The back-and-forth battle over the legitimacy of a towering cross on Mount Soledad in La Jolla is finally over after a 25-year court fight.

The 27-foot cross, built as a Korean War memorial in 1954, will remain as it is, where it is. An agreement has been reached to allow the sale of the cross, along with its surrounding memorial granite plaque walls, from the U.S. Department of Defense to the Mount Soledad Memorial Association Inc. The La Jolla veterans group bought the half-acre parcel containing the controversial Mount Soledad cross from the Department of Defense about a year ago.

James McElroy, the attorney who represented the late Vietnam War veteran Phillip Paulson who originally challenged the cross, and then the American Civil Liberties Union (ACLU) who took Paulson’s place, is convinced the cross’ sale this time is legit.

So is all said and done? “I think this is it,” concluded McElroy, adding, “We won at the Ninth Circuit Court. Faced with a court order to come up with another solution other than removing the cross, the U.S. government finally put together something that was palatable to us, that caused the transfer of the cross to a private entity.”

The cross has been sold to the Soledad vets previously, but the courts invalidated that sale ruling it wasn’t appropriate.

“Previously, the city tried to give this property to the Mount Soledad Memorial Association, and I challenged it because it was an unconstitutional government transfer of the property,” said McElroy. “It wasn’t a level playing field. It wasn’t fair market value for the property. It was a sham sale.”

But McElroy described the most recent sale as “a constitutionally acceptable remedy.” “They sold it to the vets for $1.4 million, which I think is in the ballpark of a reasonable value, given that it’s just a little postage stamp lot under the cross itself and it can only be used for park-

Cross this lawsuit off the list, Mt. Soledad icon to stay

By DAVE SCHWAB

The Market is Moving...Are you?

Pete Knows La Jolla

The 27-foot cross, built as a Korean War memorial in 1954, will stay on Mt. Soledad.
More restaurants needed, according to Merchants Association survey

By DAVE SCHWAB

In September, La Jolla Village Merchants Association (LJVMA) Business Improvement District (BID) unveiled results of a new business survey indicating a community desire for more restaurants, as well as plans for Pillage The Village annual children's Halloween festival.

Board members Elsie Arredondo, Brett Murphy and Ike Fazzio from LJVMA’s Economic Development Division jointly gave a presentation on results of a recent survey of local residents, online and in-person, asking them what types of new businesses are needed in La Jolla’s downtown Village.

“We’ve been working this past year on this special campaign, the goal of which is to bring new business to the Village to make it really thrive,” said Arredondo. “We wanted to look at the gap between what businesses we do have, and what we could add.”

Arredondo noted the survey showed “a high demand for (more) restaurants. People indicated they wanted healthier restaurant options, more retail shopping and a grocery store.”

Pointing out tourism is important during the summer, while noting that is a brief window, Arredondo added, “We truly believe we can bring our locals in to support our businesses, and that they can thrive in our environment.”

Fazzio gave a slideshow noting “there’s a lot of higher-end income in this area of La Jolla.”

“We need quantitative data, really hard numbers, to give us an idea of what La Jolla needs right now,” said Murphy adding, “It's a work in progress, a living document. I think it (survey) is a great start.”

Fazzio suggested information gleaned from the LJVMA business survey could be used by commercial real estate brokers to target those businesses the community wants to see come to the downtown Village.

“We have to keep talking about it,” said LJVMA board member James Niebling. “The more it develops ... great things are going to come out of it.”

LJVMA executive director Sheila Fortune said Pillage the Village, the community’s sixth annual kid’s Halloween party, falls on a Monday this year. Fortune also let the cat out of the bag in revealing “we’re considering adding a haunted house.”

READ MORE ONLINE AT sdnews.com

Fall in love with your jewelry again with new design

Diamonds on the Rock is operated by Debra Levine and her Son David.

“I grew up working in my family’s jewelry store in Upstate New York and always prided myself on giving personal attention and great customer service” said Debra. My favorite thing to do is help someone fall in love with their jewelry again.

Many people have things in their collection that they do not wear because it may not fit their current taste. We can redesign, reset, trade or even buy your piece so that it will be worn again!

Debra is a Graduate Gemologist and former Diamond Instructor at the GIA (Gemological Institute of America). She has been a jewelry designer for over 25 years. We can work with you to design a piece that is completely your own and one of a kind. Bring in your most used and cherished jewelry to be cleaned, repaired, or have the stones remounted to have them looking like the day you purchased them.

Diamonds on the Rock is located in Bird Rock at 5630 La Jolla Blvd. Call 858 750 2190 or Come in today!
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5BR/3BA  2,384 Sq. Ft.  $1,250,000 - $1,399,000

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Billionaires Row
www.BillionairesRowLaJolla.com
EdUCate! and the best Oktoberfest in the world in University City

By SANDY LIPPE

If Germany’s Chancellor Angela Merkel were smart, she’d hop a red eye out of Munich the last day in September, skipping the biggest German party for Oktoberfest, and touch down at Miramar Marine Corps Air Station. From there she could uber over to Standley Park on Governor Drive in University City for the 8th annual EdUCate! Oktoberfest, a fun fundraiser for all five schools in U.C.: Curtie, Doyle, and Spreckels, Standley Middle School, and University City High School.

Merkel would be welcomed and feel greatly appreciated by this crowd. One of the most popular events is the Principal’s Challenge, where the five principals compete with each other in interesting games. Nobody should miss this party on October 1st from 2 to 6 p.m. with brats and a beer garden, music and a home brew contest, a rock climbing wall and a beer stein contest. A trolley will run up and down Governor as well as Genesee to Nobel, so leave the car at home. Thanks to Coldwell Banker U.C. agents for underwriting the trolley.

Dawn Yandel, longtime member of EdUCate! is Oktoberfest chair again this year, so you know it’s going to be a blast. EdUCate! is defined as the U.C. Foundation for Public Schools and provides “out of pocket” expenses for extras that the school district cannot provide.

EdUCate! was founded in 1992 by several brainy, dedicated and tireless volunteers. These founding mothers and fathers knew that good schools are the key to good neighborhoods. Among the initial leaders were Deb Horwitz, Mary Kay Hewitt, Drs. Bruce Robbins and Elaine Hanson. Many others joined in as this 501-C3 grew like a 12-year-old kid over summer.

In 1995 the Taste of the Triangle, their biggest fundraiser, attracted Mayor Stephen Golding, Padres pitcher Randy Jones and Qualcomm founder Irwin Jacobs. In 2001, Cheryl Creagh created Honor A Teacher, a program where parents and community members can donate a sum of money in honor of their child’s teacher and include a note of praise for that teacher. Priceless.

One of the most popular events is the “spare tire” contest. A trolley will run up and down Governor as well as Genesee to Nobel, so leave the car at home. Thanks to Coldwell Banker U.C. agents for underwriting the trolley.

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EdUCate! isn’t just about the money; it is about making sure the money gets to the classroom. Teachers can apply for a grant, as can principals. One of the teacher grants went to purchase 36 compound microscopes for experimental and investigative learning in the science department of Standley Middle School. UCHS music director Cameron Brown asked for and received drum stands. The English department purchased a software tool as an effective deterrent to combat plagiarism. The Junior Achievement Biz Town, a four-week economic and investigative learning in the classroom. The Junior Achievement Biz Town, a four-week economic and investigative learning in the classroom.

Besides, the grant program, under the EdUCate! umbrella, three food trucks appear on Wednesdays in front of Spreckels School between 5 and 7 p.m. Families dine outside or take their dinners home. Ten percent of the profits go to EdUCate! so that customers can easily arrange for phone delivery and drop-in tutoring. UCHS for three days each week has a dynamic drop-in format aided by teachers, peer tutors, and community volunteers after school.

Through EdUCate! applications scholarships go to worthy UCHS students at graduation.

Village Veterinary Hospital now offers Patient Pick Up, Drop Off and House Calls

The Village Veterinary Hospital, located at 7527 Draper Ave in La Jolla, is now offering special services for animal’s and owners with special needs. You can arrange to have your pet picked up for transport to the hospital and returned home when the pet’s needs have been met and it has been treated later that same day, or the next day if needed or requested. They also offer pick-up & drop off service to Senior Living facilities in the La Jolla area. Under certain circumstances, house calls can be arranged. Village Vet is a full-service facility offering professional grooming, bathing, boarding, medical and surgical services. They can be reached at (858) 412-4776 between the hours of 9 am to 6 pm Monday through Friday and 9 am to 2 pm on Saturday. With advanced notice, early drop off can be easily arranged by phone.

Village Veterinary Hospital
7527 Draper Ave., La Jolla
(858) 412-4776
For the last 40 years the health mantra has been that all fat is bad for you and that it makes you fat. Multiple studies have been reported that the opposite seems to be true. The low fat craze did not lead us to become a nation of lean, fit people. Rather, we as a nation have become fat. Some areas in the USA boast an incidence of almost 50% of its population being overweight or obese.

How could this happen? The vilification of fat took off with the seven country study by Ancel Keys in 1970 with the observation that saturated fat raises cholesterol, a risk factor for heart disease.

The USDA got involved and released its “Using Dietary Guidelines for Americans” with very specific recommendations for fat intake: No more than 30% of total calories from fat and less than 10% from saturated fat. They also recommended that most of the fat in our diet should come from monounsaturated and polyunsaturated fats, whereas carbohydrates are optional, which may come as a surprise. Certain fats are essential which means we need to consume them through our diet since we are unable to manufacture them ourselves.

One of these essential fatty acids is Alpha Linolenic Acid or ALA, a polyunsaturated fat in the Omega 3 family. It is contained in flax seed, walnuts and green leafy vegetables. EPA and DHA, the other Omega 3 fatty acids, found predominantly in fish and fish oils, can also be produced via an enzymatic process from the ALA. But this process is inefficient in humans and need to be supplemented through one’s diet even though they are not essential. The other essential fats are of the Omega 6 variety, but they are ubiquitous and we need less of them.

The ratio of Omega 6 to Omega 3 fatty acids is very important and should ideally be 1:1 to 4:1. The reality, however, is that the Western diet leads to ratios of 15:1 or greater. A high intake of Omega 6 polyunsaturated fats has been shown to be detrimental over time due to their inflammatory properties. Inflammation is felt to be the root cause of hardening of the arteries with coronary artery disease, hypertension and stroke.

Since polyunsaturated fatty acids have become the “darling” of current dietary guidelines as the only fat to be used in the low fat scheme, the food industry saw a big opportunity. They started flooding the market with margarines consisting of partially hydrogenated vegetable oils and trans fats, just as heart healthy oils. Remember CoolWhip, non-dairy creamers, “I Can’t Believe it’s not Butter!” Even Crisco made the grade! In the case of Canola oil which is short for “Canadian Oil Low Acid,” it is an example of hydrogenated vegetable oil. It is a food ingredient created called rapeseed and was used for industrial purposes. Then someone had the idea of processing it at high heat with Hexane a chemical solvent to make it palatable. The same thing is happening with commercially processed soy, corn and vegetable oils.

The basic unit of the human body is the cell with its outer wall made up of fats. The fats in our diet greatly influence the property of the cell walls. If the cell wall is rigid it does not work well. When it is flexible, it allows for the smooth transport of hormones, proteins, enzymes and vitamins in and out of the cells. Omega 3 fatty acids are especially important for this cell wall flexibility. By consuming too many Omega 6 fatty acids from red meat, processed meat or trans fats, we change the cell walls and this over time is detrimental to our health.

Since too much saturated fat is considered bad and raises cholesterol, does it need to be avoided at all cost? The term “saturated” means the fatty acids are saturated with hydrogen molecules, which makes it solid at room temperature. Saturated fats are mostly animal fats, red meat, chicken, pork, dairy such as butter, cheeses, yoghurt and eggs, but also coconut and palm oils which are plant derived oils.

There is new evidence from studies and meta analyses that full fat dairy is actually good for you, lowering one’s risk for developing type 2 diabetes. It may have something to do with its content of Conjugated Linoleic Acid or CLA, an Omega 6 fatty acid. It is contained in whole fat dairy, but removed in the process of making non fat dairy products. The industry then repackages the CLA and touts it as a weight loss product. Do they know something the average consumer does not?

This does not give us free license however, to go out and gorge on red meat and butter, which should only be consumed in small quantities in favor of fish, poultry and dairy. Eggs, They are actually good for you and do not raise your cholesterol unless consumed in the context of a typical American breakfast with bacon and pancakes soaked in syrup. It is the high content of refined carbs in the pancakes, mostly refined white flour, and high fructose corn syrup. Excess refined carbs lead to spikes in blood sugar triggering excess insulin secretion with its negative metabolic consequences over time, weight gain, diabetes and abnormal blood fats, particularly an increase of the small dense LDL cholesterol particles, the real culprit in hardening of the arteries.

What then are healthy fats? Monounsaturated fats such as oils, olive oil, avocado oil and avocado oil, nuts and nut oils, cold processed and fish oils, best consumed in the form of cold water fish such as salmon, sardines and shell fish rather than in pill form.

What about eating too much fat and weight gain? This notion has been thoroughly debunked. The key components of our diet are proteins, fats and carbohydrates. Trying to go low fat is usually followed by an increase in carbohydrate consumption. As mentioned above too many carbs especially of the highly refined variety, breads, pastries, pastas, white rice, lead to the metabolic syndrome, a constellation of abnormal blood fats, excessive intra abdominal fat and pre-diabetes. Thus one achieves the opposite of one’s goal of losing weight on a low fat diet.

Fat phobia, the good, the bad and the ugly

By Dr. Eva Abbo

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Right Choice Senior Living

Established in early 2008, Jean Brookes (UCSD Graduate) and Todd Brookes (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has

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Orange Theory Fitness and Belle Siréne Salon Fundraiser for National Ovarian Cancer Awareness Month

By JENNY WERTH

Ovarian cancer is a silent killer. It threatens the lives of thousands of women every year; and most insidi- ous of all is its ability to go undetected leading to life-threatening results. A routine pap-smear CANNOT detect ovarian cancer. Dr. Michelle Abbo from La Jolla said, “if you are at high risk, meaning if someone in your immediate family has a history of ovarian cancer or breast cancer, see your doctor about possibly getting screened further with a pelvic ultrasound or a blood test called a CA-125. Also, do not ignore symptoms such as frequent urination, bloating, abdominal discomfort or indigestion. One should see a doctor immediately if you have any of these symptoms or any other unusual symptoms.”

With the help of national efforts and two businesses in La Jolla, the disease is being brought to the spotlight. The Clearity Foundation in collaboration with OrangeTheory Fitness have their boxing gloves on and are prepared to give ovarian cancer a knock-out punch. The villain of the piece is Mufasa’s evil brother, Scar (Mark Campbell), who arranges Mufasa’s death by stampede. Helpful and enduring animals are the court’s hornbill major domo, Zazu (Drew Hirshhorn), the cub of King Mufasa (Gerald Ramsey) and his mate, Sarabi (Chondra Profit-Andrey). The villain of the piece is Mufasa’s evil brother, Scar (Mark Campbell), who arranges Mufasa’s death by stampede. Helpful and enduring animals are the court’s hornbill major domo, Zazu (Drew Hirshhorn), and, during Simba’s youth in exile, his protectors and pals are the show-stieving Timon the meerkat (San Diego’s Nick Cordellone) and Pumbaa the flattulent warthog (Ben Lipita). The returning Simba is帕拉基 (Bu’i Zama). She’s called all the animals together to greet Simba (in childhood, BJ Curry).

“The villain of the piece is Mufasa’s evil brother, Scar (Mark Campbell), who arranges Mufasa’s death by stampede. Helpful and enduring animals are the court’s hornbill major domo, Zazu (Drew Hirshhorn), and, during Simba’s youth in exile, his protectors and pals are the show-stieving Timon the meerkat (San Diego’s Nick Cordellone) and Pumbaa the flattulent warthog (Ben Lipita). The returning Simba is帕拉基 (Bu’i Zama). She’s called all the animals together to greet Simba (in childhood, BJ Curry).

Laura Shawver, Ph.D, Founder of The Clearity Foundation after concluding her own treatment for ovarian cancer. The Clearity Foundation is a non-profit organization that provides women access to precision medicine technologies to find the best treatment options for their cancer. In providing access to tumor blueprints—detailed profiles of the molecular characteristics of tumors—patients can receive specialized drug treatment recommendations particular to their cancer. This personalized approach offers patients crucial, detailed information that previous methods lacked.

Individuals can register for the All Out For Her event at each of the OT locations online at https://www.razzo.com/team/. Visit www.clearityfoundation.org for additional information about tumor blueprints and ovarian cancer.

For Sherri Belanger, the owner of Belle Siréne Salon, ovarian cancer is a cause very close to her heart for it took the life of her dear friend Diem Brown in 2014. Belanger said it had been Brown’s third battle with the disease and despite the pain associated with it, Brown dreamed of creating a "gift-registry" for people facing health-related events. This dream turned into a free online-giving site called MedGift.com. This site allows people to help those they care about with finances, time, resources and online “touches” (email, blog posts, care giver needs, etc).

“I always called Diem my angel friend, as did so many of her close friends... for over 10 years Diem fought cancer and instead of feeling sorry for herself she took her experi- ence to the public to show others fighting cancer that they were not alone. She blogged for People Magazine very openly about her cancer and life lessons,” Belanger shared. “To me it’s about the awareness that MedGift.com exist.”

For Belanger, to share her salon with the community along with Brown’s legacy is an enduring combina- tion. “My team of experienced hairstylists blow me away daily with their work! Every stylist has their special- ties from creating sun kissed blondes, to precision haircutting, to save hair extensions, to vivid coloring, the list goes on,” Belanger explained. Belle Siréne Salon is located at 7878 Herschel Ave. 858-434-1106 www.bellesirene.com To donate directly to the salon’s page on MedGift please goto http://www.medgift.com/i-support-medgift.

Shows not to be missed in the theater

By CHARLENE BALDRIDGE

August Wilson Rep

Cygnet Theatre has announced casting for “Trump Card.” Lajoppalyhouse.org

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Cinderella Shoe Clinic making old-things new again since 1987

PHOTO BY EVA ABBO

The Cinderella Shop puts a shiny new smile back into your shoes (and step)

By ROBERT G. ROGERS

If your mind-set is like most, when something breaks, especially leather shoes, purse or belt, you instinctively pick it up and look for the garage sale. However, when something fits, feels and looks good, we hate to just toss it away. It’s like parting with a dear and faithful friend. And why not? This is the age of replace, not repair after all. So it’s natural we’re leery of things that don’t work and we don’t have the patience to fool with. But when we do need to fix our prized stuff, we know where to go—The Cinderella Shop, yes, it’s been around for decades and is still sitting pretty at 929 Silverado St. It repairs and restores leather goods as close to their former glory as possible. Turns out you can keep your old friends. The shop’s owner, Torin Mincin, has been working over a workbench in the shop with more equipment and tools than anyone can name. His father, Renato, acquired the store in 1987 and he began working with his father and learning leather craft when he was 14 years old. Torin and John Wayne used to drop in to get his boots repaired while he went next door to enjoy a chocolate shake. He said that John Wayne was, in fact, the same person as he was on the screen, “friendly and likable.” Just like the store is. When I first saw the quaint little shop, I was reminded of the Grimm Brothers’ fairy tale, the one about the shoemaker and the two elves. In this age, of course, elves don’t come in the quiet of the night to make shoes. But, the busy elves at the Cinderella Shop, Maria and Fernan- do, do come to work early in the mornings when the shop opens.
**What is it like to live in a retirement community?**

By Natasha Josefowitz, Ph.D.

"It is windy today!"  
"No it’s not Wednesday today; it’s Thursday!"  
"You’re thirsty!"

If you live in a retirement community, you may have heard a similar conversation followed by peals of laughter. I live in one. Actually it’s not just a retirement community—it’s White Sands La Jolla, which is really a stationary cruise ship docked in the port of San Diego. Lean over my balcony and the ocean is lapping at the sand below. I have a key to an outside gate that leads directly to the sand. If I don’t want to go to the beach, I can walk down the hall, pass by the clinic with its 24/7 nurses, bump into a doctor five days a week, and exit to Prospect Street and be within walking distance to the drug-store (CVS), Von’s supermarket, and a multitude of shops and restaurants or take a ride in our free limousine that does rounds of La Jolla every half hour.

This, of course, is after I’ve had my breakfast with friends in our dining room, open from 6:45 to 9 a.m., or at our soon-to-be-ready bistro, which will be open all day. There is a different entrée every morning—salads or French toast or pancakes—as well as a different egg dish. My favorite is Figa Benedict.

After breakfast and throughout the day, we have a choice of twenty exercise classes starting with aqua-aerobics in our 86-degree pool. Do I want Tai Chi with a Chinese master or pilates? Yoga or dance aerobics? There is also jazzer-cise; a stretch class; and balance, posture and full fall prevention. After my jazzer-cise to play ping pong, go to our weekly meditation session, or go to our art studio where I can learn to make mobiles or work with clay. We have an instructor to lead us in a current-events class, another for our music-appreciation class each week.

We also have monthly political discussions starting with a video from a national “Great Discussions” group. Those of us with dogs have a weekly puppy playtime—so many, why should people have all the fun?

We offer daily trips to San Diego and Los Angeles museums, the flower fields in Carlsbad, hikes, shopping malls, restaurants, and many local events. After dinner, our White Sands bus takes us to the opera, the symphony, chamber music, the La Jolla Playhouse, the Old Globe, Lambi’s Players Theatre, and most of the other regional theaters. Our activities director gets us group discount tickets. We are not culturally deprived. On our activities calendar, the La Jolla monthly artist series with the likes of Gustavo Romero, who has played for us since he was eleven years old.

The residents have a large impact with over forty committees. Here is a partial list: library, travel, religious studies, bridge, flowers, new resident hospitality, movie, theater, singers, décor, food, and landscape. Our voices are heard by the administration and our suggestions and requests are addressed.

However, the best part of living here is the family atmosphere. We care for each other, and we have fun together. I often would like to linger in bed, but get up at 6 a.m. so as not to miss my breakfast group. We have been meeting together on a regular basis and know each other well enough to share our life issues: aches and pains and suggestions of tried remedies as well as the latest amazing grandchild’s doings are all part of the seniors’ repertoire. I have recently become a great-grandmother and everyone was privy to the photos of those absolutely adorable twin boys.

No one needs to eat alone. Recently widowed residents are surrounded by and cared for by concerned friends. We eat lunch outdoors with frequent barbecues poolside. Together, we stop to watch a whale spouting in the distance, a school of dolphins swimming by, or the green flash at sunset.

I eat my three meals a day in our dining room. (I admit I have not used my oven in the twelve years I have lived here.) We can go to the daily buffet or order from a large menu; we can take food home or order room service. No salt, no sugar added, gluten free as needed—our menus have calories, carbohydrates, sodium, and fats listed. We eat healthily here. White Sands provides four levels of care. I am in independent living with over 175 residents. Another 60 are in assisted living, skilled nursing and memory care. No one ever needs to leave the premises. When my husband needed a catheter at 3 a.m., we did not go to the emergency room; a nurse was there for him. We have hospice care, too. As a non-profit organization, we have a benevolence fund so that if residents outlive their funds (as some have done), there is assistance available.

I would be remiss if I did not mention the amazing staff. Whether you need a picture hung or a spot removed from your carpet, there is always someone here within minutes to help out. Last night at 10 p.m., my TV went on the blink; within five minutes one of our security guards was here to fix it.

Studies have shown that people who live in retirement communities are healthier and live longer than people isolated in their own homes. I have friends who said they were “not ready to move.” I ask: What does “ready” look like? Is it when they are so old or disabled that someone else, usually a child, has to make the decision for you? I also know couples where the wife wishes to move, but the husband doesn’t. I think it is because most men have been living in “assisted living” all their lives already.

My life here is wonderful. I have the freedom to devote myself to whatever interests me without any obligations or guilt that I’m not getting something done. I am on several resident committees, serve on three boards in La Jolla, and have four men in my life, all of whom have an essential trait in common—they drive at night.

I am a believer that as we age, we need to be in a community. For me, that community has been White Sands. I wake up early every morning grateful for that palm tree outside my window, the sound of the waves crashing, and the friends waiting for me at the breakfast table and throughout the day.

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**Bringing music of High Holy Days to those unable to attend synagogue**

Cheri Weiss brings music and prayers to those unable to attend synagogue services. With the High Holy Days upon us, she has made it her mission to distribute her CD “Hineni” for free to close to a thousand homebound and hospitalized people throughout the nation as well as to the Chaplains and Rabbis who provide their spiritual care. It all began last year when Weiss’s father-in-law was too ill to attend services but wanted to hear her sing the central Yom Kippur prayer “Kol Nidre.” The problem was that Mr. Weiss lived in Wisconsin and Cheri was serving as High Holy Days Cantor in Rhode Island. So she sent him a recording of her singing the prayer and was later told how he had been moved to tears and had requested to hear it played over and over again. He passed away three weeks later. And then it hit Weiss. “I realized that there must be thousands of people unable to attend services on the High Holy Days due to health issues or other reasons beyond their control,” Weiss explained. She decided that if people could not attend synagogue services, she would bring the services in the form of a CD to them. Thus the idea of “Hineni” was born.

“Want everyone to feel connected to these most holy of days and to feel that they are a part of the Jewish community even if they are homebound or hospitalized,” she shared. “I believe that these holidays take place in your heart no matter where you may be.”

“I was a Cantorial soloist for many years and always felt down that I had missed my true calling to be an ordained Cantor. I joined Congregation Beth El in La Jolla a few years ago (where I serve as Cantorial Intern) and began leading services and learning how to chant from the Torah and eventually was encouraged to attend Cantorial School.”

Now in her fourth year at the Academy for Jewish Religion in Los Angeles, she finds this post-denominational school the perfect place to explore Judaism from many viewpoints, which is particularly important now that the structure of American Judaism is undergoing significant re-examination and change.

CD available at Hazzanit.com

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**UCSD professor, Nobel Laureate Roger Tsien dies**

Roger Tsien, PhD, co-winner of the 2008 Nobel Prize in chemistry and professor of pharmacology, chemistry and biochemistry at UCSD School of Medicine for 27 years, died Aug. 24 in Eugene, Ore. He was 64.

Tsien’s work literally illuminated science. With Osamu Shimomura, PhD, an emeritus professor at the Marine Biological Laboratory in Woods Hole, Mass. and Martin Chalfie, PhD, a professor of biological sciences at Columbia University, Tsien helped scientists peer within living cells and organisms as never before, earning not just the 2008 Nobel Prize but scores of subsequent awards and accolades.

**FRIDAY · SEPTEMBER 23, 2016**

**LA JOLLA VILLAGE NEWS**

**PHOTO BY DANA GREENE PHOTOGRAPHY**
The yucky exterior color is gone and everything is more opened up and serviceable, including the to-die-for ocean views which can now actually be seen by passersby.

That's the take most owners, and architect Mark Steele who did the design work, had on facade improvements now being completed in the 1,200 block of Prospect Street.

The building being rehabbed the past year includes high-profile restaurants George's At The Cove, Donovan's and The Hake Kitchen & Bar (temporarily closed), as well as Africa And Beyond and Siamak art gallery, Lissilaa Boutique and Mila, a women's clothing boutique.

By most accounts, the redo of the building front in this key section of La Jolla Village were long overdue.

"It's a big improvement," pointed out Steele, principal of M.W. Steele Group. "It's very modern and contemporary now, not pink as it was before. We wanted to bring this building originally built in the '60s up to more modern standards. It was just time to refresh it all."

Steele said it was a case of addition by subtraction.

"It was for us really a process of discovery, looking at what was good (designwise) about this building, and what was standing in the way of that," Steele said. He added. "You couldn't really see into the building from the (lower level) sidewalk, because it was obscured by George's awning and other roof elements that spanned the stairs going up to the upper terrace."

"The old stucco exterior of the building resembled "cupcake icing," said Steele adding "it originally was a modern building that they tried to make look Mediterranean, which it was not."

Steele said building structural issues were mostly resolved architecturally by "striping things away and making it more clean and more contemporary with a new color, signage and shade structures. We put in a new sidewalk and all new tiles, and got rid of a dilapidated planter that was actually causing parking problems."

"It's really well lit now and open for great views to the ocean," Steele said noting "oceanfront restaurants are going to benefit big time. The way they've designed it certainly helps. It's a lot more inviting."

Allen is particularly glad the salmon-pink color is no longer. "They tried to blend it in with the Spanish (motif) of La Valencia and it just made everything look the same," he said. "Now it looks like something in the 21st century. It's just a much more open plan, and they've done away with a lot of the obstructions."

A building grand opening to unveil facade improvements is slated for Thursday night, Oct. 6.

READ MORE ONLINE AT sdnews.com

New businesses give the Jewel a brilliant make-over

Valente Hair & Co. specializes in top-knotch service for a sophisticated clientele. The elegant salon offers a variety of hair services including specialty cuts, colorings, advanced and innovative styling techniques and hair extensions. They also boast an exceptional full makeup and brow bar; it's all about making you look your very best. Their top-of-the-line products keep La Jollans ready for any event.


Kristals Cosmetics is revolutionizing the way we care for our skin based on the healing power of precious and semi-precious gemstones. Kristals Cosmetics skin care products are based on 12 different gemstones that have long traditions of being used for their healing properties. The brand’s leading-edge technology allowed the formulators to pair these gemstones with the right natural, organic extracts of powerful botanicals, herbal essences and oils to offer a harmonious holistic blend that restores skin’s radiance while also promoting the balance of overall energies. The response is exceptional skin.

Kristals Cosmetics, 7802 Girard Blvd. 858-412-4968. Kristals.com

City wants La Jolla artist’s sculpture removed from yard

By DAVE SCHWAB

To Nasser Pirasteh, the sculpture titled In Out in his front yard patio in La Jolla is true art.

Art or not, the city said it violates municipal codes, particularly setback requirements, and has told Pirasteh it must go.

"They told me I have two months to get rid of it," lamented a perplexed Pirasteh recently outside the home he's lived in for 1-4 years on the corner of Avenida Manana and Nautilus Street. "I'm a public artist, not just a gallery or studio artist. This is my work."

Pirasteh noted he's donated some of his work to Scripps Memorial Hospital and to important institutions including universities.

Explaining his unorthodox sculpture, avant-garde artist Pirasteh noted the piece is analogous to the human body. Walking through his structure, he pointed out components inside of it represent two hearts, one human body. Walking through his structure, he pointed out components inside of it represent two hearts, one

"When you visit my sculpture, you are revisiting your body," he said. "Time has passed, like sand in the hourglass, and you are checking what you've done."

The sculptor noted In Out's blue color represents the "galaxy of each individual," adding mirrors of recycled materials in the structure's exterior "tell us we're going through this world."

Pirasteh said the goal of his work is to "get people to relive their lives," adding his sculptures "are speaking about complexity."

Following up on a complaint lodged against Pirasteh's 10-foot-tall "hut" at 6706 Avenida Manana fronting Nautilus Street, the city's Code Enforcement division ruled it violated the municipal code constituting an unpermitted structure, which does not meet the city's 20-foot setback requirement from the street.

"Mr. Pirasteh was found to be in violation of City land development and building codes by constructing an unpermitted accessory structure in his front yard setback and installing electrical wiring without the required permits, inspections or final approvals," said city PIO Paul Brenick Sr.

"Consequently, Mr. Pirasteh was ordered to remove the unpermitted structure from his front yard."

The city's ordered Pirasteh to remove In Out, or comply with the 20-foot setback requirement within two months. Stiff fines amounting to more than $11,000 were also levied against the sculptor, with the understanding that half the penalty would be stayed if the city's conditions regarding the sculpture were met.

The sculptor insists his constitutional rights have been violated.

"This (sculpture) is an expression of my First Amendment rights (to free speech)," he said adding In Out "is not offending anybody; and is not religious."

"I'm a public artist, this is public art," Pirasteh concluded. "I just have a piece of art. Why should I be punished?"
LJCDS quarterback Braxton Burmeister: The key to success is in his leadership

By ED PIPER

A real insight into Braxton Burmeister’s success not only as the record-setting quarterback of Country Day’s football team but also as a leader comes in the story of how he dealt with beating out a senior for the quarterback position in his freshman year.

Athletic director Jeff Hutzler, Burmeister’s coach at that time, says, “The dynamic of talking to the friends of the senior he beat out” (were something the freshman had to work out).” LCDS is a small, private school and the Torrey football team, and athletic department as a whole, are close families where relationships have to be cared for or discontent could disrupt team harmony.

Everyone around the star student athlete agrees the 6’1”, 210-pounder has been blessed with lots of God-given talent. His head coach since his sophomore year, Tyler Hales, a teacher on campus, and Hutzler, who both know Braxton and his family well, single out his work ethic and drive for excellence.

But it’s the small things, and the intangibles, that convince folks like those at the University of Arizona to extend him a full-ride scholarship to play quarterback for the Wildcats—an offer granted in his sophomore year.

“He is one of the hardest working athletes around, and he’s dedicated to being good in-season and in the off-season,” gushes Hutzler, who probably doesn’t take it off. Matched against some-thing else, he tries to win it.

“She is one of the best athletes around, and she’s dedicated to being good in-season and in the off-season,” gushes Hutzler, who probably partly wishes he hadn’t stepped down from the reins of the Torrey football team, and athletic department as a whole, are close families where relationships have to be cared for or discontent could disrupt team harmony.

In response to suggestions that the accident rearranged his brains for the better, he chuckles and says, “That could be.”

The older brother ranks ninth in Section football records for points scored in a career with 402 during his years at LCDS from 2009-2012. Baxter’s 10,230 yards—passing, rushing, and receiving— in the Torreys’ 51-12 win at University City Sept. 16.

Baxter stands atop the stat with a whopping 697, far above other scorers. Whatever the resulting cerebral alignment, Burmeister has come out a thinking quarterback and action figure nonpareil at his position, breaking Baxter’s San Diego Section record for total yards per game.

He didn’t just break the seven-year-old record. Burmeister obliterated it in spectacular fashion. Before Friday’s game, he only needed 16 yards to surpass Baxter’s 10,230 yards—passing, rushing, and receiving. He drilled the Centurions, no longer a patsy under defending), we threw underneath. We noticed some things we could do into the game pretty excited.

Burmeister now stands at 8,419 total yards rushing and 3,006 yards passing.

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He is averaging a phenomenal 429 total yards per game.

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“In characteristic fashion, Braxton spread the kudos around: “The line did a good job of protecting me.”

His favorite passing targets have been receivers Casey Mariucci, with 20 receptions and 359 yards, Brennan Goring, 29 receptions for 353 yards, and Jaden Dir, 23 catches for 327 yards. David Breverster, like Mariucci and Goring a senior, has seven receptions for 160 yards.

His body was sore after the UC game, though he didn’t bring the issue up. A reporter asked him how he felt physically after the beating he took on 14 carries plus all the hits he took after releasing his passes. “I felt fine. I was ready to go. (UC) played a lot of off-man coverage. When they went deep (in defending), we threw underneath. We had a lot of quarterback drafts and draws.”

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La Jolla’s Gregory Peck Award for Excellence in cinema goes to Annette Bening
Anthony Peck remembers his father, La Jolla vacations and their life growing up as a family

By JENNY WERTH

The Gregory Peck Centennial Cir- ebration and Gregory Peck Award for Excellence in Cinema will be given at the San Diego Interna- tional Film Festival Night of the Stars Tribute next Thursday at MOCA. This star-studded tribute will go to multiple award winner and one- time San Diego resident, Annette Bening. Created in honor of Peck, with the support of his family, this award is given to an individual whose work has made a profound impact on the art of cinema. Co-hosted by notable film critics Jeffrey Lyons and Ben Lyons, this glamorous event gets up close and personal as the San Diego Interna- tional Film Festival honors some of the industry’s most accomplished actors, directors and filmmakers. (For more information on this special evening visit: http://www.sdlnfmfest.com/night-of-the-stars-tribute-2/)

Gregory Peck. The legend, born 100 years ago, revolutionized the sil- ver screen. Talented and handsome, pioneering and determined, Peck epitomizes the golden-era of Hollywood. Yet he also makes the Jewel sparkle with particular pride. Born Eldred Gregory Peck in April, 1916, in La Jolla, the multi-talented Peck wore many hats before becoming an actor. According to Wikipedia.org “Peck attended San Diego High School, and after gradu- ating enrolled for one year at San Diego State Teacher’s College, (now SDSU). While there he joined the track team and took his first the- atre and public-speaking courses. But Peck had ambitions to be a doc- tor and the following year gained admission to UC Berkeley as an English major and pre-med student.”

However, after being encouraged by a Berkeley acting coach to con- sider the craft, he appeared in some plays, and the rest, as they say, is history. Standing 6’3, Peck was a commanding presence who had an obvi- ous flair for attracting attention and turning heads. His talent and skill took him through multiple stage and film roles eventually leading him to his unforgettable role as the Southern lawyer, Atticus Finch, in To Kill A Mockingbird for which he earned the Best Actor Academy Award in 1962. The role seemed to mirror the man rich with convictions himself. “I put everything I had into it every- thing I’d learned in 46 years of liv- ing, about family life and fathers and children. And my feelings about racial justice and inequality and opportunity,” CNN.com reported Peck said of the role. His feelings were shared by many other influ- encers. In fact, in 2003, Peck’s por- trayal of Atticus Finch was named the greatest film hero of the past 100 years by the American Film Institute.

But long before this career-chang- ing role, Peck was passionately involved in supporting theater where he first found his calling. Indeed, in 1947 Peck co- founded The La Jolla Playhouse with Mel Ferrer and Dorothy McGuire. The local community the- ater and landmark has attracted Hollywood film stars on hiatus both as performers and enthusiastic supporters since its inception and sits proudly as a bea- con of acting-history inside UCSD.

Ever the committed activist and independent man who did things on his own terms. Notable Biogra- phies.com states, “Peck became one of the first stars to defy the studio system by refusing to sign with any single studio. He was also extremely careful in choosing his roles, trying to avoid typecasting himself. By the time he won his Oscar in 1962, he became one of the few actors with the power to command a million- dollar salary.”

In 1969, U.S. President Lyndon Johnson honored Peck with the Presidential Medal of Freedom, the nation’s highest civilian honor. In 1971, the Screen Actors Guild presented Peck with the SAG Life Achievement Award. In 1989, the American Film Institute gave Peck the AFI Life Achievement Award. He received the Crystal Globe award for outstanding artistic contribution to world cinema in 1996.

Here we offer a Q&A with Gregory Peck’s son, writer Anthony Peck.

Anthony Peck, Gregory Peck’s son

Q. Tell us about your trips to La Jolla.

A. “When we took it over four years ago, we immediately started to build up the foreign films within the pro- gramming. This year we felt we were in a place where we could announce, brand and let everyone know that even though we have been an international independent film festival for a while, we are rebranding in that way,” says Tonya Mantooth, artistic and executive director of the San Diego Film Foun- dation, one of the principals who has stepped in to rebuild relation- ships with the movie studios and to re-energize the city through the festi- val.

“It’s important to make the festi- val bigger and to let the industry know we work closely with Variety, one of our media partners, who are very supportive. It helps them, as they do the outreach for us, that we are an international film festival, not just a local, genre specific platform,” Mantooth says.

The opening night and after-par- ties will take place in both downtown and La Jolla, including a high- profile and star-studded event being held on Thursday, Sept. 29 at the Museum of Contemporary Art in La Jolla.

Variety magazine will host a “Night of the Stars” tribute head- lined by actress Annette Bening, who will receive the Gregory Peck Award for Excellence in Cinema, which honors some of the industry’s most accomplished actors, directors and filmmakers.

Peck’s daughter Cecilia, a docu- mentary filmmaker, works closely with Mantooth to choose the award recipients. “The opening evening was a friend of the late actor and someone he greatly admired. According to Cecilia, he was quite smitten with her,” says Mantooth.

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KAABOO festivalgoers have ‘mix-perience’

By NICK SPENCE

Situated in the heart of the Del Mar Fairgrounds, the second-coming of KAABOO came and went this past weekend, providing festivalgoers with a cornucopia of live music, interactive art, contemporary food, and comedy performances.

This year’s KAABOO featured more than 100 musical and comedy acts during a three-day weekend, including Jimmy Buffett, Aerosmith, Lenny Kravitz, Goo Goo Dolls, Third Eye Blind, Jack Johnson, Steel Pulse, The Chainsmokers and Steve Aoki, as well as comedy acts such as Dana Carvey, Sarah Silverman, and Cheech and Chong.

The massive music festival is quickly becoming a staple of the eclectic San Diego entertainment scene.

“I came to the event because I wanted to see some great music and comedy,” said La Jolla resident Nicole Nestojko, who was taking a break from the music and enjoying a cold brew with her husband on Saturday. “And we are also sampling some great craft beer.”

The festival, which seeks to redefine the music and arts festival experience, also served up an impressive lineup of nonmusical VIP amenities like swimming pools and viewing stands, as well as infusing a combination of San Diego traditions like local craft beer, upscale dining, and a beach-life atmosphere that KAABOO dubbed its “mix-perience.”

The artwork experience showcased an array of contemporary art, including dozens of international, national and regional artists, with art installations and live mural paintings during the weekend. In terms of food, KAABOO offered a slew of local and regional dishes paired with drinks from wineries, craft distilleries and local craft breweries.

“It gives you something to do in your downtime,” said San Diegan Dove Kirby. “Instead of just walking around you have somewhere to go.”

Although KAABOO hasn’t released official attendee numbers, sources say that on Saturday the event hosted more people than the first KAABOO received during all three days last year.

Tickets for KAABOO 2017 have already gone on sale.
New Salon in La Jolla Village sure to turn heads!

Be sure to come check out ONE BEAUTY, the newest Nail & Hair Salons in La Jolla Village. They offer spa manicure, pedicure and gel nails along with a full service hair salon. They have highly trained, talented, and very friendly staff! They are located at 7865 Herschel Ave, and can be reached at 858-412-5743.

New chairs make for a wonderful Pedicure experience.
A New PATH (Parents for Addiction Treatment & Healing) presented the 12th annual STRUT For Sobriety! on Sept. 10 at the Hyatt Regency La Jolla, Aventine. The afternoon began with fan boutique shopping and music by “After 5.” The co-chairs for the luncheon and fashion show were Liz Crocker and Colleen Ruiz Ince and the honorary chair was Dr. Florenza Krnich. The luncheon began in the ballroom with entertainment by “The DPA Company” and “Not Applicable.” Joe Bauer, radio & TV personality, took over the microphone as guest auctioneer. Bauer’s charisma is always a great addition to the program. This year he excited the audience by auctioning off a Taylor Guitar signed by singer and songwriter Jewel. Next up was TV personality Geni Cavitt who took the podium as mistress of ceremonies to announce the “2016 PATH to Recovery” Awards. The Honorees this year were: Little Tommy Sablan, producer of the Jeff Jer Show on KyXy; Julie Negron, Director of PATH Florida and a steering committee member of Moms United to End the War on Drugs; Dennis Childs, Ph.D; director of African American Studies at UCSD, and this year Strut was privileged to have former professional baseball player Steve Garvey as a special guest speaker. As many know, the first baseman was nicknamed “Mr. Clean” for his whole-some image during his career. Plus, he holds the National League record for consecutive games played.

Gretchen Bergman is well-known for her choreography; she incorporates dancing and singing to produce a top-notch theatrical fashion show. Fashions for the runway were from Macy’s UTC and Fashion Valley and the evening gowns were from Mia Bella Couture. A special segment in the fashion show celebrated guest models in recovery, these guests celebrated their success with everyone by walking the runway. The range of recovery was from one year clean and sober to over 30 years, it was an inspiring moment for everyone.

For more information visit: https://anewpathsite.org/

### Upcoming Events

**Friday, Sept. 30 - Runway Show**

Night 1 of FWSD16 at Hotel La Jolla from 6 to 9:30 p.m. Night 2 will be Saturday Oct. 1 from 6 to 9:30 p.m., and trunk show will be at the La Valencia Hotel on Oct. 2 from 11 a.m. to 3 p.m. For tickets, visit tickets.sandiego.org or fashion-week-san-diego-2016-runway-shows.

**Thursday, Oct. 27 - Zandra Rhodes Fashion Luncheon with International Designer Dame Zandra Rhodes**

Fashion Luncheon with International Designer Dame Zandra Rhodes in the Versailles Ball-room at the Westgate Hotel starting at 11:30 a.m. Proceeds from Taste of Old Town tickets are now on sale for $35 per person at www.tasteofoldtown.com. Proud- only tickets are available for $25. Tickets will be $40 if purchased the day of the event.

**Night 1 of FWSD16 at Hotel La Jolla**

Proceeds from Taste of Old Town will be used to keep parking free in Old Town San Diego and both Meals on Wheels of San Diego and Old Town Academy will offer their supporters the opportunity to pur-chase tickets as a fundraiser for the non-profit organizations.

Participating restaurants are:

- Alamo, Barra Barra Saloon, Café Coyote, Casa de Reyes, Casa Guadalajara, Cosmopolitan Hotel and Restaurant, Miguel’s Cantina, Old Town Mexican Café, Old Town Tequila Factory, Berts and Rockin’ Raja.

Sponsoring tequila brands are Herradura, Corralejo, Milagro, Tres Agaves, Frida Kahlo, Dulce Vida, Amasia, El Jimador, Cruz. And Jose Cuervo.

Visit www.tasteofoldtown.com or call Christine Smith at (858) 234-9519 for more information.

### Taste of Old Town TO RETURN FOR THIRD YEAR OCT. 6

The annual Taste of Old Town event will return to the streets of Old Town San Diego on Thursday, October 6, from 6 p.m. to 9 p.m. Produced by the Old Town Chamber of Commerce, Taste of Old Town gives the neighborhood’s top restaurants a chance to roll out tastes of their best dishes. Most are carefully paired with a sample of a premier tequila or beer. Attendees meander the streets from restaurant to restaurant to experience the best of the best. According to Fred Grand, president of the Old Town Chamber of Commerce, Taste of Old Town sur-passed all expectations last fall and 11 restaurants in Old Town have begun the planning for the third year of the popular event.

“Nearly 1,000 San Diegans blazed through the streets of Old Town last year for the sell-out event,” Grand said. “Participating restaurants and tequila sponsors said it was wildly successful. We received nothing but rave reviews from the public as well.” Taste of Old Town tickets are now on sale for $35 per person at www.tasteofoldtown.com. Proud-only tickets are available for $25. Tickets will be $40 if purchased the day of the event.

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Visit www.tasteofoldtown.com or call Christine Smith at (858) 234-9519 for more information.
From my garden: fall and winter gardening

By LINDA MARRONE

As the weather begins to cool it is the perfect time to clean up the garden and get it ready to plant cool weather vegetables, flowers, and herbs at the end of October. Cool weather months are also the best time to plant shrubs and trees, especially fruit-bearing trees.

**Roses:** Give your roses a final feeding of the year in the fall and in January, prune the roses back heavy and let them rest for a month before resuming your feeding routine. If you want to add roses to your garden, look for bare root roses that will begin appearing at garden centers in January.

**Camellias:** Camellia buds are forming and are getting ready to bloom. If there are more than a 2 or 3 buds on the bud cluster remove the extra buds, which will ensure larger flowers. While they are in bloom it is time to prune, but do not feed your camellias until after they finish blooming. The best time to choose a camellia for your garden is when they are in bloom, so you can pick the flower and color you prefer.

**Vegetables:** Kale, chard, lettuces, Brussels sprouts, arugula, broccoli, cauliflower and collard greens can be started from seed or purchased in small pots at garden centers. Lettuce plants do well in containers and are not only beautiful, they are easy to grow and you will always have fresh salad greens on hand.

**Herbs:** Plant small 4-inch pots of sage, thyme and rosemary to enjoy during the Thanksgiving and the holiday season. A pot of these herbs also makes a nice hostess gift if you are going to someone’s home for dinner.

**Flowers:** Pansies, violas, Iceland poppies, snapdragons, nemesia, cyclamen, primroses and ornamental kale are good choices to plant during the cooler month and they should reward you with colorful blossoms until the weather warms up again. In January plant 4-inch or 6-pack sized foglveses, delphiniums and larkspur to enjoy in the spring.

**Dividing Flowers, Bulbs & Rhizomes:** Divide your Shasta daisies, freesias, bearded and Japanese iris if you are noticing larger clubs of leaves and fewer flowers. If you have too many, share them with your friends.

**Bulbs:** If you want to plant tulips or other bulbs that prefer cooler weather climates remember to refrigerate the bulbs for 6 weeks before planting them. You do not need to refrigerate daffodils, Dutch iris and freesias and they will grow and multiply in your garden.

**Narcissus (Paperwhites) and Amaryllis Bulbs:** Narcissus take about 6 weeks to bloom. Plant narcissus by mid-October if you want flowers for Thanksgiving and mid-November for Christmas. Amaryllis will take about 8 weeks to bloom. Plan to plant accordingly to have flowers throughout the holiday season.

**Cymbidium Orchids:** Start feeding in September to promote flower production. Feed them with a high-phosphorus fertilizer (10-30-20) according to package instructions through February. If we have a hot fall, try placing a scoop of ice cubes in the evening on your pots since cool weather encourages the plant to produce flowers.

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**Crystal Pier, Pacific Beach | This evening was a pretty low tide and I wanted to capture the magic of California in a reflection. As the waves receded, the light I was chasing was perfect. A ripper sunset really kicked in on the horizon and I quickly fired off a few frames at the perfect moment. Composition was critical as I wanted the pier to carry your eye right into the image... to take you there.**

**PHOTO PETER LIK**


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**Magnetic photographer Peter Lik offers coveted prize experience and hypnotizing new photo**

A look at the man who has taken landscape fine art photography to new dimensions

By JENNY WERTH

When Peter Lik is behind the lens of his camera, magic is developed. The brilliance of nature comes to us vividly through surreal colors and dimensions formed into extraordinary photos when Peter Lik is taking the shot. Our only dreams seem to compete with the images Lik captures. So other-worldly do they sometimes appear that fans have spent upwards of millions of dollars to purchase a bit of what makes Lik the master photographer. His talent is without question; the proof hangs within thousands of frames throughout the world. Photos decorate walls turning what was once a blank space into a viewer’s sensory gala for the eyes. The nature captured in all its array of majesty is a testament to Lik’s passion for our earth.

“You don’t need an artist, photographer, or painter to simply experience the landscapes of earth. Rather it is my take on this world that I am expressing through imagery – how I felt at the time of capture, my emotional connection to the scene, the subconscious moods of the atmosphere, and ultimately what I want you to see,” Lik shared. “That is what this passion from just snapping photos to a true art form. When my collectors view my work, they are not just seeing a shoreline or a mountain view, they are experiencing how I see the world through my eyes and my lens.

His is a journey through sunrises and sunsets, clouds and fog, oceans and cliffs; anything which takes the viewer to a far-away land without ever having to leave the room. And this Saturday evening, Lik’s newest image, “A Sky Full of Stars,” will be unveiled at LIK Jolla. Event attendees can look forward to incredible photos from this incredible art form. When my collectors view my work, they are not just seeing a shoreline or a mountain view, they are experiencing how I see the world through my eyes and my lens.

Photos of the proceeds from “A Sky Full of Stars” will help bring sustainable access to safe water for communities worldwide. ONE DROP is an international non-profit organization created by Cirque du Soleil© founder Guy Laliberté in 2007. At the core of its mission is water as a transformative force to improve living conditions, as well as give communities the ability to care for themselves and their families sustainably. Clearly, Lik is a man who cares deeply enough for human kind and mother nature to
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**Berkshire Hathaway HomeServices honors Ryan Mathys and Tracie Kersten for outstanding sales**

Ryan Mathys and Tracie Kersten were recently applauded by Berkshire Hathaway HomeServices California Properties for their exceptional sales performance in 2015. As part of Greg Noonan and Associates, Mathys and Kersten ranked in the top 10 for real estate teams for their brokerage nationwide. Their sales performance also ranked them in the top 10 for individual agents in La Jolla, according to Trendgraphix, for the time between April 1, 2015 and March 11, 2016. Mathys and Kersten specialize in the marketing and sale of luxury homes, estates and investment properties in San Diego’s coastal regions. Consistent award winners, they believe their success has been due to their proficiency with technology, understanding of market dynamics, and ability to build effective systems for serving their clients.

Mathys is an MBA grad and the pair offer more than 25 years of combined experience in real estate and finance. This has fueled their interest in watching bond markets, interest rates, changes in real estate law, foreclosure and inventory projections. “Our clients expect us to know about lender programs, government activity and buyer/seller behavior,” noted Mathys, “so we constantly research this type of information.” Kersten agreed, adding that, “At the end of the day, we like to think that we’ve given our clients the resources they need to realize their goals, whether it’s negotiating optimal terms on a transaction or focusing on a particular marketplace for an investment.”

Mathys grew up in Salt Lake City, moved to San Diego in 1988 and never left. Kersten is a San Diego native and a graduate of San Diego State. They value the city’s active lifestyle and the opportunity to spend time with their daughters, Simone and Quinn, who attend school in Pacific Beach.

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LJVN: Do you have any particular childhood memories of your father you’d like to share?

AP: When we were youngsters we would always come to La Jolla for two weeks in August. We would stay at the La Jolla Beach and Tennis Club. My father would take us swimming at the Cove where he swam as a youngster. We played Frisbee on the beach and had dinner at The Marine Room. We looked forward to it every summer. When I think of it, the time in La Jolla every summer was like something out of a dream it was so idyllic.

LJVN: How would you describe growing up with your father? Was it an adventure or just the “average” childhood?

AP: I don’t think it was average but it felt normal. And, it was an adventure. We went wherever my father was working. I did a year of grade school in London when he was making “Arabesque” with Sofia Loren. Sometimes we would stay home and attend school in Los Angeles even when he and our mom were on location. But if he was shooting in the summers we went with him — we would set up home in Utah or Arizona if he was shooting a Western, in Switzerland, once in Poe, at the foothills of the Pyrenees. When I was 16 my dad produced the movie “The Dove,” which was shot all over the globe. He took me for a month of shooting on location in South Africa, Mozambique and Australia. Then, I stayed home and he took my sister Cecilia on the next leg of locations in South America. As a child you’re not conscious that your life is different, he’s just your dad. As a teenager, I started noticing that my people treated my father with great respect and deference. We not only had an extraordinary father, we had an amazing mother too. Our mother Veronique was our dad’s true love, his other half, his partner and equal in every way.

LJVN: How did your father choose the roles he played and the places he went to work?

AP: My father followed his heart. This is how he lived his life, how he chose the roles he played and the causes with which he got involved. And, his heart was to help others, to entertain and provide insight, to stand up for his beliefs through story telling. By the consequences might be, he was rewarded with a life of artistry and accomplishment. He is my example in every way. We created a website honoring many photos from our family archives. I think your readers might enjoy it, it’s http://www.gregorypeck.com.

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Maria shines each shoe that comes into the shop with the care of an artist. And when Fernando picks up anything leather that needs repair, he only sends it back when he knows the customer will look at it with satisfaction.

Maria and Fernando have been with Torin for years. They enjoy "fixing" the leather things that people have grown to love and enjoy. The satisfied looks on their faces tell their story. "We put the smiles back on the shoes."

And that, Torin says, puts the smiles on the faces of their customers. "People bring them in old and we send ‘em out new. We save cows," he said.

Torin also knows about Gucci, Prada, Coach and yes, throw in them Birkenstocks, among others. You’ll see all those popular names and more if you look at the shop’s shelves.

He’s been touching and feeling leather since his father acquired the shop, so you can bet he knows what’s...
**FILM**

CONT. FROM PG. 11

Rising Star award, which recognizes an actor whose early work exhibits significant promise and critical acclaim while taking on challenging roles.

The rebuilt San Diego Film Foundation, which changed hands in 2012, has a solid grasp on how important festivals can be for the host city and have ambitious plans for San Diego. CEO Dale Strack sees the foundation as a torchbearer between San Diego and the film industry.

“San Diego is in the game and eager to become a player. Our primary goal at this time is to help grow San Diego’s economy. A film festival is a huge economic engine for the city that hosts it,” Strack says.

“It is more than possible for this festival to contribute millions of dollars back into the local economy. In general a festival can contribute 10 times back into the community for every dollar they spend.”

“This trend will continue,” says Strack, “because most festivals in cities as large as San Diego report their attendance as roughly 60 percent outside their state. … Most people don’t realize that Tribeca was started just after 9/11 to help bring back economy to New York. Thus the power of film festivals.”

Samuel Gonzalez Jr., writer, director and producer of “Railway Spine,” talks about the experience filmmakers should be looking for when they attend a well-respected festival like San Diego.

“Cinema is the one true window into that moment that everyone of us chooses to experience. We sit in that dark theater and trust those brilliant creators all in one place and experience in kitchen. Walk to Village shops and restaurants, and stroll to the ocean. Gated complex, with wonderful natural light. Stainless steel appliances. Newly repainted, the unit features new windows and picturesque hillside views from the living room and master bedroom. Open living floor plan, and large balcony, gorgeous master bath, walk in closet in master, a/c, and laundry room. Side by side parking space less steel appliances. Newly repainted, the unit features new windows and picturesque hillside views from the living room and master bedroom. Open living floor plan, and large balcony, gorgeous master bath, walk in closet in master, a/c, and laundry room. Side by side parking space.

“The government required that it be transferred at fair value, and there is a restriction that it must be maintained in perpetuity as a veteran’s memorial,” he said. “So we can’t put anything else up there.”

“News that the opposition was willing to drop its case against the cross after its most recent sale was welcomed by vets.

“It’s a relief to be able to operate the memorial now without the cloud of litigation that has hung over us and our operations for the last 25 years,” Scanlon said, adding that it must be maintained in perpetuity as a veteran’s memorial, and there is a restriction on changing it.

CROSS

CONT. FROM PG. 1

land,” he said.

MSMA president Lou Scanlon concluded all conditions for the Soledad cross’ legal sale have been met.

“The legal separation of church and state is now a constitutional provision that has held up for principles that improve people’s everyday lives,” answered McElroy arguing, “It’s obvious that cross is a huge religious symbol. My client (Paulson) was right.”

“The government required that it be transferred at fair value, and there is a restriction that it must be maintained in perpetuity as a veteran’s memorial,” he said. “So we can’t put anything else up there.”

Paulson died of cancer in 2006, but the legal battle continued with the ACLU replacing him.

The U.S. Supreme Court has twice denied hearing arguments for and against the Mount Soledad Veterans Memorial cross being an endorsement of religion.

The high court remanded the matter back to the Ninth Circuit Court of Appeals. The Ninth Circuit previously ruled the cross violates the constitutional separation of church and state and must be removed.

In 2000, the association expanded the memorial building into six curved walls, which have since been outfitted with black granite plaques.

Was the quarter-century pitched battle over the Soledad cross worth it?

“It’s always worth it to stand up for principles that improve people’s everyday lives,” answered McElroy arguing, “It’s obvious that cross is a huge religious symbol. My client (Paulson) was right.”
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