San Diego voters in a rapidly shifting political landscape chose Todd Gloria as their mayoral frontrunner and picked La Jolla’s Joe LaCava to lead the Council District 1 race in the March 3 primary election.

Voters also narrowly turned thumbs down on Proposition C, a proposed tourist hotel tax to expand the downtown convention center and pay for road repairs and homeless services. Candidate fields in all races were paired to the two top vote-getters, who will go head-to-head in the Nov. 3 general election.

A blue “drift,” clearly in evidence the past couple years, continued as voters cast their preferences in five City Council District races on the nine-member council. The outcome will likely maintain the present council Democrat majority.

Even the Board of Supervisors, a Republican bastion for years, will likely see at least one — and perhaps two — more Democrats joining the five-member board that currently has Nathan Fletcher as its lone Democrat.

While 100% of precincts are in, a lot of mail-in ballots have yet to be tallied. That will likely take some time, so the total results are not available at the time of this writing.

Here are some of the voting results from the March 3 primary:

Where to celebrate St. Patrick’s Day in San Diego County

By Jill Diamond | La Jolla Village News

St. Patrick’s Day arrives on Tuesday, March 17, and you best be ready.

Whether you truly are of Irish descent or just want to be Irish for the day, there’s plenty of activities and places to drop by to celebrate the popular holiday. While it’s now a nearly global celebration, it was first created to honor St Patrick, an Ireland patron from the fifth century.

Several local bars and pubs are orchestrating various events and specials so put on your green attire, order some corned beef and cabbage, and a pint of Guinness along with the rest of the revelers come this St. Paddy’s Day.

According to Dan Lang, general manager at Hennessey’s Tavern in La Jolla, this is the biggest day of the year for the venue by far. Some of his favorite Irish sayings include: “Eirin go Brach,” which translated in English is, “Ireland forever”; “slainte!” which means “cheers!” or “cheers to your health”; and “n’ert go cur le cheile,” which means, “there is no strength without unity.”

And a couple of his personal favorites:

“If you’re lucky enough to be Irish, you’re lucky enough!”

“May you be at the gates of heaven an hour before the devil knows your dead.”

FESTIVAL AND PARADE

Before imbibing some Irish whiskey and good ol’ Irish food fare, you might want to kick off the St. Patrick’s holiday by going to the San Diego’s Largest St. Patrick’s Day Block Party 2020 on Saturday, March 14, from 2 p.m. to 11:55 p.m. Come celebrate shamROCK’s 26th year and paint the Gaslamp Quarter green with Irish fun across 50,000 square feet of green AstroTurf, three stages, the shamROCK Shenanigans block and more. It’s located in the Gaslamp Quarter at Sixth Avenue between E and G streets.

You can also partake in the annual St. Patrick’s Day Parade, dubbed the “largest parade west of the Mississippi,” on March 14, at 10:30 a.m., on Fifth Avenue at Laurel Street. Here you can join thousands of marchers and spectators celebrating the patron saint of Ireland. There will be more...
UC San Diego Health launches new drone project to transport medical supplies

UC San Diego Health has launched a pilot project to test the use of aerial drones to transport medical samples, supplies and documents. It’s all part of the growing move-toward using drones, unmanned aerial vehicles, to deliver everything from packages to food to medical supplies.

The university’s medical drone pilot program is being tested between Jacobs Medical Center, Moores Cancer Center and the Center for Advanced Laboratory Medicine, all in La Jolla. The goal is to speed delivery of services and patient care currently managed through ground transport. James Killeen, M.D., UC San Diego clinical professor for emergency medicine, said drone technology will likely save substantial time and improve health-care services.

“An emergency care and we need to transport blood and other medical samples, and using drone transport now through La Jolla can be quite cumbersome with all the traffic, which isn’t going to change any time soon,” said Killeen. “So, we are running medical drones from one end of [the] campus to the other, to validate that the safety and integrity of the specimens can be preserved transporting them in a lab about 1 1/2 miles away.”

Noting Switzerland has successfully run medical specimen drones for three years now, Killeen added, “This running medical drones program will last about six months until September or October. In the meantime, we’re gathering the flight data to validate that this is a plausible alternative to ground transport.”

Timing can be critical when it comes to delivery of medical supplies, said Killeen.

“Being able to get our labs tests in faster results in quicker turnaround times for our [health] provider teams,” he said. “Hopefully, by getting people earlier; better-quality care, we can keep many of them out of the hospital and at home where they can do their normal daily activities.”

Offered Killeen as one example. “If somebody needs a blood transfusion from a specific type of donor, getting that specimen there by drone in 10 minutes, when it could take 20 to 30 minutes to drive down, this is transformational and actually optimizes patient safety and care.”

Killeen gave another medical example of rattlesnake venom. He noted hospitals carry only so much of it, and that drones could be the answer to getting lifesaving anti-venom whenever it’s needed quicker.

UC San Diego medical drone testing is part of a larger, ongoing three-year program by the city of San Diego, which was selected by the U.S. Department of Transportation to conduct testing as part of the unmanned aircraft systems (UAS) Integration Pilot Program (IPP).

Working with several public and private sector partners, the city has been evaluating the feasibility of advanced UAS operations with numerous applications. Those include unmanned traffic management, night operations, flight over people, and flight beyond the visual line of sight.

Meanwhile, Uber is seriously exploring tapping the market for UAS with the creation of a new platform, Uber Elevate.

In February, La Jolla Parks and Beaches, Inc. narrowly voted 8-7 against denying issuance of new special-use permits for Scripps Park events that are for-profit and commercialize the park.

It was the culmination of several months of vetting of the controversial issue of public versus private use of world-renowned Scripps Park. The city of San Diego is presently undergoing a master plan update for all of its parks, including Scripps.

The popular graysie park, overlooking the ocean, a haven for swimmers, surfers and other recreationalists, is also a big draw for hosting signature community events. The La Jolla Half Marathon and the Concours d’Elegance classic car show in spring have been hosted there for years. The park will also host two returning 2020 events. Fourth of July fireworks and the summer concert series. Scripps Park also hosted the return last fall of the Open Water Swim for all ages, which had been hiatused for a couple of years.

Park board members Mary Ellen Morgan and Debbie Beacham have spearheaded a committee studying the question of continued commercialization of Scripps Park, which some argue is a misuse of the park’s primary purpose: public recreation.

“We’re willing to forego the current moratorium on events in Scripps Park with the following requirements: Any new events should be free and have no fences or vendors,” said Morgan. “We already have a good lineup of established events that would not be affected by this new rule.”

Noting the park “pays the taxes for watering and maintenance” of Scripps Park, Morgan added, “We’re just helping protect the park, and should not be a group where people come in and ask to exploit the park over and over.”

“We’re willing to take on new events as long as they’re free, open to the public and with no vendors,” added Beacham.

“Sounds good to me,” noted longtime La Jolla park planner Melinda Merryweather. “I’ve always said the park is for the people. We don’t need to pimp out the park.”

“We’ve never actually voted on a [private] parks use moratorium,” pointed out LJPB board member Dan Allen.

“The city’s handbook for special events says groups like ours are advisory in nature and cannot approve, or deny, special events planned, though they may provide important feedback,” said board member Tom Brady. “Why discriminate against nonprofit? What about a for-profit event to fund Cytic fibrosis?”

“Scripps is a public park and what we do there should be for the public benefit,” said board member Patrick Ahern. “But sometimes these events do cost money. We should just take on these park-use requests one at a time, make sure they have a public benefit.”

“I don’t want to paint us into a corner,” said board member Bob Evans. “I’d rather see us approve things case-by-case.”

Beacham pointed out other California coastal communities, like Laguna Beach and Monterey, place restrictions on private use of their public parks.

Jodi Rudick, of La Jolla Village Merchants Association, spoke against blanket restrictions on special events in the park.

“That’s a dangerous place to go,” Rudick argued. “I’m not sure what problem you’re trying to solve.”

Rudick said she researched how many private events were held in Scripps Park annually adding, “We came up with nine events over the 52 weeks of the year.”

“This is an interim thing,” answered Morgan, pointing out modified rules would only be in effect until the city finalizes its master park plan update.

Flu Defense at Livkraft Wellness

There’s no denying flu season is here. Fend off the pesky virus coming on! There’s only one place you need to go. Head to Livkraft Wellness. La Jolla’s one stop recovery shop, for all your recovery needs! Whether you’ve caught the flu or you’re doing every-thing to avoid it, Livkraft will help you recover and have you feeling your best. What can you do to prevent the flu or lessen the severity of your symptoms?

WHOLE BODY CRYOTHERAPY

Try a quick 1-minute freeze in neg- ative degree temperatures. Whole Body Cryotherapy at Livkraft Well- ness is a great immune booster, rejuvenating your body with enriched blood and fresh nutrients while de-increasing inflammation. When your body is exposed to extreme cold (think up to -220 degrees) all the blood is rushed to your core to protect your vital organs. When you step out of the chamber, your body is flooded with a fresh supply of nutrients and re-oxygenated blood, aiding the re- covery process, fighting inflamma- tion and boosting your immune sys- tem.

INFRARED SAUNA

After Cryo, walk down the hall straight to the infrared sauna. The infrared heat is the best detoxifier. Sweat out any impurities and toxins as you boost your immune system, helping your body fight off any fore- seeable illnesses. Different than a tra- ditional sauna, infrared heat results in a sweat from the inside out, allow- ing your body to sweat out toxins rather than just water. Make sure you’re drinking water before, during, and after your sweat session to stay properly hydrated.

IV THERAPY

Speaking of hydration - for the ultimate immunity booster, visit Dr. Leslie Black, Livkraft’s Naturopathic Doctor for a nutrient IV. Dr. Leslie rec- ommends the combination of Vit- amin C, Glutathione, Zinc, and extra fluids to help prevent your body from getting sick!
LA JOLLA Lower Hermosa: Development opportunity w/ approved plans for a Contemporary Estate on Camino De La Costa. Agent: Natalie McGhie. $5,250,000

LA JOLLA Shores: your escape from the Hustle & Bustle. 3bd/3.5ba. 2,494 sf. $3,495,000

LA JOLLA Muirlands: One of the best views in La Jolla! 4bd/3.5ba. 3,401 sf. $1,950,000 - $2,100,000

LA JOLLA Bird Rock: Views, Views, Views SOLD! 3bd/3ba. 2,412 sf. $1,970,000

LA JOLLA Hidden Valley: Quaint ranch style, 1st Time on Market! 4bd/3ba. 2,372 sf. $1,850,000

Gregg Whitney
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LA JOLLA Bird Rock: Newly Renovated 2020 COMING SOON! 4bd/6ba. 7,654 sf. $5,750,000
Agent: Natalie McGhie.

LA JOLLA Lower Hermosa: Development opportunity w/ approved plans for a Contemporary Estate on Camino De La Costa. Agent: Natalie McGhie. $5,250,000

LA JOLLA Bird Rock: Views, Views, Views SOLD! 3bd/3ba. 2,412 sf. $1,970,000

LA JOLLA Village: Cozy cottage. SOLD! 2bd/1ba. 951 sf. $1,300,000

8225 PASEO DEL OCASO
LA JOLLA Shores: your escape from the Hustle & Bustle. 3bd/3.5ba. 2,494 sf. $3,495,000

Open House: Sat. 3/7 from 1-4pm
The 93rd annual Thursday Club Rummage Sale

Rummage Sale
Sat. March 7th & Sun. March 8th
9 a.m. to 4 p.m.
6:30 p.m. to 7 p.m.
Balboa Park Activity Center
(near Veterans Museum/Park Blvd. @ President's Way)
Free Admission & Parking

Make Great Bargains on New and Used Merchandise!

All reports, producers and bloggers directly via email.

Countless readers have been delighted by Dr. Seuss’s unmatched ability to craft catchy rhymes that are nearly impossible to forget in the minds of more than 60 children’s books. To help celebrate the life and work of the iconic American author, UC San Diego every year hosts its annual birthday celebration for Theodor Seuss Geisel, better known as Dr. Seuss, near the Seuss home in La Jolla.

UC San Diego Dr. Seuss birthday celebration takes year off

UC San Diego, “due to conflicting activities on campus,” canceled its annual Seuss Day birthday celebration this year on March 2 at Geisel Library. On-campus labor union workers held a protest over high costs where the event was scheduled to take place.

“Our sincerest apologies for any inconvenience this might cause,” said the university in a release.

“While many of the activities did not go forward as originally planned, cake was distributed as part of the commemoration of Read Across America Day,” said university spokesperson Leslie Sepuka, associate director of communications. “The university shared information directly via email.”

Theodor Geisel for the generous contributions they have made to the library and their devotion to improving literacy.

Man who stabbed bus passenger in UC sentenced to 17 years

A man who stabbed a passenger on a Greyhound bus in the University City area was sentenced to 17 years in prison, which includes a term for assaulting a prisoner in jail.

The injuries to both victims seemingly occurred spontaneously by Gilbert Louis Dominguez, 36, who pleaded guilty to assault with a deadly weapon and assault on a mass transit vehicle and felony assault of another inmate.

“Be cognizant of what sets you off,” said San Diego Superior Court Judge Polly Shumate to Dominguez, who did not make a statement in court.

Dominguez stabbed Martin Hernandez, 27, on July 11, 2018 on a Greyhound bus at 12:30 p.m. while it was on Interstate 5 in University City near the Genesee exit.

The bus driver kicked both men off the bus and Hernandez was taken to a hospital for wounds that sliced his neck and back. Gilbert Louis Dominguez did not know the man he stabbed, the prosecutor said.

Dominguez injured another prisoner who was gay and had animosity towards gay inmates, according to testimony in his preliminary hearing.

Deputy District Attorney Christy Bowles said the inmate had to receive seven staples in his head to close a wound and had broken teeth.

His attorney, Zak Zehawi, said his client was on the Greyhound bus to go to Los Angeles so he could enter a treatment program.

“He was selling everything to better himself,” said Zehawi. “He’s a smart man, a capable man.”

At a previous hearing, Domi- nguez’s brother said he had a deeply troubled childhood after their father was murdered in 1990. He said their mother was a heroin addict and that his mother was a heroin addict and that his mother was a heroin addict. He said they moved between extended family members. Dominguez did not know the man he stabbed, the prosecutor said.

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MyNabes app unites La Jolla communities, helps the planet and promotes government transparency

**By Vicki Davis**
*La Jolla Village News*

Four years ago, entrepreneur and mother of four Raluca Perkins moved from France to the Bay Area in San Francisco. After two years of struggling to connect her and her family with the West Coast community, Bottine came up with an idea for a app that’s all about neighbor-helping-neighbor: MyNabes.

“We all are so busy in our daily lives, rushing around to do the next thing and we do not notice the people we’re next to in coffee shops or at the grocery store,” said Bottine. “MyNabes is a tool that helps parents and people face-to-face, not just behind a screen like social media. This is personal.”

MyNabes, launched this October by Bottine and her co-founder Baluca Perkins, another Bay Area mom, is a free app that allows users to engage with their neighbors through making requests in one of 19 categories. The categories range from teaching and coaching, giving advice and helping with groceries to scheduling playdates, babysitting pets, and finding buddies for sports activities. The app also discourages neighbors from offering each other money, and requests can be made from six “rewards,” including offering homemade cooking, going out for a drink, a simple thank you, and more.

“The idea wasn’t about making money, it’s about meeting people,” said Bottine, who uses the app with Perkins to ask neighbors to join in their weekly Friday hikes. “When I was in France, I met this 92-year-old woman who lived in the same neighborhood for 70 years, but she didn’t have any connections. No one was taking care of her, so I started to help her with groceries and the pharmaceuticals. She became like my grandmother. That’s what I want this app to do for people.”

Currently, MyNabes is being used by roughly 400 people and in six San Diego neighborhoods, including La Jolla.

“I have a lot of friends in La Jolla, so I’m sure that was part of why it’s done so well here,” Perkins, who is originally from Romania and moved to the Bay Area 10 years ago. She added, “In Europe, everyone watches those American movies where someone moves into a new neighborhood and one of the neighbors comes with a pie and welcomes them to the area. I’ve lived in three or four different neighborhoods and that is really not a natural American thing to do. We thought that, by using the app, people would be more willing to connect to their neighbor without feeling that they have to go knock on their door and break the cultural, social barrier.”

But not only is MyNabes a source for helping communities; it’s also an app focused on aiding the planet through encouraging neighbors to carpool, share appliances and tools and donate goods they no longer need.

“Instead of buying something new, you can borrow it,” said Bottine. “Instead of animal welfare, you can adopt. We too often overconsume and buy so many things we don’t really need.”

MyNabes is also a lending a hand in promoting government transparency. Bottine and Perkins just signed a contract with San Francisco’s City Hall to create a special category in the app this spring where users can engage directly with City Hall and share their ideas and suggestions. City Hall will also have a dedicated interface so they can respond to people directly. Perkins and Bottine also hope to implement this app feature with San Diego City Hall.

“A lot of people complain about the lack of transparency with administration, so we want to break that barrier and get these conversations going by joining the whole community together,” said Perkins. “We’re encouraged to see so many people drawn to this app.”

MyNabes is available nationwide, currently used most prominently in San Diego, Miami and New York. For more information about MyNabes, visit mynabes.com.

**Business Briefs**

**‘FROZEN’ TO TAKE OVER VILLAGE**

To celebrate Broadway San Diego’s upcoming production of Disney’s hit musical “Frozen,” the La Jolla Village will host an afternoon of free Frozen-themed activities from 12-3 p.m., March 14 near Prospect and Girard. Activities include a happy hour, spa treatments, games, challenge games, a scavenger hunt where kids of all ages can search the Village for Elsa, Anna, and their magical friends while happen throughout the world, but the number of Roy’s to Bloomin’ Brands, parent company of Roy’s Hawaiian Fusion, has dwindled.

Bob’s has made that decision, you’ll want to make or break the sale of your home. Selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how those important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your free copy of this report, call toll-free 1-800-276-0763 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

**ROY’S HAWAIIAN FUSION CLOSES IN UTC**

After nearly two decades in business, celebrity chef Roy Yamaguchi’s namesake Roy’s Hawaiian Fusion restaurant in UTC at 8670 Genesee Ave. will close Feb. 29, just short of its 20th anniversary. Roy’s downtown San Diego location will remain open inside Marriott Marquis San Diego Marina.

Known for its Pacific Rim cuisine, Roy’s is the creation of James Beard Award-winner and To-kyo-born chef celebrity chef Roy Yama- guchi. He opened the first Roy’s Restaurant in Honolulu, Hawaii in 1988. There were once 31 Roy’s stores throughout the world, but the number has dwindled.

In 2000, Yamaguchi sold his in- terest in the mainland U.S. locations of Roy’s to Rock Bottom Brands. The company continued Outback Steakhouse and other eateries. Yamaguchi retained control and ownership of all Hawaii-based locations.

In 2015, Rock Bottom Brands sold the mainland U.S. Roy’s operations to Texas-based United Ohana for $10 million citing lack of strategic focus for the company.

Roy’s La Jolla opened in April 2001.

**ROCK BOTTOM LA JOLLA CLOSES AFTER 22 YEARS**

Rock Bottom Restaurant & Brewery, which has been operating at 8980 La Jolla Village Drive across from the UC San Diego campus since 1998, has shuttered.

The brewpub was owned by CraftWorks Holdings Inc. of Nashville, Tenn., which operates several casual-dining restaurant chains including Gordon Biersch Brewery Restau- rants. Gordon Biersch’s Mission Valley site closed last summer. CraftWorks Holdings operates near- ly 400 restaurants, brewpubs and entertainment venues in 40 states.

The Wallstreet Journal recently reported that CraftWorks Holdings Inc. was on the verge of bankruptcy, which likely led to the closure of Rock Bottom’s La Jolla location.

Reasons recently provided to Rock Bottom La Jolla employees by management for the brewpub closure included lack of sufficient revenue generation and lease issues. The company operated a second Rock Bottom location in downtown’s Gaslamp Quarter from 1999 until 2011.

**27 FAST & EASY TIPS TO GET THE BEST PRICE FOR YOUR HOME**

San Diego. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you’ll want to sell your home for the highest price in the shortest time possible with- out compromising your sanity.

To assist home sellers, a new industry report has just been released called “27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar.”

In this report you’ll discover how to avoid financial disaster when selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how those important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded mes- sage about how to order your free copy of this report, call toll-free 1-800-276-0763 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

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Activities include a happy hour, spa treatments, games, challenge games, and a scavenger hunt where kids of all ages can search the Village for Elsa, Anna, and their magical friends while earning prizes along the way.

Event maps can be picked up at National Geographic Fine Art Galleries located at 330 Park Blvd., San Diego, CA 92101, and on the website mynabes.com.
Most homeowners are looking for ways to upgrade their home décor quickly and dramatically. One of the most overlooked pieces of home décor are the window treatments, which can alter your interior design more than you may realize. Take a look at these tips to see how you can update your home without compromising your style.

A Stylish Upgrade

Drapery is an easy way for any homeowner to layer onto existing window treatments bringing new life to an old look. It can also stand on its own and adds visual warmth and texture to any room. Drapery brings a variety of visual aspects to the space.

Energy Efficiency

Homeowners are always on the lookout for ways to save money, and the monthly gas/electric bill can be a sore spot. Start saving with window treatments that keep your home well insulated.

Drapery is great at controlling the amount of light that enters a room. During the summer, light entering a home will heat the interior and cause the energy costs to rise. Closing drapes during the day can reduce those costs because drapery acts as an additional layer of insulation. Drapery also acts as a barrier from the outside temperature during the cold winter months. No matter the season, drapery is the perfect way to help keep you comfortable inside, regardless of what the weather is doing outside.

Privacy

Sometimes, privacy can be an afterthought until you look out your window and see someone else looking back at you. Having control of who is seeing into your home is something that you need to account for. Before you say your windows are private enough, think about them at night. Once the sun goes down, and it starts to get dark, any light on in your home makes it easier to see in. With light filtering options you can determine the level of light entering or leaving your windows, allowing you to be able to see out without unwanted eyes peering in. Because of the variety of fabrics available, drapery is a stylish way to keep your home to your eyes only.

3 Day Blinds has hundreds of drapery options to choose from. 3 Day Blinds also offers a wide variety of blinds, shades and shutters and all of the window treatments are 100% custom so you get the look and feel you want. If you or someone you know is looking for the home upgrades new window treatments can give you, call (888)875-5969 or visit www.3dayoffer262.com to schedule your free in-home design consultation.
Imagine UC 2020 approved by city council

Imagine UC 2020 is finally coming to fruition. The project was approved by the San Diego Unified School District Board of Education two years ago. On Feb. 11, 2020, the joint-use agreement was unanimously approved by the city of San Diego’s City Council. The next step will be to put the project out to open construction bid. Groundbreaking may begin as early as June if all goes according to plan. School district and city staff have worked hard on an agreement that will serve as a template for joint-use pools in other neighborhoods of San Diego. The fields next to Spreckels Elementary and Standley Middle School are on school district property and have been maintained by the city for decades. The city-owned land is around the recreation center, tennis courts and the current pool. The school district and the city have had many decades of successful joint use. This will be the first time that a swimming pool has been added to a joint-use project.

The project will include an aquatic center, jogging path, stage/pavilion and a grass field for Spreckels. It will be joint use between the city and the school district, because they will be used by students during school hours and open to the community the other hours.

FRIDAY, MARCH 6, 2020
LA JOLLA VILLAGE NEWS
La Jolla Village Merchants Association’s first Business4Breakfast meeting of 2020, held Feb. 18, featured representatives from La Jolla Kiwanis Club and the La Jolla Concours d’Elegance offering tips on how merchants can market themselves by building on signature community events.

A list of La Jolla’s extensive annual community events compiled by LJVMA was passed out to merchants attending this first of four Business4Breakfast meetings, which seeks to assist businesses in promoting themselves and each other. That extensive event list includes the Concours d’Elegance classic car show in Scripps Park April 17-19, and La Jolla Kiwanis Club’s Half-Marathon race between Del Mar Racetrack and the Cove on April 26.

About 20% of the events in this town are hosted and produced by one organization that is not for-profit, the Kiwanis Club of La Jolla,” said LJVMA Executive Director Jodi Rudick. She added, “We’re challenging this community of merchants to talk to one another to get businesses to promote each other.”

Bart Calame, of La Jolla Kiwanis, then launched into a presentation detailing the La Jolla chapter of the international organization, discussing how it fosters youth activities and concerns.

“We raise $200,000 to $250,000 a year from our annual half marathon which, for the last 38 years, has raised funding for our 501(c)3 nonprofit that gives everything back into the community for worthy causes, especially those youth-oriented,” Calame said. “Kiwanis owns that race. It’s our own brand.”

Calame noted La Jolla Kiwanis intends to expand not only its signature half-marathon event, but to acquire and build new community events as well.

“We want the [marathon] race to double,” he said, adding Kiwanis is also seeking ways to attract more runners on marathon race day, as well as possibly taking on new vendors and sponsors.

“We’re also looking to pick up other community events to anchor under the Kiwanis umbrella,” Calame said. “We’ve taken over the La Jolla Cove swim that was resurrected this year after not being held for a couple of years.

We are also bringing back the summer Concerts By The Sea series.”

Michael Dorvillier, who spearheads annual promotion of the spring Concours d’Elegance classic car show, noted the weekend event has grown and is now widely acknowledged to be among the top five concours in the world. He spoke of La Jolla’s upcoming 2020 concours.

“This is our 16th year and we’re celebrating this year’s event featuring the Bugatti, arguably the most collectible car in the world,” Dorvil- lier said. He added efforts have been made during the last few La Jolla classic car events to attract attendees into the Village to shop and dine.

A relatively new event, known as Break in the Village, is being planned again this year by Village merchants to tie-in with, and engage, Concours d’Elegance attendees.

“Local car dealers and merchants are going to have car-oriented displays in front of their stores throughout the Village,” said Dorvillier, noting Concours d’Elegance guests are going to be able to test drive select vehicles for the first time parked out in front of Village businesses.

“One merchant last year passed out Matchbox cars to each guest,” noted Rudick, adding that $1 investment paid off dividends in terms of goodwill and connected businesses and their clients with the special car event. Morgan Barnes, of Cove House, which hosted the Business4Breakfast event, concluded the meeting by discussing ways that the eatery has partnered with other Village businesses mutually benefiting one another by promoting each other.

LJVMA hosts first Business4Breakfast of 2020

By Dave SchwaB | LA JOLLA VILLAGE NEWS

Girard Gourmet

Serving La Jolla for over 30 years, our loyal customers enjoy our commitment to freshness, quality and value. We cook and bake in the European tradition and grow many of our fruits and vegetables in our organic garden in Julian, CA. Perhaps on your visit to Girard Gourmet, you will see Francois arriving with a basket of fresh picked heirloom tomatoes or a bushel of the best peaches you can imagine! You will find us at Girard Gourmet every day, creating healthy and tasty menu items with fresh and seasonal ingredients for breakfast, lunch or dinner.

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A philosophy of life: All you can do is cultivate your garden

By Natasha Josefowitz, Ph.D.

This morning, I read the headines of the New York Times. They wreaked havoc on my immune sys-tem, my hippocampus, my cardio-vascular system, or possibly all of the above. Did I need to know that Venzenza’s hospitals are lacking medicines or that there is no food on the shelves of grocery stores? That there is a terrible drought in Australia while fires are ravishing the country and cattle are dying from lack of water? That bad floods are inundating cities streets in India?

Then I read that there are unsafe levels of contaminants in the tap water of cities throughout the U.S. officials wait months before telling the public. This one raised my blood pressure worrying whether San Diego’s water is safe. Is there something else we don’t know yet?

Worldwide, women are being raped, children are made to bear arms, and whole villages are destroyed. In our own streets, gays and homeless people are beaten up. I can’t connect to the rage that must fuel such actions. Are these people all mentally ill? No, there are too many seemingly normal individu-als committing such actions around the world. I experience visceral pain looking at the photos of starved children in South Yemen. There are, have been, and always will be in-humane actions everywhere. Could it be a genetic defect that plagues humans and contributes to this destructive behavior? No other an-imal tortures its own kind.

It is distressing to read about suicide bombers exploding them-selves in crowded places or about refugees drowning on their way to a safe haven. I worry about all the children in refugee camps who have no access to schools. We are raising a whole generation of un-educated people who will have their own questionable and uncertain impact on our world.

We are not doing enough about the Arctic permafrost melting and releasing methane that will speed up global warming. Because of climate change, we are losing an-imal species. If the fish disappear due to warming waters, then the animals that feed on them cannot survive. The people whose liveli-hood depends on fishing are also directly impacted. As we cut down and burn our forests, we decimate the habitats of countless animals. Within my grandchildren’s life-time, the rising oceans will elimi-nate most coastal cities around the world. Some of these calamities are already irreversible. Is there any good news? As I sit here depressed, I wonder whether the media does not mention it because it doesn’t sell as well.

Where do I come into all of this? Is there a part for me to play? Can I diffuse world anger and influence everyone to be more rational? As an individual, I cannot make a difference in the politics or econo-mies of the world. Many years ago, I read a book by Voltaire: “Candide.” The last line of this book has remained in my con-sciousness for all these years, with-out my knowing exactly why, but I have finally figured it out. That line is: “...we must cultivate our garden.” I suppose it is all we can do. In other words, we will not fix all the calami-ties being perpetrated in our world, but we can make a difference in our own little community.

My garden is White Sands, the retirement community where I live. As I started thinking about all the gardens I tended in my past, I realized that my focus was education. Teaching is a means of cultivating one’s garden. Teachers can change the lives of their stu-dents by helping them grow their own gardens. As I think of all the hundreds of classes I had the privilege of teaching, some of my students took the ideas that I was cultivating and transplanted them into their own gardens where they flowered to perhaps seed still other gardens.

You can make a difference in your own garden by showing more compassion, being more tolerant and less judgmental, contributing to the welfare of others, saying a kind word, making a caring ges-ture, putting an arm around a sad person, extending a hand, smiling at the cashier at the supermarket, offering an old woman or limping man, or helping to open someone’s eyes to new ideas and perspectives.

I would like to identify my own gardens. For some it will be their families, for others their work-places, or the places they volunteer or meet with people. Your garden is wherever you can make a difference by making that little piece of sym-bolic real estate a better place.

R.I.P. 1099, AB 5 is your new boss

BY ELIZABETH FISHER (LA JOLLA VILLAGE NEWS)

2020 started with the promise of new possibilities. I had fresh, new plans for my upstart business in arts education. The new year also brought with it divisive new state legislation, Assembly Bill 5, also known as AB 5. This “gig worker bill” aims to reclassify millions of independent contractors as employees and to restructure the entire work-force in California.

Self-employment is more common in California than anywhere else in America. It was inconceivable that one piece of legislation meant to protect workers could sweep across the state with the force of a wildfire, destroying most every freelance occu-pation in its path. In hindsight, my initial reaction to the bill was naive. I trusted that my state gov-ernment would have my back. Why wouldn’t it? The collateral damage hit me last week. I lost a summer teaching job. The sting of my disap-pointment prompted me to call the office of Assemblywoman Lorena Gonzalez, author of the bill, they hung up on me. Click. Gonzales is author of the bill. They didn’t intend to harm the myriad of vulnerable professionals they im-pacted? Single mothers, disabled persons, musicians, artists, jour-nalists, translators, court report-ers, yoga instructors, photogra- phers, and professionals from at least 160 more lines of work? I joined a social media group known as Freelancers Against AB5. The collective has grown to more than 12,000 members from across the state. The core mission is the full repeal of AB 5. Group found-er, Karen Anderson, has become a modern-day folk hero. Her recent podcast is a comprehensive report about the bill and the devastation it has caused. She’s also been archiv-ing personal stories.

Politics make strange bedfellows. The freelancer group is bipartisan and members must adhere to com-munity rules of mutual respect in order to stay in the group. In this era of divisive actions and words, this has been invaluable and very healing. Yes, we all can get along.

On Feb. 27, Assemblyman Kevin Kiley will initiate a floor vote on As-sembly Bill 5. The only hope to suspend AB 5 while corrective legislation is under consideration.

As we prepare for our upcoming tax season, freelancers have been forced to bid farewell to their 1099s until further notice.
Ever been in the mood to see a play at Cygnet Theatre on a Friday, visit the Museum of Photographic Arts on a Saturday before heading to a performance by the San Diego Children’s Choir, then go to the San Diego Zoo on Sunday and top it all off with a workshop hosted by the San Diego Watercolor Society? That many events would normally carry a hefty price tag and blow out a budget for a month (if not more). For a lucky winner, all these San Diego events will be free for a year thanks to the “Access2Awe-some” giveaway. Nonprofit group Arts+Culture:San Diego has organized a first-of-its-kind contest to give a winner a pair of tickets to dozens of concerts, museums, and performances from more than 50 of its members. In total, the winner will have over 100 tickets.

In addition to the tickets, the grand-prize winner will be given an arts and culture concierge to assist them with year-long arts and culture access. Arts+Culture:San Diego, through the Community Advisory Council, is raising awareness about the many arts experiences across all of San Diego. With the motto “Everywhere. Every day.” they have been doing public outreach to show the wide array of options in San Diego. The giveaway stemmed from their advocacy.

“We wanted to really celebrate just how amazing [San Diego] is for arts and culture... Literally, we could fill up every day of the year with someone going to arts and culture and they wouldn’t have to repeat stuff,” explained Peter Comiskey, the executive director of Balboa Park Cultural Partnership. Comiskey helped the arts and cultural centers in Balboa Park form relationships with organizations across the whole region so they could collectively raise awareness about the local art scene.

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Kendra Sitton can be reached at kendra@sdnews.com.

The grand-prize winner will receive a year membership to the Museum of Photographic Arts.}

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The grand-prize drawing will be on April 9, with 12 weekly prizes leading up to it with smaller batch of tickets.

The inaugural “Access2Awe-some” giveaway is easy to enter and there is no need to enter some“ giveaway is easy to enter online at artsandcultured.com or by texting SDART to 555-888. Anyone in San Diego County is eligible to enter and there is no need to enter more than once.

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EXTRACTION COMPLETE
Gary Frank bumps fists with his LJHS players. ED PIPER / VILLAGE NEWS

Adams and Frank: Viking teammates and friends

Mike Adams, a former Cy Young Award winner for the La Jolla High pitching staff in 1990, was remi-
niscent of his 14th Viking Alumni Game (he comes every other year) on the beautiful, all-turf field (even in the base cutouts except for home plate).

“The Franks [Howard and Gary, the Viking’s current head coach] had season tickets to the Padres,” the 6-foot, 5-inch former first baseman/pitcher recalled. “We sat behind the photographers’ well near the home dugout. Mr. Frank kibitzed with the photos, and they would give him their extra photos.”

Adams, the “Jeff” of the Mutt-and- Jeff pairing with the younger Frank, who’s about 5-foot-6-inches, were enrolled in the same physical edu-
cation class at Muirlands (grades seven, eight and nine until 1991), and the two became fast friends. “We started a fantasy football league,” Frank remembered. “The win-
er got treated at Corvette Diner, back when it was in Hillcrest. The food tasted much better then. Even the shakes.”

Earl Faison was their PE teacher. “He was an all-star defensive lineman for the Chargers,” recounted Adams. “I think it was about the only class we had together,” laughed Gary Frank, relishing the memories. “In high school, we especially found out that Mike was a lot smarter. About

the only class I got an A in was PE. I won fantasy football in those days, because Mike was occupied with schoolwork. He was busy building a future.”

Now a physician in general practice in Stillwater, Minnesota, outside of St. Paul, Adams, standing near the visit-
ing dugout before the alumni game, related, “My kids [13 and 5 years old] just found my high school yearbook. They were cracking up. That was the ‘mall hair’ era. They found photos with the shorts we wore—‘which hardly covered the buttocks.’

Catching up with former teammate John Romanowsky, a year ahead of Frank and Adams, batting third and hitting .320, Mike shared, “Last year, our family went on a working vaca-
tion to New Zealand. In soccer, the varsity had two practices a week and one game. We told them in the U.S. the teams practice every day. They said, ‘Why would you want to do that?’

“Our kids were way ahead aca-
demically. But the kids here are a lot happier. It kind of wrecked us [attitude-
wise].”

“When Mike and I were juniors,” said Frank, “I baited leadoff. Rob Grasso [now assistant athletic direc-
tor at La Jolla Country Day School] batted second, and hit about .360, and played first base. Romanowsky batted third. No one else batted above .200. We struggled.”

Frank, who went on to play second base in college and two years of independent pro ball, hit over .420. Adams hurt his back and didn’t play in 11th grade, returning for a stellar senior season.

Adams walked on as a pitcher at UC Davis, and didn’t play further. “Gary, as a friend, is one of the most reliable people I know,” said Ad-
ams. “He’s solid. He’s steady. What you see is what you get.”

Things are looking up on the farm

It was a slice of heaven. In late winter, the sun was out—though La Jolla High head coach Gary Frank wore a sweatshirt to hit the 6-foot, 5-inch former first baseman. “I’m a lefty first baseman,” Frank said. “After a successful

season with the Viking football

Viking players huddle before the 27th annual alumni game. ED PIPER / VILLAGE NEWS
When Ron Salisbury walked through my door and we began to talk about his role as the city of San Diego’s inaugural poet laureate, I realized he embodied what I thought a “professional” poet would be—soft-spoken, calm, elegant with words, and comfortable with himself. “San Diegos have a special story to tell and I can think of no one better than long-time resident Ron Salisbury to tell it,” said Mayor Kevin L. Faulconer. “With the creation of this new city tradition, I encourage all San Diegos to explore the creativity and culture of our great city and I look forward to seeing our community’s love for the literary arts continue to grow.”

Salisbury’s own life is an ongoing inspirational poem. His lifelong relationship with poetry began when he was in seventh grade, living in Orrington, Maine, outside of Bangor. His teacher sent the students home with copies of Robert Frost poems and was told to write a poem. His mother was known as the neighborhood rhymer, and after a few minutes of studying a “magical keyhole to the inside of a person,” he had written his first poem. “That was it. I’m a poet.”

Salisbury’s own life is an ongoing inspiration for those initial public events, and to lead a community-oriented poetry project next year. Since the appointment is very recent, he is still formulating what the project will be and is open to all ideas. And he points out that he will be promoting all types of poetry, including slam, spoken word, computer poetry…yes, apparently there is a computer poetry program that can generate poetry based on artistic excellence, education and training as a literary artist, literary recognition, engagement in past projects that involve poetry, and other experiences related to poetry. During his two-year term as poet laureate, the goal will be to participate in a number of public events, and to lead a community-oriented poetry project next year.

Salisbury’s new role as San Diego’s poet laureate provides him not only a larger venue to share his poetry, but also to expose the beauty of poetry itself. In his role, Salisbury becomes an ambassador in and outside of San Diego, advocating for poetry, spoken word and the literary arts. Salisbury was chosen through a competitive process, with criteria that included artistic excellence, education and training as a literary artist, literary recognition, engagement in past projects that involve poetry, and other experiences related to poetry. During his two-year term as poet laureate, the goal will be to participate in a number of public events, and to lead a community-oriented poetry project next year.

There were the “angels” to many stories shared, included those of: Cesar Campo, who set up a GoFundMe fundraiser for West and helped organize the event, summed up why the community supports West so much, saying that, “Beth has worked at our post office since I was a little girl. I don’t ever remember Beth not working at the post office! Every time I go to the post office, she recognizes me, asks me how I’m doing. She is so nice, and not just to me, I can tell she’s nice to everyone.”

Read more online at sdnews.com.
Nibbles and Sips: Chef Brian Malarkey opens new restaurant in Torrey Pines

An impressively designed breakfast-lunch restaurant that combines Baja and Asian influences has opened in the Torrey Pines area. Named Wood Yu, it is one of the latest ventures involving celebrity chef Brian Malarkey of Puffer Malarkey Collective.

The morning menu reveals standard-American items like acai bowls and breakfast wraps. The lunch list, however, delves into such dishes as guacamole with shoyu; al pastor banh mi sandwiches; shaking beef with salsa verde; and more. Beer, wine and cocktails are also available.

The indoor-outdoor space previously served partly as an office lobby. It now incorporates lush greenery, drop lighting, and a large Asian-landscape mural. 10578 Science Center Drive, 858-812-5558, woodyu.com.

NEW OWNERSHIP TAKES OVER PB’S TACO SURF

With an impending change of ownership coming sometime in March at Taco Surf Pacific Beach, existing proprietor Cindy McLarty tells us the buyers, Matt and Melanie Gilmore, have committed to keeping everything intact once escrow is completed.

“They want customers who come in to not even notice we’ve changed hands,” said McLarty while pointing out there’s talk about adding some vegan items to the menu. “But that’s it,” she emphasized. “The food and interior will remain exactly the same.”

In the wake of Ocean Beach’s Newport Pizza and Alehouse (5050 Newport Ave.), which closed about a month ago after operating for 36 years, the establishment’s pizza owners have landed in a back area of OB Brewery at 5041 Newport Ave.

Both businesses are owned by Mike Tajran, who wasn’t available to answer whether he will indeed resume his pizza operation at the nearby brew house. But a former employee from Newport Pizza who requested anonymity said there’s also a possibility Tajran will look for a new pizzeria location. Stand by for updates.

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By Frank Sabatini Jr., LA JOLLA VILLAGE NEWS

FIFTH ANNIVERSARY

A taste of the Middle East awaits at the cafe much more than I can at the farmers markets,” said Jenny. “We have about 20 different kinds here opposed to our market selection of about six cheeses.”

The cafe component also allows for coffee drinks as well as breakfast and lunch dishes using ingredients sourced from the outdoor markets.

The new owners of The Loma Club at Liberty Station nine-hole golf course recently debuted new food and cocktail menus, which they describe as “classic country club fare but with upscale twists.”

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SMALLGOODS CHEESE OPENS SHOP IN LJ

Cheese mongers Jenny and Mike Eastwood have made the leap from San Diego’s farmers market scene to the cafe much more than I can at the farmers markets,” said Jenny. “We have about 20 different kinds here opposed to our market selection of about six cheeses.”

The cafe component also allows for coffee drinks as well as breakfast and lunch dishes using ingredients sourced from the outdoor markets.

The new owners of The Loma Club at Liberty Station nine-hole golf course recently debuted new food and cocktail menus, which they describe as “classic country club fare but with upscale twists.”

New dishes include French toast sticks stuffed with strawberry jam and cream cheese; chickpea nachos with Buffalo-style sauce; cheesesteak potato skins; and more. Salads, burgers and club sandwiches are also available. Visitors can end their visit on a sweet note with an order of powdered sugar donut holes named “bucket of balls.”

The revised cocktail list includes “On the Green,” which combines You & Yours dry gin with elderflower, cucumber and lime. There’s also a “Jungle Birdie” made with pineapple rum and Campari.

READ MORE ONLINE AT SDNEWS.COM.