Urban agriculture advocates finally reap some city support

Lack of rules in past got woman’s goat — literally

By KENDRA HARTMANN
Beach & Bay Press

Laura Hershey wanted goats. Specifically, she wanted her goats back.

Hershey, the founding member of San Diego’s Goat Justice League, has fought for relaxed regulations for urban agriculture — that growing phenomenon wherein residents surrounding their prop-

roots with backyard chickens, goats and community gardens — since her pet goats, Prudence and Faith, were banished from her Ocean Beach home based on the complaints of a contentious neighbor a couple years ago.

Hershey was admittedly keeping goats without the legal backing of any existing urban agriculture rules. She was on the hook for trouble when she was sure the city would adopt new regulations relaxing urban agriculture rules.

“Don’t look for trouble,” but I’m always looking for trouble,” Hershey said. “My mom always said, ‘Don’t look for trouble, but I’m always looking for trouble.”

Her mom also warned her not to talk to strangers, but that’s the biggest part of her job. Fortunately, Gerbac said, she likes people.

“Being a park ranger, she explained, “is a little bit of everything.” Mostly, she educates park visitors about the rules, including why they’re important. Rangers also are responsible for the ecology of the area, including the sites

Mission Bay Park rangers ever-vigilant for scofflaws

Tiny staff covers much ground to educate, enforce park rules

By MARSHA KAY SEFF
Beach & Bay Press

It’s a picture-perfect beach day and Mission Bay Park senior ranger Lori Gerbac is on the prowl for unleashed dogs, balloons and alcohol — and anything else against the rules or out of place in the land area of the 4,600-acre park.

She has held similar jobs for 18 years in San Diego, the last five at the beach. Now, she supervises the other four rangers.

She swings by the Fiesta Island Youth Aquatic Camp, which the rangers manage and maintain.

“Concerts on the Green” to offer up tasty musical smorgasbord at Kate Sessions

“Concerts on the Green” is the indis-

rect descendent of a previous annual performance at the park, which always featured a military band. Beginning in 2003, a more ambitious four-concert series was started.

The emphasis in this event is on fam-

ily fun, with this year’s music provided by country combo the Palominos on July 29, classic rock favorites Dulce on July 22, and Aug. 12, with tons of musical magic on Aug. 5 and the U.S. Navy Big Band on Aug. 12.

“Concerts on the Green” is the indirect descendent of a previous annual performance at the park, which always featured a military band. Beginning in 2003, a more ambitious four-concert series was started.

The emphasis in this event is on family fun, with this year’s music provided by country combo the Palominos on July 22, Lutan jazz and soul band Aqua Palce on July 29, classic rock favorites Rockola on Aug. 5, and the U.S. Navy Big Band on Aug. 12.

Now, in its 10th year, the concert series takes place at Kate Sessions Park on consecutive Sundays between July 22 and Aug. 12, with tons of musical magic.

‘Concerts on the Green’ to offer up tasty musical smorgasbord at Kate Sessions

Summertime is peak time in San Diego for music and outdoor fun, with numerous events taking place around the county. As wonderful as those gatherings can be, nothing quite compares with Pacific Beach’s annual “Concerts on the Green Series.”

“Concerts on the Green” is the indirect descendent of a previous annual performance at the park, which always featured a military band. Beginning in 2003, a more ambitious four-concert series was started.

The emphasis in this event is on family fun, with this year’s music provided by country combo the Palominos on July 22, Lutan jazz and soul band Aqua Palce on July 29, classic rock favorites Rockola on Aug. 5, and the U.S. Navy Big Band on Aug. 12.
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After the embarrassment of the botched ‘Big Bay Boos’ fireworks display around San Diego Bay that left an estimated half-million spectators scratching their heads in wonder on the Fourth of July, officials with the title sponsor United Port of San Diego repeatedly apologized for the operator’s technical malfunction that shortened the planned 1 1/2-minute show to just a few seconds.

The show, which cost an estimated $400,000 to produce, includes barges around San Diego Bay, as well as a fifth location at the Imperial Beach Pier. One of the barge locations is at Shelter Island with another at Harbor Island. The Port District contracts the pyrotechnics show and related services to event producer, H. P. Purdon & Company, Inc., for the pyrotechnics display.

The New Jersey-based Garden State Fireworks, Inc., which was actually founded 122 years ago, was contracted to operate the show as one of 15 spectaculars across the country this past Fourth of July. Company officials said the fireworks finale was a first, and also offered hearty and repeated apologies for the mistake that gained attention on the national news.

Garden State Fireworks, Inc., co-owner August Santore told reporters last week that his company would do “whatever we need to do” to rectify the mistake, including the possibility of a red show at some point at no cost to the Port District.

Officials with the Port of San Diego — which contributed $145,000 in cash and in-kind services, including clean up, Harbor Police law enforcement service and traffic enforcement — said last week they were still weighing options.

“Any sponsor of the Big Bay Boom Fireworks Show, the Port of San Diego is very disappointed that this year’s event failed due to an apparent technical malfunction, which caused the fireworks to discharge early and all at once,” said Port officials in a formal statement July 5.

“Since 2001, the Big Bay Boom Fireworks Show has grown each year and successfully entertained hundreds of thousands of spectators along San Diego Bay on July 4th. The Port of San Diego has been proud to serve as a title sponsor and one of many public agencies, hotels, restaurants, marinas and other organizations who support the show,” continued the statement. Port District officials said funds raised above and beyond the cost of producing the event go to United Port of San Diego programs supporting the U.S. Armed Services and other groups.

The end result of the planned show was a spectacular that lasted just several seconds and ended with a huge plume of smoke over the bay.

Matt Ayrey takes a copy of the Beach & Bay Press along during a tour of the Mayor Temple in Tokyo, Japan. "On vacation with the Beach & Bay Press"

It’s vacation time! Beach & Bay Press readers are heading out of town and taking their favorite hometown paper with them! Don’t pass up your chance to have your name and face published in The Beach & Bay Press. Take us with you wherever you go and share your trip with other readers. Tell us your name and/or the names of your family members in the photo and give us a brief description of where the shot was taken. Email the photo and the information to bbp@sdx.com. That’s it! Easy!
Shepherds of PB’s community garden get back to their roots

Dr. MARSHA KAY SEFF | Beach & Bay Press

In the middle of a maze of houses, condo complexes and apartment buildings, a lot-size nod to country living is flourishing.

The Pacific Beach Community Garden — complete with 55 cultivated plots — has been blooming largely under the radar at Shasta and Roosevelt streets in Crown Point.

Nearly residents, who don’t have room to garden at their own homes have waited up to two years for a chance to till the soil at the community garden. Though vegetables — including tomatoes, squash, zucchini, beans, peppers and chard — are the biggest crops, flowers share many of the 15-foot-by-20-foot and half-size plots.

Ken Hughes, the garden coordinator who knew only the rudiments of the hobby before he joined the group, has been working his soil for four years. “This is sort of like my backyard,” Hughes said.

His diet has improved since he joined, he said, adding that most of the gardeners grow the same crops in different quantities.

The land is owned by The Arc of San Diego, which provides services to children and adults with disabilities and owns a group-living home in the neighborhood.

As far why the organization donated the land for gardening instead of selling it or turning it into housing, Anthony DeSalis, executive vice president and Chief of The Arc of San Diego, said, “As a member of the Pacific Beach community, The Arc of San Diego is proud to offer residents, including those with disabilities, the opportunity to use this land for gardening. Our consumers have great enthusiasm for gardening. Our consumers have great

A neighborhood Fourth of July tradition continues

Stacy O’Neill and her bunco group launched what they affectionately named the “North Pacific Beach 4th of July Parade” five years ago with about 100 friends and neighbors joining in the celebration. This year’s installment included plenty of red-white-and-blue costumes, food, clowns and even a strip by a fire engine from Station 21 in Pacific Beach — much to the thrill of children and parents alike. At right is O’Neill’s 4-year-old daughter, Fiona, who obviously caught the spirit of the whole event.

The 59th annual Over-The-Line World Championship, hosted by the Old Mission Beach Athletic Club, drew thousands for the opening weekend of July 14 and 15 at Fiesta Island. Above, the M&M team — made up of Mandie Fenton, Raquel Morris and Amanda Morris (all roommates in Pacific Beach) — strikes a pose as it prepares to compete.

Below, a player from Jim Miller for Judge lets the ball slip through his fingers. For some comic relief, two gentlemen ham it up during a comedic uniform judging contest! The event concludes this weekend with the championship rounds.

Remember When?

THE ROXY THEATER is just a memory to a bunch of Baby Boomers, and something of an urban legend to younger folks.

“No way!!” whispered a young woman recently, when her friend tried to convince her that a movie house once occupied the site of the Pacific Beach branch post office. This photo was taken by the late John Redfern with his trusty Hasselblad camera. John was great photographer and a really good guy, who passed away May 11. The second movie on the bill leads me to believe he took the photo in 1974.

John Fry may be reached at (858) 272-6655 or by email at mail@johnfry.com.

MustHear

Gifted guitarist Hank Easton will host a CD-release party for his third, as yet unnamed album on Wednesday, Aug. 1, 3 p.m. at the Hilton San Diego at Mission Bay. Easton will be performing poolside, with the event kicking off a summer-long residency. An incredibly fluid guitarist, Easton also spends time with the Steely Damned, playing the best of Beck and Fagen, but intimate shows like this are the best way to enjoy his artisic flery.

• Hank Easton performs at 3 p.m. on Wednesday, Aug. 1 at The Hilton San Diego at Mission Bay, 1775 East Mission Bay Drive. All ages. No cover.

www.hankeaston.com

HANK EASTON
Strolling along the water’s edge, you see something jagged, wooden or shiny caught in the tide. You give it a moment’s notice and you move on. Not Ryder Mackey. This La Jolla High graduate sees “living materials” that he can transform into artistic expression. “Anything that looks like there’s a bit of a story to it” catches the eye of this Pacific Beach artist, who works strictly with found objects like driftwood, rebar and reclaimed steel. Mackey is a fixture, selling his work at the La Jolla Open Air Market, held Sundays at La Jolla Elementary School. His work ranges from driftwood sculptures of birds to wall hangings to custom copper earrings.

When Mackey isn’t working in the garage-studio adjacent to his home and his artist wife’s cottage house a couple of blocks from the beach, he’s out scouring the land for the building blocks of his trade. “I’m not sourcing my materials from a store or a lumberyard,” said Mackey, 29. “I like that I’m using recyclables. All the materials are local and fairly indigenous to here.”

For Mackey, who has no formal artistic education but possesses no end of spontaneous inspiration, his creation process is an organic one. His art is “nature-based. There’s something very human and essential to our own nature in it.”

The starting point for a sculpture or a wall hanging might be the body of a broken violin, or rebar discarded during a construction project, or “driftwood that’s been washed around in the ocean and finding itself attracted to things he discovered on the beach — all sorts of driftwood and randomness,” he calls it.

Acquiring a booth at the La Jolla Open Air Market five months ago was a means toward disciplining his craftsman- ship. “I decided I wanted to give myself the challenge of having an event to push me,” he said. He’s been successful in the bargain. His works vary in price, but some have sold for $500 and up. “I wouldn’t say I’m profiting very much,” he said. “I’m breaking even.”

But that’s not why Mackey does what he does. “I create for the purpose of sharing with other people,” he said. To scour Mackey’s cluttered workshop, which boasts a nautical theme, is to find oneself in the company of driftwood birds — most small, though he recently sold one that was 7 feet tall — a fish made of wood and rebar that looks like a giant fishing lure, and rusty objects that spoke of years untold, given new life by the artist.

“I’ve always been drawn to working with my hands and working with whatever was laying around,” Mackey said, standing among his works-in-progress. “When he runs out of materials ... well, the beach is only two blocks away.”

**Quick Hits**

**Armed robber strikes AM/PM store in PB**

Police investigators are looking into an armed robbery at the AM/PM store on Turquoise Street in Pacific Beach after a suspect entered the convenience store carrying a handbag. The suspect, described as a black man in his 20s, demanded cash from the clerk shortly after 2 a.m. on July 13 before fleeing with the cash on foot.

Investigators said the man was about 6 feet 2 inches tall and had a thin build. He was last seen wearing all dark clothing.

**Man injured in nautical accident at MB Park**

A man suffered major lacerations and a broken leg after the personal watercraft he was riding collided with a small powerboat at Ski Beach on July 8, according to police.

The man apparently was trying to overtake the powerboat on the left side when the collision took place around 3:15 p.m.

The case remains under investigation.

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**Must Read**

Book recommendation from the Pacific Beach/Taylor Branch Library

**TITLE:** "XO"

**AUTHOR:** Jeffery Deaver

**SYNOPSIS:** Country pop ingenue Kayleigh Towne’s career is reaching new heights and unwanted attention: a fan turned-stalker, whose admiration has taken a deadly turn. Kathryn Dance, FBI’s kinesics expert and personal friend of Kayleigh’s, begins to investigate the stalker and ultimately enlists the aid of two renowned forensic specialists from New York. A Deaver nail-biting mystery with twists and turns to the last page.

*Reserve this book: www.sandiegolibrary.org; Pacific Beach/Taylor Branch Library, 4275 Cass St.; (858) 381-8934

**NEWS**

**BEACH & BAY PRESS | JULY 19, 2012 | PAGE 5**

Pacific Beach found-object artist carving out successes with his creations

**By DAVID L. CODDON | BEACH & BAY PRESS**

Pacific Beach resident Ryder Mackey’s workshop holds everything from driftwood to reclaimed steel to discarded instruments, all of which he’ll eventually give new life as a work of art.

A Deaver nail-biting mystery with twists and turns to the last page.
Budget restores libraries, protects beaches and safeguards tax dollars

Dr. KEVIN L. FAULCONER

This summer, San Diego will begin restoring neighborhood services, better protecting our beaches and bays, reinvesting in public safety and guarding San Diego’s tax dollars by strengthening financial safeguards. I recently voted for a balanced budget that delivers these results without unrealistic assumptions or accounting gimmicks. The 2012-13 budget includes:

- Adding eight operating hours per week to every branch library and five hours to every recreation center
- Investing $1.3 million into road and repaving projects to contractors in a timely manner
- Restoring three libeguard positions to improve beach safety
- Fully funding beach and bay firepits
- Supporting an economic development program to create, attract and retain jobs and businesses
- You can explain the Security and Exchange Commission’s final reform recommendation and close the book on San Diego’s troubled financial past

People have asked me how this good news is possible given several years of deep cuts because of the recession and past fiscal mismanagement. It was not long ago the city planned to shut down core services like the Ocean Beach Branch Library and Cabrillo Recreation Center — a shortsighted proposal against which I joined hundreds of neighbors to permanently quash.

The simple answer is that we made tough and necessary decisions that put San Diego at the forefront of financial reform. This year, we have ended a multi-year budget crisis that unfolded over several years, and solutions were not created overnight. The cost-saving tools we used to create this budget are possible thanks to reforms we San Diegans began years ago.

In 2006, voters approved a ballot measure to unleash the power of competition between the private sector and government employees. The managed competition process is now producing $6 million in ongoing savings — with more to come. In 2008, voters ushered in a new, accountable system of city government by creating the independent Office of the City Auditor. This taxpayer watchdog has identified over $33 million in opportunities to increase revenues and decrease costs.

At City Hall, I’ve proudly guarded San Diego’s tax dollars. Last year’s landmark retirement healthcare reform plan will produce more than $800 million in savings over the next 25 years. And a six percent compensation reduction for city employees has reduced costs by millions of dollars.

These victories have been hard fought, and we are not done. We must implement comprehensive pension reform, which we have successfully approved by voters on June 5, to begin reducing the city’s $2.2 billion unfunded pension liability. We must double our efforts to repair San Diego’s roads by improving coordination and communication between city departments, as well as increasing efficiencies to award repairing projects to contractors in a timely manner. We must continue to eliminate waste, cut red tape and restore more city services.

Our work is not complete, but this budget reflects that we are on the right path. I am confident that together, through continued fiscal reforms, we will carry on delivering results for our neighborhoods that improve the quality of life for all San Diegans.

— Council President Pro Tem Kevin L. Faulconer represents District 2 of the City Council, including Pacific Beach, Mission Beach and Mission Bay.

GARDEN

CONTRIBUTED FROM Page 1

activity for independence, responsibility and compassion.

The independent living gardeners donate their entire crop to the San Diego Food Bank. The seeds are donated to The Arc San Diego by the Seed Exchange.

Group-home residents — who have their own plot — use their produce themselves.

“We’re trying to make their menu healthier,” Mather said.

Apartment dweller and graphic designer Kathleen Wise, one of the longest-standing garden members, said she joined in 1978 when the original garden was at a different location. After dropping out in the 1990s, she returned to the land about seven years ago.

“I grow different things every year,” said Wise. “Now, I’m into heirloom broccoli” plants. After two hip replacements, Wise says it’s snowing, and here I’m worried about my tomato crop.”

Lindsey Constance and David O’Leary tend to the community garden at Shasta and Rosecrans streets in Crown Point. The couple even captures the warming water in their bath to use for flushing the toilet and watering houseplants.

“I talk to my mom in Colorado and she says it’s snowing, and here I’m worried about my tomato crop.” O’Leary said. “In another couple of months, we will be giving tomatoes away.” Members pay $70 in annual dues and their plots are inspected monthly to ensure they’re complying with the rules. Everyone must use at least 75 percent of their allotted space. And they can’t plant anything that “migrates” or blocks pathways and is difficult to dig up, like sage, mint and some berries. These plants are allowed only in pots “so members can take if they leave the plants won’t be someone else’s headache.”

New members, who start out with half-size plots, are on probation for three months. Hughes said the wait- ing list of about 30 people is closed now, although it might open again during the summer. By then, he hopes the group will have its own website.

Summer Longboard Classic draws some fierce competition at Torrance Surfing Parkrecently. The event is hosted annually by the Pacific Beach Surf Club. Above, a multitude of competitors’ surfboards line the scene as surfers took their shots at dissentional crowds.

Right, Stephanie Schocter won the Junior Women’s 15-19 Division in trick, wind-down, four-foot waves at Torrance Surfing Park.

Photo by Don Balch I Beach & Bay Press
erty to have them, and only after she had been enjoying the benefits of fresh milk and cheese — to not mention their companionship — for a full nine months did her next-door neighbor decide she was in striking distance of a couple of miniature goats.

“She said they were too loud,” she said, “so I used a decibel meter to measure their noise and it turned out they registered about 70 [decibels], which is the same as human conversation.”

Hershey pointed this out to the city worker assigned to assess neighborhood code compliance, but she was told the city doesn’t base compliance on such facts. It takes into account only the validity of complaints based on existing city ordinance. As her goats were not covered under San Diego’s former regulations on urban agriculture, their noise level wasn’t the issue — they weren’t allowed at all, quiet or not. Prudence and Faith were not legal San Diego goats.

Hershey was lucky enough to have a close friend in Alpine who agreed to take the goats — “I was able to main- tain visiting rights” — but she wasn’t satisfied returning to a simple city life buying her milk from the store. And as much as she missed the fresh dairy, she missed her pets even more.

“It was a huge blow [when I gave up Prudence and Faith],” she said. “It was heart wrenching. I was in tears and it really broke my heart.”

Hershey will not get Prudence and Faith back (“They have a new owner who really cares for them”), but she was able to get the next best thing: David Bowie, a milking mother dwarf goat and Delta Dawn, a kid born on February 28, 2012. Hershey took the goats back to Alpine and was able to return to simple city life buying her milk from the store. And although she missed the fresh dairy, she missed her pets even more.

“We do have expectations they’ll lay eggs,” he said. “But we also have expecta- tions of our children — ‘Take out the garbage, dammit!’ — and they’re family members, too.”

As for Hershey, she spent much of February and March kid-proofing her home. Goats, she said, are notoriously curious and will chew on or knock over anything they’d like to get a closer look at. To avoid any complications with problematic neighbors, she waited until the regulations took effect to bring home David Bowie and Delta Dawn, whom she purchased from a farm in Inyokern, Calif.

“They’re very good pets,” she said. “Emotionally, it’s a good thing to have that companionship, to have someone who’s happy to see you when you get home. And when I drink their milk, I thank them every time.”


Under a new city ordinance that took effect this year, residents may keep goats, chickens and honey bees at their residences — under various restrictions.

**URBAN AGRICULTURE IN A NUTSHELL**

- **Goats:** Two — no more, no less — may be kept in single-family zones and on lots developed with single-family homes: They must be de-horned and males must be neutered. Sheds must be predator-proof, have easy access for cleaning and be watertight, ventilated and draft free with minimum 5 square feet per goat.

- **Chickens:** Up to five chickens may be kept with no setback requirements. Up to 15 chickens may be kept with no setback from onsite residence, but with a coop at a 3-foot setback. Up to 25 chickens may be kept at 50 feet from any residence. Coops must be predator proof with easy access for cleaning, suf- ficient space for free movement, water-tight, ventilated and with 6 square feet per chicken.

- **Bees:** Up to two hives may be located no closer than 30 feet from an off- site residence and 50 feet from the public right-of-way. More than two hives must be located 600 feet from an off-site residence and 100 feet from the right-of-way. There must be a rea- sonable water source within 10 feet, a 6-foot tall screen unless elevated at least 8 feet above grade, hives must face away from the closest property line, must be located within a secured area to protect the colony and members of the public, and keepers must be in compliance with recognized best practices for beekeeping.

For a full list of updated urban agriculture regulations, see sandiego.gov/ developmentservices/industry/pdf/ urbansummarytable.pdf.
Mission Bay Park senior ranger Lori Gerbac explains the park rules to a visitor.

**Enjoy the Colors & Beauty of Old Town**

**Stagecoach Days: Celebrating the West on the Move**

All Around Old Town: Next Stop Stagecoach Days at Old Town San Diego State Historic Park. Old Town San Diego State Historic Park is celebrating transportation and daily life in early San Diego and celebrating travel and transportation in the era of real horsepower at Stagecoach Days from noon to 4 p.m. on Saturdays July 28 and August 18.

Old Town San Diego State Historic Park is celebrating travel and transportation in the era of real horsepower at Stagecoach Days from noon to 4 p.m. on Saturdays July 28 and August 18.

This day, the owner is cooperative, and Gerbac lets him off with a verbal warning, making sure he’s headed for his car. For dog owners who give their attitude or are belligerent, she writes citations, which can set offenders back several hundreds, dollars depending on the judge.

There are reasons for the prohibitions, she said. “There are so many conflicts with the various park users,” Gerbac said. “The laws are a way of striking a balance. For example, not everyone is a responsible dog owner; not everyone picks up after their dogs and the feces reserved for the endangered California least tern.

Administrative duties, including ensuring that people have permits for big parties, blowup children’s “jumpies” and sound systems, is another duty.

Each ranger attempts to circle the entire the park daily in trucks and on bicycles and quad runners. The land area accounts for about half the total park and is comprised of 26.166 acres, including 2.7 miles of shoreline.

Gerbac admits it’s a tough order for the small staff.

“That’s why so many people don’t even know about us,” she said.

She said the most common park violations involve dogs or on-lead or off-lead — not alcohol. Not surprisingly, she said, there’s a noticeable decrease in alcohol consumption — and litter — since the beach and public park alcohol ban a few years ago.

“I could sit here all day and deal with the dogs,” she said, walking up to one owner to explain that even leashed dogs are not permitted in the park during certain hours. Dogs are never allowed to be off-leash except on Fiesta Island.

This day, the owner is cooperative, and Gerbac lets him off with a verbal warning, making sure he’s headed for his car. For dog owners who give their attitude or are belligerent, she writes citations, which can set offenders back several hundreds of dollars, depending on the judge.

There are reasons for the prohibitions, she said. “There are so many conflicts with the various park users,” Gerbac said. “The laws are a way of striking a balance. For example, not everyone is a responsible dog owner; not everyone picks up after their dogs and the feces.

For those who break the rules, the rangers have limited arrest powers.

“We need to see the crime being committed,” she said. “When a law-enforcement based out of the rangers’ jurisdiction, they contact police. For offenses or problems on the water, they contact the lifeguards.

The rangers do have the ability to write misdemeanor and parking citations and send offenders to the Beach Area Community Court and community service.

In addition to hundreds of verbal and written warnings, the rangers (with one out on maternity leave) have issued 69 citations for dogs, alcohol, smoking and other violations, plus 495 parking citations over the last six months. The numbers are relatively low, Gerbac said, because the rangers believe education is more important than punishment.

One point she said that there’s no quota on issuing permits.

“There’s no toaster or free flights at the end of the day,” she said Gerbac.

On this day, she also addresses a woman who has cordoned off an area for an upcoming party. She explains she can’t use tape, but only chairs at the corners. The bottom line is that space is available on a first-come basis and no one can call dibs on it.

After what appears to be a frustrating day at the beach, Gerbac said, “This was pretty much a summer weekend day in the park. My favorite part is being outside and talking to people, problem-solving. I like calming people down and getting them to come see our park.”

**There are so many conflicts with the various park users.**

**A HISTORY OF WINE**

Katie Driscoll, marketing manager for the Old Town San Diego State Historic Park, with the “History on the Move” presented by Mission Bay Park.

**NEWS RANGERS CONTINUE PAGE 1**

**Mission Bay Park senior ranger Lori Gerbac explains the park rules to a visitor.**

Photo by Marsha Kay Seff | Beach & Bay Press

**The 2012 Stagecoach Days schedule is as follows:**

**Fiesta Days at Old Town San Diego State Historic Park**


June 30 – All Aboard for Old Town; Next Stop Stagecoach Days at Old Town San Diego State Historic Park.

July 7 – TwainFest EXPANDS in OLD TOWN SAN DIEGO STATE PARK on AUGUST 18

TwainFest offers various activities for the community and visitors to Old Town from the 1860s through the 1890s, which is the period during which Mark Twain lived and worked in California. The event will feature various activities for the community, including music, readings by professional actors and other events.

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**There are so many conflicts with the various park users.**
Hilton San Diego fetes 50 years at Mission Bay

Dr. KEITH ANTIGONIWAN | BEACH & BAY PRESS

The Hilton San Diego Resort and Spa on Mission Bay will celebrate its golden anniversary by putting five decades of its history on display with a gala Friday, July 20.

The Hilton bayside resort’s origins can be traced back to the early 1960s, when real estate developer and former New York Yankee’s co-owner Del Webb decided to build The OceanHouse in east Mission Bay at a time when Mission Bay Park was barely developed.

The late, former San Diego Mayor Charles Dail christened The OceanHouse when he broke a bottle of champagne over the bow of a ship-modeled cocktail lounge known as the “Jolly Roger Room.” Webb’s intent was to design an inn that resembled an English ship moored in Tahiti.

In 1964, Dail was no longer the mayor and the property was sold to the Hilton Hotel chain. Hilton renamed the TheOceanHouse the San Diego Hilton Inn and, by 1965, the Hilton Inn began to take on its current look when the eight-story, 127-room high-rise was constructed. Two years later, hotel could be seen in movie theaters across the country when, in 1967, sections of its lobby, the Jolly Roger Room and some suites were used as locations from scenes in the Jerry Lewis comedy “The Big Mouth.”

The resort changed its name to the San Diego Hilton in 1975, then to San Diego Hilton Beach and Tennis Resort in 1994 and finally to its current name in 2000. It underwent renovations in 1995, 2007, and a redesign to the center of this mission.

To coincide with the July 20 gala, the scenic bayside resort at 1775 East Mission Bay Drive is offering a special 50th anniversary package that provides a $10 resort credit in exchange for a two-night stay and an additional $25 resort credit per night for each night thereafter.

Coffee will also be sold at 1962 prices at least once each month and significant discounts will be made available at the spa between Mondays and Thursdays.

The resort also features a special 50th anniversary menu with meals at a cost of $50 per person.

For more information on deals, discounts, room specials and other Hilton San Diego information, call (619) 276-4010, or visit www.hilton.com.

**DRIVE-IN**

CONTINUED FROM PAGE 1

Screen will primarily feature American classics like “Top Gun,” “When Harry Met Sally” and “E.T: The Extra-Terrestrial.”

Until Full Moon’s cinematic resurrection, San Diego hasn’t seen a new drive-in theater pop up since 1966, when the now-shuttered Mission Drive-In Theater opened in Oceanview.

“We took the opportunity to visit a drive-in in the past remember them with great nostalgia, and younger generations are looking to rediscover what they are all about,” said Full Moon Drive-In partner David Adler, a downtown resident.

The driving force behind the drive-in’s comeback does not hinge on the movies being shown, he said. It is about the appeal of the entire experience.

“We trust that need for a new and unique entertainment experience outside of the virtual world still exists,” he said. “Full Moon Drive-In will provide this experience by opening a door to a tradition from the past, with the added values and excitement the modern world is looking for today.”

That fusion of classic drive-ins meets modern-day-technology results in a movie-going experience like no other, said Adler. Pictures and audio will come through much more clearly, as opposed to the often-pixilated and scratchy viewing and listening experience in the days of old.

At the same time, however, the same feelings of camaraderie among friends and family, the freedom of catching a

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Hip sounds, Saints and ‘Concerts on the Green’

LIVEMUSIC

By BART MENDOZA | BEACH & BAY PRESS

Local jazz fans seem spoiled for choices in recent months, with more beach-area venues supplying hip sounds. One of the leading exponents is Café-Bar Europa, with many local notables on its schedule, including a Thursday-night residency by pianist Dave Millard. With a “jam session” background, aficionados get a different set each week, including drop-ins from other area musicians, making this a great opportunity for hearing both standards and a bit of improvisation.

• Dave Millard Jazz Jam: Thursdays, July 19 and July 26 at Café-Bar Europa, 873 Turquoise St. at 9 p.m. 21 and up. No cover. www.theturquoise.com

There have been many punk bands in San Diego over the last three decades, but few can touch the iconic status of Battalion of Saints, which performs at Brick by Brick on Friday, July 20. Since its early 1980s beginnings, the band has had many lineup changes, but remains the benchmark for hardcore in the area. "Coming,” complete with a bonus 1984 album, “The Second Track concert, so expect this musical celebration to be even more raucous than usual.

• The 10th annual “Concerts on the Green” music series will be held at Kate Sessions Park on consecutive Sundays between July 22 and Aug. 12. The music runs from 4 to 6:30 p.m. Dogs must be leashed at all times. For more information, visit www.pbcconcerts.org.

The 2012 series is being dedicated to a volunteer who passed away earlier this year. "It's a great community event, just for the community,” said event chairwoman Leslie Smith. "It takes time and effort to get the stages up and bands booked, permits taken care of and so on. There is a labor of love we do in our spare time for the community.”

While it might not seem obvious, San Diego has played a minor role in KISS lore. The inner gatefold of the classic "KISS Alive" album was shot at our very own [former] San Diego Sports Arena. The real thing performs at Cricket Amphitheatre on Aug. 3, but anyone wanting to hear the music in a more intimate setting is directed to see KISS tribute band Alive at The Griffin on Saturday, July 28. As a bonus you’ll avoid the high ticket prices and crampedgarden seats of 60-year-old men in spandex. "We've booked, permits taken care of and so on. This is a labor of love we do in our spare time for the community.”

Country music is a bit of a rarity in the beach area, so fans will want to check out the Palominos, who perform Sunday, July 22 at Concerts on the Green in Kate Sessions Park. The free show will satisfy everyone's need for a bit of twang and strum, featuring classic material from the likes of Johnny Cash and Buck Owens. The group strives for authenticity, with period clothing and instruments and the musical chops to back it all up.

• The Palominos perform at 4 p.m. on Sunday, July 22 at “Concerts on the Green,” Kate Sessions Park. All ages. Free. www.pbcconcerts.org

Reggae and ska fans will want to check out Ease Up, performing at the 710 Beach Club on July 27.

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Putting ‘new generation of massage’ at your fingertips with sanctuate!

**By MARSHA KAY SEFF | Beach & Bay Press**

A new spa off in the beach area is offering the ultimate no-excuse shiatsu massage.

It takes as little as 15 minutes. The cost starts at $15 with no need to tip. Nobody touches you or attempts to chitchat. You get to keep your clothes on. Hair and makeup remain untouched. And there’s no sticky mess from lotions.

A massage at sanctuate! — yes, that’s the spelling and no, you won’t find it in the dictionary — is being touted as the “new generation of massage.” It combines techniques from the traditional shiatsu discipline based on reflexology, with “intelligent massage technology” to help men and women recharger and rebalance themselves. The spa in the Point Loma Plaza shopping center is the brainchild of founder and CEO Karima Zaki.

The former vice president of development at the Hilton San Diego Bayfront who has more than two decades of experience in the hospitality industry, Zaki conceived the idea for her spa at a trade show, where her painful sciatica had been acting up.

Another exhibitor offered her a massage in a robotic chair that fully reclines and hugs the client as it kneads, vibrates, rolls, and delivers a targeted head massage. And, in the midst of all the commotion and traffic of the trade show, an idea was born.

By the end of the show, the entrepreneur and single mother had spent two days at a trade show, where her painful sciatica had been acting up.

Another exhibitor offered her a massage in a robotic chair that fully reclines and hugs the client as it kneads, vibrates, rolls, and delivers a targeted head massage. And, in the midst of all the commotion and traffic of the trade show, an idea was born.

At the end of the show, she opened her first spa, built around the Inada Sogno DreamWave recliner-bed, and aimed at stressed-out individuals who don’t otherwise take the time to pamper and rebalance themselves when needed.

“I decided to open sanctuate! in response to a call for a way to find peace of mind, body and soul in a world where stress levels are high, time is short supply and the number of demands placed on individuals at work and in the home are increasing rapidly,” Zaki said.

She believes sanctuate! will redefine the traditional massage studio with the use of the cusby, leather Inada recliner-bed. Actually, she has four of them in the 1,000-square-foot space once occupied by Help-U-Self.

Caring for your body with regular massages, she said, isn’t much different from going to the gym.

“You can’t go on a cruise and not stay fit and healthy.”

The massage recliner-bed offers eight programs, which can be combined. Among the choices: a 15-minute full body; a full-body air, which Zaki said is great for pregnant women; a DreamWave, the signature massage for relaxation; an eight-minute Stretch, with special attention to the back and torso; the Morning, to kickstart the day; and Night, to wind down.

A sanctuate! massage just “feels expensive,” Zaki said.

A 15-minute session is $15; 30 minutes for $20 and 45 minutes for $30.

The addition of Stretch is $5. A combination of two treatments plus Stretch, for example, is $25. A $75 monthly membership with no contract necessary consists of five, 30-minute sessions.

There also are weekly specials, including a two-fer, Tuesdays through Fridays from 9 to 11 a.m.

“Our massages are time-efficient,” Zaki said, explaining that 18 minutes at sanctuate! is equivalent to 90 minutes of traditional massage. “A massage can’t be so many places at once.”


The Anderson Medical Center

Dr. Kenneth Anderson has been practicing family and sports medicine in Pacific Beach for 23 years. He now has opened his own clinic.

The Anderson Medical Center is located at 1945 Garnet Avenue. The clinic features the latest in technology including digital X-rays and electronic health records. Patients will be seen on a walk-in basis. This allows easy access with the extended hours from 8 a.m. to 8 p.m. during the week and 8 a.m. to 4 p.m. on weekends and holidays.

The Anderson Medical Center is equipped to handle minor emergencies such as suturing and casting. It is designed to take care of patients of all ages as their primary care physicians. Physical therapy will also be available on a scheduled basis.

Most insurance will be accepted. For more information you can call 858-224-7977 or visit our website at AndersonMedicalCenter.com.

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**Health & Fitness**

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PB CrossFit was started by two guys — Anders Varner and Bryan Boorstein — who have a passion for fitness. The six certified crossfit trainers will ensure you never get the same workout twice. They do their best to mix things up so you get the best burn possible and challenge yourself to do things outside your comfort zone, where changes happen quickly.

It’s clear when you step into PB CrossFit these people who love working out. And the feeling rubs off on you. They are excited and energized, and only a tad bit intimidating. When you work out at PB CrossFit, you instantly have a bunch of workout buddies who want to see you succeed and reach your fitness goals.

The gym is focused on getting people into the gym and taking the fear out of working out in a new way. Varner, the co-founder, said it’s his goal to “bring a high level of fitness to the average person” and he encourages people to attend because “being around healthy people will make you healthier.”

There is a beginner’s class that is scaled to new members and workouts can be tailored to meet individual needs.

Pacific Beach resident Hilary Achauer has been a member for two years and she said she looks forward to her workouts and the challenge they provide.

“I’ve done things I never thought I could do and that feeling of accomplishment spreads to other areas of your life,” Achauer said.

PB CrossFit owners said they want to start the foundation of fitness early. The gym is currently trying out a kid’s class for six- to 12-year-olds to teach them the benefits of fitness at a young age. In addition, they also have a teen weightlifting class on Mondays to help get children ready for the fall sports season.

For more information on classes and schedule, visit www.pbcrossfit.com.

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Most insurance will be accepted. For more information you can call 858-224-7977 or visit our website at AndersonMedicalCenter.com.
PB Middle students give back 14,000 hours to community

Students at Pacific Beach Middle School contributed more than 14,000 hours of community service during the 2010-2011 school year.

Part of their education as an international baccalaureate program school, the students helped with projects like the coastal cleanup and white sea bass feeding for San Diego Seafood, building a school, and volunteering at the local senior center and providing diapers to foster families.

“At Pacific Beach Middle, students have been keeping records of service for over four years now,” said Jennifer Sims, the school’s librarian and international baccalaureate program coordinator. “Service, or principled action as we call it, is just part of the curriculum, so no matter what we do, this year, our students participated in over 14,000 hours of service and that’s only 665 students.”

Some students design their own service learning projects. Clubs like Yearbook, Ecology Composters, Garden Club, and Video Club are popular for student participation.

For more information, email jimsi@sandiego.net.
Live the dream life in this gorgeous home. Unparalleled views of Mission Bay Channel from all three floors. This home boasts three bedrooms, a loft, and office (five rooms total) and 3.5 baths. Each deck has views; one deck comes equipped with a salt-water Jacuzzi! The main living area located on the second floor provides outstanding sit-down water views! This home is only three houses away from the Bay. Highlights include three fireplaces, a beautiful private yard and garden, a large wardrobe closet in the master bedroom, wainscoting throughout, corner built-ins with antique doors, an over-sized two-car garage and two additional parking spaces, and a security system.

Brian Lewis
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