name.

Ken Chalmers, proprietor at Bird Rock Fine Wine since its founding in 2012, knows this well. Not only is his shop a featured festival retailer, it’s a cat-
alyst for his place in the neighborhood.

“Most of the wines I sell aren’t necessarily local wine,” he said, “but I’m a local wine shop. For the fes-
tival, I like to pick out five or six that represent my store. That’s a tricky thing, to say there are regular customers or people that you’ll see at the festival. The important thing is that I endeavor goodwill in the neighborhood and in the schools. My daughter went to Bird Rock Elementary, and it’s important to me to stay a part of the school and the neighborhood. If being part of the festival [accomplishes] that, I’m willing to do it.”

READ MORE ONLINE AT sdnews.com
Thousands will be drawn to one of San Diego’s most attractive festivals, the 11th annual Ocean Beach Oktoberfest, on Friday and Saturday, Oct. 9 and 10. Guests at Southern California’s only Oktoberfest party at the beach can listen to live music, enjoy an oceanfront beer garden, participate in the annual OB Brat Trot Runs or try their luck in contests for cash prizes.

The event features nontraditional and traditional Oktoberfest games, contests and activities, live music, entertainment, food and craft vendors. There will also be a Find the Schnitzengruben, a cash-stash contest leading up to the event. Participants who follow OBOktoberfest on Twitter will be given clues to find envelopes filled with cash around Ocean Beach.

The event will kick off Friday night with live music by Through the Roots and Electric Waste Band. There will also be German microbrew tastings in the 21-and-older beer garden. Tastings will include seven half pints, which will include a selection from Spaten, Franziskaner, Beck’s, Widmer and Goose Island.

Admission to the beer garden is $5, valid for both Friday and Saturday. Tasting tickets can be purchased online at OBOktoberfest.com for $25 or at the event for $30.

Saturday morning festivities will begin at 9 a.m. with the fourth annual OB Brat Trot, a fundraiser sponsored by Ocean Beach Community Foundation to support local youth sports. All ages are invited to participate; registration is $25 per family (up to six participants) for the 2K Family Fun Run at 9 a.m. and $30 per person for the 5K Beach Run to follow at 10 a.m. Registration for the 5K Beach Run includes two complimentary beers and free entrance to the beer garden for runners 21 and older.

Saturday will also include a free beachside, all-ages stage with performances by the ReyVinole Band and the Bavarian Beergarden Band, along with a food and craft vendor area on the Veterans Plaza lawn. Beer garden entertainment will include live music by Hirie and Brothers Gow; the annual Sausage Toss Competition for a $10,000 cash prize; and Ms. Oktoberfest, bratwurst eating, stein-holding and other competitions.

There will be Saturday VIP tickets available for $50, which will include entry to the beer garden, an OB Oktoberfest mug, a Tarantino sausage, two drink tickets and access to the oceanfront Jägermeister VIP Lounge with personal bartender service.

Event shuttles will run every hour between the 710 Beach Club in Pacific Beach and the festival on Friday from 4 to 11 p.m. They will deliver people to and from the festival every half hour throughout the day Saturday from The Local Downtown, Rabbit Hole in Normal Heights and 710 Beach Club. The final shuttle will leave Ocean Beach at 10 p.m. There will also be a free bike and skateboard valet at the lifeguard parking lot.

OB Oktoberfest is presented by Ocean Beach MainStreet Association, Hoy Hoy Boys and the Ocean Beach Community Foundation. In the past decade, the OB Oktoberfest has raised more than $200,000 for local nonprofit organizations.

For more information, visit OBOktoberfest.com.
Kaiserhof Restaurant Celebrates Oktoberfest 2015 Prost!
The Oktoberfest food, fun & festivities continue all through October. Kaiserhof features a special Oktoberfest menu featuring some of your German favorites (plus American favorites as well). And, of course, being a German Restaurant it has a great selection of beer on tap - 14 varieties to be exact and countless other choices in a bottle. They also have one of the best selection of German beers around featuring some special beers for Oktoberfest. And you can sip your beer in the biergarten, a lovely outdoor heated area. Full bar also available. For something really special don’t miss the pig roast on October 25th at 4pm. Be sure to call for reservations. Although Kaiserhof is the perfect place to celebrate Oktoberfest, you’ll find great food and drink all year long at this family owned and operated German restaurant. A German restaurant would not be complete without wienserschnitzel or jagerschnitzel. It doesn’t get much better than the “wurstplate”, which includes: bratwurst, knackwurst and bauernwurst with sauerkraut and red potatoes and a good German beer. American style entrees include grilled halibut steak, poached salmon filet with hollandaise, filet mignon Madagascan with peppercorn brandy sauce, or a New York strip steak.

Kaiserhof Restaurant 2253 Sunset Cliffs Blvd.  (619) 224-0606 kaiserhofrestaurant.com

Correction: In The Readers Choice Awards Edition the winner of the award for Best Chef at BO-beau kitchen + bar chef was misidentified. Tim Eylens is the executive chef and won the Gold Medal.

Executive Chef: Tim Eylens
Restaurant: BO-beau kitchen + bar
Eylens believes the most important part of being a Chef is “not being afraid to get your hands dirty” and attributes his success to his parents for teaching him the meaning of hard work. To read Tim Eylens full Bio go to cohnrestaurants.com/chefs/tim-eylens
4th Annual OB Brat Trot 5K Beach Run & 2K Family Fun Run

There are two events to participate in - 2K Family Fun Run and 5K Beach Run! Run one or both - your choice. All ages are welcome. Both races start and end near the entrance of the OB Oktoberfest Beer Garden in the OB Pier parking lot. The 5K OB Brat Trot Beach Run runs along the beach from the OB Pier to the river channel and back. The 2nd Annual 2K Family Fun Run will also be run on the beach and is a fun family event.

Costumes are highly encouraged! Dust off your lederhosen and yodel down the beach with your favorite hot dog! Prize for Best Costume.

This annual event is sponsored by the Ocean Beach Community Foundation. All OB Brat Trot Beach Run Proceeds to Benefit Local Youth Sports.

Event details and schedule

2K FAMILY FUN RUN
Cost: $25 per family (up to 6 runners per family entry)
Check in is 8:30 am. Race Time is 9 am.
Trophy for 1st place family. Families must finish together.

5K BEACH RUN
Cost: $30 per runner
Check-in at 9:30 am. Start Time 10 am.
Trophy for 1st place runner.
Entry fee includes entry into the OB Oktoberfest, tickets for 2 free beers*, and entry into prize drawing*. *21 years of age & older with valid ID
5K BONUS: Racers - bring a friend* before 11am and your friend gets free admission into the OB Oktoberfest Beer Garden!

No Refunds.

4th Annual OB Brat Trot 5K Beach Run & 2K Family Fun Run

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  - ALL PITCHERS $1.50 OFF
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OB Oktoberfest 2015

**OB Oktoberfest 2015**

**Friday, October 9th**
4:20pm-11pm

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A memorial will be held for local keyboardist, Mighty Joe Longa who passed away on Aug. 30. The memorial to celebrate Longa’s life will take place 2 to 6 p.m. Saturday, Oct. 3 at the Moor Lodge, 9062 Memory Lane, in Lemon Grove.

Lunga played in San Diego bands and clubs for over 35 years. For years he played every Thursday night at Texas Tea House with Tomcat Courtney. He played with Copenhagen in the 1970s, they were the house band at Webb’s (now Winston’s).

Other musicians Longa played with through his long career included Gary Wilson and the Blind Dates, master fiddler Doug Kershaw, King Biscuit Blues Band, Buddy Blue and the Jacks, Powerthud and Rainy Blue. He played with Joey Harris and the Mentals with Mojo Nixon until the time of his passing. Longa also played the role of “Hitchhiker Joe” in the Rugburns video.

25th annual San Diego Music Awards to feature the best bands and performers

BY BART MENDOZA | THE BEACON

The local music community’s biggest event of the year, the San Diego Music Awards, takes place on Monday, Oct. 5 at Humphrey’s Concerts by the Bay, 2241 Shelter Island Drive.

Info: humphreysbackstagelive.com

2015 marks the 25th anniversary of the SDMAs, so event organizer Kevin Hellman has put together an impressive lineup that will feature performers from throughout the awards’ history, including legendary saxophonist and now Rolling Stones sideman Karl Denson, reggae favorites Big Mountain, acoustic troubadour Gregory Page & His Accompanists, indie combo Louis XIV, The B-Side Players, Americana quartet Berkeley, Hart, Sehns, Twang and up-and-coming singer-songwriter Cody Lovaas. This year’s Lifetime Achievement honoree will be guitarist Peter Sprague.

Four of the six categories this year,” said Lety Beers, drummer for The Bassics (Best Alternative Band) agrees.

“It’s a fun scene to be in and see it keep charging up.”

It’s a fun scene to be in and see it keep charging up.

“It feels great to have my work recognized, and, if nothing else, hopefully these nominations help introduce my music to people who haven’t heard of me yet,” he remarked.

Some of the other artists are our close friends and comrades,” he said. “I do think there’s camaraderie in the music community. I see it all the time in the respect and love we show each other. I think we all realize that supporting each other enhances everyone in the scene. There’s really no reason to be divided or petty.”

Lauren Levengraben, of Le Chateau (Best New Artist), considers the band interaction to be important.

“We’ve developed some strong ties with other bands we’ve played with, and some

Lauren Levengraben, of Le Chateau (Best New Artist), considers the band interaction to be important.

“We’ve developed some strong ties with other bands we’ve played with, and sometimes we’ll go out and support them and vice versa,” she said. “I’d say there’s a pretty strong sense of camaraderie in the music scene here – and everyone seems to know everyone.”

Ultimately, though, for musicians, the awards are a validation for their hard work. Pianist Danny Green is nominated in three categories this year (Best Jazz, Best Jazz Album and Album of the Year), and he notes the awards are a great showcase for area musicians.

“It feels great to have my work recognized, and, if nothing else, hopefully these nominations help introduce my music to people who haven’t heard of me yet,” he remarked.

“It has served as kind of a wake-up call confirmation that what we’re doing is being well received,” said KI singer Kiley Halpern, “because it’s not really about the award – more so when we found out about the nomination it just made us feel great to know that people are loving what we’re doing! We work night and day on it because it’s our passion.”

READ MORE ONLINE AT sdnews.com

Memorial for Joe Longa in Lemon Grove on Oct. 3

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Other musicians Longa played with through his long career included Gary Wilson and the Blind Dates, master fiddler Doug Kershaw, King Biscuit Blues Band, Buddy Blue and the Jacks, Powerthud and Rainy Blue. He played with Joey Harris and the Mentals with Mojo Nixon until the time of his passing. Longa also played the role of “Hitchhiker Joe” in the Rugburns video.

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You may be a serious animal lover – but if you have rodents in your attic, you need them out of there fast, as an infestation may expose you to serious disease.

Rats, mice and other rodents need a hole only the size of a quarter to get into your home. Once inside, they’ll take pleasure in destroying your insulation and causing other structural damage – so not only will they spread disease, they will make your house colder in winter and hotter in summer.

Attic Construction specializes in renovating and sanitizing your attic, removing all feces. All damaged insulation will be safely removed and disposed of. Rodents will no longer be an ongoing nuisance!

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Of course, it’s not all about the fun. Money raised goes to support the San Diego Music Foundation’s Guitars and Deering Banjos.

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For a free in home evaluation, call Attic Construction at (858) 465-7296 today!
A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.....

This industry report shows clearly how the traditional ways of selling a home have become obsolete in today’s market. The fact of the matter is that 75% of home sellers don’t get what they want for their homes and become distressed and disillusioned when they put their homes on the market.

As the report uncovers, most home sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In response to this need, the study’s authors have created a free report entitled “The 9 Step System to Get Your Home Sold Fast and for Top Dollar.”

To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-800-691-9384 and enter ID# 2000. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to find out how you can get the most money for your home.
Fall Activities Kick Off with Annual Fall Festival in Old Town

Old Town San Diego State Historic Park is kicking off the fall season October 10 with its annual Fall Festival. The museums and merchants in the state park will host family-friendly games, activities and entertainment reminiscent of an old-fashioned harvest celebration.

A master pumpkin-carving demonstration with nationally renowned food artist and chef Guido Michael will be a highlight of the day. Eight of the chef’s creations will be given away at the end of the day along with 10 instructional videos on fruit carving produced by Guido Michael.

Prizes will be awarded for games in the central plaza such as pumpkin toss, pumpkin races and more. Wells Fargo Museum will be hosting crafts and a pony-toss game as well. Wells Fargo Museum will be hosting crafts and a pony-toss game as well. Wells Fargo Museum will be hosting crafts and a pony-toss game as well.

Free craft activities will include pumpkin painting, corn shucking, pinecone bird feeders and corn husk flowers in a specially decorated Harvest Home. Participating merchants in the state park will also have craft activities inside their stores.

Suzie’s Farm will provide educational activities about organic farming in San Diego. There will also be a Gothic literature exhibit in the Robinson-Rose Visitor Center.

“Fall Festival is a great tradition that celebrates the turning of the seasons and the bounty of the harvest,” said Antionette Fischer of Rust General Store and Bistro who is heading up the event this year. “We want people to come experience an old-fashioned, family-oriented fall celebration in the fantastic historic setting of the state park.”

The activities start at noon and go until 4 p.m. Free parking is available throughout Old Town with extra parking available across Taylor Street in the CalTrans parking lot.

Fall Festival in Old Town San Diego State Historic Park is sponsored by Fiesta de Reyes, Geppetto’s, Racine and Laramie, Artisan Imports, Cousin’s Candy, Toder’s Leather Depot, The Johnson House, and Rust General Store and Bistro.

For information call (619) 297-3100 or visit www.parks.ca.gov/oldtownsandiego.
Portuguese Park is long overdue
By BYRON WEAR | THE BEACON

For the past year, the Peninsula Community Planning Board deliberated over implementing an important part of our community plan—the notion of a new park in Roseville. In 1986, I chaired the update of our Peninsula Community Plan and was a member of the Coastal Area Committee of the Park and Recreation Board, and in 1993, I was elected San Diego City Councilmember for District 2 for two terms.

During the update of our Peninsula Community Plan, we fought for language to add park acreage to the plan, later adopted by City Council in 1987. Based on any analysis ever completed, the Peninsula community does now have adequate acreage dedicated for parks, particularly in smaller neighborhood and community park categories. In addition, the “Peninsula Park Inventory Needs Analysis” completed in 2006 clearly shows the fact that our community contains park deficiencies.

The Canon Street/Avenida de Portugal site was one of the best sites identified to provide additional parkland for Roseville. Other potential park sites are limited in size, inaccessible or very steep. The area of Roseville adjacent to the Rosecrans transportation corridor is zoned for multifamily and additional housing units are anticipated as part of our adopted plan and SANDAG forecasts.

This elevated park site is an ideal location for a natural, peaceful pocket park providing a point of reflection overlooking San Diego Bay and an important landscaped pedestrian and bicycle connection from the Portuguese Hall to Cabrillo National Monument along Avenida de Portugal, Canon Street and Catalina Boulevard featuring additional landscaping and safe pedestrian and bicycle paths. Furthermore, the proposed park has broad community support from many residents and civic organizations willing to help and is consistent with our adopted Peninsula Community Plan.

The good news is our Councilmember, Lorie Zapf, has identified park funds within the Peninsula Community Development Impact Fee account to proceed with the park completion now. These fees have already been paid by developers for this purpose. The next steps are community workshops to receive public input, completion of a low-water use native landscape design and construction of the actual park. And our community will have opportunities to partner for special park enhancements and features.

This is a victory! It is time to complete this long-overdue park for our enhanced quality of life.

Byron Wear served as a member of San Diego City Council, representing District 2, from 1993 to 2002.

Cliff jumpers continue plunge
On the evening of Sept. 26, crowds returned to the Arch at Sunset Cliffs and jumped, flipped and dived into the water. Officials have been trying to stop cliff jumpers this year, but to no avail.

82% Reduction in Dementia?

With all the talk these days about Dementia you could be forgiven for thinking it’s an infectious disease. Don’t laugh! I actually had a client ask me if it was! The thing is, in years past everyone knew some older person who was a bit ‘senile’ but now it seems hardly a day goes by without hearing of a friend, family member or some famous person with Dementia.

Much of the research points to the simple fact that people who are simply living longer, which is great, but who wants to be around and have the most important part of your body failing miserably? Naturally this begs the question of ‘What can I do to minimize my chances of getting the disease?’

In a recent 10 year study by the Institute of Public Health at Cambridge University they have established that regular exercise can reduce your risk of Dementia by up to 82%. So what do they mean by ‘regular exercise’? Here’s what they recommend:

• 3 a week of vigorous exercise for 20 minutes with examples including jogging and swimming.
• 5 a week of moderate activity for 30 minutes and the best example of this is walking.

Can it really be that simple? Yes, ‘but’ other key contributors are smoking and being obese, so it really is a combination of lifestyle factors but clearly the most important consideration is getting some exercise!

Your thoughts? Let me know at smith@comforcare.com

O. B. People’s Food Market - Healthy Halloween Carnival

This month Ocean Beach People’s Organic Food Market celebrates our annual Healthy Halloween Carnival on Saturday, October 31. Enjoy organic pumpkin bread and apple cider all day, free healthy treat bags for kids, a clown, magician and more!

Nowadays, there is a different kind of market where people become something more than buyers or sellers, and that place is called a cooperative.

Co-op shoppers not only buy goods and services from the cooperative, but they also own the business. They use their combined power to invest their capital, operate their own business, provide themselves and others with goods and services, and share their benefits. Ocean Beach People’s Organic Food Market is a California Cooperative. But why buy your groceries at the Co-op? When you make purchases at the Co-op community benefits from its own economic activity. How? Your money stays in the local economy. Prices are fair, and local, organic farming is supported. Education and outreach projects promote a vision of sustainability within the community. This direction is widely different than the single end point of profit at any grocery store that is not cooperatively owned.

Come take part in the cooperative experience at Ocean Beach People’s Organic Food Market, located at 4765 Voltaire Street (619) 224-1387, where “Everyone can shop and Anyone can join.” Check us out on the web at obpeoplesfood.coop or visit us at facebook.com/oceanbeachpeoples.

People’s Autumn Corn Soup
This thick, sweet, satisfying soup is a favorite of kids and adults. Serves 4-6

4 cups corn, fresh, canned, or frozen
1 Tbsp. butter
1 onion, finely chopped
2 stalk celery, finely chopped
1 green or red bell pepper (finely chopped)
2 sticks celery, finely chopped
1 onion, finely chopped
Melt the butter in a large pot or Dutch oven on medium heat. Add onion, celery, bell pepper, and potato, then stir. Cover the pot and let everything fry and steam for about 5 minutes. Take the lid off the pot and add the garlic and chilli pepper, if using. Stir the vegetables, using a splash of water or broth to free any that get stuck to the bottom of the pot. Let the vegetables cook, stirring occasionally, for another 5 minutes. They should be lightly browned and soft, although the potatoes will not be fully cooked yet. Add corn and celery or flour to the pot and stir. Cover with about 5 cups of broth and bring to a boil, then turn the heat down to low and simmer for about 30 minutes. The broth will thicken and become opaque. Add salt and pepper to taste. Serve with thick-sliced garlic bread.

For more great tasting recipes, stop by People’s and pick up a copy of our free monthly newsletter!

Thanks for Voting for Us!

A child’s whisper, a subtle melody, a gentle laugh... These are some of the gifts of good hearing. We rely on our hearing not only for our daily living and safety, but our emotional well-being, too. At Point Loma Hearing Center, our mission is to protect and preserve your hearing.

Dr. Dena Rios, Au.D. is your Audiologist partner in education, diagnosis and care.

SERVICES PROVIDED:
• FREE 60 minute initial consultation
• Hearing aid evaluation
• Ear wax removal
• We can help clean, repair and reprogram your current hearing aids
• We work with all major manufacturers

Call us today for an appointment!
The FAA has said the 500-plus daily departures and arrivals at San Diego International Airport, 97 percent of which leave to the west and arrive from the east, would not violate any aspect of the SOI, adding that “noise levels won’t exceed an average daily increase in excess of 5 decibels.”

District 2 Councilmember Lori Zap has responded with a letter to the FAA detailing her opposition.

“I oppose removal of LWMA Waypoint, as many of my constituents have expressed concern that the permanent removal of the waypoint may only increase levels of visual and operational disturbance for many residents in OB and Point Loma,” Zap wrote.

“This proposed waypoint change would contribute to an increase of the ‘early turn’ of flights through Point Loma, an aircraft community and university have worked so hard to protect against... I am optimistic that we can work with the FAA to find a better solution that protects the honors precedence and does not sacrifice the quality of life for our constituents.”

Peninsula and former legislator Byron Wear also concurs with the removal of LWMA Waypoint.

“As District 2 councilmember, I was proud to work with Congressmen Brian Bilbray, the FAA and the Air Traffic Control System Review Board to develop a new agreement to route aircraft away from the Peninsula,” Wear said. “I oppose any changes to the agreement that would add more disturbance over the Peninsula affecting residents, visitors and the Navy installations on the Point.”

READ MORE ONLINE AT sdbonews.com
What is Sexy? Discussing fish tacos, Taylor Swift, and randy pandas with Martha Hunt

By Thomas Jones Westlin | The Beacon

Apparently, San Diego is sexy. At least that’s what Victoria’s Secret’s Twitter fans concluded. The popular lingerie company recently released its 2015 What Is Sexy? List, and America’s Finest City earned the Sexiest City title, via voting on Twitter.

That honor came with a reward — Victoria’s Secret Angel Martha Hunt who visited the company’s store at Fashion Valley Mall Saturday afternoon. That’s where I come in.

Local scribblers were given around five minutes each to speak with Hunt and discuss the sexiness of San Diego.ushed by a publicist after a 20-minute delay, I had my chance to question an angel. Hunt, blonde with blue eyes, wore a skin-tight dark blue dress with high heels, stood in front of a wall of colorful brasse and sipped iced coffee.

Me? Bulky and bearded, I wore my best fluffflops and couldn’t help but feel sexy.

I did my homework on Hunt. She’s 5-10, from Wilson, N.C. and a 26-year-old model. OK, I’m way out of my depth, but I’ve come a long way since then. I’ve always had a plan to go on.

I played the interview straight at first, but somewhere along the way the subject of animal husbandry and horny pandas got her giggling. How did we get there? Read the conversation below and, as always, stay sexy, San Diego.

For debut Point Loma novelist, art imitates life (and vice versa)

By Martin Jones Westlin | The Beacon

The buzz in today’s book industry says that every 1,000 mainstream manuscripts submitted for publication, only three—three—a year’s daylight, even in sunny San Diego. The field is awash in new production technologies available to hungry wannabe authors; even so, public opinion has a way of separating the wheat from the chaff, and the latter rarely meets with real success after 12-months’ visibility.

Point Loma native and resident Jill G. Hall thinks a well-researched story, one that helps readers separate the wheat from the chaff, is the way to San Diego.

Comes now “The Black Velvet Coat: a Novel,” helped me hone my craft. After that draft, the odds. At 60, she’s a debut author — a debut author after 12 months’ visibility. Hall spent 10 years crafting this story, even so, public opinion has a way of separating the wheat from the chaff, and the latter rarely meets with real success after 12-months’ visibility.

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It’s about honoring the hottest, most inspiring women in Hollywood. And this year the fans got to vote for a couple of the categories, and that’s why San Diego won sexiest city. That’s why we’re here.

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The list has the sexiest, sexiest bikini body, sexiest smile, sexiest legs, sexiest sense of humor, which went to my girl. Amy Schumer — I think she’s hilarious.

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TM: What’s the sexy list?
MH: It’s about honoring the hottest, most inspiring women in Hollywood. And this year the fans got to vote for a couple of the categories, and that’s why San Diego won sexiest city. That’s why we’re here.

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TM: You were in Taylor Swift’s ‘Bad Blood’ video?
MH: I was. It was awesome and exciting. I was Home Slice because I slice people in half. My name is Shal. Shal won sexiest legs. Can you think of someone who deserved it more? Her legs are incredible.

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TM: You did your first runway show in Paris?
MH: Yes, my first runway show was in Paris. I was 18. I didn’t do any runway until I graduated high school. Sort of went from Wilson. N.C. to Paris. I stopped in New York City briefly but then went on to Paris.

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TM: How was that?
MH: The beginning was daunting, but I’ve come a long way since then. I’ve come a long way from Wilson, N.C. All the way to San Diego.

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TM: What’s sexy about San Diego?
MH: I think it’s about summer all year-round here so people can wear sexy clothes — bikinis and shorts — all the time. I think people feel sexier and dress sexier in the warm weather.

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TM: What makes someone sexy?
MH: It’s really about an inner confidence. I think it comes from the inside out. Also, wearing Victoria’s Secret lingerie helps. How can you not feel sexy wearing that?

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TM: What do you like about San Diego?
MH: It’s such a beautiful city with the beaches and waterfront. I visited Coronado, the Midway museum and Balboa Park — that was a beautiful and sexy place. Plus, Ron Burgundy lives here. He’s kind of a big deal. Are you from here?

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TM: No, I moved from New York. MH: And you came here because it’s so sexy, right?

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TM: Yes, that’s the first thing I look for in a city. I thought about Miami or L.A., but decided on sexy San Diego. I thought I would fit right in.

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TM: What else do you like about San Diego? MH: The people, the energy and the food. The food is great here.

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TM: What’s the sexiest fish taco for lunch? MH: How did you know? Did someone one text you that? Can you smell it on me — oh, that’s not sexy.

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TM: I just guessed. It’s the first thing people eat when they visit San Diego. MH: It was great. Loved it.

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TM: Anything else sexy about San Diego? MH: I don’t know, maybe the zoo. The zoo’s a sexy place, right? There’s probably a lot of sex going on at the zoo.

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TM: Um, yeah, maybe between the animals? MH: (Laughs.) Yeah, the animals are always having sex.

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TM: Especially those pandas, they are always going at it. MH: (Laughs.) Yeah, those pandas, they’re like rabbits. Always at it … (Laughs.) Oh, no, where am I going with this … I’ve gotten way off track here.

Hall spent 10 years crafting this story, even so, public opinion has a way of separating the wheat from the chaff, and the latter rarely meets with real success after 12-months’ visibility.

The publicist says Martha has another interview to get to.

TM: Thank you, Tom. Are you going to stick around and shop? Maybe buy a dress for yourself? (Laughs.) MH: Um, maybe, but let’s keep that on the downlow.

Hall spent 10 years crafting this story, even so, public opinion has a way of separating the wheat from the chaff, and the latter rarely meets with real success after 12-months’ visibility.

(Incidentally, the picture shows Martha with her önce interview to get to.)
REAL ESTATE DIRECTORY
Friday Night Liberty

Friday Night Liberty at the Arts District at Liberty Station will take place 5 to 9 p.m. Friday, Oct. 2, at 2640 Historic Decatur Road. Friday Night Liberty is packed with live performances and unique exhibitions.

- San Diego Dance Theatre previews their iconic Trolley Dances then shows off work by Yolande Snaith; happening on Friday, Oct. 2, 6 to 9 p.m., Barracks 26 Plaza.
- ARTS A Reason to Survive shows off handmade industrial furniture all night, with pieces available for purchase.
- Celebrate the Art in Archaeology at California State Parks in Barracks 26; see works by the California Book Arts members at the Women’s Museum and visit studios of numerous talented artists in the Barracks buildings at Liberty Station. Visit nicelibertystation.com for information.

Garden Club meeting

The Point Loma Garden Club monthly meeting will take place 11 a.m. Wednesday, Oct. 14, with The Flower. Bette Childs and Joanie Esyp specialize in creating unusual planted pots and floral arrangements. Plant sale follows. Free at Portuguese Hall, 2818 Avenida de Portugal. For more information, visit plgc.org.

OB Library events

- The Dumby Green Trio will perform 5:30 to 6:30 p.m. on Wednesday, Oct. 1. Pianist and composer Green has garnered a reputation as an emerging artist whose music sounds simultaneously seasoned and fresh. Showcasing a brilliant blend of jazz, Brazilian, Latin and classical elements, Green’s music engages listeners with evocative melodies and infectious rhythms.
- On Saturday, Oct. 17, from 2 to 3 p.m., Union-Tribune language columnist Richard Lederer will take the audience on a joyride of the English language. Lederer is the author of 50 books about language, history and humor, including his best-selling Anguished English series and his current books, “Amazing Words.” “Lederer on Language” and “Monsters Unchained!” He is also a founding co-host of “A Way with Words” on KPBS public radio.

Ocean Beach Branch Library is located at 4801 Santa Monica Ave. Call (619) 531-1532 for more information.

Pointers Holiday Craft Faire

With the holiday season fast approaching, area crafters are being sought for an event that directly benefits local high school students and staff.

The PLHS Pointers Holiday Craft Faire takes place from 9 a.m. to 3 p.m. Oct. 10 on the school campus. All proceeds are used by the Protect Our Pointers Committee, whose mission is to provide certified athletic trainers at every PLHS sports event.

The trainers, from Point Loma Nazarene University, prevent and treat injuries immediately and also provide lessons to PLHS students exploring athletic training as a career.

Each 10-by-10-foot faire space is priced at $60. Crafters can obtain an application or receive further information from event organizer Eleanor Snyper at protectourpointers@gmail.com.

The Protect Our Pointers Committee is part of the PLHS Pointer Association, a nonprofit corporation supporting the school.

Bach Collegium season opens

Bach Collegium San Diego’s 2015-16 season opens on Oct. 16 with a program called “Something About Mary,” featuring rarely heard works by J.S. Bach and Henry Purcell. Performances are Oct. 16 at St. James and Oct. 17 at All Souls Episcopal Church in Point Loma.

BCSD is the city’s highly acclaimed early music performance ensemble. The programs includes J.S. Bach’s cantata “Horch und Mund und Tat und Leben,” written for the Feast of the Visitation of the Virgin Mary, which retells Mary’s visit to her cousin Elizabeth following the Annunciation.

Purcell’s “Celebrate this Festival” is the fifth of six birthday odes to Queen Mary II, extolling her virtues and divine right – it’s a San Diego premiere.

DON'T FORGET...

Roland Wild Cap Berries...............$4.69 4.95%.
Yogi Tea Cranberry Spice Pomegranate 3.99 4 oz.
Popcorners Popcorn Corn Chips.........$1.99 4 oz.
David Lewis Organic Banana Chips 3.99 14 oz.
Simply Delish Chocolate Pudding 2.49 12 oz.
Amrines Graham Crackers..................$4.69 6 oz.

Barons market

BAYVIEW

Point Loma
4300 W Point Loma Blvd.
1 Block W of Midway Dr. (619) 225-4367

Rancho Bernardo
18212 Rancho Bernardo Rd
In the Mercado (619) 483-8500

Temecula
31635 Rancho California Road
Corner of Rancho Pkwy. (619) 659-1111

Wildomar
62210 Clinton Keith Rd.
1 Block W of I-15 (619) 690-5926

Alpine
14274 Tapers Road
In the Alpine Creek Town Center (619) 644-5990

Murrieta - Coming Soon

baronsmarket.com

Check out our Great October Beers!

Barons market

Simply Good Food. Simply Good Prices.

STRAWBERRIES

Organic Purple Sweet Potatoes

$1.97 lb.

Livingston

Butternut, Acorn, Kabocha & Spaghetti Squash

$77 ea.

Clements, CA

Boar’s Head

Cooked Bratwurst

$6.99 16 oz.

La Terra Fina

Quiche

$7.99 23 oz.

TRIP TIP ROAST

$9.99 24 oz.

Crappie Mullet

Fresh Tilapia Fillets

$8.99 lb.

Grilled Ballast Point Old Forester Bourbon Barrel Aged

$10.56 fl. pk. Bot

Kaufman’s Neighborhood

$9.99 6 fl. Bot

Hangar 24 Octoberfest

$10.99 6 fl. Bot

Jo’s Smith’s Dead Heat

$6.22 22 oz. Bot

Sentinel Brewing Company

$7.49 22 oz Bot

Dolphin Fish

Point Loma

Barons market

Simply Good Food. Simply Good Prices.

Cantaloupe

3 lbs. for $3

Valley Center

Fuyu Persimmons

88¢ ea.

Idaho

Russet Potatoes

97¢ each

Potato Lady

Butternut, Acorn, Kabocha & Spaghetti Squash

$77 ea.

Clements, CA

Shelnutt’s

Fresh Tilapia Fillets

99¢ lb.

Sentinel Brewing Company

$7.49 22 oz Bot

Dolphin Fish

Point Loma

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Bananas

$1.69 lb.

Brown

Cereal

$1.24 lb.

Barons market

Simply Good Food. Simply Good Prices.

DON’T FORGET...

Roller’s Wild Cherry Berries...............$4.69 4.95%
Yogi Tea Cranberry Spice Pomegranate 3.99 4 oz.
Popcorners Popcorn Corn Chips.........$1.99 4 oz.
David Lewis Organic Banana Chips 3.99 14 oz.
Simply Delish Chocolate Pudding 2.49 12 oz.
Amrines Graham Crackers..................$4.69 6 oz.

BEER CORNER

Barrels

Ballast Point Dead Ringer Oktoberfest.............................$10.56 fl. pk. Bot
Hangar 24 Octoberfest...............................................$10.99 6 fl. Bot
Jo’s Smith’s Dead Heat...........................................$6.22 22 oz. Bot
Sentinel Brewing Company..............................$7.49 22 oz Bot
Dolphin Fish............................................................$11.49 4 fl. Bot

Crystal Geyser

WATER

$3.99 +CD

2 liter, 24 pk.

Price: Effective 9/20/15 - 10/17/15

BAYVIEW

The BAYVIEW’s new owner noted he has personal experience with dementia care for the elderly, having had a grandmothers, who was afflicted.

That experience, Sentinerri said, “That helps us in giving consultations.”

“We’ve established ourselves around San Diego in the industry specializing in trusts, annuities, financial planning and retirement options,” Jeff Sentinerri said. “That helps us in giving consultations.”

BayView’s new owner noted he has personal experience with dementia care for the elderly, having had a grandmother who was afflicted.

That experience, Sentinerri said, guides his family moving forward.

“We got into it (senior care) to do the right thing and offer good care and services,” he said, adding, “We’d like to engage the community. We’re highly motivated to do that.”