Resurgence of brown pelicans puzzles experts

Visitors to the San Diego coastline have been treated to an ongoing show starring the brown pelican. The unusual sight of two or so flocks of pelicans soaring over places like Sunset Cliffs in Point Loma has recently grown to two or so dozen seabirds at one time. Experts in this field appear to have mixed opinions for the reasons behind the large numbers of pelicans that have been appearing for several months.

There seems to be no real scientific explanation for this phenomenon,” said Andrew Hughan, public information officer for the California Department of Fish and Game in Sacramento. “At this time, there is no data to support the increased population of brown pelicans in the San Diego region.

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Observers and experts have noted a growing brown pelican population along San Diego’s coastline.

Phony maintenance man sought in PB, Golden Hill assaults

Detectives from the San Diego Police Department’s Sex Crimes Unit are probing two recent residential burglaries—including one in Pacific Beach—that also involved assaults on the female residents.

The local case took place around 8 p.m. on July 14 when a man claiming to be a maintenance worker for the victim’s Pacific Beach townhouse complex told the victim he needed to shut off the water to her residence and check the water pressure in her sinks.

According to investigators, the victim became suspicious of the suspect, followed him upstairs and waited outside the bathroom as he turned on the faucets and opened the cabinets.

The suspect told the victim to remove all the items from under the sink. As she knelt over to see what the suspect was referring to, he immediately began punching her in the side of the face, said police.

The victim screamed and fought back until he ran out of the home.

The case was similar to another involving the same suspect, who used the same maintenance worker ploy to gain access to another victim’s Golden Hill apartment complex, police said.

Similar to the Pacific Beach case, the male asked the victim to remove all the items from under the sink. As she bent over to empty the cabinet, the suspect grabbed the victim by the hips and pulled her into his groin area, according to investigators. The suspect also grabbed the victim’s chest over her clothing. The victim screamed and fought with the suspect.

The suspect reportedly ran out of the apartment and got into a small white pick-up parked in the north alley of 2700 Broadway. He was last seen driving eastbound in the alley.

Police said the suspect is described as a Hispanic male between 28-35 years of age, between 5-feet-8-inches and 6-feet-tall with a heavy build and a “beer belly.” He was wearing a T-shirt and jeans in each case. The male spoke Spanish to one of the victims and the other described him as speaking with an accent.

Anyone with information is urged to contact the San Diego Police Department’s Sex Crimes Unit at (619) 531- 2210 or San Diego County Crime Stoppers at (888) 580- 8477.
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San Diego has many great things going on for it that draw the public’s attention, from the beautiful beaches to major sporting events. But nothing puts the world’s focus on the area like Comic-Con International (CC).

Taking place this year from July 20–24 at the San Diego Convention Center, as well as the streets and venues surrounding it, the sold-out event’s 125,000 visitors make it the biggest pop-culture party on the planet. The fans of comics, television, video games, toys or movies, it doesn’t get better than this, with stars and creators all in one place.

Among the dozens of celebrities taking part in panels this year will be cast members from Fox-TV’s “Glee,” The CW’s “Vampire Diaries” and CBS-TV’s “The Big Bang Theory.” And that’s just the tip of the iceberg. Last year’s list included everyone from comic-legend Stan Freberg to James Bond actor Daniel Craig, Mad Magazine cartoonist Sergio Aragones to rapper-actor Daniel Craig.

But nothing puts the world’s focus on the area like Comic-Con. Comic book enthusiasts will come out in force for the 42nd Comic-Con International. Below, Jonathan Busin is dressed as his own creation, Nerdman, complete with an old computer motherboard around his neck. He’s surrounded by his co-stars, who have been among the massive crowds that have attended past events. This year, according to Glanzer, it’s much better than this, with panoramic views. Lrg 2-car garage, extra rear deck.

For the 42nd year, COMIC-CON just where they are. Movie preview in 6,500-person capacity. While it’s certainly crowded, for many, many years, Glanzer said. “I think we’re a little shocked sometimes when we realize how big it is. For four days out of the year, the center of the comics universe really is San Diego.”

“It’s cool to see that, and it’s cool to walk around and see people that you read about or whose work you read,” he said. “It’s a lot of fun.”

He said the event has an impact on future generations. “One never knows. He said one of those kids wandering the aisles in a superhero costume today could be the next superstar director, writer or actor.”

“One of the things that we found interesting is that a lot of the people who are now movers and shakers in a variety of different industries — publishing or movies or whatever — attended Comic-Con when they were younger.” Glanzer said. “I think that says a lot, not just about Comic-Con but also about the fact that all these years, we were right. Comics are cool and they’re a great form of entertainment. The rest of the world is jumping in on that now.”

1978, then held at the El Cortez Hotel with a total of 5,000 guests. He’s pleasantly surprised by the event’s growth.

“Many of the people that work on the convention even today have worked on it for many, many years,” Glanzer said. “I think we’ve made a little shocked sometimes when we realize how big it is. For four days out of the year, the center of the comics universe really is San Diego.”

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**Tribute bands capture essence of history's top rockers**

By BART MENDEZ | RE/MAX BEACH PROS

With a three-decade span of hits, U2 is one of the last true supergroups of bands. Following closely on the heels of the Beatles for the number of tribute acts in the U.S. devoted to its music, Southern California has several top-notch impersonators — including Joshua Tree — which perform at RT’s Longboard on July 23. While all the grand stadium gestures don’t translate to a small club setting, there’s no denying the band’s music packs a punch. Playing excellent versions of music from 1982’s “War Follow” (1980) to “Get On Your Boots” (2009), Joshua Tree covers all its bases. If you’re a fan of Bono and company, you’ll love every second of this show.

Joshua Tree performs at 9 p.m. on Saturday, July 23 at RT’s Longboard, 1466 Garnet Ave. 21 and up. www.longboardsd.com

While the Rolling Stones are stillperforming today to capacity crowds, it’s been over three decades since the band’s prime. Nothing could ever match the band when it was at the height of its powers; there are numerous bands out there that play the Rolling Stones’ music. But few specialize in recreating the look, sound and feel of the Stones’ 1965-1974 era like the Hollywood Stones. Though they play material up to the early 1980s, the look centers on the Mick Taylor years with a more-than-credible Mick Jagger impersonator up front. The band goes so far as to assume fake identities like guitarist Keef Riffoff, but it’s the music that counts — and this band nails it with excellent renditions of classics, from ‘Angie’ to ‘Start Me Up.’

The Hollywood Stones perform at 8 p.m. on Friday, July 29 at The Lizard’s 5302 Napa St. 21 and up. Cover TBD. www.hollywoodstones.com

On July 30, The 710 Beach Club will host the second annual ‘80s Big Hair Rock Starz Reunion,’ a fundraiser for Marc Anthony Caroacco, whose children died in March. Beginning at 5 p.m., clubgoers will experience a musical time warp with music focused on the 1980s. On hand will be Way Cool Jr. and Julie’s Rubbish, as well as three tribute bands: Blackout (The Scorpions), Back to Black (AC/DC) and Rattz (Ratt). Putting the event several notches above the usual tribute band gathering will be a 10 p.m. jam session featuring members of major label hard-rock heroes like Krokus and MSG. Anyone who likes their rock music loud and classic will find plenty to their liking here.

‘80s Big Hair Rock Starz Reunion’ begins at 5 p.m. on Saturday, July 30 at the 710 Beach Club, 710 Garnet Ave. 21 and up. Cover TBD. www.710bc.com

One of the most popular blues bands in town, The Stoney B Blues Band, performs July 31 at Kate Sessions Park — part of the Concerts on the Green series. Guitarist Michael Stone (a.k.a. Stoney B) is a fairly recent transplant to San Diego, having been evacuated from his New Orleans base during Hurricane Katrina. San Diego music fans have welcomed him with open arms. His latest CD, “It’s Showtime,” is nominated at this year’s San Diego Music Awards in the category of ‘Best Blues Album’! Blues fans will find a slew of fanatics in the band’s repertoire from Slim Harpo to Sonny Boy Williamson. But just as impressive is the band’s original material like “You Were The One,” which sits comfortably alongside the standards.

Stoney B Blues Band performs at 4 p.m. on Sunday, July 31 at Concernts on the Green, Kate Sessions Park. All ages. Free. www.pbcconcerts.org

The Turquoise Café Bar Europa continues to book one of the most eclectic schedules of any venue in town. You’ll find just about everything on its new schedule: from jazz, blues and belly dancing to flamenco, samba and other world music. Sunday, July 31 features a set from Duo LaRê, featuring Chris Acquaquila on mandolin and Nate Jarrel on guitar. The pair has a modern take on acoustic music, mixing classical and folk traditions as heard on their new album, “In Other Words.” Anyone looking for something beyond the usual dance or rock music at most clubs will find this nightspot nothing short of nirvana.

Duo LaRê performs at 7 p.m. on Sunday, July 31 at Café Bar Europa, 873 Turquoise St. 21 and up. No cover. www.theturquoise.com/wordpress

**MUSTHEAR**

Motown fans won’t want to miss the Blue Breeze Band’s performance at Kate Sessions Park on July 24 at 4 p.m. The opening show in the annual Concerts on the Green series, the band does include rock in its set — from the Doobie Brothers to the Rolling Stones — and also excels at blues and jazz standards. However, its forte is in classic 1960s or 1970s soul and R&B. With one of the most impressive repertoires of any local band, this combo can go deep into a classic performer’s music. Where most bands can do a Marvin Gaye tune or two, Blue Breeze has five, plus a duet with Hammon Terrell in its song list. Similarly, with Earth Wind & Fire, there’s seven to choose from — and so on. Best of all, the band plays with a real passion for the music. With one of the most scenic locations in the city as a backdrop and the great music, this show is just about the perfect way to spend a summer afternoon in San Diego.

— Bart Mendez

Blue Breeze Band; performs at 4 p.m. on Sunday, July 24 at Concerts on the Green, Kate Sessions Park. All ages. Free. www.pbcconcerts.org

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**LIVE MUSIC**

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Blue Breeze Band; performs at 4 p.m. on Sunday, July 24 at Concerts on the Green, Kate Sessions Park. All ages. Free. www.pbcconcerts.org
Maybe the best buns on the beach?

**MUST TRY**

By LEE CORNELL | BEACH & BAY PRESS

So many people have proclaimed “That’s the best cinnamon roll I’ve ever had!” upon devouring one at the popular Mission Beach bakery — aptly called Baked — that owner Nanci Houlgate started to jot down a list of the astounding customers.

Houlgate was especially proud to hear a 91-year-old grandmother utter the phrase so commonly repeated at Baked. Besides writing the date down every time someone says the words, Houlgate also notes the time of day. This is an especially important reason why her cinnamon rolls are so darn good — they’re warm, fresh and delicious.

“We don’t just bake them in the morning. We bake them throughout the day. If you come in and buy a cinnamon roll at two in the afternoon it was probably cooked a half-hour ago if not sooner,” Houlgate said.

In fact, the rolls are in such high demand that Baked sells an average of 200 every morning during the summer.

Houlgate grew up under the tutelage of parents who owned a chain of Kosher bakeries in Los Angeles. Her experience has earned success of other Mission Beach bakeries in Los Angeles.

Houlgate knew cinnamon rolls were a hit but never had the numbers until last summer, “We didn’t really think the customers knew that we had been doing 30 percent more than we did last summer as word spreads,” she said.

Houlgate has kept the quality at such a high standard while keeping the price down.

“A delicious half-pound cinnamon roll with cream cheese icing to die for goes for a very reasonable $3.45. You just can’t find a better deal for such a tasty and massive cinnamon roll. Without giving away too many secrets, Houlgate said one of the main techniques she learned while working in a Kosher bakery was the power of simplicity. She tries not to use more than five ingredients in any item and works with as many natural ingredients as possible, without preservatives.

If you enjoy a great cinnamon roll and haven’t been to Baked yet, get there as soon as possible. Baked is open every day from 6:30 a.m. to 2:30 p.m. For more information, visit www.bakedhot.com.

Wet: Cinnamon Rolls
Where: Baked bakery at 725 Santa Clara Place in Mission Beach

“I just like the warm weather, the parties and the bars.”

Brittany Strabcyzyn
Pacific Beach General manager, Long Hard Ride

“I love the ocean and all the beaches here. The villas and all the ladies as well.”

Federico Zaiminelli
Calgary Machine engineer

“Walking on the beach and it not being 120 degrees because I’m from Arizona. Everything is laid back and not so fast-paced.”

Ashley Beck
Phoenix Retail manager

“It’s all about the weather. Just being able to come down here and go for a nice walk, ride my bike in East County. I just like being outside.”

Tommy Cotter
Mission Valley Bartender

“My favorite thing is the beach for sure. I like to boogie board, surf, run on the beach. I also like bonfires and volleyball.”

Mackenzie Caesel
La Mesa Student

“My favorite thing is the weather. The beaches are beautiful. It’s all about the weather and the beaches is great and everyone is so laid back and carefree, it’s nice.”

Tara Bristow
Glenede, Az. Student

**ON THE STREET**

(Asked in Pacific Beach/Mission Beach July 16-18)

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Allure of Pacific Beach makes it a global destination for visitors

WHATS IN THE AIR, BUD?

by KEVIN DI CICCO

Every day I marvel at how great it is to live in Pacific Beach. I feel fortunate, as it really is one of the best places on this wonderful planet to live.

The proof is in the pudding, so to speak, as our seaside town is a global destination for people from literally every corner of the world is home to a destination of every walk of life. Our seaside town is a global destination for visitors as it really is one of the best places on the planet to live.

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Tom Lochtefeld, who has been the master leaseholder at Belmont Park since 2000, has changed departments and is shifting from the Northern Division to lead the Economic Crimes Unit downtown. Lt. Paul Romson will replace Filey.

Several MBTC members and area representatives continued to voice their concerns over a lack of a solid plan to fix the rapidly deteriorating seawall in Mission Beach. Failure to repair the wall as promised by city officials has led to mounting frustration as has an overall ambiguity about who is responsible for a definitive plan for a long-term solution.

Mission Beach and Pacific Beach may be allocated to a new district when the city unveils its proposed redistricting map on July 21. The biggest change could be the subtraction of the downtown area from the beach and bay district.

Lochtefeld has led a “Save the Plunge” campaign over the last several months and he said he will continue to work with the group, but he also admitted that fighting the city primarily on his own has been a taxing and difficult process.

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TapRoom: The perfect spot for a micro-brew beer in PB

BY RACHEL HUTMAN | BEACH & BAY PRESS

San Diego has solidified itself as the micro-brew capital of the U.S. This is no small feat for those of us that love a good pint or three. Pacific Beach has solidified itself as the town to go to for a plentiful bar scene. PB offers a beer lover so many bar options that, at times, it can become overwhelming. Do you hop up a small, quiet pub and sip slowly? Or do you seek out a bustling bar with standing-room only? It really depends on your mood and what type of beer you are in the mood for.

However, I think TapRoom gives you the best of both worlds and the best brew selection hands down. TapRoom has over 40 taps providing a thorough array of beer options, including many local breweries. Stone, Port, Ale Smith, Ballast, Green Flash, and Karl Strauss. The beer is always changing and you can check online to see what is flowing current. If you like something you see, they may order it for you the next day. Beer lovers are placed in their favorite quandary — too many beers to choose from! My friends and I love to have a good time no matter your mood and we love Pacific Beach vibe. TapRoom is always a good time no matter you're mood and you can always come back for more. The atmosphere and how it's open-air makes it a good time no matter you're mood and you can always come back for more.

The colony that hosted more than 200 Chinese was bordered by Market Street, Fifth Avenue and the bayfront. Some were fishermen who drifted down from Monterey in search of albacore. The colony expanded to 500 in the 1890s and 10s with the influx of Japanese and Filipinos.

“Search in Gold Mountain” — a historical look back at misbegotten Chinese dreams stemming from the lure of the California Gold Rush.

Murphy Lee said there had been a famine in South China, coupled with the Opium War and other disturbances. “They believed California, a place they called Gold Mountain, would be their savior,” Lee said. “They sent the oldest member of the family to prospect for gold and send money home.”

According to Lee’s research, the Chinese were not accepted by hostile pioneer miners, merchants, clerks and physicians. As a result of the racial turmoil in California and the West as a whole, Congress passed the Chinese Exclusion Act of 1882. Between 1882 and 1924, other exclusion acts were enacted, effecting largely Japanese immigrants into the United States.

As curator at San Diego’s Chinese Museum for 10 years, Lee collected photographs, illustrations and maps to tell the story of oppression and living confinement. The retired cartographer from Virginia took up residence 27 years ago with his wife near Solada Road, which borders La Jolla and Pacific Beach.

Shortly after arriving in San Diego, he joined the Chinese Historical Society of San Diego, where meetings were conducted in an old Chinese Community Church on 47th Street. The meetings broadened into the idea of establishing a museum that would unfold this history from the 1880s until today.

Lee toured the county visiting schools and clubs to tell the story through photos and personal stories.

Through the Chinese Historical Society’s lobbying, an old Mission Building became a museum that was opened in 1996 on 1st and streets. Lee credited the success to Mr. Tom Hom and Mrs. Sally Wong. The society’s goal was to eventually have a museum. The temporary tea room in the Horizon Grand Hotel was not the answer,” said Lee, who still conducts walking tours through the eight blocks that once comprised Chinatown.

“I was asked what I wanted to do. ‘Be the curator of Chinese-American history,’ was my answer. I wanted to preserve this local history. Nobody was doing research so I began writing newsletters and a few articles.”

The number of people living there varied, but seems to have always been in the range of a few hundred, according to records. Lee has examined Census figures that showed 202 Chinatown residents in 1880, including cooks, laborers, launderers, fishermen, housekeepers, and clerks and physicians. In 1943, the Chinese were finally able to apply for citizenship and obtain meaningful jobs, including key work at Convair plane manufacturing. It was a far cry from work on the Flumbe and on Coronado Island, where pay was $1 a day.

The book, published by Donning and Co from Chesapeake Beach, Va., has 152 pages and 24 photographs, maps and illustrations.

I’m 30 and love PB!

Charly Baker and Theresa Neglia of La Jolla enjoy good times at Taproom.

“It’s one of our favorite spots to taste San Diego craft beers. We love the atmosphere and how it’s open-air to the outside. Taproom is never too crowded and always has a friendly vibe.”

TapRoom also provides a must when sipping beer, a delicious menu. The best thing on the menu is the hand-tossed pizzas with gourmet flavors. Toppings range from traditional to goat cheese, insulated, spinach ricotta, chicken pesto, and buffalo barbeque chicken, to name a few. The menu also has a nice selection of subs, pastas, and burgers. The great thing about TapRoom is it is busy but rarely packed, and even on busier nights you can usually head to the back and find an open booth. We love meeting friends out here for a pizza and a few micro-brews. There are a ton of large TV’s showing sporting events and surfing videos to give you that true Pacific Beach vibe. TapRoom is always a good time no matter you’re mood and with so many beers on tap, it’s got something for everyone. Unless, of course, you hate beer.

IMPORTANT HEARING NOTICE:

CPUC PUBLIC PARTICIPATION HEARINGS REGARDING THE PLANNED PURCHASE AND ACQUISITION OF AT&T AND OF T-MOBILE

ORDER INSTITUTING INVESTIGATION 11-06-009

The California Public Utilities Commission will hold public participation hearings to HEAR YOUR COMMENTS ON THE PLANNED MERGER OF AT&T AND T-MOBILE.

More information about the purchase is available at http://www.cpuc.ca.gov

Monday, July 25, 2011 — 6:00 PM
Al Bahr Shriners Center
5440 Kearny Mesa Road
San Diego, CA 92111

The Commission welcomes your participation and comments. If you are unable to attend these public hearings, you are encouraged to submit written comments to the Commission’s Public Advisor’s Office at 320 W. 4th Street, Suite 500, Los Angeles, CA 90013, or via e-mail to public.advisor@cpuc.ca.gov.

These hearings may be video recorded and transcribed. It is the Commission’s policy to schedule hearings in locations that are accessible to everyone. If specialized accommodations are needed, such as sign language, please contact the Commission’s Public Advisor’s Office five business days beforehand toll free at 866-849-8390 or toll free TTY at 866-836-7825.

939 COAST BLVD.
Klatt Realty has listed this 7th floor studio condo for sale at the reduced price of $450,000! Enjoy great ocean views from this well appointed unit with a full equipped kitchen, fireplace, washer and dryer and more.

Rental Unit

1. We have an unfurnished 1 Bedroom walk up apartment for a 1 year lease at $1,500 per month.
2. We have a furnished 1 bedroom apartment in the Old La Jolla Village near the beach & park. Sorry no pets and no smoking please.
3. 3030 5th Street frighteningly beautiful Ocean view home in Pacific Beach has a panoramic views of La Jolla Shores, the Scripps Pier and the La Jolla Cove! This home features a swimming pool, an office and multiple luxury items. You must read and take pictures of this one- year lease at $1,750/month. Sorry, no pets and no smoking please.
4. We have a large one bedroom apartment in the old village for rent at $1,500 per month. Fully furnished with a new stove and hardwood floors makes this a great deal. Walk to all in the village! Negotiable for a 1 year garage!

930 COAST BLVD.
Klatt Realty has listed this 7th floor studio condo for sale at the reduced price of $540,000! Enjoy great ocean views from this well located condominium which is in excellent condition! Call Todd K.

30 Y EARS SERVING OUR COMMUNITY!

For More Information:

CDCC (California Disabled Congregation of Chinese) building is shown in downtown San Diego on Oct. 10, 2020 during a celebration of Chinese Independence Day.

The Chinese Consolidated Benevolent Association (CCBA)
City's got the look to be ‘America’s Next Top Model’

By HOLLY LAUREN BEEDLE
ROAST & BOEFri

Are you ready to be America’s next top model?
The CW reality television show created by top model and TV host, Tyra Banks, “America’s Next Top Model” is in search of women from the ages of 18-27 who are 5’7” or taller who are enthusiastic to compete for the title of “America’s Next Top Model” and a chance to start a career in the modeling industry.

On July 8 from 8 a.m. to noon, San Diegans like Kassy Kova proved they had the look and style to be “America’s Next Top Model.”

Like many other local aspiring model’s, Kassy took her break from her normal day — a routine of studying art history at UC San Diego and figure skating — to attend the San Diego Channel 6/CW television Network’s open casting call for Cycle 18 of “America’s Next Top Model” at the Fashion Careers College, located on 1923 Morena Blvd.

On Cycle 18, the Fashion Careers College’s talented fashion design students, Zulema Lopez, Ashley Tipton, Cornelius Mandel and Mercelia Santincarz and I offered fashion sketching demonstrations using the models attending the casting to flaunt our skills relative to the fashion industry in design.

Not only did every model take home their own personalized fashion illustration, the Fashion Career’s College awarded everyone attending the casting a voucher worth $500 for scholarship value toward education at the school and anyone that is cast on the show from the San Diego event at FCC will receive a one-year full scholarship worth over $20,000.

If you love modeling and fashion, then you love music, and you won’t mind waiting in long lines for the opportunity of a lifetime!
The 920 radio station was on site playing great music and giving out prizes! California’s premiere fashion college, Fashion Career’s College, the CW and ZBIO and all of it’s hopeful contestants made the four-hour wait fun and fashionable!

Keep your fingers crossed that one of our very own local beauties will make it big as America’s Next Top Model?

— Holly Lauren Beedle is an established designer who has designed for luxury brands in New York City and Philadelphia since her graduation from Moore College of Art & Design in Philadelphia. She can be contacted by e-mail at yourladybyholly@gmail.com.

Observers have noted a resurgence in brown pelican numbers in many beach communities like Pacific Beach and Mission Beach.

The environmental movement was energized by the publicity from the Santa Barbara Union Oil spill in 1969. The federal Migratory Bird Treaty Act of 1918 was the first legislation to protect seabirds.

The Endangered Species Act of 1966 permitted individual states to adopt regulations that would give greater protection to migratory birds.

Spokespeople from agencies like the U.S. Fish and Wildlife Department said they are aware of the situation with the brown pelicans near San Diego.

Expert opinions about the re-emergence of the bird’s numbers varies. Most experts agree that pelicans are just simply following the food supplies. Some say a heavy concentration of pelicans at local beaches makes it appear that their numbers are rapidly increasing.

“Just a one-degree difference in the water temperature makes a big impact on all life in the ocean,” Hughan said. “It’s just good that the pelicans are doing well.”

— John Fry may be reached at (858) 272-6655 or mail@johnfry.com.

LIFESTYLE

PAGE 8 | BEACH & BAY PRESS | JULY 21, 2011

A long line forms for a casting call at the Fashion Careers College on Morena Boulevard on July 8 for contestants eager to compete in Cycle 18 of “America’s Next Top Model.”

Courtesy photo by Ashley Tipton
Mission Bay High School (MBHS) is continuing the Mission Bay High School Institute of Teaching Excellence through Aug. 11. Funded by the Federal Magnet Grant for the international baccalaureate (IB) program at MBHS, this professional development program for teachers, administrators and counselors focuses on instructor technology proficiency, IB training and pedagogy of cultural proficiency. With over 90 percent MBHS teachers and staff attending the training, this conference will strengthen knowledge of the IT equipment and applications, as well as continue expansion of the International Baccalaureate programs at the high school.

Lifeguards step up big when busy summer weekends surface

By JOHNNY MCDONALD | Beach & Bay Press

San Diego Lifeguard Services Lt. Nick Lerma referred to the more than 730 rescues on the Fourth of July weekend as the “Super Bowl of life guarding.” Emergencies were huge, he said.

Now, with the prospects of warmer weather, he anticipates this could be a banner summer. Maybe few more rescue “super bowls” are in store.

“We had just about the same number of beachgoers last year [during the Fourth of July weekend] but the overcast and cold water conditions [last year] kept people ashore,” he said.

Obviously, lifeguards had less to do and kept jackets on during that time. Lerma is in charge of 100 lifeguards who scan from the towers from north to south Mission Beach, handling the sometimes-wayward public that doesn’t heed posted warnings or loudspeaker announcements.

The lifeguard’s playbook under-scores three activities, called the rescue triad.

“It deals with wave length, air and water temperatures,” said Lerma. “Waves will tell us where the rip currents are. If air temperatures are in the 90s inland they’ll be in the high 70s on the beach.”

Lerma said he anticipates a high volume of rescues this summer, noting warm air and water temperatures will contribute to beach and lifeguard stress.
Lifeguard officials reported 738 water rescues over the just-concluded Fourth of July weekend — more than three times the number of rescues made in 2009 and 2010. Medical aids also doubled from the same period in 2010.

Ocean traffic volumes. “The problems begin after visitors find parking,” he said. “The average family will put down blankets unaware of any surf warnings. Many families lack swimming capabilities and don’t know how to handle rip currents.”

As the water warms, swimmers may have to deal with additional issues like stings from rays or jellyfish.

On the South Mission tower, lifeguards are also responsible for boating problems, dealing with breaking waves in the canal entrance to the bay.

For the more experienced water adventurers, Lerma said San Diego is a great place for surfing, scuba diving and boating.

As far as staffing issues, there is a variety of staggered shifts and stations close at sunset. A four-person crew is on duty for night aquatic responses. The San Diego Fire-Rescue Department’s Lifeguards Services division is a 24-hour rescue agency that patrols three miles offshore and conducts coastal cliff rescues, underwater searches and recoveries, swiftwater and flood search and rescue, as well as emergency medical responses.

Lifeguards also handle enforcement of city, state and federal laws and regulations, through prevention, citations and arrests.

Lifeguards are required to set up and tear down each day. Duties include vehicle and water craft readiness and gathering those orange buoys.

Professional life guarding in the city of San Diego started in 1918 with five lifeguards in Ocean Beach and Mission Beach.

Previously, they were part of the police and recreation departments. The Junior Lifeguard Program, aimed at youths ages 9 to 17, is an extremely popular outreach program conducted each summer with an annual attendance exceeding 500 young men and women.
As is the case every year during the Over the Line Tournament, thousands of spectators set up lawn chairs and hauled in coolers as they spent the day in the sun watching teams go head-to-head in double elimination. The competition boasted 10 age divisions, drawing some competitors in their 70s.

Nearly 4,000 athletes made up more than 1,300 three-person teams during the Over the Line Tournament this year. The teams played on 50 courts set up across the sands of Fiesta Island over two weekends. Entries have come from as far away as Canada, South Florida, San Antonio and Hawaii.

Some teams, like this one garbed in shorts, headbands, tuxedo vests and bow ties, took the competition very seriously. Here, a player shows his determination as he sprints for – and snags – a fly ball.

OMBAC officials monitor the brackets and standings on each of the 50 courts during the two weekends of the 58th annual Over the Line Tournament.
Looking ahead

The ninth annual Pacific Beach Concerts on the Green series, presented by the Pacific Beach Town Council and the Pacific Beach Community Foundation, is about to get under way. The four-week concert series takes place on Sundays from 4 to 6:30 p.m. at Kate O. Sessions Park. The 2011 concert series lineup includes:

- July 24 — Blue Breeze Band: Motown, R&B, soul, funk and jazz
- July 31 — Stoney B Blues Band: Blues
- Aug. 7 — Candy Kane with Sue Palmer: Boogie Woogie and blues

For more information, visit www.pbcconcerts.org.

Victory Gardens San Diego will offer an eight-week “Gardening 101” garden education course at Christ Lutheran Church, located at 4761 Cass St. in Pacific Beach. The course will include designing and building a community garden on church property. The class will meet on Thursday evenings from 5:30 to 7:30 p.m. beginning Aug. 18. The course is open to the community. The cost for the eight-week course is $50. Victory Gardens San Diego is a non-profit organization that helps people start growing their own food. To learn more about the group, visit www.victorygardenssandiego.com. For more information about the course and to register, call (858) 483-2100.

Car enthusiasts will get another chance to visit the Charger Shere Wild Rides & Classic Car Showdown event when it returns to Pacific Beach on Aug. 21 from 10 a.m. to 3 p.m. The event includes magicians, comics, singers, dancers and some of San Diego’s premiere automotive creations, including the Magiczskizniks nitro browning dragger and the flame-throwing Wild Thang. For more information, visit www.chargetrue.com.

Enjoy the Colors & Beauty of Old Town

This page is made possible by these fine businesses. To find out how you can participate, call Mike at (858) 270-3103 x 112

All Aboard for Old Town – Next Stop Stagecoach Days

It’s been over a century since the last stage line operated in San Diego. Beginning in 1857, stage lines passed through rural San Diego moving passengers, freight, and mail. These new services helped bring the outside world a little closer to this emerging frontier community that we know today as San Diego.

For four Saturdays in July and August, come join us as we celebrate travel and transportation in the era of real horse power – before the train and automobile. Imagine yourself traveling down dusty dirt roads either by horse, wagon, or stagecoach making your way to San Diego in the 1860s.

Enjoy an afternoon filled with activities that reflect life in early San Diego and celebrate the West on the move. Through vignettes, demonstrations, living history activities, stories, and songs, visitors will gain an appreciation for early modes of transportation and daily life.

Stagecoach Days: Celebrating The West On The Move

Old Town San Diego State Historic Park. 12:00 p.m. – 4:30 p.m. FREE

July 16th – “Women of the West”

Women played an important part in the development of the West. Some of the daily activities of these women will be demonstrated.

July 23rd – “Innocent Amusement”

Brings back memories of traditional games of the time.

July 30th – “Local Color”

Local colors of the 1860s are demonstrated by local residents.

August 6th – “American West”

The amusement park of the 1860s pays tribute to traditional games of the time.

August 13th – “California Day”

The unique “California” cultural elements will be presented again this Saturday.

August 20th – “TwainFest”

The festival marks the mid-101 years of Mark Twain’s passing and celebrates the American author as well as some of his peers. Excerpts from famous works will be read aloud by costumed San Diego actors at a variety of park venues throughout the day. For more information, go to www.sandiego.gov/oldtowndays

For more information, go to www.victorygardenssandiego.com.

VOTE FOR YOUR FAVORITE!

Vote online at beachandbaypress.com

Submit this ballot for a chance to Win Dinner for Two ($100 value)

Rider Rules: You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing.

- Mail or hand deliver your ballot to: Beach & Bay Press, Readers’ Choice Awards, 1621 Grand Ave. Suite C, San Diego CA 92109.
- Ballots must be postmarked, submitted online, or hand-delivered, by Thursday 08/12/11.
- One ballot per person.
- Limited to 92109 zip code
- Ballots must be postmarked, submitted online, or hand-delivered by Thursday 08/12/11.

Dining

- American
- Appetizer
- Bagel Shop
- Bar
- BBQ
- Beer Selection
- Best Wine Selection
- Breakfast
- Burger
- Burrito
- Cafe/Coffee Shop
- Catering
- Chicken Wings
- Chinese Restaurant
- Comfort Food
- Deli/Sandwich
- Desserts
- Dinner
- Family Restaurant
- Fish Tacos
- French
- Frozen Yogurt
- Greek
- Happy Hour
- Ice Cream/Gelato
- Irish
- Italian
- Juice Bar
- Late Night Eatery
- Live Music & Dancing
- Lunch
- Margarita
- Martini
- Mexican Restaurant
- Most Romantic
- New Restaurant
- Ocean View
- Overall Service
- Overall Restaurant
- Patio Dining
- Pet Friendly Restaurant
- Pizza
- Place for a B-Day Party
- Place to Go on a Budget
- Place to People Watch
- Seafood
- Sports Bar
- Steak
- Sushi
- Thai
- Vietnamese
- Shopping & Services
- Art Gallery
- Auto Repair
- Bank
- Bicycle Shop
- Chiropractor
- Computer Repair
- Contractor
- Architect
- Day Spa
- Eyewear
- Florist
- Furniture Store
- Hair Salon
- Hotel
- Men’s Apparel
- Nail Salon
- Optometrist/Ophthalmologist
- Pet Hospital/Vet
- Place with Unusual Gifts
- Printer
- Resale Shop
- Shipping/Packaging
- Shoe Store
- Skate Shop
- Smog Check
- Surf Shop
- Swimmuts
- Women’s Apparel
- Workout Spot
- Weight Loss
- Yoga Facility

READERS CHOICE AWARDS 2011

Vote online at beachandbaypress.com

ENTRY RULES: You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing.

- Mail or hand deliver your ballot to: Beach & Bay Press, Readers’ Choice Awards, 1621 Grand Ave. Suite C, San Diego CA 92109.
- You may also submit your vote online at: www.beachandbaypress.com. (Look for the banner ad advertising the readers choice awards)
- 50% of the ballot must be complete to be counted in the drawing.
- One ballot per person. Limited to 92109 zip code
- Ballots must be postmarked, submitted online, or hand-delivered, by Thursday 08/12/11

CONTACT INFO (must be filled out for your votes to be counted and to be entered in the drawing):

Name: ____________________________
Address: ____________________________
City / Zip: ____________________________
Daytime phone: ______________________
E-mail: ____________________________

Win Dinner for Two ($100 value)
Summer Is Berry, Berry Good
Summer is when we enjoy two of life’s greatest pleasures: good friends and good food. At Ocean Beach People’s Organic Food Market, the produce department is the place to go for your summer refreshment needs. From July 30 from 4 - 5:30 p.m. with an artist’s reception chock full of great art, a spread of the organic fare from the market’s display, and fabulous live jazz from the Chuck Walker Trio. The event is free of charge so please, don’t be shy! on your way to the beach—

Located at 4765 Voltaire Street and open daily, from 8 a.m. to 9 p.m., Ocean Beach People’s Organic Food Market, the produce department is the place to get your summer refreshment on these long warm days.

**ANNOUNCEMENTS 100**

v calendar/events

v SPACE-AR-T SHARK Floyd Flannel

v 1-800-MY-MOBILE

v HELP WANTED

v general help wanted

Located at 4765 Voltaire Street and open daily, from 8 a.m. to 9 p.m., Ocean Beach People’s Organic Food Market, the produce department is the place to get your summer refreshment on these long warm days. From July 30 from 4 - 5:30 p.m. with an artist’s reception chock full of great art, a spread of the organic fare from the market’s display, and fabulous live jazz from the Chuck Walker Trio. The event is free of charge so please, don’t be shy! on your way to the beach—

Located at 4765 Voltaire Street and open daily, from 8 a.m. to 9 p.m., Ocean Beach People’s Organic Food Market, the produce department is the place to get your summer refreshment on these long warm days.
OPEN HOUSE DIRECTORY

**LA JOLLA**

- **Sat 1-4 Sun 12-4pm**
  - 7612 Eads Ave.
  - 3BR/3BA
  - $429,900
  - Alex De Rosa • 858-752-8083

- **Sat & Sun 1-4pm**
  - 1833 Caminito Marzella
  - 3BR/2.5BA
  - $1,000,000-$1,200,876
  - Brian Schrader • 858-459-0202

- **Sat & Sun 1-4pm**
  - 8301 La Jolla Scenic Dr.
  - 2BR/2BA
  - $950,000-$1,000,000
  - John Francois • 858-888-8011

- **Sun 1-4pm**
  - 9850 Thoroughbred Dr.
  - 3BR/3BA
  - $1,129,000
  - Lisa Ashkins • 858-888-2117

- **Sat & Sun 1-4pm**
  - 3120 Bremerton Place
  - 4BR/3BA
  - $895,000
  - Cher Conner • 858-361-8714

- **Sun 1-4pm**
  - 3152 Harding Place
  - 2BR/2BA
  - $705,000
  - Michael Brimley • 619-847-3863

- **Sat 11-5pm**
  - 1652 Portobelo Ct.
  - 3BR/3BA
  - $399,900
  - Iberia Enterprises • 619-518-2755

**PACIFIC BEACH / MISSION BEACH / CROWN POINT**

- **Sat 7 Sun 1-4pm**
  - 1921-1929 Felspar St.
  - 3BR/3.5BA
  - $489,000-$515,000
  - Kathy Evans • 858-488-7355

- **Sat & Sun 1-4pm**
  - 1280 Ocean Blvd.
  - 3BR/3.5BA
  - $795,000
  - Philip Carrillo • 858-243-5884

- **Sat & Sun 1-5pm**
  - 3992 Draper Ave.
  - 1BR/1BA
  - $599,000
  - Brian J. Lewis • 619-300-5032

- **Sun 1-4pm**
  - 704 Archer St.
  - 3BR/2.5BA
  - $1,690,000
  - David Schroedl • 858-459-0202

- **Sun 1-4pm**
  - 811/815 Aspin Ct.
  - 4BR/3BA, 2 Units
  - $1,295,000
  - Tami Fuller • 619-226-8264

**POINT LOMA / OCEAN BEACH**

- **Sun Sat 11-4pm**
  - 3320 Kellogg St.
  - 3BR/2.5BA
  - $2,275,000
  - Robert Realty • 619-852-8827

- **Sat & Sun 1-4pm**
  - 3109 Lawrence St.
  - 3BR/3BA
  - $2,275,000
  - Robert Realty • 619-852-8827

- **Sat & Sun 11-4pm**
  - 1051 Beryl St. #D
  - 1BR/2BA
  - $539,000
  - Kristen Miller • 619-852-8827

**POINT LOMA / OCEAN BEACH**

- **Sun Sat 11-4pm**
  - 3320 Kellogg St.
  - 3BR/2.5BA
  - $2,275,000
  - Robert Realty • 619-852-8827

- **Sun & Sat 1-4pm**
  - 3972 Draper Ave.
  - 1BR/1BA
  - $539,000
  - Kristen Miller • 619-852-8827

**UCSD**

- **Sat 1-4pm**
  - 3285 Willard St.
  - 4BR/3BA
  - $815,000
  - Tony Foyne • 858-688-1177

**CARMEL VALLEY**

- **Sun 12-4pm**
  - 12607 E Camino Real 4C
  - 3BR/2.5BA
  - $550,000
  - Maryl Wrightman • 858-354-2913

**MISSION HILLS**

- **Sun 1-4pm**
  - 5035 Ashley Falls Court
  - 2BR/2BA
  - $1,222,000
  - Patty Cohen • 858-414-5555

**NORTH PARK**

- **Sun 1-4pm**
  - 2868 Thorn St.
  - 2BR/2.5BA
  - $599,000
  - Lisa Ashkins • 858-888-2117

**TIERRASANTA**

- **Sat 1-3pm**
  - 6152 Portobelo Ct.
  - 3BR/3BA
  - $399,900
  - Iberia Enterprises • 619-518-2755

**PACIFIC BEACH / MISSION BEACH / CROWN POINT**

- **Sat 12-4pm**
  - 3917 Ocean Front Walk
  - 2BR/2BA
  - $3,395,000
  - Stacy Studebaker • 858-349-3075

- **Sat & Sun 1-4pm**
  - 811/815 Aspin Ct.
  - 3BR/3BA
  - $3,950,000
  - Brian Brumley • 858-361-5561

- **Sun 1-4pm**
  - 704 Archer St.
  - 3BR/2.5BA
  - $1,690,000
  - Tami Fuller • 619-226-8264

- **Sat & Sun 1-4pm**
  - 811/815 Aspin Ct.
  - 2 Units
  - $1,295,000
  - Tami Fuller • 619-226-8264

- **Sat 1-4pm**
  - 740 Archer St.
  - 3BR/2.5BA
  - $1,690,000
  - Tami Fuller • 619-226-8264

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  - Cell: 619.977.4334
  - www.berniesona.com
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- www.mbreare.com

**PACIFIC BEACH**

- **New Condos**
  - Mon-Set Roof Deck
  - Views
  - 2 Bedrooms, 2.5 Baths
  - Solar Electricity
  - Stainless Appliances
  - Granite Counters
  - 2 Car Garages

**La Jolla Village**

- Selling a lifestyle, not just a fabulous 4 year new 2,242 sq ft
  - 7530 Draper Ave #3
  - 3BR townhome with private elevator and 3 car garage. Shop, dine, then leisure stroll home.

**La Jolla Village**

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Situated just 4 blocks to the Beach this wonderful 2BR/2.5BA townhome features gleaming hardwood floors, a newly remodeled kitchen with granite counters & stainless steel appliances, updated baths and 2 fireplaces. With direct access to the attached garage this wonderful residence is a rarity in North Pacific Beach. Absolute mint move-in condition!

Seller will entertain offers between $525,000 & $575,876
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Wonderful 4BR/2BA single level home featuring beautiful hardwood floors, vaulted ceilings and built in entertainment center in living room. Skylights provide natural light in family room. Tropical paradise in pool-size backyard with built in BBQ and bar. Huge dining room opens to large, lush yard for summer parties. Kitchen features Sub zero refrigerator, large center island, tons of counter space and pantry space. Located on a quiet cul-de-sac.

Offered at $895,000
www.2108Belloc.com

Welcome Home!
Completely remodel in 2008. This 5BR/3BA home features hardwood floors, large formal dining room, gourmet kitchen with oversized center island, stainless steel appliances and beautiful granite countertops. Generously sized bedrooms. Expansive, private backyard and garden perfect for summer entertaining. All on a quiet cul-de-sac in North Pacific Beach.

Offered at $1,150,000
www.5235Yost.com

Casual Elegance
Your private oasis awaits behind the gates and scented gardens of this gorgeous 3BR/3BA home in the La Jolla school district. Walk to beaches, shops, and Bird Rock Elementary. Open great room features, eat-in kitchen with granite counters and stainless steel appliances, family room with fireplace and spacious dining area. Enhance your productivity in the large office/library with vaulted ceilings, or let the jets of the spa relax you in the luxuriously appointed master suite that boasts a fireplace, sun deck and walk-in closet. Swim in the endless pool surrounded by tropical foliage.

Offered at $999,000
www.834Archer.com

I have many qualified buyers searching for properties in La Jolla and Pacific Beach. These buyers are pre-qualified and ready to purchase. They are looking for the following:

• 2+ bedrooms, 2+ baths priced under $900,000. A fixer is fine.
• Duplex close to the beach between $700,000-$900,000. A fixer is fine.
• 3+ bedroom, 2+ bath home priced under $1,000,000 with a yard. I have 5 different clients looking for a property such as this!