Bring home the goats

Urban agriculture wins a coup in San Diego

By KENDRA HARTMANN | VILLAGE NEWS

Laura Hershey wants goats. Specifically, she wants her goats back.

Hershey, the founding member of San Diego’s Goat Justice League, has fought for relaxed regulations for urban agriculture — that growing phenomenon wherein residents of major metropolises the world over are getting back to their rural roots with backyard chickens, goats and community gardens — since her pet goats, Prudence and Faith, were banished from her Ocean Beach home based on the complaints of a contentious neighbor a couple years ago.

Hershey was admittedly keeping goats without the legal backing of a city ordinance, but, she said, she had received the blessing of every homeowner surrounding her property to have them, and only after she had been enjoying the benefits of fresh milk and cheese — not to mention the companionship — for a full nine months did her next-door neighbor decide he no longer wished to live within striking distance of a couple of miniature goats.

“He said they were too loud,” she said, “so I used a decibel meter to measure their noise and it turned out they registered about 70 [decibels], which is the same as human conversation.”

Hershey pointed out to the city worker assigned to assess neighborhood code compliance, but she was told the city doesn’t base compliance on such details. It takes into account only the validity of complaints based on existing city ordinance. As her goats were not covered under San Diego’s former regulations on urban agriculture, their noise level wasn’t the issue — they were never allowed at all, quiet or not. Prudence and Faith were not legal San Diegans.

Hershey was lucky enough to have a close friend in Alpine who agreed to take the goats — “I was able to maintain visiting rights” — but she wasn’t satisfied returning to simple city living, buying her milk from the store. And as much as she missed the fresh dairy, she missed her pets more.

See GOATS, Page 6

Criminals beware:

Bird Rock neighbors ramp up vigilance for safety

By MARIKO LAMB | VILLAGE NEWS

In light of recent criminal activity — including a string of burglaries and a serious case of vehicle vandalism — in the otherwise quiet Bird Rock neighborhood, residents have banded together to ramp up safety efforts by heightening awareness with local Neighborhood Watch teams, communicating with local police and addressing safety concerns to the Bird Rock Community Council (BRCC).

“We’re certainly having a problem with burglaries in the area,” BRCC President Joe Parker said of the string of residential burglaries that occurred in Upper Hermosa on March 12. “The latest incident with vandalism to the vehicle got my attention. Whether it is due to added presence in the neighborhood because of spring breakers, I’m not sure. My hope is that this was an isolated incident.”

The vehicle vandalism, which occurred in the early morning hours of April 6, vandals smashed the front window, headlights and side mirror of a Mercedes-Benz in the Bird Rock neighborhood, causing nearly $5,000 in damage.

“I was able to maintain visiting rights” — but with support from a friend in Alpine who agreed to take the goats — hers were not legal San Diegans. — Prudence and Faith were not allowed at all, not even with permission.

Laura Hershey plays with a goat, above, on the Ramona farm where she went to purchase two goats once she was confident the city would adopt new regulations making urban agriculture rules more relaxed.

Photos by Kendra Hartmann

San Diego shows its green side

Just in time for Earth Day, Travel + Leisure magazine ranked San Diego as one of the top ten most eco-friendly cities in the nation and the greenest city in California based on cleanliness, pedestrian-friendly pathways and public transit, and public parks that offset urban asphalt and improve air quality.

“One of San Diego’s greatest assets is its natural beauty,” said Mayor Jerry Sanders. “We’re proud to work with our local innovators to keep our environment clean and green.”

Other factors that contributed to the city’s top ranking include a high number of solar energy jobs, easy access to sand and surf, and the electrical rental car service, Car2Go. San Diego is also one of the leading epicenters of clean technology, generating more “green” power than anywhere else in the country, according to a recent report by the Environmental California Research & Policy Center.

— Mariko Lamb

See more Earth Day coverage, pages 8 and 9

How do you plan to celebrate Earth Day? Tell us at www.facebook.com/LJVillageNews

By KENDRA HARTMANN | VILLAGE NEWS

On April 6, vandals smashed the front window, headlights and side mirror of a Mercedes-Benz in the Bird Rock neighborhood, causing nearly $5,000 in damage.

Photo courtesy of Lance Poly
La Jollan gives breath of hope to lung cancer victims

By MARIKO LAMB | VILLAGE NEWS

One inspiring cancer patient not only fights a tough battle against his own Stage 4 lung cancer, he also fights for others with the debilitating disease through his philanthropic efforts—always pushing the envelope to raise funds for research and increase awareness about the deadliest of cancers.

La Jolla resident Mike Stevens has undergone a dozen rounds of chemotherapy for six long years. Even now, as he battles new tumors that have formed in his lungs through another bout of chemotherapy, Stevens continues to fight for a cause that is near and dear to his heart—one that may one day help eradicate the cancer he deals with on a daily basis.

When asked what keeps him motivated to continue the fight, Stevens said, “Is there really a choice? If you want to live, you have to do what you have to do. I have two children in college. I don’t want to leave them without a father.”

Despite having more on his plate than most, Stevens channeled his energy into philanthropy, founding the San Diego Breath of Hope Lung Cancer Walk. The 5k walk, now in its fourth year, brings together more than 1,000 lung cancer survivors, patients, families and friends in association with the Lung Cancer Alliance (LCA).

“It is important to participate to have our voices heard. There are very few survivors, so those of us that are still here need to be loud and vocal,” he said. “The San Diego Breath of Hope Lung Cancer Walk is an opportunity to celebrate life, meet other survivors and families, and show San Diego that lung cancer truly does matter.”

Sadly, the survival rate for lung cancer has remained virtually unchanged for 30 years, he said.”It is very low—15 percent overall for the disease and 5 percent for those with Stage 4 like myself,” he said. “Basically, there are very few survivors to make noise and fight for increasing funding levels and the survival rate. I feel I had an obligation to fight for what I believed in.”

“Without her energy, the walk would never have happened,” Stevens said. “She convinced myself, another survivor and our families to participate in the walk in the LA area. She was so touched that she reminded me that we needed to do one of these walks in San Diego. She had been battling the disease and doing advocacy for Lung Cancer Alliance longer than I had.”

This year’s walk will pay tribute to the fight for both her own life and her fight on behalf of others as she sought to bring awareness to the often-considered “invisible” and misunderstood type of cancer. “How can I ever fight this battle for others when the others aren’t there? They have lost their battle,” Stevens said. “We will never have a walk with 10,000 participants because we just don’t have enough people surviving this awful disease.”

This year’s Breath of Hope Lung Cancer Walk will take place on April 22 at Cancer Survivor’s Park, located at 4100 North Harbor Drive. The exp will begin at 7:30 a.m. and the walk starts at 9 a.m. Registration is available online at www.sandiegobreathofhope.org or on site. Tickets are $35 per adult and $20 for children 12 and under.

LUNG CANCER STATISTICS

• Lung cancer is the deadliest of all cancers in men and women, killing nearly 170,000 people last year.
• Lung cancer kills nearly twice as many women each year as breast cancer and three times as many men as prostate cancer. In San Diego County alone, there will be about 1,400 new cases of lung cancer this year.
• Lung cancer is commonly misperceived as a “smokers’ disease,” but nearly 20 percent of all diagnosed cases occur in people who have never smoked, and 80 percent of all diagnosed cases are in people who have quit smoking.
• Lung cancer receives the lowest amount of research dollars compared to any other major cancer. Federal spending for lung cancer research in 2011 was only $214 million compared to $1.1 billion for breast cancer research.

(Spending sources include the National Institutes of Health, Centers for Disease Control and Prevention, and Department of Defense.)

– Information provided by the Lung Cancer Alliance. For more information, visit www.lungcanceralliance.org.
Annual Taste of the Triangle readies to feed hungry mouths, UC schools

By MORGAN CARMODY / VILLAGE NEWS

In what promises to be a fun-filled evening for foodies and those who simply want to support University City schools, fundraising organization EdUCate will host its 18th annual Taste of the Triangle event at the UC San Diego faculty club on April 20. The evening will feature delectable treats from several local eateries, including The French Gourmet, the Marine Room, Sushi on the Rock and Lorna’s Italian Kitchen.

The new location — the event has been held at the Hilton La Jolla Torrey Pines for the last 3 years — will provide a “more intimate” setting, said Brian Barnhorst, event chairman.

“With the new location we are able to make there,” Barnhorst said, every teacher would be able to attend — and they can do so by selecting a specific teacher or where they are feeling generous can pay it at a slight premium to completely avoid the bidding process.

To ensure teachers will be able to attend, EdUCate offers the opportunity for guests to sponsor a teacher, wherein those feeling generous can pay the way for a UC cluster teacher to attend — and they can do so by selecting a specific teacher or offering the gift to anyone in need. At time of publication, Barnhorst said, every teacher that was still in need of a sponsor was “expected to be taken care of.”

While sampling all the treats, guests will be entertained by a silent auction, VIP reception, and, according to Barnhorst, “no limits on what they can prepare aside from what the buy it now” link, provided on the event website, which Barnhorst said was added to “avoid bidding at cost.”

The idea is not limited to online, however; at any point during the event, guests can grab a coveted item and buy it at a slight premium to completely avoid the bidding process.

What: Taste of the Triangle 2012
When: April 20, 7 to 10 p.m.
Where: UCSD Faculty Club near the Sun God statue on the AD campus, 9500 Gilman Drive.
Tickets: $85 at the door
For more information: (858) 477-0989 or taste@uc-educate.org

Deal Me In Today’s owners, Debbie Arnau and husband Michael,” said Arnau, “I’m thrilled to be partnering with San Diego Community Newspaper Group, publisher of La Jolla Village News, Beach & Bay Press and Point Loma Beacon, announced it will offer great deals in San Diego’s coastal communities thanks to a recently established partnership with Deal Me In Today, an Internet-based platform that dobns daily deals from local businesses to area residents.

“We’re very proud of our readership audit reports, which have shown a 94 percent average receivership and readership in the communities we serve. Those are tremendous odds for a business advertisement to be seen and read,” Hessington said, calling community newspapers the “backbone of marketing.” “It’s the engine that drives readers to business websites for deals and blogs.”

Today deals are located within a three- to 10-mile radius of where the customer lives, works or plays. “We believe that the future ongoing success of this industry will revolve around community-based daily deals that support local businesses and are close to home,” said Debbie Arnau. “Our focus on a community approach is to provide consumers with unbeatable deals from nearby merchants and to provide the same merchants with long-term loyal customers.”

After just one year, Arnau already has her sights set on expanding her unique business model into more of San Diego’s communities.

“As we begin our launch of Deal Me In Today to San Diego’s coastal communities including La Jolla, Pacific Beach, Mission Bay, Point Loma and Ocean Beach, we see no better way than to partner with San Diego Community Newspaper Group,” she said. “Plain and simple, It’s the community focus. It’s a win-win for both the business and the consumer.”

Deal Me In Today's Debbie Arnau, left, and SDCNG publisher Luke Hessington.

Deal Me In Today to San Diego's coastal communities

Community newspaper group partners with daily deal site for coastal discounts

By STAFF

San Diego Community Newspaper Group (SDCNG), publisher of La Jolla Village News, Beach & Bay Press and Point Loma Beacon, announced it will offer great deals in San Diego’s coastal communities thanks to a recently established partnership with Deal Me In Today, an Internet-based platform that dobns daily deals from local businesses to area residents.

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Free Living History Activities in Old Town State Park

Old Town San Diego State Historic Park has more than 10 free museums open to the public year-round. These museums have ongoing living history activities every Wednesday and Saturday from 10 a.m. to 4 p.m. to educate the public about what life was like in San Diego in the 1800s. The park also hosts free tours daily at 11 a.m. and 2 p.m. that begin at the Robinson-Rose Visitor Center.

Every Saturday of the month, the park offers a different taste of historic trades and craft guilds for visitors. The first Saturday of every month, the park hosts the Print Guild and Typetype Guild. Visitors can have a first-hand experience of how printed word and photography was executed in the early days of California. On the second Saturday of each month, the park hosts California Day. Between 1820 and 1848, people who lived in Southern California were called Californios. The unique cultural heritage and activities of the Californios will be shared and celebrated with visitors.

The third Saturday hosts presentations from the Quilt Guild, Fiber Arts Guild and the Mormon Battalion. Guest of the park will learn about the traditional methods of quilting, spinning, weaving and other fiber arts techniques. Visitors will also learn about the famous military unit, the Mormon Battalion, and how the impact of their service changed the history of San Diego and California.

On the fourth Saturday, the park hosts the Mountain Men and the Soap Makers Guild. Park visitors will learn about the historic mountain men and the discoveries they found as well as learn the art of soap making.

In conjunction with the different events every Saturday the park also showcases the Blacksmith Guild’s presentation every Wednesday and Saturday morning and the Quilt Guild every Wednesday afternoon. For more information about the guild schedules of the day and their location in the park, visit the board outside the Robinson-Rose Visitor Center.

The Visitor Center and museums are open daily from 10 a.m. to 4 p.m. October through April and 10 a.m. to 5 p.m. May through September. To confirm hours of operation or for more information call 619-220-5422 or visit http://www.parks.ca.gov/

Old Town San Diego Kicks off Cinco de Mayo Weekend with a night of Misa Azteca

World-Renowned Choir Performs a Free Concert in the Middle of Old Town San Diego State Park

Southwestern College Concert Choir will fill Old Town San Diego State Historic Park with the sounds of Joseph Julian González’s Misa Azteca Friday, May 4 from 7:30 to 9 p.m. following a preshow that begins at 6 p.m. The choir will be directed by Chalres De Reus.

Meaning “Aztec Mass,” Misa Azteca is based on the traditions of Roman Catholic mass yet features verses from the Cántares Mexicanos — a manuscript collection of Aztec songs and poems recorded in the 16th century in around the time of the Spanish Conquest of Mexico. An orchestra, choir, soloists and pre-Columbian percussion instruments will accompany the spoken and sung portions of the celebration, which will be carried out in Latin, Spanish and Nahuatl (the language of the Aztecs).

“Misa Azteca is going to kick-off the Cinco de Mayo weekend in Old Town San Diego. Fiesta Cinco de Mayo is the largest Cinco de Mayo celebration in the United States. It’s an event where culture and music and fun come together,” said Chuck Ross, owner and operator of Fiesta de Reyes which is sponsoring the free event.

Misa Azteca is part of the celebration for Cinco de Mayo weekend in Old Town San Diego. Fiesta de Reyes hosts a large Cinco de Mayo celebration every year, attracting thousands of visitors.

The modernization phase will also include new fire alarm and intercom systems, renovation of plumbing and restrooms, landscaping, several new handicap accessible ramps and renovation of the existing cafeteria complete with a food court and dispersed food kiosks in the area.

“The sound of the band can be heard from the horizon,” said Cristilli. This is a very complex site. I’ve been doing projects for San Diego Unified for 30 years, and this is my toughest project — toughest principal, toughest project — but the most exciting and, to me, the most fulfilling because this probably completes one of the most beautiful and oldest campuses that we have.
April 6, caused nearly $5,000 in damage to Bird Rock resident Rob Costas’ vehicle. Costas’ neighbor, Lance Pelly, suggested that overgrown vegetation on Moss Lane provides cover for criminals and allows illegal activity to continue.

“Locals and others continue to do illegal drinking, drugging, sexing and all kinds of bad things right in front of my house,” he said in an email to community leaders. “We need the vegetation and trees cleared from that view corridor and more police presence to slow down all these illegal activities.”

He said the city should be responsible for clearing the vegetation, since it is city-owned property that is causing and attracting illegal and dangerous activity. “We need help to stop the madness,” he said.

Parker said Pelly did the right thing in contacting local community leaders about his concerns.

“Since we have raised the awareness of the burglaries and related incidents with the neighborhood, [neighbors] are responding as Lance is responding, and more patrol is soon to come, said Lt. Paul Rorrison of SDPD’s Northern Division.

“We’ve got officers directly addressing the area of Moss and the beach access down there, and as the summer ramps up we are going to continue that,” Rorrison said. “We’re also going to have an extra beach team that starts on the 28th of this month.”

Rorrison commended the actions of local residents who are working with police to help suppress illegal activity in their neighborhood. “We’re getting a lot more calls from local residents that are working with the police when they see suspicious activity, which is helping us greatly,” he said. “It shows us where the locations are where there are concerns in Bird Rock, which is great because we can send extra patrol down to that area.”

Rorrison and Parker both advised neighbors to remain vigilant, report suspicious activity and get involved in the Neighborhood Watch and community meetings.

“When criminal activity is observed, call the police and let BRCC know about these incidents occur so we can extend information to the neighborhood,” said Parker. “If you’re leaving town, tell neighbors so you have an extra set of eyes on your house.”

Parker said the best way to combat crime is through good old-fashioned neighborly awareness and communication.

“That is the hallmark of Bird Rock,” he said. “We communicate with each other. We look out for each other.”

Roundabout round-up

Bird Rock resident Joseph McGoldrick sent in a photo of the roundabout in front of his home at the corner of Bird Rock and Bellevue avenues. The flowers in the roundabout, which McGoldrick plants and tends to, were in full bloom on Easter morning.

“The roundabouts in Bird Rock have been a subject of much discussion,” he wrote in an email. “The one in front of our house was initially planted by the city with six drought-resistant plants, all of which died immediately due to no water source and poor soil. I have added nutrients and potting soil over the last four to five years and plant and water it as a means of beautifying La Jolla. It was a beautiful sight Easter morning.”
Students, staff and faculty at the University of California, San Diego will pay tribute to Dr. John Muir during the university’s annual Earth Week celebration April 16-20. This year’s theme, “A Better More Sustainable U,” will be recognized with a tree planting, sustainability awards show, e-waste collection, special film screening and more. As part of the 2012 celebration, students will commit to making sustainable choices in their daily life — not just during Earth Week, but for the entire year, through the “Owen Your Own Impact” campaigns.

“This year’s Earth Week is a testament to the passion and dedication of UC San Diego students, staff, and faculty for creating a more sustainable world,” said Kristin Hansen, sustainability analyst at UCSD. “Many of the week’s events are student-led. Our university’s commitment to sustainability has been possible because of our campus’s collaborative spirit and because of the initiative of our students.”

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• April 12: Leading up to Earth Week, UCSD’s student organization “Geared Up” visited The Preuss School to bring out old computers, stereos and cell phones to the Student Service Center where to find local foods in our community, and to eat fresh eggs.

UCSD celebrates Earth Week with green events

A goal rally on a farm in Ramona, with carbon footprinting and to demonstrate on pasteurizing milk UC San Diego campus — began at 3 p.m., the Advisory Committee on Sustainability will reconvene. In addition, UCSD was named one of America’s first lines of defense against adverse climate change. To take place at the west side of Revelle College Administration Building (near “Stonehenge”).

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Eco Day Eats

Restaurants around town will join together for a good cause this week, taking part in Sustainable Seafood Week from April 18 to 25 to bring attention to local seafood movements and raise funds for San Diego Ocean Foundation’s research and marine science education programs.

Chef Trey Forshay of Geatz on the Cove will take part in Sustainable Seafood Week by offering locally sourced sustainable fish dishes, including white seabass, black cod, spot prawns, spiny lobsters and yellowtail, with a portion of the proceeds from sales benefiting the foundation.

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Marko Lamb
La Jolla Town Council, April 12

By MARIKO LAMB | Village News

Town Council appointments and news

• Trustees voted in favor of changing the bylaws to allow candidates 16 years of age and older to run for LJTC trustee seats, allowing for the youngest-ever can-
didate, 17-year-old Emiliano de Riquer, to be sworn in as a trustee. Previous to the amendment, candidates had to be 18 years or older to be eligible for election to the board.

• Charles Hartford, Egon Kafka, Ann Ker-Bache, Rob Hildt, Emiliano de Riquer, Yolanda de Riquer and John Weinstein were elected for LJTC trustee-
ship. Trustees will vote to fill the remain-
ing vacant seat with one of two candi-
dates who tied in the election, Dyanne Roux and Philip Forgione, at next month’s meeting.

• Cindy Grearex was elected as presi-
dent, Ken King as vice president, John Weinstein as 2nd vice president, Daris Wooton as treasurer and Sonia Oteo as secre-
tary.

• Last week, six old eucalyptus trees on Girard, Herschel and Silverado were uprooted by the city because of an inva-
sion of a destructive fungus that rotted them from the inside, announced Kafka.

• Although the stump-grinding machines were used, we will prepare for planting new trees by applying a nitrate product that will help the remainder of the stumps and roots to decay more rapidly,” he said. “There are now over a dozen tree wells that are awaiting new trees.”

• In a split vote, trustees voted to send a letter to the city written by LJTC Presi-
dent Rick Wildman in support of the Coast Walk Boulevard beautification pro-
ject with the exception of a designated vendor area carved out in the project.

The letter also urged the city to enforce its licensing regulations for sidewalk ven-
dors in the area. Trustee Nancy Gardner drafted a similar letter to the city, ema-

...
LJHS CONTINUED FROM PAGE 5

Mini-talent show where people will showcase their abilities in short, one-minute contests at the festival’s outdoor stage.

• Theatrics can express themselves by reciting their own poetry or prose by their favorite poet at the Orator’s Soap Box.
• Musical performances by the Madrigals, Jazz Vocals, Varsity & Jazz Band, highlight from “Grease,” and tunes by the top three winners of the LJHS air band will liven up the afternoon, as will street buskers and strolling entertainment from the drama department.

• The LJHS Alumni Association will display an extensive collection of alumni memorabilia in the school’s library, including historic photos, yearbooks and school newspapers dating back to 1925, old sport and academic team trophies, and books authored by LJHS alumni. School supply and after-school programs will also be available for purchase at the Viking Store to help raise funds for the school’s beloved programs.

• The festival’s tented Art Village will feature a wide array of the latest works from studio art, woodshop, photography, ceramics, on TV your whole life and the robotics club.

• Prizes in the festival’s art raffle include coveted artistic treasures, like a handmade Adirondack chair created by woodshop instructor Jerry Mattio. To sign up for the Gong Show or Orator’s Soap Box, email Penny at bpenry@san.rr.com. For more information or to contribute to LJHS’s VAPA department, contact the Foundation of La Jolla High School at www.ljhs.san.rr.com or call (858) 551-1250.

LJHS ART VILLAGE

THE ART VILLAGE FEATURES WORK BY LOCAL ARTISTS INCORPORATING LOCAL THEMES AND MATERIALS.

Juniors Carroll and Walters gave their detailed history of politics in California with emphasis on the “good, bad and the ugly.” It was semi-corrupt in the 1950s and 1960s, he said, “but they did a world of highways.”

“1960s,” he said, “but they did a world of civility.”

His definition of civility was more than “the others,” whom they disagree. An example would be “bitterness” promoting falsehoods about President Barack Obama’s place of birth. Incivility makes opponents the “true driver: emotional negativity in the media has taken a backseat to incivility.”

In the era of the 24/7 news cycle, civility in the media has taken a backseat to the need to return to a time when civility is a necessary virtue: needed in order to agree to disagree. “Words do matter. People should tell the truth and be accountable.”

Luna talked about so much hyper-partisanship, a decline in collegiality and even gerrymandered districts. “To sum up the day’s seminar: civility is patriotic.”

Recall the inaugural address of John F. Kennedy. “So let us begin anew the quest, not for the highest office, but for the highest ideals.”

“Let both sides explore what problems unite us instead of bickering those problems which divide us.”

This first annual community conference on restoring civility to civic dialogue is only the beginning. For more information, visit www.sandiego.edu/civility.

SANDY LIPPE is a 16-year resident of University City and the former president of the UC Community Association.

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- An amazing selection of Gluten Free products
- The best place for late lunch or dinner on Thursdays
- Hundreds of your favorite local food & art items

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COUPON
Braving the deep in the name of ocean exploration

By KENDRA HARTMANN | VILLAGENEWS

Michael Harlow has been scuba diving for more than half of his life, seeking underwater adventure in every corner of the earth. He has explored picturesque coral reefs and dramatic shipwrecks as a PADI divemaster for more than 20 years, but never in all his aquatic exploits had he come face to face with something like what he encountered in a shipwreck in the South Pacific several years ago.

Harlow and a couple of other divers were exploring a World War II-era sunken Japanese freighter when Harlow separated from the group, fascinated by a dark hole in the wreck above his head. He swam into the hold, keeping one hand above his head in case he bumped into anything. The panic started to set in as when his dive light went out.

“Suddenly I’m taking out, I couldn’t see anything in the pitch black,” he said. “But when I brought the light up to my face, it would turn back on.”

When the light illuminated, Harlow saw it covered in a dark brown goo. And when he brought it back down to his side, the light went out again. Harlow began to realize he had penetrated a thick oil slick, and as soon as he discovered that, another development in his predicament hit him: his arm, still above his head, suddenly felt heavy. Why, he wondered, would his arm feel heavy if he were under water? As the pieces of the puzzle began to fall in place, Harlow realized he was no longer under water.

Fortunately, his vast diving experience stopped him from taking his regulator out of his mouth. The air, he said, was probably so toxic it could have killed him instantly.

“I was tripping out a bit,” he said. “There were a number of factors I was aware of. I knew I was in a 70-year-old wreck, in oil-saturated air, and at any moment I could die from any number of things happening.”

Harlow brought his dive light up near his face and dared to get a better understanding of his situation. What he saw when he illuminated the light nearby took his breath away.

“I started looking around and was amazed at what I saw,” he said. “Everywhere I looked, there were these crystals, on every surface, reflecting back at me.”

Harlow looked further into the abyss and was shocked to see, through a small passageway, the air pocket opened and extended up into a giant hold. The space was so large he couldn’t penetrate the other end. He estimated it held about 125,000 cubic feet of trapped air.

“The air hold was so huge, you could get out, and play football in it,” he said.

Feeling that his good fortune at surviving in such an inhospitable environment could not hold him down, Harlow began to consider a comeback down to his diving partners in the lower level of the wreck. First, however, he wanted to take a sample of the peculiar crystals. When he tried to retrieve as large an object as he could reach about one foot in length, it wouldn’t budge. He tried for a smaller one, but even that wouldn’t give an inch. Not wanting to risk triggering an explosion with a spark from trying to chip off a piece, he decided to cut his losses and get out again.

“The air hold was so huge, you could get out and play football in it.”

Already, Harlow said, scientists are taking notice. Researchers at Scripps Institution of Oceanography have expressed interest in working with Harlow once he returns with hard evidence of his bizarre discovery in determining what the crystals are and what could cause them to grow inside the air hold.

Dive site, Harlow said, is fairly popular with divers, but that’s just a small part of a larger reason for wanting to revisit the site.

“Our oceans use up more than half the world,” he said. “We need to explore and learn as much about how the oceans provide for us as possible. We need to understand what the oceans are capable of growing.”

For more information or to donate to Harlow’s project, visit www.kickstarter.com/projects/tripsman/explore-the-crystal-wreck-div.

Salk celebrates 60 years successfully fighting polio

By JOHNNY McCONVILLE | VILLAGENEWS

Despite advice in medical school that it couldn’t be done, an inspired Jonas Salk chose to pursue a goal to eliminate wild Polioviruses. The determina tion to achieve a cure would eventually place him in the annals as a legend in medical science.

Additional work with the influenza vaccine opened up the Salk’s thinking to the potential of the vaccine approach being used for other diseases.

This burden of fear was lifted forever when it was announced that Salk had developed a vaccine.

Peter Salk was startled by a report from India that that nation had not experienced a single case of polio last year. This news came on April 12, the 30th anniversary of the Salk’s breakthrough against the paralyzing disease.

Alzheimer’s disease is a major health threat to the senior citizens throughout the world. There is currently no cure for Alzheimer’s disease. It is a progressive and fatal disease that affects about 5 million Americans and is expected to rise to 16 million by 2050.

Salk’s vaccine has been used by millions of people around the world, and it is estimated that the vaccine has prevented over 400,000 cases of polio each year.

This vaccine, known as the Salk polio vaccine, is a simple and effective way to prevent polio. The vaccine is given in a single shot and is highly effective in preventing the disease.

The Salk polio vaccine was developed by Dr. Jonas Salk in 1954 and was the first vaccine to be licensed in the United States. It is made up of three different types of the polio virus, which are killed and then mixed together to form a single, inactivated vaccine.

The vaccine is given in a single shot and is highly effective in preventing the disease. It is a simple and effective way to prevent polio and is recommended for all children.

The Salk polio vaccine is highly effective in preventing polio and is recommended for all children. It is a simple and effective way to prevent the disease.

The Salk polio vaccine is highly effective in preventing the disease and is recommended for all children. It is a simple and effective way to prevent polio.

Discovering how and why plants like San Diegans head toward the sun

By KENDRA HARTMANN | VILLAGENEWS

Who says plants can’t communicate? Not scientists at the Salk Institute, who have managed to quell many armchair biologists’ curiosity by demonstrating how plants that find themselves caught in a shady spot manage to grow toward the sunlight to get the nutrients they need.

In a new study, Salk researchers have determined precisely how leaves tell stems to grow when a plant is caught in a shady place.

The study published on April 15 in Genes and Development, reports that a protein known as phytoreceptor interacting factor 7 (PIF7) serves as the key messenger between a plant’s cellular light sensors and the production of auxins, which stimulate stem growth.

“We know how leaves sense light and that auxins drive growth, but we didn’t understand the steps the auxins took to coordinate these two fundamental systems,” said Joanne Chory, director of the Salk’s Plant Biology Laboratory. “Now that we know PIF7 is in the relay, we have a new tool to develop chemical strategies that can increase wood production and thus produce more food or feedstock for biofuels and biorenewable chemicals.

Plants gather intelligence about their light situation by determining whether they are surrounded by other light-shieving plants, through photosensitive molecules in their leaves. These sensors determine whether a plant is in full sunlight or in the shade of other plants, based on the wavelength of red light striking the leaves.

A sun-loving plant finds itself in a shady place, the sensors will tell cells in the stem to elongate, causing the plant to grow upward toward the sun.

Chory said the findings may offer new avenues for developing crops with stem architectures better suited to tightly planted field rows, making them less prone to shade-avoidance syndrome. If successful, such crops would produce higher yields of foods and biofuels than existing strains.
Steven and his father’s permission. and makes home visits to check on his well being. She reports appointments, advocates for him, coordinates his medications lifeline bracelet for emergencies. She takes Steven’s dad to doctor’s managers were able to get Steven’s father into a daily meal program, ages to assist in coordinating his needs. listed, interviewed and hired one of our RN geriatric care managers to assist in coordinating his needs. Since Steven didn’t have experience or live in the area, the care manager was able to get Steven’s father into a daily meal program. through the VA, she got Steven hearing aids and also got him a lifetime bracelet for emergencies. She takes Steven’s dad to doctor’s appointments, advocates for him, coordinates his medications and makes home visits to check on his well being. She reports back to Steven, with his father’s permission. Why Would You Need a Geriatric Care Manager? Steven’s elderly father lived several hours from him and Steven was concerned. He knew his dad needed more help but wasn’t ready for assisted living and wanted to continue living in his home. Steven went to The National Association of Professional Geriatric Care Managers and did a search for a care manager in his father’s area. He found Innovative Healthcare Consultants, interviewed and hired one of our RN geriatric care managers to assist in coordinating his needs. Since Steven didn’t have experience or live in the area, the care manager was able to get Steven’s father into a daily meal program. through the VA, she got Steven hearing aids and also got him a lifetime bracelet for emergencies. She takes Steven’s dad to doctor’s appointments, advocates for him, coordinates his medications and makes home visits to check on his well being. She reports back to Steven, with his father’s permission. Is it expensive? Not really when you consider the care manager’s fee for a VIP reception, including in glasses of the bubbly and tray-passed aperitifs as Pablo Sainte Villeges played classical Spanish guitar from his perch on the grand staircase. An hour later, the main celebration began in the Sculpture Court, under a canopy thoughtfully installed to preclude any precipitation problems (the weather had been “iffy” for days). An incredible variety of quality foods provided by 28 generous culinary purveyors was dispensed from numerous stations throughout the venue. Elegant, comfortable seating invited partygoers to relax and dine, and a three-piece combo entertained musically. Inside the adjacent ball were more food stations and bars. Gerard Gourmet dispensed intricately iced multicolored floral cookies, and a multi-talented musician alternately played clarinet, harmonica and a crystal-encrusted grand piano. VIPPhotoBooth.com provided high-definition photography instantly printed (branded with “Art Alive” and the name of sponsor Patrón Tequila). Photos were displayed on big screens, and are viewable on their website (some people went a bit wild in the booth). Indeed, the event chairs provided so many enjoyable attractions that many guests barely got a chance to check out these floral P: 858.459.0836 F: 858.459.0790 info@madisongalleries.com www.maidsongalleries.com 1400 Prospect • Ste. 130 La Jolla • CA • 92037 "Assisting with care needs when you need a little help" • Home care for adults, hourly & live-in. • Specializing in Alzheimer’s, dementia, post-operative & rehabilitation care. • Medication reminders, meal prep, transportation. • Expertise in geriatric care management. • All caregivers insured, criminal backgrounds checked and covered by workers compensation. 1-877-731-1442 (toll-free) www.innovativehc.com APRIL 21ST 6–9PM MADISON GALLERY HOSTS: #1 BEST SELLING AUTHOR JERI WALZ Why Would You Need a Geriatric Care Manager? Steven’s elderly father lived several hours from him and Steven was concerned. He knew his dad needed more help but wasn’t ready for assisted living and wanted to continue living in his home. Steven went to The National Association of Professional Geriatric Care Managers and did a search for a care manager in his father’s area. He found Innovative Healthcare Consultants, interviewed and hired one of our RN geriatric care managers to assist in coordinating his needs. Since Steven didn’t have experience or live in the area, the care manager was able to get Steven’s father into a daily meal program. through the VA, she got Steven hearing aids and also got him a lifetime bracelet for emergencies. She takes Steven’s dad to doctor’s appointments, advocates for him, coordinates his medications and makes home visits to check on his well being. She reports back to Steven, with his father’s permission. Is it expensive? Not really when you consider the care manager’s fee for a VIP reception, including in glasses of the bubbly and tray-passed aperitifs as Pablo Sainte Villeges played classical Spanish guitar from his perch on the grand staircase. 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Indeed, the event chairs provided so many enjoyable attractions that many guests barely got a chance to check out these floral inter-
pretations inside the museum. But many would return for a closer look — the exhibition ran through the following three days.

***

On April 14, a short drive east brought about 550 guests to the 14th annual Morning Glory Brunch at St. Madeleine Sophie’s Center (SMSC), where a caring staff has provided services to adults with developmental difficulties for 45 years. It was one of its largest events ever, despite threatening weather. Boutiques and brunch food booths supplemented on-stage musical entertainment starring surprisingly talented and enthusiastic SMSC students. Steve Hamman held a live auction, famed singing star Eve Seles put on a substantial show and guests enjoyed strolling the center’s flower-filled two-acre gardens. The event climax was a "frog race." About 400 rubber frogs were sold for $100 a croak. They raced across the pool, the winner receiving $7,500. Overall, the event netted around $60,000 for SMSC’s programs — plus enhanced public awareness of its work.

***

The San Diego Symphony (SDS) held another of its annual elegant gourmet wine dinners on April 15. All the right factors were skillfully assembled, making this an exceptionally enjoyable event. Donovan’s Prime Seafood was again the venue — its ambiance, fine service and culinary expertise having worked out so well last year. Merryvale Vineyards and Star-mont Winery provided seven exceptional wines, ranging from the chardonnay and rosé served at the reception to the sauvignon blanc, pinot noir and cabernet sauvignon (and others) expertly paired with the five dinner courses.

There were 140 guests for the intimate affair. The highest-priced seats sold out first, but they were all gone before long. The winemaker spoke briefly about the pairings before dinner and each successive course drew appreciative raves as the variety of well-selected offerings delighted the diners. Near dinner’s end, a six-item live auction offered some rare opportunities. Joyce and Craigar Grosvenor starred in a singing video presentation urging guests to pledge generously to SDS’ outreach efforts. They then donated $10,000 themselves, which was matched by a call-in donor and followed by numerous smaller pledges.

Marvin Hamlisch (one of only two people to win Emmy, Oscar, Grammy and Tony awards plus a Pulitzer Prize) flew in from New York with wife Terre Blair, just for this event. A consummate entertainer, he pretended to complain about the provided piano, saying “14 years at Julliard, and now I’m playing on a ‘slam grand?!’” He played some very famous tunes, interspersing his music with hilarious monologues, and received an enthusiastic standing ovation from the appreciative audience. The evening concluded with dessert and conversation, and executive director Ward Gill announced the event had netted $60,000 for SDS’ educational programs. It’s also true that through careful management, wise stewardship, fiscal responsibility and community support, SDS has shown a budget surplus for 13 consecutive years, while maintaining an incredible level of artistic excellence. No other major orchestra in the country can claim such success.
The much-anticipated public input meeting with the U.S. Postal Service (USPS) is just around the corner, and the Save the La Jolla Post Office Task Force urges La Jollans who care about the fate of the Wall Street post office to fill every seat in the house.

The meeting will take place on April 26 at 6 p.m. at theCueber, located at 7776 Eads Ave.

“We picked that location because it can hold up to 400 people, and we really want to see 400 people show up so we send a very strong message,” said Save the La Jolla Post Office Task Force member, Joe LaCava.

This will be the only chance for community members to directly appeal to USPS representatives regarding the proposed sale and relocation of La Jollas beloved 1956 post office, which serves the economic heart of the village.

“It is critical for everybody in the community to come out and show their support for keeping the post office in its current location. This will be our only opportunity to provide our input in person to the postal service,” said Lightner. “This is a historic treasure and very important to our community.”

The Save the La Jolla Post Office Task Force has been hard at work coming up with multi-faceted plans of action to keep the building, Belle Baranouez mural, and postal services at its current location at 1140 Wall St.

“We need as many people there as possible, and it’s okay if you’re a little enraged,” said Trip Bennett, interim executive director of the La Jolla Historical Society.

There have been two attempts before to relocate or merge the post office with another in the city, however public outcry from La Jollans stopped it, said Bennett.

“You do have power in this,” he said. “Please encourage friends, neighbors, families, kids to attend. We just really need to fill up that room, pour out the door.”

— Mariko Lamb
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