The Map gets some legal backing

By DAVE SCHWAB

The flap over The Map has turned into the legal war by the shore.
Nonprofit Friends of La Jolla Shores was joined by Mayor Bob Filner at a June 20 press conference to announce a lawsuit against T.B. Penick & Sons, Inc. and Shaw & Sons, Inc., alleging fraud, deceit, misrepresentation and negligence.

At issue is The Map, a 2,300-square-foot plaza at Kellogg Park depicting marine life at La Jolla Shores. The Map has seriously deteriorated since the two contractors completed the educational project in September 2008.

“It’s a tragic outrage,” said William Lerach, spokesman for Friends of La Jolla Shores, a group led by Mary Coakley Munk, which raised hundreds of thousands of dollars to build the plaza.

Most incoming high school seniors are relaxing this summer, enjoying their last bit of freedom before their final year of high school. Not so for Maya Lakshman, however.

For Lakshman, soon to be a senior at La Jolla High School, summer is anything but restful. Not only is she busy preparing to host Passage to Bollywood, a fundraising event on July 19 to aid her efforts to build a high school in a rural Indian village, she’s gearing up for a month-long trip to the village in India where she’s helping build a high school, along with a library and computer center.

To help with the endeavor, Lakshman is bringing together three nonprofits, all with distinct roles in the effort. The Rural India Student Education Foundation (RISE), an organization commit...
Relay for Life raises $50k for cancer research

The 2013 La Jolla Relay for Life went off without a hitch on June 29 and 30. The 24-hour event took place at La Jolla High School and was chaired by La Jolla High alumni Jamie Meronoff. Twenty-six teams ~ 350 participants ~ took part in the event, which was attended by 75 cancer survivors. One of those survivors was La Jolla High water polo coach Tom Atwell, a skin cancer survivor who underwent chemotherapy less than two weeks before the event. Atwell, pictured at left with Meronoff, ran 100 miles around the school’s track to help raise awareness and funds for cancer research.

The event raised $50,000 for the American Cancer Society. Meronoff said organizers hope to get more locals involved on next year’s planning committee, as well as grow the number of participants and raise more funds. For information about how to get involved, email lajollarelayjamie@gmail.com.

11 Critical Home Inspection Traps to be Aware of Weeks Before Listing Your La Jolla Home for Sale

LA JOLLA - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That’s why it’s critical that you read this report which identifies the eleven most common home inspection traps to be aware of.

This report is courtesy of Surfside Homes, broker ID #01905574. Not intended to solicit buyers or sellers currently under contract.

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The smell from hell wafting from La Jolla Cove is now — hopefully — a blast from the past.

That is the hope of public officials who sanctioned spraying of microbial foam to eradicate foul odor from cliffs surrounding La Jolla Cove.

The first phase of cliff spraying was completed after 10 days of work on June 28.

Cove cliffs have become so saturated by bird excrement that they’ve been declared an economic, health and safety emergency by Mayor Bob Filner.

Filner held a press conference June 17 to kick off Cove cleanup, then followed that up with a June 28 news release, in which he said the city’s contractor, Blue Eagle Distribution, Inc., has been able to “substantially reduce odors related to bird guano deposits and has set the stage for an even more extensive second phase of the cleanup effort now set for early August.”

“This is a great success,” Filner said. “The odor is down and fun is back up in La Jolla.”

The worsening smell of bird waste after years of build up at the Cove, heightened especially during the warmer summer tourist season, has led to growing unrest from residents and businesses in the area demanding public officials take action to quench the stench.

Bill Harris, the city’s supervising public information officer, said Blue Eagle crews “inched their way along the cliff face, applying the anti-odor material such that it did not run into the ocean, and in such a quantity as to have an impact on the odor.”

Harris described the odor-fighting product being used by Blue Eagle as “a collection of non-pathogen bacteria that digests the microbial fungus and chemicals that create the odor and the build up of guano.”

The city’s spokesman said the cleansing foam has proven results.

“It not only attacks those things that are stinky, but also has the benefit of reducing the thickness of the guano,” Harris said, adding the active organic foam ingredients “die and don’t have any discharge into the water at all.”

Keith Merkel of Merkel & Associates, Inc., a marine biologist consulting the city on Cove cleanup, said odor eradication in the cliff area between the Cove and the Clam is being done in two phases this summer.

“Phase one is constrained by nesting birds, working around them covering all the areas we can without causing abandonment of nesting,” Merkel said. “Then we’ll wait until nesting is finished the end of July or early August, and spend another 10 days cleaning the areas we couldn’t get to before.”

The results of the odor-eradication effort will be monitored to measure its effectiveness. What long-term strategy is to be employed afterward to preserve the status quo will then be determined.

“[Spraying] would have to be done two or three times a year,” Merkel said, adding there’s a lot of uncertainty as to how effective the spraying will be — or how long it will last.

“This has been several years in the making and the birds aren’t going to stop crapping on the rocks. It will continue,” he said.
Bird Rock Station, 5 years in the making, finally gets Planning Commission green light

By DAVE SCHWAB

The city’s Historic Resources Board (HRB) voted unanimously June 27 to designate La Jolla Post Office as a local historical resource protecting its architectural integrity, but also clearing the way for its ultimate sale.

It was the latest wrinkle in the year-and-a-half-long battle to Save Our La Jolla Post Office Task Force to preserve the community’s 78-year-old Depression-era mail facility at 11440 Wall St.

On March 22, the U.S. Postal Service posted a notice on the La Jolla building stating plans for the facility to be relocated “as close to the current site as possible.” HRB designated the Works Progress Administration (WPA) La Jolla postal facility, built in 1929 in the Spanish Colonial Revival style, as a historical resource with a period of significance of 1935 to 1960. Also designated historic was an interior lobby mural, “Scenic View of the Village,” painted by Belle Baranceanu in 1935.

In January, the task force succeeded in getting the post office designated on the National Register of Historic Places, automatically entitling it to being listed on the state’s historic register, as well.

Task force chairwoman Leslie Davis said HRB’s decision to declare the post office historically significant at the local level clears the way for the U.S. Postal Service’s next logical move.

“Our belief is today the Postal Service will consider this (historical designation) a closure, allowing them to officially put that post office up for sale,” said Davis. “It doesn’t allow them to consummate a sale, but certainly allows them to get all the way into escrow. It just couldn’t close escrow.”

La Jolla Historical Society executive director Heath Fox hailed HRB’s decision as a milestone in community preservation.

“The post office is very important to the heritage of the community … When it was built, how it was built, the sense of it being part of the Depression WPA program, the contributions it makes to both the economy and the culture of the Village — all are important and why [preserving it is] a good fight,” Fox said.

Davis added the only thing preventing the USPS now from putting the property up for sale “is where they’re going to relocate.”

If and when the building is listed for sale, Davis said she believes “the U.S. Postal Service will not say a price, but rather ask, ‘What would you buy it for?’”

She said it was her understanding that the postal service would be asking for a short-term, five-year lease, and that there’s still a possibility the building could be sold and a portion of it leased back for postal use.

“That use could be there in a different way. Maybe not the postal service but a postal annex,” she said.

Davis said the opportunity for the community to purchase the post office building remains open.

“There are a lot of people in the community that significantly contributed toward purchasing the post office if it’s going to be used for a community benefit,” she said.

Comments from HRB board members June 27 on La Jolla Post Office’s application to be declared locally historically were all positive.

“The draft (historical) resolution spelled out here is filed with the County Recorder and any property owner that buys this building will know that,” said Priscilla Ann Berge, HRB’s historian.

Post office declared historical, but not off the chopping block yet

NEWSBRIEF >>

UC SAN DIEGO ICON WALTER MUNK TO RECEIVE ROGER REVELLE MEDAL — World-renowned Scripps oceanographer Walter Munk, 95, will receive an award named for another iconic campus leader, Roger Revelle, the “father” of UC San Diego.

As part of UCSD’s Founders’ Celebration Dinner on Nov. 16, Munk will receive the prestigious Roger Revelle Medal in honor of his achievements.

The Revelle Medal, revived by Chancellor Pradeep K. Khosla, recognizes current and former faculty members for extraordinary service to the campus.

Munk is widely recognized for his groundbreaking investigations of wave propagation, tides, currents, circulation and other aspects of the ocean and Earth.

For Munk, the Roger Revelle Medal is especially meaningful.

“Roger was my best friend and the person who had the greatest influence on my career,” said Munk, who received his PhD in oceanography in 1947 from Scripps.

PLANNING BRIEFS >>

An appeal of previous approval of environmental and planning permitting to demolish Mitt and Ann Romney’s residence and build a new 11,000-square-foot, two-story residence was withdrawn, and the city Planning Commission approved the redevelopment project June 27.

Amy Van Buskirk, daughter of the previous owner of the property at 3116 La Jolla Avenue in the Beach-Barber Tract, told the commission, “At no time was there ever public access to a private walkway on the project,” a matter that had been disputed.

The former presidential candidate and his wife bought the oceanfront property before his candidacy. Their plans to redevelop and enlarge the property met with opposition from some neighbors.

The Romneys’ expansion plans were unanimously approved by the La Jolla Community Planning Association.

By DAVE SCHWAB

The Planning Commission on June 27 approved permitting and rezoning, to allow Scripps Memorial Hospital La Jolla to begin a phased expansion in a 25-year master plan.

The Scripps campus is slightly more than 41 acres at 9888 Genesee Ave., off Interstate 5.

Proposed hospital renovations include new construction totaling more than 814,000 square feet, with demolition of more than 553,000 square feet of existing structures, to create new medical office space concentrating outpatient and inpatient care to streamline service.

By DAVE SCHWAB

Two-story “street” (La Jolla Boulevard), which...
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La Jolla Fashion Film Festival: Q&A with fashion journalist Marius Troy

Leading up to the La Jolla Fashion Film Festival and International Fashion Film Awards on July 26 and 27, La Jolla Today will feature interviews with movers and shakers in the fashion and film industries, some of whom will be attending the awards. This week, fashion blogger Marius Troy, founder and editor-in-chief of online fashion magazine Ben Trovato, talks about how fashion photography and film has evolved over the past few years, especially with the advent of social media.

Q: How much did you know about La Jolla before hearing about the Festival?
A: Well, I lived in San Diego in the fall of 2011 for a project I was doing in relation to Ben Trovato Magazine, so I got to enjoy beautiful La Jolla long before attending LJFFFF. I always speak highly of it, and consider La Jolla to be the closest we get to south of France glam and scenery in the U.S.

Q: Do you feel international events like the LJFFF can bring people together in ways the internet and Facebook can’t?
A: Absolutely! While social media made it easier connecting with professionals worldwide, I feel events like LJFFF have gained extra importance in how they bring industry people together in a much more intimate setting than what Facebook or LinkedIn would offer. We get to physically meet, discuss our mutual experience of the event and then more informally grab a drink and really get to know each other. If anything, events like LJFFF have become more important after the social media boom.

Q: What are the important elements that make a fashion film successful?
A: There are many elements involved in making a fashion film, and for it to be successful all of them need to be of great quality. The concept, the story; the model(s), the post production etc.

Q: What advice would you give to aspiring filmmakers?
A: Shoot until you drop, but never shoot without actually having a thought behind it. Your concepts and your stories, is what eventually defines you as an artist.

The winning film will go up against films from around the world for the title “Best 48 Hour Film of 2013.”

On Friday, July 12 film teams are assigned a character, prop and line of dialogue for the 4-to-7 minute films.

Submitted films will be premiered at a local theater in August.

Those interested in participating in The 48 Hour Film Project can register at www.48hourfilm.com/sandiego.

— Dave Schwab
The battle to preserve the remnants of La Jolla’s architectural heritage is a never-ending saga. Just ask La Jolla Historical Society (LJHS), the keeper of the flame when it comes to community preservation.

As the years go by, more and more historic cottages, homes and other structures are threatened by ongoing development. Many, ultimately, are lost to development.

Such was the case with the Windemere Cottage at 1328 Virginia Way, California’s first Craftsman-style cottage, designed by famed architect Irving Gill and built in 1894.

In 2009, LJHS was advised that Windemere was pending submission to the city’s Historical Resources Board (HRB) for historic designation by the previous owner. Heath Fox, LJHS’ executive director, said Windemere, now under new ownership, was brought forward at a September 2011 HRB hearing with a recommendation by staff, at the new owner’s request, to “not designate” due to “loss of integrity.”

Less than four months later on Dec. 23, 2011 the owner demolished Windemere cottage. “The old growth redwood was discarded, with no attempt to document, salvage or recover any building materials,” said Fox.

Through Council District 1, Fox said, LJHS requested an explanation from the Code Compliance Department supervisor. “The response was that the owner had documented hazardous conditions at the site that required immediate abatement, conditions we contend were of questionable validity that did not exist prior to the current ownership,” he said. “An emergency demolition permit was issued without notice or review, in spite of the fact that the city was already in possession of two ‘Notice of Intent’ letters to have Windemere designated on the California Register, an event that should have precipitated a California Environmental Quality Act (CEQA) review.”

A year later, on Dec. 11, 2012, a project to redevelop the Windemere site was brought forward by the owner’s architect under a different applicant name, the “Bernate Ticino” project, without environmental review of any kind.

“Our contention in the appeal is that the owner intentionally segmented the process to create a situation that would deceive the city into issuing an emergency demolition permit in violation of CEQA provisions, that an environmental review under CEQA should be completed post hoc, and that appropriate mitigation matters are warranted,” said Fox. “We (LJHS) contend that this is the loss of a significant historic resource in violation of CEQA requirements.”

The next hearing on this appeal on the Windemere property to City Council is scheduled for Sept. 23.

Business displacement, environmental degradation and the $1.7 billion cost of the Mid-Coast Corridor Transit Project that would extend trolley service from downtown to Old Town and north to UCSD and Westfield UTC in University City/La Jolla were among concerns raised during a June 21 public hearing by the San Diego Association of Governments (SANDAG).

More than a dozen speakers testified at the hearing, including District 1 City Councilwoman Sherri Lightner, who represents La Jolla. “There is strong support in our communities for this project,” Lightner said. “However, they will be directly impacted by construction and operations as the project is in close proximity to residential and commercial [zones]. We must not forget — or ignore — their concerns.”

Noting University City and the Golden Triangle are “a major economic engine for San Diego that must be respected,” Lightner said, “We must also ensure that we protect wildlife and our open spaces.”

Lightner said her office will submit a full written report on the pro-
Seacoast Bank is offering high-interest CDs and money market accounts.

To commemorate its 10-year anniversary, Seacoast Bank is offering current and new customers 1.1 percent APY on a 10-month CD and 1.0 percent APY on a high-yield money market account, effective July 31, 2013. The rate is guaranteed for 10 months and applies to new money only. A minimum $5,000 deposit is required.

“With CDs and money market accounts being some of the most desirable deposit options available, this promotion provides customers an opportunity to earn more on their savings,” said Richard Sanborn, president and CEO of Seacoast Commercial Bank.

For promotional details or inquiries on interest rates for balances below $50,000, call 877-531-5745, or visit www.seacoast.com and visit a branch prior to July 31. Branches are located at 11939 Rancho Bernardo Road, Suite 200, San Diego, CA 92128 and 6783 Third Avenue, Suite 101, Chula Vista, CA 91910. Offer Expires July 31, 2013.
Event. Some even opted to milk one of the goats on loan from the Lerach’s aviary before heading back to the garden, where they had gathered.

Before they could eat, guests were guided through the Lerach’s lavish-yet-laid-back farm-to-table Berry Good Night.

By KENDRA HARTMANN

The evening brings together once a year those who produce food with those who prepare it — and those of us who like to eat it.

Michelle Lerach started the event to give farmers a chance to sit down and enjoy the fruits of their labor, so to speak.

“ar this is one of the only times farmers get to actually sit down and be pampered,” she said. “They get to relax and be served the stuff they worked so hard to cultivate.”

Held annually at the Lerach’s estate in La Jolla Farms (this year marked the fourth such event), the dinner pairs locally sourced produce and meat — straight from the farm and prepared by a local chef on the premises — with local wine, beer and cocktails for each course. This year, the menu was slightly pared down, from more than 10 courses in past years, to eight.

The first course, emceed by Stone Brewery’s Greg Koch, included, along with each course, a brief description of the dishes by the chefs who created them.

Dinner, emceed by Stone Brewery’s Greg Koch, included, along with each course, a brief description of the dishes by the chefs who created them.

Farmers who enjoyed their products included those from Be Wise Ranch, Seabreeze Organic Farm, Stehly Farms, Suzie’s Farm, Springhill Cheese, Archi’s Acres and many more.

* Photo courtesy of Found Creative Studio

** Photo by Kendra Hartmann

Upcoming Events

• July 10 — La Jolla Hat Fashion Show, 11:30 a.m. to 2 p.m. Includes a three-course luncheon at Eddie V’s on the Oceanview floor. Best hat will receive two tickets to the Del Mar Races. $55. (858) 459-5500.

• July 13 — Upcycled Fashion Show, 8 p.m. to midnight, Sew Loka’s Handmade Artisan Collective, 1821 5th Ave. (619) 870-9420

• July 26 and 27 — La Jolla Fashion Film Festival, Museum of Contemporary Art, 700 Prospect St. Home to the International Fashion Film Awards, features a line up of short fashion films. www.lajollafashionfilmfestival.com

• July 27 — Fashion Week San Diego (FWSD) “Building Your Portfolio the Right Way” with William Williams, 6 to 8 p.m., EO Culture Studios, 2001 Main St. info@fashionweeksd.com

• July 29 — Summer Bridal Bazaar with fashion shows presented by Gretchen Productions, San Diego Convention Center. (760) 334-5500

— Diana Cavagnaro is a nationally recognized hat designer and milliner.

Fashion and fibers

Visions Art Museum in Liberty Station opened three concurrent exhibitions on June 15.

The first is called “Second Time Around: Fashion Recycled.” Twenty-one designers created a new garment from recycled clothing — such as collars, sleeves, hats, closures or cuffs.

As designer Issey Miyake once said, “The purpose — where I start — is the idea of use. It is not recycling, it’s reuse.” It was exciting to see the reuse the talented designers came up with.

The fabulous transformations included one by Keith Bonar, who constructed an incredible leather vest using 25 belts and inspiration from historic cuirass armor and doublets. Anne Edwards took 80 hours to lay 40 different men’s shirts on a stretch satin base to create a trend-setting dress (pictured below). Marty Ornish used masculine hats to create a feminine garment by deconstructing 43 baseball caps (pictured above). Other garments included recycled sleeves, waistbands, collars, a gorgeous evening gown made from 56 pairs of nylon stockings and more.

The second exhibit, Fashion Tops & Bottoms, featured a quilt challenge by 28 Visions artists who created small quilts depicting their interpretation of fashion tops and bottoms.

The last exhibit, Supporting Roles: Fiber & Photography, showcased quilted squares hand-painted by Ann L. Scott. Each square served as the backdrop to a photo by Cameron B. Scott. The exhibits will be on display through Aug. 25. For more information, visit www.quiltvisions.org.

* Photo by Kendra Hartmann
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IN FRONT OF THE ACTION
Essy Ghavameddini was the official photographer of the San Diego Sports Arena for more than 30 years. In recent years, he has focused his fine-art photography on rock stars like Mick Jagger, below, and high-action sports like the horse races at Del Mar, above.

Rockers have star status at new Girard photo gallery
By DAVID L. CODDON

Cleveland has the Rock and Roll Hall of Fame. Now, thanks to a photographer named Essy Ghavameddini, La Jolla has a Rock and Roll Wall of Fame. The wall is one of several photo-splashed spaces in Essy’s Studio, a new gallery opening July 5 along the stretch of Girard Avenue that slopes down to the cove. The official photographer for the San Diego Sports Arena (now known as the Valley View Casino Center) for more than 30 years, Ghavameddini possesses a rich collection of music luminaries he captured live on stage.

The Rock and Roll Wall is a visual who’s who: Bruce Springsteen, Mick Jagger, Jerry Garcia, Taylor Swift — OK, she’s not rock n’ roll, but neither is Luciano Pavarotti, who’s also on display. Maybe the most emotion-packed photo is one of a wild-eyed Mick Fleetwood pounding the drums. You can almost feel the ringing in your ears.

Among Ghavameddini’s favorite subjects is KISS. “I love to photograph them,” he said. “They give you so much love, so much respect. They pose for you one by one.”

So it’s no surprise that Gene Simmons and company are amply represented at Essy’s Studio.

This is not an exclusively concert-photography gallery. Ghavameddini devotes another wall to La Jolla’s beaches (particularly Windansea) and sunsets, another to thoroughbreds in full stride at Del Mar, another to the four Super Bowls he’s covered and to San Diego sports heroes, including Junior Seau and the San Diego Sockers that from the early 1980s through the early ‘90s dominated indoor soccer.

The color rock ‘n’ roll photos, which announce their presence the moment you walk into the gallery, are the most compelling and, with apologies to football and sunset devotees, the most fan-friendly. Like the music itself, they exude personality and commitment.

How does Ghavameddini achieve that? Waiting for the right moment, he said, plus a rapport with the rockers from the shadows.

“I have a conversation with them with my camera,” he said.

Essy’s Studio is located at 8008 Girard Ave., Suite 190. For more information, visit www.essysstudio.com.
MUSTHEAR >>

One of the area's most beloved traditions, the annual La Jolla Concerts by the Sea music series kicks off its 2013 season on July 7 with a performance from the area's top classic-rock band, Rockola. The free concert will take place from 2 to 4 p.m. The series runs through Sept. 1, with upcoming shows set to include swing band Big Time Operator on July 13 and the Bastard Sons of Johnny Cash on July 21.

In the meantime, this opening set from Rockola, which includes frontman Bob Tedde, guitarist Mark DeCerbo and bassist Doug Booth, will be comprised of nothing but crowd pleasers. The band's versions of tunes by the likes of the Beatles, The Hollies, The Stones and other sing-along favorites are impressively accurate. This day of fun in the sun, at the most picture-perfect concert location on the planet is a wonderful way to wind down the Fourth of July weekend.

Rockola: Sunday, July 7 at La Jolla Concerts by the Sea, Scripps Park. 2 p.m. All ages. Free. www.ljconcertsbythesea.org

See the full calendar and list of venues at ljtoday.com.

Live music calendar >>

**Friday, July 5**
- Malamana, flamenco, 5 p.m., La Valencia
- Tomcat Courtney, 5 p.m., Café-Bar Europa
- Lisa Campbell, 6 p.m., Prospect Bar & Grill
- AJ Degrasse Trio, piano jazz, 7 p.m., Eddie V's
- Dirt Dress, indie rock, 7 p.m., Che Café, UCSD
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Franklin Lounge, rock, 9 p.m., Beaumont's

**Saturday, July 6**
- Ryan Hiller, noon, Prospect Bar & Grill
- Jimmy Lewis, 3:35 p.m., Prospect Bar & Grill
- Tomcat Courtney, 5 p.m., Café-Bar Europa
- Aquile, 6:30 p.m., Prospect Bar
- AJ Degrasse Trio, 7 p.m., Eddie V's
- John Cain, piano jazz, 5 p.m., Eddie V's
- Jimmy Lewis, 4 p.m., Prospect Bar & Grill

**Sunday, July 7**
- Sando, 11:30 a.m., Beaumont's
- Rockola, classic rock, 2 p.m., Scripps Park
- Gustavo Romero, piano legend, 4 p.m., The Scripps Research Institute
- Chris Cerna, 5 p.m., La Valencia
- Brent Curtis & Mike Myrdal, noon, Prospect Bar & Grill
- Sounds Like Four, 4 p.m., Café-Bar Europa

**Monday, July 8**
- James Speer, 5 p.m., Eddie V's
- Chris Cerna, 5 p.m., La Valencia
- Pan Am, jazz, 6 p.m., Café-Bar Europa
- The Body, indie rock, 7 p.m., UCSD

**Tuesday, July 9**
- Carlos Velasco & Friends, Latin guitar with vocals, 4 p.m., Café-Bar Europa
- Freddie A Dream Trio, 5 p.m., Eddie V's
- Chris Cerna, 5 p.m., La Valencia

**Wednesday, July 10**
- JJ Carien, jazz blues and flamenco, 4 p.m., Café-Bar Europa
- Chris Cerna, 5 p.m., La Valencia
- Aquile, 6 p.m., Prospect Bar & Grill
- Kayla Hope, 8 p.m., Beaumont's
- Freddie A Dream Trio, 7 p.m., Eddie V's
- Tomcat Courtney, 6 p.m., Café-Bar Europa

**Thursday, July 11**
- Sena Africa, African music, 4 p.m., Café-Bar Europa
- Pat Dowling, blues and jazz, 5 p.m., La Valencia
- Rob Bondurant, 6 p.m., Prospect Bar & Grill
- Richard James Trio, 6 p.m., Eddie V’s
- Bogsey & The Argonauts, folk punk, 7 p.m., Che Café
- Tad Sisler, 7 p.m., Manhattan of La Jolla
- Pan Am, 6 p.m., Café-Bar Europa
- Allison Miller's Boom Tic Boom, jazz quintet, 7:30 p.m., La Jolla Athenaeum
- Lotus, DJ night, 8 p.m., Barfly
- Idatewide, classic rock, 8 p.m., Beaumont's

**Friday, July 12**
- Malamana, 5 p.m., La Valencia
- Lisa Campbell, 6 p.m., Prospect Bar & Grill
- Tomcat Courtney, 5 p.m., Café-Bar Europa
- Jazz Mikian, 7 p.m., Eddie V's
- CHON, indie rock, 7 p.m., Che Café
- Lisa Cella, flute, 7:30 p.m., Athenaeum
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Anamanoguchi, indie, 8 p.m., Porter's Pub
- Fly Fridays, DJ night, 8 p.m., Barfly
- John Stanley King Band, 9 p.m., Beaumont's
- AfroJazziacs, 9 p.m., Café-Bar Europa

**Saturday, July 13**
- Robin Henkel, 10 a.m., BR Coffee Roasters
- Ryan Hiller, noon, Prospect Bar & Grill
- Jimmy Lewis, 3:35 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Aquile, 6:30 p.m., Prospect Bar & Grill
- Freddie A Dream Trio, 7 p.m., Eddie V’s
- Elia, melodic scream, 7 p.m., Che Café
- Lisa Cella, flute, 7:30 p.m., Athenaeum
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Superstar Saturdays, DJ night, 8 p.m., Barfly
- Lil B, hip-hop, 8 p.m., Porter's Pub
- Peligruso Caramelito, 9 p.m., Café-Bar Europa
- Slower, classic rock, 9 p.m., Beaumont's

**Sunday, July 14**
- Joe Cardillo Duo, noon a.m., Beaumont's
- Brent Curtis and Mike Myrdal, noon, Prospect Bar & Grill
- Big Time Operator, 2 p.m., Scripps Park
- Gustavo Romero, 4 p.m., The Scripps Research Institute
- Sounds Like Four, 4 p.m., Café-Bar Europa
- Jimmy Lewis, 4 p.m., Prospect Bar & Grill
- Chris Cerna, 5 p.m., La Valencia
- John Cain, 5 p.m., Eddie V's
- Blue 44, improv jazz, 7 p.m., Café-Bar Europa
- George Colligan, jazz, 7:30 p.m., Athenaeum

**Thursday, July 11**
- Joe Cardillo Duo, noon a.m., Beaumont's
- Brent Curtis and Mike Myrdal, noon, Prospect Bar & Grill
- Big Time Operator, 2 p.m., Scripps Park
- Gustavo Romero, 4 p.m., The Scripps Research Institute
- Sounds Like Four, 4 p.m., Café-Bar Europa
- Jimmy Lewis, 4 p.m., Prospect Bar & Grill
- Chris Cerna, 5 p.m., La Valencia
- John Cain, 5 p.m., Eddie V's
- Blue 44, improv jazz, 7 p.m., Café-Bar Europa
- George Colligan, jazz, 7:30 p.m., Athenaeum

**Friday, July 12**
- Malamana, 5 p.m., La Valencia
- Lisa Campbell, 6 p.m., Prospect Bar & Grill
- Tomcat Courtney, 5 p.m., Café-Bar Europa
- Jazz Mikian, 7 p.m., Eddie V's
- CHON, indie rock, 7 p.m., Che Café
- Lisa Cella, flute, 7:30 p.m., Athenaeum
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Anamanoguchi, indie, 8 p.m., Porter's Pub
- Fly Fridays, DJ night, 8 p.m., Barfly
- John Stanley King Band, 9 p.m., Beaumont's
- AfroJazziacs, 9 p.m., Café-Bar Europa

**Saturday, July 13**
- Robin Henkel, 10 a.m., BR Coffee Roasters
- Ryan Hiller, noon, Prospect Bar & Grill
- Jimmy Lewis, 3:35 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Aquile, 6:30 p.m., Prospect Bar & Grill
- Freddie A Dream Trio, 7 p.m., Eddie V’s
- Elia, melodic scream, 7 p.m., Che Café
- Lisa Cella, flute, 7:30 p.m., Athenaeum
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Superstar Saturdays, DJ night, 8 p.m., Barfly
- Lil B, hip-hop, 8 p.m., Porter's Pub
- Peligruso Caramelito, 9 p.m., Café-Bar Europa
- Slower, classic rock, 9 p.m., Beaumont's

**Sunday, July 14**
- Joe Cardillo Duo, noon a.m., Beaumont's
- Brent Curtis and Mike Myrdal, noon, Prospect Bar & Grill
- Big Time Operator, 2 p.m., Scripps Park
- Gustavo Romero, 4 p.m., The Scripps Research Institute
- Sounds Like Four, 4 p.m., Café-Bar Europa
- Jimmy Lewis, 4 p.m., Prospect Bar & Grill
- Chris Cerna, 5 p.m., La Valencia
- John Cain, 5 p.m., Eddie V's
- Blue 44, improv jazz, 7 p.m., Café-Bar Europa
- George Colligan, jazz, 7:30 p.m., Athenaeum

See the full calendar and list of venues at ljtoday.com.

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**We’re Celebrating Our 10th Anniversary! AND WE KNOW YOU’LL HAVE LOTS OF INTEREST IN THIS PROMOTION!**

**1.1%** Annual Percentage Yield on 10 month CDs

**1.0%** Annual Percentage Yield guaranteed on 10 months on Money Market Accounts

**OFFER NOW EXTENDED THROUGH JULY 31, 2013!**

For more information, you can call 877-531-5745 or visit a Seacoast Commerce Bank branch office prior to July 31 to open a CD or money market account as part of this limited time offer.

Money Market Accounts - A minimum balance of $50,000 is required to open a Money Market account and earn stated APY. New money only. Stated APY is guaranteed through May 31, 2014 and is subject to change without notice thereafter. Balances below $50,000 will earn rates based on the following tier:

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<th>Tier</th>
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**CDs** - A minimum investment of $50,000 is required to open a CD and to earn the stated APY. New money only. An early withdrawal penalty may apply.

For Money Market Accounts, rates below $50,000 are current as of June 27, 2013 and are subject to change without notice thereafter. Fees may reduce earnings.

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**Music**

**THURSDAY · JULY 4, 2013**

**LA JOLLA TODAY**
Apollonia

Apollonia has been the destination of choice for La Jollans with an appetite for Greek delicacies. The restaurant has a handsome outdoor patio where shaded alfresco dining is delightful. Venture inside and you will find a charming ambiance in every dining room and in the beautiful lounge. The menu includes age-old favorites such as Dolmathakia and Moussaka, alongside some absolute surprises guaranteed to tantalize your adventurous curiosity. The menu offers many heart-healthy items prevalent in Greek cuisine. Apollonia’s service is very friendly and as pleasant as the food. Open daily from 11:00 AM to 9:00 PM (Sun-Thur) and to 10:00 PM (Fri & Sat).

Bistro Pazzo

The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 5th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave - and the “hidden gem” nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district, and the famous beaches of La Jolla. Open for Lunch and Dinner, Bistro Pazzo is definitely the "hidden gem" of La Jolla. Come enjoy this small neighborhood Italian bistro seven days a week. Moderate prices, great food, good portions, and a vast wine list with crazy service. You can be crazy too, no one will mind. Really! 858-456-4005 www.bistropazzo.com

The Broken Yolk Café

The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different omelets to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel more like lunch? Try one of our juicy ½ pound burgers or one of our large sandwiches.

Froglanders

Froglander’s has been satisfying yogurt lovers’ cravings for over 26 years. In addition to the best yogurt in town, they also serve acai bowls, banana splits and yogurt pie. You’ll find eight flavors everyday. Plus they offer over 50 different yogurt toppings including fresh fruit. La Jolla students receive a 20% DISCOUNT. Open late. Friday - Saturday 11 AM - 10:30 PM and Sunday--Thursday 11AM-9:30 PM.

A big THANK YOU to everyone in La Jolla for your support during our first year!

BEST PIZZA - 1ST PLACE
BEST NEW RESTAURANT - 2ND PLACE
BEST SALADS - 3RD PLACE

811 PROSPECT ST.  (858) 729-9988  WWW.AMICIS.COM
After popping up on the rock music scene in the early 1970s, REO Speedwagon rocketed in popularity, and has sold more than 40 million albums since. To the delight of its fans (old and new), the band performed a private concert recently in La Jolla.

The gig was a fundraiser for Promises2Kids (formerly known as the Child Abuse Prevention Foundation). The organization provides services to more than 5,000 San Diego children each year. Through such inspiring programs as Guardian Scholars, Camp Connect and the Polinsky Children’s Center, Promises2Kids is there for foster children, letting them know that somebody cares for them, believes in them and will help them overcome any obstacle.

Titled “Dream On,” the event was the fifth annual Promises2Kids Summer Concert Gala. All have been hosted by honorary chairwoman Joan Waitt, on the grounds of her gorgeous estate atop Mount Soledad. With 580 guests, this was the biggest yet, netting $500,000 for the cause. It all started with a swanky sunset VIP reception overlooking the Pacific, where guests enjoyed a meet-and-greet and photo opportunity with the band. The main party continued with cocktails and canapés on the expansive lawn, where tables were set for dinner in front of the concert stage.

Emcee Andrea Naversen began the event program, introducing Promises2Kids CEO Tonya Torosian. A tireless advocate for children and youth, she spoke of...
Routine check-ups and cleanings are your answer to obtaining a cavity free mouth. Come and visit us at our beautiful office located in the University Square shopping center between Vons and Rite Aid. We offer:

- Dr. Copps, along with her friendly and knowledgeable staff, strives to deliver quality dental care with a gentle touch.

**Do NOT overpay for solar!**

Systems built in 2013:
- Pavlov Ave. – 4.25 kW
- Dalen Pl. – 4.335 kW
- Robbins St. – 3.315 kW
- Welmer Pl. – 4.25 kW
- Radcliffe Dr. – 4.335 kW
- Florey St. – 3.57 kW
- Millikin Ave. – 4.505 kW
- Arnoldson Ave. – 6.63 kW
- Mt Ainsworth Ave. – 8.16 kW
- Millikin Ave. – 8.16 kW
- Radcliffe Dr. – 4.25 kW

**Systems in Progress:**
- Hillcrest Ln. – 3.06 kW

**NEW PATIENT GIFT**
*Valid after $180 toward full mouth X-rays & exam. **One per person. Offers cannot be combined & can be used with new patients only. Additional restrictions may apply. Call our office for details.

**FREE DENTAL CLEANING**
(A $97 value)

**$50 off DENTAL CARE**

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**20% OFF Any Breakfast Menu Item!**

**HOURS:**
Sunday 8am - 8:30pm, Monday - Thursday 9:00am - 8:30pm, Friday 9:00am - 3:30pm
SATURDAY CLOSED
Catering available for any event

**Beer & Wine now available!**
New summer opening hours will change to 7:30pm

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**GO SOLAR!**
**YOU’D HAVE TO BE CRAZY NOT TO!**
- **Yield** over 10% annual return on your investment at virtually zero risk – just as sure as the sun will rise in the morning!
- **Increase** the value of your house!
- **Make** money!
- **Protect** the environment!

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Get Healthy The Kosher Way!

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**Want Healthy Teeth And Gums For Life?**
Routine check-ups and cleanings are your answer to obtaining a cavity free mouth. Come and visit us at our beautiful office located in the University Square shopping center between Vons and Rite Aid. We offer:

- Convenient Hours
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Dr. Copps, along with her friendly and knowledgeable staff, strive to deliver quality dental care with a gentle touch.

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**University City Golden Triangle**
We Have It All!
Great Dining • Professional Services • Shopping Centers
Residents told officials with the San Diego Association of Governments (SANDAG) what they’d like to see — an extension out with the design of proposed improvements along the Rose Creek bike path during a June 20 community workshop.

The Rose Creek segment, which is about a mile long, runs through the region’s bicycle trail network, runs from the north end of Santa Fe Street, connecting south to the existing bike path at Domont Street and Mission Bay Drive near the Mike Gotch Memorial Bridge above the Rose Creek inlet.

Rose Creek is part of the greater Coastal Rail Trail, a visionary, long-term project to create a 40-mile system of multi-use trails extending from Oceanside to downtown San Diego. The inter-locking network would connect major activity centers, including University City, Mission Bay and Pacific Beach.

During the workshop, Charles Stoll of SANDAG, the region’s transportation planning agency, talked about how small bike segments like Rose Creek figured into the “big picture” of master planning to provide San Diegans with more transportation choices.

“What we’re here to do tonight is talk about the benefits of an active transportation program for the whole region,” said Stoll, who directed the 30-plus workshop visitors into three small working groups. Citizens, cyclists and merchants huddled with SANDAG planners, inspecting maps of the northern, central and southern portions of the undeveloped Rose Creek bike path and brainstorming ways to make it more user-friendly.

“The next step is to refine the ideas we collected here tonight at what we’re actually going to be doing,” Stoll said, adding that once planning and design is complete, there will be preliminary engineer- ing work and environmental clear- ance done before the project is put out to bid.

“Hopefully, we can have construction starting sometime dur- ing 2016,” Stoll said.

Chris Carterette, a transportation planner within SANDAG, said the goal of bikeway improvement projects like Rose Creek is to “expand the use of bicycles so peo- ple have the choice to ride.”

Carterette said promoting active modes of travel like bicycling has a number of benefits, including “connecting neighborhoods and enhancing neighborhood charac- ter and economic development.”

“We believe active transportation helps improve the quality of life and public health,” Carterette said. “We want to give people more choice on how they get around, whether that be biking, walking, buses or other mass transit or the highway.”

SANDAG planner Chris Kluth said the idea is to “raise the bar with a bike plan that appeals to everyone who could potentially ride.”

Noting there are segments of the population who always or never choose to ride bikes, Kluth said the target audience is those in between who might ride if improvements like separated lanes, road shoulders and side paths are made to make bike paths safer and more attractive.

Kluth said the biggest challenge with redrawing the transportation map is “balancing the needs of cyclists and roadway users,” adding that “parking is never an issue.”

For more information email chris.carterette@sandag.org, call (619) 699-7319, or visit www.keepsandiegomoving.com.

FOURTH OF JULY UNIVERSITY CITY CELEBRATION — The 25th annual Fourth of July University City celebration will be held throughout the day at Standley Park and Rec Center, 3585 Governor Drive.

The neighborhood festival for the entire community includes a series of concerts, a children’s bike and pet parade, 5k run and 1-mile walk, pancake breakfast, photo scavenger hunt, book barn, inflatables and jumpies, beer garden, rock-climbing wall and booths from local businesses and community groups.

Other attractions feature prize drawings, outdoor games and dance and martial arts demon- strations, as well as a free swim at Swanpool Pool.

Showcased performers include the University City High School Jazz Band, Standley Middle School Marching Band and the Polynesian & Hawaiian dance group.

City Council President Pro Tem Sherri Lighter will deliver a city declaration commemorating the event’s 25th anniversary.

For a fuller listing of activities visit www.universitycitynews.org/4th-of-july or www.facebook.com/pages/University-City-Celebration/195508187175701.

PREUSS SCHOOL UCSD’S 10TH GRADUATING CLASS SETS HIGH MARK — The Preuss School UCSD’s tenth graduating class achieved a “perfect 10,” a 100 percent acceptance rate to four-year colleges and universi- ties.

That was an accomplishment indeed for the charter day school, which was established in 1999 to educate low-income students in grades 6-12 to improve their his- toric under-representation at UCSD.

Criteras for Preuss admission requires that a student’s primary guardian lacks a college educa- tion and that the student’s family qualifies for federal free or reduced-price lunches.

The Preuss class of 2013’s 96 graduates recently celebrated their achievements at June 28 school graduation ceremony.

Students will attend private colleges including Dartmouth College, New York University, Swarthmore College and Bowdoin College.

Eighteen seniors will attend UC San Diego this fall, with others attending UC Berkeley, UCLA, UC Irvine, UC Davis, UC Merced and UC Riverside as well as many California State Universi- ty campuses.

The Hot Spot Studio.com
Are You Planning For Long-Term Care? ROC Center for Public Affairs Research recently released the findings of a national poll on long-care. The poll interviewed Americans who were 40 years or older on their perceptions, attitudes and ideas about aging and long-term care.

What was found was this: Most Americans underestimated the cost of nursing home care and overestimated what Medicare pays. Almost one-third of the people interviewed didn’t think their family will take care of them when the need arises.

Even though Americans are concerned about aging, almost sixty percent have taken no steps of talking to their family about long-term care.

A majority of Americans, regardless of political preferences, would support solutions from the federal government to finance long-term care. Seventy-five percent favor tax incentives to encourage saving for long-term care and fifty-one percent feel that would like a government administered plan.

This poll has come at a time when the federal Commission on Long-Term Care is exploring policy options for making sure all Americans will be able to age with dignity and independence.

For more information on health care needs and help with long-term care, call a RN Care Manager from Innovative Healthcare Consultants at 760-711-3344 or visit our website at innovativehc.com.

Grab Bars Provide Safety for Seniors SAN DIEGO GRAB BARS is dedicated to helping you stay independent and safe in your own home. We offer grab bars, shower seats and hand held shower heads to help make the bathroom a safer environment. And while the bathroom is where people usually think that they need grab bars, we can install hand rails and grab bars anywhere in your home: next to the bed, at the top of the stair case, in the hall or outside of the back door.

When we visit you, we bring along a great selection of products for same day installation. Designs, colors, textures and features feel better before you buy. We can match the finish of your existing hardware. Falls are one of the main reasons people leave home and move into assisted care. Let us help you prevent falls and stay in the home you love.

Hearing Loss - Are You Ready For Solutions?

Sure, we all know about hearing aids but not many of us know about hearing and technology: Today’s hearing aids are low profile, they are made to provide natural, clear sound, are comfortable to wear and, lets face it, they put you back in the game.

These are NOT your grand-dad’s hearing aids. Hearing aids, today are small, discreet and extremely comfortable. They are tuned by a professional on computer software to address specific hearing loss. Do you watch TV or talk on the phone? Try “Bluetooth” technology – Hearing instruments can link to each other so your hearing aids become receivers for wireless communications including television and telephone. (Yes, even an old landline). If your phone rings, just push a button and, voila, you’re connected by phone. You don’t have to hit the mute button on your TV. You don’t even have to get off the couch.

These systems can be set up quickly by your hearing care professional. For more information call Carole Van Straten at SeaCrest Hearing Care in La Jolla. (858) 922-8941.

Women With Hair Loss Can Have Thick and Healthy Hair Volume is the most requested service of all clients. Thick, healthy hair is the answer out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing, thick, healthy human hair!

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this service suffer from thin,weak and damaged natu-

ral hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook.

• How Do You Match Extensions?

If you are blending colors choose extensions that are the same level of color as the clients own hair. If you are chang-
ing the level of the client’s hair a shade that works well with the skin tone.

A coloring process can be done to the nat-

ural hair 48 hours prior to application and extensions can be matched to that.

• How Do You Customize Extensions for a Client With Thinning Hair?

Use an extension with a smaller attach-
ment bond and a single strand application process so the hair is not damaged and can hold the weight of the extension. This will give natural looking volume and length to thinning hair.

• How Do You Match Hair Extensions for Clients With Curly Hair?

If a client with curly hair wants to wear their hair straight then nothing needs to be done to the extensions. If the hair is worn curly most of the time the exten-
sions can be performed prior to attatching to the natural hair.

• What Type of Hair Extensions Do You Use?

Judy uses Great Lengths all-natural hair extensions and prefers these exten-
sions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein in the same molecular structure as your hair. This application process does not harm your own hair. While others use tech-
niques such as welding, gluing or knotting,which strain your hair to a high degree Judy uses a much more gentle principle called modulating. An extremely high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumizing, lengthening, colouring or simply adding texture, Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following fashion or with a special occasion on the horizon Judy has over 35 colors to choose from and blend with your own hair for perfect colour matches. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

• Can Hair Extensions Damage My Hair?

No, they will not. Actually, every fine and damaged hair can become healthier if you’re wearing hair extensions because they will protect your hair from things that could damage it like curling irons, blow dryers, styling heat and envi-

rornental damage. Because of the unique application bonding system, the exten-
sions can be easily removed. This is differ-
ent than many hair extension methods that bond hair to your hair. Those old methods can lead to hair breakage when being removed. Judy’s hair exten-
sions are joined to your natural hair by a using, all natural, keratin protein

bond application system. We can match you hair to any color you want.

• Are hair extensions uncomfortable?

Judy’s extensions are applied to your hair with a very small bond of natural keratin protein. Most people don’t notice a difference between the hair extensions and their own natural hair.

• How do I maintain my extensions at home and between visits to the salon?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home.

Hair styling is very similar to how you style your hair without extensions. Con-
tact Judy in La Jolla today for answers to any more of your hair extensions ques-
tions. www.hairextensions@la-jolla.com
Hidden costs you should know when buying a home

Because a home purchase is generally not a frequent occurrence for most of us, we often forget all of the associative costs. Whether you’re looking to buy your first home or trading up, there are many costs — on top of the purchase price — that you must figure into your calculation of affordability. These extra fees, like taxes and other service costs, could surprise you with an unwanted financial nightmare on closing day if you’re not informed and prepared. Some of these costs are one-time fixed payments, while others represent an ongoing monthly or yearly commitment. Not all of these costs will apply in every situation, but it’s better to know about them ahead of time so you can budget properly.

Remember, buying a home is a major milestone and the last thing you need is unbudgeted financial nightmare. So you can budget properly.

Some of these costs are assessed to cover the costs of providing programs and services to United States troops and their families. Carlos Gutierrez, a real-estate agent with the La Jolla office of Prudential California Realty, helped raise more than $4,000 donated.

“I approached this event like I do everything. I got proactive,” said Gutierrez. “I didn’t just sit there and wait for the phone to ring. I took my cell phone in there and when the phone bank wasn’t busy with people calling us with donations, I made things happen by dialing every contact I have in my phone list and asking them to contribute. And they did. Everyone donated except one.”

Gutierrez is ranked in the top 100 within Prudential California Realty and No. 4 in San Diego County. He is involved in causes such as the USO, where he serves on the board of directors, Challenged Athletes Foundation, for which he competed in the annual triathlon and raises funds for athletes with special needs, the San Diego Police Foundation and others.

“The USO is especially important to me because of the sacrifices these men and women continuously make for each of us,” he said. “Comparing that sacrifice to what we call hard work, I can walk 25 miles and knock on 100 doors a day, every day, to sell a house if that’s what it takes.”

Questions about real estate in San Diego … or just want more valuable information? Send your inquiries to us at www.WeSellLaJolla.com. We will respond directly to you, and those questions that have a broader public appeal will be published along with our next column in La Jolla Today.

REAL ESTATE BRIEFS

IN A FUNDRAISING TELETHON

at ABC 10 News held by The United Service Organizations Inc. (USO), a nonprofit organization providing programs and services to United States troops and their families, Carlos Gutierrez, a real-estate agent with the La Jolla office of Prudential California Realty, helped raise more than one-third of the more than $4,000 donated.

“I approached this event like I do everything. I got proactive,” said Gutierrez. “I didn’t just sit there and wait for the phone to ring. I took my cell phone in there and when the phone bank wasn’t busy with people calling us with donations, I made things happen by dialing every contact I have in my phone list and asking them to contribute. And they did. Everyone donated except one.”

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Carlos Gutierrez handles the phones during the USO telethon.

LINDA GREENBERG

Wishing You a Safe & Happy July 4th!

Linda Greenberg

LAJOLLA TODAY

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Wishing You a Safe & Happy July 4th!

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Lawn Transformation

Low-water Landscapes

30 years of experience

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La Jolla gets juiced

La Jolla Concerts by the Sea, free live summer concerts from 2 to 4 p.m. Sundays at Ellen Browning Scripps Park at La Jolla Cove, kick off July 7 and run through Labor Day weekend.

Food trucks will serve up concessions, including sodas, chips, candy, popcorn and ice cream. Prizes, including gift certificates for local activities and restaurants, are raffled off weekly.

The concert schedule: Rockola, classic rock 'n' roll, July 7; Big Time Operation, swing, July 14; Bastard Sons of Johnny Cash, country, Americanana, July 21; Bill Magee Blues Band, July 28; The Benny Hollman Big Band, salute to swing, big-band era, Aug. 4; Theo & the Zydeco Patrol, Cajun blues, Aug. 11; The Heroes, rock 'n roll, Aug. 18; BetaMaxx, '80s, Aug. 25; and Sue Palmer & Her Motel Swing Orchestra, boogie woogie, swing, Sept. 1.

www.ljconcertsbythesea.org.

EVENTS/BRIEFS

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www.ljconcertsbythesea.org.

A FREE SCREENING OF “RAINBOW BRIDGE,” the 1972 film that features live-concert footage by Jimi Hendrix performed just two months before his death, will be Thursday, July 18 at the Museum of Contemporary Art San Diego (MCASD), both in La Jolla at 700 Prospect St. and downtown at 1100 Kettner Blvd, from 5 to 7 p.m.

The New Age film depicts one woman’s journey (Warhol superstar, Pat Hartley) from the streets of Los Angeles to the shores of Hawaii in a quest for spiritual awakening. Portraying a confluence of beliefs and practices — from meditation to surfing — the action culminates in Hendrix’s performance which was staged as an act of cosmic alignment of sound, color, and energy.

The array of characters reflect the lifestyles of the period, and include noted San Diego figures such as the “all-one” soap expert Dr. Bronner, surf legend Michael Hynson and community activist Melinda Merryweather.

Conceived and directed by Chuck Wein, a filmmaker and figure in Warhol’s Factory in the 1960s, “Rainbow Bridge” embodies the consciousness-raising ethos and psychedelic energy of the Age of Aquarius.

KMB AM 760 will begin broadcasting an expanded version of its highly rated weekly talk show, “It’s Your Money and Your Life” with Richard Muscio and Joe Vechio, live from La Jolla's iconic La Valencia Hotel Saturdays at 7 p.m., starting June 29.

The hour-long program will feature local luminaries like TV sportscaster Dick Enberg, Dr. Irwin Jacobs, Mayor Bob Filner, actor George Takei and comedian Don Rickles.

San Diego-based Pacifica Companies, La Valencia’s new owner, is investing millions into the property. In the past year, all 112 hotel rooms have had a complete makeover. Café La Rue and the Whaling Bar fronting Prospect Street are presently closed while they are being transformed and expanded into one European bistro-style eatery. The final phase will include the addition of new suites and the creation of a signature spa.

This sunny location rests a custom 4-bedroom, 3.5 bath, residence set on nearly a half-acre site with Mission Bay Views, volume ceilings, hardwood floors and rooms with grand proportions for formal gatherings. Of the myriad highlights are the family room, Chef’s kitchen, great room with two walk-in pantries, fireplace, Dazzling oversized infinity Jacuzzi spa, mature gardens and a climate controlled wine cellar. The spacious master retreat features an office nook, two walk-in closets, Jacuzzi tub and large balcony to enjoy the sunny Southern bay views. The beauty, privacy and location of this Muirlands estate cannot be matched!

Offered at $3,295,000
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La Jolla Today
GUEST VIEW

The four way

Nancy Gardner

I’m no psychologist, but I play one from time to time. I can’t get over how easy it is to peg someone’s personality by their behavior at a four-way stop.

This concept dawned on me a recent afternoon when I was punchy with lack of sleep coming home from running one of many board meetings. Attendees hadn’t been bored — it was an informative meeting.

In a buoyant and tolerant mood, I actually stopped at the red hexagonal sign with no cars in sight. As I started to go, a female college student came to the stop from the left with one tap on the brake and the other heavily on the accelerator. My master’s in education took over and in a nano-second, I gave her my best horn hello and waved as I began to take my perceived God-given turn, continuing through the intersection. Luckily, it scared the girl out of her entitlement reverie, and she actually realized for a brief moment that her student visa did not give her the inalienable right to muscle others on the road.

I proceed with the brief but smug satisfaction that I may have taught her the necessary lesson to save her life on the road at some future date.

While continuing to the next stop sign, God tapped me on the shoulder and asked me if I was mothering her or exerting my ability to manipulate that pugnacious student. Hmmm. By the time I got to the next stop-sign encounter, I had decided to bring out my naturally sweet self and share a smile and the road with others. A woman and I approached the stop almost simultaneously, with me but a hair’s breadth ahead. We smiled and nodded understanding to each other, and I proceeded through with my turn. It kind of felt like I had a new friend and we both were enjoying our lives.

I smiled the rest of the way home. Even at the pesky four-way two blocks from my house, I was smiling. Then the inner light bulb of revelation went off and I realized that in the last nine years, I had hit that stop in every mood known to man. That every time I came to the stop, I behaved in the way that matched my mood: impatience, concern over the kids, the stress of time constraints, practicing my speech for the next event, going over the items on my errand list, considering how to solve my version of a world problem, loving this great earth, loving mankind, fretting about when I’d have time to grab a bite to eat. My list is the same as yours.

Now, with the heightened awareness of revelation, I can drop little love bombs on others at all the stops. Maybe I will employ the lessons taught through Rotary International. What if everyone at a four-way stop considered the Rotarian four-way test:

- Is it the truth?
- Is it fair to all concerned?
- Does it build good will and better relationships?
- Is it beneficial to all concerned?

What if we employed that four-way test at all of life’s crossroads?

— Nancy K. Gardner, President, CMC Finance, Inc., 4225 Executive Square, Suite 600 La Jolla, 92037, (858) 456-3000

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THURSDAY · JULY 4, 2013

La Jolla Today Events

SATURDAY, JULY 6
• La Jolla Fireworks at the Cove. The free 20-minute pyrotechnics spectacular begins at 9 p.m. with patriotic musical accompaniment.
• Have a 3-course dinner at the
La Jolla Cove, free concert, 2 to 4 p.m., jam to Rockola playing classic rock ‘n’ roll from the 1960s and 1970s.

FRIDAY, JULY 5

THURSDAY, JULY 4
• La Jolla Concerts by the Sea, La Jolla Cove, free concert, 2 to 4 p.m., jam to Rockola playing classic rock ‘n’ roll from the 1960s and 1970s.
• La Jolla Village Merchants Association meeting, 8:30 a.m., Cuvier Club, 7776 Eads Ave, lajollabaysea.com.

THURSDAY, JULY 11
• Jazz at the Athenaeum, 7:30 p.m., Alison Miller’s Boom Tic Boom, annual summer jazz series, Athenaeum Music Room, 1008 Wall St. Tickets $21 for members, $26 nonmembers. (858) 454-5872. www.athenaeum.org.
• La Jolla Town Council monthly meeting, 5 p.m., La Jolla Recreation Center, 615 Prospect St. The 50-plus-year-old council acts as a liaison with the city of San Diego in matters concerning land use planning, beautification, traffic, parks, beaches, crime and more in the local community. (858) 454-1444.

TUESDAY, JULY 9
• Summer Tea Party Storytime, 11 a.m., Warwick’s bookstore, 7812 Girard Ave., Join this fun tea party and socialize and have fun while burning through hundreds of calories. (858) 456-2690.

SATURDAY, JULY 6
• Muttropolis 8th annual ice cream social, 11 a.m. to 1 p.m., 7755 Girard Ave., Beat the heat with frozen yogurt for your pup, includes a yogurt-eating contest with prizes for the fastest lickers, (858) 459-9663, www.muttropolis.com.

SUNDAY, JULY 7
• La Jolla Art Association artist’s reception, 5 to 7 p.m., 8100 Paseo del Ocaso, Suite B in La Jolla Shores. Art viewing and refreshments, free.
• La Jolla Concerts by the Sea, La Jolla Cove, free concert, 2 to 4 p.m., jam to Rockola playing classic rock ‘n’ roll from the 1960s and 1970s.

MONDAY, JULY 8
• San Diego City Council hearing on oversize vehicles, 2 p.m., City Administration Building, Council Chambers, 12th Floor, 202 C St, in downtown San Diego.

TUESDAY, JULY 9
• Summer Tea Party Storytime, 11 a.m., Warwick’s bookstore, 7812 Girard Ave., Join this fun tea party and socialize and have fun while burning through hundreds of calories. (858) 456-2690.

SUNDAY, JULY 13
• Day Trip: USS Midway Museum, 9 a.m. to 3:30 p.m., $30 to $40 admission, coffee reception and afternoon refreshments, La Jolla Community Center, 6811 La Jolla Blvd, Lajolla Community Center, (858) 459-0831, lajollacommunitycenter.org.

FRIDAY, JULY 12
• Film noir classics of the 1950s and 1960s, “Phantom Lady” starring Franchot Tone and Ella Raines, “Phantom Lady” star of “Star Trek” creator Gene Roddenberry, as he interacts with wildlife while diving into the aquarium’s two-story, 70,000-gallon kelp forest tank. Arrive early to secure a viewing spot. Free with admission, $17 adults, $14 teens, $13 seniors, 2 and under free.

MONDAY, JULY 15
• Tuscan Meets Provence, 6 p.m., Harvard Cookin’ Girl, 7441 Girard Ave., classic rustic Italian and French styles meet in this cooking class which will be a new gastronomic delight for La Jollans and San Diegans alike. $60 class cost. (858) 888-3509.

TUESDAY, JULY 16
• Young Women’s Breast Cancer Support Group, 6:30 to 8 p.m., Scripps Palast Breast Care Center at Scripps Memorial Hospital, 9850 Genesee Ave., Suite 170, safe environment for cancer patients and others to talk about living with the disease, maintaining a positive attitude and taking an active role in the recovery process. (858) 626-5207.

WEDNESDAY, JULY 17
• Congregation Beth Israel Men’s Club Dinner Forum featuring Caron Golden, San Diego-based freelance writer and radio host, 6:30 p.m. Dinner forums are open to men and women for $12 with an RSVP, $15 without. RSVP toecure.jotformpro.com/form/31396 897722973, 9001 Towne Centre Drive, call Judi Schwartz at (858) 535-1111, ext. 3313.

THURSDAY, JULY 18
• Comic-Con Dive Show, 12:30 p.m., Birch Aquarium, 2300 Expedition Way, special keel tank dive show with Eugene “Rod” Roddenberry, ocean advocate and son of “Star Trek” creator Gene Roddenberry, as he interacts with wildlife while diving into the aquarium’s two-story, 70,000-gallon kelp forest tank. Arrive early to secure a viewing spot. Free with admission, $17 adults, $14 teens, $13 seniors, 2 and under free.

FRIDAY, JULY 19
• Hats Off To Dr. Seuss, 10 a.m. to 9 p.m., Legends Gallery of La Jolla, 1205 Prospect St., Premiere of Hats Off, a rare and exciting traveling exhibition of hats from the famed La Jolla children’s author’s estate. (858) 456-9900.

230 Prospect Street
The perfect location near the beach and Village, this newly remodeled 2BR/1BA condo boasts beadboard cabinetry, stainless appliances, granite counters, plantation shutters and wood floors. Located in a classic ‘19 unit building designed by master architect Thomas Shephard that offers a rooftop common area where residents enjoy 360 degree views of the ocean and Village while they BBQ and dine alfresco. Public access to one of La Jolla’s most beautiful beaches, Whispersing Sands, is just around the corner.

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