‘Tis the season...

As the final preparations are made before the holidays and the new year, the La Jolla Village News looks back on 2011. See photos from events throughout the year, Page 6.

Community-driven volunteer helps keep jewel shining

By MARIKO LAMB | Village News

Gladys Kohn’s philanthropic contributions have evolved over the years, but her efforts, which range from advocating for women’s health to restoring the La Jolla Historical Society’s Wisteria Cottage, all stem from her insistence that “the jewel” is worth preserving.

Although she was a newcomer in town at the time, it was not in Kohn’s nature to stand idle. She had an itch to volunteer her time and get involved in the community.

“My family has always been involved in community service on some level. It’s always been in my blood,” she said. “I joined Soroptimist because it was a way to meet people. Through Soroptimist you make a lot of friends, and we’ve done some really great things for the community as well.”

Soroptimist International of La Jolla was founded in 1947 to improve the lives of women and girls in the community and around the world, as well as accomplish a number of service projects based on individual community need.

“T’ve always been interested in women’s health, and we had a very active health committee at Soroptimist,” Kohn said. “We realized there was no research done on women’s health at the time. Some of our members went to Washington, D.C., and we lobbied the Health and Human Services Department on women’s health and set up a health symposium with

SEE KOHN Page 4

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While Supplies Last. Selected Stores Only. Prices effective thru December 31, 2011.
The San Diego Police Department has enlisted the help of a new device intended to increase visibility and response time in busy, crowded areas — to make policing more efficient.

The cutting-edge contraption — officially called a Mobile Utility Surveillance Tower (MUST) — is a four-wheel-drive van with an observation tower that rises 25 feet above the van’s roof, providing the officer in command with an bird’s-eye perch and a 360-degree line of vision.

“These mobile units have a lot of potential,” Lt. Andra Brown said. “We’re excited to get them up and running.”

“It’s a self-propelled mobile observation platform to perform command and control functions at events,” said San Diego police Lt. Andrea Brown.

She said MUST could be used to observe and take control of situations at the beach on a crowded holiday weekend, in the Qualcomm parking lot during football season, local malls for shopper security during the holidays, downtown parades and galas, or assisting in the backcountry during wildfires.

The vehicle was spotted in Ocean Beach in late November, Brown said.

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The observation capsule atop the tower can be fully deployed in two minutes, can withstand winds of up to 40 mph and can accommodate recordable digital or thermal-imaging camera systems, communication and radio equipment, and a computing workstation. The capsule can even accommodate two people, said police officials.

The $200,000 regional-purpose vehicle is built by Dallas-based Terra-Hawk LLC.

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“Local homeowners sell their homes without a realtor”

SAN DIEGO. If you’ve tried to sell your home yourself, you know that the minute you put the “For Sale by Owner” sign up, the phone will start ringing off the hook. Unfortunately, most calls aren’t from prospective buyers, but rather from every real estate agent in town who will start hounding you for your listing.

All over, with the proper information, selling a home isn’t easy. Perhaps, you’ve had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up on their dreams of selling their homes themselves. But don’t give up until you’ve read a new report entitled “Sell Your Own Home,” which has been prepared especially for home sellers like you. You’ll find that selling your home by yourself is entirely possible once you understand the process.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

Suspect in Jack’s LJ embezzlement faces fresh charges

A Point Loma woman already facing charges of defrauding a former La Jolla restaurant has now been charged with defrauding her former mother-in-law out of more than $1 million.

Tara Virginia Moore, 39, appeared in San Diego Superior Court on Dec. 16 on both cases, which have been filed separately. She has denied the allegations and pleaded not guilty.

She is charged with three counts of grand theft, two counts of fraudulent appropriation by an employee and obtaining property by false pretenses.

An April 17 preliminary hearing was set for the latest case involving Moore’s former husband. Moore is charged with committing financial elder theft, grand theft and forgery of a real estate purchase and sales agreement that occurred on May 14, 2008, according to court records.

Deputy District Attorney Bill Mitchell said the preliminary hearing for the second case will last at least several days because it involves introduction of bank records and financial information. The victim is 77 years old and lives out of state.

According to the charges, Moore told her then-mother-in-law she was a 50 percent partner in a $70 million commercial building, but that was not the case, said prosecutors. She borrowed the money from her then-husband’s mother, saying it was needed for soil tests, permits and applications to the city.

Moore, who is free on $500,000 bond in both cases, is represented by former District Attorney Paul Pfingst. Pfingst has provided copies of documents that say Moore was helping the restaurant meet payroll and had loaned money to the owner of Jack’s.

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To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.
Kohn continued from page 1

them.”

The actions taken on by the Soroptimist of La Jolla’s health committee in 1994 led to the creation of an entirely new entity, the Dorris A. Howell Foundation, which dedicates its efforts to providing $3,000 scholarship grants to students who conduct research on women’s health issues.

“Dr. Dorris Howell is a retired pediatric oncologist. Dorris was a member of the club at the time, and she’s been such a huge influence in women’s health and the areas of the hospice movement,” she said. “So when she was out of town one time, we decided to name the foundation after her.”

The nonprofit that was created out of the La Jolla Soroptimists’ health committee has been successful over the years in granting more than 150 scholarships for students, primarily at UCSD, San Diego State University and the Cuyamaca College schools, which focus their research on women’s health.

It was a great thing that happened,” she said. “You wouldn’t think it’s a lot of money, but we’re really seeing results.”

Some of the subjects that have been researched, thanks in part to financial support from the Dorris A. Howell Foundation, include cervical cancer, breast cancer, ovarian carcinoma and Parkinson’s disease, among many other health-related topics.

In addition to co-founding the foundation, one thing led to another and Kohn also became involved at the La Jolla Historical Society, where she has served on the Secret Garden Tour committee for 15 years.

Last year, she served as chairwoman of the committee, which creates annual tours of tucked-away gardens in La Jolla to benefit the restoration of Wisteria Cottage.

“I really enjoy working on that and other projects. I would hope that everyone does things to make them happy. That’s what it’s all about,” she said. “I love La Jolla. I love living in La Jolla, and the town is just so well worth preserving.”

NEWSbriefs

• La Jolla High School juniors are being offered an opportunity to show off their leadership skills with the Rotary Youth Leadership Awards.

To receive the award, students must submit an application describing their leadership experiences, as well as a short essay on their best and worst leadership experiences. Winners will join more than 250 San Diego juniors for a three-day leadership conference, April 20-22 in Inland. Transportation and from the conference, all meals and expenses will be provided by Rotary. The Rotary Club of La Jolla will select and sponsor 12 La Jolla High School juniors for the award.

For information about the awards conference and applications, visit www.rylaconference.com. Applications are due Jan. 15 and should be submitted to the LHS counseling office secretary. Applicants can contact Cal Mann at calmann@mac.com for additional questions.

This La Jolla sunset is November’s shot for Sharon Hinckley of the La Jolla Village News contributor.

Sharon Hinckley has compiled some of her best shots of La Jolla for her first-ever La Jolla calendar. Photos range from surfers braving the waves at Windansea to stunning coastal sunsets, and from the wisteria draping its namesake cottage at the La Jolla Historical Society to the incredible views seen in and around the Jewel.

The calendar can be found online at www.lajollaherald.com, as well as at several stores in La Jolla, listed on the website.

• Still looking for last-minute gifts? Local photographer (and La Jolla Village News contributor) Sharon Hinckley has compiled some of her best shots of La Jolla for her first-ever La Jolla calendar. Photos range from surfers braving the waves at Windansea to stunning coastal sunsets, and from the wisteria draping its namesake cottage at the La Jolla Historical Society to the incredible views seen in and around the Jewel.

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Blanchard Krasner & French Attorneys at Law
BIRD ROCK
CONTINUED FROM PAGE 1

Although the speed limit was posted at 25 mph, drivers clocked in as high as 45 mph, LaCava said.

“That created two problems for us. One, it became a problem for the merchants because nobody wanted to stop and try to parallel park when the cars are going 40-45 mph, so the businesses were really suffering,” he said. “The other thing it did was divide us as a residential community. If you lived on one side of the boulevard, you drove to get to your friend’s on the other side because it was too dangerous to walk.”

After years of community dialogue, a plan was finally developed to benefit residents and merchants alike. The plan focused on calming traffic on La Jolla Boulevard, as well as residential streets, with roundabouts and a median, improving the aesthetics and walkability of the area with landscaping and crosswalks, and putting Bird Rock merchants on the map — with parking spaces.

“The key thing was that we got everybody to agree that there was a problem,” LaCava said. “Once we got people to realize there was a problem, people were more likely to be able to work together to solve the problem, and there was a big momentum moving forward.”

The five-lane thoroughfare — including two southbound lanes, two northbound lanes and a turning lane — was narrowed into a two-lane boulevard with a landscaped median, five roundabouts and numerous crosswalks that invited pedestrians to stroll, shop and dine at the area’s quality shops and restaurants.

“The real measure of success to me was when you could see 8-year-old kids be able to cross the street by themselves,” he said. “One of the other unintended, but pleasant surprises was the noise. Now you can have a pleasant conversation, which makes walking here more of a pleasant experience.”

Though the move to alter the neighborhood’s makeup was not without controversy, the Bird Rock community worked together to solve the problem, and people were more likely to be able to work together to solve the problem, and there was a big momentum moving forward.”

The second track — which utilized the same right-of-way as the original track from 1924 to 1940 — was an electric railway, the first of its kind on the West Coast at the time.

“San Diego has the distinction of being the first city on the West Coast to have electric streetcars, and the first city on the West Coast to get rid of the electric streetcars,” said Schumacher.

Historic remnants of “Electric Avenue” can be found along La Jolla Hermosa Avenue still today. The name “Electric Avenue” is stamped into the curbs, track indentations can be found impressed in residential yards and the architecture of the station’s former waiting area platform can still be seen at La Jolla United Methodist Church.

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Walkers stroll along the old “Electric Avenue,” above, now the Bird Rock bike path behind La Jolla United Methodist Church. Right, participants gather around Joe LaCava and Dave Schumacher to learn the history of the church — formerly Bird Rock’s train station.

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Socially correct real estate

Just a quick stroll down the road from Bird Rock’s merchant district is La Jolla Hermosa, a neighborhood inspired by John Spreckels — developer of Mission Beach — that dates back to 1924. Schumacher told guests on the walking tour.

He said there were unique restrictions for property-owners in the area including the requirement that $8,000 must be spent on the construction of the home, properties could not contain chickens, goats or other farm animals — despite the fact that much of the surrounding area was farmland at the time — and all occupants, other than servants or employees, had to be Caucasian.

An advertisement for the neighborhood in the San Diego Union in 1926 emphasized the neighborhood was built for the upper crust of society, dubbing it “San Diego’s socially-correct spot to live.”

For information about Walk—San Diego’s outings, visit www.walk—sandiego.org.

Remnants of Electric Avenue remain on La Jolla Hermosa Avenue in the form of its name stamped into neighborhood curbs.
2011 has been a memorable year for La Jolla. As the year comes to an end, let’s take a moment to look back at some of the most noteworthy events over the past 12 months. Some have been good (parades and festivals) while others have been less than stellar (budget cuts resulting in slashed library hours). Some have been controversial (Mt. Soledad Memorial and seals at the Children’s Pool come to mind) and some have been smelly (hundreds of jumbo squid washing up on La Jolla’s beaches!). We’ve seen both children and adults in full costume at such events as BirdStock, Fall Fest and the La Jolla Christmas Parade and we’ve cheered on athletes in challenges like the La Jolla Half Marathon and the Fire Run. We’ve been awed — by rare cars at the La Jolla Motor Car Classic and by a record-setting line of surfboards at the Survivor Beach lineup. We’ve been touched — by the surprising humanity and welcoming attitudes of our neighbors during a citywide blackout. We’ve been challenged — to accept the notoriety that comes with opportunities like having “The Real World” in our backyard. We’ve celebrated graduations and promotions, mourned losses and disasters, and witnessed our ultimate powerlessness in the face of mother nature, and we’re (hopefully) heading into 2012 with a bit more wisdom, understanding and acceptance of the world around us.

From all of us at the La Jolla Village News, happy new year. See you in 2012.
Women with hair loss can have thick hair!

According to the Women's Institute for Pure and Tihning Hair, there are 15 million women who are currently experiencing hair loss. It can begin as early as puberty; although it usually occurs between 35 and 55 years of age. In the pubert) although it usually occurs be tween 35 and 55 years of age. In the puberty: although it usually occurs
during the week and 8 to 4 on weekends and holidays.

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Most insurance will be accepted. For more information you can call 858-224-7877 or visit our website at Andersonmedicalcenter.com.

Recognizing the need for outside help in caregiving

Caregivers often don’t recognize when they are in over their heads, and often get to a breaking point. After a prolonged period of time, caregiving can become too difficult to endure any longer. Short-term, the caregiver can handle it. Long-term support is needed. Outside help at this point is necessary.

A typical pattern with an overloaded caregiver may unfold as follows:

1 to 18 months—the caregiver is confident, has everything under control and is coping well. Other friends and family are lending support.

20 to 16 months—the caregiver may be taking medication to sleep and control mood swings. Outside help dwindles away and except for trips to the store or doctor, the caregiver has severed most social contacts. The caregiver feels alone and helpless.

over 20 years experience including but not limited to all intensive care areas (MICU, CCU, SICU, CVICU, ER, RR), Flight Nursing and Family practice.

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Appreciate her world class bedside manner—please visit our facilities and ask for Kim.
La Jolla important historical hub for Red Cross

By Carol Olten

The history of the Red Cross in La Jolla began with an era of great need and production of operating room linens, dressings and bandages during World War I. Followed by an active Motor Corps and civil defense program during the years of World War II.

The La Jolla branch continued its work through the Korean War and, after moving around in various locations through most of its life, was able to set itself up in its own facility at 7602 La Jolla Blvd., by 1960. In July 1973, the local branch was discontinued and services absorbed by greater San Diego.

Activities of the La Jolla branch during World War II are chronicled as part of “Homefront La Jolla, An American Community During World War II,” the current exhibit at the La Jolla Historical Society’s Wisteria Cottage.

Although the La Jolla Red Cross played an important role during World War II (which included parading its Motor Corps of shiny Buicks and Plymouths in front of La Jolla High School in 1942), the years following its inception in 1917 proved the most challenging and productive in terms of community involvement.

When the first group of volunteers formed to aid the military in the Great War, it included most of the leading pioneer figures in the community like Ellen Mills, Walter Lieber and Jacob C. Harpe, all coming together under the leadership of Ellen Browning Scripps, who donated extensively to the effort. The founding group numbered 150 dedicated men and women—a sizeable part of La Jolla’s entire population in those years. The first meeting place was the new Community House, now the La Jolla Recreation Center.

As the need for places to assemble and make bandages and operating room linens grew, the group soon moved into other locations around La Jolla, including the La Jolla Woman’s Club and Brotherhood Hall located on the second floor of a grocery store on Girard Avenue — not the site of Burn’s Drugstore. Photos from those early World War I years show sizeable groups of men and women dressed in white gowns and aprons meticulously stitching cloth together on behalf of “our boys in khaki now in France actively engaged in the great struggle to make the world a decent place in which to live,” as written in a 1918 letter by chairman Louise Seeley.

The output was amazing in the first 17 months. The La Jolla Red Cross branch produced and collected 7,236 hospital supplies, 2,102 knitted garments, 3,424 surgical supplies and 37,530 surgical dressings — all raw materials purchased and paid for by the branch. The materials and supplies were shipped to the Red Cross in San Francisco and then deployed to troops in France and Belgium. The Bishop’s School soon set up an auxiliary to the La Jolla branch and instructed students in the making of hospital supplies in its own gauze room.

A children’s class in the “preparation of surgical dressings” also was established. In January 1918, a report described “thirty-five happy, eager little workers came to do their bit for their country. Many of them had parents at Camp Kearney and in far away France.”

A motto of the Red Cross continued, “Good things happen when you give ... good things happen when you serve.”

The La Jolla Historical Society’s exhibit detailing life in World War II-era La Jolla will be on display through May 27 at 7800 Prospect St. Viewing hours are noon to 4 p.m., Thursdays through Sundays. For more information, call (858) 595-5135 or visit www.lajollahistory.org.
Moonglow Design/Erling Rohde Plumbing

Erling Rohde Plumbing is pleased to give local artists a place to show their art at Moonglow Design Art Gallery. Come down every Saturday 6-10pm to meet the artist with live music, wine and cheese.

Station Sushi

Station Sushi can handle your late night private party for 20-40 people (10 person minimum 10:30 pm to 1:30 am). And the best part is for only $40 per person; it’s All-you-can-eat AND drink (some restrictions apply). Perfect for your Holiday Party. Join us for Happy Hour Sunday–Thursday 5:30 to 7 pm. We are now open for lunch Monday–Friday 12–2 pm. Dinner Monday–Sunday 5:30–close. Full Bar. www.stationsushi-birdrock.com

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Openness leads to better communication

By Natasha Josefowitz, Ph.D.

I grew up with the admonition from my parents that, “If you can’t say anything nice, don’t say anything at all.” Also, “Do not share your opinions unless asked, and then do so cautiously.” And, “Keep private thoughts private — especially in marriage.”

In other words, don’t share your feelings and thoughts — remain an observer of life, not a participant. Indeed, that was the safer stance for my immigrant parents who fled the Russian Revolution, and then the war in France. “Be careful of what you say in public” was good advice.

But I grew up in a safer world, and so these admonishments fell on deaf ears. I wanted to know others and be known by them.

My experience with openness started with my first encounter group. I was absolutely thrilled to learn that openness was a must for successful communication, and that baring one’s soul or at least one’s most intimate thoughts would lead to closer closeness with a mate, happiness with friends and success with business colleagues.

How truthful to be — with whom and in what situations — has always remained a question mark for me. To be truly known by one’s spouse and be known in return is surely the underpinning of any good relationship. It is a goal I have always aspired toward. It is a goal I have always succeeded at in my marriage. I might add. Yet my friends tell me that this reciprocal knowledge, to be known in return is surely the underpinning of any good relationship.

I know and be known. And even through white lies and friends, perhaps it is possible to be there if needed, and, in fact, they were after my husband died. Now that I am living alone, they have remained concerned and caring, perhaps in even a bit of a role reversal.

Actually, it is very satisfying to know the children, though middle-aged themselves, have a parent they can absolutely trust to always have their best interest at heart, have confidence in their questions matter, their opinions are taken seriously and their problems are respected even though mean-spirited thoughts and embarrassing behaviors are out in the open, to have no secrets from one another is for me the ultimate achievement of a perfect union.

It is within such a context that anger can be diffused, irritations can be smoothed out and pain can be healed.

I tried never to lie to my children, although I had lied to my parents (in youth) to escape reinpradn for a misdeed and in older age, to protect them from bad news they could do nothing about. My children, however, did not appreciate my honesty and told me my private life was my affair and friendship was expected from friends and parenting from parents.

I took this to mean that parenting was to forever remain a one-way no matter how small, will be considered important. No friend has the patience to discuss for hours the best color to re-upholster the sofa, but I could do this with my mother as my daughter does with me.

Honesty with friends is where the question marks come in. Somewhere between not telling the truth because it may hurt and telling the truth because it can help, a decision needs to be made. The decision is difficult because it is based on how I would feel if I were told, which may be very different from how he or she would feel under the same circumstances. In wanting to be helpful, I have hurt in trying to be truthful, I have been seen as rude. Yet when an honest opinion is being sought, my friends turn to me.

The dividing line between white lies and truths is whether the person can do anything about the problem. I will not tell an unattractive friend that she is hopelessly so, but will comment, if asked, about her new unbecoming haircut.

Some people play it safe — they are always complimentary to everyone. This, for me, is not being a real friend. I can only trust friends’ opinions if I know they can also tell me the unvarnished truth. Yet, openness in the wrong setting with the wrong people and at the wrong time can lead to negative reactions and lost friendships. Unsolicited feedback is often unwelcome feedback.

Alas, we do not live in the best of all possible worlds — yet with our families and friends, perhaps it is possible to know and be known. And even though I have loved my life contrary to my parents’ advice to be mysterious and difficult to get to know, I have found great happiness in honest relationships, openly sharing feelings, conveying unpopular opinions and always being willing to re-examine even dearly held beliefs.

— Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 19 books. She lives at White Sands La Jolla.

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Can it be that those considered by some to be vermin, those verbally scorned, those physically harassed, may — ironically — be allies to the very ones who condemn them?

I refer you to Exhibit A, our local seal and sea lion populations. Plenty of data show that while these kinds mammal spirits toil away at their own survival, they simultaneously act as sentinels to guard the health of the ocean and humans. Personally, I can’t think of any vermin providing an equivalent and planetwide environmental service.

This is why NOAA (National Oceanic and Atmospheric Administration), with offices on the hill above Scripps Institution of Oceanography, brought into its fold the Human Health Initiative, which addresses the importance of marine organisms as sentinels because they portend health-threatening trends and impacts for us. While the designated sentinels include all marine mammals, no coastline is immune to changing impacts of a study published recently in the science journal, PLoS One.

According to various scientific journal articles (e.g., Veterinary Pathology, May 2011; Oceanography, June 2006), most marine mammals (like us) have long life spans, are long-term coastal residents, feed on prey we also eat and carry large fat stores (typically where mammal toxins collect and hide their time before oft-unknown triggers set disease in motion). Consequently, marine mammals are our double-duty representatives in the ocean ecosystem; they interact in the three-quarters of Earth’s real estate that we are not in the same way privy. Environmental degradation from human activities (like pollution, overfishing and climate change) is showing up as new diseases in ocean plants and animals, with potential for those diseases to be passed to us directly or eventually. As an example, a percentage of stranded California sea lions are showing up with an alarmingly high incidence of a newly described urological cancer. The disease appears to be rooted in a combination of novel herpes virus and PCB and DDT exposures (human-created contaminant) and DDT exposures (human-created contaminants swirling in the waters of their — our — feeding grounds).

Another shared human and marine mammal disease, sometimes fatal to both, is a parasite that causes toxoplasmosis. It has reared its infective head at more than half of southern sea otters (Enhydra lutris nivos) found beachside. And we can’t ignore those pesky algae blooms species that carry a little something extra — deadly toxins. The algal laundry list of bioposons includes those species responsible for neurotoxic, diarrhetic and paralytic shellfish poisonings, now permeating all coastlines where they have been incriminated in mass mortalities of dolphins, sea lions and manatees. So you can see how our desire for many of the same food preferences as animals the most like us — without being us — can result in our being afflicted by similar diseases.

May be it’s time to trade in those rose-colored glasses and get a new prescription. It seems shortsighted to scapegoat the local pinniped population with a litany of unsubstantiated fears. According to the Marine Mammal Commission (2004), virtually all threats to marine mammals are ultimately related to humans via our population size, growth rate, and consumption and behavior patterns. We need our pinnipeds, if for no other reason than purely selfish human survival. The San Diego Lifeguard Service likes to tout itself as a 24/7 service, but it’s really our local pinnipeds who trump them as the true lifeguards at the beach. I am bewildered why everyone isn’t enamored of these charismatic animals and our great fortune in having them as part of our urban landscape, and it’s a wonder they are here considering all the depressing news about the environment.

Instead, that our pinniped populations exist here offers concrete proof that even though the ocean is in poor health overall, it isn’t dead. Our seals and sea lions give us hope for the ocean’s health and provide ongoing inspiration for us as individuals and a community to do much more to secure the natural world for future generations. Yes, we need the will, but it is possible. Maybe many folks will change their exaggerated negative views of the local pinnipeds once they discover the benefits to humans. And who knows, those choosing to shift their passion from seal eradication will free up time for dedicating toward inclusive community quality-of-life issues, like raising funds to extend the hours of La Jolla’s Rillard Library. Wouldn’t that be a thrill! And what better time to hope than this holiday season?

— Judith Lea Garfield, biologist and underwater photographer, has authored two natural history books about the underwater park off La Jolla Cove and La Jolla Shores. Send comments to jgarfield@ucsd.edu

Recent pathologic studies of dolphins, like these common dolphins (Delphinus delphis), indicate a resurgence in infectious diseases, which may reflect environmental distress, and these diseases impact human health directly or indirectly. ©2011 Judith Lea Garfield
Best-dressed philanthropists and a glittering Silver Tea

December was the month for Leonard Simpson’s fourth annual “Ten Best Dressed” awards, celebrating 10 very well-dressed San Diego-area women and 10 very well-dressed men. Are they really the best dressed and gentle- men in San Diego? Well, the awards are based on partly on fashion sense (and these folks certainly know how to dress well), but their philanthropic efforts are an even more important factor.

Hosted by Simpson’s company, Fash- ion Forward, and held at Ramin Pourteymour’s famed La Jolla “Atoll House,” the event was expected to attract about 350 guests — but friends invited friends, and the crowd was twice the anticipated size, making for quite a crush. Wait staff bravely served hors d’oeuvres, doing quite a credible job. Live and silent auc- tions brought in funds for the event’s 10 local charity ben- efits, including The Arc of San Diego, Kids Korps, Big Brothers Big Sis- ters of San Diego County, Home Start, NSW Family Found- dation, St. Madeleine Sophie’s Center, San Diego Center for Children, San Diego Food Bank, San Diego Police Histori- cal Association and United Way. Sally Thornton presented each of those noted organizations with a generous check from the Thornton Foun- dation.

In case you’re wondering, the 10 ladies honored at the

Starry, starry nights

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In case you’re wondering, the 10 ladies honored at the event were:

- Hon. Jeannette Stephan, Joyce Nash
- Cristul Hasson, Becki Eteel, Suzanne Ward, Dolores Smith
- Hon. Jeanne Stephanie, Joyce Nash
- Cristul Hasson, Becki Eteel, Suzanne Ward, Dolores Smith

They may look good enough to eat, but the paintings and sculptures at Dono- van's of La Jolla are strictly off limits — so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, you'll have to content...
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Gigi Cramer,

Debra Emerson,

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... and Peter Ferrantelli.

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• Three things you can do to get your house on a buyer’s ‘must see’ list.

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