La Jolla’s big wave surfer gets big time recognition

JoJo Roper — famous in San Diego by both his skills as a big wave surfer and by his father Joe’s legacy — says the feeling of riding a 40-foot wave is somewhat akin to the heart-in-the-throat reaction typically caused by an airplane dropping as it begins its descent.

“If your surfboard is connected to the wave and it’s a super steep take-off and you’re in the most critical position on that wave that you can be... it’s that weightless, not knowing what’s going to happen feeling,” said Roper, who lives in La Jolla and works at his father’s surfboard repair shop in Kearny Mesa.

Last month, Roper was nominated for Surfer Magazine’s Heavy Water Award and serves as a top competitor in World Surf League’s Big Wave Tour 2018. This has earned him recognition as one of last year’s Boldest and Bravest Big Wave Surfers.

Due to lawsuit, plan stays in legal limbo

It ain’t over till it’s over. That famous Yogi Berra quote applies to the situation with the La Jolla maintenance assessment district, which has been tied up from being implemented for more than a year by an ongoing court lawsuit.

The initial judicial verdict sided with the plaintiffs, a landlord group known as the La Jolla Benefits Association. LJBA argued the MAD was unlawful because it essentially constitutes a second tax on services the city is already obligated by its charter to provide.

In a Nov. 30, 2017 judgment, San Diego Judge Randa Trapp ruled the La Jolla MAD was unconstitutional. “The general public should not be required to pay for special benefits for the few, and the few specially benefited should not be subsidized by the general public,” Trapp stated.
SAFFRON THAI LA JOLLA
Where: 1055 Torrey Pines Road.
Hours: 11 a.m. to 9 p.m. daily.
Info: 858-263-4324.

Some of the Saffron Thai menu items available are Thai grilled chicken, to stir fries, salad rolls and curry wraps.

La Jolla Rotary clubs gather for annual meeting

Despite the fact that the group has been around for 114 years, the group began its fight against polio in 1979. Forty years later, Rassin says the group is still fighting battles, but the war is almost won.

"Every Thursday, I get the national polio report, and ever Thursday, I hate opening my email," he said to the crowd of dozens of local Rotary members at the Braille Institute, "I know a lot of us are frustrated. There were 29 reported cases last year, up from the 22 reported the year before. But yesterday the polio report reported no new cases, and that’s two weeks in a row."

"I believe we’ll see our last case of polio in 2019."

While eradicating the disease that impacted hundreds of thousands of people in the 1980s was Rotary International’s main priority, Rassin was not one to forget all the other kinds of good its members do in the world. For instance, they train about 100 people a year in peace conflict resolution.

"I believe we’ll see our last case of polio in 2019."

While eradicating the disease that impacted hundreds of thousands of people in the 1980s was Rotary International’s main priority, Rassin was not one to forget all the other kinds of good its members do in the world. For instance, they train about 100 people a year in peace conflict resolution.
LA JOLLA: Panoramic Ocean View & Fruit Trees in Upper Hermosa. 5bd/4.5ba. 4,620 sf. $3,799,000

LA JOLLA: $8,950,000. Agent: Natalie McGhie
A Contemporary Estate - New Construction on Camino De La Costa

BAY PARK: 3bd/2.5ba. 1,473 sf. REDUCED! $769,000
OPEN HOUSE: 1255 Gertrude St., San Diego, CA 92110 Sun 1/27 1-4pm

LA JOLLA: 4+1bd/2.5ba. 3,097 sf. $2,250,000
Open House: 7355 Caminito Bassano E, La Jolla, CA 92037 Sat 1/26 2-4pm

Pacific Gate High-Rise Living - 28th Fl: 2bd/2ba. 1,602 sf. $1,595,000. Agent: Natalie McGhie

Pacific Gate Luxury Penthouse - 38th Fl: 3bd/3ba. 2,450 sf. $2,975,000. Agent: Natalie McGhie

BAY PARK: 3bd/2.5ba. 1,473 sf. REDUCED! $769,000
OPEN HOUSE: 1255 Gertrude St., San Diego, CA 92110 Sun 1/27 1-4pm

Gregg Whitney
Cal BRE#01005985
858.204.6161
Gregg@GreggWhitney.com

Billionaires Row
La Jolla architect submits plans to transform Marine Street Beach

ERIK HOLTSMARK
LA JOLLA ARCHITECT

I would love to see something created out of this space that’s bothering me for so long. Turn an ugly dead-end, dangerous street into something nice, useful and attractive.

La Jolla architect submits plans to transform Marine Street Beach

ERIK HOLTSMARK
LA JOLLA ARCHITECT

If you were looking for Harry Martinez and Erik Holtsmark back in the 1950s, there was pretty much only one place you’d find them: Marine Street Beach, sitting on their surfboards, laughing and chanting to Neptune for some killer waves.

That was six decades ago, and even back then — when Holtsmark said they were lucky if they could find six people on the beach to play volleyball — the two friends talked about how the dead-end of Marine Street could be put to better use. Not only was it essentially just a place for beachgoers to illegally park, but access to the water was borderline dangerous.

Since the years have gone by and Marine Beach is “like Coney Island” in the summertime, safe access has become even more important, according to Holtsmark. He’s experienced the issues of the old single staircase to the beach firsthand.

“It’s a terrible little stairway down,” he said. “It’s one time I actually had a speargun to his side, and I had to help try to carry him up those stairs to the ambulance above.”

Holtsmark, who was 16 when that happened, believes it’s time for a spot, as well-frequented as Marine Beach, to get some upgrades. Being in the construction and building business since he was 12, he decided to draw up some plans of what his ideal use of the land would be.

The project is called Marine Memorial Mall, and it includes three loading spots for cars, a parking spot for emergency vehicles, two fountain pools in the shapes of a heart and a stomach, statues of Neptune, seals, pelicans and other sea life, one waterfall, a large chess and checker board, a wading pool, elevated benches for prime ocean viewing, a handicap elevator ramp, public restrooms, an area for vending machines, an upgraded lifeguard stand and, of course, a safe staircase to the beach.

While he acknowledges that it’s a lot for one park, Holtsmark estimates that it could all be done for $4.5 million. That price tag excludes all the benches, chairs, statues, plaques and murals, which would be covered by people looking to purchase dedications. Which is, coincidentally, how this all got started.

In an attempt to help a friend fund a bench along the La Jolla coastline to dedicate in memory of her husband, Holtsmark said he was denied three times by the San Diego Department of Parks & Recreation.

That’s when he realized that his friend’s memorial bench and his decades-old idea for Marine Street could be combined. Plans were drawn up, and he submitted the proposal for Marine Memorial Mall to both the San Diego Department of Parks & Recreation and the La Jolla Parks & Beaches. He was invited to present his idea in front of the board at their next meeting, which is at 4 p.m. on Jan. 28 at the La Jolla Recreation Center, 615 Prospect St.

“I would love to see something created out of this space that’s bothering me for so long,” Holtsmark said. “Turn an ugly dead-end, dangerous street into something nice, useful and attractive.”

Sadly, Harry Martinez won’t be able to see the space that he and Holtsmark used to talk about transforming when they were kids. After graduating from San Diego State University, he went into the military and became a captain in the United States Air Force. He flew more than 60 missions in Vietnam before he died in a crash while flying a fighter jet. He was 29.

But even though Martinez isn’t around, Holtsmark said he probably would like his idea: “We always talked about how something should be done.”

And after six decades, something might be.

Village Merchant Association holds meetings on strategic planning

In December, La Jolla Village Merchant Association voted on how best to bring business to La Jolla Village.

In January, the merchant group approved a “game plan” for accomplishing that.

On Dec. 12, La Jolla’s business improvement district broke into interactive small groups to brainstorm ideas in several strategic areas — organization, economic vitality and merchant development, design and ambiance, and promotion, marketing and publicity.

“We need to create a better experience for our customers when they come to the Village,” pointed out LJMA executive director Jodi Rudick. “It’s about heads in beds, and feet on the street.”

Rudick noted everything LJMA does in strategic planning has to favorably answer the question, “Does this idea bring business to the Village?”

“If we focus on that — we’ll be successful,” Rudick said.

On Jan. 9, LJMA president Brett Murphy unveiled the final 2019 Strategic Plan Initiatives list which included:

• Creating a shop local discount program;
• Developing a media kit/rate card;
• Recruit student interns/volunteers;
• Develop an associate member category;
• Develop a parking plan with creative solutions;
• Host education workshops;
• Increase and promote merchant resources on the website;
• Upgrade design amenities (benches, flowers, trash cans, etc.);
• Improve lighting;
• Improve storefronts;
• Promote monthly events;
• Host partnership with third civic groups;
• Coordinate events to create a marketing plan;
• Correct negative misconceptions about La Jolla.

Current LJMA president Brett Murphy noted consistency is a prime concern.

“We need to consider feedback we got from the tourism authority in planning great events people will want to come out to,” he said. “We need to be consistent. If we have an event every Friday night, it can’t be pie in the sky. It needs to be consistent, so everybody knows what’s happening.”

Grant Wright of (W)right on Communications noted branding was a key component of promotion.

“Branding is what people say about you when you leave the room,” Wright quipped adding, “If you try to be everything for everybody — you end up being nothing for nobody.”

Wright, who’s PR firm handles destination marketing for places like Yosemite, pointed out it’s important to be selective about what segment of the market is being targeted. He also cautioned that, “A slogan is not a brand.”

“There really is no brand for La Jolla anymore,” Wright contended, adding, “La Jolla needs to refine, define and polish its brand.”

LJMA vice president Don Parks said there is a need for “removing negative connotations about parking.”

LJMA board member and hotelier Laurin Durisee suggested existing valet parking could be built upon to help people realize parking exists throughout the Village in both above- and below-ground lots.

“It’s a true Village now because the merchants are helping themselves and getting to know their neighbors,” Durisee noted.

READ MORE ONLINE AT sdnews.com

MAD

CONT. FROM PG. 1

However, a turnabout occurred months later on June 27, when Judge Trapp revisited her previous ruling on the MAD’s unconstitutionality. The second time around, Trapp determined the benefits association “had no standing in the case.”

In law, standing is the term for the ability of a party to demonstrate to court sufficient connection to, and harm from, the law or action challenged to support that party’s participation in the case.

Defendants in the case are Enhance La Jolla, a group formed to manage the MAD should it survive legal challenge, and the City of San Diego.

In recent La Jolla public meetings, MAD proponents have been suggesting the battle is drawing to a close, and that tax monies might possibly be collected from residents and businesses within the special district in the near future.

“The news appears to be good, but I’d prefer to hold my public remarks until the city provides me in writing what the MAD needs to move forward,” said Ed Witt, Enhance La Jolla treasurer. “I’ll be able to give (more) accurate information in about a week.”

Asked whether the MAD case is nearly over, La Jolla landlord Lincoln Foster replied, “Not true. We are filing an appeal, which will take several months to be heard.”

Added Foster: “The judge erred in her determination, which reversed her earlier ruling in our favor. There is a case precedent in Golden Hills from the appellate court, which sustains our position.”

Maria Severson of the law firm Aguirre & Severson, LLP which is representing LJBA, said an appeal of the MAD lawsuit was filed Jan. 4.

Severson doubts the city will allow funding for the MAD to be collected any time soon.

“After the judge initially found it unlawful, the city stopped collecting (MAD assessments),” Severson said. “They said they were not going to do that. They then returned the funds that had been collected.

“I would be surprised if the funds would be collected until the appeal is over. To collect the funds, while the case is on appeal, would be like a yo- yo.”

Severson added the appeal could take up to 18 months to complete.

“We’re hoping it will be heard within the year — but it could be longer,” she added. “It probably will be heard in 2020, more likely.”

Enhance La Jolla has said the new MAD would privately fund and construct projects in public spaces, ensure ongoing maintenance services and enhance the Village’s beauty and quality of life. Enhancement projects could include sidewalk power washing, replacement of city-owned trash cans, weed abatement, landscaping improvements, graffiti removal and gutter sweeping.
Spiny lobster season breeds poachers off La Jolla

**Dr. Dave Schwab** | LA JOLLA VILLAGE NEWS

We’re in the middle of lobster season, from October through the first Wednesday after March 15, which means poaching of the crustacean, and of protected marine species in general, is on the uptick.

Having a seasonal “take” is designed to protect the California spiny lobster, which can live 50 years and grow up to 25 pounds, from being overfished during their summer reproductive cycle.

But there’s incentive to take advantage of the rules for catching lobsters—or avoid those rules all together. At a market value of $20 a pound, even the typical two- or three-pound specimen is worth catching.

Unlike its East Coast counterpart, however, the spiny lobster doesn’t have claws. But it’s still tricky snaring one, especially given divers are asked to show it by officials after diving.

Plopper noted it is important to preserve the integrity of MPAs because, “These are proven replenishment zones where the fish populations are coming back.”

**RULES FOR LOBSTER CATCHING**

- Catch lobsters by hand. No nets, spears or other tools allowed.
- Lobsters must be a certain length, giving the chances to grow into adults and spawns. Spiny lobsters must be at least 3.25 inches from eye socket to the rear end of the shell to catch them legally. No measuring on shore is allowed.
- You can only catch lobsters you plan on eating. The lobster must be kept in a whole, measurable container until being prepared for immediate consumption. That means you must have a cooler or other storage facility waiting on shore to transport them into.
- You’re only allowed to catch seven spiny lobsters in one outing while diving in San Diego. You must document this on a spiny lobster report card that you get through the California Department of Fish and Wildlife. Keep this report card with your fishing license in case you are asked to show it by officials after diving.
- Residents and visitors alike (16 years and older) are required to have a valid California Sportfishing License.
- “It’s not lobster poaching that’s so much of a concern as it is poaching of any species within a Marine Protected Area,” said Plopper, who noted that includes day-tripper boats escorting paying clients on fishing trips that sometimes stray illegally into MPAs.

“That’s poaching,” noted the Wildcoast spokesman, who warned penalties for illegal poaching of lobsters, or anything else, in an MPA are stiff.

“Fines can go from $100 to $1,000,” Plopper said, while pointing out those fines are relatively small considering day-tripper boats can make $10,000 to $20,000 on a good excursion.

The wildlife conservationist noted there have been some very high-profile cases of successful prosecution of lobster poaching.

“We had one instance where somebody took 250 spiny lobsters out of the South La Jolla MPA and was prosecuted by the City Attorney and thrown in jail,” Plopper said. “That’s poaching on a commercial scale, and lobsters like that end up on the black market, and in some cases, consumed illegally.”

Poaching is most prevalent in San Diego during summer months, said Plopper.

Plopper noted it is important to preserve the integrity of MPAs because, “These are proven replenishment zones where the fish populations are coming back.”

**How do I catch lobster?**

- Use an extension with a smaller attachment size.
- Choose a shade that works well with the skin and color.
- If you are changing the level of the client’s hair, choose a shade that works well with the skin and color.
- Hair is not damaged and can hold the weight of the hair extensions.
- The bonds are an extremely high-tech method of bonding the hair extensions and their own natural hair.
- The hair extensions and their own natural hair are attached to your natural hair by using a safe, all-natural, keratin protein bond application system.
- Judy uses Great Lengths® all-natural hair extensions and proffes these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein to the same molecular structure as your hair. This is an extremely high-tech method of bonding the hair strand to your own hair. Whether creating a new look, following fashion or with a special occasion on the horizon, Judy’s hair extensions have over 55 colors to choose from and blend with your own hair for perfect color matches.

**Can hair extensions damage my hair?**

No, they will not. Actually, very fine and damaged hair can become healthier if you’re wearing hair extensions because they will protect your hair from things that could damage it like cutting irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension methods that bond too tightly to your hair. Most people don’t even notice a difference between the hair extensions and their own natural hair. Those old methods can lead to hair breakage when being removed.

Judy’s La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system. How do I maintain my extensions at home and between visits to the salon? Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very similar to how you style your hair without extensions. Contact Judy in La Jolla today for answers to any more of your hair extensions questions.

Judy Judy Judy Hair Salon
7734 Herschel Suite P, La Jolla hairextensionsofjolla.com
858-456-2344
Call today to receive

Women with hair loss can have thick and healthy hair and look years younger!

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair.

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. Once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

How do you match extensions to a client's existing color?

If you are blending colors, choose extensions that are at the same level of color as the client’s own hair. If you are changing the length of the client’s hair, choose a shade that works well with the skin tone.

How do you customize extensions for a client with thinning hair?

Use an extension with a smaller attachment size and a single-strand application process so the hair is not damaged and can hold the weight of the extension. This will give natural looking volume and length to thinning hair.

**What type of hair extensions do you use?**

Judy uses Great Lengths® all-natural hair extensions and proffes these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein to the same molecular structure as your hair. This is an extremely high-tech method of bonding the hair strand to your own hair. Whether creating a new look, following fashion or with a special occasion on the horizon, Judy’s hair extensions have over 55 colors to choose from and blend with your own hair for perfect color matches.

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New laws for California that took effect on Jan. 1

**Dr. Dave Schwab** | LA JOLLA VILLAGE NEWS

The new year brings many changes, including new laws addressing everything from surfing to gender identification, drunk drivers, cutbacks on plastic straws and the types of animals that can be sold to pet stores.

Here are some new laws:

- Dogs, cats and rabbits sold in pet stores are now required to be obtained only from animal shelters or rescue groups.
- People applying for a license or identity card can select their own gender, female, male or non-binary. Those choosing “Not binary” will receive a card with an “X” gender category.
- Surfing has been designated as California’s official state sport.
- Kids meals in most restaurants must now have a milk- or water-based beverage as the default choice and a parent must request a soda for the child.
- A defendant under the age of 16 can no longer be tried as an adult sending them to prison instead of a juvenile detention facility.
- People over age 18 will no longer need to use a helmet to use a motorized scooter.

**Women with hair loss can have thick and healthy hair and look years younger!**

**Make the Right Choice Senior Living**

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop today’s most highly desired living environment for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see the difference we make in making your final choice. Make the Right Choice Today.

For more info call (619) 246-2003 or go to the website.

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On a small or large scale: Today’s climate change impacts all countries

By Natasha Josefowitz, Ph.D.

We often hear about the effects of climate change in the U.S.—floods, fires, droughts, shrinking coast lines, and sinking islands—but we don’t hear much about how it affects other countries. I have dual citizenship (U.S. and Switzerland), therefore, I get the Swiss local news which is not usually found in American papers. The following is from “Revue Suisse” (November 2018): In Switzerland this year, it has been not only the hottest since 1864, but also the driest. The water reservoirs in the Alps are depleted. Aest. The water reservoirs in the Alps have been admitted temporarily and 3,000 more are waiting to be registered. There is a backlash from Swiss citizens who want to see these groups deported. Their integration is made more difficult because of substantial language barriers which create a need for re-education. With the rapid increase of immigrants everywhere, this has become a global problem that so far has not found a viable solution.

Switzerland is also grappling with issues related to the transition from traditional to 21st-century culture. Twenty percent of the Swiss population is now Muslim, and one quarter is without any religious affiliation. This creates a problem with what to do with all the churches. In the past 30 years the number of Protestants went from 84,000 to 20,000, yet every village has its churches, which are costly to maintain. Some churches have been sold, others demolished. 200 now stand slowly disintegrating into ruins.

The scale of climate change affects the residents of small or large countries similarly. While glaciers are melting in Alaska, they are also melting in the Alps: individuals are being affected everywhere. Host countries are struggling to integrate people displaced by wars, ethnic purges, and economic instability. All societies are facing cultural evolution which challenges long-standing values and customs. Whether we live in a small village or a large city, today’s global issues will touch everyone.

I learned to ski in Switzerland. Now many of the winter resorts have closed or have a shorter season due to lack of snow. The house in Lausanne where my children grew up was sold last year after my first husband’s death. I still have my Swiss costume for the next masquerade party and a cow bell is hanging on a wall. I even used to know how to yodel! I just threw out my French teaching notes I used for my classes at the University of Lausanne…so little by little the distance is increasing between the years.

Reading about the drought in a country as lush as Switzerland, brought back fond memories from almost half a century ago of the rivulets gurgling in the meadows everywhere from which we drank, fashioning daisy chains for our hair, and blowing dandelions in the wind. “You can’t go home again!” A last bit of advice: bring a warm cardigan to drape over “the gown”.

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2019. Natasha Josefowitz. All rights reserved.
Canyon, was awarded $1 million in tion 50, which is sited in Rose needed infrastructure addition ben- UC San Diego Fire Station is a much- of San Diego $20.6 million and land for the new station on North Torrey construction permit. In exchange, the City of San Diego will build a 10,500-square-foot sta- tion prior to building or construction per- Development impact fees are one- which are development impact fees. fire engine. These funds are from a com- mit issuance. The public is invited to attend the event helps support UCLL base- University City news and community updates

Fire Station updates
UCSD Fire Station – The UC San Diego Fire Station is closer to being constructed. It has been approved for UC San Diego to provide the City of San Diego $20.6 million and land for the new station on North Torrey Pines Road at Northpoint Driveway, just south of Genesea Avenue.

In exchange, the City of San Diego will build a 10,500-square-foot station and pay for the equipment and the annual costs of operation. The UC San Diego Fire Station is a much-needed infrastructure addition benefitting the surrounding community.

New Fire Station 50 – Fire Station 50, which is sited in Rose Canyon, was awarded $1 million in capital improvement funding for a fire engine. These funds are from a facility benefit assessment (FBA) which are development impact fees. Development impact fees are one-time payments that must be paid prior to building or construction permit issuance.

Friends of the Library book sale
The Friends of the Library will hold a book sale from Thursday, Jan. 31 through Saturday, Feb. 2. The large assortment of books will help you stock up on children’s books, fiction, non-fiction, cookbooks, VHS and DVDs too. And it’s okay to own more than 30 books. Proceeds benefit the University Community Branch Library, located at 4155 Governor Drive. Hours are: Jan. 31 from 1 to 5:30 p.m., Feb. 1 from 9:30 a.m. to 5:30 p.m., Feb. 2 from 9:30 a.m. to 5:30 p.m.

Fast Times for UC Little League fundraiser
University City Little League will be having a Parent Night fundraiser on Saturday, Feb. 9, at Fast Times, located at 3065 Clairemont Drive. The event helps support UCLL baseball in the UC community. UCLL is a 100 percent volunteer organization which needs funding for equipment, uniforms, field improvements and umpires. The event starts at 5 p.m. with dinner, music, raffle, silent and live auctions. At 7 p.m., live band Chico’s Buzz starts performing. Cost is $25 per person, and includes dinner (tri-tip or veggie), and one raffle ticket. The fundraiser is for adults only, and is a good time to meet friends and fellow baseball lovers, and enjoy an evening supporting local baseball. More info at ucll.org.

Giving back: Girl Scouts paint electrical box
Standley Middle eighth-graders Lyla Thygerson and Tatiana Nagai, from Girl Scout Troop 3333 in University City, painted an electrical box as part of their Silver Award. The Silver Award is a project that addresses a community issue and leaves a lasting impact. The painted electrical box, which is located in the Marketplace shopping center near the intersection of Governor Drive and Regents Road, displays how trash from mountains and rivers goes into the ocean, harms animals, and causes pollution. Lyla and Tatiana believe it is important that people are aware of this issue because it affects everyone, and the fish and seafood we eat.

Lyla Thygerson and Tati Nagai, of Girl Scout Troop 3333, painted an electrical box as part of their Silver Award.

NEW PHARMACY OPENS IN LA JOLLA
CortexRx Wellness Pharmacy held its grand opening Jan. 16. Located at 7301 Girard St., the pharmacy will offer its customers an alternative to traditional pharmacies while providing high-quality prescription drugs and preventive care services, such as vaccination. The pharmacy will offer free consultations and samples for its clients. Hours are Monday through Friday 9 a.m. to 6 p.m. and Sundays 10 a.m. to 2 p.m. Call 619-246-6918 for more information.

HARBOR SEAL PUPPING SEASON PRESENTATION
A fun and informative presentation about the harbor seal pupping season, and about other ocean wildlife featuring video, slideshow, and lecture, will be presented by an award-winning filmmaker and seal education specialist from 1 to 2 p.m. on Feb. 2 at Mangelsen Images of Nature Gallery, 7916 Girard Ave.

BIRCH AQUARIUM’s ANNUAL WHALE FEST
La Jolla’s annual week-long celebration of all things cetacean will return to the Birch Aquarium at Scripps next month. Whale Fest – held from 10 a.m. to 3 p.m. Feb. 2-10 – pays homage to the migrat- ing gray whales in Southern California and all their fin-tastic cousins. Participants can become whale experts, discover local species, learn how to spot whales, get hands-on with bio- facts, meet real Scripps Oceanography scientists who study whales, create cute whale crafts and learn all about whale watching at the aquarium. For more infor- mation about the event, visit aquarium.ucsd.edu.
La Jolla doctor donates late father’s tissue to help Lyme disease research

La Jolla doctor donates late father’s tissue to help Lyme disease research

Dr. Sharon Wampler with her late father Whitfield (W.E.) Wampler.

Before today, La Jolla biochemist Dr. Sharon Wampler never spoke publicly about the controversy that plagued her father’s battle with Lyme disease. Sharon’s father, Whitfield (W.E.) Wampler, was age 92 when he passed away August of 2016. While it’s unknown exactly how long W.E. lived with Lyme, his more severe symptoms— including joint failure and loss of hearing and eyesight—spanned more than 10 years.

“I remember him looking at me while in the hospital and saying, ‘I don’t understand. Why can’t the doctors help me?’” said Sharon, who has worked many years in the biotechnology industry and who also lives with Lyme. “I had to explain to him that there’s not a drug that they can just fix. ‘Here, take this and you’re fixed.’ There’s so much more to it.”

The controversy, which has shadowed W.E. and other patients, like Sharon, with Lyme disease rests largely in the fact that the Lyme diagnostic tests are, according to Bay Area Lyme Foundation’s executive director Linda Giampa, “only 50 percent accurate.”

As stated by BAL, located in Portola Valley, Lyme disease is one of the “most common vector-borne infectious diseases” in the world and is found in 49 of the 50 United States (Hawaii being the exception). There are more than 329,000 new cases of Lyme occurring in the country each year.

“Lyme is very difficult to diagnose,” said Giampa. “The disease is only running around in the blood for a short period of time, and then it goes and hides in the organs and joints.”

“It’s The Great Imitator” she added. “ALS, MS and fibromyalgia are the most common misdiagnosis for people who actually have Lyme.”

Currently, the only test available for Lyme disease is a blood diagnostic, which does not register the Lyme bacteria (Borrelia Burgdorferi) that has already made it into the body’s tissue. Giampa and Sharon say this is why many people develop chronic Lyme disease and are sent home with “insufficient medication” and no knowledge of their true condition.

However, Giampa believes BAL will have a more accurate, tissue-based diagnostic test on the market in five years. In collaboration with National Disease Research Interchange (NDRI) and Columbia University, BAL launched the first ever tissue bank in the U.S. this past November.

Sharon’s father was the bank’s pilot donor, submitting tissue from his brain, spinal cord, heart, sciatic nerve, skeletal muscle, synovial membrane and eyes.

“I know people who have killed themselves from the physical pain that comes from living with Lyme,” said Sharon. “I’ve had friends call me who are bedridden from this asking for help and there’s a lot of emotions that come with that. But that’s why these tissue samples are so important. I really think this research could be the thing that saves them.”

In 2008 Sharon (age 41 at the time) contracted Lyme after being bitten by a tick during a trip in Heidelberg, Germany. She never contracted the infamous “bullseye rash” so Sharon tossed the tick and forgot about it. A month later, Sharon started getting headaches and sporadic joint pains. Doctors in San Diego tested her for lupus and arthritis, but the results showed no indication that there was anything wrong. Over the next six months, Sharon’s condition worsened as she was passed from doctor to doctor.

“My whole body hurt and my heart rate would go up,” said Sharon. “I just couldn’t figure out what was wrong. I was in the best shape of my life.”

Sharon was eventually tested for Lyme disease, and while the test came back positive, doctors said her results were “inconclusive.”

The test to see if the bacteria-fighting antibodies (Immunoglobulin G and Immunoglobulin M) were active came back both positive and negative. Her doctors dismissed the test and Sharon continued to get worse.

But when they both started working at the Kettner Exchange in Little Italy four years ago, they instantly reconnected over the cancers they battled as children that were now in remission.

“She came up to me and was like ‘Do you remember me? I’m Kristen from camp,’” Lacerva said. “Now we’re closer as adults than we ever were as kids.”

Much like their childhood, Gascon and Lacerva have supported each other through the tough times like when Lacerva faced and beat thyroid cancer in 2016 – and encouraged each other to give back to the community that gave them so much. Lacerva is the director of events for The Seany Foundation, a local nonprofit that’s raised more than $1.8 million in the fight against childhood cancer and took over CR4TS from the American Cancer Society six years ago.

In addition to volunteering as a camp counselor, Gascon is also lending a hand in Seany’s upcoming Get Well Soon Wellness Retreat. Held Jan. 26 at 11 a.m. at the Soledad Club, 5050 Soledad Road, the event includes a journaling exercise, gentle yoga, light meditation, and self-care techniques. While it’s open to everyone, Lacerva said it was created with the parents of children with cancer in mind.

“Doctors generally don’t understand diagnostic tests,” said Sharon. “They just know positive or negative, so they didn’t believe my test results and the doctor told me it was a false positive,” said Sharon. “He told me, ‘You don’t have Lyme disease.’”

“I was appalled as a scientist and as a patient how we were disregarded by these hospitals,” said Sharon. “I’ve definitely had to get over a lot of anger.”

BAL was the first research facility to donate all their resources to researching Lyme disease. Now their new tissue bank has been working hard to bring both physical and emotional healing to patients like Sharon and her father.

BAL has raised more than $50 million to fund Lyme research and Giampa says much credit is owed to Sharon, her father and the other 35 individuals who have donated their tissue samples.

“These things are heartbreaking, and we do get emotionally tied to the family and their story,” said Giampa, who is also working to develop a novel therapeutic for those already diagnosed with chronic Lyme. “These families want to help. They want to know the death was not in vain.”

Giampa says the biobank has been “tremendously successful” in that researchers who had never invested their time studying Lyme before now have the samples and the motivation they need.

READ MORE ONLINE AT sdnews.com

Seany Foundation hosts wellness retreat fundraiser at the Soledad Club

Like so many kids, Kristen Gascon and Tiana Lacerva met during summer camp, but unlike many kids, they were both battling cancer.

“Honestly, it was one of the best things that could have ever happened,” Gascon said, reflecting on her time at Camp Reach for the Sky. “It’s hard to have a normal childhood. Other kids don’t know what it’s like to not be healthy. Why can’t the doctors help me?”

CR4TS is a free summer camp based in Southern California that gives kids who are fighting cancer and going through chemotherapy a chance to connect, share similar experiences and have fun together. Gascon said it was a much-needed break from her battle with leukemia, which she was diagnosed with when she was 8 years old.

“At camp, it was okay to be bald and normal to go through chemo and be tired or not feel right,” she said. “It gave me back my childhood for a week because all we did was have fun.”

Some of her favorite memories include climbing the rock wall, attending the dance, playing in the pool and building a raft to kayak across the river. But the most important thing made during CR4TS was lifelong friendships.

Lacerva, who was diagnosed with lymphoma when she was 8 years old, remembers Gascon even though they weren’t particularly close during camp because they weren’t together for a lot of the activities.

GET WELL SOON WELLNESS RETREAT

When: Jan. 26 at 11 a.m.
Where: Soledad Club, 5050 Soledad Road.
Info: theseanyfoundation.org

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Isabella Rossellini brings environmental monologue ‘Link Link Circus’ to La Jolla

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

Isabella Rossellini was born with a love and curiosity of animals that always seemed to lead to one question: What are they thinking about? While she wanted to explore animal behavior since she was a young girl, there weren’t many opportunities to do so. And she soon found herself busy modeling for L’Oreal and starring in films like “Blue Velvet” and “Death Becomes Her.”

“I always asked myself if animals could feel and think, but was always told they behave on instinct,” she said. “It stayed a hobby of mine. I took trips to national parks and went to lectures about it.”

It was during one of those lectures where Rossellini finally got the chance to study what goes on inside the heads of the critters we share this earth with. In 2007, she started earning her master’s degree in animal behavior at Hunter College in New York.

“Around that same time, Sundance Channel commissioned her to write and star in a web series about animals titled “Green Porno,” which at its core is about animal reproduction, seduction, courtship, and maternal instinct. While more than 4 million people tuned into the series, Rossellini wanted to take her newfound studies to the streets. Thus, “Link Link Circus” was born.

“We had millions of people seeing [Green Porno], but it’s hard to monetize on the internet,” she said. “So I went back to the origin of the art.”

While “Green Porno” was more of a “waist down” exploration of animals, Rossellini says “Link Link Circus” focuses on the “waist up.” Questioning to what degree animals can feel and think. She — along with the company of Pan, a rescue dog, and animal handler Schuyler Beeiman — has taken the show to 20 cities using puppets, animated videos and a sense of humor to turn what Rossellini calls a “boring scientific paper” into something entertaining.

“I see myself as an environmental artist,” she said. “Everything I do is curious about what it’s like to work in Hollywood, Stacey Blanchet is pulling back the curtain.

In her new documentary “In the Know with Shari Belafonte,” Blanchet sits down with the actress, model, writer and singer — and of course, daughter of the famous entertainer Harry Belafonte — and asks her about her life in the spotlight, the obstacles she had to overcome working in show business as a young black woman, and what it was like to grow up with the “King of Calypso” as your father.

Known for her role as Julie Gillette in the 1980s TV series “Hotel,” as a Slim-Fast spokesperson in the 1990s, and for the more than 300 magazine covers she graced, Shari Belafonte is nothing short of an icon. Coming from a fashion design background, Blanchet knew Belafonte best from Vogue; where she is currently tied with Rihanna for being the black model with the most covers. They both have made appearances on the front of the magazine five times.

“I think she’s had the most interesting life,” said Blanchet, a La Jolla resident and CEO of the PR firm Your Own Girl Friday. “I was curious about what it was like to work in Hollywood, and Shari was really candid about it. She’s an open book; you see it in the film.”

In the 28-minute long documentary, Belafonte opens up about some pivotal moments in her life like leaving home at the age of 14, posing for Playboy magazine at the age of 40 and taking a 15-year hiatus from the industry. Blanchet said that the most common reaction she received from people who saw the film — which has been shown at the IndieFEST Film Awards, The Capital City International Black Film Festival, and the International Black Film Festival — was how surprised people were.

“She said a lot of things about her life that no one ever knew,” Blanchet said. “That was the comment I kept getting. And when you’re a filmmaker and trying to get a story, you’ve got a find an interesting line.

Even Belafonte was surprised.

“I never thought my story would be interesting enough to garner that much ‘airtime,’” Belafonte said. “But, the delightful thing for me was watching it and realizing just how much ‘living’ I’ve actually done.

“Not that it’s anywhere near ‘done,’” she added.

One of the takeaways from the film for Blanchet was how Belafonte shows that having a well-known name in life isn’t always a guarantee. Belafonte agrees and said that because she refused to “put out” to climb the ladder in Hollywood, her career suffered.

“One of the things ‘Me Too’ campaigners and know how many of those stories coincide with mine,” she said. “But, my integrity has stayed intact and I believe good karma follows good intentions. While my ‘pocket’ may have suffered major blows along the way, from losing jobs that could’ve — should’ve — been mine. I know that my conscience is clear for having taken that stand of not to fall prey to the male-dominated society that we live in.”

“And, hopefully, folks will come to realize that I wasn’t just a pretty face and didn’t get as far as I did today based on having one.”

While the film did touch on a lot of different aspects of her life, there is always more to be said.

“My only regret is that we didn’t go into more detail about my Native American roots and my mother’s life and the importance she played in mine.”

For anyone who has ever been curious about what it’s like to work in Hollywood, Stacey Blanchet is pulling back the curtain.

Visit my.lfjcc.org for more information.

WANT TO WATCH? ‘In the Know with Shari Belafonte’ will be shown at the San Diego Black Film Festival on Feb. 2 at 3 p.m. Visit sdff.com for tickets and information.

La Jolla filmmaker to debut Shari Belafonte documentary at San Diego Black Film Festival

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

Shari Belafonte’s many magazine covers during her career.

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Shari Belafonte’s many magazine covers during her career.
La Jolla Playhouse announces cast for ‘Diana’

La Jolla Playhouse recently announced the complete cast and creative team for its upcoming world-premiere musical “Diana,” from the Tony Award-winning Memphis creative team of Joe DiPietro (librettist/lyricist), David Bryan (composer/lyricist) and Playhouse artistic director Christopher Ashley (director), along with Tony Award nominee Kelly Devine (choreographer) and Ian Eisendrath (music supervisor).

The production will run Feb. 19-April 7 in the Playhouse’s Mandell Weiss Theatre.

As previously announced, Jeanna de Waal (Broadway’s “Kinky Boots,” “American Idiot”) will portray the role of “Diana.” Joining her will be Erin Davie (Playhouse/Broadway’s “Side Show”) as “Camilla Parker Bowles,” Roe Hartrampf (Off-Broadway’s “Bad Guys”) as “Prince Charles” and Tony Award winner Judy Kaye (Broadway’s “The Phantom of the Opera”) as “Queen Elizabeth.”

Also announced are ensemble members Holly Ann Butler, Taylor Coleman, Eric Coles, Bruce Dow, Evan Duff, Madison Noelle Hall, Shaye Hopkins, Nicole Javier, Justin Keats, Gareth Keegan, Nathan Lucrezio, Tomas Matos, Allyn Moriyon, Lauren Livia Muehl, Jarren Nanthakumar, Enrico Nassi, Katheryne Penny, Lindsay Roberts, Tara Shoemaker and Bethany Ann Tesark.

The creative team features Tony Award winner David Zinn (Broadway’s “SpongeBob SquarePants,” Playhouse’s “A Dream of Drumhobic-it,” “Peer Gynt”), scenic designer; Tony Award winner William Ivey Long (Broadway’s “Cinderella,” “Frozen”), costume designer; Tony Award winner Judy Kaye (Broadway’s “The Phantom of the Opera”); sound designer; John Clancy, orchestrations; Telsey + Company – Rachel Hoffman, CSA, casting; Gabriel Greene, dramaturg; and Martha Donaldson, stage manager.

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Coastal Dining Guide

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Justin Pirigyi – soccer goalie at La Jolla Country Day School

Justin Pirigyi’s extraordinary reach and quickness in getting to the ball in goal for La Jolla Country Day School led to four shutouts by the Torreys in a span of five games early in the season.

“(Justin) has grown incredibly quick to center the conversation on the Torreys as a whole and his teammates, “the best team here since I’ve been in high school,” he says. Jesus Nava, a midfielder, Blake Khaleghi, at left back, and Rodrigo Duran, the stopper, are partners in crime on the LJCDS defense. “We went as far as we did, to the first round of the playoffs, last year largely on our defense,” Pirigyi says.

“We graduated four or five seniors last year, and there has been a big freshman class this season,” the keeper says. “Andrew Mitchell, our striker, is filling some of our need for more goals. He has a super good shot, he’s pretty big, and he’s good in the air. He’s a big presence, which is really good for us.”

Another freshman, Alex Glynn, holds down the sweeper spot, between Duran at stopper and the goalie. “He brings a lot of effort, a lot of heart. He’ll put his body in front of any ball. And he’s a good listener: he’ll listen to teammates. He doesn’t fly off and do unpredictable things.”

The 10 seniors, including captains Grant Miller, Labra, Duran, Khaleghi, and Pirigyi, provide leadership and strength.

La Jolla High boys rugby team in rebuilding phase

The ruggers repeatedly kept practicing – without total success – an odd-looking play that looks like a cross between a dress rehearsal for a ballet and a carnival game something one’s not very good at. The hooker or team member who kicks the ball backwars in a scrum, tried to throw the swollen rugby ball up into the air so that a teammate, hoisted into the air by two other teammates (this is the ballet-looking part), can catch the ball.

Isaac Ramirez, a hefty 240-pounder who also plays football for La Jolla High, explained that this inbounds play is called a line-out, one of many foreign elements in a sport that’s growing more and more popular among high school athletes, both boys and girls, these days.

The challenges in the line-out include the inbounder’s skill in accurately spinning the awkward-looking ball (originally made out of pigs’ bladders) for a good throw, and the hoisted player’s ability to grab the ball at the height of his jump. It’s easy for the latter to topple over the hoisted player’s ability to grab the ball at the height of his jump. It’s easy for the latter to topple over the ball at the height of his jump. It’s easy for the latter to topple over the ball at the height of his jump.

A basic challenge in the sport is just learning to throw the ball, which resembles a mini Goodyear blimp, about 11 inches long. It is spun with both hands gripping it near the middle, kind of like on an underhanded lateral in football.

“Backs are quicker, forwards are bigger,” Dirk Germon, a Viking sophomore, simplified for a novice.

Colin Greer, sophomore, demonstrates what a run with the ball looks like in rugby.

Bishop’s coach Doug Peabody was making quasidillas for members of his girls water polo team on his new induction stove, up on the deck overlooking the pool at the La Jolla campus.

“I already had the guacamole made, but my other hot plate took 10 minutes to make one quasidilla,” said the coach, in relaxed, community-building mode, in contrast to his usual game-time fire. “I knew that wouldn’t work with the girls being hungry.”

One of the young women coming up to the patio outside the team room was Alex Bonaguidi (“good guides” in Italian), a 6-foot-tall player, who is one of nine Knight freshmen, assistant athletic director at Bishop’s, says “will be superstars in the future – they’re the story.”

The Knights recently played Orange Lutheran, a powerhouse up north, in the Villa Park Classic. “I thought we did pretty well (despite a loss),” said “Bona,” 15, who plays center on offense. “I saw a lot of growth in our team.”

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“The clean sheets (shutouts) speak for themselves,” asserts the seven-year assistant. The 17-year-old keeper is, by nature, a quiet person, according to Fleischhacker. “He brings a lot of effort, a lot of passion for the game,” says Fleischhacker. “Being a quiet guy is unusual for a goalie.”

“Justin” has grown incredibly quick to center the conversation on the Torreys as a whole and his teammates, “the best team here since I’ve been in high school,” he says. Jesus Nava, a midfielder, Blake Khaleghi, at left back, and Rodrigo Duran, the stopper, are partners in crime on the LJCDS defense. “We went as far as we did, to the first round of the playoffs, last year largely on our defense,” Pirigyi says.

“We graduated four or five seniors last year, and there has been a big freshman class this season,” the keeper says. “Andrew Mitchell, our striker, is filling some of our need for more goals. He has a super good shot, he’s pretty big, and he’s good in the air. He’s a big presence, which is really good for us.”

Another freshman, Alex Glynn, holds down the sweeper spot, between Duran at stopper and the goalie. “He brings a lot of effort, a lot of heart. He’ll put his body in front of any ball. And he’s a good listener: he’ll listen to teammates. He doesn’t fly off and do unpredictable things.”

The 10 seniors, including captains Grant Miller, Labra, Duran, Khaleghi, and Pirigyi, provide leadership and strength.

A basic challenge in the sport is just learning to throw the ball, which resembles a mini Goodyear blimp, about 11 inches long. It is spun with both hands gripping it near the middle, kind of like on an underhanded lateral in football.

“Backs are quicker, forwards are bigger,” Dirk Germon, a Viking sophomore, simplified for a novice.

We (freshmen) have played together a lot. It makes our team very deep.”

MADIE KECK
BISHOP’S FRESHMAN

La Jolla High boys rugby team in rebuilding phase

The ruggers repeatedly kept practicing – without total success – an odd-looking play that looks like a cross between a dress rehearsal for a bullet and a carnival game someone’s not very good at. The hooker or team member who kicks the ball backwars in a scrum, tried to throw the swollen rugby ball up into the air so that a teammate, hoisted into the air by two other teammates (this is the ballet-looking part), can catch the ball.

Isaac Ramirez, a hefty 240-pounder who also plays football for La Jolla High, explained that this inbounds play is called a line-out, one of many foreign elements in a sport that’s growing more and more popular among high school athletes, both boys and girls, these days.

The challenges in the line-out include the inbounder’s skill in accurately spinning the awkward-looking ball (originally made out of pigs’ bladders) for a good throw, and the hoisted player’s ability to grab the ball at the height of his jump. It’s easy for the latter to topple over the ball at the height of his jump. It’s easy for the latter to topple over the ball at the height of his jump. It’s easy for the latter to topple over the ball at the height of his jump.

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A scrumming against Carlsbad at the Draz Classic before the season was an earlier learning moment. “We didn’t have our coaches, Doug and Ian (Davidson). They were with the boys team for the CIF finals. We got scared. We weren’t playing as a unit, but as individuals.”

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Emmy Peabody and Alex Scafidi, freshmen who both play utility, agreed that a factor in the ninth-graders’ contributions is their familiarity with one another in the immature school setting at Bishop’s. Also, “We always keep it positive for one another,” says the head coach’s daughter, 14, who plays on the 1-2 (left) or 4-5 sides.

Bonaguidi, the 6-foot tall center, basest her goal the ’Youth team in the Olympic Development Program, having played at age 13 for the Development team and at age 14 with the Cadet team.

But Johnson said there were lessons to take away from the defeat: “We realized we have to get back sooner on defense, and not ‘give them as much of our body’ (allowing the opponent to press into one’s space), instead keep our hips up.”

Maddie Keck, a lefty who plays on the 4-5 side (the right side of the goal) so she can wing the ball into the cage from that angle, said there isn’t that much drop-off in ability when the freshmen replace the upper-class women: “We (freshmen) have played together a lot. It makes our team very deep, so we know if one of the older players goes down, we can sub in and be able to play at nearly the same level.”

Keck, who turns 15 in January, has a trademark: Nutella and Eggos waffles. “I make chocolate chip waffles and put Nutella on them,” she shared.

“The most exhilarating is when you’re launching through the air on a drop with a big wave. It’s probably the most scary and unknowing-like feeling that there is, and when you make it out, and ride that wave back into the channel, it’s the biggest adrenaline rush you’re ever going to feel.”

That feeling is what Roper says first got him hooked on big wave surfing, and it’s that same thrill that keeps him in the game even when it seems risky and dangerous. Now 29 years old, Roper has been surfing for over two decades, chasing swells all over the South Pacific from Hawaii and Tahiti to Portugal and Mexico.

“But I am probably one of the few younger people on the big wave tour,” said Roper. “I think there’s five of us in our 20s. The rest are in their 30s or older. Big wave surfing involves so much experience that you’ll see people surfing their best big waves even into their 40s. As long as you’re not taking constant wipe outs and your body stays in one piece, you just keep on doing it.”

But what this particular surfing career offers in longevity, it matches with high risk and there’s a reason experience is part of the big-wave-surfing package. While Roper says he “fell in love” at 17, riding Puerto Escondido’s more punishing breaks in Oaxaca, Mexico for the first time, the young surfer admits he didn’t truly come to terms with the real danger of big wave surfing until four years later when he witnessed friend Sion Milosky die at age 35 while surfing the less forgiving swells off Mavericks in 2011.

“I thought I had it all figured out and this guy was the invincible, best big-wave surfer at the time,” said Roper of Milosky, an accomplished surfer from Kauai. “We all idolized him. But it was an extremely humbling experience to watch somebody, who you thought was invincible, die surfing these big waves he was famous for.”

Roper was actually on the beach when the paramedics were conducting CPR on Milosky and even elected not to go back to Mavericks for a few years, taking a break from the “chasing big waves lifestyle.” Though he eventually made his way back, still seeking out that adrenaline rush, Roper this time went in with a level head on his shoulders.

“There’s a lot of risk and a lot of reward... It’s part of the game and dying is something we all know is a possibility,” said Roper. “But surfing still just always excites me. I can’t get enough of it.

“You’ll deprive yourself of sleep for surfing or, in my case, drive eight hours to Mavericks to follow the swells. You put it ahead of everything in life. Surfers are very selfish that way but it’s truly that addicting.”

Roper added that, though not many surfers will admit it, “We all want to catch that 60-foot wave. We all want to paddle into the biggest wave ever ridden.”

Roper is set to compete next at Mavericks on the Big Wave World Tour. The competition will take place sometime between now and March.
David, Jensen and Cynder would like to wish you A Very Happy New Year • Welcome 2019!

Go Bears! Go Rams!