**THE SOUND AND THE FURY**

New study to evaluate flight paths and noise

SEE PAGE 8

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**HOMELESS VETS**

Our exclusive look inside the Midway temporary shelter

SEE PAGE 4

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**POINT LOMA GRAD NAMED NFL ALL-PRO**

SEE PAGE 11
TRAVELS

THURSDAY · JANUARY 18, 2018
THE PENINSULA BEACON

3BR/3BA • $1,450,000
Listen to the ocean and enjoy walks along beautiful Sunset Cliffs! This 3 bedroom, 3 bath home is situated on a corner lot and offers some ocean views, hard-wood floors, and a spacious floorplan. Sunset View School District
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BEACON TRAVELS
Positive Adventures CEO Ryan Shortill (back right) with his daughter Calliope (holding the Beacon), Scott Kurth (left) and Kevin Foley (right) on a recent youth excursion to Joshua Tree. Shortill has been carrying around a Beacon for 10 years of travel hoping to get a good shot.

BEACON TRAVELS
The Mather family of Point Loma visited Madrid, Spain. Kirk, Kevin, Kyle (from left) and Heidi at El Clasico watching Barcelona defeat Real Madrid.

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BEACON TRAVELS
Mike and Cathy Lewis read the Peninsula Beacon at the Taj Mahal in Agra, India.

BEACON TRAVELS
Positive Adventures CEO Ryan Shortill (back right) with his daughter Calliope (holding the Beacon), Scott Kurth (left) and Kevin Foley (right) on a recent youth excursion to Joshua Tree. Shortill has been carrying around a Beacon for 10 years of travel hoping to get a good shot.

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Sunset Cliffs masterpiece perched high on the Hill w/ fabulous, unobstructable ocean views! 3 2.5 ba, gourmet kitchen, solar, AC, elevator.

Logan Heights | $489,000
Great investment in good little pocket of Logan Heights. 2 detached houses with private yards, just blocks to shopping, schools & freeways.

Point Loma | $2,395,000
Rare Traditional Coastal Design residence. Features a gourmet kitchen w/ 2 islands, butler’s pantry, top off the line appliances & custom cabinetry.

Point Loma | $2,350,000
Newly renovated 5 bed 4 ba home has approx 3,445 sq ft w/ an open floor plan. Ocean views from the master br, family room & the roof top deck!

Ocean Beach | $864,000
Just Listed

Point Loma | $1,595,000-$1,695,000
Sunset Cliffs masterpiece perched high on the Hill w/ fabulous, unobstructable ocean views.

Pacific Beach | $764,000
Listed by Elleene Douglas. Private gated townhouse. Remodeled 3 bed bedroom 2.5 bath with 3 patios, chef’s kitchen, separate dining room and the master has a balcony and walk in closet.

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Three large homeless tent shelters recently opened in San Diego. The domed shelter located in Midway District is the new transitional home for homeless veterans. Opened just before Christmas, the new facility, the only one exclusively serving homeless vets and operated by Veterans Village of San Diego, opened Dec. 22 at 2801 1/2 Sports Arena Blvd.

On a recent Friday, the Peninsula Beacon dropped in on the shelter to chat with administrators—and vets—who discussed the need for the facility and its wrap-around services, as well as the quality of care being provided.

The temporary Midway District bridge shelter is designed to house up to 200 veterans a day. On this particular January day, there were 117 veterans present, all but five of whom were men.

“The homeless get their meals in here and it costs nothing,” said Lisa Record, Veterans Village of San Diego development director. “They have charging stations for their phones, books and games, and a smoking area with port-a-potties and showers outside.”

“We do breakfasts and dinners at 7:30 a.m. and 4:30 p.m.,” noted Aaron Maggy, Veterans Village of San Diego shelter manager. “When they come in, they get storage bins to keep things as clean and organized as possible.”

Are sheltered vets free to come and go?

“There’s a curfew,” answered Justin O’Leary of Veterans Village of San Diego at the shelter’s admittance counter. “Gates open at 5 a.m. and close at 6 p.m. If you’re onsite at 6 p.m., you can’t leave. It’s important for us to know who’s onsite and who isn’t. Who decides to leave. Who doesn’t.”

Andre Simpson, Veterans Village of San Diego vice president/COO, noted this most recent iteration of the shelter is in the same location that Veterans Village of San Diego has operated temporary emergency winter shelters for 13 of the last 17 years.

“It’s a great working relationship,” said Simpson of the arrangement, pointing out the shelter is transitional, not permanent.

“It’s different for every individual,” noted Simpson, of the veterans’ shelter experience. “Some folks take a little bit longer (transitioning out) because they have their issues — substance abuse, mental illness, etc. We work with them to determine what their needs are, then get them connected to permanent housing and intervention programs.”

The homeless population can typically be divided into three categories: Those suffering from substance abuse, those mentally ill, and those eschewing structure and a rooted lifestyle.

Simpson said there’s a fourth category.

“There are people who, for one reason or another, misfortune has caused them to end up homeless,” he said. “One car accident, one missed bill or rent payment, a substance abuse or health issue — they end up on the street.”

Simpson said the goal of the Veterans Village of San Diego temporary homeless shelter is to help its clients “find themselves and get back on the right track.”

Is helping homeless vets rewarding?

“It’s the most satisfying job I’ve ever had,” replied Record. “The veterans deserve our support more than anybody. They’ve served our country. Any one of us could be homeless with any type of catalyzing event. They are so grateful, and are really working hard to get back to where they need to be, regaining their lives.”

“It’s a calling,” answered Simpson who’s been with Veterans Village of San Diego 22 years. “When I first started, I was told Veterans Village of San Diego was not a career, but a job, that it was a steppingstone to a career. I disagreed with that then — and now. This is a rooted lifestyle.

The temporary Midway District bridge shelter, which opened for homeless veterans in December, is designed to house up to 200 people a day.
CONTINUED FROM Page 4

Don (Duck) Wills, 65, a native Texan, is a veteran who served in the Air Force in 1972-73. Wills, who described himself as “quite gay” is bisexual and has three daughters from a previous marriage. He presently has a husband, currently homeless downtown, who is bisexual whom he sees “every day.” Wills and his partner can’t be in the Veterinary Village of San Diego shelter together because his partner is non-military.

Wills had been homeless on the street the last 2 1/2 years. Asked what it was like, he replied, “You don’t have money and wonder where your next meal is coming from. There are thieves ... and those who will beat you silly just because they can.”

Wills said showers are a “monthly” thing for the homeless, unless you know someone living indoors. Concerning remaining hygienic without access to sanitary facilities, Wills commented, “I’ve used plastic bags in dre situations,” adding he always disposed of them properly.

Wills preferred not living in a tent on the street.

“If you put up a tent, the first thing the police are going to say is, ‘They’re in there using drugs or having sex. Or that woman isn’t wearing a hat.’ What went on in my tent was pure sleep. I’d just as soon roll out without a tent.”

Regarding how he landed on the street, Wills first came to San Diego from Texas in 2001 to escape a bad family situation and a tragic background.

“When I was 10 my daddy committed suicide,” he said. It was a traumatic experience that took me three years to recover. Even my mother didn’t know I was in shock. I went from a good little boy to a bad seed — mean, angry and uptight.”

Wills said his siblings accused him of not caring about his father’s death because he didn’t cry at the funeral. “I had no clue you were supposed to be crying,” he said, adding, “I know a lot about life at 10.”

Wills’ goal at Veterans Village of San Diego is “to get back my responsibility, get permanent housing.”

Diego shelter is “to get back my responsibility, get permanent housing.”

Wills’ outlook on life remains positive, partly because of the care he’s received. “I really don’t care about my father’s death anymore. ‘I’ve had four suicide attempts. I’m getting better. I’m starting to feel more stable, back to the person I was.”

Faustman is “working on getting a job” while taking online classes on his iPhone. He talked about his immediate goals.

“I’m working on securing permanent income and permanent housing. I want my independence back and the ability to stand firm on my two feet again.”

Faustman described what it feels like to be rootless.

“Being homeless, I felt like I’d lost everything that really meant something to me.” he said. “It feels like you’re less of a person because you’re less of a person, that you’re no longer the person that you used to be. The looks from people ... to just go up to someone and have them look at you like you’re less of a person because your filthy ... it’s heartbreaking. It brought me to the lowest of the low — just not wanting to live anymore.”

The Veterans Village of San Diego tent shelter has been therapeutic for Faustman.

“This opportunity to get a chance at stable housing has meant the world to me,” he said adding services provided “has given me hope that I can improve my circumstances, that I can be a contributing member of society. Ultimately, I want to make a difference. I’d like to help people avoid the mistakes I made.”

Record said she recently attended a Veterans Village of San Diego graduation, in which residents were transitioning out of Veterans Village of San Diego’s regular campus facility into permanent housing, many of them getting re-acquainted with, and re-integrated into, their families.

“It was a really touching, moving moment,” she said, adding it was amazing to see the “complete change” in residents and how they’d come “full circle.”

“You could feel the love in the room.” Record said. “Everyone was so happy. There were tears. It was really an emotional evening. We were all incredibly proud of these people.”

The domed shelter in Midway District is the new transitional home for homeless veterans.

Michael Janasick, from El Paso, Texas was a tank mechanic in the military from 1984-88. Never actually homeless on the street, Janasick is currently in-between jobs. He sought the Veterans Village of San Diego shelter “to keep a roof above his head.”

“I never turned to alcohol or drugs,” said the veteran. “My income was cut off. I got neuropathy (feet) so I can’t go back to my old work as a commercial mower because walking is like being on nails.”

After losing his job and going through his savings, Janasick said, “I absolutely was not prepared for the streets. I’m not equipped for that. The tent was a good thing.”

Of the tent shelter, Janasick said, “People come and go, because that’s their choice. Some work. Some get up at 4 a.m. to catch the first bus or trolley.”

Janasick has been treated well at the Veterans Village of San Diego shelter, noting the administration tries to be patient and understanding.

“People come in here drunk and high, but if they aren’t causing a problem, [Veterans Village of San Diego] staff work with them instead of throwing them out,” he said. “We have a lot of rules. You can get kicked out for throwing them out,” he said. “We have a life here. They may not have a trust at all. You may have to go to court to fix the problem with the trust or to place the property into the trust. This is precisely why your estate planning must be done by an attorney. It is worth the money to have an attorney do it. When you are considering probate, it is vital to get good legal advice. There are so many steps and complications such as with second marriages, beneficiaries with disabilities, how title to real estate is to be held, whether to include certain relatives, whether to change the beneficiary designation statements and many others. There are changes to forms that must be kept up to date. Our state Congress overrides certain forms such as with the advanced healthcare directive. The county drafts other forms, for example, the preliminary change of ownership forms that must be sent in when recording a deed. Our federal legislature deals with the taxes concerning estates and gift tax. Having an attorney who is an expert in this area will ensure that your documents are compliant with the law and that your wishes met.”

Michael Janasick
“Health is wealth” is a slogan on apparel items at Wholesale Nutrition Center in the Midway District, but it could just as easily be the company’s mission statement.

“We’re actually the largest privately owned supplement store with apparel on the West Coast,” said Nayef Amhaz, district manager at WNC, which opened recently at 3610 Midway Drive. “We are not just a sports supplement company. We carry full-on weight loss and vitamins. We are literally the store for every single consumer. You can find everything [here], including an apparel line that’s patented to us.”

Amhaz said WNC is a one-stop shop, while pointing to shelves lined floor-to-ceiling with products. Noting they label themselves as “the team,” Amhaz said that includes everyone associated with the business: employers and owners, athletes and motivational speakers, everyone involved with the supplementation industry.

WNC is known for its variety. “We do carry everything from protein donuts, pizzas and popcorn to egg whites and enchiladas,” said Amhaz, noting the special food products are “high in protein, low in everything else.”

WNC has supplements for people on high-fat, low-carb diets, or on high-carb diets for those looking to acquire more energy or gain weight. The high-protein pizzas and popcorn sold have crust made out of chicken breasts, which allows carbs to be minimized to just 4 grams.

Why is protein so important in diet?

“Protein is necessary for the recovery of your muscle,” answered Amhaz. “It’s the fuel. When you train or do any kind of physical activity, your tearing your muscle. When you tear your muscle, the best way to recover is the proteins you get from your food, or powders (supplements).”

Amhaz pointed out today’s highly processed foods come at the cost of much of their nutritional value. He discussed the theory behind supplementation.

“It’s whatever you can’t get from your diet,” said Amhaz, adding it’s hard for athletes and others on heavy workout or diet plans to get enough protein from their typical diets. Hence, the need for supplementation.

“Whatever you’re doing besides sitting on your couch — you need to supplement because you can’t get it just from normal food out there,” Amhaz said, adding WNC is the best and least-expensive place to get supplements.

“We are wholesalers in this business, everything in this store is about 30 to 40 percent cheaper than online as well as competitors,” he said. “Hence our growth. We guarantee our prices.”

Based out of Orange County, WNC now has 18 locations spread throughout Southern California and Riverside County.

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**Lew was skeptical but it worked “amazingly well” and lost 22 lbs.**

**Sandy lost 20 lbs in 2 months and even her skin and hair is better!**

“I knew I wanted to make changes after I had my 2 year old and got rid of my baby fat. Dr. Wong guided me along the way and was very supportive and I’ve lost 23 pounds in 2 months. I’ve met my goals and I’m happy! I feel a lot better, healthier and I have more energy. I’ve noticed that I’ve had to get new clothes!”

Mandy C. — San Diego

“After being on Dr. Wong’s program for 2 months, I lost almost 40 pounds. I was lethargic and couldn’t keep up with my kids but I’ve found an answer to my energy problems and I wake up with energy, I feel better, I’ve been eating healthier and I’ve been more active. Thank you Dr. Wong!”

Rachel R. — San Diego

“Before I came to see Dr. Wong, I had a lot of health concerns. I had extreme knee pain, I was overweight and I also had a lack of energy. After I had a consultation with Dr. Wong, he told me what was wrong. Everything we did involved no pain and in 8 weeks, I have lost 32 pounds without doing exercises! I am a lot more energetic and I feel like working out. I am stronger, more alert, more flexible and limber so I appreciate everything about Dr. Wong. If you’re ever in need of optimal health, come see Dr. Wong because he’ll make you strong!”

Rodney W. — San Diego

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NEWPORT AVENUE
OPTOMETRY

THE PENINSULA BEACON | THURSDAY, JANUARY 18, 2018 | PAGE 7
A new study titled “Part 150” has been green lighted to evaluate flight-path improvements and noise reductions in and around San Diego International Airport. Noise has been a real sore spot for coastal residents from the Point to La Jolla, who allege flight-path changes the past couple years have negatively impacted their lifestyles.

Recently, District 2 Councilmember Lorie Zapf spoke before the Airport Authority on the merits of the Part 150 study. “As your council member, I have advocated for reduction in airport noise in our communities,” Zapf said. “As part of my support for the Part 150 study, I have requested the FAA be a proactive partner to improve the quality of life in surrounding communities.”

Part 150, a federal aviation regulation, guides and controls planning for aviation noise compatibility on and around airports. The federal regulation establishes procedures, standards and methodologies to be used by airport operators for preparation of Airport Noise Exposure Maps. Such exposure maps are used in the Quieter Home Program, the San Diego County Regional Airport Authority’s Residential Sound Insulation Program. The FAA has determined that residences within the 65-plus-decibel level limit around SODA may be eligible for sound-insulation treatments to mitigate aircraft noise. The FAA has set a goal of reducing interior-noise levels for eligible residents by at least five decibels inside the home, providing a noticeable noise reduction.

But not everyone is certain the Part 150 study will be a cure-all for decreasing airport noise in communities directly impacted from alleged flight-path changes.

One skeptic is Gary Wonacott, Mission Beach Town Council president. “The key point here is that Part 150 cannot be used to assess the benefits of the procedural changes proposed for Mission Beach and La Jolla, because these communities are not in the 65-decibel area. As you know, currently, the majority of our noise complaints come outside our 65-decibel contour,” Wonacott said.

Wonacott admitted, however, the FAA is showing a willingness to compromise. “The FAA has demonstrated that they are willing to look at procedural changes that reduce noise outside the 65-decibel limit,” he said.

Schnoor has been a watchdog for the NextGen and airport noise situation for more than two years. A citizen’s representative on a 15-member airport subcommittee, Schnoor and his colleagues came up with 21 recommendations for “quieting” airport noise in coastal communities in the airport’s flight path, following a year of deliberations. “Part 150 is a process. It appears to be the best vehicle to execute all those changes,” Schnoor said.

This year’s San Diego Sunroad Boat Show returns to Harbor Island Jan. 25-28, with more than 200 boats on display. It’s now the largest boat show on the West Coast, with something for everyone in the recreational boating world. Offerings range from trailerable boats and inflatables, kayaks and stand-up paddleboards shown on land to sail and powerboats from 30- to 90-feet exhibited in the water.

The 28-year-old ever-larger wintry boat show, now in its 9th year at Sunroad, debuts on Thursday, Jan. 25 and runs through Sunday, Jan. 28 at Sunroad Resort Marina, located at 955 Harbor Island Drive, at Harbor Island’s east end. Show hours are noon to 6 p.m. Thursday and Friday and 10 a.m. to 6 p.m. Saturday and Sunday. The show provides guests the chance to tour both new and used sail and powerboats in every price range, style and size. The show is split about 60-40 between power and sail boats, with more new boats than previous years, explained show director Jim Behun, who doubles as the marina’s general manager.

“This is a show organized by boaters for boaters of all kinds. Exhibits and vendors are all boating-related,” Behun said, explaining that show has expanded to more temporary docks.

Among the dealers exhibiting are South Coast Yachts, showing the Bénéteau sail and power lines and debuting the Monte Carlo 6, Sun Country Marine displaying Sea Rays and Boston Whalers, JK3 Nautical Enterprises’ Hanse sailing yachts and Alexander Marine’s Ocean Alexanders and Hatteras yachts. Numerous sailing catamarans are also featured.
OBMA marketing breakfast highlights area merchants and business branding

Maximizing online presence was the main topic at Ocean Beach MainStreet Association’s annual marketing breakfast Jan. 9 at Wonderland.

Denise (Denny) Knox, OBMA’s executive director, asked participating merchants to identify themselves, then pointed out the broad cross-section of businesses represented made OB a “one-stop shop.”

Recapping accomplishments from 2017, Knox described it as a “busy year.” She added the farmers market, one of the beach community’s signature events, celebrated its 25th anniversary last year.

“It really put us on the map,” said Knox of the market held year-round on Newport Avenue, Wednesdays from 4 to 8 p.m. featuring locally grown produce, art and live music.

Of the gathering’s purpose, Knox commented, “Our mission is to promote and support local business and economic vitality in the Ocean Beach community. By putting on events like the marketing breakfast, we’re able to provide the members with free tools they can use to enhance their promotional efforts and help them succeed.”

Knox stressed the need to draw out-of-towners to OB’s business district.

She cited the draw at the weekly farmers market as one prime example.

“About 50 percent of the people that go to the farmers market are visitors,” she said adding, “We have a population that is very static. You can’t really grow. So we need to push to get visitors to come from outside the area to support these businesses.”

The business improvement district chief noted there’s one other big anniversary upcoming.

“This year is the 40th anniversary of this organization,” she said adding, “Someone told me when we started, ‘It will never work.’ It’s been a great run for 40 years. We’ll have a lot more years to go.”

Knox said a promotional passport program encouraging guests to visit local businesses on Small Business Saturday, offering a chance to compete for a raffle prize, was a big success.

Small Business Saturday was founded by American Express in 2010 on the Saturday after Thanksgiving to promote small businesses.

“American Express pays for all the advertising, and we’d like to make it bigger and better this year,” Knox said of OBMA’s participation.

Along with Knox, presenting at the OBMA breakfast Jan. 9 was Shannon Brown, president of Brown Marketing Strategies. Brown talked about the overwhelming importance of using all the various vehicles — Facebook, Twitter, Instagram, Yelp, LinkedIn, Mapquest, etc. — available on social media to cross-promote business.

Brown cited web roaming, researching an item online before actually going to a brick-and-mortar store to check it out in person, as one of the latest marketing trends.

“During Black Friday/Thanksgiving weekend, 69 percent of shoppers surveyed said they were web roaming,” said Brown adding, “Content is still king,” when it comes to what shoppers are looking for in website ads.

Brown added other growing marketing trends include the increasing significance of mobility, content, outsourcing, reliance on websites for information, data and authenticity as important considerations in promotional marketing.

Brown said the top five most-searched business types were clothing lines, restaurants, food trucks, record labels and daycare. She added the most common small businesses searched were bookkeeping, computer repair, car repair, web design and restaurants/cafes/bakeries.

The 39th annual OBMA Awards Celebration will take place Thursday, Jan. 23 at the Point Loma Masonic Center, 1711 Sunset Cliffs Blvd., from 6 to 9 p.m. The celebration is for OBMA member businesses, their families and special guests.

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See Band Page 16

Tripower Yoga is under new ownership! Natasha Mulholland acquired the business last June.

While there are several excellent studios nearby, I hope to offer something different. I had surgery for a labral tear in the hip joint over a year ago, and it changed me drastically. I can no longer do all the things the svelte ladies in class can do. I got me thinking that I want to create a space that is not intimidating in any way, and truly welcoming to all, even if you’re just in it for the stretch. We recently put in a new floor and we offer Muay Thai, Pilates, and dance! Take advantage of our amazing deal for a 25 class package for $200! That is only $8 a class! Or get an unlimited monthly pass for $80 a month! Natasha and Team Tripower look forward to meeting you!
Success in coaching often leads to increases in strength of schedule, upgrades to tougher leagues and CIF divisions.

Last year young Josh Aros, then 28, was hired to lead the Pointer basketball program after spending 10 years being mentored by previous coaches. And Aros proved his readiness, leading a young and inexperienced CIF Div. III team to a 19-8 overall record to go with a 7-3 Central League mark, good for second place.

As a reward for his success, Aros saw his team moved to the higher level Eastern League and also elevated to CIF Div. II.

Does that bother Aros?

“We’re in a new league and I see us finishing towards the top,” Aros said after a rigorous practice last week. “When we play our basketball we can play with the best.”

Aros offered as evidence his team’s recent tournament game against Mission Bay, the county’s No. 1 team. “We were only down by four points going into the fourth quarter,” Aros recalled. “And there were times in the game when we were up by four.”

In early league play, the Pointers dropped a home game against top-rated Christian by 10 points, but Aros isn’t backing down on his team’s chances as they gain more experience.

“We have lots of young players, lots of new kids who need more minutes, Aros explained, “and that’s something we’re trying to iron out. It’s a work in progress and I think towards the second half of league play and towards the playoffs we’ll get straightened out and be a team to be reckoned with.”

Aros listed his team’s strengths as working the ball into the post, transition play bringing the ball up court and using his team’s size to get the ball close to the basket.

“We have five seniors coming back,” Aros said. “Kyle Johnson, a 6-foot 6-inch tall guard who has received an offer from Cal State Monterey Bay. We’ll be leaning on him.” Johnson, who will serve as team captain, scored 11.6 points per game and led the team with 12.8 rebounds per game.

Also back are Grayson Kelle (6-foot 4-inches tall, 1.4 ppg, 3.6 rpg), Carlos Torres (6-foot 7-inches tall, 7.5 ppg, 10.4 rpg), Bryce Morris (6-foot 4-inches tall, 2.8 ppg, 3.9 rpg) and Jordan Flores (6-foot 4-inches tall, 3.0 rpg).

“Kelle had a lot of minutes, we counted on Torres as a big man in the post and for rebounds and Morris and Flores are senior leaders who are getting more minutes and doing a lot for our team now,” Aros said.

Also returning is sophomore Tyler Morris (6-foot 6-inches tall, 2.3 ppg, 3.5 rpg) “who started a lot of our games last year,” Aros noted, and juniors L. Skinner (6-foot 4-inch es tall, 1.7 ppg, 2.8 rpg) “who is playing a lot more minutes this year and doing a lot of good things on offense and defense,” and Riley Wagstaff (6-feet tall, 3.5 ppg, 1.8 rpg).

New Pointers this year include freshmen Trent Bell (5-foot 9-inches tall, 8.2 ppg, 2.3 rpg), Gabe Harrison (6-feet tall, 6.4 ppg, 2.0 rpg), Devyn Sanchez (6-foot 3-inches tall, 0.5 rpg), sophomore Jakob Tonnear-DiCarlo (5-foot 7-inches tall, 1.1 ppg, 0.6 rpg) and juniors Wes Windmuller (6-foot 1-inch tall 1.3 ppg, 2.0 rpg), Dane Wardmont (6-foot 2-inches tall, 1.0 ppg, 1.0 rpg) and Seamus Mulvaney (6-foot 1-inch tall, 1.4 ppg, 0.6 rpg).

Extra points

- Other members of the Eastern League besides Christian include Morse, Serra, Miramar, Scripps Ranch and Pointer rival Coronado.

- Efforts have begun to revive Lee Trepanier Gym, the Pointers’ home court. New, brighter lighting has been installed. Wood panels along walls has been refinished and reports are that the entire gym is due to receive new seating to replace the current/original wooden set that is about 65 years old.

- Point Loma freshman Gabe Harrison brings the ball up court during a league game against Miramar last week. He hit a three-point buzzer-beater at the end of an overtime period to give his team a 67-64 victory.

Pointers basketball heads into league play

BY SCOTT HOPKINS | THE BEACON

Point Loma freshman Gabe Harrison brings the ball up court during a league game against Miramar last week. He hit a three-point buzzer-beater at the end of an overtime period to give his team a 67-64 victory.

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Point Loma High grad Agnew named first-team NFL All-Pro

Local football star Jamal Agnew, playing for the Detroit Lions, was named to the NFL’s All-Pro first team last week, capping an incredible rookie season.

Agnew has heard scouts and others call him “too small” since his high school career at Point Loma High School where he was a first-team All CIF defensive player. Yet he has proven them wrong at every level, now including professional football.

Following his breakout career as a Pointer, few Div. 1 colleges showed interest in him so Agnew elected to play locally at University of San Diego. There, he set records for number of passes defended and was an all-Pioneer Football League selection.

The Lions used a fifth-round selection in the 2017 draft on Agnew, and since he first arrived at the team headquarters, he has impressed coaches, teammates and fans with his abilities and quick smile.

Agnew’s breakout moment came Sept. 18 during a “Monday Night Football” game against the host New York Giants when he fielded a punt and returned it 88 yards for a touchdown.

Later, Agnew returned another punt for a score against a different opponent and the Lions began using his talents in other ways.

During the season, Agnew logged 10 tackles on defense, caught two passes for 18 yards and gained nine yards on two carries on offense, returned 11 kickoffs 196 yards, returned 11 punts for 447 yards and the two touchdowns and recovered three fumbles, establishing himself as an all-around threat in a sport of specialists.

By SCOTT HOPKINS | THE BEACON

Jamal Agnew (left) of the Detroit Lions sprints toward the end zone on an 88-yard punt return during a Monday Night Football game in September. A PLHS alum, Agnew was named to the NFL’s All-Pro first team as a return specialist after a sparkling rookie season.
OB Town Council board of directors is now accepting candidate statements for the election. If you would like to take your community involvement to the next level, here’s an opportunity to do so! The OBTC board of directors operates at all levels, here’s an opportunity to do so. As an OBTC director, you would serve as an elected voice communicating the views and needs of the community to the appropriate agencies, be at the forefront of community discussions, take appropriate action on community issues and be a leader in promoting the general betterment of OB.

There are 15 seats on the OB Town Council board of directors. OBTC members elect board members at large on a 2–year term. Half of the board stands for election every year. This year, seven seats are up for election. If you would like to be considered for candidacy, submit your Candidate Statement to obtowncouncil.org by Tuesday, Jan. 23.

Eligible candidates must be over 18 years of age, paid-in-full OBTC members (as of Jan. 20), and either live, work, own property or operate a business in Ocean Beach. Voting for this election will take place from Monday, Jan. 29 to Friday, Feb. 9. For more information, visit obtowncouncil.org.

OB Town Council board of directors will hold its next meeting 4 to 5:30 p.m. on Jan. 21 at Point Loma Assembly, 3035 Talbot St. The primary focus of this meeting will be considering who the club will endorse in a run against Lorrie Zapf in City Council District 2 race. Members will have the opportunity to hear the candidates speak, and ask questions of them.

Ocean Beach Historical Society program

Ocean Beach Historical Society presents “San Diego’s Naval Disaster and the Seal for Conviction” by Karen Scanlon 7 p.m. Thursday, Jan. 18. From the Oregon’s Faith Community (formally PL United Methodist Church). 1984 Sunset Cliffs Blvd.

It was business as usual along San Diego’s waterfront in the early morning of July 21, 1965. But a boiler explosion aboard the patrol gunboat USS Bennington, at anchor in the stream of the bay, plundered the ordinary and commenced the deadliest peacetime disaster in the history of the United States Navy.

Immediately, a Court of Inquiry convened in San Diego. In October, the Court Martial of Bennington’s commanding and engineering officers took place at Mare Island Naval Yard. What caused the explosion that stole the lives of 66 men? The pursuit of conviction was more intense.

Sol e Mar to play Point Loma Library

On Wednesday, Jan. 31 the Friends of Point Loma History Library will be presenting the acclaimed local percussion group Sol e Mar at 6:30 p.m. in the community room of the library, at 3701 Voltair St. This free concert is made possible by donations from the Friends of the Point Loma/Hervey Library, The National Endowment for the Arts, and San Diego State School of Music and Dance.

March to Empowerment at Women’s Museum

The Women’s Museum of California will be opening their newly revised exhibit, highlighting the fight for Women’s Suffrage with interactive components and historical artifacts to bring the exhibit to life. There will be a party at 6 p.m. Friday, Jan. 19 for guests and museum members.

Building the Wall play

Pulitzer and Tony-winning playwright Robert Schenkkan presents a dystopian drama about life in the Donald Trump era for six performances only at the Point Loma Playhouse starting Friday, Jan. 19.

‘Entangled in America’

At 2 p.m. Sunday, Jan. 21, La Playa Books will be hosting author and Kenyan immigrant Wangiru Wawara as she gives a discussion of her current memoir, “Unex- pected America” and her new book, “Entangled in America,” the second installment of her memoirs which discusses Wangiru’s struggles and triumphs as an African woman.
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In 2017, Point Loma’s median sale price climbed 10.3% for Single Family Homes and 20.7% for Condos and Townhouses when compared to 2016. - Sandicor MLS

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About Lanz Correia
I am a fourth-generation Point Loma resident, active in both the Portuguese and Italian communities. I am on the Board of Directors for the United Portuguese SES. Let me leverage my skills and relationships to effectively sell your Point Loma or OB home.

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THURSDAY · JANUARY 18, 2018
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Although the band is a firm festival favorite, they consider Winston’s their favorite venue. “It’s the perfect size, big enough but still intimate, big stage, built in PA system with a soundman, lights, everything you could ask for. But, the best part is the people. Ownership, staff, just everybody takes great care of us. We’ve even had our same soundman for nine years and we consider him part of the band. It’s really a magical place, and it’s in OB. Playing Grateful Dead music in OB just seems like such a natural fit.”

He notes that the original concept for the band was not to focus on one act’s music. “We didn’t set out to be a Dead tribute band, and I’m not sure we qualify as a tribute band,” Harvey said. “We started by playing our favorite songs, which would qualify as classic rock today. But we soon realized we were all Deadheads and between audience requests and our love of the Dead, we gravitated toward playing more and more Dead tunes.”

The band has roughly 200 Dead and Jerry Garcia songs in their repertoire, and play many of the songs they covered. “However, there are a ton of songs at our disposal, from the Allman Brothers, Beatles, Pink Floyd, Hendrix, SRV, Clapton, Stones, Phish, Santana, and many others. We did some Petty in his honor upon his passing. We did some Bowie in his honor. Our guys have all been playing a long time and have accumulated a wealth of tunes,” he said.

For his part, Harvey questions whether they are really a tribute band. “Here’s where I question it – When the dead covered a song, they didn’t try to sound like the artist they were covering,” he pointed out. “Instead they brought out the particular aspects of the song they enjoyed, but it was clearly the Dead’s version of that song. Understanding this, we imitate the Dead by not imitating the Dead. So to answer the question, we play our interpretations of the songs and we are not trying for any exact recreation,” Harvey said.

“Now, the marketplace seems to favor bands that sound very much like the Dead. But that seems to me to be very unDead like. It also seems very limiting. I want my guys to have the freedom to play whatever they feel like playing in the moment, and not having to contain themselves to fit within a particular part,” he continued. “When Mark and I go off on a double solo, and the drums are wailing away, the bass is digging deep and the keys are lifting the music toward the heavens, it’s not recreating the Dead. It’s what’s happening now, in this moment, in this venue, with this crowd and the combined energy of all involved. I like to think we’re not recreating anything from the past but creating in the moment.”

After 28 years of playing in Ocean Beach, Harvey is clear on his favorite part of Electric Waste Band’s long run. “There’s the 26 years of Monday nights at the best venue in town,” he remarked. “But for me, it’s all the kind people, friends old and new, that have come into my life as a result of this band playing the music I love. We have an amazing crew of fans and fellow Deadheads who come to support and share in the music. The support and friendship, is something I can’t say enough about. I feel blessed,” Harvey said.