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Leadership change at Downtown’s American Indian Health Center

The San Diego American Indian Health Center brought on new members to its leadership team in July, including Del Cerro area resident Kevin LaChapelle as CEO and Downtown resident Martin Furey as program development director.

Both men are focused on continuing to provide

Adopt a Joshua Tree

Local architect raising endangered Joshua Trees for gardens, landscaping

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Mediators step in to landlord, tenant conflicts amid coronavirus

An analysis from global advisory firm Stout Risius Ross found 40% of renter households in the U.S. are at risk of eviction as eviction moratoriums wind down. People of color are particularly at risk, with 74% of Black renters and half of Hispanic renters saying they have little to no confidence they will stay in their homes, according to that analysis.

With the fear that this could spur a homelessness crisis, city and county government officials have added new protections, including an eviction moratorium, ban on late fees for rental payments and millions in rental assistance. However, they did not embrace rent cancellation pushed by housing advocates and the full funding of the rental assistance program proposed by Council Member Chris Ward.

As for commercial real estate, experts paint a grim picture. Jason Hughes, the CEO of Hughes Marino, said over one-third of office space in Downtown San Diego is vacant with some buildings 99% empty, which could lead to foreclosures in the future.

Among the county's efforts to prevent widespread business closures and homelessness is a program with the National Conflict Resolution Center (NCRC). With a grant from San Diego County Health and Human Services Agency (HHSA), the NCRC has funding to mediate all commercial and real estate rental pay disputes.

"The county recognized that people are in conflict and reached out to us to hire us to facilitate mediation between landlords and tenants, both residential and commercial, recognizing that both sides have real concerns, and we could really help facilitate conversations that they might find alternative solutions," Chris Huburt, Director of Development at NCRC said.

NCRC has over 100 community members trained as mediators to handle the residential disputes for free. The volunteer mediators come from a variety of backgrounds. The organization has recruited lawyers and judges to step in to commercial disputes, currently for a reduced fee.

The goal is to figure out a way for tenants and landlords to maintain a relationship and survive the economic impact of the coronavirus. Often that includes negotiating deferred or partial payments because some income is better than no income for the landlord. Huburt said the most important first step is the negotiator learning the unique needs of the people in conflict and treating each tenant as different from the last.

"The most effective agreement is going to be one that everybody participates in shaping," Huburt said.

Virtual events

MARGIN OF ERROR

The Roustabouts Theatre Co. presents a virtual encore presentation of MARGIN of Error by Will Cooper.

A compelling and timely drama when it was first produced. Even more relevant today. This fast-moving drama of twists and turns was presented by The Roustabouts in San Diego's in 2017. The story is centered on one evening in which a famous scientist, two of his students, and his wife confront each other in that margin of error where reason goes blind and passions ignite. Brilliant, powerful people making dangerous
Landscape architect honored for his pro bono work on Hillcrest Pride flag and monument

By DELLE WILLETT

Landscape architect Michael Brennan has been honored by the American Society of Landscape Architects, San Diego chapter (ASLA), for his pro bono work to make the Hillcrest Pride Flag and LGBT Monument a reality. Brennan was honored on July 9 when the ASLA held their bi-annual Design Awards via Zoom.

Brennan’s involvement began in 2011 with the community idea for a Pride Flag and the Hillcrest Business Association’s (HBA) need for a landscape architect.

Brennan was engaged during the process of synthesizing the community-generated idea into a fully envisioned project proposal as well as garnering public input, fundraising and gaining approvals for construction from the city.

Brennan commented, “This project was a demanding multi-year engagement with our client, the community and contractors, resulting in a transformative space that is evolving to this day toward higher and better uses for the neighborhood.”

Thanks to Brennan’s pro bono work, the San Diego LGBT community now has a permanent public place to assemble, protest, mourn and celebrate with their community.

Once installation, the Pride Flag and Monument have become a regional landmark and gathering point for LGBT celebrations, processions and memorials. These include impromptu celebrations after the Supreme Court’s marriage decision in 2013, vigils and mourning after the incredible loss of life in the Pulse Nightclub massacre, and recently as a rallying point for the Black Lives Matter protest.

It has also spurred organized community events to gather there including the Pride of Hillcrest Stonewall Rally, Transgender Day of Remembrance, Pride Block Party, and is home to the longstanding weekly farmers market.

The existence of the Pride Flag and Monument inspired the community-driven process to design and fully fund the Normal Street Promenade by converting the western half of Normal Street to pedestrian and cycle use. Brennan was also involved in the early phases of this design.

Said Brett Allen, President of ASLA, “This landmark project correlates directly to one of ASLA’s top priorities of diversity and inclusiveness within our profession.”

Through Brennan’s high-profile involvement the community has seen the potential for landscape architects to imagine built environments reflective of the individuals and community they are in, said Allen.


—Delle Willett has been a marketing and public relations professional for over 30 years, with an emphasis on conservation of the environment. She can be reached at delewillett@gmail.com.

Virtual events CONTINUED FROM Page 2

The National Conflict Resolution Center (NCRC) will bring leading authors, scholars and journalists together for a national online conversation about race in America and bridging our country’s political divide. The “A Path Forward” virtual event on Thursday, Aug. 20 from 7 p.m.-9:15 p.m. PDT will feature an engaging discussion with two New York Times #1 bestselling authors and leading national scholars whose works have been made all the more relevant by recent protests against police brutality: Ibram X. Kendi, author of How to Be an Anti-Racist, and Robin DiAngelo, author of White Fragility: Why It’s So Hard for White People to Talk About Racism.

Wesley Lowery, a Pulitzer Prize-winning journalist at CBS News and author of They Can’t Kill Us All: The Story of the Struggle for Black Lives, will moderate.

The event is free. Visit bit.ly/3kJQec to register.
Virgil James is a handbag business started by a local businessman, Jay McGoodwin. These bags have impeccable workmanship and are made with the finest quality materials. This luxury brand is timeless and carried as pieces of one-of-a-kind art and limited editions. The palettes include black, taupe, burgundy and natural tan. There are four styles for men including a briefcase, satchel, backpack and weekender. The fashionable looks for women include a clutch, cross body, bucket, tote, day bag, and the No. 8 bag from the Original Collection. This ingenious bag comes with a removable panel and is made with one-of-a-kind original art printed on Italian Canvas. You can change it up by adding different panels made with leather, art, or felt.

Each bag is numbered as a limited-edition series or a unique piece. This is a must have ‘Fashion as Art’ bag. Felt is used on some of the panels which is made from cashmere goats in Mongolia. The fiber is short so it must be mixed with a soft sheep’s wool to produce the most marvelous felt. Virgil James has also added components with artisan elements. All the hardware such as zippers, pulls, feet’s, buttons, rings are made by the company and they hand pound the handle rings.

McGoodwin explained how he first got started in fashion. He said he used to travel and fly all over the world and invested in many bags and briefcases. After collecting these quality bags as he travelled around, he noticed that something was missing. McGoodwin began looking at the possibility of creating his own brand with style. He became acquainted with an accessories designer at the London School of Fashion who helped him get the ball rolling. It was expensive and time consuming but after four or five years he was ready to launch his collections. McGoodwin draws from his travels around the world in naming his collections: Originals, Santa Fe, Buenos Aires and Reykjavik reflecting the natural wonders of Iceland. His website is filled with amazing stories about the process of making these pieces of art. They also have added credit card cases, laptop covers, and passport cases.

In the future, McGoodwin wants to use the handbag as the frame and add more creative materials such as mud cloth, silks, and tartans to the removable panels. The biggest key here is sustainability. Each bag will give a lifetime of use and they are all made here in the USA. In this era of fast fashion, we see all the master craftsmen disappearing. If you would like a glimpse of these elegant and stylish handbags made by master craftsmen visit virgiljames.com.

—Diana Cavagnaro is an internationally renowned Couture Milliner based in Alpine, California. Learn more about our Hat Designer, Teacher & Blogger at DianaCavagnaro.com.

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VOTING DEADLINE: SEPTEMBER 13TH

UPCOMING EVENTS
September 26, 2020 - 16th annual Virtual Event, “Strut for Sobriety!” The event will have an award ceremony and fashion show to be held by A New PATH. The event celebrates recovery from drug addiction. Fashion show produced by Gretchen Productions. For info: 619-6701184.

October 17, 2020 - Fashion Week San Diego 2020 now has passes on sale for their virtual runway show with nine designers. Purchase your Virtual Front Row Pass at fashionweeksd.com.
Knotstop moves outside to stay open

KENNEDY SITTON | DOWNTOWN & UPTOWN NEWS

Like many small businesses trying to survive amid constantly-changing regulations, The Knotstop is taking creative measures to stay afloat. The spa recently transformed its parking lot into a series of canopies for people to receive personal massages and stretching sessions under. With carpet donated from a local business, lights and the cabanas, they have created an oasis in Bankers Hill with a beachy feel.

“Everyone feels like they’re on vacation a little bit and so the response has been overwhelming that absolutely everyone loves it,” founder Adam Shevel said.

Some customers returned after the move outside because they said they felt more safe than inside the building, even with special sanitation protocols in place. Shevel said many of those receiving treatments are incredibly thankful after months of stress and anxiety building up. He witnessed emotional breakdowns on the table.

When the spa reopened on June 19, they initially had all of their offerings inside. The business lost 10% of its members and was only able to bring back around 75% of its staff. Shevel installed air filters and UV filters in each room while the spa was shuttered during the initial lockdown – an expensive endeavor while making no money.

As lockdown measures were put back in place, Shevel knew he needed to find a way to continue employing staff, serving customers and staying in business. He invested more money in buying the canopies to move outside into the spa’s private parking lot. Since it was not on public property, Shevel did not need a permit for the move.

Last year, The Knotstop was located inside a Hillcrest mall but it moved locations in January to a converted multi-level Craftsman house that serendipitously had a parking area.

“We were actually on track to have our best year ever and then COVID hit and shut everything down,” Shevel said. “It’s been extremely stressful, just like so many other small businesses, the last few months just trying to navigate... anxiety and trying to save a business I put my heart and soul into for so long as well as save the jobs of all my employees.”

Shevel founded The Knotstop in 2006. By 2020, he had around 45 employees. He did receive a Paycheck Protection Program loan that is helping him pay employees now that the spa reopened.

The constantly changing regulations are also making it complicated to spend that money and follow new rules. Some similar businesses like barbers and hairdressers were able to reopen sooner even though they are just as close to customers. Massage therapists in doctor’s offices, chiropractors and acupuncturists never had to close at all.

“Think our business, somewhat unfairly, has been lumped into everything else. Even though one-on-one, we’re not able to completely socially distance, the volume of people in any given space is very minimal,” Shevel said.

Customers are in individual rooms, and now cabanas, rather than having multiple barbers in a central room with customers or people crowded at restaurants with masks off to eat.

Their survival could still get more complicated in the future. July was exceptionally cool compared to past years. Heat waves in September could mean limiting hours further. To make an appointment, call 619-296-5668 or visit theknotstop.com. The Knotstop is located at 2655 4th Ave.

—Kendra Sitton can be reached at kendra@sdnews.com.
The constitutional right we cannot afford to lose

By TONI G. ATKINS

Every decade, each person in the United States, young and old, regardless of citizenship, has the Constitutional right to be counted in the Census. It is the only way for us to determine the true definition of America – whether you live in the largest metropolitan cities or miles down rural routes.

Reminders about taking the 2020 Census are emphasized on billboards, featured in television commercials, and sprinkled into social media news feeds. It makes sense, given that approximatly $1.5 trillion dollars in federal funding is at stake.

Breaking that down, that means for every person left out of the Census count, California could lose $1,000 per person per year - for the next 10 years. That’s a loss of $10,000 per uncounted person until the 2030s.

If you have a family of five, your community could lose out on $50,000. The Census is like planning how much cake to have at a birthday party based on the number of RSVPs. No one wants to miss out on cake because you thought it was OK to just show up unannounced.

The capacity for populating funding is distributed to communities based on population and head counts. This includes babies, children, teenagers, seniors and military families.

The current COVID-19 health crisis also offers an all-too-realistic example of why you need to be counted. We need to ensure that we get our fair share of funding and resources in emergency situations. Funding for housing, by city, in your neighborhood is based on information only you can provide.

The data also funds programs and resources like senior services, child health programs, higher education, and job training.

Our population is aging. The first Baby Boomers hit 65 in 2015. That population will continue to grow, and senior services must be properly accounted for. By filling out the Census form, you are declaring, “I am here, I exist.”

More importantly, your answers help fund programs that serve your community and shape your future.

It is important to note that this is not a citizenship survey. Despite the Supreme Court already having blocked the citizenship question from being included in the Census, the current administration continues to wrongfully attempt to circumvent the law and exclude non-citizens in the 2020 Census. Those efforts are unconscionable and unconstitutional.

Now, more than ever, we need everyone to participate in the 2020 Census so that we can ensure the law, not divisive politics, governs our land. We cannot let fear and insecurity deter us from being counted. The Constitution is clear – all people must count.

If this current public health and economic crisis has demonstrated anything, it is that vulnerable communities have suffered the most. In addition, COVID-19 has had a significant impact on California’s schools and higher education, which means it is even more important to plan for the next 10 years in communities hard hit by this pandemic.

Census workers, called enumerators, will begin going door-to-door to collect Census data. They are not allowed to ask for your social security number, political preference, bank account information, or religious affiliation. It also illegal for the Census Bureau to share your information with any government agency and they cannot be used against you in any way.

So please, consider this my “door-to-door” reminder. Have you done a post on Facebook, sent a Tweet or uploaded a picture on Instagram? It’s just as easy to fill out your Census. You can do it online, over the phone or on paper. In fact, you may also be receiving an email, making it even easier.

The next 10 years of funding can be determined in just 10 minutes of your time.

Make sure you are counted. It impacts your Constitutional right. Online: 2020Census.gov. By Phone: 844-330-2020

—Toni G. Atkins is President pro Tempore of the California Senate. Having previously served as Speaker of the California Assembly, she began her tenure in the Senate in 2020. As Senator for District 39, she represents the cities of San Diego, Coronado, Del Mar and Solana Beach. Website of President pro Tempore Toni G. Atkins: Senate.ca.gov/Akins

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The candy woman can!

Sugar Mamma Caramels is no ordinary confectionary. Owner and entrepreneur Nancy Flint has been running this one-woman show since 2009. You can find her mouth-watering creations all over town—just check out the website at sugarsmammacaramels.com. We talked with Nancy to get her take on ambition, family, heritage, and how that all blends together to make for a successful endeavor.

What was the spark that led you to start Sugar Mamma Caramels, and how did you decide on this particular confection as a focus?

I had been making my signature Sea Salt Caramels for years to give as Christmas gifts to the delight of all my friends and family. They finally convinced me to enter a local candy contest, and I won! I was interviewed by a local San Diego TV news show, and the hosts loved my caramels so much they exclaimed, “Wow, this is delicious! Where can we buy it?” That was my lightbulb moment. Soon after, I applied for my Cottage Industry permit and started production out of my home.

What is the best advice you’ve received regarding entrepreneurship?

Advice from friends and family who have followed their dreams, keeping me motivated and determined to see my business through to success. One piece of advice was to never take on debt for a business. We are now at the point where we are able to purchase a second car and hopes for family travel this summer.

How do you spend your free time? How do you maintain a work-life balance?

I live in Del Mar and am only a 15-minute drive to the coast. I love to walk on the beach and hike the trails that are nearby. I keep a busy schedule with work and family activities, but I do fit in time for a weekly walk to the beach with my husband and dog—our four-legged family member.

One way we saw Little Italy’s resilience as a community result – in a triumphant comeback. Little Italy’s community members didn’t give up and instead took fate into their own hands. Artists and designers began moving into vacant industrial spaces and started their new businesses alongside a handful of established Italian family businesses. The old and new joint effort caused a revitalization of the community and developers followed which resulted in the investment of millions towards residential and business construction.

Little Italy is a model urban neighborhood in San Diego and has become one of Downtown San Diego’s oldest continuous neighborhood-business districts. Sharing these tales to visitors through public spaces & plazas, public art, music, food, and long-standing community members is part of the neighborhood’s tradition and keeps Little Italy alive and thriving.

Today, Little Italy’s community continues to ban together through the pandemic as they did all those years ago in an effort to keep the community prosperous. By conducting street closures, installing parklets, installing hand sanitizer stations, and encouraging to follow the County’s Health Protocols by maintaining proper physical distancing and wearing a face covering, Little Italy has created a way for beloved small businesses to remain open and begin the steps towards recovery.

Little Italy’s variety of restaurants and retail shops have adapted by following all the County Health directives including ensuring proper social distancing for customers, requiring face coverings for all employees, and frequent washing of hands and use of hand sanitzer, along with regular cleaning and disinfection of all surfaces. We thank you for your continued support and believing in our familia. As we navigate this “new normal”, we are fortunate to have the opportunity for outdoor dining and look forward to seeing you in Little Italy soon.

—For the latest updates on Little Italy, please visit us at LittleItalySD.com or follow us on Instagram @LittleItalySD, Twitter @LittleItalySD and Facebook @LittleItalySD. Christopher Gomez has been Little Italy’s district manager since 2006. Reach him at chris@littleitaly sd.com.

The candy woman can!

The candy woman can!
HISTORY

States, presidents and pioneers

San Diego street names: Part four of the series

Past Matters

Katherine Hon

As discussed in earlier Past Matters columns, the original names of more than 250 streets in San Diego were changed by Ordinance No. 755 adopted May 21, 1900. Changes to approximately 90 street names had already been implemented by Ordinance No. 599, which was adopted on February 6, 1899. These ordinances eliminated duplication and achieved some continuity where street names changed from tract to tract.

The replacement names in Ordinance No. 755 came from Louis Jackson Davids, the new city engineer. He brought alphabetical authors to Rossville and Loma Portal, historians to Ocean Beach, gems and statesmen to Pacific Beach, naval heroes to La Playa, and scientists/engineers to La Jolla, among many other changes.

However, Davids made relatively few changes to original street names in the tracts between present-day Highway 163 and I-805 from Upas Street to just north of Adams Avenue. This is partly because he gave precedence to street names in this more central and earlier mapped part of the city, and partly because Ordinance No. 599 — which was adopted before Davids became the city engineer — had already addressed most street name problems in this area.

The largest historic tract in this part of San Diego is University Heights, which was mapped in 1888. The tract extends from the current path of Highway 163 eastward to Boundary Street and from current University Avenue to north of Adams Avenue.

The 1888 University Heights map named north-south streets for states and most east-west streets for presidents. Theories about the pattern of state names abound, but the arrangement is likely geographic. It follows a meandering roadmap starting down the East coast, across the south and back east through the Midwest.

Beginning on the north-west side of the 1888 University Heights map and the north-east side of the U.S., the original tract street names follow a drive through Maine, Vermont, New Hampshire, Massachusetts, Rhode Island, New York, Delaware and Maryland — skipping over Cleveland and Campus avenues on the University Heights map — North Carolina, Georgia, Florida, Alabama, Mississippi, Louisiana, Texas, Arizona and California. The drive then heads north and back east from Oregon through Idaho and Utah, skips Colorado, goes through Kansas and Nebraska, skims over to Ohio, then misses Indiana and circles back to Illinois, Iowa and Missouri.

Changes since 1888 include Maine changing names to Caminito Fuente, Carolina to Park, California to Hamilton, Nebraska to 30th, and Missouri to 32nd. Streets named for U.S. presidents are in a loose chronological order of their terms in office, but that pattern was not very cohesive on the west side of University Heights and has been disrupted by various changes. For example, in 1899, Fillmore Avenue was changed to Garfield, and in 1900, City Engineer Davids changed Garfield Fillmore Avenue to University Avenue. Both changes eliminated the honor to Millard Fillmore, the 13th president. Davids also changed Jackson Street to Meade Street for George Meade (1815-1872), a civil engineer and U.S. Army general who defeated Confederate General Lee.

The 1888 map of the large University Heights tract named north-south streets for states and most east-west streets for presidents. University on this map is now El Cajon Boulevard, and Fillmore is now University Avenue. (Courtesy of North Park Historical Society)

Prepare and protecting your home or business in the event of a wildfire is a reality for those who call San Diego home.

A top priority for Cox during a natural disaster is to keep customers connected so they can stay informed, check in with family and friends, and access their shows away from home.

Cox also works to keep business customers, including hospitals and emergency responders, connected so they can continue to serve our communities.

Wildfire season now begins earlier and lasts longer, so Cox prepares all year long, reviewing its business continuity plan and running mock emergency events so employees know their roles and responsibilities during a disaster.

When strong winds and other weather conditions create an increased risk for wildfires, the power company may notify their residential customers, and business customers like Cox, that they will be implementing a Public Safety Power Shutoff (PSPS).

During a PSPS, Cox services may be interrupted in a neighborhood where the electric company shuts off power. During a wildfire or PSPS, Cox works closely with the power company and public safety agencies to monitor the situation and ensure the safety of its network and facilities to keep residential and business customers connected.

There are also some things customers can do to prepare:

- Have a charged backup battery and a corded phone. Most cordless home phones require electricity and won’t work in an outage. Make sure you keep a corded wireline phone available for use during a power outage.
- Make sure you have a charged wireless phone available for use during a power outage. In addition, power is needed for your other telephone equipment to place and receive calls. If Cox’s network is operating during a power outage, make sure you have a charged backup battery to help ensure you can receive a Reverse 911 call. Purchase a backup battery by calling 855-324-7700 or visiting a Cox Solutions Store.
- Get updates on Cox’s Twitter handle. During a PSPS or a disaster, Cox posts outage updates and other information on Twitter. Customers can follow Cox at @coxcaifornia.
- Download Cox apps before a wildfire or PSPS occurs:
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Robert E. Lee at the Battle of Gettysburg in the Civil War. President William Henry Harrison lost his University Heights street name in 1899, when Harrison Avenue was changed to Howard Avenue, possibly for Oliver Otis Howard (1830-1909), a Civil War Union general who helped to establish Howard University and served as its president from 1867 to 1873. President Zachary Taylor lost out to President Abraham Lincoln when Taylor Street was renamed in 1899 to continue Lincoln Avenue from the west side of the tract.

University Boulevard on the 1888 map is now Normal Street. Named for the teacher-training college that later occupied the planned USC branch campus site, the world’s first normal school — the École Normale — was founded in 1685 in France with a goal to train teachers and reinforce particular norms within students. The Normal School in University Heights evolved into what is now San Diego State University. The University Heights Historical Society tells this fascinating story in a free self-guided online walking tour at arcg.is/UiShXo.

Relatively smaller historic tracts lie south of present-day University Avenue between Park Boulevard and I-805. One of the first areas to be mapped extended from present-day Alabama to Boundary and Upas Street. The state street names between University Avenue and Upas Street. The state street names of Alabama, Mississippi, Louisiana, Texas, Arizona, Oregon (later Pershing), Idaho (later 28th), Utah, Kansas (later 29th), Nebraska (later 30th) and (later 28th), Utah, Kansas (later 29th), Nebraska (later 30th) and Arizona (later 31st) all replaced the names of people known to the tract founders. This gave some continuity to the street names, although the physical match-up is less than perfect.

In 1899, Ordinance No. 599 extended University Heights state names southward from current University Avenue to Upas Street. The state street names of Alabama, Mississippi, Louisiana, Texas, Arizona, Oregon (later Pershing), Idaho (later 28th), Utah, Kansas (later 29th), Nebraska (later 30th) and Missouri (later 32nd) all replaced the names of people known to the tract founders. This gave some continuity to the street names, although the physical match-up is less than perfect.

In 1900, City Engineer Davids fixed several duplications, changing Hamilton Street to Walker (now Villa Terrace), Johnson Street to Sherman (now Granada), and Robinson Street to Ray. In 1914, more original street names were changed. Hart Street became 1st, Washington became Bancroft, Webster became 3rd, and Franklin became Felton. The only north-south streets in this area that have kept their original 1870s names are Arnold, Grim and Herman. These names were unique, and the streets did not line up with a street in University Heights.

Future PastMatters columns will explore the people behind the original street names in this part of North Park.

— Katherine Hon is the secretary of the North Park Historical Society. Reach her at info@northparkhistorical.org or 619-294-8990.

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History

CONTINUED FROM Page 8

The northeast trending portion of University Boulevard on the 1888 map is now Normal Street. Named for the teacher-training college that later occupied the planned USC branch campus site, the world’s first normal school — the École Normale — was founded in 1685 in France with a goal to train teachers and reinforce particular norms within students. The Normal School in University Heights evolved into what is now San Diego State University. The University Heights Historical Society tells this fascinating story in a free self-guided online walking tour at arcg.is/UiShXo.

Relatively smaller historic tracts lie south of present-day University Avenue between Park Boulevard and I-805. One of the first areas to be mapped extended from present-day Alabama to Boundary and Upas Street. In the early 1870s, three San Diego pioneers — Aaron Pauly, Joseph Nash and William Jefferson Gatewood — created three tracts within this area: Pauly’s Addition, Park Villas and West End. Original street names in these tracts provide a window into the history of early San Diego in the days of Alonzo Horton’s New Town. Most of the street names were picked by the tract founders to acknowledge themselves, their friends and their fellow investors. But only a few names have remained the same since those pioneer days.

In 1899, Ordinance No. 599 extended University Heights state names southward from current University Avenue to Upas Street. The state street names of Alabama, Mississippi, Louisiana, Texas, Arizona, Oregon (later Pershing), Idaho (later 28th), Utah, Kansas (later 29th), Nebraska (later 30th) and Missouri (later 32nd) all replaced the names of people known to the tract founders. This gave some continuity to the street names, although the physical match-up is less than perfect.

In the 1899 ordinance, all three tract founders lost their street name honors. Pauly Street became Texas, Nash Avenue became Missouri, and Gatewood Street became Kansas.

In 1900, City Engineer Davids fixed several duplications, changing Hamilton Street to Walker (now Villa Terrace), Johnson Street to Sherman (now Granada), and Robinson Street to Ray. In 1914, more original street names were changed. Hart Street became 1st, Washington became Bancroft, Webster became 3rd, and Franklin became Felton. The only north-south streets in this area that have kept their original 1870s names are Arnold, Grim and Herman. These names were unique, and the streets did not line up with a street in University Heights.

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Regular readers of this column are likely familiar with the Downtown San Diego Partnership Clean & Safe program and the impact its teams of dedicated homeless outreach providers, maintenance and safety ambassadors, and placemaking staff have on Downtown’s quality of life. They can be seen hard at work seven days a week, day and night making sure Downtown stays clean and safe. But there are still many who are surprised to learn about the incredible benefits they enjoy within the 275 blocks of the Property and Business Improvement District that defines Clean & Safe’s jurisdiction.

“Today this, I still run into neighbors who are shocked to learn about the sidewalk trash collection, neighborhood murals and safety patrols are available because of Clean & Safe. They have no idea they are conducted by a separate nonprofit entity above and beyond what is otherwise available through the City or County specifically for the benefit of Downtown,” said Bill Sauls, former chair of the Downtown Partnership board and advocate for the start of the Clean & Safe program.

For many, it’s hard to imagine Downtown without Clean & Safe. In celebration of its recent 20-year anniversary, we decided to talk to those who were there at the beginning of it all.

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Daycares
CONTINUED FROM Page 1

staff immediately deep cleaned the entire facility, and teachers completed a mandatory training session on health guidelines. The facility typically accommodates a maximum of 132 children, but with state-imposed limitations and concerned parents, only 30 children currently attend the daycare. Carpenter said these smaller group sizes have created a financial burden.

According to a July 20 KPBS article, this negative impact on childcare providers is exacerbating the pre-existing shortage of childcare spots in San Diego County, contributing to the economic crisis. Economists have estimated that $50 billion over the next six months would need to be spent nationwide to sustain the childcare industry, and the county is proposing that $25 million in CARES funds be allocated to schools and daycares to help compensate for the loss.

The significant decrease in children, however, has made social distancing easier, Carpenter said.

The staff set up a pod structure in which teachers are assigned to specific classrooms, and they placed markers on the floor to designate where children can sit and stand.

KinderCare now opens an hour later and closes an hour earlier so staff members have sufficient time to sanitize the classrooms.

Parents are now required to drop their children off at the front door rather than entering the building, and teachers take the children’s temperature upon arrival before having them wash their hands.

PRACTICING SELF-CARE

Grey, who also serves as program specialist, said the stress of the coronavirus is impacting children as young as 2, prompting her and her fellow teachers to talk to the children about how to stay safe and take care of each other during this time.

“One of the main things that we’ve seen in the classroom is that we’re having more difficult conversations with the children and just explaining to them how things have changed but in a positive manner,” Grey said.

Grey agreed that the staff’s steps to eliminate unknown variables have created a secure space.

“Ultimately, it’s important that people are open and transparent,” Carpenter said. “What happens here is so pertinent so we don’t go home and spread it to our families.”

The KinderCare app has become especially helpful because it allows the teachers to communicate with parents remotely and update them about their children’s accomplishments throughout the day.

“We have created a really close bond with the families that have been with us through this time and our staff that have stuck it through,” Carpenter said.

BEING APPRECIATED

Being a childcare provider during this time has been challenging, but one positive outcome of the pandemic is that they now feel more valued and respected.

“A lot of times, this is a very thankless job, but through this, we have seen how much the parents really do appreciate us,” Carpenter said.

Thirteen percent of working parents have reported losing a job or reducing hours as a direct result of a lack of childcare, according to the KPBS story. Grey said she has seen a lot of social media posts from parents who are now at home with their children and realizing how much work is involved in being a teacher.

This is what we do, this is who we are, so I definitely appreciate that COVID has brought to light the things that we do,” Grey said.

“We’re not just babysitters, we are educators, and this whole thing has proved it.”

—Makena Huey is a senior at Pepperdine University in Malibu, California, pursuing a major in English and minor in journalism. The San Diego native was the editor-in-chief of Currents magazine and is currently the managing editor of the Graphic newspaper.
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SEED HEALTH CENTER

Among new partnerships with local nonprofits and other agen-
ties, Furey is working on opening a monthly breast cancer health clinic. The health center also received a grant to expand HIV prevention and cemented a partnership with UCSD to rapidly connect recently infected people with care.

Additionally, with funding from the Indian Health Service, the center will be two mobile vans to bring tests to the community. They are hiring six new staff members for this.

“We’re going to be able to test, essentially, the entire census of our clinic and other folks in hard to reach or isolated areas as well. This I hope will really help move things forward in COVID testing in our region and I hope that it will have a really major impact for Native American populations specifically,” Furey said.

Already, the center has adapted to new challenges faced during the pandemic. Behavioral health services became virtual and even some dental visits. Demand for dental care has dropped while depression and anxiety have increased demand for behavioral health services. The center has brought on new staff to meet this demand.

Mobile public health nurses are being utilized to visit patients homes to provide them with cell
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Native Americans have been disproportionately impacted by the coronavirus and many faced issues of poverty and generational trauma even before the pandemic began. The center strives to provide patient-centered healthcare that includes aspects of Native American culture. The facilities are decorated with pieces by Native American artists and includes a medicine garden. In the behavioral health department, support groups include a drumming circle and a program that connects younger people to elders. The Native American staff at the clinic are highly valued.

“The Native Americans that are on our team... have deep insight as far as historical trauma and the different things that patients have been through, and it really helps them to have an understanding of what’s the best approach to take so that they have a very strong quality of life,” LaChapelle said.

An interesting consequence of this approach is that many non-Native patients become interested in Native culture and strive to learn more.

For all patients, the center works to treat them holistically. LaChapelle said he is “helping develop a team to get together and engaging the patients in their care so that we really have patients that are not only involved in their care, but they’re really listened to, so that we can include them as a part of the treatment team.”

LaChapelle previously served as national director of care experience, patient safety and risk for Kaiser Permanente.

Our goal is to really be a health center that is forward thinking that’s data driven so that we can really hone in and really sharpen our skills,” LaChapelle said. “It’s a history of working in nonprofits in the San Diego area which has helped him forge new partnerships.

“We’re pushing ahead on every front and actually having a lot of success despite the challenges that everybody’s facing right now,” Furey said.

——Kendra Sitten can be reached at kendra@sdnews.com.
Joshua trees
CONTINUED FROM Page 1

home garden are less than three years old, when his experiments began.

As he developed a method to grow the plants from seeds, Craig learned that many scientists believe climate change and habitat loss will eventually wipe out the species. Drought and wildfires are also concerns. Recently, the California legislature was urged to add Joshua trees to the state endangered species list.

Craig realized that the national park was populated with the tall trees, some of them hundreds of years old, but lacked many of the baby and adolescent plants that ensure the species will have a future. The habitat has changed, so the less hardy young plants struggled to survive.

“When I found out about this Joshua tree situation, I saw an opportunity to actually grow them and repurpose them,” Craig said.

He decided to try to help gardeners add the plants to their landscaping with the hopes of growing the species outside of the shrinking desert. He began to raise the trees to give them to others for a small fee. His seeds have a 75% success rate, much higher than what is possible in the wild.

“Human intervention here is definitely worth it,” he said.

Before this, he was an average gardener with many succulents in his home. It was a minor hobby, not a passion that consumes much of his time.

Under his careful hand, the seedlings grow about eight inches per year. Craig said in the initial years, they can be cared for like other small succulents.

“When people would say that’s very slow. The Joshua tree grows similar to other plants and other trees. I don’t necessarily know why it gets that description,” Craig said.

After six months of his care, Craig lets other people adopt the Joshua trees. He does this through the Mission Hills Nursery and his website, where he mails the plants across the U.S. So far, the plants are growing successfully in places like Florida and Boston, even with their climate being significantly different than California. Joshua trees can withstand cold and even need to freeze annually in order to flower, although they can be damaged if left in too cold an environment for too long while they are young.

As he advertised these adoptions, Craig discovered many people believe myths about the endangered trees, including that they can only grow in the desert area of the national park. Instead, because there is not much of their climate being significantly different from other regions, such as Florida and Boston, they can thrive in different conditions.

With a new technique, Craig believes that is for other scientists to experimenting the park itself. Craig believes that is why he is not focused on repopulating the park area of the national park. Instead, he is now ready for more people to see and understand how important it is to take care of these plants.

“My focus is in gardens and landscapes, not back into the wild,” he said.

Since the project began, he has raised three-to-four thousand seeds into healthy plants. Craig is now ready for more people to adopt the plants.

“If more people got interested in this and began growing them in their gardens, I think that we would be doing a good thing, in terms of saving the species,” Craig said.

To learn more visit, joshuatreeplantadoptions.com or the Mission Hills Nursery.

—Kendra Sitton can be reached at kendra@sdnews.com.
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