New crop of ‘trees’ go up near harbor

Dr. LEE CARNELL | DOWNTOWN NEWS

For the seventh year in a row, the Public Art Department at the Port of San Diego is installing 10 new tree-like sculptures along Harbor Drive. The Urban Trees 7 project gets underway.

The project started as a way to give local artists an opportunity to display their work on public property while adding to the ambiance of the waterfront. “The first year we did it, it was so popular,” said Port senior public relations specialist Margarette Elcone. “It got worldwide attention. It has turned into something local artists and enthusiasts anticipate eagerly.

To make it all happen, the Public Art Committee first sends out a call to artists who can then send in a small model of their proposed design for approval. Although many artists are local, they can come from all over. If accepted, artists receive $2,500 for supplies and then it’s up to them to complete the project. The committee also supplies a 12-foot pole for support, but it’s up to each artist to decide how big the tree will be — as long as it’s deemed safe. “We consider this a pretty good deal economically,” Elcone said. “It’s a small price to pay for all of the positivity it brings down to the waterfront and all the activity and enjoyment they provide.”

The new tree sculptures are being installed now through Oct. 14 with a dedication ceremony set for Oct. 28 in front of the B Street cruise ship terminal. So, what happens to the massive structures once their year is up and they’re removed? At that point they go back to the artists and they can do whatever they want with the sculptures. If people are interested, they can purchase the trees which range from $9,000 to $40,000. In the past, businesses have purchased the structures as well as a few individuals.

For more information, visit www.portofsandiego.org or call (619) 686-7246. For a complete listing of all activities, visit www.sandiegomuseum.org or call (619) 231-5008. Part goers must be 21 or older and drink specials and entrance into the haunted hotel are available.

Spooky Events Planned Downtown Throughout October

Dr. MARKO LAMB | DOWNTOWN NEWS

Happy hauntings are occurring all over this month. From the city’s biggest block party of the year to one of the spookiest haunted houses in the nation, downtowners are sure to have a frightening good time this Halloween.

Dos Equis XX Monster Bash
San Diego’s biggest Halloween block party is back! Hundreds of成本-paid partiers will once again fill the outdoors of Gaslamp Quarters on Seventh Avenue between Market and J streets and on Island Avenue between Sixth and eighth avenues for the annual Monster Bash. The madness begins on Saturday, Oct. 31 at 6 p.m. and lasts until midnight. The evening’s entertainment lineup includes, 10 DJs, three bands, and Monster Bash’s famed $3,000 costume contest, are sure to be a plethora of creatures out to the streets. If that isn’t enticing enough, attendees will be chilled to the bone by tantalizing superheroes go-dancers atop fully stocked bars, the first-ever all-girl 18 Sexy Stubby Party, and dance performances by Lady Gaga’s “Little Monsters.”

The party doesn’t stop when the clock strikes 12. Either. Monster Bash waitresses also serve tickets for food and drink specials and entrance to the arena’s hottest nightclubs. Tickets are $25 in advance and $30 at the door. To purchase tickets in advance, visit www.sandiegomonsterbash.com or call McFaulurna Promotions at (619) 231-5008. Part goers must be 21 or older and have a valid ID to enter.

Haunted Hotel
Once the doors creak open at the Haunted Hotel, there is no turning back. The Haunted Hotel is located on the corner of Fourth Street and Market in a 130-year-old building, so the eerie mood is set already. Guests are welcomed into the hotel by the faint sound of cackling and howling chainsaws. Things start getting scary as soon as visitors step foot into the elevator that takes them several floors below. An asylum full of cloths and a subway station waiting room where zombies like to hang out are just some of the frightening sights inside the hotel. If the dot room doesn’t send dutiful visitors for the exit, a creature with a chainsaw certainly will.

The Haunted Hotel is open from 7 p.m. to 11 p.m. on Sundays, Wednesdays, and Thursdays, and 6 p.m. to 1 a.m. on Fridays and Saturdays until Oct. 31. Organizers suggest buying tickets online to avoid the ticket booth line. General admission into the hotel is $15 on Sundays, Wednesdays and Thursdays, and $17 on Fridays and Saturdays. The hotel is not recommended for children under 10, women who are pregnant or visitors who have a heart condition. Tickets are available online at www.hauntedhotel.com.

Halloween Family Day
No tricks. Children 17 and under get in free to more than a dozen museums in Balboa Park for the year’s second annual Halloween Family Day on Saturday, Oct. 30, with the purchase of an adult ticket. Treats will be in the form of hands-on activities, crafts, special tours, storytelling and many other free goodies at participating museums from 11 a.m. to 1 p.m. Children can get up close with creepy creatures at the Reuben H. Fleet Science Center, build and decorate their own glow-in-the-dark ghostly steam engine at the San Diego Model Railroad Museum, or go on a spooky tour in the San Diego Museum of Man’s Egyptian mummy collection.

Children and adults alike can enjoy the special prizes given away throughout the park, including passports to Balboa Park, “Creepy” tickets at the Old Globe Theatre, Old Town Trolley tickets and Junior Theater tickets. For a complete listing of all activities for the second annual Halloween
**Pinnacle**

$1,399,000

Spacious turn key 2 bedroom, 2.5 bath plus den corner unit with spectacular water views. A parking spaces plus storage – this is the home you have been waiting for!

**Treo**

$419,000

Immaculate, spacious, light and bright 2 bedroom plus den Little Italy condominium with 2 baths and a gorgeous kitchen freshly updated and ready tomarrow in to today!

**Legend**

$975,000

Beautifully furnished two bedroom, two bath with a spacious South facing deck, extensive built-ins, 3 LCD TVs, remote solar shades, fine furnishings, 2 parking spaces and storage.

**Village Walk**

$459,000

Stunning light filled two story West facing loft in the heart of Little Italy with bay views from the master bedroom, soaring ceilings, 2 bedrooms, 2 baths.

**Treo**

$419,000

Immaculate, spacious, light and bright 2 bedroom plus den Little Italy condominium with 2 baths and a gorgeous kitchen freshly updated and ready tomarrow in to today!

**Meridian**

$1,180,000

The perfect choice - the pairing of gracious space and ever changing views. 2 bedrooms, 2 baths marvelously finished exuding warmth & a timeless appeal.

**Hillcrest**

$470,000

One bedroom loft in the highly coveted “Cable Building” - quintessential NYC style loft created by Jonathan Segal & James Schmidt with exposed brick, sleeping loft, space & light.

**Atria**

299,000

Like new light and bright condo with an interior balcony overlooking serene courtyard trees. Experienced short sale team will guide you to ownership of this wonderful value in the Marina District.

**1 Mission**

From THE HIGH $400,000s to 1,300,000

Exceptional brand new award-winning, 2-story townhomes and flats now selling in Mission Hills — Open daily 10 a.m. to 5 p.m. at 845 Ft. Stockton #14

www.1mission.com
Each year, the City Council is faced with the same, old debate — where to provide shelter and services to nearly 350 homeless individuals during the winter months. This year is no different.

The East Village neighborhood has been host to one of two winter shelters, housing 200 adults in a temporary canvas tent for three years in a row. Once again, the San Diego Housing Commission has recommended the East Village neighborhood — on the 1300 block between F and G streets — to be the site of this year’s Emergency Winter Shelter Program.

Some residents in the East Village neighborhood oppose the site, claiming that it is a terrible marquee to have set in their neighborhood and that they have done their fair share for the homeless population downtown.

“We have a not-in-my-front-yard attitude,” said David Hazan, president of the East Village Homeowners Association, explaining that the proposed winter shelter would be located where 20,000 cars pass each day to exit and enter state Route 94.

Year after year, the same debate over the location of temporary winter shelters for the homeless fuels a demand for the City Council to implement a long term solution — the creation of a permanent homeless shelter.

“Homelessness is not a seasonal thing,” said Robin Munro, project director for Downtown San Diego Partnership’s Registry Week, the most extensive survey of the homeless ever conducted in San Diego.

“I don’t think temporary shelter is the solution. I think permanent, supportive housing is the solution with some sort of

Permanent homeless center still fueling debate

By MARIKO LAMB | DOWNTOWN NEWS

Downtown’s World Trade Center building is the proposed site for a permanent homeless shelter.

SEE SHELTER, Page 4
package put together to help people get jobs and other benefits,” she said.

Although she called the winter shelters a “necessary evil” for now, Munro urges the city and county to push forward with a permanent solution.

On Oct. 5, the City Council voted to approve a proposed Exclusive Negotiations Agreement with Connections Housing L.P. to rehabilitate the San Diego World Trade Center (SDWTC) building into a permanent homeless service center and housing facility. The council further approved exclusive negotiations with the city of San Diego for site control of the SDWTC and acquisition of its adjacent parking structure for future development of the facility.

Connections Housing L.P., a limited partnership developer with People Assisting the Homeless (PATH), will work with the city in an estimated $11 million project to convert the SDWTC, located at 1,250 Sixth Ave., into a one-stop service homeless center, complete with a medical clinic, job training, and 150 permanent supportive housing units. The council held a special Redevelopment Agency meeting Tuesday afternoon, took public testimony, heard from the agency and voted 8-0 in favor of the proposal.

Few people disagree that there is a need for a permanent shelter in San Diego. The dividing point is, again, over its location. Business owners, residents and council members do not want the shelter in their district out of fear that it will denigrate the image of their neighborhood and business environment.

Adding to concerns from local business owners in the area about how the homeless shelter may affect their business, is the fact the World Trade Center building also sits across from Kinder-Care Learning Center, a child day care program, which may make parents wary as well. Supporters of the plan hope to have the homeless service center running by 2012.

HOTELS

Contingent upon passage of the city’s proposed review change, and precedent its findings during the Sept. 13 press conference. His analysis was also provided to the City Council prior to the council’s vote last month. In his analysis, London detailed the potential fiscal and economic impacts of the proposed ordinance, and concluded that the development and operation of a 300-room hotel would not be feasible using union labor, thus compromising the development of 12 hotels currently proposed in downtown San Diego.

“This hotel rooms won’t be developed,” London said. “If these hotel rooms won’t be developed, it places the third phase of the Convention Center in jeopardy.”

London also emphasized the importance of the Convention Center’s expansion holds for the city’s revenue-generated events such as Comic-Con.

Although Comic-Con organizers have agreed to continue holding the convention in San Diego after their contract expires in two years, they have been concerned by the lack of hotel space and moderately-priced hotel rooms to accommodate the more than 140,000 attendees.

“This is a job-killer, pure and simple,” said District 2 City Councilman Kevin Faulconer, who represents the downtown area. “My biggest concern is that the council placing conditions on projects will drive hotel developers from San Diego and into other cities.”

Faulconer voted against the initiative on Sept. 14.

Although the first step toward shifting approval for hotel projects to the City Council is under way, the debate is not over yet. The ordinance will likely come before the City Council for review in December.
The world’s first and only 100% invisible, extended wear hearing device

- Worn 24/7 for up to 4 months at a time*, while sleeping, showering, exercising and talking on the phone
- Delivers clear, natural sound quality – minimizes background noise
- No daily hassles – no batteries to change or daily insertion or removal required

3-DAY SPECIAL EVENT: October 19th-21st
RISK-FREE 30-Day Trial**
FREE Lyric Screening

1310 Rosecrans Street, Suite A
San Diego, CA 92106

Call to Make an Appointment Today!
1-877-406-5734
www.peninsulahearingcenter.com

*Individual results may vary. Please ask your hearing professional during your routine office visit.
**Prescription fees may apply. Annual subscription begins the first day of trial. Lyric is not appropriate for all patients. See your Lyric hearing professional to determine if Lyric is right for you.
© 2010 Resound Hearing, Inc. All Rights Reserved.
48th Annual Alonzo Awards
Celebrating a Decade of Downtown Milestones

Founders Award
James R. Dawe

Sustainable Business Practices Award
San Diego Convention Center Corporation

Vic Kops Humanitarian Award
St. Vincent De Paul

Distinguished Alonzo
San Diego Symphony

Alonzo Awards
Channel 4 San Diego
Procopio, Cory, Hargreaves & Savich LLP
San Diego Public Library Foundation
Ten Fifty B – Affirmed Housing Group
San Diego Chargers – 50th Anniversary Block Party

Hilton Bayfront Hotel, Indigo Ballroom
Wednesday, November 3, 2010
Cocktails 5:30pm • Dinner 7:00pm

Brought to you by

For information and tickets contact Sheri Snead @ (619) 234-0201 or ssnead@downtownsandiego.org
2010 Alonzo Award winners announced

The Downtown San Diego Partnership announced the recipients of its 48th Annual Alonzo Awards, which honors people, projects and programs that have helped revitalize or renew the downtown region in the past year.

This year, the Alonzo Awards recognizes James Davie, recipient of the Founders Award; St. Vincent De Paul, recipient of the Humanitarian Award; San Diego Convention Center, recipient of the Sustainable Business Practices Award; and San Diego Symphony, recipient of the Distinguished Alonzo.

Other Alonzo Award-winners include Channel 4 San Diego, Procter Cory Hargreaves & Savich LLP, San Diego Library Foundation, Ten Filty B Street and The San Diego Chargers.

The recipients of the awards will be honored at a dinner gala sponsored by Turner Construction, KHS&S Contractors, and Tucker Sadler Architects at the Hilton San Diego Bayfront hotel on Nov. 3 at 5:30 p.m. For more information, visit www.downtownsandiego.org, call Sheri Snead at (619) 234-0201 or e-mail ssnead@downtownsandiego.org.

Comic-Con renews contract in San Diego

The San Diego Convention Center Corporation (SDCCC) announced that Comic-Con International has renewed its contract in San Diego through 2015.

The largest comic book and popular arts convention in the world, it will continue to make its home in San Diego for 40 years and is the Convention Center’s largest and most profitable event of the year. Bringing the city $162.8 million in indirect revenue last fiscal year.

Port of San Diego president resigns

Charles D. Wurster, president and CEO of the Port of San Diego, announced his resignation from the position on Sept. 24. Wurster served 37 years in the Coast Guard before retiring as commander and accepting the position as president of the agency in January 2009. During his tenure, he initiated a strict Port budget plan and led the staff on negotiations and plans for high-profile, inter-agency projects including the North Embarcadero Visionary Plan and the proposed expansion of the San Diego Convention Center.

Wurster cited that it was “time to move on” in a memo to Port employees. Port Commission Chairman Robert Vaderrama announced his gratitude to the former President of the agency for getting the Port through a tough budgetary cycle and wished him the best in his future endeavors.

The appointment of Vice President of the Administration, Wayne Darbeau, as interim President and CEO of the agency was announced Oct. 5. Darbeau has worked with the Port for 12 years, serving in many leadership roles including senior director, director and vice president. He will remain on the job until a nationwide search for a new CEO is complete.

Downtown Partnership welcomes chief justice

The Downtown San Diego Partnership (DSP) will welcome California Chief Justice Ronald George as a special guest to its breakfast on Monday, Oct. 18 at the Westgate Hotel.

Chief Justice George was appointed in 1991 to the Supreme Court of California by Governor Pete Wilson. He was elected in 1994 to a full term and later appointed as 27th chief justice of California in 1996. After a 38-year career in the state court system, Chief Justice George has announced that he will retire in January 2011.

The breakfast will be sponsored by Higgs, Fletcher & Mack LLP and Torrey Pines Bank. Check-in begins at 7:30 a.m. and the breakfast begins at 8 a.m. Tickets are $30 for members and $35 for non-members. To RSVP or for information on premier table prices, call Sheri Snead at (619) 234-0201 or e-mail ssnead@downtownsandiego.org.

Center renamed to honor Sheila Hardin

The City Centre Development Corporation (CCDC) renamed its Downtown Information Center in honor of former Community Relations Manager Sheila R. Hardin, who passed away this April. In honor of Hardin’s dedication to CCDC and the improvement of downtown San Diego, CCDC held a celebration at the center located in Westfield Horton Plaza on Sept. 21. The celebration included a tribute to the long-time employee of CCDC and an unveiling of the information center, followed by a reception.

Hardin worked for CCDC as a volunteer for two years and a full-time employee for 21 years. She served as community relations manager and The Downtown San Diego Partnership (DSP) will welcome California Chief Justice Ronald George as a special guest to its breakfast on Monday, Oct. 18 at the Westgate Hotel.

Chief Justice George was appointed in 1991 to the Supreme Court of California by Governor Pete Wilson. He was elected in 1994 to a full term and later appointed as 27th chief justice of California in 1996. After a 38-year career in the state court system, Chief Justice George has announced that he will retire in January 2011.

The breakfast will be sponsored by Higgs, Fletcher & Mack LLP and Torrey Pines Bank. Check-in begins at 7:30 a.m. and the breakfast begins at 8 a.m. Tickets are $30 for members and $35 for non-members. To RSVP or for information on premier table prices, call Sheri Snead at (619) 234-0201 or e-mail ssnead@downtownsandiego.org.

Center renamed to honor Sheila Hardin

The City Centre Development Corporation (CCDC) renamed its Downtown Information Center in honor of former Community Relations Manager Sheila R. Hardin, who passed away this April. In honor of Hardin’s dedication to CCDC and the improvement of downtown San Diego, CCDC held a celebration at the center located in Westfield Horton Plaza on Sept. 21. The celebration included a tribute to the long-time employee of CCDC and an unveiling of the information center, followed by a reception.

Hardin worked for CCDC as a volunteer for two years and a full-time employee for 21 years. She served as community relations manager and

2010 Centre City Advisory Committee CCAC Elections Participate.

CCAC is the state-mandated, city-chartered community planning group for downtown San Diego that represents the residents, property owners and business interests of the downtown community.

Run.

This year 11 seats are open to downtown residents, business owners and community organizations. Elections take place Oct. 25 and 26.

Vote.

Be part of downtown San Diego’s future. Hear from the candidates and vote at the October 25 election kick-off event at the Sheila R. Hardin Downtown Information Center, 5 p.m. to 7 p.m. Voting stations also will be open on Tuesday, Oct. 26 from noon to 6:30 p.m. at three convenient downtown voting stations:

Shelia R. Hardin
Downtown Information Center
109 Horton Plaza
(Next to CVS/pharmacy)

Caffe Italia
1704 India Street
(between Dario and Fire streets)

Venetissimo Cheese
677 6 Street
(between Eighth and Ninth avenues)

Questions?

Please call Brandon Nichols at 619-533-7162 or e-mail nichols@ccdc.com.

For more information about the 2010 elections, a complete list of current CCAC members and all election and voting forms, visit www.ccdcc.com and click on CCAC.
Yes on Prop D: Why I support Proposition D

By BILL KOLENDER

Having spent a lifetime in law enforcement — as a beat cop, San Diego police chief and sheriff — I know who to trust when it comes to protecting our families and communities from crime.

With the election this November, San Diegans will be making a decision that will determine the kind of city we live in. It’s never been more important than now to know who you can trust on matters of public safety.

For decades, the San Diego Police Department has been a national model of innovation and efficiency. We were leaders in the movement that brought about community-oriented policing. We have been able to keep our crime rates low and reduce our priority-call emergency response times, despite having far fewer officers per capita, and far less resources than other major cities.

But without the reforms and revenues that will result from Prop D, the future of San Diego — and the safety of its citizens — looks bleak.

San Diego faces a $7.2 million deficit next year in its General Fund, the part of the budget that pays for essential public services like police, fire, parks and libraries. Police and fire alone account for half of all General Fund spending.

If the City Council has to cut the budget by $7.2 million, it’s almost certain that public safety will take a serious hit.

For years, the mayor, himself a former police chief, and the City Council shielded public safety departments from budget cuts. They did this by taking deeper reductions elsewhere, especially in park and recreation programs and library hours. Overall, more than 1,400 city jobs were eliminated.

But as the recession continued to erode revenues, that wasn’t enough.

To close a $179 million deficit last year, the city had to eliminate 200 police department positions, including personnel who assist in investigations, support our detectives and enforce neighborhood codes.

In that same budget, the City Council began the “rolling brown-outs” at fire stations that idle eight engines a day and increase 9-1-1 response times. It also reduced lifeguard patrols, leaving one popular beach without anyone to guard swimmers.

Those were difficult decisions, but they were made in order to focus on the core mission of the City Council to have a strong, effective law enforcement force.

Mayor Jerry Sanders has made it clear that cuts in public safety will be necessary to balance the budget. As preparation for next year’s budget, the police chief has been asked to propose $15.8 million in additional cuts. The fire chief has been asked to propose $7.2 million in additional cuts.

Yet opponents of Prop D want taxpayers to think these threats to public safety are not real.

The spokesperson for the No on D campaign recently advocated that the city eliminate its Lifeguard Service altogether, claiming that people who swim in the ocean should be prepared to pay the price for their risk.

Apparentl, this politically-ambitious counselor hopes you will forget that last year, the City Council did exactly that.

Mayor Sanders, by contrast, has been responsibly reducing and reforming the city budget for five years. And he says that deep cuts in public safety are inevitable if Prop D fails.

The public will have to decide who it believes.

I trust Mayor Sanders. You should, too.

— Bill Kolderer retired as county sheriff last year after more than 50 years in law enforcement, including 13 years as San Diego’s chief of police.

No on Prop D: A blank check tax increase

By CARL DEMAIO

Every San Diegan wants their city government to get back on the right track. Fortunately, most San Diegans realize the way to fix city government is not to give more money, but to insist on reforms to well-documented waste in the budget and unaffordable pension packages for city employees.

Indeed, for years have years have wisely called on city leaders to reform city pensions, cut wasteful spending and open city services up to competitive bidding. Unfortunately, city leaders and city labor unions have spent years defending, lodging and derailing reform in city government.

Now, the politicians and labor unions are desperately — and are asking taxpayers for a bailout with Proposition D. Prop D would raise city taxes by a risky billion dollars — at a time when many San Diegans are already struggling to make ends meet. Worse, Prop D gives city politicians a “blank check” for tax increase with no guarantees on how the money would be spent.

That’s why leading taxpayer advocates and government watchdogs all oppose Prop D.

To try to lure voters into supporting that massive tax hike, city politicians and labor unions are saying simply “trust us.” Their campaign advertisements go on at length about how much life is threatened by layoffs to police and firefighters.

In this regard, Prop D is one of the most misleading propositions to make the ballot. While Prop D is being sold by city politicians and city labor unions as “restoring” vital city services, not a penny of the increased tax revenue will go to those city services. To the contrary, with the city’s annual pension payment increasing dramatically each year, you can expect increased tax revenue to be diverted to the city’s financially-troubled pension system rather than to restore city services.

The pension and retiree health care costs are more than $3.8 billion in debt — and the true annual cost of retirement benefits last year was higher than $1.7 billion — or roughly two-thirds of the city payroll.

These costs are driven by unaffordable benefit packages awarded to city government employees over the years — a problem that Prop D fails to solve. City employees can retire as early as age 50, can “double dip” by receiving their full salary and a full pension allowance during the last five years of their city service, and receive free taxpayer-funded healthcare for life — among other perks that you will be hard pressed to find anywhere but our own city government.

San Diegans do not receive these lavish benefit packages, but under Prop D they are now being asked to pay more during a historic economic downturn to pay the bill for them.

In this regard, Prop D is essentially a “pension tax” that will be used to service unaffordable pensions and benefits granted to city employees over the years.

Prop D’s proponents shamefully tout “reforms” as part of their ballot arguments to convince voters to approve the tax increase. However, Prop D does not require that any financial reforms actually be implemented. Moreover, several of the “reforms” included in Prop D are weak and outright misleading.

While proponents claim they have already made cuts, the truth is virtually all of the positions eliminated over the years were vacant. When proponents claim they have reformed pensions, the reality is they have made only modest changes for new hires — and left the last’s share of pension perks untouched. While they claim to embrace managed competition as part of Prop D, they refuse to commit to actually bid out any services.

City politicians know the “conditions” in Prop D are simply provided to help sell a tax increase to voters. That’s why Prop D contains no actual contracts for actually saving money for city taxpayers.

Without concrete guarantees that fiscal reforms will be implemented, the city of San Diego will continue to waste millions of taxpayer dollars each year. And without reform, it won’t be long before city leaders are back again asking for more free tax, with another tax increase. No on Proposition D.

— Carl DeMaio is a member of the San Diego City Council representing District 5.
was highly active in the development and management of the annual San Diego Multicultural Festival and Downtown Information Center until she lost her battle with cancer this year. Hardin was described by CDC employees as a “San Diego enthusiast and a truly inspirational person.”

Traffic signals installed at busy intersections

Major intersections in downtown San Diego are now safer for drivers and pedestrians, thanks to the completed installation of six new traffic signals.

The Centre City Development Corporation (CCDC), working on behalf of the San Diego Redevelopment Agency, installed these new crossings in response to public demands for improved vehicle and pedestrian traffic, and concerns about safety at major intersections downtown.

The new traffic signals are located at Market and Union streets; Market Street and Third Avenue; Market Street and Ninth Avenue; Park Boulevard and Island Avenue; Park Boulevard and J Street; and Front and Cedar streets in the Cortez, Marina and East Village neighborhoods. The total project cost $1.25 million and was funded through property taxes and a SANDAG/TransNet grant.

Prehistoric whale fossil unearthed at Zoo

A construction worker at the San Diego Zoo hit something strange with his excavator while digging for a storm water tank on Thursday, Sept. 16. The scraping sound indicated that the worker hit a solid object in the fine grain sand that he was excavating. San Diego Natural History Museum paleontologist Gina Galvano was on duty during the excavation and discovered that what the worker had hit was actually a bone.

Not just any bone, it was a 3 million-year-old, 2.4-foot-long whale fossil.

The whale skull and vertebrae appeared to be well-preserved. The fossil will be brushed, boxed and relocated to the museum’s laboratory for closer inspection.

WTCSD receives multi-year grant

The International Trade Administration (ITA) of the U.S. Department of Commerce granted the World Trade Center San Diego (WTCSD) the Market Development Cooperator Program award (MDCP), a multi-year grant to encourage the use of U.S. technology for water projects in the Middle East, North Africa and India.

WTCSD will receive more than $141,000 each year for the next three years to host workshops, trade missions, counseling sessions and webinars to help countries develop sustainable water management solutions. The ITA will work with the WTCSD to stimulate the growth of U.S. jobs in the engineering, construction, equipment supply, operations management and finance sectors by developing work relationships in interested countries and matching U.S. companies with international buyers.

The ITA estimates that the WTCSD, through its $425,000 MDCP grant, will generate $27 million in export sales that will create jobs in the U.S. in the next five years.

We want to hear from you:

Find the Mojo — Check out the Carousel Challenge in Seaport Village on Friday, Oct. 8. Find an act with “Mojo” in its name, get a creative photo featuring someone from the show and post it on the Where You Want To Be Tours Facebook page. The best picture wins a walking tour for up to four through the Hidden Canyons of Balboa Park and Bankers Hill.

Groove Family Dance Jam” will feature a diverse group of dance companies that will perform throughout the day at the museum and it’s free with regular museum admission.

The day-long shows feature all types of dance genres including the Super Galactic Beat Manipulators, Studio FX, Jean Isaacs San Diego Dance Theater and Ohio. The Show. Organizers said they want to engage and inspire, so following the performances, families will be able to interact with the dancers and ask questions.

• And finally, the San Diego History Center is teaming up with The Old Globe Theater on an interactive exhibition called “Dressing The Part: Costume Design at the Old Globe.” It opens Oct. 14 and runs until April 2011. Christianne Penunuri, media spokeswoman for the center, said the exhibition gives a peak behind the curtain of the legendary theater.

“People will get to see how a costume transforms an actor into a character,” Penunuri said. “There will be actual costumes you can try on and then take a photo in front of a mini recreation of the Globe’s stage. Another unique part of the exhibition is a video that takes you through the two-week process of how a wig is created.”

In addition, there will be a gala reception, hosted by The Costume Council of San Diego History Center, to raise funds to help support and promote the exhibition. This event is Thursday, Oct. 14 at 6:30 p.m. — Marc & Darlyanne Menkin are the co-owners of Where You Want To Be Tours. Many of their tours and team building scavenger hunts feature secret downtown areas. www.whereytours.com
**Seaport Village set to celebrate 30 years with waterfront gala**

Seaport Village is ringing in its 30th birthday in unique fashion Oct. 8-9. The seaside shopping center near the heart of downtown is celebrating its first three decades by staging a competition for 30 hours. Contestants will ride the village’s iconic Looff carousel for 30 hours straight to see who the last person riding will be. The grand prize of $10,000 is sure to keep the enduring intrigue going. Visitors are allowed to ride the carousel throughout the competition as well.

While just about every local or visitor has passed through Seaport at one time or another, many probably don’t realize its history is longer than some of its more bustling downtown neighbors.

“Seaport Village was downtown before the Convention Center, before the Gaslamp and Horton Plaza,” said General Manager Terry Hall. “We are kind of the trendsetters for downtown. It’s kind of nice being the first ones here and after 30 years we’re still here and going strong.”

Seaport Village has more than 50 shops, 13 casual eateries and four fine-dining restaurants. Many of the shops that opened 30 years ago are still running business as usual and have become icons of the area.

To celebrate its 30th anniversary bash, the party will include music, food and drinks for the two-day event. On Friday night, visitors can enjoy $1 beers from 7 to 9 p.m. and $2.50 beers until the kegs run dry. The festivities run through the wee hours of the night until the marathon carousel competition ends.

Despite all of the construction and traffic downtown, Seaport Village remains a relaxing and calming place to get away from it all.

“We’re our own little fishing village right here on the water,” Hall said. “It was built for dining and shopping downtown. People who came here as children are now bringing their own children.”

Whether folks want to just go for a walk, watch the windsurfers or sea lions, Seaport is a unique downtown destination.

The celebration begins at 10 a.m. on Friday and ends when the carousel competition grand-prize winner is announced at 4 p.m. Saturday.

**Mobile Tech makes repairs easy and affordable in East Village**

You broke your iPod, again. You’re not sure if it’s worth repairing or tossing. None of your friends have a clue either, and you don’t have the time to look into it. So you toss it and head out to the store for a new one. Here’s where Mobile Tech, a computer, iPod and cell phone repair shop, could have saved you some money.

Mobile Tech offers free diagnostics and estimates on anything from custom home theaters to Blackberries. Even better, if you decide to go through with the repairs, they will do them fast.

Mobile Tech was started in 2010 by Mick Baca. Baca came up with the idea for Mobile Tech, which offers free diagnostics and estimates for repairs on anything from custom home theaters to Blackberries.

“We’re our own little fishing village right here on the water,” Hall said. “It was built for dining and shopping downtown. People who came here as children are now bringing their own children.”

“Whether folks want to just go for a walk, watch the windsurfers or sea lions, Seaport is a unique downtown destination.”

The celebration begins at 10 a.m. on Friday and ends when the carousel competition grand-prize winner is announced at 4 p.m. Saturday.

**Seaport Village set to celebrate 30 years with waterfront gala**

Seaport Village is ringing in its 30th birthday in unique fashion Oct. 8-9. The seaside shopping center near the heart of downtown is celebrating its first three decades by staging a competition for 30 hours. Contestants will ride the village’s iconic Looff carousel for 30 hours straight to see who the last person riding will be. The grand prize of $10,000 is sure to keep the enduring intrigue going. Visitors are allowed to ride the carousel throughout the competition as well.

While just about every local or visitor has passed through Seaport at one time or another, many probably don’t realize its history is longer than some of its more bustling downtown neighbors.

“Seaport Village was downtown before the Convention Center, before the Gaslamp and Horton Plaza,” said General Manager Terry Hall. “We are kind of the trendsetters for downtown. It’s kind of nice being the first ones here and after 30 years we’re still here and going strong.”

Seaport Village has more than 50 shops, 13 casual eateries and four fine-dining restaurants. Many of the shops that opened 30 years ago are still running business as usual and have become icons of the area.

To celebrate its 30th anniversary bash, the party will include music, food and drinks for the two-day event. On Friday night, visitors can enjoy $1 beers from 7 to 9 p.m. and $2.50 beers until the kegs run dry. The festivities run through the wee hours of the night until the marathon carousel competition ends.

Despite all of the construction and traffic downtown, Seaport Village remains a relaxing and calming place to get away from it all.

“We’re our own little fishing village right here on the water,” Hall said. “It was built for dining and shopping downtown. People who came here as children are now bringing their own children.”

“Whether folks want to just go for a walk, watch the windsurfers or sea lions, Seaport is a unique downtown destination.”

The celebration begins at 10 a.m. on Friday and ends when the carousel competition grand-prize winner is announced at 4 p.m. Saturday.

**Mobile Tech makes repairs easy and affordable in East Village**

You broke your iPod, again. You’re not sure if it’s worth repairing or tossing. None of your friends have a clue either, and you don’t have the time to look into it. So you toss it and head out to the store for a new one. Here’s where Mobile Tech, a computer, iPod and cell phone repair shop, could have saved you some money.

Mobile Tech offers free diagnostics and estimates on anything from custom home theaters to Blackberries. Even better, if you decide to go through with the repairs, they will do them fast.

Mobile Tech was started in 2010 by Mick Baca. Baca came up with the idea for Mobile Tech, which offers free diagnostics and estimates for repairs on anything from custom home theaters to Blackberries.
Manchester Grand Hyatt
Just a stone’s throw from Seaport Village is Sally’s Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenholt’s obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

Panificio e Ristorante Solunto
Panificio e Ristorante Solunto has been around for over 40 years. The name change from Solunto Baking Co is only to show that we added a restaurant to the menu. The decor has changed as well to split the ambiance for day and night. One of the last original family members still runs the new transition of a landmark that made San Diego exuberant in delicious Sicilian style bread, cookies and pastries. The lunch portion of the business still carries all the delicacies that made us famous like sandwiches, hot food, and pizza. Now the dinner menu has a great influence in the Little Italy area of great food. Hours are as follows: Monday 11AM-4PM, Tuesday-Friday 10AM-5PM, Saturday 8AM-5PM, Sunday 8AM-4PM. Dinners are Served Sun 5PM-10PM Address: 1643 India St San Diego CA 92101 619-233-3506 www.solunto.biz email: solunto@cox.net

Richard Walker’s Pancake House
Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the “premier” breakfast destination for San Diego’s residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker’s with you as we prepare orders to go.

Bread on Market
Downtown’s Artisan Bakery, Bread On Market is open from 7:30 to 4:00 Sunday/Thursday and 7:30 to 5:00 Friday & Saturday. We are open late night for all Padres games. Voted Best Bakery 2008 from the San Diego Downtown News 2008 and received the Silver Fork Award from San Diego Home and Garden. Schedule your next business or organization board meeting in our quaint patio or let us cater your next event. We deliver Hot Lunch and Sandwich Special or come in and enjoy a wonderful Cheese Plate with a glass of wine or beer to go with our famous Reuben. For Sweet and Treats we serve Cookies, Brownies, and Package House-made granola. Take a loaf of fresh Artisan bread home for dinner 720 Market Street SD, 92101 (Between 7th & 8th) 619-795-2730 www.breadonmarket.com

Broken Yolk Cafe
The Broken Yolk Cafe offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different omelets to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel more like lunch? Try one of our juicy ½ pound burgers or one of our large sandwiches. Our generous portions will leave you full and satisfied.

At the Beach
809 Thomas Ave
Pacific Beach, CA
(866) 270-1730

Panoramic Ocean Views
Nightly Dinner Specials
Daily Lunch Specials

Casual Full Service Dining
With Great Food,
Great Views, & Good Times
In A Comfortable Atmosphere!
Open Daily 11:00am ~ 9:00am Sat & Sun
Kitchen open ’til 1:00am Nightly

www.NicksattheBeach.com

At the Pier
5083 Santa Monica Ave
Ocean Beach, CA
(619) 222-7437

Join Us for Fun Halloween Activities

Breakfast Saturday & Sunday
Large Parties Welcome
Late Night Dining

Bread on Market
720 Market Street (between 7th & 8th)
619-795-2730
www.breadonmarket.com

The Manchester Grand Hyatt has Sally’s Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenholt’s obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the “premier” breakfast destination for San Diego’s residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker’s with you as we prepare orders to go.

Manchester Grand Hyatt Just a stone’s throw from Seaport Village is Sally’s Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenholt’s obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the “premier” breakfast destination for San Diego’s residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker’s with you as we prepare orders to go.

Manchester Grand Hyatt Just a stone’s throw from Seaport Village is Sally’s Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenholt’s obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the “premier” breakfast destination for San Diego’s residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker’s with you as we prepare orders to go.

Manchester Grand Hyatt Just a stone’s throw from Seaport Village is Sally’s Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenholt’s obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the “premier” breakfast destination for San Diego’s residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker’s with you as we prepare orders to go.

Manchester Grand Hyatt Just a stone’s throw from Seaport Village is Sally’s Seafood on the Water, a charming and sophisticated waterfront eatery. Chef de Cuisine Sarah Linkenholt’s obsession with fresh fish and bold flavors shines through in signature dishes like the decadent Lobster Pot Pie and Smoked Tomato Cioppino. Open daily for lunch, happy hour, and dinner. Late breakfast, served on weekends. Three hour validated self-parking at the Manchester Grand Hyatt San Diego.

Richard Walker’s Pancake House, an upscale fusion of traditional and gourmet breakfast favorites, is now open in the Marina District in downtown San Diego. Serving classic-style griddlecakes, crepes, omelets and other specialties, this pancake house is certain to become the “premier” breakfast destination for San Diego’s residents, employees and the tourist community! Open 6:30 a.m. to 2:30 p.m. 7 days a week, and if you are unable to stay and enjoy the atmosphere, take Richard Walker’s with you as we prepare orders to go.
San Diego’s Mystery Café is a downtown dinner theater that mixes one of the local’s best-kept secrets with wit typically set aside for Warner Bros. studio lots. On the menu this month is “Shotgun Wedding Anniversary,” a recycled Mystery Cafe original that serves up slapstick comedy with a side of double-stuffed potatoes.

Hosted at the Imperial House Continental Restaurant, the Mystery Café performs two nights a week, leaving time for its actors to tackle day jobs at Legoland or SeaWorld. The steakhouse favorite has red leather booths and high-back chairs resembling classic days long forgotten, but it’s the perfect place for “an interactive theater comedy show … with an emphasis on comedy,” said Bud Godown, owner of the San Diego Mystery Café franchise. “We’re a nice four-course meal with a fun comedy show.”

The Mystery Café, located at 505 Kalmia St., has been performing since 1991, one of the longest-running Mystery Cafes in the country (it’s a franchise out of Boston). Situated in the back of the restaurant, past the inescapable bar, with a placard all its own, the Mystery Café is a vulgar-free, innuendo-rich entertainment experience.

There’s nowhere else in town, in my opinion, that can do what we do,” Godown said. “There’s a control factor that makes us different than other dinner theaters,” Godown said. “We get people involved without embarrassing them completely, to where they have to act out the show.”

Such is the case with “Shotgun Wedding Anniversary,” where actors make note of the audience and adjust their level accordingly.

Ticket prices, depending on the day of the week, typically range from $49.50 to $59.50 each. For more information, call (619) 460-2200.

Halloween

The Haunted Trail in Balboa Park is San Diego’s only outdoor haunted attraction. The trail will be open until Oct. 31, but organizers recommend coming earlier in the month to avoid long waits.

This terrorizing mile-long trail is no walk in the park. The path twists and turns through gnarled oaks and twisted pines with frightening surprises around every corner. A freaky toy room, a zombie-filled strobe light room and a school bus full of masked characters are only some of the attractions along the trail that send visitors running for the hills. For $5, visitors can access the black light maze where crazy caryn folk lurk in the shadows, hoping to leave a carnival of carnage in their wake.

They drive lost souls to the brink of insanity until they finally find their way out of the maze.

The trail and maze is not recommended for children under 10. The trail is open Sundays, Wednesdays, and Thursdays from 7 to 11 p.m., and Fridays and Saturdays from 7 p.m. to 11:45 p.m. General admission to the trail is $15 on Sundays, Wednesdays and Thursdays, and $17 on Fridays and Saturdays. The Carnival of Carnage in the Park is $5. To purchase tickets in advance, visit www.hauntedtrail.net.
Whether a foodie or not, the Taste of Little Italy is sure to get the taste buds worked up and put the appetite on high alert for authentic cuisine on Nov. 3.

“What makes it unique is Little Italy has all family-owned and -operated restaurants,” said Marco LiMandri, executive director of the Little Italy Association. “There are no corporate entities here that run restaurants. The primary foundation of our ‘Taste’ is Italian food, but there’s a variety of other foods you can get here at the same time.”

For the third year in a row and the second time this year, locals and visitors can enjoy an array of eateries at the Taste of Little Italy. The event will be held from 5 to 9 p.m., with India Street serving as a main corridor. Tickets purchased in advance are $35 or $40 the day of the event. Diners will receive a “passport” they can use to partake in the delectable delights. The restaurants stamp the passports and provide a sample of their featured menu item.

As patrons stroll down the streets of the quaint and cozy neighborhood, they will enjoy the wafts of freshly-cooked food, as well as the sounds of live musical acts and perhaps — if so inclined — a fine glass of wine. The event takes place on a Wednesday, so visitors won’t have to worry about squeezing it into their busy weekends. Whether its a family looking to do something different or a couple pining for a romantic evening, the Taste of Little Italy is a great way to try out Little Italy’s many restaurants for just one price.

All of the proceeds go toward projects funded by the Little Italy Association. “It fundraises for the Little Italy Association, which then puts money into development of historical markers in Little Italy, as well as arts and culture,” LiMandri said. “We do a lot with public art. People can walk along the sidewalks of Little Italy and learn the history.”

LiMandri said the association expects to generate between $6,000 and $8,000 from the event.

For more information call (619) 615-1092, or visit www.tasteoflittleitaly.com.
A BIG HIT
A batter connects with the ball during tournament action Sept. 4 at the annual Little Italy Labor Day Stickball Tournament held in the streets of Little Italy. PAUL HANSEN | Downtown News

BIRDS OF A FEATHER
Evan Blem, 7, takes a close look at "Feather Harlequin" an art piece created by Stevens Jay Carter, during Artwalk on the Bay at the Hilton San Diego Bayfront Park on Sept. 18. PAUL HANSEN | Downtown News

PHOTO REVIEW

LIQUID-MOTION
Dancers perform a routine called "Taking the Plunge" in the fountain at Martin Luther King Jr. Park on Oct. 2 as part of the Trolley Dances project at trolley sites downtown. The dancers performed six times and had to dry out and warm up between performances. PAUL HANSEN | Downtown News

BELTING IT OUT
Rachel Lynn Sebastian gives it her all, singing and playing guitar for the crowd Sept. 18 at Artwalk on the Bay. PAUL HANSEN | Downtown News

A BIG HIT
A batter connects with the ball during tournament action Sept. 4 at the annual Little Italy Labor Day Stickball Tournament held in the streets of Little Italy.

BIRDS OF A FEATHER
Evan Blem, 7, takes a close look at "Feather Harlequin" an art piece created by Stevens Jay Carter, during Artwalk on the Bay at the Hilton San Diego Bayfront Park on Sept. 18.

PHOTO REVIEW

LIQUID-MOTION
Dancers perform a routine called "Taking the Plunge" in the fountain at Martin Luther King Jr. Park on Oct. 2 as part of the Trolley Dances project at trolley sites downtown. The dancers performed six times and had to dry out and warm up between performances.

BELTING IT OUT
Rachel Lynn Sebastian gives it her all, singing and playing guitar for the crowd Sept. 18 at Artwalk on the Bay.

A BIG HIT
A batter connects with the ball during tournament action Sept. 4 at the annual Little Italy Labor Day Stickball Tournament held in the streets of Little Italy.

BIRDS OF A FEATHER
Evan Blem, 7, takes a close look at "Feather Harlequin" an art piece created by Stevens Jay Carter, during Artwalk on the Bay at the Hilton San Diego Bayfront Park on Sept. 18.
100% Prime

America's Best
DONOVAN'S
STEAK & CHOP HOUSE

We invite you to experience our take on the classic steak house. Our passion for flavor and commitment to quality has encouraged a wide and loyal following. Join us at Donovan's.

877-698-6666
LA JOLLA
SAN DIEGO-GASLAMP
PHOENIX

WWW.DONOVANSSTEAKHOUSE.COM
OPEN AT 4:00PM. DINNER AT 5:00PM.
RESERVATIONS RECOMMENDED.
BUSINESS CASUAL. VALET PARKING AVAILABLE.

Martinis & Music
...Donovan’s Style

DONOVAN’S newest downtown experience brings live music into the mix. Fresh specialty martinis and an innovative small bites menu add to the classic Donovan’s dedication to premium customer service. For business or pleasure, make Circle of 5ths your next Gaslamp destination.

619-906-4850
DonovansCircle.com

Mon.-Thurs. 4pm-12am
Fri. & Sat. 4pm - late
Closed Sunday
Valet parking available
333 5th Ave.
In The Gaslamp
around the corner from
WE ARE PROUD TO WELCOME THE 4 NEWEST ASSOCIATES TO OUR GROWING TEAM:

Carlos Pastrana  
(619) 940-4505

Jorge Verdugo  
(619) 948-4402

Francine Finn  
Realtor/Owner  
(858) 518-5288

Lori Staehling  
Broker of Record/Manager  
(619) 559-5656

Raye Scott  
Realtor/Owner  
(858) 229-5424

Brent Cole  
(858) 531-8785

Cindy Davis  
(619) 813-1992

Great Agents – Thinking about making a change? Think Windermere!

Call for a confidential interview:

Lori Staehling - Broker/Manager  619.559.5656

FEATURED PROPERTIES

Downtown – East Village

Just Listed!
Great Opportunity at Icon in East Village! 7th floor unit with floor to ceiling windows, balcony overlooking the courtyard, granite counters and stainless steel appliances.

Just Listed!
$279,000

Call Sarah Scott  619-840-2767

Downtown – Overlooking Balboa Park

Urban Oasis
Iconic in location and quality. Designer Perfection overlooking Balboa Park. Short Sale offers unparalleled opportunity below comparable sales for 1,200 sq. ft. of luxury.

Urban Oasis
$1,500,000

Call Francine Finn  858-518-5288

Downtown – Marina District

Spectacular Views!
This is a rare opportunity. One of only 2 units in the Pinnacle which enjoy the expansive east, south and west views and a true 3 BR with over 2,400 sq. ft.

Spectacular Views!
$2,995,000

Call Raye Scott  858-229-5424

Downtown – Fabulous Views!

Unique and Exceptional
Purchased prior to construction, this unit was thoughtfully modified and designed like no other. Versatile floorplan, 3 balconies, Italian marble flooring. This truly must be seen to be appreciated.

Unique and Exceptional
$1,195,000

Call for More  619-481-6300

Downtown – Downtown Town Home

Design Award Winner!
Downtown's newest high-rise surpasses in quality and amenities all predecessors. 2010 ASD Award for Best Design w/ over $400K in custom upgrades. Full 3 BR/3BA.

Design Award Winner!
$1,495,000

Call Today  619-481-6300

Downtown – The Grande

Magnificent Views!
Worried about your gorgeous view being blocked? All the more reason to live on the 32nd floor of The Grande North above it all! Breathtaking views to enjoy for a lifetime!

Magnificent Views!
$935,000

Call to See  619-481-6300

Downtown – East San Diego

Welcome to Shangri-La!
Remodeled, updated and ready for the most discriminating buyers. Private, quiet location in gated Avocado Estates. New wood flooring, windows and freshly painted.

Welcome to Shangri-La!
$969,000

Call Jeff Nix  619-962-2471

Downtown – The Grande

Enjoy City & Water Views
This contemporary 18th floor unit enjoys water and city views and a comfortable floor plan for a variety of lifestyles. Upgraded with Bamboo flooring.

Enjoy City & Water Views
$765,000

Call for Info  619-481-6300

Meridian - 16th Floor

City & Bay Views
Downtown San Diego’s most prestigious High Rise. Large 1460 SqFt 18th floor condo with great City & Bay views. Amenities include, 24 hr Concierge Service (Includes Valet), Courtyard/Garden, Pool, Spa, Gym & Steam Room. Don’t miss out on this deal! $549,000

City & Bay Views
$549,000

Call Jorge & Carlos  619-948-4642

Meridian - TOP Floor

Gaslamp District - Downtown

Hard Rock Hotel
The Hard Rock Hotel is a condo-hotel - not a time share. Rental revenue suggests that owners can get between a 4-6.5% ROI. Why not take a look?

Hard Rock Hotel
$170,000

Call Danny Oh  858-243-2092

Gaslamp District - Downtown

Short Sale Bargain
Wow! Prime top-floor corner 10th/11th unit in Atlas facing west with great views. Newly built in 2007 in the heart of Hillcrest, features dark walnut cabinets and flooring and wraparound balcony! Hurry!

Short Sale Bargain
$275,000

Call Mike Acker  619-454-0620

Solarlofts

Upgraded - Better than New
A GREAT OPPORTUNITY at Solarlofts! Beautifully upgraded 1 bedroom with views. Includes 2 parking spaces and storage! Traditional sale - reduced to sell quickly!

Upgraded - Better than New
$350,000

Call Brent Cole  858-531-8785

ATLAS Hillcrest

Welcome to Shangri-La!
Remodeled, updated and ready for the most discriminating buyers. Private, quiet location in gated Avocado Estates. New wood flooring, windows and freshly painted.

Welcome to Shangri-La!
$969,000

Call Jeff Nix  619-962-2471

ATLAS Hillcrest

Enjoy City & Water Views
This contemporary 18th floor unit enjoys water and city views and a comfortable floor plan for a variety of lifestyles. Upgraded with Bamboo flooring.

Enjoy City & Water Views
$765,000

Call for Info  619-481-6300

Meridian - 16th Floor

City & Bay Views
Downtown San Diego’s most prestigious High Rise. Large 1460 SqFt 18th floor condo with great City & Bay views. Amenities include, 24 hr Concierge Service (Includes Valet), Courtyard/Garden, Pool, Spa, Gym & Steam Room. Don’t miss out on this deal! $549,000

City & Bay Views
$549,000

Call Jorge & Carlos  619-948-4642

Meridian - TOP Floor

Gaslamp District - Downtown

Hard Rock Hotel
The Hard Rock Hotel is a condo-hotel - not a time share. Rental revenue suggests that owners can get between a 4-6.5% ROI. Why not take a look?

Hard Rock Hotel
$170,000

Call Danny Oh  858-243-2092

Gaslamp District - Downtown

Short Sale Bargain
Wow! Prime top-floor corner 10th/11th unit in Atlas facing west with great views. Newly built in 2007 in the heart of Hillcrest, features dark walnut cabinets and flooring and wraparound balcony! Hurry!

Short Sale Bargain
$275,000

Call Mike Acker  619-454-0620

Solarlofts

Upgraded - Better than New
A GREAT OPPORTUNITY at Solarlofts! Beautifully upgraded 1 bedroom with views. Includes 2 parking spaces and storage! Traditional sale - reduced to sell quickly!

Upgraded - Better than New
$350,000

Call Brent Cole  858-531-8785

Windermere Signature Properties

866.640.4042

619.481.6300

560 First Avenue (between Market & Island) San Diego, CA 92101
Call For Free Property Analysis Buying, Selling, Leasing. Call our Downtown Experts First!

Windermere Signature Properties

866.640.4042

619.481.6300

560 First Avenue (between Market & Island) San Diego, CA 92101
Call For Free Property Analysis Buying, Selling, Leasing. Call our Downtown Experts First!
Malashock thinks you can dance. John Malashock, that is. He is a native La Jollan and dancer who returned to San Diego in 1984 after 10 years of touring with such modern dance troupes as Twyla Tharp.

The purpose of Malashock’s return at age 30 was to establish what he thought would be a “more normal” life for himself, his wife, Nina, and their son, Duncan. To that end, Malashock even spent a few years in the world of business. But, he said, “You know how dance is — it called me back — there was not much choice in the matter.”

The last thing he expected to do was found his own company. In 1988, along came the irresistible Malashock Dance, and ever since, as a choreographer and dancer, Malashock has produced some of the city’s most exciting new works.

“Most people know that dance, as a profession, is for very few people,” Malashock said. “But dance, as an expression, can be for anybody, that there is really nothing like it. It’s humbling and it’s exhilarating and it teaches you things about your capabilities and limitations. It is an exercise in life, no question.”

When the interviewer remarked how he’s grown, Malashock laughed and said, “Yeah. Older. It’s amazing how quickly you go from sort of being the new kid to being the old kid.”

Celebrities and pro dancers

For the past three years at Irwin M. Jacobs Qualcomm Hall, Malashock Dance has produced a sold-out fundraiser titled “Malashock Thinks You Can Dance.”

Having outgrown the Qualcomm facility, the event is moving to the Birch North Park Theatre on Oct. 9. There are 700 seats to fill (200 more), so Malashock thinks readers and dance fans must come share the fun.

Asked where the idea came from, Malashock said, “Out of numerous people’s heads.”

Around four years ago, he created a work titled “Fathom,” and board member Russell King brought a guest to see it. The guest was local resident and Champion Ballroom owner and board member Russell King brought a guest to see it.

Around four years ago, he created a work titled “Fathom,” and board member Russell King brought a guest to see it. The guest was local resident and Champion Ballroom owner and board member Russell King brought a guest to see it.

“We began talking and thinking it would be nice to do an event that involved Mary and drew on her knowledge,” Malashock said.

In fact, Murphy was the onstage host at the first “Malashock Thinks You Can Dance.”

Much like the popular TV dance shows, Malashock’s fundraiser partners San Diego celebrities with professional dancers in a friendly ballroom dance competition. Among this year’s celebrity dance competitors are KFMB news anchor dancers in a friendly ballroom dance competition. Among this year’s celebrity dance competitors are KFMB news anchor dancers in a friendly ballroom dance competition.

And Cafe Sevilla, the little cellar with a single light bulb on Fourth Avenue, would go on to host more than 2 million guests, serve more than 1 million paellas — its signature rice and seafood dish — and become San Diego’s longest-running dinner theater show, continuing every week since its opening 23 years ago.

“That’s ‘Flamenco: Pasado y Presente (past and present),’ which happens to be the title of Cobarrubia’s upcoming show Oct. 23 at Smith Recital Hall at San Diego State University.

“That’s ‘Flamenco: Pasado y Presente (past and present),’ which happens to be the title of Cobarrubia’s upcoming show Oct. 23 at Smith Recital Hall at San Diego State University.

That’s also flamenco passado y presente for Café Sevilla, which temporarily closed its doors Sept. 27, but will re-open in winter 2011, in a larger, more contemporary space a couple of blocks away at 155 Fifth Ave.

“Flamenco, it’s such a powerful art form,” said Cobarrubia, who holds her weekly classes at the Dance Connection studios in Pacific Beach. “People are pouring their hearts out in front of you on the stage. It’s so musically complex, it’s mind-boggling. It’s an art form that reaches out to you on a personal level. Very few people walk away from a show unmoved.”

Cobarrubia attributes a thriving San Diego flamenco community to the area’s strong Latin ties, a large local military presence, with servicemen who returned from deployments with Spanish wives, and close proximity to Los Angeles, another haven for Flamenco singers, dancers and musicians.

“San Diego is really lucky in that because of its Southern California heritage, being part of Spain and then Mexico, there’s a lot of Latin culture here,” said Cobarrubia. “When people come to San Diego, they’re expecting to see some of that type of flavor. It’s a natural place for flamenco to be.”

Cobarrubia began dancing ballet dancing at the age of nine. As a teenager, after seeing the definitive flamenco dancing movie “Carmen,” she was hooked and has been dancing ever since. That was about 25 years ago.

“At that point I knew that flamenco was what I’d been looking for all my life,” she said.


While a downtown hub of flamenco relocates, a show of the dramatic dance is set at SDSU

When Café Sevilla, the hub of Spanish food, music and dance in San Diego, opened 23 years ago, veteran flamenco dancer Kristina Cobarrubia was there — in the kitchen shelling shrimp. Seeing crowds overwhelm the tiny downtown tapas bar, the performer offered to pitch in to help wherever needed. Little did she know as she traded her castanets for cruet-tacans, big things were in store for her and the future of flamenco in San Diego.

Not only would Cobarrubia go on to be a regular performer at Café Sevilla in its “Art of Flamenco Show,” but she would be part of a thriving local flamenco community. Also, unknown to her, her future husband was put to work in the kitchen that same night.

In fact, Murphy was the onstage host at the first “Malashock Thinks You Can Dance.”

Much like the popular TV dance shows, Malashock’s fundraiser partners San Diego celebrities with professional dancers in a friendly ballroom dance competition. Among this year’s celebrity dance competitors are KFMB news anchor dancers in a friendly ballroom dance competition.

And Cafe Sevilla, the little cellar with a single light bulb on Fourth Avenue, would go on to host more than 2 million guests, serve more than 1 million paellas — its signature rice and seafood dish — and become San Diego’s longest-running dinner theater show, continuing every week since its opening 23 years ago.

“That’s ‘Flamenco: Pasado y Presente (past and present),’ which happens to be the title of Cobarrubia’s upcoming show Oct. 23 at Smith Recital Hall at San Diego State University.

“That’s also flamenco passado y presente for Café Sevilla, which temporarily closed its doors Sept. 27, but will re-open in winter 2011, in a larger, more contemporary space a couple of blocks away at 155 Fifth Ave.

“Flamenco, it’s such a powerful art form,” said Cobarrubia, who holds her weekly classes at the Dance Connection studios in Pacific Beach. “People are pouring their hearts out in front of you on the stage. It’s so musically complex, it’s mind-boggling. It’s an art form that reaches out to you on a personal level. Very few people walk away from a show unmoved.”

Cobarrubia attributes a thriving San Diego flamenco community to the area’s strong Latin ties, a large local military presence, with servicemen who returned from deployments with Spanish wives, and close proximity to Los Angeles, another haven for Flamenco singers, dancers and musicians.

“San Diego is really lucky in that because of its Southern California heritage, being part of Spain and then Mexico, there’s a lot of Latin culture here,” said Cobarrubia. “When people come to San Diego, they’re expecting to see some of that type of flavor. It’s a natural place for flamenco to be.”

Cobarrubia began dancing ballet dancing at the age of nine. As a teenager, after seeing the definitive flamenco dancing movie “Carmen,” she was hooked and has been dancing ever since. That was about 25 years ago.

“At that point I knew that flamenco was what I’d been looking for all my life,” she said.

The evening began with a performance by Sophia Fresh’s “This Instant” from the “Step Up 3D” soundtrack. DJ Roth Rockwell and Ayenaa provided the tunes for the evening. The fashion show previewed the spring 2013 collections of seven designers: Molly B Biknis, Michael Mangiano Design, Creative Fashionista, Cardi-Wrap by Kymaro, Blonde Peacock, and the show culminated with “Project Runway” alums Jesus Estrada (Haus of Estrada) and Cordina Gehhausen (GOGA by Cordina). Project ETHOS began five years ago in Los Angeles and is the brainchild of Jason Peskin, who is founder and CEO of the project. This event closes the gap between indie and mainstream, linking these talented artists with the community. Love Cures Cancer partnered with Project ETHOS for the evening. Love Cures Cancer is an organization dedicated to benefiting children with cancer by raising awareness while working to find a cure. Project ETHOS has venues in Los Angeles, San Diego, Portland, and Scottsdale. For information on the next project visit www.projectethos.com.

**‘Art of Fashion’**

The third annual “The Art of Fashion” was presented by the Timken Museum of Art on Aug. 28 in Balboa Park. The Timken partnered with Fashion Careers College (FCC) and showcased 16 students and graduates of FCC. They interpreted fashion designs inspired by masterpieces from the Timken’s permanent collection.

Anita Crider was this year’s 2010 event chair. Fashion chair was Patricia O’Connor, who is the founder of FCC. Honorary chair was the international fashion designer Zandra Rhodes, who was on hand to meet the guests. Attendees were able to enjoy cocktails and hors d’oeuvres while viewing the models who were standing on cubes (‘en tableaux’) in front of the museum’s art. As the evening progressed, the models strolled through the museum showing off the fashions inspired by the world-class art. This gave the guests a chance to meet and mingle with the models and designers.

Proceeds from the evening support educational programs at the Timken Museum of Art. This marvellous museum focuses on European masters’ paintings, Russian icons and American art. Admission is always free. For more information, visit www.timkenmuseum.org.

**‘Second Hand Rose’**

The Angels of Aseltine presented “Second Hand Rose … Memories are Made of This” on Sept. 15 at the Town & Country Resort and Convention Center. During the social hour, a boutique was set up with more than 1,000 resale fashion items. These name-brand designer clothes included handbags, shoes and jewelry. Buying gently-worn clothes is a way to be ecofriendly and help the earth’s carbon footprint. The shoppers all loved the great prices as well as the fabulous fashions.

Yvonne Lindothla Silva chaired this fun event. The luncheon and fashion show began with a fabulous rendition of “Second Hand Rose” performed by Bonnie Warrington.
We've fallen into fall at last, and along with the shorter days come longer nights, which afford cool pleasure as follows:

**At Sushi**
- **7 p.m. Friday, Oct. 22:** The San Francisco-based Sqwonk is a dynamic and adventurous ensemble devoted to exploring the full expressive range of the bass clarinet, from deep resonances to raucous wails. Sushi Contemporary Performance and Visual Arts, 390 11th at J Street, $10-$15, www.sushiart.org or phone (619) 235-8466.

**At the Old Globe**

SEE ARTS, Page 20

---

**THE LIVELY ARTS**
Charlene Baldridge

---

We've fallen into fall at last, and along with the shorter days come longer nights, which afford cool pleasure as follows:

**At Sushi**
- **7 p.m. Friday, Oct. 22:** The San Francisco-based Sqwonk is a dynamic and adventurous ensemble devoted to exploring the full expressive range of the bass clarinet, from deep resonances to raucous wails. Sushi Contemporary Performance and Visual Arts, 390 11th at J Street, $10-$15, www.sushiart.org or phone (619) 235-8466.

**At the Old Globe**

SEE ARTS, Page 20

---

**THE LIVELY ARTS**
Charlene Baldridge

---

We've fallen into fall at last, and along with the shorter days come longer nights, which afford cool pleasure as follows:

**At Sushi**
- **7 p.m. Friday, Oct. 22:** The San Francisco-based Sqwonk is a dynamic and adventurous ensemble devoted to exploring the full expressive range of the bass clarinet, from deep resonances to raucous wails. Sushi Contemporary Performance and Visual Arts, 390 11th at J Street, $10-$15, www.sushiart.org or phone (619) 235-8466.

**At the Old Globe**

SEE ARTS, Page 20

---

**THE LIVELY ARTS**
Charlene Baldridge

---

We've fallen into fall at last, and along with the shorter days come longer nights, which afford cool pleasure as follows:

**At Sushi**
- **7 p.m. Friday, Oct. 22:** The San Francisco-based Sqwonk is a dynamic and adventurous ensemble devoted to exploring the full expressive range of the bass clarinet, from deep resonances to raucous wails. Sushi Contemporary Performance and Visual Arts, 390 11th at J Street, $10-$15, www.sushiart.org or phone (619) 235-8466.

**At the Old Globe**

SEE ARTS, Page 20

---

**THE LIVELY ARTS**
Charlene Baldridge

---

We've fallen into fall at last, and along with the shorter days come longer nights, which afford cool pleasure as follows:

**At Sushi**
- **7 p.m. Friday, Oct. 22:** The San Francisco-based Sqwonk is a dynamic and adventurous ensemble devoted to exploring the full expressive range of the bass clarinet, from deep resonances to raucous wails. Sushi Contemporary Performance and Visual Arts, 390 11th at J Street, $10-$15, www.sushiart.org or phone (619) 235-8466.

**At the Old Globe**

SEE ARTS, Page 20
Upcoming events

Oct. 15, 2010-April 15, 2011: “Dressing the Part: Costume Design at the Old Globe”—San Diego History Center collaborates with the Old Globe for an Interactive Exhibit. For information, call Christianne Penunuri at (619) 820-0960.

Oct. 21: Zandra Rhodes presents Stardust Glamour Collection at the Westgate Hotel at 11:30 a.m. For reservations call (619) 557-1655.

Nov. 6: Leonard Simpson’s 10 Best Dressed List & Fashion Show at the Ronald McDonald House to benefit The Ronald McDonald House. Call Fashion Forward at (619) 508-0216.

Nov. 13: Annual Golden Hanger Fashion Awards Gala at the Town & Country Resort & Convention Center. For more information call (619) 275-4700.

— Diana Catapano is a nationally-recognized hat designer and milliner. She has operated a fashion business for 28 years, the last 18 years in the Gaslamp Quarter. She has been teaching in the fashion department at San Diego Mesa College for 18 years. Diana is a member of the Gaslamp Quarter Association, The American Sewing Guild, the San Diego Costume Council and the Fashion Group International. www.aheadproductions.com

At San Diego Museum of Art


At Copley Symphony Hall

• Oct. 22-24: Dvorak’s New World Symphony and Erich Korngold’s Violin Concerto. 8 p.m. Friday-Saturday; 2 p.m. Sunday; Copley Symphony Hall, Seventh and B Street, $20-$96, www.sandiegosymphony.com or (619) 235-0804.

At SD Repertory Theatre

• Through Oct. 17: Athol Fugard’s enchanting play, “The Road to Mecca,” about one woman’s creation of beauty in her back yard, directed by Todd Salovey, starring Kandis Chappell. 7 p.m. Wednesdays; 8 p.m. Thursdays-Saturdays; 7 p.m. Sundays; 2 p.m. Saturdays-Sundays; Lyceum Space, San Diego Repertory, 79 Horton Plaza, $29-$47, www.sdrep.org or (619) 544-1000.
The Scott White Contemporary Art Gallery is located at 939 Kalmia St. at the north end of Little Italy. It is an austere, polished and technical-looking, gray building covered with numerous small stainless steel panels which are bolted to the facade. According to the gallery assistant, Haley Crone, the idea behind the lack of external “fancy frills” is to help “cleanse the visual palette” to make for better viewing of the art inside.

The interior of the gallery space is a large, high-ceiling, L-shaped room with wooden rafters, a cement floor and white walls. There is an elevating door large enough for a car to drive through, lots of empty space and a “newness” or “just built” feeling, as if the construction cleanup crew had just left. This could be a motorcar showroom for Maserati or Ferrari, and, indeed, this is the class and caliber of the art that White, who has been in the modern art business for 30 years, likes to show.

White sells modern art that exemplifies taste, class and distinction; and whose ownership conveys the idea of “cultural capital.”

On view now and continuing until Nov. 6 at Scott White is a show called “New School Cool,” which features the paintings of DeWain Valentine and the sculptures of Eric Johnson. This show is the update of an art movement which began in the 1960s called variously “Light & Space,” “Finish Fetish” or “Cool School,” exemplified by artists such as Robert Irwin, Craig Kauffman, James Turrell and Valentine, with Eric Johnson joining later in the 1970s. This movement was characterized by a focus on perception, vision, and illusion, and made use of modern, industrial, often highly-toxic materials such as acrylic, resin and lacquers, which were used to create impeccably-flawless, glossy surfaces of bright colors. The materials were borrowed from the industries that helped create the Southern California culture of polished classic cars, hot rods and surfboards. Now, 50 years later, Valentine and Johnson have joined forces to showcase the progression of this movement and take it into the 21st century.

Valentine, who said he is “fascinated with transparency, reflection and light,” has five paintings in the exhibit, with titles such as “Vertical Skyline 001,” “006,” and “007.” They are 6-foot-by-4-foot, made of acrylic 3-inches-thick, and sprayed with acrylic auto paint. Each has a slit in the middle to allow light to pass behind the painting, which helps to create some unique visual effects. The coloration is a subtle whitish translucence with a pinkish tint or hue around the edges. These are very subtle works, with their prime value in the way light plays on them. They could be thought of as a slice of the sky or the sunsets in the whiteness of the Antarctic. As Valentine said, “I have always wished I had a magic tool to cut sections out of the sky and seas.”

Johnson, who claims to “use a full array of auto tools and pigments,” has nine sculptures in the exhibit. Three look like large DNA strands, two like twisted and swollen power boat propellers and three like giant, colorful corn kernels. Each is composed of resin (sometimes with added materials) and has a rich color and a glossy surface. Johnson’s ninth sculpture, which is the centerpiece of the entire show, is a 12 1/2-foot-high black DNA strand attached to a circular base made of resin and polyester, with the name “Pinkie of Bob,” which is a humorous reference to fellow artist Robert Irwin.

Gallery hours are Tuesdays through Saturdays, 9 a.m. to 5 p.m. For further information see scottwhiteart.com or call (819) 501-5689.

Haunted Birch Aquarium Where science goes mad!

OCTOBER 22 & 23, 2010
6-9 p.m. • Members $12; Public $15; Door (all) $17
Enjoy two nights of science gone awry as you encounter creeps from the deep and experiments with wacky, mad scientists. Explore the aquarium for tricky-treats, slimy encounters, and spooky activities. Boogie down to monstrous live music from Billy Lee & The Swamp Critters.

Put your knowledge and skills to the test in a maze of haunted activities. Come dressed to impress in your best costumes!

Don’t be left out of our next issue of the Downtown News

For advertising Information, contact Heather Snyder
(858) 270-3103 x115
Fax: (858) 232-5638
heather@sdnews.com

Art
SAN DIEGO DOWNTOWN NEWS 21

DOWNTOWNNEWS 92101 Real Estate Report
September 2010
2010 Median Resale Price: $533,863
Same period 2009: $558,766
2010 Average Resale Price: $573,710
Same period 2009: $777,382
2010 Traded Average Price: $634,918
Same period 2009: $681,162
2010 Quality Average Price: $1,010,110
Same period 2009: $926,100
Average Price including Developer units: $729,889

SANDIEGO.COM

REALTOR Law Branch
4235 47TH AVENUE
San Diego, CA 92110
Phone: (619) 496-8059
Fax: (619) 496-8059
Email: lawbranch@sandiego.com
Website: sandiego.com/loop

BIRCH AQUARIUM Scripps Institution of Oceanography UC San Diego
858-534-FISH • aquarium.ucsd.edu
Folklorico De La Luna will captivate audiences

Fiesta De Reyes is the place “where history lives and the fiesta lasts forever,” according to its slogan. History will take center stage for three Saturdays, as eight troupes of ballet Folklorico dancers compete for the top prize at the Folklorico De La Luna.

On Oct. 16, 23 and the grand finale on Nov. 6, dancers will be competing for the chance to win a $1,000 grand prize.

The competition is from 1 to 5 p.m. and celebrates the traditional, lively dance of Ballet Folklorico. Each of the three performances will feature a headlining Latin group to complete the day’s entertainment.

Well-known local performers, Chunky y los Alacranes, will take the stage on Oct. 1. Tony de los Ticos will perform Oct. 21 and widely acclaimed professional ballet group Tijuan will cap the finale’s performances on Nov. 6. Each dance troupe is from San Diego County. All troupes will compete, but only four will make it through to the grand finale round. The history of the dance will be shared with those in attendance throughout the performances.

Folklorico is a folkloric ballet dance. Elegant female dancers with exquisite make-up and beautiful hair make the purposeful movement seem whimsical. Male dancers wear black pants and a matching wide brimmed hat. Typically a red tie is worn, which only adds to the drama of the choreographed dance.

The three-day event is free and open to the public.

Fiesta De Reyes is tucked away at the northeast end of Old Town State Park, and lined with linen-colored authentic pueblo structures. It is near Wallace and Calhoun streets and is one block from the Old Town Trolley Station. Casa de Reyes, Barra Barra Saloon and even nearby El Fandango are three delicious restaurants in the vicinity. Fiesta De Reyes also boasts 16 specialty shops open daily from 10 a.m. to 9 p.m.

For more information call (619) 297-3100 or visit www.fiestadereyes.com or text “Fiesta” to 53137.

Día De Los Muertos celebrations will enchant and educate

Old Town State Park will honor Día De Los Muertos, Day of the Dead, on Nov. 1 and 2 and the public is invited to join in the festivities that will honor the deceased.

Tradition dictates, that on the day of the dead, the living will honor those who have passed on with altars lined with food, drink, make-up and maybe even a gift or two for the welcomed spirits. Bread is often one of the items on the altar as are colorful skulls, pictures of saints and the deceased. Baked breads, candles and figurines also grace the altar-top.

Day of the Dead pays homage to the presence of the dead among the living and is a colorful tribute to the California’s own Mexican heritage.

“We want to give our guests a sense of traveling back in time,” said event organizer and manager of El Fandango Mexican Restaurant, Marco Puente.

Numerous altars will be set-up throughout the park. More than 25 local businesses, museums, and community organizations will create the traditional Mexican altars and offerings to the dead. Some of the altars will honor historic figures from Old Town’s past.

Puente added that in addition to an altar entrance to El Fandango Mexican Restaurant will have floral archways in the front and back of the restaurant to welcome the spirits in and staff will have painted faces to symbolize the spirit presence.

By 11 a.m. the altars will be ready for viewing throughout the park. Restaurants will offer specialty food and drinks. The festivities will also include poetry readings and musical offerings as well.

The area is no stranger to spirits and ghosts as the Cosmopolitan Hotel has a room in it rents out to the not so fient of heart who do not mind the presence of a ghost or two. Spirits and more brave souls swarm the haunted Whaley House as well.

Día De Los Muertos is a true celebration of life and death that speak to everyone who has lost somebody. It serves as a chance to pay homage to the spirits who have passed and a welcome is offered to let them know that they are still thought of.

Puente said that Old Town is the birthplace of California, a proud sentiment that will be visible to guests on Día De Los Muertos.

A special candlelight procession from the Whaley House Museum to El Campo Cemetery will take place on Nov. 1 at 8 p.m. and the public is welcome to join it. It will also serve as the public’s opportunity to leave offerings of their own for lost loved ones among the ancestors of the Old Town’s earliest families.

Free, tour maps of the altars will be available and for sale online at oldtownsandiego.org, otsguide.com or whaleyhouse.org. Print the map and then use the celebration and learn about Mexican heritage.

Dia De Los Muertos is a true celebration of life and death that speak to everyone who has lost somebody. It serves as a chance to pay homage to the spirits who have passed and a welcome is offered to let them know that they are still thought of.

Puente said that Old Town is the birthplace of California, a proud sentiment that will be visible to guests on Día De Los Muertos.

A special candlelight procession from the Whaley House Museum to El Campo Cemetery will take place on Nov. 1 at 8 p.m. and the public is welcome to join it. It will also serve as the public’s opportunity to leave offerings of their own for lost loved ones among the ancestors of the Old Town’s earliest families.

Free, tour maps of the altars will be available and for sale online at oldtownsandiego.org, otsguide.com or whaleyhouse.org. Print the map and then use the celebration and learn about Mexican heritage.

Dia De Los Muertos is a true celebration of life and death that speak to everyone who has lost somebody. It serves as a chance to pay homage to the spirits who have passed and a welcome is offered to let them know that they are still thought of.

Puente said that Old Town is the birthplace of California, a proud sentiment that will be visible to guests on Día De Los Muertos.

A special candlelight procession from the Whaley House Museum to El Campo Cemetery will take place on Nov. 1 at 8 p.m. and the public is welcome to join it. It will also serve as the public’s opportunity to leave offerings of their own for lost loved ones among the ancestors of the Old Town’s earliest families.

Free, tour maps of the altars will be available and for sale online at oldtownsandiego.org, otsguide.com or whaleyhouse.org. Print the map and then use the celebration and learn about Mexican heritage.
Nine chosen for Air & Space Museum Hall of Fame

By JOHNNY MCDONALD | DOWNTOWN NEWS

Nine men who personified advancement in aviation will be inducted into the San Diego Air and Space Museum’s Hall of Fame on Oct. 21.

It’s the 47th year that achievements in historic phases of flight will be celebrated.

The list of honorees include actor-pilot Harrison Ford, Apollo 12 astronaut Alan Bean, planemaker Joe Clark, General Atomics’ Linden Blue, Northrop Grumman’s Robert Mitchell, Sensor Systems St. Rubin, the late adventurer Steve Fossett, and Theodore Gildred and Theodore Edmunds Gildred of Friendship Flights to Ecuador.

The special guest will be Gene Conner, last man to walk on the moon.

“We’re especially pleased to honor the Class of 2010 because these pioneers have not only pushed back the frontiers of air and space exploration, they’ve also become strong, positive role models for today’s youth,” said Jim Kidrick, museum president and CEO. “Aviation and space advancement is a metaphor for the American pioneering spirit.”

He said achievements by such men should inspire today’s children to tackle the tough science, technology, engineering and math challenges which lie ahead.

The Hall of Fame includes hundreds of pilots, engineers, inventors and innovators, along with adventurers, scientists, industry leaders and famous flying pioneers.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairmain of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.


Ford, winner of numerous acting awards, is a licensed pilot who, in July 2000, rescued a stranded hiker near his Wyoming ranch from his helicopter. He is spokesman for the Airworthiness and Pilots Association to help promote general aviation in the U.S. transportation industry.

Capt. Alan Bean, a naval test pilot, was the lunar module pilot on Apollo 12 and landed in the moon’s Ocean of Storms on the second manned lunar landing.

Joe Clark helped form Aviation Partners Boeing to explore placing winglets on 737s. Today, more than 500 Boeing 737s are outfitted with blended winglets.

Theodore Gildred and ambassador Ted Gildred, inspired by Charles Lindbergh, made solo Freedom Goodwill Flights from San Diego to Ecuador in 1911 and 1886.

Linden Blue is vice chairman of General Atomics in San Diego and past president of the Green Foundation (geophysics and planetary exploration); board member of the National Parks Foundation and chairman of the Airports and Airways Committee, General Aviation Manufacturers Association.
children ages 5 years and younger will be provided an infant crawling stage for explora-
tion, starting, Oct. 23. A variety of slopes, bumps and soft sur-
faces should contribute to the development of motor skills for children who visit.
Rubber flooring will simulate roadways and sidewalks while carpeted surfaces will serve as
grassy areas. An added educational benefit of the new floor-
ing is that it will provide an opportunity for parents to teach children about street safety, complete with a stoplight and other roadway warning signs.
The Kid City exhibition is made possible by gifts and grants from the Donald L. and Ethel
B. Foundation, the Norman Family Fund at the San Diego Jewish Community Founda-
tion, the Mandell Weiss Charitable Trust and sponsorships from Scholastic/Share College
Planning and Fidelity Investments and an anonymous donor.

Noteworthy: Comprised of nearly 100 works by Henri de Toulouse-
Lautrec, the Baldwin M. Baldwin collection pays tribute to an extraordinary
artist and one of the most famous artists in the history of art.

World-renowned orchestra set to perform in San Diego

Beethoven’s Symphony No. 7 in A Major and Schumann’s Overture to
“Manfred,” led by conductor Daniel Harder and accompanied by pianist
Rudolf Buchbinder.

Classically-trained pianist and dean of graduate studies at the University of
California, San Diego, Steven Cassidy, will host “Preludes,” a pre-concert lec-
ture highlighting the evolution of romanticism from Beethoven to Shu-
mann. The pre-concert lecture and performance will begin at 7 p.m. and is free
to all ticket holders.

Copley Symphony Hall is located at 750 B St. Tickets to the concert are $25 to $95. To purchase tickets, call the La Jolla Music Society box office at (858) 459-1728 or visit www.LJMS.org.

San Diego Baha’i Faith
Informal gatherings every evening of the week.

Call for more information: (888) 454-5203 • (858) 274-0178

Or join us on Sunday at the
San Diego Baha’i Center
6545 Alcala Knolls Dr. (Off Linda Vista Rd)
9:30 am – 10:00 am 10:30 am – 12:00 pm
Multi-Faith Devotional Program
Introductory Talk & Discussion

Please call 858-268-3999 for more information and visit our websites:
www.sandiegobahai.org • www.bahai.org

Travel films always beneficial to San Diego

We had several catalog shoots film-
ing downtown. They don’t create as much impact, with usually one camera and four to five crew people. Engineer-
ing/fitness International, formally known as Total Gym, shot its new prod-
uct catalog downtown.

The Food Network spent 15 days film-
ing a cooking show called “Mexican Made Easy” in Point Loma. Fifteen local crew people were hired and they even hired a local chef. Sixty-eight rooms were booked for the rest of the crew. Sometimes the Film Commission will “pitch” these shows to come and film here. We create a sample budget with the incentives we can offer such as no per mi-
tage fee, free public properties and 24/7 ser-
vie. Having these kind of reality shows are good for San Diego and they are fun to actually see on the Food Network. HGTV is a regular also, so we are always on the lookout for a project that pro-
motes our local icon locations and at the same time, at no cost to San Diego!

— Cathy Anderson is the president and CEO of the San Diego Film Com-
mission, and film commissioner of San Diego. Anderson has earned a national reputation for developing programs to foster the growth of the production industry in the region, and for making America’s Finest City “Hollywood South” for more than 21 years.
Muscle cars such as this Plymouth Roadrunner will be out in force at this year’s Fifth Avenue Auto Showcase on Sunday, Oct. 10.

Fifth Avenue Auto Showcase returns Sunday

A spectacular showcase of sleek European exotics, vintage motorcycles and cutting-edge hybrid cars will be on display at the Gaslamp Quarter’s second annual Fifth Avenue Auto Showcase this Sunday, Oct. 10 from 1-4 p.m. More than 120 cars, motorcycles, and horseless carriages will be on display on Fifth Avenue between E and K streets against the Gaslamp Quarter’s Victorian-style architecture.

Attendees and exhibitors can vote on the most stunning or unique car to win the “People’s Choice Award.”

Last year, the event drew a crowd of more than 10,000 people, and this year is expected to be even bigger. For the first time, the luxurious Keating Hotel is giving visitors a chance to win a weekend VIP package. The winner will receive a pampered weekend package that includes a one-night stay at the hotel the night before the show, two passe-partout for complimentary entrance and drink at SWAY lounge, and dinner for two at the Merk Bistro italian on Sunday.

Avid car enthusiasts and casual admirers alike are welcome to stroll among some of the most stunning vintage and contemporary automobiles in San Diego at this free event. For more information about the showcase visit www.gaslamp.org/fifth-avenue-auto-showcase.

— Martha Lamb

Experience Portugal in an after-hours celebration

This month, San Diego Museum of Man’s (SDMoM) Tower After Hours series will feature the rich cultural heritage of Portugal from 6 to 8 p.m. on Thursday, Oct. 28.

This May marked the 100th anniversary of Festa do Espirito Santo, the oldest Portuguese ethnic religious celebration in San Diego. Tower After Hours will help continue the festivities by transforming the museum’s Grand Rotunda into a center stage for Portuguese cuisine, music, refreshments and performances taking place in Balboa Park after the museum closes.

Savor Mediterranean-style cuisine flown directly from the Azores region of Portugal, dance to the Portuguese folk music of fado, or simply relax and enjoy traditional Portuguese costumes and festive atmosphere in the after-hours celebration.

Tickets are $14.50 for members, $15 for students and military, and $20 for non-members and include entrance into SDMoM, two drink tickets, food tasting and cultural entertainment.

SD Ballet sets anniversary gala

The San Diego Ballet will celebrate its 20th anniversary on Friday, Oct. 22 with a special performance gala at Lyceum Theater in Horton Plaza from 6 to 10 p.m.

The performance will showcase the finest pieces from the dance company’s decades-old repertoire. Founding director Robin Sherrertz-Morgan, a former New York City Ballet dancer and award-winning director and choreographer, provided the artistic direction for the performance. Current performers in the ballet company include local dancers from the San Diego School of Ballet and featured dancers from the U.S., Russia and Japan. Alumni dancers from the company’s past will also take part in the performance and celebration.

The celebration party will include food from Urban Kitchens and desserts created by Michele Coulon, desertier. Tickets for the event are $100 and are available by calling (619) 294-7378 or e-mailing sandiegoballet@aol.com.

SDG&E gives away energy-saving kits

SDG&E is helping San Diego County residents save money on their energy and water bills by giving away free Home Energy and Water Savings Kits. The kit includes a low-flow showerhead and three faucet aerators, which will save families more than 6,000 gallons per year. The items are easy to install and maintain a strong pressure flow, while reducing water usage by up to 11 percent.

Less water usage also reduces the amount of energy used to heat the water, resulting in lower water and energy bills. The energy-saving kits will be available at the Balboa Park Visitors Center until Nov. 21.

Organizers ask that residents bring in proof of San Diego County residence, but do not bring in old showerheads or aerators. The Balboa Park Visitors Center is located in the House of Hospitality Building at 1549 El Prado and is open seven days a week from 9:30 a.m. to 4:30 p.m.

Poets compete for prizes

The Museum of the Living Artist will host the $ for $ 100 Poetry and Art Slam as part of its Poetry and Art series at 7 p.m. and Water Savings. Organizers ask that residents bring in proof of San Diego County residence, but do not bring in old showerheads or aerators. The Balboa Park Visitors Center is located in the House of Hospitality Building at 1549 El Prado and is open seven days a week from 9:30 a.m. to 4:30 p.m.

Audience members will judge the performances based on the poet’s performance. Performers can choose an artwork in the museum’s current exhibition or, for extra points, they can bring in their own visual art that is connected in some way to their poetry.

Maximize Your Income and Impact With A Charitable Gift Annuity

In the immediate aftermath of a fire and in the everyday storms of life, The Salvation Army is there to serve. Your gift will support these vital services.

• Fixed income for life
• Relief from taxes
• Income now or later
• Support your community

One-time rates available.

For more information call 800-314-2769 ext. 1260 or return coupon.

Williamsee@salvationarmyusa.org
www.sanfordnation.com
By Nicole Sours Larson

Cats and birds together? No way! That’s the most frequent reaction when people hear of the unique concept pioneered by Maria and Patrick Brinson, owners of The Purring Parrot, the couple’s Point Loma cat and bird resort located near Liberty Station.

The cheerful resort with its whimsically-painted cat rooms and aviary, all designed by Patrick, bears little resemblance to dreary, old-fashioned cage-filled boarding facilities. Here, up to 15 visiting birds occupy the central aviary and adjacent canopy room, where they sit on perches and enjoy interacting and playing with other birds.

Feline guests can watch the birds’ antics through the glass doors of their individually decorated suites while the cats snuggle on soft beds, splash in their water fountains and chomp on kitty grass. Thanks to soundproof one-way glass, the cats can see the birds, but the birds can’t see the cats. Merlin, Bean and Soda Pop, three of the Brinsons’ five resident birds, do “fly bys” past the cat’s rooms, providing extra “bird-o-vision” entertainment. Shy or frightened cats can curl up in a hidey-hole, conceal themselves behind drapery or climb carpeted ramps to a high perch to avoid curious and nosy birds.

The Brinsons ensure their feathered and furry friends feel comfortable and at home. They encourage the guardians of The Purring Parrot’s guests to bring their pet’s favorite foods if different from the resort’s normal menu — along with favorite toys and other items as reminders of home. Valerie Miller’s citron-crested umbrella cockatoo (named Sydney) is a regular day and overnight boarder at The Purring Parrot. Miller said she values the care, mental stimulation and socialization Sydney receives as a member of a flock of parrots.

When most cats stay only a week or two, or come when their homes are tented for termite fumigation, the Brinsons also care for longer-term guests. A family of three — Eliza, Tess and Isabelle — are rescue kittens. They are currently ensconced in a quiet corner suite for a five-month stay while their parents are overseas on a temporary assignment. Maria arranges for “the girls” to send their parents regular e-mails reporting their activities, along with snapshots. "We treat this as a human hotel,” Maria said. “We refer to our residents as our cat guests and bird guests.”

The Purring Parrot sells all of its cat and bird amenities, from plush beds, drinking fountains and toys for cats, to perches and cages, special seed mixes and brightly colored wooden bird-toy components, all safely dyed with human food-grade coloring. The resort’s ebsite also features an online store.

For information about lodging, cat room photos and a live-streamed aviary webcam video, visit thepurringparrot.com, or call (619) 223-2326. The Purring Parrot is located at 3015 St. Charles Street, Suite D.
More than 100,000 people are expected to attend this year’s annual Little Italy Festa on Oct. 10 from 10 a.m. to 6 p.m.

This free event attracts visitors from all over the country who want to celebrate all things Italian, organizers said. The Festa is considered the biggest single day Italian-American event on the entire West Coast.

“It gets bigger every year and it gets more popular,” said Little Italy Association executive director Marco Limandri. “We have people come from throughout the United States who stay in hotels and make an entire weekend of it. The weather’s always beautiful in San Diego in October, so it gives them a reason for coming here.”

Besides great weather, the Festa also provides visitors an assortment of entertainment options. Some of the simultaneous events going on include a stickball tournament on Columbia Street to crown this year’s Festa champs. Meanwhile, visitors can observe live artists creating authentic Gesso Italian drawings in a chalk art display on Date Street. People who love food and competition can check out the first Cannoli Eating Contest, presented by Café Italia.

Interested in cooking? Learn from Infusion Culinary and the Little Italy Mercato during a live cooking demonstration on Beech Street. Visitors can also test their luck by purchasing a raffle ticket in hopes of winning two round trip tickets to Italy on Alitalia Airlines. For the 21 and over crowd, a beer and wine garden by Karl Strauss is the place to relax and socialize. There will also be a children’s area and an Italian motor sport show during the family-friendly event.

Not coincidentally, Festa takes place during the long weekend of Columbus Day. A lot of families with ties to the area use this time as a chance to travel back in search of familiar places and faces.

“It represents a homecoming of sorts,” Limandri said. “There are a lot old timers in San Diego and Southern California that were either born or went to school or were married or buried their parents here in Little Italy. When they come back, this is the time they come and see the changes in the neighborhood.”

For more information, visit www.littleitalysd.com or call (619) 233-3898.

**Annual Festa set for 10-10-10 in Little Italy**

**Gaslamp Locals Night to entice shoppers**

Every third Wednesday of the month, Gaslamp retailers will feature activities and special offers to encourage downtown residents and visitors to frequent local Gaslamp Quarter shops and liven up the district.

Businesses participating in the Gaslamp Quarter Locals, Lifestyle and Design Tour will work in collaboration with the Gaslamp Quarter Association to showcase their goods and services by “activating” their location. Activities at local businesses will include a Wii tournament by Murray Digital, an art exhibition by Alexander Salazar Fine Arts and CJ Gallery, and a free “Pilates Fundamentals” workshop by Hot Body Pilates.

The suggested starting point for the tour is at the Fourth Avenue Pocket Park on 410 Island Ave. From there, weave your way down the streets and stop in Andaz Hotel and Wine Smarties for a free wine education class or visit Bubbles ... A Unique Boutique and check out its local artist jewelry trunk show.

Upcoming Locals, Lifestyles and Design Tour dates are Oct. 20, Nov. 17, and Dec. 15 from 5 to 8 p.m. To register a local Gaslamp business in the Tour, e-mail Tricia@Gaslamp.org or call (619) 233-5227.

— Mariko Lamb

For Advertising Call
Deborah Vazquez (858) 270-3103 x118
I know how you think. Especially on Mondays as you make your way back into the gym to sweat out all the sins of the weekend. The birthday dinners, happy hours and tailgate parties are simply the devil in disguise. They tempt your taste buds and promise instant happiness while blocking all avenues of reason to your brain.

“I’ll just work out extra hard next week and burn it all off.”

Well, weekend warrior, that might sound like a great idea while you’re slamming down another late night slice or two of pizza or guzzlin’ down another locally-brewed beer. But guess what, you can’t train yourself out of a bad diet. No matter how much blood, sweat and tears you put out while trying.

Clean eating doesn’t mean brushing the dirt off the Ho Ho you just dropped on the floor, nor does it mean washing the grime off your hands before you dive into your chili cheese fries (though you definitely should do both). I’d like to clear up a few food fallacies and help you understand the difference between mindful eating to fuel your body and mindless eating to deplete your cravings.

When you eat clean, you eat food that is as close as possible to how it occurs in nature, its natural state. (You eat the potato, not the potato chip.) Once you start changing the quality of a food, you rob yourself of all the nutritional value food can provide and end up doing your body more harm than good.

The more processed your food is, the harder it is for your body to digest, absorb and eliminate it. Those fast food burritos may go down quickly, but they absorb and eliminate it. Those fast food burritos may go down quickly, but they take their sweet (or not so sweet) time making their exit and slow things down along the way. Processed foods, like those hanging out in a vending machine, offer your body very little nutritional value and leave your body feeling sluggish and depleted. Where are you going to get the motivation to burn off your excessive calories when you have the energy of a two-toed sloth stuck in the mud?

You’re not going to exercise your way out of a nutritionally-deficient body when you haven’t given your body the fuel it needs to perform. Food is energy, and bad food can’t deliver good energy. Unlike a car, your body derives fuel from more than one source. Carbohydrates, fats and sometimes proteins are your body’s fuel sources. Your body will use the fuel that is most available to it — in other words, whatever you feed it. Therefore, what you choose to eat determines the quality of the nutrients and energy that you bring into your body.

Whether you’re sitting at your desk daydreaming about winning the lottery, or working out in cycling class, the fuel your body uses comes from burning mostly fat and carbohydrates. You almost always burn a mix of both. How hard you are moving during exercise is one major determinant of which fuel your body will use. Carbohydrates provide a faster energy source. So, you are going to get the motivation to burn off your excessive calories when you have the energy of a two-toed sloth stuck in the mud?

You’re not going to exercise your way out of a nutritionally-deficient body when you haven’t given your body the fuel it needs to perform. Food is energy, and bad food can’t deliver good energy. Unlike a car, your body derives fuel from more than one source. Carbohydrates, fats and sometimes proteins are your body’s fuel sources. Your body will use the fuel that is most available to it — in other words, whatever you feed it. Therefore, what you choose to eat determines the quality of the nutrients and energy that you bring into your body.

The study found that 95 percent of the alcohol you consume is converted to acetate by the liver and less than 5 percent of the alcohol you consume is converted into fat. When this happens, your body uses the sudden flood of acetate that is readily available as its fuel source and burns that as opposed to burning fat. In essence, acetate pushes fat to the back of the queue, and then ultimately to your backside.

The best thing you can do for your body is to eat the best food possible. At Fit, we teach our members the 80/20 rule: 80 percent of your body composition comes from what you eat and 20 percent comes from your workouts. That’s why we created our new Fit at the gym quality time fueled by quality food. And remember, meals don’t have to come in a box to make you “happy.”

Connie Cook “C2”
Fitness Director
Fit Athletic Club

By Connie Cook | Guest Columnist

I know how you think. Especially on Mondays as you make your way back into the gym to sweat out all the sins of the weekend. The birthday dinners, happy hours and tailgate parties are simply the devil in disguise. They tempt your taste buds and promise instant happiness while blocking all avenues of reason to your brain.

“I’ll just work out extra hard next week and burn it all off.”

Well, weekend warrior, that might sound like a great idea while you’re slamming down another late night slice or two of pizza or guzzlin’ down another locally-brewed beer. But guess what, you can’t train yourself out of a bad diet. No matter how much blood, sweat and tears you put out while trying.

Clean eating doesn’t mean brushing the dirt off the Ho Ho you just dropped on the floor, nor does it mean washing the grime off your hands before you dive into your chili cheese fries (though you definitely should do both). I’d like to clear up a few food fallacies and help you understand the difference between mindful eating to fuel your body and mindless eating to deplete your cravings.

When you eat clean, you eat food that is as close as possible to how it occurs in nature, its natural state. (You eat the potato, not the potato chip.) Once you start changing the quality of a food, you rob yourself of all the nutritional value food can provide and end up doing your body more harm than good.

The more processed your food is, the harder it is for your body to digest, absorb and eliminate it. Those fast food burritos may go down quickly, but they absorb and eliminate it. Those fast food burritos may go down quickly, but they take their sweet (or not so sweet) time making their exit and slow things down along the way. Processed foods, like those hanging out in a vending machine, offer your body very little nutritional value and leave your body feeling sluggish and depleted. Where are you going to get the motivation to burn off your excessive calories when you have the energy of a two-toed sloth stuck in the mud?

You’re not going to exercise your way out of a nutritionally-deficient body when you haven’t given your body the fuel it needs to perform. Food is energy, and bad food can’t deliver good energy. Unlike a car, your body derives fuel from more than one source. Carbohydrates, fats and sometimes proteins are your body’s fuel sources. Your body will use the fuel that is most available to it — in other words, whatever you feed it. Therefore, what you choose to eat determines the quality of the nutrients and energy that you bring into your body.

Whether you’re sitting at your desk daydreaming about winning the lottery, or working out in cycling class, the fuel your body uses comes from burning mostly fat and carbohydrates. You almost always burn a mix of both. How hard you are moving during exercise is one major determinant of which fuel your body will use. Carbohydrates provide a faster energy source. So, you are going to get the motivation to burn off your excessive calories when you have the energy of a two-toed sloth stuck in the mud?

You’re not going to exercise your way out of a nutritionally-deficient body when you haven’t given your body the fuel it needs to perform. Food is energy, and bad food can’t deliver good energy. Unlike a car, your body derives fuel from more than one source. Carbohydrates, fats and sometimes proteins are your body’s fuel sources. Your body will use the fuel that is most available to it — in other words, whatever you feed it. Therefore, what you choose to eat determines the quality of the nutrients and energy that you bring into your body.

The study found that 95 percent of the alcohol you consume is converted to acetate by the liver and less than 5 percent of the alcohol you consume is converted into fat. When this happens, your body uses the sudden flood of acetate that is readily available as its fuel source and burns that as opposed to burning fat. In essence, acetate pushes fat to the back of the queue, and then ultimately to your backside.

The best thing you can do for your body is to eat the best food possible. At Fit, we teach our members the 80/20 rule: 80 percent of your body composition comes from what you eat and 20 percent comes from your workouts. That’s why we created our new Fit at the gym quality time fueled by quality food. And remember, meals don’t have to come in a box to make you “happy.”

Connie Cook “C2”
Fitness Director
Fit Athletic Club

I know how you think. Especially on Mondays as you make your way back into the gym to sweat out all the sins of the weekend. The birthday dinners, happy hours and tailgate parties are simply the devil in disguise. They tempt your taste buds and promise instant happiness while blocking all avenues of reason to your brain.

“I’ll just work out extra hard next week and burn it all off.”

Well, weekend warrior, that might sound like a great idea while you’re slamming down another late night slice or two of pizza or guzzlin’ down another locally-brewed beer. But guess what, you can’t train yourself out of a bad diet. No matter how much blood, sweat and tears you put out while trying.

Clean eating doesn’t mean brushing the dirt off the Ho Ho you just dropped on the floor, nor does it mean washing the grime off your hands before you dive into your chili cheese fries (though you definitely should do both). I’d like to clear up a few food fallacies and help you understand the difference between mindful eating to fuel your body and mindless eating to deplete your cravings.

When you eat clean, you eat food that is as close as possible to how it occurs in nature, its natural state. (You eat the potato, not the potato chip.) Once you start changing the quality of a food, you rob yourself of all the nutritional value food can provide and end up doing your body more harm than good.

The more processed your food is, the harder it is for your body to digest, absorb and eliminate it. Those fast food burritos may go down quickly, but they absorb and eliminate it. Those fast food burritos may go down quickly, but they take their sweet (or not so sweet) time making their exit and slow things down along the way. Processed foods, like those hanging out in a vending machine, offer your body very little nutritional value and leave your body feeling sluggish and depleted. Where are you going to get the motivation to burn off your excessive calories when you have the energy of a two-toed sloth stuck in the mud?

You’re not going to exercise your way out of a nutritionally-deficient body when you haven’t given your body the fuel it needs to perform. Food is energy, and bad food can’t deliver good energy. Unlike a car, your body derives fuel from more than one source. Carbohydrates, fats and sometimes proteins are your body’s fuel sources. Your body will use the fuel that is most available to it — in other words, whatever you feed it. Therefore, what you choose to eat determines the quality of the nutrients and energy that you bring into your body.

Whether you’re sitting at your desk daydreaming about winning the lottery, or working out in cycling class, the fuel your body uses comes from burning mostly fat and carbohydrates. You almost always burn a mix of both. How hard you are moving during exercise is one major determinant of which fuel your body will use. Carbohydrates provide a faster energy source. So, you are going to get the motivation to burn off your excessive calories when you have the energy of a two-toed sloth stuck in the mud?

You’re not going to exercise your way out of a nutritionally-deficient body when you haven’t given your body the fuel it needs to perform. Food is energy, and bad food can’t deliver good energy. Unlike a car, your body derives fuel from more than one source. Carbohydrates, fats and sometimes proteins are your body’s fuel sources. Your body will use the fuel that is most available to it — in other words, whatever you feed it. Therefore, what you choose to eat determines the quality of the nutrients and energy that you bring into your body.

The study found that 95 percent of the alcohol you consume is converted to acetate by the liver and less than 5 percent of the alcohol you consume is converted into fat. When this happens, your body uses the sudden flood of acetate that is readily available as its fuel source and burns that as opposed to burning fat. In essence, acetate pushes fat to the back of the queue, and then ultimately to your backside.

The best thing you can do for your body is to eat the best food possible. At Fit, we teach our members the 80/20 rule: 80 percent of your body composition comes from what you eat and 20 percent comes from your workouts. That’s why we created our new Fit at the gym quality time fueled by quality food. And remember, meals don’t have to come in a box to make you “happy.”

Connie Cook “C2”
Fitness Director
Fit Athletic Club
SAN DIEGO’S PREMIER ATHLETIC CLUB

Fit members enjoy the finer things in life and understand the value of belonging to a club that delivers above and beyond their expectations. Ultra sleek décor and state of the art equipment create a first class workout environment that redefines the fitness experience. Come see for yourself.

350 10TH AVE, SUITE 200, SAN DIEGO, CA | 619.764.5348 | FITATHLETIC.COM
MUSEUM
CONTINUED FROM PAGE 23
Si Robin acquired Sensor Sys-
tems in 1970 and expanded its antenna production, acquiring mili-
tary contracts for AWACS and KC-135 aircraft. Today Sensor Systems makes more than 250 types of antennas used by the majority of aircraft throughout the world.

Bob Mitchell joined Northrop Drummond after the acquisition of Teledyne Ryan Aeronautical, where he had served as president. He became sector vice president for the Aerospace Systems Division.

Fossett notched more than 116 records in balloons, airplanes, sail-
boats, gliders and airships. At least 60 of the records remain unbroken.
Sports cars getting greener

Most people choose muscle cars or stylish roadsters for their appearance and performance, not necessarily for their gas mileage. But more sport cars are being redesigned to be more fuel efficient, making them a stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Chevrolet Camaro: Chevys V6 automatic engine earns 18 city/29 highway MPG statistics. Its turb-charged 4-cylinder engine provides the power on this vehicle.

Porsche 911 Carrera: This luxurious sports car is more fuel-efficient than some SUVs and sedans, ranking in at 19 city/27 high-way MPG statistics.

Mitsubishi Eclipse: An affordable and fast sport car, the Eclipse comes in at 20 city/28 highway.

Audi TT Coupe Quattro: It’s the turbo-charged 4-cylinder engine that provides the power on this vehicle, enabling the 21 city/29 high-way MPV statistics.

M Audi M5: Another affordable and sporty ride, drivers can expect 22 city/28 highway in this vehicle.

Chevrolet Camaro: Camaro beats out competitors like the Dodge Challenger and Ford Mustang for the highest EPA ratings on fuel econ-omy. This muscle car’s V6 automatic engine earns 18 city/29 highway.

Auto enthusiasts don’t have to pick sub-compact cars to improve gas mileage.

Mercedes-Benz SLK300: At 19 city/27 highway, this stylish and more environmentally friendly car can easily take the vehicle up to the top speeds afficionados desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.

Sports cars are typically considered gas-guzzlers. Most feature a V8 engine under the hood, which can easily take the vehicle up to the top speed attainable on a desire. The trouble with V8 engines is that they tend to drink up gasoline. However, these models of sports cars can make filling up at the pump less expensive — a new breed of sports car, including the Chevy Camaro, is more fuel efficient.

Sports cars are being redesigned to be more fuel efficient, making them stylish and more environmentally sound choice.
Don't miss the BUCKET BLOW-OUT sale on the town's top floor home with its fabulous patio! This incredible property includes a large deck, updated interior, and abundant outdoor living. For full details in a recorded message, call 1-800-709-1995, Ext. 1509.

**Please note:** This is a virtual tour. Actual home may vary. See the listing for more details.

Downtown · “The Market”

Discover the best of urban living in this charming, 1-bedroom beauty atop the 15th floor, overlooking the fountain! Enjoy all the amenities: Fitness Center, rooftop pool, and concierge service. This unit is perfect for those looking to downsize but not downsize their lifestyle! For full details in a recorded message, call 1-800-709-1995, Ext. 5109.

Downtown · “Porta d'Italia”

This 1-bedroom beauty is centrally located and just steps from Little Italy. Features include: Granite counters, stainless steel appliances, tile flooring, and a beautifully landscaped patio. This unit is perfect for those looking for a convenient location with easy access to all that San Diego has to offer! For full details in a recorded message, call 1-800-709-1995, Ext. 5309.

Downtown · “Incanto”

This 2-bedroom corner beauty is located just steps from Little Italy! Enjoy the city views from your private balcony, which overlooks the fountain and fountain area. This unit is perfect for those looking for a quiet oasis in the heart of the city! For full details in a recorded message, call 1-800-709-1995, Ext. 5199.

Downtown · “Palermo”

Located on the 15th floor of the heart of the city, this 2-bedroom beauty offers stunning views of the city, the bay, and the marina! Enjoy all the amenities of downtown living, including the famed Petco Park! This unit is perfect for those looking for a convenient location with easy access to all that San Diego has to offer! For full details in a recorded message, call 1-800-709-1995, Ext. 5409.

Downtown · “Watermark”

This 2-bedroom beauty is located just steps from the fountain and overlooks the fountain area! Enjoy the city views from your private balcony, which overlooks the fountain and fountain area. This unit is perfect for those looking for a quiet oasis in the heart of the city! For full details in a recorded message, call 1-800-709-1995, Ext. 5219.

Downtown · “Impact”

This 1-bedroom beauty is located just steps from Little Italy! Enjoy all the amenities: Fitness Center, rooftop pool, and concierge service. This unit is perfect for those looking for a convenient location with easy access to all that San Diego has to offer! For full details in a recorded message, call 1-800-709-1995, Ext. 5009.

Downtown · “The Grande”

This 3-bedroom beauty is located just steps from Little Italy! Enjoy all the amenities: Fitness Center, rooftop pool, and concierge service. This unit is perfect for those looking for a convenient location with easy access to all that San Diego has to offer! For full details in a recorded message, call 1-800-709-1995, Ext. 5199.

Downtown · “Aria”

This 2-bedroom beauty is located just steps from Little Italy! Enjoy all the amenities: Fitness Center, rooftop pool, and concierge service. This unit is perfect for those looking for a convenient location with easy access to all that San Diego has to offer! For full details in a recorded message, call 1-800-709-1995, Ext. 5129.