By Dave Schwab | The Beacon

Growing increasingly disenchanted with the City’s land-use policies and restrictions on how advisory group’s review development projects, Peninsula Community Planning Board rejected two map waiver requests in September.

The two map waiver requests were for proposed condo projects, one 15 units and the other eight, on Jarvis and Garrison streets, respectively.

At the Sept. 20 PCPB meeting, board members also supported a proposed new ordinance banning styrofoam products and limiting plastic straws in restaurants. Project Review Subcommittee chair Mark Krencik presented on the subcommittee’s endorsement of both map waiver requests: for 15 units within a 26,611-square-foot, three-story structure on Jarvis Street; and eight units within a 9,120-square-foot, three-story structure at 3104-3112 Garrison St.

Pointing out such map waiver requests are proliferating, some PCPB Peninsula planners say ‘enough is enough,’ reject map waiver requests

‘We don’t always have to agree with these map waiver requests. We have to stick together and say no.’

Margaret Virissimo
Peninsula Community Planning Board Member

‘Taco Tuesdays
& Thursdays
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TACO

Mouth watering marinated ground beef and lamb, charbroiled on open-fire, topped with tzatziki sauce. Both come topped with lettuce, onions and tomatoes rolled in a pita. m

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or Gyro Sandwich Mouth watering marinated ground beef and lamb, charbroiled on open-fire, topped with tzatziki sauce. Both come topped with lettuce, onions and tomatoes rolled in a pita. m

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Annual Cabrillo Festival
set for Sept. 29

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Pointers cage Eagles
with strong finish

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OBMA to hold pet
photo contest

SEE PAGE 5

Killer view

Peninsula planners say ‘enough is enough,’ reject map waiver requests

PHOTO BY DOMENIC BIAGINI

‘Killer view’

Domenic Biagini (a freelance photographer @dolphindronedom on Instagram) followed a pod of orcas that swam by La Jolla Cove and then past Point Loma (seen here in the background) on Sept. 19. Watching and recording the killer whales from the bow of Biagini’s boat are Dani Fasser (left) and Delaney Trowbridge. Don’t forget to check out their video on YouTube.
2301 Palermo, 3BR/2BA | $955,000
Beth Zedaker, 619.462.9610 | DRE# 01018470

4744 Panorama Dr, 5BR/2.5BA 3.63 acres $2,650,000
Elizabeth Courtiér, 619.813.6886 | DRE# 01198840

Elizabeth Courtier, 619.813.6886 | DRE# 01198840

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Jim Groark
619.804.3700
DRE# 00541256

Deanna Groark
619.822.5222
DRE# 01079714

Amy Alexander
619.917.6977
DRE# 0127503

Cecil Shuffler
619.980.3441
DRE# 00541390

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DRE# 01516268

Carter Shuffler
619.884.9275
DRE# 01965786

Evan Zapf
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DRE# 01998439

Wendy Collins
619.889.5600
DRE# 00915800

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DRE# 00541390

Beth Zedaker, 619.462.9610 | DRE# 01018470

1084 Bangor | 3+BR/2.5BA | $1,600,000
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City approves Midway Community Plan update

By DAVE SCHWAB | THE BEACON

The City Council on Sept. 17 unanimously approved a Midway Community Plan update, which will guide development during the next 20 years. The approved plan more than doubles the capacity for future housing, while providing 50 acres of new parkland and multi-modal pedestrian and bicycle pathways.

Midway presently is largely dominated by commercial, industrial and warehouse space. With Council approval of its updated community plan, one major redevelopment puzzle piece remains: What’s to become of the Midway area, like more housing and jobs for residents and a revitalized entertainment district that all San Diegans can enjoy," Faulconer said. "We’re doubling down on our strategy of focusing new development around transit and job centers as we rebuild our city for the future."

The Midway-Pacific Highway Community Plan update calls for:

- A bay-to-bay multi-use path that will support bicycle and pedestrian travel between Mission Bay and San Diego Bay.
- Thirty acres of new parkland, including two linear parks connected by enhanced streetscapes that complement the multi-use path.
- A new recreation center to serve future residents.
- A vibrant entertainment area that incorporates a mix of entertainment, office, retail, housing and park space to be potentially developed with the existing Valley View Casino Center, with a new arena, or no arena.

Midway currently has a population of about 5,600 covering about 1,124 acres buffered by the San Diego River, Interstate 5, two trolley stations and the San Diego International Airport.

"This will set the stage for the type of development we want to see in the Midway area, like more housing and jobs for residents and a revitalized entertainment district that all San Diegans can enjoy," Faulconer said. "We’re doubling down on our strategy of focusing new development around transit and job centers as we rebuild our city for the future."

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Midway currently has a population of about 5,600 covering about 1,124 acres buffered by the San Diego River, Interstate 5, two trolley stations and the San Diego International Airport.

"The earlier version of the update did not address our traffic issues," she said. "We have a much better document now going forward and I’m really excited.

District 2 Councilmember Lorie Zapf praised the plan update.

‘The earlier version of the update did not address our traffic issues.’

CATHY KENTON
MIDWAY PLANNING GROUP CHAIR

"The Midway planning area is home to major attractions like the Sports Arena and Liberty Station, however, the community has many blighted areas," Zapf said. "With this new plan, we can say goodbye to the Red Light District of yesteryear and welcome in a new era with better transportation, improved housing options, park and recreation facilities and a fantastic balance of mixed-use projects."

Zapf said the new Midway Community Plan calls for millions of dollars of critical traffic improvements at 20 intersections and 17 roadway segments throughout the community. The traffic improvements are to be implemented over time and will include a multimodal approach to help the City meet its climate-action goals.

Additionally, the community plan will jumpstart the coordination between the City and other regional transportation agencies to address the I-5 and I-8 interchanges.

Mayor Kevin Faulconer was on board with the Midway Community Plan update.

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OB BREWERY PALE ALE WINS GOLD MEDAL AT BEER FESTIVAL

Ocean Beach Brewery captured a gold medal recently at the Great American Beer Festival in Denver with B.Right On Pale Ale (gold medal), an American-style pale ale. “It’s the first beer I’d ever brewed at OB Brewery,” brewmaster John Milla said. “It’s a pale ale that I’m pretty proud of and we were lucky enough to score the gold medal. I was pretty stoked.” It was one of the most-entered categories in the competition with 170 entrants.

What makes the win more impressive is that the brewery was only opened in July 2016. OB Brewery was also recognized as the small brewpub of the year.

Last year, OB Brewery brought home silver for its Hidden Gem, a German-style wheat beer. The festival celebrates and re-creates San Diego’s 55th annual Cabrillo Festival of the oldest settled section of Point Loma.

CABRILLO FESTIVAL ON SEPT. 29
San Diego’s 55th annual Cabrillo Festival will be Saturday, Sept. 29 from 11 a.m. to 4 p.m. at Ballast Point, Naval Base Point Loma at the south end of Roscrans Street. Admission and parking are free.

The festival celebrates and re-creates the voyage of 16th-century explorer Juan Rodriguez Cabrillo, sailing under the flag of Spain, who landed on the shore of San Diego Bay on Sept. 28, 1542, discovering California. This historical moment is remembered every year with a series of events held by the Cabrillo Festival Inc. and the National Park Service.

Re-enactment of Cabrillo’s landing from San Diego’s historically accurate replica of the San Salvador on Ballast Point begins at 1 p.m. There will be music, dancing, children’s activities and foods from Native Americans, Mexico, Portugal and Spain. There will be Kumeyaay basket making, knitting and a 16th century Spanish soldiers living history encampment.

Guests are advised to bring identification for entry onto the Navy base.

The Cabrillo Festival is a fun-filled family event with educational activities, cultural demonstrations and exciting folkloric performances featuring bright-colored clothing and dramatic music showcasing the traditions of Native American, Mexican, Portuguese and Spanish cultures.

Another festival highlight is ethnic food booths with cultural vendors showcasing their various artistic goods.

LIBERTY PUBLIC MARKET CRAFTOBERFEST TO BEGIN
Fill your stein, grab your lederhosen and bring your appetites because it’s time for Oktoberfest in Liberty Station.

Restaurants at the former Naval station will bring Bavaria into the backyard of Liberty Public Market during a 10-day-long “Craftoberfest.”

“Our 10-day Craftoberfest is a celebration of craft beer, and our take on Oktoberfest,” said David Spatafore, principal of Blue Bridge Hospitality. “It has become a great event for all ages and families — from live music on the patio to nightly activities, stein specials (our 1L German steins can be refilled throughout the week), Bavarian-inspired bites and festive fall brews. It’s the perfect reason to raise your stein and shout ‘prost!’”

The third-annual celebration will include a beer olympics, a flower crown-making tent, stein giveaways, drinking games and festive evenings of live music on the patio. Enjoy authentic German foods like Olala’s savory crepes filled with German sausage, mustard, mushrooms, Swiss cheese and spinach, washed down with Schneider Weiss and Dogfish Head Punkin Ale.

For more information, visit libertypublicmarket.com/events/craftoberfest-2018.

GARTLAND NAMED NEW SDFD LIFEGUARD DIVISION CHIEF
After a thorough recruitment process, San Diego Fire-Rescue Department (SDFD) Chief Colin Stowell announced the appointment of James Gartland as the new lifeguard division chief. Gartland has served as interim chief for the past six months.

Gartland has been a SDFD lifeguard for 23 years. He is a graduate of San Diego State University with a degree in business administration/accounting and completed the Wharton College Mission Critical Team Professional Development Program. He is currently a member of the Type 3 San Diego All-Hazards Incident Management Team and has served as the chair of the San Diego Regional Aquatic Lifesaving Emergency Response Task Force and the Area Maritime Security Subcommittee on Preventative Radiological Nuclear Detection.

He also spent 18 months as the regional marine emergency preparedness manager with the City’s Office of Homeland Security.

Aside from his commitment to his career as a public servant, Garland spends a lot of time volunteering in a variety of capacities in San Diego. He is currently the president of the Old Town Academy School Advisory Board and has volunteered for San Diego Coastkeeper and Clairemont Hilltoppers Little League. Chief Garland has been an officer with the San Diego Lifesaving Association and the San Diego Association for Lifeguards. He was also a former fiduciary and trustee of the San Diego City Employes Retiree Medical Trust.

“Attaining this position has been a dream of mine and I am honored to have been selected,” said Garland. “I am very proud of the Lifeguards who serve our residents and visitors with excellence. I promise to continue my lifelong service with honor and humility.”

GOVERNOR SIGNS NO-HELMET BILL FOR MOTORIZED SCOOTERS
Gov. Jerry Brown signed a bill abolishing the use of helmets from being required to wear helmets on electric scooters on city streets.

Dockless bike company Bird backed the no-helmet law, AB 2899, which also permits scooters to be on streets with speed limits up to 35 mph. State law currently bans scooters on streets with speed limits exceeding 25 mph.

Gov. Brown also signed AB 3077, which allows people under age 18, who’ve been cited for not wearing a bicycle helmet, to correct the violation within four months by attending a bicycle safety course and proving they now have a correct-fitting helmet.

Both laws take effect Jan. 1, 2019.
Do you think your pet is ‘banner-worthy?’
Ocean Beach looking to celebrate local pets

Does a photo of your dog or other pet deserve to be on a community banner along Newport Avenue or Sunset Cliffs Boulevard?

Those believing so should enter Ocean Beach MainStreet Association’s “Pets of OB” photo contest honoring the pet-friendly beach community and celebrating Dog Beach being named San Diego’s “Best Dog Park.”

For a $10 per-pet entry fee, banner-worthy, high-resolution digital photos with the main focus being Ocean Beach’s dogs (or other animals) can be submitted at oceanbeachsandiego.com. In the checkout form online under “order comments,” submit a 50-word maximum message about the pet with their name, breed and any stories about them.

Flu vaccine now available across San Diego County

The flu vaccine is here. And now that the influenza vaccine is readily available across the region, the County Health and Human Services Agency is encouraging the public to get vaccinated.

“Everyone 6 months and older should get vaccinated now before flu season arrives,” said Wilma Wooten, M.D., M.P.H., County public health officer. “The vaccine is safe and effective. All San Diegans should get vaccinated to avoid getting sick and spreading the virus to others.”

Last season, 342 people died from complications from the flu, 255 more than the previous season and the highest total since the County began tracking flu deaths nearly 20 years ago.

Visit www.sdiz.org or call 2-1-1 San Diego to find a list of County locations. The County provides free vaccinations as part of its Live Well San Diego vision.

Free Report Reveals Secrets Smart Home Sellers Use to Preserve Their Equity

San Diego. If you’ve tried to sell your home yourself, you know that the minute you put the “For Sale by Owner” sign up, the phone will start to ring off the hook. Unfortunately, most calls aren’t from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn’t easy. A new report entitled “Sell Your Own Home” has been prepared especially for home sellers like you.

Inside the report, you’ll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You’ll find out what real estate agents don’t want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

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Top notch international cuisine and art at Fairouz Cafe & Gallery

By DAVE SCHWAB | The Beacon

None of it was anticipated, said international attorney, successful restaurateur and published poet-author Ibrahim AlNashashibi.

“I never thought I would be having a restaurant,” said the affable, soulful AlNashashibi, who’s owned Fairouz Cafe & Gallery at 3166 Midway Drive, Suite 102, since 1984. “Everything I planned for — didn’t work. And all the good things that happened to me: I never planned.”

Surrounded by his evocative, stylized paintings, the Jerusalem-born AlNashashibi reminisced about life’s unsuspected twists and turns that culminated in creation of his Mediterranean buffet-style restaurant.

The restaurateur said the Midway strip mall he’s been in for 36 years is unrecognizable now. “We were the second tenant in after Godfather’s Pizza,” he said. “Now we’re the only ones left.”

Named for a famous Lebanese singer AlNashashibi admires, Fairouz means breathtaking in the Arabic language. AlNashashibi’s family’s roots date back centuries and include poets, writers and politicians — even one religious leader, Ibrahim’s great-grandfather prince Nasser Aaldeen AlNashashibi.

Though steeped in the Middle East, AlNashashibi always wanted to be an American. He particularly admired U.S. President Abraham Lincoln growing up.

“I loved him,” he said, noting he shares Lincoln’s first name in Arabic. Asked why he was so impressed by Lincoln, AlNashashibi replied, “For his family values, freeing the slaves, equality, justice and freedom — those things weren’t available for me then.”

Early on, AlNashashibi studied medicine overseas, but found it wasn’t for him. He earned his law degree in 1972 in Beirut, then practiced law in the Gulf until 1986, before marrying and coming to San Diego.

“In my dream I looked through a window at a field of flowers with colors I’d never seen,” he said. “I recognized that I’d always seen life in black and white, never in color.”

“The next day, AlNashashibi started Fairouz with his brother-in-law, but the business struggled until finding its niche. “I fell in love with San Diego,” said AlNashashibi. “Now we’re the only ones left.”

“Ranean buffet-style restaurant.

Ibrahim AlNashashibi, 619-225-0308.

During the last nine years, he’s written another poetry book and a novel titled “Love Is All You Need,” loosely based on his life experiences.

“I got inspired with the novel when my wife was still in a coma,” AlNashashibi said. “I thought, ‘What positive could come from this disaster?’”

The next day, the idea for the book came to me. I took her hand and said, “Thank you. You just gave birth to my first novel.”

These days, AlNashashibi said his writing and poetry, to some extent, are taking him away from his painting.

Fairouz, for AlNashashibi, is much more than a restaurant. And his patrons are more than just customers.

“I have tons of grandchildren, brothers and sisters — this is how it feels,” he said.

Summarizing the long and meandering path that’s led him to San Diego and Fairouz, AlNashashibi concluded, “It is a beautiful life, what can I tell you?”

Top notch international cuisine and art at Fairouz Cafe & Gallery

FAIROUZ CAFE & GALLERY

Where: 3166 Midway Drive, Suite 102.

Hours: Mondays through Thursdays 11 a.m. to 9 p.m.; Fridays and Saturdays 11 a.m. to 10 p.m.; Sundays 11 a.m. to 9 p.m.

Info: 619-225-0308.

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New Z&F Chinese Food offers tasty dishes

By JUDI CURRY | The Beacon

After having a house full of company for the past 11 days, and cooking for everyone, I saw a Grubhub ad on my email and thought it might be nice to have someone else do the cooking for me. When I saw the listing for the new Z&F Chinese restaurant on Shelter Island, I knew that karma had taken over and that’s what we would do for dinner.

I looked at the menu and decided that I would order items that I could compare with the several other Chinese restaurants in the area. The first thing I ordered was cream cheese wontons. Then I was going to order egg rolls, but found that several of their plates included egg rolls, so I took that off my order menu and made sure I ordered something with egg rolls part of the plate.

I ordered the shrimp with mixed veggies with rice and an egg roll for $8.45 from their “full day special” menu, and also ordered a vegetable chop suey special that also came with rice and an egg roll for $9.45. When I placed the order, I was asked if I wanted white rice or fried rice for our meals and that is what I requested when I placed my order.

Both Miki and I were disappointed that we did not get fortune cookies with the order, but since it was the first time I have ordered from this restaurant, I am not sure if it was an oversight or if they just do not include them with orders.

Z&F CHINESE FOOD
Where: 2907 Shelter Island Drive, Ste 104
Hours: Mondays through Fridays 11 a.m. to 9 p.m., Saturdays and Sundays from 4 to 8 p.m.
Info: zhichinesefood.com, 619-269-7668.

The vegetables were delicious. They were not overcooked. They were tasty and seasoned well. I was disappointed that there were only four shrimp, but those four medium-size ones were succulent. Miki even commented on how good they tasted.

Both of the sides of rice were cooked and seasoned well. I thought that it was interesting that Miki, my Japanese student, liked the fried rice better than the steamed rice, because we frequently have steamed rice with our meals and that is what she is used to in Japan.

The egg roll shells were very hard to bite into, but the filling was good, and the cream cheese wontons were tasty also. I did not get the hot mustard that I requested when I placed my order.

Susan Lee “Gregg” Sorben
January 17, 1944 - June 17, 2018

Susie Gregg Sorben passed away on June 17, 2018 at Lake Tahoe. Susie is missed beyond imagination. Her passing was attributed to heart failure and internal complications.

Susie was born in Milwaukee, WI. She, her three brothers, one sister, their dad Jack Gregg and Mom Ruth, moved to the Ocean Beach area of San Diego in the summer of 1959.

Susie and her first husband, Manning Calhoun, had two boys, Michael and Billy. Her boys were the love of her life. She raised them to be moral, caring, and with big hearts, despite growing up in ‘60s and ‘70s OB.

Susie worked for the Brigantine Restaurant Corporation for many years. She was a manager at the Brig and Miguel’s Cocina in Point Loma. During her days at the Brigantine Susie fell in love with long time friend, Bob Sorben, a Point Loma OB local and artist (creator of the OB Seagull). They were married in December 30, 2000. Susie and Bob retired in 2016 to Minden, NV, near Lake Tahoe. Close to her second son Bill, her wife Jill and their granddaughter Madelyn (Madi).

Susie is survived by her husband Bob Sorben, son Michael Calhoun, son William Calhoun (Jill), and granddaughter, Madelyn Sue Calhoun, brothers Michael Gregg(Linda), Thomas Gregg (Diane), sister Joanne Kearny (Kurt), many nieces and nephews and predeceased by her brother Tim Gregg.

Her family and close friends, who miss her deeply, find it hard to believe she’s gone. We all know Susie was a very special person. She loved life and people and had a sense of humor and easy style, that could quickly turn strangers into friends. She left us with such great, fond and loving memories of the good times we shared with her. Susie will forever live in our hearts and minds, to remember her kindness and her smiling face. God Bless You Susie.

Close friends and family will be notified of a “Celebration of Susie’s Life” - Thanksgiving weekend 2018.

4204 Voltaire St. San Diego, CA 92107 (619) 431-5653 MON-THU 4pm-11pm FRI 4pm-Late SAT 9am-Late SUN 9am-11pm
YES, YOU CAN PARK IN OUR BACK LOT!
A new program to support community businesses has launched in Ocean Beach. The OB Shop & Dine Rewards Card promotes small, locally-owned businesses and encourages customers to shop local. The card, which sells for $30, will give cardholders discounts at any participating local business through 2018. To purchase a card online or see what deals are offered visit oceanbeachsandiego.com/resources/local-news. Cards can also be purchased at the OB MainStreet Association office, located at 1868 Bacon Street, San Diego, CA 92107.

# OCEAN BEACH MAINSTREET ASSOCIATION

Dont miss this opportunity to help celebrate OBMA's history

The Peninsula Beacon, in cooperation with Ocean Beach MainStreet Association is excited to present a special edition celebrating the 40th Anniversary of Ocean Beach Mainstreet Association. This special souvenir edition will publish in the October 11th edition of the Beacon. The section will feature the history of OBMA, contributions to Ocean Beach and projects by the OBMA, a time line, interviews, photos, and more! Don't miss this one time opportunity to be a part of Ocean Beach history and show your support for Ocean Beach and the OBMA! Additional copies will also be printed to help commemorate the 40th anniversary.

PUBLISHES: October 11th, 2018 DEADLINE: October 4th, 2018

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Delightful and delicious lunch at new Ketch Grill & Taps

By JUDI CURRY | The Beacon

Against my better judgment, I decided to do a review of the new Ketch Grill & Taps on Shelter Island Drive. For those of you that are not sure where it is located, it is where Red Sails used to be.

Their “soft opening” was only a few days ago, and I try to wait at least three months before doing a review of a new restaurant. But five different people called me and asked if I was going to do it soon so I decided that if it was no good, or lacking something, I would not write it up and try again.

Well, I will “try again,” but not because it was lacking anything. In fact, it was very good.

From the moment that Jo, Sandy and I walked in and were greeted by two delightful hostesses, to the time we left – again wishing us a wonderful day by the same hostesses – it was a wonderful experience.

We had our choice of eating inside or outside, and we chose an outside table. It was not particularly warm and it was not particularly cold – and our table in the sunlight was very comfortable. (I wondered if during the really hot weather umbrellas would be available, but it was not necessary today.)

Kari, our server, was friendly and took our drink order almost before we sat down. We ordered either ice tea or lemonade, but the Ketch brews their own beer and the draft menu lists 18 beers plus five bottle/cans, which was intriguing.

Their wine menu, either by the glass or bottle, listed 15 items. Even their cocktail menu, listing eight specialties, was interesting, and during happy hour from 3 to 5 p.m. there is $2 off drafts, $1 off glasses of wine, and $2 off their cocktails. The menu itself is divided into four areas – “cold stuff,” “hot bar,” “land and sea,” and “Ketchy sides.”

Sandy ordered Laba’s kale and farro salad, which was made with baby kale, farro, butternut squash, goat cheese, cucumber, Marcona almonds, garden raisins and served with a honey-truffle vinaigrette. The cost was $8.

Jo ordered the Ketch tuna melt. It had lightly smoked tuna, jack cheese and fresh tomatoes and was served on lightly griddled sourdough. She had her choice of the “daily green” or “hand-cut” fries. She chose the fries. The price was $14.

I ordered the IPA battered local fish and chips, because I usually compare this to other fish-and-chip restaurants. It was served with malt aioli sauce and served over house-cut fries. The cost was $15.

We raved about our food. The salad was crisp; the baby kale was flavorful; the dressing was not too flavorful; the dressing was not too wet and complemented the ingredients well. For someone that doesn’t really care for smoked tuna, Jo said this tuna was excellent. The jack cheese and tomatoes were in the right proportion and she remarked that the griddled sourdough was soft enough that it was easy to eat. She also said that there were capers in the tuna and a nice addition to the flavor. She would order it again. Like mine, the “hand-cut” fries were hot and tasty.

The fish that I ordered was cooked perfectly. Not breaded too much; hot when served, and the three pieces were so much that I took half of it home.

We had non-ending drinks. As soon as a glass was empty, it was refilled. I never realized how hard it is to drink lemonade without a straw, but the restaurant is following the new law of no straws unless asked for.

It should be noted that our meals were served on metal trays. The bill was placed on a metal tray and a fishing weight was used to keep the bill from blowing away. That was unique, but I have to say that when the tray was placed on the table and the sun rays hit it it blinded me and I had to have Sandy move it out of the sun.

Although there are no gluten-free items on the menu at this time, I was told that they can make some items without gluten if you tell the server that is what you want. There are vegetarian items also available.

We spent a few minutes talking to Brittany, the manager, and she, like the other staff, was delightful. We told her we’d be back, and soon.

So even though they have only been open a very short time, they seem to have it all together. A fun lunch was had by all of us.
OBMA members invited to celebrate organization’s 40 years at art show

An organization that began with brooms and dustpans in 1978 has become a force in Ocean Beach, putting on some of San Diego’s largest and most-beloved events. The Ocean Beach MainStreet Association is celebrating 40 years of community involvement from residents and leaders in the business community, and is inviting all members to a month of celebration and a special Sundowner event to cap it off.

On Oct. 5, the Culture Brewing Tasting Room (4845 Newport Ave.) will feature the Ocean Beach Mainstreet Association as the “Artist of the Month,” featuring OB memorabilia and a timeline of OBMA’s growth and community involvement since 1978.

That event, honoring the art itself, runs from 5 to 9 p.m. and the art will hang throughout October. The event will feature a large Ocean Beach logo photo mosaic made of hundreds of smaller photos of our beautiful neighborhood, past OBMA T-shirts, and a video presentation highlighting the milestones of the organization.

On Oct. 25, OBMA members are invited down to Culture Brewing for a special edition of the monthly Sundowner mixer. Members will have the limited-edition membership pins and can mingle with other OBMA members.

Events like the OB Street Fair, OB Oktoberfest and the much-loved OB Farmers Market are all staples of what Ocean Beach MainStreet Association brings to the community every year, but it didn’t start so big. In 1978, a group of volunteers saw sand and rubbish piling up in the business district and decided to do something about it. Out came the brooms to sweep the sidewalk, and OBMA was born.

In 1978, the group boasted just 25 members, only three of which (The Black, Pacific Shores and Ocean Beach Hardware) are still in business today, a whopping 523 members in the 92107, 92106 and 92110 ZIP codes are proud to be OBMA members.

In the beginning, walk, and OBMA was born. It’s no secret that San Diego has had a thriving music community since the 1940s, with dozens of chart contenders emerging, across genres, in that time. Many successful careers have been launched from San Diego: country superstar Barbara Mandrell, heavy metal pioneers Iron Butterfly, pop punk trio Blink 182, and singer-songwriter Jewel all got their start here. With so much great music, it is perhaps surprising that to date there has been no local Hall of Fame to celebrate it.

On Oct. 5 that situation will be rectified, when the inaugural San Diego Music Hall of Fame ceremony takes place at the OB Playhouse.

Hosted by event organizer Jefferson Jay, the first year’s inductees will be songwriter Jack Tempchin, best known for his work with The Eagles, pop hitmaker Jason Mraz, armless guitarist Mark Goffeney, jazz pianist Sue Palmer, long-time booker and music historian, radio host and original owner of Folk Arts Records, and singer-songwriter Jewel will be there on behalf of Mraz. A portion of the night’s proceeds will be donated to the Pizarro family to help with expenses following the tragic passing of Aileen and Aryana Pizarro in an accident earlier this year.

“We aim to honor anybody who has given in a meaningful and selfless manner to music-making in San Diego,” Jay said. “We will not exclusively honor those who have sold millions of units or achieved universal acclaim. We will also honor bookers and promoters, like Johnny Ciccolalda, and folks like Lou Curtiss, who booked events, wrote music articles and ran a record store. These fellows played music, but their contributions off the stage are a large reason they are inductees.”

With San Diego’s music scene thriving, Jay felt the time was right for such an event.
Brand new to the Point Loma area, Club Pilates Liberty Station has established a wonderful community of members within this beautiful community of Point Loma. As a dedicated and well trained team of instructors, management and staff, we all have 1 goal for the Point Loma community… We want to share the benefits of Reformer-Based Pilates with everyBODY. We want everyone in Point Loma to do Pilates to move better. To bend without breaking. To feel better. To stand tall with confidence. Do Pilates to live better. To shine with gratitude and empowerment. To get more out of your days and ultimately your life, because a balanced more fulfilling life is within reach. With 60+ classes offered every week, 6 different class formats (including cardio sculpt, TRX, stretch and more), and our elite Pilates Instructors, it’s no wonder our members are getting stronger and stronger every day.

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Pointers cage Eagles with strong finish

By SCOTT HOPKINS | The Beacon

One blank box on the Pointer football team's checklist has been "Put an opponent away with a strong finish." The team did just that Sept. 14, scoring 24 unanswered points to spoil Olympic High School's homecoming with a convincing 45-13 win, dropping the Eagles to 1-4.

"That was really something to dominate the second half," said head coach Mike Hastings. "We really turned the corner in how we play football and finish an opponent off. We learned the hard way at El Camino and Otay Ranch and tonight we figured it out." The Pointers (3-2) started strong with scores on their first two possessions by Christian Hall. His first score came on a short run after a 24-yard pickup by Planton Gill, and his second came on a swing pass from QB Jason Peres that Hall turned into a 75-yard touchdown and 14-0 first quarter lead.

Gill, a mainstay of the Pointers' offensive defense and offense was in the first quarter and did not return.

In the second quarter, Olympic's offense showed some life, driving to the Pointer five-yard line before losing the ball on a fumble recovered by the Pointers.

On the second play following the turnover, Pointer JL Skinner snared a pass from Peres 20 yards downfield and used speed and direction changes to break free on a 90-yard scoring play for a 21-0 lead with 6:42 left before the halftime show.

But, as happened in previous games, the Pointers allowed the Eagles back in the game with two touchdowns in the final 4:15 before the break, one coming following a bad snap to Pointer Ricky Borjon who fell on the ball. The Pointers did move the ball to the Eagles one-yard line but failed to score as the first half came to an end.

After dominating first-half play, the Eagles went into halftime with only a 21-13 lead.

Following a big fireworks show for the Eagles' homecoming, it was the Pointers who launched the second-half pyrotechnics.

After Hall was injured midway through the third quarter he returned to pick up 71 yards on a run where he started to the right and then reversed across the field to the left. He scored several plays later on a one-yard run, upping the lead to 28-13 with 4:26 left in the third quarter.

Less than three minutes later on their next possession, QB Tre Cobb hit Shiitera Shaifer with a pass and run that covered 55 yards before Bryant ran the final 19 yards down the sideline for a 35-13 lead.

On the Eagles first play following the score, Zak Makis stole an Eagles pass that set up Cobb for an 11-yard run and touchdown for the sixth Pointer touchdown in the final minute of the first frame.

For the next Drive player, they stalled at the Eagles' 13-yard line. From there, Andy Medina made good on a 30-yard field goal for the final 45-13 margin. Added to his six PAT's, Medina scored nine of his team points.

The Pointers were credited with 603 total yards including 293 passing and 310 rushing.

"Every phase contributed to Saturday. Huge contributions by key teams giving us great field position, the defense was taking care of business and I thought our offense was just electric."

Next game

University City's Centurions arrive Sept. 28 as opponents for the 2018 Pointer homecoming game. They are currently 4-1 with wins over Mission Bay, La Jolla Country Day and Mir Vista. They lost to Monte Vista by 28 points in their season opener.

Kickoff is at 6:30 p.m. and fans are reminded that the stadium gate at South High Street will be closed. Overflow crowds are common for homecoming.

Extra points

The Pointers used their bye week last weekend to work on their running and working in the weight room.

Following Homecoming, the Dogs enter an intense Western League schedule with games against, in order, Madison, Lincoln, St. Augustine and Cathedral Catholic.

The Pointers are currently 5th of 17 teams in MaxPreps Div. II playoff rankings.

Pointers cage Eagles with strong finish

**Five Ways to Maximize Learning (In or out of school)**

1. **Get Adequate Sleep:**
   - Proper sleep cleanses the brain.
   - Stomach dehydration affects brain function.
   - Our brains consist of 60% fat.

2. **Drink Enough Water:**
   - Visual, Auditory, Kinesthetic, Tactile
   - No joke! Fast-paced action games build your brain.

3. **Consume Fats:**
   - Proper sleep cleanses the brain.
   - Stomach dehydration affects brain function.

4. **Know Learning Style:**
   - Proper sleep cleanses the brain.
   - Stomach dehydration affects brain function.

5. **Play Video Games:**
   - Proper sleep cleanses the brain.
   - Stomach dehydration affects brain function.

Just as there are techniques to maximize learning, techniques can maximize your position in a real estate transaction. You need a knowledgeable real estate professional - one who understands and protects your interests.

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14

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**La Jolla**

| Sat/Sun 1-4pm | 2050 Windansea St | $2,185,000 | Tina Moen | 619-310-2044 |
| Sun 1-4pm | 2433 Presidio Dr | $2,300,000-$2,400,000 | Rosemary Logan | 619-835-5701 |
| Sun 1-4pm | 2505 Rancho Monte Carlo | $2,300,000 | Peggy Collins | 619-415-4802 |
| Sun 1-4pm | 1201 Virginia Way | $2,610,000 | Annette Tidelli | 619-322-3844 |
| Sat/Sun 1-4pm | 1141 La Jolla Ranch Road | $2,800,000 | Linda Daniels | 619-301-3031 |
| Sun 1-4pm | 2600 La Jolla Ave | $3,400,000 | The Reed Team | 619-395-4033 |
| Sun 1-4pm | 3734 Ocean View | $4,490,000 | Scott Appleby | 619-575-2014 |
| Sun 1-4pm | 1350 Virginia Way | $3,800,000 | Nelson Okamoto | 619-710-5730 |

**ENCINITAS**

| Sat/Sun 10-2pm | 1245 Poinsettia | $1,489,000 | Scott Appleby | 619-575-7014 |

**OCEAN BEACH**

| Sat/Sun 1-4pm | 4477 Monterey St 4110 | $2,300,000 | Calina Russell | 619-220-2801 |
| Sat/Sun 1-4pm | 4335 Monterey St 41 | $2,300,000 | Calina Russell | 619-220-2801 |
| Sat/Sun 1-4pm | 4530 Del Monte Ave | $2,500,000 | Calina Russell | 619-220-2801 |

**SUNSET CLIFFS**

| Sat/Sun 1-4pm | 718 Centeno St | $2,200,000 | Calina Russell | 619-220-2801 |
| Sat/Sun 11-2pm | 718 Centeno St | $2,200,000 | Calina Russell | 619-220-2801 |
| Sat/Sun 11-2pm | 3200 Bryne St Unit K 201 | $2,600,000 | Steve Sullivan & Chris McMahon | 619-685-5843 |

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Apricot Yarn & Supply Celebrates 1 Year in Liberty Station

Apricot Yarn & Supply, the peninsula’s only yarn shop, recently celebrated the one year anniversary of their opening in Liberty Station. The local yarn shop is owned and operated by Sara Heckman, a Point Loma native, artist, and mother of three school-age daughters. Since opening, Apricot Yarn & Supply has received overwhelming support from the local fiber arts community. “The inspiration and support of the community has been instrumental in our success! We have met so many amazing knitters and crocheters who have shared their fiber journey with us. Our goal was to create a beautiful space for inspiration, where you can come and spend time creating, learning and socializing. Without each of our customers, that would not have been possible.”

The local yarn shop community (a “LYS” is classified as an independently operated shop that specializes in yarn and the fiber arts, caters to the local community) recently held their annual San Diego Yarn Crawl - a multi-day self-guided tour of all the yarn shops in the county (and 2 alpaca farms). Apricot Yarn & Supply participated in the Yarn Crawl for the first time in 2018, and saw a great influx of new visitors from the far corners of San Diego County and Southern California descend upon the Liberty Station shop. During the Yarn Crawl, Apricot Yarn & Supply also hosted yarn makers and designers for “trunk shows” to highlight the latest yarn offerings.

“I look forward to each day. I feel like we’re just getting started!” – Sara Heckman, Proprietor

Apricot Yarn & Supply offers classes, lessons for beginners & kids, open social knit/crochet get-togethers, and other fun events. Facebook: apricotyarn

Instagram: apricotyarn

www.apricotyarn.com

2690 Historic Decatur Rd, Suite 101, San Diego, CA, 92106