Downtown tastes

Taste of Downtown offers smorgasbord of gastronomic bites

By KAI OLIVER-KURTIN | DOWNTOWN NEWS

At a strategic planning forum convened by the Port of San Diego on Aug. 26, a cross-section of community leaders and groups, including elected officials, military and industry representatives, met with Port District representatives to discuss vital needs and challenges.

Job creation and economic development, safety and security and environmental stewardship are considered the major issues facing the area as it charts its course for the next several years. Among the more than 100 guests at the three-hour planning session were Congressman Bob Filner, District 3 City Councilman Todd Gloria, National City Mayor Ron Morrison and Imperial Beach Mayor Jim Janney. Included in the discussions were the Downtown San Diego Partnership, San Diego County Regional Airport Authority, San Diego Convention Center and educational institutions.

“Our accomplishments are many and not without cost — over $2 billion has been invested since the port’s inception in 1962 and there has been controversy, challenges and some heartache along the way,” Board of Port Commissioners Chairman Scott Peters said in welcoming remarks.

Peters cited some accomplishments, bringing more than 3.7 million cruise passengers to the city between 2006 and 2010, generating $2.5 billion in maritime revenue in that same five-year period.

The event benefited the Downtown San Diego Partnership, “so we encourage people to purchase their tickets early.” For a complete list of participating restaurants or to buy tickets, visit www.mcfarlanepromotions.com or www.downtownsandiego.org.

Police and SOHO ask for help in unsolved case of stolen historic plaques

By MARK LAMB | DOWNTOWN NEWS

Since July 25, at least 2.1 historic plaques in the Mission Hills neighborhood have been stolen, among others in Bankers Hill, Balboa Park and other areas, according to Save Our Heritage Organisation (SOHO).

Stolen plaques include six neighborhood markers from Inspiration Heights, three from Private Way, nine designation plaques from Port Stockton Drive, two plaques from Washington Street and one plaque from Poiner Park, Temple Beth Israel and First Christian Science Church.

San Diego Police Det. Mike Brennan suspects the thieves may be recycling the plaques for the bronze they contain, although at about $2 per pound, the thieves are not earning much for their deed.

Police have taken measurements such as increasing patrols in those areas, alerting neighborhood watch programs and offering a $1,000 reward through Crime Stoppers, a nonprofit organisation that encourages citizens to provide anonymous tips and information to lead to criminal arrests.

“The only way this case will be solved is by the community keeping vigilant and calling the police,” said officer David Surfaro in a statement to SOHO.

Surfaro offered tips to neighbors who witness any suspicious activity:

- Do not rule out any vehicle or person. Keep vigilant and look out your windows for anything you hear at any time. If you hear something, look, and if you see something that does not feel right, call the police as soon as possible.
- No property out there is worth being injured over. Personal safety should always be your first thought.
- Try to get a license number.
- Leave your porch light on at night.
- Hide your plaque with a small potted tree or plant.
- If you have a dog, make sure it is kept where it can alert you to intruders in your yard.
- If you see a marker or plaque loosed or appearing to have been tampered with, shut the police and SOHO immediately.

So far, none of the plaques have been recovered and no arrests have been made.

To report a non-emergency or suspicious activity, call (619) 531-2000 or email Brenner at mbrenner@sd-san-diego.gov.
Let the natural light flow in this beautifully detailed and highly upgraded home, including cherry wood floors and custom closets. Boasting 180 degree, unobstructed views up and down the coast and beyond this is a 2 bedroom, 2 bath surely not to be missed.

$4,295,000

This contemporary residence with captivating views accentuates its surroundings. With 3 bedrooms, 3 and a half baths, an additional optional bedroom, extensive storage built-ins and a private entry, you will have plenty of room to enjoy this dream home.

$1,259,000

Come be a part of a prestigious community in the “Pinnacle” of Southern California living. With 2 bedrooms, 2 and a half baths, and additional den, this highly upgraded unit takes advantage of its location and incorporates chic contemporary living.

$1,259,000

This must see beautifully restored and remodeled home with expert craftsmanship. With 3 bedrooms, 1 and a half baths, this ranch style home is centrally located in one of the best family friendly neighborhoods in San Diego.

$725,000

Enjoy this spacious 2 bedroom, 2 bath Southern exposed unit with downtown views. Cement accent walls and neutral colors provide modern decor that compliment this upgraded home. Other amenities include an expansive walk-in closet and extra storage underground.

$330,000

Enjoy the spacious 2 bedroom, 2 bath Southern exposed unit with downtown views. Cement accent walls and neutral colors provide modern decor that compliment this upgraded home. Other amenities include an expansive walk-in closet and extra storage underground.

$330,000

Here you will find the epitome of combining historic beauty with modern luxury. This remodeled 6 bedroom, 4 bath home not only boasts original hardwood floors and a gourmet kitchen but also a resort like backyard with a fireplace, pool and spa.

$2,290,000

Enjoy this gorgeous residence designed by internationally acclaimed Architect Irving Gill. Its lush elevated site, only a walk away from shops and restaurants, compliments the detailed charms seen throughout this 2 bedroom, 2 bath with optional bedroom home.

$750,000

Live in this gorgeous residence designed by internationally acclaimed Architect Irving Gill. Its lush elevated site, only a walk away from shops and restaurants, compliments the detailed charms seen throughout this 2 bedroom, 2 bath with optional bedroom home.

$750,000

Classic “Brownstone” offers charm and sophistication as a walk-up style townhome unique to San Diego. The 1 bedroom, 1 and a half bath boasts vaulted ceilings, expansive windows, and unprecedented amenities. A perfect metropolitan unit with a bungalow feel.
The Air and Space Museum will take on challenging project

By JOHNNY MCDONALD | DOWNTOWN NEWS

Building replicas of historic airplanes generally involves a search for key materials. But the folks at the San Diego Air and Space Museum have another problem—no detailed blueprints.

So, inventively, they’ll do what archives, Terry Brannen describes as a reverse computer engineering principle to produce results, then build the planes from scratch.

“The challenges will be a four-years long operation involving Howard Hughes record-setting H-1 Racer and a Bell X-1 operation involving Howard Hughes’ Army’s first all-metal construction fighter. The challenges will be a four-years long operation involving Howard Hughes record-setting H-1 Racer and a Bell X-1 operation involving Howard Hughes’ Army’s first all-metal construction fighter. The challenges will be a four-years long operation involving Howard Hughes record-setting H-1 Racer and a Bell X-1 operation involving Howard Hughes’ Army’s first all-metal construction fighter.

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Alexander Salazar Fine Art offers 7,000 square feet of art exhibition space in Downtown San Diego featuring the works of international and emerging artists. The gallery also exhibits the works of over 25 San Diego Artists. He encourages the appreciation and understanding of art and its vital role in our society through many exhibitions, artist lectures, community event sponsorship and charity events. A must visit when touring San Diego.

640 BROADWAY, SAN DIEGO, CA 92101 619-531-8996

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Alexander Salazar Fine Art
www.americasfineart.com

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THE WOMEN
PORTRAITS OF IMPORTANT FEMALE ARTISTS
PAINTINGS BY ALISON VAN PELT
CURATED BY ALEXANDER SALAZAR FINE ART
ALEXANDER SALAZAR FINE ART PARTNERS WITH HILTON SAN DIEGO BAYFRONT TO EXHIBIT THE 9 FEET X 7 FEET PAINTINGS
OF ALISON VAN PELT IN CELEBRATION OF SAN DIEGO ART MONTH
AUGUST 23-OCTOBER 15, 2011
OPENING RECEPTION: SEPTEMBER 3, 2011 (7-9PM)
RSVP - AS@ALEXANDERSALAZARFINEART.COM  ALEXANDERSALAZARFINEART.COM  619.531.8996

MUSEUM EXHIBIT COMES TO HILTON SAN DIEGO BAYFRONT

“The Women” – Paintings by Alison Van Pelt - brings museum status paintings to Downtown, San Diego. This collection was previously exhibited at the prestigious DAI. Founded in 1919, The Dayton Art Institute is a premier fine art museum located in Dayton, Ohio. In addition to exhibiting outstanding special exhibitions and impressive collections of art from throughout the world, the museum is renowned for education programming that includes an array of offerings for diverse audiences.

Eva Hesse, Meret Oppenheim, Elaine DeKooning and Georgia O’Keeffe are a few of the famous, and at times, rather infamous women that will be gracing the walls of the Promenade East entrance of Hilton San Diego Bayside. These oversized canvases measuring 9 feet x 7 feet honoring female artists are to be installed by Alexander Salazar Fine Art, commencing August 23, 2011 and on view through to October 15, 2011. It is an honor for Alexander Salazar Fine Art to bring the museum featured works of Alison Van Pelt to the city of San Diego during Art Month.

Alison Van Pelt: The Women includes paintings of female artists who built their careers prior to the women’s liberation movement. “I was interested in them as artists, but also as exceptional women,” explains Van Pelt. “I admire them now and have looked up to most of them since I was young. In terms of framing the face, there is subtle variation. I am trying to capture character. With some I went close in on the face like Helen Frankenthaler, while with others like Frida Kahlo, I pan out slightly, depending upon what I feel to be essential. Kahlo’s hair, ribbons, and the line of her neck were all a part of her character as were her facial features.”

Alison Van Pelt was born and raised in Los Angeles. She studied art at UCLA, Art Center, Otis Parsons and the Florence Academy of Art in Florence, Italy. Raised in the open-minded climate of 1970s Los Angeles, she has been influenced by such disparate sources as Agnes Martin, Robert Rauschenberg, Paramahansa Yogananda, Helmut Newton, Dan Millman, Yayoi Kusama and Hunter S. Thompson (just to name a few). The subjects of her paintings range from animals to politicians to celebrities, spiritual leaders, Native American warriors and heads of state. Utilizing found images of these figures, she begins the complex process of drawing and painting a classical portrait, then blurring and rebuilding the oil on the canvas, accumulating and disintegrating, until the result is a beautiful, purposefully-degraded, mystical evocation of her subject. Her painstaking technique, with its exquisite light and shadow, layers upon layers of paint, ambiguous, yet meticulous, brush strokes, culminated by her discipline and meditative touch, brings out the best in her subjects. The paintings are revealing yet mysterious; they are not idealized, but humanized.

Van Pelt’s work has been exhibited in solo shows at The Fresno Art Museum and The Dayton Art Institute, as well as in galleries throughout the North America and Europe, and is represented in significant public collections, such as the Armand Hammer Museum, the Fredericks R. Weisman Art Foundation, the Jumex Foundation in Mexico City, the Los Angeles County Museum of Art, NASA, and the Studio Museum in Harlem. She currently lives and works in Santa Monica, CA.
**New flower shop blooms in Little Italy**

Lula Mae Flowers — a newcomer to Little Italy — hosts a weekly “Flower Happy Hour” every Friday night from 5 to 6 p.m., where guests are invited to take advantage of gourmet cupcakes, refreshments and half-price freshly-cut blooms.

I wanted to create a weekly event that gives the residents a chance to get together. It also gives me a chance to chat with them and get to know what’s going on in the neighborhood,” owner Kat Desko said. “Flowers and cupcakes are two of my favorite things, why not share them?”

Each flower in the shop is handpicked fresh daily by Desko for use in her unique arrangements for all occasions from table-tops to large weddings.

“I would describe my style as ‘Bohemian Tussie Mussie.’ Tussie Mussie has more of a tops to large weddings.”

Lula Mae Flowers offers flower arrangements for weddings, showers, business arrangements, sympathy arrangements, graduations, prom and other celebrations and events.

For more information, visit www.lulaaemaeflowers.com, call (619) 487-1131 or visit Lula Mae Flowers, located at 1760 Kettner Blvd. Hours of operation are Mondays through Fridays from 9 a.m. to 6 p.m. and Saturdays from 9 a.m. to 4 p.m.

**Father Joe’s names new president, CEO**

Sister Patricia A. Cruise has been appointed as the new president and chief executive officer of Father Joe’s Villages and its partner agencies St. Vincent de Paul Village and Transient Youth Villages in San Diego and Martha’s Village & Kitchen in Indio.

Cruise served as president and CEO of Covenant House International, the largest privately funded nonprofit organization in North and Central America. The agency has 21 shelters in six countries and assists more than 60,000 homeless children and youth each year through a variety of services, including medical care, educational and vocational programs. Cruise provided overall management to Covenant House and was responsible for garnering $120 million each year.

In addition to her work with homeless youth, Cruise has more than 21 years of expertise in education and academic administration. She most recently served as president of Seton High School in Cincinnati and as executive vice president and associate director of Straight & Narrow Catholic School in South Dakota and director of campus guidance/student activities at the College of Mount St. Joseph.

Cruise earned a bachelor’s in education from Russell Sage College and a master’s in theological studies from the Jesuit School of Theology. “It is the start of a new era in our development of programs and services,” said Father Joe Carroll. “I am happy to welcome Sister Tricia to the Villages team. I look forward to working with her on behalf of our neighbors.”

— Kendra Hartmann

**San Diego’s downtown UPS Store, located at 501 W. Broadway St., will offer until Sept. 30 three free resume copy services for a local nonprofit organization.**

“There are still people in our community who are feeling the effects of the recent recession,” said Peter Luna, The UPS Store manager. “So it’s necessary that we pull together and help out where we can.”

According to the U.S. Bureau of Labor Statistics, the unemployment rate in San Diego County remained at a lofty 10.5 percent in July.

“We truly want to be of service to our community as long as it takes,” said Luna. “We also have a number of other services that may assist someone who is unemployed.”

The UPS Store offers full-service packaging, domestic and international shipping, printing services, notary, document finishing services and more. For more information, call (619) 232-0332 or visit www.theupsstore.com.

**Editor’s note: each month, the Downtown News will visit a different business in Support Vagis for the full story on its owners and offerings.**
What's Cookin' in Old Town San Diego

Old Town — known affectionately as the “Birthplace of California” is the heart of San Diego. Locals should be proud that they are a part of this rich and colorful history that resides in their backyard. As the first mission, first pueblo and first city... it is the cornerstone of California.

As our state evolved, its face was changing dramatically. In the 1960's, a few visionaries sought to create the Department of California State Parks in an effort to save the many landmarks that would remind us of our contributions in developing the West. California would be the first state in the Union to have such a preservation and restoration movement.

In those days, Old Town San Diego State Historic Park has been a tight-knit community where visitors and locals can experience what it was like back in the 1800’s. Although locals sometimes call us a “tourist trap”... we certainly are not. However, we are happy to be called Cali- fo rnia’s first “shopping center”... featuring old fashion mom-and-pop shops and chef-owner-operated restaurants like it was in the old days. We are particularly proud to continue offering over 13 free museums, free parking and three beautiful parks for every family to enjoy!

One of many gems in Old Town is the newly revamped Fiesta de Reyes. Behind the scenes of this new ‘old’ courtyard is Chuck Ross, fondly referred to as “Old Town Park’s Turnaround Specialist.” Chuck often jokes that he was “captured and held against his will” to volunteer on every committee that we have in the community... and he is now humorously on all of them! But these time-consuming commitments don’t seem to compromise the time he gives to embrace the history, culture and culture of Old Town.

When you visit Fiesta de Reyes, you might be so captivated by the music and charming ambiance that you miss taking note of the unique and colorful plants and shrubs. The bright and festive courtyard is filled with a collection of the largest displays of flowering succulents found in San Diego! Art also abounds on such unexpected canvases as doors, arches and walls, making this eye candy for many photographers. Such a feast for the eyes.

One of the restaurants at the fiesta is Casa de Reyes. Casa de Reyes’ atmosphere is warm, festive and at night, you can eat under the stars and enjoy live Mexican music while you dance. Casa de Reyes also offers a variety of delicious authentic Mexican food and you are sure to try “El Jefe”... however, you might need a friend to help you finish this bird-size margarita with tequila, agave syrup and top shelf tequila.

Barra Barra Saloon toasts “The Best Margarita in San Diego for only 50¢!” Barra Barra also have a full menu of homemade Mexican comfort food and are known for their Indian flat bread tacos.

Check’s love for details undoubtedly has made Casa de Reyes into a new star on the block and in the city it has been honored with numer- ous awards to prove that locals appreciate his dedication and vision. Go check them out soon! (www.fiestadereyes.com)

TIDBITS OF HISTORY

On November 24, 2013, historians will celebrate the 300th anniversary of the birth of Father Junipero Serra, born Miguel Hidalgo y Aguilar to a poor family on the island of Majorca, Spain. At 16, he joined the Franciscan Order, receiving the name Jeronimo Serra. A noted preacher, he was determined to become a missionary to the New world, finally achieving his goal and arriving in Mexico City in 1749. In 1767 he was placed in charge of a string of missions to be established in upper California. Beginning with San Diego in 1769, Serra founded eight of the twenty-one missions that were established along the El Camino Real from San Diego to Sonoma, some 700 miles in length.

One of his memorable acts that we still enjoy was encouraging the mission’s “shopkeepers” to plant mustard seeds along the mission route so that the bright yellow flowers of the fast-growing plant would mark the trail for others. Today, “Spanish mustard” can be seen growing wild along those expansive portions of the old mission trail.

The last recognition for Serra was in July of 1985 where a stamp in his honor was unveiled, joining a select list of persons memorialized by their own commemorative postage stamp. Statistically, it is easier to become a canonized saint than to appear on a stamp issued by the U.S. Postal Service! Efforts to have a stamp took almost as long as his con- sideration for canonization. Immumerable people had joined forces over a 30-year period before the postal recognition for the famous Catho- lic priest. The Serra Bicentennial Commission, which was established early in 1983, made issuance of a special Serra stamp a top priority in its long list of objectives.

Congressional endorsement was acquired but that approach was temporarily thwarted on the grounds that the Postal Service never issued a commemorative stamp to mark a person’s death. However, once the matter was brought to the attention of then President Ronald Reagan and one-time Governor of California, it was readily approved and the necessary directives for its creation finally went forward. Today, the 4¢ stamp is collectible and sells for about $4.00 each.

NEWLY RELEASED

When visiting Old Town, make sure to pick up your free, souvenir-oriented “Old Town Walking Map & Dining Guide” at merchants and restaurants throughout the community.

No matter how often you have been to Old Town and know the lay-of-the-land, you’ll be surprised to discover a new restaurant to explore or perhaps, there is a new restaurant to enjoy in this comprehensive guide that includes a self-walking historical map, lots of facts and history.

ENTER TO WIN A
$25.00 Gift Certificate to Casa Guadalajara Restaurant

VISIT US AT
www.DiscoverOldTown.com

SEPTEMBER EVENTS

SEPTEMBER 10th
Flower Market at Pateron
Old Town’s first-ever ear and low-brow art show! Pre-1972 hot rod, rockabilly or low rider design. From 10:00 am to 6:00 pm. 619- 291-4903 (Free event)

SEPTEMBER 11th
Old Town Fall Festival
Kicking off the Spirits of Mexico festival, trailblazers can sample from over 50 authentic Mexican restaurants from over ten of Old Town’s best restaurants. From 3:00 pm to 6:00 pm. (See admission for ticket purchase)

SEPTEMBER 11th - 18th
5th Annual Olde Spirits of Mexico
This celebration is the most comprehensive event for agave enthusiasts. No admission charges. For more info, contact olde spirits@comcast.net. (Free event)

SEPTEMBER 15
El Grito Cocktail Challenge
You’re invited to be the judge as nine bartenders from So. California compete for the best original cocktails made from Fortaleza Tequila. The competition will be followed by live music and a commitment of the El Grito, complete with pictorial presentation, performed by Los Angeles. This event will showcase the grand reopening of the Tequila Room at Cafe Coyote. From 5:30 pm to 9:00 pm. 619- 291-4905 (Free event)

SEPTEMBER 17th
Fiesta Patron Culturals Mexican Independence Day Commemorations when Mexico won independence from Spain in 1810 with traditional activities from the early 1800’s. Enjoy lively dancing, music, food and drinks. From 12:00 noon to 4:00 pm in the Old Town State Historic Park. 619-229-5242 (Free event)

SEPTEMBER 30 & OCT. 1ST
Art In Fashion Marketplace
The Art In Fashion Marketplace at the Bazaar del Mundo’s vibrant courtyard with a stunning display of all handmade clothing, accessories, and necessities from top designers from Southern California and the world. From 11:00 am to 7:00 pm. For more information: 619-296-3161

OCTOBER 1st & 2nd
Old Town Fall Festival
Enjoy quality art as dozens of artists showcase their many forms of media expression. Craft, home decor, contemporary artists and fashions are featured. Enjoy an extensive wine & beer garden and continuous live entertainment. From 10:00 am to 6:00 pm (Free event)

OCTOBER 22nd
16th Annual Bike Ride For Tykes
Round out your fall festival experience with a family bike ride starting and ending at the Old Town Mexican Cafe where a parking lot festival will follow with raffle and brunch.

All proceeds from this annual fun bike ride benefit the “Make A Wish” Foundation. Decorate your bikes for fun and register online. Groups are encouraged to wear a tee-shirt, ruffle, water, brunch and music from 8:00 am to 6:00 pm. (Free event)

More details are at the Old Town Mexican Cafe on San Diego Ave., (619) 291-8217 or visit them at www.oldtownmexicancafe.com

SATURDAY MARKET
Check out the arts and crafts by local artisans every Saturday from 10:00 am to 4:00 pm on Hurley St.
Experience - Integrity - Commitment

D I S T I N G U I S H E D  P R O P E R T I E S

4 Bedroom Home in Bella Sol
Must see home with an open floor plan! Newly remodeled kitchen with granite counter tops and SS appliances. Low HOA and Mello Roos. Tommy Property 6 Beds/3.3 Baths 1,725 Sq.Ft. $325,000
Carlos Pastrana 619-940-4505
Carlos@SanDiegoTopCondos.com

Escala – Mission Valley
One of the best locations in Escala. Absolutely Turn Key. Detached home with views of Mission Valley inc. hardwood floors, granite and more! 2 Bed plus OWN 2.5 Baths $445,000
City Consulting Group 619-259-5558

Columbia Place - Marina
Great Location across from Pantoja Park! Fully upgraded with new flooring, granite, SS appliances and wine cooler! A spacious balcony overlooks the lovely courtyard with BBQs & hot tub! 2 Bed/2BA 1,016 Sq.Ft. $399,000
City Consulting Group 619-259-5558

Horizons
Fantastic location in the heart of the Marina. Panoramic ocean views and luxury penthouse residences. Price ranging from $499,000 - $1,790,000
Francine Finn 858-518-5288

Pinnacle - Marina
Exceptional quality defines the custom upgrades from this gorgeous unit on the 18th floor at Park Place. Jaw-Dropping describes the reaction to the views! This residence enjoys split bedrooms and a wide open floor plan with views from every room. $799,000 - 589,000
Francine Finn 858-518-5288

Dazzling Night & Day

Bayside Luxury Living
Dramatic, full sunset facing unit has an oversized balcony & incredible sweeping views. Over 1,000 sq. ft. w/ hardwood floors, Viking appliances, Snaidero Cabimetery & CaesarStone countertops. 2 Bed/2.5BA $1,465,000
Raye Scott 858-229-5424

Stunning Views in Marina
This is a rare opportunity to own a unique Pinnacle unit – 1 of only 2 in the building with gorgeous wraparound views from west to east. 3 bedroom, 3.5 bath, floor to ceiling windows. Elegant finishes w/ marble floors, & Italian cabinetry $2,995,000
Jeff Nix 619-962-2471

Distinguished Properties

Dramatic, full western facing unit has an oversized balcony & incredible sweeping views. Over 1,800 sq. ft. w/ hardwood floors, Viking appliances, Snaidero Cabinetry & CaesarStone countertops. 2 Bed/2.5BA $1,465,000
Raye Scott 858-229-5424

Cortez Hill Aria
Chic and contemporary, this upgraded 2Bed/2Bath and 1,253 sq. ft. unit is sure to please. Great room layout, floor to ceiling windows and a 1,000 sq. ft. patio. $499,000 - $524,000
Sarah Scott 619-840-2767

4 Bedroom Home in Bella Sol

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FALL CONCERT LINE-UP ANNOUNCED AT CORONADO FERRY LANDING

FREE LIVE MUSIC fall and winter concert series every other Sunday at 1201 First Street (at B Avenue.)

October 2011
10/02/11 Teagan Taylor Trio 2:00 pm – 5:00 pm
10/16/11 Stiletto’s 2:00 pm – 5:00 pm
10/30/11 The Dixie Jazz Katz 2:00 pm – 5:00 pm

November 2011
11/13/11 Stiletto’s 1:00 pm – 4:00 pm
11/27/11 Blue Frog Band 1:00 pm – 4:00 pm

December 2011
12/04/11 Stiletto’s 1:00 pm – 4:00 pm
12/18/11 Teagan Taylor Trio 1:00 pm – 4:00 pm

January 2012
01/08/12 Stiletto’s 1:00 pm – 4:00 pm
01/22/12 Peter Hall Acoustic 1:00 pm – 4:00 pm

Performances and times are subject to change
THE BEST HOTCAKES
YOU’VE EVER TASTED
OR THEY’RE FREE

We are so confident that you will agree that our hotcakes are the best you’ll ever taste, that we are willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our Old Fashioned Malted Waffles. Try them once. You’ll be hooked for life. We also offer these delicious waffles with our special Fried Chicken.

DOWNTOWN San Diego’s ONLY 24/7 RESTAURANT

For 65 years, it seemed almost everyone in San Diego could recall attending an event in majestic Balboa Stadium with its Roman-style pillars at one end of the horseshoe-shaped structure. It wasn’t easy crowding onto concrete seats, but it was the best we had.

San Diego’s scant population was the smallest of any city ever to attempt holding an international exposition and to construct a stadium — a testimony to its leaders’ pluck and vitality.

The expansive list of events spanning six decades included speeches by two U.S. presidents, nationally acclaimed sports events, exhibitions, celebrations and prominent musical productions. Everything seemed to fit within the 23,000 seat boundaries.

President Woodrow Wilson spoke about the League of Nations format before an announced crowd of 50,000. The figure might be suspect since a little more than 100,000 lived in the county at the time.

President Franklin D. Roosevelt was there in 1935 to honor the second exposition and assure a filled stadium of hopeful people that there was a way out of the Great Depression.

Atlantic-crossing aviator Charles Lindbergh greeted 60,000 to acknowledge it was San Diego who built his Spirit of St. Louis. Designed by the Quayle Brothers architectural company in 1914, it was first called City Stadium.

The place would weather the troubled 1930s, then was revitalized with auto racing and expanded to double-tiered, 34,000-seat capacity for the highly successful San Diego Chargers.

Revenue from weekly midget auto racing enabled the city to install lights for entertainment and other sports events. This revenue source was exhausted in 1961 when the Chargers maintained that auto racing and football were not compatible. Auto racing did have a bevy of talent. Eight drivers who earned a reputation in those weekly shows went on to win at the Indianapolis Speedway. That list included Johnnie Parsons, Troy Rutman, Billy Vukovich, Jim Rathmann, Sam Hanks, Jimmy Bryan, Rodger Ward and Parnelli Jones.

After World War II, the marquee featured such diverse talent as Jefferson Airplane, Santana, Linda Ronstadt, Arthur Godfrey and The Beatles.

There were big crowds for high school football games, too. This was because powerhouse San Diego High was part of a strong Southern California conference. When the Chargers were eventually directed to play in a city league, attendance dropped.

Future baseball Hall of Famer Ty Cobb, Lou Gehrig and Babe Ruth played on a make-shift field in exhibitions in the 1920s and world champion Bill Tilden performed in a tennis exhibition.

Former Chargers’ stadium
saw years of great times

Thursday, September 8, 2011
5 PM - 9 PM
Stroll through the Gaslamp Quarter, Financial District, and East Village on a self-guided walking shuttle tour of over 50 delicious restaurants.
All for one low price!
Limited Advance Tickets $30
Day of Event $35
Some locations may require taster to be 21 or older with valid ID

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ChiChi Grill
Cicada Italiana
Cork & Keg
Dicks Last Resort
Donovan’s Prime Seafood
Dublin Square Irish Pub
Galo’s Tacos
Ghirardelli Chocolate Shop
Hareaway’s Tavern
Henry’s Pub
La Fonda Mexican Cuisine
Manila Sipper of India
Meat Chomango Thai
Monsoon - Fine Cuisine of India
Ocean Basket
O’Grady’s Pub
Puckett’s
Quarter Kitchen at Andaz San Diego
Rock Bottom Brewery
Rock Raja’s Culinary Creations
Royal India
Sherbert’s Galleria
The Field Irish Pub
The Linc
The Melting Pot
Gaslamp Village

EAST VILLAGE
Cafe Chloe
Crunch / Time Grilled Cheese
Dragonette
East Village Tavern & Bowl
Kennedy Bar & Restaurant
McComb’s
Monte’s
Proper Gastro Pub
Starbucks Coffee
The Mermaid
The Village Coffee & Wine Bar
Tillie’s Pub & Eats
Tote Emmea & Cucina
Tran Nguyen’s House of Noodles
Valentine’s Mexican Food
Carabar Cafe

FINANCIAL DISTRICT
Chef Michael’s Deli
House of Blues
La Caja Negra
Pampero Grill
Sixth Avenue Bistro
St. Vincent’s Bakery & Bistro
Stoddard House
Sushi & Sake
The Local
The Westgate Room

Tickets
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Photos courtesy of the San Diego Chargers


The stadium was witness to the Chargers’ glory years, featuring John Hadl, Lance Alworth, Jack Kemp and Ernie Ladd, and was host to three American Football League championship games.

In six seasons there, head coach Sid Gillman’s club finished with a combined record of 26-12-2, winning four Western Division titles and one league crown.

There were three football bowls: East-West Christmas Classic, 1921-22; Har- bort Bowl, 1947-48; and an armed services Potomac Bowl, 1952-55.

The gable, however, met the fate of a wrecking ball in 1979 when the Chargers moved to Qualcomm Stadium. Qualcomm now has become obsolete amid hopes another can be built in the city.

By JOHNNY MCDONALD | DOWNTOWN NEWS

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HISTORY

Former stadium on Park Avenue served as a Chargers’ stomping ground in their early days, as well as play- host to a variety of other important events.

The best hotcakes you’ve ever tasted or they’re free

We are so confident that you will agree that our hotcakes are the best you’ll ever taste, that we are willing to put your taste buds to the test. Our pancakes are made from the finest flour and sweetest buttermilk on the planet. And the same goes for our Old Fashioned Malted Waffles. Try them once. You’ll be hooked for life. We also offer these delicious waffles with our special Fried Chicken.

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San Diego Restaurant Week is serving up something new for its Sept. 18-23 run-lunch. The county’s largest biannual culinary event that for years has offered diners the opportunity to enjoy fine restaurants at discounted prices is expected to grow even more this time around with special mid-day menu options. About 180 restaurants in San Diego County are participating, offering two-course lunch and three-course pre-fixe dinner menu options. Lunch menus run $10, $15 and $20, while dinner options are $20, $30 or $40, depending on the restaurant.

“This is the perfect platform to show the bounty of our region,” said Chef Bernard Guill as the La Jolla Beach and Tennis Club, which includes the famed Marine Room and Shores restaurant, “and to support our farming community while tasting so many different ethnic cuisines.” Guill as his chef partner, Ron Oliver, recently returned from Austin, Texas, where they won the International Association of Professional Chef’s (IAPC) award for Best Cookbook in America for “Flying Pans: Two Chefs, One World,” a self-published culinary travel journal.

Restaurant Week was started by the California Restaurant Association (CRA) San Diego Chapter, a trade organization that promotes the hospitality industry. Participation in the event has grown — even during the recession when the industry as a whole took a hit — with about 40,000 participating in the most recent Restaurant Week in January.

Jeff Rossman, owner and head chef of Terra Restaurant, said Restaurant Week has always been good for his establishment, which focuses on locally grown and farm-to-table foods, but will be even more so this year since relocating from its longtime Hillcrest location to East County. It also modified the menu to focus more on casual meals, small plates and items like flatbread pizzas and fish tacos.

“It’s going to be even better for us to find new customers that might not have come out before to get a great three-course meal,” said Rossman, who is also known for the work he does in San Diego public schools teaching kids about growing their own food and eating healthy. Rossman’s next cookbook project will focus on family-friendly recipes.

The Restaurant Week website offers a search feature to select restaurants by cuisine, neighborhood, meal or price. It also maps venue locations, displays menus and allows diners to submit a reservation online. The website also has a promotion to enter to win gift certificates to eat out every weekend for a year. The Marine Room menu options include pomegranate macadamia crusted barramundi, baharat pepitas spiced diver scallop and prawn beignet, and Midwestern center-cut filet mignon. Restaurant Week also coincides with California Wine Month and diners at The Marine Room can experience the state’s finest wines with pairings arranged by Advanced Sommelier Lisa Redwine.

For Left, the farmers salad from Terra Restaurant is made from fresh ingredients picked at the chef’s whim. Center, Terra’s Karl Strauss short ribs are so fallling as they are visually appealing.

Below, Terra’s chef Jeff Rossman is ready for Restaurant Week.

For more information, visit www.sandiegorestaurantweek.com or call (619) 231-5008.

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San Diego Restaurant Week to tease tastebuds at a discount

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East Village recognizes its amateur shutterbugs

The East Village Association (EVA) sent out a call to discover the best local photographers with their cameras. EVA plans to, in turn, respond with any. The EVA Members’ Choice Award will be announced on Sept. 14 at the EVA Member Meeting at BASIC Urban Kitchen & Bar. The winner will receive a gift certificate to their choice among East Village businesses.

The winning photographs will be used in the association’s redesigned website: www.EastVillageSanDiego.com.

September is arts month in San Diego. Artists and art lovers descend on the city — downtown in particular — for all their art desires.

Contemporary Art Fair kicks off arts month

East Village Random Acts of Art will be a six-month-long, site-specific project offering a chance for local artists to showcase and sell their works at the streetscape level, by placing containers in certain retailers within a 3-block radius in the neighborhood. For Random Acts of Art, check out EastVillageSanDiego.com/randomacts.

For more information about East Village Random Acts of Art, call (619) 358-9512.

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For the full list and interactive map of Art Labs, visit www.artsandiego.com/art-labs or call (619) 777-7141.

In conjunction with the fair’s 75 Artlab — single- and multiple-art installations, interactive activities, multimedia installations and performances — will be taking place throughout the city from San Ysidro to the San Diego International airport from Sept. 1-4.

Art labs will include a hybrid dance and painting performance to be held at the Evergreen Cultural Center. The fair will also have project showcasing portraits and audio stories from East Village’s homeless population and an invitation for community members to join you together on a 1,000-foot public blanket with enjoying the giant Puppet Parade staged on the Embarcadero.

Other unique technology-driven events include a select showcase of public art and Photos and video applications and a virtual project where visitors with bikes or historical landmarks in San Diego. Aaporra will be flying remote at events near the hugs with handmade Android and Syntias devices after the show.

For more information about Art San Diego, visit www.artsandiego.org or call (619) 409-7210.

East Village Recognizes its Amateur Shutterbugs

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Jazz 88 OB Music and Art Fest to serve up savory list of entertainment

The annual Jazz 88 Ocean Beach Music and Art Festival—put on by KSDB Jazz 88 at America’s Finest City’s downtown—takes to the streets of Ocean Beach for an all-day affair on Saturday, Sept. 10. Among the headliners is New Orleans pianist Dr. John, left, and his band, The Nite Trippers.

The San Diego Festival of Beer returns to downtown Friday, Sept. 9. Now in its 17th year, San Diego’s oldest beer festival brings crowds that have poured into the streets of the Core Columbia district since the beginning of the local craft brew revolution that catapulted America’s Finest City into a world-class beer destination.

The festival is organized by the nonprofit San Diego Professionals Against Cancer (SDPAC), a volunteer organization that has raised millions for cancer programs.

For the first time, the festival will take to the streets of Ocean Beach for an all-day affair on Saturday, Sept. 10. In its sixth year, with a year, with a musical roster of Straight-ahead and Latin jazz, blues and funk.

“We feel that Ocean Beach is the ideal place for it because of its reputation as a festival of beer beers and for the event's capacity to grow and expand,” said John.
Private Domain first hit San Diego stages in 1985, quickly securing a record deal and releasing a hit, "Absolute Perfection," in 1987. They've had songs placed in movie soundtracks and used in car commercials, but when it comes to achievements, nothing comes close to their near-20-year run as house band to their favorite or a newly minted track, the trio delivers a frenzied show that never lets up energy or musicianship. Anyone thing really special. This performance, however — coming as it does the evening before Mexican Independence Day — should be something really special.

Mariachi Nevin: Thursday, Sept. 15 at Anthology, 1137 India St. 7:30 p.m. 21 and up. $20-$30. www.anthology-sd.com

Every few years or so, stories about the death of rock 'n' roll start to make the rounds. However, anyone within spitting distance of a Reverend Horton Heat show knows that's just not going to happen as long as this band is still slath- ing the stages of the world. The Rev- erend has released 11 albums to date, mixing up a heady brew of rock-a-billy , punk, country and swing, but it doesn't matter whether they're playing an old favorite or a newly minted track, the trio delivers a frenzied show that never lets up on energy or musicianship. Anyone feeling jaded by the processed sound of much of today's pop would do well to investigate the Reverend's rootscore band.

Reverend Horton Heat: Saturday, Sept. 17 at 4th & B, 345 B St. 8 p.m. 21 and up. $15-$20. www.4thandbrev.com

Jazz is going through a renaissance in San Diego right now and trumpetist Gilbert Castelanos is part of the reason why. One of the most gifted musicians to currently call San Diego home, Castelans not only plays locally, but also tours the world with the likes of Diana Krall. Just as important, for the past decade he has also nurtured the local scene with a regular series of jam sessions held Wednesday nights at El Camino. As impressive as those jams can be, the best way to take in his music is via his own sets, like the one he'll play at Croce's on Sept. 22, 7:30 p.m. Between the intimate setting, great food and wonderful music, there isn't a better way to spend a Thursday evening.

Gilbert Castelanos: Thursday, Sept. 22 at Croce's Jazz Bar, 802 Fifth Ave. 7:30 p.m. 21 and up. $15-$20. www.crocceans.com

Progressive metal band Queensryche has never been considered one of the top-tier rock groups, but in a 30-year career, they've built up a solid core of fans that has carried them through good times and bad. The band has 13 albums to its credit — most recently, “Dedicated to Chaos” (2011) — but expect to hear the biggest cheer for anything from 1988’s Operation Mindcrime. The quartet has only shed one member since its inception and that solid bond between the players is evident in its shows. If you've never caught a set by Queen- sryche, rest assured that after three decades, it rocks just as hard as ever.

Queensryche: Thursday, Sept. 29 at The House of Blues, 555 Fifth Avenue, 200 Harbor Drive. 8 p.m. All ages. $40-$75. www.dizysjazz.com

Nevein isn’t the typical party band. Appearing Sept. 15 at Anthology, this award-win- ning combo has performed everywhere from the San Diego Symphony to KFMB’s program- ming, playing traditional Mexican folk tunes, as well as new compositions from founder Jeff Nevin. A mariachi perfor- mance is never less than celebratory. This performance, however — coming as it does the evening before Mexican Independence Day — should be something really special.

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Street Beat: Saturday, Oct. 1, India Street, between Ash and A St. 3 p.m. 21 and up. $19-$59. www.anthology-sd.com

— Bart Mendoza

Experience the Phenomenon

Saturday, October 1, Gala 5pm, Concert 8pm
An Evening in Paris
Featuring Ravel’s Boléro!

Tickets to the Gala Concert are available online at www.ticketron.com or at the door.

Win Tickets to the Gala Concert!

Open Winners' Lounge

Special Offer: $5 Off

Purchased in advance, tickets for the Gala Concert are $75. At the door, tickets are $80.

Advance: $70 / At the door: $80

Ravel’s Boléro!

San Diego Music Thing Showcases:
Thursday, Sept. 8 – 10 at The Casbah, 2501 Kettner Blvd. 9 p.m. 21 and up. Cover TBD. www.casbahmusic.com

— Bart Mendoza

Bart Mendoza | Beacon & Box Press
Jazz 88 Ocean Beach Music and Art Festival takes place from 11 a.m. to 6:45 p.m. on Saturday, Sept. 10 along Newport Avenue. Adult tickets are $30. Festival packages are available. There is no admission charge to visit the art row area of the festival or the community stage.

As much fun as concertgoers will be having at the festival, performers also get a kick out of it.

"I’m thrilled to be a part of this," said award-winning singer Stephen Johnson. "Jazz 88 has been so supportive of music and arts in San Diego. I’m happy I’ve been asked to participate, especially on a bill that includes legendary acts like Dr. John and local friends like Nathan James."

Mission Bay High School music director JP Balmat points out the audience is a little bit different than the typical one the Mission Bay High School Dixieland Jazz Band plays for.

"It’s a little bit more mainstream," he said. "You’re getting a more diverse audience. You’re getting a younger audience. I think it’s great for the band to have this diversity of people coming to see them and appreciate their music."

Though student musicians are limited by their age as to which types of music they can play, they can intermingle with some of the older, seasoned pros. According to Balmat, this festival experience is a boon to visitors, but especially to the students.

"It’s a wonderful opportunity for them to see the caliber of musicians out there," he said.

* The Jazz 88 Ocean Beach Music and Art Festival takes place from 11 a.m. to 6:45 p.m. on Saturday, Sept. 10 along Newport Avenue. Adult tickets are $30. For more information, visit www.obmusicfest.org.

**WILL BOWEN | Downtown News**

**Dale Terbush: A classic romantic painter**

Dr. Yoll Bouyer | Downtown News

When Italian composer Richard Wagner were a painter, he would have been Dale Terbush. If Bayard Kipling haunted the streets of North Little Italy strolling his verse, he would have had his writing studio at 2400 Kettner Blvd., Suite 214—where Terbush currently paints. Terbush is the type who would have led the Charge of the Light Brigade, a classic old-school, romantic great artist—bigger than life and full of heart and talent.

A child prodigy, Terbush started painting at the age of 5. Enescu entered The Vienna Conservatory of Music at 7 and graduated at 12. All born with talent.

"We should find," Terbush said. "Painting should make us feel. You want to be a better painter, put on Wagner’s ‘Ride of the Valkyries.’ You want your mountains higher, listen to Handel’s ‘Messiah.’"

Terbush paints landscapes exclusively. Dramatic, extreme landscapes—no people, no animals, no man-made structures—just nature: sunsets and sunrises, stormy clouds, waterfalls, mist, thunderstorms, dramatic landscapes. And he never uses a model or a picture or any reference. All the scenes come from his imagination. You would think he had traveled all around the world to the most remote mountains and highest peaks.

Terbush paints with a small model airplane paintbrush, standing up over a high table, his painting lying flat. He has a set of open containers filled with different colored acrylic paint and uses water and varnish to enrich his colors. He never sketches out his paintings first. He just begins.

"I make the marks and then the viewer’s eye fills in the rest," he said. "It’s an illusion."

Terbush grew up in Orange, Calif., and went to Orange High School. His family discouraged his artistic pursuits and instead urged him to find a "real job." His high school art teacher, however, saw real talent and gave Terbush the keys to the art supply room, instructing Terbush to bring him something once a week.

Terbush worked in the grocery store business as a young man. He would sell a hunk of meat and then wrap up a painting of his for a customer. Once, he did a mural for the El Torito restaurant chain and subsequently joined the company, rising to the level of vice president while painting on the side. Now he is known throughout the world. He has been the number one artist in Japan for three years. Terence Howard has 60 of his paintings.

Asked about his goals, Terbush said he tries to "cause a ripple on the pond. To try and make people feel good. If someone comes home from a hard day’s work and relaxes by looking at one of my paintings, I am happy."

In his studio at the Design Center on Kettner, there are many religious icons, such as a 250-year-old crucifix and a large wooden statue of Saint Francis.

"I am inspired by all the prayers and emotion that have been directed toward these religious figures," he said. He also likes to recite poetry while he works, usually from poems he has written, like, "There is a light that exists with all living things. It is the illumination of paradise."

What’s next for the 62-year-old artist? "I want to be rediscovered," he said. For information, call (619) 749-9977, email daleterbush@cox.net or visit www.masterslight.com.

**Dr. Yoll Bouyer | Downtown News**

**Dale Terbush at work in his studio in Little Italy North.**

**Marc & Darlynne Menkin**

Dale Terbush: A classic romantic painter

*Where You Can Hear the Whisper of Your Heart,* by Dale Terbush

Dale Terbush at work in his studio in Little Italy North.

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Dale Terbush at work in his studio in Little Italy North.
Mind your workout manners

Fit Savvy
By Connie Cook | Guest Columnist

I’ve seen it all. Twenty-plus years in the fitness industry and I’ve got a few stories to tell. From too much nakedness in the locker room and doing things with towels that are completely unnecessary, to talking on cell phones during class, leaving nasty sweat marks on equipment, hogging the cardio machines and locker-room showers over hair dryers and Q-tips. Seriously, over the years, I have seen ordinary people turn into etiquette-imbeciles once their foot hits the gym floor.

It’s time to tidy up your fitness faux pas a bit and make your mama proud again.

Let’s get back to the basics of good old-fashioned manners with a few friendly reminders.

Clean up after yourself
From spilling your sweat off the equipment to re-racking your weights after your set, being mindful of others who come after you is crucial when you are sharing workout space. Making messes is usually more fun than cleaning them up, so keep it tidy and clean as you go. You don’t want to sit in someone else’s sweat and they don’t want to sit in yours. Sliding across a bench shimmering in slippery sweat is sickening. Keep your sweat to yourself.

I’m amazed at the number of people who leave their weights all over the floor after their workout, in spite of the posted signs reminding everyone this very simple rule of gym etiquette. If you can pick it up, you can put it up. Just as you were told to put away your toys once you were finished playing with them, fast-forward that rule 20-30 years and re-rack your weights when you’re done with your workout.

Besides, who doesn’t appreciate a nice rack?
Which feller is the smellier?
We all sweat, some of us more than others. Gyms are full of sweaters when someone’s personal hygiene becomes a public issue, we all have a problem. Going au naturals, sans deodorant, is not the best idea when your pores begin to reek of ran-cid onion — or something like it. Trust me: I’m not suggesting that you try to overcompensate by dousing yourself in cologne to cover your body odor — that’s another gym etiquette faux pas in itself. Just be aware of your immediate scented surroundings and pack that trusty deodorant roll-on in your gym bag. No one else wants to “catch your drift.”

Get your fixation off the temptation
So you really think the hottie on the elliptical trainer isn’t aware you’ve been staring and hearing directly her way for 4 minutes? Guess what! Buff dude working out next to her (aka her boyfriend) would like to have a word with you.

Yes, you will surely see good-looking, healthy and fit people all over the place, but remember, it is a gym and should not be treated like a meat market. There is a time and a place for everything and the vast majority of gym goers are there to get their sweat on, have fun and socialize with their friends, not dodge piercing stars and wounds. A slight glance at a nice-looking individual is usually OK, but not in a creepy, stalkier kind of way.

It’s not all about you
Want to do your own workout then stay until it’s done and sing your own special song, but if you want to do your own workout then stay away from group fitness classes. I can tell you first hand there is nothing more annoying, distracting and disrespectful than having someone in class not paying attention to the instructor or the other participants who need to concentrate. It is oblivious to the fact that they are sharing space with 20 other people who show up with the understanding that everyone is there to work out together and be led by an instructor. If you want to be the leader, then learn to be an instructor. However, if you want to march to the beat of your own drum, then do it Shailla style, i.e., “solo.”

Don’t go commando
I’ll be brief about this. Downward dogs in yoga classes, soaked climbs in cycling class, comebacks in front of mirrors, all these movements should compel you to wrap your underwear when you participate in them. Shirts that allow your pants to ride down are particularly distracting and at times just gross. Again, there’s a time and a place for everything. Peep shows belong in the red light districts, not in the gym. Panties and stockings are not passé, so put yours on and don’t be THAT guy or girl.

Good manners and etiquette never go out of style and often help define us as individuals. So the next time you head to the gym, make sure to mind your p’s and q’s in between your reps and sets.

Connie Cook “C2”
Fitness Director
Fit Athletic Club

Spirits of Mexico
The 2011 Spirits of Mexico Festival is set to showcase top agave spirits brewed by hundreds of distillers, September 11 to 18, in the heart of Mexican culture—Old Town San Diego. The event is the largest, most comprehensive festival of agave-based spirits in North America, and will be packed with seminars discussing the finest spirits, tequila tastings, cocktail challenges, authentic Mexican dishes and an awards ceremony.

Tequila Trail kicks off the spirited week on Sunday, Sept. 11. Sponsored by Vizco Bacanora, trailblazers will sample the new Bacanora cream along with Vitzo Bacanora, trailblazers will sample the new Bacanora cream along with Rockin’ Baja Coastal Cantina and Fiesta de Reyes.

The Spirits of Mexico Awards Dinner and Tasting Reception at Barra Barra Saloon, Sept. 16, is when guests can sip world-class agave spirits paired with specialty cuisine infused with agave spirits. The Awards Ceremony held in the Fiesta de Reyes courtyard after dinner, will reveal the winners of the 2011 Spirits of Mexico Tasting Competition. Dinner tickets can be purchased for $85 per person.

Spirits of Mexico Festival’s Main Event is on Saturday, Sept. 17, from noon to 4 p.m. The cannon firing salute kicks off the historical activities including the “Changing of the Flag” ceremony, an “El Grito” contest, parade, games, crafts and more. Following the parade, there will be games, contests and demonstrations that represent the activities enjoyed by the early settlers of San Diego.

A special theatrical production “The Bells of Dona Josefina” will be performed for free of charge at 12:45 p.m. on the Fiesta de Reyes stage and 2:45 p.m. on the plaza stage.

Other stage entertainment includes Ballet Folklorico Real de San Diego, Los Balletes Ballet Dance Group and Los Diegos music group.

The event is sponsored by Old Town San Diego State Historic Park, Boosters of Old Town and Fiesta de Reyes.

Celebrate Fiestas Patrias
Old Town San Diego State Historic Park is hosting Mexican Independence Day with traditional activities from the 1800s when San Diego was still part of Mexico—including lively dancing, music, food and drink. This free festival commemorates one of the most important days in Mexico’s history — independence from Spain in 1810. The event is Saturday, Sept. 17, from noon to 4 p.m.

Enjoy the Colors & Beauty of Old Town
This page is made possible by these fine businesses. To find out how you can participate, call Mike at (858) 270-3103 x 112
**San Diego Symphony: 1812 Tchaikovsky Spectacular, 7:30 p.m.**, Embroiderer Marina Park South, 206 Marina Park Way, season finale of Summer Pops, (619) 235-0804, www.sandiegosymphony.org, $17-$76

**Artwalk on the Bay**, 10 a.m. to 5 p.m., Hilton Bayfront Hotel 1 Park Blvd, art showcase featuring over 3,000 pieces of original fine art from 150 renowned artists, 12 musical performances and kids activities, (619) 615-1090, www.artwalkonthebay.org, free

**San Diego Padres vs. Arizona Diamondbacks**, 7 p.m., Petco Park, 100 Park Blvd., (619) 724-7000, www.sandiego.padres.mlb.com, $10-$71

**Fourth annual Art of Fashion**, 6:30 p.m., Timken Museum of Art, 1500 El Prado, (858) 470-6155, www.timkenmuseum.org, general admission $100, VIP $290

**13th annual West Coast Stickball Tournament**, 8 a.m. to 6 p.m., Columbia Street between Beech and Cedar streets and State Street between Ash and Beech Streets, (858) 279-1924, www.westcoaststickball.com, free

**Festival of Sail 2011**, 9 a.m. to 7 p.m., Maritime Museum of San Diego, 1492 N. Harbor Drive, runs through Sept. 5, (619) 234-9153, www.sdmaritime.org, $10-$65

**Fortune’s Labour Day pool party**, noon to 8 p.m., Ivy Nightclub, 600 F St., poolside lounge, house music and dancing with entertainment by DJ Fran and DJ Sanchy, (619) 814-1000, www.ivynightclub.com, $25

**Labor Day BBQ lunch cruises**, 10:30 a.m., 1066 N. Harbor Drive, (619) 644-8717, www.homblow.com, $55.95

**Kettner Nights**, 6 to 9 p.m., Kettner Boulevard and India Street from Grape to Laurel streets, (619) 239-3888, www.kettnerbldg.com, free

**17th annual San Diego Festival of Beer**, 6 to 11 p.m., Columbus and B streets, (619) 672-3972, www.sdbeerfest.org, $35

**History for Half Pints**: “Apples! Apples! Apples!” 10 a.m., San Diego History Center, 1465 El Prado, (858) 470-2527, www.sandiegohistory.org, $5 per ticket

**The Rocky Horror Show**, 8 p.m., The Old Globe, 1363 Old Globe Way, opening night runs through Nov. 6, 2011, www.theoldglobe.org, $35-$84

**War**, 8 p.m., 4th and B, 345 B St., (619) 474-7142, www.infinitytheater.com, $25-$30

**Nightclub networking event**, 5:30 p.m., AIRR Super Club, 126 Market St., www.616j.com, $15 non-members, $20 at door, members free


**San Diego Symphony: 30th annual San Diego Restaurant Week**, 10 a.m. to 4 p.m., Broadway Pier, 1050 N. Harbor Drive (619) 868-1545, www.weeklyflavor.dego.com, free

**Viva Mexico! Mexican Independence Day Celebration**, 5 p.m., 1350 El Prado, (858) 279-2500, www.vivamexico.org, free with paid admission

**Senior Monday**, 10 a.m., Horton Plaza dog park area, mezzanine level, www.westfield.com/hortonplaza, $5 donation to San Diego Humane Society
Theater and the arts are zooming in with lots to grab your attention in September.

Sept. 17-Oct. 16 San Diego Repertory Theatre presents Joe Colarco’s new comedy “Walter Cronkite Is Dead,” directed by Shawna Wride and starring two wondrous women: Melinda Gilb as Patty, a working-class southerner, and Ellen Crawford as Margaret, an upper-class Washington, D.C. woman about to take her first flight. They meet at Reagan International Airport, which is closed down due to bad weather.


On Saturday, Sept. 17 at 4 p.m. at the Balboa Theatre, San Diego Chorus of Sweet Adelines International presents its annual show, “To Be the Best.” Expect Broadway classics old and new, popular songs, plenty of close harmony and international competition winners — some of the male persuasion.

Balboa Theatre, 868 Fourth Ave. at E Street, $21.50, www.sdchorus.org or (619) 570-1100.

Sept. 1-Nov. 6 in The Old Globe Theatre at the Conrad Prebys Theatre Center, the Old Globe presents Richard O’Brien’s cult musical “The Rocky Horror Show.” It’s a sexy interactive time warp (learn the dance at the Old Globe website) in which strange things happen to Brad and Janet, a naïve couple from the suburbs. Starring Matt McGrath as Dr. Frank-N-Furter.


Sept. 20-25 at the Civic Theatre, Broadway San Diego presents the wildly popular show “Blue Man Group” combining comedy, music and technology to bring audiences a wildly outrageous show unlike anything else.

Civic Theatre, Third and B Street, $17.50-$87.75, www.Broadwaysd.com, Ticketmaster.com or (619) 570-1100.

The 2011 Festival of Sail, hosted by the Maritime Museum of San Diego, kicked off Sept. 1 with the parade of tall ships in San Diego Bay. More than a dozen majestic windjammers, led by a vessel from the Navy, sailed into San Diego’s harbor in a nautical procession. The ships were joined by the Pacific Voyagers — doubled-hulled, Polynesia canoes, below, that set sail from the Pan Pacific Islands in April.

Photos by PAUL HANSEN | Downtown News

The second annual Ferragosto event, left, in Little Italy went off without a hitch. sold-out with more than 800 guests. It raised more than $29,000; for these charities — Little Italy Association, Washington Elementary School Foundation and Our Lady of the Rosary Catholic Church. Event goers were heard to say, “There was too much food I had to tell the server to stop bringing it.” Lou Palestini was awarded the annual "Fr. Grancini Citizen of the Neighborhood Award.”

Photos courtesy of Ferragosto

The 2011 Festival of Sail, hosted by the Maritime Museum of San Diego, kicked off Sept. 1 with the parade of tall ships in San Diego Bay. More than a dozen majestic windjammers, led by a vessel from the Navy, sailed into San Diego’s harbor in a nautical procession. The ships were joined by the Pacific Voyagers — doubled-hulled, Polynesia canoes, below, that set sail from the Pan Pacific Islands in April.
Big dreams, blue skies

St. Madeleine Sophie’s Center presented the 34th annual Haute with Heart Fashion Show and Luncheon at the Sheraton San Diego Hotel and Marina East on Aug. 20. Themed “Big Dreams, Blue Skies,” the event incorporated participants, whose choral and dance team performed to Katy Perry’s “Firework” and later modeled on the runway with community leaders, like County District Attorney Bonnie Dumanis. Honorary chairs were Sally R. Thornton, Jeanne Jones and Don Breitenberg.

The event had a live auction and bidding period before the much-anticipated fashion show produced by Leonard Simpson and Brittany Noelie Simpson of Fashion Forward. Simpson is the style guy from KUSI and is known for his premier shows. Fiveloaves Twofish Designs presented delightful creations for girls and women, including a dramatic segment with lightning and thunder in the background featuring the line Brittany Childs.

St. Madeleine Sophie’s Center engages those with developmental disabilities such as autism, Down syndrome, epilepsy and cerebral palsy. For more information, visit stmsc.org.

A Bride’s Night Out

“A Bride’s Night Out” was held at FLUXX on Aug. 17 under the fashion direction of Winako Langrine and Kelsa Min. Prospective brides and groomsmen, their dogs, who came down the catwalk in all shapes and sizes for the fashion show. Some raced down the runway, some were timid and had to be coaxed by their owners and others were hams, performing tricks. All dogs were decked out in stylish outfits from Muttropolis, and Theressa Conaway’s dog, Goro, won the best-dressed contest.

Proceeds for the event went to FACE (Foundation for Animal Care and Education), which finds homes for pets without families and provides financial assistance for veterinary care to pet owners. For more information, visit www.face4pets.org.

Yappy Hour

The Fashion Group International presented “Yappy Hour” at Indigo Hotel on July 28. Packed with dog lovers and their canine friends, the event featured booths from Bow Wow Boutique & Salon, which provided streaks of hair dye for the dogs. Muttropolis sponsored the fashion show, Paw Pleaser provided dog cakes and cookies and Maggie Duke had access to guests enjoying mingling with their dogs, who came down the catwalk in all shapes and sizes for the fashion show. Some raced down the runway, some were timid and had to be coaxed by their owners and others were hams, performing tricks. All dogs were decked out in stylish outfits from Muttropolis, and Theressa Conaway’s dog, Goro, won the best-dressed contest.

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Upcoming events

- Sept. 10 — “Strut for Sobriety” luncheon. “Path to Recovery” awards and fashion show presented by A New PATH (Parents for Addiction Treatment and Healing), Sheraton Harbor Island East, (619) 670-1184.
- Sept. 15 — Project Ethos, House of Blues with fashion show, art exhibition, vendors and three local bands. info@projectethos.com.
- Sept. 24 — Fourth annual Art of Fashion, 5:30 p.m. to 9:30 p.m., Timken Museum of Art. Includes 15 fashions inspired by the artwork, (610) 239-5548, ext. 100.
- Diana Cavagnaro is a nationally recognized hat designer and milliner. who has been operating a fashion business for 30 years.

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- M.M. via Yelp

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All the participants involved in the event enjoyed an array of information, visit stmsc.org.

Sally B. Thornton, Jeanne Jones and Don Breitenberg.

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Dr. Ruffy Dorian
Your Senior Pet
So when is your pet considered a senior? Generally, smaller breeds of dogs live longer than larger breeds, and cats live longer than dogs. Some small dog breeds and cats may be considered senior at ten years of age, while giant breeds can be classified as seniors at ages as young as five!
Senior pets are very special and have special problems that need our attention and care. Scheduling regular veterinary examinations is one of the most important steps pet owners can take to keep their pets in tip-top shape. When dogs and cats enter their senior years, these health examinations are more important than ever.
Thanks to advances in veterinary medicine, pets are living longer than ever before. Dogs and cats, just like people, are prone to debilitating diseases as they age. Kidney disease, heart disease, arthritis, dental disease and cancer can occur during the normal aging process. Here are few early warning signs that your pet may be having problems: an increase in thirst and urination, loss of bladder control, bad breath or changes in appetite, not being able to play as long as they used to, changes in behavior and changes in body weight.
If you have a senior pet, it is important to work with your veterinarian to develop a senior wellness program specific your pet’s individual needs. After all that they have given us, our senior pets deserve to age gracefully and to enjoy their later years.

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